

## THE DAILY LESSON

is an activity of the study group found at: [www.iwso.org](http://www.iwso.org)

The subject for our current study is the entire book

### “Consciousness Unfolding”

by Joel S Goldsmith

**THE DAILY LESSON**, an ongoing open class by Infinite Way Teacher [Al Denninger](#), is inspired by the message of Joel S. Goldsmith. In this Book Study we delve into Joel's books paragraph by paragraph, from cover to cover. I provide Scripture supporting his entire Work and an Impartation from my daily Experience. These classes appear daily [on my website](#) and by [email subscription](#) each day, for my students to take into their daily meditations and carry with them throughout their day.

**Students Note:** In my teaching, the words that are capitalized throughout the work are not capitalized for emphasis. Instead, the purpose is to Lift the student into the Awareness that these words are a Synonym for, or an Activity of God. The portions that are *italicized* are spontaneous meditations.

## The Daily Lesson – December 12, 2022

### “CHAPTER NINE

#### THE CHRIST

‘The purpose of this message is to set you free through a spiritual awareness of your oneness with God. If you find your oneness with God, you will need no contact with ‘man, whose breath is in his nostrils.’ This whole message is a statement, or restatement, of your oneness with God now—with or without material organization or human contacts.’” ~Joel S Goldsmith

Ephesians 4:4-6 KJV

- 4 There is one body, and one Spirit, even as ye are called in one hope of your calling;
- 5 One Lord, one faith, one baptism,
- 6 One God and Father of all, who is above all, and through all, and in you all.

Matthew 6:33 (to ;) KJV

33 But seek ye first the kingdom of God, and his righteousness;

John 6:45 (to .) KJV

45 It is written in the prophets, And they shall be all taught of God.

There is One Spirit, and It is within each and every Expression of God. The correct Word of God may or may not be Received by human opinion or by reading a particular translation of Scripture—we must be taught about God, By God. Be still, go within, and meditate with an attitude of ‘Speak Lord, thy servant heareth.’ ~Al Denninger

## The Daily Lesson – December 13, 2022

“The Christ is a feeling or recognition of a Presence within your consciousness; It is something that transcends human experience, but which, at the same time, enriches human experience. Christ is a divine reality! It is the power or presence of God, infinite, complete, whole. It is part of your consciousness. Actually, it may constitute the whole of your consciousness, depending upon the degree of your unfoldment. It is beyond description in human terms.” ~Joel S Goldsmith

I Corinthians 2:9-16 KJV

9 But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him.

10 But God hath revealed them unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God.

11 For what man knoweth the things of a man, save the spirit of man which is in him? even so the things of God knoweth no man, but the Spirit of God.

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

13 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

15 But he that is spiritual judgeth all things, yet he himself is judged of no man.

16 For who hath known the mind of the Lord, that he may instruct him? But we have the mind of Christ.

*There is only One Truth, One Consciousness, and I Am an individual Expression, beyond words and thoughts..... If so be the Spirit Dwell, there is the Mind of Christ. Our work is in the Awareness of It. ~al.within*

## The Daily Lesson – December 14, 2022

“Christ is a presence and power beyond your human ability to realize. It can be discerned only through your developed spiritual sense, because it takes something far greater than the brain or intellect to perceive the Christ. It takes spiritual awareness, spiritual alertness, and that comes in proportion as the world means less and less to you. The coming of the Christ makes this world, the world of concept, an unreality. It decreases dependence on anything in the realm of things or of thoughts.” ~Joel S Goldsmith

John 4:24 KJV

24 God is a Spirit: and they that worship him must worship him in spirit and in truth.

I Corinthians 2:14 KJV

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

Romans 8:5-10 & 16,17 (to 2nd ;) KJV

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

6 For to be carnally minded is death; but to be spiritually minded is life and peace.

7 Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be.

8 So then they that are in the flesh cannot please God.

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

10 And if Christ be in you, the body is dead because of sin; but the Spirit is life because of righteousness.

16 The Spirit itself beareth witness with our spirit, that we are the children of God:

17 And if children, then heirs; heirs of God, and joint-heirs with Christ;

Jesus said, “My Kingdom is not of this world,” so why look for it in this world?

The higher our Awareness is of Truth, the more we realize the things of the flesh are unimportant and eventually unreal. Depend on Spiritual Discernment, Christ Consciousness, for your Reality. Practice the Presence until you Feel God’s Presence.  
~Al Denninger

## The Daily Lesson – December 15, 2022

“The Christ is Spirit. It is that Spirit which transcends things and thoughts. In the presence of the Christ, it is not necessary to entertain a thought. And yet that same Christ fills us with thoughts emanating from the infinite Intelligence, the infinite Wisdom, the divine Love that is really the center of our being. Christ is the healing influence in our experience. Christ is the saving influence. Christ is the guiding, directing, maintaining, and sustaining influence in our experience—and all without our taking a thought. ‘Which of you by taking thought can add to his stature one cubit? . . . [Or can] make one hair white or black?’” ~Joel S Goldsmith

II Corinthians 2:14 KJV

14 Now thanks be unto God, which always causeth us to triumph in Christ, and maketh manifest the savour of his knowledge by us in every place.

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Galations 2:20 nevertheless (to 2nd :) KJV

20 ...nevertheless I live; yet not I, but Christ liveth in me:

Matthew 6:31-33 KJV

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Christ is the Truth, the Life and the Way. Look Within... ~Al Denninger

## **The Daily Lesson – December 16, 2022**

“In the degree, then, that you are able to transcend human thinking and look through the world of appearances, feeling little or no sense of hate, love, or fear for it or from it, or dependence upon it, in that degree, are you entertaining the Christ in your consciousness.” ~Joel S Goldsmith

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

John 8:32 KJV

32 And ye shall know the truth, and the truth shall make you free.

Christ Consciousness is something you Feel and Know in Spirit, not something you think or reason. Our Freedom in Christ is in direct proportion to our Altitude of Knowing. You can always depend on the Truth. ~Al Denninger

## The Daily Lesson – December 17, 2022

### *“The Birth of the Christ*

In our human experience, we celebrate Christmas, which symbolizes the birth of the Christ. The Christ comes not only on December 25th; the Christ may come at any moment of your experience. It may come, as a very first appearing, in a moment of great distress. It depends upon you. It depends upon how much you have overcome self, and how much you have opened your consciousness to this Christ. The Christ is always immaculately conceived and always brought forth in virginity, in the mind that is prepared to give up its material sense of existence.” ~Joel S Goldsmith

Matthew 25:1-13 KJV

- 1 Then shall the kingdom of heaven be likened unto ten virgins, which took their lamps, and went forth to meet the bridegroom.
- 2 And five of them were wise, and five were foolish.
- 3 They that were foolish took their lamps, and took no oil with them:
- 4 But the wise took oil in their vessels with their lamps.
- 5 While the bridegroom tarried, they all slumbered and slept.
- 6 And at midnight there was a cry made, Behold, the bridegroom cometh; go ye out to meet him.
- 7 Then all those virgins arose, and trimmed their lamps.
- 8 And the foolish said unto the wise, Give us of your oil; for our lamps are gone out.
- 9 But the wise answered, saying, Not so; lest there be not enough for us and you: but go ye rather to them that sell, and buy for yourselves.
- 10 And while they went to buy, the bridegroom came; and they that were ready went in with him to the marriage: and the door was shut.
- 11 Afterward came also the other virgins, saying, Lord, Lord, open to us.
- 12 But he answered and said, Verily I say unto you, I know you not.
- 13 Watch therefore, for ye know neither the day nor the hour wherein the Son of man cometh.

Practice the Presence faithfully and without ceasing. The pure in Heart shall See God  
Open out a Way for the imprisoned Splendor to escape... *Be still and Watch.* ~Al Denninger

## The Daily Lesson – December 18, 2022

“The Christ does not come where there is a great deal of the personal self-selfishness, self-pity, or self-righteousness. Usually, the Christ comes to one who, in some measure, is willing to say, ‘This is not so much a matter of me or mine. It is a matter of transcending this human experience and rising above the joys as well as the sorrows of sense.’ In that degree of spiritual consciousness, the Christ is born. Jesus, the Christ, was born in a manger. The manger of old was the least desirable part of the entire establishment. The manger was outside. It was used by cattle and other domestic animals, and not as a place for human beings to inhabit. Just so, is the Christ always born in human thought, and that is about as low a place as we can reach in our individual experience. Why? Because all human thought is based on ‘I,’ ‘me,’ ‘mine.’ All human thought is based on getting, acquiring, achieving, and accomplishing.” ~Joel S Goldsmith

Romans 12:16 Never ESV

16 ...Never be wise in your own sight.

James 4:8 KJV

8 Draw nigh to God, and he will draw nigh to you. Cleanse your hands, ye sinners; and purify your hearts, ye double-minded.

Matthew 5:8 KJV

8 Blessed are the pure in heart: for they shall see God.

John 3:5 KJV

5 Jesus answered, Verily, verily, I say unto thee, Except a man be born of water and of the Spirit, he cannot enter into the kingdom of God.

Being double-minded assumes a separation from the Omnipresence of God. “I” can of mine own self do nothing... Cleanse your heart of ego, lack and limitation and embrace the Truth reborn in Spirit. Christ is born. Emanuel. ~Al Denninger

## The Daily Lesson – December 19, 2022

“The Christ, however, even though It is born into that kind of an atmosphere, soon dispels it; even a manger can become a holy place. So all human thought, when imbued with the Christ, becomes holy. Then, instead of the old sense of ‘I,’ ‘me,’ ‘mine,’ of getting, achieving, accomplishing, desiring, wanting, and longing for something, we find within ourselves a great sense of love, a great sense of joy and freedom, a great desire just to be. And that manifests itself in a healing consciousness. You never find a Christ consciousness without Its being a healing influence. The moment that the Christ touches you, you become a healer; in what degree, you determine by the manner in which you entertain the Christ.” ~Joel S Goldsmith

Matthew 5:8 KJV

8 Blessed are the pure in heart [Consciousness]: for they shall see God.

II Corinthians 3:13-18 KJV

13 And not as Moses, which put a veil over his face, that the children of Israel could not stedfastly look to the end of that which is abolished:

14 But their minds were blinded: for until this day remaineth the same veil untaken away in the reading of the old testament; which veil is done away in Christ.

15 But even unto this day, when Moses is read, the veil is upon their heart.

16 Nevertheless when it shall turn to the Lord, the veil shall be taken away.

17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

18 But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.

Proverbs 3:5 KJV

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

This-world consciousness, or thine own understanding, is like a veil distracting human “beings” away from the Truth of Abundance, Fulfillment and Infinite “Being”. Acknowledging the Presence of Christ dissolves the distraction. Turn to Christ. ~Al Denninger



## **The Daily Lesson – December 20, 2022**

“When the Christ is born in human consciousness it must be carefully nurtured. That Jesus entertained the Christ without measure is evidenced by his healing ministry. The more we know about his life and background, the more shall we be able to understand his message and his mission. The question arises as to whether or not Jesus received his early instruction in India. There is no definitive answer to this. Each one is entitled to his opinion. From my own study, I am convinced that Jesus was a member of the Essenes, an organization which knew the secret of the mysteries, that is, the secret of spiritual healing. The Essenes walked on the water, walked through walls, multiplied the loaves. They could bring gold out of the earth, and they knew all of the spiritual, occult mysteries.” ~Joel S Goldsmith

James 1:22-25 KJV

22 But be ye doers of the word, and not hearers only, deceiving your own selves.

23 For if any be a hearer of the word, and not a doer, he is like unto a man beholding his natural face in a glass:

24 For he beholdeth himself, and goeth his way, and straightway forgetteth what manner of man he was.

25 But whoso looketh into the perfect law of liberty, and continueth therein, he being not a forgetful hearer, but a doer of the work, this man shall be blessed in his deed.

