

“THE DAILY LESSON”

is an activity of the study group found at: www.iwso.org

The subject for our current study is the entire book

“A Parenthesis in Eternity”

by Joel S Goldsmith

THE DAILY LESSON, an ongoing open class by Infinite Way Teacher [Al Denninger](#), is inspired by the message of Joel S. Goldsmith. In this Book Study we delve into Joel's books paragraph by paragraph, from cover to cover. I provide Scripture supporting his entire Work and an Impartation from my daily Experience. These classes appear [on my website](#) and by [email subscription](#) each day, for my students to take into their daily meditations and to carry with them throughout their day.

Students Note: In my teaching, the words that are capitalized throughout the work are not capitalized for emphasis. Instead, the purpose is to Lift the student into the Awareness that these words are a Synonym for, or an Activity of God. The portions that are *italicized* are spontaneous meditations.

The Daily Lesson – February 26, 2020

“CHAPTER XVII

THE MYSTICAL LIFE THROUGH THE TWO GREAT COMMANDMENTS

The first stage of our spiritual unfoldment is an experience of coming more and more into a conviction of the Presence and Its availability in all circumstances and conditions. Simultaneously with this growing assurance, we also become aware of how much we are failing to live up to the stature of manhood in Christ Jesus and how far short we come even from measuring up to the Ten Commandments.”
~Joel S Goldsmith

Psalms 46:5 (to :) (KJV)

5 God is in the midst of her; she shall not be moved:

John 18:36 (to:) (KJV)

36 Jesus answered, My kingdom is not of this world:

John 14:6 (KJV)

6 Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me.

Once Felt we are not likely to forget an Experience of The Presence of God. A conviction and dedication develops beyond our current concepts of what conviction and dedication are in human terms. This Assurance beyond words and thoughts keeps us focused on God. Distractions fade away... ~Al Denninger

The Daily Lesson – February 27, 2020

“Realizing the presence of God and tabernacling with Him awakens us to our failings, and it is at this point that we enter the second stage of our spiritual life. Here it is that we begin consciously to try to live up to the Commandments, particularly those we have most failed to observe. It is not too hard for us to discover the degree of envy and jealousy that may be lurking in us, the bias and bigotry, the little lyings and deceits, the hypocrisies. These all come to light because the more we bring the word of God into our consciousness, the more we expose our own lack of godliness. This forcibly brings to our attention the necessity of developing a greater ethical and moral sense.” ~Joel S Goldsmith

Proverbs 21:2

2 Every way of a man is right in his own eyes: but the Lord pondereth the hearts.

Psalms 51:10 (KJV)

10 Create in me a clean heart, O God; and renew a right spirit within me.

Psalms 119:104, 105 (KJV)

104 Through thy precepts I get understanding: therefore I hate every false way.

105 Thy word is a lamp unto my feet, and a light unto my path.

Illumination dissolves the illusion of this-world's sense of power and requires us to move from a limited personal perception to an Infinite Way of Life. ~Al Denninger

The Daily Lesson – February 28, 2020

“In this second stage of our unfoldment, therefore, we earnestly try to live up to our highest sense of right, depending on the presence of God to help us and relying on the inner Invisible to lift us to a higher degree of humanhood. We begin to think more about being benevolent and charitable, and about practicing brotherhood. Not only do we recognize the importance of caring for our own families and those needing help in our community, but we begin to think in terms of people in foreign countries, of aid for the distressed, or of providing education for those who at the moment cannot afford it. We turn our thought in the direction of living for others, helping them, and of bringing about better human relationships between management and labor or between members of different religious denominations. All this is an attempt to make the Ten Commandments an integral part of our daily life.” ~Joel S Goldsmith

Leviticus 22:31 (KJV)

31 Therefore shall ye keep my commandments, and do them: I am the Lord.

II Corinthians 3:3-6 (KJV)

3 Forasmuch as ye are manifestly declared to be the epistle of Christ ministered by us, written not with ink, but with the Spirit of the living God; not in tables of stone, but in fleshy tables of the heart.

4 And such trust have we through Christ to God-ward:

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

6 Who also hath made us able ministers of the new testament; not of the letter, but of the spirit: for the letter killeth, but the spirit giveth life.

