

THE DAILY LESSON

is an activity of the study group found at: www.iwso.org

The subject for our current study is the entire book

“Consciousness Unfolding”

by Joel S Goldsmith

THE DAILY LESSON, an ongoing open class by Infinite Way Teacher [Al Denninger](#), is inspired by the message of Joel S. Goldsmith. In this Book Study we delve into Joel's books paragraph by paragraph, from cover to cover. I provide Scripture supporting his entire Work and an Impartation from my daily Experience. These classes appear daily [on my website](#) and by [email subscription](#) each day, for my students to take into their daily meditations and carry with them throughout their day.

Students Note: In my teaching, the words that are capitalized throughout the work are not capitalized for emphasis. Instead, the purpose is to Lift the student into the Awareness that these words are a Synonym for, or an Activity of God. The portions that are *italicized* are spontaneous meditations.

The Daily Lesson – May 7, 2023

“CHAPTER TWELVE

QUESTIONS AND ANSWERS

Question: What is the role of patience in demonstration?

Answer: If we really turn back into consciousness and feel that ‘click,’ then health and harmony will appear. But the demonstration of spiritual life may not come all at once and it may not manifest itself immediately. I am reminded of the experience of Saul of Tarsus. After years of study, the Christ came to Saul in a blinding flash. We might think that, at that moment, he would have been entirely renewed. Yet, it was another nine years before he began to go about preaching. He spent nine years living in Arabia, letting the light which had come in that blinding flash reveal and unfold itself. We, too, might have a flash of light, perhaps on the subject of supply, and from that moment on, there might be an increase, day after day, and week after week—just enough of an increase to keep us ahead. If you consider this in terms of time, it might seem as though quite a long period elapses before the whole picture of supply reveals itself, or develops itself. It was in 1932 that I caught the vision that God is the only creative principle and that all these other ideas about wrong thinking and sin, had nothing to do with healing or supply. But it was not until 1946 that I published a book or went out to teach this truth. There were years and years of patience required while this new consciousness was forming and renewing itself.” ~Joel S Goldsmith

Matthew 6:33 (to ;) KJV

33 But seek ye first the kingdom of God, and his righteousness;

Psalms 37:7 (to :) & 9 but KJV

7 Rest in the Lord, and wait patiently for him:
9 ...but those that wait upon the Lord, they shall inherit the earth.

Psalms 62:5-8 KJV

5 My soul, wait thou only upon God; for my expectation is from him.
6 He only is my rock and my salvation: he is my defence; I shall not be moved.
7 In God is my salvation and my glory: the rock of my strength, and my refuge, is in God.
8 Trust in him at all times; ye people, pour out your heart before him: God is a refuge for us. Selah.

Isaiah 40:31 KJV

31 But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

Matthew 4:4 KJV

4 But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.

There is no demonstration without The Word of God—Received and followed. It must be Heard Spirit to Spirit and followed to the exactly as it was Given. It takes time to develop an Avenue of Awareness or a Listening Attitude. Rest back and practice. Practice, Practice, Practice... Meditate with or without a mentor or teacher. Watch and pray. Just like we are planting seeds in our garden now for harvest later—but we must do the work to plant the seeds and then nurture them until they mature into the beautiful fruits and vegetables we love so much. Pray before you undertake any new steps. Seek ye first the Kingdom of God. ~Al Denninger

The Daily Lesson – May 8, 2023

“We are likely to become impatient for results, and to feel that if we get a treatment today, we should be in heaven tomorrow. Probably, when we have attained the consciousness of the Christ all demonstrations will be instantaneous. Jesus said: ‘Say not ye, There yet are four months, and then cometh harvest? behold, I say unto you, Lift up your eyes, and look on the fields; for they are white already to harvest’ But do not forget, either, that three years passed before Jesus could finally say: ‘He that hath seen me hath seen the Father.’ We know that when he was twelve years old, he had already caught the inner lights yet he did not begin his ministry until he was thirty years of age. So even Jesus had his periods of waiting, and days, months, and years, when patience was required.” ~Joel S Goldsmith

II Thessalonians 3:5 KJV

5 And the Lord direct your hearts into the love of God, and into the patient waiting for Christ.

James 5:7,8 KJV

7 Be patient therefore, brethren, unto the coming of the Lord. Behold, the husbandman waiteth for the precious fruit of the earth, and hath long patience for it, until he receive the early and latter rain.

8 Be ye also patient; stablish your hearts: for the coming of the Lord draweth nigh.

Waiting

Serene, I fold my hands and wait, Nor care for wind, nor tide, nor sea; I rave no more
'gainst time or fate, For lo! my own shall come to me.

I stay my haste, I make delays, For what avails this eager pace? I stand amid the
eternal ways, And what is mine shall know my face.

Asleep, awake, by night or day, The friends I seek are seeking me; No wind can drive
my bark astray, Nor change the tide of destiny.

What matter if I stand alone? I wait with joy the coming years; My heart shall reap where
it hath sown, And garner up its fruit of tears.

The waters know their own and draw The brook that springs in yonder height; So flows
the good with equal law Unto the soul of pure delight.

The stars come nightly to the sky; The tidal wave unto the sea; Nor time, nor space, nor
deep, nor high, Can keep my own away from me.

~John Burroughs

When we stand amid eternal Ways—what avails an eager pace? Be still. Be steady.
Wait with joy, the coming years. The Father Knows what you need. Honor Him with the
patience He has for you. ~Al Denninger

The Daily Lesson – May 9, 2023

“I say to everyone who undertakes this work: Your consciousness must be renewed. You have been brought up in the belief that that which is out here in the world is reality, and now you are being told that your consciousness is reality. Do you think you can catch the full implication of that truth overnight? You might do so, intellectually, but sooner or later, someone is going to knock at the door and ask you to pay a bill that you cannot pay or remind you that you have a headache. And then, you will have to begin living this truth.” ~Joel S Goldsmith

Romans 12:1,2 KJV

1 I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

II Corinthians 4:16 KJV

16 For which cause we faint not; but though our outward man perish, yet the inward man is renewed day by day.

Luke 9:12-17 KJV

12 And when the day began to wear away, then came the twelve, and said unto him, Send the multitude away, that they may go into the towns and country round about, and lodge, and get victuals: for we are here in a desert place.

13 But he said unto them, Give ye them to eat. And they said, We have no more but five loaves and two fishes; except we should go and buy meat for all this people.

14 For they were about five thousand men. And he said to his disciples, Make them sit down by fifties in a company.

15 And they did so, and made them all sit down.

16 Then he took the five loaves and the two fishes, and looking up to heaven, he blessed them, and brake, and gave to the disciples to set before the multitude.

17 And they did eat, and were all filled: and there was taken up of fragments that remained to them twelve baskets.

Under the appearance presented, human consciousness had no good idea how to feed the 5000, but the Master Christ Jesus, Looking Up to Heaven, Knew the Principal of Supply, and He immediately Blessed the food he had and distributed it to all that were present with an abundance left over. He Lived the Truth, not the appearance. ~Al Denninger

The Daily Lesson – May 10, 2023

“What we are doing is not creating miracles: We are renewing consciousness. We are dying daily. We are being reborn of the Spirit, and this rebirth comes only with patience. All these things which I have said to you are truth, but you will demonstrate them if, and as, they become an integral part of your consciousness. The healing consciousness of the practitioner is a state of consciousness that has lost its fear or hate or love of error. That is all there is to the Christ consciousness, which is your individual consciousness when you no longer fear, hate, or love error of any name or nature.” ~Joel S Goldsmith

I Corinthians 15:31 I die KJV

31 ... I die daily.

John 3:6,7 KJV

6 That which is born of the flesh is flesh; and that which is born of the Spirit is spirit.

7 Marvel not that I said unto thee, Ye must be born again.

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

The miracle is not in the changing of appearances, it is an Opening an Awareness of the Truth. The proof is in the Experience. We pass from this-world thought as Jesus taught and are reborn to Live a Life of Transformed Consciousness. ~Al Denninger

The Daily Lesson – May 11, 2023

“Can you drop that fear, hate, or love overnight? No, you must go through the process of being reborn, and that requires patience, stick-to-it-iveness. You may have to stand fast in the face of the very opposite appearance. It may be in the face of a very, very persistent appearance. And so you will have to stand again and again and again and say, ‘I am being reborn of the Spirit. I am being renewed. I am no longer going to fear, hate, or love that which is outside of me. I am going to stand on the truth that knows that consciousness is the law unto that which is outside.’ It takes patience.” ~Joel S Goldsmith

II Thessalonians 3:5 KJV

5 And the Lord direct your hearts into the love of God, and into the patient waiting for Christ.

James 5:7 KJV

7 Be patient therefore, brethren, unto the coming of the Lord. Behold, the husbandman waiteth for the precious fruit of the earth, and hath long patience for it, until he receive the early and latter rain.

The nature of Patience is Love. Infinite Love has Infinite patience. Love the Lord thy God with all thy heart—as He Loves you. Eternal Life awaits those who by faithful waiting Experience the Presence of God. ~Al Denninger

The Daily Lesson – May 12, 2023

“Question: Will you discuss meditation?”

Answer: When you turn within in meditation, you may not always receive the answer immediately. As a matter of fact, there may not be any answer for you to receive at that moment, but the answer will be there later, to meet any situation that arises during the day. When I meditate in the morning, nothing in particular may come to me, even though I always do feel a sense of the Presence. But an hour, or eight hours later, when someone telephones or writes, the answer is there. My constant meditation keeps me consciously one with God, at-one with the Infinite. It keeps me constantly at the point where, whatever I need, comes forth. I do not have to meditate every time a call for help comes to me because I have been meditating twenty hours out of the twenty-four. It is like keeping a line open on the switchboard. No matter who calls, the line is open.”
~Joel S Goldsmith

Matthew 6:6 KJV

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

Revelation 22:17 KJV

17 And the Spirit and the bride say, Come. And let him that heareth say, Come. And let him that is athirst come. And whosoever will, let him take the water of life freely.

I Thessalonians 5:16-18 KJV

16 Rejoice evermore.

17 Pray without ceasing.

18 In every thing give thanks: for this is the will of God in Christ Jesus concerning you.

Enter into your inner secret-place of rest or sanctuary, hidden from the noise of the sense-world, but Known to God, where we are governed by Spirit, not by thought. Our Father Knowest what you have need of. Be still. Stay focused keeping your Heightened Avenue of Awareness open, but return to your regular activity, always holding onto the Truth. Freedom Comes when you take no thought, but Know and Feel the Truth. ~Al Denninger

The Daily Lesson – May 13, 2023

'It is all a question of at-one-ment. That is the reason I reiterate again and again: Please never undertake anything without going within and feeling that at-one-ment, which says to you, 'Don't be afraid, fellow. I am here.' Then go out, and do anything you have to do. *It* is there, and *It* is with you. The more you realize your at-one-ment with God, the more health, harmony, success, and prosperity you will experience. This at-one-ment will not make you eccentric. You will continue to enjoy life much like anyone else—movies, good books, good music, good food, and good friends. But you will acknowledge that it is your conscious oneness with God that brings out your health, harmony, and prosperity. I never give a treatment in the commonly accepted sense of the world. My only treatment is a conscious oneness with God. If someone calls and says, 'I have a problem of unemployment or health or something else,' my treatment is conscious oneness with God. Nothing less than conscious oneness with God will do it.' ~Joel S Goldsmith

Matthew 6:33 KJV

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Hebrews 13:5 I KJV

5 ...I will never leave thee, nor forsake thee.

Romans 8:9 (to .) KJV

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

Our normal state of Consciousness is At-One with God. But we can drift off into a false sense of thought that distracts human consciousness, and we feel like we are on our own. Stop. Refocus and return to Dwelling in Spirit—thereby Knowing our Perfect place and Peace. All is Well. ~Al Denninger

The Daily Lesson – May 14, 2023

Question: Will you discuss the Lord's Prayer?

Answer: There is some disagreement in the church world and among religious scholars as to the authenticity of the Lord's Prayer. Some scholars do not believe that Jesus ever gave the Lord's Prayer to the world, while others believe that he did. The main reason for this doubt is that the Lord's Prayer is not in keeping, apparently, with the Master's teaching. The Master did not teach that it would do us any good to ask God for any such thing as daily bread. He taught: 'Your Father knoweth what things ye have need of, before ye ask him . . . [and it is his] good pleasure to give you the kingdom.' One Bible authority claims that when the translators came to that part of the New Testament where the disciple said: 'Teach us to pray,' the Master did not reply. Scholars believe that something was lost, and then when they found the page on which what is called the Lord's Prayer was written, they inserted it in that place. Regardless of whether or not the Master did give us the Lord's Prayer, do not forget that in it there are laws just as there are in all of his teachings. In other places as well as in the Lord's Prayer, he taught the law of forgiveness, and through that law, we 'forgive our debtors,' for in proportion as we are able to 'loose him, and let him go,' does our own consciousness become free.
~Joel S Goldsmith

Scholars can have opinions and often repeat opinions - that are not necessarily the Truth... You will Know the Truth when You Hear it Within.
When trying understand Scripture and what it means for you, do what I do ask God what it means. Stay with it – you will Hear. ~Al Denninger

Here is a wonderful translation by a current Student of the Aramaic language. I think this will Open some Eyes to See:

The Lord's Prayer – Aramaic directly from the Ancient Aramaic
By Roy Gessford

Our Source, Let Be Thy Holy Name.
Let Your Kingdom Come. (Come, In The Present Tense – like Thy Kingdom IS.)
Let By Your Way, Your Will.
May We Have Our Needs Daily.
Forgive Us Our Debts, as We Forgive Our Mistakes.
Let Us Not Enter Into Temptation.

(And the line- "For thine is the Kingdom, and the Power and the Glory." was not there in Aramaic, but likely would have been said by the people as a response, like saying Amen. So it was likely there, just not written down... It is present in many other places in Aramaic at the end of Prayers.)

Ask God what It Means to You.

The Daily Lesson – May 15, 2023

“If parts of the Lord's Prayer—or all of it—have meaning for you, it does not matter whether or not it was a part of Jesus' actual words. Whatever is true, is true regardless of its source. We can get good wherever we find it. Personally, I find much wisdom in that particular passage: ‘Forgive us our debts as we forgive our debtors.’” ~Joel S Goldsmith

Luke 23:33,34 (to .) KJV

33 And when they were come to the place, which is called Calvary, there they crucified him, and the malefactors, one on the right hand, and the other on the left.

34 Then said Jesus, Father, forgive them; for they know not what they do.

Matthew 22:37-40 KJV

37 Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind.

38 This is the first and great commandment.

39 And the second is like unto it, Thou shalt love thy neighbour as thyself.

40 On these two commandments hang all the law and the prophets.

Psalms 23:6 KJV

6 Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.

So much of Jesus' message, and the Bible for the matter, is about forgiveness. Here are a just a few: the woman taken in adultery, teaching to forgive 70 times seven, “though your sins are like scarlet, they shall be as white as snow”, and his last words were to forgive the very people that cruelly and brutally crucified him. It is truly the most important lesson: to forgive, to give mercy, and to Love—for God is Love. We should strive to Love Him, and one another, as He Loves us—Unconditionally. And so, If we Dwell in Him it is already done. ~Al Denninger

The Daily Lesson – May 16, 2023

“Question: Should a practitioner assume responsibility for a case?

Answer: Our attitude should be the same with a human being as it would be with a dog, a cat, or a crop. The truth we know should be outwardly manifested in healing, whatever the condition may be. However, just because we accept the responsibility does not mean that we shall always be able to bring out the healing. A human being differs from plants, crops, or animals because a human being has the freedom of choice to determine his own destiny. Persistence in gross materiality may for a while cheat a person of the spiritual unfoldment of health or wealth. Those who do not lend themselves to the spiritual life, or who insist on clinging to the material sense of existence, may not always respond to spiritual healing. Why? Because if a patient is so far away from Soul as to be immersed in the senses, he may block the work of the practitioner.” ~Joel S Goldsmith

John 6:63 (to :) KJV

63 It is the spirit that quickeneth; the flesh profiteth nothing:

John 4:23,24 KJV

23 But the hour cometh, and now is, when the true worshippers shall worship the Father in spirit and in truth: for the Father seeketh such to worship him.

