

THE DAILY LESSON

is an activity of the study group found at: www.iwso.org

The subject for our current study is the entire book

“Realization of Oneness”

by Joel S Goldsmith

THE DAILY LESSON, an ongoing open class by Infinite Way Teacher [Al Denninger](#), is inspired by the message of Joel S. Goldsmith. In this Book Study we delve into Joel's books paragraph by paragraph, from cover to cover. I provide Scripture supporting his entire Work and an Impartation from my daily Experience. These classes appear daily [on my website](#) and by [email subscription](#) each day, for my students to take into their daily meditations and carry with them throughout their day.

Students Note: In my teaching, the words that are capitalized throughout the work are not capitalized for emphasis. Instead, the purpose is to Lift the student into the Awareness that these words are a Synonym for, or an Activity of God. The portions that are *italicized* are spontaneous meditations.

The Daily Lesson – February 19, 2025

“Chapter 11
Lifting UpThe I

There is no one mode, means, method, or system which can correctly be called metaphysical or spiritual healing. In fact, there are as many different approaches to spiritual healing as there are in *materia medica* with its allopathy, homeopathy, osteopathy, chiropractic, and naprapathy, all different forms of *materia medica*.” ~Joel S Goldsmith

Isaiah 41:10 KJV

10 Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.

John 5:8 KJV

8 Jesus saith unto him, Rise, take up thy bed, and walk.

John 8:31,32 KJV

31 Then said Jesus to those Jews which believed on him, If ye continue in my word, then are ye my disciples indeed;

32 And ye shall know the truth, and the truth shall make you free.

Philippians 4:7 KJV

7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

James 5:14-15 KJV

14 Is any sick among you? let him call for the elders of the church; and let them pray over him, anointing him with oil in the name of the Lord:

15 And the prayer of faith shall save the sick, and the Lord shall raise him up; and if he have committed sins, they shall be forgiven him.

And from the story of the Raising of Lazarus:

John 11:41,42 KJV

41 Then they took away the stone from the place where the dead was laid. And Jesus lifted up his eyes, and said, Father, I thank thee that thou hast heard me.

42 And I knew that thou hearest me always: but because of the people which stand by I said it, that they may believe that thou hast sent me.

It seems to me that there are several approaches to healing in the Bible: by faith & by Knowing. I have witnessed all of the types of Experiences shown in the passages above. Prayer and Faith is beautifully demonstrable and a Blessed Experience. Knowing the Truth is in the Silence, where the healing is the Realization that there is nothing to correct.

When Jesus healed Lazarus, I am sure it was both "Knowing" and demonstrable for the purpose of teaching the people present. Christ Jesus Spiritually "Knew" Lazarus was perfect all the time and only sleepeth, and he actually said aloud that God Knew that he Knew—so he offered up a verbal command for Lazarus to Rise so that the people would understand that He, Jesus, was the Christ. Know the Truth—Be Upheld in Righteousness. ~Al Denninger

The Daily Lesson – February 20, 2025

“In the world of metaphysical and spiritual healing, there are the evangelists who, by the grace of God, have received some special state of consciousness through which they heal without knowing how, why, or wherefore. For the most part, they do not have the slightest idea of any principle involved in healing: they only know that healings do take place, sometimes through the spoken word and sometimes through the laying on of hands. Apparently, it is something that is just a part of their being, something that has come to them at a particular period in their life, and something over which they have no control.” ~Joel S Goldsmith

James 5:14-15 KJV

14 Is any sick among you? let him call for the elders of the church; and let them pray over him, anointing him with oil in the name of the Lord:

15 And the prayer of faith shall save the sick, and the Lord shall raise him up; and if he have committed sins, they shall be forgiven him.

Matthew 10:5-8 & 40 KJV

5 These twelve Jesus sent forth, and commanded them, saying, Go not into the way of the Gentiles, and into any city of the Samaritans enter ye not:

6 But go rather to the lost sheep of the house of Israel.

7 And as ye go, preach, saying, The kingdom of heaven is at hand.

8 Heal the sick, cleanse the lepers, raise the dead, cast out devils: freely ye have received, freely give.

40 He that receiveth you receiveth me, and he that receiveth me receiveth him that sent me.

The Truth that was laid out for the Disciples of old is the same today as it was then: He that receiveth the healer, practitioner or teacher, in any form, receives the Christ, and he that Receives Christ Receives God. Freely ye have received, freely Give. The Kingdom of Heaven is at hand. ~Al Denninger

The Daily Lesson – February 21, 2025

“Then there are those approaches to healing which employ mental means and, by suggestion, attempt to change a diseased or evil condition into a good one. There are also methods which attempt to combine the mental and the spiritual.” ~Joel S Goldsmith

Matthew 6:31,32 KJV

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Matthew 6:24 KJV

24 No man can serve two masters: for either he will hate the one, and love the other; or else he will hold to the one, and despise the other. Ye cannot serve God and mammon.

Romans 8:5 KJV

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

I remember Joel saying in one of his classes, “you can’t ride two horses.” We cannot mentally add the Spiritual Realm to this-world. Be not conformed to this world. Spirit to Spirit, Soul to Soul, I Am. ~Al Denninger

The Daily Lesson – February 22, 2025

“A person who has had any experience with other forms of metaphysical or spiritual healing and decides to practice healing through Infinite Way healing principles may have to un-learn most of what he has previously known in order to grasp these principles, and if he encounters difficulty on the way it is probably because he has not yet unlearned enough.” ~Joel S Goldsmith

Proverbs 3:5,6 KJV

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

1 Corinthians 3:16 KJV

16 Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Romans 8:4 KJV

4 That the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit.

Can you Trust God with such complete conviction that nothing else matters? Submit yourself to Him. God is Spirit and He created you in His Image. You are the good, acceptable and perfect Will of God. ~Al Denninger

The Daily Lesson – February 23, 2025

“AN UNDERSTANDING OF IMMORTALITY, BASIC TO HEALING

The Infinite Way begins with an infinite, ever present, omnipotent God. Its premise is that there is no imperfection in any part of God or of God's creation, none whatsoever! God is perfect being, and so, therefore, is God's creation. No one was ever born, and no one will ever die; no one ever had a beginning, and no one will ever have an ending.”
Joel S Goldsmith

Genesis 1:30 (to .) KJV

31 And God saw every thing that he had made, and, behold, it was very good.

Psalms 18:30 KJV

30 As for God, his way is perfect: the word of the Lord is tried: he is a buckler to all those that trust in him.

Genesis 1:27 (to ;) KJV

27 So God created man in his own image, in the image of God created he him;

Revelation 22:13 KJV

13 I am Alpha and Omega, the beginning and the end, the first and the last.

God is Omnipresent—always Now—the Infinite “I” Am. His Creation includes His Every Expression, that always was, Is and ever will Be. He has put His Spirit in us, so there is no where we can go and be without Him. The “I” that I Am is Perfect. The “I” that I Am Is. ~Al Denninger

The Daily Lesson – February 24, 2025

“One way to understand the continuity of life is through the word ‘I.’ This *I*, which is our identity, is actually coexistent with God. It is the eternal part of our being. It has no knowledge of birth or death. It is that part of our being which has existed for billions of years, and will continue to exist without interruption for many more billions of years. As long as there is God, there will be a ‘you’ and a ‘me’ because we are one with God: ‘I and my Father are one,’ and not two. The *I* which I am and the *I* which is God are one and the same *I*, and therefore, *I* is immortal.” ~Joel S Goldsmith

John 10:30 KJV

30 I [*I*] and my Father are one. ~Christ Jesus

Ezekiel 37:14 KJV

14 And shall put my spirit in you, and ye shall live, and I shall place you in your own land: then shall ye know that I the Lord have spoken it, and performed it, saith the Lord.

1 Corinthians 6:19 KJV

19 What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?

Romans 8:14 KJV

14 For as many as are led by the Spirit of God, they are the sons of God.

Psalms 23:4 (to ;) KJV

4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me;

I can of mine own self, do nothing... We are Created in God's Image—as an Individual Expression of God—His Living Temple of the Holy Ghost—that cannot be separated or Live apart from God... We are His Sons and Daughters as we are Led and Shepherded by His Infinite Spirit.... The I that I Am Is my Spiritual Identity and I will Dwell in His House forever.... Thou art with Me.... Thank you Father... ~Al Denninger

The Daily Lesson – February 25, 2025

“Very often, when we think of immortality, we think of life beyond the grave, but we do not stop to realize that if there is any truth to immortality it must also mean life before birth. We cannot be immortal if we have a life that ever began: immortality is from everlasting to everlasting. God can no more begin than He can end, and if God and I are one, the / of me, in that oneness, has never begun and will never end.” ~Joel S Goldsmith

Jeremiah 1:4-5 KJV

4 Then the word of the Lord came unto me, saying,

5 Before I formed thee in the belly I knew thee; and before thou camest forth out of the womb I sanctified thee, and I ordained thee a prophet unto the nations.

Isaiah 44:24 KJV

24 Thus saith the Lord, thy redeemer, and he that formed thee from the womb, I am the Lord that maketh all things;

1 Corinthians 6:19 KJV

19 What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?

Psalms 90 KJV

1 Lord, thou hast been our dwelling place in all generations.

2 Before the mountains were brought forth, or ever thou hadst formed the earth and the world, even from everlasting to everlasting, thou art God.

When we Realize the Principal of One Life there is no possibility of other.

