

## **“THE DAILY LESSON”**

is an activity of the study group found at: [www.iwso.org](http://www.iwso.org)  
It is a progression of excerpts from a transcript of a live class as it was recorded by Joel. It appears each day, together with the addition of corroborating scripture and inspired comments, to take into meditation and live with throughout your day.

Student’s note: There are words that are capitalized throughout this work. These words are used as if it were a synonym for, or as an activity of God. Also, the portions that are italicized are spontaneous meditations.

The subject of study for the month of OCTOBER 2012 is:

## **28.**

## **“PRACTICING THE PRESENCE”**

**Tape 123:  
Side Two  
1955 Kailua Study Group, Tape 14**

***By Joel S. Goldsmith***

### **THE DAILY LESSON - October 1, 2012**

“Good morning. *(Class responds.)* We can never be satisfied with these tape recorders until they make one that can carry the beauty and the smell of Hawaii out to those who are listening because it isn’t fair that they should have to listen to this part of the message without the background.

There are a few questions presented to us every time a new student turns to a truth teaching, and you will hear these questions so often that if you’re not careful, you’ll get weary of them, but don’t. Let them be fresh every time they are asked of you because they are the most natural and most

legitimate questions in the world, and the world is entitled to an intelligent answer, which it cannot get, incidentally, any other place.

The most frequently asked question in the world is 'How is it, if there is a God that there can be so much sin, disease, death, lack and limitation, wars, evil on earth? How is it if there is a God that these horrors can take place on earth?' And the answer that has always been given is 'We do not know where evil comes from or how it starts. We just know it's here, and perhaps that's God's way of chastising us, or punishing us, or waking us up.' For what? For what? What have we done?

Now you know the answer to that question because you have the answer in the 91st Psalm, in the fifteenth chapter of John, in the eighth chapter of Romans, in Galatians, the Philippians. And the answer is always the same, 'If you dwell in the secret place of the most High, none of these things can come nigh your dwelling place.' If you acknowledge that you are the branch, that the invisible Christ in you is the vine and that you are all one in God, and that in that union with God, you bear fruit richly. But when you lose that Word, or loose it or let it out of your consciousness, when you do not hold that Word in consciousness, then you are as 'a branch that is cut off and withereth.' ~Joel

Ps 91:1-16

- 1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.
- 2 I will say of the Lord, He is my refuge and my fortress: my God; in him will I trust.
- 3 Surely he shall deliver thee from the snare of the fowler, and from the noisome pestilence.
- 4 He shall cover thee with his feathers, and under his wings shalt thou trust: his truth shall be thy shield and buckler.
- 5 Thou shalt not be afraid for the terror by night; nor for the arrow that flieth by day;
- 6 Nor for the pestilence that walketh in darkness; nor for the destruction that wasteth at noonday.
- 7 A thousand shall fall at thy side, and ten thousand at thy right hand; but it shall not come nigh thee.
- 8 Only with thine eyes shalt thou behold and see the reward of the wicked.
- 9 Because thou hast made the Lord, which is my refuge, even the most High, thy habitation;

10 There shall no evil befall thee, neither shall any plague come nigh thy dwelling.

11 For he shall give his angels charge over thee, to keep thee in all thy ways.

12 They shall bear thee up in their hands, lest thou dash thy foot against a stone.

13 Thou shalt tread upon the lion and adder: the young lion and the dragon shalt thou trample under feet.

14 Because he hath set his love upon me, therefore will I deliver him: I will set him on high, because he hath known my name.

15 He shall call upon me, and I will answer him: I will be with him in trouble; I will deliver him, and honour him.

16 With long life will I satisfy him, and shew him my salvation.

(So now - we take all of the work we have put in in the past months: learning all of the letter of the word and the practice of seeking the Kingdom and Communing in Spirit - and now, we are to just DWELL there in His Peace.

When we Dwell in the Presence, as David so beautifully expresses in his Psalm, we seem to have stepped a little to the side and above one's "normally" conscious self. We are now functioning and Living in a place other than on earth... And now, the line we remember in the Lord's Prayer makes a lot more sense - "as in heaven, so on earth". None of the stuff of worldly sense makes a bit of difference anymore because we are actually witnessing Spirit's activities, live and in high definition 3d. Beyond the words and thoughts of man whose breath is in his nostrils. We are manifest and functioning beyond all of the supposed bad things - and good things of this world. ~Al)

## THE DAILY LESSON - October 2, 2012

“So that, in the end, the responsibility comes down to the world’s ignorance of its conscious oneness with God. And none of us is guilty of having inaugurated that or perpetuated it, and so it would seem that we have no right to be punished for it. But the law says that we are punished even for the violation of laws we do not know exist – and so we are.

Only as an activity of truth takes place in your consciousness do you become separate from the inequities of human living, the discords and inharmonies. There is no outside God or mysterious power that can let you go on in ignorance of the law without the penalty of the law. And so it has nothing to do with an outside God. It has to do with an activity of truth that takes place in your consciousness revealing to you the nature of God and your oneness with It.” ~Joel

I John 4:16-21

16 And we have known and believed the love that God hath to us. God is love; and he that dwelleth in love dwelleth in God, and God in him.

17 Herein is our love made perfect, that we may have boldness in the day of judgment: because as he is, so are we in this world.

18 There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love.

19 We love him, because he first loved us.

20 If a man say, I love God, and hateth his brother, he is a liar: for he that loveth not his brother whom he hath seen, how can he love God whom he hath not seen?

