

THE DAILY LESSON

is an activity of the study group found at: www.iwso.org

The subject for our current study is the entire book

'The Contemplative Life'

by Joel S Goldsmith

"THE DAILY LESSON", an ongoing Open Class by Infinite Way Teacher Al Denninger, is inspired by the message of Joel S. Goldsmith. In this Book Study we delve into Joel's books paragraph by paragraph, from cover to cover. I provide Scripture supporting his entire Work and an additional Impartation from my daily Experience. These classes appear on my website and by email subscription, each day for my students to take into their daily meditations and to carry with them throughout their day.

We are currently studying the entire book "The Contemplative Life" By Joel S Goldsmith

STUDENTS NOTE: In my teaching, the words that are capitalized throughout the work are not capitalized for emphasis. Instead, the purpose is to Lift the student into the Awareness that these words are a Synonym for, or an Activity of God. The portions that are italicized are spontaneous meditations

At the conclusion of each chapter the Lessons are posted to the IWSO Archives, where there are more than 15 years of consecutive Daily Lessons for your further review and study!

The Daily Lesson – November 26, 2025

"Chapter 4

THE ESOTERIC MEANING OF THE EASTER WEEK

As we learn to see the significance behind the observance of particular holidays or, more correctly, holy days, we are then able to realize how and why certain days have been set aside by various religious groups as a time for prayer and meditation. Then we can contemplate the principles which these days commemorate rather than consider them as merely holidays from daily work, which often find us no better off the day after than the day before, except for that short period of rest." ~Joel S Goldsmith

Exodus 12:14-17 KJV

14 And this day shall be unto you for a memorial; and ye shall keep it a feast to the Lord throughout your generations; ye shall keep it a feast by an ordinance for ever.

15 Seven days shall ye eat unleavened bread; even the first day ye shall put away leaven out of your houses: for whosoever eateth leavened bread from the first day until the seventh day, that soul shall be cut off from Israel.

16 And in the first day there shall be an holy convocation, and in the seventh day there shall be an holy convocation to you; no manner of work shall be done in them, save that which every man must eat, that only may be done of you.

17 And ye shall observe the feast of unleavened bread; for in this selfsame day have I brought your armies out of the land of Egypt: therefore shall ye observe this day in your generations by an ordinance for ever.

Romans 14:5-6 KJV

5 One man esteemeth one day above another: another esteemeth every day alike. Let every man be fully persuaded in his own mind.

6 He that regardeth the day, regardeth it unto the Lord; and he that regardeth not the day, to the Lord he doth not regard it. He that eateth, eateth to the Lord, for he giveth God thanks; and he that eateth not, to the Lord he eateth not, and giveth God thanks.

Isaiah 26:3 KJV

3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

Exodus 33:14 KJV

14 And he said, My presence shall go with thee, and I will give thee rest.

Moses gave a commandment to observe the Passover where a lamb without blemish was sacrificed and they were to host a Holy ceremony of the humble unleavened bread, wine and bitter herbs—a day of prayer and remembrance to celebrate God's freeing of his people from Egyptian rule. Jesus hosted a Passover to commemorate the sacrifice of the Lamb of God and His Resurrection and the Freeing of His and His followers Souls forever—that we today call Easter Week. The importance of both of these Holy Days is to Trust the Presence of God for our Guidance, Deliverance and Perfect Peace. May we learn to Pray and Rest in God's Presence, Guidance and Peace every day. ~Al Denninger

The Daily Lesson – November 27, 2025

“When the events which we memorialize as holidays occurred, there undoubtedly was no thought in anyone's mind that because of the happenings of that day, people in far-off places throughout the world would pause in commemoration, but the fact is that these days have become important because the events commemorated illustrate spiritual principles of life which have evolved: principles which all men and women can adopt and by which they can live.”

~Joel S Goldsmith

John 7:37-38 KJV

37 In the last day, that great day of the feast, Jesus stood and cried, saying, If any man thirst, let him come unto me, and drink.

38 He that believeth on me, as the scripture hath said, out of his belly shall flow rivers of living water.

For in the Words and Works of Christ, even unto this day, we live and move and have our Being. Follow Him and Live. ~Al Denninger

The Daily Lesson – November 28, 2025

“The Humility and Benevolence of Maundy Thursday

The day before Good Friday, Maundy Thursday. Jesus washed the feet of the disciples. He made himself humble before them:

He riseth from supper, and laid aside his garments, and took a towel, and girded himself. After that he poureth water into a basin, and began to wash the disciples' feet, and to wipe them with the towel wherewith he was girded.

If I then, your Lord and Master, have washed your feet, ye also ought to wash one another's feet.” ~Joel S Goldsmith

John 13:4,5 & 14 KJV

4 He riseth from supper, and laid aside his garments; and took a towel, and girded himself.

5 After that he poureth water into a basin, and began to wash the disciples' feet, and to wipe them with the towel wherewith he was girded.

14 If I then, your Lord and Master, have washed your feet; ye also ought to wash one another's feet.

Mark 10:43-45 KJV

43 But so shall it not be among you: but whosoever will be great among you, shall be your minister:

44 And whosoever of you will be the chiefest, shall be servant of all.

45 For even the Son of man came not to be ministered unto, but to minister,

James 4:10 KJV

10 Humble yourselves in the sight of the Lord, and he shall lift you up.

The greatest Leader humbly serves His Flock.

Follow Christ. ~Al Denninger

The Daily Lesson – November 29, 2025

“He fed them at the Last Supper with the bread of life:

Jesus took bread, and blessed it, and brake it, and gave it to the disciples....

He thereby exemplified two of the greatest principles of spiritual living: humility and benevolence, neither of which is correctly understood in human life.” ~Joel S Goldsmith

Matthew 26:26 KJV

26 And as they were eating, Jesus took bread, and blessed it, and brake it, and gave it to the disciples, and said, Take, eat; this is my body.

Ephesians 4:2-6 KJV

2 With all lowliness and meekness, with longsuffering, forbearing one another in love;

3 Endeavouring to keep the unity of the Spirit in the bond of peace.

4 There is one body, and one Spirit, even as ye are called in one hope of your calling;

5 One Lord, one faith, one baptism,

6 One God and Father of all, who is above all, and through all, and in you all.

1 John 4:6-8 KJV

6 We are of God: he that knoweth God heareth us; he that is not of God heareth not us.

Hereby know we the spirit of truth, and the spirit of error.

7 Beloved, let us love one another: for love is of God; and every one that loveth is born of God, and knoweth God.

8 He that loveth not knoweth not God; for God is love.

God is Love. He that Loves God with all his Heart is God’s Expression of Love Loving. Lean not unto thine own understanding—Acknowledge Him, Trust Him, and He will Direct you. Be not wise in thine own eyes—Trust God’s Vision. ~Al Denninger

The Daily Lesson – November 30, 2025

“Most persons interpret humility to mean that a person belittles himself or considers himself less worthy than another or beneath someone else. But the true humility of Maundy Thursday, as applied to spiritual living, has no such meaning. True humility is the acknowledgment that I of my own self am nothing: The Father within me is all. It has nothing to do with my being less than you, or your being less than I. It has nothing to do with my holding myself in the background and pushing you into the foreground, or vice versa. It is purely a relationship between God and me. It is an acknowledgment every day and in every way:

I of mine own self am nothing; I of mine own self can do nothing. If I speak of myself, I bear witness to a lie. The Father is the life of my being The Father within me, the divine Presence ever with me, constitutes my wisdom, intelligence, and sagacity, my strength, my health, and my beauty. ~Joel S Goldsmith

John 5:30-31 KJV

30 I can of mine own self do nothing: as I hear, I judge: and my judgment is just; because I seek not mine own will, but the will of the Father which hath sent me.

31 If I bear witness of myself, my witness is not true

John 15:5 KJV

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

John 14:10 but KJV

10 ...but the Father that dwelleth in me, he doeth the works.

Romans 13:1 KJV

1 Let every soul be subject unto the higher powers. For there is no power but of God: the powers that be are ordained of God.

I am the Way, the Truth and the Light. Acknowledge God as the only Way.

Father, It is my pleasure to do Thy Will... I stand in Awe... You are my Life... My supply is as unlimited as You are... Shepherd, show me the Way... ~Al Denninger

The Daily Lesson – December 1, 2025

“Whatever it is that I may claim as a quality is not mine at all: It is the activity of a spiritual Presence, which functions as I. It created me as an individual entity in the beginning, It formed for me this body, this mind, and this life, and It functions as my intelligence; It functions as my relationships with everyone on earth.” ~Joel S Goldsmith

John 14:10 KJV

10 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works.

Proverbs 3:5-6 KJV

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

Proverbs 2:6 KJV

6 For the Lord giveth wisdom: out of his mouth cometh knowledge and understanding.

Ephesians 2:8-10 KJV

8 For by grace are ye saved through faith; and that not of yourselves: it is the gift of God:

9 Not of works, lest any man should boast.

10 For we are his workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them.

Thank you Father... You are the Source of Good and my Loving Shepherd... You Make me to lie down in green pastures and Lead me in the paths of Righteousness... I Trust You with my Life—As my Life... You are every friend I have ever had... I can of my own self do nothing... I don't even want to do anything without Your Direction... Father I await You, thy servant heareth... I Am Abiding... ~Al Denninger

The Daily Lesson – December 2, 2025

“We are only humble in the degree that we actually know that this is true and realize that He that is within us is greater than he that is in the world, or that He performeth that which is given us to do. This is being humble; this is true humility. The only correct self-effacement there is, is the effacement of a personal sense of virtue and the acknowledgment that God has made or given us all that we are, and that God is functioning in us, and through us.” ~Joel S Goldsmith

John 3:30 KJV

30 He must increase, but I must decrease.

1 Peter 5:6-7 KJV

6 Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time:

7 Casting all your care upon him; for he careth for you.

Philippians 2:13 KJV

13 For it is God which worketh in you both to will and to do of his good pleasure.

I John 4:4 KJV

4 Ye are of God, little children, and have overcome them: because greater is he that is in you, than he that is in the world.

God IS functioning in you. He is your Good. He is the Activity of all Life. Thy Will be Done. Are you Listening? ~Al Denninger

The Daily Lesson – December 3, 2025

“Of old, the purpose of Maundy Thursday was that there might be a complete day of rest for contemplation and meditation on humility and benevolence. Humility must come first because, without it, there can be no truly spiritual sense of benevolence. Always let us remember that in true humility we are not making ourselves lower than someone else: we are subjecting ourselves unto God; we are surrendering ourselves unto God; we are giving to God our mind, soul, spirit, and body, and are acknowledging:

Thou art the life, Thou art the way and the truth. Thou art my being, my wisdom, my guidance, my direction, my support, my supply, my maintenance, and my eternity.” ~Joel S Goldsmith

James 4:7 KJV

7 Submit yourselves therefore to God.

Proverbs 3:5-6 KJV

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

Colossians 3:12-14 KJV

12 Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, longsuffering;

13 Forbearing one another, and forgiving one another, if any man have a quarrel against any: even as Christ forgave you, so also do ye.

