

THE DAILY LESSON

is an activity of the study group found at: www.iwso.org

The subject for our current study is the entire book

“Consciousness Unfolding”

by Joel S Goldsmith

THE DAILY LESSON, an ongoing open class by Infinite Way Teacher [Al Denninger](#), is inspired by the message of Joel S. Goldsmith. In this Book Study we delve into Joel's books paragraph by paragraph, from cover to cover. I provide Scripture supporting his entire Work and an Impartation from my daily Experience. These classes appear daily [on my website](#) and by [email subscription](#) each day, for my students to take into their daily meditations and carry with them throughout their day.

Students Note: In my teaching, the words that are capitalized throughout the work are not capitalized for emphasis. Instead, the purpose is to Lift the student into the Awareness that these words are a Synonym for, or an Activity of God. The portions that are *italicized* are spontaneous meditations.

The Daily Lesson –October 9, 2022

“CHAPTER SEVEN MEDITATION

Meditation forms a most important part of our work. Although there are many ways of achieving silence and meditation, I have found only one way that meets my own need. I sit quietly, with my attention centered somewhere between the eyes and a little above, and take some word such as ‘life,’ or ‘God,’ or ‘Spirit,’ and ponder it. As my thought tries to wander, I come back gently to the same idea. I feel no sense of impatience with myself, no sense of frustration. No matter how many times the thought wanders, I bring it right back to that one word.” ~Joel S Goldsmith

Matthew 6:6 KJV

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

Psalms 119:10-18 KJV

10 With my whole heart have I sought thee: O let me not wander from thy commandments.

11 Thy word have I hid in mine heart, that I might not sin against thee.

12 Blessed art thou, O Lord: teach me thy statutes.

13 With my lips have I declared all the judgments of thy mouth.

14 I have rejoiced in the way of thy testimonies, as much as in all riches.

15 I will meditate in thy precepts, and have respect unto thy ways.

16 I will delight myself in thy statutes: I will not forget thy word.

17 Deal bountifully with thy servant, that I may live, and keep thy word.

18 Open thou mine eyes, that I may behold wondrous things out of thy law.

Get comfortable, be still, close off the outside world and open an avenue of Awareness. Focus on the Truth given in scripture, from a Teacher or a Word that Comes to you. Ask God what it means and listen quietly and patiently with all your heart. Open out a way for the imprisoned splendor to escape... Return often... ~Al Denninger

The Daily Lesson – October 10, 2022

“If you try this method, eventually, you will find that outside, intruding thoughts do not come, and you are able to sit quietly in a peaceful state of meditation. It may take days or it may take months to acquire this steadiness of mind, but it will come if you have patience and perseverance. Do not try to remain quiet for more than from three to five minutes unless you feel like it. We are doing this only for a conscious realization of our oneness, or to make our contact with God. When we have achieved that, we have achieved our purpose. We are not trying to see ‘light,’ or to have ‘experiences.’ If they come, there is nothing wrong about them. The only thing wrong would be in becoming so fascinated with these experiences that we lose our way by making too much of them.” ~Joel S Goldsmith

II Peter 1:1-6 KJV

1 Simon Peter, a servant and an apostle of Jesus Christ, to them that have obtained like precious faith with us through the righteousness of God and our Saviour Jesus Christ:

2 Grace and peace be multiplied unto you through the knowledge of God, and of Jesus our Lord,

3 According as his divine power hath given unto us all things that pertain unto life and godliness, through the knowledge of him that hath called us to glory and virtue:

4 Whereby are given unto us exceeding great and precious promises: that by these ye might be partakers of the divine nature, having escaped the corruption that is in the world through lust.

