

## THE DAILY LESSON

is an activity of the study group found at: [www.iwso.org](http://www.iwso.org)

The subject for our current study is the entire book

'The Contemplative Life'

by Joel S Goldsmith

"THE DAILY LESSON", an ongoing Open Class by Infinite Way Teacher Al Denninger, is inspired by the message of Joel S. Goldsmith. In this Book Study we delve into Joel's books paragraph by paragraph, from cover to cover. I provide Scripture supporting his entire Work and an additional Impartation from my daily Experience. These classes appear on my website and by email subscription, each day for my students to take into their daily meditations and to carry with them throughout their day.

We are currently studying the entire book "The Contemplative Life" By Joel S Goldsmith

STUDENTS NOTE: In my teaching, the words that are capitalized throughout the work are not capitalized for emphasis. Instead, the purpose is to Lift the student into the Awareness that these words are a Synonym for, or an Activity of God. The portions that are italicized are spontaneous meditations

At the conclusion of each chapter the Lessons are posted to the IWSO Archives, where there are more than 16 years of consecutive Daily Lessons for your further review and study!

The Daily Lesson – May 9, 2026

“Chapter 7

### THE DICE OF GOD ARE LOADED

During the past one hundred years, the world has learned a great deal about the laws underlying natural phenomena; and because of this increase in knowledge, power heretofore unknown is now being harnessed and utilized. There is another law, however, a far different kind of a law that has been known to the world for thousands of years, although never understood or practiced by any very large segment of the population. If this law could be known and practiced, it would not only set individuals free, but entire communities as well.” ~Joel S Goldsmith

Proverbs 19:21 KJV

21 There are many devices in a man's heart; nevertheless the counsel of the Lord, that shall stand.

James 1:17 KJV

17 Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning.

John 8:21-32 KJV

31 Then said Jesus to those Jews which believed on him, If ye continue in my word, then are ye my disciples indeed;

32 And ye shall know the truth, and the truth shall make you free.

The ego can celebrate its importance, but, there is no greater Truth than God. Egos is a lie,  
Truth Is. ~Al Denninger

The Daily Lesson – May 10, 2026

“There is perhaps no better way to explain this law of life than to quote from Emerson's essay on ‘Compensation’:

*There is always some leveling circumstance that puts down the overbearing... Though no checks to a new evil appear, the checks exist, and will appear... The dice of God are always loaded. ~Emerson*

Yes, ‘the dice of God are always loaded.’ What a statement! What tremendous significance can be found in those few words!” ~Joel S Goldsmith

Jeremiah 29:11 KJV

11 For I know the thoughts that I think toward you, saith the Lord, thoughts of peace, and not of evil, to give you an expected end.

Romans 12:3 KJV

3 For I say, through the grace given unto me, to every man that is among you, not to think of himself more highly than he ought to think; but to think soberly, according as God hath dealt to every man the measure of faith.

Psalms 135:6 KJV

6 Whatsoever the Lord pleased, that did he in heaven, and in earth, in the seas, and all deep places.

Luke 1:37 KJV

37 For with God nothing shall be impossible.

Draw nigh to God with all your Heart, Soul and Faith, and He will draw nigh unto you. His Will will Be Done, in all places, whether you want to or not. There is no new evil, only the same old lies tempting us to look away from the Truth. ~Al Denninger

The Daily Lesson – May 11, 2026

“Think back to Caesar who governed with an iron hand, to Genghis Khan, to Alexander the Great, and as we come to more modern days, think of the Czars of Russia, think of Mussolini, Hitler, and Stalin. Call to mind the all-powerful ones who could not be conquered, who carried everything before them. Think! Go back in history and you will find dozens of other illustrations, and see if you do not agree that "the dice of God are always loaded." Even though at the moment there appears to be nothing to stop the onward march of tyranny, of evil in one form or another, inevitably these checks appear and become manifest.” ~Joel S Goldsmith

3 John 1:11 KJV

11 Beloved, do not imitate evil but imitate good. Whoever does good is from God; whoever does evil has not seen God.

1 John 2:21-23 KJV

21 I have not written unto you because ye know not the truth, but because ye know it, and that no lie is of the truth.

22 Who is a liar but he that denieth that Jesus is the Christ? He is antichrist, that denieth the Father and the Son.

23 Whosoever denieth the Son, the same hath not the Father: he that acknowledgeth the Son hath the Father also.

Proverbs 12:22 KJV

22 Lying lips are abomination to the Lord: but they that deal truly are his delight.

God does not See, or Know lies. The appearance of a lie, even though it may seem to have power, dissolves in the Presence of God. Trust God. Delight in Reality. ~Al Denninger

The Daily Lesson – May 12, 2026

“As Ye Sow

‘There is always some leveling circumstance that puts down the overbearing,’ but Emerson does not state what it is that creates this leveling circumstance. He might have done so, because he knew what it was. It is the law of *as ye sow so shall ye reap*: whatever you do to another, so it shall be done unto you; whatever you bind will bind you, but whatever you set free will set you free. All life flows out from the center of your being, and all outward circumstances are governed and controlled by this inner law.” ~Joel S Goldsmith

Job 34:19 KJV

19 How much less to him that accepteth not the persons of princes, nor regardeth the rich more than the poor? for they all are the work of his hands.

Romans 2:11 KJV

11 For there is no respect of persons with God.

Galatians 6:7 KJV

7 Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap.

Matthew 18:18 KJV

18 Verily I say unto you, Whatsoever ye shall bind on earth shall be bound in heaven: and whatsoever ye shall loose on earth shall be loosed in heaven.

John 4:14 KJV

14 But whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life.

*Father, I can do nothing, You do the Work... It is You that Governs Life, not me... Your Will is the only Law... I have been tempted to accept distractions from time to time, and I have wandered in the wilderness, but I Know the thoughts that took me there are not the Truth... Lies never come true, and never will... Only Your Law of Truth is Real and Just... In Your Truth is Freedom... Leaning on Your Way Brings Peace, Harmony and Abundance... When I am Dwelling in Your Kingdom, You make me lie down in Your green pastures of Abundance, and Lead me beside the still Waters of Life Everlasting... Thank you for the Infinite Well Spring of Light to Show me the Way... I rest now in humble silence and await Your Voice... .. ~Al Denninger*

The Daily Lesson – May 13, 2026

“The law is very clear: ‘For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.’ Of course, the questions inevitably arise: What is meant by sowing to the flesh? What is meant by sowing to the Spirit? And I might answer them by asking another question: Do you place power in flesh or in effect, or do you place power in an invisible Source? For example, as you look at world conditions today, ask yourself if you are fearing the power of men. If you are fearing ‘man, whose breath is in his nostrils,’ you are sowing to the flesh and will reap corruption. On the other hand, if you are placing your faith or confidence in man, or if you have any belief that there is a man or a group of men who can save this world, you are likewise sowing to the flesh because putting faith in princes—‘man, whose breath is in his nostrils’—has raised up in the world the greatest betrayers of mankind. Remember that every man who has ever betrayed anyone or anything was able to do so only because he was placed in a position of power by the people themselves, the people whose confidence he had first gained. A person must first be given power before he can betray that power.” ~Joel S Goldsmith

Galatians 6:8-9 KJV

8 For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.

9 And let us not be weary in well-doing: for in due season we shall reap, if we faint not.

Isaiah 2:22 KJV

22 Cease ye from man, whose breath is in his nostrils: for wherein is he to be accounted of?

Psalms 146:3 KJV

3 Put not your trust in princes, nor in the son of man, in whom there is no help.

John 19:10-11 KJV

10 Then saith Pilate unto him, Speakest thou not unto me? knowest thou not that I have power to crucify thee, and have power to release thee?

