

## THE DAILY LESSON

is an activity of the study group found at: [www.iwso.org](http://www.iwso.org)

The subject for our current study is the entire book

### “A Parenthesis in Eternity”

by Joel S Goldsmith

**THE DAILY LESSON**, an ongoing open class by Infinite Way Teacher [Al Denninger](#), is inspired by the message of Joel S. Goldsmith. In this Book Study we delve into Joel's books paragraph by paragraph, from cover to cover. I provide Scripture supporting his entire Work and an Impartation from my daily Experience. These classes appear daily [on my website](#) and by [email subscription](#) each day, for my students to take into their daily meditations and carry with them throughout their day.

**Students Note:** In my teaching, the words that are capitalized throughout the work are not capitalized for emphasis. Instead, the purpose is to Lift the student into the Awareness that these words are a Synonym for, or an Activity of God. The portions that are *italicized* are spontaneous meditations.

## “The Daily Lesson – August 27, 2021

### CHAPTER XXXI

#### THERE REMAINETH A REST

Of old it was taught that there should be one day of Sabbath each week, a day devoted to worshipping God and living in His word. In order to be immersed in the Spirit, this Sabbath was to be kept entirely free of all worldly cares and worries.

The mystical meaning of Sabbath is a resting from power. All through the year and throughout our entire life, we resort to material and mental forces and powers, and the period in which we rest from the use of these forces, thereby experiencing the spiritual Presence, is in reality the only Sabbath there is.”

~Joel S Goldsmith

Exodus 31:15 (to :) & 16-18 (KJV)

15 Six days may work be done; but in the seventh is the sabbath of rest, holy to the Lord:

16 Wherefore the children of Israel shall keep the sabbath, to observe the sabbath throughout their generations, for a perpetual covenant.

17 It is a sign between me and the children of Israel for ever: for in six days the Lord made heaven and earth, and on the seventh day he rested, and was refreshed.

18 And he gave unto Moses, when he had made an end of communing with him upon mount Sinai, two tables of testimony, tables of stone, written with the finger of God.

II Corinthians 3:13-18 (KJV)

13 And not as Moses, which put a veil over his face, that the children of Israel could not stedfastly look to the end of that which is abolished:

14 But their minds were blinded: for until this day remaineth the same veil untaken away in the reading of the old testament; which veil is done away in Christ.

15 But even unto this day, when Moses is read, the veil is upon their heart.

16 Nevertheless when it shall turn to the Lord, the veil shall be taken away.

17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

18 But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.

Moses gave the Israelites the Sacred Word of God written in a Way that they could understand and follow. An Experience of Christ Consciousness removes the veil of old and Reveals the Spirit of the Word – followed by a Dawning of Spiritual Vision. ~Al Denninger

## The Daily Lesson – August 28, 2021

“Ideally, there should be at least one entire day in the week set aside for such rest, but because of family duties and professional responsibilities that is often well-nigh impossible. Everyone can have a Sabbath during the day or night, however, even if it is only in ten-, fifteen-, or twenty-minute periods. Then, when an occasional day comes along completely free, there is the opportunity of living with the Bible and other spiritual writings, living in meditation, and thus experiencing a full and complete day of spiritual refreshment.” ~Joel S Goldsmith

Luke 21:36 (to 2nd ,) (KJV)

36 Watch ye therefore, and pray always,

I Corinthians 14:15 I will pray with the spirit (KJV)

15 ...I will pray with the spirit, and I will pray with the understanding also: I will sing with the spirit, and I will sing with the understanding also.

I Thessalonians 5:16, 17 (KJV)

16 Rejoice evermore.

17 Pray without ceasing.

Practicing Dwelling in the Spirit is something we can learn to do consistently. Develop the habit of Going Within often. As we practice we get better at it. Experience a Sabbath frequently and rest and in His Arms Watching and Waiting and Loving... ~Al Denninger

## The Daily Lesson – August 29, 2021

“A Sabbath is only truly a Sabbath if we do not permit the human world to come into that period. We must have one purpose alone: to seek the realization of His presence, His power, and His grace. When we emerge from these periods, usually we find that the ‘things’ are added unto us: whatever knowledge we need to carry on our business, whatever physical strength or moral support.” ~Joel S Goldsmith

Matthew 6:31-33 (KJV)

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Matthew 5:8 (KJV)

8 Blessed are the pure in heart: for they shall see God.

Remember the Sabbath, and Keep It Holy. Take no thought for the things of this-world but seek the Pure and Spiritual Consciousness of God and we shall be Included and Blessed in all things Spiritual. Christ Consciousness Directs every Individual Expression of God. ~Al Denninger

## The Daily Lesson – August 30, 2021

“In The Infinite Way no provision is made for specific Sabbath periods such as any one day of the week or any one hour of the day, nor for rest homes, churches, monasteries, or retreats. In the light of spiritual revelation the Sabbath is not so much a specific day of the week as it is a specific state of consciousness. Any day of the week—Saturday, Sunday, Monday—any day can be a Sabbath. This very hour can be our spiritual Sabbath, and again tomorrow morning at six o'clock, if we understand that the Sabbath means a period of rest from our physical labors, material resources, human faith, and more especially a rest from temporal power.” ~Joel S Goldsmith

Psalms 35:27,28 (KJV)

27 Let them shout for joy, and be glad, that favour my righteous cause: yea, let them say continually, Let the Lord be magnified, which hath pleasure in the prosperity of his servant.

28 And my tongue shall speak of thy righteousness and of thy praise all the day long.

Luke 17:20,21 (KJV)

20 And when he was demanded of the Pharisees, when the kingdom of God should come, he answered them and said, The kingdom of God cometh not with observation:

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

Romans 8:39 (KJV)

39 Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.