24 God is a Spirit: and they that worship him must worship him in spirit and in truth.

I Corinthians 2:12-14 KJV

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

13 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

I Corinthians 6:17 KJV

17 But he that is joined unto the Lord is one spirit.

It is important that the patient ask for help in their Heart. It does not have to be communicated in this-world. It is a step in their surrender, trust and to an Open and receptive Consciousness. The patient's Knowing about Spiritual Discernment is unimportant, that is the practitioner's job—to See them As they Truly Are, no matter what they say—Thy Kingdom IS and Let By Your Way, Your Will, Your Infinite Way. This Truth will be Seen or Felt, Spirit to Spirit, Soul to Soul. Forgive the patient's thinking that they seem somehow separated and apart from God. (And forgive your own this-world's thoughts too if you did.) The Truth must be Known... It is Already Done. ~Al Denninger

The Daily Lesson – May 17, 2023

“When I say that the practitioner should accept the responsibility, I mean it in this way: If an individual asks for help, what is my responsibility? Is it to see a human being who needs health or reformation, or is it not rather to turn away from that picture and say, ‘No, God is the only reality of being’ thereby refusing to do battle with the material condition, or to attempt to heal it?” ~Joel S Goldsmith

I Corinthians 8:6 KJV

6 But to us there is but one God, the Father, of whom are all things, and we in him; and one Lord Jesus Christ, by whom are all things, and we by him.

John 1:3,4 KJV

3 All things were made by him; and without him was not any thing made that was made.

4 In him was life; and the life was the light of men.

II Chronicles 20:17 (to 3rd ,)

17 Ye shall not need to fight in this battle: set yourselves, stand ye still, and see the salvation of the Lord with you,

There is nothing other than the Omnipresence of God. Is there something to correct in His Kingdom? Stand ye still, set yourselves, and Live. Your inheritance awaits its proper recognition. Rejoice and be grateful, all that the Father has is yours. ~Al Denninger

The Daily Lesson – May 18, 2023

“The moment a person asks you for help and you look at his human condition, you are agreeing that there is a disease or a sinner. Then, after having accepted the appearance as a fact, you attempt to cure it through mind. The real treatment is: ‘My kingdom is not of this world.’ Since my kingdom, my spiritual kingdom, is not of the mortal, material world, I am not here to reform or heal a mortal. I must look away from mortality and behold the spiritual man. In that sense, then, it is my responsibility as a practitioner not to accept the evidence of the senses, even when that evidence testifies to a sick or dying mortal. That is my sole responsibility.” ~Joel S Goldsmith

John 18:36 KJV

36 Jesus answered, My kingdom is not of this world: if my kingdom were of this world, then would my servants fight, that I should not be delivered to the Jews: but now is my kingdom not from hence.

Joel’s whole point here is summed up in one word – reaction. It takes a lot of Practice and Trust to not react to appearances and See the Truth instead. Christians rarely get this point from the following Bible Story and look at other parts of the story, but to me it is a major part of this lesson - to not react: ~Al Denninger

John 8:1-11 KJV

- 1 Jesus went unto the mount of Olives.
- 2 And early in the morning he came again into the temple, and all the people came unto him; and he sat down, and taught them.
- 3 And the scribes and Pharisees brought unto him a woman taken in adultery; and when they had set her in the midst,
- 4 They say unto him, Master, this woman was taken in adultery, in the very act.
- 5 Now Moses in the law commanded us, that such should be stoned: but what sayest thou?
- 6 This they said, tempting him, that they might have to accuse him. But Jesus stooped down, and with his finger wrote on the ground, as though he heard them not.
- 7 So when they continued asking him, he lifted up himself, and said unto them, He that is without sin among you, let him first cast a stone at her.
- 8 And again he stooped down, and wrote on the ground.
- 9 And they which heard it, being convicted by their own conscience, went out one by one, beginning at the eldest, even unto the last: and Jesus was left alone, and the woman standing in the midst.
- 10 When Jesus had lifted up himself, and saw none but the woman, he said unto her, Woman, where are those thine accusers? hath no man condemned thee?
- 11 She said, No man, Lord. And Jesus said unto her, Neither do I condemn thee: go, and sin no more.

Twice during the hateful noise of the surrounding crowd, Jesus refused to react and let the noise wear itself out to the nothingness it really was. Dear Practitioners, go and do likewise. ~Al Denninger

The Daily Lesson – May 19, 2023

“The responsibility of the patient is receptivity. In so far as possible he must be willing to give up his material sense of existence to accept the spiritual. He must not merely be willing to have a heart that was diagnosed as imperfect made perfect, but also be willing to turn to the spiritual sense of living, at least to desire the spiritual life. If he is unwilling to give up his mortal sense of existence, if he wants to cling to that and to look upon the practitioner as an aspirin with which to ease the pain, the practitioner may fail, and the patient may fail. The Master taught that if they did not believe you or accept you, you should leave them.” ~Joel S Goldsmith

Mark 4:9 KJV

9 And he said unto them, He that hath ears to hear, let him hear.

I Corinthians 2:13,14 KJV

13 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

Luke 9:1-6 KJV

1 Then he called his twelve disciples together, and gave them power and authority over all devils, and to cure diseases.

2 And he sent them to preach the kingdom of God, and to heal the sick.

3 And he said unto them, Take nothing for your journey, neither staves, nor scrip, neither bread, neither money; neither have two coats apiece.

4 And whatsoever house ye enter into, there abide, and thence depart.

5 And whosoever will not receive you, when ye go out of that city, shake off the very dust from your feet for a testimony against them.

6 And they departed, and went through the towns, preaching the gospel, and healing every where.

Humans tend to be very receptive as little children, but as we grow up we are taught by the wisdoms of this-world to be independent and think for ourselves—success comes to those that work hard. We learn that this-world supposedly has solutions for our little appearances that pop up, but those solutions rarely work completely and permanently.

God has no awareness of those problems because He is “too Pure to behold iniquity”. When we eventually come around to seeking God, we have been conditioned to not know where to look. We essentially need to unlearn the whole this-world consciousness. We can become so blind to the Truth that we can even ignorantly turn away one of Jesus’ disciples. If we have become unreceptive there is nothing the disciple can do to help you. He must move on, teach and heal the ones that are receptive and be patient until we become receptive. Open up an attitude of Awareness.
~Al Denninger

The Daily Lesson – May 20, 2023

“Question: How do you attain an inner conviction of faith?”

Answer: The real sense of faith is an impartation from God within you. Ask for faith, as you would turn within and ask for a revelation of harmony, health, or supply. Faith is not a human quality. Faith is divine. When people have a faith that has come to them from the outer world, it is not really faith; it is a blind belief. Faith is of God. Faith is understanding. You have faith that 2x2 are 4, and it does not change. That faith is based on your understanding of the laws of mathematics.” ~Joel S Goldsmith

I Corinthians 2:13-14 KJV

13 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

John 1:1-4 KJV

1 In the beginning was the Word, and the Word was with God, and the Word was God.

2 The same was in the beginning with God.

3 All things were made by him; and without him was not any thing made that was made.

4 In him was life; and the life was the light of men.

Romans 10:17 KJV

17 So then faith cometh by hearing, and hearing by the word of God.

A conviction of Faith comes by Knowing. Knowing comes Seeing. Seeing comes by practice and focus. I Am with you. ~Al Denninger

The Daily Lesson – May 21, 2023

“I have faith that the law of God is the only law unto my being. I understand why that law works. I have seen it operate. So I have faith in it, as in 2X2 equalling 4. Let your faith be a God-faith, not *your* faith. ‘I can of mine own self do nothing.’ Turn within and let faith come. And when it comes from within, you are grounded on the rock, and nothing will ever lead you astray.” ~Joel S Goldsmith

Matthew 6:33 KJV

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Romans 10:17 KJV

17 So then faith cometh by hearing, and hearing by the word of God.

Romans 8:4 KJV

4 That the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit.

*“Father, I Know that I can do nothing of mine own self.... Because I Know that I am an Individual Expression of You, my Source, Creator, Maintainer and Sustainer.... It is by Your Spiritual Law and Your Will that I am... I Seek to Be with You, Father – not in carnal sense but in Spirit. Moses taught of the righteousness of the law—that I follow and respect.... But, I seek the Grace and Truth Given by Jesus Christ... ..
Speak Lord, thy servant heareth... ~al.within*

The Daily Lesson – May 22, 2023

“The spiritual sense of life comes from within. Your spiritual sense touches the kingdom of God, and finds that, in the outer realm, all that is necessary to the demonstration is added. As you make your transition from dependence on the outer to dependence on the inner, you are really turning to the original creative Principle of existence, which is your own consciousness.” ~Joel S Goldsmith

Ezekiel 36:26,27 KJV

26 A new heart also will I give you, and a new spirit will I put within you: and I will take away the stony heart out of your flesh, and I will give you an heart of flesh.

27 And I will put my spirit within you, and cause you to walk in my statutes, and ye shall keep my judgments, and do them.

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

God put Spiritual Sense right where it can be found—within each one of His Individual Expressions. All we need to do is look back to the Creative Principal of our Origin. Be still and Know It. ~Al Denninger

The Daily Lesson – May 23, 2023

“The world believes that the mother and the father are the creators of a child. But no parents ever created a body. The state of consciousness of that child brought forth his own body. In the same way, your particular state of consciousness and my particular state of consciousness have brought forth the bodies we have at present. If a child were brought up from the beginning with the knowledge that we are gaining in this study, then he would not be affected by any of the human beliefs, whether of health, wealth, war, or any problem in the world today.” ~Joel S Goldsmith

Romans 8:9 (to .) KJV

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

II Peter 1:2,3 KJV

2 Grace and peace be multiplied unto you through the knowledge of God, and of Jesus our Lord,

3 According as his divine power hath given unto us all things that pertain unto life and godliness, through the knowledge of him that hath called us to glory and virtue:

Proverbs 22:6 KJV

6 Train up a child in the way he should go: and when he is old, he will not depart from it.

III John 1:4 KJV

4 I have no greater joy than to hear that my children walk in truth.

Every Spark of Creation is Spiritual. Our True Being is Pure. Dwell there and let not the appearances in thoughts and dreams distract you. Raise your children to be beholders of Truth and they will recognize a lie when they hear it and dispose of it. ~Al Denninger

The Daily Lesson – May 24, 2023

“You learn to know your own being only in the degree that you know what God is. God is life—your life. God is consciousness—your consciousness. You are fed from within. You are maintained and sustained from within. All the beliefs of the world have no power, or jurisdiction over you. In proportion as you consciously accept this truth and allow yourself to receive treatment, these impartations of truth take form within your own being.” ~Joel S Goldsmith

Luke 10:25-28 KJV

25 And, behold, a certain lawyer stood up, and tempted him, saying, Master, what shall I do to inherit eternal life?

26 He said unto him, What is written in the law? how readest thou?

27 And he answering said, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy strength, and with all thy mind; and thy neighbour as thyself.

28 And he said unto him, Thou hast answered right: this do, and thou shalt live.

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Matthew 6:8 KJV

8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

Love God until there is nothing left but that Love and all that the Father hath is thine. He Knoweth what you need, there is no need to ask. Trust Him with all your Heart, Live in His Word and you will learn to Accept and prove the Good and Perfect Will of God.
~Al Denninger

The Daily Lesson – May 25, 2023

“Everything I am saying here is a treatment; it is the truth of being flowing out. There must be a continuous flowing of truth out from the center of your being to your outer awareness. That is treatment. Therefore, you must always be in a state of receptivity. In all my writings, watch how many times I say, ‘Be a state of receptivity. Develop a state of receptivity. Develop the listening ear.’ Why? So as to become receptive to the truth, so that you may be able to hear the voice of God.” ~Joel S Goldsmith

Matthew 6:6-8 KJV

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

7 But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking.

8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

Colossians 1:9,10 KJV

9 For this cause we also, since the day we heard it, do not cease to pray for you, and to desire that ye might be filled with the knowledge of his will in all wisdom and spiritual understanding;

10 That ye might walk worthy of the Lord unto all pleasing, being fruitful in every good work, and increasing in the knowledge of God;

I Corinthians 1:3-5 KJV

3 Grace be unto you, and peace, from God our Father, and from the Lord Jesus Christ.

4 I thank my God always on your behalf, for the grace of God which is given you by Jesus Christ;

5 That in every thing ye are enriched by him, in all utterance, and in all knowledge;

I Corinthians 15:34 (to :) KJV

34 Awake to righteousness, and sin not; for some have not the knowledge of God:

II Peter 1:2-4 KJV

2 Grace and peace be multiplied unto you through the knowledge of God, and of Jesus our Lord,

3 According as his divine power hath given unto us all things that pertain unto life and godliness, through the knowledge of him that hath called us to glory and virtue:

4 Whereby are given unto us exceeding great and precious promises: that by these ye might be partakers of the divine nature, having escaped the corruption that is in the world through lust.

Awake thou that sleepest to the Truth of Being, to the Divine nature of Life promised to you by Christ. The Father Knows all your needs, all we have to do is be receptive and follow. Open out a Way for the imprisoned splendor to escape from where He put it,

deep Within You. Seek ye first, His Way—All that the Father hath is thine. ~Al Denninger

The Daily Lesson – May 26, 2023

What has the voice of God to say to you? *'I Am your life; I Am always with you; all that I have is thine'* That is treatment. That is prayer. That is communion. That is the 'meat' that the world knows nothing of. That is the substance of your bones, of your flesh, of your muscles, and of your strength and intelligence: 'I have meat to eat that ye know not of.' ~Joel S Goldsmith

Luke 8:11-15 KJV

11 Now the parable is this: The seed is the word of God.

12 Those by the way side are they that hear; then cometh the devil, and taketh away the word out of their hearts, lest they should believe and be saved.

13 They on the rock are they, which, when they hear, receive the word with joy; and these have no root, which for a while believe, and in time of temptation fall away.

14 And that which fell among thorns are they, which, when they have heard, go forth, and are choked with cares and riches and pleasures of this life, and bring no fruit to perfection.

15 But that on the good ground are they, which in an honest and good heart, having heard the word, keep it, and bring forth fruit with patience.

James 1:22-25 KJV

22 But be ye doers of the word, and not hearers only, deceiving your own selves.

23 For if any be a hearer of the word, and not a doer, he is like unto a man beholding his natural face in a glass:

24 For he beholdeth himself, and goeth his way, and straightway forgetteth what manner of man he was.

25 But whoso looketh into the perfect law of liberty, and continueth therein, he being not a forgetful hearer, but a doer of the work, this man shall be blessed in his deed.

When we are good ground, and Heareth the Word, beyond this-world consciousness, we will Know how to become doers of the Work and bring forth good fruit. Those watching and praying and Doing, are Blessed in their deed. Watch, Hear and Joyfully Do... ~Al Denninger

The Daily Lesson – May 27, 2023

“Rebirth begins the moment you begin to be fed from within. There is no kind of material food, no kind of vitamin, that will keep your personal self here for very long. But there is a bread, a wine, and a water; there is a divine substance, which is your own consciousness of being. This will rebuild and bring you to a state of unfoldment so that five years from now you will look back at yourself and not know yourself.” ~Joel S Goldsmith

John 3:5-8 KJV

5 Jesus answered, Verily, verily, I say unto thee, Except a man be born of water and of the Spirit, he cannot enter into the kingdom of God.

6 That which is born of the flesh is flesh; and that which is born of the Spirit is spirit.

7 Marvel not that I said unto thee, Ye must be born again.

8 The wind bloweth where it listeth, and thou hearest the sound thereof, but canst not tell whence it cometh, and whither it goeth: so is every one that is born of the Spirit.

John 4:13,14 & 23,24 KJV

13 Jesus answered and said unto her, Whosoever drinketh of this water shall thirst again:

14 But whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life.

23 But the hour cometh, and now is, when the true worshippers shall worship the Father in spirit and in truth: for the Father seeketh such to worship him.