There is One. One God. One Life. One. Know ye not that ye are not your own? ~Al Denninger

The Daily Lesson – February 26, 2025

“Our identity remains intact, spiritual, and perfect, not only after the grave, but it was so even before we were born. Our life from the cradle to the grave is that experience which has been likened to a parenthesis, but when the parenthesis is removed we live in the full circle of immortality. It is true that while we may be aware of ourselves as living only in this particular parenthesis, slowly or rapidly moving from birth to death, actually it is possible for this parenthesis to be removed and for us to become aware of our true identity as one with the entire circle of life and its immortality and eternity.” ~Joel S Goldsmith

Matthew 6:31-33 KJV

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles [those who are distracted or on a detour of thought] seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Colossians 3:2 KJV

2 Set your affection on things above, not on things on the earth.

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Philippians 3:13,14 KJV

13 Brethren, I count not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before,

14 I press toward the mark for the prize of the high calling of God in Christ Jesus.

Parenthesis: Do not suffer every occasional thought to carry you away into a long parenthesis ~Webster's 1828 Dictionary

Press onward and upward. Remove the distraction of taking thought for the things of this-world and regain focus on Things Above. Open your Awareness, Knowing the Truth and Living in Infinite Oneness. Set your affections on Things Above. ~Al Denninger

The Daily Lesson – February 27, 2025

“Once we can realize ourselves as *I*, separate and apart from personality, separate and apart from a physical body, as *I*, the incorporeal, spiritual *I*, we will have the secret of the eternality and immortality of life: without beginning, without birth; without ending, without death.” ~Joel S Goldsmith

John 5:30,31 KJV

30 I can of mine own self do nothing: as I hear, I judge: and my judgment is just; because I seek not mine own will, but the will of the Father which hath sent me.

31 If I bear witness of myself, my witness is not true.

John 6:48-50 KJV

48 I am that bread of life.

49 Your fathers did eat manna in the wilderness, and are dead.

50 This is the bread which cometh down from heaven, that a man may eat thereof, and not die.

John 15:5 KJV

5 I am the vine, ye are the branches: He that abideth in *me*, and I in him, the same bringeth forth much fruit: for without *me* ye can do nothing.

John 4:10-14 KJV

10 Jesus answered and said unto her, If thou knewest the gift of God, and who it is that saith to thee, Give *me* to drink; thou wouldest have asked of *him*, and *he* would have given thee living water.

11 The woman saith unto him, Sir, thou hast nothing to draw with, and the well is deep: from whence then hast thou that living water?

12 Art thou greater than our father Jacob, which gave us the well, and drank thereof himself, and his children, and his cattle?

13 Jesus answered and said unto her, Whosoever drinketh of this water shall thirst again:

14 But whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life.

i can do nothing—without the I within doing the work.

Christ [I] is the Bread of Life.

Christ [I] is the Living Vine.

Christ [I] is the Water of Life Everlasting.

Jesus answered unto the woman at the well, but the Christ [I] is doing the Speaking.

I is the only Am.

~Al Denninger

The Daily Lesson – February 28, 2025

“Since the *I* that God is and the *I* that we are, are one, we can understand that the infinite perfection of God is the infinite perfection of our being. ‘Son, thou art ever with me, and all that I have is thine.’ This does not refer to material things: dollar bills, bank accounts, property, fur coats, or automobiles. ‘All that *I* have’ means all the immortality, spirituality, integrity, all the life, all the perfection, all the holiness of God. All that is of God is of you and of me because the *I* of you and of me and the *I* of God are one and the same *I*, and all the qualities of God are the qualities of spiritual, eternal, immortal man: of you and of me.” ~Joel S Goldsmith

I Corinthians 2:14 KJV

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

John 10:30 KJV

30 *I* and my Father are one.

Luke 15:31 KJV

31 And he said unto him, Son, thou art ever with me, and all that I have is thine.

John 5:30 KJV

30 I can of mine own self do nothing:

John 14:10 KJV

10 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works.

Matthew 5:48 KJV

48 Be ye therefore perfect, even as your Father which is in heaven is perfect.

Mark 10:18 KJV

18 And Jesus said unto him, Why callest thou me good? there is none good but one, that is, God.

The *I* within, Spiritually Discerned, Sees as I am Seen and Knows as I am Known—One Self, Infinitely Expressed. God Is. ~Al Denninger

The Daily Lesson – March 1, 2025

“This is the premise in Infinite Way healing work, and if we want to heal, we must first of all remind ourselves of this truth. We must be conscious of the truth that the I of you and of me and the I of God are one, and all that constitutes the I of God constitutes the I of you and of me, for we are forever one with the Father. All that is of God is ours: all the immortality, eternality, spiritual perfection, harmony, peace, justice, infinity.” ~Joel S Goldsmith

Matthew 6:33 KJV

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

John 15:5 KJV

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

Luke 15:31 KJV

31 And he said unto him, Son, thou art ever with me, and all that I have is thine.

Where the Spirit of the Lord is Realized, the Truth of Being is Known and Felt in its entirety. ~Al Denninger

The Daily Lesson – March 2, 2025

“DISCORD, THE FRUITAGE OF SOWING TO THE FLESH

When we have established ourselves in that spiritual truth, the next question on which we must be clear is: But what about this sin, this disease, this false appetite, this lack or limitation, this unemployment, this lost baggage?” ~Joel S Goldsmith

Romans 7:25 KJV

25 I thank God through Jesus Christ our Lord. So then with the mind I myself serve the law of God; but with the flesh the law of sin.

John 15:6 KJV

6 If a man abide not in me, he is cast forth as a branch, and is withered; and men gather them, and cast them into the fire, and they are burned.

Thoughts of the flesh can tempt us into a belief of a sense of separation from God. Spiritual Truth celebrates that God is Omnipresent, therefore there can be nothing other than God. God Is—take no other thought. ~Al Denninger

The Daily Lesson – March 3, 2025

“All the writings of The Infinite Way clearly reveal where evil comes from and why it comes. They explain its relation to karmic law, as it is called in the Orient, or the as-ye-sow-so-shall-ye-reap of the Bible. ‘He that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.’ And the Master taught, ‘He that abideth in me, and I in him, the same bringeth forth much fruit.’ If we do not abide in the Word and let the Word abide in us, we will be as a branch of a tree that is cut off, withers, and dies. Every moment of every day determines what our tomorrows will be. As we sow, in this moment, so will we reap tomorrow, next week, next year, or ten years from now.” ~Joel S Goldsmith

Galatians 6:8 KJV

8 For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.

John 15:5 KJV

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

6 If a man abide not in me, he is cast forth as a branch, and is withered; and men gather them, and cast them into the fire, and they are burned.

7 If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you.

John 6:63 (to :) KJV

63 It is the spirit that quickeneth; the flesh profiteth nothing:

Sowing to the flesh, or taking thought for the things of this-world, are distractions from the Truth. Sow to the Spirit by Abiding in the Secret Place of the Most High. Life depends on Truth—without God we can do nothing. ~Al Denninger

The Daily Lesson – March 4, 2025

“This teaching has often been interpreted to mean that if we obey the Ten Commandments we are sowing good and will reap good; and if we disobey the Ten Commandments, we are sowing to the flesh and will reap corruption. This is utter nonsense. It has no such meaning whatsoever! The as-ye-sow-so-shall-ye-reap doctrine means that if we abide in the spiritual truth of being, we will reap harmony because then we are sowing to the Spirit and will reap spiritual fruitage. But if we accept the world's belief in two powers, its belief in Spirit and matter, in good and evil, then we are going to experience both good and evil.” ~Joel S Goldsmith

John 6:63 (to :) KJV

63 It is the spirit that quickeneth; the flesh profiteth nothing:

Romans 8:4-9 & 28 KJV

4 That the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit.

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

6 For to be carnally minded is death; but to be spiritually minded is life and peace.

7 Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be.

8 So then they that are in the flesh cannot please God.

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

Take some time today and study the entire 8th chapter of Romans in your KJV Bible. Or if you don't have your copy handy, you can always read it online at: www.biblegateway.com

The flesh profiteth nothing. Abiding in the Spiritual Truth of Being will result in an Experience of Christ Consciousness. Spirit to Spirit, Soul to Soul, I Am Life Lived in Perfect Peace. ~Al Denninger

The Daily Lesson – March 5, 2025

“While we are part of this human race into which we were born, we are sowing to the flesh, and we are going to reap corruption, even if we obey the Ten Commandments to the letter. This is what the Master meant when he said to his followers, ‘Except your righteousness shall exceed the righteousness of the scribes and Pharisees, ye shall in no case enter into the kingdom of heaven.’ These two Hebrew sects lived in complete obedience to the laws of the Temple. They dotted every ‘i’ and crossed every ‘t.’ They spent every moment required by theological law in worship; they observed every feast day, every fast day, and every holiday; they tithed; they sacrificed; they lived up to the Ten Commandments and to all the laws of the Temple, but Jesus said, ‘Your righteousness (must) exceed’ that of those persons who are 100 per cent perfect! It sounds impossible, but it is not.” ~Joel S Goldsmith

Matthew 5:20 KJV

20 For I say unto you, That except your righteousness shall exceed the righteousness of the scribes and Pharisees, ye shall in no case enter into the kingdom of heaven.

John 6:63 (to :) KJV

63 It is the spirit that quickeneth; the flesh profiteth nothing:

Matthew 6:33 KJV

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Phillipians 3: 14,15 KJV

14 I press toward the mark for the prize of the high calling of God in Christ Jesus.

15 Let us therefore, as many as be perfect, be thus minded: and if in any thing ye be otherwise minded, God shall reveal even this unto you.