21 And this commandment have we from him, That he who loveth God love his brother also.

(Love is a good example here, because it is an activity. It must be expressed to be received and as it is received it is reflected right back out into expression. The occurrence of any distraction and it “appears” to stop flowing and we “seem” separated [not included] from it. The only place this sense of separation exists is in thought - the mind of man. The Truth is that God’s Love is ever-present, unfailing and unconditional. Look up.

Loving God, Loving you, ~Al)

## THE DAILY LESSON - October 3, 2012

“That is why one person may be a better healer than another person – not because God is any different for one than another, not because God will operate in or through one to a greater extent than another, but because the one is maintaining themselves in a higher degree of conscious union with God than another.

In other words, the responsibility always rests within ourselves as to what degree of conscious union we maintain with our Source. It is not a bit different than the pianist, or the violinist or the singer. The degree of their expressed harmony is the degree of their willingness to practice and not only time of practice, but correctness.

A person may well practice ten hours a day and never learn to play piano, violin or to sing. That is conceivable because they are not going about it in the correct way. There are people driving automobiles on the road ten years that still do not know how to drive and are continuously involved in accidents. It is because they have never learned to drive correctly although they may be driving six and eight hours a day on the road.

It is not always our zeal. It is not always the time we put into it. It is the correctness. Many people have been practicing or studying metaphysics thirty years who know no more about it now than they knew in the first year because they have never had the Principle correctly given to them. And so while they may have been diligent in their study and practice, they were diligent in incorrect study or incorrect practice, and that will get them just nowhere. So it is with us. There are principles. If we practice in accord with that Principle, if we abide in the correct word, we will develop the consciousness.” ~Joel

I John 3:18,19

18 My little children, let us not love in word, neither in tongue; but in deed and in truth.

19 And hereby we know that we are of the truth, and shall assure our hearts before him.

(We can practice early, practice often and practice without ceasing - but if we practice correctly we can step out of this world and into His Presence this very day. ~Al)

## THE DAILY LESSON - October 4, 2012

“Now, the question then is ‘How can there be a God and all of these discords in the world?’ and the answer is, there is a God, but there is not a God in this world. In spite of tens of thousands of churches, there is still no God in this world because there isn’t a church on the face of the globe that worships God. There isn’t a church on the face of the globe that knows God. There are individuals in every church who have contact with God. There is no church that has contact with God. The contact with God cannot be through a church; it has to be through an individual. There is no such thing as mass contacts with God nor vicarious contacts with God.

Ah yes, I may have a contact with God and you, in some degree, benefit by my contact, but that’s all. In the end if you do not make your own contact, you will be benefiting only in a very minor degree. It is not possible for a church, for a priest, for a bishop, for a cardinal or for a pope to make your demonstration for you. They can, just as we can, reveal to you the 91st Psalm or the 15th chapter of John and ask you if you are letting the Word abide in you, and that that is the way toward salvation; that is their function. That is our function.” ~Joel

John 15:4,5

4 Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

(Abide with Me a little while... ..)

Now, let the Word dwell in you...

~al.within)

## THE DAILY LESSON - October 5, 2012

“Now. God does not enter the affairs of men except through the consciousness of the children of God. A letter comes yesterday from a city asking if it is possible to give help in a matter of, again, a strike. And the strange thing is that it’s only a few weeks ago that in that very same city a similar situation was handled without a strike, and with harmony in another industry, and yet the answer had to go out, ‘No, we cannot specifically help this one.’ Why? No one here has asked for the help, that is, no one involved in the situation.

In other words, if you do not ask for help for yourself or reach out for it, no one can inflict it on you. Yes, there are times when a parent can ask help for a child or when we can ask help for those not mentally capable of asking for help for themselves, or sometimes not physically capable, but that is another thing. A contact has, a direct contact, has been established through someone close to the person. But where it comes to our neighbor over here, our knowing the truth here, our conscious realization of God may bring some degree of harmony to them. It may bring an awakening to them eventually. It may even bring a healing in their family if one were immediately necessary. But that is about as far as it would go until they, themselves, opened their consciousness to the Spirit of God.” ~Joel

Luke 11:9,10

9 And I say unto you, Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you.

10 For every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened.

(There are two directions of view here - depending on where you are:

Do you Love God enough to ask for help or guidance in developing Awareness? One of the most loving things you can do is to trust a teacher or practitioner and ask them for help. Love is expressed, freely given, received and then expressed, freely given and received again and again. That is an “activity” of Christ Living and Loving in the present. You see? If you are seeking Awareness, never hesitate to seek out someone that is practicing and Living in Truth and knock on their “door”.

Or- Do you love your neighbor enough to patiently wait, as long as it takes, for them to ask? It is a positive and humble activity of Love to want to help your neighbor - but pushing your way in may not always be effective. Wait upon the Lord to open an impulse for them to seek the Truth. Do your work, be ready, WAIT for the knock and THEN open the door. ~Al)

## THE DAILY LESSON - October 6, 2012

“And so let us remember this: in proportion as we open our consciousness to the activity of God, just in that degree do we receive It until that moment of transition when It takes over completely and then, from then on in, we live in that atmosphere and It is always living our lives and we have no further concern. But up to that moment, the responsibility is on our shoulder. We may reach out to that God today and have a healing.