The nature of the Christ is the faithful Doer. Be ye steadfast and fervent in the Work.  
~Al Denninger

## **The Daily Lesson – December 21, 2022**

The Essenes undoubtedly had their origin in India, and their teaching was based on the mysteries and the teaching of the Hindus. In Jesus' time, some of the Essenes lived and worked in Jerusalem and throughout the Holy Land, and it is my own conviction that Jesus must have encountered one of these mystics in his early childhood. Probably, because his consciousness lent itself to it, he was introduced into the work and his great understanding came about, first, through the Essene Order, and then, later, through enlightenment. ~Joel S Goldsmith

Romans 8:14 KJV

14 For as many as are led by the Spirit of God, they are the sons of God.

Jesus was Led by God on his Journey—and it always worked out to be the Perfect Way. And so it will you. Follow Him. ~Al Denninger

## The Daily Lesson – December 22, 2022

“Authority for the assumption that Jesus went to India to learn the mysteries is that in some of the monasteries of India there are written records with the name ‘Jesus’ in them. I have never been able to accept that as conclusive authority, because we know that the Man of Galilee was not named ‘Jesus’ until long years after his crucifixion. Jesus is a Latin or Greek name. Jesus, himself, however, was a Hebrew, and his language was Aramaic. His name probably was either Joshua or one of the similar names of that period. I am sure that at no time in his career, had you addressed him as ‘Jesus,’ would he have known that you were speaking to him. There was no such a name as ‘Jesus’ in the Holy Land. Being a Greek name, it could come only through translation of the name ‘Joshua.’

Jesus never would have recognized himself, either, under the name ‘the Christ.’ There is no such word in the Aramaic language. The Aramaic word for saviour is Messiah. So, as he travelled up and down the Holy Land, he might have been known as Joshua, the Messiah. When that was translated into Latin and Greek, it became Jesus, the *Christus* or *Christos*; and in English, that becomes Jesus, the Christ.” ~Joel S Goldsmith

Matthew 16:13-18 (to :) KJV

13 When Jesus came into the coasts of Caesarea Philippi, he asked his disciples, saying, Whom do men say that I the Son of man am?

14 And they said, Some say that thou art John the Baptist: some, Elias; and others, Jeremias, or one of the prophets.

15 He saith unto them, But whom say ye that I am?

16 And Simon Peter answered and said, Thou art the Christ, the Son of the living God.

17 And Jesus answered and said unto him, Blessed art thou, Simon Bar-jona: for flesh and blood hath not revealed it unto thee, but my Father which is in heaven.

18 And I say also unto thee, That thou art Peter, and upon this rock I will build my church;

In this-world experience, current thought gives names according to the fashion and understanding of the day. Spirit knows us all as Son, offspring or joint heir—His Glorious individual Expression. Our names are written in Heaven. Spirit to Spirit there is no need of translation, we each Hear and understand His Word perfectly. Be still and Listen... ~Al Denninger

## **The Daily Lesson – December 23, 2022**

“When records in India showing the name ‘Jesus,’ are pointed out, I cannot believe that that name refers to a man named ‘Joshua,’ who probably never knew the Latin or the Greek language. Paul knew Greek and Latin; Paul was a citizen of Rome; but Jesus was a Galilean. He was of the Holy Land and of the Hebrew people, with a pure Hebrew background. We have no knowledge of Jesus’ using any language other than his own.”  
~Joel S Goldsmith

Matthew 7:16 (to .) KJV

16 Ye shall know them by their fruits.

The names or the language may be different, but you will Know the truth when you Hear It and behold the glory of God and rejoice in His fruitage. ~Al Denninger

## The Daily Lesson – December 24, 2022

“In India, there is a widely accepted teaching that we are Soul, that we are Spirit, but that we inhabit a material body. I doubt whether Jesus, had he accepted that teaching, would have been able to free himself sufficiently from it to accept the immortality of the body, as well as the immortality of the Soul. We know that Jesus accepted the immortality of the body, because he returned with his body, in the same body. That would not have been a part of the Hindu teaching. ‘A spirit hath not flesh and bones, as ye see me have.’ He returned in the same body of flesh and blood.” ~Joel S Goldsmith

John 20:18-20 & 24-29 KJV

18 Mary Magdalene came and told the disciples that she had seen the Lord, and that he had spoken these things unto her.

19 Then the same day at evening, being the first day of the week, when the doors were shut where the disciples were assembled for fear of the Jews, came Jesus and stood in the midst, and saith unto them, Peace be unto you.

20 And when he had so said, he shewed unto them his hands and his side. Then were the disciples glad, when they saw the Lord.

24 But Thomas, one of the twelve, called Didymus, was not with them when Jesus came.

25 The other disciples therefore said unto him, We have seen the Lord. But he said unto them, Except I shall see in his hands the print of the nails, and put my finger into the print of the nails, and thrust my hand into his side, I will not believe.

26 And after eight days again his disciples were within, and Thomas with them: then came Jesus, the doors being shut, and stood in the midst, and said, Peace be unto you.

27 Then saith he to Thomas, Reach hither thy finger, and behold my hands; and reach hither thy hand, and thrust it into my side: and be not faithless, but believing.

28 And Thomas answered and said unto him, My Lord and my God.

29 Jesus saith unto him, Thomas, because thou hast seen me, thou hast believed: blessed are they that have not seen, and yet have believed.

Mary, Mary Magdalene and the disciples all witnessed Christ Jesus resurrected in the flesh after the so called powers of this-world tried but could not kill him. We are among the Blessed to Believe and Know. Thank you Father. Merry Christmas All! ~Al Denninger

## The Daily Lesson – December 25, 2022

“There are three great teachers of the Orient: Lao-tse about 600 B.C.; Buddha about 550 B.C.; Shankara, 200 or 300 B.C. All revealed the nature of God as *I Am*. Moses, of course, had realized this truth long before any of these teachers. Of all of them, it remained for Jesus to acknowledge the immortality of the body, to acknowledge that even the body cannot be destroyed. For that reason, in my opinion, he went a step beyond all the rest; and that was because he did not have the background of oriental teaching to transcend. Jesus seems to have been particularly free of all orthodox teachings. He was free even of some of the old teachings of the Hebrew church.”  
~Joel S Goldsmith

Exodus 3:13,14 KJV

13 And Moses said unto God, Behold, when I come unto the children of Israel, and shall say unto them, The God of your fathers hath sent me unto you; and they shall say to me, What is his name? what shall I say unto them?

14 And God said unto Moses, I AM THAT I AM: and he said, Thus shalt thou say unto the children of Israel, I AM hath sent me unto you.

John 1:14-17 KJV

14 And the Word was made flesh, and dwelt among us, (and we beheld his glory, the glory as of the only begotten of the Father,) full of grace and truth.

15 John bare witness of him, and cried, saying, This was he of whom I spake, He that cometh after me is preferred before me: for he was before me.

16 And of his fulness have all we received, and grace for grace.

17 For the law was given by Moses, but grace and truth came by Jesus Christ.

Jesus came down from a lineage of men. The Christ is the Word made flesh dwelling among Us. ~Al Denninger

## The Daily Lesson – December 26, 2022

“Let us, in our work, hold as one-pointedly as we know how, to the truth of God as the actual life, mind, being, and body of individual you and me. When once we acknowledge God to be the reality of being, we have done away with the need for observing rituals, ceremonies, or creeds, or for celebrating holy days. All we have to do is to learn to live in the consciousness of our present perfection. Let us live in the constant realization of our true identity. After we have done that, there is only one other step, and that is to realize that the errors of the world, all of those things that the world is fighting, are not errors at all; they are illusions. And then, let us learn not to fight them, not to try to subdue or overcome them, or even try to get rid of them. Let us learn to live in a beautiful state of peace, the peace that comes from the understanding of God as the only reality of being.” ~Joel S Goldsmith

John 1:3,4 KJV

3 All things were made by him; and without him was not any thing made that was made.

4 In him was life; and the life was the light of men.

Acts 10:34 KJV

34 Then Peter opened his mouth, and said, Of a truth I perceive that God is no respecter of persons:

Philippians 4:7 KJV

7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

Try not to be distracted by the perceptions of the senses or human thought. Illusions cannot be corrected, because they were never true in the first place. Stay focused on the Truth as Seen by Spiritual Consciousness. Look Up! ~Al Denninger

## The Daily Lesson – December 27, 2022

### *“Effects of the Christ*

The Christ is always a gentle influence. From the moment It appears in our lives, we lose the ability to be very angry or very selfish. The Christ is made manifest in a gentleness of attitude toward those with whom we come in contact. The Christ is the greatest sense of forgiveness the world has yet known. That is the reason Jesus places so much stress on forgiving our enemies, praying for our enemies, forgiving and praying for those who spitefully use us, forgiving seventy times seven, forgiving every day those who seek it.” ~Joel S Goldsmith

James 3:17,18 KJV

17 But the wisdom that is from above is first pure, then peaceable, gentle, and easy to be entreated, full of mercy and good fruits, without partiality, and without hypocrisy.

18 And the fruit of righteousness is sown in peace of them that make peace.

Galatians 6:1,2 ESV

1 Brothers, if anyone is caught in any transgression, you who are spiritual should restore him in a spirit of gentleness. Keep watch on yourself, lest you too be tempted.

2 Bear one another's burdens, and so fulfill the law of Christ.

Galatians 5:22-23 KJV

22 But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith,

23 Meekness, temperance: against such there is no law.

Matthew 18:21,22 KJV

21 Then came Peter to him, and said, Lord, how oft shall my brother sin against me, and I forgive him? till seven times?

22 Jesus saith unto him, I say not unto thee, Until seven times: but, Until seventy times seven.

Christ Consciousness is the Activity of Love Loving. To be at Peace, we must Love Peace, practice Peace, bring Peace and Live Peace. Carry the banner: Peace Matters!  
~Al Denninger



## The Daily Lesson – December 28, 2022

“The Christ, once It is received, cannot bear ill-will, or hold enmity or antagonism even toward those who hate It. Do you remember Jesus' response to human hate: 'Put up again thy sword into his place: for all they that take the sword shall perish with the sword.' No one can destroy or hurt me, since I am life eternal. This is an opportunity to prove that anyone or anything calling himself or itself a hater of truth, a hater of love, is not a power. It is a balloon, ready for a pin to be stuck into it. So put up your sword. I will prove that they can do nothing. Those that live by the sword shall perish by the sword.' Those who believe that error is so real that they must go out and do battle with it and reform it, will perish by their own belief in a power and a presence apart from God. The Christ always says, 'Father, forgive them; for they know not what they do.'" ~Joel S Goldsmith

Matthew 5:43-45 (to :) KJV

43 Ye have heard that it hath been said, Thou shalt love thy neighbour, and hate thine enemy.

44 But I say unto you, Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you;

45 That ye may be the children of your Father which is in heaven:

Matthew 26:52 KJV

52 Then said Jesus unto him, Put up again thy sword into his place: for all they that take the sword shall perish with the sword.