Philippians 4:4 (KJV)

4 Rejoice in the Lord alway: and again I say, Rejoice.

Rest in the Lord with all thy Heart, and with all thy Soul, and with all thy mind, and with all thy Being - don't keep track of the time, or day or human schedule, whether lo here or lo there, just Do It. Magnify the Lord, Rest in His Arms and Rejoice evermore. Rest with Me now... ~Al Denninger

## The Daily Lesson – August 31, 2021

“The true Sabbath is a resting from any power which we know or can understand, and in that resting period something takes possession of us and renews us. There is no indication anywhere in Scripture that on this Sabbath we must sacrifice our thinking capacity, our thoughts, or our actions. It is not said that we shall not think thoughts, only that we shall not ‘take thought’ for what we shall eat, or what we shall drink, or wherewithal we shall be clothed: it is pointed out only that there should be spiritual renewal.” ~Joel S Goldsmith

Psalms 37:7 (to :) (KJV)

7 Rest in the Lord, and wait patiently for him:

Zechariah 4:6 (KJV)

6 Then he answered and spake unto me, saying, This is the word of the Lord unto Zerubbabel, saying, Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Romans 12:2 (KJV)

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Today is the day that the Lord hath made. Rest in the Awareness of Omniscience. Think not about the things of this-world, but rest and wait with Ears to Hear what God Knows, and to See what God Sees that we should be Renewed in Spirit. ~Al Denninger

## The Daily Lesson – September 1, 2021

“As a matter of fact, even to fast from food for a period makes of our particular Sabbath a period of renewal. The holiest Sabbath periods are the days of fasting: fasting from the pleasures of the senses, even fasting from the necessities such as eating and sleeping, and from those things upon which normally we place reliance. ‘In quietness and in confidence shall be your strength’—in quietness and in confidence is the source of strength, in quietness and in confidence is the period of spiritual renewal because it is a denial of sense.” ~Joel S Goldsmith

Psalms 51:7-12 (KJV)

7 Purge me with hyssop, and I shall be clean: wash me, and I shall be whiter than snow.

8 Make me to hear joy and gladness; that the bones which thou hast broken may rejoice.

9 Hide thy face from my sins, and blot out all mine iniquities.

10 Create in me a clean heart, O God; and renew a right spirit within me.

11 Cast me not away from thy presence; and take not thy holy spirit from me.

12 Restore unto me the joy of thy salvation; and uphold me with thy free spirit.

Matthew 6:16-18 (KJV)

16 Moreover when ye fast, be not, as the hypocrites, of a sad countenance: for they disfigure their faces, that they may appear unto men to fast. Verily I say unto you, They have their reward.

17 But thou, when thou fastest, anoint thine head, and wash thy face;

18 That thou appear not unto men to fast, but unto thy Father which is in secret: and thy Father, which seeth in secret, shall reward thee openly.

Isaiah 30:15 (to :) (KJV)

15 For thus saith the Lord God, the Holy One of Israel; In returning and rest shall ye be saved; in quietness and in confidence shall be your strength:

Surrender your sense life and let it be emptied of ego and purged of thoughts and needs. And so, God will build a Foundation of Spiritual Confidence upon which to stand and He will instill you with the strength to remain there. ~Al Denninger

## The Daily Lesson – September 2, 2021

“Jesus did not teach that we should not eat bread: he said that we should not live by bread alone. Jesus did not deny to anyone the eating of meat: he said, ‘I have meat to eat that ye know not of. He did not deny to anyone the partaking of bread, water, or wine: he said, ‘I am the bread of life.’” ~Joel S Goldsmith

Isaiah 3:1 (KJV)

1 For, behold, the Lord, the Lord of hosts, doth take away from Jerusalem and from Judah the stay and the staff, the whole stay of bread, and the whole stay of water,

Matthew 4:4 (KJV)

4 But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.

John 18:36 (KJV)

36 Jesus answered, My kingdom is not of this world: if my kingdom were of this world, then would my servants fight, that I should not be delivered to the Jews: but now is my kingdom not from hence.

Cease ye from man whose sustenance is of this-world. Set aside your this-world thought and turn your focus to the Infinite. When Jesus fed the five thousand, the disciples were worried that they didn't have enough bread for the multitude. Jesus wasn't concerned, he just Looked Up and "said Grace" and began to break Bread and share from the Infinite Source. Is there any sense in looking for our Good to come from this-world, when God's Kingdom is not there? Look up for Your Bread – The Word.... ~Al Denninger

## The Daily Lesson – September 3, 2021

“Those on the mystical path do not deny the human body: they bring spiritual refreshment to it. They bring a food to the body which is not a material food, but a spiritual food which produces spiritual energy. That spiritual food is obtained through fasting from material food and physical activity, even from mental food and mental activity, during which period the transcendental Presence permeates mind and body, renewing them, so that a person then finds himself with greater mental capacities and greater physical capacities than he has heretofore known.”

~Joel S Goldsmith

John 6:31-35 (KJV)

31 Our fathers did eat manna in the desert; as it is written, He gave them bread from heaven to eat.

32 Then Jesus said unto them, Verily, verily, I say unto you, Moses gave you not that bread from heaven; but my Father giveth you the true bread from heaven.

33 For the bread of God is he which cometh down from heaven, and giveth life unto the world.

34 Then said they unto him, Lord, evermore give us this bread.

35 And Jesus said unto them, I am the bread of life: he that cometh to me shall never hunger; and he that believeth on me shall never thirst.

John 4:6-14 (KJV)

6 Now Jacob's well was there. Jesus therefore, being wearied with his journey, sat thus on the well: and it was about the sixth hour.

7 There cometh a woman of Samaria to draw water: Jesus saith unto her, Give me to drink.

8 (For his disciples were gone away unto the city to buy meat. )

9 Then saith the woman of Samaria unto him, How is it that thou, being a Jew, askest drink of me, which am a woman of Samaria? for the Jews have no dealings with the Samaritans.

10 Jesus answered and said unto her, If thou knewest the gift of God, and who it is that saith to thee, Give me to drink; thou wouldest have asked of him, and he would have given thee living water.

11 The woman saith unto him, Sir, thou hast nothing to draw with, and the well is deep: from whence then hast thou that living water?

12 Art thou greater than our father Jacob, which gave us the well, and drank thereof himself, and his children, and his cattle?

13 Jesus answered and said unto her, Whosoever drinketh of this water shall thirst again:

14 But whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life.

Life comes from God and It Lives as Individual Expressions of Him. In the Kingdom of God everything needed for Life is forever Abundant. When we Abide in God Consciousness, we are no longer fed corn, wine, oil, bread and water, but

Realize Spiritual Life, without need or limit. God is Life and Life is forever  
Refreshed. Thy will be done... ~Al Denninger

## The Daily Lesson – September 4, 2021

“In The Infinite Way there is no denial of the mind or of the body. Rather do we let the mind and the body become imbued with the Spirit; we let the mind and the body be fed, clothed, and housed by the Spirit; we let the Spirit be the resurrection to both mind and body; we let the lost years of the locust be restored to us—those years of our spiritual barrenness, years in which we were only physical and mental beings—in order that our ancient, true Selfhood may be revealed. This can be done only through the Spirit, and the Spirit can be entertained only through silence, in quietness, confidence, and assurance, and in a resting from the physical and the mental activities of daily experience.” ~Joel S Goldsmith

John 14:26,27 (to .) (KJV)

26 But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you.

27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you.