We may actually bring the presence and activity of God into our experience to such an extent that we have a wonderful healing. But that doesn't mean that we're going to have all harmony tomorrow because, in the early stages of our student days, disciple days, the very moment we have received the benefit of the activity of God our thoughts go back to our human way of living, and our human concerns, and our human anxieties, and we shut ourselves off again.” ~Joel

John 8:11 (from the story of the woman accused of adultery)

11 ...And Jesus said unto her, Neither do I condemn thee: go, and sin no more.

(The nature of Love is that it is an active experience that must be flowing to be felt.

There is only one sin, and that is a sense of a separation from God. The instant we look through human eyes we have given power to mortal consciousness and the flow stops. The manna [our opportunity, our supply, our good] falls afresh from God each day and it becomes visible when we surrender our consciousness to the Source that animates it. Our practice is the stillness that is the fertile ground. Love, ~Al)

## THE DAILY LESSON - October 7, 2012

“Then in some trying moment we reach out and establish that contact again, and again we receive a benefit. And then again we go back to our human ways of living and thinking and this goes on for a time until we awaken to the fact that we are having too many of these healings and then discords, then more healings, then more discords, and we give a little more attention – probably a daily attention – to this union with God.

Then we find that we’re having quicker healings, better healings, more healings or we’re having less need of healing because now the activity and realization of God is occupying more of our consciousness than it had been up to now. All right.” ~Joel

John 15:7-9

7 If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you.

8 Herein is my Father glorified, that ye bear much fruit; so shall ye be my disciples.

9 As the Father hath loved me, so have I loved you: continue ye in my love.

(As we begin to Live with these Principles and dwell in the Christ we begin to witness the multiplication of Spirit. And so, we continue onward and upward. ~Al)

## THE DAILY LESSON - October 8, 2012

“As we continue in that way, we find that instead of giving thirty minutes a day to the realization of God, eventually we are dwelling in God four hours, five hours, six hours in a day, and in that degree, we are experiencing more of harmony, less of discords. And so that goes on until the first thing you know we find that if we could measure a twenty-four-hour day, that probably the thought of God, or the Christ, or spiritual truth, was active in us for seven, eight, nine or ten hours out of the twenty-four.

By that time we are right on the verge where the balance swings over into the other side of the scale and It takes us over, and then we no longer have to give thought to It. We never have to think about making conscious contact with It. It has made contact with us and It maintains Itself as our consciousness, and then everything we do is a spontaneous action because it is Its action expressed in and through us, and then these evils of the earth – the snare, the fowler, the pit, the fall – ‘none of these things come nigh our dwelling place.’” ~Joel

I Thess 5:16-19

16 Rejoice evermore.

17 Pray without ceasing.

18 In every thing give thanks: for this is the will of God in Christ Jesus concerning you.

19 Quench not the Spirit.

(Try to stop, be still and realize the Source of all Being at least once every waking hour for a start. You'll find, in time, this constant re-affirmation becomes as comfortable [and as important] as breathing. You will not have to take thought to pray - you will just Be Present watching and praising God's Life unfold. ~Al)

## THE DAILY LESSON - October 9, 2012

“And so always have available the answer to that question: ‘how can there be a God and all of these discords also?’ There can be until God is made an activity of our individual consciousness, until the Christ actually fills us and becomes the law unto us, the Soul, the Spirit, the animating principle of our being. Then we find that heaven and earth are one. The harmonies of heaven have become the harmonies on earth. But that can only be through union – through the activity of the Christ consciously realized within our own being.

Probably the question that would come second is ‘Why did the Master say, ‘ask and it shall be given to you?’ and I have been asking all my life and I haven’t gotten it yet? Why have people for several thousand years been asking God for safety, security, health, peace, protection, and haven’t gotten it? Why do they go to church once, twice, three times a week to ask for new automobiles, and new houses, and new marriages and new divorces, and all the rest of these things, and do not receive them?’

And the answer is that you ‘Ask amiss.’ God is a Spirit, and when Jesus said, ‘Ask and it shall be given to you,’ he assumed, I imagine, that you wouldn’t take one statement out of its context but that you would view his statement in view of his teaching; his teaching is that God is Spirit. And what then could you ask of a God that is Spirit except those things that are spiritual?” ~Joel

James 4:3 (to 3rd ,)

3 Ye ask, and receive not, because ye ask amiss,

Gal 6:8

8 For he that soweth to his flesh shall of the flesh reap corruption [separation from God]; but he that soweth to the Spirit shall of the Spirit reap life everlasting [infinite bounty].

(Ask for anything you want, as long as it is not of this world.

So, how do we not ask for things of this world? Take no thought - be still and empty the vessel so it may be filled with the Mind of Christ. ~Al)

## THE DAILY LESSON - October 10, 2012

“You see, scripture says, ‘I have never seen a righteous man begging bread,’ and then you look around this world and you say, ‘but I have,’ and so you have to come back to the question of, ‘Then what is a righteous man?’ Perhaps our concept of a righteous man has nothing to do with the scriptural idea of a righteous man, and you’ll find that’s where the difficulty is.

We look upon a righteous man who is one fulfilling our concepts of righteousness. But who says that is God’s concept of righteousness? What is, what is God’s concept of righteousness? And, there again, God is a Spirit.

