

## THE DAILY LESSON

is an activity of the study group found at: [www.iwso.org](http://www.iwso.org)

The subject for our current study is the entire book

### “A Parenthesis in Eternity”

by Joel S Goldsmith

**THE DAILY LESSON**, an ongoing open class by Infinite Way Teacher [Al Denninger](#), is inspired by the message of Joel S. Goldsmith. In this Book Study we delve into Joel's books paragraph by paragraph, from cover to cover. I provide Scripture supporting his entire Work and an Impartation from my daily Experience. These classes appear daily [on my website](#) and by [email subscription](#) each day, for my students to take into their daily meditations and carry with them throughout their day.

**Students Note:** In my teaching, the words that are capitalized throughout the work are not capitalized for emphasis. Instead, the purpose is to Lift the student into the Awareness that these words are a Synonym for, or an Activity of God. The portions that are *italicized* are spontaneous meditations.

## The Daily Lesson – December 11, 2020

### “CHAPTER XXV LOSING ‘I’-NESS IN I

There are very few persons in all the world who are really interested in living spiritually or in attaining the spiritual goal, and certainly there are even fewer who have any conception of what it means to ‘die daily’ and be reborn of the Spirit. Many must inevitably fall by the wayside, but those few who understand that true greatness, true wisdom, and true success lie in the very opposite direction from that of glorifying the self or pushing forward the personality, and who remain and persist, will reach the highest degree of spiritual consciousness, spiritual awareness, and spiritual unfoldment.” ~Joel S Goldsmith

Matthew 7:13,14 (KJV)

13 Enter ye in at the strait gate: for wide is the gate, and broad is the way, that leadeth to destruction, and many there be which go in thereat:

14 Because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it.

Yes, so few people, even when they want to, can remain focused on seeking the Spiritual Kingdom when the distractions are many and the amount of dedication and patience required is so great. The straight and narrow Way is obscured by our own ego, plans and desires. Success is found when we eventually learn to stop our way and let God show us His Way. ~Al Denninger

## The Daily Lesson – December 12, 2020

“To submerge the personality and make it subservient to that which is greater than itself is well-nigh impossible for most persons and gives rise to inner conflicts which may deflect them from the path leading to the goal. Through meditation and the practice of the Presence, however, the mind is stilled, and an awareness of this Something greater than themselves is developed. Eventually, a state of complete quiescence in which there is no thinking or planning is reached, and the human will yields to the divine will.” ~Joel S Goldsmith

Ps 46:10 (to :) (KJV)

10 Be still, and know that I am God:

John 14:27 (KJV)

27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

Not by might, nor by power, but by My Spirit, do I give you all that I have. ~Al Denninger

## The Daily Lesson – December 13, 2020

“This surrender of the human will to the Divine can be more readily understood if we use the analogy of a cube of ice floating in glass of water. The ice rests in the water, cradled in it: it has no power to move itself. Only the water can propel it from one place to another. The ice itself is inert, immobile, passive, its every motion dependent upon the movement of the water. Let us think of ourselves as the ice, and of Consciousness as the water, while we wait in silence and stillness for the movement of Consciousness. In other words, we must wait patiently for the will of God to make itself known; we must be as completely quiescent as the piece of ice.” ~Joel S Goldsmith

Zechariah 4:6 Not (KJV)

6 ...Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Matthew 6:25 (to 2nd ,) (KJV)

25 Therefore I say unto you, Take no thought for your life,

Luke 11:2 Thy kingdom (KJV)

2 ...Thy kingdom come. Thy will be done, as in heaven, so in earth.

*We Know God is Present, He promises us that... Then, His Kingdom is Come... And so, we Realize that God is Omnipresent... Then we conclude that we are therefore Included in It, Individually Expressed As... So then, let go of the grip that binds your self to earth... Trust God... Let Him be Known... Let Him move you. ~al.within*

## The Daily Lesson – December 14, 2020

“Such a state can be achieved only when all desire has been surrendered because desire nourishes the personal sense of 'I'-ness. As long as there is a desire, there is a projection into the future; as long as there is a regret, there is a return to the past, both of which are dead, without substance and without life. Yesterday and tomorrow, therefore, must be discarded in nowness. Now is the only life; now is the only reality; now is the only time.” ~Joel S Goldsmith

James 4:7 (to.) (KJV)

7 Submit yourselves therefore to God.

Matthew 6:31-34 (to .) (KJV)

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

34 Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself.

Acts 10:33 Now (KJV)

33 ...Now therefore are we all here present before God, to hear all things that are commanded thee of God.

*Present means now.*

*The present is now.*

*Only in our imaginings we can be in the past or future.*

*But that is not real – that is in thought alone.*

*Now is all there really is.*

*Now are we the Sons and Daughters of God.*

*Now is He with us... Immanuel... Always Present... Ever-Present... Omnipresent.*

*Ha... I am with you Now... Always... There is no other place I can Be.*

*Thank you Father. Thy will be done.*

*~al.within*

## The Daily Lesson – December 15, 2020

“There can be no desire, not even the desire to give, for that, too, feeds the sense of 'I'-ness and bloats the *ego*. There must be a complete resting, as the ice rests in the water, or as the sap flows up from the roots of the trees into the branches to form the buds, flowers, and leaves of the tree. The ice has no concern or worry: it lets the water move it where it will. The tree has no concern or worry about whether there will be enough rain or sun in due season: it waits patiently; it does not try to interfere with the normal and natural flow of life.” ~Joel S Goldsmith

John 5:30, (to :), 30, I seek,31 (KJV)

30 I can of mine own self do nothing: I seek not mine own will, but the will of the Father which hath sent me.

31 If I bear witness of myself, my witness is not true.

Deuteronomy 33:27 (to :) (KJV)

27 The eternal God is thy refuge, and underneath are the everlasting arms:

Matthew 22:37 (KJV)

37 Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind.

Lean not on thine own understanding – Lean on God’s All-Knowing. Rest at His feet, just to Be there. Patiently await an opening of your heart and Awareness. All is well.... God’s Creation is complete with no lack or limitation. Let Him Move you. ~Al Denninger

## The Daily Lesson – December 16, 2020

“So, too, we must not interfere with the free flowing of life by injecting 'I'-ness into the already completed picture, an 'I'-ness which manifests as fear of the past or dread of the future: concern, anxiety, desire.” ~Joel S Goldsmith

Genesis 3:8-11 (to ?) (KJV)

8 And they heard the voice of the Lord God walking in the garden in the cool of the day: and Adam and his wife hid themselves from the presence of the Lord God amongst the trees of the garden.