5 And beside this, giving all diligence, add to your faith virtue; and to virtue knowledge;

6 And to knowledge temperance; and to temperance patience; and to patience godliness;

Proverbs 4:26 KJV

26 Ponder the path of thy feet, and let all thy ways be established.

Proverbs 3:5,6 KJV

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

Meditation is a gentle and patient practice. Persevere to seek the Kingdom of God, but do it in a way that is like an effortless effort through a trusting and faithful act of loving surrender. *I can of mine own self can do nothing.... Thy will be done Father... Speak Lord, thy servant heareth.... And rest in it... Spirit to Spirit...* ~Al Denninger

The Daily Lesson – October 11, 2022

“After we have had our few minutes of meditation and have achieved the ‘click’ or feeling of the presence of God, we get up and go about our business. If at noon, we find that we have a few minutes to use for this purpose, we repeat it; we do the same thing again at night, and in the middle of the night. Why? Because, ultimately, through providing these opportunities three or four times a day, meditation is going to become so much a part of our being that we shall be in meditation twenty-four hours a day whether awake or asleep. Then we do not have to go through a process of ‘healing’ when someone calls upon us. We shall have been through all the preliminaries, and we shall be able to say, ‘Thank you, Father.’ Then we understand the reason for all the preliminary practice.” ~Joel S Goldsmith

1 Timothy 4:15 ESV

15 Practice these things, immerse yourself in them, so that all may see your progress.

16 Keep a close watch on yourself and on the teaching. Persist in this, for by so doing you will save both yourself and your hearers.

John 16:13 (to:) KJV

13 Howbeit when he, the Spirit of truth, is come, he will guide you into all truth:

Philippians 4:8,9 KJV

8 Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.

9 Those things, which ye have both learned, and received, and heard, and seen in me, do: and the God of peace shall be with you.

I Thessalonians 5:16,17 KJV

16 Rejoice evermore.

17 Pray without ceasing.

Focus your Awareness on The Presence throughout your day. It takes practice and persistence but keep coming back. There is no greater calling than to Love God and Abide in His Kingdom. The Joy, Gratitude and Harmony that Comes in this practice prepares us for whatever distraction presents itself. Be ready and willing and God will make you Able... Practice makes Perfect. Stay focused on God. ~Al Denninger

The Daily Lesson – October 12, 2022

“Ultimately, treatment becomes a very simple thing. We learn to dismiss instantly every negative suggestion that comes to us. Let us suppose that I am walking through a store and am tempted to snatch some jewelry. The thought immediately comes, ‘What kind of nonsense is that! Where did it come from? That temptation is no part of my nature.’ I walk home and that ends it. I would not treat it. I would merely keep on walking and drop the whole thing after the flash of recognition that a temptation such as this is no part of my consciousness.” ~Joel S Goldsmith

Mark 14:38 KJV

38 Watch ye and pray, lest ye enter into temptation. The spirit truly is ready, but the flesh is weak.

Matthew 4:7-10 KJV

7 Jesus said unto him, It is written again, Thou shalt not tempt the Lord thy God.

8 Again, the devil taketh him up into an exceeding high mountain, and sheweth him all the kingdoms of the world, and the glory of them;

9 And saith unto him, All these things will I give thee, if thou wilt fall down and worship me.

10 Then saith Jesus unto him, Get thee hence, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve.

Matthew 6:13 KJV

13 And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, for ever. Amen.

There is only One Reality, One Truth—God is Omnipresent. Don’t be tempted into thinking that you are in charge, or that you are somehow separated from God’s Kingdom, Power or Glory... Ever. All that the Father has is thine. Walk away from the lies. ~Al Denninger

The Daily Lesson – October 13, 2022

“Inasmuch as sin, disease, lack, and limitation are really only universal beliefs that present themselves to us for our acceptance or rejection, we must treat these by rejecting them at once. If we attach the word ‘I’ to these and say, ‘I do not feel well. I am getting a cold’ we have accepted the temptation or the suggestion, and an hour later or a day later we find ourselves showing forth the results of this acceptance. Suppose we had said, ‘Wait a minute! Where does a thing like this come from? A temptation out of universal nothingness! I will accept no thinking like that. It is no part of the law of God and it is no part of me.’ We, then, would walk on, our treatment of the belief having consisted of quickly turning away from it.” ~Joel S Goldsmith

Romans 8:5,6 KJV

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

6 For to be carnally minded is death; but to be spiritually minded is life and peace.

Ezekiel 18:31,32 KJV

31 Cast away from you all your transgressions, whereby ye have transgressed; and make you a new heart and a new spirit: for why will ye die, O house of Israel?

