

THE DAILY LESSON

is an activity of the study group found at: www.iwso.org

The subject for our current study is the entire book

“Consciousness Unfolding”

by Joel S Goldsmith

THE DAILY LESSON, an ongoing open class by Infinite Way Teacher [Al Denninger](#), is inspired by the message of Joel S. Goldsmith. In this Book Study we delve into Joel's books paragraph by paragraph, from cover to cover. I provide Scripture supporting his entire Work and an Impartation from my daily Experience. These classes appear daily [on my website](#) and by [email subscription](#) each day, for my students to take into their daily meditations and carry with them throughout their day.

Students Note: In my teaching, the words that are capitalized throughout the work are not capitalized for emphasis. Instead, the purpose is to Lift the student into the Awareness that these words are a Synonym for, or an Activity of God. The portions that are *italicized* are spontaneous meditations.

The Daily Lesson – October 28, 2022

CHAPTER EIGHT

THE PRINCIPLE

“Some of you are becoming aware of the fact that a principle of spiritual living and spiritual healing, different from any of the approaches that have been given to you before, is being presented to you. That does not mean that the principle involved is something new. There is nothing new about it; it is the principle revealed by Jesus Christ, as set forth particularly in the Gospel of John.” ~Joel S Goldsmith

I Corinthians 2:9,10 KJV

9 But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him.

10 But God hath revealed them unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God.

John 1:6-9 KJV

6 There was a man sent from God, whose name was John.

7 The same came for a witness, to bear witness of the Light, that all men through him might believe.

8 He was not that Light, but was sent to bear witness of that Light.

9 That was the true Light, which lighteth every man that cometh into the world.

Therefore, take no thought for the things of this-world. Bear witness to the deep things of God—the Light that is available for every man to find. Look Up! ~Al Denninger

The Daily Lesson – October 29, 2022

“In this principle, it becomes clear to us that we do not judge the spiritual world by looking out upon the human world. Rather, we come into an awareness of what the spiritual world is, through looking out from God. ‘My kingdom is not of this world.’ There is no way to judge the spiritual kingdom by looking at the appearance. When Jesus spoke of ‘the meat to eat that ye know not of and of the living water, we know that he was showing forth an inner principle, one which those of the world know not, for ‘having eyes, see ye not? and having ears, hear ye not?’ Yet this is the principle which is capable of feeding, protecting, sustaining, and maintaining us.” ~Joel S Goldsmith

John 7:24 KJV

24 Judge not according to the appearance, but judge righteous judgment.

I Corinthians 2:14,15 KJV

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

15 But he that is spiritual judgeth all things, yet he himself is judged of no man.

Mark 8:14-21 KJV

14 Now the disciples had forgotten to take bread, neither had they in the ship with them more than one loaf.

15 And he charged them, saying, Take heed, beware of the leaven of the Pharisees, and of the leaven of Herod.

16 And they reasoned among themselves, saying, It is because we have no bread.

17 And when Jesus knew it, he saith unto them, Why reason ye, because ye have no bread? perceive ye not yet, neither understand? have ye your heart yet hardened?

18 Having eyes, see ye not? and having ears, hear ye not? and do ye not remember?

19 When I brake the five loaves among five thousand, how many baskets full of fragments took ye up? They say unto him, Twelve.

20 And when the seven among four thousand, how many baskets full of fragments took ye up? And they said, Seven.

21 And he said unto them, How is it that ye do not understand?

Judge not according to appearances, for appearances are seeing amiss. Seek ye first the Kingdom of God where it may be found—Spirit to Spirit, Soul to Soul. ~Al Denninger

The Daily Lesson – October 30, 2022

“In this approach to spiritual living and demonstration, we stay with the word God whenever we are called upon for help. We forget, immediately, the name, the body, and the disease of the so-called patient and jump at once to the word God and then go on from there. When we turn to the word God, we say, ‘What is God?’ The answer may come back, ‘God is life eternal. God is Spirit, therefore incorporeal, and without material embodiment. God is Soul. God is law.’

The moment that we begin to catch a slight vision of what God is, we go out from there and realize:

All that God is, I am. Therefore, am I not as incorporeal—as un-material—as God? I am as immortal and as eternal in my present embodiment as God is, since God does not cast off any embodiment or body.” ~Joel S Goldsmith

John 1:15-17 KJV

15 John bare witness of him, and cried, saying, This was he of whom I spake, He that cometh after me is preferred before me: for he was before me.

16 And of his fulness have all we received, and grace for grace.

17 For the law was given by Moses, but grace and truth came by Jesus Christ.

Luke 15:31 KJV

31 And he said unto him, Son, thou art ever with me, and all that I have is thine.

I can of mine own self do nothing—the Father within doeth the works... All that I Am, thou art... And all that Thou Art, I Am... There is no way I can Realize this while under corporeal law and in carnal thought that is finite... The I that I Am is Realized in direct proportion to the Knowing that I and My Father are One... I Am is Felt Spirit to Spirit, Soul to Soul and Grace for Grace... Thank you Father..... ~al.within

The Daily Lesson – October 31, 2022

“If you stay in that line of consciousness, how can you accept any teaching which believes that there is a body left behind to be buried, while it—consciousness—continues to live? We are not looking at you and tracing you back to God. We are looking at God and tracing God forward to you. When we succeed in doing that, we find you to be as infinite, immortal, spiritual, incorporeal, as God Itself. When we do that, we see that we cannot leave anything; there is no place for us to go, nor anything for us to leave; we are always here as part of our own consciousness.” ~Joel S Goldsmith

Colossians 1:16-19 KJV

16 For by him were all things created, that are in heaven, and that are in earth, visible and invisible, whether they be thrones, or dominions, or principalities, or powers: all things were created by him, and for him:

17 And he is before all things, and by him all things consist.

18 And he is the head of the body, the church: who is the beginning, the firstborn from the dead; that in all things he might have the preeminence.

19 For it pleased the Father that in him should all fulness dwell;

Matthew 6:10 KJV

10 Thy kingdom come. Thy will be done in earth, as it is in heaven.

John 15:5 (KJV)

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

Revelation 22:13,14 (to 2nd ,) KJV

13 I am Alpha and Omega, the beginning and the end, the first and the last.

14 Blessed are they that do his commandments, that they may have right to the tree of life,

The Kingdom of God Is come. It is All-knowing, All-powerful and Always-present.... Therefore, I Am included in Omnipresence... My Life is God's Expression... Nothing else can be... ~Al Denninger

The Daily Lesson – November 1, 2022

“We cannot mix this approach with any former approach. We stand whole-heartedly with the teaching of Jesus: ‘I am the way, the truth, and the life.’ All that I am as consciousness, my body is. Therefore, I can present my body to you, even after you crucify it. I can produce it for you, not as a ghost-body, but as it is, even with the nail wounds in it. A ghost has not flesh and blood as I have.’ In this approach, your body is really the idea or the reflection or the expression of the consciousness which you are. You are consciousness, and your body is its image and likeness. That is why, when you see me you say, ‘That looks like Joel Goldsmith.’ Certainly, my body is expressing exactly my state of consciousness. If my state of consciousness rises higher, closer to the Christ consciousness, my body will show forth a better appearance. The outer is the reflection of the inner. The inner is the real I, while the outer is the image or reflection or expression of it.” ~Joel S Goldsmith

Matthew 6:24-33 KJV

24 No man can serve two masters: for either he will hate the one, and love the other; or else he will hold to the one, and despise the other. Ye cannot serve God and mammon.