24 God is a Spirit: and they that worship him must worship him in spirit and in truth.

The Acceptance of Living Water transforms consciousness. The hour Cometh... ~Al Denninger

The Daily Lesson – May 28, 2023

“The harmony of your being emanates from your own consciousness. There is no use going back and blaming your father or your mother. There is nothing wrong with your body that has ever been inherited. If there is anything wrong with the outer vehicle, then make the correction within, through your realization that you do not have a personal consciousness to be influenced by the beliefs of the world. God is your consciousness, and God is the substance of your being, of your body, and of your home. Will not that kind of treatment bring forth the realization that I and the Father are one, and that the place whereon I stand is holy ground?” ~Joel S Goldsmith

Ezekiel 18:1-4 (to :) KJV

- 1 The word of the Lord came unto me again, saying,
- 2 What mean ye, that ye use this proverb concerning the land of Israel, saying, The fathers have eaten sour grapes, and the children's teeth are set on edge?
- 3 As I live, saith the Lord God, ye shall not have occasion any more to use this proverb in Israel.
- 4 Behold, all souls are mine; as the soul of the father, so also the soul of the son is mine:

Acts 17:28,29 KJV

- 28 For in him we live, and move, and have our being; as certain also of your own poets have said, For we are also his offspring.
- 29 Forasmuch then as we are the offspring of God, we ought not to think that the Godhead is like unto gold, or silver, or stone, graven by art and man's device.

God is the Source and Being of Life. Rest and Know that you are each one of His Individual Expressions. God is Your Soul and Substance—in Him we Live. ~Al Denninger

The Daily Lesson – May 29 2023

“Everything that comes to you must come from within your own being, or else the Master was entirely wrong when he said: ‘The kingdom of God is within you.’ What reason is there for believing that there is a presence and a power outside of your own consciousness? ‘Before Abraham was, I am. . . . Lo, I am with you always even unto the end of the world.’ Then, when did error begin in your experience? It never did begin! You have merely accepted universal beliefs, and that is the only error there is. I have called it ‘hypnotism,’ a universal belief in a power or presence apart from God.” ~Joel S Goldsmith

Matthew 26:41 KJV

41 Watch and pray, that ye enter not into temptation: the spirit indeed is willing, but the flesh is weak.

Matthew 6:13 KJV

13 And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, for ever. Amen.

The Truth is always the Truth no matter what. Don't let lies tempt you into believing them. Ignore the lies. ~Al Denninger

The Daily Lesson – May 30 2023

“Therefore, all the good, unto the end of the world, is flowing in and through and as you and me at this very moment. No power from without can enter ‘to defile or make a lie.’ Nothing can enter my consciousness and take over. Why? It is God. God is my consciousness, and how could anything enter Infinity? Is there anything outside of Infinity? Let this truth reveal itself from the Father within, and you will find harmony and peace. You will find evolution, and you will find reincarnation. You will find a new body being incarnated for you, a new state of consciousness being developed for you. You will really be able to say, ‘I am not the same this year as I was last year. I have died to mortal beliefs. I have been reborn of the Spirit.’” ~Joel S Goldsmith

Revelation 21:3-5 (to .) KJV

3 And I heard a great voice out of heaven saying, Behold, the tabernacle of God is with men, and he will dwell with them, and they shall be his people, and God himself shall be with them, and be their God.

4 And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away.

5 And he that sat upon the throne said, Behold, I make all things new.

Romans 12:2 be ye KJV

2 ...be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Revelation 21:27 KJV

27 And there shall in no wise enter into it any thing that defileth, neither whatsoever worketh abomination, or maketh a lie: but they which are written in the Lamb's book of life.

Open an Awareness of the Infinite Way of Being. There is a transformation of Consciousness that takes place when the Truth is Revealed and joyfully put into practice. Live in the Truth. ~Al Denninger

The Daily Lesson – May 31 2023

”But no one can do this for you, and no one can come into this for you. It is a conscious process which takes place in your consciousness, and whatever takes place in your consciousness will externalize itself in your experience.” Joel S Goldsmith

I Chronicles 22:19 (to ;) KJV

19 Now set your heart and your soul to seek the Lord your God;

Colossians 3:2 KJV

2 Set your affection on things above, not on things on the earth.

Matthew 7:7,8 KJV

7 Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you:

8 For every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened.

Matthew 6:33 KJV

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Every Good gift is from Above, choose ye this day to find the Way. ~Al Denninger

The Daily Lesson – June 1 2023

Question: When you go into the silence, do you always feel you should make affirmations about God?

Answer: No; it depends upon where you are in consciousness. When you attempt to enter the silence, if you do not immediately touch God consciousness, then it is wise to realize God as life, God as love, and so on; and then settle down into the attitude of listening. This applies to my own meditations. Sometimes when I go into meditation, I am immediately in this consciousness, and nothing is necessary in the way of statements of truth. Sometimes, when I am called upon for healing work, I cannot get the sense of oneness for some reason or other, and I must sit for as much as an hour, or two, or three, before achieving that sense of conscious oneness. Do not let anyone, ever, put you into a routine. If you do not feel your oneness, be willing to work until you reach it. If you do feel your oneness, you can stop in that second.” ~Joel S Goldsmith

Psalms 91:1 KJV

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

John 15:4,5 KJV

4 Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

Psalms 46:10 (to :) KJV

10 Be still, and know that I am God:

I John 4:12 God dwelleth,13 KJV

12 ...God dwelleth in us, and his love is perfected in us.

13 Hereby know we that we dwell in him, and he in us, because he hath given us of his Spirit.

Joel is talking about Knowing, Abiding and Dwelling without vain repetitions. Know the Truth without effort or reasoning... Knowing is Conscious Awareness. Enter into your closet and close the door. Shut out the noise of this-world and open your Heart and Consciousness—Open your Awareness and Abide for a while. Be still, your Father Knoweth what you have need of to follow Him and Finish His Work. Have an attitude of: *Speak Lord, thy servant heareth...* ~Al Denninger

The Daily Lesson – June 2 2023

“Question: Do we have individual spiritual bodies?

Answer: We have a spiritual body. Paul says we are all ‘members of that one body,’ but the body is spiritual, and it is infinite in form. Do not try to measure Infinity by your idea of It. You are trying to think of the infinite, spiritual body in terms of time and space. There is only one body, just as there is only one sun in the skies. When you see sunbeams, that is only the appearance. There is only one sunbeam, just as there is only one sun. There is only one body: It is a spiritual body and it is infinitely manifest.” Joel S Goldsmith

Ephesians 4:4-7 KJV

- 4 There is one body, and one Spirit, even as ye are called in one hope of your calling;
- 5 One Lord, one faith, one baptism,
- 6 One God and Father of all, who is above all, and through all, and in you all.
- 7 But unto every one of us is given grace according to the measure of the gift of Christ.

There is One Body, Infinitely formed.

There is one sun with infinite sunbeams.

There is One God, One Spirit, and so there is One Body Infinitely Expressed.

We are those Spiritual Expressions.

I Am, since before Abraham was, now and forever.

~Al Denninger

The Daily Lesson – June 3 2023

“Question: How do you make your patient comfortable, when called upon for treatment?

Answer: You don't! You get at-one with God, and let God make the patient comfortable. No matter who your patient is, if you achieve your conscious oneness with God and feel it, your patient is well. He will let you know that he is healed.” ~Joel S Goldsmith

Matthew 6:33 KJV

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

The answer is always the same... Righteousness, Righteous Understanding and Spiritual Healing always Comes from God—not from personal thought or effort. ~Al Denninger

John 5:30,31 KJV

30 I can of mine own self do nothing: as I hear, I judge: and my judgment is just; because I seek not mine own will, but the will of the Father which hath sent me.

31 If I bear witness of myself, my witness is not true. ~Christ Jesus

The Daily Lesson – June 4 2023

“Question: Did Jesus break the law of karma?

Answer: Yes, and you can break the law of karma. But that does not mean that it does not exist. When Jesus indicated that as ye sow, so shall ye reap, he was referring to the law of karma. Karma says that whatever your thought or your conduct is today, you will reap tomorrow, next year, or in your next lifetime. But you can break this law. You can break it by turning away, and living anew through repentance. If a person is sinning and then has a spiritual vision, his previous life disappears; it has passed out of his consciousness; he has broken the law of cause and effect. With that past life wiped out, there can no longer be any effect from it. The word ‘karma’ is but an oriental word for a universal law, the law of cause and effect.” ~Joel S Goldsmith

John 3:3-7 KJV

3 Jesus answered and said unto him, Verily, verily, I say unto thee, Except a man be born again, he cannot see the kingdom of God.

4 Nicodemus saith unto him, How can a man be born when he is old? can he enter the second time into his mother's womb, and be born?

5 Jesus answered, Verily, verily, I say unto thee, Except a man be born of water and of the Spirit, he cannot enter into the kingdom of God.

6 That which is born of the flesh is flesh; and that which is born of the Spirit is spirit.

7 Marvel not that I said unto thee, Ye must be born again.

I Peter 1:13-25 KJV

13 Wherefore gird up the loins of your mind, be sober, and hope to the end for the grace that is to be brought unto you at the revelation of Jesus Christ;

14 As obedient children, not fashioning yourselves according to the former lusts in your ignorance:

15 But as he which hath called you is holy, so be ye holy in all manner of conversation;

16 Because it is written, Be ye holy; for I am holy.

17 And if ye call on the Father, who without respect of persons judgeth according to every man's work, pass the time of your sojourning here in fear:

18 Forasmuch as ye know that ye were not redeemed with corruptible things, as silver and gold, from your vain conversation received by tradition from your fathers;

19 But with the precious blood of Christ, as of a lamb without blemish and without spot:

20 Who verily was foreordained before the foundation of the world, but was manifest in these last times for you,

21 Who by him do believe in God, that raised him up from the dead, and gave him glory; that your faith and hope might be in God.

22 Seeing ye have purified your souls in obeying the truth through the Spirit unto unfeigned love of the brethren, see that ye love one another with a pure heart fervently:

23 Being born again, not of corruptible seed, but of incorruptible, by the word of God, which liveth and abideth for ever.

24 For all flesh is as grass, and all the glory of man as the flower of grass. The grass withereth, and the flower thereof falleth away:

25 But the word of the Lord endureth for ever. And this is the word which by the gospel is preached unto you.

If we give credence to the universal belief of the law of cause and effect in this-world we will reap the corruption that we have given power to. Call no man on earth your father. In the Light of Spiritual Awareness is the Vision of a Pure incorruptible Spiritual Life—there is no former life to be affected by the idea of karma. Be ye Holy for I Am Holy.
~Al Denninger

The Daily Lesson – June 5 2023

“Jesus broke the law of karma. Whenever he healed a sick man, he broke the law of karma. Every time a metaphysician heals a case, he is breaking the law of karma. Not for the world, did Jesus break it, but for himself—although his demonstration is our assurance. You live differently from your fellow man if you know spiritual law. If you live in accordance with divine law, you cannot sin. A sin is the violation of a principle. When you are living according to principle, and when you are living in a state of spiritual consciousness, you do not need the Ten Commandments. You are not in need of the laws which have been passed against stealing when you are living according to principle. You do not need laws against breaking traffic rules: When you have love in your heart, you cannot drive beyond a limit that is safe for others driving on the same highway.” ~Joel S Goldsmith

John 16:33 KJV

33 These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world.

Philippians 4:7 KJV

7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

Romans 8:1,2 KJV

1 There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit.

2 For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death.

Walk not after the flesh and its laws and limitations, but walk in the Freedom of Spiritual Being and Its Spiritual Consciousness. Be the Activity of Love Loving. ~Al Denninger

The Daily Lesson – June 6 2023

“We must read Scripture in the light of what, why, and when. Moses took the Hebrews who had lived with no education or culture, and as slaves under Pharaoh, out of Egypt. He led them out into the wilderness, and found that all of a sudden they were living like wild beasts and that they required specific regulations, and penalties for the violation of these regulations. In this light, therefore, scriptural events take on new meaning. We can see the reason for the Ten Commandments being given to the Hebrews as they then were.” ~Joel S Goldsmith

II Timothy 3:16 KJV

16 All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness:

Exodus 32:1-8 (to :) KJV

1 And when the people saw that Moses delayed to come down out of the mount, the people gathered themselves together unto Aaron, and said unto him, Up, make us gods, which shall go before us; for as for this Moses, the man that brought us up out of the land of Egypt, we wot not what is become of him.

2 And Aaron said unto them, Break off the golden earrings, which are in the ears of your wives, of your sons, and of your daughters, and bring them unto me.

3 And all the people brake off the golden earrings which were in their ears, and brought them unto Aaron.

4 And he received them at their hand, and fashioned it with a graving tool, after he had made it a molten calf: and they said, These be thy gods, O Israel, which brought thee up out of the land of Egypt.

5 And when Aaron saw it, he built an altar before it; and Aaron made proclamation, and said, To-morrow is a feast to the Lord.

6 And they rose up early on the morrow, and offered burnt offerings, and brought peace offerings; and the people sat down to eat and to drink, and rose up to play.

7 And the Lord said unto Moses, Go, get thee down; for thy people, which thou broughtest out of the land of Egypt, have corrupted themselves:

8 They have turned aside quickly out of the way which I commanded them:

God finds a Way to give law and order to every level of consciousness. The trick is to learn that we of ourselves can do nothing—that we must stop frequently and seek His Will and Direction. Scripture is Given by God as a rule and guide for our Spiritual Journey. Dig in... ~Al Denninger

The Daily Lesson – June 7 2023

“When we come to the Sermon on the Mount, we are told that the pure in heart shall see God. It does not say anything about being good, but only being pure in heart, pure in consciousness, pure in conviction. If you are really pure through conviction and not for the purpose of reward, but because you have no other sense, no other consciousness than that of purity, you are then really approaching spiritual consciousness.” ~Joel S Goldsmith

Hebrews 10:22,23 KJV

22 Let us draw near with a true heart in full assurance of faith, having our hearts sprinkled from an evil conscience, and our bodies washed with pure water.

23 Let us hold fast the profession of our faith without wavering; (for he is faithful that promised;)

Matthew 5:8 KJV

8 Blessed are the pure in heart: for they shall see God.

Titus 1:15 (to :) KJV

15 Unto the pure all things are pure:

I Corinthians 13:12 KJV

12 For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known.

Draw near to the example of Christ. To Love without condition, to pray without agenda, to forgive without hesitation, to Be the Loving Smile of Christ Jesus and to Know as I am Known. ~Al Denninger

The Daily Lesson – June 8 2023

“Question: What qualifications should a person who is not interested in spiritual matters have in order to get the benefit of treatment?

Answer: He is still entitled to treatment. It may be the very thing which is pushing him into spirituality. How will a man ever get to know something about that of which he knows nothing? Usually, he is driven by sin, disease, or lack. That is what is driving him. And that, then, is what brings him into the spiritual world where he finds healing.” Joel S Goldsmith

Acts 9:1-20 KJV

1 And Saul, yet breathing out threatenings and slaughter against the disciples of the Lord, went unto the high priest,

2 And desired of him letters to Damascus to the synagogues, that if he found any of this way, whether they were men or women, he might bring them bound unto Jerusalem.

3 And as he journeyed, he came near Damascus: and suddenly there shined round about him a light from heaven:

4 And he fell to the earth, and heard a voice saying unto him, Saul, Saul, why persecutest thou me?

5 And he said, Who art thou, Lord? And the Lord said, I am Jesus whom thou persecutest: it is hard for thee to kick against the pricks.

6 And he trembling and astonished said, Lord, what wilt thou have me to do? And the Lord said unto him, Arise, and go into the city, and it shall be told thee what thou must do.

7 And the men which journeyed with him stood speechless, hearing a voice, but seeing no man.

8 And Saul arose from the earth; and when his eyes were opened, he saw no man: but they led him by the hand, and brought him into Damascus.

9 And he was three days without sight, and neither did eat nor drink.

10 And there was a certain disciple at Damascus, named Ananias; and to him said the Lord in a vision, Ananias. And he said, Behold, I am here, Lord.