11 Jesus answered, Thou couldest have no power at all against me, except it were given thee from above:

Man, it seems, is the greatest betrayer of mankind: Christ Jesus proved Spiritual Law on several levels. At Jesus' judgment at Gabbatha, Pilate, who was given power by man, saw no fault in Jesus. Then Jesus own people betrayed him, saying that Caesar was their king and the flesh of Jesus should be put to death on a trumped up charge. But this perceived power in man was not from Above. Man, whose breath is in his nostrils, perception of power backfired as it always reaps corruption, and could not kill the Invisible Spirit of Christ. And so, Christ Resurrected, appeared again to Teach his message of Perfect Spiritual Law, as He does still today through His Christ Spirit. There can be no death of the Infinite. The Spirit within doeth the Works. *Thank you Father...* ~Al Denninger

The Daily Lesson – May 14, 2026

“Whether we are thinking in terms of national or international affairs or merely our own personal affairs, it all comes down to the fear of what mortal man can do to us, or what effect human circumstances or conditions can have upon us, or what faith we may have that there is a man or group of men who can save us individually or save the world collectively. The effect in either case would be the effect of sowing to the flesh and thereby reaping corruption.” ~Joel S Goldsmith

Psalm 56:4 KJV

4 In God I will praise his word, in God I have put my trust; I will not fear what flesh can do unto me.

Psalm 56:11 KJV

11 In God have I put my trust: I will not be afraid what man can do unto me.

Hebrews 13:6 KJV

6 So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me.

Romans 8:31 KJV

31 What shall we then say to these things? If God be for us, who can be against us?

Psalm 118:6 KJV

6 The Lord is on my side; I will not fear: what can man do unto me?

Luke 20:19-26 KJV

19 And the chief priests and the scribes the same hour sought to lay hands on him; and they feared the people: for they perceived that he had spoken this parable against them.

20 And they watched him, and sent forth spies, which should feign themselves just men, that they might take hold of his words, that so they might deliver him unto the power and authority of the governor.

21 And they asked him, saying, Master, we know that thou sayest and teachest rightly, neither acceptest thou the person of any, but teachest the way of God truly:

22 Is it lawful for us to give tribute unto Caesar, or no?

23 But he perceived their craftiness, and said unto them, Why tempt ye me?

24 Shew me a penny. Whose image and superscription hath it? They answered and said, Caesar's.

25 And he said unto them, Render therefore unto Caesar the things which be Caesar's, and unto God the things which be God's.

26 And they could not take hold of his words before the people: and they marvelled at his answer, and held their peace.

Joel's words are timeless. Man's history repeats itself until we dedicate our Government to God. Are we affected by what man thinks, or do we Know, Abide and Live in a state of non-reaction because we trust our Spiritual Source of Being? Can man influence God to do our will, or do we Know that we are His individual Expression subject to His Will? Selfishness—the slightest disbelief of Omnipresence—reaps corruption. Christ Consciousness can never be tricked by the craftiness of man. Give your self to God and Let Him Craft your Image and Likeness. Don't stand in His Way. Dedicate your entirety. In God we Trust. Boldly Dedicate your Government to God. ~Al Denninger

The Daily Lesson – May 15, 2026

“To begin to understand that there is an invisible law operating—*the karmic law of as ye so so shall ye reap*—and that that law is operating in consciousness would tend to stop one's fears because it immediately gives the assurance that evil, in and of itself, cannot be perpetuated. Evil, in and of itself, cannot stand. The very moment that we withdraw power from idols, the minute we withdraw power from men or organizations and place that power in the Invisible, we automatically and instantly release ourselves from any evil that men or conditions can do to us. This does not mean that we are able to release the world from evil immediately. No, first we release ourselves, and then, in proportion as we are released, do we bring release to those who come within range of our consciousness.” ~Joel S Goldsmith

Galatians 6:7-10 KJV

7 Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap.

8 For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.

9 And let us not be weary in well doing: for in due season we shall reap, if we faint not.

10 As we have therefore opportunity, let us do good unto all men, especially unto them who are of the household of faith.

Jeremiah 10:3-5 KJV

3 For the customs of the people are vain: for one cutteth a tree out of the forest, the work of the hands of the workman, with the axe.

4 They deck it with silver and with gold; they fasten it with nails and with hammers, that it move not.

5 They are upright as the palm tree, but speak not: they must needs be borne, because they cannot go. Be not afraid of them; for they cannot do evil, neither also is it in them to do good.

Isiah 42:5-7 KJV

5 Thus saith God the Lord, he that created the heavens, and stretched them out; he that spread forth the earth, and that which cometh out of it; he that giveth breath unto the people upon it, and spirit to them that walk therein:

6 I the Lord have called thee in righteousness, and will hold thine hand, and will keep thee, and give thee for a covenant of the people, for a light of the Gentiles;

7 To open the blind eyes, to bring out the prisoners from the prison, and them that sit in darkness out of the prison house.

Evil is a suggestion or a temptation to separate yourself from God. Suggestions are propaganda that lie to influence us into believing a lie. Anything that is not of God cannot stand. Our Work about the Father's Business is inspired by Truth and the spreading of Truth. Sow to the Spirit. ~Al Denninger

The Daily Lesson – May 16, 2026

“There Is No Power in the Visible

The Bible tells us that ten righteous men can save a city. So, too, a very small group of individuals who no longer place their confidence in a political party or in some political candidate can change the entire results of an election. That does not mean that they necessarily will elect the particular candidate of their chosen party, but it does mean that those candidates nearest to the level of spiritual integrity will be elected. This would come about only as those who are able to give up their faith and confidence in any man or party realize that there is no power in the visible.” ~Joel S Goldsmith

Isaiah 9:6 (to 2nd :) KJV

6 For unto us a child is born, unto us a son is given: and the government shall be upon his shoulder:

Romans 13:1-2 (to :) & 8 KJV

1 Let every soul be subject unto the higher powers. For there is no power but of God: the powers that be are ordained of God.

2 Whosoever therefore resisteth the power, resisteth the ordinance of God:

8 Owe no man any thing, but to love one another: for he that loveth another hath fulfilled the law.

2 Corinthians 4:18 KJV

18 While we look not at the things which are seen, but at the things which are not seen: for the things which are seen are temporal; but the things which are not seen are eternal.

John 20:24-29 KJV

24 But Thomas, one of the twelve, called Didymus, was not with them when Jesus came.

25 The other disciples therefore said unto him, We have seen the Lord. But he said unto them, Except I shall see in his hands the print of the nails, and put my finger into the print of the nails, and thrust my hand into his side, I will not believe.

26 And after eight days again his disciples were within, and Thomas with them: then came Jesus, the doors being shut, and stood in the midst, and said, Peace be unto you.

27 Then saith he to Thomas, Reach hither thy finger, and behold my hands; and reach hither thy hand, and thrust it into my side: and be not faithless, but believing.

28 And Thomas answered and said unto him, My Lord and my God.

29 Jesus saith unto him, Thomas, because thou hast seen me, thou hast believed: blessed are they that have not seen, and yet have believed.

There is no power except from Above. One who was Born to Righteousness has saved us all. Let your Government be upon His Shoulders. Blessed are they that hunger and thirst after Righteousness and Blessed are they that Believe without using their temporal vision, but with Eyes to See and Hearts to Know. ~Al Denninger

The Daily Lesson – May 17, 2026

“Let me put it this way: In certain areas, votes are controlled by certain interests. For example, in some communities it is believed, and the results would seem to bear it out, that the labor vote controls the election; in some other community, because the majority of the citizens belong to a certain church it is believed that that will be the decisive factor in the election; in some other area, the industrialists apparently control the votes. It is this very belief that perpetuates the evils of our political life; but actually, the power is not in a ruthless individual or in some pressure group: the power is in the Spirit, and when we withdraw our faith, hope, confidence, or fear and place our entire reliance on the Invisible, ‘the checks exist, and will appear’ for ‘the dice of God are always loaded.’” ~Joel S Goldsmith

Isaiah 2:22 KJV

22 Cease ye from man, whose breath is in his nostrils: for wherein is he to be accounted of?

Zechariah 4:6 KJV

6 Then he answered and spake unto me, saying, This is the word of the Lord unto Zerubbabel, saying, Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Proverbs 3:5-6 KJV

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

Matthew 6:25-33 KJV

25 Therefore I say unto you, Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment?

26 Behold the fowls of the air: for they sow not, neither do they reap, nor gather into barns; yet your heavenly Father feedeth them. Are ye not much better than they?