32 For I have no pleasure in the death of him that dieth, saith the Lord God: wherefore turn yourselves, and live ye.

Recognize appearances that are not of God as illusion – reject them immediately as false and walk away. Turn ye and Live. ~Al Denninger

The Daily Lesson – October 14, 2022

“I wish that all of us had the courage to adopt that form of treatment. When any temptation comes regarding ourselves or another, we should say, ‘Oh, no! Good-bye to you! You are temptation, suggestion, appearance; there is nothing real about you, and I am not accepting you.’ Then we would find quicker healing many times.” ~Joel S Goldsmith

Mark 8:33 KJV

33 But when he had turned about and looked on his disciples, he rebuked Peter, saying, Get thee behind me, Satan: for thou savourest not the things that be of God, but the things that be of men.

Matthew 17:14-20 KJV

14 And when they were come to the multitude, there came to him a certain man, kneeling down to him, and saying,

15 Lord, have mercy on my son: for he is lunatic, and sore vexed: for oftentimes he falleth into the fire, and oft into the water.

16 And I brought him to thy disciples, and they could not cure him.

17 Then Jesus answered and said, O faithless and perverse generation, how long shall I be with you? how long shall I suffer you? bring him hither to me.

18 And Jesus rebuked the devil; and he departed out of him: and the child was cured from that very hour.

19 Then came the disciples to Jesus apart, and said, Why could not we cast him out?

20 And Jesus said unto them, Because of your unbelief: for verily I say unto you, If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you.

A tiny grain of Faith can dissolve the nothingness of erroneous thought. Believe and be Free. ~Al Denninger

The Daily Lesson – October 15, 2022

Whenever the Call to Meditate Is Felt, Meditate

“It may be that sometimes while you are speaking to a person or lecturing to a group, you will find yourself impelled to stop in order to go into meditation for no human reason of which you are aware. It is not necessary that you know the reason for it. It is mind unfolding, and when your meditation is completed you can then go on with your talk or conversation. Do not be surprised to learn later that some need was met, some call was made at the instant you felt impelled to meditate. It may have been from someone you know, or it may not.” Joel S Goldsmith

Acts 3:1-8 KJV

- 1 Now Peter and John went up together into the temple at the hour of prayer, being the ninth hour.
- 2 And a certain man lame from his mother's womb was carried, whom they laid daily at the gate of the temple which is called Beautiful, to ask alms of them that entered into the temple;
- 3 Who seeing Peter and John about to go into the temple asked an alms.
- 4 And Peter, fastening his eyes upon him with John, said, Look on us.
- 5 And he gave heed unto them, expecting to receive something of them.
- 6 Then Peter said, Silver and gold have I none; but such as I have give I thee: In the name of Jesus Christ of Nazareth rise up and walk.
- 7 And he took him by the right hand, and lifted him up: and immediately his feet and ankle bones received strength.
- 8 And he leaping up stood, and walked, and entered with them into the temple, walking, and leaping, and praising God.

Whenever I Feel a nudge to meditate or a get call for help I stop immediately and acknowledge that I of mine own self can do nothing, it is the Spirit Within that Doeth the Works – in a Way that the-world knows not of.... Divine Love meets all needs. Most times the-world does not even see me stop... The stillness is Within. Be still and Know it. Rejoice and be grateful. ~Al Denninger

The Daily Lesson – October 16, 2022

“Doctors in hospitals frequently tell us that their patients ‘miraculously recovered’ for no reason known to materia medica. Sometimes they add that ‘somebody must have been praying.’ A patient who so recovers may know the reason, because possibly he had asked for spiritual help or had some friend or relative who was working in this way. Another patient is healed just by reaching out to his concept of God. In so doing he touched the level of consciousness of someone living the spiritual life. So, even though we may not know why, we should always respond to these inner promptings for meditation and silence.” ~Joel S Goldsmith

I Corinthians 2:14 KJV

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

John 14:17 KJV

17 Even the Spirit of truth; whom the world cannot receive, because it seeth him not, neither knoweth him: but ye know him; for he dwelleth with you, and shall be in you.