11 And the Lord said unto him, Arise, and go into the street which is called Straight, and inquire in the house of Judas for one called Saul, of Tarsus: for, behold, he prayeth,

12 And hath seen in a vision a man named Ananias coming in, and putting his hand on him, that he might receive his sight.

13 Then Ananias answered, Lord, I have heard by many of this man, how much evil he hath done to thy saints at Jerusalem:

14 And here he hath authority from the chief priests to bind all that call on thy name.

15 But the Lord said unto him, Go thy way: for he is a chosen vessel unto me, to bear my name before the Gentiles, and kings, and the children of Israel:

16 For I will shew him how great things he must suffer for my name's sake.

17 And Ananias went his way, and entered into the house; and putting his hands on him said, Brother Saul, the Lord, even Jesus, that appeared unto thee in the way as

thou camest, hath sent me, that thou mightest receive thy sight, and be filled with the Holy Ghost.

18 And immediately there fell from his eyes as it had been scales: and he received sight forthwith, and arose, and was baptized.

19 And when he had received meat, he was strengthened. Then was Saul certain days with the disciples which were at Damascus.

20 And straightway he preached Christ in the synagogues, that he is the Son of God.

If you got a call from Saul of Tarsus, would you help him and treat him? If Ananias had not had the courage to follow his Orders from God and healed him—we would not have Paul's ministry and message to the gentiles—and none of us would be here... It's not our business to judge, but it is our Order to Love. ~Al Denninger

The Daily Lesson – June 9 2023

“Now the only reason he ever thought of a spiritual teaching was for that healing—not because of spiritual consciousness. It may be, however, that through a healing, some degree of spirituality is opened in his consciousness, and from then on he begins the ascent on the spiritual path. On the other hand, it may be that he will be left entirely untouched by the healing and when he is sick again, he will come back just for another healing. It may take his being healed from three to five times before he is touched at all. Then, suddenly, as one of those healings occurs, he begins his ascent.” ~Joel S Goldsmith

Matthew 23:37-39 KJV

37 O Jerusalem, Jerusalem, thou that killest the prophets, and stonest them which are sent unto thee, how often would I have gathered thy children together, even as a hen gathereth her chickens under her wings, and ye would not!

38 Behold, your house is left unto you desolate.

39 For I say unto you, Ye shall not see me henceforth, till ye shall say, Blessed is he that cometh in the name of the Lord.

Deuteronomy 6:3-6 KJV

3 Hear therefore, O Israel, and observe to do it; that it may be well with thee, and that ye may increase mightily, as the Lord God of thy fathers hath promised thee, in the land that floweth with milk and honey.

4 Hear, O Israel: The Lord our God is one Lord:

5 And thou shalt love the Lord thy God with all thine heart, and with all thy soul, and with all thy might.

6 And these words, which I command thee this day, shall be in thine heart:

We can be gathered under the arms of the Lord, time and time again and still not Feel the Presence that passeth understanding. Until One day, there will be a spark that ignites our heart to quicken and It is Felt so deeply it seems to melt the earth... The healing is in Consciousness this time and we are changed. We are from then on Inspired and Raised into the Light of Life Eternal. We shall all be taught of God when we are ready. Open your Heart. ~Al Denninger

The Daily Lesson – June 10 2023

“We are not to look upon the human scene and try to heal and reform it. We do not take into consideration the fact that a person is a Catholic, Jew, or Protestant. Jesus healed all. And that is why we go into prisons. We know that we are going among people who have committed serious offences, but we must go just the same. Most of those people have not a thought of spirituality. They have in mind only trying to get rid of some pain or discord, or trying to make a contact which will help them get out of their prison. Their motives are entirely selfish. But it was through my experience working spiritually with prisoners that I discovered the foundation of all the work that I am now doing: The basic truth of any spiritual teaching is that God is the mind of the individual-God is his life, his Soul.” ~Joel S Goldsmith

Galations 3:28 KJV

28 There is neither Jew nor Greek, there is neither bond nor free, there is neither male nor female: for ye are all one in Christ Jesus.

I Corinthians 2:14-16 KJV

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

15 But he that is spiritual judgeth all things, yet he himself is judged of no man.

16 For who hath known the mind of the Lord, that he may instruct him? But we have the mind of Christ.

Spiritual Discernment—the Mind of Christ—cannot judge. It is only Aware of Spiritual things—Spiritual Presence. Jesus said, “My Kingdom is not of this world.” If we are interested in the Kingdom of Christ then there is no point in asking for changes in this-world. Nothing in this-world can stand in the Presence of God. Stand on Holy Ground.
~Al Denninger

The Daily Lesson – June 11 2023

“It is not our function to judge whether those who call upon us for help want loaves and fishes-healing for healing's sake. Our function is to wipe out the human picture and say, ‘There is nothing there but God.’ At that level of consciousness, even if the patient says, ‘I am worse,’ and goes on to say, ‘I am dying!’ our function is not to try to help a human being, but to look through that picture and say, ‘There is nothing there but God, the divine reality of being.’” ~Joel S Goldsmith

Isaiah 45:5-8 KJV

5 I am the Lord, and there is none else, there is no God beside me: I girded thee, though thou hast not known me:

6 That they may know from the rising of the sun, and from the west, that there is none beside me. I am the Lord, and there is none else.

7 I form the light, and create darkness: I make peace, and create evil: I the Lord do all these things.

8 Drop down, ye heavens, from above, and let the skies pour down righteousness: let the earth open, and let them bring forth salvation, and let righteousness spring up together; I the Lord have created it.

Deuteronomy 4:35 KJV

35 Unto thee it was shewed, that thou mightest know that the Lord he is God; there is none else beside him.

Romans 8:35-39 KJV

35 Who shall separate us from the love of Christ? shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword?

36 As it is written, For thy sake we are killed all the day long; we are accounted as sheep for the slaughter.

37 Nay, in all these things we are more than conquerors through him that loved us.

38 For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come,

39 Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.

I can of mine own self, do nothing...

God is Your Life.

Your true identity is as an Expression of an Omnipresent God.

God Is.

Nothing exists except God's Infinite Being. God Expressed As...

I Am. ~al.within

Galations 2:20 KJV

20 I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me.

The Daily Lesson – June 12 2023

“Even when people come to a spiritual teaching only for a healing, I believe it is God bringing them into it. Some day truth will break through. Healing is only a matter of consciousness. One of the problems we have is that people want to use spiritual truth for healing, and then the minute they have their healing, they continue right along in the old way of living, instead of saying, ‘I have seen this healing. Now, will you show me how it is done? What must I do?’ We, in this work, are not trying to build up reputations for ourselves as successful practitioners with a big practice. Rather, we are trying to show forth the principle that is available to anyone if he will develop his consciousness. The ideal attitude for any student or practitioner in this healing work is to give the patient some kind of truth that he can take with him, so that he will understand something about it, and then continue to give him truth as he is able to take it.” ~Joel S Goldsmith

Mark 10:46-52 KJV

46 And they came to Jericho: and as he went out of Jericho with his disciples and a great number of people, blind Bartimaeus, the son of Timaeus, sat by the highway side begging.

47 And when he heard that it was Jesus of Nazareth, he began to cry out, and say, Jesus, thou son of David, have mercy on me.

48 And many charged him that he should hold his peace: but he cried the more a great deal, Thou son of David, have mercy on me.

49 And Jesus stood still, and commanded him to be called. And they call the blind man, saying unto him, Be of good comfort, rise; he calleth thee.

50 And he, casting away his garment, rose, and came to Jesus.

51 And Jesus answered and said unto him, What wilt thou that I should do unto thee? The blind man said unto him, Lord, that I might receive my sight.

52 And Jesus said unto him, Go thy way; thy faith hath made thee whole. And immediately he received his sight, and followed Jesus in the way.

Many people were healed by Christ Jesus, but isn't it interesting that blind man from Jericho is called by name. Bartimaeus' name is mentioned in the Bible, not because he was healed, but because after being healed, followed Jesus in The Way. I am sure he came to Jesus just for the healing, but something Happened—he Felt more than the activity of healing the blindness—he was forever Changed. Bartimaeus came for the healing, and left an Instrument of Christ. Go, and do likewise. ~Al Denninger

The Daily Lesson – June 13 2023

“Question: Is it necessary for a person to desire healing? If not, can we help him?”

Answer: You can, sometimes. Whether you can always do so, I would not be able to say. I have not seen it done in too many cases on a complete scale, but it can be done sometimes. If I knew that a member of my family or a friend, even though not interested in this work, were going through trying times, I would take up work with the idea of bringing him out of his particular claim and probably of opening his consciousness to truth. But whether it would always succeed, I do not know. Often, he cannot get the benefit when his mind is closed to it. My own position is that I would give him the benefit of all the truth I know, even if it seemed to have no effect. However, in such a case, I would not hold a practitioner responsible for results. One can only do the best one can, and if there is some receptivity, the healing will come through.” ~Joel S Goldsmith

Luke 10:27 KJV

27 And he answering said, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy strength, and with all thy mind; and thy neighbour as thyself.

Matthew 10:8 freely KJV

8 ... freely ye have received, freely give.

We are to Love our neighbors as we are Loved by God—without condition or judgment—whether they are listening or not. Give them every opportunity to be receptive and Lifted. Be Love Loving. ~Al Denninger

The Daily Lesson – June 14 2023

“Question: Can we give help to those who have passed on?

Answer: Has anything happened to them? Is it not that we are giving the help to ourselves about them? They do not claim to have anything wrong with them. They may not even know that we think they have passed on. They may have no idea that they have passed on. And they have not. Heaven forbid that anyone should ever pass on! It would be proof that there is no God. God is life eternal, and that life is yours. Nothing can ever happen to that life. No, one thing that you are always aware of is that you cannot die. Never will you believe that you have died. You may think you are going to die, but you will never come to the place of dying.” ~Joel S Goldsmith

Galations 6:8 (but he) KJV

8 ...but he that soweth to the Spirit shall of the Spirit reap life everlasting.

John 18:36 (to :) KJV

36 Jesus answered, My kingdom is not of this world:

John 17:1-3 KJV

1 These words spake Jesus, and lifted up his eyes to heaven, and said, Father, the hour is come; glorify thy Son, that thy Son also may glorify thee:

2 As thou hast given him power over all flesh, that he should give eternal life to as many as thou hast given him.

3 And this is life eternal, that they might know thee the only true God, and Jesus Christ, whom thou hast sent.

Life is the Expression of God. Knowing this Truth is the Work and Gift of Christ. Life then, is the Activity Truth Known. Rest ye in Truth and Live. ~Al Denninger

The Daily Lesson – June 15 2023

“What about those who are not with us any longer? Only to our sense is that so. We are the ones who are blind, and so we do not see them. We do not have to help them. They are all right now. We lift ourselves to the point of realizing that they are already in God consciousness. They know it. It is we who are entertaining a belief that they are dead and so it is we, who need the treatment. If we could have given ourselves enough treatment before we accepted their passing, we might have prevented it.” ~Joel S Goldsmith

Matthew 5:12 (to 2nd :) KJV

12 Rejoice, and be exceeding glad: for great is your reward in heaven:

John 3:1-9 & 11,12 KJV

1 There was a man of the Pharisees, named Nicodemus, a ruler of the Jews:

2 The same came to Jesus by night, and said unto him, Rabbi, we know that thou art a teacher come from God: for no man can do these miracles that thou doest, except God be with him.

3 Jesus answered and said unto him, Verily, verily, I say unto thee, Except a man be born again, he cannot see the kingdom of God.

4 Nicodemus saith unto him, How can a man be born when he is old? can he enter the second time into his mother's womb, and be born?

5 Jesus answered, Verily, verily, I say unto thee, Except a man be born of water and of the Spirit, he cannot enter into the kingdom of God.

6 That which is born of the flesh is flesh; and that which is born of the Spirit is spirit.

7 Marvel not that I said unto thee, Ye must be born again.

8 The wind bloweth where it listeth, and thou hearest the sound thereof, but canst not tell whence it cometh, and whither it goeth: so is every one that is born of the Spirit.

9 Nicodemus answered and said unto him, How can these things be?

11 Verily, verily, I say unto thee, We speak that we do know, and testify that we have seen; and ye receive not our witness.

12 If I have told you earthly things, and ye believe not, how shall ye believe, if I tell you of heavenly things?

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

It is all about focus and Awareness. Focus on the Truth, Connect with It, and See the Kingdom and Be Aware of our Oneness with It. We must Realize that we are As we were Created, not as we think we have become. Consciousness is Renewed, not recreated. ~Al Denninger

The Daily Lesson – June 16 2023

“When a practitioner prevents a passing on, that is what happens. He has raised himself to the place where he knows that death is not a possibility. He knows that there never was a danger to a patient. He knows that the only thing to handle is a belief that someone can die. He knows that life is eternal. We cannot arrive at any degree of spiritual being, body, or universe, by an appraisal of the human scene. Always remember that. Never look at the human scene, and from it, try to judge of spiritual reality. You may look at a cemetery and say, 'There is death'; you may look at hospitals, and be sure there is disease; but if you want to know the truth, get quiet within your own being and let God reveal spiritual truth to you. Then you will find that in the history of reality, there never was sin, disease, death, lack, or limitation.” ~Joel S Goldsmith

John 11:39-44 KJV

39 Jesus said, Take ye away the stone. Martha, the sister of him that was dead, saith unto him, Lord, by this time he stinketh: for he hath been dead four days.

40 Jesus saith unto her, Said I not unto thee, that, if thou wouldest believe, thou shouldest see the glory of God?

41 Then they took away the stone from the place where the dead was laid. And Jesus lifted up his eyes, and said, Father, I thank thee that thou hast heard me.

42 And I knew that thou hearest me always: but because of the people which stand by I said it, that they may believe that thou hast sent me.

43 And when he thus had spoken, he cried with a loud voice, Lazarus, come forth.

44 And he that was dead came forth, bound hand and foot with graveclothes: and his face was bound about with a napkin. Jesus saith unto them, Loose him, and let him go.

It makes no difference what the appearance is that we think needs attention, the answer is always the same. The Truth is still the Truth even if there is an appearance of Lazarus being dead already for four days. What is interesting in this teaching is that in line 42 Jesus Knew the Truth about the Eternal Life of Lazarus even before he was summoned to the scene. He said, “because of the people that stand by I said it.” In other words, He deeply and silently Knew the Truth of Be-ing and only felt he needed to perform the ritualistic words and actions for the sake of the onlookers’ limited understanding. It is the Knowing that the appearance is a lie and not possible, that dissolves the appearance, not the saying of ritual. Knowing is the Key. And so we practice. ~Al Denninger

The Daily Lesson – June 17 2023

“Those who believe in spiritualism are convinced that death takes place. They say that life is eternal, but they are speaking of a life after death. In spiritualism, there is no life eternal on earth; there is no body that is immortal. The spiritualist must first accept the death of the body, that is, a transitional state called ‘death,’ in order to manifest eternal life.” ~Joel S Goldsmith

Romans 8:6-9 (to .) KJV

- 6 For to be carnally minded is death; but to be spiritually minded is life and peace.
7 Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be.
8 So then they that are in the flesh cannot please God.
9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

I Corinthians 2:12-14 KJV

- 12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.
13 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.
14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

I Corinthians 15:31 I die & 50 KJV

- 31 ...I die daily.
50 Now this I say, brethren, that flesh and blood cannot inherit the kingdom of God; neither doth corruption inherit incorruption.

Matthew 8:21,22 KJV

- 21 And another of his disciples said unto him, Lord, suffer me first to go and bury my father.
22 But Jesus said unto him, Follow me; and let the dead bury their dead.

