

## **“THE DAILY LESSON”**

is an activity of the study group found at: [www.iwso.org](http://www.iwso.org)

It is a progression of excerpts from tapes recorded by Joel,  
or from his books or writings.

It appears each day, together with the addition of corroborating scripture  
and inspired comments,  
to take into meditation and live with throughout your day.

Student's note: There are words that are capitalized throughout this work.  
These words are used as if it were a synonym for, or as an activity of God.

Also, the portions that are italicized are spontaneous meditations.

The subject for our current study is the complete book

### **“Practicing the Presence”**

By Joel S Goldsmith

## **THE DAILY LESSON – FEBRUARY 3, 2015**

### **“CHAPTER VI**

### **TO HIM THAT HATH**

When the Master was called upon to feed the multitudes, and the disciples told him that there were only a few loaves and fishes, he did not recognize that there was an insufficiency. No, he began with what was available and multiplied that, for he knew that ‘he that hath, to him shall be given; and he that hath not, from him shall be taken even that which he hath.’” ~Joel

Luke 9:12-17

12 And when the day began to wear away, then came the twelve, and said unto him, Send the multitude away, that they may go into the towns and country round about, and lodge, and get victuals: for we are here in a desert place.

13 But he said unto them, Give ye them to eat. And they said, We have no more but five loaves and two fishes; except we should go and buy meat for all this people.

14 For they were about five thousand men. And he said to his disciples, Make them sit down by fifties in a company.

15 And they did so, and made them all sit down.

16 Then he took the five loaves and the two fishes, and looking up to heaven, he blessed them, and brake, and gave to the disciples to set before the multitude.

17 And they did eat, and were all filled: and there was taken up of fragments that remained to them twelve baskets.

“Jesus looked up to the Infinite Source of Supply and was grateful.  
Thank you Father – I am included.” ~Al

## THE DAILY LESSON – FEBRUARY 4, 2015

“Scripture tells the story of the widow who fed Elijah. Even though she had only a ‘handful of meal in a barrel, and a little oil in a cruse,’ she did not say she had not enough to share, but first she made a little cake for Elijah before she baked one for her son and herself. ‘And the barrel of meal wasted not, neither did the cruse of oil fail.’ She had little, but she used what she had and let it flow out from her.

Day after day we are faced with the same question: What have we? If we are well-grounded in the letter of truth, the answer is clear and certain:

*I have; all that God has, I have because ‘I and my Father are one.’ The Father is the source of all supply. In this relationship of oneness, I embody all supply. How, then, can I expect it to come to me from the outside? I must agree that I already have all that the Father has because of my oneness with the Father.” ~Joel*

Prov 3:5,6

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

“The first step to a Spiritual experience is unconditional trust.” ~Al

## THE DAILY LESSON – FEBRUARY 5, 2015

“Are we that which receives, or are we that center from which the infinity of God flows out? Are we the multitudes who sat at the feet of the Master waiting to be fed, or are we the Christ feeding the unilluminated? In the answer to that lies our degree of spiritual fulfillment. ‘I and my Father are one’ means exactly what it says. We dare not ever look outside of our own being for our good, but we must ever look upon ourselves as that center from which God is flowing. It is the function of the Christ, or Son of God, to be the instrument as which the good of God pours out into the world:

*I am that center through which God operates, and, therefore, I understand the nature of supply. Never will I attempt to demonstrate supply; never will I attempt to get supply. Since the activity of the Christ, Itself, is supply, then all I need to do is to let it flow. Since ‘I and my Father are one,’ and I am the Christ, or Son of God, I am that place through which God flows. Therefore, I can meet every demand that is made upon me in the recognition of have.*

This marks a transition in consciousness from being a receiver of good to a realization that we are that point in consciousness through which the infinity of God's good flows to those not yet aware of their true identity.” ~Joel

John 15:5 (to 2nd :)

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit:

“You see? Being Included in the Good means that we are never limited in any way, therefore it also means that we are included in bearing God's Fruitage as well.” ~Al

## THE DAILY LESSON – FEBRUARY 6, 2015

“From childhood, it has been instilled in us that we need certain people and certain things to make us happy. We are told repeatedly that we need money, home, companionship, family, vacations, automobiles, television sets, and all the paraphernalia considered essential to modern living. The spiritual life reveals clearly that God's grace is our sufficiency in all things. We do not need anything in this world except His grace. When we are tempted to believe that we need things, we should bring to our remembrance the correct letter of truth, which is that His grace is our sufficiency in all things. As we stand in this truth in the face of every appearance, one of these days a moment of transition comes, and with it, an inner conviction that all that we need is God. It is true that if we had God and everything in the world, we would not have any more than if we had God alone. If God is all-inclusive being, all is included in God.” ~Joel

II Cor 3:3-5

3 Forasmuch as ye are manifestly declared to be the epistle of Christ ministered by us, written not with ink, but with the Spirit of the living God; not in tables of stone, but in fleshy tables of the heart.