Zechariah 4:6 Not (KJV)

6 ...Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Instead of plugging into this-worlds seemingly persistent noise and lies, open an Avenue of Awareness for Truth to be Recognized. Jesus promised us that we would receive God’s Peace, “not as the world giveth”. To me that is the ultimate assurance that we will be Taught, Supplied and Directed by the Spirit of God. All I can do is Smile with confidence, rest from all effort and patiently Wait upon the Word of the Lord. Rest with me. ~Al Denninger

## The Daily Lesson – September 5A, 2021

Friends, I repeated the last paragraph. Today we get two Lessons. Love, Al

“In The Infinite Way there is no denial of the mind or of the body. Rather do we let the mind and the body become imbued with the Spirit; we let the mind and the body be fed, clothed, and housed by the Spirit; we let the Spirit be the resurrection to both mind and body; we let the lost years of the locust be restored to us—those years of our spiritual barrenness, years in which we were only physical and mental beings—in order that our ancient, true Selfhood may be revealed. This can be done only through the Spirit, and the Spirit can be entertained only through silence, in quietness, confidence, and assurance, and in a resting from the physical and the mental activities of daily experience.” ~Joel S Goldsmith

Isaiah 2:22 (KJV)

22 Cease ye from man, whose breath is in his nostrils: for wherein is he to be accounted of?

Don't deny anything in this-world just See it for what it Really is and be Aware of the Truth. ~Al Denninger

Zechariah 4:6 Not (KJV)

6 ...Not by might, nor by power, but by my spirit, saith the Lord of hosts.

John 8:32 (KJV)

32 And ye shall know the truth, and the truth shall make you free.

Our Realized Freedom is in direct proportion to our ability to not react – but to Be Still and Know.... Rest in the Arms of Truth. ~Al Denninger

## The Daily Lesson – September 5B, 2021

“Resting from worry and fear; resting from knowing, doing, thinking, and taking thought; resting in stillness, peacefulness, assurance, and confidence does not mean that we have to play God. Our only function is to be still, to be quiet and at peace. Nothing is expected of us, for *I*, the Spirit of God in us, will perform that which is given us to do.” ~Joel S Goldsmith

I John 4:18 perfect love (to :) (KJV)

18 ...perfect love casteth out fear:

Matthew 6:31-34 (to .) (KJV)

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

34 Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself.

Go into your closet and close the door on the fear and noise of this-world. In the Peace that Passeth Understanding you will Realize that you can of your own self can do nothing - your Father knoweth what things ye have need of, before ye ask him. Now, rest back in that Assurance. ~Al Denninger

## The Daily Lesson – September 6, 2021

“If we give the first fruits of our time, the first few minutes of every hour, to God, sooner or later we shall learn that we can earn our living in a shorter number of working hours than heretofore seemed necessary. So it is that we do not need to use sixty minutes of every hour: we can accomplish more work in fifty-four, -five, -six, or -seven minutes than we ever did before in the full sixty minutes, if those other minutes are reserved for quiet and spiritual renewal. Everyone who has ever lived the spiritual life has discovered that when he has given himself wholly to God and dedicated his work to God, the quantity of his work is greater and the quality better.” ~Joel S Goldsmith

Exodus 22:29 (to ,) (KJV)

29 Thou shalt not delay to offer the first of thy ripe fruits,

Deuteronomy 18:4 (KJV)

4 The firstfruit also of thy corn, of thy wine, and of thine oil, and the first of the fleece of thy sheep, shalt thou give him.

Matthew 6:33 (KJV)

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Pray on the Hour. Give of your first few minutes to God and Watch the hour unfold at God's Speed. This was the whole idea that came when I build [www.prayonthehour.org](http://www.prayonthehour.org) Visit often and give it all up to God. Let Him Fill you wholly. ~Al Denninger

## The Daily Lesson – September 7, 2021

“The bibles of the world are replete with accounts of religious men and women who have at some time or other laid down their personal sense of life and dedicated themselves to God. They have not gone hungry, homeless, or friendless, but rather have they prospered.” ~Joel S Goldsmith

Job 7:4-8 (KJV)

4 When I lie down, I say, When shall I arise, and the night be gone? and I am full of tossings to and fro unto the dawning of the day.

5 My flesh is clothed with worms and clods of dust; my skin is broken, and become loathsome.

6 My days are swifter than a weaver's shuttle, and are spent without hope.

7 O remember that my life is wind: mine eye shall no more see good.

8 The eye of him that hath seen me shall see me no more: thine eyes are upon me, and I am not.

Job 42:10 (KJV)

10 And the Lord turned the captivity of Job, when he prayed for his friends: also the Lord gave Job twice as much as he had before.

John 10:14-17 (KJV)

14 I am the good shepherd, and know my sheep, and am known of mine.

15 As the Father knoweth me, even so know I the Father: and I lay down my life for the sheep.

16 And other sheep I have, which are not of this fold: them also I must bring, and they shall hear my voice; and there shall be one fold, and one shepherd.

17 Therefore doth my Father love me, because I lay down my life, that I might take it again.

Joel 2:21-27 (KJV)

21 Fear not, O land; be glad and rejoice: for the Lord will do great things.

22 Be not afraid, ye beasts of the field: for the pastures of the wilderness do spring, for the tree beareth her fruit, the fig tree and the vine do yield their strength.

23 Be glad then, ye children of Zion, and rejoice in the Lord your God: for he hath given you the former rain moderately, and he will cause to come down for you the rain, the former rain, and the latter rain in the first month.

24 And the floors shall be full of wheat, and the fats shall overflow with wine and oil.

25 And I will restore to you the years that the locust hath eaten, the cankerworm, and the caterpillar, and the palmerworm, my great army which I sent among you.

26 And ye shall eat in plenty, and be satisfied, and praise the name of the Lord your God, that hath dealt wondrously with you: and my people shall never be ashamed.

