

“THE DAILY LESSON”

is an activity of the study group found at: www.iwso.org

It is a progression of excerpts from tapes recorded by Joel,
or from his books or writings.

It appears each day, together with the addition of corroborating scripture
and inspired comments,
to take into meditation and live with throughout your day.

Student's note: There are words that are capitalized throughout this work.
These words are used as if it were a synonym for, or as an activity of God.
The portions that are italicized are spontaneous meditations.

The subject for our current study is the complete book

“THE INFINITE WAY”

By Joel S Goldsmith

THE DAILY LESSON – March 4, 2014

Chapter – METAPHYSICAL HEALING

“Healings are always in proportion to our understanding of the truth about God, man, idea, body. Healing has nothing to do with someone ‘out there’ called a patient. When anyone asks for spiritual help or healing, that ends his part in what follows until he acknowledges his healing. We are not concerned with the so-called patient, the claim, the cause of the illness or its nature, nor with his sins or fears. We are now concerned only with the truth of being -- the truth of God, man, idea, body. The activity of this truth in our consciousness is the Christ, the Savior, or healing influence.” ~Joel

John 8:32

32 And ye shall know the truth, and the truth shall make you free.

(We touch the Truth at exactly the same instant It Touches us. It is an actual activity of Spirit beaming. It moves, it imparts, it inspires and it comes as a great Confidence of Knowing, Fulfillment and Peace.

When we are asked for help don't try to do anything, just calmly and effortlessly go within and feel the Reality of I Am. Once we rest there for a while we Realize that – If I Am, then All Am.

Going within for me is like seeing with eyes intentionally closed but they remain open at the same time... The world becomes Spirit and Spirit becomes the World. ~Al)

THE DAILY LESSON – March 5, 2014

“Failure to heal is the result of much misknowledge of the truth about God, man, idea, and body, and this misknowledge stems primarily from orthodox religious beliefs which have not been rooted out of our thought. Few realize to what extent they are blinded by superstitious orthodoxy.” ~Joel

James 4:3 (to 3rd ,)

3 Ye ask, and receive not, because ye ask amiss,

(Are we asking for something during prayer? For what? For God to become aware of an error or omission?)

John 14:26 (to 4th ,)

26 But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things,

(Peace, Knowledge and Comfort come directly from The Source, not from an “organization” with an agenda. ~Al)

THE DAILY LESSON – March 6, 2014

“There is only one answer to the question, ‘What is God?’ and that answer is, ‘I AM.’ God is the mind and the life of the individual. Any mental hedging or inner reservation on this subject will result in ultimate failure. There is but one universal I whether it is being spoken by Jesus Christ or John Smith. When Jesus revealed, ‘He that seeth me seeth him that sent me,’ he was revealing a universal truth or principle. There must be no quibbling about this. You either understand this truth or you do not -- and if you do not, there is no need for you to seek any further reason for failure to heal. The revelation of Jesus the Christ is clear. ‘I am the way, the truth, and the life.’ Unless you can accept this as a principle and therefore as the truth about you and about every individual, you have no foundation upon which to stand. The truth is that God is the mind and life of the individual. God is the only I.” ~Joel

John 12:44-46

44 Jesus cried and said, He that believeth on me, believeth not on me, but on him that sent me.

45 And he that seeth me seeth him that sent me.

46 I am come a light into the world, that whosoever believeth on me should not abide in darkness.

I Cor 2:16 But

16 ...But we have the mind of Christ.

(The Principle is Omnipresence. Christ is the Light, Activity, Feeling, Impulse or Consciousness. ~AI)

THE DAILY LESSON – March 7, 2014

“Next comes the question, ‘What is man?’ and the answer is that man is idea, body, manifestation. My body is idea, or manifestation. Likewise my business, home, wealth,--these exist as idea, manifestation, or expression. For this reason and for no other, my body is the exact image and likeness of my consciousness and reflects or expresses the qualities, character, and nature of my own consciousness of existence.

So far then, we understand that I am God, that God is the mind and life of the individual, that body exists as the idea of God. God, or I AM, is universal, infinite, omnipotent, and omnipresent; therefore the idea body is equally indestructible, imperishable, and eternal. It was never born and will never die. I shall never be without the conscious awareness of my body; therefore, I shall never be without my body.