27 Which of you by taking thought can add one cubit unto his stature?

28 And why take ye thought for raiment? Consider the lilies of the field, how they grow; they toil not, neither do they spin:

29 And yet I say unto you, That even Solomon in all his glory was not arrayed like one of these.

30 Wherefore, if God so clothe the grass of the field, which to day is, and to morrow is cast into the oven, shall he not much more clothe you, O ye of little faith?

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

*O ye of little faith.... Do you not know that God is Truly Omnipotent? Do you not Feel His Omniscience?... He Knows your Heart... Shall He not be Your True Government? You surely are not.... He doeth the Works.... Your understanding is foolishness... Put away your Gentile ideas from this-world... You cannot influence Omniscience... Trust God with all your Heart and in everything you do... He made the dice, and they are loaded with His Will and Direction... Acknowledge Him entirely and He will Show you... ~Al Denninger*

The Daily Lesson – May 18, 2026

“But these checks do not appear as long as man places his hope, confidence, and reliance on man, or as long as he fears man. They only begin to operate in the lives of those who have come to the realization that Jesus had when he stood before Pilate: ‘Thou couldest have no power at all against me, except it were given thee from above,’ for there is no power in the visible form: The power is in the invisible Essence, the substance and law of all form.” ~Joel S Goldsmith

Matthew 6:19-21 KJV

19 Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal:

20 But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal:

21 For where your treasure is, there will your heart be also.

Proverbs 29:25-26 KJV

25 The fear of man bringeth a snare: but whoso putteth his trust in the Lord shall be safe.

26 Many seek the ruler's favour; but every man's judgment cometh from the Lord.

Psalms 27:1 KJV

1 The Lord is my light and my salvation; whom shall I fear? the Lord is the strength of my life; of whom shall I be afraid?

Proverbs 3:6 KJV

6 In all thy ways acknowledge him, and he shall direct thy paths.

John 19:10-11 KJV

10 Then saith Pilate unto him, Speakest thou not unto me? knowest thou not that I have power to crucify thee, and have power to release thee?

11 Jesus answered, Thou couldest have no power at all against me, except it were given thee from above:

We have a choice: we can focus on this-world and rely on it, or we can surrender our intellect and Raise our Focus to Acknowledge God and Reside in His Kingdom. For where our Heart is, so will be our experience. We are defenseless and alone until we Dwell in the Secret Place of the Most High. If so Be we Dwell, we are Held in the Embrace of Oneness. ~Al Denninger

The Daily Lesson – May 19, 2026

“For ninety years, now, metaphysical healings have taken place by the very recognition of the truth that power is not in form or effect, that germs do not carry power, that weather and climate do not have power, but that all power is in the Invisible. Those who have been living in that consciousness have avoided, not necessarily all the evils or ills of this world, but perhaps eighty per cent of them, and that is a satisfactory beginning in this very first century of the understanding and application of spiritual laws.” ~Joel S Goldsmith

Zechariah 4:6 KJV

6 Then he answered and spake unto me, saying, This is the word of the Lord unto Zerubbabel, saying, Not by might, nor by power, but by my spirit, saith the Lord of hosts.

1 Samuel 16:7 KJV

7 But the Lord said unto Samuel, Look not on his countenance, or on the height of his stature; because I have refused him: for the Lord seeth not as man seeth; for man looketh on the outward appearance, but the Lord looketh on the heart.

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Isaiah 26:3 KJV

3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

Dwelling in the Peace that passeth understanding does not deny a less than perfect appearance, it only Sees Peace. There is nothing to correct. Living in the Light, there are no shades of gray. We See only as we are Seen. Spiritual Law is 100 percent Truth. Our Path is made Straight by our degree of Awakening. ~Al Denninger

The Daily Lesson – May 20, 2026

“Since everything that takes place in your life or mine has to take place first within our consciousness, it is within our own consciousness that we have to come into an agreement that the law of *as ye sow so shall ye reap* is operating, a law that eventually does put down the overbearing. There is a law—you cannot name it, you cannot see it, hear it, taste it, touch it, or smell it, but it exists—and it has in the end brought down every evil or tyrannical form of government that has ever been set up. It has torn down every person who has gotten out of hand, who has become too big for his breeches, whose head has grown too big for his own hat. Every such person has been brought down to earth, and as you have already seen, during this past generation, it does not take forever!” ~Joel S Goldsmith

Galatians 6:7,8 KJV

7 Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap.

8 For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.

Matthew 26:47-52 KJV

47 And while he yet spake, lo, Judas, one of the twelve, came, and with him a great multitude with swords and staves, from the chief priests and elders of the people.

48 Now he that betrayed him gave them a sign, saying, Whomsoever I shall kiss, that same is he: hold him fast.

49 And forthwith he came to Jesus, and said, Hail, master; and kissed him.

50 And Jesus said unto him, Friend, wherefore art thou come? Then came they, and laid hands on Jesus and took him.

51 And, behold, one of them which were with Jesus stretched out his hand, and drew his sword, and struck a servant of the high priest's, and smote off his ear.

52 Then said Jesus unto him, Put up again thy sword into his place: for all they that take the sword shall perish with the sword.

Violence instigates more violence. Murder instigates war. Lies bring more lies. Love is reflected in Love. Sowing to the Spirit reaps Life Everlasting. ~Al Denninger

The Daily Lesson – May 21, 2026

“Somewhere in this world a beginning will have to be made to bring about God's government on earth. You have all witnessed that God's government on earth has not been brought about by praying for it, for of praying there has been no end. Moreover, it can never be brought about on earth by a continuation of the strife that has long existed among churches. God's government will only be brought about in the same way that you can bring about health, supply, and companionship in your own life; and that is not by going out and believing that you are going to get God to do some thing for you or that some new religion, some new teaching, or holding to some thought is going to bring God into your life; but in the realization that the only real law is a spiritual law and that material and mental laws are not law and operate as law only while there is a belief in them, a conviction of them, or a hope or faith in them.” ~Joel S Goldsmith

Matthew 6:10 KJV

10 Thy kingdom come, Thy will be done in earth, as it is in heaven.

John 6:45-47

45 It is written in the prophets, And they shall be all taught of God. Every man therefore that hath heard, and hath learned of the Father, cometh unto me.

46 Not that any man hath seen the Father, save he which is of God, he hath seen the Father.

47 Verily, verily, I say unto you, He that believeth on me hath everlasting life

Isaiah 9:6-7 KJV

6 For unto us a child is born, unto us a son is given: and the government shall be upon his shoulder: and his name shall be called Wonderful, Counsellor, The mighty God, The everlasting Father, The Prince of Peace.

7 Of the increase of his government and peace there shall be no end, upon the throne of David, and upon his kingdom, to order it, and to establish it with judgment and with justice from henceforth even for ever. The zeal of the Lord of hosts will perform this.

John 20:29

29 Jesus saith unto him, Thomas, because thou hast seen me, thou hast believed: blessed are they that have not seen, and yet have believed.

Psalms 91:1 KJV

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

The Government of Christ Came as Jesus of Nazareth, who gave us an entirely new Promise and a new Way to Pray. He taught that the Presence of God is With us Now, He Knows our needs even before we ask, we need not take thought for things of this-world, because said His Kingdom is not of this-world. He Proved that Life is Everlasting and that the Father has already Given us all that He Hath. Our job is to Faithfully Trust the Infinite Invisible, Open the Door, Dwell in His Presence, and that no evil will tempt us as we are Abiding under the Shadow of the Almighty. ~Al Denninger

The Daily Lesson – May 22, 2026

“In proportion then as you come to see that the things, the conditions, and the persons whom you have feared have had power in your experience only as long as you have permitted them to be power, and that you could bring an end to that at any time that you recognized the Invisible, you will bear witness and be a beholder. If you can look out on this world scene and realize that you have no reason to fear ‘man, whose breath is in his nostrils,’ you will have no reason to fear even a thousand united men.” ~Joel S Goldsmith

2 Timothy 1:7 KJV

7 For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

Psalms 118:6 KJV

6 The Lord is on my side; I will not fear: what can man do unto me?

Psalms 91:5-7 KJV

5 Thou shalt not be afraid for the terror by night; nor for the arrow that flieth by day;

6 Nor for the pestilence that walketh in darkness; nor for the destruction that wasteth at noonday.

7 A thousand shall fall at thy side, and ten thousand at thy right hand; but it shall not come nigh thee.

Ten thousand lies is the same as one lie ten thousand times. None of them have any power over Truth. When we Know a lie is false we can look right at right it and say, “so what”? The sound mind that God Gave us is Discernment. There is only One Truth. We don’t have to treat each lie separately.