27 And ye shall know that I am in the midst of Israel, and that I am the Lord your God, and none else: and my people shall never be ashamed.

Fear not dear One, God will Give You Rest and Restoration. He already Knoweth what you have need of....before you ask Him. Rest easy... ~Al Denninger

## The Daily Lesson – September 8, 2021

“The Old Testament prophets experienced intervals of spiritual refreshment for as long as forty days and forty nights. It was also the custom of the Master to go apart for many hours and have a Sabbath, a freedom even from ministering to his disciples, and spend them in an inner contemplation of the spiritual universe. There were times when he went apart for days and fasted from his labors, fasted even from acts of benevolence, and lived wholly and completely in the Spirit.”  
~Joel S Goldsmith

Exodus 34:28,29 (KJV)

28 And he was there with the Lord forty days and forty nights; he did neither eat bread, nor drink water. And he wrote upon the tables the words of the covenant, the ten commandments.

29 And it came to pass, when Moses came down from mount Sinai with the two tables of testimony in Moses' hand, when he came down from the mount, that Moses wist not that the skin of his face shone while he talked with him.

Numbers 13:25-2 (KJV)

25 And they returned from searching of the land after forty days.

26 And they went and came to Moses, and to Aaron, and to all the congregation of the children of Israel, unto the wilderness of Paran, to Kadesh; and brought back word unto them, and unto all the congregation, and shewed them the fruit of the land.

27 And they told him, and said, We came unto the land whither thou sentest us, and surely it floweth with milk and honey; and this is the fruit of it.

I John 2:5-8 (KJV)

5 But whoso keepeth his word, in him verily is the love of God perfected: hereby know we that we are in him.

6 He that saith he abideth in him ought himself also so to walk, even as he walked.

7 Brethren, I write no new commandment unto you, but an old commandment which ye had from the beginning. The old commandment is the word which ye have heard from the beginning.

8 Again, a new commandment I write unto you, which thing is true in him and in you: because the darkness is past, and the true light now shineth.

Unconditional Commitment is all that is required on a Journey of forty days. God already Knoweth all that You will have need of and will Provide, by Way of His Grace, an abundance of milk and honey, manna from Heaven or cakes baked upon the rocks for the Journey. The True Light Shineth on Him that is the Servant of God. He will Glow as evidence of His New Freedom that everyone shall Know that God is Present in His Perfect Expression. Trust God with all your Heart... ~Al Denninger

## The Daily Lesson – September 9, 2021

“In monasteries and wisdom schools the idea of the Sabbath reached a high point of development. Those entering such schools or monasteries were required to give up all their worldly interests, desires, and possessions in order to devote themselves to a lifetime of resting in the atmosphere of God and making themselves subject unto God.” ~Joel S Goldsmith

Mark 1:16-18 (KJV)

16 Now as he walked by the sea of Galilee, he saw Simon and Andrew his brother casting a net into the sea: for they were fishers.

17 And Jesus said unto them, Come ye after me, and I will make you to become fishers of men.

18 And straightway they forsook their nets, and followed him.

If Jesus walked up to you today and asked you to forsake your current life completely, all of your possessions and your entire means of making a living, would you follow Him? OK, Do you think He will ever give up on you and stop asking? ~Al Denninger

## The Daily Lesson – September 10, 2021

“Living in and through God is what we are all striving for, but the one great fault to be found with a complete withdrawal from the world is that once the normal, human activities of life are separated from the spiritual life we are likely to think that the world of the Spirit has no relationship whatsoever to daily life. Under such a system the spiritual life is set apart, and in the end rendered valueless because unless the Word becomes flesh, that is, unless the atmosphere of God can be made a part of daily living—not something set apart for those people who desire to retire from human life unless the atmosphere of God can really come to embrace the human universe and have a part in its functioning, It does not fulfill Itself.” ~Joel S Goldsmith

John 1:1-14 (KJV)

1 In the beginning was the Word, and the Word was with God, and the Word was God.

2 The same was in the beginning with God.

3 All things were made by him; and without him was not any thing made that was made.

4 In him was life; and the life was the light of men.

5 And the light shineth in darkness; and the darkness comprehended it not.

6 There was a man sent from God, whose name was John.

7 The same came for a witness, to bear witness of the Light, that all men through him might believe.

8 He was not that Light, but was sent to bear witness of that Light.

9 That was the true Light, which lighteth every man that cometh into the world.

10 He was in the world, and the world was made by him, and the world knew him not.

11 He came unto his own, and his own received him not.

12 But as many as received him, to them gave he power to become the sons of God, even to them that believe on his name:

13 Which were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God.

14 And the Word was made flesh, and dwelt among us, (and we beheld his glory, the glory as of the only begotten of the Father,) full of grace and truth.

Without Jesus Christ Dwelling among us, there would be no John witnessing and pointing to the Christ for us. There would be no Paul Experiencing the Christ to then teach us the Truth about what Jesus Christ taught about the Grace and Fullness of God. This lineage of the Living Christ is of God and therefore it is Infinite and Omnipresent. Any thoughts of separation from God are just – fictitious imaginings. The Word becoming flesh is God’s Life Living. ~Al Denninger

John 10:30 (KJV)

30 I and my Father are one. [Omnipresence IS.]

But – Jesus also said:

John 5:17 (KJV)

17 But Jesus answered them, My Father worketh hitherto, and I work.

My Father Liveth hitherto, and I Live... ~Al Denninger

Galatians 2:20 (KJV)

20 I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me.

## The Daily Lesson – September 11, 2021

“All periods of turning from our customary reliances and hopes from our recurring fears and doubts, to an inner stillness in which there is no power—no power that we know, no power that we can understand, and no power that we can use—are Sabbaths.” ~Joel S Goldsmith

Matthew 6:6 (to ;) (KJV)

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret;

Matthew 6:31 (KJV)

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

I John 4:17,18 (to .) (KJV)

17 Herein is our love made perfect, that we may have boldness in the day of judgment: because as he is, so are we in this world.