4 And such trust have we through Christ to God-ward:

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

*“Father,*

*I trust You.*

*...Amen”*

*~al.within*

## THE DAILY LESSON – FEBRUARY 7, 2015

“Our relationship with God, our conscious oneness with God, constitutes our oneness with all spiritual being and idea. The moment we realize this, good begins to flow to us from outside, from sources all over the globe. Always it is the activity of God, not of a person. Every person comes bearing gifts because everyone is an instrument for the outflowing of God; but if we look to some specific person for our good, we block it. Wives who look to husbands, husbands who look to investments, and business people who look to the public are all looking amiss. The beginning of wisdom is the realization that the kingdom of God is within us and that it must flow out from us. We lose all sense of dependence on the world as we stand in the correct letter of truth and remember that His grace is our sufficiency in all things. Ultimately, this correct letter of truth registers in consciousness, and the Spirit takes over.” ~Joel

Luke 17:21

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

John 7:38

38 He that believeth on me, as the scripture hath said, out of his belly shall flow rivers of living water.

“All Love is of God. Within My Be-ing is all that is needed to perform His Work.” ~Al

## THE DAILY LESSON – FEBRUARY 8, 2015

“Life would become a miracle of unceasing joy and immeasurable abundance, if only we could abide in the consciousness of this truth of His grace as our sufficiency in all things:

*Thy grace is sufficient for my every need, not Thy grace tomorrow, but Thy grace, since before Abraham was. Thy grace is my sufficiency unto the end of the world. Thy grace of the past, present, and future is at this very instant my sufficiency in all things.*

Situations arise daily to tempt us to believe that we, or our families, are in need of some form of good, either food, housing, opportunity, education, employment, or rest; but to all these things we respond: ‘Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God,’ [Matt 4:4] because His grace is our sufficiency in every circumstance.” ~Joel

*“Father, I rest now in confidence and in complete trust that Your Love is my fulfillment, that I Am included in Your Life and that Your will be done, on earth as it is in Heaven... Thank you for the Peace that I feel and the Truth as it is revealed... ..” ~al.within*

## THE DAILY LESSON – FEBRUARY 9, 2015

“Through the use of scriptural passages, we build such a consciousness of the ever-presence of the Infinite Invisible that although we continue to enjoy and appreciate everything in the world of form, everything that exists as effect, yet never again do we have the feeling that we need or require anything. Inasmuch as God's grace is our sufficiency, we do not live by effect alone, but by every word of truth that has been embodied in our consciousness and by every passage of truth that we have made our own. Every word of truth must be learned and made a part of our consciousness so that it becomes flesh of our flesh and bone of our bone, until the past, present, and future are all bound up in the conscious realization of God's grace as our sufficiency. In other words, our consciousness of truth is the source, substance, activity, and law of our daily experience.” ~Joel

II Tim 3:14-17

14 But continue thou in the things which thou hast learned and hast been assured of, knowing of whom thou hast learned them;

15 And that from a child thou hast known the holy scriptures, which are able to make thee wise unto salvation through faith which is in Christ Jesus.

16 All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness:

17 That the man of God may be perfect, throughly furnished unto all good works.

“Studying the Inspired Word of Scripture is a form of Practicing the Presence. It centers us on the Path. Our daily Bread is given to us as we realize the Word that proceedeth out of the mouth of God.” ~Al



## THE DAILY LESSON – FEBRUARY 10, 2015

“When we recognize God as the source of all good, God as our sufficiency, and that people and circumstances are but the avenue or instrument of our supply, we are likely to have the experience of Moses with manna falling from the sky, or Elijah with ravens bringing food, finding cakes baked on the stones, or a widow sharing. Anything can happen, but one thing is certain to happen, and that is abundance.” ~Joel

John 10:10 I am

10 ...I am come that they might have life, and that they might have it more abundantly.