When we look out upon the world with our eyes, we are not beholding our bodies, we are not seeing this infinite divine idea body: We are beholding a more or less universal concept of the idea. As we see a healthy body, a beautiful flower or tree, we are seeing a good concept of the idea body, flower, or tree. When we see an aging, ailing body, withered flower, or decaying tree, we are beholding an erroneous concept of the divine idea. As we improve our concepts of idea, body, or manifestation, we term this improving of concepts, healing. Actually, nothing has happened to the so-called patient or his body -- the change has come in the individual's consciousness and becomes visible as improved belief or healing. For this reason the healer alone must accept responsibility for healing and never try to shift the blame for non-healing onto the person who asked for help. That individual is I AM, Life, Truth, and Love, and his body exists as perfect spiritual eternal harmonious idea, subject only to the laws of Principle, Soul, Spirit -- and it is our privilege duty, and responsibility to know this truth, and the truth will make free every person who turns to us.” ~Joel

John 15:4-7

4 Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

6 If a man abide not in me, he is cast forth as a branch, and is withered; and men gather them, and cast them into the fire, and they are burned.

7 If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you.

(I of mine own self can do nothing. There is no separation from God if God is Omnipresent, right? I am Included right here and now – always was and always will be... Abide with Me now and behold My sufficiency. ~AI)

THE DAILY LESSON – March 8, 2014

“As individual infinite spiritual consciousness, I embody my universe, I embody or include the idea body, home, activity, income, health, wealth, and companionship, and these are subject only to spiritual law and life. The body is not self-acting: It is governed harmoniously by spiritual power. When the body appears to be discordant, inactive, overactive, changing, or in pain, it is always the belief that the body is self-acting, that it of itself has the power to move or not move, to ache, pain, sicken, or die. This is not true. The body is not self-acting. It has no intelligence or activity of its own. All action is mind-action; therefore, omnipotent good action. When we know this truth, the body responds to this knowing or understanding of truth. No change then takes place in the body because the error never was there. It is entirely exchanging a concept for the truth that already is, always has been, and ever will be. Remember there is no patient ‘Out there’ and no body out there to be healed, improved, or corrected. Always it is a false concept or belief to be corrected in individual thought.

When we begin to understand that the body is not self-acting, that it responds only to the stimulus of mind, we can disregard so-called inharmonious bodily conditions and abide in the truth that Life is forever expressing itself harmoniously, perfectly, and eternally as the divine idea body.

The understanding that I AM individual infinite spiritual consciousness, embodying every right idea and governing it harmoniously, brings forth peace, joy, and dominion. The understanding that this is true of every individual dispels the illusion of hate, enmity, and opposition. This also makes of you a practitioner, a healer, or a teacher, whether or not you are professionally engaged in the work.” ~Joel

John 5:30,31

30 I can of mine own self do nothing: as I hear, I judge: and my judgment is just; because I seek not mine own will, but the will of the Father which hath sent me.

31 If I bear witness of myself, my witness is not true.

(I am manifest As an individual expression of the One. I am included in All, and All is included in me... There is no separation – no thing to strive for. Abide in Me... Rest... Let the Spirit flow in, and through to where it will be

*felt and It will continue on and On forever in Its Infinite Way... As in heaven,
so on earth. Amen. ~al.within)*

THE DAILY LESSON – March 9, 2014

“We come now to face our orthodox superstitions and to leave them. Was Jesus sent into the world by God to save it from sin, disease, or slavery? No, God infinite Principle, Life, Truth, and Love, knows no error, no evil, no sin, and no sinner. Jesus so clearly apprehended this truth that this apprehension became the Savior, healer, teacher even as it will in you. The activity of Truth in individual consciousness is the only Christ. No person is ever the Christ. The activity of Truth in individual consciousness constitutes the only Christ, the ever-present Christ who was ‘before Abraham.’ The activity of Truth in your consciousness is the Christ of you. The activity of Truth in the consciousness of the Buddha revealed the nature of sin, disease, and death to be illusion, or mirage. The activity of Truth in the consciousness of Jesus Christ revealed the nothingness of matter; it unfolded as a healing consciousness before which sin and disease disappeared and death was overcome. Every erroneous concept, whether of body or business, health or church, must disappear as the right idea of these appears in individual and collective consciousness.” ~Joel

John 6:48-51

48 I am that bread of life.

49 Your fathers did eat manna in the wilderness, and are dead.

50 This is the bread which cometh down from heaven, that a man may eat thereof, and not die.

51 I am the living bread which came down from heaven: if any man eat of this bread, he shall live for ever: and the bread that I will give is my flesh, which I will give for the life of the world.

