

THE DAILY LESSON

is an activity of the study group found at: www.iwso.org

The subject for our current study is the entire book

“Realization of Oneness”

by Joel S Goldsmith

THE DAILY LESSON, an ongoing open class by Infinite Way Teacher [Al Denninger](#), is inspired by the message of Joel S. Goldsmith. In this Book Study we delve into Joel's books paragraph by paragraph, from cover to cover. I provide Scripture supporting his entire Work and an Impartation from my daily Experience. These classes appear daily [on my website](#) and by [email subscription](#) each day, for my students to take into their daily meditations and carry with them throughout their day.

Students Note: In my teaching, the words that are capitalized throughout the work are not capitalized for emphasis. Instead, the purpose is to Lift the student into the Awareness that these words are a Synonym for, or an Activity of God. The portions that are *italicized* are spontaneous meditations.

The Daily Lesson – March 20, 2024

“Chapter 5

Resting in Oneness

It is a grave responsibility when someone comes to you for spiritual help. He is coming to be fed, spiritually fed; he expects help, and you cannot give him a stone. If, at the moment, however, you are not living out from that high consciousness which enables you to give that help, you may reach that state through the process of a contemplative meditation.” Joel S Goldsmith

Luke 10:25-28 KJV

25 And, behold, a certain lawyer stood up, and tempted him, saying, Master, what shall I do to inherit eternal life?

26 He said unto him, What is written in the law? how readest thou?

27 And he answering said, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy strength, and with all thy mind; and thy neighbour as thyself.

28 And he said unto him, Thou hast answered right: this do, and thou shalt live.

John 21:15-17 KJV

15 So when they had dined, Jesus saith to Simon Peter, Simon, son of Jonas, lovest thou me more than these? He saith unto him, Yea, Lord; thou knowest that I love thee. He saith unto him, Feed my lambs.

16 He saith to him again the second time, Simon, son of Jonas, lovest thou me? He saith unto him, Yea, Lord; thou knowest that I love thee. He saith unto him, Feed my sheep.

17 He saith unto him the third time, Simon, son of Jonas, lovest thou me? Peter was grieved because he said unto him the third time, Lovest thou me? And he said unto him, Lord, thou knowest all things; thou knowest that I love thee. Jesus saith unto him, Feed my sheep.

If we Love God, our Neighbor and Ourselves with all our Heart, Soul, Strength and Mind then our Life becomes God's Activity of Love. Jesus made sure that Simon Peter and Simon Son of Jonas Knew this lesson of Love Loving. Love God's Sheep. Feed Them... ~Al Denninger

The Daily Lesson – March 21, 2024

“This contemplative meditation should consist of every statement that you can bring to conscious remembrance that has to do with the truth that Spirit is the only power—not matter and not mind. Spirit, divine Consciousness, is the only power; invisible Cause is the only power. Dwell upon every truth that will establish in you the conviction that all power is spiritual, all power is invisible, and that there is no power in effect. The truth is that no effect is power, whether that effect appears as a person or a thing.” ~Joel S Goldsmith

Zechariah 4:6 KJV

6 Then he answered and spake unto me, saying, This is the word of the Lord unto Zerubbabel, saying, Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Romans 8:9-11 KJV

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

10 And if Christ be in you, the body is dead because of sin; but the Spirit is life because of righteousness.

11 But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you.

Matthew 6:10 KJV

10 Thy kingdom come. Thy will be done in earth, as it is in heaven.

God's Kingdom is Come. There is no other power than the Infinite Invisible OmniPresence of God. Dwell in God and God in You. Let the Spirit of God Animate your Life. ~Al Denninger

The Daily Lesson – March 22, 2024

“Many persons wonder how long this meditation should be. The answer is quite simple. It should continue until you have lost all fear of the condition that has been brought to you for healing. You must continue working with these truths until you feel an inner release, a “click,” an inner feeling that tells you that this appearance is only the “arm of flesh,” only temporal power, nothingness; and since it is not of God, it has no power. Since it is not of God, it has no life; since it is not of God, it has no continuity, no substance, no being, no externalized form.” ~Joel S Goldsmith

II Chronicles 32:8 KJV

7 Be strong and courageous, be not afraid nor dismayed for the king of Assyria, nor for all the multitude that is with him: for there be more with us than with him:

8 With him is an arm of flesh; but with us is the Lord our God to help us, and to fight our battles. And the people rested themselves upon the words of Hezekiah king of Judah.

II Corinthians 3:15-17 KJV

15 But even unto this day, when Moses is read, the veil is upon their heart.

16 Nevertheless when it shall turn to the Lord, the veil shall be taken away.

17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

18 But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.

Where the Spirit of the Lord is Realized [click] there is Liberty that passeth understanding. There is Peace that is Present, an Assurance of Power, Life that is Eternal and Rest that is comforting. Be still and Know. ~Al Denninger

The Daily Lesson – March 23, 2024

“When you are able to rest in that realization in complete silence, your meditation is at an end. That does not necessarily mean that your patient is going to be instantaneously healed. True, it is possible for him to be instantaneously healed, but on the other hand his lack of receptivity may not enable him to accept a healing through one realization, two, or even a hundred.” ~Joel S Goldsmith

Romans 8:9 (to you) KJV

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

John 6:45,46 KJV

45 It is written in the prophets, And they shall be all taught of God. Every man therefore that hath heard, and hath learned of the Father, cometh unto me.

46 Not that any man hath seen the Father, save he which is of God, he hath seen the Father.

Romans 8:9 (to :) KJV

16 The Spirit itself beareth witness with our spirit, that we are the children of God:

Healing is a change in Consciousness.

If so be we Dwell in the Secret Place of the Most High, then are we the Sons of God. All that the Father hath is thine. Spirit to Spirit, Face to Face there is no lack, there is only The Father's Love, Infinitely Expressed. Where the Spirit is not yet fully Realized there is the same Fatherly Love, patiently Loving, waiting and standing at the door knocking—Always Seeing You as You Truly Are. Open the door. ~Al Denninger

The Daily Lesson – March 24, 2024

“FERTILE SOIL

Many factors enter into the healing that have to do, not so much with you as a practitioner, but with your patients. Sometimes they have been clinging to their conditions for so long that they cannot release them or let them go.” ~Joel S Goldsmith

John 18:36 (to :) KJV

36 Jesus answered, My kingdom is not of this world:

Matthew 7:21 KJV

21 Not every one that saith unto me, Lord, Lord, shall enter into the kingdom of heaven; but he that doeth the will of my Father which is in heaven.

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Lean not unto your own understanding, will or desire, but seek ye first the Kingdom of God. God's will be done, not the desires of this-world. Be still and surrender your distractions. ~Al Denninger

The Daily Lesson – March 25, 2024

“Sometimes, too, a person is not really wholeheartedly wanting God, or the kingdom of God, but has only a desire to get rid of his pain, and no higher object than to become free as soon as possible so as to go out and be a human being again. Such cases are not always broken through easily or quickly. Sometimes there is an absolute rebellion to truth in your patients which you may never discover.” ~Joel S Goldsmith

John 6:22-27 KJV

22 The day following, when the people which stood on the other side of the sea saw that there was none other boat there, save that one whereinto his disciples were entered, and that Jesus went not with his disciples into the boat, but that his disciples were gone away alone;

23 (Howbeit there came other boats from Tiberias nigh unto the place where they did eat bread, after that the Lord had given thanks:)

24 When the people therefore saw that Jesus was not there, neither his disciples, they also took shipping, and came to Capernaum, seeking for Jesus.

25 And when they had found him on the other side of the sea, they said unto him, Rabbi, when camest thou hither?

26 Jesus answered them and said, Verily, verily, I say unto you, Ye seek me, not because ye saw the miracles, but because ye did eat of the loaves, and were filled.

27 Labour not for the meat which perisheth, but for that meat which endureth unto everlasting life, which the Son of man shall give unto you: for him hath God the Father sealed.

Human sense tends to believe what it thinks and is distracted by it's temporary needs. It rarely looks deeper into Spiritual Cause and the Source of Being. Few there be that seek the Kingdom of God just to rest there. Herein lies our Work – to continue to point the Way to the Truth and Love of Christ Consciousness. Loving God is pointing the Way to Him. ~Al Denninger

The Daily Lesson – March 26, 2024

“Many different things take place in the consciousness of a person that make it impossible for you to know why he does not respond, even after you have had the inner assurance that he is healed. If he is patient enough and you are patient enough, eventually a healing will be brought about. Even then, strange as it may seem, it may be a year or two later before a patient comes back to tell you about it, and usually it is because something else has come up, and he wants more help.” ~Joel S Goldsmith

Luke 17:11-19 KJV

11 And it came to pass, as he went to Jerusalem, that he passed through the midst of Samaria and Galilee.

12 And as he entered into a certain village, there met him ten men that were lepers, which stood afar off:

13 And they lifted up their voices, and said, Jesus, Master, have mercy on us.

14 And when he saw them, he said unto them, Go shew yourselves unto the priests. And it came to pass, that, as they went, they were cleansed.