18 There is no fear in love; but perfect love casteth out fear: because fear hath torment.

Matthew 5:39 (to :) (KJV)

39 But I say unto you, That ye resist not evil:

Zechariah 4:6 Not (KJV)

6 ...Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Isaiah 32:17,18 (KJV)

17 And the work of righteousness shall be peace; and the effect of righteousness quietness and assurance for ever.

18 And my people shall dwell in a peaceable habitation, and in sure dwellings, and in quiet resting places;

Be still. Take no thought. Resist nothing in this-world. Rise above perception to unconditional Peace and Truth. Dwell in the quiet resting place of Inner Stillness. Remember this time of Sabbath, and keep it Holy. ~Al Denninger

## The Daily Lesson – September 12, 2021

“For the laborer in the field, the worker in the factory, or the office worker, the Sabbath may be the one day in the week which he can dedicate to God, but eventually all of us must learn to seize upon short periods of stillness and quietness while about our labors, so that out of every block of time there will be one, two, or three minutes for inner devotion, a time set aside for the eating of spiritual bread and spiritual meat. ‘Labor not for the meat which perisheth’ is only another way of saying, ‘Rest and relax from your labors for this brief moment.’”  
~Joel S Goldsmith

John 6:26,27 (to 2nd ,) (KJV)

26 Jesus answered them and said, Verily, verily, I say unto you, Ye seek me, not because ye saw the miracles, but because ye did eat of the loaves, and were filled.

27 Labour not for the meat which perisheth, but for that meat which endureth unto everlasting life,

Matthew 6:33 (to ;) (KJV)

33 But seek ye first the kingdom of God, and his righteousness;

Can you find a Way to set aside a steady flow of moments to Devote to Seeking the Kingdom of God and His Righteousness? Will you Dedicate once a week, once a day, once an hour, or more often, to quietly and restfully meditating [Abiding]? ~Al Denninger

## The Daily Lesson – September 13, 2021

“Spiritual work, or laboring ‘not for the meat which perisheth,’ is a resting from mental activities as well as a resting from physical activities because spiritual power is not generated by what we know with our minds. What we know intellectually leads us to the place where we are released from doing and from knowing into that moment of listening, and then being filled from within.” ~Joel S Goldsmith

Matthew 6:31(to ,) (KJV)

31 Therefore take no thought,

Matthew 5:39 resist (to :) (KJV)

39 ...resist not evil:

John 18:36 (KJV)

36 Jesus answered, My kingdom is not of this world: if my kingdom were of this world, then would my servants fight, that I should not be delivered to the Jews: but now is my kingdom not from hence.

Psalms 46:10 (to :) (KJV)

10 Be still, and know that I am God:

There is nothing to Know but God, so stop thinking about the illusion and focus on the Truth.

If there is nothing but God, what could there possibly be to resist?

Be still, and Let the Shepherd lead you on Your Way. ~Al Denninger

## The Daily Lesson – September 14, 2021

“If we have such Sabbath periods and are able to abide in the presence of the Lord and be absent from the body, the body of our home or the body of our work, be absent from this world and be present in the consciousness and Spirit of God, we shall discover that when we return to our labors, we carry with us the atmosphere of God. By casting our burdens upon the Lord, our labors become lighter and our burdens less. His yoke is easy, and when we take upon ourselves this yoke of God, it carries the weight of the labor and frees us to perform whatever we have to do without worry, without fear, and without any feeling of heaviness, any drag, or any weariness.” ~Joel S Goldsmith

I Corinthians 5:3,4 (KJV)

3 For I verily, as absent in body, but present in spirit, have judged already, as though I were present, concerning him that hath so done this deed,

4 In the name of our Lord Jesus Christ, when ye are gathered together, and my spirit, with the power of our Lord Jesus Christ,

Psalms 55:22 (to :) (KJV)

22 Cast thy burden upon the Lord, and he shall sustain thee:

Matthew 11:28-30 (KJV)

28 Come unto me, all ye that labour and are heavy laden, and I will give you rest.

29 Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls.

30 For my yoke is easy, and my burden is light.

Isaiah 40:31 (KJV)

31 But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

Abiding in the Presence, we are lifted from sense to Soul. In Soul Consciousness there is no body, no effort and no burdens and we are Led to Harmony. ~Al Denninger

## The Daily Lesson – September 15, 2021

“Our periods of meditation are really our Sabbath periods of inner spiritual refreshment and renewal. When they are observed regularly, there is no need to set aside one whole day in a week because our Sabbath is being observed throughout every day of every week.” ~Joel S Goldsmith

I Timothy 4:13 (KJV)

13 Till I come, give attendance to reading, to exhortation, to doctrine.

Psalms 1:2 (KJV)

2 But his delight is in the law of the Lord; and in his law doth he meditate day and night.

I Thessalonians 5:17 (KJV)

17 Pray without ceasing.

Psalms 23:6 and I (KJV)

6 ....and I will dwell in the house of the Lord for ever.

Stop, be still and pray as often as you can throughout your day and night. Develop habits and reminders for you to go within and watch as God's Beautiful Kingdom unfolds. ~Al Denninger

## The Daily Lesson – September 16, 2021

“Usually, when we begin with one period of ten or fifteen minutes of Sabbath each day or night, that time becomes so important that we find it necessary to have three or four such periods. We feel a greater hunger for these ten- or fifteen-minute intervals of Sabbath than we will ever feel for food.” ~Joel S Goldsmith

John 3:30,31 (KJV)

30 He must increase, but I must decrease.

31 He that cometh from above is above all: he that is of the earth is earthly, and speaketh of the earth: he that cometh from heaven is above all.

Isaiah 40:31 (KJV)

31 But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

As we Let God increase in our Life, so will He be Magnified. ~Al Denninger

## The Daily Lesson – September 17, 2021

“The possibility of having a whole day or a weekend once in a while, in addition to those periods of meditation, is really worth thinking about because only those who have had the experience of living for an entire twenty-four hours in nothing but spiritual literature, meditation, and Scripture can appreciate what a difference this Sabbath can make in one's experience. Being able to live in a piece of beautiful poetry, more especially of a spiritual nature, or in some thought-provoking bit of prose brings us into that same holy atmosphere in which these writers were living when those gems came through.” ~Joel S Goldsmith

Ps 91:1-16 (KJV)

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

2 I will say of the Lord, He is my refuge and my fortress: my God; in him will I trust.

3 Surely he shall deliver thee from the snare of the fowler, and from the noisome pestilence.

4 He shall cover thee with his feathers, and under his wings shalt thou trust: his truth shall be thy shield and buckler.