1 Truth...

2 Liberty...

3 Done.

~Al Denninger

The Daily Lesson – May 23, 2026

“On this point of *unitedness*, do not forget that there have been combinations of men, combinations of states, combinations of countries, and none of them has survived. Every combination has ultimately fallen because strength is not in union: strength is only in oneness, strength is only in the realization of one Being, one Power, one Law.” ~Joel S Goldsmith

Jeremiah 17:5 KJV

5 Thus saith the Lord; Cursed be the man that trusteth in man, and maketh flesh his arm, and whose heart departeth from the Lord.

Psalms 146:3 KJV

3 Put not your trust in princes, nor in the son of man, in whom there is no help.

Isaiah 2:22 KJV

22 Cease ye from man, whose breath is in his nostrils: for wherein is he to be accounted of ?

Zechariah 4:6 KJV

6 Then he answered and spake unto me, saying, This is the word of the Lord unto Zerubbabel, saying, Not by might, nor by power, but by my spirit, saith the Lord of hosts.

A united group of men, whose breath is in their nostrils, are still the sons of man, in whom there is no help, nor are they to be accounted of in the Kingdom of God. Be there one error or thousands of errors, the answer is always the same: there is no power in the arm of flesh, seek ye first the Kingdom of God—the One Power, the One Source, the Maintainer and very Righteousness of all Being—and There, in His Spirit, you shall find your Rest. In His Presence, we See as we are Seen. ~Al Denninger

The Daily Lesson – May 24, 2026

“That is why in this work one individual can become a light. He becomes a light unto his family, unto his community, and if he wishes to dedicate himself to the spiritual life, he can be a light to an entire universe, because it takes only the dedication to a principle—not the dedication to man, but the dedication to a principle—to live inwardly in the continuous realization:

*I need not fear ‘man, whose breath is in his nostrils,’ and certainly I must have no faith in man, for I am convinced of an invisible Life, an invisible Law, and an invisible Being.” ~Joel S Goldsmith*

Matthew 5:14-16 KJV

14 Ye are the light of the world. A city that is set on an hill cannot be hid.

15 Neither do men light a candle, and put it under a bushel, but on a candlestick; and it giveth light unto all that are in the house.

16 Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

John 8:12 KJV

12 Then spake Jesus again unto them, saying, I am the light of the world: he that followeth me shall not walk in darkness, but shall have the light of life.

Colossians 3:23 KJV

23 And whatsoever ye do, do it heartily, as to the Lord, and not unto men;

Romans 12:1-2 KJV

1 I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

2 Corinthians 4:18 KJV

18 While we look not at the things which are seen, but at the things which are not seen: for the things which are seen are temporal; but the things which are not seen are eternal.

Shall we dedicate our lives to a Spiritual Life? The Christ takes over when we do. I Am with you. ~Al Denninger

The Daily Lesson – May 25, 2026

“The Conviction of God Removes Fear

All that it takes for us to attain freedom from fear is a conviction that there is a God. Whether you believe it or not, there are not many persons who believe that there is a God. When asked, they usually say, 'I believe in God,' but they really don't. Few persons do. Wherever there is a conviction that there is a God, there is no fear, because the very word itself must signify Omnipotence, Infinity, Eternality, and that would leave nothing to fear. It signifies Omnipresence, and that would instantly remove fear of anything whether appearing as a person, a political party, a group of any kind, or anything else—even an ideology. Who could fear an ideology in the presence of God? Who could fear bombs in the presence of God?”  
~Joel S Goldsmith

Matthew 23:37 KJV

37 O Jerusalem, Jerusalem, thou that killest the prophets, and stonest them which are sent unto thee, how often would I have gathered thy children together, even as a hen gathereth her chickens under her wings, and ye would not!

John 14:8-11 KJV

8 Philip saith unto him, Lord, shew us the Father, and it sufficeth us.

9 Jesus saith unto him, Have I been so long time with you, and yet hast thou not known me, Philip? he that hath seen me hath seen the Father; and how sayest thou then, Shew us the Father?

10 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works.

11 Believe me that I am in the Father, and the Father in me: or else believe me for the very works' sake.

Hebrews 4:12 KJV

12 For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.

John 8:32 KJV

32 And ye shall know the truth, and the truth shall make you free.

Psalms 23:4 KJV

4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me;

Psalms 56:11 KJV

11 In God have I put my trust: I will not be afraid what man can do unto me.

Philip traveled with Jesus every day for years and did not have a full conviction of the Truth. Why? Because he was still leaning on Jesus for the Truth. Knowing the Truth with all your Heart and Soul brings the conviction. The Spirit within can Do all things, but It must be and Present and Active in the very marrow of our bones to dispel all the fear and doubt of the mind. Reasoning students try to think our way out of fear. Fear is dissolved in the Active Presence of Truth, and we can walk through the valley of the shadow of death without even a scratch. Why? Because Thou Art With me, I am not alone. In God we Trust, completely. ~Al Denninger

The Daily Lesson – May 26, 2026

“Nothing can ever be power in the presence of God. If this were not true, there would be no God, or God would be on a finite, human, or limited level. This would not be God because the word itself must give to us a feeling of omnipotence, omnipresence, and omniscience, and in that realization, all fear goes, and when the fear has gone, the object of the fear disappears.”

~Joel S Goldsmith

1 Corinthians 8:6 (to ;) KJV

6 But to us there is but one God, the Father, of whom are all things, and we in him;

Ephesians 4:4-6 KJV

4 There is one body, and one Spirit, even as ye are called in one hope of your calling;

5 One Lord, one faith, one baptism,

6 One God and Father of all, who is above all, and through all, and in you all.

Romans 13:1-2 (to :) KJV

1 Let every soul be subject unto the higher powers. For there is no power but of God: the powers that be are ordained of God.

2 Whosoever therefore resisteth the power, resisteth the ordinance of God:

1 John 4:18 KJV

18 There is no fear in love; but perfect love casteth out fear:

God Is. The Great I Am, that Is and Was and ever will Be. There is none else. In His Presence, fear does not exist, it never did exist, never will. Even the idea of fear does not exist and is not remembered or spoken of again. ~Al Denninger

The Daily Lesson – May 27, 2026

“Always when fear goes, the object of fear goes, because the object of fear is only fear itself externalized, and there cannot be fear in the presence of a realization of spiritual law. Spiritual law does not overcome other laws. Spiritual law, being infinite and omnipotent, is the only law. What has probably made this difficult to understand throughout these years is that spiritual law is not evident to human sight, to hearing, taste, touch, or smell, and can be observed only by its effects. It becomes important, therefore, to look back and see how inevitable is the downfall and destruction of whatever is wrong.” ~Joel S Goldsmith

Isaiah 41:10 KJV

10 Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.

Psalms 23:4 KJV

4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.

II Corinthians 3:16-18 KJV

16 Nevertheless when it shall turn to the Lord, the veil shall be taken away.

17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

18 But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.

I Corinthians 13:10-12 KJV

10 But when that which is perfect is come, then that which is in part shall be done away.

11 When I was a child, I spake as a child, I understood as a child, I thought as a child: but when I became a man, I put away childish things.

12 For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known.

When that which is Infinite is Realized, then that which is finite is not. We must put away our childish ideas, take off the veil and stop looking to correct that which is not. The Truth is: I am as God Knows me. ~Al Denninger

The Daily Lesson – May 28, 2026

“There is always some leveling circumstance that puts down the overbearing.’ Emerson does not define or explain it. He simply states, ‘There is always a leveling circumstance’—and there is! The leveling circumstance is God, spiritual law, and he rightly concludes that “the dice of God are always loaded.” ~Joel S Goldsmith

Jeremiah 29:11 KJV

11 For I know the thoughts that I think toward you, saith the Lord, thoughts of peace, and not of evil, to give you an expected end.