14 And above all these things put on charity, which is the bond of perfectness.

John 14:6 (to :) KJV

6 Jesus saith unto him, I am the way, the truth, and the life:

Don't expect to bring God down into your problems—Lift yourself Up into His High Consciousness. Open the Door to the Truth within. Submit your self to the Will of God, and you will be Shown the Way. “Surely Goodness and Mercy shall follow me all the days of my Life and I will Dwell in the House of the Lord forever.” ~Al Denninger

The Daily Lesson – December 4, 2025

“When we begin to understand benevolence in its true light, we shall know that we have never been charitable or benevolent, nor have we ever given anything to anyone—that is, anything that was really ours. We shall understand that whatever it is that we have is ours by the grace of God, and whatever we give, share, or bestow, we do also by the grace of God. We are but the instruments through which God functions, first, to provide us with the twelve baskets full that are left over so that we may share, and then to give us His grace in the form of a will and a desire and an opportunity to share.” ~Joel S Goldsmith

(Take the time, especially today as it weaves this lesson, to deeply ponder the entire 6th Chapter lines 1-34 of Matthew. KJV Bible is important for this chapter to get the translation right... A lot of other modern versions have humanized, or personalized the Spiritual meaning. If you don't have a copy there are plenty of online copies, i.e. www.biblegateway.com) Print a copy of Matthew 6:1-34, and ponder it often.

Matthew 6:31-33 KJV

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

John 5:30,31 KJV

30 I can of mine own self do nothing: as I hear, I judge: and my judgment is just; because I seek not mine own will, but the will of the Father which hath sent me.

31 If I bear witness of myself, my witness is not true.

John 14:8-10 KJV

8 Philip saith unto him, Lord, shew us the Father, and it sufficeth us.

9 Jesus saith unto him, Have I been so long time with you, and yet hast thou not known me, Philip? he that hath seen me hath seen the Father; and how sayest thou then, Shew us the Father?

10 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works.

Jesus had the same problem in his time... The human concept of life does not want to stop thinking, reasoning and desiring. The Father has Given us [His individual Expressions] all that He hath from “The Beginning”, and Gives us His Complete Love forever. Open a Way for His Grace to Flow through you as naturally as: God Is... It takes no thought—just Let Love share without condition. God Knows the Way. Be still and let Him show you what True Grace is. ~Al Denninger

The Daily Lesson – December 5, 2025

“There have been persons who have been so generous in their giving that they have impoverished themselves, but that is only because they believed that they were giving of their own possessions and did not understand that they had nothing of their own to give, but that all they apparently possessed belonged to God. It is, for example, like presenting someone with a bouquet of flowers and believing that they are ours. They never were, never are, and never could be: they are God's, formed by God. They were created by God and they grow in our garden by virtue of God. The more we cut and give away, the more we have. They are not our personal possession: they are entrusted to us as an expression of beauty, but we know right well that, if we leave them in our garden, they will only rot and fade away, and certainly not make room for more to grow. It is in the cutting of them, the giving and sharing of them, and in the pruning that we make room for more to grow.” ~Joel S Goldsmith

Matthew 25:14-30

14 For the kingdom of heaven is as a man travelling into a far country, who called his own servants, and delivered unto them his goods.

15 And unto one he gave five talents, to another two, and to another one; to every man according to his several ability; and straightway took his journey.

16 Then he that had received the five talents went and traded with the same, and made them other five talents.

17 And likewise he that had received two, he also gained other two.

18 But he that had received one went and digged in the earth, and hid his lord's money.

19 After a long time the lord of those servants cometh, and reckoneth with them.

20 And so he that had received five talents came and brought other five talents, saying, Lord, thou deliveredst unto me five talents: behold, I have gained beside them five talents more.

21 His lord said unto him, Well done, thou good and faithful servant: thou hast been faithful over a few things, I will make thee ruler over many things: enter thou into the joy of thy lord.

22 He also that had received two talents came and said, Lord, thou deliveredst unto me two talents: behold, I have gained two other talents beside them.

23 His lord said unto him, Well done, good and faithful servant; thou hast been faithful over a few things, I will make thee ruler over many things: enter thou into the joy of thy lord.

24 Then he which had received the one talent came and said, Lord, I knew thee that thou art an hard man, reaping where thou hast not sown, and gathering where thou hast not strawed:

25 And I was afraid, and went and hid thy talent in the earth: lo, there thou hast that is thine.

26 His lord answered and said unto him, Thou wicked and slothful servant, thou knewest that I reap where I sowed not, and gather where I have not strawed:

27 Thou oughtest therefore to have put my money to the exchangers, and then at my coming I should have received mine own with usury.

28 Take therefore the talent from him, and give it unto him which hath ten talents.

29 For unto every one that hath shall be given, and he shall have abundance: but from him that hath not shall be taken away even that which he hath.

30 And cast ye the unprofitable servant into outer darkness: there shall be weeping and gnashing of teeth.

To me, Jesus' Parable of the Talents is a perfect example of what Joel is presenting here: some literal thinkers see this parable as if it were a lesson in investments, and it could be, if that were where we are looking... Others I have seen, make explanations about being a good business man and even talk about what the value would be if the talents were gold, and another about good servants building added value to God's Kingdom. How can one add to what is already Infinite?

Jesus began his parable, "For the kingdom of heaven is as..." Clearly, to me, this is a Lesson in Spirit about God's Infinite Abundance and that we are not to get distracted into the lie of this-world's fear, worry and limitation. And so, to the one who had the 10 talents—he was the good and faithful servant who most Realized the multiplication of the talents was Grace Realized, because "For unto every one that hath shall be given, and he shall have abundance". Why? Because he is a faithful servant in the Kingdom of Heaven. What he "hath" was faith and a Righteous Awareness of the Source of the talents. His Lord taught him that the Principal of Abundance was the Law in the infinite Kingdom of Heaven. I think from that point on he stopped counting—as he was made ruler over "many" things. God is the Source of Infinite Abundance—stop counting. ~Al Denninger

The Daily Lesson – December 6, 2025

"Through the contemplation of Maundy Thursday, we shall learn that, no matter how much of this world's goods we have, these things of the world are not ours. 'The earth is the Lord's, and the fulness thereof,' and we can be just as generous with it as we want to be, as long as we recognize, 'This that I have is mine by the grace of God, and it is mine to use and to share.'"

~Joel S Goldsmith

2 Corinthians 9:8 KJV

8 And God is able to make all grace abound toward you; that ye, always having all sufficiency in all things, may abound to every good work:

Psalms 24:1 KJV

1 The earth is the Lord's, and the fulness thereof; the world, and they that dwell therein.

James 1:17 KJV

17 Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning.

Matthew 6:10 KJV

10 Thy kingdom come. Thy will be done in earth, as it is in heaven.

I can do nothing of mine own self. God's Kingdom is Ever Present. As in heaven, so on earth, His Will is being Done. Every Good and Perfect Gift, every Good and Perfect Individual Expression and his every Good and Perfect Action is from Above. All we need to do to rejoice in God's Infinite Abundance. Have no reaction when we appear to be walking in the valley of the shadow of lies—be still and Realize the Truth. God Loves it when we share His Grace. ~Al Denninger

The Daily Lesson – December 7, 2025

“In that attitude, we are impersonalizing good and again we are being humble. Again we are saying, ‘I am not charitable because I am not giving anything of my own. I am not sacrificing. I am an instrument of God, helping to meet someone else's need: God meeting another's need through me.’” ~Joel s Goldsmith

Ephesians 2:10 KJV

10 For we are his workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them.

Romans 12:1-2 KJV

1 I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Philippians 4:13 KJV

13 I can do all things through Christ which strengtheneth me.

Father, I can do nothing without You at the Core of me. You are my Heart; my Mind. The things you ask seem less like a sacrifice and more like the natural thing to do. Christ is my Life and strength. It is You, Your Spirit within me that Doeth the Work. Thy Will be done. Thy Will Is done through me. ~Al Denninger

The Daily Lesson – December 8, 2025

“The earth is the Lord's, and the fulness thereof is not just a scriptural statement of truth: It is a living truth. ‘The earth is the Lord's, and the fulness thereof,’ and by the grace of God whatever we possess comes to us, and by the grace of God, also, are we given the desire, the will, and the opportunity to share.” ~Joel S Goldsmith

Psalms 24:1 KJV

1 The earth is the Lord's, and the fulness thereof; the world, and they that dwell therein.

2 Corinthians 9:7-8 KJV

7 Every man according as he purposeth in his heart, so let him give; not grudgingly, or of necessity: for God loveth a cheerful giver.

8 And God is able to make all grace abound toward you; that ye, always having all sufficiency in all things, may abound to every good work:

Philippians 2:13 KJV

13 For it is God which worketh in you both to will and to do of his good pleasure.

Acts 20:35 KJV

35 I have shewed you all things, how that so labouring ye ought to support the weak, and to remember the words of the Lord Jesus, how he said, It is more blessed to give than to receive.

Philippians 4:13 KJV

13 I can do all things through Christ which strengtheneth me.

Ok. Now we Know what our Work is—Let's decide its time to, Trust God make a decision and commit to it.

Christ Jesus would never have Given us this direction if He didn't Know could do it. Everything we need to Do God's Work is Given to us by God as we have need for it. That is a hard thing to grasp right now, but Trust me, I Know. God is so perfect, the directions are within the Gift, once we Open It.

Just so you know- my teacher gave me a quite a few pokes and nudges before I even began to understand what he was talking about, much less do something about it. Amazingly he Knew what I was to Do before I did. The most important thing to do right now is to get ready. ~Al Denninger

The Daily Lesson – December 9, 2025

“Good Friday: The Crucifixion of Personal Sense

Another holy day of the Easter week is Good Friday. Spiritually speaking, we do not celebrate the crucifixion of the physical form of Jesus. The lesson for us in the crucifixion of Jesus and in his resurrection on the third day is to show us the way to find life eternal. That way, the Master clearly revealed, is by means of the death of personal sense. To be resurrected from the tomb, we must *die* to our personal sense of life, because our personal sense of life is a tomb in which we lie buried. We must *die* to the belief that of our own limited selves we are something, that we have lives of our own, a mind, a soul, a way, and a will of our own. We are to die to the belief that we have possessions of our own, or any virtue, any life, any being, any harmony, or any success of our own.” ~Joel S Goldsmith

John 2:18-22 KJV

18 Then answered the Jews and said unto him, What sign shewest thou unto us, seeing that thou doest these things?

19 Jesus answered and said unto them, Destroy this temple, and in three days I will raise it up.

20 Then said the Jews, Forty and six years was this temple in building, and wilt thou rear it up in three days?

21 But he spake of the temple of his body.

22 When therefore he was risen from the dead, his disciples remembered that he had said this unto them; and they believed the scripture, and the word which Jesus had said.

1 Corinthians 6:19 KJV

19 What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?

Romans 12:1-2 KJV

1 I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

1 Corinthians 15:31 I die KJV

31 ...I die daily.

Christ Jesus kept His promise and proved that no power in this world could destroy or remove the Temple of Christ. And, when he said, “render to Caesar the things that are Caesar's, and to God the things that are God's” he was telling us that we must focus on the Truth of Being, not what this-world thinks. We are God's individual Expression—the Temple of the good, and acceptable, and the perfect will of God. Paul Knew this when he said, he dies daily. He Knew that there is no self, no thoughts, no Life and no power that is Separate from God. Be not conformed to ego. ~Al Denninger

The Daily Lesson – December 10, 2025

“Good Friday is a day in which we should contemplate and meditate upon the inner meaning of crucifixion. By going back to the Gospels, looking upon the Master as a symbol, a way shower, and reconstructing in our thought his life, ministry, crucifixion, and his resurrection, we can learn how he brought about the death of personal sense, how he avoided being overwhelmed by his problems, even when he had the serious problem of being faced with betrayal and death, and how, by refusing to consider his personal afflictions as problems, he was able to rise above all material sense in the glorious affirmation made when he stood before Pilate: ‘To this end was I born, and for this cause came I into the world,’ To him, neither life nor death was a problem.”
~Joel S Goldsmith

John 17:1-5 KJV

1 These words spake Jesus, and lifted up his eyes to heaven, and said, Father, the hour is come; glorify thy Son, that thy Son also may glorify thee:
2 As thou hast given him power over all flesh, that he should give eternal life to as many as thou hast given him.
3 And this is life eternal, that they might know thee the only true God, and Jesus Christ, whom thou hast sent.
4 I have glorified thee on the earth: I have finished the work which thou gavest me to do.
5 And now, O Father, glorify thou me with thine own self with the glory which I had with thee before the world was.