5 Thou shalt not be afraid for the terror by night; nor for the arrow that flieth by day;

6 Nor for the pestilence that walketh in darkness; nor for the destruction that wasteth at noonday.

7 A thousand shall fall at thy side, and ten thousand at thy right hand; but it shall not come nigh thee.

8 Only with thine eyes shalt thou behold and see the reward of the wicked.

9 Because thou hast made the Lord, which is my refuge, even the most High, thy habitation;

10 There shall no evil befall thee, neither shall any plague come nigh thy dwelling.

11 For he shall give his angels charge over thee, to keep thee in all thy ways.

12 They shall bear thee up in their hands, lest thou dash thy foot against a stone.

13 Thou shalt tread upon the lion and adder: the young lion and the dragon shalt thou trample under feet.

14 Because he hath set his love upon me, therefore will I deliver him: I will set him on high, because he hath known my name.

15 He shall call upon me, and I will answer him: I will be with him in trouble; I will deliver him, and honour him.

16 With long life will I satisfy him, and shew him my salvation.

*Thank you Father. I rejoice in Your Word... I will Dwell in the secret Place of the most High with You... Without fear... Or doubt... Only Trust.... Call upon me Father, and I will answer You, and honor You.... ~al.within*

## The Daily Lesson – September 18, 2021

“All mystics and the founders of the great world religions have had periods when they were completely in the Spirit, and in those moments they received the highest and most spiritual impartations, many of which comprise a great part of the scriptures of the world, whether Hebrew, Christian, Hindu, Buddhist, or Moslem.” ~Joel S Goldsmith

John 6:45 (to .) (KJV)

45 It is written in the prophets, And they shall be all taught of God.

Romans 8:9 (to .), 13,14, 16-17 (KJV)

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

13 For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live.

14 For as many as are led by the Spirit of God, they are the sons of God.

16 The Spirit itself beareth witness with our spirit, that we are the children of God:

17 And if children, then heirs; heirs of God, and joint-heirs with Christ; if so be that we suffer with him, that we may be also glorified together.

Colossians 3:9-11&15 (KJV)

9 Lie not one to another, seeing that ye have put off the old man with his deeds;

10 And have put on the new man, which is renewed in knowledge after the image of him that created him:

11 Where there is neither Greek nor Jew, circumcision nor uncircumcision, Barbarian, Scythian, bond nor free: but Christ is all, and in all.

15 And let the peace of God rule in your hearts, to the which also ye are called in one body; and be ye thankful.

In whom the Spirit Lives is Harmony, Peace and the activity of Love Multiplied and Glorified. God Loves us All, do likewise. Be Grateful, be One with Our Father ye joint-heirs, and Be Blessed. ~Al Denninger

## The Daily Lesson – September 19, 2021

“There are degrees of awareness of spiritual consciousness. Consciousness Itself is always at the standpoint of absolute perfect Being, but we are not always in a state of absolute awareness. When we are abiding in the impartations of truth which have come through the great spiritual lights of the world, however, and particularly in those hours when we have gone apart from the world, we are living in the consciousness of those who brought them forth, and then we actually feel ourselves in the very presence of God just as those great seers did when they were receiving these impartations.” ~Joel S Goldsmith

Matthew 6:20,21 (KJV)

20 But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal:

21 For where your treasure is, there will your heart be also.

Mark 9:2-4 & 9,10 (KJV)

2 And after six days Jesus taketh with him Peter, and James, and John, and leadeth them up into an high mountain apart by themselves: and he was transfigured before them.

3 And his raiment became shining, exceeding white as snow; so as no fuller on earth can white them.

4 And there appeared unto them Elias with Moses: and they were talking with Jesus.

9 And as they came down from the mountain, he charged them that they should tell no man what things they had seen, till the Son of man were risen from the dead.

10 And they kept that saying with themselves, questioning one with another what the rising from the dead should mean.

And so we keep laying up treasures in Heaven and elevating the altitude of our Awareness and our Heart will follow... Jesus took Peter, James and John apart from the world, into an High Mountain, to Live in the Infinite Being of Elias and Moses and this Lifted them to a level of awareness that they could not yet understand. Yet Jesus Showed them an incredibly high state of Consciousness, and told them to tell no man until they Experienced the Resurrection and were ready. We must, step by step, develop Patience, Faith, Trust and Awareness.  
~Al Denninger

## The Daily Lesson – September 20, 2021

“The object of a Sabbath is to lay aside the world, that world which Jesus said he had overcome. We, too, are to overcome it, even if we overcome it for but fifteen minutes or an hour. Whether we give one hour a day, fifteen minutes, or whether we take a full Sabbatical day or occasionally a full Sabbatical weekend, we become so filled with the Spirit that like spring, it is bursting out all over. Then we come down from the mountain into the valley, as Jesus did, and heal the sick, comfort the comfortless, feed the hungry, and help to lighten the burdens of the world, sharing with others some of the Spirit that has been given to us in our Sabbatical period.” ~Joel S Goldsmith

John 18:36 (to :) (KJV)

36 Jesus answered, My kingdom is not of this world:

John 18:36 (KJV)

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Matthew 8:1-3 (KJV)

1 When he was come down from the mountain, great multitudes followed him.  
2 And, behold, there came a leper and worshipped him, saying, Lord, if thou wilt, thou canst make me clean.  
3 And Jesus put forth his hand, and touched him, saying, I will; be thou clean. And immediately his leprosy was cleansed.

Matthew 10:7,8 (KJV)

7 And as ye go, preach, saying, The kingdom of heaven is at hand.  
8 Heal the sick, cleanse the lepers, raise the dead, cast out devils: freely ye have received, freely give.

Luke 10:8,9 (KJV)

8 And into whatsoever city ye enter, and they receive you, eat such things as are set before you:  
9 And heal the sick that are therein, and say unto them, The kingdom of God is come nigh unto you.