15 And one of them, when he saw that he was healed, turned back, and with a loud voice glorified God,

16 And fell down on his face at his feet, giving him thanks: and he was a Samaritan.

17 And Jesus answering said, Were there not ten cleansed? but where are the nine?

18 There are not found that returned to give glory to God, save this stranger.

19 And he said unto him, Arise, go thy way: thy faith hath made thee whole.

James 1:17 KJV

17 Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning.

1 Thessalonians 5:18 KJV

18 In every thing give thanks: for this is the will of God in Christ Jesus concerning you.

Every Good and Perfect Gift is from Above—including Gratitude. A healing is not complete without a grateful Heart. Make a habit of Acknowledging God so you don't forget to. ~Al Denninger

The Daily Lesson – March 27, 2024

“The most fertile soil for healing is in the consciousness of a person who has arrived at a place of indifference to the healing, and really feels it is not physical healing about which he is so much concerned as it is experiencing God: living and moving and having his being in the kingdom of God. But how few persons there are who will come to you at that point of readiness!” ~Joel S Goldsmith

Matthew 6:31-33 KJV

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles [un-Knowing] seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Matthew 6:8 KJV

8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

Matthew 7:13,14 KJV

13 Enter ye in at the strait gate: for wide is the gate, and broad is the way, that leadeth to destruction, and many there be which go in thereat:

14 Because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it.

Be still... Surrender your will.... Open out a Way for the imprisoned Splendor to Escape... Be one of the few there be that Come to God just to Rest and Know...and See what God Sees.... Come to Me..... ~al.within

The Daily Lesson – March 28, 2024

“Your function is not to sit in judgment on the patient, but consciously to realize the presence of God. Each time that you are called upon for help, your meditation should embody whatever truth will bring to you the realization of God as All, and the nothingness of the condition, the nothingness of material or mental law.” ~Joel S Goldsmith

John 7:24 KJV

24 Judge not according to the appearance, but judge righteous judgment.

1 Samuel 16:7 KJV

7 But the Lord said unto Samuel, Look not on his countenance, or on the height of his stature; because I have refused him: for the Lord seeth not as man seeth; for man looketh on the outward appearance, but the Lord looketh on the heart.

II Corinthians 3:13-18 KJV

13 And not as Moses, which put a veil over his face, that the children of Israel could not stedfastly look to the end of that which is abolished:

14 But their minds were blinded: for until this day remaineth the same veil untaken away in the reading of the old testament; which veil is done away in Christ.

15 But even unto this day, when Moses is read, the veil is upon their heart.

16 Nevertheless when it shall turn to the Lord, the veil shall be taken away.

17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

18 But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord

Don't react to distractions and lies [false beliefs]. Instead, Consciously Seek to be Aware of the OmniPresence of God, no matter what you see, hear, taste, touch or smell with your this-world thought. The veil of universal belief is dissolved in the Presence of God and we will See as We are Seen. Wait until You See. ~Al Denninger

The Daily Lesson – March 29, 2024

“Whether it is the second, third, fourth, or one hundredth time you are called upon, you meditate. You do not use a formula, nor do you attempt to recall the last truth you knew. In fact, above all things, you should try to forget that last meditation. Do not believe that the repetition or the recitation of certain truths is going to heal anybody. The purpose of bringing these truths to conscious remembrance is only that you may attain that silence which brings forth the healing.” ~Joel S Goldsmith

Matthew 6:5-8 KJV

5 And when thou prayest, thou shalt not be as the hypocrites are: for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, They have their reward.

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

7 But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking.

8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

Proverbs 3:5-7 (to :) KJV

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

7 Be not wise in thine own eyes:

Lean not unto perceptive thoughts in this-world. The Father Knows who You are and what you have need of. Be still and Let His will come forth in Consciousness. The Experience of Oneness with Christ takes place in Spirit, as Spirit and to Spirit—not in human understanding. Start every meditation from scratch, yesterday’s manna was for yesterday. Begin anew now. ~Al Denninger

The Daily Lesson – March 30, 2024

“Every contemplative silence must be spontaneous, and it must be a realization in one way or another of God as Omnipotence, as Omnipresence, as Omniscience. When someone asks for help, you should be able instantly to remember that there is only one power and that this for which he is asking help is not power.” ~Joel S Goldsmith

Matthew 6:33 KJV

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

John 7:24 KJV

24 Judge not according to the appearance, but judge righteous judgment.

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Proverbs 3:6 (to :) KJV

6 In all thy ways acknowledge him, and he shall direct thy paths.

II Corinthians 3:17 KJV

17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

Try to always be in: Seeking the Kingdom of God mode.... It keeps us on the straight and narrow path of harmony. If we are actively on that Path, from time to time, people will find us and ask us for help. Remember not to judge [react] and get caught up in the mess, they are just distracted from the Truth in their own thought. We help them by not conforming to this-world's idea of help. We See them as God does—as individual Expressions of God, Perfect in all their Ways... Where Righteous Vision is Realized, there is profound Liberty. Don't just have an understanding about Omnipresence, Prove It. ~Al Denninger

The Daily Lesson – March 31, 2024

“RISE ABOVE BOTH GOOD AND EVIL

Recently, when the principle of one power came up with someone who was drinking too heavily, I cautioned him, ‘Be careful that you do not believe that alcohol is power, power for good or for evil.’ At first, that may sound shocking because the devastating effects of alcoholism can be seen on every side, but if you accept the belief that alcohol is power, you will be the blind leading the blind. You will never be able to help anyone rise out of alcoholism unless you, yourself, have clearly perceived the truth that there is only one power. What is the difference, really, between an appearance of alcoholism and an appearance of infectious germs? What is the difference? If you claim that germs have no power, you must be equally sure that alcohol and drugs also have no power.” ~Joel S Goldsmith

Genesis 3:6-11 (to ?) KJV

6 And when the woman saw that the tree was good for food, and that it was pleasant to the eyes, and a tree to be desired to make one wise, she took of the fruit thereof, and did eat, and gave also unto her husband with her; and he did eat.

7 And the eyes of them both were opened, and they knew that they were naked; and they sewed fig leaves together, and made themselves aprons.

8 And they heard the voice of the Lord God walking in the garden in the cool of the day: and Adam and his wife hid themselves from the presence of the Lord God amongst the trees of the garden.

9 And the Lord God called unto Adam, and said unto him, Where art thou?

10 And he said, I heard thy voice in the garden, and I was afraid, because I was naked; and I hid myself.

11 And he said, Who told thee that thou wast naked?

When material eyes in this-world are so-called “opened”, it turns out they are actually “closed” or turned away from the Truth, Presence and Knowledge of the Kingdom of God.

Who told you there was another power? ~Al Denninger

The Daily Lesson – April 1, 2024

Your stand from morning to night and night to morning must be that there is but one power. I do not say this lightly. I am well aware of all the appearances there are in the world. I know all the claims to power that exist, but I say to you that, if you are going to live the spiritual life, you must come to the point where Adam and Eve were before they had eaten of the fruit of the tree of the knowledge of good and evil, before they were cast out of the Garden of Eden.” ~Joel S Goldsmith

Genesis 1:31 (to .) KJV

31 And God saw every thing that he had made, and, behold, it was very good.

Psalms 25:4,5 KJV

4 Shew me thy ways, O Lord; teach me thy paths.

5 Lead me in thy truth, and teach me: for thou art the God of my salvation; on thee do I wait all the day.

John 14:6 KJV

6 Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me.

John 8:31,32 KJV

31 Then said Jesus to those Jews which believed on him, If ye continue in my word, then are ye my disciples indeed;

32 And ye shall know the truth, and the truth shall make you free.

The distractions are many - the Kingdom of God is Experienced by those sharply focused and dedicated to finding and continuing in the Word. Acknowledge Him in all thy Ways. ~Al Denninger

The Daily Lesson – April 2, 2024

“All our discords have to do with our belief that we know what things are good and what things are evil. But there are no *things* that are good, and there are no *things* that are evil. God is the substance of all form, and therefore there is no evil form in all the world. Whether you are ready to accept it or not, the truth is that there also is no good form. There is only God-form, a form that has no opposites. What then are these forms that we behold with the eyes? Concepts, concepts which have been etched into our minds by the belief of good and evil.” ~Joel S Goldsmith

Genesis 1:31 (to .) KJV

31 And God saw every thing that he had made, and, behold, it was very good.

I Samuel 16:7 KJV

7 But the Lord said unto Samuel, Look not on his countenance, or on the height of his stature; because I have refused him: for the Lord seeth not as man seeth; for man looketh on the outward appearance, but the Lord looketh on the heart.

I John 2:15-17 KJV

15 Love not the world, neither the things that are in the world. If any man love the world, the love of the Father is not in him.

16 For all that is in the world, the lust of the flesh, and the lust of the eyes, and the pride of life, is not of the Father, but is of the world.