9 And the Lord God called unto Adam, and said unto him, Where art thou?

10 And he said, I heard thy voice in the garden, and I was afraid, because I was naked; and I hid myself.

11 And he said, Who told thee that thou wast naked?

Do not hide from the Voice of God. Open an Avenue of Awareness and return to The Garden of Love and Abundance. ~Al Denninger

## **The Daily Lesson – December 17, 2020**

“The difference between living the life of 'I'-ness and the spiritual life is the difference between permanent success and some temporary sense of success. The 'I-me-my' life is limited and hampered by that very 'I'-ness which is dependent upon personal experience, education the personal sense of what is right or wrong, or on what is timely.” ~Joel S Goldsmith

Matthew 6:19-21 (KJV)

19 Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal:

20 But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal:

21 For where your treasure is, there will your heart be also.

Seek ye first The Infinite Kingdom of Heaven, and be Lifted above all personal sense. ~Al Denninger

## The Daily Lesson – December 18, 2020

“In the degree, however, that we can relax in an inner silence, quiet, and peace, we can be led of the Spirit, influenced by an infinite Wisdom, an infinite Intelligence, and an infinite Power. Then our actions really become the carrying out of the divine will, not our will. This ability to be still and to let divine Grace move us leads to a God-governed, God-directed, and God-impelled life.” ~Joel S Goldsmith

Psalms 46:10 (to :) (KJV)

10 Be still, and know that I am God:

Romans 8:13,14 (KJV)

13 For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live.

14 For as many as are led by the Spirit of God, they are the sons of God.

John 5:30 because (KJV)

30 ...because I seek not mine own will, but the will of the Father which hath sent me.

We must be still and submit before we can be led. Bring peace and willingness to God. When our heart is Touched we will gratefully and eagerly become a willing Instrument for Good. The better we get at It, the clearer our Direction comes. The clearer we Hear the Directions, the greater the Work will be. Do all things through Christ's strength. Once you have Felt His Purpose, you won't want to do anything else...

Bring willingness to God, not willfulness. ~Al Denninger



## The Daily Lesson – December 19, 2020

“At first it may not be easy to make the transition from the ordinary 'I'-life to the life of spiritual guidance and protection, but actually it takes only a few months of meditation and really serious practice of the Presence to come to a place where we can accept divine guidance, the divine will, and divine movement.” ~Joel S Goldsmith

Romans 12:2 (KJV)

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Matthew 7:21 (KJV)

21 Not every one that saith unto me, Lord, Lord, shall enter into the kingdom of heaven; but he that doeth the will of my Father which is in heaven.

I Timothy 4:15 (to 2nd ;) (KJV)

15 Meditate upon these things; give thyself wholly to them;

Wide is the gate that is open to all, but narrow is the Path of the few that persist in seeking the Truth and accepting the Will of God as their Way.

Give it your all. ~Al Denninger

## The Daily Lesson – December 20, 2020

“To begin with, the retiring into a quiet state should not be of more than two or three minutes' duration at the most-probably only one or one and a half minutes would be better-but this should be repeated as many times in the day as possible, and it should be repeated at night any and every time that one may awaken from sleep, and then again early in the morning. If we make a habit of turning within, even for that one minute, we are preparing our consciousness for the experience of receiving divine Grace.” ~Joel S Goldsmith

II Chronicles 20:17 set (to 3rd ,) (KJV)

17 ...set yourselves, stand ye still, and see the salvation of the Lord with you,

Matthew 6:6 (to ;) (KJV)

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret;

Matthew 5:6 (KJV)

6 Blessed are they which do hunger and thirst after righteousness: for they shall be filled.

When we learned to walk, we began with baby steps. Each step strengthened and steadied our legs and built confidence. Be steady, but be gentle with yourselves. Prayer and meditation is not about forcing or enduring an act of stillness - that can be a distraction in itself and a difficult habit to correct.

Meditation is about putting up your sword and opening a gentle Avenue of Awareness that will lead you to more and further Light. Practice the Presence and let it become an act of assurance that develops the confidence to a build a rock solid foundation on which to Let God build His Church.

Prepare yourself to be Taught. ~Al Denninger

## The Daily Lesson – December 21, 2020

“Living as human beings has cut us off from the kingdom of God which is within us, and what we are doing in our periods of silence and quiet is maintaining a contact with this Withinness in which our entire good is already established. The kingdom of God is within us. It is within us in all its fullness, completeness, and perfection. This means that the fullness of life, its completeness and perfection, is already established within us from everlasting to everlasting. If we were to live a thousand years on earth, our completeness for that length of time is within us: fulfillment, infinite supply, infinite wisdom, infinite Grace-Infinity Itself. It remains for us to open out a way for this Infinity to escape and find expression.” ~Joel S Goldsmith

I Corinthians 2:11 (KJV)

11 For what man knoweth the things of a man, save the spirit of man which is in him? even so the things of God knoweth no man, but the Spirit of God.

Isaiah 2:22 (KJV)

22 Cease ye from man, whose breath is in his nostrils: for wherein is he to be accounted of?

I Corinthians 2:14 (KJV)

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

God has put His Spirit in us. He has not, and will never remove It from us, so we are Truly forever Included in His Kingdom. This secret place of The Most High patiently waits our acknowledgement and Dwelling. Upon Recognition or Revelation we spiritually discern the Infinite Presence that Flows through us.

Look Up! ~Al Denninger

## The Daily Lesson – December 22, 2020

“But how do we open the way for infinite wisdom, eternal life, and divine love to flow out from us? First of all we must begin to acknowledge that Infinity is, and if we acknowledge that It already is, and is within us, we should give up all attempts to get or achieve anything from outside ourselves. Instead, we should center our attention on letting It escape from within our own being. Then every time that we close our eyes, even if it is only for fifteen seconds, to acknowledge:

*The kingdom of God is within me. Lord, let It flow forth into expression.* ~Joel S Goldsmith

Luke 17:21 (KJV)

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

Proverbs 3:6 (KJV)

6 In all thy ways acknowledge him, and he shall direct thy paths.

Truth is within ourselves.

There is an inmost center in us all,  
Where the Truth abides in fullness; and to know  
Rather consists in opening out a way  
Whence the imprisoned splendor may escape  
Than in effecting entry for a light  
Supposed to be without.

~ Robert Browning

Omnipresence is not something that is out *there* somewhere, separate and apart from you.

Let the Truth be Free.

Free to be heard,  
Free as a bird.  
Free to Flow,  
Free to Know.  
Free to receive,  
Free to believe.  
Freely you have received Truth,  
Freely Give.