Is there a point to wrapping a lie up in a beautiful package? We must patiently and diligently Work towards the Realization of the Perfection and the Righteousness of God. We must strive to learn to See as God Knows we can... The Truth is beyond the words, thoughts and good deeds of this-world. The “things” that are added to us in the Kingdom of Heaven are not good or better improvements in this-world—the Added Things are Infinite Good, Infinite Peace, Infinite Harmony—The Way Revealed by Christ, Face to Face. As in Heaven, so we See. Press onward and Upward. ~Al Denninger

The Daily Lesson – March 6, 2025

“If we sow to the Spirit, we will be obeying the Ten Commandments without even being aware of so doing and without any temptation to do otherwise. Therefore, we do not have to concern ourselves with the Ten Commandments. What we have to concern ourselves with is to abide in the spiritual word of truth. This is not easy of accomplishment because it means that what we accept into our consciousness is going to determine our experience. We have to begin with the acceptance of the universal belief in good and evil, and we have to reject that and say to ourselves, ‘No, I accept neither good nor evil: I accept only God, Spirit, as infinite All, and in God there is neither good nor evil: there is only spiritual, perfect, harmonious being.’” Joel S Goldsmith

Romans 8:9 (to .) & 28 (to ,) KJV

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

28 And we know that all things work together for good to them that love God,

Genesis 3 KJV

1 Now the serpent was more subtil than any beast of the field which the Lord God had made. And he said unto the woman, Yea, hath God said, Ye shall not eat of every tree of the garden?

2 And the woman said unto the serpent, We may eat of the fruit of the trees of the garden:

3 But of the fruit of the tree which is in the midst of the garden, God hath said, Ye shall not eat of it, neither shall ye touch it, lest ye die.

4 And the serpent said unto the woman, Ye shall not surely die:

5 For God doth know that in the day ye eat thereof, then your eyes shall be opened, and ye shall be as gods, knowing good and evil.

Matthew 5:48 KJV

48 Be ye therefore perfect, even as your Father which is in heaven is perfect.

If we loose our focus on God, and are somehow distracted, we can be tempted to believe what this-world believes: that we, of our own selves, are in control of our world and our life. The trap is that if we believe in our own self as sovereign, then we are subject to any good or evil that we can dream up—like when Adam and Eve hid from God because they thought they were somehow being bad for being God’s Perfect Individual Expression, as God created them. If so be we Dwell in the Spirit of God, there is only God and His Perfect Good. You are Perfect—As Your Father Created You. ~Al Denninger

The Daily Lesson – March 7, 2025

“When Satan stands in front of us insisting that there are two powers—spiritual powers and material or mental powers—we have to be quiet enough so that the *I* of us can reply, ‘No, no, I accept God; I accept spiritual being as the All. I accept the scriptural truth that nothing can enter God ‘that defileth ...or maketh a lie,’ nothing! Only God is God, and God is infinite perfection, so there cannot be powers of good and of evil; there cannot be spiritual powers and mental or material powers. There can be only God-power, infinite, spiritual God-power.’ This refusal to accept in our consciousness good and evil, spiritual and material or mental powers, and this holding steadfastly to the word *I* is sowing to the Spirit.” ~Joel S Goldsmith

Psalms 46:10 (to :) KJV

10 Be still, and know that I am God:

Revelation 21:27 KJV

27 And there shall in no wise enter into it any thing that defileth, neither whatsoever worketh abomination, or maketh a lie: but they which are written in the Lamb's book of life.

Psalms 27:14 KJV

14 Wait on the Lord: be of good courage, and he shall strengthen thine heart: wait, I say, on the Lord.

Matthew 16:23,24 KJV

23 But he turned, and said unto Peter, Get thee behind me, Satan: thou art an offence unto me: for thou savourest not the things that be of God, but those that be of men.

24 Then said Jesus unto his disciples, If any man will come after me, let him deny himself, and take up his cross, and follow me.

When you sense a distraction tempting: Inform the lie that it can't fool you. Hold Steadfast in the Truth. The battle is not yours. Where the Spirit of the Lord is Realized, there is only One *I*. Follow The Lamb, for He is the Shepherd. Christ Is the Way, the Life and the Truth. ~Al Denninger

The Daily Lesson – March 8, 2025

“CONCESSIONS IMPOSED BECAUSE OF LIVING IN ‘THIS WORLD’

We are constantly faced with good persons and bad persons, but we cannot accept either good persons or bad persons, sick persons or well persons: we must accept only the children of God, spiritual identity.” ~Joel S Goldsmith

Acts 10:34 1599 Geneva Bible

34 [a]Then Peter opened his mouth, and said, Of a truth I perceive, that [b]God is no [respector] of persons.

[b] Acts 10:34 That God judgeth not after the outward appearance.

John 7:24 1599 Geneva Bible

24 [a]Judge not according to the appearance, but judge righteous judgment.

[a] John 7:24 We must judge according to the truth of things, lest the persons of men do turn us and carry us away.

2 Corinthians 3:18 1599 Geneva Bible

18 But we all behold as in a mirror the glory of the Lord with open face, and are changed into the same image, from glory to glory, as by the Spirit of the Lord.

Ephesians 5:8,9 KJV

8 For ye were sometimes darkness, but now are ye light in the Lord: walk as children of light:

9 (For the fruit of the Spirit is in all goodness and righteousness and truth;)

John 8:12 KJV

12 Then spake Jesus again unto them, saying, I am the light of the world: he that followeth me shall not walk in darkness, but shall have the light of life.

Judge not according to appearances, but according to the Truth. Christ Gives us the Truth and the Light. Follow Christ. As we partake of the Light, we become the Light.
~Al Denninger

The Daily Lesson – March 9, 2025

“It is true that in our daily affairs and in our speech we make concessions to appearances. For example, every time anyone asks a practitioner for help, and he responds with ‘I will give you help,’ that is a concession to appearances, but it is something that must be done. No one can be completely absolute in such a situation and say, ‘No, I will not give you any help because you are already perfect.’” ~Joel S Goldsmith

Revelation 21:27 KJV

27 And there shall in no wise enter into it any thing that defileth, neither whatsoever worketh abomination, or maketh a lie: but they which are written in the Lamb's book of life.

John 8:32 KJV

32 And ye shall know the truth, and the truth shall make you free.

Seeing an appearance of a lie, and recognizing it as such, does not require an explanation. It is not a reaction to it to correct it—it is a Knowing that there is nothing to correct or improve. The Truth just Is. It is a state of relaxing in God’s Presence where there is nothing else but the Kingdom of Good. It is an Experience beyond faith, beyond words and thoughts, to an actual Knowing of fact. Knowing the Truth does not require a verbal or physical experience, it is Spiritually Known, In Spiritual Consciousness, Spirit to Spirit, Soul to Soul. ~Al Denninger

The Daily Lesson – March 10, 2025

“The patient's response would very likely be, ‘Well, if you won't give me any help, then I will find somebody who will.’

So an Infinite Way practitioner makes concessions and says, ‘Of course, I will give you help at once,’ but within himself, he cannot believe that. The / of him has to be knowing in-wardly, ‘No, the / which is God is my Self, and the / which is God is your Self. There is only one Power; there is only one Presence; there is only one Law; there is only one Being.’ By the time the practitioner has attained this realization, the patient will probably be beginning to feel better. Nevertheless a concession to the call for help has been made, and in a measure we do that in all our affairs.” ~Joel S Goldsmith

1 Corinthians 3:16 KJV

16 Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?

John 14:8-10 KJV

8 Philip saith unto him, Lord, shew us the Father, and it sufficeth us.

9 Jesus saith unto him, Have I been so long time with you, and yet hast thou not known me, Philip? he that hath seen me hath seen the Father; and how sayest thou then, Shew us the Father?

10 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works.

The words that are spoken in this-world are insufficient.... For I can of mine own self do nothing. The Father that Dwelleth in Me is the same Father that Dwelleth in You, and He Doeth the Works. We are all Known as God's Individual Expressions. Be still, Trust God, He will never withhold His Love. ~Al Denninger

The Daily Lesson – March 11, 2025

“Politically, we will speak of one candidate as a good candidate, and another as a bad one. This is only a part of the human drama. Inwardly, we realize that for voting purposes we are judging those candidates from a personal standpoint in terms of our own frame of reference. Actually, we know better: we know that / am he. Even though he does not know it, we know! If we are not knowing that the / of me is the / of you, and the / of you and of me is the / of God, for we are one, we are sowing to the flesh.” ~Joel S Goldsmith

John 7:24 KJV

24 Judge not according to the appearance, but judge righteous judgment.

Romans 8:5-9 KJV

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

6 For to be carnally minded is death; but to be spiritually minded is life and peace.

7 Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be.

8 So then they that are in the flesh cannot please God.

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

Galatians 6:7-8 KJV

7 Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap.

8 For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.

In the flesh we will never realize that we are “sowing to the flesh” until we learn to Sow to the Spirit to Know the difference. First we must Know the True / in Spirit, when we do we will Know our neighbor in Oneness, Knowing them as God Does. Stop the drama— be not deceived. ~Al Denninger

The Daily Lesson – March 12, 2025

“So it is that in normal, everyday conversation, especially with those who are not on this Path, in speaking of the weather, the climate, germs, and all other so-called material powers, we are not going to argue with anyone and try to show how bright we are, or how stupid. ‘Agree with thine adversary.’ Do not start an argument with anyone who is talking about what bad weather, bad crops, or bad times we are having. It is not so important what we do in the way of lip service: what counts is what we are doing within.
~Joel S Goldsmith

Matthew 5:25 (to ;), 43,44 & 16 KJV

25 Agree with thine adversary quickly, while thou art in the way with him;

43 Ye have heard that it hath been said, Thou shalt love thy neighbour, and hate thine enemy.

44 But I say unto you, Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you;

16 Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

You are the children of Light, the offspring and heirs of your Father in Heaven. Do good unto all. Live in Peace and may the Spirit of God delight to Dwell With and Bless you.
~Al Denninger

The Daily Lesson – March 13, 2025

“SEEING THROUGH UNIVERSAL BELIEFS IN THE AREA OF RELATIONSHIPS

In no area is this better illustrated than with parents and their children. There are many occasions when parents have to discipline their children, and times when they may appear quite angry with them; but they must be sure that they are doing this only outwardly, not inwardly. In their hearts, they cannot accept this. Their outward show of displeasure is only for the purpose of correcting the young, immature thought that could not possibly grasp this idea of perfection in one explanation and, because of the universal belief, could not live up to it.” ~Joel S Goldsmith

Hebrews 12:9 KJV

9 Furthermore we have had fathers of our flesh which corrected us, and we gave them reverence: shall we not much rather be in subjection unto the Father of spirits, and live?