John 18:36-37 KJV

36 Jesus answered, My kingdom is not of this world: if my kingdom were of this world, then would my servants fight, that I should not be delivered to the Jews: but now is my kingdom not from hence.
37 Pilate therefore said unto him, Art thou a king then? Jesus answered, Thou sayest that I am a king. To this end was I born, and for this cause came I into the world, that I should bear witness unto the truth. Every one that is of the truth heareth my voice.

Romans 8:28 KJV

28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

2 Corinthians 5:17 KJV

17 Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.

The Christ is the Perfect Realization and Performance of the Will of God, and so the Perfect Exemplar. He is the Perfect Teacher for the Perfect Teaching. And so, when Asked by Him, do we follow, or do we coast? Follow Him and the old things pass away. ~Al Denninger

The Daily Lesson – December 11, 2025

“When Jesus seemed to be in lack at the well of Samaria, and the disciples were concerned with bringing him meat, we note that he says, ‘I have meat to eat that ye know not of’; and to the woman at the well, ‘Whosoever drinketh of this water shall thirst again: But whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life.’” ~Joel S Goldsmith

John 4:6-15 KJV

6 Now Jacob's well was there. Jesus therefore, being wearied with his journey, sat thus on the well: and it was about the sixth hour.

7 There cometh a woman of Samaria to draw water: Jesus saith unto her, Give me to drink.

8 (For his disciples were gone away unto the city to buy meat.)

9 Then saith the woman of Samaria unto him, How is it that thou, being a Jew, askest drink of me, which am a woman of Samaria? for the Jews have no dealings with the Samaritans.

10 Jesus answered and said unto her, If thou knewest the gift of God, and who it is that saith to thee, Give me to drink; thou wouldest have asked of him, and he would have given thee living water.

11 The woman saith unto him, Sir, thou hast nothing to draw with, and the well is deep: from whence then hast thou that living water?

12 Art thou greater than our father Jacob, which gave us the well, and drank thereof himself, and his children, and his cattle?

13 Jesus answered and said unto her, Whosoever drinketh of this water shall thirst again:

14 But whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life.

15 The woman saith unto him, Sir, give me this water, that I thirst not, neither come hither to draw.

Father, I know the water that I have been drinking in this world is temporary, and it's supply seems to come and go... There are moments of need and times of plenty... I crave the taste of delicious cool clear water, rich in the minerals of life, but there are also times when the water is luke-warm and tastes poorly and of low quality... It all seems so fleeting to my way of thinking... I have an inner thirst that never seems to be completely satisfied... I rest here now, alone, in secrecy and in silence, to Open an Avenue of Awareness to Realize the Pure Water of Life that is hidden deep within... Show me the Infinite Way, the Truth and the Life that I may Drink from the Source and be Satisfied... ... Speak Lord, thy servant is listening... ~Al Denninger

The Daily Lesson – December 12, 2025

“As we ponder these statements, as well as all the other teachings of Jesus in the Gospels, we come to the realization that what this man is saying in substance is, ‘I have nothing, but I have everything. I have not where to lay my head, but I have food with which to feed five thousand and twelve baskets full left over.’ He had meat the world knew not of, he had water that sprang up into life eternal.” ~Joel S Goldsmith

Matthew 8:20 KJV

20 And Jesus saith unto him, The foxes have holes, and the birds of the air have nests; but the Son of man hath not where to lay his head.

Matthew 14:14-21 KJV

14 And Jesus went forth, and saw a great multitude, and was moved with compassion toward them, and he healed their sick.

15 And when it was evening, his disciples came to him, saying, This is a desert place, and the time is now past; send the multitude away, that they may go into the villages, and buy themselves victuals.

16 But Jesus said unto them, They need not depart; give ye them to eat.

17 And they say unto him, We have here but five loaves, and two fishes.

18 He said, Bring them hither to me.

19 And he commanded the multitude to sit down on the grass, and took the five loaves, and the two fishes, and looking up to heaven, he blessed, and brake, and gave the loaves to his disciples, and the disciples to the multitude.

20 And they did all eat, and were filled: and they took up of the fragments that remained twelve baskets full.

21 And they that had eaten were about five thousand men, beside women and children.

John 4:31-32 KJV

31 In the mean while his disciples prayed him, saying, Master, eat.

32 But he said unto them, I have meat to eat that ye know not of.

This world is full of distractions that try to make us think we are limited or lacking in some way. But in Reality, as Christ Knows, all that the Father hath is thine. There can never be an expression of God in need. At the scene of the feeding of the multitude, Christ Jesus without hesitation, Looked Up and Blessed the Abundance before Him. He Knew the Omnipresence of God and passed out the loaves and fishes. Where the Spirit of the Lord is Realized, there is Meat the world does not know of. Man does not Live by bread alone. ~Al Denninger

The Daily Lesson – December 13, 2025

“This man is a monumental figure. He really had everything: He had God, the Father within, and because he had God, he could share infinity with everyone who lacked, whether it was water or wine, bread or meat, or at the final breakfast, fish. It made no difference what it was: he had it to share, yet he always reminded us that of his own self he could do nothing: ‘If I bear witness of myself, my witness is not true.... Why callest thou me good?’ ~Joel S Goldsmith

Matthew 16:13-16 KJV

13 When Jesus came into the coasts of Caesarea Philippi, he asked his disciples, saying, Whom do men say that I the Son of man am?

14 And they said, Some say that thou art John the Baptist: some, Elias; and others, Jeremias, or one of the prophets.

15 He saith unto them, But whom say ye that I am?

16 And Simon Peter answered and said, Thou art the Christ, the Son of the living God.

John 5:30,31 KJV

30 I can of mine own self do nothing: as I hear, I judge: and my judgment is just; because I seek not mine own will, but the will of the Father which hath sent me.

31 If I bear witness of myself, my witness is not true.

Luke 18:18,19 KJV

18 And a certain ruler asked him, saying, Good Master, what shall I do to inherit eternal life?

19 And Jesus said unto him, Why callest thou me good? none is good, save one, that is, God.

The Christ is the Perfect Instrument of God. Always Sharing, always Giving and always Expressing the Good of the Father that we may See. Christ is the Way-shower that Is and Was and Always will Be about the Business of the Father. Jesus was the visible Activity of Good and the embodiment of: “Thy Will be Done, in earth as it Is in Heaven”. Follow Him. ~Al Denninger

The Daily Lesson – December 14, 2025

“There we see the principle of Good Friday, the principle of the crucifixion of personal sense, a crucifixion of the belief that we of ourselves have qualities of good or quantities of good. But with that crucifixion, comes the resurrection in the realization, ‘I am nothing, but I can give you all.’ Why? Because ‘the Father that dwelleth in me, he doeth the works’”. ~Joel S Goldsmith

John 15:5 KJV

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

Galatians 2:20 KJV

20 I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me:

Philippians 4:13 KJV

13 I can do all things through Christ which strengtheneth me.

Matthew 19:26 KJV

26 But Jesus beheld them, and said unto them, With men this is impossible; but with God all things are possible.

John 14:10 KJV

10 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works.

When I take no thought I have no conscious awareness of self—my self is no more. But I can clearly Hear, See and Feel that which I Am—not with the self, but with the Christ that Liveth in Me.

Oh, how I Love to Dwell in the Secret Place of the Most High... The branch is One with the Vine. He Doeth the Work and I follow. ~Al Denninger

The Daily Lesson – December 15, 2025

“Instead of thinking of Good Friday as another holy day to be commemorated, what we should realize is that here is a day for the contemplation of another spiritual principle of life: the principle of self-abnegation, in which, when we have brought to light the nothingness of our human selfhood, then is revealed the allness, immortality, and eternity of our being because I and the Father are one, and all that the Father has is mine.” ~Joel S Goldsmith

Luke 9:23-24 KJV

23 And he said to them all, If any man will come after me, let him deny himself, and take up his cross daily, and follow me.

24 For whosoever will save his life shall lose it: but whosoever will lose his life for my sake, the same shall save it.

Romans 12:1-2 KJV

1 I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Proverbs 22:17-21 KJV

17 Bow down thine ear, and hear the words of the wise, and apply thine heart unto my knowledge.

18 For it is a pleasant thing if thou keep them within thee; they shall withal be fitted in thy lips.

19 That thy trust may be in the Lord, I have made known to thee this day, even to thee.

20 Have not I written to thee excellent things in counsels and knowledge,

21 That I might make thee know the certainty of the words of truth; that thou mightest answer the words of truth to them that send unto thee?

John 8:32 KJV

32 And ye shall know the truth, and the truth shall make you free.

Father, when I remove my shoes and stand on Your Holy Ground, I recognize Your Omnipresence, which dissolves any thoughts I have for myself... I can do nothing without You... Your Spirit within Does Your Good Work through me... Truth is Freedom—lies are nothing....
~Al Denninger

The Daily Lesson – December 16, 2025

“Easter: The Rising Above All Material Ties

That brings us to the Resurrection when, after having died to personal sense and having entombed that false sense of self, our true Self rises out of that tomb of the little self and walks this earth free: free and infinite, immortal and eternal, full of God-being. That is our Easter, our day of ascension, and we find that in our self-renunciation, as in our humility, we have stepped out of a tomb. We are walking the earth now, not full of personal possessions or personal virtues, but filled with the Holy Ghost, the Spirit of the Lord God Almighty which is upon us, and then, we are ordained. Now that material sense has been thoroughly quenched, our real nature, our real being, can come to light.” ~Joel S Goldsmith

Colossians 3:2 KJV

2 Set your affection on things above, not on things on the earth.

Matthew 6:19-21 KJV

19 Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal:

20 But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal:

21 For where your treasure is, there will your heart be also.

1 John 2:15-17 KJV

15 Love not the world, neither the things that are in the world. If any man love the world, the love of the Father is not in him.

16 For all that is in the world, the lust of the flesh, and the lust of the eyes, and the pride of life, is not of the Father, but is of the world.

17 And the world passeth away, and the lust thereof: but he that doeth the will of God abideth for ever.

As we fully focus on and Love the Things Above, we loose all touch with our personal sense of this-world. Our purpose is now the Living servant of God and the teller of Truth. Look Up! ~Al Denninger

The Daily Lesson – December 17, 2025

“Paul envisioned this when he revealed to us the two men that we are, each one of us a dual being. We were born the man of earth, and that is what we remain until the crucifixion. That is what we remain as long as we are in the business of glorifying and building up self. But Paul tells us of that other Self which we are, that man who has his being in Christ, that spiritual man or divine Self. That is the man you and I are when we can say, ‘I can do all things through Christ.’ Those are the magic words: ‘I can do all things through Christ, through the Spirit of God in me, through the presence of the Father within me.’” ~Joel S Goldsmith

1 Corinthians 15:45-49 KJV

45 And so it is written, The first man Adam was made a living soul; the last Adam was made a quickening spirit.

46 Howbeit that was not first which is spiritual, but that which is natural; and afterward that which is spiritual.

47 The first man is of the earth, earthy; the second man is the Lord from heaven.

48 As is the earthy, such are they also that are earthy: and as is the heavenly, such are they also that are heavenly.

49 And as we have borne the image of the earthy, we shall also bear the image of the heavenly.

Romans 8:5-9 KJV

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

6 For to be carnally minded is death; but to be spiritually minded is life and peace.

7 Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be.