Acknowledge God. ~Al Denninger

## The Daily Lesson – December 23, 2020

“After that moment of acknowledgment, we return to our work, whatever its nature, and are active in what we have been given to do today. We take no thought about tomorrow, All we are called upon to do is to live in this moment, and to live in the assurance that the full Christhood, the fullness of spiritual being, is established within us.” ~Joel S Goldsmith

Psalms 91:1 (KJV)

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

Colossians 2:2 (KJV)

2 That their hearts might be comforted, being knit together in love, and unto all riches of the full assurance of understanding, to the acknowledgement of the mystery of God, and of the Father, and of Christ;

Matthew 6:10 (KJV)

10 Thy kingdom come [is Present]. Thy will be done in earth, as it is in heaven.

*I acknowledge that Thy Kingdom is Come, and I rest in the Peace that Passeth understanding... The Presence is Present, In Spirit, by Spirit, to Spirit. Soul to Soul... And so it is, I Am Present... I Am the activity of Love Loving... My Work is Given me to do... ~al.within*

Rest with Me. ~Al Denninger

## The Daily Lesson – December 24, 2020

“This is making a transition from the human sense of life in which we look to others for our good to the spiritual life in which we look within ourselves, and let God's grace flow out from us.” ~Joel S Goldsmith

John 8:1-11 (KJV)

- 1 Jesus went unto the mount of Olives.
- 2 And early in the morning he came again into the temple, and all the people came unto him; and he sat down, and taught them.
- 3 And the scribes and Pharisees brought unto him a woman taken in adultery; and when they had set her in the midst,
- 4 They say unto him, Master, this woman was taken in adultery, in the very act.
- 5 Now Moses in the law commanded us, that such should be stoned: but what sayest thou?
- 6 This they said, tempting him, that they might have to accuse him. But Jesus stooped down, and with his finger wrote on the ground, as though he heard them not.
- 7 So when they continued asking him, he lifted up himself, and said unto them, He that is without sin among you, let him first cast a stone at her.
- 8 And again he stooped down, and wrote on the ground.
- 9 And they which heard it, being convicted by their own conscience, went out one by one, beginning at the eldest, even unto the last: and Jesus was left alone, and the woman standing in the midst.
- 10 When Jesus had lifted up himself, and saw none but the woman, he said unto her, Woman, where are those thine accusers? hath no man condemned thee?
- 11 She said, No man, Lord. And Jesus said unto her, Neither do I condemn thee: go, and sin no more.

Romans 12:2 (KJV)

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

The source of all sin begins with the acceptance of a power separate and apart from God. The good, and acceptable, and perfect Will of God, is for us to wake up from the Adam dream and Let the God's Grace Flow out from within us. In essence, we need to be released from our erroneous belief and trust in this-world's reasoning thought and to go and sin no more. ~Al Denninger

Happy Christmas [Christ Consciousness] all!

## The Daily Lesson – December 25, 2020

“No one can expect or be expected to prove this beyond the capacity he has attained: no one should try to walk on the waters until he has been given an inner assurance that he may attempt it. If the still small voice tells him to take a step which at the moment he cannot humanly see as right, it should be taken only after the contact within is so certain that there can be no question but that the Voice, and not the human will or desire, has spoken. When the Voice speaks, It never leaves a person with the responsibility of doing something alone through his human strength and wisdom, but It is always beside him, performing that which It gives him to do.” ~Joel S Goldsmith

Zechariah 4:6 Not (KJV)

6 ...Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Matthew 6:33 (to;) (KJV)

33 But seek ye first the kingdom of God, and his righteousness;

Psalms 127:1 (to :) (KJV)

1 Except the Lord build the house, they labour in vain that build it:

Stop often and seek the Father's guidance. Your Answer will Come with all the Authority and Supply necessary to Fulfill it. ~Al Denninger

## The Daily Lesson – December 26, 2020

“In the early stages it may appear that this frequent turning within is not producing any fruitage, and that is why so many persons lose heart and give up. It is like the hundreds of people who have taken piano lessons and who today would be able to play quite acceptably had they only had enough perseverance to continue practicing the scales and exercises which would have developed proficiency in the art; but instead they became discouraged and lost interest when, in a comparatively short time, they found that they could not perform with the facility of a concert pianist. So also, in the spiritual life when results do not come quickly, some of us stop making an effort.” ~Joel S Goldsmith

Luke 13:24 (KJV)

24 Strive to enter in at the strait gate: for many, I say unto you, will seek to enter in, and shall not be able.

Hebrews 6:11,12 (KJV)

11 And we desire that every one of you do shew the same diligence to the full assurance of hope unto the end:

12 That ye be not slothful, but followers of them who through faith and patience inherit the promises.

John 5:30 I seek (KJV)

30 ...I seek not mine own will, but the will of the Father which hath sent me.

Psalms 25:4,5 (KVV)

4 Shew me thy ways, O Lord; teach me thy paths.

5 Lead me in thy truth, and teach me: for thou art the God of my salvation; on thee do I wait all the day.

Above all we must persevere to Know the Freedom given us in the Truth. Stay steady and confident in your journey into Awareness. Practice the Presence until you Feel It. Isn't it wonderful, that you have been led this far? ~Al Denninger



## The Daily Lesson – December 27, 2020

“The spiritual life differs so completely from human experience that when we embark on this course, we are really setting out on uncharted seas, not that others have not been there before us, but the log of someone else's journey does not always point the way for us.” ~Joel S Goldsmith

John 6:43-45 (KJV)

43 Jesus therefore answered and said unto them, Murmur not among yourselves.

44 No man can come to me, except the Father which hath sent me draw him: and I will raise him up at the last day.

45 It is written in the prophets, And they shall be all taught of God. Every man therefore that hath heard, and hath learned of the Father, cometh unto me.

We are all individual Expressions of God, each with a different past, each with a different individual Path leading up to today. God's Love is always unconditional for each of us, but we each have our own Journey to take. Some of us are Watchers, some Healers, some Teachers, some followers – but we are all Raised, Protected and Directed by the same Shepherd. ~Al Denninger

## The Daily Lesson – December 28, 2020

“We have to have the patience to move forward slowly, yet with steadfast purpose. Above all things, from this moment on, we must never accept any sense of limitation, we must never feel that any good is beyond our capacity or reach, or that any heights are too high to attain, for there are no limits to the I which we are, after we have made contact with It.” ~Joel S Goldsmith

Romans 2:7 (KJV)

7 To them who by patient continuance in well-doing seek for glory and honour and immortality, eternal life:

II Corinthians 4:16 the (KJV)

6 ...the inward man is renewed day by day.

Romans 12:12 (KJV)

12 Rejoicing in hope; patient in tribulation; continuing instant in prayer;

II Corinthians 4:18 (KJV)

18 While we look not at the things which are seen, but at the things which are not seen: for the things which are seen are temporal; but the things which are not seen are eternal.

Walk patiently and steadily onward and upward, forsaking all sense of distraction. For step by step we go, turning ever inward, beyond words and thoughts... ~Al Denninger

## The Daily Lesson – December 29, 2020

“In proportion as we understand that we are one with the Father in that proportion do we understand that all that the Father has is ours: the mind of God is ours, the life of God is our life, the Soul of God is our Soul. There is only one Spirit, one Life, one Soul — and that is yours and mine.