The righteous man is one who is living in accord with spiritual vision or spiritual qualities, or spiritual activity, one who governs their whole affairs in accord with spiritual acts, spiritual thoughts. Oh, then the person says, ‘I go to church seven times a week.’ Yes, and going to church seven times a week has nothing to do with being spiritual. One may go to church seven times a week and still be asking for material things and desiring material modes and means of living. In other words, one can go to church seventy times a week and still be looking for more fish for their nets or larger fish or better quality fish; whereas, spirituality consists of ‘leaving one’s nets’ – leaving one’s dependence on the ordinary human forms and modes of activity.” ~Joel

John 7:24

24 Judge not according to the appearance [this world], but judge righteous [Spiritual] judgment.

I Cor 2:14

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

(So then... There is nothing we can do on this earth that is Spiritual. But when our activity is the expression of Christ, we are appearing AS Spirit, Life, Truth and Love. The activities of Love are Thy will being done on earth as it is in Heaven... ~Al)

## THE DAILY LESSON - October 11, 2012

“Righteousness, in the spiritual sense, would mean a reliance upon the Infinite Invisible for those things that the world seeks from men, or things, or conditions. The righteous man would be the man who would say, ‘Do not fight. Stand still; see the salvation of the Lord.’ The world would call that a ‘do-nothing’ attitude. It wouldn’t be a do-nothing attitude; it would be doing that which is almost impossible to do for the human.

The righteous man, according to spiritual standards, would never have his vision going out to ‘man, whose breath is in his nostril’ for anything. He could give, share, or even receive from or with any or every individual on earth and yet not be looking to them. He might have millions in the bank in securities and never once have a thought that these were his supply. He still would have in his mind the fact that ‘Spirit is the source, and the substance, and the reliance and my vision is in that direction.’ ~Joel

Ps 23:5 my cup

5 ...my cup runneth over.

(Why? Because Divine Love is my Shepherd and I shall not want... My Reliance is on the Truth. I have no ability to create sufficiency. I can only be included in the One Sufficiency.

And, what is the Source of my supply? My Shepherd, and he leadeth me in the paths of righteousness.

*So I rest in this assurance because I dwell in the House of the Infinite Source forever. Amen. ~al.within)*

## THE DAILY LESSON - October 12, 2012

“The spiritually righteous man may have all of the good things of life – the houses, the homes, the yachts, the fine cars and everything else – and enjoy them, and yet have no trace of sensuality or greed or lust or indulgence since these would all be a ‘suffer it to be so now.’ And yet ‘I find my inner life to be my reality.’ That would be his reaction: enjoy these today if they’re here, but don’t be concerned tomorrow if they are not.

And so, this subject of ‘ask, knock’ comes back to a correct sense of prayer. It all comes back to what is prayer and, in the last analysis, you will find that while there are degrees of prayer – there are steps in prayer – that the actual spiritual prayer is complete silence, a refraining from desire, a refraining from seeking, a refraining from words and thoughts. It becomes a state of receptivity. It becomes a quiet, as if listening. That is when you get into the very highest realm of prayer because now you are seeking nothing in the world of effect – nothing in the world of effect. You have no desire in this world. There is only one desire and that is for this feeling of union, this awareness of oneness.” ~Joel

Ps 46:10 (to :)

10 Be still, and know that I am God:

(David isn’t saying, be still and blank out this world. He is saying, be silent and be still and listen with an attentive attitude to the All-knowing, All-seeing Source of all creation.

We can’t add to Omniscience, but we can bask in It. Love, ~Al)

## THE DAILY LESSON - October 13, 2012

“You see, to have that feeling with an object in mind defeats it. To have that feeling of wanting a union with God because of something to be achieved by it is what defeats it because it makes of God a means to an end, and that's an utter impossibility. That is something the world has not learned in any of its teachings – that it is an impossibility to use God as a means of achieving something.

God is Itself the object of our desires, of our prayers, of our meditation, of our communion – not God for some reason, not God for some purpose, only God. Now there is no use talking that James knew when he said that ‘if you pray and do not receive, it is because you pray amiss.’ What is it you are to receive? And if the answer is anything but God, be assured of this: the prayer is amiss.

The world, for some reason, cannot seem to grasp at that – that in attaining God one has attained all there is in life, that there is nothing beyond that. There can be no joy in anything, anything, regardless of what it may be, even health. There can be no joy, even in attaining health because once God has been attained, there is fulfillment on every level of consciousness.” ~Joel

Matt 6:6, 8

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

(If you go to God for anything, you pray amiss. You can't accept God as ALL-Knowing and ask for something at the same time. God is Love and there is no Love in withholding. Instead, prayer is a state of acknowledging God function in our Lives and a constant attitude of “Thank you Father.” ~Al)

## THE DAILY LESSON - October 14, 2012

“As a matter of fact, in attaining God you go a step beyond health and wealth. In attaining God, there is no such thing as health and there is no such thing as wealth. There is only the infinity of harmony. There is no sense of a lack of any nature. There is no sense of anything to be attained. There is a state of self-completeness when God has been attained.

Now. Scripture states this very clearly. Nowhere in scripture does it say that God will provide a fortress for you. It doesn't say that God will provide. It says that God IS. God is life. God is a fortress. God is the high tower. God is the rock. God is the house. God is the salvation. God doesn't provide these because there is nothing beyond God. There is not God and something for God to provide.” ~Joel

Ps 18:1,2

1 I will love thee, O Lord, my strength.

2 The Lord is my rock, and my fortress, and my deliverer; my God, my strength, in whom I will trust; my buckler, and the horn of my salvation, and my high tower.