1 John 2:15 KJV

15 Love not the world, neither the things that are in the world. If any man love the world, the love of the Father is not in him.

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

John 18:36 (to :) KJV

36 Jesus answered, My kingdom is not of this world:

Matthew 6:31-33 KJV

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

II Corinthians 3:16,17 KJV

16 Nevertheless when it shall turn to the Lord, the veil shall be taken away.

17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

The principle of the healing message for Life is in these seven passages from Scripture. Copy them, keep them close, practice and Live by this Divine Message from Christ. ~Al Denninger

The Daily Lesson – October 17, 2022

“How was it possible for a man like Starr Daily, engrossed in a life of crime, suddenly to find himself so illumined as to be freed of the whole sense of sin and disease? My own thought after hearing his story was that this man, consciously or unconsciously, must have said to himself, ‘Oh, God! Isn’t there an answer to all this? Can’t I get out of this misery in some way?’ Perhaps he was thinking seriously of God as God, or as some kind of Presence that could do something.

Of this we can be sure, that in his being, there was a crying out to something that appeared to him as a protective influence, a presence of Love. In doing this, he perhaps touched the consciousness of someone praying on the level of impersonal relationship and he received an answer. I am convinced there are many people who have wonderful experiences of a spiritual nature, who do not know where they have come from; they have made a contact on this plane with someone who is praying. One does not have to be praying ‘for’ anyone; as a matter of fact, I do not think *one* can pray *for* any person. Prayer is conscious at-one-ment with God. Prayer is being in tune with the Infinite. Prayer is the realization of God disclosing and revealing Itself as an actual presence and power. While we are living in that state of consciousness, does not the infinity of God include anyone lifting himself into that consciousness which is so real in our thought? Why not?” ~Joel S Goldsmith

Psalms 34:15-17 KJV

15 The eyes of the Lord are upon the righteous, and his ears are open unto their cry.

16 The face of the Lord is against them that do evil, to cut off the remembrance of them from the earth.

17 The righteous cry, and the Lord heareth, and delivereth them out of all their troubles.

John 14:18 & 23-27 KJV

18 I will not leave you comfortless: I will come to you.

23 Jesus answered and said unto him, If a man love me, he will keep my words: and my Father will love him, and we will come unto him, and make our abode with him.

24 He that loveth me not keepeth not my sayings: and the word which ye hear is not mine, but the Father's which sent me.

25 These things have I spoken unto you, being yet present with you.

26 But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you.

27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

A change of consciousness will open a Way to God. Peace Comes to those Dwelling.
~Al Denninger

The Daily Lesson – October 18, 2022

“When a person is trying to find some kind of God or Christ—some kind of help—with his whole being, why should he not touch your level or my level of consciousness when we are in the process of realizing and touching God, here and now? This is what happens to you when a practitioner is working for you. You do not know the minute or the hour when the practitioner is at work. You are not tuned in to any personal consciousness, nor to his ‘thinking.’ You ask for help and drop the whole matter. Sometimes you put a letter to a practitioner into the mailbox, knowing that he will not receive it for a day or for several days. But you have your healing that minute, or that hour, or six hours later. Anyway, you get it long before the practitioner receives your letter. How can this happen?” ~Joel S Goldsmith

Matthew 8:5-13 KJV

5 And when Jesus was entered into Capernaum, there came unto him a centurion, beseeching him,

6 And saying, Lord, my servant lieth at home sick of the palsy, grievously tormented.

7 And Jesus saith unto him, I will come and heal him.

8 The centurion answered and said, Lord, I am not worthy that thou shouldest come under my roof: but speak the word only, and my servant shall be healed.

9 For I am a man under authority, having soldiers under me: and I say to this man, Go, and he goeth; and to another, Come, and he cometh; and to my servant, Do this, and he doeth it.