(I Am the Activity of Life. Look up! ~Al)

THE DAILY LESSON – March 10, 2014

“What about the immaculate conception, or spiritual birth? The immaculate conception, or spiritual birth, is the dawning in individual consciousness of the activity of Truth, or the Christ - idea. It appeared in Jesus as the revelation that ‘I am the way, the truth, and the life . . . I am the resurrection, and the life . . . He that seeth me seeth him that sent me.’ The activity of Truth in my consciousness, the Christ of me, is revealing that I am individual, infinite, spiritual consciousness embodying my universe, including my body, my health, wealth, practice, income, home, companionship, eternity, and immortality.” ~Joel

John 3:1-3

- 1 There was a man of the Pharisees, named Nicodemus, a ruler of the Jews:
- 2 The same came to Jesus by night, and said unto him, Rabbi, we know that thou art a teacher come from God: for no man can do these miracles that thou doest, except God be with him.
- 3 Jesus answered and said unto him, Verily, verily, I say unto thee, Except a man be born again, he cannot see the kingdom of God.

(Look with Spiritual Vision and you will see only Truth and Its purpose and activity. ~Al)

THE DAILY LESSON – March 11, 2014

“Let the activity of Truth in your consciousness be your first and last and only concern, and the Christ of you will also reveal Itself in an individual infinite way.” ~Joel

I Thess 5:16-18

16 Rejoice evermore.

17 Pray without ceasing.

18 In every thing give thanks: for this is the will of God in Christ Jesus concerning you.

(As one of the students asked me this week, “Does anything else matter?”
Thank you Father. Always grateful. ~Al)

THE DAILY LESSON – March 12, 2014

“There is no evil. Let us therefore stop the resistance to the particular discord or inharmony of human existence which now confronts us. These apparent discords will disappear as we are able to cease our resistance to them. We are able to do this only in proportion to our realization of the spiritual nature of the universe. Since this is true, it is evident that neither heaven nor earth can contain error of any nature, and therefore the unillumined human thought is seeing error in the very place where God shines through, discord where harmony is, hate where love abounds, and fear where confidence really is.

The work on which we have embarked is the realization that we are individual infinite spiritual consciousness embodying within ourselves all good. This is the song we will sing, the sermon we will preach, the lesson we will teach, and until realization comes, this is our theme, our motif. It is the silver cord of truth running through every message.” ~Joel

Matt 5:39 (to :)

39 But I say unto you, That ye resist not evil:

(The nature of error, lack or evil is – “nothing” – no-thing. It is a foolish distraction that will occupy your thought if you stop to look at it. You see, if we look at it, we will have to make an effort resist it, thereby giving it power. Be still, be confident, be unaffected by the mirage as it tries to appear - and let the Truth of Being open out from within you and light your pathway and the pathway of those traveling with you. ~Al)

THE DAILY LESSON – March 13, 2014

“Nothing can come to you; nothing can be added to you. You are already that place in consciousness through which Infinity is pouring. That which we term your humanhood must be still so as to be a clear transparency through which your infinite individual Self may appear, express or reveal itself.

When we look at Niagara Falls, we might assume that it would run dry with so much water continually pouring over as the Falls, but looking behind the immediate scene, we see Lake Erie, and realize that actually there is no Niagara Falls, that this is but a name given to Lake Erie at a point where the water pours over a precipice and becomes the Falls. The infinity of Niagara Falls is assured by virtue of the fact that actually the source of Niagara, that which constitutes Niagara, is really Lake Erie.