25 Therefore I say unto you, Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment?

26 Behold the fowls of the air: for they sow not, neither do they reap, nor gather into barns; yet your heavenly Father feedeth them. Are ye not much better than they?

27 Which of you by taking thought can add one cubit unto his stature?

28 And why take ye thought for raiment? Consider the lilies of the field, how they grow; they toil not, neither do they spin:

29 And yet I say unto you, That even Solomon in all his glory was not arrayed like one of these.

30 Wherefore, if God so clothe the grass of the field, which to-day is, and to-morrow is cast into the oven, shall he not much more clothe you, O ye of little faith?

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

I Am God’s Individual Expression. Any other thought is in error—a lie. Seek the Inner I and Know the Truth. I Am the Way, walk ye in it. ~Al Denninger

The Daily Lesson – November 2, 2022

“When we have a problem, we sit down and know the truth. Knowing the truth is a different process from making statements *about* the truth. For instance, someone may come to us and tell us that he has a heart condition. Our response is, ‘All right, what is the truth about this situation? What is the difficulty we are dealing with?’ Then, beginning with God, we realize:

God is life eternal, Spirit, incorporeal. In consciousness, there is no such thing as a physical body, or an organ called a heart. Whatever is appearing as a heart or other organ is but the material or mortal concept of some divine idea or activity of life, of God Itself. God is the creative principle of Its own Being, and this Being is as spiritual as It, Itself. Therefore, all formation, all expression, must be as spiritual as the mind that conceives it.” ~Joel S Goldsmith

John 8:32 KJV

32 And ye shall know the truth, and the truth shall make you free.

I Corinthians 6:19 KJV

19 What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?

The Truth is: there is, never was and never will be a separation from God. Only thinking makes it seem so. Stop trying to think your way to success—you never left. ~Al Denninger

The Daily Lesson – November 3, 2022

“That which mind conceives never can turn around and control mind. No formation of life can destroy life. So, if heart exists as some divine idea created by God through the instrument of the mind, how can it turn around and destroy the mind that made it? Always the action, the jurisdiction, the law, is in the mind controlling whatever it causes. Therefore, heart cannot be a law to God, to mind, to life, to the consciousness which formed it. God, the consciousness of the individual, is the law unto Its creation. This includes body as well as its organs and functions.” ~Joel S Goldsmith

Genesis 1:26 (to :) KJV

26 And God said, Let us make man in our image, after our likeness:

John 10:30 KJV

30 I and my Father are one.

I Corinthians 2:15,16 KJV

15 But he that is spiritual judgeth all things, yet he himself is judged of no man.

16 For who hath known the mind of the Lord, that he may instruct him? But we have the mind of Christ.

If God is Omnipresent, then can we stand separate or alone? There is One Divine Source and Creator, over all, and in all. One in Its nature, and Its Life, truth and Love.
~Al Denninger

The Daily Lesson – November 4, 2022

“Now that we have recognized this truth, we sit in our silence for a little while and let it take hold in our consciousness until we feel the answering ‘click.’ That is our treatment: knowing the truth and feeling that oneness with God. We do not say, ‘Heart doesn't do this, or heart can't do that.’ We do not make a lot of statements. We forget the whole thing, unless six or twenty hours later we have not felt the benefit of it. In that event, we may sit down and ask, ‘What point of the realization have I missed?’ Perhaps we go through a little mental process of realization, of knowing the truth, but then we let it alone.” ~Joel S Goldsmith

Psalms 25:4,5 KJV

4 Shew me thy ways, O Lord; teach me thy paths.

5 Lead me in thy truth, and teach me: for thou art the God of my salvation; on thee do I wait all the day.

Isaiah 40:31 KJV

31 But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

John 8:31,32 KJV

31 Then said Jesus to those Jews which believed on him, If ye continue in my word, then are ye my disciples indeed;

32 And ye shall know the truth, and the truth shall make you free.

Father, I Know that I can do nothing of mine own self... I will wait on Your Word to Move me... There is a secret place that I rest and Know Your Presence... I Know not to wait for any physical notions, but I Wait upon the Feeling of Righteousness and Truth—the internal Realization beyond words and thoughts—the Peace that passeth understanding... I am Present... ... Speak Lord, thy servant heareth. ~al.within

The Daily Lesson – November 5, 2022

“If you try to mix this teaching with the teachings in which affirmation and denial are used as healing agencies, it will not work. Do not misunderstand me when I say this. I am not saying that those approaches are wrong, and never do I say, ‘This is better than that.’ Only this do I say, ‘Please try not to *mix* these different teachings.’ If you want this principle and teaching to work in your life, clear out the things which may conflict with it, and give it an opportunity to develop within you. Then if it is not your teaching, you will have to find another.” ~Joel S Goldsmith

John 7:16,17 KJV

16 Jesus answered them, and said, My doctrine is not mine, but his that sent me.

17 If any man will do his will, he shall know of the doctrine, whether it be of God, or whether I speak of myself.

Colossians 3:15,16 KJV

15 And let the peace of God rule in your hearts, to the which also ye are called in one body; and be ye thankful.

16 Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.

John 6:45 KJV

45 It is written in the prophets, And they shall be all taught of God. Every man therefore that hath heard, and hath learned of the Father, cometh unto me.

Teachers are God’s Instruments, and teachings are unique to the teacher. Each seems to have a different focus on God’s Infinite Expression. Find one that works for you and stay with it. Mixing teachings will just prolong your progress. God is the Teacher, be still and Listen. ~Al Denninger

The Daily Lesson – November 6, 2022

“This is not a truth that I claim to have discovered, but it is a way of life that I have travelled, through twenty-eight years of work, watching the principle in operation during that time. Now in speaking and writing about it, I am giving you the opportunity of trying it for yourselves. All you need do is to open your consciousness to God. God reveals to you the path in which you should go. Then stay on that particular path as long as it proves to be your way.” ~Joel s Goldsmith

Psalms 119:10-16 KJV

10 With my whole heart have I sought thee: O let me not wander from thy commandments.

11 Thy word have I hid in mine heart, that I might not sin against thee.

12 Blessed art thou, O Lord: teach me thy statutes.

13 With my lips have I declared all the judgments of thy mouth.

14 I have rejoiced in the way of thy testimonies, as much as in all riches.

15 I will meditate in thy precepts, and have respect unto thy ways.

16 I will delight myself in thy statutes: I will not forget thy word.

James 3:17 KJV

17 But the wisdom that is from above is first pure, then peaceable, gentle, and easy to be entreated, full of mercy and good fruits, without partiality, and without hypocrisy.

Hebrews 4:12 KJV

12 For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.

Luke 6:40 ESV

40 A disciple is not above his teacher, but everyone when he is fully trained will be like his teacher.

Dearest Friends and Disciples of Christ,

I too have watched and Witnessed the Principle of Truth being Revealed for decades. During this time, I have written and shared my Experiences and Life with you daily. And now you too, have the opportunity to Open out a Way for the Imprisoned Splendor to be Revealed to others through You. From this Work, there are now more than a handful of new Practitioners and or Teachers, one just today, that have discovered the Principle of selfless Giving. As said by Jesus in Matthew, “freely ye have received, freely Give”. Keep your feet firmly planted on Holy Ground and Let the Word of God Fill your mouth and hands with His Work for You.... Be His Instrument. ~Al Denninger

The Daily Lesson – November 7, 2022

“In our approach we begin with the word God. Whatever we discover God and Its image and likeness to be, or the individualization of God to be, we acknowledge that, and then we soon begin to understand what we are, what mind is, and what expression is. Through this, we come to understand what we mean when we speak of prayer and treatment.” ~Joel S Goldsmith

Matthew 6:33 KJV

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

John 6:45,46 KJV

45 It is written in the prophets, And they shall be all taught of God. Every man therefore that hath heard, and hath learned of the Father, cometh unto me.