*And God said, Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth. Genesis 1:26” ~Joel S Goldsmith*

Mark 12:30 (KJV)

30 And thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength: this is the first commandment.

I Corinthians 6:17 (KJV)

17 But he that is joined unto the Lord is one spirit.

*I can of mine own self, do nothing... The Spirit within doeth the Works...  
All that The Father hath is closer than breathing, nearer than hands and feet....  
The Father Worketh, And so it Is, I Work. God's Life, Spirit, Mind and Soul are  
Omnipresent, and so I Am Included in His Infinite Unconditional Presence....  
~al.within*

## The Daily Lesson – December 30, 2020

“That dominion was not given us as something of ourselves, but by virtue of the / that we are, the / that is within us, the / that constitutes our individual being. That is why we can rest as if we were a piece of ice floating in the water, and let the water move us, let the water be the substance of our being, its activity, quality, and quantity.” ~Joel S Goldsmith

John 5:30,31 (KJV)

30 I can of mine own self do nothing: as I hear, I judge: and my judgment is just; because I seek not mine own will, but the will of the Father which hath sent me.

31 If I bear witness of myself, my witness is not true.

John 14:10 (KJV)

10 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works.

*Father, I am Included in Your Omnipresence... My Spirit is Yours.... My hands are Yours... Move me.... I love to Watch You Work. ~al.within*

## The Daily Lesson – December 31, 2020

“The substance of the water and the substance of the ice are the same, H<sub>2</sub>O, and all that is true of the water is true of the ice. Whatever qualities water has, ice has. These are not two separate substances, these are not two separate qualities: ice and water are one-two different forms, yes, but they are one in essence, one in substance, and one in quality. The ice does not turn to the water for anything that the ice does not already have, but its movement is dependent upon the activity of the water.” ~Joel S Goldsmith

John 10:30 (KJV)

30 I and my Father are one.

Ephesians 4:4-6 (KJV)

4 There is one body, and one Spirit, even as ye are called in one hope of your calling;

5 One Lord, one faith, one baptism,

6 One God and Father of all, who is above all, and through all, and in you all.

Psalms 23:2,3 (KJV)

2 He maketh me to lie down in green pastures: he leadeth me beside the still waters.

3 He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.

There is One Spirit, One Likeness, One Life, One Father, One Be-ing, One Omnipresence.... And the Father is the Creative Source of all Activity. Let Him make you lie down in green pastures, and lead you beside the still waters. Let The Shepherd Lead you. ~Al Denninger

## The Daily Lesson – January 1, 2021

“That same relationship exists between man and God. It is true that God is invisible to human sight, but nevertheless God is the substance of which man is formed and the substance as which he lives and moves and has his being. The qualities of God are the qualities of man, and yet God is always the greater, for God is the creator, the law, and the activity of man.” ~Joel S Goldsmith

Genesis 1:27 (to ;) (KJV)

27 So God created man in his own image, in the image of God created he him;

Acts 17:24-28 (to;) (KJV)

24 God that made the world and all things therein, seeing that he is Lord of heaven and earth, dwelleth not in temples made with hands;

25 Neither is worshipped with men's hands, as though he needed any thing, seeing he giveth to all life, and breath, and all things;

26 And hath made of one blood all nations of men for to dwell on all the face of the earth, and hath determined the times before appointed, and the bounds of their habitation;

27 That they should seek the Lord, if haply they might feel after him, and find him, though he be not far from every one of us:

28 For in him we live, and move, and have our being;

There is no separation between God and His Expression. Rest now in His Everlasting Arms. ~Al Denninger

## The Daily Lesson – January 2, 2021

“To understand this makes it clear that in our spiritual identity all that God is, we are. There is no need, therefore, to turn to God for something: there is the need only to recognize this relationship of oneness, and then create within ourselves a vacuum, so that we can realize:

*My being is constituted of the quality, the substance, and the essence of God; and it is the law of God that governs, guides, directs, and instructs me.” ~Joel S Goldsmith*

Genesis 1:26 (to :) (KJV)

26 And God said, Let us make man in our image, after our likeness:

Psalms 46:10 (to :) (KJV)

10 Be still, and know that I am God:

Romans 8:4,5 (KJV)

4 That the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit.

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

To be obedient to the Law of God, we must Dwell in Spiritual Oneness and be Governed by It. ~Al Denninger

Be still and Know...

## The Daily Lesson – January 3, 2021

“The nature of our being is the same as the nature of God-being, for we are one. Relaxing in that oneness, we permit the Invisible to govern, uphold, sustain, move, feed, clothe, house, direct, and instruct us. This is different from thinking of ourselves as something separate and apart from God, having to ask God or attempting to influence Him: this is the difference between successful spiritual living and unsuccessful living of any type.” ~Joel S Goldsmith

I John 5:11,12 (KJV)

11 And this is the record, that God hath given to us eternal life, and this life is in his Son.

12 He that hath the Son hath life; and he that hath not the Son of God hath not life.

II Corinthians 3:3-5 (KJV)

3 Forasmuch as ye are manifestly declared to be the epistle of Christ ministered by us, written not with ink, but with the Spirit of the living God; not in tables of stone, but in fleshy tables of the heart.

4 And such trust have we through Christ to God-ward:

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

*Father, I can of mine own self, do nothing... My Life is not mine to live, It is an Individual Expression of You that is Directed, Supplied and Governed by You... And so I, with the greatest Love am so grateful to be about Your Business.... I rest in confidence through Christ to You.... Even though it appears to be my hands doing the Loving sometimes, I Know it is always, always, always You....  
~al.within*

Look to God, through Christ



## The Daily Lesson – January 4, 2021

“God's grace governs us. God's grace is our sufficiency, but that Grace is not brought into our experience by praying to God in the sense of asking, pleading, or seeking for it. Rather does it come by relaxing into an atmosphere of receptivity.”  
~Joel S Goldsmith

II Corinthians 12:9 (to :) (KJV)

9 And he said unto me, My grace is sufficient for thee:

II Corinthians 3:5,6 (KJV)

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

6 Who also hath made us able ministers of the new testament; not of the letter, but of the spirit: for the letter killeth, but the spirit giveth life.

Matthew 6:31-33 (KJV)

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Be still and seek not any thing of this-world, but open your Heart to Receive the Awareness of the Truth of Being. Patiently rest, be confident and wait for It. Just stop, Look Up, and Open out a Way for the imprisoned splendor to escape. God is Omnipresent - You already have It, let It loose... ~Al Denninger

## The Daily Lesson – January 5, 2021

“At this very moment let us turn from the human picture which is presenting itself to us and realize that we live and move and have our being in God. Wherever we are, let us relax in the Invisible. We cannot see, hear, taste, touch, or smell It, but through faith, through an inner conviction, we can understand that the place whereon we stand is holy ground, that where the / of us is, God is, that the kingdom of God is within us, right where we are, and then, feeling that relax.”  
~Joel S Goldsmith

Romans 12:2 (KJV)

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Acts 17:28 (to ;) (KJV)

28 For in him we live, and move, and have our being;

Philippians 4:7 (KJV)

7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

Jesus said His Kingdom is not of this-world – so we must stop looking and asking using physical sense and mental work. Be still, enter into your closet, and Look with Spiritual Eyes, Hear with Spiritual Consciousness, which is where you will Feel God’s Presence and Infinite Peace. Just stop right there where you stand; God has already put your feet on Holy Ground. Rest in His Garden. ~Al Denninger

## The Daily Lesson – January 6, 2021

“The God that made and formed this universe is certainly capable of maintaining and sustaining your identity and mine unto eternity. Then why not let God's intelligence move us as It will— feed, clothe, house, direct, resurrect, restore the lost years of the locust, and return us to the Father's house-let His will be done in us without any idea at all of its being necessary to tell Him what we need, or what we would like, without any idea at all of advising God as to what we should have, or what we think we should have, or even what we would like to have?” ~Joel S Goldsmith

Matthew 6:31-34 (to .) (KJV)

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

34 Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself.