So with us. We are that place where God becomes visible. We are the Word made flesh. Our Source, and that which constitutes us, is God -- infinite divine Being. We are God-being, God appearing, God-manifesting. That is the true glory of our being.” ~Joel

John 1:14 (to 2nd ,)

14 And the Word was made flesh, and dwelt among us,

Luke 17:21

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

(If the Kingdom of God is within you – then you are included in the Kingdom, right? And so, while we can describe an inside of you and outside of you – it is still all you. You are the manifestation and the activity of God As. ~Al)

THE DAILY LESSON – March 14, 2014

“The story is told that when Marconi was very young, he was confident that he would be the one to give wireless to the world and not the many older scientists who had been experimenting for years. After he had fulfilled his promise, he was asked why he had been so certain that he would succeed. His answer was that the other scientists were seeking first to discover a means to overcome resistance in the air to the messages that would be sent through the air, whereas he had already discovered that there was no resistance.” ~Joel

John 8:32

32 And ye shall know the truth, and the truth shall make you free.

(Freedom is found through the Realization of Inclusion. Light is always present, even when we seem to be in shadow. Look Up! ~Al)

THE DAILY LESSON – March 15, 2014

“The world is fighting a power of evil, but we have discovered there is no such power. While materia medica seeks to overcome or cure disease, and theology struggles to overcome sin, we have learned there is no reality to disease or sin, our so-called healings are brought about through this understanding.

We know that there are these human appearances called sin and disease, but we know that because of the infinite spiritual nature of our being, they are not realities of being; they are not evil power; they have no principle to support them: therefore, they exist only as unrealities accepted as realities, illusion accepted as condition, the misinterpretation of what actually is.

We bind ourselves by believing that there is a power outside of us--a power for good or for evil. All power is given to you. And this power is always good because of the infinite Source whence it flows. The recognition of this great fact brings a peace and a joy untold, yet felt by all who come within range of your thought. It makes you beloved of men. It brings you recognition and reward. It establishes you in the thoughts of men and becomes the foundation of an eternal good will.” ~Joel

Rom 13:1

1 Let every soul be subject unto the higher powers. For there is no power but of God: the powers that be are ordained of God.

(All beliefs of lack or limitation are begun by the same error - a sense of a separation from God. ~AI)

THE DAILY LESSON – March 16, 2014

“Whenever you are faced with a problem, regardless of its nature, seek the solution within your own consciousness. Instead of running around here and there, instead of seeking an answer from this or that person, instead of looking for the solution outside of yourself, turn within. In the quiet and calm of your own mind, let the answer to your problem unfold itself. If the first or second or third time you turn in peace to the kingdom within, you fail to perceive the completed picture, try again. You will not be too late, nor will the solution appear too late. As you learn to depend on this means for the working out of your problems and experiences you will become more and more adept in quickly discerning your mind's revelation of harmony.

Too long have we sought our health, peace, and prosperity outside ourselves. Now let us go within and learn that there is never a failure or a disappointment in the whole realm of our consciousness, nor will we ever find delays or betrayals when we find the calm of our own Soul and the presence of an infinite Principle governing, guarding, guiding, and protecting every step of our journey through life.” ~Joel

Luke 17:20,21

20 And when he was demanded of the Pharisees, when the kingdom of God should come, he answered them and said, The kingdom of God cometh not with observation:

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

(So...Seek ye first the Kingdom Within. Bring peace. Share Love. Rest there... Loving you, ~Al)

THE DAILY LESSON – March 17, 2014

“Do not be surprised now when the outstanding truth unfolds to you that your consciousness is the all-power and the only power acting upon your affairs, controlling and maintaining your health, revealing to you the intelligence and direction necessary for your success in any and every walk of life. Does this astonish you? No wonder! Heretofore, you have believed that somewhere there existed a deific Power, a supreme Presence, which if you could reach It, might aid you or even heal your body of its ills.” ~Joel

John 5:28

28 Marvel not at this: for the hour is coming, in the which all that are in the graves [living with the sense of finite existence] shall hear his voice,

John 5:30

30 I can of mine own self do nothing: as I hear, I judge: and my judgment is just; because I seek not mine own will, but the will of the Father which hath sent me.