II Chronicles 20:17 (to 3rd ,) KJV

17 Ye shall not need to fight in this battle: set yourselves, stand ye still, and see the salvation of the Lord with you,

John 18:36 KJV

36 Jesus answered, My kingdom is not of this world: if my kingdom were of this world, then would my servants fight, that I should not be delivered to the Jews: but now is my kingdom not from hence.

Luke 23:34 (to .) KJV

34 Then said Jesus, Father, forgive them; for they know not what they do.

If you allow yourself to get caught up in a battle or argument, then you are accepting the idea that you are somehow separate and apart from God and you are denying the Omnipresence of God. If you happen to get distracted and step off the straight and narrow path of peace, love, forgiveness and service. Stop, set yourself and stand ye still. There isn't anything you can do about nothing. You need to forgive yourself for accepting a lie and forgive anyone else that did too. ~Al Denninger

## The Daily Lesson – December 29, 2022

“As you come to know the Christ in your consciousness and, through this understanding, arrive at the place where your criticism is not as strong as once it was, your feelings about ‘I,’ ‘me’ ‘mine,’ and your feelings about conditions and circumstances will become less fearful or personal than they were formerly.” ~Joel S Goldsmith

I John 2:5,6 KJV

5 But whoso keepeth his word, in him verily is the love of God perfected: hereby know we that we are in him.

6 He that saith he abideth in him ought himself also so to walk, even as he walked.

I John 4:16-18 (to :) KJV

16 And we have known and believed the love that God hath to us. God is love; and he that dwelleth in love dwelleth in God, and God in him.

17 Herein is our love made perfect, that we may have boldness in the day of judgment: because as he is, so are we in this world.

18 There is no fear in love; but perfect love casteth out fear:

Christ's Love is unconditional and so It cannot be personalized. There can be no separate self like I, me and mine. There is Only God and His Expressions. His Love is Perfected in Us. Love as He Loves. ~Al Denninger

## **The Daily Lesson – December 30, 2022**

“The Christ is a leavening influence. It carries us from the levels of material consciousness to those levels which are more nearly spiritual. Ultimately, It lifts us into that which is true Spirit. Therefore, It is forever operating in our consciousness as an uplifting and a purifying influence. You can determine the degree to which you are absorbing It and responding to It, by watching the degree to which you are losing your fear, your hatred, and your love of materiality, of sensuality, of sensuousness, or of grossness in any form.” ~Joel S Goldsmith

Luke 13:20,21 KJV

20 And again he said, Whereunto shall I liken the kingdom of God?

21 It is like leaven, which a woman took and hid in three measures of meal, till the whole was leavened.

Jeremiah 29:12,13 KJV

12 Then shall ye call upon me, and ye shall go and pray unto me, and I will hearken unto you.

13 And ye shall seek me, and find me, when ye shall search for me with all your heart.

We will be raised in direct proportion to our commitment and focus on God. Look up and nowhere else... ~Al Denninger

## **The Daily Lesson – December 31, 2022**

“The degree of the Christ that is making Itself manifest in our consciousness may be determined by the degree in which we are losing our taste for the common and the ordinary, and by the degree in which It lifts our consciousness up to greater appreciation of good literature, music, art, in short, all the cultural aspects and refinements of life. The Christ always translates Itself to our consciousness in terms of human betterment. That is why the Christ interpreted Itself as loaves and fishes for the five thousand. That is why the Christ manifested Itself in physical, mental, and moral healings.” ~Joel S Goldsmith

John 18:36 (to :) KJV

36 Jesus answered, My kingdom is not of this world:

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Let the Activity of Christ's Love Lift you above this-world consciousness. He Hath made every thing, and behold, it is very Good. ~Al Denninger

## The Daily Lesson – January 1, 2023

“The Christ always interprets Itself in terms of better humanhood—as a higher, individual demonstration of good. You can usually tell to what degree the Christ is operating in your consciousness by the degree of improved health that you are experiencing, the increased sense of supply, and the increased sense of better human relationships. If your friends, your relatives, and your employer or employees like you better, the Christ is being manifested in visible form in your experience. We can mark our own progress on this path by the degree of the improved sense of living that we are showing forth, by the degree of an improved sense of pleasures, pastimes, and reading matter we are enjoying.” ~Joel S Goldsmith

Romans 8:28 KJV

28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

Philippians 4:13 KJV

13 I can do all things through Christ which strengtheneth me.

Focus on Christ and Realize your Good. Be Blessed in the New Year! ~Al Denninger

## The Daily Lesson – January 2, 2023

“The Christ, although invisible and even intangible to human sense, is very evident in effect, and very evident *as effect*. We can learn consciously to feel and to know the Christ, and one thing is certain, we shall know Its presence by Its results—and the results will always be good. There is no such thing as entertaining the Christ in consciousness and not having the fruitage of it. If the fruitage is not there, then the Christ is not there, even though you may think It is. Although you may think you are making the effort, your effort has not yet been successful. You may be on the way, or you may have mistaken the path and have to retrace your steps and learn wherein you have failed. Why? Because the presence of the Christ is manifest as the presence of improved conditions in our individual experience, and It never fails.” ~Joel S Goldsmith

Romans 8:28 KJV

28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

Psalms 138:8 (to :) KJV

8 The Lord will perfect that which concerneth me:

Where the Christ is Realized, there is always Love and Abundance. Leave your nets—the sense of supply in this-world—and Follow Him... Walk with Christ. ~Al Denninger

## The Daily Lesson – January 3, 2023

“It is that which, as the Christ, became the consciousness of Saul of Tarsus, and yet it was nine years before he came forth in his Christ consciousness to travel, lecture, preach, and heal. So, too, the entrance of the Christ in our consciousness may not manifest itself the very next day in perfect human conditions. There may be that period of readjustment when the Christ is active and operating in consciousness and is gradually overcoming the fears of sense, the hates of sense, the personalities of sense—the personal discords of mind, body, and morals.” ~Joel S Goldsmith

Romans 8:2 KJV

2 For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death.

I John 4:15-18 (to :) KJV

15 Whosoever shall confess that Jesus is the Son of God, God dwelleth in him, and he in God.

16 And we have known and believed the love that God hath to us. God is love; and he that dwelleth in love dwelleth in God, and God in him.

17 Herein is our love made perfect, that we may have boldness in the day of judgment: because as he is, so are we in this world.

18 There is no fear in love; but perfect love casteth out fear:

The same Law of the Spirit of Life that was available to Paul is available to you. It is a Divine and Infinite Truth. All we need do is Dwell and Open an Avenue of Awareness.  
~Al Denninger

## The Daily Lesson – January 4, 2023

“The Christ is very real. The moment It touches you, you are aware of It. It can come as It has to many in one blinding flash, or It can come as It did to John, as a gradual unfoldment of the Christ in consciousness, a gradual unfolding of thought and of the light of Truth, made manifest as spiritual vision or spiritual apprehension.” ~Joel S Goldsmith

Acts 9:1-20 KJV

1 And Saul, yet breathing out threatenings and slaughter against the disciples of the Lord, went unto the high priest,

2 And desired of him letters to Damascus to the synagogues, that if he found any of this way, whether they were men or women, he might bring them bound unto Jerusalem.

3 And as he journeyed, he came near Damascus: and suddenly there shined round about him a light from heaven:

4 And he fell to the earth, and heard a voice saying unto him, Saul, Saul, why persecutest thou me?

5 And he said, Who art thou, Lord? And the Lord said, I am Jesus whom thou persecutest: it is hard for thee to kick against the pricks.

6 And he trembling and astonished said, Lord, what wilt thou have me to do? And the Lord said unto him, Arise, and go into the city, and it shall be told thee what thou must do.

7 And the men which journeyed with him stood speechless, hearing a voice, but seeing no man.

8 And Saul arose from the earth; and when his eyes were opened, he saw no man: but they led him by the hand, and brought him into Damascus.

9 And he was three days without sight, and neither did eat nor drink.

10 And there was a certain disciple at Damascus, named Ananias; and to him said the Lord in a vision, Ananias. And he said, Behold, I am here, Lord.

11 And the Lord said unto him, Arise, and go into the street which is called Straight, and inquire in the house of Judas for one called Saul, of Tarsus: for, behold, he prayeth,

12 And hath seen in a vision a man named Ananias coming in, and putting his hand on him, that he might receive his sight.

13 Then Ananias answered, Lord, I have heard by many of this man, how much evil he hath done to thy saints at Jerusalem:

14 And here he hath authority from the chief priests to bind all that call on thy name.

15 But the Lord said unto him, Go thy way: for he is a chosen vessel unto me, to bear my name before the Gentiles, and kings, and the children of Israel:

16 For I will shew him how great things he must suffer for my name's sake.

17 And Ananias went his way, and entered into the house; and putting his hands on him said, Brother Saul, the Lord, even Jesus, that appeared unto thee in the way as thou camest, hath sent me, that thou mightest receive thy sight, and be filled with the Holy Ghost.

18 And immediately there fell from his eyes as it had been scales: and he received sight forthwith, and arose, and was baptized.



19 And when he had received meat, he was strengthened. Then was Saul certain days with the disciples which were at Damascus.

20 And straightway he preached Christ in the synagogues, that he is the Son of God.

Paul's Awakening from the man formally known as Saul of Tarsus was only 3 days from a blinding flash to Christ Consciousness and he immediately began the Work. Ananias immediately obeyed the Will of God and Healed his enemy, which began the greatest ministry even known to bring the Christ message to future Christians. I, on the other hand, have had moments of brilliant light in the last 4 and a half decades, but the unfolding has been at a slower steadier pace overall. We all must keep focused, steady be obedient when called. Oh yes, the Christ is very Real. Thank you Father. ~Al Denninger

## The Daily Lesson – January 5, 2023

“John so clearly entertained the Christ, or received the Christ, that when he looked out on the universe, he saw the temple of God not ‘made with hands.’ He saw the divine realities of being. He saw God’s creation, and he knew that there was ‘no night there.’ There were no sins there. There were no diseases there. There was no death there. All these had been overcome through the discernment of the Christ in his consciousness.”  
~Joel S Goldsmith

John 1:6-9 KJV

6 There was a man sent from God, whose name was John.

7 The same came for a witness, to bear witness of the Light, that all men through him might believe.

8 He was not that Light, but was sent to bear witness of that Light.

9 That was the true Light, which lighteth every man that cometh into the world.

II Corinthians 5:1 KJV

1 For we know that if our earthly house of this tabernacle were dissolved, we have a building of God, an house not made with hands, eternal in the heavens.

Revelation 21:23-25 KJV

23 And the city had no need of the sun, neither of the moon, to shine in it: for the glory of God did lighten it, and the Lamb is the light thereof.

24 And the nations of them which are saved shall walk in the light of it: and the kings of the earth do bring their glory and honour into it.