When Jesus asked his disciples to follow Him, one disciple wanted to clear up his earthly commitments first, and then he would follow. When Jesus replied saying, “let the dead bury the dead”, he is meaning to leave behind the consciousness of this-world and its notions, rituals and so-called laws and follow the Always-Present Christ that never dies. He is saying that we are not in the flesh, but in the Spirit, if so be we Dwell in Oneness with God. Our practice is to consciously surrender, or die, or die daily if necessary, to carnal-mindedness, because it has nothing to do with Us. Jesus is asking us follow Him so We can Dwell and Live in the Spirit, right here, right Now. ~Al Denninger

The Daily Lesson – June 18 2023

“Our sense of eternal life has nothing to do with life after death. Our sense of pre-existence has nothing to do with life before birth. Our sense of pre-existence of immortality, of life eternal, has nothing to do with time or space. It has to do with now. Now are we the Sons of God; now am I life eternal. In that nowness, there is no past, there is no present, there is no future. There is just the continuous unfolding of consciousness—just as we go from nursery school to elementary school, and then to high school and college. It is just an unfolding consciousness, and in it there is no past and there is no future, when we look on it in its wholeness.” ~Joel S Goldsmith

John 8:58 KJV

58 Jesus said unto them, Verily, verily, I say unto you, Before Abraham was, I am.

I John 3:2 KJV

2 Beloved, now are we the sons of God, and it doth not yet appear what we shall be: but we know that, when he shall appear, we shall be like him; for we shall see him as he is.

Hebrews 13:21 KJV

21 Make you perfect in every good work to do his will, working in you that which is wellpleasing in his sight, through Jesus Christ; to whom be glory for ever and ever. Amen.

Life Is, Was and ever will Be Present. God is Infinitely Expressed in and through and As. The Way is Infinite, forever unfolding—constant, patient and loving—within You Loving You. His will be done. ~Al Denninger

The Daily Lesson – June 19 2023

“Is it possible then to receive communications from those who, to sense, have passed on? Certainly, since they have not passed on. They are right here where they have always been. They are always a part of our consciousness. If ever you come into agreement with the teaching of Jesus Christ, which is immortality and life eternal, you will never, never believe that anyone has died or has left consciousness or has left your consciousness. It will be like the woman who says, ‘My husband is in China.’ She is not grieving over that. She continues to enjoy his integrity, goodness, and culture. Just because he is out of her physical sight, does that mean death or separation? It means only that he is out of physical sight. Even though she does not see him daily, she is occasioned no grief because of her conviction that he is still with her.” ~Joel S Goldsmith

Hebrews 13:5 for KJV

5 ...for he [Jesus] hath said, I will never leave thee, nor forsake thee.

Mark 10:27 KJV

27 And Jesus looking upon them saith, With men it is impossible, but not with God: for with God all things are possible.

A high altitude of Awareness of God's Infinitude makes all things Possible. Look Up to the Mind of Christ! ~Al Denninger

The Daily Lesson – June 20 2023

“So, as you go higher and higher, you realize more and more that there is no death. Then it makes no difference if, for some reason, your loved one has gone out of your sight. You will feel no sense of separation. You will still have the sense of his presence.”
~Joel S Goldsmith

Proverbs 12:28 KJV

28 In the way of righteousness is life; and in the pathway thereof there is no death.

Romans 6:22,23 KJV

22 But now being made free from sin, and become servants to God, ye have your fruit unto holiness, and the end everlasting life.

23 For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord.

Matthew 28:20 and KJV

20 ...and, lo, I am with you alway, even unto the end of the world. Amen.

Take the path of Righteousness, not of thine own understanding. In the Kingdom of God there is no lack or sense of separation, only the Truth Realized. Life Is. ~Al Denninger

The Daily Lesson – June 21 2023

“The whole secret lies in your ability to understand that we exist as states of consciousness. If I am in your consciousness now, I can continue to be a part of your consciousness, whether I am in Los Angeles or in New York, or sitting in your living room. And you can be a part of mine. With that understanding, there is no reason why we could not communicate with each other, even at a distance, if there were any occasion for it. I am sure that many of you have had just that experience.” ~Joel S Goldsmith

I Corinthians 2:12-16 KJV

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

13 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

15 But he that is spiritual judgeth all things, yet he himself is judged of no man.

16 For who hath known the mind of the Lord, that he may instruct him? But we have the mind of Christ.

Romans 12:5 KJV

5 So we, being many, are one body in Christ, and every one members one of another.

Galatians 6:6 KJV

6 Let him that is taught in the word communicate unto him that teacheth in all good things.

When we Realize that we are an Individual Expression of God—His Voice, Word and Activity—we can gather to a place of Communication and Cooperation in Oneness, in Spirit to Spirit. We are a Circle of Christhood. ~Al Denninger

The Daily Lesson – June 22 2023

“That which we call ‘mother,’ ‘father,’ or ‘child,’ is really God. It is eternal life made manifest. How can God die? How can ‘the mind that was in Christ Jesus’ go anywhere? It is always omnipresent being. Death, itself, is based on the belief that human beings were born at some point in time. We are refuting this through spiritual wisdom. What is the whole secret of spiritual healing? It is that we are infinite, individual, spiritual being.”
~Joel S Goldsmith

Matthew 23:9 KJV

9 And call no man your father upon the earth: for one is your Father, which is in heaven.

Genesis 1:27 KJV

27 So God created man in his own image, in the image of God created he him; male and female created he them.

John 4:24 KJV

24 God is a Spirit: and they that worship him must worship him in spirit and in truth.

Matthew 16:15-18 (to ;) KJV

15 He saith unto them, But whom say ye that I am?

16 And Simon Peter answered and said, Thou art the Christ, the Son of the living God.

17 And Jesus answered and said unto him, Blessed art thou, Simon Bar-jona: for flesh and blood hath not revealed it unto thee, but my Father which is in heaven.

18 And I say also unto thee, That thou art Peter, and upon this rock I will build my church;

Omnipresence cannot be anything else. Christ Jesus' Church, the structure of Truth and Life, was built upon that foundation. Worship God with Me in Spirit and in Truth.
~Al Denninger

The Daily Lesson – June 23 2023

“Then is there death? Is there a passing on? No, no, no! Any sense we may have of a death or a passing on is our acceptance of a universally imposed belief—that is all. Begin to understand that God is your wife, your husband, and your children; in other words, life eternal made manifest is the only person you know. You must do that in treatment, so why not in thinking about those closely related to you?” ~Joel S Goldsmith

Proverbs 12:28 KJV

28 In the way of righteousness is life; and in the pathway thereof there is no death.

Matthew 12:46-50 KJV

46 While he yet talked to the people, behold, his mother and his brethren stood without, desiring to speak with him.

47 Then one said unto him, Behold, thy mother and thy brethren stand without, desiring to speak with thee.

48 But he answered and said unto him that told him, Who is my mother? and who are my brethren?

49 And he stretched forth his hand toward his disciples, and said, Behold my mother and my brethren!

50 For whosoever shall do the will of my Father which is in heaven, the same is my brother, and sister, and mother.

I John 3:2 KJV

2 Beloved, now are we the sons of God, and it doth not yet appear what we shall be: but we know that, when he shall appear, we shall be like him; for we shall see him as he is.

When we can See about us with Righteous Eyes, as Christ Has, we will See our Wife, Husband, Children, Mother, Sister and Brethren, and behold God As. We See Life Righteously Formed and Loved. God Is! ~Al Denninger

The Daily Lesson – June 24 2023

“Death is based on the belief that you and I are human beings and that we were born at some point in time. Eternal life is based on the spiritual revelation that you and I are life eternal. ‘Before Abraham was, I am. Unto the end of the world, lo, I am with you.’ How can you reconcile death, or passing, or separation with such assurance? Since that is true, why is it not possible for Jesus to appear to those who are in tune or at-one with his state of consciousness? Why should he not appear, even in physical form, in the sense of being a divine presence and protection? Why should not Moses appear to those of the Judaic faith, if that is their concept of deific power? Why was Jesus enabled to make the demonstration on the Mount of Transfiguration? How was it possible to bring back Moses and Elijah and Elias? They had not gone any place! They never were human beings who had died. They were always the divine Consciousness Itself, individually manifest and expressed.” ~Joel S Goldsmith

John 8:57,58 KJV

57 Then said the Jews unto him, Thou art not yet fifty years old, and hast thou seen Abraham?

58 Jesus said unto them, Verily, verily, I say unto you, Before Abraham was, I am.

Matthew 28:20 and KJV

20 ...and, lo, I am with you alway, even unto the end of the world. Amen.

Matthew 17:1-12 (to .) KJV

1 And after six days Jesus taketh Peter, James, and John his brother, and bringeth them up into an high mountain apart,

2 And was transfigured before them: and his face did shine as the sun, and his raiment was white as the light.

3 And, behold, there appeared unto them Moses and Elias talking with him.

4 Then answered Peter, and said unto Jesus, Lord, it is good for us to be here: if thou wilt, let us make here three tabernacles; one for thee, and one for Moses, and one for Elias.

5 While he yet spake, behold, a bright cloud overshadowed them: and behold a voice out of the cloud, which said, This is my beloved Son, in whom I am well pleased; hear ye him.

6 And when the disciples heard it, they fell on their face, and were sore afraid.

7 And Jesus came and touched them, and said, Arise, and be not afraid.

8 And when they had lifted up their eyes, they saw no man, save Jesus only.

9 And as they came down from the mountain, Jesus charged them, saying, Tell the vision to no man, until the Son of man be risen again from the dead.

10 And his disciples asked him, saying, Why then say the scribes that Elias must first come?

11 And Jesus answered and said unto them, Elias truly shall first come, and restore all things.

12 But I say unto you, That Elias is come already, and they knew him not, but have done unto him whatsoever they listed.

Matthew 6:10 KJV

10 Thy kingdom come. Thy will be done in earth, as it is in heaven.

God's Life is Infinite and He put His Spirit in You. Think about it, would he take it out?
Before Abraham was, I that I Am was.

The I that I Am is Omnipresent and can never leave You.

Thy Kingdom Is. There is no starting time or ending time. It just Is.

The Christ Is Come—and never left.

Hear ye Him. ~Al Denninger

The Daily Lesson – June 25 2023

“If you want to demonstrate health and harmony for yourself or for your loved ones, immortal life for yourself and for them, give up the belief that your wife or your husband or your children are human beings. Begin to accept that which you must use in your treatment, and that is that you are the Christ of God. You are immortal and eternal. Begin to believe that about yourself and your family. Have you ever given a treatment without the declaration that your patient is immortal, eternal, and the manifestation of God? Is that not included in every treatment? How can the eternal manifestation of God die?” ~Joel S Goldsmith

Matthew 6:20,21 KJV

20 But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal:

21 For where your treasure is, there will your heart be also.

John 4:24 KJV

24 God is a Spirit: and they that worship him must worship him in spirit and in truth.

John 18:36 (to:) KJV

36 Jesus answered, My kingdom is not of this world:

Matthew 22:32 KJV

32 I am the God of Abraham, and the God of Isaac, and the God of Jacob? God is not the God of the dead, but of the living.

The entire treatment happens in Spirit—in Spirit to Spirit—where the Kingdom of God is. Any focus on this world is looking in the wrong place. For where your focus is, there will your heart be also. Seek ye first The Kingdom. ~Al Denninger

The Daily Lesson – June 26 2023

“The only death, then, is our acceptance of the universal belief that we are human beings. From there, we go on and accept the rest of the belief that we have three score years and ten to live under scriptural law, or sixty-four to sixty-seven years to live as an insurance statistic. We bring ourselves under those universal beliefs by our acceptance of them as law.” ~Joel S Goldsmith

John 14:5-7 KJV

5 Thomas saith unto him, Lord, we know not whither thou goest; and how can we know the way?

6 Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me.

7 If ye had known me, ye should have known my Father also: and from henceforth ye know him, and have seen him.

John 20:24-29 KJV

24 But Thomas, one of the twelve, called Didymus, was not with them when Jesus came.

25 The other disciples therefore said unto him, We have seen the Lord. But he said unto them, Except I shall see in his hands the print of the nails, and put my finger into the print of the nails, and thrust my hand into his side, I will not believe.

26 And after eight days again his disciples were within, and Thomas with them: then came Jesus, the doors being shut, and stood in the midst, and said, Peace be unto you.

27 Then saith he to Thomas, Reach hither thy finger, and behold my hands; and reach hither thy hand, and thrust it into my side: and be not faithless, but believing.

28 And Thomas answered and said unto him, My Lord and my God.

29 Jesus saith unto him, Thomas, because thou hast seen me, thou hast believed: blessed are they that have not seen, and yet have believed.

Thomas seemed to have a hard time letting go of his universal this-world beliefs, but he apparently was a good and dedicated student asking his Master questions and seeking answers. The Christ is continually Giving us the Truth, the Life and the Way. Ask and ye shall Receive, Believe and ye shall Live. ~Al Denninger

The Daily Lesson – June 27 2023

“But as you gain the conviction that the words you use in treatment are true, if you really can gain the conviction that I am life eternal, that all that God is, I am, how can there be a death? Death will be the last thing that is overcome, and the only way that it will be overcome is when you analyze your treatment and say, ‘Do I really believe it, or am I just saying it?’ When you accept the truth of the eternality and infinity of your being, you cannot come under the belief of death.” ~Joel S Goldsmith

II Corinthians 3:3-6 KJV

3 Forasmuch as ye are manifestly declared to be the epistle of Christ ministered by us, written not with ink, but with the Spirit of the living God; not in tables of stone, but in fleshy tables of the heart.

4 And such trust have we through Christ to God-ward:

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

6 Who also hath made us able ministers of the new testament; not of the letter, but of the spirit: for the letter killeth, but the spirit giveth life.

Matthew 17:17-20 KJV

17 Then Jesus answered and said, O faithless and perverse generation, how long shall I be with you? how long shall I suffer you? bring him hither to me.

18 And Jesus rebuked the devil; and he departed out of him: and the child was cured from that very hour.

19 Then came the disciples to Jesus apart, and said, Why could not we cast him out?

20 And Jesus said unto them, Because of your unbelief: for verily I say unto you, If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you.

The appearances of this-world dissolve in the Truth. Practice the Presence, and meditate, until the unbelief fades and the Presence becomes Real. Truth Shines in the Light and the Spirit Giveth Life. All things are possible to those that Believe. ~Al Denninger

The Daily Lesson – June 28 2023

“Let us think, now, in terms of God as truth and see what new idea regarding your individual being will be revealed to you. If we think of God as truth, and if we think of ourselves as the manifestation or the revelation or unfoldment of that Truth, can we at the same time think of ourselves in terms of living or of dying? Can Truth die? Then, have we not been thinking of God as some kind of a limited being, and of ourselves as some kind of a human being?” ~Joel S Goldsmith

Habakkuk 1:12 (to .),13 (to :) KJV

12 Art thou not from everlasting, O Lord my God, mine Holy One? we shall not die.

13 Thou art of purer eyes than to behold evil, and canst not look on iniquity:

I John 4:12 If,13 KJV

12 ...If we love one another, God dwelleth in us, and his love is perfected in us.

13 Hereby know we that we dwell in him, and he in us, because he hath given us of his Spirit.

Proverbs 12:28 KJV

28 In the way of righteousness is life; and in the pathway thereof there is no death.

The Pure in heart can only See the Truth. To God there are no opposites, there is only Life and His Life is infinitely Perfected. ~Al Denninger

The Daily Lesson – June 29 2023

“Let us take this idea and ponder on what it would really mean to know that God is truth, and what Jesus meant when he said: ‘I am . . . truth.’ Because if you can understand the truth of being, you never again will be disturbed by the idea of mortality. You will know no such thing in your life as death.” ~Joel S Goldsmith

John 14:6-11 KJV

6 Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me.

7 If ye had known me, ye should have known my Father also: and from henceforth ye know him, and have seen him.

8 Philip saith unto him, Lord, shew us the Father, and it sufficeth us.

9 Jesus saith unto him, Have I been so long time with you, and yet hast thou not known me, Philip? he that hath seen me hath seen the Father; and how sayest thou then, Shew us the Father?

10 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works.

11 Believe me that I am in the Father, and the Father in me: or else believe me for the very works' sake.

I am the way, the truth, and the life.

Ponder it...

Know It.