*I can, of mine own self, do nothing Father... It is The Spirit Within, that doeth the Works... Thy will be done, Father. I will wait and watch and listen for Thy Still Small Voice to direct my Being.... In stillness, I await... I give it all to You... Speak Lord, thy servant heareth... ~al.within*

## The Daily Lesson – January 7, 2021

Let us acknowledge God as infinite Intelligence and divine Love and be satisfied with that:

*I am satisfied to be what You want me to be, to do what You want me to do, to be where You want me to be.*

Proverbs 3:5,6 (KJV)

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

Psalms 100:1-5 (KJV)

1 Make a joyful noise unto the Lord, all ye lands.

2 Serve the Lord with gladness: come before his presence with singing.

3 Know ye that the Lord he is God: it is he that hath made us, and not we ourselves; we are his people, and the sheep of his pasture.

4 Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him, and bless his name.

5 For the Lord is good; his mercy is everlasting; and his truth endureth to all generations.

Our complete Freedom lies in Knowing the Truth.

Love is the greatest thing we can give away.

*I find myself, just sitting here Smiling..... And Loving...*

*Thank you Father. ~al.within*

## The Daily Lesson – January 8, 2021

*"I live and move and have my being in Your consciousness. You are closer to me than breathing; You know my needs before I do. It is Your good pleasure to give me the kingdom, and I can rest and relax in You." ~Joel S Goldsmith*

Acts 17:28 (to ;) (KJV)

28 For in him we live, and move, and have our being;

I Corinthians 3:16 (KJV)

16 Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?

Matthew 6:8 for (KJV)

6 ...for your Father knoweth what things ye have need of, before ye ask him.

Luke 12:32 (KJV)

32 Fear not, little flock; for it is your Father's good pleasure to give you the kingdom.

Psalms 37:7 (to :) (KJV)

7 Rest in the Lord, and wait patiently for him:

This short little meditation from Joel's Experience demonstrates just how easy it is to pray often and keep our focus on God. And so we can Practice the Presence with many little conversations with God every day. Spirit to Spirit, Soul to Soul... God Loves hearing from you. ~Al Denninger

## The Daily Lesson – January 9, 2021

“We must relax in His consciousness; we must relax in His Spirit, His wisdom, His judgment, and His will. A person who does that is developing a healing and redeeming consciousness because he is not seeking a God-power; he is not acknowledging a power that has to be overcome: he is living in God-power. That is going back to the fullness of mysticism in which we learn that evil has no existence at all except in the mind that believes in good and evil.” ~Joel S Goldsmith

Proverbs 3:5,6 (KJV)

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

I John 1:5 God (KJV)

5 God is light, and in him is no darkness at all.

Genesis 2:17 (KJV)

17 But of the tree of the knowledge of good and evil, thou shalt not eat of it: for in the day that thou eatest thereof thou shalt surely die.

Romans 8:1 walk,2 (KJV)

1 ...walk not after the flesh, but after the Spirit.

2 For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death.

Light is Omnipresent, rejoice in Its Shining on you... Do not turn away. ~Al Denninger

## The Daily Lesson – January 10, 2021

“The healing consciousness comes only to those who arrive at a state of consciousness in which they can live consciously at-one with God, in full and complete confidence that God is infinite, needing no help from anyone. In this God-consciousness there is nothing for God to battle, nothing for God to overcome.” ~Joel S Goldsmith

Psalms 91:1 (KJV)

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

Romans 8:9 (to.) & 14 (KJV)

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

14 For as many as are led by the Spirit of God, they are the sons of God.

I John 5:12 (to ;) (KJV)

12 He that hath the Son hath life;

John 14:27 (to .) (KJV)

27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you.

And so, we must Dwell in the secret place and develop the confidence and assurance that Truth brings to us. Let the Spirit Lead you and give you the Awareness and Experience of the Life and Peace of Christ Consciousness. ~Al Denninger

## The Daily Lesson – January 11, 2021

“The mystical life rests on the premise that in the presence of spiritual consciousness neither material nor mental power is power. That is the healing consciousness, and in its presence human power of every kind dissolves. All spiritually illumined individuals are in agreement that they know nothing of the nature of any power with which to overcome sin, disease, lack, or inharmonious human relationships, but they also testify that in proportion to their attainment of an inner stillness, without any sense of needing a power, the discords evaporate.”  
~Joel S Goldsmith

Psalms 46:10 (to :) (KJV)

10 Be still, and know that I am God:

I Corinthians 6:17 (KJV)

17 But he that is joined unto the Lord is one spirit.

Zechariah 4:6 saying, Not (KJV)

6 ...Not by might, nor by power, but by my spirit, saith the Lord of hosts.

II Corinthians 5:17 (KJV)

17 Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.

*I can, of mine own self, do nothing... But as I Know and Experience the Truth, the always-Present, all-Knowing, all-Acting, Spirit within doeth the Works... My cup runneth over... ~al.within*



## The Daily Lesson – January 12, 2021

“The realization that God is the one infinite all-power and that neither material nor mental power is power is what constitutes spiritual consciousness. Spiritual consciousness is not something mysterious: it is not a consciousness of might, power, or human effort, but the consciousness of *My Spirit*. Spiritual consciousness acknowledges that God alone is power; it is a consciousness that is not divided, a consciousness that sees with a single eye, and sees but one Power, one Presence, one Being, one Cause.” ~Joel S Goldsmith

Psalms 147:5 (KJV)

5 Great is our Lord, and of great power: his understanding is infinite.

II Chronicles 20:17 (to 3rd ,) (KJV)

17 Ye shall not need to fight in this battle: set yourselves, stand ye still, and see the salvation of the Lord with you,

I Corinthians 2:9,10 (to :) (KJV)

9 But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him.

10 But God hath revealed them unto us by his Spirit:

God alone is power, because God alone Is Infinite Consciousness – the Infinite I Am. There can be no opposite, opponent or error to correct. Our fears are foolish imaginings. How much time would you spend building a physical defense against a mental dream? ~Al Denninger

## The Daily Lesson – January 13, 2021

“Spiritual consciousness is our individual consciousness when we no longer give power to physical force or mental force, but understand God as the only Force, and then live the command of Jesus Christ, ‘Resist not evil.’ We do not consciously direct spiritual consciousness: it performs its function in us and through us, and we merely become aware of what it is imparting to us.” ~Joel S Goldsmith

Matthew 5:39 to (:)

39 But I say unto you, That ye resist not evil:

Luke 4:1-3 & 8 (KJV)

1 And Jesus being full of the Holy Ghost returned from Jordan, and was led by the Spirit into the wilderness,

2 Being forty days tempted of the devil. And in those days he did eat nothing: and when they were ended, he afterward hungered.