25 And the gates of it shall not be shut at all by day: for there shall be no night there.

Genesis 1:31 (to .) KJV

31 And God saw every thing that he had made, and, behold, it was very good.

John 16:33 KJV

33 These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world.

John witnessed and Blessed us all with the sharing of the Christ Experience that was Spiritually discerned, beyond words and thoughts. Christ is Pure Light, in Him there is no darkness at all. Thank you Father. ~Al Denninger

## The Daily Lesson – January 6, 2023

“Did he look out and see a world ‘out here’ suddenly become perfect? No! The whole history of the world shows that there is no such thing as a world that has attained perfection at any time. Therefore, neither you nor I will ever be able to look out and say, ‘The world has become perfect.’ You and I will behold the perfect universe only as an extension, as an activity of our own consciousness. It will be our own consciousness that will be the temple not ‘made with hands,’ in which there will be no material structure, and in which we shall have realized the spiritual body, the spiritual home, and the spiritual marriage. All will be taking place in and of our consciousness. The only effect upon the world will be that that part of the world which can see and understand us will partake in a measure of that same vision.” ~Joel S Goldsmith

I Corinthians 2:9,10 KJV

9 But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him.

10 But God hath revealed them unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God.

Romans 8:9 (to .) KJV

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

I Corinthians 2:12-14 KJV

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

13 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

Seek ye first the Spiritual Realm Within and Dwell in It. I Am. ~Al Denninger

## The Daily Lesson – January 7, 2023

“If you can grasp one little grain of the fact that God is actually your own consciousness, that God is appearing as your individual consciousness; if you can catch one grain of that, you will begin to discern, in your consciousness, the temple not ‘made with hands.’ You will begin to see that God is really the mind and Soul of you. You, too, will see the Christ, because your consciousness, which is God, will be manifesting Itself to you as a world not ‘made with hands,’ a world eternal in your consciousness. And when that comes to you, you will have a universe that will never be taken from you—a home, a wife, a husband, a child, and supply that you can never lose—because it will be your own consciousness appearing as form.” ~Joel S Goldsmith

Luke 13:18-21 KJV

18 Then said he, Unto what is the kingdom of God like? and whereunto shall I resemble it?

19 It is like a grain of mustard seed, which a man took, and cast into his garden; and it grew, and waxed a great tree; and the fowls of the air lodged in the branches of it.

20 And again he said, Whereunto shall I liken the kingdom of God?

21 It is like leaven, which a woman took and hid in three measures of meal, till the whole was leavened.

Ezekiel 37:14 (to 2nd ,) KJV

14 And shall put my spirit in you, and ye shall live,

II Corinthians 3:3-6 KJV

3 Forasmuch as ye are manifestly declared to be the epistle of Christ ministered by us, written not with ink, but with the Spirit of the living God; not in tables of stone, but in fleshy tables of the heart.

4 And such trust have we through Christ to God-ward:

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

6 Who also hath made us able ministers of the new testament; not of the letter, but of the spirit: for the letter killeth, but the spirit giveth life.

One small spark of Light and there is no more darkness. There is Life in the Realized Truth. God put His Spirit in you so you can anyways find It—and always be Felt—and always show you your Gracious Sufficiency. ~Al Denninger

## The Daily Lesson – January 8, 2023

“That one statement—God is your own consciousness! If you can grasp one little bit of that one statement, you have the Christ right in your hands. You have the whole secret of living right in your hands when you know that everyone is mind or consciousness attracted to you in form. Even my telling you this is your own spiritual development made manifest in the form of a man. The whole world of Truth is embodied in those few words! It only requires discernment, inner vision, a development of the spiritual sense to see that when you close your eyes and say *I*, you are saying God:

*God made this universe and God appears to me as the forms necessary to my unfoldment. My oneness with God constitutes my oneness with every spiritual idea. It makes no difference where that idea is at this moment. My oneness with every spiritual idea is so much a part of spiritual law that at the moment a need appears to me, fulfilment will be there.” ~Joel S Goldsmith*

I Corinthians 2:16 KJV

16 ... But we have the mind of Christ.

I Corinthians 13:10-12 KJV

10 But when that which is perfect is come, then that which is in part shall be done away.

11 When I was a child, I spake as a child, I understood as a child, I thought as a child: but when I became a man, I put away childish things.

12 For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known.

I Am within you—be still and Know...

I Am the Vine—and you are my branch—We are One.

I Am the Bread of Life—Rejoice and be Fulfilled.

I Am the Wine—and you will never want or thirst.

I Am the Living Water—the essence of Life Itself.

I Am the Door of the sheep—Awake and open it.

I Am Omnipotence—the only Power and Doer.

I Am Omniscience—the Mind of God—Inspiration and Shepherd.

I Am the Light of the world—and I will Shine on thee, in thee and from thee, forever.

I Am the first and the last—The Source, the Creator and Supreme Being, Infinite in every Way...

~Al Denninger

## The Daily Lesson – January 9, 2023

### *The Coming of the Christ to Human Consciousness*

The Christ, this great truth, comes to your human awareness. It is said that the Christ is born in the manger, but that manger is your human awareness. What happens, then, to your human awareness? It begins to be dispelled. It becomes volatilized. This Christ, this great truth of the infinite Presence and Power, comes to you while you are yet depending on ‘man, whose breath is in his nostrils.’ It comes to you while you are yet depending on human government and organization. It comes to you in some degree while you are depending on dollars and investments, and in some degree while you are yet depending on medicine. It comes to you and It says: ‘Entertain Me a little while, and watch these other things disappear. Then, soon, you will begin to love Me for My own sake, and not for the loaves and fishes.’ ~Joel S Goldsmith

I Corinthians 2:14 KJV

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

John 6:22-27 KJV

22 The day following, when the people which stood on the other side of the sea saw that there was none other boat there, save that one whereinto his disciples were entered, and that Jesus went not with his disciples into the boat, but that his disciples were gone away alone;

23 (Howbeit there came other boats from Tiberias nigh unto the place where they did eat bread, after that the Lord had given thanks:)

24 When the people therefore saw that Jesus was not there, neither his disciples, they also took shipping, and came to Capernaum, seeking for Jesus.

25 And when they had found him on the other side of the sea, they said unto him, Rabbi, when camest thou hither?

26 Jesus answered them and said, Verily, verily, I say unto you, Ye seek me, not because ye saw the miracles, but because ye did eat of the loaves, and were filled.

27 Labour not for the meat which perisheth, but for that meat which endureth unto everlasting life, which the Son of man shall give unto you: for him hath God the Father sealed.

Focus on and follow the Christ as best you can. Drink the gift of milk until you can Eat the Meat. To learn to cease ye from man whose breath is in his nostrils. Seek ye first the Kingdom, not for any purpose, agenda or healing, but to seek God for God—just to Be with Him—just to sit at His Feet and partake of the Love that is Spiritually Discerned. Gently and completely commune in the Peace that passeth understanding. Love *Me*. ~Al Denninger

## The Daily Lesson – January 10, 2023

“Sometimes when this Christ comes to our consciousness, we have to take it ‘down into Egypt.’ We have to hide it. We all have friends and relatives who want to get their hands on it. They will attempt to show us the ‘error’ in ourselves and in the world. They do not see that we have come forth nearly ninety percent from the ‘old man’ that we were, and that we are grateful for this much progress and can afford to be patient in attaining the remaining ten percent. Our friends and our relatives see only that we do not like to play cards any more, or that we no longer enjoy drinking, or that we do not care to spend so much of our time at the movies. They do not realize that we have come into something higher and more satisfying. So we must carry our Christ into ‘Egypt.’ We have to live in the world, but not be of it.” ~Joel S Goldsmith

Matthew 16:13-20 KJV

13 When Jesus came into the coasts of Caesarea Philippi, he asked his disciples, saying, Whom do men say that I the Son of man am?

14 And they said, Some say that thou art John the Baptist: some, Elias; and others, Jeremias, or one of the prophets.

15 He saith unto them, But whom say ye that I am?

16 And Simon Peter answered and said, Thou art the Christ, the Son of the living God.

17 And Jesus answered and said unto him, Blessed art thou, Simon Bar-jona: for flesh and blood hath not revealed it unto thee, but my Father which is in heaven.

18 And I say also unto thee, That thou art Peter, and upon this rock I will build my church; and the gates of hell shall not prevail against it.

19 And I will give unto thee the keys of the kingdom of heaven: and whatsoever thou shalt bind on earth shall be bound in heaven: and whatsoever thou shalt loose on earth shall be loosed in heaven.

20 Then charged he his disciples that they should tell no man that he was Jesus the Christ.

Matthew 8:1-4 (to ;) KJV

1 When he was come down from the mountain, great multitudes followed him.

2 And, behold, there came a leper and worshipped him, saying, Lord, if thou wilt, thou canst make me clean.

3 And Jesus put forth his hand, and touched him, saying, I will; be thou clean. And immediately his leprosy was cleansed.

4 And Jesus saith unto him, See thou tell no man;

Matthew 17:1-13 KJV

1 And after six days Jesus taketh Peter, James, and John his brother, and bringeth them up into an high mountain apart,

2 And was transfigured before them: and his face did shine as the sun, and his raiment was white as the light.

3 And, behold, there appeared unto them Moses and Elias talking with him.

4 Then answered Peter, and said unto Jesus, Lord, it is good for us to be here: if thou wilt, let us make here three tabernacles; one for thee, and one for Moses, and one for Elias.

5 While he yet spake, behold, a bright cloud overshadowed them: and behold a voice out of the cloud, which said, This is my beloved Son, in whom I am well pleased; hear ye him.

6 And when the disciples heard it, they fell on their face, and were sore afraid.

7 And Jesus came and touched them, and said, Arise, and be not afraid.

8 And when they had lifted up their eyes, they saw no man, save Jesus only.

9 And as they came down from the mountain, Jesus charged them, saying, Tell the vision to no man, until the Son of man be risen again from the dead.

10 And his disciples asked him, saying, Why then say the scribes that Elias must first come?

11 And Jesus answered and said unto them, Elias truly shall first come, and restore all things.

12 But I say unto you, That Elias is come already, and they knew him not, but have done unto him whatsoever they listed. Likewise shall also the Son of man suffer of them.

13 Then the disciples understood that he spake unto them of John the Baptist.

The Gift of Christ Comes when we are ready—ready to Work in the Father's Business.  
The Promise, if Realized, is Everything. Follow Him. ~Al Denninger



## The Daily Lesson – January 11, 2023

“In some cases we must conform to the standards of human existence, even while, within our own being, we realize that this phase of our existence is over. And so we gratefully come out of ‘Egypt.’ We come back with our Christ. Ultimately, we come out into the open with It. But when we do, we receive a great shock. We find that we are in a temple which we thought was holy ground, only to find the ‘moneychangers’ there, and we say, ‘What is this I have been a part of?’ And out comes the old whip. That is bad business because we are resorting to force, and even Jesus did not succeed in purifying the temple by means of force. It is true that in subsequent years some attempts that were made to reform the church succeeded, but many others failed. No human organization—religious, political, or commercial—can be purified unless that purification comes about as the result of the transformation of the consciousness of those comprising the organization.” ~Joel S Goldsmith

Mark 11:15-19 KJV

15 And they come to Jerusalem: and Jesus went into the temple, and began to cast out them that sold and bought in the temple, and overthrew the tables of the moneychangers, and the seats of them that sold doves;

16 And would not suffer that any man should carry any vessel through the temple.

17 And he taught, saying unto them, Is it not written, My house shall be called of all nations the house of prayer? but ye have made it a den of thieves.