“We have been given the abundant Grace of God. All that the Father hath is thine. Now, we can coast – or we can decide to start Be-ing His Instrument. Love always finds a Way...” ~Al

## THE DAILY LESSON – FEBRUARY 11, 2015

“In every avenue or walk of life, it becomes necessary to carry truth out into the world as an activity of consciousness. You may say that this is hard work, but it is much harder than you think. That is why the Master called the Way straight and narrow. There were always multitudes coming to him to be fed, but there were never multitudes multiplying loaves and fishes. Healings can be brought forth through the work of teachers and practitioners, but unless we, ourselves, embody this truth in consciousness, we shall have lost our opportunity to achieve freedom from limitation here and now.” ~Joel

Matt 7:14

14 Because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it.

“Love is, and must be, a two-way street - inflowing and outflowing... Think of it like breathing – we can only take so much in, and yes we can take a lot in, it can seem like years - but we must eventually flow out to continue breathing. We can start by being polite, then being grateful, then acting grateful, then Loving for no particular reason at all... Then we Bring Peace to a situation...Or forgiveness. And then so on, Onward & Upward. You see? We work our Way Up. Today is the day.” ~Al

## THE DAILY LESSON – FEBRUARY 12, 2015

“He that hath, to him shall be given; and he that hath not, from him shall be taken even that which he hath.’ That sounds like a very heartless statement, but, nevertheless, it is the law, and an important principle of life. If we are faced with a problem and admit that we do not have enough understanding, enough experience, or enough supply to meet a particular demand made upon us, we have declared the little that we have. Very quickly that little will be taken from us because, in our admission of lack, we have done all that is necessary to impoverish ourselves; we have declared our own lack, and the only demonstration we can make is a perfect one. We shall demonstrate perfect and complete lack. Everyone who desires will make a perfect demonstration of desire. Only in the degree that he acknowledges fulfillment can he achieve fulfillment.

‘To him that hath’! What do we have? Is there anyone who does not know one statement of truth? Then take that one statement and acknowledge, not that you lack, but that you have. Sit in the silence with that one statement and watch how rapidly another will come, followed by a third, fourth, fifth, and on--on into infinity. As many statements as you need will flow to you, because you will discover that it is not the truth you know that is coming to you, but the truth God knows. God is imparting His understanding and His truth to you. Your only responsibility is to open your consciousness and be receptive.” ~Joel

Luke 19:26 (to ;)

26 For I say unto you, That unto every one which hath shall be given;

Ps 91:1

1 He that dwelleth in the secret place of the most High shall abide under the shadow [be included in the Realm] of the Almighty.

“Here’s what it all boils down to: Where the Spirit of God is Realized, there will be an experience of Liberty, Abundance and Fulfillment.” ~Al

## THE DAILY LESSON – FEBRUARY 13, 2015

“That which flows out is never from ourselves: It is from the Father flowing through us, and the greater the demands that are made upon Him, the greater the flow. We find that illustrated in the cruse of oil which never ran dry; merely by lifting it up and beginning to pour, the flow of oil was continuous. We find the same phenomenon in the multiplication of loaves and fishes. By taking that which we have and, using it, more keeps flowing and flowing. By acknowledging that we have, we shall demonstrate have. In the acknowledgment of God's wisdom, understanding, presence, and infinity within us, the flow begins. We block our own realization of harmony by claiming an insufficiency of truth under the false guise of humility. It is not our truth or the truth we know, but the truth God knows.” ~Joel

John 5:19 (to 5th ,)

19 Then answered Jesus and said unto them, Verily, verily, I say unto you, The Son can do nothing of himself,

John 16:15 (to :)

15 All things that the Father hath are mine:

“Have you ever felt the smallest spark of Truth? You know it was Real, you felt the Warmth of It. Start in that remembrance and continue your focus upward... In that tiny spark there is enough to ignite the sun. Pour out the first drop you feel and Watch where it ends up. Remember, It's God's drop... Love always opens out a Way... ~Al

## THE DAILY LESSON – FEBRUARY 14, 2015

“If we agree with Scripture, ‘Son, thou art ever with me, and all that I have is thine,’ and that we are joint-heirs with Christ to all the heavenly riches, we shall realize that nothing we have in the world is ours by virtue of our own strength or wisdom, but by virtue of sonship, by virtue of divinity, by virtue of being the child of God. In our divine sonship, how can we go about begging, asking, pleading, or expecting our good to come to us from other people? There is no consistency in that. ~Joel

Rom 8:16,17 (to 2nd ;)

16 The Spirit itself beareth witness with our spirit, that we are the children of God:

17 And if children, then heirs; heirs of God, and joint-heirs with Christ;

“Spiritual Consciousness would never seek to improve conditions in this–world - that just doesn’t make any sense... But human sense can be Lifted to a place where we Realize our True Birthright. Look Up!