3 And the devil said unto him, If thou be the Son of God, command this stone that it be made bread.

8 And Jesus answered and said unto him, Get thee behind me, Satan:

If we resist, we have plugged in to an appearance - we've seen a problem and desire to do something about it. It's a trap. Does God make errors that need correcting? Does God need us to correct it or remind Him to? Rather than plug in or react, take the approach to pause and discern that the appearance is an illusion and nothing needs to be done about it. I know, something poked at you and said, "I am real, I am hungry, I am hurt or lacking something" - but if so be The Spirit Dwell in you, you Know the Truth and go on about your Work and give it no more thought. Yup, "take no thought" about it. ~Al Denninger

## The Daily Lesson – January 14, 2021

“For example, our hand, of itself, cannot go up and it cannot go down; it cannot give and it cannot withhold. We must move the hand. We must direct it. If we are living on the physical or mental level, then we can do this for good or for evil; but if we have attained even a measure of the consciousness that God alone is power then the hand is moved, not by us personally, but by the divine / that we are, and never for evil, never for destruction, never for harm. We are not consciously moving it; we are letting it be moved by the Consciousness which is God, the Consciousness that we are.” ~Joel S Goldsmith

John 5:30 (KJV)

30 I can of mine own self do nothing: as I hear, I judge: and my judgment is just; because I seek not mine own will, but the will of the Father which hath sent me.

John 14:22-27 (KJV)

22 Judas saith unto him, not Iscariot, Lord, how is it that thou wilt manifest thyself unto us, and not unto the world?

23 Jesus answered and said unto him, If a man love me, he will keep my words: and my Father will love him, and we will come unto him, and make our abode with him.

24 He that loveth me not keepeth not my sayings: and the word which ye hear is not mine, but the Father's which sent me.

25 These things have I spoken unto you, being yet present with you.

26 But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you.

27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

I Corinthians 2:16 (KJV)

16 For who hath known the mind of the Lord, that he may instruct him? But we have the mind of Christ.

John 1:1-4 (KJV)

1 In the beginning was the Word, and the Word was with God, and the Word was God.

2 The same was in the beginning with God.

3 All things were made by him; and without him was not any thing made that was made.

4 In him was life; and the life was the light of men.

God is the Divine Source and Fountain of Life. We are all Individual Expressions of this Omnipresent Life. His Word Directs, Maintains and Sustains His Creation. Be still, and Listen, and Let yourself be an Instrument – Taught and Directed by every Word that proceedeth out of the mouth of God. ~Al Denninger

## The Daily Lesson – January 15, 2021

“This is true also of our body: we can move it where, when and how we want to, and we can move it for good or evil. The choice lies within us. But in proportion as we come to the realization that God is the only consciousness, we will find that our body is being moved. We are not consciously moving it: it is being moved, but never toward sin, never toward disease or old age, and never toward death. It is being moved in accord with the grace of God, and when the time comes to pass from this human scene for greater experiences it will be a passing, not a pushing out.” ~Joel S Goldsmith

Matt 10:19,20 (KJV)

19 But when they deliver you up, take no thought how or what ye shall speak: for it shall be given you in that same hour what ye shall speak.

20 For it is not ye that speak, but the Spirit of your Father which speaketh in you.

John 14:10 (KJV)

10 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works.

I John 4:12 If (KJV)

12 ...If we love one another, God dwelleth in us, and his love is perfected in us.

Surrender to God, and give Him the reins. The veil will be rent in twain and You will be Planted in the best place to be of His Service and Express His Love. ~Al Denninger

## The Daily Lesson – January 16, 2021

“God is the one and only infinite consciousness, the all good. My consciousness, and everything within the realm of my consciousness is God-governed, God-maintained, God-sustained, God-fed God divine consciousness, is the substance of all form: there is no evil form, there is no destructive form, no harmful form, no injurious form, for God is the substance of all form.” ~Joel S Goldsmith

I John 4:16 God is,17 (to ,) (KJV)

16 ...God is love; and he that dwelleth in love dwelleth in God, and God in him.

17 Herein is our love made perfect,

John 14:17,18 (KJV)

17 Even the Spirit of truth; whom the world cannot receive, because it seeth him not, neither knoweth him: but ye know him; for he dwelleth with you, and shall be in you.

18 I will not leave you comfortless: I will come to you.

The Omniscience of God cannot leave you out of It's Experience and Activity. All form is Included in the Spirit of Truth and Being. Therein is our Love Perfected.  
~Al Denninger

## The Daily Lesson – January 17, 2021

“All form is of the name and nature of God. All form is of the quality and activity of God, and exists under the law of God. As we understand God to be the substance of all form, in the clarity of our inner vision, we will know that there can be no destructive form, no injurious or harmful form. We do not deny that there are germs, but we know that a germ cannot be injurious or destructive in the realization of one Power, one Intelligence, one Love, and one Life.” ~Joel S Goldsmith

Genesis 1:1,26 & 31 (to.) (KJV)

1 In the beginning God created the heaven and the earth.

26 And God said, Let us make man in our image, after our likeness:

31 And God saw every thing that he had made, and, behold, it was very good.

II Cor 5:18 (to ,) (KJV)

18 And all things are of God,

I Corinthians 2:12,13 (KJV)

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

13 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.