Luke 10:33-37 (KJV)

33 But a certain Samaritan, as he journeyed, came where he was: and when he saw him, he had compassion on him,

34 And went to him, and bound up his wounds, pouring in oil and wine, and set him on his own beast, and brought him to an inn, and took care of him.

35 And on the morrow when he departed, he took out two pence, and gave them to the host, and said unto him, Take care of him; and whatsoever thou spendest more, when I come again, I will repay thee.

36 Which now of these three, thinkest thou, was neighbour unto him that fell among the thieves?

37 And he said, He that shewed mercy on him. Then said Jesus unto him, Go, and do thou likewise.

It is stillness that we Receive and Feel God's direction, but it is with God's sufficiency that we do His Work. Go and do likewise. ~Al Denninger

The Daily Lesson – February 29, 2020

“These Commandments were a part of a code of ethics given to the world by the Hebrews in the form of rules governing their religious conduct. Whether it was something concerning dietary laws, fasts, feasts, rituals, or one's personal life, everything was regulated according to laws which apparently proved so effective that they have been largely carried forward into the present Christian era and adopted by many people, despite the fact that Jesus emphasized only one of the Ten Commandments. To that one he added another from ancient Hebrew teaching, thereby giving the world the great Christian ethic embodied in the two great Commandments:

Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind.

Thou shalt love thy neighbour as thyself. Matthew 22:37, 39 (KJV)
~Joel S Goldsmith

John 15:9,10 (KJV)

9 As the Father hath loved me, so have I loved you: continue ye in my love.

10 If ye keep my commandments, ye shall abide in my love; even as I have kept my Father's commandments, and abide in his love.

And so, my friends, as we continue in My Love and Abide there – we automatically follow all of the commandments – and the Spirit of the Word within them. ~Al Denninger

The Daily Lesson – March 1, 2020

“The importance Jesus placed on these two Commandments did not imply that he considered it right and moral to violate the other commandments — to steal, lie, cheat, defraud, bear false witness, kill, or commit adultery — because those to whom he was speaking understand that a strict adherence to these two great Commandments would naturally make obsolete and unnecessary all the others.”

~Joel S Goldsmith

Proverbs 3:5-7 (to :) (KJV)

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

7 Be not wise in thine own eyes:

Romans 8:14, 16 (KJV)

14 For as many as are led by the Spirit of God, they are the sons of God.

16 The Spirit itself beareth witness with our spirit, that we are the children of God:

In developing a complete and unconditional Trust in God we let go of all our this-world fears, needs and desires and begin to Let our entire life be turned over to God. Peace, harmony and abundance are the natural result. ~Al Denninger

The Daily Lesson – March 2, 2020

“Herein lies the difference between living as a human being under the law and living as the child of God under Grace. In order to appreciate this difference it is necessary to understand why, and how, nine of the Ten Commandments could be dropped from a teaching and yet right and perfect conduct be maintained.” ~Joel S Goldsmith

Galations 5:16-18, 25 (KJV)

16 This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh.

17 For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other: so that ye cannot do the things that ye would.

18 But if ye be led of the Spirit, ye are not under the law.

25 If we live in the Spirit, let us also walk in the Spirit.

Psalms 91:1 (KJV)

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

So then, how do we lift ourselves from this-world consciousness to Christ Consciousness?

Well... We don't. Remember - Even Jesus said, “I can of mine own self do nothing” - “The Father within doeth the Works”. We get still, and get Led of the Spirit and Let It do the Lifting.

And how do we do that?

We Abide in the Secret place of the Most High – and while Dwelling, are thereby Included in Divine Harmony, that does not need to be written down, because it is an activity of Spirit. ~Al Denninger

The Daily Lesson – March 3, 2020

“No one can live the Christ-life by willing or desiring to do so. Living this life is not a matter of will because, if he could, everyone would like to live without the temptation of sin or disease, everyone would like to be honest. Until God comes through and makes Himself felt in a person's consciousness, he cannot live by Grace: he must live under the law, and more especially the law of the Ten Commandments. Although living under the Commandments is only a step in human evolution, it is a necessary one in the experience of those human beings who have not yet been touched by the Spirit because the alternative is living in violation of them, and this inevitably leads to destruction.” ~Joel S Goldsmith

John 1:17 (KJV)

17 For the law was given by Moses, but grace and truth came by Jesus Christ.

John 5:30 I seek,31 (KJV)

30 ...I seek not mine own will, but the will of the Father which hath sent me.