46 Not that any man hath seen the Father, save he which is of God, he hath seen the Father.

Psalms 91:1 KJV

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

Follow God's Direction, take no thought for the things of this-world and Acknowledge God in all thy Ways. Acknowledge Omnipresence. ~Al Denninger

The Daily Lesson – November 8, 2022

“The procedure I have described above regarding the heart condition was a treatment. But the sitting in silence and listening gave us the inner awareness and inner confidence. When that comes from God, that is really the prayer or the ‘clinging’ part of the treatment, and that is the part which is effective. While you are working in this way, look to God and you will find the principle. Look out from God to you, and then see that all that God is, you are.” ~Joel S Goldsmith

Matthew 6:6 KJV

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

Ephesians 3:14-19 KJV

14 For this cause I bow my knees unto the Father of our Lord Jesus Christ,

15 Of whom the whole family in heaven and earth is named,

16 That he would grant you, according to the riches of his glory, to be strengthened with might by his Spirit in the inner man;

17 That Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love,

18 May be able to comprehend with all saints what is the breadth, and length, and depth, and height;

19 And to know the love of Christ, which passeth knowledge, that ye might be filled with all the fulness of God.

II Corinthians 9:8 KJV

8 And God is able to make all grace abound toward you; that ye, always having all sufficiency in all things, may abound to every good work:

Be still and Know.... Know that there is never a separation from God... Know that All that the Father hath is thine—beyond words and thoughts—forever grounded in His Love... Thank you Father... al.within

The Daily Lesson – November 9, 2022

Spiritual Integrity

“Do not think, for a moment, that you can go far on this path and still lead a completely personal life. Do not think, for one moment, that once you have touched this path, you can ever go back to your old ways of living. If you should attempt to do this, you will lose the way. From the moment you touch this path, part of you is dedicated to God, part of your conscious thinking is dedicated to God. If you allow yourself to indulge in sensuousness, in hate or in fear, you are coming down from your own developed state of consciousness. You then live lower than your actual state of consciousness, and living below the level of your own consciousness is a sin against the Holy Ghost.” ~Joel S Goldsmith

I Corinthians 6:19,20 KJV

19 What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?

20 For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's.

Romans 8:5-10 KJV

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

6 For to be carnally minded is death; but to be spiritually minded is life and peace.

7 Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be.

8 So then they that are in the flesh cannot please God.

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

10 And if Christ be in you, the body is dead because of sin; but the Spirit is life because of righteousness.

We get to choose the level of Spiritual Integrity we wish to dedicate ourselves to. In Romans 8:9 it says that we are in the Spirit “if so be” God Dwells in us—so we must Dwell... If so be we become distracted into thinking for ourselves we are lost in this-world’s limitations. Dedicate your life to Dwelling. ~Al Denninger

The Daily Lesson – November 10, 2022

“It is characteristic of the person knowing nothing about the Christ or Its meaning, to indulge his personal sense of greed, love, hate, or fear. He can be forgiven for that—if he knows no better! But the moment that you realize that the Christ of you is a leavening influence throughout the world, and then do not hold that light in your consciousness and do not live according to that light in your own being, you must reap the result.” ~Joel S Goldsmith

Galations 6:1-8 KJV

- 1 Brethren, if a man be overtaken in a fault, ye which are spiritual, restore such an one in the spirit of meekness; considering thyself, lest thou also be tempted.
- 2 Bear ye one another's burdens, and so fulfil the law of Christ.
- 3 For if a man think himself to be something, when he is nothing, he deceiveth himself.
- 4 But let every man prove his own work, and then shall he have rejoicing in himself alone, and not in another.
- 5 For every man shall bear his own burden.
- 6 Let him that is taught in the word communicate unto him that teacheth in all good things.
- 7 Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap.
- 8 For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.

Above all, Be Love Loving—even unto yourself. But stay focused on God and Be about His Business, lest ye not stumble and reap what ye have sown. ~Al Denninger

The Daily Lesson – November 11, 2022

“In a measure, everyone who takes this path must feel himself called upon to live on a higher plane of consciousness than he did before. He cannot permit himself to indulge in the same degree of hate, fear, animosity, jealousy, or infidelity. In an ever increasing degree, he must check himself and remind himself, ‘No, I am maintaining this light. I have achieved a certain degree of enlightenment and I must hold that light for the benefit of the world and for myself. I cannot come down and indulge the lower instincts of existence.’” ~Joel S Goldsmith

Hebrews 12:13,14 KJV

13 And make straight paths for your feet, lest that which is lame be turned out of the way; but let it rather be healed.

14 Follow peace with all men, and holiness, without which no man shall see the Lord:

II Peter 3:17,18 KJV

17 Ye therefore, beloved, seeing ye know these things before, beware lest ye also, being led away with the error of the wicked, fall from your own stedfastness.

18 But grow in grace, and in the knowledge of our Lord and Saviour Jesus Christ. To him be glory both now and for ever. Amen.

Matthew 5:16 KJV

16 Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

Start in the beginning, and with dedicated practice all will be Enlightened. Hold up the Light and maintain it. Be a beacon for Truth, no matter what distraction seems to appear in your way. Appearances are lies and not worthy of our recognition. Be positive, persistent and patient and stay on the straight and narrow path to perfection. ~Al Denninger

The Daily Lesson – November 12, 2022

“I can assure you, too, that as you go higher on this path, as you reach that place where you begin to practice this, it becomes more and more apparent that you cannot live your life unto yourself, your friends, or even your family. Your life must be lived unto Christ. That becomes the first consideration and the last, and if other demands are made upon you, sooner or later you must break loose from them. These other demands may be understandable until you reach that place where you are being called upon for help.”
~Joel S Goldsmith

Galations 2:16 & 20 nevertheless KJV

16 Knowing that a man is not justified by the works of the law, but by the faith of Jesus Christ, even we have believed in Jesus Christ, that we might be justified by the faith of Christ, and not by the works of the law: for by the works of the law shall no flesh be justified.

20 ...nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me.

I John 4:7-11 KJV

7 Beloved, let us love one another: for love is of God; and every one that loveth is born of God, and knoweth God.

8 He that loveth not knoweth not God; for God is love.

9 In this was manifested the love of God toward us, because that God sent his only begotten Son into the world, that we might live through him.

10 Herein is love, not that we loved God, but that he loved us, and sent his Son to be the propitiation for our sins.

11 Beloved, if God so loved us, we ought also to love one another.

Matthew 10:8 freely KJV

8 ...freely ye have received, freely give.

Love is not a one way street. It must flow freely where It wants to Be. Break the chains of this-world self. Be the Activity of Love Loving. ~Al Denninger

The Daily Lesson – November 13, 2022

“We must become less and less concerned with giving ourselves treatments or help for supply or health. If we catch this light clearly enough, however, we shall never be without supply or health. But the error lies in taking thought for the things of this world and attempting to use this truth for personal gain. As we come to this place of spiritual unfoldment, we let all things be added to us. We do not sit down and do mental work for ourselves. We sit and consciously realize that this light is the light of the world. Our responsibility is to live as nearly as we can in accordance with our highest unfolded sense of light. Our responsibility is not to think of ourselves in personal terms, but in terms of maintaining the integrity of the message, and to let that do the work.” ~Joel S Goldsmith

Matthew 6:8 your KJV

8 ...your Father knoweth what things ye have need of, before ye ask him.