*(Father, I can of mine own self, know nothing. In stillness, I empty my self and hold an attentive attitude that you fill me and use me as thy instrument... I open a Way for Truth to manifest Itself in me, and lead me, govern me, and sustain me that Your Word may be heard on earth as it is in Heaven... ..)*

*In rest in confidence in the Secret Place and wait for further instructions...  
Thank you Father, Your Son)*

## THE DAILY LESSON - October 15, 2012

“God is Itself the all and everything of being and, in attaining God, there is nothing left to attain – not even health or wealth, or satisfaction or peace, or safety or security. There is none of these left to attain once we have attained the conscious realization of God.

Nobody can explain that to you. Nobody can define that or analyze it for you. That is something you have to FEEL with your spiritual discernment that in having God, you have it all. You can't even translate that in terms of saying, 'Oh, if you have God, you'll have home too, or you'll have health too.' You cannot do it because you are still saying God AND something. You are still thinking of God as a means to an end. God is not a means to an end. God is the END.” ~Joel

Gen 1:26 (to :) 27 (to ;)

26 And God said, Let us make man in our image, after our likeness:

27 So God created man in his own image, in the image of God created he him;

(What is this image of God?)

John 4:24

24 God is a Spirit: and they that worship him must worship him in spirit and in truth.

(So, there is no God and... There is only the One - the Spirit of God manifested AS... Because that is the way God created it - Impersonal Divine Consciousness... The realization that our Spiritual Self is the only Power. It is our secret place, our fortress, our high tower, the Kingdom of Heaven. Thank you Father... ~Al.)

## THE DAILY LESSON - October 16, 2012

“Now. Do you see that there would be no such questions if it were understood that God actually is the ultimate of attainment? Once it can be ruled out of people’s consciousness that in finding God they will have things added unto them but come to the realization that in finding God, they’ll find harmony included in them, then will come the end of the search for God.

You see, anyone can end the search for God very quickly once they realize that even finding God isn’t going to get that thing for them that they are thinking of which is beyond God. In other words, the moment we come to the realization that God Itself is the object of our search, and for no purpose, in that moment comes the realization, ‘I am in the midst of thee. Where thou art, I am. Where I am thou art for we are one.’” ~Joel

II Cor 3:17

17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

(In the Presence of God, we are included in ALL that God is. In realizing God you have the whole thing! Practicing the Presence is an activity where there is nothing left to do but be grateful for the gift of everything, and where everything appears as the harmony of Grace.

Thank you, Father, I love you. ~Al)

## THE DAILY LESSON - October 17, 2012

“There is a ‘peace that passeth understanding.’ That peace will never be realized by any individual who has a desire. The ‘peace that passeth understanding’ only comes with the realization that there is nothing to be desired or hoped for. That is not as simple as it sounds, but let’s see if we, you know, they say hunger feeds on the food you feed it. The more you feed your appetite the greater your appetite grows, and it makes no difference whether it’s in the line of food or whether it’s money, or whether it’s the pleasures of the world. Whatever it is – the more you indulge them, the greater your capacity for wanting more of them becomes.

And so it is that if we could all have our desires fulfilled in this moment, I mean our desires other than God, you’d be surprised how very few hours would elapse until another desire came along, and then you would be setting out on that goal. It isn’t any different than Byrd having to find the North Pole and then not being satisfied until the South Pole, and then having to go on to the Antarctic. No one is ever going to satisfy Admiral Byrd so far as his human desires for the conquest of time and space are concerned.

Now that is not anything detrimental to him because he is not a man who is doing it for reputation or pride or wealth. He just has an innate love of life, and that can only be satisfied as he expands in time and space, and humanly that is very laudable. But – so I don’t say that in any critical way – but I do mean that as long as the desires are for *anything* in the human world, one million dollars begets two million and two million begets five, because nothing has ever been discovered in the world of effect that really satisfies. It doesn’t make any difference what it is.

‘Oh, if I could only be President of the United States, twice, three times, four times, five times.’ (*Laughter.*) There is no limit. There is no limit to desire because desire begets desire. When desire is gone, and that does not mean settling back into lifelessness, but when desire for the objects of life are surrendered in the realization of God as fulfillment, then one’s activity spreads just as far and wide as Admiral Byrd’s does, but always accompanied with the ‘peace that passeth understanding.’ And incidentally I wouldn’t be surprised if he, himself, has attained that ‘peace that passeth understanding,’ that even in all of his wanderings this peace goes with him because he has no ambitions with his desires.” ~Joel

John 14:26,27 (to .)

26 But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you

27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you.

(Attaining greater God-Consciousness is not an easy thing. It may take a dedication of many times a day in Practice, in Silence and in asking aright - for as long as it takes. If we hold onto any of the ambitions, desires and understanding of this world, we will only get answers of this world. To ask aright is life eternal and it is Spirit within to Spirit... The Mind of Christ is within you.

*... .. Speak Lord thy servant heareth... I await your Voice, your Love and Your Spirit... .. ~al.within)*

## THE DAILY LESSON - October 18, 2012

“Now. Very often people misunderstand the mystical way of life because they believe it is a life of ‘do nothing’ or ‘accomplish nothing’ or ‘sit on a mountaintop’ or by the seaside and dawdle. Now that is not true. To live in the ‘peace that passeth understanding’ without desire brings one such activities as eventually one can say, ‘I don’t even have time to get it all done.’ But there is no unfulfilled desire. There is no stress and strain after something. Everything is accomplished in, and with, and through an inner peace just as if this work had to be done this minute but without any mad thought about an hour from now or six hours from now or tomorrow.