Believe ~Al Denninger

The Daily Lesson – June 30 2023

“There is nothing limited about God, Truth; therefore, there is nothing of a personal or limited nature about the infinite and individual Truth: *I am the way; I am the truth; I am life eternal.* As truth, you cannot be confined to time, place, or space; and *you are truth.* You are following the teaching of the Master, Jesus Christ: ‘Before Abraham was, I am Lo, I, *Truth*, will be with you until the end of the world.’ As Truth, you cannot be limited in form or in expression. As infinite Truth, there is nothing outside your own being to act upon you for good or evil in any way. All power, law, cause, and effect are the manifestation and activity of your own being appearing as your universe. That is what you are when you are declaring: *I am truth; I am life eternal; I am Soul; I am Spirit; all that God is, I am.*” ~Joel S Goldsmith

Psalms 147:5 KJV

5 Great is our Lord, and of great power: his understanding is infinite.

John 14:6 KJV

6 Jesus saith unto him, I am the way, the truth, and the life:

John 8:58 KJV

58 Jesus said unto them, Verily, verily, I say unto you, Before Abraham was, I am.

Matthew 28:20 and KJV

20 ... and, lo, I am with you alway, even unto the end of the world. Amen.

I John 2:16,17 KJV

16 For all that is in the world, the lust of the flesh, and the lust of the eyes, and the pride of life, is not of the Father, but is of the world.

17 And the world passeth away, and the lust thereof: but he that doeth the will of God abideth for ever.

Romans 8:9,10 KJV

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

10 And if Christ be in you, the body is dead because of sin; but the Spirit is life because of righteousness.

For where your Heart is, there will you Dwell and Work. Declare the Truth of Spiritual Being – and Live It. ~Al Denninger

The Daily Lesson – July 1 2023

“Close your eyes and say ‘I.’ Then remember that at six years of age you could have closed your eyes and said ‘I,’ in exactly the same way in which you are saying it now, and it would have been the same ‘I’ that you are talking about at this moment. That ‘I’ has never changed, and it will never change and never die, but it will unfold infinitely. If you ever permit your body to slip out, you will find that / am standing right back there watching it. To catch even a glimpse of yourself as Truth, will destroy all sense of discord, inharmony, ill health, and the grave.” ~Joel S Goldsmith

Ezekiel 36:27 KJV

27 And I will put my spirit within you, and cause you to walk in my statutes, and ye shall keep my judgments, and do them.

John 14:6 KJV

6 Jesus saith unto him, I am the way, the truth, and the life:

Hebrews 13:8 & 21 KJV

8 Jesus Christ the same yesterday, and to-day, and for ever.

21 Make you perfect in every good work to do his will, working in you that which is wellpleasing in his sight, through Jesus Christ; to whom be glory for ever and ever. Amen.

I Corinthians 13:12 KJV

12 For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known.

The “I” is Life, Truth and Love, unfolding As God’s infinite individual Expressions. Rest back and Open your Awareness and Experience the Truth of Being that you Are. A glimpse is like tasting the Living Water from Jacob’s well. ~Al Denninger

The Daily Lesson – July 2 2023

“This is likewise so in understanding the statement: ‘I am the light of the world.’ Can you ever think of a light becoming dark, or dying, or passing out? Or going somewhere? Take the word right into meditation and see yourself as light. No longer, then, will you accept a sense of limitation.” ~Joel S Goldsmith

John 12:44-46

44 Jesus cried and said, He that believeth on me, believeth not on me, but on him that sent me.

45 And he that seeth me seeth him that sent me.

46 I am come a light into the world, that whosoever believeth on me should not abide in darkness.

Matthew 5:14-16 KJV

14 Ye are the light of the world. A city that is set on an hill cannot be hid.

15 Neither do men light a candle, and put it under a bushel, but on a candlestick; and it giveth light unto all that are in the house.

16 Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

Illumination Comes to those that Believe. It is our obligation then, to Let God’s Light shine from within, to glorify Him forever. ~Al Denninger

The Daily Lesson – July 3 2023

By understanding ourselves as truth and as light, we shall gain an entirely new idea of Self. Then, instead of being concerned with the appearance, we shall turn away from it and gain the spiritual idea that is the light of the world. We cannot reform, heal, or change whatever the human mind thinks of itself. Do not attempt to improve the old concept of self. Rather, gain the new idea that Jesus gave us two thousand years ago: 'I am the way; I am the truth; I am the life.' How can you destroy any of that?

Matthew 6:31-33 KJV

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

I Corinthians 2:9-14 KJV

9 But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him.

10 But God hath revealed them unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God.

11 For what man knoweth the things of a man, save the spirit of man which is in him? even so the things of God knoweth no man, but the Spirit of God.

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

13 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

Human thoughts seem like foolish dreams and dissolve in the Presence of Pure Light, Truth and Love. In Truth there are no opposites, no improvements and no doubts.

Wake up from the dream and Be One with Spirit. Wake up and Know the Truth that makes us Free. ~Al Denninger

The Daily Lesson – July 4 2023

Question: Why should a person be 'on the mountain top' and then down in the depths?

Answer: These experiences of ups and downs are natural. Never in the history of the world has anyone been on the mountain top and stayed there. Even Jesus had to go away for forty days at a time. But through the study and practice of meditation and inspirational living, you approach a level which is not a mountain top but is a high place of understanding. ~Joel S Goldsmith

Psalms 91:1,2 KJV

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

2 I will say of the Lord, He is my refuge and my fortress: my God; in him will I trust.

Matthew 7:7,8 KJV

7 Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you:

8 For every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened.

James 4:8 (to .) KJV

8 Draw nigh to God, and he will draw nigh to you.

As we draw nigh to God Our Trust in the Spirit is Opened and Increased. Meditating regularly will develop a higher altitude of Awareness. Dwell often, and especially today, as we in America, celebrate our inspired holiday of One Nation, under God, with Liberty and Freedom for all. ~Al Denninger

The Daily Lesson – July 5 2023

“The degrees of ups and downs are the outcome of our human experiences, and the consciousness which we should attain is one which does not react to human experiences by going up too high, nor by descending too low. The Christ consciousness which Jesus had was not of this world; yet while not being of this world, it operated as his human experience. His state of consciousness became operative as individual consciousness and could be applied to the things of this world, although he, himself, said that his kingdom was not of this world.” ~Joel S Goldsmith

John 18:36 (to :) KJV

36 Jesus answered, My kingdom is not of this world:

Romans 8:7-9 KJV

7 Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be.

8 So then they that are in the flesh cannot please God.

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

Be steady. Be steady in the Practice.... Focus on Dwelling... Set your priorities... Strive toward praying without ceasing... In whom the Spirit of God Dwell, they shall be Perfected in Christ... Walk with Love along the Way, and Love will be your Experience.... Where the Spirit operates there is Liberty. ~al.within

I John 2:5,6 KJV

5 But whoso keepeth his word, in him verily is the love of God perfected: hereby know we that we are in him.

6 He that saith he abideth in him ought himself also so to walk, even as he walked.

The Daily Lesson – July 6 2023

“The Hindu mystic may let his body die and may call that a spiritual demonstration in so far as ‘his kingdom is not of this world.’ But Jesus said, in effect: ‘My kingdom is not of this world, and therefore, I lift my body up to that consciousness where my kingdom is, and I show forth my body as a spiritual body.’ This great truth is illumination.” ~Joel S Goldsmith

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

I John 2:15-17 KJV

15 Love not the world, neither the things that are in the world. If any man love the world, the love of the Father is not in him.

16 For all that is in the world, the lust of the flesh, and the lust of the eyes, and the pride of life, is not of the Father, but is of the world.

17 And the world passeth away, and the lust thereof: but he that doeth the will of God abideth for ever.

John 17:9-14 KJV

12 While I was with them in the world, I kept them in thy name: those that thou gavest me I have kept, and none of them is lost, but the son of perdition; that the scripture might be fulfilled.

13 And now come I to thee; and these things I speak in the world, that they might have my joy fulfilled in themselves.

14 I have given them thy word; and the world hath hated them, because they are not of the world, even as I am not of the world.

In John 17:14 Jesus is Praying: and he explains that I Am/He is not of this world and neither are his disciples—and yes, in Truth then, we are Spiritual Bodies, and Joyful Expressions of God. In other words, in this-world consciousness, we are simply not aware of the Truth of Being. Illumination is the Awareness of the Truth. ~Al Denninger

The Daily Lesson – July 7 2023

“This is a world of reality. *Here* is the world of reality. Right here and now is God's kingdom. This is not an illusion: This is God's kingdom. The way we look at it, what we see through our eyes—that is the illusion. But the world, itself, is reality. That is why we do not heal or improve it. We merely change our concept of it, because it, itself, is perfect right here and now. You are the very Christ of God, the very life of God, made manifest. We see you through the eyes of human concept, imperfect, but *you are perfect.*” ~Joel S Goldsmith

I John 3:2 KJV

2 Beloved, now are we the sons of God, and it doth not yet appear what we shall be: but we know that, when he shall appear, we shall be like him; for we shall see him as he is.

James 4:3 (to 3rd ,) KJV

3 Ye ask, and receive not, because ye ask amiss,

Romans 12:2 (to,) KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind,

Matthew 6:10 Thy will KJV

10 ...Thy will be done in earth, as it is in heaven.

Reality is that God is Omnipresent. And so, God's Will and Love is Perfected in Us—Always was and always will be. ~Al Denninger

The Daily Lesson – July 8 2023

“A Hindu mystic looks at this ‘illusion,’ and closes his eyes and says, ‘This is not reality.’ That is not correct. This that you see is not illusion: The illusion is the way you see it. When you see railroad tracks, that is not an illusion. The illusion lies in seeing them coming together. But the tracks, themselves, are very real. You are not illusion. You are the presence of God, but what we are seeing with our eyes is illusion. We are seeing an illusory concept of you. So what do we have to change—you, or our concept of you? The Hindu mystic says, ‘This world is illusion, so I will not bother to heal the body at all. . .’ But the body is not illusion. It is the temple of God, according to the teaching of Christ Jesus.” ~Joel S Goldsmith

Romans 12:2 (to,) KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind,

II Corinthians 6:16 for (to 2nd ;) KJV

16 ...for ye are the temple of the living God; as God hath said, I will dwell in them, and walk in them;

Human thought can easily be distracted by erroneous ideas and persuade one’s self into believing any number of those thoughts. Our job is to Seek Ye first the Kingdom of God—in other words, ask God what it is you are Seeing. Your answer will always be the Truth—focus on that. ~Al Denninger

The Daily Lesson – July 9 2023

“Let us never forget this: *This is a spiritual universe*. This is the kingdom of God, and the illusion is not this world, but the universal *concept* of this world. The only place this concept must and can be changed is in the practitioner's thought. When the concept is healed in the practitioner's thought, the patient responds. Why? Because the practitioner's thought is the only place where he can behold an illusion.” ~Joel S Goldsmith

I Corinthians 2:12-14 KJV

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

13 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

Matthew 6:31-33 KJV

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Is there something to correct in a Spiritual Kingdom? It is foolishness to react to illusions as though they are real. The universal concepts of this-world and the thoughts that are unwittingly entertained are exactly what Jesus is telling us not to react to or worry about. God Knows His Creation and has no need of our advice or desires. If we react to a lie we are promoting and prolonging it. Be still. ~Al Denninger

The Daily Lesson – July 10 2023

“When we go within with a desire to understand the spiritual kingdom, we can expect to see increased understanding take form as improved conditions. We go within and ask for the spiritual kingdom, and then it appears outwardly right here and now. When it does not appear, it is because your inner vision has not yet been changed: The light of the Christ has not yet touched it. See the world as Spirit. Seeing it as matter is the illusion. The world is not matter. *This is a spiritual universe.* Sin and disease are not actualities; they are illusion or mortal concept. Once you see that, you will never again try to heal the outside, as if it actually were something you could heal.” ~Joel S Goldsmith

Matthew 6:33 (to ;) KJV

33 But seek ye first the kingdom of God, and his righteousness;

James 4:3 (to 3rd ,) KJV

3 Ye ask, and receive not, because ye ask amiss,

John 4:24 KJV

24 God is a Spirit: and they that worship him must worship him in spirit and in truth.

James 4:8 (to .) KJV

8 Draw nigh to God, and he will draw nigh to you.

Seek God for the purpose Being Present, just to Be With, Spirit to Spirit, without an agenda for things or corrections. Within the Presence is Harmony and Perfection without and errors, omissions, illusions or any possibility of separation. Be Present. ~Al Denninger

The Daily Lesson – July 11 2023

“Question: Will you discuss gratitude?”

Answer: Gratitude has been emphasized a great deal in the sense of being grateful for healings and for help. When gratitude is correctly understood, it is an important part of this or of any spiritual teaching. In our human ignorance, we see sin, death, disease lack, and limitation. Through our illumined state of consciousness, we see reality as it is. It would be a sorry person, indeed, who did not have a sense of gratitude for whatever or whoever it is that lifts him up to see reality.” ~Joel S Goldsmith

I Thessalonians 5:18

18 In every thing give thanks: for this is the will of God in Christ Jesus concerning you.

Matthew 6:21 KJV

21 For where your treasure is, there will your heart be also.

Romans 8:28 KJV

28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

Freely you have received, freely give... Thank you Father. ~Al Denninger

The Daily Lesson – July 12 2023

“I have said before, in speaking of tithing, that where tithing or gratitude is expressed in the hope of a reward, it is a farce. When gratitude or tithing has to do with the expectancy of some good in the future, then it is useless. But when gratitude is expressed or tithing is practiced because of having received an illumination, or for a certain measure of understanding that has come, or for improvement that has come through understanding, then it is true gratitude. When a person tithes his income at ten, five, or even one percent, out of a pure sense of gratitude for what he has received of light and the manifestation of that light in his outer experience, that sense of gratitude is spiritual in quality. But when gratitude is tinged with a sense of self-seeking, in the sense of, ‘If I am grateful enough and pay out enough, good will come to me,’ then such gratitude is folly, and might better not be expressed.” ~Joel S Goldsmith

II Corinthians 9:7 KJV

7 Every man according as he purposeth in his heart, so let him give; not grudgingly, or of necessity: for God loveth a cheerful giver.

Colossians 4:2 KJV

2 Continue in prayer, and watch in the same with thanksgiving;

Matthew 6 1-4 ,8 & 20-21 KJV

1 Take heed that ye do not your alms before men, to be seen of them: otherwise ye have no reward of your Father which is in heaven.

2 Therefore when thou doest thine alms, do not sound a trumpet before thee, as the hypocrites do in the synagogues and in the streets, that they may have glory of men. Verily I say unto you, They have their reward.

3 But when thou doest alms, let not thy left hand know what thy right hand doeth:

4 That thine alms may be in secret: and thy Father which seeth in secret himself shall reward thee openly.

8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

19 Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal:

20 But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal:

21 For where your treasure is, there will your heart be also.

Focusing on getting something in this-world sets up a sense of separation between God and man. *As in Heaven, so on earth...* Be grateful for every Experience. *Harmony Is.* Be Love Loving. ~Al Denninger

The Daily Lesson – July 13 2023

“Gratitude, especially as expressed in tithing, has another meaning. When a person can take a percentage of his earnings and say, ‘This is not coming from me; this is part of what God is expending for Its own activity. I am merely the transfer agent for it,’ that sense of tithing and gratitude soon shows itself forth as improved earnings, opportunities, and income.” ~Joel S Goldsmith

II Corinthians 9:6-8 KJV

6 But this I say, He which soweth sparingly shall reap also sparingly; and he which soweth bountifully shall reap also bountifully.

7 Every man according as he purposeth in his heart, so let him give; not grudgingly, or of necessity: for God loveth a cheerful giver.

8 And God is able to make all grace abound toward you; that ye, always having all sufficiency in all things, may abound to every good work:

God’s Abundance is Infinite and so every good Gift was never ours to begin with. The Gift of Love is God’s Grace passing through us—it is Love Expressed. There is no first of last, only Love Loving. Be Love’s Instrument. ~Al Denninger

The Daily Lesson – July 14 2023

“The day is coming when we will not only give our church or spiritual activity some part of our income, feeling that we are the transfer agents for God's support of its own activity, but we shall take that same attitude with respect to every demand that is made upon us. If a demand is made upon us for the support of our family, for a gift to someone on his birthday, for some charitable enterprise, or even for our income tax, and if we can catch the idea that this demand is not being made upon us as a person or upon our income, but that it is made on the Christ for which we are acting as the transfer agent, we shall find abundance flowing to us and out from us—even to the extent of having most of our salary left at the end of the week. The supply appears from many avenues to fulfil those needs.” ~Joel S Goldsmith

James 1:17 KJV

17 Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning.