John 12:32 (KJV)

32 And I, if I be lifted up from the earth, will draw all men unto me.

Can you set aside a few minutes each day, or some time each hour to seek and draw nigh The Kingdom of God? Seek not as the world knoweth, but My Kingdom. You have freely received, can you freely give? ~Al Denninger

## **The Daily Lesson – September 21, 2021**

“The day will come when every person will have free access to the Spirit and the presence of God, and every person will be able to walk into that holy sanctuary, the Shekinah, and there tabernacle with God in meditation and contemplation.”  
~Joel S Goldsmith

John 6:45 (to .) (KJV)

45 It is written in the prophets, And they shall be all taught of God.

The Ever-presence of God is ever-patient and waiting for each of His Individual Expressions to be still and Be Aware of His Presence. Take off your shoes, stop in your tracks and Let His Presence Fill you, for you already stand on Holy Ground. ~Al Denninger

## The Daily Lesson – September 22, 2021

*“Father, I am here with Thee for only one purpose: I must know what Thou art, who Thou art, where Thou art, and why Thou art - I must even find out if Thou art, attain some awareness, some consciousness, that Thou dost exist, and that Thou dost really exist within me. I must find some way of linking up Thy Spirit with my individual life.” ~Joel S Goldsmith*

Exodus 3:11-14 (KJV)

11 And Moses said unto God, Who am I, that I should go unto Pharaoh, and that I should bring forth the children of Israel out of Egypt?

12 And he said, Certainly I will be with thee; and this shall be a token unto thee, that I have sent thee: When thou hast brought forth the people out of Egypt, ye shall serve God upon this mountain.

13 And Moses said unto God, Behold, when I come unto the children of Israel, and shall say unto them, The God of your fathers hath sent me unto you; and they shall say to me, What is his name? what shall I say unto them?

14 And God said unto Moses, I AM THAT I AM: and he said, Thus shalt thou say unto the children of Israel, I AM hath sent me unto you.

What better name and how better to perfectly describe Omnipresence, Omnipotence and Omniscience than I AM THAT I AM? If you Know of Omnipresence then I AM Closer than breathing, nearer than hands and feet. I AM Included in thee, and thou art Included in Me. ~Al Denninger

Zechariah 4:6 Not (KJV)

6 ...Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Romans 8:9 (to .) (KJV)

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

There is no reasoning, no asking and no effort of the flesh – but I Am Known by Awareness, Spirit to Spirit, Soul to Soul. Let us Dwell... ~Al Denninger

## The Daily Lesson – September 23, 2021

*“I hunger and thirst to know Thee. I must tabernacle with Thee, commune with something within myself that is greater than my human self, something greater than my human capacity or my human goodness or human evil, tabernacle with something in me that is divine. If there were not something divine in me, or about me, I could not be alive and I must know what this something is.” ~Joel S Goldsmith*

Matthew 5:6 (KJV)

6 Blessed are they which do hunger and thirst after righteousness: for they shall be filled.

Seeking Righteousness is hungering and thirsting after the Spirit of the Word - and not from the human point of view at all. We seek beyond words, thoughts and reasoning for the Truth as God Sees It. ~Al Denninger

## The Daily Lesson – September 24, 2021

*“O Lord, how long can I go on living without knowing Thy presence within me? How long can this go on? Am I to live here threescore years and ten, twenty, or thirty, and at the end feel that I have contributed nothing to this world, nothing to Thy kingdom, nothing to Thy people? Why am I on earth? Am I to live a wasted life with nothing to show for it at the end but just a living?”*

*I would do Thy will if I but knew Thy will; I would live the spiritual life if I knew how to live it. Now, here in the inner sanctuary of my own being, cut off from the world, Father, reveal Thyself. Reveal Thy will, Thy way, Thy kingdom; reveal Thy purpose to me.” ~Joel S Goldsmith*

James 1:4,5 (KJV)

4 But let patience have her perfect work, that ye may be perfect and entire, wanting nothing.

5 If any of you lack wisdom, let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall be given him.

Psalms 25:4,5 (KJV)

4 Shew me thy ways, O Lord; teach me thy paths.

5 Lead me in thy truth, and teach me: for thou art the God of my salvation; on thee do I wait all the day.

I Samuel 3:7-11 (KJV)

7 Now Samuel did not yet know the Lord, neither was the word of the Lord yet revealed unto him.

8 And the Lord called Samuel again the third time. And he arose and went to Eli, and said, Here am I; for thou didst call me. And Eli perceived that the Lord had called the child.

9 Therefore Eli said unto Samuel, Go, lie down: and it shall be, if he call thee, that thou shalt say, Speak, Lord; for thy servant heareth. So Samuel went and lay down in his place.

10 And the Lord came, and stood, and called as at other times, Samuel, Samuel. Then Samuel answered, Speak; for thy servant heareth.

11 And the Lord said to Samuel, Behold, I will do a thing in Israel, at which both the ears of every one that heareth it shall tingle.

Romans 8:28 (KJV)

28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

*I can of mine own self do nothing, Father.... The Spirit you put in Me doeth the Work..... Your Work. I now Know that if I try to find or make a purpose for myself it will only be temporary.... Thy will be done... So Show me Thy Way. ~al.within*

## The Daily Lesson – September 25, 2021

“As we continue with this kind of meditation, eventually an answer will come from within. There will be a period of release, and we will feel a quietness and confidence and a complete freedom from this world. Then we can go back to our life again because we have had our interval of spiritual renewal and peace.”  
~Joel S Goldsmith

Isaiah 30:15 (to :) (KJV)

15 For thus saith the Lord God, the Holy One of Israel; In returning and rest shall ye be saved; in quietness and in confidence shall be your strength:

II Thessalonians 3:1-5 (KJV)

1 Finally, brethren, pray for us, that the word of the Lord may have free course, and be glorified, even as it is with you:

2 And that we may be delivered from unreasonable and wicked men: for all men have not faith.

3 But the Lord is faithful, who shall stablish you, and keep you from evil.

4 And we have confidence in the Lord touching you, that ye both do and will do the things which we command you.

5 And the Lord direct your hearts into the love of God, and into the patient waiting for Christ.

Where the Spirit of the Lord is Felt there is complete Freedom from the propaganda and false witness of this-world. God's Loving Touch is Known Deep within our Soul, beyond words and thoughts. This Knowing gives us an assurance of peace and the confidence to patiently wait upon the Christ again and again... ~Al Denninger

## The Daily Lesson – September 26, 2021

“One day we come to what is the grandest experience that can take place in a human life: we lose all desire except the one desire consciously to know God. Now as we go into our meditation, we have overcome the world. It is almost like feeling a hand on top of our head in a benediction as we pray:

*Let Thy grace be my sufficiency. I ask not for persons, things, or conditions: I ask only that I may honestly be able to say that Thy grace is my sufficiency, whatever form it may take, just let me know Thy grace, know and fulfill Thy will, sit at Thy feet, tabernacle with Thee, and feel that Thy life is my life. Let me only know that wherever I am, Thou art; and that wherever Thou art, I am.” ~Joel S Goldsmith*

Matthew 5:6 (KJV)

6 Blessed are they which do hunger and thirst after righteousness: for they shall be filled.

II Corinthians 3:3-6 (KJV)

3 Forasmuch as ye are manifestly declared to be the epistle of Christ ministered by us, written not with ink, but with the Spirit of the living God; not in tables of stone, but in fleshy tables of the heart.