(My true Being is Infinite, it won't be buried in a grave someday... My Father lives as the Life, Spirit and Love [the activity and expression that I Am]. God Lives As – how could there be a lack or separation from? Oneness cannot be acquired, it can only be realized. The hour is come... ~Al)

THE DAILY LESSON – March 18, 2014

“Now it becomes clear to you that God-consciousness is the consciousness of individual man; It is the all-power and ever-presence which will never leave you nor forsake you, and It is closer than breathing. You need not pray to It, petition It, or in any way seek Its favor: You need but this recognition leading to the complete realization of this truth. From now on, you will relax and feel the constant assurance of the presence and power of this illumined consciousness. You can now say, ‘I will not fear what man shall do unto me.’ No more will you fear conditions or circumstances seemingly outside of you or beyond your control. Now you know that all that can transpire in your experience is occurring within your consciousness and therefore is subject to its government and control.”

~Joel

Heb 13:5,6

5 Let your conversation be without covetousness; and be content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee.

6 So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me.

(Got any plans today?)

Ha – trick question... :-)

So then, bring Peace [My Peace] into every room you go into today, and Let God do the Work. All of it...

Watch Love, Love. ~Al)

THE DAILY LESSON – March 19, 2014

“Nor will you ever forget the depth of feeling accompanying this revelation within you, nor the sense of confidence and courage that immediately follows it. Life is no longer a problem-filled series of events, but a joyous succession of unfolding delights. Failure is recognized as the result of a universal belief in a power outside of ourselves; whereas success is the natural consequence of our realization of infinite power within.

Release from fear, worry, and doubt leaves us free to function normally, healthfully, and confidently. The body acts immediately from the stimulus coming to it from within. New vitality, strength, and bodily peace follow as naturally as rest follows sleep. Little do we know of the depth of the riches within us until we come to know the realm of our own consciousness, the kingdom of our Soul.” ~Joel

Ps 23:1-6

- 1 The Lord is my shepherd; I shall not want.
- 2 He maketh me to lie down in green pastures: he leadeth me beside the still waters.
- 3 He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.
- 4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.
- 5 Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.
- 6 Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.

(Thank you Father. I am so grateful. Every day as I sit and watch Your Spirit unfold As Life, I am amazed, often stunned and always humbled as to where, why and how I am Led [Shepherded]. Always Perfect... Always Love Loving, without condition. Always timely... Always providing exactly what is needed for the Work of each day. Each moment has its own ensuing sufficiency – there is no need or point of any less or any more. Why? Because we are never without, we are never lost beyond the Fathers green pastures. And so it is, my friends, My Peace is with you...you shall not want. ~al.within)

THE DAILY LESSON – March 20, 2014

“When we become still and go into the temple of our being for the answer to some important question or the solution of a vital problem, it is better that we do not formulate some idea of our own, outline a plan, or let our wish in the matter father our thought. Rather should we still the thinking mind so far as possible and adopt a listening attitude. It is not the personal sense of mind, or conscious mind, which is to supply the answer, nor is it the educated mind or the mind formed of our environment and experience, but the mind of God, the Reality of us the creative Consciousness. And this is best heard when the senses and reasoning mind are silent.” ~Joel

Matt 6:6 (to ;)

6 But thou, when thou prayest, enter into thy closet [Temple], and when thou hast shut thy door, pray [listen, don't ask] to thy Father which is in secret;

Luke 12:25, 31

25 And which of you with taking thought can add to his stature one cubit?

31 But rather seek ye the kingdom of God; and all these things shall be added unto you

(Stop... Be still... Take no thought... Listen... Take the attitude of, speak Lord thy servant heareth. Rejoice and then rest there a while... Carry on... Repeat. ~Al)

THE DAILY LESSON – March 21, 2014

“This divine Consciousness not only shows us the solution to any and every problem and the right direction to take in any situation, but being infinite, It is the consciousness of every individual and brings every person and circumstance together for the good of the whole.” ~Joel

Ps 147:5

5 Great is our Lord, and of great power: his understanding is infinite.

(Omniscience includes you! ~Al)

THE DAILY LESSON – March 22, 2014

“Obviously, we cannot look to this universal Consciousness to work with us for anyone's destruction or loss. What is accomplished in and through the kingdom of our mind is always constructive individually and collectively. It can therefore never be the means of harm, loss or injury to another. Nor do we direct our thought to another, or project it outside ourselves in any direction. That which our mind is unfolding to us, is at the time operating as the consciousness of all concerned. We need never concern ourselves with ‘reaching’ some other mind, or influencing some other person. Remember that the activity of Consciousness unfolding as us is the influence unto all who can possibly be affected by or concerned in the problem or situation.