31 If I bear witness of myself, my witness is not true.

Hebrews 8:10 (to:) (KJV)

10 For this is the covenant that I will make with the house of Israel after those days, saith the Lord; I will put my laws into their mind, and write them in their hearts:

Psalms 62:5 (KJV)

5 My soul, wait thou only upon God; for my expectation is from him.

The key here is we begin by living under the law, Abiding in stillness, and waiting on “God coming Through”. And so we practice... Be dedicated, be focused, be patient. ~Al Denninger

The Daily Lesson – March 4, 2020

“Living in obedience to the Ten Commandments is very much like living in obedience to city, state, national, and international laws. If we live according to these Commandments, we will be able to avoid most of the troubles that afflict the men and women of this world: we will certainly stay out of jail and we will have more harmonious human relationships. This obedience, therefore, not only makes of us good citizens, but it takes us a step beyond that to the point where we are also good brothers one to another universally, and we thereby bring into concrete expression love and good will.” ~Joel S Goldsmith

Romans 13:8-10 (KJV)

8 Owe no man any thing, but to love one another: for he that loveth another hath fulfilled the law.

9 For this, Thou shalt not commit adultery, Thou shalt not kill, Thou shalt not steal, Thou shalt not bear false witness, Thou shalt not covet; and if there be any other commandment, it is briefly comprehended in this saying, namely, Thou shalt love thy neighbour as thyself.

10 Love worketh no ill to his neighbour: therefore love is the fulfilling of the law.

When we choose to let Love guide our way, we live in complete harmony. Our experience is the activity of Love loving. ~Al Denninger

The Daily Lesson – March 5, 2020

“But now let us see what happens when we begin keeping the two great Commandments in our mind and in our heart, bound upon our arm, and even hanging upon our doorpost. To love God supremely means to place our entire faith, hope, confidence, reliance, and assurance in God, to acknowledge Him in all our ways from rising in the morning until sleeping at night, and to understand and rely on God as infinite Intelligence and divine Love. It is a relaxing into that assurance given in the Twenty-third Psalm, ‘The Lord is my shepherd; I shall not want,’ and a resting in it without mental agitation, without fear, doubt, or concern. There is no other way to love God supremely except to place ourselves wholly and completely in Him, under Him, and with Him.” ~Joel S Goldsmith

Proverbs 3:5,6 (KJV)

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

Solomon gave us the entire message in a nutshell... In “all thy Ways” means Acknowledging God Supremely, completely, and unconditionally without ceasing. Harmony will be Realized. ~Al Denninger

The Daily Lesson – March 6, 2020

“Jesus knew that since God and man are one, there is no way of loving God without loving our neighbor, and the only measure of that love is that it be the same kind of love wherewith we love ourselves. Therefore, to live, doing to no man what we would not wish to have done unto ourselves, giving forth nothing to another that we would not willingly, gladly, and joyously receive, produces an effect beyond that which is involved in humanly loving God supremely and our neighbor as ourselves.” ~Joel S Goldsmith

I John 4:7,8 (KJV)

7 Beloved, let us love one another: for love is of God; and every one that loveth is born of God, and knoweth God.

8 He that loveth not knoweth not God; for God is love.

I John 4:12 If (KJV)

12 ...If we love one another, God dwelleth in us, and his love is perfected in us.

There is only one Love and God is the Source and the activity. We are all Included in God's Omnipresent Love. There is no other Love.

With you now, Loving God, ~Al Denninger

The Daily Lesson – March 7, 2020

“A third factor enters, and this is the great mystery. In loving God supremely and in acknowledging Him as the Principle of our life, the Source of our good, the Substance and the Law of our being, we are being unselfed. We are departing from the materialistic plane of life in which self-preservation is the first law of nature, a law that is completely antagonistic to the law of God and contrary to the spiritual life. The Master revealed that the highest form of life and love is to lay down our life — not to preserve it at the expense of someone else's, but to lay it down in the realization that in losing our personal sense of life, we gain life eternal.” ~Joel S Goldsmith

John 10:17 (KJV)

17 Therefore doth my Father love me, because I lay down my life, that I might take it again.

Matthew 16:24,25 (KJV)

24 Then said Jesus unto his disciples, If any man will come after me, let him deny himself, and take up his cross, and follow me.