18 And the scribes and chief priests heard it, and sought how they might destroy him: for they feared him, because all the people was astonished at his doctrine.

19 And when even was come, he went out of the city.

Psalms 127:1 (to :) KJV

1 Except the Lord build the house, they labour in vain that build it:

Romans 12:2,3 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

3 For I say, through the grace given unto me, to every man that is among you, not to think of himself more highly than he ought to think; but to think soberly, according as God hath dealt to every man the measure of faith.

Don't be fooled into acting on the distractions of this-world. We labor in vain when we think there is a better way than God's. This House is His—He built it and His will be done. Open a Way in Your Heart to forgive those that do not understand and get yourself on the straight and narrow. Don't worry about those that don't. Be at Peace.  
~Al Denninger

## The Daily Lesson – January 12, 2023

“No business has more integrity than the consciousness of the man or group of men who own it. No president in our government will ever bring more integrity into that government than he has in his own being. It is the same with church government, and Jesus found that out. He started to drive the ‘moneychangers’ out, but they came right back. We have all been through certain phases of church work, and have found that for a year, or perhaps for three years, our church has manifested a goodly degree of the divine reality, has really shown forth the principle for which it stood. Then came a new board, or a new leader, and the old ‘situations’ were right back again.” ~Joel S Goldsmith

Proverbs 11:3 KJV

3 The integrity of the upright shall guide them: but the perverseness of transgressors shall destroy them.

Psalms 146:3 (to ,) KJV

3 Put not your trust in princes,

Acts 5:29 KJV

29 Then Peter and the other apostles answered and said, We ought to obey God rather than men.

Romans 13:1 KJV

1 Let every soul be subject unto the higher powers. For there is no power but of God: the powers that be are ordained of God.

Honor the government that rests upon the shoulders of Christ. All things work together for Good, to them that Love God. Be Called according to His purpose. ~Al Denninger

## The Daily Lesson – January 13, 2023

“And so after we have tried our best to purify the temple and found that it did not work, we go out from the temple, and preach by the wayside. We preach wherever our voice will find a listener, whether by a roadside, on a mountain top, in a field, or by the side of the sea. Like Paul, we do not care whether we go to the Gentiles or to the Hebrews. We carry the message to anyone who will listen, in the hope that here and there someone will catch the vision. And we learn that the Christ comes only to that consciousness that is prepared for it.” ~Joel S Goldsmith

Luke 10:2-11 KJV

2 Therefore said he unto them, The harvest truly is great, but the labourers are few: pray ye therefore the Lord of the harvest, that he would send forth labourers into his harvest.

3 Go your ways: behold, I send you forth as lambs among wolves.

4 Carry neither purse, nor scrip, nor shoes: and salute no man by the way.

5 And into whatsoever house ye enter, first say, Peace be to this house.

6 And if the son of peace be there, your peace shall rest upon it: if not, it shall turn to you again.

7 And in the same house remain, eating and drinking such things as they give: for the labourer is worthy of his hire. Go not from house to house.

8 And into whatsoever city ye enter, and they receive you, eat such things as are set before you:

9 And heal the sick that are therein, and say unto them, The kingdom of God is come nigh unto you.

10 But into whatsoever city ye enter, and they receive you not, go your ways out into the streets of the same, and say,

11 Even the very dust of your city, which cleaveth on us, we do wipe off against you: notwithstanding be ye sure of this, that the kingdom of God is come nigh unto you.

Be Love Loving. Go where the Shepherd leads you. Give what can be Received. Do not argue Truth, Live It. ~Al Denninger

## The Daily Lesson – January 14, 2023

### *“Crucifixion*

All the rooms at the inn were filled: There was only one little manger that was ready for the birth of the Christ. Here is one, and there is one, who is ready, anxious for something better than sensuous living. Many others hear the words, but only those who have ears to hear and eyes to see, hear and see the message. So the Christ goes up and down the shores of Galilee, into and out of Jerusalem. The human being who is beginning to entertain the Christ has both mountain top experiences and valley experiences. When it comes to the valley experiences, that is where most of us fail in our progress. We dislike the valley experiences, and we become impatient with them. If we had studied thoroughly the life of the Master, we would remember that although he went up to the mountain top and had the experience of transfiguration—probably the highest demonstration ever attained on earth—he also went to the foot of the mountain, and there healed and fed the multitudes, not only once, but a second time, and then rebuked them for their lack of understanding of the principle.” ~Joel S Goldsmith

II Corinthians 3:15-17 KJV

15 But even unto this day, when Moses is read, the veil is upon their heart.

16 Nevertheless when it shall turn to the Lord, the veil shall be taken away.

17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

II Cor 3:4-6 KJV

4 And such trust have we through Christ to God-ward:

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

6 Who also hath made us able ministers of the new testament; not of the letter, but of the spirit: for the letter killeth, but the spirit giveth life.

Christ always finds a Way to be Present in our Lives, we just need to be still and Recognize that fact. Christ Consciousness is Omnipresent and forever Waiting to be Recognized. On the Mountain top or in the Valley of the shadow of death, I can be Experienced Spirit to Spirit, Soul to Soul. ~Al Denninger

## The Daily Lesson – January 15, 2023

“Had Jesus promised us that the Christ Way was an easy way, we should know by now that we are all on the wrong path, for we are not finding it easy. We are having trials and tribulations, always of a varied nature. Yet once the problem of a diseased body has been surmounted through our realization of the Christ, we do not have too many of such experiences. We might have a cold, or wear glasses for a while, but that is so unimportant. Our spiritual sense of health carries us forward, and this or that little annoyance does not bother us too much.” ~Joel S Goldsmith

I Peter 5:6-11 KJV

6 Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time:

7 Casting all your care upon him; for he careth for you.

8 Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour:

9 Whom resist stedfast in the faith, knowing that the same afflictions are accomplished in your brethren that are in the world.

10 But the God of all grace, who hath called us unto his eternal glory by Christ Jesus, after that ye have suffered a while, make you perfect, stablish, strengthen, settle you.

11 To him be glory and dominion for ever and ever. Amen.

Cast all your care upon God. Steadily prove and reprove the Truth in the face of distractions and temptations and you will be Given even more Work to do. The Path will get steeper; the Way may seem to get narrower. Stay focused and vigilant—you are not Walking alone—but with Christ. All the Glory is His. ~Al Denninger

## The Daily Lesson – January 16, 2023

“In the same way, once we have worked out the problem of supply in our own consciousness, through the realization of the Christ, we do not have to worry again. We may have periods when we do not have an over-abundance of supply, but we have learned that ‘manna’ falls ‘day by day’; we do not care whether our bank account is or is not equal to tomorrow or the day after tomorrow. We have overcome the fear of money—the fear of the lack of it—and the fear of tomorrow. Even if circumstances should take us through periods of limitation, we can be assured that once we have touched the Christ, we no longer need have any concern or worry about them, and only rarely after that do we know lack or limitation. Health and poverty are relative things and a person who has even a slight understanding of any of the spiritual teachings in the world, is not bothered too much about whether he has ten dollars or ten thousand dollars. He knows that in either case, it is only an incident of today, because he has caught some measure of understanding of what the presence and power of the Christ in his consciousness can do.” ~Joel S Goldsmith

Deuteronomy 8:1-3 KJV

1 All the commandments which I command thee this day shall ye observe to do, that ye may live, and multiply, and go in and possess the land which the Lord sware unto your fathers.

2 And thou shalt remember all the way which the Lord thy God led thee these forty years in the wilderness, to humble thee, and to prove thee, to know what was in thine heart, whether thou wouldest keep his commandments, or no.

3 And he humbled thee, and suffered thee to hunger, and fed thee with manna, which thou knewest not, neither did thy fathers know; that he might make thee know that man doth not live by bread only, but by every word that proceedeth out of the mouth of the Lord doth man live.

*Thank you Father, for Showing Me the Truth of Being in an Earth-melting Experience when I was a young man... Since then, I have been through these ups and downs that Joel speaks of... The downs came when I was thinking of being separated from God and providing for myself. These moments of distraction ended the moment I Realized and Lived By God's Will and no my own... I am Living proof of these words. Looking back, I am grateful for every Experience and now See them as a Blessing to be reminded as a kind of Wake-up Call each time I've lost God's Way.... Thank you Father.... Be still with Me now... ~al.within*

## The Daily Lesson – January 17, 2023

“Even Jesus had his Gethsemane, and so do we. We have the valley experiences, but we also go to the Mount of Transfiguration. Occasionally, we get up there and actually behold the world of reality. And when we do, it is the most glorious experience in the world! There is not a practitioner, not a single individual who, having once been the instrument for healing someone, has not caught some measure of the vision of the Mount of Transfiguration.” ~Joel S Goldsmith

Mark 14:32-38 KJV

32 And they came to a place which was named Gethsemane: and he saith to his disciples, Sit ye here, while I shall pray.

33 And he taketh with him Peter and James and John, and began to be sore amazed, and to be very heavy;

34 And saith unto them, My soul is exceeding sorrowful unto death: tarry ye here, and watch.

35 And he went forward a little, and fell on the ground, and prayed that, if it were possible, the hour might pass from him.

36 And he said, Abba, Father, all things are possible unto thee; take away this cup from me: nevertheless not what I will, but what thou wilt.

37 And he cometh, and findeth them sleeping, and saith unto Peter, Simon, sleepest thou? couldest not thou watch one hour?

38 Watch ye and pray, lest ye enter into temptation. The spirit truly is ready, but the flesh is weak.

Mark 9:2-10 KJV

2 And after six days Jesus taketh with him Peter, and James, and John, and leadeth them up into an high mountain apart by themselves: and he was transfigured before them.

3 And his raiment became shining, exceeding white as snow; so as no fuller on earth can white them.

4 And there appeared unto them Elias with Moses: and they were talking with Jesus.

5 And Peter answered and said to Jesus, Master, it is good for us to be here: and let us make three tabernacles; one for thee, and one for Moses, and one for Elias.

In this-world consciousness we can be tempted to be effected by fear and worry. In God's Kingdom there is Light beyond words and thoughts.

Matthew 6:13 KJV

13 And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, for ever. Amen.

Seek ye the Kingdom... Be still with God. ~Al Denninger

## The Daily Lesson – January 18, 2023

“We who travel this path do have experiences that would, if we accepted them as reality, drag us down utterly. But at most they are temporary experiences. So let us learn not to take too seriously the ills that come ‘for a day.’ Sometimes these ills may be blessings. When we reach that state of consciousness which sees the oranges as fruit and not as supply—as the fruit of supply—then, we never again can know a financial problem.” ~Joel S Goldsmith

Psalms 55:22 (to :) KJV

22 Cast thy burden upon the Lord, and he shall sustain thee:

Philippians 1:9-11 KJV

9 And this I pray, that your love may abound yet more and more in knowledge and in all judgment;

10 That ye may approve things that are excellent; that ye may be sincere and without offence till the day of Christ;

11 Being filled with the fruits of righteousness, which are by Jesus Christ, unto the glory and praise of God.

Appearances are only temporary distractions until we stop... and Know the Truth. Cast your burdens upon the Lord and be filled with His Righteous Fruit. When we turn to Christ we have all we need to Do His Will. God’s Fruit is more than sufficient. ~Al Denninger



## The Daily Lesson – January 19, 2023

“The ills of the flesh, or of the body, will continue to come in some degree until we reach the realization of spiritual health and body—that place in consciousness where we can look at these things with no desire and with no concern. As we come into the state of consciousness which knows that the organs and functions of the body have nothing at all to do with our life—that it is really our life or consciousness that is governing the organs and functions of the body—we shall use these problems to push us higher and higher into God-realization. When we no longer have problems of our own body, they will come to us by way of our patients' bodies. But we must be able to ‘handle’ our own first. And these will keep coming into our thought in one form or another, until we arrive at that state of consciousness that can say, ‘None of these things moves me. I know that the power of life and death is not in the world of effect, but in the word of God—in consciousness’” ~Joel S Goldsmith

Mark 4:19,20 KJV

19 And the cares of this world, and the deceitfulness of riches, and the lusts of other things entering in, choke the word, and it becometh unfruitful.