8 So then they that are in the flesh cannot please God.

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

Philippians 4:13 KJV

13 I can do all things through Christ which strengtheneth me.

As long as I am stuck in the mindset of the material world of Adam, I am not Recognizing the Christ, and therefore will not be Lifted by Christ. If so be I Dwell in the Spirit I will benefit from all God's Power and Abundance. Thank you Father. ~Al Denninger

The Daily Lesson – December 18, 2025

“Such a person is no more the man of earth. He is no more the man who claims that he is wise, holy, or spiritual. No, that man has been thoroughly crucified, and now we behold a man who recognizes, ‘By the grace of God, I can do anything—I can do all things through Christ.’” ~Joel S Goldsmith

Philippians 3:14-15 KJV

14 I press toward the mark for the prize of the high calling of God in Christ Jesus.

15 Let us therefore, as many as be perfect, be thus minded: and if in any thing ye be otherwise minded, God shall reveal even this unto you.

Ephesians 2:8-10 KJV

8 For by grace are ye saved through faith; and that not of yourselves: it is the gift of God:

9 Not of works, lest any man should boast.

10 For we are his workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them.

Galatians 2:20 KJV

20 I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me.

Philippians 4:13 KJV

13 I can do all things through Christ which strengtheneth me.

Father, I press toward the Mark... On Thee I wait in surrender and silence... Show me the Way... Strengthen me to do thy Work... Thy will be done, through Christ... ~Al Denninger

The Daily Lesson – December 19, 2025

“Saul of Tarsus was thoroughly crucified. He not only went blind on the road to Damascus; he ‘died.’ And out of that tomb stepped Paul, no longer Saul of Tarsus, but Paul: Paul, a man who had his being in Christ and who now lived by the grace of God, a man who traveled not only the Holy Lands, but Rome and Greece, wherever he would, by the grace of God, a man who set up seven churches and found that those seven churches could not support him or his missionary work, but they, looking to him, found that he could support all seven churches.” ~Joel S Goldsmith

Acts 9: KJV

1 And Saul, yet breathing out threatenings and slaughter against the disciples of the Lord, went unto the high priest,

2 And desired of him letters to Damascus to the synagogues, that if he found any of this way, whether they were men or women, he might bring them bound unto Jerusalem.

3 And as he journeyed, he came near Damascus: and suddenly there shined round about him a light from heaven:

4 And he fell to the earth, and heard a voice saying unto him, Saul, Saul, why persecutest thou me?

5 And he said, Who art thou, Lord? And the Lord said, I am Jesus whom thou persecutest: it is hard for thee to kick against the pricks.

6 And he trembling and astonished said, Lord, what wilt thou have me to do? And the Lord said unto him, Arise, and go into the city, and it shall be told thee what thou must do.

7 And the men which journeyed with him stood speechless, hearing a voice, but seeing no man.

8 And Saul arose from the earth; and when his eyes were opened, he saw no man: but they led him by the hand, and brought him into Damascus.

9 And he was three days without sight, and neither did eat nor drink.

10 And there was a certain disciple at Damascus, named Ananias; and to him said the Lord in a vision, Ananias. And he said, Behold, I am here, Lord.

11 And the Lord said unto him, Arise, and go into the street which is called Straight, and enquire in the house of Judas for one called Saul, of Tarsus: for, behold, he prayeth,

12 And hath seen in a vision a man named Ananias coming in, and putting his hand on him, that he might receive his sight.

13 Then Ananias answered, Lord, I have heard by many of this man, how much evil he hath done to thy saints at Jerusalem:

14 And here he hath authority from the chief priests to bind all that call on thy name.

15 But the Lord said unto him, Go thy way: for he is a chosen vessel unto me, to bear my name before the Gentiles, and kings, and the children of Israel:

16 For I will shew him how great things he must suffer for my name's sake.

17 And Ananias went his way, and entered into the house; and putting his hands on him said, Brother Saul, the Lord, even Jesus, that appeared unto thee in the way as thou camest, hath sent me, that thou mightest receive thy sight, and be filled with the Holy Ghost.

18 And immediately there fell from his eyes as it had been scales: and he received sight forthwith, and arose, and was baptized.

19 And when he had received meat, he was strengthened. Then was Saul certain days with the disciples which were at Damascus.

20 And straightway he preached Christ in the synagogues, that he is the Son of God.

In Acts 9, Saul/Paul was crucified of his former life, he then surrendered, and was healed by the Spirit of God that Raised him from the dead-to-Christ to do the Works of Christ. He was Changed from a persecutor of Jesus' Disciples to a Trusted and venerated Disciple of Christ.

He became a preacher and organizer of many churches of Christ. He was called to be an Instrument of God. ~Al Denninger

The Daily Lesson – December 20, 2025

“By virtue of what? He had no gold mines or oil wells, but he had the grace of God; he had his being in Christ, he knew that ‘I live; yet not I, but Christ liveth in me.’ Therefore, he could relax and let this spirit of divine sonship be his bread, his meat, wine, water, and his resurrection and life eternal. When the transition has been made from that man of earth to that man who has his being in Christ, then we find the readiness for the ascension, the ascension which is a rising above every material tie.” ~Joel S Goldsmith

Matthew 6:19-21 KJV

19 Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal:

20 But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal:

21 For where your treasure is, there will your heart be also.

1 Timothy 6:17-19 KJV

17 Charge them that are rich in this world, that they be not highminded, nor trust in uncertain riches, but in the living God, who giveth us richly all things to enjoy;

18 That they do good, that they be rich in good works, ready to distribute, willing to communicate;

19 Laying up in store for themselves a good foundation against the time to come, that they may lay hold on eternal life.

Galatians 2:20 KJV

20 I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me.

2 Corinthians 3:18 KJV

18 But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.

Trying to improve the images of this-world leads us into distraction. Seek ye first the Kingdom of God and Live in Righteousness forever. Have your Being in Christ. ~Al Denninger

The Daily Lesson – December 21, 2025

“There is an indication of that in the passage that is in the beginning of every Infinite Way book and booklet: ‘Illumination dissolves all material ties and binds men together with the golden chains of spiritual understanding.’ We do not have to be blood brothers and blood sisters; we do not even have to be brothers or sisters through nationality, or religious brothers and sisters, for we have a holier tie than any human relationship that has ever been conceived. There is a spiritual tie that unites us because we have risen above the belief that we have to be members of one particular human family, racial, religious, or national, in order to be united in a fellowship of love and understanding.” ~Joel S Goldsmith

“Illumination dissolves all material ties and binds men together with the golden chains of spiritual understanding; it acknowledges only the leadership of the Christ; it has no ritual or rule but the divine, impersonal universal Love; no other worship than the inner Flame that is ever lit at the shrine of Spirit. This union is the free state of spiritual brotherhood. The only restraint is the discipline of Soul; therefore, we know liberty without license; we are a united universe without physical limits, a divine service to God without ceremony or creed. The illumined walk without fear—by Grace” ~From “The Infinite Way” by Joel S. Goldsmith

Psalms 127 (to :) KJV

1 Except the Lord build the house, they labour in vain that build it:

John 13:34 KJV

34 A new commandment I give unto you, That ye love one another; as I have loved you, that ye also love one another.

Ephesians 4:4-6 KJV

4 There is one body, and one Spirit, even as ye are called in one hope of your calling;

5 One Lord, one faith, one baptism,

6 One God and Father of all, who is above all, and through all, and in you all.

We are that unusual group of students and disciples that Seek the Kingdom of God first. We learn to Be still and Feel the Infinite unconditional Love of God. Not to ask for anything, or for any other reason but to just Love God, with no ritual or rules. We just Love to sit at His Feet and Be... Spiritual Discernment and Freedom are Gifted Secretly in the Silence.

When we Feel this Love we must Love every other individual Expression of God with the same commitment and fervor as we are all one in body and One in Spirit. When we Dwell in the Secret Place of the Most High we Know that God is the Vine and we are the branches—there can't be one without the other—because Omnipresence tells us that there can be no other. There is One Father, through All and within us All. Our Spiritual Tie is Love. Be Love Loving.
~Al Denninger

The Daily Lesson – December 22, 2025

“For many years in the Infinite Way we have demonstrated that spiritually we really are of one household. All of you who have been a part of this work since the early days and in the years that have followed have seen in actual practice the most beautiful relationship that can be manifested on this earth, and that without a single tie of human relationship.” ~Joel S Goldsmith

1 John 4:8 KJV

8 He that loveth not knoweth not God; for God is love.

John 4:24 KJV

24 God is a Spirit: and they that worship him must worship him in spirit and in truth.

Ephesians 3:16-19 KJV

16 That he would grant you, according to the riches of his glory, to be strengthened with might by his Spirit in the inner man;

17 That Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love,

18 May be able to comprehend with all saints what is the breadth, and length, and depth, and height;

19 And to know the love of Christ, which passeth knowledge, that ye might be filled with all the fulness of God.

Romans 8:14-17 KJV

14 For as many as are led by the Spirit of God, they are the sons of God.

15 For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father.

16 The Spirit itself beareth witness with our spirit, that we are the children of God:

17 And if children, then heirs; heirs of God, and joint-heirs with Christ; if so be that we suffer with him, that we may be also glorified together.

God's Love is impersonal and It Freely Flows in Spirit to Spirit and from Soul to Soul. When we are Led by the Spirit we bear witness to the Divine Flow. As God's Individual Expressions, His children and heirs, we are embodied in all that The Father hath in One House, Indivisible and Free. The Way is Infinite, beyond words and thoughts. ~Al Denninger

The Daily Lesson – December 23, 2025

“With this in mind, do you not see that in the ascension we break every material law and find that man has his being in Christ? The spiritual son is fed from that same spiritual source from which our relationship has been fed and which has maintained us in this relationship through these years. There is no limit to the spiritual demonstration that we can make, except such limitation as we bring upon ourselves by not thoroughly crucifying that personal sense of self.”
~Joel S Goldsmith

2 Corinthians 5:8 KJV

8 We are confident, I say, and willing rather to be absent from the body, and to be present with the Lord.

Acts 17:28 (to ;) KJV

28 For in him we live, and move, and have our being;

John 15:5 KJV

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

Colossians 3:1-4 KJV

1 If ye then be risen with Christ, seek those things which are above, where Christ sitteth on the right hand of God.

2 Set your affection on things above, not on things on the earth.

3 For ye are dead, and your life is hid with Christ in God.

4 When Christ, who is our life, shall appear, then shall ye also appear with him in glory.

John 14:12 KJV

12 Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father.

Luke 9:23 KJV

23 And he said to them all, If any man will come after me, let him deny himself, and take up his cross daily, and follow me.

This-world's only view is finite looking outward at life and seeking Freedom. Christ Consciousness is the inward Infinite view of Life that is already Free. Life is a Gift from the Source of all Being, always looking Upward, Seeing and Experiencing the Truth. Leave your nets and follow Christ. ~Al Denninger

The Daily Lesson – December 24, 2025

“The Esoteric Meaning of Exoteric Teachings

A spiritual teaching penetrates beneath every human symbol to its spiritual meaning. So whether it is a holiday or holy day, whether it is a relationship, a business, or a government, behind every one of these activities there is a spiritual principle involved, and when that principle is understood and applied in daily life, we are living the mystical or spiritual life, the life that the Master showed us how to live.” ~Joel S Goldsmith

2 Corinthians 3:3-6 KJV

3 Forasmuch as ye are manifestly declared to be the epistle of Christ ministered by us, written not with ink, but with the Spirit of the living God; not in tables of stone, but in fleshy tables of the heart.