Proverbs 19:21 KJV

21 There are many devices in a man's heart; nevertheless the counsel of the Lord, that shall stand.

Proverbs 16:9 KJV

9 A man's heart deviseth his way: but the Lord directeth his steps.

Romans 8:28 KJV

28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

We are God's Design and in His Charge from the Beginning. He is the Source and Maintainer of All. There is no separate Power to act. Our individual path is our choice, but we are His Individual Expression. We are God's Purpose and His Glory. His Will, will be Done. ~Al Denninger

The Daily Lesson – May 29, 2026

“Effects of the Evolutionary Process at Work in Consciousness

If you have sufficient discernment to see how the world has improved in the last fifty, sixty, or seventy years and how much permanent good has come into this world in the area of man's relationship with man, and in nations' relationships with nations, you would realize how close we are to the end of all national and international disputes—not to the differences existing among nations, because that can never be.” ~Joel S Goldsmith

Psalm 40:4 KJV

4 Blessed is that man that maketh the Lord his trust, and respecteth not the proud, nor such as turn aside to lies.

1 Corinthians 2:5-9 & 14 KJV

5 That your faith should not stand in the wisdom of men, but in the power of God.

6 Howbeit we speak wisdom among them that are perfect: yet not the wisdom of this world, nor of the princes of this world, that come to nought:

7 But we speak the wisdom of God in a mystery, even the hidden wisdom, which God ordained before the world unto our glory:

8 Which none of the princes of this world knew: for had they known it, they would not have crucified the Lord of glory.

9 But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him.

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

Ephesians 4:4-6 KJV

4 There is one body, and one Spirit, even as ye are called in one hope of your calling;

5 One Lord, one faith, one baptism,

6 One God and Father of all, who is above all, and through all, and in you all.

John 14:15 KJV

15 If ye love me, keep my commandments.

Blessed are they that Love and Trust God so much that an appearance of a lie or distraction are not seen at all and are ignored. God is Omnipresent, so if we Love God with all our Heart we Love His entire Creation. See only One nation under God. ~Al Denninger

The Daily Lesson – May 30, 2026

“As long as we are human beings, in certain minor areas of human activity, there will always be differences of opinion and differences of interest, but look about you and observe the changes that have come into this world already in commercial and international relationships, and you will see that in the over-all picture there has been a gradual elimination of many of the evils that existed years ago and there has also been a gradual coming into focus of more harmonious relationships on a permanent basis. We are now probably witnessing an end to these overbearing peoples or nations as the adjustment is being made to eliminate some of the evils that have existed for the past two or three hundred years.” ~Joel S Goldsmith

James 3:13-18 KJV

13 Who is a wise man and endued with knowledge among you? let him shew out of a good conversation his works with meekness of wisdom.

14 But if ye have bitter envying and strife in your hearts, glory not, and lie not against the truth.

15 This wisdom descendeth not from above, but is earthly, sensual, devilish.

16 For where envying and strife is, there is confusion and every evil work.

17 But the wisdom that is from above is first pure, then peaceable, gentle, and easy to be intreated, full of mercy and good fruits, without partiality, and without hypocrisy.

18 And the fruit of righteousness is sown in peace of them that make peace.

Romans 12:4-6 (to ,) KJV

4 For as we have many members in one body, and all members have not the same office:

5 So we, being many, are one body in Christ, and every one members one of another.

6 Having then gifts differing according to the grace that is given to us,

Romans 14:13-19 KJV

13 Let us not therefore judge one another any more: but judge this rather, that no man put a stumblingblock or an occasion to fall in his brother's way.

14 I know, and am persuaded by the Lord Jesus, that there is nothing unclean of itself: but to him that esteemeth any thing to be unclean, to him it is unclean.

15 But if thy brother be grieved with thy meat, now walkest thou not charitably. Destroy not him with thy meat, for whom Christ died.

16 Let not then your good be evil spoken of:

17 For the kingdom of God is not meat and drink; but righteousness, and peace, and joy in the Holy Ghost.

18 For he that in these things serveth Christ is acceptable to God, and approved of men.

19 Let us therefore follow after the things which make for peace, and things wherewith one may edify another.

Look not to man whose breath is in his nostrils for Peace and Oneness for they are things of God. The kingdoms of man will rise and fall according to their direction of focus, but the Kingdom of God is Pure Love always and forever. “Seek ye first the Kingdom of God and His Righteousness” and you will be Gifted with Love, Peace and Harmony. Look Up! ~Al Denninger

The Daily Lesson – May 31, 2026

“Undoubtedly, evolution is doing its work. Undoubtedly, this silent Infinite Invisible is operating in human consciousness, bringing about changes. We are now really going through a period of adjustment as gradually many evils are disappearing. But we can hasten the day, not only for ourselves individually—which is not of too great importance except that what occurs in our consciousness affects the demonstration of the entire world—but for the world by the overcoming of our fear through the realization of the Infinite Invisible, which is a Presence and a Power that is overturning and overturning and overturning ‘until he come whose right it is.’ There is an Invisible.” ~Joel S Goldsmith

2 Corinthians 5:16-17 KJV

16 Wherefore henceforth know we no man after the flesh: yea, though we have known Christ after the flesh, yet now henceforth know we him no more.

17 Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.

Ezekiel 21:27 (to ;) KJV

27 I will overturn, overturn, overturn, it: and it shall be no more, until he come whose right it is;

2 Corinthians 4:18 KJV

18 While we look not at the things which are seen, but at the things which are not seen: for the things which are seen are temporal; but the things which are not seen are eternal.

Matthew 5:16 KJV

16 Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

The Infinite Invisible Works beyond words and thoughts to bring each us to be Known as we really Are. Christ Consciousness overturns all fear and Lets God’s Light Shine through each of us. And so it is, how grateful we are to be are about the Father’s Business. ~Al Denninger

The Daily Lesson – June 1, 2026

“You would be surprised what a great contribution you could make to the world by not going out into the world to fight these so-called evils, but by having additional periods of meditation for the realization of the impotency and impersonal nature of these evils. Instead of fighting men, fighting churches or political parties, sit home and realize the powerless nature of these. Let others do the fighting, and let them discover, as people did in ancient days, that the enemy fights and destroys itself. It does, if only we do not enter the battle, but sit on the sidelines in the realization of the impotence of those who appear to be the overbearing.” ~Joel S Goldsmith

Romans 8:31 KJV

31 What shall we then say to these things? If God be for us, who can be against us?

2 Chronicles 20:17 (to :)

17 Ye shall not need to fight in this battle: set yourselves, stand ye still, and see the salvation of the Lord with you, O Judah and Jerusalem:

2 Chronicles 20:15 KJV

15 And he said, Hearken ye, all Judah, and ye inhabitants of Jerusalem, and thou king Jehoshaphat, Thus saith the Lord unto you, Be not afraid nor dismayed by reason of this great multitude; for the battle is not yours, but God's.

2 Chronicles 32:7-8 KJV

7 Be strong and courageous, be not afraid nor dismayed for the king of Assyria, nor for all the multitude that is with him: for there be more with us than with him:

8 With him is an arm of flesh; but with us is the Lord our God to help us, and to fight our battles. And the people rested themselves upon the words of Hezekiah king of Judah.