4 And such trust have we through Christ to God-ward:

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

6 Who also hath made us able ministers of the new testament; not of the letter, but of the spirit: for the letter killeth, but the spirit giveth life.

Romans 8:9 (to .) (KJV)

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

The main goal of The Infinite Way is not to collect a number of books and tapes or to develop a working intellectual knowledge of God so we can correct some kind of lack – it is to Know God Aright. So, how do we do that? We meditate, and in that meditation, we surrender all sense of flesh and open an Avenue of Awareness, or Spiritual Vision, that we may Know the Omnipresence of God and Feel the Presence of God deep within our Soul and rest in it. ~Al Denninger

## The Daily Lesson – September 27, 2021

*"I am at the state of unknowing. Let Thy wisdom be expressed through me; let Thy wisdom be my wisdom. Supply the wisdom, the energy, and the Grace that I may always feel my own nothing-ness, and yet feel an eternal and ever-present perfection and completeness through Thy grace and Thy wisdom. I have no work to do but that which Thou givest me, and I have no wisdom with which to do it but Thy wisdom, and no power with which to perform it but Thy power. Let me always abide in Thee. ~Joel S Goldsmith*

John 15:5-7 (KJV)

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

6 If a man abide not in me, he is cast forth as a branch, and is withered; and men gather them, and cast them into the fire, and they are burned.

7 If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you.

*Father, I can of mine own self do nothing... I surrender to Thy will... I will Abide with you now.... Speak Lord, thy servant heareth..... ~al.within*

Waiting

Serene, I fold my hands and wait, Nor care for wind, nor tide, nor sea; I rave no more 'gainst time or fate, For lo! my own shall come to me.

I stay my haste, I make delays, For what avails this eager pace? I stand amid the eternal ways, And what is mine shall know my face.

Asleep, awake, by night or day, The friends I seek are seeking me; No wind can drive my bark astray, Nor change the tide of destiny.

What matter if I stand alone? I wait with joy the coming years; My heart shall reap where it hath sown, And garner up its fruit of tears.

The waters know their own and draw The brook that springs in yonder height; So flows the good with equal law Unto the soul of pure delight.

The stars come nightly to the sky; The tidal wave unto the sea; Nor time, nor space, nor deep, nor high, Can keep my own away from me.

~John Burroughs

*In Thee I Wait... ~al.within*

## The Daily Lesson – September 28, 2021

“We are not surrendering ourselves to God's will unless we make a conscious surrender of ourselves to that Will by disclaiming any will of our own:

*I have no will and no desire of my own. Fill me with all that Thou art. Fill me with Thy wisdom, Thy might, Thy justice, that I may have nothing of myself and be nothing of myself, but be the All that Thou art. ~Joel S Goldsmith*

John 5:30,31 (KJV)

30 I can of mine own self do nothing: as I hear, I judge: and my judgment is just; because I seek not mine own will, but the will of the Father which hath sent me.

31 If I bear witness of myself, my witness is not true.

Zechariah 4:6 (KJV)

6 Then he answered and spake unto me, saying, This is the word of the Lord unto Zerubbabel, saying, Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Matthew 6:10 (KJV)

10 Thy kingdom come. [God is Omnipresent] Thy will be done in earth, as it is in heaven.

There is no me – there is only I Am. ~Al Denninger

## The Daily Lesson – September 29, 2021

“What a Sabbath that is! What a fasting that is from the world, the things of the world and the people of the world, and how it spiritually fills, renews, and rejuvenates us! After that we can come down from the mountain into the valley, mingle with and help meet the needs of those who are drawn to us, not because of any virtue in us but by virtue of the grace of God which now fills us.” ~Joel S Goldsmith

Ephesians 4:17-24 (KJV)

17 This I say therefore, and testify in the Lord, that ye henceforth walk not as other Gentiles walk, in the vanity of their mind, [this-world reasoning]

18 Having the understanding darkened, being alienated from the life of God through the ignorance that is in them, because of the blindness of their heart:

19 Who being past feeling have given themselves over unto lasciviousness, to work all uncleanness with greediness.

20 But ye have not so learned Christ;

21 If so be that ye have heard him, and have been taught by him, as the truth is in Jesus:

22 That ye put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts;

23 And be renewed in the spirit of your mind;

24 And that ye put on the new man, which after God is created in righteousness and true holiness.

Psalms 92:1,2 (KJV)

1 It is a good thing to give thanks unto the Lord, and to sing praises unto thy name, O most High:

2 To shew forth thy lovingkindness in the morning, and thy faithfulness every night,

Sabbath is not a day of the week, it is any moment of Renewal, Blessing, Praise and Rest. The old man of this-world consciousness is dissolved in the Light of Christ. Surrender to God’s will and Let Him direct your Heart and Experience. ~Al Denninger

John 12:32 (KJV)

32 And I, if I be lifted up from the earth, will draw all men unto me.

## The Daily Lesson – September 30, 2021

“We are in the presence of God any time that we can close our eyes to this world and retire into our inner sanctuary. If we have these periods of Sabbath, we shall find that as we go out into this world we will be a light unto those who are still in the darkness, worrying only about this world, a light to those who have not learned to tabernacle with God.” ~Joel S Goldsmith

Matthew 6:6 (to ;) (KJV)

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret;

Psalms 16:11 (KJV)

11 Thou wilt shew me the path of life: in thy presence is fulness of joy; at thy right hand there are pleasures for evermore.

Matthew 5:16 (KJV)

16 Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

Rest with me now, in the Presence, and carry God’s Fullness and joy with you throughout your Day. Let His Light Shine. ~Al Denninger

This concludes our study of the Chapter 31 of the book “A Parenthesis In Eternity”.

Tomorrow we begin: CHAPTER XXXII – “Address The World Silently With Peace”