20 And these are they which are sown on good ground; such as hear the word, and receive it, and bring forth fruit, some thirtyfold, some sixty, and some an hundred.

Luke 4:23 (to :) KJV

23 And he said unto them, Ye will surely say unto me this proverb, Physician, heal thyself:

Matthew 4:4 KJV

4 But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.

John 14:27 KJV

27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

If so be we Dwell in Spirit we are Lifted above the mist of distractions otherwise we stumble into them. We must learn to focus, stay focused and be an Example of Good for future generations. ~Al Denninger

## The Daily Lesson – January 20, 2023

“Do not ever forget that the Master was *learning* in the three-year period of his ministry. It took those three full years before he was able to say: ‘He that seeth me seeth him that sent me.’ He went through the period, first, of being a son of man, then, a Son of God, and finally he realized: ‘I am He, and besides Me there is none other.’ So it was with all of the great prophets. All of them went through the period of being human prophets, prophesying human events, before they came into the vision of spiritual reality.” ~Joel S Goldsmith

Matthew 14:33 KJV

33 Then they that were in the ship came and worshipped him, saying, Of a truth thou art the Son of God.

John 8:28,29 KJV

28 Then said Jesus unto them, When ye have lifted up the Son of man, then shall ye know that I am he, and that I do nothing of myself; but as my Father hath taught me, I speak these things.

29 And he that sent me is with me: the Father hath not left me alone; for I do always those things that please him.

John 13:20 KJV

20 Verily, verily, I say unto you, He that receiveth whomsoever I send receiveth me; and he that receiveth me receiveth him that sent me.

I John 5:20 KJV

20 And we know that the Son of God is come, and hath given us an understanding, that we may know him that is true, and we are in him that is true, even in his Son Jesus Christ. This is the true God, and eternal life.

As we learn to drop a this-world personalized view of being we begin to lose our sense of separation—a separate son of man worshiped as a miracle-worker—to a fully Realized Son of God; to the Lifting-up Spiritual Being—I Am. ~Al Denninger

Romans 12:1,2 KJV

1 I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

## **The Daily Lesson – January 21, 2023**

“When you follow Jesus along his path of healing, you are impressed with the fact that he did not set up a healing ministry; that is, he did not establish branches of truth teaching, centers in which were practitioners to do the healing work; nor did he help the disciples to become established in one city after another so that they could perform the miracles of loaves and fishes.” ~Joel S Goldsmith

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Setting up a church business is the will of man. The only thing that matters is doing the Will of God, the Way He wants It Done. The Christ says Follow Me... ~Al Denninger

## The Daily Lesson – January 22, 2023

“What he did was to set forth the principle, and then he left that for those who could catch it to live by. He preached it and hoped that all the world could and would receive it, although within himself he probably knew better. He knew the excuses human beings make not to come. He knew the boredom that can come with hearing the same message over and over, dressed up in different words. He knew all of the ways in which the human mind can be sidetracked, and he was prepared for them, remembering that ‘My sheep hear my voice.’” ~Joel S Goldsmith

John 10:6-11, 14 & 26-28 KJV

6 This parable spake Jesus unto them: but they understood not what things they were which he spake unto them.

7 Then said Jesus unto them again, Verily, verily, I say unto you, I am the door of the sheep.

8 All that ever came before me are thieves and robbers: but the sheep did not hear them.

9 I am the door: by me if any man enter in, he shall be saved, and shall go in and out, and find pasture.

10 The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly.

11 I am the good shepherd: the good shepherd giveth his life for the sheep.

14 I am the good shepherd, and know my sheep, and am known of mine.

26 But ye believe not, because ye are not of my sheep, as I said unto you.

27 My sheep hear my voice, and I know them, and they follow me:

28 And I give unto them eternal life; and they shall never perish, neither shall any man pluck them out of my hand.

Christ laid the foundation of Life. We have the free choice whether to follow and build on that foundation or not, and we choose the degree of devotion, dedication and Love we want to put into it. All that the Father hath is thine. ~Al Denninger

## The Daily Lesson – January 23, 2023

“Paul, too, went out into the service of healing the world, and you need only read his letters to the churches to know his tribulations. He was determined to make Christians of all of them, and you cannot make a Christian of anybody. God, working in individual consciousness, leads a person, in the moment of his readiness, to the Christ—to the teacher or to the teaching which is for him. Then he knows, ‘This is it!’ and seizes it. From that moment on, It starts to develop, unfold, externalize, and reveal itself as individual consciousness.” ~Joel S Goldsmith

Acts 1:1-8 KJV

1 The former treatise have I made, O Theophilus, of all that Jesus began both to do and teach,

2 Until the day in which he was taken up, after that he through the Holy Ghost had given commandments unto the apostles whom he had chosen:

3 To whom also he shewed himself alive after his passion by many infallible proofs, being seen of them forty days, and speaking of the things pertaining to the kingdom of God:

4 And, being assembled together with them, commanded them that they should not depart from Jerusalem, but wait for the promise of the Father, which, saith he, ye have heard of me.

5 For John truly baptized with water; but ye shall be baptized with the Holy Ghost not many days hence.

6 When they therefore were come together, they asked of him, saying, Lord, wilt thou at this time restore again the kingdom to Israel?

7 And he said unto them, It is not for you to know the times or the seasons, which the Father hath put in his own power.

8 But ye shall receive power, after that the Holy Ghost is come upon you: and ye shall be witnesses unto me both in Jerusalem, and in all Judaea, and in Samaria, and unto the uttermost part of the earth.

I Corinthians 12:27-31 KJV

27 Now ye are the body of Christ, and members in particular.

28 And God hath set some in the church, first apostles, secondarily prophets, thirdly teachers, after that miracles, then gifts of healings, helps, governments, diversities of tongues.

29 Are all apostles? are all prophets? are all teachers? are all workers of miracles?

30 Have all the gifts of healing? do all speak with tongues? do all interpret?

31 But covet earnestly the best gifts: and yet shew I unto you a more excellent way.

And so, Paul’s message, a more excellent Way, covers the earth today with Its Love and Grace. Are you ready to take up the cross and Follow Christ? ~Al Denninger

## The Daily Lesson – January 24, 2023

“The message presented in these pages would go on even should I decide to retire tomorrow and live up in the mountains or by the seaside. Nothing can stop this message because it is of the Christ. It does not need me. It has never needed me. It would have come into existence whether I led myself to it or not because somebody else would have led himself into it. That is the mission of this Christ. It will always find a ‘manger’ in which to be born, and then it will go out into the world in the form of a human being. If one person does not take up the work, another one will.” ~Joel S Goldsmith

Colossians 3:15-17 KJV

15 And let the peace of God rule in your hearts, to the which also ye are called in one body; and be ye thankful.

16 Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.

17 And whatsoever ye do in word or deed, do all in the name of the Lord Jesus, giving thanks to God and the Father by him.

Romans 8:28 KJV

28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

Hebrews 13:8 KJV

8 Jesus Christ the same yesterday, and to day, and for ever.

Christ—Infinite Love, Light and Truth, patiently waiting to be followed. ~Al Denninger

## The Daily Lesson – January 25, 2023

“If you feel that this is your message and that it is your responsibility to carry it to the world, you may suffer crucifixion. But it will be your own error that will crucify you because this is not your message: This is the Christ message. We suffer crucifixion in the degree to which we personalize the message. We can suffer crucifixion in another way, also. We can personalize the evil in another person's life. If we personalize the evil which makes of this man a thief, or of that man an alcoholic, or of another diseased or dead, it will come back to us. When they tried to personalize the Christ and sought to worship Jesus, his answer was, ‘Why callest thou me good?’ When you deify a person, personalize a message, or personalize evil, you may be crucified, but you will have crucified yourself. You will have crucified your own harmonious sense of things, and you will have been the one who brought it all onto your own shoulders.” ~Joel S Goldsmith

Mark 10:17-18 KJV

17 And when he was gone forth into the way, there came one running, and kneeled to him, and asked him, Good Master, what shall I do that I may inherit eternal life?

18 And Jesus said unto him, Why callest thou me good? there is none good but one, that is, God.

19 Thou knowest the commandments, Do not commit adultery, Do not kill, Do not steal, Do not bear false witness, Defraud not, Honour thy father and mother.

Any time we think we are separate or apart from God, we are bearing false witness. We are thinking that we are independent beings that can of our own selves do stuff. We are accepting this-world's belief as our ruler, with all of its limitations and consequences. There is only One Good, One Be-ing, so there is only One Life manifest with an infinite number of God's Expressions. There is no God and...only God Expressed As. Taking personal thought removes our experience from God's Garden. ~Al Denninger

## The Daily Lesson – January 26, 2023

“When you give out a message, say, 'This is the message; it is yours to have, or not, as you choose.' Then there will be no crucifixion for you. You are not claiming personal ownership of the message. If anyone wants to hate it or crucify it, he will not be touching any person. All the crucifixion that will ever come will come to the Christ, to the Truth Itself, and the Truth knows how to dissolve it. The only answer the Christ has to persecution and crucifixion is, 'Put up thy sword. You cannot do anything to me. I will prove eternal life on or off the cross.’” ~Joel S Goldsmith

Matthew 10:8 freely KJV

8 ...freely ye have received, freely give.

John 5:31 KJV

31 If I bear witness of myself, my witness is not true.

John 18:36 (to :) KJV

36 Jesus answered, My kingdom is not of this world:

Matthew 26:52 (to :) KJV

52 Then said Jesus unto him, Put up again thy sword into his place:

An Instrument of the Word is Truth Manifest and Demonstrated in the Present. He is a Living Expression of God Giving to those Ready to Hear it. Thank you Father. ~Al Denninger



## The Daily Lesson – January 27, 2023

“If you can visualize yourself as Truth and Life and Love, how can anyone or anything touch you or reach you with a material whip—whether that whip be a thing or a thought? Is crucifixion not dependent upon your acceptance of the belief that you are a person, instead of that you are life eternal? Once you know that you are consciousness, let them try to nail you-consciousness-to a cross! Try to entomb consciousness! When you see that point, you are another step farther from ever passing on.” ~Joel S Goldsmith

Zechariah 4:6 KJV

6 Then he answered and spake unto me, saying, This is the word of the Lord unto Zerubbabel, saying, Not by might, nor by power, but by my spirit, saith the Lord of hosts.