Zechariah 4:6 Not KJV

6 ...Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Each individual must find, within himself, the Infinite Invisible Power of the Spirit of God, to set them free. “The Battle is not yours”. “Set yourselves, stand ye still” and Seek the Kingdom of Peace, Harmony and Faith. Where the Spirit is Realized there is Liberty. Where the Spirit is not Realized, the arm of flesh rules the dreamer. ~Al Denninger

The Daily Lesson – June 2, 2026

“Since this work began, the major premise has always been the realization that there is an Invisible—an Infinite Invisible—and through that realization I personally have been able to withdraw from the battles of the world. I have been able to withdraw from the battle of earning a living, of competing, and even the battle which might be involved in carrying this Message out to the world. But there is no battle connected with this Message: no proselyting, no fighting, no arguing. There is only an inner realization that the might of the world is invisible—and not only invisible, but that it is good—and then comes a relaxing from either physical or mental fighting to give It the opportunity to come forth into expression; whereas to engage in might or power, physical might or mental power, is to ignore the greatest Force there is in life: the greatest Power, the All-power, the only Power, and that which is the real Power.” ~Joel S Goldsmith

2 Corinthians 3:16-17 KJV

16 Nevertheless when it shall turn to the Lord, the vail shall be taken away.

17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

Colossians 3:2 KJV

2 Set your affection on things above, not on things on the earth.

Zechariah 4:6 Not KJV

6 ...Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

This world thought seems to try to tempt us into the idea that it has mental and physical might. Put up your sword, for if we live by the physical or mental sword we are fighting with shadows. There is no physical description for Spirit, so we, as mental reasoners cannot understand It on this limited level of consciousness. God is Spirit, so only in stillness of thought and an Opening of an Avenue of Awareness can we peek around the veil. Spirit to Spirit and Soul to Soul Truth is Revealed. ~Al Denninger

## The Daily Lesson – June 3, 2026

“All this has been misunderstood because the same words have different meanings for different persons. When Gandhi spoke of nonresistance, the world thought that he meant doing nothing, but he did not mean anything of the sort, as we well know by the results of that nonresistance. It was not through doing nothing that the freedom of India was brought about. Gandhi was not doing nothing: he was doing something so constructive that it did what all the years of struggling and fighting never had been able to accomplish.” ~Joel S Goldsmith

2 Chronicles 20:17 (to 3<sup>rd</sup> ,) KJV

17 Ye shall not need to fight in this battle: set yourselves, stand ye still, and see the salvation of the Lord with you,

2 Corinthians 3:16-17 KJV

16 Nevertheless when it shall turn to the Lord, the vail shall be taken away.

17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

Matthew 6:31-33 KJV

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

We must come to a point of conviction to where this nonresistance is actually a kind of effortless effort. The surrender is critical and must be complete. The vessel cannot be filled until it is emptied of veiled thought, but then it will be immediately filled with new wine Known as: Spiritual Life, Living Waters or Christ Consciousness. The self-less soul becomes an Avenue of Awareness to Receive, Accept and Follow God Direction. Spirit to Spirit and Soul to Soul we are Given Direct Access to the Word of God [God's Direction]. The Truth is Revealed and we Know exactly what to do about It. There is so much meaning in Christ Jesus' two little words: "Follow Me". ~Al Denninger

The Daily Lesson – June 4, 2026

“So it is. The United States had a Civil War that was supposed to have freed the Negro. It never really did. Only now are Negroes finding their freedom in this country. They were not freed through a war; they could be freed only through the evolution of consciousness. The freedom they gained from the Civil War was the freedom from being sold on a block; but aside from that, they were kept in somewhat the same state of slavery they had struggled against before the War between the States: work from sunup to sundown with little or no remuneration. The Civil War did not change that condition. Evolution, the operation of the Invisible, led the Negro step by step until now at last he is coming into a greater measure of freedom.” ~Joel S Goldsmith

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

2 Corinthians 4:18 KJV

18 While we look not at the things which are seen, but at the things which are not seen: for the things which are seen are temporal; but the things which are not seen are eternal.

Zechariah 4:6 Not KJV

6 ...Not by might, nor by power, but by my spirit, saith the Lord of hosts.

1 Corinthians 13:12 KJV

12 For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known.

Psalms 91:1 KJV

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

2 Corinthians 3:17 and KJV

17 ...and where the Spirit of the Lord is, there is liberty.

God is acquainted with all our ways.

He knows our words even before we speak them.

The Glory of God is Present, even before we acknowledge Him.

He Guides us if we Let Him.

The Spirit must be Realized to Experience Truth and Liberty.

And so, we Dwell in the Secret Place of the Most High...

Our Experience is limited to our state of Consciousness.

~Al Denninger

The Daily Lesson – June 5, 2026

“So it has been for years. Wars have never accomplished any good purpose, but there is a silent, invisible Force operating and performing its function of freedom: freedom, abundance, literacy, and all those things that we know to be necessary and good.” ~Joel S Goldsmith

Matthew 5:9 KJV

9 Blessed are the peacemakers: for they shall be called the children of God.

Ephesians 2:10 KJV

10 For we are his workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them.

2 Corinthians 9:8 KJV

8 And God is able to make all grace abound toward you; that ye, always having all sufficiency in all things, may abound to every good work:

Romans 8:28 KJV

28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

Psalms 34:14 KJV

14 Depart from evil, and do good; seek peace, and pursue it.

War is nothing but legalized murder, and nothing good can come from that. Bring Peace with you in all your ways. Seek Peace, and pursue it. ~Al Denninger

The Daily Lesson – June 6, 2026

“Give Up Fear and Faith and Attain Grace

No one can define that in which he has faith: he can only feel that there is an Invisible. I feel and see It as I look out into the trees in Hawaii, seeing them one day without coconuts, and a few days or weeks later with coconuts, wondering why and how this is possible and then realizing that there is an invisible Power overcoming gravity, overcoming resistance, and bringing forth almost from a nothingness something appearing outwardly as very solid form. You, too, can see it in your gardens as you watch your bushes without flowers one day and then in a short time laden with blossoms, and realize that there is an Invisible operating, bringing forth after Its own image and likeness.” ~Joel S Goldsmith

Hebrews 10:22 KJV

22 Let us draw near with a true heart in full assurance of faith, having our hearts sprinkled from an evil conscience, and our bodies washed with pure water.

John 4:35 KJV

35 Say not ye, There are yet four months, and then cometh harvest? behold, I say unto you, Lift up your eyes, and look on the fields; for they are white already to harvest.

Matthew 6:28-29 KJV

28 And why take ye thought for raiment? Consider the lilies of the field, how they grow; they toil not, neither do they spin:

29 And yet I say unto you, That even Solomon in all his glory was not arrayed like one of these.

I Corinthians 13:10-12 KJV

10 But when that which is perfect is come, then that which is in part shall be done away.

11 When I was a child, I spake as a child, I understood as a child, I thought as a child: but when I became a man, I put away childish things.

12 For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known.

Draw near unto God and you will witness the proof of His Glory. Thy Kingdom Is Come, can you Feel His Ever-presence? ~Al Denninger

The Daily Lesson – June 7, 2026

“To fear man, circumstances, or conditions is to worship idols. So also to have faith in men is to make idols. But to understand that there is a spiritual Invisible, a divine Law in operation, a Love, a Life, a Presence, a Power, and then to rest back and let It function without the use of physical or mental force: this is the Grace that brings about the changes in our human experience; this is the power of Grace coming into expression.” ~Joel S Goldsmith

Proverbs 29:25 KJV

25 The fear of man bringeth a snare: but whoso putteth his trust in the Lord shall be safe.

Jeremiah 17:5-8 KJV

5 Thus saith the Lord; Cursed be the man that trusteth in man, and maketh flesh his arm, and whose heart departeth from the Lord.

6 For he shall be like the heath in the desert, and shall not see when good cometh; but shall inhabit the parched places in the wilderness, in a salt land and not inhabited.

7 Blessed is the man that trusteth in the Lord, and whose hope the Lord is.

8 For he shall be as a tree planted by the waters, and that spreadeth out her roots by the river, and shall not see when heat cometh, but her leaf shall be green; and shall not be careful in the year of drought, neither shall cease from yielding fruit.