Matthew 6:31-33 KJV

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

John 7:16-18 KJV

16 Jesus answered them, and said, My doctrine is not mine, but his that sent me.

17 If any man will do his will, he shall know of the doctrine, whether it be of God, or whether I speak of myself.

18 He that speaketh of himself seeketh his own glory: but he that seeketh his glory that sent him, the same is true, and no unrighteousness is in him.

The things of this-world are only temporary distractions. If God is Omnipresent there is no you alone to act—only God individually Expressed As. Know ye not that ye are the Temple of the Living God? Trust the Lord with all thy Heart and Let His will be done in you, of you and As You for His Glory. Choose to Live in your highest sense of integrity.
~Al Denninger

The Daily Lesson – November 14, 2022

“Think, for example, of addressing a group of businessmen, telling them about the principle that operates in business, and then having these men learn later that the person who has talked so glibly about principle has been cheating his neighbour. It does not work! Even without concrete evidence of dishonesty, the men to whom you might talk would sense it. One cannot stand up in this work living a lie and not have it reflected outwardly in some form. Inevitably, it becomes known.” ~Joel S Goldsmith

Galations 6:7,8 KJV

7 Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap.

8 For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.

As you sow, so shall you reap. Cheating and deceiving can never harvest harmony. Sow in error and reap corruption, so living in a sense of separation from God has its own reward. Standing in Truth has no knowledge of good versus evil. ~Al Denninger

The Daily Lesson – November 15, 2022

“Yet this does not mean that every one of us who has dedicated his life to this work has attained perfect Christhood. It means only that, in so far as motive, intent, or purpose is concerned, we live as close to this integrity as we know how. In this work, we cannot live a lie without having those we are teaching, or those to whom we are speaking or lecturing, sense it. Therefore, from the beginning, from this minute, every time you find yourself tempted to indulge in some of the lower, negative, human forms, try to lift yourself up out of it in the realization: ‘This is no longer my life to do with as I choose; this is the life of Christ, which is being lived for the world, to show forth the benefits of It.’ In this way, keep lifting yourself higher and higher in consciousness.” ~Joel S Goldsmith

Matthew 7:13,14 KJV

13 Enter ye in at the strait gate: for wide is the gate, and broad is the way, that leadeth to destruction, and many there be which go in thereat:

14 Because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it.

John 7:24 KJV

24 Judge not according to the appearance, but judge righteous judgment.

Luke 13:24 (to :) KJV

24 Strive to enter in at the strait gate:

Jeremiah 29:13 KJV

13 And ye shall seek me, and find me, when ye shall search for me with all your heart.

If you have been given orders from Above to be a Servant, try to stay focused and not let yourself be distracted by tempting appearances. As you strive and dedicate your Life to The Father’s Business, others will See, Feel and Know it—and in turn—also be Lifted. Stay focused. Look Onward and Upward. ~Al Denninger

The Daily Lesson – November 16, 2022

“You can see, I trust, that in following this line of work and this mode of living, your own individual affairs will prosper, physically, mentally, morally, and financially. Yet, only as added things! Only as an out-picturing of your improved state of consciousness. Remember that the main purpose of the life you are living from this time forth, is not to improve your particular state of living with no regard for the rest of the world, but to show that your life improves as the natural unfoldment of your state of consciousness.”
~Joel S Goldsmith

Romans 8:28 KJV

28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

Harmony and abundance is the natural state of Grace and is Realized in direct proportion to our altitude of consciousness. Look Up! ~Al Denninger

The Daily Lesson – November 17, 2022

“Becoming Instruments for the Divine Plan

As this unfoldment of consciousness continues, and as you turn within, you will find that God is, and that *God is Spirit*. You will find that there is a spiritual universe and a spiritual plan for that universe. Humanly, we are not living the spiritual plan; humanly, we are not a part of the divine plan. Humanly, we have separated ourselves from God. In fact, separation from the divine plan constitutes our humanhood! If we but give up our humanhood, we are no longer a part of birth, maturity, age, death, and decay: We are then part of the infinite and eternal plan, in which we can play our part unto eternity.”
~Joel S Goldsmith

Romans 8:5-11 KJV

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

6 For to be carnally minded is death; but to be spiritually minded is life and peace.

7 Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be.

8 So then they that are in the flesh cannot please God.

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

10 And if Christ be in you, the body is dead because of sin; but the Spirit is life because of righteousness.

11 But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you.

Humanly, or with the carnal mind, we are tempted to accept a life with the knowledge of good and evil—here one minute and gone the next. This mind and body is what Jesus called dead or a fragile body that is limited to the so-called birth, death and consequences of this-world and cannot see beyond that. As we learn to be still, surrender this human belief and open an avenue of elevated consciousness we will begin to See through the mist of carnal temptation and Realize our original True Creation in Spirit, In and As, the Divine Image and Likeness of God with a Spiritual Consciousness that Paul described to the Corinthians as the Mind of Christ. Or, in other words, Seek ye first the Kingdom of God and Dwell there. ~Al Denninger

The Daily Lesson – November 18, 2022

“Now, as you turn in this life to your individual consciousness unfolding as your life, you find that you are being used more and more for a spiritual purpose. Experiences like these will come to you: You may find yourself awakening in the middle of the night, unable to go back to sleep. If you are wise and if you are earnestly following this way, you will jump up, wash your face and hands, sit down in a chair, and say, ‘All right, Father, here I am.’ Sit there in peace and quiet; let the Father work out Its plan through your consciousness. At that moment, you may, and then again you may not, know what part you are to play in the divine plan. Even though that may not be revealed to you at this time, something is being worked out on the spiritual level of consciousness, something is taking place when you are awakened at night. Do not dismiss such wakefulness as mere insomnia. Realize that it is a call from God and get up so as to make yourself available as an instrument. This may not happen only at night; it may happen in the middle of the day, and when it does, be willing to go off into a corner as soon as you can to realize your oneness with God:

All that God is, I am. My oneness with God constitutes my oneness with the entire universe. Therefore, I am an instrument for all the good of God, and it flows out to all who are reaching out for it.” ~Joel S Goldsmith

Romans 8:14 & 28 KJV

14 For as many as are led by the Spirit of God, they are the sons of God.

28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

Father, I of mine own self do nothing... It is always You within Me doing the Works.... I can Feel the Calling according to Thy Purpose.... I sit in silence and open an avenue of Awareness of Your Presence... All that I have is Thine.... All that Thou hast is Mine... I Listen for Thy Still Voice that Thunders in my Soul... May the Work be Recognized as Yours and not mine! ~al.within

Be Still, Open the door and Be willing to be Led. ~Al Denninger

The Daily Lesson – November 19, 2022

“You become an instrument of the divine plan in proportion as you accept the call that comes to you from within. You will know it when it comes; you will not mistake it. It is a pull, a tug, sometimes even a physical tug. You will recognize it as a call to go off by yourself and sit down to meditate. It may have something to do with your own affairs and may result in your receiving some healing, warning, guidance, cautioning, or preparation, or it may have nothing to do with you. It may be the activity of the divine plan in operation.” ~Joel S Goldsmith