II Corinthians 12:9 (to :) KJV

9 And he said unto me, My grace is sufficient for thee:

II Corinthians 3:3-5 KJV

3 Forasmuch as ye are manifestly declared to be the epistle of Christ ministered by us, written not with ink, but with the Spirit of the living God; not in tables of stone, but in fleshy tables of the heart.

4 And such trust have we through Christ to God-ward:

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

II Corinthians 9:8 KJV

8 And God is able to make all grace abound toward you; that ye, always having all sufficiency in all things, may abound to every good work:

The entire Gift of Life is from God, and so is every Experience in Life. His Grace is our sufficiency as it is received by us and as it is passed forward from us. Infinite Abundance has no beginning or end—It just Is—It is God's Infinite Way. *Thank you Father, for Eyes to See Your Light, and Ears to Hear Your Message through the Christ.* Freely you have received, freely Give. ~Al Denninger

The Daily Lesson – July 15 2023

“Never should we accept any demand as being made upon you or upon me as a person, any more than we would accept a demand upon us personally for healing. When you ask a practitioner for a healing, you know that he is not giving you anything of himself. He merely rests in his understanding or state of spiritual consciousness, which then appears as healing of the body or of the mind. In the same way, money is no less spiritual than truth. If once we can see that God is the underlying substance of everything that is appearing to our consciousness, that all that exists is our consciousness unfolding, disclosing, and revealing Itself in individual form, why should not money be just as infinite and just as plentiful as the leaves on the trees?” ~Joel S Goldsmith

John 5:30 (to :) KJV

30 I can of mine own self do nothing:

John 14:10 (but) KJV

10 ...but the Father that dwelleth in me, he doeth the works.

II Corinthians 3:5 KJV

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

Psalms 147:3-5 KJV

3 He healeth the broken in heart, and bindeth up their wounds.

4 He telleth the number of the stars; he calleth them all by their names.

5 Great is our Lord, and of great power: his understanding is infinite.

Seek ye first the Infinite Kingdom of God, Open an Avenue of Unfolding Awareness, stand fast and rest there in the confidence of Truth. Healings, Harmony and Abundance that unfold are added things. God is the Substance of all Form. ~Al Denninger

The Daily Lesson – July 16 2023

“The point we are emphasizing is that God is the consciousness of the individual, and that consciousness is unfolding the infinity of its own being as person, place, or thing. It is all your consciousness unfolding. If we grasp that, and if we do not set anything apart and say, ‘This is material.’ or, ‘That is material’ and if once we come to realize that God, our individual consciousness, is infinite and is just as infinite in expressing and manifesting money as it is in growing our gardens, in that degree will we overcome any sense of limitation in our finances. Let us clear up these things. Let us eliminate the belief that one part of our world is spiritual and that another is material.” ~Joel S Goldsmith

Matthew 6:10,11 KJV

10 Thy kingdom come. Thy will be done in earth, as it is in heaven.

John 4:10-15 KJV

10 Jesus answered and said unto her, If thou knewest the gift of God, and who it is that saith to thee, Give me to drink; thou wouldest have asked of him, and he would have given thee living water.

11 The woman saith unto him, Sir, thou hast nothing to draw with, and the well is deep: from whence then hast thou that living water?

12 Art thou greater than our father Jacob, which gave us the well, and drank thereof himself, and his children, and his cattle?

13 Jesus answered and said unto her, Whosoever drinketh of this water shall thirst again:

14 But whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life.

15 The woman saith unto him, Sir, give me this water, that I thirst not, neither come hither to draw.

There is only One Life—a Life in Spiritual Consciousness. Jesus is teaching the woman at the well, and those that Follow, an Infinite Way of Life and Its Supply. God’s Kingdom IS. Life is Spiritual Omnipresence. IN earth As it Is in Heaven. Not on earth, which suggests two personalized places—one on earth and another in heaven which leads to a sense of separation. In Earth is about Spiritual Consciousness and Oneness, it is not a typo in Scripture. Life is Spiritual. ~Al Denninger

The Daily Lesson – July 17 2023

“The same thing applies to the body. Let us get back to Jesus' teaching that God is the mind, Soul, and life of all being, and that the body is a form of life. If the body is that, then loaves and fishes are also forms of that one life, and so is gold in the fishes' mouths. Gradually, then, we come to the realization of Spirit as the only substance. It is something of a shock to the human mind to be told that money and potatoes and rocks are spiritual. Nevertheless, as we imbibe this truth, we shall become accustomed to the idea that, if God is consciousness and God is infinite, then consciousness is infinite. Everything that exists must exist as the form or formation of consciousness, so that it must be just as spiritual as consciousness itself; it must be just as infinite, just as eternal, just as omnipresent.” ~Joel S Goldsmith

II Corinthians 5:16-18 (to ,) KJV

16 Wherefore henceforth know we no man after the flesh: yea, though we have known Christ after the flesh, yet now henceforth know we him no more.

17 Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.

18 And all things are of God,

Galations 5:18 & 22, 23 KJV

18 But if ye be led of the Spirit, ye are not under the law.

22 But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith,

23 Meekness, temperance: against such there is no law.

God is the substance of all form. God is the Source—the Omnipresent and Creative Intelligence that Sustains His Creation that is Governed by Love. God is Love. ~Al Denninger

The Daily Lesson – July 18 2023

“As we gain that insight, we bring forth the body as Jesus did, and say, ‘I am not a ghost; this is I, appearing with my same body. Thrust your hand in and feel the spear wound. It is the same body.’ When you agree that the body of Jesus, the body of the Christ, is spiritual, you will have to agree that any body, regardless of its form, is Spirit, Consciousness, and therefore infinite. With this acceptance and realization, you find that the body is being constantly renewed. Instead of being a piece of matter wearing out, it is consciousness, continuously unfolding and disclosing itself. The body is renewed minute by minute, as we gain the consciousness that God is the consciousness of the individual, and that Consciousness is forever unfolding, disclosing, and revealing itself in and as individual forms. This realization reveals the immortality of the body.” ~ Joel S Goldsmith

Matthew 14:26,27 KJV

26 And when the disciples saw him walking on the sea, they were troubled, saying, It is a spirit; and they cried out for fear.

27 But straightway Jesus spake unto them, saying, Be of good cheer; it is I; be not afraid.

John 20:26-29 KJV

26 And after eight days again his disciples were within, and Thomas with them: then came Jesus, the doors being shut, and stood in the midst, and said, Peace be unto you.

27 Then saith he to Thomas, Reach hither thy finger, and behold my hands; and reach hither thy hand, and thrust it into my side: and be not faithless, but believing.

28 And Thomas answered and said unto him, My Lord and my God.

29 Jesus saith unto him, Thomas, because thou hast seen me, thou hast believed: blessed are they that have not seen, and yet have believed.

Colossions 3:4 & 10 KJV

4 When Christ, who is our life, shall appear, then shall ye also appear with him in glory.

10 And have put on the new man, which is renewed in knowledge after the image of him that created him:

All Life is of God and is manifest as His Infinite Individual Expression. Where the Spirit of The Lord is Present there is Life. Blessed are they that have not seen, and yet have believed... Be of Good cheer, it is I. ~Al Denninger

The Daily Lesson – July 19 2023

“I and my Father are one.’ Spirit and body are one. As we understand oneness, and see that our body is our consciousness *formed*, then we overcome the world's mesmeric belief about body. We, as consciousness, maintain our body in health, harmony, and youth. There will be no aging in the realization that mind and body are one. We are dealing with God, which is one. We are dealing with God as consciousness. The body must be as infinite as consciousness. Is it material, this consciousness? No, then it cannot be divided. You cannot take Spirit and measure it in a material form. You must lift consciousness higher into the spiritual idea by going into meditation.” ~Joel S Goldsmith

John 10:30 KJV

30 I and my Father are one.

John 8:58 KJV

58 Jesus said unto them, Verily, verily, I say unto you, Before Abraham was, I am.

I Corinthians 3:16 KJV

16 Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?

I Corinthians 2:16 But KJV

16 ...But we have the mind of Christ.

Romans 8:11-14 KJV

11 But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you.

12 Therefore, brethren, we are debtors, not to the flesh, to live after the flesh.

13 For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live.

14 For as many as are led by the Spirit of God, they are the sons of God.

There is One Mind, Intelligence, and Source of All. It is Infinitely Expressed Spirit to Spirit, Soul to Soul. Be still and Let the Spirit Lead you into the Awareness of Christ Consciousness. Eternal Life is our Great inheritance. ~Al Denninger

The Daily Lesson – July 20 2023

“We must outgrow the belief of finiteness and of numbers. There are no numbers in God. There is only one number. We must see what it means to have infinite forms and varieties of one. We must see oneness, infinitely formed. We must not see body as something separate. We must catch a spiritual sense of body through meditation.”
~Joel S Goldsmith

Matthew 19:16,17 (to :) KJV

16 And, behold, one came and said unto him, Good Master, what good thing shall I do, that I may have eternal life?

17 And he said unto him, Why callest thou me good? there is none good but one, that is, God:

Ephesians 4:4-7 KJV

4 There is one body, and one Spirit, even as ye are called in one hope of your calling;

5 One Lord, one faith, one baptism,

6 One God and Father of all, who is above all, and through all, and in you all.

7 But unto every one of us is given grace according to the measure of the gift of Christ.

Omnipresence leaves no room for another. The infinite forms and variety are God's Expressions. We are Given glimpses of the one Reality as we grow in Spiritual Awareness. Look Up. ~Al Denninger

The Daily Lesson – July 21 2023

“Question: What are the techniques for meditation?”

Answer: The only technique that works for me is to pay no attention to any thoughts that come and go. Let them come and let them go, not honoring them with your attention. They are world thoughts. Sit, with your mind centered on the question, "What is God?" and keep it there. If thoughts disturb or intrude, bring your mind gently back to your question. Your meditation periods will unfold, develop, and grow with practice. Take a question into your meditation: What is God? What is the Christ? What is spiritual man? What is the spiritual sense of supply? What is the spiritual sense of harmony or of peace?" ~Joel S Goldsmith

Matthew 6:6-8, 25 (to,) & 31-33 KJV

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

7 But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking.

8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

25 Therefore I say unto you, Take no thought for your life,

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Isaiah 26:3,4 (to :) KJV

3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

4 Trust ye in the Lord for ever:

Peace be still. Take no thought for the things of this-world as Jesus suggests and Seek Righteousness for Righteousness sake and no other reason than to Be Present. Contemplate the Truth you Know to develop enough trust and assurance to be still and Listen. Open an Avenue of Awareness for the Peace that Passeth understanding to Flow and Unfold. God's Will be done, in earth as it is in Heaven. ~Al Denninger

The Daily Lesson – July 22 2023

“Question: When you are meditating, do you use positive statements, affirmations, or do you remain silent, keeping thought on some question or on a single idea?

Answer: When you meditate, take a question and ponder it. As you ponder it, suddenly, you feel yourself in God consciousness. From that moment on, listen. The real meditation is just listening. All any of the rest of it is, is for the purpose of arriving at that point of listening. When you are listening, you are meditating.” ~ Joel S Goldsmith

Psalms 46:10 (to :) KJV

10 Be still, and know that I am God:

Mark 13:37 KJV

37 And what I say unto you I say unto all, Watch.

I Corinthians 2:9,10 KJV

9 But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him.

10 But God hath revealed them unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God.

Colossians 4:2 KJV

2 Continue in prayer, and watch in the same with thanksgiving;

Practice and learn to be still, because you know not when the Lord will reveal His Message for you. Spirit to Spirit, Soul to Soul... Watch and Pray. ~Al Denninger

The Daily Lesson – July 23 2023

“The object of meditation is opening consciousness to God. It has no other object. We do not meditate for the purpose of seeing or hearing ‘something.’ It is true that often a statement does come to us, or that a light is seen. Sometimes, too, a person is completely surrounded by light or he finds his room is filled with light. It may be that he receives a direct impartation either in scriptural or metaphysical language, or in some form absolutely original to himself. But none of this is necessary.” ~Joel S Goldsmith

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Ephesians 4:22-24 KJV

22 That ye put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts;

23 And be renewed in the spirit of your mind;

24 And that ye put on the new man, which after God is created in righteousness and true holiness.

Truth is within ourselves; it takes no rise
From outward things, whate'er you may believe.
There is an inmost center in us all,
Where truth abides in fullness; and around,
Wall upon wall, the gross flesh hems it in,
This perfect, clear perception – which is truth.
A baffling and perverting carnal mesh
Binds it, and makes all error: and, to KNOW,
Rather consists in opening out a way
Whence the imprisoned splendour may escape,
Than in effecting entry for a light
Supposed to be without.
~Robert Browning

Open an Avenue of Awareness, through which the Glory of God may Flow. ~Al Denninger

The Daily Lesson – July 24 2023

“Let me explain this again, because meditation is so important in this work. The whole object of meditation is opening consciousness. You do not have to experience any occult phenomena. The only reason we have a process of meditation is because in our occidental world, very few people have been taught to turn to God, to be still and to listen to God. We are trying, through meditation, to reverse that situation. We are trying to learn to say, as did Jesus: ‘I can of mine own self do nothing . . .’ the Father that dwelleth in me, he doeth the works.’ The technique of meditation is the process by which we open our consciousness and let the Father come in and take over. There is no virtue in saying, ‘The Father doeth the works,’ if you do not have a Father to do them. Improved conditions in the outer world are the direct response to opening your consciousness and asking the Father to flow in.” ~Joel S Goldsmith

John 5:30,31 KJV

30 I can of mine own self do nothing: as I hear, I judge: and my judgment is just; because I seek not mine own will, but the will of the Father which hath sent me.

31 If I bear witness of myself, my witness is not true.

John 14:8-11 (to:) KJV

8 Philip saith unto him, Lord, shew us the Father, and it sufficeth us.

9 Jesus saith unto him, Have I been so long time with you, and yet hast thou not known me, Philip? he that hath seen me hath seen the Father; and how sayest thou then, Shew us the Father?

10 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works.

11 Believe me that I am in the Father, and the Father in me:

James 4:7 (to .) & 8 (to .) KJV

7 Submit yourselves therefore to God.

8 Draw nigh to God, and he will draw nigh to you.

Matthew 6:10 Thy will KJV

10 ...Thy will be done in earth, as it is in heaven.