I Corinthians 2:12 KJV

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

Romans 12:2 KJV

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

The spirit of the world [world-thought] is subject to every earthly agenda—the bad and the good. That has nothing to do with the Spirit or Conscious Presence of God—the *I* that *I Am* within. Focus on God. ~Al Denninger

## The Daily Lesson – January 28, 2023

“Remember that every experience of the Christ takes you farther and farther away from age, decomposition, and death. In the Garden of Gethsemane, Jesus found that he was alone with God. No one was with him. In the deepest experience that you ever have to go through, you also will find that you are alone. No one can help you through these experiences, even though he may sit with you all night. In a roomful of people, still are you alone.” ~Joel S Goldsmith

Matthew 26:36-39 KJV

36 Then cometh Jesus with them unto a place called Gethsemane, and saith unto the disciples, Sit ye here, while I go and pray yonder.

37 And he took with him Peter and the two sons of Zebedee, and began to be sorrowful and very heavy.

38 Then saith he unto them, My soul is exceeding sorrowful, even unto death: tarry ye here, and watch with me.

39 And he went a little farther, and fell on his face, and prayed, saying, O my Father, if it be possible, let this cup pass from me: nevertheless not as I will, but as thou wilt.

Daniel 6:16-22 KJV

16 Then the king commanded, and they brought Daniel, and cast him into the den of lions. Now the king spake and said unto Daniel, Thy God whom thou servest continually, he will deliver thee.

17 And a stone was brought, and laid upon the mouth of the den; and the king sealed it with his own signet, and with the signet of his lords; that the purpose might not be changed concerning Daniel.

18 Then the king went to his palace, and passed the night fasting: neither were instruments of music brought before him: and his sleep went from him.

19 Then the king arose very early in the morning, and went in haste unto the den of lions.

20 And when he came to the den, he cried with a lamentable voice unto Daniel: and the king spake and said to Daniel, O Daniel, servant of the living God, is thy God, whom thou servest continually, able to deliver thee from the lions?

21 Then said Daniel unto the king, O king, live for ever.

22 My God hath sent his angel, and hath shut the lions' mouths, that they have not hurt me: forasmuch as before him innocency was found in me; and also before thee, O king, have I done no hurt.

We have to be alone with God, and surrender to His will, to be taught by Him.  
Be still and Watch... ~Al Denninger

## The Daily Lesson – January 29, 2023

“But you and your individual awareness of your true identity will save you. There may be six practitioners sitting around your bedside, but when it comes to the final demonstration, all of them together will not carry you through. They can do a great deal for you up to a certain point, and then it is you, yourself, who will enter heaven with the Christ.” ~Joel S Goldsmith

Proverbs 3:6 KJV

6 In all thy ways acknowledge him, and he shall direct thy paths.

Matthew 6:33 (to:) KJV

33 But seek ye first the kingdom of God, and his righteousness:

John 14:6 KJV

6 Jesus saith unto him, *I* am the way, the truth, and the life: no man cometh unto the Father, but by me.

We can have wonderful demonstrations through God's Instruments. They lead us to The Way, but our full connection or communion is Spirit to Spirit, Soul to Soul with Christ. *I Am the Way...* ~Al Denninger

## The Daily Lesson – January 30, 2023

“Remember the thief on the cross? In his last agony, he turned to the Christ to bring him through the experience. Probably up to that moment, he had been depending on the weapons of the world; but in the last minute he had only the Christ, and he had sufficient wisdom to turn to That in his last mortal strife and to pray to be taken into heaven. So with us. We, too, in our human sense, are thieves, thieves of time. But one day we come to a place where no human agency can carry us through, and then we have to turn to the Christ, because only the Christ is the divine, spiritual presence and power of God in our consciousness. And we, in our human sense of lack and limitation, will suffer and will turn to that and will find the answer there.” ~Joel S Goldsmith

Luke 23:39-43 KJV

39 And one of the malefactors which were hanged railed on him, saying, If thou be Christ, save thyself and us.

40 But the other answering rebuked him, saying, Dost not thou fear God, seeing thou art in the same condemnation?

41 And we indeed justly; for we receive the due reward of our deeds: but this man hath done nothing amiss.

42 And he said unto Jesus, Lord, remember me when thou comest into thy kingdom.

43 And Jesus said unto him, Verily I say unto thee, To-day shalt thou be with me in paradise.

Turn to Christ, and He will remember You. Surrender to the Truth. ~Al Denninger

## The Daily Lesson – January 31, 2023

*“Let the Christ Interpret Itself*

Every one of the experiences that we encounter in our own human existence can be found in Scripture. Notice how Paul organized the church, and how he had to scold people and find fault with them, showing them the error of their ways. I bring this out merely to show that when you attempt to mix the Christ, which is incorporeality, with the corporeal, you are in trouble. You cannot organize the Christ, and by that I do not refer only to church organization. You cannot organize the Christ as a physical body, or you will set up one member against another. You will have the mind warring with the flesh, and the flesh with the bones, and the bones with the blood. The Christ is incorporeal being, and until you can see yourself as incorporeal, you will be fighting the warfare between the Spirit and the flesh; you will be trying to use God, incorporeal Spirit, to patch up the organized mass of flesh called a physical body.” ~Joel S Goldsmith

Romans 8:4-9 (to .) KJV

4 That the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit.

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

6 For to be carnally minded is death; but to be spiritually minded is life and peace.

7 Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be.

8 So then they that are in the flesh cannot please God.

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

I Corinthians 2:14 KJV

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

The human experience naturally has a deep rooted hostility against God because the ego does not want to give its control to God. It thinks it is a separate being and has an intelligence of its own with desires and a purpose of its own... Church ego is mostly the same way, as it wants to organize God into its particular agenda, and inform God of its problems and tell Him how to solve them. The Spirit is within, not separate. ~Al Denninger

## The Daily Lesson – February 1, 2023

“It is impossible to have peace in a church organization, or to have peace in a physical body. Either one is a Tower of Babel. If you accept the Christ in your consciousness, you must take the next step also and see that the embodiment or body of the Christ is the temple not ‘made with hands.’ It is spiritual and incorporeal. Do not try to use Spirit to help matter. Do not try to use Spirit to increase your matter. Do not try to use Spirit to decrease your matter. Do not try to use Spirit to destroy your enemies. Do not try to *use* Spirit!” ~Joel S Goldsmith

Matthew 6:7,8 KJV

7 But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking.

8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

John 18:36 (to :) KJV

36 Jesus answered, My kingdom is not of this world:

John 14:27 KJV

27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

Hebrews 9:24 KJV

24 For Christ is not entered into the holy places made with hands, which are the figures of the true; but into heaven itself, now to appear in the presence of God for us:

God is Omnipresent and All Knowing. Christ is how we Know that.

What exactly can we inform God about that He does not already know?

Go within and Be Aware of Peace... ~Al Denninger

## The Daily Lesson – February 2, 2023

“The Christ is incorporeal, spiritual being, and Its embodiment is wholly spiritual, and therefore, your demonstration must be wholly spiritual. There is no use trying to confine It in a human body, a human group, or a human world. It will break the confines and spread the 'remnants' all over the land. Christ is God, individually appearing as your being. Do not try to bottle It up as a body of flesh, or as a dollar bill. Rather, let the Christ manifest Itself as spiritual demonstration, and interpret Itself in terms of human experience. Do not let *you* do the interpreting! Let *It* do the interpreting. Learn this: There is not a problem you or I have, or ever have had, that did not come from trying to take Spirit and do something with It in the material realm.” ~Joel S Goldsmith

John 4:23, 24 KJV

23 But the hour cometh, and now is, when the true worshippers shall worship the Father in spirit and in truth: for the Father seeketh such to worship him.

24 God is a Spirit: and they that worship him must worship him in spirit and in truth.

II Corinthians 5:17 KJV

17 Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.

*I of mine own self can do nothing... The Spirit within doeth the Works... Try not to get in Its way by thinking you can..... Let Christ be Christ.... ~al.within*

## The Daily Lesson – February 3, 2023

“If you are going to live a spiritual life in the spiritual realm, then let It translate Itself into terms of human good—companionship if It will. And if It does not so translate Itself, then be content to be alone with God. You are still in good company. Do not say to your friends, or even to yourself, ‘I am all alone. I have no friends.’ In that way you make yourself devoid of God, and if you are devoid of God, you are alone and without friends—and always will be.” ~Joel S Goldsmith

Matthew 6:33 (to ;) KJV

33 But seek ye first the kingdom of God, and his righteousness;

Romans 8:9 KJV

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

Psalms 91:1 KJV

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

I Samuel 22:23 (to 2nd :)

23 Abide thou with me, fear not: for he that seeketh my life seeketh thy life:

Matthew 28:20 and KJV

20 ... and, lo, I am with you always, even unto the end of the world. Amen.

Love for the sake of Loving,  
Dwell for the Love of Dwelling.  
Commune with Me, and you will See,  
Spirit to Spirit, My Soul to Be...  
Abide with Me, as I Am with You,  
You are only alone, if you think there are two.  
~Al Denninger



## The Daily Lesson – February 4, 2023

“When you keep your demonstration on the level of Spirit, of seeking first the kingdom of God and Its righteousness, It will interpret Itself in terms that you and I can understand in our daily existence. It will appear to us as friend, companion, husband, wife, or home. If we will only stop taking thought, stop trying to make It appear in some particular way, stop trying to bottle up Spirit in a finite body, home, or church! If we will keep our demonstration of Christ on the spiritual level, we immediately can come together as human beings for our common good. Do not try to take the Christ and personalize It as friend, husband, wife, or patient. You will not succeed. It will only give you more pain than pleasure. Let the Christ interpret Itself to you. Keep your demonstration on the spiritual level and do not try to visualize its outline, form, or expression. You will only have Paul and his churches, all over again.” ~Joel S Goldsmith

Matthew 6:31-33 KJV

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

James 1:17 KJV

17 Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning.

When we ask for things we are acting and reacting in this-world. We are taking thought—which is exactly what Jesus asked us not to do. Seek the Righteous Awareness of Truth which is the Awareness of the All-knowing, All-powerful Omnipresence. Keep your focus inclined on the Spiritual interpretation and Reality of Being. ~Al Denninger

## The Daily Lesson – February 5, 2023

“Every time we come down below the level of our own understanding, lower than our own demonstrated state of consciousness, we condemn ourselves for it. Every time we live on a level of integrity lower than what we know to be our own integrity, we are uncomfortable; we do not like to look ourselves in the face.” ~Joel S Goldsmith

Psalms 34:17-19 KJV

17 The righteous cry, and the Lord heareth, and delivereth them out of all their troubles.

18 The Lord is nigh unto them that are of a broken heart; and saveth such as be of a contrite spirit.

19 Many are the afflictions of the righteous: but the Lord delivereth him out of them all.

Psalms 73:26 KJV

26 My flesh and my heart faileth: but God is the strength of my heart, and my portion for ever.

II Corinthians 12:9,10 KJV

9 And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me.

10 Therefore I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in distresses for Christ's sake: for when I am weak, then am I strong.