17 And the world passeth away, and the lust thereof: but he that doeth the will of God abideth for ever.

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

God is the Substance of all form [Omnipresence]. If God is Omnipresent, can there be any other form? Can Omnipresence have an opposite? The only possible answer is less-than-nothing, which is exactly what the nature of error is [no thing]. Don't be distracted by *no-thing*. Only God Is—I Am. I Am Good, Acceptable and Perfect. ~Al Denninger

The Daily Lesson – April 3, 2024

“There is nothing either good or bad, but thinking makes it so.’ [William Shakespeare. Hamlet, Act II, Sc. 2] Regardless of what it is that you may call good, the label ‘good’ was given it by some person for some reason, but somewhere on earth there may be those who might call that very same thing bad. Take any form of evil that you know of, and see if you cannot find a place where that very thing is not considered evil. Nothing is good or evil, but thinking makes it so.” ~Joel S Goldsmith

John 7:24 KJV

24 Judge not according to the appearance, but judge righteous judgment.

Luke 20:25 KJV

25 And he said unto them, Render therefore unto Caesar the things which be Caesar's, and unto God the things which be God's.

2 Corinthians 10:5 KJV

5 Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;

Jesus gave us the secret when he said, “My Kingdom is not of this world.” The appearances we react to in our “daydreams” are much to do about nothing. Cast down those imaginings and bring your focus to developing Christ Consciousness. Wake up from the dream. ~Al Denninger

The Daily Lesson – April 4, 2024

“Let your contemplative meditation be a rising above both good and evil. Be still, and begin with the premise:

There is no power of evil in the world, so I cannot be made to fear this thing. There is God. There must be, and if there is, God could not be God without being infinite, omnipotent, omniscient, and omnipresent. That means that there cannot be anything but God. That means that there cannot be two powers. There is only one.” ~Joel S Goldsmith

Genesis 1:1 KJV

1 In the beginning God created the heaven and the earth.

Jeremiah 23:24 KJV

23 Am I a God at hand, saith the Lord, and not a God afar off?

24 Can any hide himself in secret places that I shall not see him? saith the Lord. Do not I fill heaven and earth? saith the Lord.

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Colossians 3 KJV

1 If ye then be risen with Christ, seek those things which are above, where Christ sitteth on the right hand of God.

2 Set your affection on things above, not on things on the earth.

If / Am Infinite or any one of the “Omni’s”, must / not be all of them?

Father, I can of mine own self do nothing—It is the Infinite invisible Spirit within me that doeth the Works.... All that the Father has is thine...and mine...and every individual Expression of God... I Am not in the Kingdom of God—I Am of It. ~al.within

Set your affections on Reality Above. ~Al Denninger

The Daily Lesson – April 5, 2024

“Live with the idea until you arrive at a place in consciousness where you know that there are not two powers, and when you reach that place, you are back in the Garden of Eden, and you have taken your patient there with you.” ~Joel S Goldsmith

Matthew 7:7-8 KJV

7 Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you:

8 For every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened.

Psalm 46:10 KJV

10 Be still, and know that I am God: I will be exalted among the heathen, I will be exalted in the earth.

John 15:5 KJV

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

Colossians 1:9-10

9 For this cause we also, since the day we heard it, do not cease to pray for you, and to desire that ye might be filled with the knowledge of his will in all wisdom and spiritual understanding;

10 That ye might walk worthy of the Lord unto all pleasing, being fruitful in every good work, and increasing in the knowledge of God;

Be still and Know that I Am. I alone can do nothing. But I can Abide in God, and He in me and He does the Work. Will you walk worthy in the Garden with Me, being fruitful in every Good Work? ~Al Denninger

The Daily Lesson – April 6, 2024

DWELLING IN OMNIPOTENCE, OMNIPRESENCE, AND OMNISCIENCE

Repeating words will be of little effect: you must take the words into your consciousness and let the depth of their meaning be revealed:

All power! What power am I dealing with if God is all power? Is there any power in this so-called patient, even a power to resist this treatment? If God is the only power operating as the consciousness of this person, is there any other power? Is there any power in what the world calls a disease or an enemy?" ~Joel S Goldsmith

Matthew 6:6-8 KJV

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

7 But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking.

8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

I Corinthians 2:14 KJV

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

Matthew 19:26 KJV

26 But Jesus beheld them, and said unto them, With men this is impossible; but with God all things are possible.

Mental or physical appearances have no power of their own devices. God is the Creative, maintaining and sustaining power that already Knows what we have need of. Rest in the Assurance of God's Presence. ~Al Denninger

The Daily Lesson – April 7, 2024

“And so you meditate on what really constitutes power until material or mental power has lost all significance to you, and you are left with the realization and the assurance, ‘I in the midst of you am mighty. I am the only power.’” ~Joel S Goldsmith

Zechariah 4:6 KJV

6 Then he answered and spake unto me, saying, This is the word of the Lord unto Zerubbabel, saying, Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Luke 17:21 KJV

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

Revelation 1:8 KJV

8 I am Alpha and Omega, the beginning and the ending, saith the Lord, which is, and which was, and which is to come, the Almighty.

Father, I can of mine own self do nothing—it is the Spirit within that doeth the Work... There is no other power or might besides You.... You are the Source of Creation and You are It's past, present and future Activity in Your Kingdom.... Every current individual Expression is Your's.... Thou Art—I Am... Can there Be another?... ~al.within

The Daily Lesson – April 8, 2024

“In the next meditation you have for the very same person or the very same condition, you may take the word ‘omnipresence.’

God is omnipresence. But what does that mean? If God is omnipresence, it must mean that God is the presence of this patient. There can be no presence of a patient other than the presence of God. There can be no presence of a disease, since God alone is omnipresence, and God is Spirit. God is the presence of this person; God is the presence of all there is because God is the only presence.” Joel S Goldsmith

Colossians 1:17 KJV

17 And he is before all things, and by him all things consist.

Psalms 139:7 KJV

7 Whither shall I go from thy spirit? or whither shall I flee from thy presence?

Luke 17:21 KJV

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

3-2-1

When we sit down in Silence to “be with” someone that has asked for help, one of the things that might pop up in our contemplation is that there seems to be God, a patient, and me. It seems like there are 3 beings. A good next step is to Know that “The Kingdom of God is within” Me. Now it is true like there are 2 beings—Me and God. Well, if God is within Me, it must also be true that God is within the patient too. Now there is no longer 3, or 2, in Truth there is only One.... God And. One Be-ing Infinitely and Individually Expressed. God Is—I Am. ~Al Denninger

The Daily Lesson – April 9, 2024

“God does not have to be removed, healed, corrected reformed, or improved. Because God is omnipresence, I know that there is no such presence as a patient, a sin, a disease, a false appetite, or even a material or mental law.” ~Joel S Goldsmith

Psalm 139:7-10 KJV

7 Whither shall I go from thy spirit? or whither shall I flee from thy presence?

8 If I ascend up into heaven, thou art there: if I make my bed in hell, behold, thou art there.

9 If I take the wings of the morning, and dwell in the uttermost parts of the sea;

10 Even there shall thy hand lead me, and thy right hand shall hold me.

John 1:3 KJV

3 All things were made by him; and without him was not any thing made that was made.

II Samuel 22:31-33 KJV

31 As for God, his way is perfect; the word of the Lord is tried: he is a buckler to all them that trust in him.

32 For who is God, save the Lord? and who is a rock, save our God?

33 God is my strength and power: and he maketh my way perfect.

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

God's Way is Perfect and so he makes My Way Perfect.

Perfect has no room for improvement.

Rest back and seek His Will. ~Al Denninger

The Daily Lesson – April 10, 2024

That realization, however, may not bring about the healing either. And so you come to the word 'omniscience,' which means all-knowledge, all-science, all-wisdom.

God is omniscience. I do not have to tell the all-knowing God anything about my patient or his condition. If God does not know it now, God never will, and surely I could not be guilty of such egotism as to believe that I know something God does not know. Therefore, I do not have to tell God anything about my patient, what the patient needs or requires, or what my patient would like. I only have to sit here and know that God is omniscience, the all-knowing intelligence.” Joel S Goldsmith

Matthew 6:8 KJV

8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

Psalms 147:5 KJV

5 Great is our Lord, and of great power: his understanding is infinite.

Isaiah 40:28 KJV

28 Hast thou not known? hast thou not heard, that the everlasting God, the Lord, the Creator of the ends of the earth, fainteth not, neither is weary? there is no searching of his understanding.

John 5:30 (to :) KJV

30 I can of mine own self do nothing:

John 14:10 KJV

10 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works.

I can do nothing—the Spirit within does the Work.

Can we inform an Omniscient God of anything? Enter into the Secret Place of the Most High, Dwell there, surrender to God's Will and be still with an attitude of Listening.

Speak Lord, thy servant Heareth.... ~Al Denninger

The Daily Lesson – April 11, 2024

“The Father knows what things I have need of, and it is His ‘good pleasure to give [me] the kingdom.’ How wonderful it is to be able to sit here and not have to tell God something about my patient! How wonderful to know that all that is to be known God already knows, and God already knows what to do and when to do it and how to do it.”
~Joel S Goldsmith

Luke 12:29-32 KJV

29 And seek not ye what ye shall eat, or what ye shall drink, neither be ye of doubtful mind.

30 For all these things do the nations of the world seek after: and your Father knoweth that ye have need of these things.