There are no unsolved problems in Consciousness, and this same Consciousness which is our individual consciousness is the only power necessary to establish and maintain the harmony of all that concerns us. It is our turning within that brings forth the answer already established. Our listening attitude makes us receptive to the presence and the power within us. Our periods of silent contemplation reveal the infinite force and constructive energy and intelligent direction always abiding in us. Thus we discover in our mental realm our Aladdin's Lamp. Instead of rubbing it and wishing, we turn within in silence and listen--and all that is necessary for the harmony and success of life flows forth abundantly, and we learn to live joyously, healthfully, and successfully--not by reason of any person or circumstance outside ourselves, but because of the influence and grace within our own being.” ~Joel

Gal 2:20 nevertheless (to 2nd :)

20 ...nevertheless I live; yet not I, but Christ liveth in me:

(I will never leave you – Abide with Me... ... ~Al)

THE DAILY LESSON – March 23, 2014

“No longer is it necessary to try to dominate our business associates or members of our family. The law within us maintains our rights and privileges. Every right desire of our heart is fulfilled now and without struggle or strife, without fear or doubt. The more we learn to relax and quickly contemplate our real desires, the more quickly and more easily are they achieved. It is not required of us that we suffer our way through life or strive endlessly for some desired good--but we have failed to perceive the presence of an inner law capable of establishing and maintaining our outer welfare.

It seems strange to us at first to realize that inner laws govern outer events--and it may at first appear difficult to achieve the state of consciousness wherein these laws of our inner being come into tangible expression. We will achieve it, however, in proportion to our ability to relax mentally, to gain an inner calm and peace, and therein quietly contemplate the revelations which come to us from within. Quietness and confidence soon brings us face to face with reality and the real laws governing us.” ~Joel

Eph 4:4-6

4 There is one body, and one Spirit, even as ye are called in one hope of your calling;

5 One Lord, one faith, one baptism,

6 One God and Father of all, who is above all, and through all, and in you all.

(Did you ever notice that Peace comes when desire leaves? ~AI)

THE DAILY LESSON – March 24, 2014

“Lest the question should arise in your thought as to how a law operating in your consciousness, without conscious effort or direction, can affect individuals and circumstances outside yourself let me ask you to watch the result of your recognition of the inner laws and learn this through observation.

We are yet to become aware of the fact that we embrace our world within ourselves; and that all that exists as persons, places, and things live only within our own consciousness. We could never become aware of anything outside the realm of our own mind. And all that is within our mental kingdom is joyously and harmoniously directed and sustained by the laws within. We do not direct or enforce these laws: They eternally operate within us and govern the world without.

The peace within becomes the harmony without. As our thought takes on the nature of the inner freedom, it loses its sense of fear, doubt, or discouragement. As the realization of our dominion dawns in thought, more assurance, confidence, and certainty become evident. We become a new being, and the world reflects back to us our own higher attitude toward it. Gradually an understanding of our fellow man and his problems unfolds to us from within and more love flows out from us - more tolerance, co-operativeness, helpfulness, and compassion. We find that the world responds to our newer concept of it, and then all the universe rushes to us to pour its riches and treasures in our lap.” ~Joel

I John 4:4,6, & 12 God dwelleth

4 Ye are of God, little children, and have overcome them: because greater is he that is in you, than he that is in the world.

6 We are of God: he that knoweth God heareth us; he that is not of God heareth not us. Hereby know we the spirit of truth, and the spirit of error.

12 ...God dwelleth in us, and his love is perfected in us.

(He that Dwelleth in the most high, shall experience peace, harmony and abundance. The higher Kingdom lifts, loves and flows without effort or condition... ~Al)

THE DAILY LESSON – March 25, 2014

“Many fine treaties and covenants have been signed by nations and men, and nearly all have failed, because no document is any better than the character of those who administer it. When we become imbued with the fire of our inner being, we no longer need contracts and agreements in writing because it becomes first nature with us to be just, honest, intelligent, and kind -- and these qualities are met in all those who become part of our experience in the home, office, shop and in all walks of life. The good revealed in our consciousness returns to us, ‘pressed down, and shaken together, and running over.’