Zechariah 4:6 KJV

6 Then he answered and spake unto me, saying, This is the word of the Lord unto Zerubbabel, saying, Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Psalms 23:1-3 KJV

1 The Lord is my shepherd; I shall not want.

2 He maketh me to lie down in green pastures: he leadeth me beside the still waters.

3 He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.

Putting our faith in man is accepting, or in this context, worshiping a power other than God. Trusting in God with all your heart, mind and Soul aligns us with the Power of Spirit or Christ Consciousness and all that the Father hath is thine. God Leads us in the paths of Righteousness. God Loves every one of His individual Expressions and provides us with every abundance. My Cup Runneth Over. ~Al Denninger

The Daily Lesson – June 8, 2026

“What is this Grace of which we speak? It cannot be defined. It is not something earned or won; It has to be felt. The power of Grace is the power of the Invisible. It is something we bring into expression by the withdrawal of fear of, and faith in, ‘man, whose breath is in his nostrils’, and then when there is no longer fear or faith, the power of Grace can come into expression and bring forth everything and everyone needed in our experience.” ~Joel S Goldsmith

Ephesians 2:8-9 KJV

8 For by grace are ye saved through faith; and that not of yourselves: it is the gift of God:

9 Not of works, lest any man should boast.

John 1:16-18 KJV

16 And of his fulness have all we received, and grace for grace.

17 For the law was given by Moses, but grace and truth came by Jesus Christ.

18 No man hath seen God at any time, the only begotten Son, which is in the bosom of the Father, he hath declared him.

2 Corinthians 12:9 KJV

9 And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness.

Grace is a Gift that Comes to us through a the full surrender of self and a complete reliance on God. It is an Experience that is difficult to describe in human terms but Felt deeply in Spiritual Discernment. Grace is Love fully Expressed. ~Al Denninger

The Daily Lesson – June 9, 2026

“Except to students who have studied for a long while, it is not possible to explain Grace, because Grace actually is the operation of a law that can function only in the consciousness of those who have put up the sword, and who have also laid aside their faith in man, in documents, in unions, or in unitedness. For some this is too difficult because they must know the how, the why, and the wherefore of everything, and it is hopeless to expect these persons to understand anything as intangible as Grace until they have come to a place of rising above that which can be explained through reason.” ~Joel S Goldsmith

John 18:10,11 KJV

10 Then Simon Peter having a sword drew it, and smote the high priest's servant, and cut off his right ear. The servant's name was Malchus.

11 Then said Jesus unto Peter, Put up thy sword into the sheath: the cup which my Father hath given me, shall I not drink it?

Zechariah 4:6 Not KJV

6 ...Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Put up the noise of this-world. None of the clamoring babble makes any difference to God. Our practice is not to rationalize with our reasoning minds what we are to do, or what Grace Grace is. Our Work is to Prove in our Present Spiritual Journey what is the Loving and Perfect Will of God. ~Al Denninger

The Daily Lesson – June 10, 2026

“I know less about the workings of the Spirit than perhaps anybody else in the world because I know nothing about it. I only know this: It works! However It works, It works when there is no fear and even when there is no faith: when there is not even faith in right thinking, not even faith in holding a right thought, not even faith that God can do something, when there is just no fear and no faith, but only the realization of a divine Grace. Man has blocked Grace from operating because of his fears and his faith. He fears effect or he has faith in effect, and that is the one thing that blocks the operation of the Invisible in his experience.” ~Joel S Goldsmith

1 Corinthians 2:14-16 KJV

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

15 But he that is spiritual judgeth all things, yet he himself is judged of no man.

16 For who hath known the mind of the Lord, that he may instruct him? But we have the mind of Christ.

John 16:13 KJV

13 Howbeit when he, the Spirit of truth, is come, he will guide you into all truth: for he shall not speak of himself; but whatsoever he shall hear, that shall he speak: and he will shew you things to come.

1 John 4:18 KJV

18 There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love.

Finite will never behold or understand Infinite. How could it? But Spirit sure can. Pure Love, or Grace, Loves and Loves without limit or condition. Fear and random distractions can block Love, but Love is always Present and actively Loving, no matter what. Take no thought for this-world and Open out a Way for the imprisoned Splendor to escape. Love surrounds you, just rest back in It. ~Al Denninger

The Daily Lesson – June 11, 2026

“You can watch how this functions because if you lose only a little of your faith in human reliances—men, churches, or political parties—if you lose only a little fear of some alien ideology and if you lose only a little faith in the people and things in which you have heretofore had faith and rest in the Invisible, you will see right from the beginning how some measure of change begins to take place in your experience.” ~Joel S Goldsmith

John 3:30 KJV

30 He must increase, but I must decrease.

Matthew 16:25 KJV

25 For whosoever will save his life shall lose it: and whosoever will lose his life for my sake shall find it.

John 5:30 (to :) KJV

30 I can of mine own self do nothing:

John 14:10 but the KJV

10 ...but the Father that dwelleth in me, he doeth the works.

Proverbs 3:5 KJV

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

James 4:8 (to .) KJV

8 Draw nigh to God, and he will draw nigh to you.

*I surrender Father. I recognize only Your One Power, One Presence and One Mind... I give my self to You... How foolish would it be if I thought I could do something on my own—without You... I Trust You... You Know where my heart is... Your Will be done... ... Speak Lord, Thy servant heareth... ~Al Denninger*

The Daily Lesson – June 12, 2026

“None of us has attained full and complete freedom for the simple reason that we cannot attain full and complete release from fear and faith. The reason is that neither this fear nor this faith is personal. It is a universal miasma, a universal hypnotism, and as much as we might individually overcome it, there still will be enough of the universal operating so that, as I said before, even the most dedicated find that they are not one hundred per cent free from the sins and diseases of the world, although many of them attain a measure of freedom. The full and complete freedom can only come as the degree of universal fear and faith is lessened.” ~Joel S Goldsmith

Matthew 23:37 KJV

37 O Jerusalem, Jerusalem, thou that killest the prophets, and stonest them which are sent unto thee, how often would I have gathered thy children together, even as a hen gathereth her chickens under her wings, and ye would not!

Mark 10:21-27 KJV

21 Then Jesus beholding him loved him, and said unto him, One thing thou lackest: go thy way, sell whatsoever thou hast, and give to the poor, and thou shalt have treasure in heaven: and come, take up the cross, and follow me.

22 And he was sad at that saying, and went away grieved: for he had great possessions.

23 And Jesus looked round about, and saith unto his disciples, How hardly shall they that have riches enter into the kingdom of God!

24 And the disciples were astonished at his words. But Jesus answereth again, and saith unto them, Children, how hard is it for them that trust in riches to enter into the kingdom of God!

25 It is easier for a camel to go through the eye of a needle, than for a rich man to enter into the kingdom of God.

26 And they were astonished out of measure, saying among themselves, Who then can be saved?

27 And Jesus looking upon them saith, With men it is impossible, but not with God: for with God all things are possible.

Matthew 7:13-14 KJV

13 Enter ye in at the strait gate: for wide is the gate, and broad is the way, that leadeth to destruction, and many there be which go in thereat:

14 Because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it.

Trusting even the Good in this-world is no sure bet to a life of harmony because this-world is subject to the whims of distraction. There seems to be a universal hypnotism that accepts a limited sense of consciousness and looks no further. Those led to the Spirit, and then Dwelling in the Spirit and then finally led By the Spirit will find Freedom from the accepted thoughts of this-world. And few there be that find It. With God all things are possible. ~Al Denninger

The Daily Lesson – June 13, 2026

“You would be surprised if you could experience the simplicity of achieving meditation, once you have neither fear nor faith. You would be surprised how easy it is to settle back into a meditation when you have nothing and nobody to fear, and when you are not looking even to a God with faith, when you can settle back in the complete realization of IS. ‘The Lord is my shepherd’—I shall not fear. ‘The Lord is my shepherd.’ The Infinite Invisible *is*, and It is operating. Because I know this, I find it easier to accept Emerson's statement that ‘the dice of God are always loaded,’ and to let God and his loaded dice take the responsibility for governing the world.”  
~Joel S Goldsmith

Colossians 3:2 KJV

2 Set your affection on things above, not on things on the earth.

Psalms 23:1 (to :) KJV

1 The Lord is my shepherd;

Psalms 139:7-10 KJV

7 Whither shall I go from thy spirit? or whither shall I flee from thy presence?

8 If I ascend up into heaven, thou art there: if I make my bed in hell, behold, thou art there.

9 If I take the wings of the morning, and dwell in the uttermost parts of the sea;

10 Even there shall thy hand lead me, and thy right hand shall hold me.

There is nothing visible or invisible that God did not Create, and does not Maintain and Sustain with His Presence and Love. God is the substance of all. God is the Shepherd and we are His sheep. There is nothing to fear, worry about or ask for. All we have to do is Look Up, Rest back and Be Loved. Take off your shoes, for you stand on Holy Ground. ~Al Denninger