31 But rather seek ye the kingdom of God; and all these things shall be added unto you.

32 Fear not, little flock; for it is your Father's good pleasure to give you the kingdom.

Dear Friends in Christ,

What a great pleasure and privilege it is to gather together with You all right now in silence and rest in the Assurance that God is Present and Knows our needs. It is His Good pleasure to Give Us all that He Has. It is His Promise. All we have to do is to secretly and silently wait upon His Word—and when we Experience It, we must Live It to the Letter. “Open out a Way for His imprisoned splendor to escape.” Where the Spirit is Realized there is Liberty. The Father Knows... ~Al Denninger

The Daily Lesson – April 12, 2024

“In your contemplative meditation, you continue to remember every passage of scripture and every passage of spiritual literature that brings to you the assurance and the reassurance that God already knows the need, and then rest in that until you have an inner feeling that all is well.” ~Joel S Goldsmith

Isaiah 26:3 KJV

3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

II Timothy 3:16-17 KJV

16 All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness:

17 That the man of God may be perfect, thoroughly furnished unto all good works.

Matthew 6:8 for KJV

8 ...for your Father knoweth what things ye have need of, before ye ask him.

I surrender my thoughts to you Father, because I trust you.... I have Your inspired Word and Its Assurance in Scripture and in my heart, and I will stay with it until I Experience It.... I will wait upon Your Word... Speak Lord, thy servant Heareth. ~Al Denninger

The Daily Lesson – April 13, 2024

A healing meditation is complete only if it embodies the truth about God: God's law, God's omnipotence, God's omniscience, God's omnipresence. Then, even though the patient may have a high fever, may be in pain, distress, or poverty, everything of a fearful nature is eradicated from your thought, and an inner feeling of assurance comes to you:

This is God's beloved child. What then have I to fear? Is there a child of God outside the kingdom of God, or am I being fooled by appearances? That must be where the difficulty lies. I have been fooled into believing in appearances because my eyes and my ears testify to a selfhood outside the kingdom of God. ~Joel S Goldsmith

I Peter 1:13-16 KJV

13 Wherefore gird up the loins of your mind, be sober, and hope to the end for the grace that is to be brought unto you at the revelation of Jesus Christ;

14 As obedient children, not fashioning yourselves according to the former lusts in your ignorance:

15 But as he which hath called you is holy, so be ye holy in all manner of conversation;

16 Because it is written, Be ye holy; for I am holy.

Acts 17:28 KJV

28 For in him we live, and move, and have our being; as certain also of your own poets have said, For we are also his offspring.

Matthew 19:26 KJV

26 But Jesus beheld them, and said unto them, With men this is impossible; but with God all things are possible.

Don't be fooled into reacting to appearances. I can't be convinced into thinking that there is something to correct in God's Kingdom. Rest with Me. ~Al Denninger

The Daily Lesson – April 14, 2024

“THERE IS NOT GOD ‘AND’ A PATIENT

Are you going to judge by what you see, hear, taste, touch, and smell? Are you going to believe that God is in that picture? If you are going to look at this world with your eyes, you are never going to be able to believe in God because all you can see, hear, taste, touch, and smell is finiteness, just finiteness: limitation, sin, disease, death, stupidity. Once you close your eyes to the appearance and ask yourself, ‘What is the kingdom of God like? What is the Garden of Eden?’ you will hear the still small voice, and even while you are looking directly at sick, sinning, or dying man, that voice will say to you:

‘This is my beloved Son, in whom I am well pleased.’ Fear not, it is I.

I, God, constitute all being in spite of every appearance to the contrary. There is only one I. Therefore, ‘It is I; be not afraid.’” ~Joel S Goldsmith

John 7:24 KJV

24 Judge not according to the appearance, but judge righteous judgment.

Matthew 3:16,17 KJV

16 And Jesus, when he was baptized, went up straightway out of the water: and, lo, the heavens were opened unto him, and he saw the Spirit of God descending like a dove, and lighting upon him:

17 And lo a voice from heaven, saying, This is my beloved Son, in whom I am well pleased.

John 6:20 KJV

20 But he saith unto them, It is I; be not afraid.

There is only One Reality—The Infinite Invisible Kingdom God. The appearances are merely a distraction—a lie—pay them no attention. Righteous Judgment is Seen with Spiritual Eyes to See [Spiritual Discernment]. Close your eyes and Open an Avenue of Awareness. The Father Knows what you need to Hear. ~Al Denninger

The Daily Lesson – April 15, 2024

“But do not look with your eyes because you will be deceived. *I* is in you, and *I* is in me. We are one. There is room in heaven only for *I*. There is room only for One, and that One is God. You would be surprised at what sometimes happens in meditation when you realize that there is no room in the kingdom of God for God *and* your patient; and since there is nothing but the kingdom of God, your fear drops away. You realize:

I have been looking with my eyes; I have been believing what my eyes see, believing sense testimony. I have been judging by appearances, when in reality there is only God. There is but the I which I am.” ~Joel S Goldsmith

1 Samuel 16:7 KJV

7 But the Lord said unto Samuel, Look not on his countenance, or on the height of his stature; because I have refused him: for the Lord seeth not as man seeth; for man looketh on the outward appearance, but the Lord looketh on the heart [Spiritual Consciousness].

1 Corinthians 2:9,10 &14 KJV

9 But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him.

10 But God hath revealed them unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God.

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

John 7:24 KJV

24 Judge not according to the appearance, but judge righteous judgment.

God Sees not the lie—neither can we make the lie True. There is only One Truth. God is Life individually Expressed As. God has put His Spirit within You. ~Al Denninger

The Daily Lesson – April 16, 2024

“KEEP YOUR MEDITATION AND PRAYER CENTERED ON GOD

Always begin your meditation with a contemplation of truth, but by this time you know that there is no truth about ‘man, whose breath is in his nostrils.’ So there is no use pondering or contemplating anything about your patient or his condition. If then, you are not to take your patient or his condition into your meditation, what are you to do? There is nothing left but God. Therefore, in your contemplative meditation, you meditate on God:

God! Why am I seeking God, when God is already closer to me than breathing? Why am I struggling so hard to reach God? Why am I going through so many mental gymnastics? Why do I think I have to repeat formulas? Why should I believe that I have to stand on my head, or fast, or feast to the God that is already my very own being? True, judging from appearances, I am separate and apart from God, what is the truth? What truth is there other than that I and the Father are one?” ~Joel S Goldsmith

Isaiah 2:22 KJV

22 Cease ye from man, whose breath is in his nostrils: for wherein is he to be accounted of?

Ezekiel 36:27 KJV

27 And I will put my spirit within you, and cause you to walk in my statutes, and ye shall keep my judgments, and do them.

Some Scripture about the Truth are: “ye shall Know the Truth and the Truth shall make you free”. What is the Truth? The Truth Is: / Am the Truth. / Am the Way. / Am Life. / Am. Then, can there be something Real outside the Kingdom of God? ~Al Denninger

The Daily Lesson – April 17, 2024

“God is; I am. I am not meditating to find God. I am meditating only to bring to conscious remembrance the truth that I and the Father are one, that the place whereon I stand is holy ground. All that God is, I am, for He has said, ‘Son, thou art ever with me, and all that I have is thine.’” ~Joel S Goldsmith

John 10:30 KJV

30 I and my Father are one.

Luke 15:31 KJV

31 And he said unto him, Son, thou art ever with me, and all that I have is thine.

Matthew 6:8 for KJV

8 ...for your Father knoweth what things ye have need of, before ye ask him.

Psalms 147:5 KJV

5 Great is our Lord, and of great power: his understanding is infinite.

Do we need to ask God for things of this-world? Infinite Omniscience already Knows All and has Given You All. Open an Avenue of Awareness of this Gift. Look Up! ~Al Denninger

The Daily Lesson – April 18, 2024

“Here and now all that the Father has is mine: wisdom, love, peace, confidence, serenity, and joy. I need not struggle physically or mentally for these. I need not go any place to find them because here where I am God is-I in God, and God in me.” ~Joel S Goldsmith

Luke 15:31 KJV

31 And he said unto him, Son, thou art ever with me, and all that I have is thine.

Zechariah 4:6 KJV

6 Then he answered and spake unto me, saying, This is the word of the Lord unto Zerubbabel, saying, Not by might, nor by power, but by my spirit, saith the Lord of hosts.

I can of mine own self, do nothing... The Spirit within Doeth the Work... So, it is up to You Father..... There is no point in my attempts to think and act on my own.... I Surrender Father and Rest with a grateful heart and in an attitude of Awareness of Your Presence In and As my Life. Thank you Father. ~Al Denninger

The Daily Lesson – April 19, 2024

“This is the truth about me; this is the truth about my patient; this is the truth about my family. There is real no family but God's family since there is only one Father: ‘Call no man your father upon the earth: for one is your Father which is in heaven.’ We are all of one household.” ~Joel S Goldsmith

Matthew 23:9 KJV

9 And call no man your father upon the earth: for one is your Father, which is in heaven

Romans 8:13-17 (to 2nd ;) KJV

13 For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live.

14 For as many as are led by the Spirit of God, they are the sons of God.

15 For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father.

16 The Spirit itself beareth witness with our spirit, that we are the children of God:

17 And if children, then heirs; heirs of God, and joint-heirs with Christ;

Universal this-world belief thinks we are individual unrelated families living separate lives, with separate households sharing the same planet. Sometimes we get along – sometimes we don't. But if so be we Dwell in the Kingdom of God, we are Brothers and Sisters with the same Father—the Source of All Being. We are today, individual Expressions of the One Omnipresent God. Be Led to Know It. ~Al Denninger

The Daily Lesson – April 20, 2024

“God in the midst of me is my life, the bread on my table, meat and the wine and the water. God ‘is the health of my countenance.’” ~Joel S Goldsmith

Zephaniah 3:17 KJV

17 The Lord thy God in the midst of thee is mighty; he will save, he will rejoice over thee with joy; he will rest in his love, he will joy over thee with singing.