Ephesians 6:1-4 KJV

1 Children, obey your parents in the Lord: for this is right.

2 Honour thy father and mother; which is the first commandment with promise;

3 That it may be well with thee, and thou mayest live long on the earth.

4 And, ye fathers, provoke not your children to wrath: but bring them up in the nurture and admonition of the Lord.

James 4:8 KJV

8 Draw nigh to God, and he will draw nigh to you.

Raise your children in the Light of Christ and they will turn inward when tempted with appearances. Set the example by drawing nigh to God with them. ~Al Denninger

The Daily Lesson – March 14, 2025

“For the most part, children are not children at all: they are just ages. There are one-year-olds, two-year-olds, six-year-olds, and twelve-year-olds. Those falling into a particular age bracket act alike, and they are very much alike in their responses. It is only through the spiritual work and training of their parents that eventually they become individuals, but left to themselves, they all pattern their conduct according to the accepted standard of their peers at the different ages through which they pass. But this can be changed as parents understand that what they are being faced with as ugly behavior on the part of their child is merely a belief, universal to that age group.” ~Joel S Goldsmith

1 Corinthians 13:11,12 KJV

11 When I was a child, I spake as a child, I understood as a child, I thought as a child: but when I became a man, I put away childish things.

12 For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known.

Once we Know as we are Known by God, there is no age, no limitation, no childish ideas or expectations. The Truth, if so be we Know it, is limitless Being. Put away the this-world mind. ~Al Denninger

The Daily Lesson – March 15, 2025

“In the same way, we can bring out a different relationship with our neighbor and with the persons that we deal with in business, not so much by acting differently outwardly as by an inward realization of the truth of their identity. They are neither good nor bad; they are neither sick nor well; they are neither rich nor poor: they are spiritual. Spirit has no shifting, changing qualities, and its only quantity is infinity. To sow to the Spirit we must be continuously entertaining a spiritual awareness, having uppermost in our consciousness a spiritual understanding of the nature of God, man, and the universe. We must inwardly know that the only law is spiritual law, and in the knowing of this, mental and material laws are nullified.” ~Joel S Goldsmith

1 Corinthians 12:13 KJV

13 For by one Spirit are we all baptized into one body, whether we be Jews or Gentiles, whether we be bond or free; and have been all made to drink into one Spirit.

Romans 8:5,6 KJV

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

6 For to be carnally minded is death; but to be spiritually minded is life and peace.

Galatians 5:18 KJV

18 But if ye be led of the Spirit, ye are not under the law.

Galatians 6:8 KJV

8 For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.

Spiritual Consciousness Sees Life in an Infinite Way. Be Led by the Spirit. ~Al Denninger

The Daily Lesson – March 16, 2025

“Once we have raised up the I in ourselves, so that this I that does not accept appearances is governing our experience, we will less and less accept powers of good and evil, or material and mental powers, but will recognize only spiritual power. This I that we have raised up within us that will not permit a negative thought to get past It, this I now governs our life and the lives of those who turn to us.” ~Joel S Goldsmith

2 Corinthians 3:18 KJV

18 But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.

1 Corinthians 6:19-20 KJV

19 What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?

20 For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's.

Ephesians 4:4-7 KJV

4 There is one body, and one Spirit, even as ye are called in one hope of your calling;

5 One Lord, one faith, one baptism,

6 One God and Father of all, who is above all, and through all, and in you all.

7 But unto every one of us is given grace according to the measure of the gift of Christ.

Phillipians 4:7 KJV

7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

The I that Lives and Moves and Is our Being is the Spirit of God Loving His every Expression. Rest back and learn to Open an Avenue of Awareness to Receive the Gift of Christ. Open out a Way. ~Al Denninger

The Daily Lesson – March 17, 2025

“This / we have had with us from the beginning. We brought It into this world with us, but because of the world's ignorance of truth, we also came into the world ignorant of truth. Because of that ignorance, what handled us, therefore, what has governed our lives, and what now governs the lives of all human beings is a form of hypnotism or malpractice—whatever it is that makes us think good and evil, hear good and evil, see good and evil, and act from the standpoint of good and evil. In short, it is whatever makes us accept appearances at face value.” ~Joel S Goldsmith

2 Corinthians 11:3 KJV

3 But I fear, lest by any means, as the serpent beguiled Eve through his subtilty, so your minds should be corrupted from the simplicity that is in Christ.

John 7:24 KJV

24 Judge not according to the appearance, but judge righteous judgment.

Ephesians 4:17,18 & 23,24 KJV

17 This I say therefore, and testify in the Lord, that ye henceforth walk not as other Gentiles walk, in the vanity of their mind,

18 Having the understanding darkened, being alienated from the life of God through the ignorance that is in them, because of the blindness of their heart:

23 And be renewed in the spirit of your mind;

24 And that ye put on the new man, which after God is created in righteousness and true holiness.

Psalms 91:1-4 KJV

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

2 I will say of the Lord, He is my refuge and my fortress: my God; in him will I trust.

3 Surely he shall deliver thee from the snare of the fowler, and from the noisome pestilence.

4 He shall cover thee with his feathers, and under his wings shalt thou trust: his truth shall be thy shield and buckler.

If we Dwell in the Secret Place of the Most High and focus on the simplicity of Christ, we will step right over the lies, temptations and noisome appearances that can distract us. We can only be beguiled if we stray off the Path of Righteousness. Put on the Mind of Christ and lean not unto thine own understanding. Trust the Righteous Judgment of God. ~Al Denninger

The Daily Lesson – March 18, 2025

“JUDGE RIGHTEOUS JUDGMENT’

Those who are not familiar with the optical illusions engendered by atmospheric conditions on the desert will probably accept the appearance of a big beautiful lake with a wonderful city built around it which looms up before them, and will start driving their car toward that beautiful lake, even looking for a hotel where they can spend the night. However, those who understand the phenomenon of a mirage do not for a moment accept the appearance of a lake or a city at face value: they instantly recognize that this is mirage.” ~Joel S Goldsmith

John 7:24 KJV

24 Judge not according to the appearance, but judge righteous judgment.

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Take no thought for the appearances of this-world, for Spiritual discernment renders them nothing. Lies are always lies. Come out from the cover of darkness, stand in the Light of Truth and seek ye first the Kingdom of God. ~Al Denninger

The Daily Lesson – March 19, 2025

“In ‘this world,’ where an ignorance of truth predominates, we are constantly being faced with sin, disease, death, lack, and limitation, with evil of every kind. We accept the world of appearances and pay the penalty for that acceptance. If, on the other hand, we have been spiritually taught, we will instantly recognize that these suggestions that come to us are appearances like the mirage on the desert. The Master taught, ‘Judge not according to the appearance, but judge righteous judgment.’ So I say to you, ‘Having eyes, do you not see through this appearance? Having ears, do you not hear beyond the appearance? Do not accept appearances of good and evil at face value. Accept them only as mirage, illusion, a form of malpractice, or hypnotism, and above all things, do not accept them as something that has to be healed, reformed, changed, or corrected.’” ~Joel S Goldsmith

Ezekiel 12:2 KJV

2 Son of man, thou dwellest in the midst of a rebellious house, which have eyes to see, and see not; they have ears to hear, and hear not: for they are a rebellious house.

John 7:24 KJV

24 Judge not according to the appearance, but judge righteous judgment.

Matthew 11:15 KJV

15 He that hath ears to hear, let him hear.

Romans 10:17 KJV

17 So then faith cometh by hearing, and hearing by the word of God.

We rebel in ignorance and accept every appearance that we can dream up until we stop thinking our selves into it. We, of our own selves, can do nothing—the Father within Doeth the Works. Accept no worldly lies. His Judgment is Righteous, accept nothing else. Stop, Dwell and Listen for His Voice with Spiritual Ears to Hear.

Speak Lord thy servant Heareth... Face to Face, I See... “now I know in part; but then shall I know even as also I am known.” ~Al Denninger

The Daily Lesson – March 20, 2025

“Every day we meet up with material laws, mental laws, and legal laws. Every day we meet up with appearances of sin, false appetite, disease, evil men in government, and spiritual wickedness in high places. There is not a day in which these suggestions do not cross our path. We cannot avoid them, not by going away to a convent, a monastery, or an ashrama because wherever we are we take the world right with us. Wherever we go, the newspapers will shout, and the radios will blare.” ~Joel S Goldsmith

John 7:24 KJV

24 Judge not according to the appearance, but judge righteous judgment.

Matthew 4:1-4 KJV

1 Then was Jesus led up of the Spirit into the wilderness to be tempted of the devil.

2 And when he had fasted forty days and forty nights, he was afterward an hungred.

3 And when the tempter came to him, he said, If thou be the Son of God, command that these stones be made bread.

4 But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.

1 Peter 5:6-11 KJV

6 Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time:

7 Casting all your care upon him; for he careth for you.

8 Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour:

9 Whom resist stedfast in the faith, knowing that the same afflictions are accomplished in your brethren that are in the world.

10 But the God of all grace, who hath called us unto his eternal glory by Christ Jesus, after that ye have suffered a while, make you perfect, stablish, strengthen, settle you.