Psalms 55:22 KJV

22 Cast thy burden upon the Lord, and he shall sustain thee: he shall never suffer the righteous to be moved.

Temporarily having a sense of separation is just that—a sense, an illusion or a lie—it is never the Truth about an Omnipresent God. Open your broken heart and let God Show you His Infinite Way. ~Al Denninger

## The Daily Lesson – February 6, 2023

Worse than that, however, is trying to use the Christ for material demonstration. That is the greatest sin there is against the Holy Ghost, and that is what destroys us. If we can only be content to keep our demonstration on the level of Spirit, and let Spirit Itself, in the spiritual tongue, translate Itself into the terms of our daily needs, we shall find that what appears to us as husband, wife, or companion will not fail us. Only human beings fail themselves and one another.” ~Joel S Goldsmith

Matthew 6:6-8 KJV

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

7 But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking.

8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

I Corinthians 2:14 KJV

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

Matthew 6:31-33 KJV

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

*The Lord is our Shepherd—forever... Nothing we can think can ever actually separate us from God, or Christ Consciousness, but we can be distracted from our Awareness... Seek ye first the Awareness of the Truth about Omnipresence and find Your True perfect Being... ... In Spirit, to Spirit, Soul to Soul our needs are met; we are made to lie down in green pastures... ~al.within*

## The Daily Lesson – February 7, 2023

### *Freedom in Christ*

“If you understand that God has revealed Itself as your individual consciousness, that God has manifested Itself as your individual being, and if you are endeavoring to live up to what your idea of God and the Christ is, how then can you bring your thoughts down to terms of body, flesh, dollars, or houses and lots? The only way we can be free in Christ is to keep our demonstration on the spiritual level, and not try to bring it down to terms of finiteness, not try to use Spirit to function in a material concept or belief.” ~Joel S Goldsmith

John 8:32 KJV

32 And ye shall know the truth, and the truth shall make you free.

John 18:36 (to :) KJV

36 Jesus answered, My kingdom is not of this world:

II Corinthians 3:16,17 KJV

16 Nevertheless when it shall turn to the Lord, the veil shall be taken away.

17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty

The Spirit of the Lord is Realized within Christ's Kingdom—that is not of this world—not in the form of Intellectual understanding. Stop taking thought and trying to figure it out in this-world. ~Al Denninger

## The Daily Lesson – February 8, 2023

“Since you accept yourself as the Christ of God, then accept yourself as incorporeal, not as having organs and functions, but as having the body ‘not made with hands, eternal in the heavens.’ In the same way, since you are going to function as the individual Son of God, the infinite and invisible Son of God, then act as though you were ‘joint-heirs with Christ,’ and not as if you had to worry and scheme and plan how you were going to make a living. Try to live up to that highest sense of what you have understood to be your own identity. Do not try, in your treatment, to say, ‘I am the Christ of God,’ in one breath, and then continue with, ‘How about my rent?’” ~Joel S Goldsmith

II Corinthians 5:1 KJV

1 For we know that if our earthly house of this tabernacle were dissolved, we have a building of God, an house not made with hands, eternal in the heavens.

Romans 8:14 & 16-17 (to 2nd ;) KJV

14 For as many as are led by the Spirit of God, they are the sons of God.

16 The Spirit itself beareth witness with our spirit, that we are the children of God:

17 And if children, then heirs; heirs of God, and joint-heirs with Christ;

The key to our Practice is to strive to be continually Led by the Spirit of God. Practice the Presence of God and strive to Live It. ~Al Denninger

## The Daily Lesson – February 9 2023

“That is taking this spiritual Christ and trying to pin it down into a material demonstration. Let It manifest Itself, and It will manifest Itself in your consciousness in infinite demonstration—a demonstration not limited to this month's rent. It will manifest in supply unto eternity, for 'Lo, I am with you always, even unto the end of the world,' – unto the end of all limitation, the end of all finiteness and corporeality—'I am with you until you have completely ascended in consciousness, ascended into the understanding of heaven on earth, of heaven here and now.'” ~Joel S Goldsmith

Matthew 6:24-33 KJV

24 No man can serve two masters: for either he will hate the one, and love the other; or else he will hold to the one, and despise the other. Ye cannot serve God and mammon.

25 Therefore I say unto you, Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment?

26 Behold the fowls of the air: for they sow not, neither do they reap, nor gather into barns; yet your heavenly Father feedeth them. Are ye not much better than they?

27 Which of you by taking thought can add one cubit unto his stature?

28 And why take ye thought for raiment? Consider the lilies of the field, how they grow; they toil not, neither do they spin:

29 And yet I say unto you, That even Solomon in all his glory was not arrayed like one of these.

30 Wherefore, if God so clothe the grass of the field, which to-day is, and to-morrow is cast into the oven, shall he not much more clothe you, O ye of little faith?

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Seek the Kingdom of God and His Righteousness where He can be found, Spirit to Spirit, not in thoughts for corrections and improvements in this-world. Lay up your treasures in Heaven where you are always-Present. Abide, just to Be Present. ~Al Denninger

## The Daily Lesson – February 10, 2023

“Paul had many troubles on his travels, but always Paul's troubles came about because he was taking this tremendous spiritual truth and trying either to jam it down someone's throat or to make some community come up to his ideal and his idea of spiritual living, usually a community not yet ready to live out from the spiritual sense of existence. It would be as if I were to say, ‘You must conform to my idea of life, if you want to study this truth.’ That is what Paul did and that was how he brought trouble upon himself. That is the way in which any one of us would get into trouble.” ~Joel S Goldsmith

Matthew 10:7-14 KJV

7 And as ye go, preach, saying, The kingdom of heaven is at hand.

8 Heal the sick, cleanse the lepers, raise the dead, cast out devils: freely ye have received, freely give.

9 Provide neither gold, nor silver, nor brass in your purses,

10 Nor scrip for your journey, neither two coats, neither shoes, nor yet staves: for the workman is worthy of his meat.

11 And into whatsoever city or town ye shall enter, inquire who in it is worthy; and there abide till ye go thence.

12 And when ye come into an house, salute it.

13 And if the house be worthy, let your peace come upon it: but if it be not worthy, let your peace return to you.

14 And whosoever shall not receive you, nor hear your words, when ye depart out of that house or city, shake off the dust of your feet.

Unconditional Love does not to force or proselyte religion, opinion or creed. Live the Truth and the Way and freely Give as you have received. Give to those who are ready and willing to listen with all their heart—and if they don't listen or want your Love—then shake off the dust from your feet and move on. The Christ Comes to those fervently desirous and Abiding. You will Know they are ready and willing when they come to you. Love fully but patiently. ~Al Denninger

## The Daily Lesson – February 11, 2023

“Oneness cannot be forced. Oneness is not the combining of people's thoughts and trying to make them all live up to some prescribed standard set by one person. Oneness comes only when each one is free in Spirit, when each one can live his own life to meet his highest ideal, with no one trying to be a reformer, or to set the standard for a home or a community. Each one must work out his own salvation and be guided by the Christ of his own being. I might say to you, ‘You must stop smoking,’ and perhaps you would. But it would not be a spiritual healing. At best, it would be a form of ‘human goodness,’ and some day you would have to meet that problem all over again.” ~Joel S Goldsmith

Romans 12:3-6 KJV

3 For I say, through the grace given unto me, to every man that is among you, not to think of himself more highly than he ought to think; but to think soberly, according as God hath dealt to every man the measure of faith.

4 For as we have many members in one body, and all members have not the same office:

5 So we, being many, are one body in Christ, and every one members one of another.

6 Having then gifts differing according to the grace that is given to us, whether prophecy, let us prophesy according to the proportion of faith;

There is One Father, One Source, and One Creation, with an infinite number of His Expressions. Where the Spirit of the Lord is Present, there is Freedom. We all have free choice to be the best we can Be. ~Al Denninger



## The Daily Lesson – February 12, 2023

“Is it not better to reveal to you the infinite spiritual nature of your own being, and let that truth do the healing work? Why should anyone set himself up as a judge? Each has to come into this spiritual awareness in his own time, in his own way. Some of us need trouble to bring us in, others do not.” ~Joel S Goldsmith

Matthew 6:33 KJV

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

John 15:4-8 KJV

4 Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

6 If a man abide not in me, he is cast forth as a branch, and is withered; and men gather them, and cast them into the fire, and they are burned.

7 If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you.

8 Herein is my Father glorified, that ye bear much fruit; so shall ye be my disciples.

II Corinthians 8:11,12 KJV

11 Now therefore perform the doing of it; that as there was a readiness to will, so there may be a performance also out of that which ye have.

12 For if there be first a willing mind, it is accepted according to that a man hath, and not according to that he hath not.

When we focus for a while and then coast for a while there is usually little or no overall upward progress. Seek and Abide and continue to Abide and stay focused, and Open up an Avenue of Awareness, not to heal, cure or correct, but just to Abide and stay in the Realm of the Father's Presence. Be willing and ready... ~Al Denninger

## The Daily Lesson – February 13, 2023

“Miracles take place when the Christ touches consciousness. A human being cannot perform miracles, even if that human being is Jesus Christ! Only the Father within can reach out and touch consciousness, open it, and make it realize it is one with God, make it realize its oneness with God. Christ never was, and never will be mortal. Christ is the Son of God appearing as that which we call man. Do you believe on him whom the Father has sent? Who was I Am? Who is I Am? None but you! God sent Himself forth into manifestation, as you. At one period you think yourself bad, at another, good, or sick, or well; until you realize this truth, and then you say:

*I am not a human being! I never was a human being! I am the Christ of God made manifest! God, Himself, goes forth into expression as the Son of God. None of the trials and tribulations or sins of the present, past, or future, can ever attach themselves to that which I am. God, Himself, went forth as the Son into the world, to manifest the Christ of God, to show forth the mind that was in Christ Jesus, to show forth the Spirit, Soul, and body of God. I am the very body of God, the temple of the living God, the temple of the Holy Ghost—the very presence of God, Itself, made manifest as individual being.”*  
~Joel S Goldsmith

John 5:30 (to :) & 31 KJV

30 I can of mine own self do nothing:

31 If I bear witness of myself, my witness is not true.

John 14:10 (but) KJV

10 ...but the Father that dwelleth in me, he doeth the works.

Matthew 16:13-17 KJV

13 When Jesus came into the coasts of Caesarea Philippi, he asked his disciples, saying, Whom do men say that I the Son of man am?

14 And they said, Some say that thou art John the Baptist: some, Elias; and others, Jeremias, or one of the prophets.

15 He saith unto them, But whom say ye that I am?

16 And Simon Peter answered and said, Thou art the Christ, the Son of the living God.

17 And Jesus answered and said unto him, Blessed art thou, Simon Bar-jona: for flesh and blood hath not revealed it unto thee, but my Father which is in heaven.

Thou art the Living Expressions of an Omnipresent God—a miracle indeed. This is an hard saying flesh to flesh, but Understood and Felt Completely Spirit to Spirit, Soul to Soul. That is why Jesus said to “tell no man”. How can you—there are no words? The Spirit within Knows Itself fully and completely without words or thoughts.... ~Al Denninger

I Corinthians 2:14 KJV

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

Want Spiritual discernment? Raise your altitude of Awareness. ~Al Denninger

This concludes our study of Chapter 9 in the book 'CONSCIOUSNESS UNFOLDING'  
Tomorrow we begin: Chapter 10, "The Ministry Of The Christ"