4 And such trust have we through Christ to God-ward:

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

6 Who also hath made us able ministers of the new testament; not of the letter, but of the spirit: for the letter killeth, but the spirit giveth life.

Matthew 6:33 (to :) KJV

33 But seek ye first the kingdom of God, and his righteousness;

2 Corinthians 3:12-18 KJV

12 Seeing then that we have such hope, we use great plainness of speech:

13 And not as Moses, which put a veil over his face, that the children of Israel could not stedfastly look to the end of that which is abolished:

14 But their minds were blinded: for until this day remaineth the same veil untaken away in the reading of the old testament; which veil is done away in Christ.

15 But even unto this day, when Moses is read, the veil is upon their heart.

16 Nevertheless when it shall turn to the Lord, the vail shall be taken away.

17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

18 But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.

John 8:32 KJV

32 And ye shall know the truth, and the truth shall make you free.

Jesus' teaching transformed the church from a great book of laws and rituals for mankind to follow to a Beholding and Practice of a Spiritual Life without limits—beyond words and thoughts. God alone is the Source of all of our Good. Stay focused on the Spiritual Presence behind our every Experience. As we Know the Truth, we Experience It. ~Al Denninger

The Daily Lesson – December 25, 2025

“Jesus had no hesitancy in urging his disciples to take no thought for what they should eat or what they should drink.

He hesitated not one bit in telling his disciples to set forth on their journey without purse or scrip. From the human standpoint he was not at all practical, yet he is our way-shower and, strangely enough, we shall find if we obey his teachings, that it is very practical to go without purse and without scrip and without taking thought for how anything will be met, because there is an Infinite Invisible. Jesus called It the Father within; Paul called It the Christ, that Something which is and becomes tangibly visible as the bread, water, and wine, the safety, security, and the peace. Spiritual teachings go far beyond merely assuring us of food and clothing and housing.”
~Joel S Goldsmith

Matthew 6:31-33 KJV

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Matthew 10:7-11 KJV

7 And as ye go, preach, saying, The kingdom of heaven is at hand.

8 Heal the sick, cleanse the lepers, raise the dead, cast out devils: freely ye have received, freely give.

9 Provide neither gold, nor silver, nor brass in your purses,

10 Nor scrip for your journey, neither two coats, neither shoes, nor yet staves: for the workman is worthy of his meat.

11 And into whatsoever city or town ye shall enter, enquire who in it is worthy; and there abide till ye go thence.

Luke 15:31 KJV

31 And he said unto him, Son, thou art ever with me, and all that I have is thine.

Philippians 4:19 KJV

19 But my God shall supply all your need according to his riches in glory by Christ Jesus.

Take no thought for the baubles of this-world. The Kingdom of God is at hand—it always was—and always will Be. The Father already Knows what you need—and those Righteous things will be Given you. “Thy Will be Done, in earth as it Is in Heaven.” ~Al Denninger

The Daily Lesson – December 26, 2025

“If we were to consider the subject of safety and security, we would immediately, in all probability, begin thinking in terms of some tangible kind of protection, which might take the form of a bombproof shelter, a bulletproof vest, or a gas mask. Yet these are not necessary, although at times they may be provided, even though no one has to take thought for them or be concerned about them because Scripture reveals that God is a fortress, a high tower, a hiding place, and an abiding place. God is a rock.” ~Joel S Goldsmith

Psalms 23:1-6 KJV

- 1 The Lord is my shepherd; I shall not want.
- 2 He maketh me to lie down in green pastures: he leadeth me beside the still waters.
- 3 He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.
- 4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.
- 5 Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.
- 6 Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.

Psalms 18:1-2 KJV

- 1 I will love thee, O Lord, my strength.
- 2 The Lord is my rock, and my fortress, and my deliverer; my God, my strength, in whom I will trust; my buckler, and the horn of my salvation, and my high tower.

Psalms 91:1 KJV

- 1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

As we Dwell in the Secret Place of the Most High we are Led by Our Father—our Shepherd. He will not go anywhere without us nor can we go anywhere without Him. He is our Source, our Protector, our Supplier, our Strength and Salvation. The lies in valley of the shadow of death can cause us no harm. Why? Because they are appearances. When? If so be we Dwell with Our Father He will lead us on the paths of Righteousness. Take no thought about lies—they are nothing. ~Al Denninger

The Daily Lesson – December 27, 2025

“When we begin to understand this from a spiritual standpoint, we shall know that it is literally true: not that God provides a rock or a high tower, or a fortress, but that God is Himself the safety, and therefore, those who live and move and have their being in God need take no thought for any material form of protection. This is important to every one of us because from every side there are threatening dangers: infection, contagion, accident, wars, bombs, and a thousand other things. But none of these can come nigh our dwelling place, if our thought is not on physical safety and security, but is held steadfastly to the realization of God as the temple in which we live, the hiding place, the fortress, and the rock.” ~Joel S Goldsmith

John 4:24 KJV

24 God is a Spirit: and they that worship him must worship him in spirit and in truth.

1 Corinthians 3:1-2 & 16-21 KJV

1 And I, brethren, could not speak unto you as unto spiritual, but as unto carnal, even as unto babes in Christ.

2 I have fed you with milk, and not with meat: for hitherto ye were not able to bear it, neither yet now are ye able.

16 Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?

17 If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which temple ye are.

18 Let no man deceive himself. If any man among you seemeth to be wise in this world, let him become a fool, that he may be wise.

19 For the wisdom of this world is foolishness with God. For it is written, He taketh the wise in their own craftiness.

20 And again, The Lord knoweth the thoughts of the wise, that they are vain.

21 Therefore let no man glory in men. For all things are your's;

Psalms 91:9-10 KJV

9 Because thou hast made the Lord, which is my refuge, even the most High, thy habitation;

10 There shall no evil befall thee, neither shall any plague come nigh thy dwelling.

Matthew 6:31-33 KJV

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Where the Spirit of the Lord is Realized is the Consciousness of Christ. The Truth sets us Free. It is there that the Presence of I Am Is. ~Al Denninger

The Daily Lesson – December 28, 2025

“This is the esoteric meaning of exoteric teaching. In other words, what is plainly set forth for all to read in the scriptures of all peoples of the world are *exoteric* teachings, but each one of these has an *esoteric* meaning, that is, the outer teachings all have inner or hidden meanings. For example, to go through the ritual of a communion service may provide a measure of satisfaction to many communicants, but this is not the real importance of that ritual. The experience of communion takes place within one's Self when the true meaning of being fed the bread or the wine of communion is realized and understood. The real communion is the understanding of the meaning of being fed spiritually, of being fed by *I*: *I* am the bread of life, *I* am the water, *I* am the blood; *I* am the resurrection; *I* am life eternal. When we understand that, then either the outer communion takes on greater meaning, or it becomes meaningless because now we have that which is greater than the outer form: we have the inner realization.” ~Joel S Goldsmith

Matthew 16:13-19 KJV

13 When Jesus came into the coasts of Caesarea Philippi, he asked his disciples, saying, Whom do men say that I the Son of man am?

14 And they said, Some say that thou art John the Baptist: some, Elias; and others, Jeremias, or one of the prophets.

15 He saith unto them, But whom say ye that I am?

16 And Simon Peter answered and said, Thou art the Christ, the Son of the living God.

17 And Jesus answered and said unto him, Blessed art thou, Simon Barjona: for flesh and blood hath not revealed it unto thee, but my Father which is in heaven.

18 And I say also unto thee, That thou art Peter, and upon this rock I will build my church; and the gates of hell shall not prevail against it.

19 And I will give unto thee the keys of the kingdom of heaven: and whatsoever thou shalt bind on earth shall be bound in heaven: and whatsoever thou shalt loose on earth shall be loosed in heaven.

John 6:63 KJV

63 It is the spirit that quickeneth; the flesh profiteth nothing: the words that I speak unto you, they are spirit, and they are life.

The keys to Heaven is that He is the Living Christ of the Living God; the Living Consciousness of Christ; the *I* that Christ *Is*, the Living Life of *I* Am; the Living and Perfect Expression of God. We shall all be Taught by God, that is where the Truth Comes from. Look for the Spiritual interpretation of Scripture in between the lines. The “*I*” Consciousness, or Christ Consciousness is the inner Realization that Comes from God. May we Be still and Open our Spiritual Eyes to See the Christ that our this-world eyes can't see. ~Al Denninger

The Daily Lesson – December 29, 2025

“As you read Scripture, do not read page after page. Read only a small portion at a time, whether the passage is one sentence or whether it is an entire story, such as the experience of Elijah being fed in the wilderness, or Moses' experience in leading the Hebrews out of slavery and carrying them through the wilderness, or some one or another particular phase of Jesus ministry. Then meditate and contemplate, asking for inner light on the esoteric meaning of those passages. Only trust, and it will be given to you.” ~Joel S Goldsmith

Proverbs 2:1-6 KJV

- 1 My son, if thou wilt receive my words, and hide my commandments with thee;
- 2 So that thou incline thine ear unto wisdom, and apply thine heart to understanding;
- 3 Yea, if thou criest after knowledge, and liftest up thy voice for understanding;
- 4 If thou seekest her as silver, and searchest for her as for hid treasures;
- 5 Then shalt thou understand the fear of the Lord, and find the knowledge of God.
- 6 For the Lord giveth wisdom: out of his mouth cometh knowledge and understanding.

2 Peter 1:20-21 KJV

- 20 Knowing this first, that no prophecy of the scripture is of any private interpretation.
- 21 For the prophecy came not in old time by the will of man: but holy men of God spake as they were moved by the Holy Ghost.

Matthew 6:33 KJV

- 33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

John 4:24 KJV

- 24 God is a Spirit: and they that worship him must worship him in spirit and in truth.

John 6:63 (to :) KJV

- 63 It is the spirit that quickeneth; the flesh profiteth nothing:

After all the years of writing the message of “The Daily Lesson” I find it hard to read scripture or Inspired Writings in any kind of bulk. I usually can't make it through a part of a sentence without stopping and taking it within for a while. The answer is not at the end of the paragraph or the end of the book like in a mystery novel. The answer is within the Experience of pondering and Meditation. It Comes from God in the moment we can Hear it—and it Comes as the exact Word we need to Hear—and in a Way that we can use It today. Tomorrow, even if we reread the same passage, there will be something else we Need to Know. Righteousness Comes in Spirit, to Spirit. ~Al Denninger

The Daily Lesson – December 30, 2025

“To illustrate that point, I recall the many, many years that I could not understand the 91st Psalm. It did not make sense to me when it promised that none of these things would come nigh my dwelling place because they did come nigh my dwelling place, and what is more, I saw them come nigh the dwelling place of all my friends and relatives, too, as well as all the other people that I met in the world. When the time came that I understood all Scripture as having an inner meaning, I prayed, ‘What is the inner meaning of this much loved Psalm? What does it mean?’”
~Joel S Goldsmith

James 1:5-8 KJV

5 If any of you lack wisdom, let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall be given him.

6 But let him ask in faith, nothing wavering. For he that wavereth is like a wave of the sea driven with the wind and tossed.