11 To him be glory and dominion for ever and ever. Amen.

Dear One, I have used John:7-24 for the 4th day in a row... We must all have it memorized by now, right? Yes. It is truly one of the most important lines in Scripture. Keep it close, as your Shield and Buckler. Keep it always with you, surrounding you, and deep within, keep your Trust in God. Be sober, be vigilant, let the Still small Voice of God establish, strengthen, and settle you. Live by every Word that proceeds out of the Mouth of God. Turn off the noisome pestilence, put it behind you, and give the Glory and Dominion to God. Know Righteous Judgment. ~Al Denninger

The Daily Lesson – March 21, 2025

“As a matter of fact, the higher we go in spiritual realization the more of evil and discordant appearances will be brought to our doorstep, because sick persons, sinning persons, and poor persons gravitate to those of spiritual light to pour out their burdens. And this is right; it is right! The Christ of us says, ‘Drop your burdens at My feet. My yoke is light. Just pour them all out. They are of no weight to Me.’” ~Joel S Goldsmith

Matthew 11:28-30 KJV

28 Come unto me, all ye that labour and are heavy laden, and I will give you rest.

29 Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls.

30 For my yoke is easy, and my burden is light.

Luke 9:23 KJV

23 And he said to them all, If any man will come after me, let him deny himself, and take up his cross daily, and follow me.

Psalms 55:22 KJV

22 Cast thy burden upon the Lord, and he shall sustain thee: he shall never suffer the righteous to be moved.

It doesn't matter what they throw at you—what the appearance is—the answer is always the same.... I Am with you, even in the valley of the shadow of death. Take up thy Cross daily, and follow Me. If you Know The Way, and are a faithful servant, the world will find you and keep you busy. ~Al Denninger

The Daily Lesson – March 22, 2025

“We really do not have to get rid of any of the sins, disease lacks, or limitations of the persons who come to us. We merely have to refuse to accept the appearances and realize that whatever is presented to us is a state of hypnotism producing an illusion, a mirage.” ~Joel S Goldsmith

John 4:-15 KJV

6 Now Jacob's well was there. Jesus therefore, being wearied with his journey, sat thus on the well: and it was about the sixth hour.

7 There cometh a woman of Samaria to draw water: Jesus saith unto her, Give me to drink.

8 (For his disciples were gone away unto the city to buy meat.)

9 Then saith the woman of Samaria unto him, How is it that thou, being a Jew, askest drink of me, which am a woman of Samaria? for the Jews have no dealings with the Samaritans.

10 Jesus answered and said unto her, If thou knewest the gift of God, and who it is that saith to thee, Give me to drink; thou wouldest have asked of him, and he would have given thee living water.

11 The woman saith unto him, Sir, thou hast nothing to draw with, and the well is deep: from whence then hast thou that living water?

12 Art thou greater than our father Jacob, which gave us the well, and drank thereof himself, and his children, and his cattle?

13 Jesus answered and said unto her, Whosoever drinketh of this water shall thirst again:

14 But whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life.

15 The woman saith unto him, Sir, give me this water, that I thirst not, neither come hither to draw.

Matthew 5:6 KJV

6 Blessed are they which do hunger and thirst after righteousness: for they shall be filled.

Do we hunger and thirst for the illusion of a temporary refreshment to quench the body and then end up thirsting again, or do we hunger and thirst for Righteousness—Knowing the Gift of God that Springs up into Everlasting Life? It is easy to accept an appearance and hope its the truth, but those kind of lies come with no Real Assurance. Be Filled with Living Water and thirst not. ~Al Denninger

The Daily Lesson – March 23, 2025

“We must stand fast in spite of every appearance, in spite of every cry of pain, in spite of everything: I within you and I within me must stand fast and not accept it. Because the I within us has been lifted up, we see through the mirage to Reality. In God's kingdom, there is not a sin, disease, death, lack, or limitation. In the whole of God's kingdom, there is not an evil of any nature. We have to stand fast in that truth, and let the appearances hit up against us until they break.” ~Joel S Goldsmith

John 8:13,14 KJV

13 For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live.

14 For as many as are led by the Spirit of God, they are the sons of God.

Isaiah 41:10 KJV

10 Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.

Psalms 46:10 (to :) KJV

10 Be still, and know that I am God:

Romans 8:28 KJV

28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

Galatians 5:1 KJV

1 Stand fast therefore in the liberty wherewith Christ hath made us free, and be not entangled again with the yoke of bondage.

Appearances in the flesh have no power in the Kingdom of God, or anywhere actually, for they are nothing. Hold up the Light of Christ within you and stand fast in your Discernment, free from the lies that tempt you to react. Rest back in the Righteous Judgment of Truth that passeth human understanding. Work together with Good and watch the fulfillment of God's purpose. ~Al Denninger

The Daily Lesson – March 24, 2025

“Some of them break rapidly, some of them will not break so rapidly, and a few refuse to break at all. Why? One reason may be that as practitioners we are not rising quite as high into heavenly consciousness as we should be. I will admit that if our practitioners could be a little more separate and apart from the ways of the world they could do better works, but because we all have to live in this world and with it, it may be that we do not rise high enough in spiritual consciousness to do all the works that we should do.”
~Joel S Goldsmith

Acts 3:1-13 KJV

1 Now Peter and John went up together into the temple at the hour of prayer, being the ninth hour.

2 And a certain man lame from his mother's womb was carried, whom they laid daily at the gate of the temple which is called Beautiful, to ask alms of them that entered into the temple;

3 Who seeing Peter and John about to go into the temple asked an alms.

4 And Peter, fastening his eyes upon him with John, said, Look on us.

5 And he gave heed unto them, expecting to receive something of them.

6 Then Peter said, Silver and gold have I none; but such as I have give I thee: In the name of Jesus Christ of Nazareth rise up and walk.

7 And he took him by the right hand, and lifted him up: and immediately his feet and ankle bones received strength.

8 And he leaping up stood, and walked, and entered with them into the temple, walking, and leaping, and praising God.

9 And all the people saw him walking and praising God:

10 And they knew that it was he which sat for alms at the Beautiful gate of the temple: and they were filled with wonder and amazement at that which had happened unto him.

11 And as the lame man which was healed held Peter and John, all the people ran together unto them in the porch that is called Solomon's, greatly wondering.

12 And when Peter saw it, he answered unto the people, Ye men of Israel, why marvel ye at this? or why look ye so earnestly on us, as though by our own power or holiness we had made this man to walk?

13 The God of Abraham, and of Isaac, and of Jacob, the God of our fathers, hath glorified his Son Jesus;

The people marveled in amazement as though they had seen a magical healing of a body. Did Peter do the Work of Healing the man at the Gate of the Temple? Or, was he an Instrument of Christ about The Father's Business? If Peter actually saw, and reacted to the appearance of a lame man before him, could he have asked him to walk? No. Peter Saw, as Christ Does. He Saw a beautiful man of Perfect Birth and asked him to join him in the Temple. If he had seen a lame man, all of the silver and gold in the world, or hours of meditation, could not have healed the man. And so, we are about

The Father's Business in direct proportion to our reaction to the appearances presented. Christ Consciousness does not see or react to appearances. ~Al Denninger

The Daily Lesson – March 25, 2025

“The other reason is that the patients will not yield. They usually have in mind the changing of an evil condition into a good one, and this acts as a block. Spiritual healing is not changing an evil condition into a good one: healing is really the changing of consciousness, and very often there is a reluctance or unwillingness to yield up whatever it is that is acting as a block.” ~Joel S Goldsmith

Romans 12:1-2 KJV

1 I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Proverbs 3:5-6 KJV

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

John 8:32 KJV

32 And ye shall know the truth, and the truth shall make you free.

It's OK to ask for help if you get stuck. Everyone gets caught up in a distraction from time to time. It takes practice to calm yourself down, to stop, Trust God, surrender and Listen. Sometimes all we need is a quick reminder from a friend or Practitioner to wake us up and rest back in the Truth that we Know. Sometimes all we need is to Know that we are not alone. Healing is an Awakening of Truth. Love God with all your Heart. Acknowledge Him. Fear not, I Am with you. ~Al Denninger

The Daily Lesson – March 26, 2025

“This is never done consciously. We never blame anyone for whatever it is that he is holding onto because he cannot help it, any more than we can help whatever it is that we hold onto. It is something deep down in our consciousness, and the answer lies in keeping on until there is a yielding.” ~Joel S Goldsmith

1 Corinthians 2:9-14 KJV

9 But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him.

10 But God hath revealed them unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God.

11 For what man knoweth the things of a man, save the spirit of man which is in him? even so the things of God knoweth no man, but the Spirit of God.

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

13 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

James 5:7-8 KJV

7 Be patient therefore, brethren, unto the coming of the Lord. Behold, the husbandman waiteth for the precious fruit of the earth, and hath long patience for it, until he receive the early and latter rain.

8 Be ye also patient; stablish your hearts: for the coming of the Lord draweth nigh.

1 Peter 5:6,7 KJV

6 Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time:

7 Casting all your care upon him; for he careth for you.

TRUTH is within ourselves; it takes no rise
From outward things, whate'er you may believe.
There is an inmost center in us all,
Where truth abides in fullness; and around,
Wall upon wall, the gross flesh hems it in,
This perfect, clear perception – which is truth.
A baffling and perverting carnal mesh
Binds it, and makes all error: and, to KNOW,
Rather consists in opening out a way
Whence the imprisoned splendour may escape,
Than in effecting entry for a light
Supposed to be without. ~by Robert Browning

Be patient and keep your heart persistently Still. Sidetracking off the Path down rabbit holes will never result in anything. We must return Home to the Place where the Father is waiting for us, and Dwell there. God has put His Spirit Deep Within us, so we can always find it, even if we find ourselves in the valley of the shadow of death. All that the Father has is ours—it always was—and always will Be. Omnipresence is made up of every single Expression of God.