The Nature of God is Omnipresence. Nothing is made that is not Made, Maintained and Loved by God. ~Al Denninger

## The Daily Lesson – January 18, 2021

“Regardless of the name or nature of the problem which is brought to our awareness, we have to begin with the truth that God is one - one Presence, one Being, one Power—and all that God is, we are. God-consciousness is our consciousness, and nothing can enter that consciousness which defileth ... or maketh a lie.’ In this truth of oneness, of one Being, one Presence, one Power, there are no opposing powers.” ~Joel S Goldsmith

John 19:11 (to :) (KJV)

11 Jesus answered, Thou couldest have no power at all against me, except it were given thee from above:

Revelation 21:27 (to :) (KJV)

27 And there shall in no wise enter into it any thing that defileth, neither whatsoever worketh abomination, or maketh a lie:

We are Included in the always-present Kingdom of God. The nature of Ever-Presence does not and cannot leave any room for anything else. The only place an error or problem can appear is in distracted thought or perception – but it is never even a real error – only a false supposition. ~Al Denninger

## The Daily Lesson – January 19, 2021

“When we rest in that truth, it picks us up and transforms the mind, the body, and all that is called our life or outer experience, which is not really an outer experience at all but an experience that is taking place within us, in that inner world that is the only world there is.” ~Joel S Goldsmith

Romans 12:2 (KJV)

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Proverbs 3:5 (KJV)

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

Want the Comforter Experience? Rest in the Truth with all thy Heart. ~Al Denninger



## The Daily Lesson – January 20, 2021

“This consciousness of truth, which is attained through meditation, becomes the illumined consciousness. We may have a realization about one facet of truth, and we may bring forth mighty works with that, but let us never believe, when we have had a realization of truth, even to the extent of illumination, that we have gone the full distance. We have only started on the Path. Afterward, there come realizations of other truths, more and deeper realizations, and actually this goes on forever, and as far as I know, it never ends. This must be so because of the infinite nature of God.” ~Joel S Goldsmith

Isaiah 30:20,21 (KJV)

20 And though the Lord give you the bread of adversity, and the water of affliction, yet shall not thy teachers be removed into a corner any more, but thine eyes shall see thy teachers:

21 And thine ears shall hear a word behind thee, saying, This is the way, walk ye in it, when ye turn to the right hand, and when ye turn to the left.

Matthew 7:14 (to 3rd ,) (KJV)

14 Because strait is the gate, and narrow is the way, which leadeth unto life,

Isaiah 40:31 (KJV)

31 But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

The dedicated seeker's Path of Illumination starts with a spark of Realization. The commitment deepens and the focus sharpens as we travel The Infinite Way.  
~Al Denninger

## The Daily Lesson – January 21, 2021

“God is forever imparting Himself to us, infinitely. The beginning of wisdom is the understanding that all that we are seeking is already established within us, and that we are seeking only to bring it forth from within our own being. This will prevent us from worshiping something or someone outside our own being. As we realize the nature of the I within us, fear will lessen and eventually fade away because then we will neither fear nor worship anything or anybody external to us.”  
~Joel S Goldsmith

John 5:30 (to :) (KJV)

30 I can of mine own self do nothing:

John 14:10 (KJV)

10 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works.

Matthew 6:33 (to ;) (KJV)

33 But seek ye first the kingdom of God, and his righteousness;

Colossians 2:1-6 (KJV)

1 For I would that ye knew what great conflict I have for you, and for them at Laodicea, and for as many as have not seen my face in the flesh;

2 That their hearts might be comforted, being knit together in love, and unto all riches of the full assurance of understanding, to the acknowledgement of the mystery of God, and of the Father, and of Christ;

3 In whom are hid all the treasures of wisdom and knowledge.

4 And this I say, lest any man should beguile you with enticing words.

5 For though I be absent in the flesh, yet am I with you in the spirit, joying and beholding your order, and the stedfastness of your faith in Christ.

6 As ye have therefore received Christ Jesus the Lord, so walk ye in him:

Fear dissolves in Light. This Illumination Reveals our Spiritual Being. ~Al Denninger

The Finger of God Wrote an incredible Book for us. It can Feed us Infinitely. Keep your Bible close. Carry it with you.

(For extra credit today, study the rest of the 2<sup>nd</sup> Chapter of Colossians.)

## The Daily Lesson – January 22, 2021

“In the brief periods of meditation which we should experience as many times a day as possible, our first thought must be:

*God made this day, perfected it and decreed its activity. His will is done in me today.” ~Joel S Goldsmith*

I Thessalonians 5:16-18 (KJV)

16 Rejoice evermore.

17 Pray without ceasing.

18 In every thing give thanks: for this is the will of God in Christ Jesus concerning you.

Colossians 3:2-4 (KJV)

2 Set your affection on things above, not on things on the earth.

3 For ye are dead, and your life is hid with Christ in God.

4 When Christ, who is our life, shall appear, then shall ye also appear with him in glory.

Colossians 3:15 (KJV)

15 And let the peace of God rule in your hearts, to the which also ye are called in one body; and be ye thankful.

Today is the day the Lord hath made. Let Him rule your Heart. ~Al Denninger

## The Daily Lesson – January 23, 2021

“Even if we have time for nothing else, we will have made a contact with the Presence and prepared the way for the infinite glory of God to express as us. In that short meditation, we have acknowledged the presence, the power, the life, the wisdom, the perfection, and the protection of God. We have fulfilled Scripture by denying ourselves as if we of ourselves were anything, and we have made ourselves receptive and responsive to the spiritual influence in the realization that we alone do not live our life, but that Christ lives our life.” ~Joel S Goldsmith

Galatians 2:16 & 19-20 (to:) (KJV)

16 Knowing that a man is not justified by the works of the law, but by the faith of Jesus Christ, even we have believed in Jesus Christ, that we might be justified by the faith of Christ, and not by the works of the law: for by the works of the law shall no flesh be justified.

19 For I through the law am dead to the law, that I might live unto God.

20 I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me:

Colossians 2:13-15 (KJV)

13 And you, being dead in your sins and the uncircumcision of your flesh, hath he quickened together with him, having forgiven you all trespasses;

14 Blotting out the handwriting of ordinances that was against us, which was contrary to us, and took it out of the way, nailing it to his cross;

15 And having spoiled principalities and powers, he made a shew of them openly, triumphing over them in it.

Ephesians 3:17-21 (KJV)

17 That Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love,

18 May be able to comprehend with all saints what is the breadth, and length, and depth, and height;

19 And to know the love of Christ, which passeth knowledge, that ye might be filled with all the fulness of God.

20 Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us,

21 Unto him be glory in the church by Christ Jesus throughout all ages, world without end. Amen.

II Corinthians 13:14 (KJV)

14 The grace of the Lord Jesus Christ, and the love of God, and the communion of the Holy Ghost, be with you all. Amen.

*And so we Practice... Being still, and resisting not, acknowledging Him in all our Heart, surrendering to His will... His Way.... Open out an Avenue of Awareness for The Presence to be Felt and Let it Flow through you to where It wants to Be Felt....*

*I Live not by mine own self, of my own might or power, of my own wealth or storehouse – but I am, by His Grace, Included in God's Kingdom... I am Alive, Embraced in His Life. And so, My Life is God's Own, Individually Expressed and manifest As. I am not separate - I Am.*

*Rejoice with me, all distracted thought is dissolved.... All imagining, all fear, all hopelessness is dissolved in the Light of the Presence of Christ. ~al.within*

## The Daily Lesson – January 24, 2021

“There are not too many persons who are at this moment fulfilling their spiritual purpose and activity, or even any activity which approximates it. They therefore must do whatever is given them to do today and let the future take care of itself by acknowledging God today, even while scrubbing the floor or preparing a meal. Acknowledging God in these activities that seem so far removed from a spiritual activity brings God into actual expression, and leads them from one activity to another, and another, and another, until they are being fulfilled spiritually.” ~Joel S Goldsmith

Matthew 7:14 (KJV)

14 Because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it.

Proverbs 3:6 (to ,) (KJV)

6 In all thy ways acknowledge him,

Mark 6:41,42 (KJV)

41 And when he [Jesus] had taken the five loaves and the two fishes, he looked up to heaven, and blessed, and brake the loaves, and gave them to his disciples to set before them; and the two fishes divided he among them all.