John 14:6 (to :) KJV

6 Jesus saith unto him, I am the way, the truth, and the life:

John 6:35 KJV

35 And Jesus said unto them, I am the bread of life: he that cometh to me shall never hunger; and he that believeth on me shall never thirst.

John 7:37,38 KJV

37 In the last day, that great day of the feast, Jesus stood and cried, saying, If any man thirst, let him come unto me, and drink.

38 He that believeth on me, as the scripture hath said, out of his belly shall flow rivers of living water.

Psalms 42:11 KJV

11 Why art thou cast down, O my soul? and why art thou disquieted within me? hope thou in God: for I shall yet praise him, who is the health of my countenance, and my God.

I can of mine own self do nothing... The Omnipresence of God is My Life, My Truth and My Way.... Walk with Me. ~al.within

The Daily Lesson – April 21, 2024

“I do not have to go anywhere; I do not have to think anything. ‘Be still, and know that I am God.’ I is God. I is infinite. I is all-inclusive. In the presence of the I, there is fulfillment.” ~Joel S Goldsmith

Luke 17:20,21 KJV

20 And when he was demanded of the Pharisees, when the kingdom of God should come, he answered them and said, The kingdom of God cometh not with observation:

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

Matthew 6:31-33 KJV

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

John 15:5 KJV

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

Speak to Him, thou, for He hears, and Spirit with Spirit can meet-

Closer is He than breathing, and nearer than hands and feet. ~Alfred Lord Tennyson

We need not look,
we need not ask.

The “I” of Me,
is the I of He.

Rest be still,
it is His Will.

~Al Denninger

The Daily Lesson – April 22, 2024

“Where the Spirit of the Lord is, there is peace, joy, completeness, and harmony. I do not have to deserve it: God's rain falls alike on the just and on the unjust. I have only to be still because it is ‘not by might, nor by power’ that this is realized: it is ‘in quietness and in confidence.’ In quietness and confidence, I know the presence of God is here with me even though I cannot feel it.” ~Joel S Goldsmith

II Corinthians 3:16,17 KJV

16 Nevertheless when it shall turn to the Lord, the veil shall be taken away.

17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

Matthew 5:45 KJV

45 That ye may be the children of your Father which is in heaven: for he maketh his sun to rise on the evil and on the good, and sendeth rain on the just and on the unjust.

Zechariah 4:6 KJV

6 Then he answered and spake unto me, saying, This is the word of the Lord unto Zerubbabel, saying, Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Isaiah 30:15 KJV

15 For thus saith the Lord God, the Holy One of Israel; In returning and rest shall ye be saved; in quietness and in confidence shall be your strength: and ye would not.

Psalms 46:10 (to :) KJV

10 Be still, and know that I am God:

I can of mine own self do nothing... When I am still and confidently Realizing the Spirit of the Lord—there is The Presence of Harmony.... Be still with Me and Know It. ~Al Denninger

The Daily Lesson – April 23, 2024

“THE RETURN TO THE FATHER'S HOUSE IS AN ACTIVITY OF CONSCIOUSNESS

Does God have a son and then disinherit him? Does God have a son and cast him off? No, even the Prodigal was able to find his way back to the realization of God—not by traveling anywhere in time or space, but by making a journey in consciousness. So, too, you do not have to go any place in time or space. The spiritual journey that you are making is being made in consciousness. It all takes place in your consciousness where you come to the conscious remembrance:

I and the Father are one. Even if I make my bed in hell, even if 'I walk through the valley of the shadow of death,' I and the Father are one. Neither life nor death can separate me from the life of God, the love of God, the awareness of God, the presence and the power of God. 'I will never leave thee, nor forsake thee.' Never leave thee, never! I will be 'with you always, even unto the end of the world.'” ~Joel S Goldsmith

Psalms 23:4 KJV

4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.

Hebrews 13:5,8 KJV

5 Let your conversation be without covetousness; and be content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee.

8 Jesus Christ the same yesterday, and to-day, and for ever.

Matthew 28:20 and KJV

20 ...and, lo, I am with you always, even unto the end of the world. Amen.

The prodigal's son made his decision in Consciousness to return to the Father's House when he was far away from home and in great stress—and then he went home. We don't have to go anywhere either, or even ask for help. We must just go within, be still, surrender, open an Avenue of Awareness and decide to Listen. God has put His Spirit within us all, right where we can find It *any* time—*any* place. All that the Father Has is already Ours. You see? Make the Journey Within... ~Al Denninger

The Daily Lesson – April 24, 2024

'You must bring back to your consciousness a remembrance: of all the spiritual truth that you have ever read in Scripture in mystical and spiritual writings. Everything must take place as an activity of consciousness because the journey from Prodigal's feast with the swine back to the Father's house to the awareness of Omnipotence, Omnipresence, and Omniscience is a journey made in consciousness.' ~Joel S Goldsmith

II Corinthians 3:15-17 KJV

15 But even unto this day, when Moses is read, the veil is upon their heart.

16 Nevertheless when it shall turn to the Lord, the veil shall be taken away.

17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

Romans 8:9-11 KJV

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

10 And if Christ be in you, the body is dead because of sin; but the Spirit is life because of righteousness.

11 But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you.

I Peter 1:23 KJV

23 Being born again, not of corruptible seed, but of incorruptible, by the word of God, which liveth and abideth for ever.

Father, I know I can of mine own self do nothing.... Jesus taught me that... May I be reborn of incorruptible Spirit, that I may diligently search for and find Your Inspired Word of the Bible and that I may Hear Your Word Directly..... Remove the veil of the letter of the word that the natural man usually seeks, that I may Feel Your Presence here and Now....that I may Dwell in Your Spirit and Your Spirit in Me.... I surrender now to Your Living Word.... And Know none else... The Journey is short—instantaneous really—to Travel Within and turn to the Lord..... If so Be I Choose to Accept the Truth there is Liberty beyond words and thoughts... ~al.within

So choose Truth. ~Al Denninger

The Daily Lesson – April 25, 2024

“No one can attain this awareness for you. You must attain it through a conscious realization of all the spiritual truth you have ever known, and you must continue in your meditation or prayer—call it what you will—until such time as fear departs from you. Then you can sit ‘in quietness and in confidence’ and let God’s grace flow through you. Let the voice of God speak to you if it will; let the voice of God thunder if it will, or just breathe into your ear a ‘peace be still,’ a ‘be not afraid; it is I.’ What have you to fear, if I is with you? And that I never will leave you, nor forsake you—not in purity not in sin, not in health and not in disease, not in life and not in death. I was with you before you were born, and I will be with you to the end of the world.” ~Joel S Goldsmith

Matthew 6:6 KJV

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

Matthew 6:33 KJV

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Isaiah 30:15 (to :) KJV

15 For thus saith the Lord God, the Holy One of Israel; In returning and rest shall ye be saved; in quietness and in confidence shall be your strength:

Matthew 6:8 for KJV

8 ...for your Father knoweth what things ye have need of, before ye ask him.

I Samuel 3:10 KJV

10 And the Lord came, and stood, and called as at other times, Samuel, Samuel. Then Samuel answered, Speak; for thy servant heareth.

Revelation 1:8 KJV

8 I am Alpha and Omega, the beginning and the ending, saith the Lord, which is, and which was, and which is to come, the Almighty.

Rest in the complete confidence, that Your Father Knoweth all things. Open out a Way for the Assurance of His Omnipresence to be Revealed to you. Peace be still and wait for his Grace to Flow In and Out and Through You in whatever Form or Spirit It takes... Rest, return and be stayed on Him. Thank You Father. ~Al Denninger

The Daily Lesson – April 26, 2024

“If I is closer to you than breathing, you are in God's presence, and can you ask any more than that? Can you desire anything other than to be in God's presence? So fear drops away, and from somewhere deep down within you comes a release. And when that happens, you have no more fear cause you are in the presence of God. You have attained that mind that was in Christ Jesus, that mind in which there is no fear.” ~Joel S Goldsmith

1 Corinthians 3:16 KJV

16 Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?

Psalms 91 KJV

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

2 I will say of the Lord, He is my refuge and my fortress: my God; in him will I trust.

3 Surely he shall deliver thee from the snare of the fowler, and from the noisome pestilence.

4 He shall cover thee with his feathers, and under his wings shalt thou trust: his truth shall be thy shield and buckler.

Genesis 28:15-16 GNV

15 And lo, I am with thee, and will keep thee whithersoever thou goest, and will bring thee again into this land: for I will not forsake thee until I have performed that, that I have promised thee.