Only by casting our care unconditionally upon God will we shed the restraints of the carnal mind that distracts us by manipulating the Truth and hiding it in the most obvious place it could be. Open an avenue of Awareness for the imprisoned Splendor to escape. Humbly surrender and be forgiven, God is with you now, Loving you. And so Am I. ~Al Denninger

The Daily Lesson – March 27, 2025

“WE CANNOT GET RID OF AN APPEARANCE

In Infinite Way healing work, we are not turning to God to heal anybody. We do not have the kind of God who would let anyone be sick if it were within His knowledge, and if we recognize God to be Omniscience and Omnipotence we surely could not find anyone outside of God's knowledge. It is entirely a matter of the individual called a practitioner being able to rise to that state of consciousness which refuses to accept the appearance, knowing its hypnotic and illusory source, and the nothingness of it because it is not supported by a law of God.” ~Joel S Goldsmith

Colossians 3:2 KJV

2 Set your affection on things above, not on things on the earth.

Psalms 147:4,5 KJV

4 He telleth the number of the stars; he calleth them all by their names.

5 Great is our Lord, and of great power: his understanding is infinite.

Matthew 6:31,32 KJV

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Isaiah 40:26 KJV

26 Lift up your eyes on high, and behold who hath created these things, that bringeth out their host by number: he calleth them all by names by the greatness of his might, for that he is strong in power; not one faileth.

We cannot correct that which is already Perfect and we cannot correct the appearance of a lie. Also, we cannot inform God that there is something in His Kingdom that needs correction. So what can we do? We can seek the Kingdom of God and learn to Rest in the Assurance that God already Knows what you have need of and is with you this very minute. Set your affections on Him. ~Al Denninger

The Daily Lesson – March 28, 2025

“No sin and no disease are supported by a law of God. If they were, they would be eternal. We can never hope to change anything that is supported by God. If it has a law of God to maintain it, we cannot hope to break it, and the very fact that we do break through our sins, our diseases, and our lacks is sufficient proof that there never was any law of God supporting them. A law of matter, yes; a law of mind, yes; but these are not laws of God, and for this very reason, any form of evil can be dispelled.” ~Joel S Goldsmith

Romans 13:1,2 KJV

1 Let every soul be subject unto the higher powers. For there is no power but of God: the powers that be are ordained of God.

2 Whosoever therefore resisteth the power, resisteth the ordinance of God:

Mark 12:2 KJV

13 And they send unto him certain of the Pharisees and of the Herodians, to catch him in his words.

14 And when they were come, they say unto him, Master, we know that thou art true, and carest for no man: for thou regardest not the person of men, but teachest the way of God in truth: Is it lawful to give tribute to Caesar, or not?

15 Shall we give, or shall we not give? But he, knowing their hypocrisy, said unto them, Why tempt ye me? bring me a penny, that I may see it.

16 And they brought it. And he saith unto them, Whose is this image and superscription? And they said unto him, Caesar's.

17 And Jesus answering said unto them, Render to Caesar the things that are Caesar's, and to God the things that are God's. And they marvelled at him.

John 18:36 KJV

36 Jesus answered, My kingdom is not of this world:

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

See world-view images for what they are and they dissolve, Know the Kingdom of God as the Realm of Truth and Experience Infinite Life. Deceit dissolves in the Presence of Truth. ~Al Denninger

The Daily Lesson – March 29, 2025

“We need never be afraid to try to heal, regardless of the name or nature of the claim, because, to begin with, we have the awareness that there is no law of God supporting or maintaining any erroneous condition; and we know that no law of God created it. God never made it.” ~Joel S Goldsmith

Genesis 1:31 (to .) KJV

31 And God saw every thing that he had made, and, behold, it was very good.

Matthew 6:31-33 KJV

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Matthew 6:8 for KJV

8 ...for your Father knoweth what things ye have need of, before ye ask him.

1 Corinthians 2:14 KJV

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

John 8:32 KJV

32 And ye shall know the truth, and the truth shall make you free.

The Experience of Healing is not changing a bad appearance into a good one—it is not changing a bad thought into a good thought—it is seeing through the appearance or condition to what is True. Focus not on God doing something, but on the Completed Creation that is already established. The I that I Am, was, Is Now and Forever will Be. God already Knows the Truth, He is the Source. Be still and Know it. ~Al Denninger

The Daily Lesson – March 30, 2025

“Humanly it is true that we are sick and we die; but let us this moment free ourselves from the superstition that God has anything to do with any of this, and let us put the blame on our own shoulders. It is our ignorance, yours and mine, nobody else's; but if it is your ignorance and mine, it is only our ignorance because we are a part of the universal ignorance which has been handed down to us.” ~Joel S Goldsmith

Acts 17:22-25 (to ;) KJV

22 Then Paul stood in the midst of Mars' hill, and said, Ye men of Athens, I perceive that in all things ye are too superstitious.

23 For as I passed by, and beheld your devotions, I found an altar with this inscription, TO THE UNKNOWN GOD. Whom therefore ye ignorantly worship, him declare I unto you.

24 God that made the world and all things therein, seeing that he is Lord of heaven and earth, dwelleth not in temples made with hands;

25 Neither is worshipped with men's hands, as though he needed any thing, seeing he giveth to all life, and breath, and all things;

Romans 8:5-9 KJV

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

6 For to be carnally minded is death; but to be spiritually minded is life and peace.

7 Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be.

8 So then they that are in the flesh cannot please God.

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

Living in the carnal experience is a finite journey. Break free from the bonds of finite sense—Dwell in the Spirit, and the Spirit will Dwell in You. All that the Father hath is thine. Where the Spirit is Realized, there is Liberty. ~Al Denninger

The Daily Lesson – March 31, 2025

“Anyone can undertake healing work at any time if he will realize the basic principle that he is not trying to remove a disease, a condition, a sin, or a false appetite. The moment anyone tries to do that, he is trapped, and there will be no healing.” ~Joel S Goldsmith

2 Chronicles 20:17 KJV

17 Ye shall not need to fight in this battle: set yourselves, stand ye still, and see the salvation of the Lord with you, O Judah and Jerusalem:

Galatians 5:1 KJV

1 Stand fast therefore in the liberty wherewith Christ hath made us free, and be not entangled again with the yoke of bondage.

Matthew 6:33 KJV

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Healing is in direct proportion to our reaction to a distraction. To react is to be tempted to believe that there might be something besides God. Is there any Truth in a lie? Can we be afraid of a lie? Know the Truth and the appearance of the lie is false.

Stand ye still and Know that I Am with you, and “I” already Know what ye have need of.... Thank you Father.

Rest in the Word. ~Al Denninger

The Daily Lesson – April 1, 2025

“We are not dealing with a sin, with a disease, with a false appetite, or with a lack. We are dealing with an illusory appearance that must be recognized as having no God-law, God-ordination, God-presence, or God-power. We are not dealing with a condition, but with a universal belief in a selfhood apart from God. Any condition or situation is always a universal belief, always a universal claim. It is never the fault of our patient; it is never the fault of our student; it is never the fault of ourselves: it is a universal claim of two powers, a universal claim of a selfhood apart from God, a universal belief in good and evil. But the truth is I:

I and the Father are one. All that is true of the Father is true of me because of oneness. God is Spirit, and I am spiritual. God is immortal and eternal, and I am immortal and eternal.

This is not only the truth about us: it is the truth about the patient, the student, or anyone who has called upon us for help.” ~Joel S Goldsmith

Colossians 1:16-17 KJV

16 For by him were all things created, that are in heaven, and that are in earth, visible and invisible, whether they be thrones, or dominions, or principalities, or powers: all things were created by him, and for him:

17 And he is before all things, and by him all things consist.

Acts 17:28 KJV

28 For in him we live, and move, and have our being; as certain also of your own poets have said, For we are also his offspring.

Luke 15:31 KJV

31 And he said unto him, Son, thou art ever with me, and all that I have is thine.

John 15:4,5 KJV

4 Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

Our job is to Realize that God is the Center of all Being and I and every individual Expression of God is His Creation. There is a universal belief among un-Know-ers that this is not true. I know that we will all be taught by God, but it is our choice to decide when we decide to listen. Without God I am not—with God I Am. ~Al Denninger

The Daily Lesson – April 2, 2025

“We are dealing with an appearance, an appearance produced by a universal malpractice, a universal ignorance, a universal hypnotism, *but only an appearance*. We are not to attempt to get rid of the appearance. *We can no more get rid of an appearance than we can get rid of the mirage on the desert*. We can only see through it and understand it to be a mirage, and then go on about our business. Usually in the moment of our recognizing it as mirage, the picture dissolves. So it is, too, in healing. In our realization of the illusory nature of the appearance, the appearance dissolves, and then the patient says, ‘I am better,’ or ‘I am healed.’” Joel S Goldsmith

John 7:24 KJV

24 Judge not according to the appearance, but judge righteous judgment.

Proverbs 14:5 KJV

5 A faithful witness will not lie: but a false witness will utter lies.

John 8:32 KJV

32 And ye shall know the truth, and the truth shall make you free.

Lies presented in what appears to be “realistic” ways are still nothing. Healings are an Awakening to Reality. There is always a change. The change is a Spiritually Enlightened Experience of Righteous Judgment. Be ye transformed by an Awakening of the Mind of Christ that always Sees Perfection, always Judges Righteously and always Loves Unconditionally. Be a faithful witness of Truth. ~Al Denninger

The Daily Lesson – April 3, 2025

“DO'S AND DON'T'S IN HEALING WORK

In The Infinite Way, we never give a treatment to a person. We give the treatment to ourselves. We are the one under treatment because we are the one to whom the appearance has been brought, and it must be met in our own consciousness. We never touch the mind of our patient or student: we never enter his mental home. We have no business there! Every person is a sacred being, sacred unto God, and we do not intrude into his mind or thought. If we do, we are practicing hypnotism or suggestion, and we are meddling in somebody else's mind. That is no part of The Infinite Way. In fact, we never mention a patient's name in our treatment; we never mention the name of his disease, sin, or fear, nor do we ever reach out to send a thought to him. Never! To do so is a serious offense in a spiritual teaching!” ~Joel S Goldsmith