42 And they did all eat, and were filled.

Ephesians 4:7 & 12,13 (KJV)

7 But unto every one of us is given grace according to the measure of the gift of Christ.

12 For the perfecting of the saints, for the work of the ministry, for the edifying of the body of Christ:

13 Till we all come in the unity of the faith, and of the knowledge of the Son of God, unto a perfect man, unto the measure of the stature of the fulness of Christ:

And so we must dedicate ourselves to constantly Practicing the Presence. Learn to stop, even if from the world's point of view we are busy with our daily routine. Develop a habit to take every possible opportunity to increase our Awareness of God's continuing Presence. Think of this like stopping, like Jesus did, to say grace before meals, but stopping in thanksgiving and appreciation and for divine guidance before and during everything we do. ~Al Denninger

## The Daily Lesson – January 25, 2021

“Wherever we may be today, in a prison, in a hospital, or in a mental institution, in the most luxurious home or the most poverty-stricken one, we disregard the appearance.” ~Joel S Goldsmith

Matthew 4:8-11 (KJV)

8 Again, the devil taketh him [Jesus] up into an exceeding high mountain, and sheweth him all the kingdoms of the world, and the glory of them;

9 And saith unto him, All these things will I give thee, if thou wilt fall down and worship me.

10 Then saith Jesus unto him, Get thee hence, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve.

11 Then the devil leaveth him, and, behold, angels came and ministered unto him.

Matthew 6:19-21 & 31-33 (to ;) KJV)

19 Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal:

20 But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal:

21 For where your treasure is, there will your heart be also.

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness;

Appearances dis-appear in the proper Light. Focus on the Light [The Kingdom of God and His Righteousness] and there will be no more thoughts of so-called appearances to disregard. ~Al Denninger

## The Daily Lesson – January 26, 2021

“What the appearance is has nothing to do with our oneness with the Father; what the condition of the person may be has nothing to do with it; whether we are sick or well, living or dead has nothing to do with that realization of oneness, and cannot alter it. Those conditions are the appearance, but the / of us is picking us up where we are at this moment, and from now on, / in the midst of us will lead, direct, govern, feed, clothe, and house us.” ~Joel S Goldsmith

Psalms 23:4 (KJV)

4 Yea, though I walk through the valley of the shadow of death, I will fear no evil [thought]: for thou art with me; thy rod and thy staff they comfort me.

I Corinthians 2:11-13 (KJV)

11 For what man knoweth the things of a man, save the spirit of man which is in him? even so the things of God knoweth no man, but the Spirit of God.

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

13 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.

Psalms 23:1 (KJV)

1 The Lord is my shepherd; I shall not want.

Isaiah 40:11 (KJV)

11 He shall feed his flock like a shepherd: he shall gather the lambs with his arm, and carry them in his bosom, and shall gently lead those that are with young.

If we plug into a seeming appearance as being real, we are allowing ourselves to be tempted and persuaded into accepting a sense of separation from God. It is like we are convincing ourselves to shadow box with the shadow of death... There is no death, only Life eternal. There is no place we can ever go to be separated from His Presence, His Love, His Life, His Abundance, His Government or His Guidance.

*Thank you Father Shepherd... You restoreth my soul and leadeth me in the paths of Righteousness... I Am Dwelling with you, and You art with me, now and forever... ~al.within*



## The Daily Lesson – January 27, 2021

“To attempt to leave the place where we are now through human means and while in the same state of consciousness would serve no purpose because without a higher consciousness of truth we would eventually return to the same place where we are at this moment. As we abide in the truth that / in the midst of us is one with God, our consciousness becomes enriched, deepened, broadened, and filled with spiritual truth. Gradually—sometimes slowly, sometimes quickly—truth comes alive in us, and as this truth which we are fills our consciousness, it literally appears outwardly as greater harmony in our experience.” ~Joel S Goldsmith

Matthew 19:23-26 (KJV)

23 Then said Jesus unto his disciples, Verily I say unto you, That a rich man shall hardly enter into the kingdom of heaven.

24 And again I say unto you, It is easier for a camel to go through the eye of a needle, than for a rich man to enter into the kingdom of God.

25 When his disciples heard it, they were exceedingly amazed, saying, Who then can be saved?

26 But Jesus beheld them, and said unto them, With men this is impossible; but with God all things are possible.

Romans 12:2 (KJV)

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Any earthly treasure or equity we can build up in this world can be wiped out in an instant. And no matter how high the pile of wealth gets, or the more we trust it to supply our good, none of it takes you to God Realization. Only as our Consciousness is Spiritually Lifted and Further Illumined do we begin to Know, Prove and Share the Harmony of Truth. ~Al Denninger

## The Daily Lesson – January 28, 2021

“We must live and move and have our being in the consciousness that we are one with the Father, and that all that He has is ours here and now, where we are. As we continue to disregard the appearances, not trying to change or improve them, but standing fast where we are, we let the Spirit move us as we are prepared for It.” ~Joel S Goldsmith

Acts 17:24-28 (KJV)

24 God that made the world and all things therein, seeing that he is Lord of heaven and earth, dwelleth not in temples made with hands;

25 Neither is worshipped with men's hands, as though he needed any thing, seeing he giveth to all life, and breath, and all things;

26 And hath made of one blood all nations of men for to dwell on all the face of the earth, and hath determined the times before appointed, and the bounds of their habitation;

27 That they should seek the Lord, if haply they might feel after him, and find him, though he be not far from every one of us:

28 For in him we live, and move, and have our being; as certain also of your own poets have said, For we are also his offspring.

Luke 15:31 (KJV)

31 And he said unto him, Son, thou art ever with me, and all that I have is thine.

II Chronicles 20:17 (to 3rd ,) (KJV)

17 Ye shall not need to fight in this battle: set yourselves, stand ye still, and see the salvation of the Lord with you,

Mark 1:2,3 (KJV)

2 As it is written in the prophets, Behold, I send my messenger before thy face, which shall prepare thy way before thee.

3 The voice of one crying in the wilderness, Prepare ye the way of the Lord, make his paths straight.

And so, we prepare the Way of the Lord and make His path straight into our Heart. Stand fast in the Truth and Let God's Word and Life move in you, and through you and As You. ~Al Denninger

This concludes our study of the Chapter 25 of the book “A Parenthesis in Eternity”.

Tomorrow we begin: CHAPTER XXVI – “MY KINGDOM IS NOT OF THIS WORLD”