16 Then Jacob awoke out of his sleep and said, Surely the Lord is in this place, and I was not aware.

Ephesians 5:14 KJV

14 Wherefore he saith, Awake thou that sleepest, and arise from the dead, and Christ shall give thee light.

1 Corinthians 13:12 KJV

12 For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known.

1 Corinthians 3:23 KJV

23 And ye are Christ's; and Christ is God's.

Father, I can of mine own self, do nothing.... I Know it is You that Doeth the Works.... Now I Know in part, but when I dwell in the Secret Place of the Most High and He in Me, then I shall Know as I Am Known..... In that Place of Assurance, the lie of fear turns into Reverence for You, Father.... And so, I Love Thee with All my Heart, Mind and Strength... ~al.within

The Daily Lesson – April 27, 2024

“NEVER TAKE A PERSON INTO MEDITATION

The purpose of meditation is to bring you into conscious union with God, but when it is for the purpose of helping yourself or others, it can be called contemplative meditation, which sometimes carries with it the sense of overcoming even if it is not intended to do so. When you contemplate God or when your meditation consists of knowing all the truth about God and spiritual creation, then you are really in the mystical way of life and the spiritual way of healing.” ~Joel S Goldsmith

Matthew 6:33 KJV

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Matthew 6:8 for KJV

8 ...for your Father knoweth what things ye have need of, before ye ask him.

Luke 5:12-16 KJV

12 And it came to pass, when he was in a certain city, behold a man full of leprosy: who seeing Jesus fell on his face, and besought him, saying, Lord, if thou wilt, thou canst make me clean.

13 And he put forth his hand, and touched him, saying, I will: be thou clean. And immediately the leprosy departed from him.

14 And he charged him to tell no man: but go, and shew thyself to the priest, and offer for thy cleansing, according as Moses commanded, for a testimony unto them.

15 But so much the more went there a fame abroad of him: and great multitudes came together to hear, and to be healed by him of their infirmities.

16 And he withdrew himself into the wilderness, and prayed.

As you can see in the story of the man with leprosy that Jesus healed—there is, in a way, a big distraction when people ask to be healed. There is an assumption that there must be something to be done—an error that must be corrected—and there is a process to follow before, during and after the “healing”. The Truth is: there is nothing to correct in God’s Kingdom—no thing. Our Work is to be Aware of the Truth without distraction. That is why Jesus withdrew himself into the wilderness—to get away from the noisome chatter and Be Still and at One With God... That is all there is to do—In The Kingdom there is nothing but God’s Truth. ~Al Denninger

The Daily Lesson – April 28, 2024

“In a healing meditation, you never project your thought to your patient, never under any circumstance, because, if you did, you would be trying to patch up the illusion. To do this is nothing more or less than mental power projected, which is a form of suggestive therapy. It is healing by suggestion, and suggestion is a mild form of hypnotism, neither of which has anything to do with spiritual healing. You never address your patient by name, nor do you ever say ‘you’ to your patient. Your meditation has nothing to do with your patient: it has to do only with you and your relationship with God and your awareness of God. Because your patient has reached out to you for help, he will get the benefit of your realized oneness with God.” ~Joel S Goldsmith

John 5:30,31 KJV

30 I can of mine own self do nothing: as I hear, I judge: and my judgment is just; because I seek not mine own will, but the will of the Father which hath sent me.

31 If I bear witness of myself, my witness is not true. ~Christ Jesus

I Corinthians 3:18,19 (to .) KJV

18 Let no man deceive himself. If any man among you seemeth to be wise in this world, let him become a fool, that he may be wise.

19 For the wisdom of this world is foolishness with God.

Jesus tells us that He, of His own self, had no power to do anything, that only leaves the Father to Do the Works. What makes us think we can do His Work? But here’s the thing—God can do nothing to an appearance or a lie. The Works God Does are in His Kingdom and not in our thoughts. Stay focused on the Truth and there is no appearance. The Way to Harmony is to stop in our tracks and Be One with God. God Knows the Way to the one asking for help. ~Al Denninger

The Daily Lesson – April 29, 2024

“It is not statements of truth that bring about healing. If they did, you would never outgrow statements of truth, and the day will come when you will outgrow them. Statements of truth are for the purpose of reinforcing your own understanding and assurance, so that you can come to a place of ‘relaxedness,’ and then wait for the Spirit to announce Itself. You cannot do that while you are fearing for your patient. You cannot do that while you are wondering what can help him or how you can reach God. You can rest in an inner peace only after you have come to the realization that there are not powers of good and powers of evil: there is only the power of God. You cannot rest in your meditation until you have reached a consciousness in which there are not two powers, two laws, or two substances operating.” ~Joel S Goldsmith

Habakkuk 2:20 KJV

20 But the Lord is in his holy temple: let all the earth keep silence before him.

Psalms 25:4-5 KJV

4 Shew me thy ways, O Lord; teach me thy paths.

5 Lead me in thy truth, and teach me: for thou art the God of my salvation; on thee do I wait all the day.

Isaiah 40:31 KJV

31 But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

Psalms 37:7 1599 GNV

7 Wait patiently upon the Lord, and hope in him: fret not thyself for him which prospereth in his way, nor for the man that bringeth his enterprises to pass.

Proverbs 8:34,35 KJV

34 Blessed is the man that heareth me, watching daily at my gates, waiting at the posts of my doors.

35 For whoso findeth me findeth life, and shall obtain favour of the Lord.

There are vast numbers of writings, statements of truth and commentary—none of them are the Truth Itself—they are only statements and opinions. Even this Work is my Experience, and not the reader’s. I can only tell you about my Experience and point the Way Upward. If I could Give It to you, I would freely do so. If we really want the Truth, we must ask God and Wait patiently in silence and stillness, resting in an attitude of joyful anticipation. The Truth Comes to Us in an Experience—an Actual Activity—of God’s Grace, wondrous Healing or Awareness. God’s Life Becomes our Life at a time when we “think” not. Ask, relax and wait. ~Al Denninger

The Daily Lesson – April 30, 2024

“STAND FAST IN THE PRINCIPLE OF ONENESS

At times, you may be presented with a problem of some kind of a law: a law of heredity, a law of infection or contagion, a law of time or age, or some legal law. And so you sit in your, meditation:

Law, law! God is the only lawgiver, and God is Spirit. Then all law must be spiritual. How can there be a destructive law? How can there be a finite law? How can there be a law of limitation?

There is only one law, and it is spiritual. There are no material laws; there are no laws that are binding on the son of God.” ~Joel S Goldsmith

John 1:17 KJV

17 For the law was given by Moses, but grace and truth came by Jesus Christ.

Romans 8:1-9 KJV

1 There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit.

2 For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death.

3 For what the law could not do, in that it was weak through the flesh, God sending his own Son in the likeness of sinful flesh, and for sin, condemned sin in the flesh:

4 That the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit.

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

6 For to be carnally minded is death; but to be spiritually minded is life and peace.

7 Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be.

8 So then they that are in the flesh cannot please God.

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

The idea of material law yields in the Reality and Infinite Presence of Spiritual Law. God is Spirit and to be Spiritually minded [Dwelling, Abiding, Present, Aware] is Life and Peace. Stand fast in Spirit. ~Al Denninger

The Daily Lesson – May 1, 2024

“Even legal laws cannot bind anyone in the presence of spiritual Grace. The only law is the law of Spirit, and the very moment that Spirit touches even a person in prison, the penalty violating the legal law drops away, and the prisoner is free. A spiritual being cannot be held in any kind of prison, and when a person has been touched by the Spirit he has ‘died’ to his humanhood and has been reborn of the Spirit. How can such one be held in prison?” ~Joel S Goldsmith

I Corinthians 2:14 KJV

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

Romans 13:1 KJV

1 Let every soul be subject unto the higher powers. For there is no power but of God: the powers that be are ordained of God.

Acts 12:5-7 KJV

5 Peter therefore was kept in prison: but prayer was made without ceasing of the church unto God for him.

6 And when Herod would have brought him forth, the same night Peter was sleeping between two soldiers, bound with two chains: and the keepers before the door kept the prison.

7 And, behold, the angel of the Lord came upon him, and a light shined in the prison: and he smote Peter on the side, and raised him up, saying, Arise up quickly. And his chains fell off from his hands.

Matthew 22:15-21 KJV

15 Then went the Pharisees, and took counsel how they might entangle him in his talk.

16 And they sent out unto him their disciples with the Herodians, saying, Master, we know that thou art true, and teachest the way of God in truth, neither carest thou for any man: for thou regardest not the person of men.

17 Tell us therefore, What thinkest thou? Is it lawful to give tribute unto Caesar, or not?

18 But Jesus perceived their wickedness, and said, Why tempt ye me, ye hypocrites?

19 Shew me the tribute money. And they brought unto him a penny.

20 And he saith unto them, Whose is this image and superscription?

21 They say unto him, Caesar's. Then saith he unto them, Render therefore unto Caesar the things which are Caesar's; and unto God the things that are God's.

John 19:10,11 KJV

10 Then saith Pilate unto him, Speakest thou not unto me? knowest thou not that I have power to crucify thee, and have power to release thee?