Ephesians 1:8-12 KJV

8 Wherein he hath abounded toward us in all wisdom and prudence;

9 Having made known unto us the mystery of his will, according to his good pleasure which he hath purposed in himself:

10 That in the dispensation of the fulness of times he might gather together in one all things in Christ, both which are in heaven, and which are on earth; even in him:

11 In whom also we have obtained an inheritance, being predestinated according to the purpose of him who worketh all things after the counsel of his own will:

12 That we should be to the praise of his glory, who first trusted in Christ.

When the nudge Comes, it will change everything. Be grateful, be patient and be most dedicated to the Directions Given you from Above. You may only Hear It once, or rarely, but you will never forget the Feeling of Love and Oneness in that moment of Awareness. Trust your mission—and accept it—and stay with it. You may not Know exactly what the entire mission is at first, but move in that direction. Stop often to meditate on it and await further direction. God will be with you Always, with everything you will need to perform His Work and Be His Love. It is for His Glory. ~Al Denninger

The Daily Lesson – November 20, 2022

“This book began with the statement that God is infinite, divine consciousness, unfolding, disclosing, revealing Itself, manifesting and expressing Itself as your individual consciousness. Then, is it not a normal and natural thing to know and to realize that the God, which is your individual consciousness, is ‘about the Father’s business,’ not only for you, but for the whole universe? How can God be your mind, and your mind be continuously engaged only in concern about your personal affairs? If you accept God as the divine, infinite, universal consciousness, acting, operating, and appearing as your individual consciousness, then be prepared to have your consciousness serve a purpose for the benefit of mankind. This work is the surrender of the self to the universal Self. It is the surrender of one’s personal sense of life to the purpose of the divine life.” ~Joel S Goldsmith

Romans 8:16 (KJV)

16 The Spirit itself beareth witness with our spirit, that we are the children of God:

Galations 2:20 nevertheless (to 3rd ,) (KJV)

20 ...nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me,

II Timothy 1:7&9 KJV

7 For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

9 Who hath saved us, and called us with an holy calling, not according to our works, but according to his own purpose and grace, which was given us in Christ Jesus before the world began,

Matthew 6:31-33 KJV

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

I can of mine own self do nothing. It is You Father, the Spirit within, that Doeth the Works... I surrender my thoughts to be Filled with Your Love and Direction, and I give my life to Your Service, Father... Show me how to Love without condition according to Your Works..... Thy servant heareth..... ~Al Denninger

The Daily Lesson – November 21, 2022

“Let us begin to realize a little more fully the statement we have used as our banner: God is infinite consciousness, infinitely disclosing, unfolding, revealing, expressing, and manifesting Itself as our individual consciousness. Let us begin to see what is expected of us who have the mind of Christ Jesus. Can we be personal or limited after that? If it is really true that God is our mind, how are we acting out here in the world? Are we humanly living up to that consciousness which we are?” ~Joel S Goldsmith

II Corinthians 3:3-6 KJV

3 Forasmuch as ye are manifestly declared to be the epistle of Christ ministered by us, written not with ink, but with the Spirit of the living God; not in tables of stone, but in fleshy tables of the heart.

4 And such trust have we through Christ to God-ward:

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

6 Who also hath made us able ministers of the new testament; not of the letter, but of the spirit: for the letter killeth, but the spirit giveth life.

I John 3:2 KJV

2 Beloved, now are we the sons of God, and it doth not yet appear what we shall be: but we know that, when he shall appear, we shall be like him; for we shall see him as he is.

I Corinthians 2:12-16

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

13 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

15 But he that is spiritual judgeth all things, yet he himself is judged of no man.

16 For who hath known the mind of the Lord, that he may instruct him? But we have the mind of Christ.

The personal consciousness of the natural man is finite and so it accepts limitation and that is all it can see. God put His Spirit in us, and in doing so, we are His Life Expressed. There is no separate life sufficient unto itself—or thinking for itself. In the Kingdom of God there is Only One Life, One Love, One Mind, Infinitely Expressed As.
~Al Denninger

The Daily Lesson – November 22, 2022

“Why do you think that we are in the world, if God is our individual consciousness? Is it too much to expect another Jesus on earth when every one of us has ‘the mind that was in Christ Jesus?’ ‘We could have twenty or thirty people with the mind of Christ Jesus, if enough of us could realize:

I am not living a little, personal, finite life. Inasmuch as God is expressing Itself as my life, as my being, as my consciousness, then infinity is flowing out from me. Anyone in the world who touches me, is automatically healed or reformed because of that touch—because God is disclosing, unfolding, revealing Itself, and is appearing as my individual consciousness.” ~Joel S Goldsmith

John 14:12-19 KJV

12 Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father.

13 And whatsoever ye shall ask in my name, that will I do, that the Father may be glorified in the Son.

14 If ye shall ask any thing in my name, I will do it.

15 If ye love me, keep my commandments.

16 And I will pray the Father, and he shall give you another Comforter, that he may abide with you for ever;

17 Even the Spirit of truth; whom the world cannot receive, because it seeth him not, neither knoweth him: but ye know him; for he dwelleth with you, and shall be in you.

18 I will not leave you comfortless: I will come to you.

19 Yet a little while, and the world seeth me no more; but ye see me: because I live, ye shall live also.

I Live, and ye Live also. ~Al Denninger

The Daily Lesson – November 23, 2022

“Why should not a person be able to touch God and be healed and reformed? And if God is our individual consciousness, why should not coming within range of our consciousness produce this healing influence? Is that not the teaching of Jesus Christ in the New Testament? How could a woman who pressed through the throng and touched the hem of his robe be healed? Was it because of Jesus? No, he said, ‘It is the Father within who doeth the works.’ He knew that God was the infinite awareness, the infinite consciousness, of his being.” ~Joel S Goldsmith

John 14:5-11 KJV

5 Thomas saith unto him, Lord, we know not whither thou goest; and how can we know the way?

6 Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me.

7 If ye had known me, ye should have known my Father also: and from henceforth ye know him, and have seen him.

8 Philip saith unto him, Lord, shew us the Father, and it sufficeth us.

9 Jesus saith unto him, Have I been so long time with you, and yet hast thou not known me, Philip? he that hath seen me hath seen the Father; and how sayest thou then, Shew us the Father?

10 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works.

11 Believe me that I am in the Father, and the Father in me: or else believe me for the very works' sake.

John 15:4,5 KJV

4 Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

Jesus said, “I can of mine own self do nothing”, and “The Father within, He doeth the Works”. I usually start my meditations with this Truth, and go on from there...In whatever direction I am Led. Be still now and Abide in Him—He is closer than breathing, nearer than hands and feet. ~Al Denninger

The Daily Lesson – November 24, 2022

“Do you see what we are doing to ourselves as we continue in our selfish, personal way of life, living only unto ourselves, our friends, and our families? Do you not see that we have set limitations on ourselves? We should have learned that God is individual mind, the only mind of this universe, and that we should persist in our efforts to leave behind our selfish mode of life and accept infinity as the measure of our life. Whose fault is it that we have not accepted this? Ours! Instead of taking books and using them as textbooks for a greater understanding, we have read them with the superstitious hope that by the time we have finished them, we would be healed. How many times have we been told, ‘If you will just read this book long enough, you will get your healing,’ or, ‘If you will learn the affirmations in this book, you will be healed?’ That is what has been happening; but if instead of that, we were to take a book and say, ‘What statement of truth is here that is the truth of my being?’ We would find truth in every book we read.”
~Joel S Goldsmith

II Corinthians 3:13-18 KJV

13 And not as Moses, which put a veil over his face, that the children of Israel could not stedfastly look to the end of that which is abolished:

14 But their minds were blinded: for until this day remaineth the same veil untaken away in the reading of the old testament; which veil is done away in Christ.