10 When Jesus heard it, he marvelled, and said to them that followed, Verily I say unto you, I have not found so great faith, no, not in Israel.

11 And I say unto you, That many shall come from the east and west, and shall sit down with Abraham, and Isaac, and Jacob, in the kingdom of heaven.

12 But the children of the kingdom shall be cast out into outer darkness: there shall be weeping and gnashing of teeth.

13 And Jesus said unto the centurion, Go thy way; and as thou hast believed, so be it done unto thee. And his servant was healed in the selfsame hour.

Romans 8:28 KJV

28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

Spiritual Healing is an impersonal Opening or Awareness and a Fulfillment of Consciousness. It has nothing to do with time or space. No personal contact is needed – or even possible in Spirit – only unconditional and impersonal Love, Trust and obedience. Nothing but Good can exist in God’s Spiritual Kingdom. And so, our Work as a patient or as a practitioner is to open an Avenue of Awareness, Spirit to Spirit, Soul to Soul. ~Al Denninger

The Daily Lesson – October 19, 2022

“What you did was to tune yourself in to your highest sense of God consciousness, which at the moment you thought of and personalized as your practitioner. Your practitioner was living in the realization that / is God, and that / is omnipresent. Wherever and whenever someone reaches out for the unfoldment and revelation of God, he touches that Christ consciousness. A practitioner does not humanly have to know you are reaching out in order for you to receive help. You may have thought you were reaching out to Mr. Jones or Mrs. Smith, but you were not! You were reaching out to the Christ. The Christ is the practitioner's developed state of consciousness.” ~Joel S Goldsmith

Matthew 6:33 (to ;) KJV

33 But seek ye first the kingdom of God, and his righteousness;

I Corinthians 2:9-12 KJV

9 But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him.

10 But God hath revealed them unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God.

11 For what man knoweth the things of a man, save the spirit of man which is in him? even so the things of God knoweth no man, but the Spirit of God.

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

Tune in and focus on God, Spirit to Spirit and Soul to Soul. Don't try to reason in thought. God is Infinitely Broadcasting His Love and Harmony – all we have to do is be Consciously Aware of It. Sure it is wonderful to be able to ask for help and lean a little here and there, but the patient and the practitioner must both inevitably - Look Up! ~Al Denninger

The Daily Lesson – October 20, 2022

“Is it not possible that someone else down the street, in the same moment that you reached out to God or to the Christ also reached out, touched the same Christ consciousness that you did, and had his healing? Neither of you made a human contact, for he may not have known of the practitioner, and your message may not yet have reached the practitioner. When you reach out to a practitioner for help, you must touch something higher than the thought or personality of the practitioner. You must touch that mind which was in Christ Jesus. That is where and when healing takes place.” ~Joel S Goldsmith

Proverbs 3:5,6 KJV

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

I Corinthians 2:12, 14 &16 But

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

16 ...But we have the mind of Christ.

We must leave behind all sense of this-world and the understanding of its ways and Trust the Spirit of God. Thy will be done... In Spirit. ~Al Denninger

The Daily Lesson – October 21, 2022

“Attain the Consciousness of God

The whole secret lies in attaining the actual consciousness, the actual feeling of God's presence. Without that feeling, we still do not have the assurance that the declarations, the affirmations, and the denials that we make are true.” ~Joel S Goldsmith

Psalms 16:11 KJV

11 Thou wilt shew me the path of life: in thy presence is fulness of joy; at thy right hand there are pleasures for evermore.