11 Jesus answered, Thou couldest have no power at all against me, except it were given thee from above:

Spirit cannot be held or controlled by perceived temporal power. Arise from the consciousness of humanhood and Walk in the Spirit. Arise and Walk.

Here's a little homework for today: Get out your copy of "The Infinite Way" by Joel S Goldsmith and read the Chapter entitled "The New Horizon". Always keep that Chapter close... If you don't have it, or can't afford it—drop me an email. ~Al Denninger

The Daily Lesson – May 2, 2024

“On another occasion, you may be told that your patient is going to die and that nothing can be done to save him. With that, the word ‘power’ may come into your mind, ‘Power to cause death? Power to perpetuate disease? Power? Power?’ until that word rings in you, and you realize, ‘God is power. If God is power, can there be two powers? What then, have I to fear? I shall not fear what power can do to me.’” ~Joel S Goldsmith

I Corinthians 4:20 KJV

20 For the kingdom of God is not in word, but in power.

Matthew 22:29 KJV

29 Jesus answered and said unto them, Ye do err, not knowing the scriptures, nor the power of God.

Zechariah 4:6 KJV

6 Then he answered and spake unto me, saying, This is the word of the Lord unto Zerubbabel, saying, Not by might, nor by power, but by my spirit, saith the Lord of hosts.

The idea of temporal power is a distraction. There can only be One Omnipotence. We are Blessed. ~Al Denninger

The Daily Lesson – May 3, 2024

“You have only one demonstration to make, and that is the realization of the presence of God. You have only one devil to overcome, and it is not rheumatism, cancer, consumption, immorality, poverty, or unemployment. Do not pray for employment for an unemployed person. Remember, it is the carnal mind claiming that there is lack and limitation, lack of opportunity or lack of some other thing. Then realize that carnal mind is not power and that there is no lack in God's kingdom. If business is not good, do not pray for good business. Pray to realize that the carnal mind and its suggestions are not power.” ~Joel S Goldsmith

Matthew 6:31-33 KJV

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

James 4:7,8 KJV

7 Submit yourselves therefore to God. Resist the devil, and he will flee from you.

8 Draw nigh to God, and he will draw nigh to you.

2 Corinthians 4:16&18 KJV

16 For which cause we faint not; but though our outward man perish, yet the inward man is renewed day by day.

18 While we look not at the things which are seen, but at the things which are not seen: for the things which are seen are temporal; but the things which are not seen are eternal.

Seek ye first, and only, the Kingdom of God and His Righteousness where there is only Infinite Good in Abundance. Take no thought for the outward things that are visible in the daydream of limited consciousness—because there is only One Truth to behold—the Infinite Way of God. Submit yourself to Truth. ~Al Denninger

The Daily Lesson – May 4, 2024

“We have a principle that works, and the principle is this: That there is only one demonstration to make: the consciousness of the presence of God, for in His presence the carnal mind dissolves. There is only one sin, disease, death, lack, or limitation: the carnal mind. Whether you call it carnal mind or some other name makes no difference. In my writings, you will find carnal mind referred to under the name of hypnotism, suggestion, mesmerism, world belief, or appearance. They all mean the same thing: a belief that there is a destructive power.” ~Joel S Goldsmith

Romans 8:6,7 KJV

6 For to be carnally minded is death; but to be spiritually minded is life and peace.

7 Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be.

Romans 8:9-11 KJV

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

10 And if Christ be in you, the body is dead because of sin; but the Spirit is life because of righteousness.

11 But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you.

Romans 8:2 KJV

2 For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death.

There is only one sin, and that is a sense of a separation from God. There is no real separation. There is just world belief thinking, for whatever reason, that God does not Dwell in them at the moment. So how do we overcome this erroneous belief? One word—Dwell. Dwell in the Secret Place of the Most High and thereby Watch and Know God Dwelling in You.

The entire 8th Chapter of Romans KJV speaks to this. Take some time to read and study it thoroughly. Copy it and take it with you, if that helps. Meditate on it every chance you get today. ~Al Denninger

The Daily Lesson – May 5, 2024

“That is all we are suffering from: a belief in two powers which, consciously or unconsciously, all of us have accepted. Suppose you became convinced this instant that God is the only power. Then what could trouble you? Nothing! A whole circus full of wild lions could be turned loose in this room, and you would not get up to move out of the way. What difference would it make even if they were there if there is only one power? If bombs were falling right and left, what difference would it make to you if there is only one power? *If* there is only one power, what can bombs do? Or wild lions, or germs or weather, or climate?” ~Joel S Goldsmith

Psalms 91:1-10 KJV

- 1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.
- 2 I will say of the Lord, He is my refuge and my fortress: my God; in him will I trust.
- 3 Surely he shall deliver thee from the snare of the fowler, and from the noisome pestilence.
- 4 He shall cover thee with his feathers, and under his wings shalt thou trust: his truth shall be thy shield and buckler.
- 5 Thou shalt not be afraid for the terror by night; nor for the arrow that flieth by day;
- 6 Nor for the pestilence that walketh in darkness; nor for the destruction that wasteth at noonday.
- 7 A thousand shall fall at thy side, and ten thousand at thy right hand; but it shall not come nigh thee.
- 8 Only with thine eyes shalt thou behold and see the reward of the wicked.
- 9 Because thou hast made the Lord, which is my refuge, even the most High, thy habitation;
- 10 There shall no evil befall thee, neither shall any plague come nigh thy dwelling.

Psalms 23:1-4 KJV

- 1 The Lord is my shepherd; I shall not want.
- 2 He maketh me to lie down in green pastures: he leadeth me beside the still waters.
- 3 He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.
- 4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.

He that Dwelleth with God, is Aware that he is an Individual Expression of God.
There is One Origin, One Source and therefor there is One Power.
Feel It as you Dwell with the Father of All in Conscious Oneness.
Trust Him with all thy heart and soul.
Let Him Lead You on the Path of Righteousness.
Rest in His everlasting Arms.
Watch as His abundance is Thine.
Sing joyful praises of His Infinite Supply.

Nothing—no-thing—no appearance can come nigh thee if so be you Dwell in the Secret Place of the Most High.

If we aren't Dwelling in Communion we can be distracted into a false sense of a world belief in two powers—of Good and evil—and we can easily wander into any scenario we can think of.

Dwell without ceasing.

~Al Denninger

The Daily Lesson – May 6, 2024

“Your meditation does not become effective until you, yourself, arrive at the place of oneness: one power, one law, presence, one life, one being, one cause, and one effect. Then you can wait for God's grace to be upon you, God's Spirit to envelop you, and God's release to come to you. When that comes, your meditation is complete.” ~Joel S Goldsmith

John 15:4,5 KJV

4 Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

I Samuel 3:10 KJV

10 And the Lord came, and stood, and called as at other times, Samuel, Samuel. Then Samuel answered, Speak; for thy servant heareth.

Isaiah 40:31 KJV

31 But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

James 5:7,8 KJV

7 Be patient therefore, brethren, unto the coming of the Lord. Behold, the husbandman waiteth for the precious fruit of the earth, and hath long patience for it, until he receive the early and latter rain.

8 Be ye also patient; stablish your hearts: for the coming of the Lord draweth nigh.

Abiding is not just sitting in silent meditation and blanking out the world. Abiding in *Me* and *I* in *You*, is Communing Spirit to Spirit, Soul to Soul. We must first be still, of course. Ponder Scripture or some other Truth we know, and when we come to the end of what we know, relaxed and at peace—it is time to get to what God Knows—surrender to God's Will. We ask in an “attitude” of speak Lord, thy servant heareth, like Samuel. (not necessarily with those words but being in an attitude of open consciousness that is ready to receive) Open your Heart and wait for the Precious Fruit to arrive in Conscious Oneness. It takes practice. Today is a good day to practice. ~Al Denninger

The Daily Lesson – May 7, 2024

“Never forget that your meditation is not complete until you arrive at the place of inner peace through the realization of One—whether it is one power, one person, one cause, or one law—always One. When you come to that place in your consciousness, you are at peace, and very soon the grace of God will be upon you.” ~Joel S Goldsmith

John 15:4,5 KJV

4 Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

John 14:22-27 KJV

22 Judas saith unto him, not Iscariot, Lord, how is it that thou wilt manifest thyself unto us, and not unto the world?

23 Jesus answered and said unto him, If a man love me, he will keep my words: and my Father will love him, and we will come unto him, and make our abode with him.

24 He that loveth me not keepeth not my sayings: and the word which ye hear is not mine, but the Father's which sent me.

25 These things have I spoken unto you, being yet present with you.

26 But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you.

27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

There is One Truth, One Life and One Comforter Infinitely Expressed as anything and everything Love can Give. Love Christ, keep His Words, Abide in Him and He shall bring you Peace, Comfort you and teach you. Rest, Trust, Abide. ~Al Denninger

The Daily Lesson – May 8, 2024

“This peace does not always come with your first meditation. You may have to meditate again for your patient an hour or two or three hours later, or you may have to repeat it that night, or in the middle of the night, or the next morning. You may have to repeat it for days and days. This is because as human beings, we are living a life of separation from God, and it is not always easy at any or every moment we choose to get at-one with God. So it is that it may be necessary to meditate many times until the ‘click’ finally comes that sets us free.” ~Joel S Goldsmith

John 14:17,18 KJV

17 Even the Spirit of truth; whom the world cannot receive, because it seeth him not, neither knoweth him: but ye know him; for he dwelleth with you, and shall be in you.