Again, I find it very difficult to explain, but I can say this: That if we could find a moment when we’re alone to put all of our human cares out of our thought in the realization,

*‘Yes, I can truthfully say that at this moment I will be satisfied if I achieve the realization of God. I am perfectly willing for the next moment to take care of itself if in this moment I can attain that ‘peace that passeth understanding,’ that realization of God without any motive, without any object, without any desire, just for the sake of sitting here this next hour or next five minutes, seated right in the heart of God.’” ~Joel*

Matt 6:31-33

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed? [I can of mine own self do nothing, know nothing, it is the Spirit of God that doeth all works]

32 (For after all these things do the Gentiles seek:) [the world mind desires] for your heavenly Father knoweth [Omniscience] that ye have need of all these things. [your sufficiency]

33 But seek ye first the kingdom of God, and his righteousness; [to know God aright with no other motive or desire] and all these things shall be added unto you. [and you shall be included in all things]

(Be diligent and dedicated to the correct practice, my friends. Be not tempted to even help or improve this-world...

Just Love God and recognize His work and Presence surrounding you and providing for you on a moment to moment basis. Eventually you will not

think about it and just Live in the Peace that passeth worldly understanding. If you feel It for one tenth of a second - good. Do it again, again. Practicing the Presence takes practice - just like you can't expect to play the piano after just a few lessons.

Rest now, I am standing with you on this Holy ground... I uplift you and you uplift me... As One. ~Al)

## THE DAILY LESSON - October 19, 2012

“Whether or not it would come at that very moment, it would eventually come. It would eventually come as long as we take the time out to realize,

*‘Now I’m not sitting down for my health or my wealth, or the peace of the world, or to settle strikes, or for the success of the United Nations. In fact, I don’t care about my neighbor today. I care only about God, the realization of God. It might be selfish; it might sound selfish, but that’s the way it has to be. I’m seeking only the kingdom or realization of God.’*

And if one remained that way for a few minutes each day, eventually that peace would descend and one would find themselves wrapped in God, enfolded in God even though it lasted only a moment or two or three. But continuing that practice would bring the moment when the transition would take place and the realization would come: ‘This is it. This is it.’ And then, from there on, every bit of work given one to do would be done as if God were doing it, performing it. It would never be done with desire, or ambition, or hope of accomplishment. It would merely be done as an instrument of God. ‘This has to be done. God has given it to me to do. Let’s get it over with.’” ~Joel

Gal 2:20 nevertheless (to 2nd ,)

20 ...nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God,

(Thy will be done...as in heaven, so in earth.

*I surrender, Father, speak... thy servant heareth... .. ~al.within)*

## THE DAILY LESSON - October 20, 2012

“And so each one of us must, even if we begin with one period a day and gradually increase it, each one of us must have such periods for the realization of the Christ. We must have this period with no object, with no desire to attain anything for ourselves – not even healing. But we must go beyond that. We must not even be praying for our friends or neighbors, or enemies or for the world. We must have no object whatsoever except the attaining of the realization of the activity of the Christ.

Now let us see what this just would mean in our experience. Supposing that, at this second, the figure of Jesus Christ was standing beside me or were within me, it doesn't make any difference in the long run where it is, and were to say to me, 'I am here and I will never leave you nor forsake you. I will be in advance of you – one step the rest of your days on earth.' Tell me now what I would ever have to take thought for?

Oh let's go a step further and imagine that this figure of Jesus Christ is beside me or within me in this room now and were to say, 'I am here.' Could any evil befall this room or anyone in this room? No, because in the presence of that Christ, the Spirit of God, the Son of God, multitudes would be healed and multitudes would be fed of those who were congregated there together.

And so you see that without thinking about you, if I were just to be selfish enough to think of myself and desire only that I have the realization of the activity of the Christ here and now, I would automatically be placing you in the presence of Christ, wouldn't I?" ~Joel

Isa 45:2 (to :)

2 I will go before thee, and make the crooked places straight:

(God didn't say He "might" go before thee - He made a promise that said he "would" go before thee and direct thy paths... And if you - then the Ones with you benefit as well. And so it is, that if One individual consciousness has reached the Light, that Light will illuminate the way for those walk together and for those who follow...

Rest now in this assurance. I am with you until the end of time. ~Al)

## THE DAILY LESSON - October 21, 2012

All right. Now supposing each one of us in this room heard the voice, or felt the touch, or received some awareness that the presence and activity of the Christ was with us. Where could we go the rest of this day that we wouldn't be a blessing to everyone on the road, in the business, in the home; that is, everyone who is at all receptive to spiritual things?

There would still be some materialistically minded men and women, atheistically minded men and women, who would not perceive that Christ and who would not benefit because of their lack of perception. But most of the people that we would meet on life's highways would be blessed. Why? Because of the actual presence of the Christ.

That is why I say if we are a group of people who, without having any object in mind, merely set out to attain the conscious realization of the presence and power of the Christ, we will then not only be having that which will be a fulfillment unto our own experience, but unto everyone who 'touches the hem of the Robe' – whether or not we even know that they touched the hem. Do you see that?" ~Joel

Matt 18:20

20 For where two or three are gathered together in my name, there am I in the midst of them.

(My Dear Friends,

Are we such a group?

Yes, I know so.

How do I know?