Colossians 3:2 KJV

2 Set your affection on things above, not on things on the earth.

Psalms 46:10 KJV

10 Be still, and know that I am God

Matthew 6:6-8 & 31-33 KJV

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

7 But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking.

8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

If we are asked for Spiritual Healing or help, what business do we have working on the non-spiritual things of this-world? Seek the Kingdom of God and His Righteousness, nothing but the Truth matters, because there is nothing else. Stay focused on the Truth and the Truth you will Prove. Demonstrate Reality. ~Al Denninger

The Daily Lesson – April 4, 2025

“What we do when the appearance is brought to us is to go immediately to the *I* of our being, and abide there until we come to the conclusion that ‘I and my Father are one,’ and that this is a universal truth. We wrestle with this truth within ourselves until we come to the point of conviction that there is only Spirit. This teaching does not permit anyone ever, under any circumstance, to enter the mind or thought of a patient or to address him by name and say, ‘You are well,’ or ‘You are spiritual.’ None of that is acceptable practice in The Infinite Way!” Joel S Goldsmith

John 8:58 KJV

58 Jesus said unto them, Verily, verily, I say unto you, Before Abraham was, I am.

John 10:30 KJV

30 I and my Father are one.

Psalms 91:1,2 KJV

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

2 I will say of the Lord, He is my refuge and my fortress: my God; in him will I trust.

1 John 4:13 KJV

13 Hereby know we that we dwell in him, and he in us, because he hath given us of his Spirit.

I can of mine own self do nothing... It is You Father that Doeth the Works.... It is only You... I will go within and wait upon You with full conviction and assurance for Your Love and Instruction.... Why? Because, I have Felt Your Discernment before and have Known Your Peace that Passeth Understanding.... Abide in me and I in You, Spirit to Spirit, Soul to Soul in Oneness... You are my Refuge, in You do I Trust... I have nothing to ask for, because You already Know all there is to Know.... Speak Lord, thy servant heareth... .. In God We Trust. ~Al Denninger

The Daily Lesson – April 5, 2025

“When in The Infinite Way a person says, ‘I have a headache,’ I immediately forget him and deal with myself. The appearance of a headache has been presented to me; the appearance of a sick person has been presented to me. What am I going to do with it? And so I realize, ‘Ah, Joel, you are not going to accept that for one single moment. You know better! You know that ‘I and my Father are one,’ and that you have nothing to do with healing any person out there! You know, Joel, that all that God is, you are. You know that there is only spiritual law, spiritual being. You know that there are not good people and bad people; you know that there are not sick people and well people. You are dealing with God and His perfect spiritual creation, and all other appearances are but the product of a universal hypnotism, a universal malpractice, a universal belief in two powers.’” Joel S Goldsmith

1 Corinthians 8:2,3 KJV

2 And if any man think that he knoweth any thing, he knoweth nothing yet as he ought to know.

3 But if any man love God, the same is known of him.

Ephesians 4:4-6 KJV

4 There is one body, and one Spirit, even as ye are called in one hope of your calling;

5 One Lord, one faith, one baptism,

6 One God and Father of all, who is above all, and through all, and in you all.

John 15:4,5 KJV

4 Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

There is only one answer, and it is always the same—I can of mine own self, can do nothing about this appearance or any other idea presented—the Father within Doeth the Works. Abide in Him, and Him in You, and the Oneness bringeth forth much Fruit. Without God I am not. ~Al Denninger

The Daily Lesson – April 6, 2025

“If I keep that up within myself, eventually it comes, ‘Ah, yes, that is truth.’ Then I am quiet, and in a few moments a deep sense of peace comes, a ‘click,’ a deep breath, something or other, and I know that God is on the scene, and that is all there is to it. As you can see, I have had nothing to do with the patient.” Joel S Goldsmith

Psalm 46:10 KJV

10 Be still, and know that I am God

Psalms 23:3 1599 Geneva Bible

3 He restoreth my soul, and leadeth me in the paths of righteousness for his Name's sake.

John 8:32 KJV

32 And ye shall know the truth, and the truth shall make you free.

Psalm 16:11 KJV

11 Thou wilt shew me the path of life: in thy presence is fulness of joy; at thy right hand there are pleasures for evermore.

Be still and Know that I Am.

Who is?...

God. Nothing to do with me.

Why?...

Because God restores my Soul and Leads me in the Path of Righteousness.

What shall I do?...

Rest back and Know only Truth of Being. Practice the Presence of God and surrender my life to His Will.

What should I expect?...

I desire nothing. But I will humbly Open an Avenue of Awareness to The Presence of God and His Kingdom.... I will learn to Know...purely...without condition or thought...

The Father and the Presence of Christ Knows all, Loves and Directs my Path in Life....

And my patient's Life...

What should my patient do?

Take up his cross and follow Me [Christ]... He will Know that without me telling him. He will be Taught by God, when he is still... But my Love will give him the assurance of Truth and the confidence to Practice...

How much will this all cost me?...

All my earthly thoughts—all of it—everything....

OK then... Speak Lord, thy servant heareth... ..

I can't wait... But I will...

Thank you Father, for the Love I Know. My Cup runneth over... My patient is changed!

~Al Denninger

The Daily Lesson – April 7, 2025

“The person may call, write, or cable me an hour later or the next day, and I may have to go through this same process again. If he does not respond quickly, I may have to stay with him for months and months, but the procedure is always the same. Never do I work through suggestion; never do I work through hypnotism; never will I enter the consciousness of any person.” Joel S Goldsmith

James 5:7-8 KJV

7 Be patient therefore, brethren, unto the coming of the Lord. Behold, the husbandman waiteth for the precious fruit of the earth, and hath long patience for it, until he receive the early and latter rain.

8 Be ye also patient; stablish your hearts: for the coming of the Lord draweth nigh.

Psalms 46:10 KJV

10 Be still, and know that I am God

James 1:4 KJV

4 But let patience have her perfect work, that ye may be perfect and entire, wanting nothing.

Be steadfast in the Truth, be not tempted to react. Suggestion is overcome with fact. The Father, He Doeth the Work. Know It with all your Heart. ~Al Denninger

The Daily Lesson – April 8, 2025

“My object is not merely to change a person's sickness into health. My object is to lift him in consciousness, not by doing something to him, but by raising up the I in me, and then, if I be lifted up, he is drawn to that level of consciousness, but without my having to do anything humanly about it, or about him as a person.” Joel S Goldsmith

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

John 12:32 KJV

32 And I, if I be lifted up from the earth, will draw all men unto me.

Ephesians 4:23,24 KJV

23 And be renewed in the spirit of your mind;

24 And that ye put on the new man, which after God is created in righteousness and true holiness.

2 Corinthians 3:18 KJV

18 But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.

My study, practice and Work is not to attempt to correct or advise the Creation of God, but to Recognize His Kingdom everywhere I Look—so that I may See God and His every Expression as I Am Seen by Him. I am to See the Face of God on every individual face I see. I am to set an example and invisibly inspire Christ's sheep to follow Him and do the same. “Freely ye have Received, Freely Give” is not just a catchy saying, from Christ through Matthew, it is a requirement in the Good Service of The Father.

Aha! In this thundering Click I just Heard more deeply what was written in Mark 10:27 where Christ said, “Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy strength, and with all thy mind; and thy neighbour as thyself.” I always thought that was two commandments, but it is really one commandment with an “and” in the middle. You can't have one without the other. With all thy “mind” includes whatever I see, hear, taste, touch and smell, and so it is Renewed As the Mind of Christ into what “I” [God] See's and Hear's etc.

Thank you Father...

Freely Give the Gift of: learning to Listen. ~Al Denninger

The Daily Lesson – April 9, 2025

“That is why it is necessary, first, to establish ourselves in the absolute conviction that there is a ‘My kingdom,’ a spiritual kingdom, and that nothing ‘that defileth ...or maketh a lie’ can ever enter that spiritual kingdom of God and His spiritual universe and spiritual man.” Joel S Goldsmith

Proverbs 3:5-6 KJV

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

John 18:36 KJV

36 Jesus answered, My kingdom is not of this world: if my kingdom were of this world, then would my servants fight, that I should not be delivered to the Jews: but now is my kingdom not from hence.

Revelation 21:27 KJV

27 And there shall in no wise enter into it any thing that defileth, neither whatsoever worketh abomination, or maketh a lie: but they which are written in the Lamb's book of life.

Romans 8:5-9 KJV

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

6 For to be carnally minded is death; but to be spiritually minded is life and peace.

7 Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be.

8 So then they that are in the flesh cannot please God.

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

We must develop a complete Trust in God with all our Heart in order to begin to Realize that we can do nothing of our own selves. The carnal mind thinks it is so smart that it doesn't need God. God will not truly Direct our Lives until we give our complete attention to Him. Being Spiritually Focused is Life and Peace. ~Al Denninger

The Daily Lesson – April 10, 2025

“PRACTICE IS ESSENTIAL

“Through conscious realization we must establish the truth of our oneness with God, our oneness with spiritual perfection. Then, from there on, we are not dealing with persons or conditions: we are dealing only with the world of appearances, or illusion. The illusion in one place may be a lake, and the illusion in another may be a city, but it is all illusion, and the substance of an illusion is nothingness, whether it appears as a lake or a city. The substance of illusion is the same, whether it appears as a cold, a headache, a cancer, tuberculosis, a broken bone, poverty, or unemployment. It is always nothingness, the ‘arm of flesh,’ appearance. Behind it is the activity of a universal malpractice or hypnotism, which is produced by the universal belief in two powers.” Joel S Goldsmith

Psalms 139:7 KJV

7 Whither shall I go from thy spirit? or whither shall I flee from thy presence?

II Chronicles 32:7,8 KJV

7 Be strong and courageous, be not afraid nor dismayed for the king of Assyria, nor for all the multitude that is with him: for there be more with us than with him:

8 With him is an arm of flesh; but with us is the Lord our God to help us, and to fight our battles. And the people rested themselves upon the words of Hezekiah king of Judah.