15 But even unto this day, when Moses is read, the veil is upon their heart.

16 Nevertheless when it shall turn to the Lord, the veil shall be taken away.

17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

18 But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.

II Corinthians 3:6 KJV

6 Who also hath made us able ministers of the new testament; not of the letter, but of the spirit: for the letter killeth, but the spirit giveth life.

Focusing on this-world for our solutions, our supply and our good is a dead end. Jesus said His Kingdom was not of this-world. Leave your nets and follow Him. ~Al Denninger

The Daily Lesson – November 25, 2022

“We do not even have to go so far. Emerson told us that God is the universal mind, that this mind is the mind of individual man, and that every man is an inlet to that same mind, and to all of the same. That is what we are saying here. We are the inlet and the outlet for the whole of the activity of the mind of God. So, if you speak of the mind that was in Christ Jesus, you have really spoken of your mind, your Soul, your consciousness.” ~Joel S Goldsmith

Luke 17:21 KJV

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

John 15:4,5,8 & 9 KJV

4 Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

8 Herein is my Father glorified, that ye bear much fruit; so shall ye be my disciples.

9 As the Father hath loved me, so have I loved you: continue ye in my love.

Luke 12:11,12 KJV

11 And when they bring you unto the synagogues, and unto magistrates, and powers, take ye no thought how or what thing ye shall answer, or what ye shall say:

12 For the Holy Ghost shall teach you in the same hour what ye ought to say.

Freely ye have received, freely Give. Continue ye in God's Love. ~Al Denninger

The Daily Lesson – November 26, 2022

“Therefore, if you think that Jesus could heal and reform on this earth, you should know that you, yourself, should be able to do the same, since the same mind that was in him is in you. Of course, only to the degree that we have overcome physical sense, is the mind of God our mind. It could not function for us as demonstration, or as an activity or avenue of demonstration, except in proportion as we individually have become purged of personal sense, that is, of our hate, love, and fear of error. The mind that was in Christ Jesus is the mind of all people walking up and down the earth, but it is of no avail to them unless and until they consciously purge their thought or mind of its fear, hate, and love of error.” ~Joel S Goldsmith

John 14:12 (to;) KJV

12 Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also;

John 15:4,5 KJV

4 Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

7 If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you.

8 Herein is my Father glorified, that ye bear much fruit; so shall ye be my disciples.

9 As the Father hath loved me, so have I loved you: continue ye in my love.

Romans 12:1,2 KJV

1 I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

The True, acceptable and Perfect Will of God is: God is Omnipresent, accept it and Recognize that You are His Individual Expression and Instrument. Abide in Him and His Will will be Perfected in You. ~Al Denninger

The Daily Lesson – November 27, 2022

Consciousness Is Supply

“Let us again use the illustration of money. One way of purging ourselves, and thereby manifesting the mind that was in Christ Jesus, is to look at money—whether it be a quarter or a hundred dollars—and ask ourselves, ‘What is it?’ Then we start with the understanding that as matter it is only a concept. In the United States it happens to be an American concept. In Germany, it is a different concept, and in England, still different. At best, as a piece of matter, it is only a concept, and its value varies and changes. But, as a symbol of a spiritual idea, it represents exchange; it represents value. It may represent an avenue of gratitude. However, even in its spiritual significance, it is an effect. An effect of what? Of the mind of God, divine Consciousness. Is there at any time any power in this money, or even in the idea which it represents? Is there any value in it? Or is the power and the value in the consciousness that formed it?” ~Joel S Goldsmith

Matthew 4:18-20 KJV

18 And Jesus, walking by the sea of Galilee, saw two brethren, Simon called Peter, and Andrew his brother, casting a net into the sea: for they were fishers.

19 And he saith unto them, Follow me, and I will make you fishers of men.

20 And they straightway left their nets, and followed him.

We must learn to leave behind the universal concept that our ideas are our source of our supply and Trust the Will of God to meet our every need. Thy will be done, on earth as it is in Heaven. Leave your nets and follow Christ. ~Al Denninger

The Daily Lesson – November 28, 2022

“As we use these illustrations, we come again to the orange or the lemon tree. You can now say: ‘How grateful I am that I do not believe that the supply is in the orange or the lemon, but rather that it is in the life appearing as the orange or the lemon tree which produces this fruit. So long as I have the life as the tree, the fruit will come forth. Never shall I put the value in the orange itself.’ Again, we can go back to money and say: ‘I am grateful to see that this exists as an effect just as much as does the orange on the tree. That which gives it life is the consciousness that forms it, and that is God consciousness, my own individual consciousness.’” ~Joel S Goldsmith

John 15:4,5 As KJV

4 ...As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

The Life of the Branch is the Consciousness that Forms the Vine. If so be the vine is Joined [Abiding] with the branch they are One. “I” and the Father are One. ~Al Denninger

The Daily Lesson – November 29, 2022

“If I place money on a table, it is dead, inert, and it remains dead. It cannot go to you, and it cannot come to me. Even if it is a million dollars, it is still inert—dead. Something has to happen in your consciousness, or in mine, to start its flow to you or to me. That something is our consciousness which is the law of attraction unto that which is appearing as effect. The moment you grasp this, you no longer have an attachment for oranges or for dollars. You no longer hate, fear, or love them. You see them for what they are—a medium of exchange. You understand that *I*, the consciousness of my being—God, the divine Consciousness of me—is the law unto that medium of exchange, and as long as I have that consciousness, these things will keep on being attracted to me.” ~Joel S Goldsmith

I Corinthians 2:9-12 KJV

9 But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him.

10 But God hath revealed them unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God.

11 For what man knoweth the things of a man, save the spirit of man which is in him? even so the things of God knoweth no man, but the Spirit of God.

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

Mark 12:30,31 KJV

30 And thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength: this is the first commandment.

31 And the second is like, namely this, Thou shalt love thy neighbour as thyself. There is none other commandment greater than these.

I John 4:7,8 KJV

7 Beloved, let us love one another: for love is of God; and every one that loveth is born of God, and knoweth God.

8 He that loveth not knoweth not God; for God is love.

Romans 15:6,7 KJV

6 That ye may with one mind and one mouth glorify God, even the Father of our Lord Jesus Christ.

7 Wherefore receive ye one another, as Christ also received us to the glory of God.

Matter is inert has not the Mind of Christ—the Activity of Love. The Spirit of God is Known as the Activity of Love. As we Love one another, we are the Activity of Christ and we find Ways to Express that Love and Glorify God. Be Love Loving. ~Al Denninger

The Daily Lesson – November 30, 2022

“In the degree that you see this vision, you have the mind that was in Christ Jesus on the subject of supply. If you catch this, you have the mind of Christ Jesus in so far as it applies to supply, and you find yourself able to meet any and every normal, natural demand made upon you, even if you need food for a crowd of five thousand. Remember, if you look in your pocketbook, you may not find any money there. But if you realize that the demand is not being made upon your pocketbook, but upon your consciousness, that your consciousness is God, and that, therefore, your consciousness is infinite, you will have all you can want or need.” ~Joel S Goldsmith

Mark 6:34-44 KJV

34 And Jesus, when he came out, saw much people, and was moved with compassion toward them, because they were as sheep not having a shepherd: and he began to teach them many things.