Happy Love Day Sons and Daughters! ~Al

## THE DAILY LESSON – FEBRUARY 15, 2015

“Let us agree that we are the branch, Christ is the vine--the invisible Presence within us--and God is the Godhead with which we are one. If we have a fruit tree, which at this moment is barren and has no fruit on it, we do not ask anybody to fasten peaches, pears, or apples on our barren fruit tree. We do not expect that one tree in the orchard is going to supply another tree, or that one branch will provide fruit for another branch. Each tree bears fruit from within itself. To a person who has never seen the miracle of a fruit tree, it must seem strange that from inside the tree, fruit comes forth through the branches. Reason would ridicule such a possibility. Here is an empty branch and here is an empty trunk; now how are peaches going to come up from inside the trunk and hang themselves on the branches? It may be a mystery, but the fact is that it is a regular phenomenon of nature.

It is incomprehensible to the human mind to say that our supply does not come from one another--that our neighbors, friends, or relatives do not provide for our needs-but that we, individually, through our contact with God receive our supply from within our own being. Just as the spider spins its web from within itself, so does our good unfold from within our own being.” ~Joel

John 15:5

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

*“Father. I can of mine own self do nothing... You do the Work and provide me with the means to do Your Will. I sit in stillness and wait. I wait for the Truth of Being to be revealed – The Truth that Flows from You... Speak Lord, thy servant heareth... ... Thy Kingdom is come and I Am included in It. Thank you Father for Your Love.” ~al.within*

## THE DAILY LESSON – FEBRUARY 16, 2015

“Son, all that I have is thine’ is the correct letter of truth, but merely to know it intellectually will not change lack into abundance. This statement of truth provides the basis with which to meet every suggestion of limitation, but one day we no longer say it; we feel it, and in that moment, it becomes the law unto our experience. From then on, we no longer have to take thought for what we shall eat or drink or wherewithal we shall be clothed, because the law of divine inheritance has taken over. Our good comes to us at the right time without any human scheming. It does not mean that we do not give serious, conscientious thought to our work, but from now on we do this for the sake of the work and not to make a living. Whatever we do, we do because that is the work given us to do at this moment. We do the best that we can possibly do, but not for the purpose of making a living. Very soon we find that if we are not in the type of work that satisfies our Soul-sense, we are lifted out of what we are doing into something else. This will never happen, however, as long as we believe that our work is the source of our supply.” ~Joel

Rom 12:2

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

*“Lead me Father I am watching and listening and surrendering... Thy will be done on earth as it is in Heaven. Move me from sense to Soul... Give me thy Work and I will gladly do it...” ~al.within*

## THE DAILY LESSON – FEBRUARY 17, 2015

“Once we realize ‘*have*,’ that ‘I and my Father are one, and all that the Father hath is mine,’ from that moment on, we find ways for that good to flow out from us. We cannot *get* love; we cannot *get* supply; we cannot *get* truth; we cannot *get* a home; we cannot *get* companionship. All of these things are embodied within us. We cannot *get* these things, but we *can* begin to pour; we *can* begin to multiply. We must make the beginning. Just the recognition of this principle may open the way for us to experience all good, but, on the other hand, it may be necessary for us consciously to open out specific ways for it to flow. If we need supply, we must begin expressing it, and there are many ways of doing that. People may give part of what they have to some charitable enterprise, or they may even make some unnecessary expenditure just to prove that they *have*.

Money is not the only way to start the flow. We can begin spending love, forgiveness, co-operation, and service. Any bestowal that is meant for God or God's children is a giving of oneself. This is the application of the principle that no good can come to us; good must flow out *from* us.” ~Joel

Col 3:23,24

23 And whatsoever ye do, do it heartily, as to the Lord, and not unto men;

24 Knowing that of the Lord ye shall receive the reward of the inheritance: for ye serve the Lord Christ.

“It’s all about Love, my friends. You have watched how the Christ Loves... We must heartily Let that Love be our rule and guide.” ~Al