Well, this group has expanded over the last few years from a humble group of 2 here in the Ozark Mountains of Arkansas/Missouri. This Circle of Christhood stretches around the world and now includes many states from coast to coast in the USA, Canada and Mexico and onward out to England, Scotland, Germany, Africa, India, Fiji, Australia, New Zealand, Hawaii and back. And this is just what I know of...

This work is done with no organization, no requirements, no effort to accomplish anything and with no expectations... The activity is simply an

activity of Love, a pouring out of Love and a receiving of Love - and so on - until the message gets to where it wants to Be. Just Love fulfilling Itself. You see?

I don't even know where most of the students live that receive this daily message as I only have an email address... And I also know this message is forwarded from person to person because once in a while I get a letter gratefully saying so. Christ Consciousness is currently being realized in every corner of the world on a daily basis. Yes, the Communion of Spirit and the healing message that comes along with it is available and working here and Now, in this day and age... And in many, many time zones. You see?

The 2 or 3 that you can "gather together with" is unlimited, and available anytime for you to experience, to be lifted up or do some pouring out of your own. The Circle is complete and you are included in it.

You know that I Love you - and all that I have is thine, ~Al)

## THE DAILY LESSON - October 22, 2012

“Now that is the point that I have tried for a long time to convey, but without success. I have never, never been successful – except with a few individuals – of getting across this idea that God is Itself the object of our search, and for no other reason than God. That we have no need of the activity of the Christ to do something – we only have need of the activity of the Christ. It, Itself, will do all the doing. It, Itself, will be a light unto our feet. It, Itself, will be the salvation unto our souls. It, Itself, will be the multiplier of loaves and fishes, but for us to desire It for the multiplication of loaves and fishes would be to defeat our end because then we’re not seeking Christ. We are seeking multiplication of loaves and fishes. Do you see that?”  
~Joel

John 12:44-46

44 Jesus cried and said, He that believeth on me, believeth not on me, but on him that sent me.

45 And he that seeth me seeth him that sent me.

46 I am come a light into the world, that whosoever believeth on me should not abide in darkness.

(Light is the instrument of God. The activity of Christ is Light beaming out from Its Source. It illuminates everything in Its path. Without Light we stagnate, sleep and become inactive. ~Al)

## THE DAILY LESSON - October 23, 2012

“We’re not seeking God, we're seeking health and that’s why we can’t find God because if we are seeking health how are we going to find God? You usually find what you seek. If you seek health hard enough, you’ll find it even without God – at least it will be a physical sense of health.

Now. Seeking God must be just that – seeking God, not seeking God AND something, and not seeking God FOR something – just seeking God.”  
~Joel

Matt 6:33 (to ;)

33 But seek ye first [early, often and only] the kingdom of God, and his righteousness;

(To pray amiss is to pray for the things of this world, or looking for a result from a prayer of words and thoughts. Health, supply or companionship for ourselves or for others cannot be given by God. If that could be done, do you think God could let us suffer or stumble? God is Spirit, Truth and Love - their Source and Being - not Santa Claus with rules, deals and agenda.

Praying aright is in Spirit, as Spirit and to Spirit. Seek only the Presence of the Spirit of God and in that contact you will be included in the Kingdom of Heaven - in Spirit AND on earth. In that instant, that flash of Revelation, you will realize the Love, Truth, and the Principle of All Being. The harmony of Oneness will always show up as an activity of that Love, Truth and Principle, not as an understanding of a concept. ~Al)

## THE DAILY LESSON - October 24, 2012

“Try (and this is also for all those who are listening to these recordings) try to imagine what would happen if you, at this very moment, could feel within yourself or beside yourself the very presence and power, the very activity of the Christ. If at this very moment the finger should touch you and say, ‘here I am,’ or the smile should look up at you and say, ‘Where do you think I’ve been? I am beside you. I am within you.’ ‘Whithersoever thou goest, I go.’ ‘I will never leave you nor forsake you.’ ‘I am the presence that goes before you to make the crooked places straight.’” ~Joel

Heb 13:5 I will

...I will never leave thee, nor forsake thee.

(With this assurance, we get a glimpse of the meaning of Omnipresence. Rest now, with me. Wait for it... ~Al)

## THE DAILY LESSON - October 25, 2012

“Oh yes, those Bible citations are beautiful, but meaningless. I am speaking now of having the actual experience or awareness of that.

Now. I know this – that in any moment that I have an actual realization of the Presence of God, somebody in our student body gets healed or supplied or benefited, or enlightened or realizes the Christ. I know that. I’ve watched it over the years. I know this – that I have at times reached out to some of my own students for help. And when they have realized the Christ and had the actual feeling of the Presence, I have been lifted up. I know that too.” ~Joel

I John 5:4 (to :)

4 For whatsoever is born of God [Spirit] overcometh [the hypnotism of] the world:

(The Circle of Christhood that is this group of students together as One is an expression of unconditional Spirit indeed. I was feeling a little off today for a time and lo and behold, without that being known, I get an email from one of you thinking of me with unconditional Love. Not the usual other way around of asking for help... Ha! There you have it! Even without asking Spirit finds a way to comfort.

This Circle of Love is not a circle by chance. A circle is without beginning or end. Without a sense of teacher and student. Without cause or effect. Without a sense of one who has and one who wants... The only purpose is to circumscribe and embrace an activity of Spirit. Love now flows in and out without condition, you see? It is an activity that is born of Spirit simply for the expression and activity of Love. I am so grateful and smiling from ear to ear.