25 For whosoever will save his life shall lose it: and whosoever will lose his life for my sake shall find it.

Romans 12:2 (KJV)

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

life = living in this world consciousness.

Life = God Consciousness – Christ Consciousness.

We can't have both at the same time. Intellectual understanding is not Spiritual discernment.

We must lay down our this-world personal sense of life - empty the vessel that thinks we are separate and apart from God - so that we may be Transformed and Live in Spiritual Consciousness. ~Al Denninger

The Daily Lesson – March 8, 2020

“This does not mean that we must let someone kill us, although it does mean that if it were a question of our life or another's, we would be called upon to lose ours rather than take the other's, hard as that may seem. Actually what it means is that in the acknowledgment of God as our wisdom, as our strength and the health of our countenance, and as the life, substance, and reality of our being, we are, by that acknowledgment, giving up a measure of our personal sense of life. There is no other way of finding life eternal than by laying down our personal sense of life.”
~Joel S Goldsmith

Matthew 7:12 (KJV)

12 Therefore all things whatsoever ye would that men should do to you, do ye even so to them: for this is the law and the prophets.

Proverbs 3:6 (KJV)

6 In all thy ways acknowledge him, and he shall direct thy paths.

John 16:7 (to 2nd ; (KJV)

7 Nevertheless I tell you the truth; It is expedient for you that I go away for if I go not away, the Comforter will not come unto you;

Discernment of the Infinite Invisible Living Spirit and Its eternal Love dissolves the perception of a personal self-governed sense of life. ~Al Denninger

The Daily Lesson – March 9, 2020

“In the personal sense of life we are almost always confident that any wisdom we express is our own; we are quite certain that the health of our body is ours; we glory in our mental and physical capacities because we believe that they are ours, different and set quite apart from the mind and body of others. On the other hand, as God is recognized as constituting the health of our countenance and the source of our intelligence, guidance, wisdom, and direction, we are thereby providing the necessary atmosphere and consciousness for the awareness and the capacity to understand the mystery of Unselfishness.” ~Joel S Goldsmith

Philippians 2:21 (KJV)

21 For all seek their own, not the things which are Jesus Christ's.

John 5:30 (to :) (KJV)

30 I can of mine own self do nothing:

Phillipians 2:13 (KJV)

13 For it is God which worketh in you both to will and to do of his good pleasure.

Phillipians 4:13 (KJV)

13 I can do all things through Christ which strengtheneth me.

In this-world, we are taught to be independent and self-driven. This sense of self-importance is temporary and not always harmonious... There is another Way – Stop the foolishness of fighting for scraps of harmony - Be still right now and Abide in the Atmosphere of God and be thereby Included in His Omnipresent unconditional Harmony. ~Al Denninger

The Daily Lesson – March 10, 2020

“Similarly, when we love our neighbor as ourselves, we bring about a state of being in which we watch ourselves more closely to see that what we do and think gives offense to no one, and in this connection it must be remembered that it is not merely what we do that may give offense, but even what we think.” ~Joel S Goldsmith

Luke 6:31 (KJV)

31 And as ye would that men should do to you, do ye also to them likewise.

Psalms 19:14 (KJV)

14 Let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, O Lord, my strength, and my redeemer.

Love as your Father Loves. Love without condition or agenda. ~Al Denninger

The Daily Lesson – March 11, 2020

“Until this past century it was believed that as long as we kept any critical, destructive, carnal, or sensual thoughts within ourselves, we were not harming anybody because these thoughts remained locked up within us. The Master, however, knew, as all mystics know, that this is not true. The thoughts that flow out from us are sometimes more powerful than the physical acts, and it was because Jesus recognized this that he taught that it was not sufficient to resist the act of stealing, but that it was necessary even to give up inwardly coveting anything belonging to another because the nature of what goes on in a person's mind permeates the atmosphere.” ~Joel S Goldsmith

Philippians 4:8 (KJV)

8 Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.