Psalms 23:1 KJV

1 The Lord is my shepherd; I shall not want.

John 15:4-6 (to;)

4 Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

6 If a man abide not in me, he is cast forth as a branch, and is withered;

“I can of mine own self do nothing, but I can do all things through Christ which strengtheneth me. Abiding... thank you Father.” ~al.within

The Daily Lesson – October 22, 2022

“You cannot fight error after you know God to be the only reality of being. You then realize that error exists as an appearance. You recognize that it exists to the ignorant sense of those not yet aware of their true identity, but that does not mean that you have to fight it. It means that you must sit at peace and realize the nothingness of it. None of this is of any importance at all—none of this truth about God and man, or about error, is of any importance—unless you get the feeling of it, unless you have the actual feeling of this Presence.” Joel S Goldsmith

Psalms 107:6-11 KJV

6 Then they cried unto the Lord in their trouble, and he delivered them out of their distresses.

7 And he led them forth by the right way, that they might go to a city of habitation.

8 Oh that men would praise the Lord for his goodness, and for his wonderful works to the children of men!

9 For he satisfieth the longing soul, and filleth the hungry soul with goodness.

10 Such as sit in darkness and in the shadow of death, being bound in affliction and iron;

11 Because they rebelled against the words of God, and contemned the counsel of the most High:

Psalms 23:4 KJV

4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.

Psalms 46:10 (to :) KJV

10 Be still, and know that I am God:

When we are distracted from Knowing and Feeling the Presence of God we can be tempted to fight the Word of God and think we know a better way. Shadows seem real and we can wear ourselves out shadow-boxing. Lies seem real and we rebel against them. We begin thinking that our solutions are in the finite world. Stop. Be still at the very moment of distraction and Know the Truth. God is Omnipresent and Comforts all that Abide in Him. ~Al Denninger

The Daily Lesson – October 23, 2022

“It is so easy to repeat: ‘My life is God. God is my life,’ and five minutes later begin to fear that you are going to die. It is an easy thing to make the affirmation: ‘I don't have to be afraid of germs, infection, or contagion. They are not power,’ and a few minutes later, it is just as easy to become afraid of those very things. The affirmations and the denials will not do the work. It is the feeling, the absolute conviction, the inner realization, and when it comes, it fills the whole body with a sense of reality, power, and dominion.”
~Joel S Goldsmith

Matthew 6:6-8 KJV

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

7 But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking.

8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

II Corinthians 3:3-6 KJV

3 Forasmuch as ye are manifestly declared to be the epistle of Christ ministered by us, written not with ink, but with the Spirit of the living God; not in tables of stone, but in fleshy tables of the heart.

4 And such trust have we through Christ to God-ward:

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

6 Who also hath made us able ministers of the new testament; not of the letter, but of the spirit: for the letter killeth, but the spirit giveth life.

Matthew 5:6 KJV

6 Blessed are they which do hunger and thirst after righteousness: for they shall be filled.

I can of mine own self do nothing, the Father within doeth the Works... My sufficiency is of You Father... And so I rest in stillness and await Your Word Father... I Trust You Father, Show me the Way... ~al.within

The Daily Lesson – October 24, 2022

“It is one thing to say to a little child, ‘Go on! Cross the street; Mother is right behind you and there is no danger.’ It is another thing for a mother to take the child's hand and walk across the street with him. In the first case, the child may or may not believe that there is no danger, or he may believe and still be afraid. But once he feels his mother's hand in his, all fear is gone. That is what I am trying to bring out. It is easy to say, ‘God is with you though you make your bed in hell.’ But there is no power in the words until you actually have felt God's presence when you are walking down the street, or going into a hospital to help someone.” ~Joel S Goldsmith

Matthew 25:34-45 Come KJV

34 ...Come, ye blessed of my Father, inherit the kingdom prepared for you from the foundation of the world:

35 For I was an hungered, and ye gave me meat: I was thirsty, and ye gave me drink: I was a stranger, and ye took me in:

36 Naked, and ye clothed me: I was sick, and ye visited me: I was in prison, and ye came unto me.

37 Then shall the righteous answer him, saying, Lord, when saw we thee an hungered, and fed thee? or thirsty, and gave thee drink?

38 When saw we thee a stranger, and took thee in? or naked, and clothed thee?

39 Or when saw we thee sick, or in prison, and came unto thee?

40 And the King shall answer and say unto them, Verily I say unto you, Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me.