Matthew 6:7 KJV

7 But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking.

John 15:4,5 KJV

4 Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

When I start my meditations with acknowledging that it is not “i myself” doing anything—it is “I” the Father—it leaves me in a place of great surrender. There are no word-prayers that are going to do it... I must recognize that The Father Consciousness is Present and Omnipotent and that He is the Source of the Activity of Life and the Embodiment of Love. So, that is where I Submit My Heart to God and Listen for His Will for me. God is the Vine and I am the branch—I am fully attached and Abiding. There is nothing I can do but watch and wait to Witness God’s Work as I do It. Waiting, ~Al Denninger

The Daily Lesson – July 25 2023

“The Father does not have to flow in with words. I do not always have a response in words; sometimes it is only a feeling. I know, then, that the Father is there. Anything that conveys the feeling of the presence of God is all that is necessary. Sometimes, that silence lasts only a minute, or half a minute. After you have meditated for some length of time and have learned to turn within for divine guidance, you may find that meditation has become habitual, and that you do not have to sit down to meditate before driving your automobile, walking to the office, cleaning the house, or attending to any business at hand. All you have to do is to look up and smile, and find that that opens your consciousness. At first, it may not work that rapidly and we use this process of meditation to ‘clear the way.’ Once you do arrive at this second stage, it is not then necessary to stop and sit down so often for meditation. It is enough to keep that listening ear open.” ~Joel S Goldsmith

Romans 8:16 KJV

16 The Spirit itself beareth witness with our spirit, that we are the children of God:

Psalms 91:1 KJV

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

Colossians 4:2 KJV

2 Continue in prayer, and watch in the same with thanksgiving;

John 14:27 KJV

27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

I Thessalonians 5:16-18 KJV

16 Rejoice evermore.

17 Pray without ceasing.

18 In every thing give thanks: for this is the will of God in Christ Jesus concerning you.

Every prayer is different, and every meditation. The Contact and Assurance is variable too. The important thing to do is to develop a habit of Dwelling in the Secret Place of the Most High and Feel the Peace that passeth understanding. This practice is ongoing and yes, it does get easier with practice to find Peace. But remember, as we get stronger in the Word we will be Given more to do—and so we must learn to sit up on a high branch, like the Cheshire Cat and Smile a Knowing Smile. And all that is left is a Smile. ~Al Denninger

The Daily Lesson – July 26 2023

“I have often stressed: Do not do too much reading. When you come to a passage in whatever it is you are reading that stands out, sit and meditate on it; ponder it; get the inner meaning of it.” ~Joel S Goldsmith

II Timothy 3:16,17 KJV

16 All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness:

17 That the man of God may be perfect, throughly furnished unto all good works.

II Corinthians 3:3 & 6 KJV

3 Forasmuch as ye are manifestly declared to be the epistle of Christ ministered by us, written not with ink, but with the Spirit of the living God; not in tables of stone, but in fleshy tables of the heart.

6 Who also hath made us able ministers of the new testament; not of the letter, but of the spirit: for the letter killeth, but the spirit giveth life.

John 8:32 KJV

32 And ye shall know the truth, and the truth shall make you free.

Scripture is the Inspired Word of God. Read and study the Inspired Word often. It is good to start out your day, your prayers and meditations with some reading to get you started—but understanding the words and even being able to memorize and repeat those words is not a Demonstration or Experience of God. Human experiences are not God Experiences. Knowing and Feeling the Spirit within The Word is Experiencing the Truth. Where the Word of God is Experienced, there is Liberty. Walk the Walk. ~Al Denninger

The Daily Lesson – July 27 2023

“We need inner enlightenment concerning the outer world. When we open our consciousness, we see it as it is. We do not change it. The outer world is already spiritual and perfect. It is already the manifestation of Consciousness, but we are seeing it through a glass darkly. As illumination comes to us and we see with inner vision, we cease to be among those who having eyes see not, and those who having ears hear not. Our inner eyes begin to discern reality.” ~Joel S Goldsmith

Psalms 119:18 KJV

18 Open thou mine eyes, that I may behold wondrous things out of thy law.

Revelation 3:20 KJV

20 Behold, I stand at the door, and knock: if any man hear my voice, and open the door, I will come in to him, and will sup with him, and he with me.

I Corinthians 13:11,12 KJV

11 When I was a child, I spake as a child, I understood as a child, I thought as a child: but when I became a man, I put away childish things.

12 For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known.

Father, I can of mine own self do nothing, it is You that Doeth the Work... Open out a Way for the imprisoned splendor to escape and show Your Way... I seek Your Kingdom, not to inform You or to change anything, I'd love to just to sit at Your Feet and Be Present.... I have left my childish this-world things, dreams and ideas at the door and wish to Open my heart and consciousness to See and Hear as You See Father..... Come to me... Show me Your Kingdom and let me sup with You... Remove the dull senses that see only the human dream—how foolish it is to believe those false reports. The dream is not reality.... Your Kingdom Is Come... Only You can Show Me the Inner Vision as I Am Known by You..... Thank You Father.... I Rest... ~al.within

The Daily Lesson – July 28 2023

“Nothing changes in the world. The same old world goes on, but now in a more harmonious way. We do not see what the world calls ‘angels’ running around, but the people we meet are angels to us, and we become so to them.” ~Joel S Goldsmith

Luke 10:30-37 KJV

30 And Jesus answering said, A certain man went down from Jerusalem to Jericho, and fell among thieves, which stripped him of his raiment, and wounded him, and departed, leaving him half dead.

31 And by chance there came down a certain priest that way: and when he saw him, he passed by on the other side.

32 And likewise a Levite, when he was at the place, came and looked on him, and passed by on the other side.

33 But a certain Samaritan, as he journeyed, came where he was: and when he saw him, he had compassion on him,

34 And went to him, and bound up his wounds, pouring in oil and wine, and set him on his own beast, and brought him to an inn, and took care of him.

35 And on the morrow when he departed, he took out two pence, and gave them to the host, and said unto him, Take care of him; and whatsoever thou spendest more, when I come again, I will repay thee.

36 Which now of these three, thinkest thou, was neighbour unto him that fell among the thieves?

37 And he said, He that shewed mercy on him. Then said Jesus unto him, Go, and do thou likewise.

John 13:34,35 KJV

34 A new commandment I give unto you, That ye love one another; as I have loved you, that ye also love one another.

35 By this shall all men know that ye are my disciples, if ye have love one to another.

I John 4:7,8 & 12 If KJV

7 Beloved, let us love one another: for love is of God; and every one that loveth is born of God, and knoweth God.

8 He that loveth not knoweth not God; for God is love.

12 ...If we love one another, God dwelleth in us, and his love is perfected in us.

The Good Samaritan shows us how to treat a stranger as a Neighbor with the unconditional Love that is Born in God. The same-old-world around us can be changed into a place of harmony if we become God’s Activity of Love. Then are we as Angels Loving one another as Christ Loves us. ~Al Denninger

The Daily Lesson – July 29 2023

“Jesus said: ‘The kingdom of God is within you.’ That is not literally true, but the real truth is that you are the kingdom of God. See the ‘kingdom of God’ as consciousness and as consciousness formed. It is neither external nor internal: It is both. In one sense, it certainly is appearing externally, as for example, in the people who are appearing to us. But spiritually, they are not external to us: They are a part of our own consciousness, or how else would we be aware of them? We are living in what appears to be two worlds, the human and the spiritual. We are told to be in this world, but not of it. Jesus said, ‘I pray not that thou shouldst take them out of the world,’ but that the evil be taken out of your concept, that the error be taken from your concept.” ~Joel S Goldsmith

Luke 17:20,21 KJV

20 And when he was demanded of the Pharisees, when the kingdom of God should come, he answered them and said, The kingdom of God cometh not with observation:

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

John 17:14-17 KJV

14 I have given them thy word; and the world hath hated them, because they are not of the world, even as I am not of the world.

15 I pray not that thou shouldst take them out of the world, but that thou shouldst keep them from the evil.

16 They are not of the world, even as I am not of the world.

17 Sanctify them through thy truth: thy word is truth.

The answer is: you are the Kingdom of God because of Omnipresence – the Infinite I Am and Way – The Presence is within You because there is no place where It is not. But try not to get caught up in the idea that this finite world is all there is. Any sense of separation from God is a lie. ~Al Denninger

The Daily Lesson – July 30 2023

“Consciousness cannot be confined within anything and be infinite. So, actually, consciousness, being infinite, is the *in* and the *out* to all there is. Then that consciousness is ever being manifested as creation. It is *in* it; it is *of* it; it is *from* it; it is *as* it. But actually, it is consciousness appearing. It is as though we could take this roomful of air, and make forms out of the air. These would still be air, and would not be in or out of the air. Literally, they would be forms of air. So it is with consciousness.”
~Joel S Goldsmith

Colossians 1:16,17 KJV

16 For by him were all things created, that are in heaven, and that are in earth, visible and invisible, whether they be thrones, or dominions, or principalities, or powers: all things were created by him, and for him:

17 And he is before all things, and by him all things consist.

I Corinthians 6:19 KJV

19 What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?

I Corinthians 2:14-16 KJV

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

15 But he that is spiritual judgeth all things, yet he himself is judged of no man.

16 For who hath known the mind of the Lord, that he may instruct him? But we have the mind of Christ.

There is One Omnipresent Creative Consciousness—Source of All that Is, was and ever will Be—infinately appearing and Expressed As. I Am & always will Be. Amen. *I Know this: I can of mine own self do nothing, the Father within doeth the Works and I am an Individual Expression of Him...* ~Al Denninger

The Daily Lesson – July 31 2023

“Consciousness is infinite substance. Because consciousness is infinite, its formations, which we call creation, must be infinitely appearing because the very substance of which they are formed is infinite. Is this not true of the mind of a composer? Is not his consciousness of music appearing in infinite combinations of notes? Does not the consciousness of a mathematician appear in an infinity of numbers and combination of numbers and formulae; or the artist, painting hundreds and thousands of strokes, an infinity of artistic knowledge appearing as paintings? The same is true of these words you are reading. Are they not the very consciousness of truth, itself, appearing in an infinity of words, sentences, statements, examples, parables, and illustrations? That same consciousness of truth can go on and write hundreds, thousands of books, if egotism does not enter in to make the writer think that he is doing it of himself. As long as I can keep my consciousness open to the oneness of mind and let it flow, there is no limit to the books that can be written on the subject of truth. Truth, being infinite, must be infinitely expressed.” ~Joel S Goldsmith

While pondering this paragraph the spark came to look up “substance” in Noah Webster’s 1828 Dictionary:

SUB'STANCE, noun [Latin substantia, substō; sub and stō, to stand.]

1. In a general sense, being; something existing by itself; that which really is or exists; equally applicable to matter or spirit. Thus the soul of man is called an immaterial substance a cogitative substance a substance endued with thought.

4. Something real, not imaginary; something solid, not empty.

Heroic virtue did his actions guide,

And he the substance not th' appearance chose.

Psalms 139:7 KJV

7 Whither shall I go from thy spirit? or whither shall I flee from thy presence?

Colossians 1:16,17 KJV

16 For by him were all things created, that are in heaven, and that are in earth, visible and invisible, whether they be thrones, or dominions, or principalities, or powers: all things were created by him, and for him:

17 And he is before all things, and by him all things consist.

John 1:3,4 KJV

3 All things were made by him; and without him was not any thing made that was made.

4 In him was life; and the life was the light of men.

Psalms 147:5 KJV

5 Great is our Lord, and of great power: his understanding is infinite.

Consciousness is Infinite Being [Be-ing] and the Substance of all things Real. Consciousness is the Direct Connection of Truth, Life and Love and the Operating

Principal and Activity of Creation. It is Always Present, All Knowing, All Powerful and Always Actively Expressed. Consciousness is Reality. ~Al Denninger

The Daily Lesson – August 1 2023

“It is better to let truth unfold as your consciousness, rather than to approach this study from a purely intellectual point of view, questioning every statement in the light of human reason. The greatest teaching is from inner unfoldment. Be willing to be ‘taught of God.’ That is why I am stressing so much the idea of meditation, of inner unfoldment, of God appearing as your own individual consciousness. That is the reason I also ask you not to read through pages and pages of books from cover to cover without stopping. Read until some kind of an idea develops or unfolds. Then ponder that and let the light of truth come from within.” ~Joel S Goldsmith

Luke 24:13-16 KJV

13 And, behold, two of them went that same day to a village called Emmaus, which was from Jerusalem about threescore furlongs.

14 And they talked together of all these things which had happened.

15 And it came to pass, that, while they communed together and reasoned, Jesus himself drew near, and went with them.

16 But their eyes were holden that they should not know him.

Matthew 6:31-33 KJV

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

John 6:45 (to .) KJV

45 It is written in the prophets, And they shall be all taught of God.

As the two disciples on the road to Emmaus reasoned among themselves about the events of the day they could not see the Christ that was walking right with them. Reality escapes us too when we are caught up in a dream. Stop often throughout your day, be still and Open a Way for God to teach you through Spiritual Discernment. Spirit to Spirit, Soul to Soul. Man can get it wrong—The Word God is Truth. ~Al Denninger

The Daily Lesson – August 2 2023

“The real function of a teacher is to free the student from the teacher. That can be done only as you learn to let this truth unfold. Whatever is told you intellectually will not be effective spiritual teaching. No one can tell you what God is. I can say to you that God is infinite consciousness revealing Itself, but it would be sheer folly for you to think that I have told you what God is. You will know what God is, only as that knowledge unfolds to you from within.” ~Joel S Goldsmith

John 8:32 KJV

32 And ye shall know the truth, and the truth shall make you free.

John 14:12 (to 2nd ;) KJV

12 Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do;

James 1:22,23 KJV

22 But be ye doers of the word, and not hearers only, deceiving your own selves.

23 For if any be a hearer of the word, and not a doer, he is like unto a man beholding his natural face in a glass:

I can't wait to get a message from you telling me that you are, from now on, going to Be about the Father's Business. That does not mean that we will be separated, but it does mean that there will be big changes...

There is Truly only One Face in the Glass – with an Infinite Number of Expressions. The greater Work is not yours, but His. Stop, Open out a Way and Wait... ~Al Denninger

The Daily Lesson – August 3 2023

“In the occidental world, we have not been taught to go within. The experience is new to most people. Some have been taught to learn certain statements, affirmations, and denials, and to repeat them. They have not been taught to go to the kingdom of their own consciousness. Most people are not trained to meditate. But I know this: There is no real teaching from without. The only teacher who is going to prove of any lasting value in your life is the one who can lead you back to the kingdom of your own mind and the realm of your own Soul and there let the divine Infinite come forth.” ~Joel S Goldsmith

John 18:36 (to :) KJV

36 Jesus answered, My kingdom is not of this world:

Luke 22:29,30 KJV

29 And I appoint unto you a kingdom, as my Father hath appointed unto me;

30 That ye may eat and drink at my table in my kingdom, and sit on thrones judging the twelve tribes of Israel.

John 14:22,23 KJV

22 Judas saith unto him, not Iscariot, Lord, how is it that thou wilt manifest thyself unto us, and not unto the world?

23 Jesus answered and said unto him, If a man love me, he will keep my words: and my Father will love him, and we will come unto him, and make our abode with him.

John 12:26 KJV

26 If any man serve me, let him follow me; and where I am, there shall also my servant be: if any man serve me, him will my Father honour.

Christ is the Teacher. He just made you a Promise. Rest back, Abide, Trust and Open your Awareness..... With the attitude of: *Speak Lord, thy servant Heareth....* Follow Christ. ~Al Denninger

The Daily Lesson – August 4 2023

“My function is not so much to teach the letter of truth. However, there are three points of the letter which it is important that you remember: the nature of God; the nature of individual being; and the nature of error, which we are forever battling in this human world of sin, disease, and death, lack and limitation. Then we shall learn not so much to battle these, as to meet them by seeing *through* them. When you understand the nature of treatment and of prayer, you experience the nature of the Christ. The Christ is nothing in the way of words; it is a *feeling*. It is an assurance of the Presence. It comes forth from our own consciousness through meditation and unfoldment. Then you experience God unfolding as your own individual consciousness, and that is the purpose of The Infinite Way.” ~Joel S Goldsmith

Revelation 22:13 KJV

13 I am Alpha and Omega, the beginning and the end, the first and the last.

Ephesians 2:8-10 (KJV)

8 For by grace are ye saved through faith; and that not of yourselves: it is the gift of God:

9 Not of works, lest any man should boast.

10 For we are his workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them.

James 4:7 (to .) KJV

7 Submit yourselves therefore to God.

John 8:32 KJV

32 And ye shall know [Feel] the truth, and the truth shall make you free.

John 16:13 (to :) KJV

13 Howbeit when he, the Spirit of truth, is come, he will guide you into all truth:

I Peter 4:10 (KJV)

10 As every man hath received the gift, even so minister the same one to another, as good stewards of the manifold grace of God.

The Nature of God is Infinite Being. God is Life—Omnipresent Life.

Everything Emanates from Him, and so this is the Nature of Infinite Being.

The Nature of error is: there isn't error. Error is nothing, no-thing. How do we battle with nothing? Have no reaction to lies. Do not pray for God's grace to come to you, open out a way to let God's grace unfold within you and flow from you. ~Al Denninger

This concludes our study of Chapter 12 in the book “CONSCIOUSNESS UNFOLDING”
Tomorrow we begin: The Book “Realization of Oneness”, by Joel S Goldsmith - Chapter