18 I will not leave you comfortless: I will come to you.

I Corinthians 2:13,14 KJV

13 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

John 8:31,32 KJV

31 Then said Jesus to those Jews which believed on him, If ye continue in my word, then are ye my disciples indeed;

32 And ye shall know the truth, and the truth shall make you free.

Matthew 7:7-8 KJV

7 Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you:

8 For every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened.

Spiritual discernment is beyond words and thoughts. To continue in Jesus' Word and be His disciples, we must be continually focused on the Truth and keep knocking and asking until the Truth is Revealed Spirit to Spirit and we are free of this-worlds distractions. The Comforter is Ready when we are. Open your Awareness. ~Al Denninger

The Daily Lesson – May 9, 2024

“The simplicity of the message of The Infinite Way lies in the truth that you have only one enemy. And it is not carnal mind! It is the belief that carnal mind is power, and when you overcome the belief that it is power, it is finished as far as you are concerned. Then you do not have to demonstrate supply; you do not have to demonstrate health; you do not have to demonstrate happiness; you do not have to demonstrate companionship: you demonstrate only the realized presence of God. All that you need is God's grace realized, and It fulfills Itself in all things.” ~Joel S Goldsmith

I have added the above paragraph to the Special Quotes from Joel to the IWSO.org website at:

<https://www.iwso.org/joel-quotes.htm>

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Romans 8:6,9, 28 & 29 KJV

6 For to be carnally minded is death; but to be spiritually minded is life and peace.

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

38 For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come,

39 Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.

2 Corinthians 3:17 KJV

17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

The carnal mind is just thoughts and imaginings; and thinking, of its own self, has no power and no substance to do anything. There can be only one Omnipresence. Where Omni-Presence of God is Realized, there is Infinite Love Working for Good. God is Love Loving. ~Al Denninger

The Daily Lesson – May 10, 2024

“Across the Desk

Spring is here as I write this, and therefore my thought turns to renewal, rebirth, and resurrection, and how these may be experienced. There is one necessary step without which we cannot ‘die’ out of the old and be reborn into the new man, the risen man.

Write this on your forehead where you will see it every time you go to the mirror: God does not care how much of a sinner you are or how pure you may be. God has no interest in your humanhood: saint or sinner, well or sick, rich or poor.” ~Joel S Goldsmith

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

I Peter 1:23 KJV

23 Being born again, not of corruptible seed, but of incorruptible, by the word of God, which liveth and abideth for ever.

Acts 10:34 KJV

34 Then Peter opened his mouth, and said, Of a truth I perceive that God is no respecter of persons:

Romans 8:11 KJV

11 But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you.

God is not aware of or interested in our humanhood, or this-world consciousness. The finite or corruptible mind is what distracts us from the Truth. Be Raised, or born again, by the Spirit that Raised up Jesus into incorruptible Being—Raised in Consciousness—Aware of the Truth. Bury the old consciousness and Walk away. ~Al Denninger

The Daily Lesson – May 11, 2024

“It is up to you to turn away from your present state of consciousness which may be expressing as sainthood or sinfulness, and focus your attention on the recognition of the spiritual nature of individual being. When you can forget my humanhood and behold the Christ of me, the Christ of you will rise. When you forgive—release others from the penalty of their sins—your penalty will dissolve.” ~Joel S Goldsmith

Proverbs 3:5-6 KJV

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

Isaiah 26:3 KJV

3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

Colossians 3:1-2 KJV

1 If ye then be risen with Christ, seek those things which are above, where Christ sitteth on the right hand of God.

2 Set your affection on things above, not on things on the earth.

Luke 6:37 KJV

37 Judge not, and ye shall not be judged: condemn not, and ye shall not be condemned: forgive, and ye shall be forgiven:

It is difficult to turn away from our own understanding and let go of our reasoning mind until we build up great love for and an unshakable Trust in God. How do we get that Trust? By Realizing the Perfect Peace, and acknowledging God in all our ways. Set you affection on things above. ~Al Denninger

The Daily Lesson – May 12, 2024

“Do not wait to become good before seeking God because you will not find Him. It is not easy to acknowledge your own Christhood because you know your human failings so well. Therefore, recognize the Christ of those you meet, and then come face to face with the risen Christ of your Self.” ~Joel S Goldsmith

John 18:36 KJV

36 Jesus answered, My kingdom is not of this world:

Matthew 6:31-33 KJV

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

I Corinthians 13:10-12 KJV

10 But when that which is perfect is come, then that which is in part shall be done away.

11 When I was a child, I spake as a child, I understood as a child, I thought as a child: but when I became a man, I put away childish things.

12 For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known.

I can, of mine own self, can do nothing Father... It is Your Spirit within that doeth the Works... I am not trying to think better human thoughts—I am Seeking You Father, Your Kingdom, Your Pure Thoughts and Your Perfect Way.... Acknowledge God without ceasing. ~Al Denninger

The Daily Lesson – May 13, 2024

“Cease seeing me or any person as a man of earth, and meet yourself as the Christ-man. Release everyone from his past, and come face to face with your now—your moment of Christhood. This does not mean that when you hire an employee you will not seek the best qualified person, or that when you go the polls you will not vote for the candidate who most nearly fits your idea of rightness. You will use discrimination, but you will also release man from condemnation, and thereby discover, your own freedom. Be assured, you attain freedom only as you free others; you attain justice only as you are just; you attain abundance only as you give.” ~Joel S Goldsmith

Isaiah 2:22 KJV

22 Cease ye from man, whose breath is in his nostrils: for wherein is he to be accounted of?

I Corinthians 13:12 KJV

12 For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known.

2 Corinthians 5:17 KJV

17 Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.

Romans 8:28 KJV

28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

Matthew 10:8 freely KJV

8 ...freely ye have received, freely give.

If we stay focused on the Kingdom of God we will See the Christ In and As our daily Experience. Blessed are those who Work together for Good. Work together for God.
~Al Denninger

The Daily Lesson – May 14, 2024

“You admit the Christ, the Spirit of God, into your consciousness as you recognize the Christ in man. ‘I stand at the door and knock.’ When you admit *Me*, the *Christ*, I am then come that you might have abundant life. That *I* then becomes the bread and meat of life to you, the wine of inspiration and the pure waters of life eternal. Open the door of your consciousness and admit the Spirit of God, and then the Christ lives your life.” ~Joel S Goldsmith

Revelation 3:20 KJV

20 Behold, I stand at the door, and knock: if any man hear my voice, and open the door, I will come in to him, and will sup with him, and he with me.

John 10:9,10 KJV

9 I am the door: by me if any man enter in, he shall be saved, and shall go in and out, and find pasture.

10 The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly.

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Galations 2:20 nevertheless (to :) KJV

20 ...nevertheless I live; yet not I, but Christ liveth in me:

Our consciousness is transformed by opening it. Open the Door and Let Christ Live Your Life. ~Al Denninger

The Daily Lesson – May 15, 2024

“Have you ever felt that there is a *Me*, a real tangible *Me*, closer to you than breathing? If not, begin to greet *Me* in all whom you meet, especially the enemy, and quickly you will meet *Me* in you.” ~Joel S Goldsmith

John 20:24-29 KJV

24 But Thomas, one of the twelve, called Didymus, was not with them when Jesus came.

25 The other disciples therefore said unto him, We have seen the Lord. But he said unto them, Except I shall see in his hands the print of the nails, and put my finger into the print of the nails, and thrust my hand into his side, I will not believe.

26 And after eight days again his disciples were within, and Thomas with them: then came Jesus, the doors being shut, and stood in the midst, and said, Peace be unto you.

27 Then saith he to Thomas, Reach hither thy finger, and behold my hands; and reach hither thy hand, and thrust it into my side: and be not faithless, but believing.

28 And Thomas answered and said unto him, My Lord and my God.

29 Jesus saith unto him, Thomas, because thou hast seen me, thou hast believed: blessed are they that have not seen, and yet have believed.

Matthew 5:44,45 KJV

44 But I say unto you, Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you;

45 That ye may be the children of your Father which is in heaven: for he maketh his sun to rise on the evil and on the good, and sendeth rain on the just and on the unjust.

1 Corinthians 1:30 KJV

30 And because of him you are in Christ Jesus, who became to us wisdom from God, righteousness and sanctification and redemption,

Hebrews 13:5 for KJV

5 ...for he [Jesus Christ] hath said, I will never leave thee, nor forsake thee.

Matthew 28:20 KJV

20 Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, even unto the end of the world. Amen.

As Thomas came to Know, the Spirit of God is made tangible in the Presence of Christ Jesus. He has promised His Sheep that He is with Us always and will never leave Us or forsake Us. He is Present in every Expression of God—in neighbor, in enemy and even in individual being—Look Up and You will See. Reach hither and You will Feel. Rest now in Realized Oneness and Believe. ~Al Denninger

This concludes our study of Chapter 5 in the book “Realization of Oneness”
Tomorrow we begin: Chapter 6 “Living the Principal of Impersonalization”