*Thank you Father. I recognize Your Presence. And may this Love continue to flourish and multiply as It wants to. I am grateful, I Love you and I bask in Your Glory... ... ~al.within)*

## THE DAILY LESSON - October 26, 2012

“I know that it would be an impossibility for you to actually experience a feeling of God’s presence and not have somebody during the day say that they were benefited just by visiting with you or talking with you. They might not even recognize what it was that healed them, but they would be healed of something. It cannot be otherwise because ‘where the Spirit of the Lord is, there is liberty.’ Where the Spirit of the Lord is, wherever the conscious presence of God is, there is freedom – freedom in Christ, spiritual freedom, which to our sense would mean freedom from sin, disease, death, lack and limitation.

*Well let’s rest a little while.” ~Joel*

Rom 8:9 (to .)

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

(The experience of Christ in Consciousness is an activity of Truth taking place that releases harmony, understanding and freedom out into expression. If the Spirit dwells in us than we become Its instrument, and any work performed is not ours, but His. ~Al)

## THE DAILY LESSON - October 27, 2012

“Watch what a miracle this is, what a rest comes to you – mental and physical – the moment you achieve that realization of the Presence. Watch how the...you will understand why the Master could say, ‘I have overcome the world.’ He didn’t have a single problem in the world when he had attained Christhood – not a one because there wasn’t anything that could come nigh that state of consciousness. That the miracle that happens the very moment, the weight that drops off your shoulders, the weight that drops away even from this beltline, the tension that goes out of it the very minute the Presence of the Spirit is realized!” ~Joel

John 14:27 (to .)

27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you.

(The world wants to create peace or it thinks it can find peace. Why? Because it hasn’t accepted that the Spirit is already within. All that seek peace are unaware that they already are Peace just waiting to be expressed. And so it is, that any overcoming is a deep Awareness of what already is. We just need to get still enough to dissolve the self that keeps looking... ~Al)

## THE DAILY LESSON - October 28, 2012

“It, it would seem as if not only the whole world fell off of one’s shoulders, but you sometimes feel as if you’re carrying it around the belt too. There is such a tension there at all times, or much of the time. And all of this drops away, and that is the first time in your life that you can truthfully say that you are without a thought, that you know what it means to ‘take no thought,’ that you haven’t anything to think about really. You have only a rejoicing – an inner joy, an inner pleasure, and yet for no reason because it is a sense of completeness, or of perfection or of fulfillment, and yet there is no such thought in the mind.” ~Joel

Phil 4:13

13 I can do all things through Christ which strengtheneth me.

(The Mind of Christ is God’s gift of Awareness, and that is all I need...

*I, of mine our self, can do nothing. I can only be Your Instrument. I surrender to Thy will Father... Thank you. Love, al.within)*

## THE DAILY LESSON - October 29, 2012

“The very moment that that Spirit touches us and we know that it’s there, that is the moment when our sins drop away or our sinful desires or sinful thoughts, or fearful thoughts, or doubtful thoughts, or sickly thoughts, painful thoughts – that drops away with the realization of that Presence.”  
~Joel

Rom 12:2 (to ,)

2 And be not conformed to this world [illusion]: but be ye transformed by the renewing [awareness] of your mind [Christ Consciousness],

John 8:32

32 And ye shall know the truth, and the truth shall make you free.

(There is only one sin, and that is plugging into the belief or hypnotism that we are somehow separate and apart from God. The instant we know [feel] the Truth, we realize our inclusion in the Omnipresence of God; and we see through the previously perceived stumbling block. It is simply a case of mistaken Identity... Love you, ~Al)

## THE DAILY LESSON - October 30, 2012

“Now it may seem that I’m being very repetitious today, and it undoubtedly is so, but it is because of the necessity of catching that point that the realization of the Christ is the end of the demonstration. It’s not the beginning of the demonstration. It isn’t going to be the realization of the Christ and then something happening. The realization of the Christ is the end of the demonstration because it is the fullness of demonstration itself. Do you see that?” ~Joel

John 1:12 (to 2<sup>nd</sup> ,)

12 But as many as received him, to them gave he power to become the sons of God,

*(In quietness and in confidence, I rest in the assurance of the Presence of The Father... In stillness I feel God in me, and I in God... ... All that the Father has is mine... And, I Am His son so I must be included in His Household... You are my family and we are One, Now and forever Now... Thank you Father. ~al.within)*

## THE DAILY LESSON - October 31, 2012

“It, it’s a most wonderful thing. Oh, I hope today that everyone can have this feeling of Its Presence before we leave this room, and then you will know that nothing again will ever satisfy you but living in that because that’s the end of all desire. I suppose it’s even the end of all hope. There is nothing left to hope for because now there is only fulfillment.

*Let’s do it again. (meditate)*

I have a feeling that you have caught today the reason why nothing further is necessary than this experience of the Christ. And I think that you will find that you’re much better equipped from this day on to turn your whole thought to that end, and actually not be seeing beyond it to some demonstration or the fulfillment of some other desire or desire other than this one itself. I have the feeling that it has registered that it is the realization of the Christ Itself that is the demonstration, and so we let it rest there today.” ~Joel

Gal 2:20 nevertheless (to 2nd :)

20 ... nevertheless I live; yet not I, but Christ liveth in me:

(Be still and let your consciousness be animated by Love. Let the Christ live and move and have Its Being in and as you. There is no error to correct, no lack to supply, so there is no battle to wage and no point to make... There is only God acting in and as you. Rest now... ... ~Al)