35 And when the day was now far spent, his disciples came unto him, and said, This is a desert place, and now the time is far passed:

36 Send them away, that they may go into the country round about, and into the villages, and buy themselves bread: for they have nothing to eat.

37 He answered and said unto them, Give ye them to eat. And they say unto him, Shall we go and buy two hundred pennyworth of bread, and give them to eat?

38 He saith unto them, How many loaves have ye? go and see. And when they knew, they say, Five, and two fishes.

39 And he commanded them to make all sit down by companies upon the green grass.

40 And they sat down in ranks, by hundreds, and by fifties.

41 And when he had taken the five loaves and the two fishes, he looked up to heaven, and blessed, and brake the loaves, and gave them to his disciples to set before them; and the two fishes divided he among them all.

42 And they did all eat, and were filled.

43 And they took up twelve baskets full of the fragments, and of the fishes.

44 And they that did eat of the loaves were about five thousand men.

The Consciousness of Christ never saw or accepted the lack of Abundance that appeared to the Disciples as they reasoned among themselves. He Knew the Principle of Abundance and said “give them to eat”. Then He Looked up to Heaven, Blessed and brake the bread and they served the 5000 with God’s Abundance. The multitude was Fed by God’s infinite Abundance, not this-worlds appearance. Now go and Look Up, say Grace and Be Fed. ~Al Denninger

The Daily Lesson – December 1, 2022

“The Issues of Life Are in Consciousness

Let us take a further step: Let us consider the organs and the functions of our body. Up to the time of our coming into metaphysics, we believed that the issues of life were in the body: The heart, we thought, might destroy our life; the lungs might affect our health, and, ultimately, our life. But, in spiritual teaching, the first thing we are told and which we find to be true is that God is the only power, and that there is no action or power in the body in and of itself.” ~Joel S Goldsmith

John 18:36 (to :) KJV

36 Jesus answered, My kingdom is not of this world:

John 5:30,31 KJV

30 I can of mine own self do nothing: as I hear, I judge: and my judgment is just; because I seek not mine own will, but the will of the Father which hath sent me.

31 If I bear witness of myself, my witness is not true.

Matthew 6:19-22 KJV

19 Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal:

20 But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal:

21 For where your treasure is, there will your heart be also.

22 The light of the body is the eye: if therefore thine eye be single, thy whole body shall be full of light.

Our Life is in God's Kingdom and is not in or of this-world. There is One Life one Body and it is an Individual Expression of God—Directed and Supplied by God for His Purpose. There is nothing to correct or reject. Focus only on Him alone and be Filled with Light, Love and His Activity. ~Al Denninger

The Daily Lesson – December 2, 2022

“At some period in your development, you must accept these statements as truth and say to yourself: ‘Why am I afraid of a heart, a liver, or a lung, if the action or the intelligence of them is the mind that formed them? I will never fear what organs or functions can do to me. What difference does it make what is going on any place in the body? If consciousness is controlling the body, then consciousness is the only thing with which I am concerned.’” ~Joel S Goldsmith

Romans 8:13-15 KJV

13 For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live.

14 For as many as are led by the Spirit of God, they are the sons of God.

15 For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father.

Once we Know the Truth, it makes no sense to fall back into being entertained by lies. Thank you Father. ~Al Denninger

The Daily Lesson – December 3, 2022

“To have the mind that was in Christ Jesus on the subject of health means to have the conscious awareness that the issues of life are in your consciousness, not in the organs and functions of your body. Then, as you learn not to hate, fear, or love money, you will learn not to hate, fear, or love the organs and functions of the body, for you will know:

God, the mind of me, is the law unto everything appearing as my body. God, the mind of me, is the law unto the spiritual idea operating as body. My awareness of this acts on this concept called the physical body.

This form, which is visible to the eyes, is not my body. It is the universal concept of the body that God created. This concept is governed in accordance with the degree of truth that I know about God and the spiritual body. The truth that I know about God, and God's government of the spiritual body, becomes operative as my understanding, controlling this concept of body.” ~Joel S Goldsmith

Ephesians 3:14-20 KJV

14 For this cause I bow my knees unto the Father of our Lord Jesus Christ,

15 Of whom the whole family in heaven and earth is named,

16 That he would grant you, according to the riches of his glory, to be strengthened with might by his Spirit in the inner man;

17 That Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love,

18 May be able to comprehend with all saints what is the breadth, and length, and depth, and height;

19 And to know the love of Christ, which passeth knowledge, that ye might be filled with all the fulness of God.

20 Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us,

I can of mine own self do nothing, there is a Power that Worketh within Me... This Power.... This Love of Christ.... And Love From Christ.... This Consciousness of Christ that passeth knowledge is the Source and Activity of My Being.... It Goes before Me to Show Me the Way... It Is the every Function of My Life and Body.... I bow to the Father in gratitude and in Peace... In humble Dwelling, ~al.within

The Daily Lesson – December 4, 2022

“So then, in order to have the mind that was in Christ Jesus so far as healing works are concerned, it is impossible, by looking at the body, to release the healing power, since the issues are not in the body or in the muscles, but are in consciousness governing the muscles, organs, or functions of the body. You must purge yourself of the universally accepted belief of the body as governing life and accept the truth that life governs the body. You must make an absolute reversal of the world-belief that the heart, stomach, or lungs control life.” ~Joel S Goldsmith

Matthew 6:10 KJV

10 Thy kingdom come. Thy will be done in earth, as it is in heaven.

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

I surrender Father.... I only recognize Your Kingdom... I Know the Truth—that You are the Source and Activity of Me... I rest and wait in anticipation of Hearing Your Will... I will not move until I Know I am proceeding in accordance with Your Way..... I will not be fooled by appearances and distractions because I Know You are with Me.... I Know that You will Perfect that which You Give Me to do and Perfect My body in Your service... Speak Lord, thy servant Heareth..... ~al.within

The Daily Lesson – December 5, 2022

“You do not acquire the mind that was in Christ Jesus by going to church; you do not get it by praying on your knees, nor do you get it by giving ten percent of your income to a church. You have the mind of Christ Jesus by a conscious realization that God is the mind of you, and that God is the mind of your body and business, and that that mind controls its own formation, which is spiritual being and spiritual body. Through this understanding, you are a law unto this concept of body.” ~Joel S Goldsmith

Romans 8:9 (to .) KJV

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

Proverbs 3:5-7 (to :) KJV

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

7 Be not wise in thine own eyes:

We have to Know the Truth by Experiencing It, not by this-world effort or by having an intellectual understanding of it. Paul writes about this Acknowledging in terms of “if so be” we Dwell in the Spirit. It is clear that we must do the Work and have the Experience of Dwelling and Acknowledging as much as possible and as often as is possible. I like to think of this dedication as not hard work to the point that it can become a distraction—but as a kind of constant effortless effort. In other words, rest in the Word and Know the Truth. ~Al Denninger

The Daily Lesson – December 6, 2022

“Any one of us can have the mind that was in Christ Jesus on the subject of supply, health, or harmony, but only in the degree to which we can bring ourselves not to hate, love, or fear the organs and functions of the body, or money, or error of any and every form and nature.” Joel S Goldsmith

Matthew 6:31-33 KJV

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:)

Romans 12:2 (to :) KJV

2 And be not conformed to this world:

John 18:36 (to :) KJV

36 Jesus answered, My kingdom is not of this world:

Jesus said to take no thought for any of the things of this-world, because that is not where His Kingdom is. Instead, turn your focus to the Christ and Your True Being...
Look Up! ~Al Denninger