## THE DAILY LESSON – FEBRUARY 18, 2015

“Is it not clear that the expectation of receiving good from any source outside of our own being would be the very attitude which would separate us from that good, but that a constant seeking within for greater opportunities to release the good already established in us, to let it flow, to express it, to share it, would open the windows of heaven? We should give because we *have*--give because we have an abundance, give because we have love and gratitude to overflowing. Gratitude is not related to an expectancy of what we may receive tomorrow. Gratitude is the sharing or expressing of joy for the good already received. It is a giving without a single sign, without a single trace of desire for a return. Any form of giving, whether it is the giving of the tangibles, such as money, food, or clothing, or the giving of the intangibles, such as forgiveness, understanding, consideration, kindness, generosity, love, peace, or harmony, should be because we have an abundance. Then comes the transformation in consciousness which reveals our Christhood.” ~Joel

Matt 13:12 (to :)

12 For whosoever hath [Realizes the Abundance of God], to him shall be given, and he shall have more abundance: [Unlimited, Unconditional Love]

James 1:17 (to ,)

17 Every good gift and every perfect gift is from above,

Ex 22:29 (to ,)

29 Thou shalt not delay to offer the first of thy ripe fruits, [Be Love Loving... Now.]

“Father, thy Grace is my sufficiency in All things, my abundance is Realized [I have]. Thank you.” ~Al

## THE DAILY LESSON – FEBRUARY 19, 2015

“Christhood never seeks to receive. There is no record in the entire New Testament of the Master's seeking health, wealth, recognition, reward, fame, payment, or gratitude. The Christ shines; Its complete activity is that of shining. That is why the Christ is often referred to as the light. Light cannot receive anything: Light is a flowing; light is an expression; light is an outpouring. So is Christhood. It never has any desire to receive anything; It is Itself the infinity of God in individual expression. The moment an individual gives thought to the seeking of a return, he is in human-hood again; he is not in Christhood, because Christhood is the fullness of the Godhead bodily, made individually manifest.” ~Joel

John 8:12

12 Then spake Jesus again unto them, saying, I am the light of the world: he that followeth me shall not walk in darkness, but shall have the light of life.

Matt 5:14-16

14 Ye are the light of the world. A city that is set on an hill cannot be hid.

15 Neither do men light a candle, and put it under a bushel, but on a candlestick; and it giveth light unto all that are in the house.

16 Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

“Here’s the Truth and the Promise:

The Truth - You are God’s Light individually expressed As.

The Promise - You know that you Have, and have from an unlimited supply, and you have been assured by Christ that you are not going to run out of His Love. All that the Father has is Thine.

So then, how about pouring some of that Light/Love out today? You can do this, actually it’s God that doeth the Work - so Let Him. I have gone before you to make the crooked places Straight. Also know that I am standing right there with you - Loving you.” (Let me know how you make out.) ~Al

## THE DAILY LESSON – FEBRUARY 20, 2015

“Christhood is very much like integrity. Integrity is that which pours itself out, but does not look for a return. Integrity is not a quality of being that seeks a reward or a return. Integrity is a state of being for no other reason than being. So is Christhood. In achieving even a tiny measure of It, there is no longer a personal self which needs to be served. Christhood is a servant, not a master; It is that which bestows, gives, shares; but It has nothing to receive in return, because It already is the fullness of the Godhead bodily. That is what constitutes Christhood. As an individual expresses integrity, not for a return, but because it is the nature of his being, so it is that in Christhood one lives his life as an instrument through which God can pour Itself out in Its fullness.” ~Joel

II Tim 2:20,21

20 But in a great house there are not only vessels of gold and of silver, but also of wood and of earth; and some to honour, and some to dishonour.

21 If a man therefore purge himself from these, he shall be a vessel unto honour, sanctified, and meet for the master's use, and prepared unto every good work.

“In order to do God’s will, we must surrender the agendas of this world and meet Spirit on the level of Spirit where all that is present is Love.” ~Al

## THE DAILY LESSON – FEBRUARY 21, 2015

“The Hebrews were taught to share the first-fruits of their possessions by giving 10 per cent of their crops, cattle, herds, and goods to the temple. This is the practice of tithing, which has been interpreted to mean that if we give 10 per cent of our income for religious or charitable purposes, we are fulfilling the requirement of giving of our first-fruits. But there is a much wider, broader vision behind the idea of first-fruits. For example, if we were to give of our first-fruits to one another, it would mean that we would give of our spiritual vision to one another by consciously knowing the truth, by knowing God to be the source of individual being.” ~Joel

Acts 3:1-6

- 1 Now Peter and John went up together into the temple at the hour of prayer, being the ninth hour.
- 2 And a certain man lame from his mother's womb was carried, whom they laid daily at the gate of the temple which is called Beautiful, to ask alms of them that entered into the temple;
- 3 Who seeing Peter and John about to go into the temple asked an alms.
- 4 And Peter, fastening his eyes upon him with John, said, Look on us.
- 5 And he gave heed unto them, expecting to receive something of them.
- 6 Then Peter said, Silver and gold have I none; but such as I have give I thee: In the name of Jesus Christ of Nazareth rise up and walk.