7 For let not that man think that he shall receive any thing of the Lord.

8 A double minded man is unstable in all his ways.

Matthew 7:7-8 KJV

7 Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you:

8 For every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened.

Jeremiah 33:3 KJV

3 Call unto me, and I will answer thee, and show thee great and mighty things, which thou knowest not.

Psalm 25:4-5 KJV

4 Shew me thy ways, O Lord; teach me thy paths.

5 Lead me in thy truth, and teach me: for thou art the God of my salvation; on thee do I wait all the day.

The act of asking God for understanding is not a casual inquiry. We should not give up when we don't hear the answer we expect. There is a full commitment involved on our part. We must surrender all, and commit to an unconditional waiting... The answer may Come, but we don't understand that it is likely beyond words and thoughts, so we don't recognize it and think we have failed. The Comforter may Come as a Feeling of: "I Am with you now"—but we are expecting a direct answer to a human this-world question or problem. After all, the answer: "I Am with you now", is the most wonderful thing to ever Know. We are in the Presence of Perfect Love, and if so, what harm could come nigh our dwelling place. All Good is possible.

From my experience, I rarely receive a direct answer as such. But I always wait until I *Feel* a Loving Assurance of Peace. We must choose to Dwell in Spirit, enter into our secret place, and Open an Avenue of Awareness to Spiritual Consciousness, without conditions. We must come to the end of all of our ideas and questions and wait in stillness, in infinite patience and confident faithful assurance and wait—as long as it takes. We are not waiting for God to be Present and answer, we are waiting for us to understand and open the Door. The Truth is always the Truth—but do we have Ears to Hear? We will all be Taught of God, but we have to learn to Recognize the Presence of the Truth Experience. If we come away from a meditative state in an upbeat, warm or joyful Knowing we are on the right track... Continue on... ~Al Denninger

The Daily Lesson – December 31, 2025

“Then one day, as if in great big electric lights, the first verse stood out: ‘He that *dwelleth* in the secret place of the most High shall abide under the shadow of the Almighty.’ It does not promise immunity to every body. It promises immunity to those that dwell ‘in the secret place of the most High.’ No one is safe from the snare or from the pit until inwardly he can make this agreement:

I am not living in a material world of time and space. I live and move and have my being in God: I am that man who has his being in Christ. I live with God; I walk with God; I hold my mind steadfast in God; I acknowledge Him in all my ways. In quietness and in confidence, I rest in the assurance of God's presence: God in me, and I in God.” ~Joel S Goldsmith

Psalms 91:1

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

Romans 8:5&9 KJV

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

Zechariah 4:6 KJV

6 Then he answered and spake unto me, saying, This is the word of the Lord unto Zerubbabel, saying, Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Proverbs 3:5-6 KJV

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

John 14:17 KJV

17 Even the Spirit of truth; whom the world cannot receive, because it seeth him not, neither knoweth him: but ye know him; for he dwelleth with you, and shall be in you.

Acts 17:28 (to ;) KJV

28 For in him we live, and move, and have our being;

If we acknowledge this world as power we are subject to this-world's distractions—and if so be we are distracted we don't yet Know the Truth. We must leave behind the thought that we of our own selves have any power, and Trust God enough to Consciously Dwell in His Kingdom. And so, Be still and Know that / Am God, and we will Live and Move and have our Being in Christ. If so Be the Spirit of Truth Dwells in us what more can we want or need? Awake thou that sleepest and Know... ~Al Denninger

The Daily Lesson – January 1, 2026

“With that in your mind, day in and day out, you are abiding in the Word and letting the Word abide in you, and you will bear fruit richly. No one has the right to feel safe or secure in this world, unless he is living in that Word and letting that Word abide in him, unless he is living and moving and having his being in God-realization, acknowledging God in all his ways, in short, unless he is releasing his life into God.” ~Joel S Goldsmith

John 8:31-32 KJV

31 Then said Jesus to those Jews which believed on him, If ye continue in my word, then are ye my disciples indeed;

32 And ye shall know the truth, and the truth shall make you free.

1 John 3:24 KJV

24 And he that keepeth his commandments dwelleth in him, and he in him. And hereby we know that he abideth in us, by the Spirit which he hath given us.

Proverbs 3:6 KJV

6 In all thy ways acknowledge him, and he shall direct thy paths.

Matthew 16:24-25 KJV

24 Then said Jesus unto his disciples, If any man will come after me, let him deny himself, and take up his cross, and follow me.

25 For whosoever will save his life shall lose it: and whosoever will lose his life for my sake shall find it.

How do we Know that we are Abiding? Not by our own thoughts—but by the Spirit that He has Given us. At the point of Realizing the Truth, we Live by Way of Spirit because Christ Liveth our Life. And so, we can wholeheartedly acknowledge that there is One Life Infinitely Expressed As. God Is. ~Al Denninger

The Daily Lesson – January 2, 2026

“Do you see why the Master said, ‘Strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it?’ The world hopes that by going to church on Sunday it can enter into God’s grace, but Scripture is very clear about that when it reminds us, ‘Thou wilt keep him in perfect peace, whose mind is stayed on thee. In all thy ways acknowledge him, and he shall direct thy paths. Abide in me, and I in you.’ Dwell, live, move, and have your being in the ‘secret place of the most High.’ Then you are not of the earth, earthy. Then you are abiding in God, in Spirit where the human mind and its activities cannot reach you, where the laws of matter do not function, and you find yourself free.” Joel S Goldsmith

Matthew 7:13-14 KJV

13 Enter ye in at the strait gate: for wide is the gate, and broad is the way, that leadeth to destruction, and many there be which go in thereat:

14 Because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it.

Isaiah 26:2-3 KJV

2 Open ye the gates, that the righteous nation which keepeth the truth may enter in.

3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

Proverbs 3:6 KJV

6 In all thy ways acknowledge him, and he shall direct thy paths.

Acts 17:28 (to ;) KJV

28 For in him we live, and move, and have our being;

Psalms 91:1

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

Psalms 23:6 KJV

6 Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.

I remember from my Sunday school days, the church my family attended defined Church as: “the structure of Truth and Love”. I always Knew that was right, and so it never left me. While the form of many modern church services is generally to be entertained and inspired by emotion, there is an Inspired further step if we so choose. We must diligently Entertain Within our Heart a Present Consciousness of Truth and Love in all that we do—and stay there in All our Ways. As we do, we will most certainly Dwell in the Secret Place of the Most High House of the Lord forever. My this-world journey admittedly has had many distractions over the years, not because I wanted to stumble, but every single time I erred I was distracted because I lost my sharp Focus on God. Strive with me to be one of the few there be that Enter. ~Al Denninger

The Daily Lesson – January 3, 2026

“You will not, however, find yourself instantly one hundred percent free. There are still periods of sickness and even periods of lack, or periods of temptation to sin, and maybe even some falling by the wayside and some sinning. Everyone stumbles: some physically, some mentally, some morally, some financially. The sin is not to stumble, but to stumble and never rise again. To pick one's self up after a fall and begin all over again is the spiritual way, a way for which the Master provided when he reminded us to forgive unto seventy times seven. And if we are supposed to forgive seventy times seven, surely the heavenly Father forgives seven thousand times seventy times-without limit.” Joel S Goldsmith

Luke 15:11-32 KJV

11 And he said, A certain man had two sons:

12 And the younger of them said to his father, Father, give me the portion of goods that falleth to me. And he divided unto them his living.

13 And not many days after the younger son gathered all together, and took his journey into a far country, and there wasted his substance with riotous living.

14 And when he had spent all, there arose a mighty famine in that land; and he began to be in want.

15 And he went and joined himself to a citizen of that country; and he sent him into his fields to feed swine.

16 And he would fain have filled his belly with the husks that the swine did eat: and no man gave unto him.

17 And when he came to himself, he said, How many hired servants of my father's have bread enough and to spare, and I perish with hunger!

18 I will arise and go to my father, and will say unto him, Father, I have sinned against heaven, and before thee,

19 And am no more worthy to be called thy son: make me as one of thy hired servants.

20 And he arose, and came to his father. But when he was yet a great way off, his father saw him, and had compassion, and ran, and fell on his neck, and kissed him.

21 And the son said unto him, Father, I have sinned against heaven, and in thy sight, and am no more worthy to be called thy son.

22 But the father said to his servants, Bring forth the best robe, and put it on him; and put a ring on his hand, and shoes on his feet:

23 And bring hither the fatted calf, and kill it; and let us eat, and be merry:

24 For this my son was dead, and is alive again; he was lost, and is found. And they began to be merry.

25 Now his elder son was in the field: and as he came and drew nigh to the house, he heard musick and dancing.

26 And he called one of the servants, and asked what these things meant.

27 And he said unto him, Thy brother is come; and thy father hath killed the fatted calf, because he hath received him safe and sound.

28 And he was angry, and would not go in: therefore came his father out, and intreated him.

29 And he answering said to his father, Lo, these many years do I serve thee, neither transgressed I at any time thy commandment: and yet thou never gavest me a kid, that I might make merry with my friends:

30 But as soon as this thy son was come, which hath devoured thy living with harlots, thou hast killed for him the fatted calf.

31 And he said unto him, Son, thou art ever with me, and all that I have is thine.

32 It was meet that we should make merry, and be glad: for this thy brother was dead, and is alive again; and was lost, and is found.

The Father always Loves all of His children unconditionally. No matter how we stumble, all are welcome in the Fathers House, always. When we Awake and return Home from a distraction we will be forgiven and Loved as always—as if nothing ever happened. You see, the Father's Love and Abundance is Infinite, and all that the Father hath is always Present. He Knows no lack.

Sin is a sense of separation from God the Father. An erring child must repent, surrender and acknowledge the Father's Love and abundance, but they must also forgive themselves as the Father does—unconditionally. Without complete forgiveness and gratitude there will be no yielding of appearances and no healing. Never accept a lie even if the serpent is very convincing. ~Al Denninger

The Daily Lesson – January 4, 2026

“If overnight you do not find yourself in that land of milk and honey, remember that it took Moses forty years to get there. It took Elijah quite a long time before he found the seven thousand who had not bowed their knees to Baal and who were saved out for him. It took Jesus three years to fulfill his spiritual ministry, and even then he had to encounter actual death before he could experience Resurrection and Ascension.” Joel S Goldsmith

Deuteronomy 8:2-3 KJV

2 And thou shalt remember all the way which the Lord thy God led thee these forty years in the wilderness, to humble thee, and to prove thee, to know what was in thine heart, whether thou wouldest keep his commandments, or no.

3 And he humbled thee, and suffered thee to hunger, and fed thee with manna, which thou knewest not, neither did thy fathers know; that he might make thee know that man doth not live by bread only, but by every word that proceedeth out of the mouth of the Lord doth man live.

John 6:63 KJV

63 It is the spirit that quickeneth; the flesh profiteth nothing: the words that I speak unto you, they are spirit, and they are life.

Our journey may have appearances of dangers, difficulties and time, but what of it? The experiences in the flesh profiteth nothing, it is the Experiences in Spirit that Quickeneth and brings a Life of God. Look Up and ye shall See with Eyes to See. ~Al Denninger

The Daily Lesson – January 5, 2026

“So do not be surprised or disappointed if you fall down or fail many times. Everyone who has been this way before you has done the same. There are no great spiritual lights who have not come up through trials and tribulations of one sort or another, and probably those who have the greatest love in their hearts, those who have the greatest spiritual gifts of all, are those who have most deeply experienced failure and, therefore, know what it means to walk with us in our failures. Those who have risen highest and can still look down to where they were are the ones who help us the most on the way. Those who do not understand forgiveness do not understand love, and those who do not understand love do not understand the Spirit of the Lord God Almighty.” Joel S Goldsmith

Proverbs 24:16 ESV

16 For the righteous falls seven times and rises again, but the wicked stumble in times of calamity.

James 1:2-4 KJV

2 My brethren, count it all joy when ye fall into divers temptations;

3 Knowing this, that the trying of your faith worketh patience.

4 But let patience have her perfect work, that ye may be perfect and entire, wanting nothing.

Matthew 18:21-22 KJV

21 Then came Peter to him, and said, Lord, how oft shall my brother sin against me, and I forgive him? till seven times?

22 Jesus saith unto him, I say not unto thee, Until seven times: but, Until seventy times seven.

2 Corinthians 12:9-10 KJV

9 And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me.

10 Therefore I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in distresses for Christ's sake: for when I am weak, then am I strong.