The Daily Lesson – December 7, 2022

“We are living the life of the Master in the degree in which we absorb these teachings of the Master, and we must do it consciously. We cannot sit around and wait for the mind of God to come down and do something for us. We must lift ourselves into a conscious awareness of God's government of Its universe and, at the same time, stop loving, hating, or fearing error of any name or nature—stop fearing anything or anybody in the external world, that is, in the world of effect.” ~Joel S Goldsmith

Matthew 6:33 KJV

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

The Master taught us to be still and Lift ourselves above the mist of this-world to Receive the Spirit of the Word, which is a Conscious Awareness of Righteousness. Take no thought for this-world. ~Al Denninger

The Daily Lesson – December 8, 2022

“Jesus had this understanding so highly developed that he did not even acknowledge that it took earth or land to support his weight. The higher we go, the more we understand that it is Consciousness, God, that supports, maintains, and sustains us. And it is the same God, whether we are in the air, on land, or on water.” ~Joel S Goldsmith

Matthew 14:22-27 KJV

22 And straightway Jesus constrained his disciples to get into a ship, and to go before him unto the other side, while he sent the multitudes away.

23 And when he had sent the multitudes away, he went up into a mountain apart to pray: and when the evening was come, he was there alone.

24 But the ship was now in the midst of the sea, tossed with waves: for the wind was contrary.

25 And in the fourth watch of the night Jesus went unto them, walking on the sea.

26 And when the disciples saw him walking on the sea, they were troubled, saying, It is a spirit; and they cried out for fear.

27 But straightway Jesus spake unto them, saying, Be of good cheer; it is I; be not afraid.

28 And Peter answered him and said, Lord, if it be thou, bid me come unto thee on the water.

29 And he said, Come. And when Peter was come down out of the ship, he walked on the water, to go to Jesus.

30 But when he saw the wind boisterous, he was afraid; and beginning to sink, he cried, saying, Lord, save me.

31 And immediately Jesus stretched forth his hand, and caught him, and said unto him, O thou of little faith, wherefore didst thou doubt?

Proverbs 3:5,6 KJV

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

The Spirit of God supports, maintains and sustains Us completely. When we, of our own self, lose our focus on the Christ we can doubt our True Being and slip into a sense of doubt, lack and wind boisterous. Be not afraid, it is “I” and “I” am with you always and will Lift you Up if you Acknowledge Him in all thy Ways. ~Al Denninger

The Daily Lesson – December 9, 2022

“Looking at a twenty-five cent piece, I could very well think, ‘You won't support me for very long.’ But, suppose I think of the Spirit that animates and forms that quarter. Will not that Spirit support me? Yes, unto eternity! Any grossness, any materiality consists in looking for support to the twenty-five cent piece, instead of to the Spirit which animates it. Our grossness and our materiality continue while we look to the organs and the functions of the body to maintain and sustain us, instead of realizing: ‘I know! The Spirit that formed this body is the same Spirit that sustains it unto eternity.’ Now we can understand why Jesus said: ‘I have meat to eat that ye know not of . . . whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life.’ If you drink of the water that I give you, it will be unto you a wellspring of water. Why? Because, as we realize that we are not living on food or vitamins, and that we do not live by bread alone, we are fed from within; we are eternal.” ~Joel S Goldsmith

Matthew 6:19-21 KJV

19 Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal:

20 But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal:

21 For where your treasure is, there will your heart be also.

II Corinthians 3:5,6 KJV

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

6 Who also hath made us able ministers of the new testament; not of the letter, but of the spirit: for the letter killeth, but the spirit giveth life.

John 4:23,24 KJV

23 But the hour cometh, and now is, when the true worshippers shall worship the Father in spirit and in truth: for the Father seeketh such to worship him.

24 God is a Spirit: and they that worship him must worship him in spirit and in truth.

When we are ready to be Lifted higher, we must look to the Source and not spend our lives in the senses of the body which look to the self which thinks it does stuff, and thinks it knows how to supply our needs. Look Up to the activity of the Source that animates every Life. Take a look further into this in the story of the woman at the well in John 4:5-42. Our Eternal Wellspring is infinite; rest back with a Knowing smile and Watch It Flow. Drink the Water. ~Al Denninger

The Daily Lesson – December 10, 2022

“To our present sense, we need bread, but that is not what is maintaining us for from sixty to one hundred years. We are being fed by this understanding from within. The same Spirit which animates the dollar, animates also the body. The same Spirit, that animated our body at ten years or at thirty years, can animate it at a thousand years of age. If it is Spirit that animates and sustains us at ten or at thirty, it must be Spirit that can animate us at one thousand years of age. If this is not true, the atheist is right—we are just pieces of machinery that wear out. We have adopted the teaching, or religion, or philosophy—call it by what name you will—which says: ‘We live not by bread alone, but by the Spirit of God.’ We are not fed, nor are we harmed by what goes into the mouth, but by that which comes out of consciousness.” ~Joel S Goldsmith

Matthew 4:1-4 KJV

- 1 Then was Jesus led up of the Spirit into the wilderness to be tempted of the devil.
- 2 And when he had fasted forty days and forty nights, he was afterward an hungered.
- 3 And when the tempter came to him, he said, If thou be the Son of God, command that these stones be made bread.
- 4 But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.

Romans 12:2 KJV

- 2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

The good, acceptable and perfect Will of God is Divine Love Loving Us. Be still and Listen to It. God put it there so You could find It. ~Al Denninger

The Daily Lesson – December 11, 2022

“In every area of our experience, we turn to the teaching of the Master for guidance. In the field of human relations, we take the Master's teaching: ‘Who is my mother, or my brethren? . . . Whosoever shall do the will of God, the same is my brother, and my sister, and mother.’ Need we, then, continue to live our lives in slavish devotion to blood relatives, regardless of whether or not they are on the path of our own unfoldment? Or should our life be so lifted that a pathway is opened permitting us to follow our own sense of unfoldment? As we learn to love our neighbour as ourselves, we will not cast off our relatives or friends, but we will maintain our own identity. We do this by living according to our highest concept of life, according to our own idea of unfoldment, and by spending as much time as we can in the company of those who are on our path.”
~Joel S Goldsmith

Mark 3:33 & 35 KJV

33 And he answered them, saying, Who is my mother, or my brethren?

35 For whosoever shall do the will of God, the same is my brother, and my sister, and mother.

Psalms 119:105 KJV

105 Thy word is a lamp unto my feet, and a light unto my path.

Proverbs 3:6 KJV

6 In all thy ways acknowledge him, and he shall direct thy paths.

Matthew 22:36-40 KJV

36 Master, which is the great commandment in the law?

37 Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind.

38 This is the first and great commandment.

39 And the second is like unto it, Thou shalt love thy neighbour as thyself.

40 On these two commandments hang all the law and the prophets.

Matthew 18:20 KJV

20 For where two or three are gathered together in my name, there am I in the midst of them.

As we go about doing the Will of the Father's we will gradually depart from the ways of this-world and Walk in the Light as Directed. The Activity of Love will be our only Way, because it is His Way. Gather with fellow travelers as often as possible and you will notice His Light being magnified. ~Al Denninger

This concludes our study of Chapter 8 in the book “CONSCIOUSNESS UNFOLDING”
Tomorrow we begin: Chapter 9, “The Christ”