“The gift of what we ‘Have’ (our Firstfruits) is the activity of Love Loving.  
~Al

## THE DAILY LESSON – FEBRUARY 22, 2015

“We give of our first-fruits to our friends and our relatives in the recognition of their true identity. Ultimately, we must do this for our enemies as well. The Master instructs us to pray for our enemies, because he says it does not profit us to pray for our friends. We must pray for our enemies and we must forgive. We must forgive those who abuse us, those who sin against us. This is not easy, but that does not make it any the less necessary, because it is through this practice that the Christ is born in us. To agree that each one of us is the instrument of the Christ of God, through which all blessings can flow out to this universe, brings the experience of the Christ to us.” ~Joel

Matt 5:44-48

44 But I say unto you, Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you;

45 That ye may be the children of your Father which is in heaven: for he maketh his sun to rise on the evil and on the good, and sendeth rain on the just and on the unjust.

46 For if ye love them which love you, what reward have ye? do not even the publicans the same?

47 And if ye salute your brethren only, what do ye more than others? do not even the publicans so?

48 Be ye therefore perfect, even as your Father which is in heaven is perfect.

“And so it is, that we must ultimately see as our Father Sees. See as the Christ Sees. Yes, this seeing (Knowing/Feeling) the Truth is the recognition of our inclusion in the Infinite and dwelling in Perfection. Judging the have’s and have-not’s is seeing with this-world’s limited eyes.

We reside at the level of consciousness we accept.” ~Al

## THE DAILY LESSON – FEBRUARY 23, 2015

“Giving of our first-fruits is casting our bread upon the waters. Only the bread which we have cast upon the waters can return to us. We have no right to the bread which has been cast there by our neighbor. There is nothing in the world that has any way of returning to us except that which we place out in the world. The principle is that life is complete within us. As we permit it to flow out, it flows back to us. We have a right only to the bread of life that we place on the waters of life, because God has planted in us the completeness of Its own being. The bread we cast is the substance of life, that which sustains and maintains us. Our casting of bread upon the waters consists of knowing the truth about God as the Soul of this universe and as the mind, the life, and the Spirit of individual being. In that knowing, we would be casting spiritual bread upon the waters, and then eternal bread would be ours. Our realization of our oneness with God gives us the fullness of the Godhead bodily, and we are ‘heirs of God, and joint-heirs.’ Then it can begin to flow out from us.” ~Joel

John 6:32-35

32 Then Jesus said unto them, Verily, verily, I say unto you, Moses gave you not that bread from heaven; but my Father giveth you the true bread from heaven.

33 For the bread of God is he which cometh down from heaven, and giveth life unto the world.

34 Then said they unto him, Lord, evermore give us this bread.

35 And Jesus said unto them, I am the bread of life: he that cometh to me [the Spiritual ‘I’ – The I that I Am] shall never hunger; and he that believeth on me [Spiritual ‘Me’] shall never thirst.

“The ‘I’ - the substance of all form is our great Gift of Infinite Reality... The Truth of Be-ing... The in and out-flowing from and to our Within... The Breath of Love Loving... Giving All that ‘I’ ‘Hath’ [Am].” ~Al

## THE DAILY LESSON – FEBRUARY 24, 2015

“The principle of abundance is: ‘*To him that hath, shall be given.*’ Practice this principle by casting your bread upon the waters, giving freely of yourself and your possessions, knowing that what you are giving is God's, and that you are merely the instrument as which it flows out into the world. Never look for a return, but rest in quiet confidence in the assurance that within is the fountain of life, and His grace is your sufficiency in all things. In that certainty, born of an inner understanding of the letter of truth, you have. The cup of joy runs over, and all that the Father has flows forth into expression.” ~Joel

Matt 25:29 (to :)

29 For unto every one that hath shall be given, and he shall have abundance:

Luke 15:31 Son

15 ...Son, thou art ever with me, and all that I have is thine.

“Give freely of God’s Love, we are never left with less than All that the Father hath. God’s Love is Infinite so it’s only natural that it must be expressed in abundance. And rest back often and Watch it multiply...” ~Al