In this new consciousness, we are less angered by the acts of other people, less impatient with their shortcomings, less disturbed by their failings. And likewise, instead of being hampered and restricted by external conditions, we either do not meet with them or else brush right by them with but little concern. We realize that something within us is ruling our universe; an inner presence is maintaining outer harmony. The peace and quiet of our own Soul is the law of harmony and success in our world of daily experience.” ~Joel

Luke 6:38 (to 5th ,)

38 Give, and it shall be given unto you; good measure, pressed down, and shaken together, and running over,

(When peace and truth act together, we are surrounded and Graced with abundant good. The blind shall see, the withered will walk and the multitude will be fed. All things work together for Good.

So, when do Peace and Love act together?
They never stopped. ~Al)

THE DAILY LESSON – March 26, 2014

“All that has gone before this is as nothing unless you have seen that over and above all knowing of the truth, you must be overshadowed by the Christ.

When the Christ dawns in individual consciousness, the personal sense of self diminishes. This Christ becomes our real being. We have no desires, no will, no power of our own. The Christ overshadows our personal selfhood. We still perceive in the background this finite sense, and at times it tries to assert itself and even dominate the scene. ‘For the good that I would I do not: but the evil which I would not, that I do,’ says Paul.

But let it be clear to you that the personal self cannot heal, teach, or govern harmoniously. It must be held in abeyance in order that the Christ may have full dominion within our consciousness.” ~Joel

Isa 40:31

31 But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

(I surrender Father. I can of mine own self, do nothing...

I am not idly waiting, hoping, or pleading – I am just watching, marveling and Loving.

I am looking up into the altitude of Christ.

Be quiet now - and rest in the knowing of the splendor of the Truth...

And watch it radiate from within to where It wants to Be.

My life and all of its strength and activity is yours Father...

Thy will be done, on earth as it is in Heaven... .. ~al.within)

THE DAILY LESSON – March 27, 2014

“The work that is done with the letter of truth, with declarations and so-called treatments, is insignificant compared with what is accomplished when we have surrendered our will and action to the Christ.

The Christ comes to our consciousness most clearly in those moments when we come face to face with problems for which we have no answer and no power with which to surmount them, and we realize that ‘I can of mine own self do nothing.’ In these moments of self-effacement, the gentle Christ overshadows us, permeates our consciousness, and brings the ‘peace, be still’ to the troubled mind.’

In this Christ, we find rest, peace, comfort, and healing. The unlabored power of spiritual sense possesses us, and discords and inharmonies fade away as darkness disappears with the coming of light. Indeed, it is comparable only to the break of dawn: and the gradual influx of divine Light colors the scenes in our mine and dispels one by one the illusions of sense, the darker places in human thought.” ~Joel

Ps 127:1 (to :)

1 Except the Lord build the house, they labour in vain that build it:

Luke 22:39-43

39 And he came out, and went, as he was wont, to the mount of Olives; and his disciples also followed him.

40 And when he was at the place, he said unto them, Pray that ye enter not into temptation.

41 And he was withdrawn from them about a stone's cast, and kneeled down, and prayed,

42 Saying, Father, if thou be willing, remove this cup from me: nevertheless not my will, but thine, be done.

43 And there appeared an angel unto him from heaven, strengthening him.

(Seek ye first the Kingdom... We must raise our consciousness to God's Kingdom, not try to summon the kingdom to us.

Perfection cannot be improved, only Realized. ~Al)

THE DAILY LESSON – March 28, 2014

“The stress of daily living would deprive us of this great Spirit unless we are careful to retire often into the sanctuary of our inner being and there let the Christ be our honored guest.

Never let vain conceit or a belief in personal power keep you from this sacred experience. Be willing. Be receptive. Be still.” ~Joel

Prov 3:5-7 (to :)

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

7 Be not wise in thine own eyes:

(There is only one distraction, and that is a sense of separation from the Christ. I Am with you alway. Be unmoved... Be grateful... Be of good cheer. ~Al)