The Daily Lesson – June 14, 2026

“We owe a great debt to Emerson—greater than we know, and this is one debt for which I will give him a little extra handshake when I meet him: ‘The dice of God are always loaded.’ Isn’t it comforting to realize that the overbearing are brought down, individually and collectively?” Joel S Goldsmith

Proverbs 19:21 KJV

21 There are many devices in a man’s heart; nevertheless the counsel of the Lord, that shall stand.

Proverbs 16:18 KJV

18 Pride goeth before destruction, and an haughty spirit before a fall.

Matthew 23:12 KJV

12 And whosoever shall exalt himself shall be abased; and he that shall humble himself shall be exalted.

Isaiah 14:24 KJV

24 The Lord of hosts hath sworn, saying, Surely as I have thought, so shall it come to pass; and as I have purposed, so shall it stand:

Joshua 1:9 KJV

9 Have not I commanded thee? Be strong and of a good courage; be not afraid, neither be thou dismayed: for the Lord thy God is with thee whithersoever thou goest.

There is no way of getting around God. There is no place we can hide from Omnipresence. Don’t accept the temptation of lies. God’s Will be Done in earth as it Is in Heaven. Perfect Love casts out fear, lies and distractions. ~Al Denninger

The Daily Lesson – June 15, 2026

“The minute you can go into meditation realizing that you are not going there to get anything, nor to get any power, that there is nothing you need, for whatever is in the Invisible already is, instantly you are free from human thought, and you can settle down into a tabernacling and an inner communion. Watch and see if it is not true that the only thing that interferes with your attainment of meditation is that either good or evil will come into your mind, either the desire to get rid of evil or to get good, and that can only be overcome through the realization of this Invisible.” ~Joel S Goldsmith

Matthew 6:5-8, 19-21 & 31-33 KJV

5 And when thou prayest, thou shalt not be as the hypocrites are: for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, They have their reward.

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

7 But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking.

8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

19 Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal:

20 But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal:

21 For where your treasure is, there will your heart be also.

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Matthew 5:6 KJV

6 Blessed are they which do hunger and thirst after righteousness: for they shall be filled.

Meditation may begin as an activity in this-world, perhaps as a contemplative meditation, but the goal is not to correct or improve this-world, or even to observe the good this-world, but to commune with Righteousness for the Glory of God. When we Realize the Kingdom of God and His Righteousness, all the Invisible Treasures that the Father Hath are thine and Harmony just is. We See as we are Seen, and Know as we are Known. ~Al Denninger

The Daily Lesson – June 16, 2026

“You could throw every worry aside and never again know a sleepless night... in the conviction that there is nothing good or evil *in and of itself*.

What creates and perpetuates humanhood is the pairs of opposites—the belief that flowers are good but that weeds are evil, the belief that robins are good but the bugs on the rosebushes are evil. If, however, we neither gloss over some evil appearance as good, which is merely an old metaphysical cliché, nor judge it bad, but recognize that all that exists is pure Soul, infinitely expressing Itself, eventually even the bugs on the rosebushes find their rightful place where they cannot perform any destructive function. Even the so-called evil people of the world begin to serve a good purpose—they do, or they are removed from positions where they can work their purposes.”\* ~Joel S Goldsmith (\* in the previous 2 paragraphs, Joel is quoting his own work from “The Thunder of Silence”.)

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

1 John 2:15-17 KJV

15 Love not the world, neither the things that are in the world. If any man love the world, the love of the Father is not in him.

16 For all that is in the world, the lust of the flesh, and the lust of the eyes, and the pride of life, is not of the Father, but is of the world.

17 And the world passeth away, and the lust thereof: but he that doeth the will of God abideth for ever.

Colossians 3:2 KJV

2 Set your affection on things above, not on things on the earth.

Our humanhood exists only in proportion to our belief and acceptance in a self and a life separate and apart from God. Our True Being is Experienced as a Revelation and a Knowing as we are Known by God. We now have a Purpose to Fulfill—a Life to Live while Glorifying God. All remembrance of this-world is discounted and forgotten as if it were a dream. Look Up, and nowhere else—the Father’s Will is Infinite Harmony—not a series of highs distracted by lows.  
~Al Denninger

The Daily Lesson – June 17, 2026

“We are approaching a period in the world in which evil will find no room for expression in people, thoughts, and things. It will be crowded right off the earth, because the earth will be so full of the knowledge of this principle of one power that evil will have no channel through which to function. It will be lopped off as fast as it shows its head by this invisible spiritual power that permeates consciousness.”\* ~Joel S Goldsmith (\* in the previous paragraph, Joel is quoting his own work from “The Thunder of Silence”.)

Psalms 91:1 KJV

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

Revelation 21:4 KJV

4 And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away.

Isaiah 65:16-17 KJV

16 That he who blesseth himself in the earth shall bless himself in the God of truth; and he that sweareth in the earth shall swear by the God of truth; because the former troubles are forgotten, and because they are hid from mine eyes.

17 For, behold, I create new heavens and a new earth: and the former shall not be remembered, nor come into mind.

Habakkuk 2:14 KJV

14 For the earth shall be filled with the knowledge of the glory of the Lord, as the waters cover the sea.

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

When we find the Way, all we want to do is Dwell there. There is no part or place on earth that interests us. The Truth that passeth understanding finally is found, proved and Lived. Thank you Father. ~Al Denninger

The Daily Lesson – June 18, 2026

“Nothing shall by any manner or means harm you, and not a thing in the world is going to do good for you. Being still will not do it, being noisy will not prevent it: it is a matter of realization. Is there an Invisible, and is the karmic law inevitable? As ye sow, so shall ye reap! Then, let the evil doers do their sowing: they will do their reaping, and some day awaken.” ~Joel S Goldsmith

1 Corinthians 6:19 KJV

19 What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?

2 Corinthians 3:16-17 KJV

16 Nevertheless when it shall turn to the Lord, the veil shall be taken away.

17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

Romans 8:9 KJV

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

Ephesians 2:4-6 KJV

4 But God, who is rich in mercy, for his great love wherewith he loved us,

5 Even when we were dead in sins, hath quickened us together with Christ, (by grace ye are saved;)

6 And hath raised us up together, and made us sit together in heavenly places in Christ Jesus:

It does not matter what seeds you have sown in the past, God is rich in Love and Mercy. God has put His Spirit in you from the beginning, and He Loves you. Love God as much as He Loves you. The sooner you Realize it the Quicker you can point the Way for the next generation. Truth Realized is Liberty. ~Al Denninger

The Daily Lesson – June 19, 2026

“Across the Desk

That the Infinite Way is reaching human consciousness through many streams you already know. It remains only for me to remind you that the healing consciousness is developed through the understanding and practice of specific principles which have been revealed to us and which are proving themselves over and over again.

For serious study, please take the chapter ‘Breaking the Fetters That Bind You,’ from ‘The Infinite Way Letters of 1958’ and work diligently with this material every day for at least a month, and then watch as new experiences unfold.” ~Joel S Goldsmith

John 5:30 (to :) KJV

30 I can of mine own self do nothing:

John 14:10 but KJV

10 ... but the Father that dwelleth in me, he doeth the works.

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Romans 8:5-6 KJV

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

6 For to be carnally minded is death; but to be spiritually minded is life and peace.

The Spirit Flows To and Through every individual Expression of God. Those conformed to the flesh will never see It. Being Spiritually Minded will See the Life and Peace that God Sees. Set your minds on things that are above, not on things that are on earth. Look Up! ~Al Denninger

This concludes our study of Chapter 7 in the book “The Contemplative Life” by Joel S Goldsmith  
Tomorrow we begin: Chapter 8 “Contemplation Develops The Beholder”