41 Then shall he say also unto them on the left hand, Depart from me, ye cursed, into everlasting fire, prepared for the devil and his angels:

42 For I was an hungered, and ye gave me no meat: I was thirsty, and ye gave me no drink:

43 I was a stranger, and ye took me not in: naked, and ye clothed me not: sick, and in prison, and ye visited me not.

44 Then shall they also answer him, saying, Lord, when saw we thee an hungered, or athirst, or a stranger, or naked, or sick, or in prison, and did not minister unto thee?

45 Then shall he answer them, saying, Verily I say unto you, Inasmuch as ye did it not to one of the least of these, ye did it not to me.

Not only should we Watch for the Word and Guidance of God, but we must Be the Activity of God and become the instrument of his Love daily—even unto the least of His Children. Do you want to show someone what the Hand of God Feels like? Be God's Loving hand. ~Al Denninger

The Daily Lesson – October 25, 2022

“Your words have to be God realized, God felt. Certainly, there is no presence or power apart from God, and our assurance comes when we have felt it. Over and over people ask, ‘Do you believe in God?’ Certainly, we believe in God. But *what* do we believe? To feel God, to touch God, to have the actuality of God, is no longer to ‘believe’ in God, *This is the experience of God*. The more you feel this, the less you can talk about God. We talk about It, when we ought to be able to look right up and see It. If we could, no one would have to talk about It. It should be like that with all of us. We should be able to see It and feel It, if not with the eyes, at least with our inner sense—our intuition.” ~Joel S Goldsmith

I Corinthians 2:12-14 KJV

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

13 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

We shall Know the Truth when we begin to Feel with our Heart, See with our Soul and Discern in Spirit. The Experience of Communion is indescribable—it is Knowing beyond words and thoughts. The Practice becomes Real and there is only One Reality. ~Al Denninger

The Daily Lesson – October 26, 2022

“God is reality. In healing or in teaching, with a patient sitting before you, it is futile to make statements or recite quotations of truth for the purpose of filling or satisfying his thought. In teaching, it is futile to memorize a lot of things from books, and then go before an audience and recite things you know nothing of, things that are not a part of your consciousness.” ~Joel S Goldsmith

1 Timothy 4:13 ESV

13 Until I come, devote yourself to the public reading of Scripture, to exhortation, to teaching.

John 14:8-10 KJV

8 Philip saith unto him, Lord, shew us the Father, and it sufficeth us.

9 Jesus saith unto him, Have I been so long time with you, and yet hast thou not known me, Philip? he that hath seen me hath seen the Father; and how sayest thou then, Shew us the Father?

10 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works.

Matthew 10:20 KJV

20 For it is not ye that speak, but the Spirit of your Father which speaketh in you.

Practice the Presence, read, diligently study and meditate. Take no thought for your self, and of your own self. Be still and wait until the Father within you doeth the Works.
~Al Denninger

The Daily Lesson – October 27, 2022

“These statements are not power; they are nothing more than the words that come forth out of the human throat. They carry no substance and no essence. Sometimes, you may come to a period where you have nothing to say, where the answer is not there. Then, go within to God. And if it is best to say nothing, then say nothing. Let God do it. Let the work be done in silence. There is more power in a second of silence than in an hour of conversation. ‘The letter killeth, but the spirit giveth life.’ So, let it come through the silence, through the Spirit, rather than through words that can be made up.” ~Joel S Goldsmith

II Corinthians 3:3-6 KJV

3 Forasmuch as ye are manifestly declared to be the epistle of Christ ministered by us, written not with ink, but with the Spirit of the living God; not in tables of stone, but in fleshy tables of the heart.

4 And such trust have we through Christ to God-ward:

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

6 Who also hath made us able ministers of the new testament; not of the letter, but of the spirit: for the letter killeth, but the spirit giveth life.

This-world consciousness is thoughts, dreams and shadows, and comes to a dead end. Spiritual Consciousness is Infinite Life. Go within to God. ~Al Denninger

This concludes our study of Chapter 7 in the book “CONSCIOUSNESS UNFOLDING”

Tomorrow we begin: Chapter 8, “The Principle”