Psalms 23:6 KJV

6 Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.

Father, I have fallen and failed many times in my life... I was weak or coasting and did not Dwell in You, or seek you first... Forgive me and teach me to forgive myself first and then everyone who has ever trespassed against me... I Trust You Father to be my Shepherd... Your Grace is my sufficiency... I am so Grateful to Know that You are with me right Now... May Your Goodness and Mercy follow me all the days of my Life as I continue to Dwell in You... I long to be your servant forever... I Love You. ~Al Denninger

The Daily Lesson – January 6, 2026

“The Final Step Must Be Taken Alone

The spiritual life is an individual life. There are ways of receiving help from a teacher and from one another, but the final battle and final victory are entirely individual matters, which must be fought out in the consciousness of each one of us. Jesus probably could have received a little support from his disciples in the Garden of Gethsemane, he did not get very much, but the fact that he expected more showed that it was possible. But even if he had, he still had Golgotha, he still had the crucifix, and he still had the tomb. That had to be worked out in his own consciousness.” Joel S Goldsmith

Luke 9:23 KJV

23 And he said to them all, If any man will come after me, let him deny himself, and take up his cross daily, and follow me.

Matthew 26:36-38 KJV

36 Then cometh Jesus with them unto a place called Gethsemane, and saith unto the disciples, Sit ye here, while I go and pray yonder.

37 And he took with him Peter and the two sons of Zebedee, and began to be sorrowful and very heavy.

38 Then saith he unto them, My soul is exceeding sorrowful, even unto death: tarry ye here, and watch with me.

John 13:33 KJV

33 Little children, yet a little while I am with you. Ye shall seek me: and as I said unto the Jews, Whither I go, ye cannot come;

Jesus Path and Experience was His alone as is ours. He asked for help, and so can we. The Journey and the destination are in Spirit. No matter what, we must rely on God. ~Al Denninger

The Daily Lesson – January 7, 2026

“Only those who have received the light can know what a terrible struggle it is before it comes. Moses was alone on the Mount when he received his light, and it must have been a tremendous struggle before it broke through. He had to be alone to struggle out of his humanhood into the realization of his divine nature and mission. Remember how Moses even refused the mission, how he felt himself unworthy and ill-prepared, and that, too, he had to fight out within himself until he could come to the realization that this was not his message or his mission: It was God's, and he would let God use his body, God would have to talk for him, and through him.’ ~Joel S Goldsmith

Isaiah 9:2 KJV

2 The people that walked in darkness have seen a great light: they that dwell in the land of the shadow of death, upon them hath the light shined.

John 1:4-5 KJV

4 In him was life; and the life was the light of men.

5 And the light shineth in darkness; and the darkness comprehended it not.

2 Corinthians 4:6-7 KJV

6 For God, who commanded the light to shine out of darkness, hath shined in our hearts, to give the light of the knowledge of the glory of God in the face of Jesus Christ.

7 But we have this treasure in earthen vessels, that the excellency of the power may be of God, and not of us.

Ephesians 5:8-14 KJV

8 For ye were sometimes darkness, but now are ye light in the Lord: walk as children of light:

9 (For the fruit of the Spirit is in all goodness and righteousness and truth;)

10 Proving what is acceptable unto the Lord.

11 And have no fellowship with the unfruitful works of darkness, but rather reprove them.

12 For it is a shame even to speak of those things which are done of them in secret.

13 But all things that are reprov'd are made manifest by the light: for whatsoever doth make manifest is light.

14 Wherefore he saith, Awake thou that sleepest, and arise from the dead, and Christ shall give thee light.

In the Experience of Moses, Isiah, Jesus, and the Spiritual Revelator's of times past, was an Active Presence of the Great Light of God. It shined in, and out and through them to dissolve darkness in the valley of the shadow of lies of their time. The Word of God is just as Present today and is patiently waiting for Disciples to Awake from their luke-warm coasting and Be about the Father's Business. Is it time that you take up your cross and follow Christ? Walk as the children of Light you are. God will talk for you. ~Al Denninger

The Daily Lesson – January 8, 2026

“Everyone who attains, attains for himself, within himself. All such are fortunate if they find a teacher who can be a help to them for a time; they are fortunate if they find companions on the way with whom they can share many hours, many experiences, and who can help.” ~Joel S Goldsmith

John 16:32-33 KJV

32 Behold, the hour cometh, yea, is now come, that ye shall be scattered, every man to his own, and shall leave me alone: and yet I am not alone, because the Father is with me.

33 These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world.

John 14:26-27 KJV

26 But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you.

27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

Philippians 4:7 KJV

7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

Isaiah 26:3 KJV

3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

Philippians 2:1-2 KJV

1 If there be therefore any consolation in Christ, if any comfort of love, if any fellowship of the Spirit, if any bowels and mercies,

2 Fulfil ye my joy, that ye be likeminded, having the same love, being of one accord, of one mind.

We shall be taught what we need by God when we are ready and willing to receive. Isn't it wonderful how teachers seem to show up in our lives to point the Way. Sometimes we strive to be like them; sometimes we walk with them for a while; and sometimes we pass by and walk alone. Be still and be Led by the Shepherd. Gather together with the like-minded as we lift each other up. Where two of three are gathered, I Am with them in Oneness. ~Al Denninger

The Daily Lesson – January 9, 2026

“But always remember that the final demonstration you make alone. Jesus made it without mother, without father, without sister, without brother, even though in the end they all came back to him.” ~Joel S Goldsmith

2 Peter 3:13 KJV

13 Nevertheless we, according to his promise, look for new heavens and a new earth, wherein dwelleth righteousness.

Romans 8:21 KJV

21 Because the creature itself also shall be delivered from the bondage of corruption into the glorious liberty of the children of God.

Romans 8:38-39 KJV

38 For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come,

39 Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.

When we finally seek the Truth and nothing else, the final destination is the Truth, and we will joyfully Rest in It. In returning, the New Jerusalem is filled with Glorious Liberty and Life Eternal.
~Al Denninger

The Daily Lesson – January 10, 2026

“As trials and tribulations come, you are both wise and fortunate if you have a teacher to whom you can go and from whom you can receive your help. You are blessed if you have even one person with whom you can walk, with whom you can share-whom you can help and from whom you can receive help.” ~Joel S Goldsmith

Romans 8:35-39 KJV

35 Who shall separate us from the love of Christ? shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword?

36 As it is written, For thy sake we are killed all the day long; we are accounted as sheep for the slaughter.

37 Nay, in all these things we are more than conquerors through him that loved us.

38 For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come,

39 Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.

Proverbs 19:20 KJV

20 Hear counsel, and receive instruction, that thou mayest be wise in thy latter end.

Matthew 18:20 KJV

20 For where two or three are gathered together in my name, there am I in the midst of them.

It's been a little over 50 years since a dear friend handed me a copy of "The Art of Meditation". I would later consider him my teacher and mentor. I can't imagine what my life would have been without him. We Loved God together for about 20 years and God surely was in the midst of us. I am so very grateful for the Love. There are still two of you, that read this daily message, that have been together since the beginning. We shared the same teacher and have been friends all this time. It's hard to believe how time flies by...

The mantle passes from generation to generation. And so, now we have each other, you and I, to share the Gift of God's Love each day through these writings, and various forms of communication. All that I have is thine because it is the Father's to Give. I tap you on the shoulder to Show you that The Way is Infinite. I Am with you now... Thank you Father. ~Al Denninger

The Daily Lesson – January 11, 2026

“But never forget this: You cannot enter the kingdom of God two by two. All alone, you take that last mile. All alone, you receive your illumination. All alone, you receive your particular temptation in the form of disease, accident, sin, death, poverty, or lonesomeness—all alone. You resolve all temptations within yourself. You struggle with them inside your own being, just as a mother has to struggle out her life with her child or her children. Nobody can do that for a mother; nobody can relieve her of the responsibility, nobody can perform the function of a mother for her. Every mother has to break her own heart over her own children, and even a husband has to stand by and watch.” ~Joel S Goldsmith

Psalm 139:1-14 KJV

1 O lord, thou hast searched me, and known me.
2 Thou knowest my downsitting and mine uprising, thou understandest my thought afar off.
3 Thou compassest my path and my lying down, and art acquainted with all my ways.
4 For there is not a word in my tongue, but, lo, O Lord, thou knowest it altogether.
5 Thou hast beset me behind and before, and laid thine hand upon me.
6 Such knowledge is too wonderful for me; it is high, I cannot attain unto it.
7 Whither shall I go from thy spirit? or whither shall I flee from thy presence?
8 If I ascend up into heaven, thou art there: if I make my bed in hell, behold, thou art there.
9 If I take the wings of the morning, and dwell in the uttermost parts of the sea;
10 Even there shall thy hand lead me, and thy right hand shall hold me.
11 If I say, Surely the darkness shall cover me; even the night shall be light about me.
12 Yea, the darkness hideth not from thee; but the night shineth as the day: the darkness and the light are both alike to thee.
13 For thou hast possessed my reins: thou hast covered me in my mother's womb.
14 I will praise thee; for I am fearfully and wonderfully made: marvellous are thy works; and that my soul knoweth right well.

Romans 8:9 KJV

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

Galatians 6:8 KJV

8 For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.

We can stand together in Oneness, but we are, in the end, an individual Expression of God, subject to our own choices and Dwelling Place. Make good choices and Dwell in the House of the Lord forever. ~Al Denninger

The Daily Lesson – January 12, 2026

“So it is on the spiritual path. No one can take your temptation from you but you, and no one else can surmount the temptation. No one can spend the hours of meditation for you; no one can put in the hours of study for you; and no one can be alone with you in your inner sanctuary in those hours preceding illumination. That is why this path is a difficult one. You have to take Scripture and pray for guidance on every passage that contains a principle or spiritual law, and let its esoteric meaning come forth from within yourself.” ~Joel S Goldsmith

Matthew 26:41 KJV

41 Watch and pray, that ye enter not into temptation: the spirit indeed is willing, but the flesh is weak.

Matthew 6:6 (to ;) KJV

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret;

2 Timothy 3:16-17 KJV

16 All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness:

17 That the man of God may be perfect, thoroughly furnished unto all good works.

Joshua 1:8-9 KJV

8 This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success.

9 Have not I commanded thee? Be strong and of a good courage; be not afraid, neither be thou dismayed: for the Lord thy God is with thee whithersoever thou goest.