Proverbs 23:7 (to :) (KJV)

7 For as he thinketh in his heart, so is he:

Romans 12:2 (KJV)

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

II Corinthians 10:5 (KJV)

5 Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;

Psalms 46:10 (KJV)

10 Be still, and know that I am God: I will be exalted among the heathen, I will be exalted in the earth.

You see, dear friends, It's not about taking no thought and blanking one's consciousness and meditating happily in silence – it is the Being Still and Knowing, and Opening a Way for God's Word to be Felt – having if you will, the Mind of Christ within Speak. This Knowing will be felt by everyone within reach of Your Consciousness. ~Al Denninger

The Daily Lesson – March 12, 2020

“It is hardly possible to be in the presence of a mystic or of a spiritually endowed person and not feel a sense of lightness, a joy, or a spiritual uplift. On the other hand, it is also hardly possible to be in the presence of a gross individual and not feel the heaviness, lust, animality, or greed that is emanating from him.” ~Joel S Goldsmith

Matthew 5:16 (KJV)

16 Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

Matthew 6:22,23 (to .) (KJV)

22 The light of the body is the eye: if therefore thine eye be single, thy whole body shall be full of light.

23 But if thine eye be evil, thy whole body shall be full of darkness.

As we have opportunity, let us do good unto all. ~Al Denninger

The Daily Lesson – March 13, 2020

“Adopting the attitude of loving our neighbor as ourselves does not mean to be anxious or worried about our neighbor, but it does mean to watch our thoughts and deeds toward him. There, of course, we come to the mystical point of maintaining in our consciousness the truth about our neighbor— the truth, yes, but not the truth about a human being; and here is the line of demarcation: it is not enough to believe that our neighbor is good; it is not enough to believe that our neighbor is our equal, or that our neighbor means well, because none of those things may be true of him.” ~Joel S Goldsmith

John 7:24 (KJV)

24 Judge not according to the appearance, but judge righteous judgment.

I Corinthians 2:13,14 (KJV)

13 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

We should never pin a level of consciousness on anyone – good, bad or otherwise – it is between them and God and none of our business really... That said - I have been helping my neighbors in thought and deed for decades, whenever I can on my own, and every time they ask. But the whole time i am working, I am Discerning – Holding and Keeping them in Truth. They may or may not realize I am doing this, but what of it – I Know the Truth and I will continue to silently. The Truth is my Experience, you see? When and if they ever ask for Spiritual Awareness I will do so Spirit to Spirit in Oneness and humbly answer any questions I can as God's Instrument. ~Al Denninger

The Daily Lesson – March 14, 2020

“It would be ridiculous to call certain people good, honest, and spiritual when their actions testify to quite the reverse qualities. Loving our neighbor as ourselves does not mean adopting a Pollyanna attitude and saying to a criminal, 'Oh, you are a sweet person, and a child of God'; it does not mean looking upon some of our political figures and trying to realize how gentle and honest they are. All that comes under the heading of stupidity.” ~Joel S Goldsmith

I Corinthians 2:11 (KJV)

11 For what man knoweth the things of a man, save the spirit of man which is in him? even so the things of God knoweth no man, but the Spirit of God.

II Corinthians 6:16,17 (KJV)

16 And what agreement hath the temple of God with idols? for ye are the temple of the living God; as God hath said, I will dwell in them, and walk in them; and I will be their God, and they shall be my people.

17 Wherefore come out from among them, and be ye separate, saith the Lord, and touch not the unclean thing; and I will receive you,

When we look at pictures or appearances, after a while, we tend to start reacting to them and believing what we see with our eyes. Remove the costume of this-world, and turn your Focus to God and His Image and you will begin See what you are really looking at. ~Al Denninger

The Daily Lesson – March 15, 2020

“To love our neighbor as ourselves means to acknowledge that God is just as much the reality, life, mind, and law of our neighbor as He is of ourselves, whether or not our neighbor knows it or is acting in accordance with it. This does not mean looking at an evil person and calling him good, but it means looking at him and understanding that the same God that is our very being and our very breath is also that close and that near to him. It means to understand that God constitutes the nature of his being as well as of ours. Let it be clear that this does not mean looking at carnality and calling it spiritual; it does not mean looking at mortality and calling it immortality: it means looking through the appearance to the reality.” ~Joel S Goldsmith

II Corinthians 10:7 (KJV)

7 Do ye look on things after the outward appearance? If any man trust to himself that he is Christ's, let him of himself think this again, that, as he is Christ's, even so are we Christ's.