Appearances or illusions are always the same:

Mental distractions imitating a presence other than God—Nothing.

The answer is always the same:

There is only God—Omnipresent—Infinitely Expressed As.

One is More. Rest yourself. ~Al Denninger

The Daily Lesson – April 11, 2025

“The healing principle of The Infinite Way is simple, but no one can bring about healings quickly just through knowing the letter of truth: it is working with it that develops this consciousness. It becomes second nature not to take in the appearance as if it were a condition, not to condemn a person, not to react to any appearance presented by a person, and that is when the healing consciousness is in full bloom, and then is when our healing ministry begins. Up to that time, we are practicing, practicing, and practicing to develop that consciousness. The consciousness that does not respond to appearances, the consciousness that is aware of the spiritual nature of creation and of the illusory nature of appearances, is a healing consciousness.” Joel S Goldsmith

2 Corinthians 3:3-6 KJV

3 Forasmuch as ye are manifestly declared to be the epistle of Christ ministered by us, written not with ink, but with the Spirit of the living God; not in tables of stone, but in fleshy tables of the heart.

4 And such trust have we through Christ to God-ward:

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

6 Who also hath made us able ministers of the new testament; not of the letter, but of the spirit: for the letter killeth, but the spirit giveth life.

Romans 7:6 KJV

6 But now we are delivered from the law, that being dead wherein we were held; that we should serve in newness of spirit, and not in the oldness of the letter.

Romans 15:4-6 KJV

4 For whatsoever things were written aforetime were written for our learning, that we through patience and comfort of the scriptures might have hope.

5 Now the God of patience and consolation grant you to be likeminded one toward another according to Christ Jesus:

6 That ye may with one mind and one mouth glorify God, even the Father of our Lord Jesus Christ.

Jeremiah 29:13 KJV

13 And ye shall seek me, and find me, when ye shall search for me with all your heart.

The written letter of Truth is for our learning, study and comfort. It is for us to patiently and fervently ponder and meditate deeply with that we might ask God what it means. In continued frequent practice, we Dwell in the Kingdom of God that we may Commune in Spiritual Oneness and thereby be ready to Let the Spirit Flow to us and through Us As God's Life and Expression, beyond words and thoughts. Love God with all your Heart and you shall Feel His Love. ~Al Denninger

The Daily Lesson – April 12, 2025

“Every serious student must work with these principles and practice them with the most insignificant claims that arise. Many times letters come hesitatingly asking for help for a cat or a dog. My answer always is the same: ‘I am not interested in whether it is your cat or your dog: I am interested in the appearance that is being presented to me, and that is what must be met.’ By meeting it when it appears in their cats or their dogs, later on they are enabled to see how to meet it in a human being. Never, never for a moment think that there is anything so small, so tiny, or so insignificant that these principles should not be applied to it, because I can assure you that in applying them to the small things of life, you help to develop the consciousness for undertaking the greater ones.”
Joel S Goldsmith

Matthew 5:6 KJV

6 Blessed are they which do hunger and thirst after righteousness: for they shall be filled.

Proverbs 3:5-6 KJV

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

2 Timothy 3:14-17 KJV

14 But continue thou in the things which thou hast learned and hast been assured of, knowing of whom thou hast learned them;

15 And that from a child thou hast known the holy scriptures, which are able to make thee wise unto salvation through faith which is in Christ Jesus.

16 All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness:

17 That the man of God may be perfect, thoroughly furnished unto all good works.

1 Thessalonians 5:18 KJV

18 In every thing give thanks: for this is the will of God in Christ Jesus concerning you.

*I can of mine own self do nothing, Father.... I crave to Dwell in Your Presence... I appreciate every spark of Flowing Light... I am focused on my practice of Your Presence, Your Will and Righteous Direction.... I am grateful for Your every moment... And so, I am, Onward and Upward.... Listening... .. I Love You and Trust You.
~Al Denninger*

The Daily Lesson – April 13, 2025

“Keep yourself in the consciousness into which this lesson lifts you because it is all too easy to come down to the human level and be frightened by an appearance of disease, sin, or lack, whether that appearance is presented as a child or a grown-up. It is only by abiding in these principles that fear is dissipated, and automatically every error is wiped out through the recognition: illusion, hypnotism, malpractice, an appearance. The more you can deal with all error in that way, the better healing work you will accomplish.” Joel S Goldsmith

Isaiah 26:3 KJV

3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

1 Corinthians 14:33 KJV

33 For God is not a God of confusion but of peace.

John 14:27 KJV

27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

2 Timothy 1:7 KJV

7 For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

When we are focused on God can fear emote any drama on us?

When we are focused on God can we be confused, tempted or persuaded?

The Kingdom of God is Peace without drama, doubt or trouble. Rest ye in It. ~Al Denninger

The Daily Lesson – April 14, 2025

“The deeper you go into the healing consciousness, the more you find yourself living so in meditation that you do not have to go into a deep meditation with every claim that comes because you are in it nine tenths of the time. You will find, however, that it is necessary to go into meditation ten, twenty, or thirty times a day, not for the sake of meeting a specific call, but in order to maintain that inner communion constantly. Then the calls can come thick and fast, and no specific meditation is necessary because you are living in that / which has been lifted up in you, the / which is the healer.” Joel S Goldsmith

Colossians 3:15-17 KJV

15 And let the peace of God rule in your hearts, to the which also ye are called in one body; and be ye thankful.

16 Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.

17 And whatsoever ye do in word or deed, do all in the name of the Lord Jesus, giving thanks to God and the Father by him.

Ephesians 6:14-18 KJV

14 Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness;

15 And your feet shod with the preparation of the gospel of peace;

16 Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked.

17 And take the helmet of salvation, and the sword of the Spirit, which is the word of God:

18 Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;

I remember when I was first learning to drive a car, I would nervously over-correct the wheel to try to stay centered on the road. But with practice and in time I became comfortable, and the car would just go perfectly wherever I naturally pointed it. I developed a gentle ease of mind to safely and expediently drive down the road without conscious effort. And so, with much practice maintaining humble and earnest meditations, over time, we get more comfortable about relaxing in the Word as we develop greater level of Trust. We seem to no longer need to undertake a major rebuilding of Consciousness every time we sit down to meditate, but then from time to time, a little fine tuning is in order to keep us on track. If for whatever reason, we get distracted off the tracks a rebuilding of stillness and trust may be necessary to open our Awareness, get on with it, it gets easier with practice. The Presence is Gentle—be gentle with *It*. ~Al Denninger

The Daily Lesson – April 15, 2025

“But I warn you: if your patients are not getting the results that they should get, it is because you are not meditating often or deeply enough to bring forth that depth of realization of God that is necessary. There is no such thing in this work as merely saying piously, ‘Oh, let God do it.’ There is no God on the field until you have brought God on to the field by this inner realization.” Joel S Goldsmith

Isaiah 26:3 KJV

3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

Proverbs 4:20-22 KJV

20 My son, attend to my words; incline thine ear unto my sayings.

21 Let them not depart from thine eyes; keep them in the midst of thine heart.

22 For they are life unto those that find them, and health to all their flesh.

Psalms 91:1 KJV

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

1 Corinthians 13:11,12 KJV

11 When I was a child, I spake as a child, I understood as a child, I thought as a child: but when I became a man, I put away childish things.

12 For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known.

Father, I know I must Dwell more often and more Deeply with You.... It is time now to put away today's childish distractions and Listen for Thy Voice... My Life is Yours to Use... Yours to Direct... I Trust You.... And Love You with all my Heart... Speak Lord, thy servant is Listening.... ... ~Al Denninger

The Daily Lesson – April 16, 2025

“Do not forget that there would be no sickness in the world if God were on the field. There would be no sin or death on earth if God were on the field. It is only when you bring God to the scene by raising up the I within you that you wipe out the discords of sense and bring forth divine harmony.” Joel S Goldsmith

Romans 8:9 KJV

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

1 Corinthians 3:16 KJV

16 Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?

Psalms 91:1 KJV

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

God Is Always on the field—but we can loose our focus. If we are tempted into believing that we, of our own self can do things, then we are subject to any good or evil that we can dream up. When we Dwell in the Secret Place of the Most High, we open our Awareness God's Presence and begin to Realize our inheritance as His Individual Expression. We must bring our Awareness to God. ~Al Denninger

The Daily Lesson – April 17, 2025

“It is possible to bring the very presence of God to earth if you will meditate, make contact with your Center, and let that Presence be released into the world.” Joel S Goldsmith

Ephesians 3:14-19 KJV

14 For this cause I bow my knees unto the Father of our Lord Jesus Christ,
15 Of whom the whole family in heaven and earth is named,
16 That he would grant you, according to the riches of his glory, to be strengthened with might by his Spirit in the inner man;
17 That Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love,
18 May be able to comprehend with all saints what is the breadth, and length, and depth, and height;
19 And to know the love of Christ, which passeth knowledge, that ye might be filled with all the fulness of God.

John 14:17,18 KJV

17 Even the Spirit of truth; whom the world cannot receive, because it seeth him not, neither knoweth him: but ye know him; for he dwelleth with you, and shall be in you.
18 I will not leave you comfortless: I will come to you.

Matthew 6:10 KJV

10 Thy kingdom come, Thy will be done in earth, as it is in heaven.

Matthew 5:16,17 KJV

14 Ye are the light of the world. A city that is set on an hill cannot be hid.
15 Neither do men light a candle, and put it under a bushel, but on a candlestick; and it giveth light unto all that are in the house.
16 Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

The Infinite Invisible Spirit of God is within you. The indwelling Love of Christ is Present and Awaiting our Realization and Action to Share It with the world. Let the Light and Its Activity so Shine through you. Thy Will be Done. ~Al Denninger

This concludes our study of Chapter 11 in the book “Realization of Oneness”
Tomorrow we begin: Chapter 12 “Infinite Way Principles and World Affairs”