We watch and pray, in secrecy and silence, that you are not led into temptation. It is your Journey alone. Your strength and courage within comes from God. Look through the mist of temptation to the Truth. Dig deeply into the Bible in search of it's Spiritual Interpretation. If you come to a place you don't understand, be still and ask God what it means. All that the Father has is thine—He placed It within you so you can find It... ~Al Denninger

The Daily Lesson – January 13, 2026

“Maundy Thursday, Good Friday, and Easter Sunday: these are all symbolic of stages in our spiritual on-going. You will have to struggle every single day to remind yourself that every quality, every thought, and every thing that you possess are yours only by the grace of God, but because they are yours by the grace of God, you can share liberally. This, you have to bring consciously to your remembrance; no one can do it for you. You must do it, and one day—it may be weeks or it may be months later—if it is faithfully performed, one day all of a sudden, it comes, and you know, ‘Whereas before I was blind, now I understand. It is really true: all that I am, I am by the grace of God.’ Personal sense is crucified, and the resurrected Self, no longer earthbound, rises to the heights of spiritual realization.” ~Joel S Goldsmith

2 Corinthians 10:1-7 KJV

1 Now I Paul myself beseech you by the meekness and gentleness of Christ, who in presence am base among you, but being absent am bold toward you:
2 But I beseech you, that I may not be bold when I am present with that confidence, wherewith I think to be bold against some, which think of us as if we walked according to the flesh.
3 For though we walk in the flesh, we do not war after the flesh:
4 (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;)
5 Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;
6 And having in a readiness to revenge all disobedience, when your obedience is fulfilled.
7 Do ye look on things after the outward appearance? if any man trust to himself that he is Christ's, let him of himself think this again, that, as he is Christ's, even so are we Christ's.

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

John 9:24-30 KJV

24 Then again called they the man that was blind, and said unto him, Give God the praise: we know that this man is a sinner.
25 He answered and said, Whether he be a sinner or no, I know not: one thing I know, that, whereas I was blind, now I see.
26 Then said they to him again, What did he to thee? how opened he thine eyes?
27 He answered them, I have told you already, and ye did not hear: wherefore would ye hear it again? will ye also be his disciples?
28 Then they reviled him, and said, Thou art his disciple; but we are Moses' disciples.
29 We know that God spake unto Moses: as for this fellow, we know not from whence he is.
30 The man answered and said unto them, Why herein is a marvelous thing, that ye know not from whence he is, and yet he hath opened mine eyes.

This-world is like unto: the acceptance that the blind man cannot see. The old testament earthbound consciousness has yet to be crucified. Christ Consciousness is like unto: I always could See and I always will. Grace Experienced: is Seeing, Knowing and Feeling the Good, Acceptable and Perfect Will of God. It is an Awakened Awareness of Christ. The Spiritual I Am was, Is and Always will be Present—Know It, do It, share It and Be It. Be bold, not luke-warm.
~Al Denninger

The Daily Lesson – January 14, 2026

“Across the Desk

Every day, give sufficient time to a contemplative meditation embodying our major principles of healing. Realize that our goal is the conscious awareness of the spiritual Presence, the attainment of ‘My peace,’ the remembrance of Thy grace as our sufficiency. Understand that He is closer than breathing and that He performeth that which is given us to do. Feel within yourself that the invisible Spirit goes before you, that It never leaves you nor forsakes you. Acknowledge that in every phase of your daily life there is a divine law and life governing your every activity” ~Joel S Goldsmith.

Galatians 5:25 KJV

25 If we live in the Spirit, let us also walk in the Spirit.

John 14:26 KJV

26 But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you.

John 14:27 KJV

27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

Hebrews 13:5 for he KJV

5 ...for he hath said, I will never leave thee, nor forsake thee.

Isaiah 45:2 (to :) KJV

2 I will go before thee, and make the crooked places straight:

II Corinthians 12:9 (to :) KJV

9 And he said unto me, My grace is sufficient for thee:

I can of mine own self do nothing... If I Live in Spirit, the Spirit of God goes before me and doeth the Work... If I live in Spirit, there is no place I can go where the Presence of God is not with me... If I Live in Spirit and happen to walk through the valley of the shadow of lies, God is with me... All Good comes to me as I Dwell in the Secret Place of the Most High... And so, I acknowledge God in all my Ways... Christ walks with me to show me the Way—He is my Shepherd, I shall not want... I Hear His Voice and Know it is Him... I Live under His Government not the worlds... ~Al Denninger

The Daily Lesson – January 15, 2026

“In this contemplative meditation, give God the first fruits of your day, give Him love and gratitude, give Him recognition and joy. Then realize that His grace is present with men everywhere, to bless, forgive, establish, and re establish. Finally, ponder the meaning of Omnipotence, Omnipresence, and Omniscience.” ~Joel S Goldsmith

James 1:17-18 KJV

17 Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning.

18 Of his own will begat he us with the word of truth, that we should be a kind of firstfruits of his creatures.

Ephesians 2:8-10 KJV

8 For by grace are ye saved through faith; and that not of yourselves: it is the gift of God:

9 Not of works, lest any man should boast.

10 For we are his workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them.

Jeremiah 23:24 KJV

24 Can any hide himself in secret places that I shall not see him? saith the Lord. Do not I fill heaven and earth? saith the Lord.

Psalms 139:7-10 KJV

7 Whither shall I go from thy spirit? or whither shall I flee from thy presence?

8 If I ascend up into heaven, thou art there: if I make my bed in hell, behold, thou art there.

9 If I take the wings of the morning, and dwell in the uttermost parts of the sea;

10 Even there shall thy hand lead me, and thy right hand shall hold me.

We are the Children of God: we recognize and celebrate that all our Fruits were God's in the first place... Whatever we do, as His Individual Expression, we joyfully do for Him... Thy Grace is Given, in earth as it is Given in Heaven... Thy Kingdom is Comforted by Your Loving Presence, Understanding and Assurance... You are my Shepherd, Your sheep hear Your voice and follow... My Life is Yours—use me... ~Al Denninger

The Daily Lesson – January 16, 2026

“In this same contemplative meditation, look at the evils that appear in ‘this world’ and, regardless of how many appear or what forms they assume, impersonalize them by your understanding that these are the mesmeric pictures of sense, pictures of the carnal mind or the belief in two powers. Since these are not ordained of God and have no law of God to sustain them, they dissolve of their own nothingness. Only that which is of God has law and life. All else is illusion. Understand that since God is one, there is but one power; and therefore, there are no powers to overcome or destroy. ‘Resist not evil’ because you understand the illusory nature of appearances.” ~Joel S Goldsmith

1 John 2:15-17 KJV

15 Love not the world, neither the things that are in the world. If any man love the world, the love of the Father is not in him.

16 For all that is in the world, the lust of the flesh, and the lust of the eyes, and the pride of life, is not of the Father, but is of the world.

17 And the world passeth away, and the lust thereof: but he that doeth the will of God abideth for ever.

Ephesians 4:4-6 KJV

4 There is one body, and one Spirit, even as ye are called in one hope of your calling;

5 One Lord, one faith, one baptism,

6 One God and Father of all, who is above all, and through all, and in you all.

Matthew 5:39 KJV

39 But I say unto you, That ye resist not evil:

Romans 8:2-5 KJV

2 For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death.

3 For what the law could not do, in that it was weak through the flesh, God sending his own Son in the likeness of sinful flesh, and for sin, condemned sin in the flesh:

4 That the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit.

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

Omnipresence cannot be separated into two parts or be in two places... God is the Creator and Father of All Presence and is therefore Infinite in nature... In Romans 8:5, Paul speaks of “minding” the things of the flesh... If we mind things, we are creating these thoughts in the flesh of our mind, right? So, if we take no thought for the things of the flesh, or use the carnal mind, they can have no Real or Righteous existence... These ideas can only be a temporary appearance and are certainly not Created by the One Infinite Spirit... An appearance of evil or sin shows up when we entertain a thought that there is a possible separation from God... So, only God is Life... There can be only One Truth... The nature of error or an idea of separation is nothing—no thing—and how foolish we would be to give it any further thought or respect... And so, it dissolves or passeth away into the nothingness it always was. The will of God is to Abide in Him forever... God Is... I Am. Thank you Father. ~Al Denninger

The Daily Lesson – January 17, 2026

“Remember that in prayer the words themselves count for nothing: it is the understanding and feeling behind the words that constitute the power. Finally, realize that the function of the Christ is to break the attachment to ‘this world’—not to increase the things of this world. This is the way whereby reality is attained, freedom from concern about appearances, and freedom to live.”

~Joel S Goldsmith

Matthew 6:7,8 KJV

7 But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking.

8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

Matthew 6:5-6 KJV

5 And when thou prayest, thou shalt not be as the hypocrites are: for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, They have their reward.

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

Matthew 6:31-33 KJV

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles [this-world] seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Psalms 46:10 (to :) KJV

10 Be still, and know that I am God:

II Corinthians 3:17 (to .) KJV

17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

The letter of the Word can give us the assurance and confidence to proceed further into the search for the Experience of the Presence of God. We are so Blessed that the sages, disciples and learned generations before us have been Led by God to write it down for us to ingest and ponder. *Thank you Father for their Infinite Love.*

Hopefully the Truth spelled out or spoken gives us the inspiration to dig deeper into the Spirit of the Christ Experience and not just be entertained by it. When we get to the Cause of the Word we are Led to find a Great Conviction to still the mind and Listen for the Thundering Voice that echoes into Our Soul and brings us a Peace that Passeth Understanding.

The point of beginning in this quest is a gentle stilling of the noise of this-world. In other words, take no thought for the things of this-world, and develop an attitude of listening, waiting and learning to ask God what the Spiritual Interpretation of the words mean. Where the Spirit of God is Realized, Felt and Known, there is Peace, Freedom, Healing and Conviction. There will be a change in you that dissolves the Gentile experience and Awakes the only Experience that matters. Bask in the Source of Love. ~Al Denninger

The Daily Lesson – January 18, 2026

“Now we are attuned and prepared to hear His word. Now we are ready to enter His kingdom.”
~Joel S Goldsmith

Matthew 13:9 KJV

9 Who hath ears to hear, let him hear.

Romans 10:17 KJV

17 So then faith cometh by hearing, and hearing by the word of God.

Hebrews 4:12 KJV

12 For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.

James 1:22-25 KJV

22 But be ye doers of the word, and not hearers only, deceiving your own selves.

23 For if any be a hearer of the word, and not a doer, he is like unto a man beholding his natural face in a glass:

24 For he beholdeth himself, and goeth his way, and straightway forgetteth what manner of man he was.

25 But whoso looketh into the perfect law of liberty, and continueth therein, he being not a forgetful hearer, but a doer of the work, this man shall be blessed in his deed.

Matthew 7:21 KJV

21 Not every one that saith unto me, Lord, Lord, shall enter into the kingdom of heaven; but he that doeth the will of my Father which is in heaven.

There is one sure Way of Hearing the Word of God and that is to Do the Will and the Work of the Father. Joyfully practice the Will and Work as Given in Scripture by Christ Jesus as a daily exercise. And with our eyes and ears Open we will progressively learn more deeply how to concentrate our focus. This I Know: the Direct Word Comes at a time when we think not and It won't be anything we will ever forget.

One sure way to not Hear the Word is to be a forgetful hearer or one who has a Spiritual Experience and then coasts. Forgetful hearers, or ones who coast, turn their focus to the things of this-world and occupy their lives focused on their temporary needs without Listening to God first. We must accept the first tidbit of God's Will for us and steadily travel the straight and narrow Path Onward and Upward. Concentrate your focus. One with attuned Ears to Hear is like unto the magnetized needle of a navigation compass that is always and forever, freely and naturally without distraction, seeking and pointing to the North Pole. ~Al Denninger

This concludes our study of Chapter 4 in the book: “The Contemplative Life”, By Joel S Goldsmith

Tomorrow we begin: Chapter 5, “Steps On The Path Of Illumination” by Joel S Goldsmith