John 7:24 (KJV)

24 Judge not according to the appearance, but judge righteous judgment.

Ephesians 4:6,7 (KJV)

6 One God and Father of all, who is above all, and through all, and in you all.

7 But unto every one of us is given grace according to the measure of the gift of Christ.

To the five human senses God is unfathomable and incapable of being understood. To Spiritual Sense God is Omnipresent, so He is closer than breathing, nearer than hands and feet and Included within every one of His individual Expressions. Eyes cannot behold the perfection of Spiritual Being - only the shell of guise without. Be careful what you choose to plug into. ~Al Denninger

The Daily Lesson – March 16, 2020

“If then I do that which I would not . . . it is no more I that do it, but sin that dwelleth in me.” So, regardless of a person's degree of sin, we do not claim that he is a sinner, even though at the moment there may remain a sense of sin in him. In this way we are acknowledging God as constituting our neighbor, even those neighbors who do not yet know their identity or that which is the reality of them, or that which could release them from their discords.” ~Joel S Goldsmith

Romans 7:20 (KJV)

20 Now if I do that I would not, it is no more I that do it, but sin that dwelleth in me.

John 18:36 (to :) (KJV)

36 Jesus answered, My kingdom is not of this world:

Proverbs 3:6 (KJV)

6 In all thy ways acknowledge him, and he shall direct thy paths.

Sin is like an actor playing the role of an evil character. The outer appearance is not at all like the Truth that is within him after the show is over. Forgive the appearance so much that it dissolves into thin air, and don't forget to forgive yourself for seeing it. Don't plug into the noise – that gives it rise - focus on the Truth. ~Al Denninger

The Daily Lesson – March 17, 2020

“We are not trying to live other persons' lives we are trying to live our own lives in accordance with the two great Commandments. When we accept these as our guide and adopt them as our way of life, we have not only embarked on our spiritual journey but have made some headway on it: we have become followers of the Master and students of the real Christianity, of that which basically constitutes the Christ-teaching, and in that moment we have come out from the mortal sense of life and have made ourselves separate.” ~Joel S Goldsmith

Matthew 22:36-40 (KJV)

36 Master, which is the great commandment in the law?

37 Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind.

38 This is the first and great commandment.

39 And the second is like unto it, Thou shalt love thy neighbour as thyself.

40 On these two commandments hang all the law and the prophets.

Ephesians 5:1-2 (to 2nd ,) (KJV)

1 Be ye therefore followers of God, as dear children;

2 And walk in love, as Christ also hath loved us,

Mark 10:21-27 (KJV)

21 Then Jesus beholding him loved him, and said unto him, One thing thou lackest: go thy way, sell whatsoever thou hast, and give to the poor, and thou shalt have treasure in heaven: and come, take up the cross, and follow me.

22 And he was sad at that saying, and went away grieved: for he had great possessions.

23 And Jesus looked round about, and saith unto his disciples, How hardly shall they that have riches enter into the kingdom of God!

24 And the disciples were astonished at his words. But Jesus answereth again, and saith unto them, Children, how hard is it for them that trust in riches to enter into the kingdom of God!

25 It is easier for a camel to go through the eye of a needle, than for a rich man to enter into the kingdom of God.

26 And they were astonished out of measure, saying among themselves, Who then can be saved?

27 And Jesus looking upon them saith, With men it is impossible, but not with God: for with God all things are possible.

By Loving God you will Love His every individual Expression.

Always be Led by Love, and always act in accord with Love. ~Al Denninger

The Daily Lesson – March 18, 2020

“With our vision held high in the continuous acknowledgment of God as that which constitutes individual being, we are so completely unselfed that at some given moment the miracle takes place, the miracle known as the Annunciation which is the conception of the Christ of our consciousness.” ~Joel S Goldsmith

Proverbs 3:6 (KJV)

6 In all thy ways acknowledge him, and he shall direct thy paths.

John 15:4 (KJV)

4 Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.

I Thessalonians 2:13 (KJV)

13 For this cause also thank we God without ceasing, because, when ye received the word of God which ye heard of us, ye received it not as the word of men, but as it is in truth, the word of God, which effectually worketh also in you that believe.

There will be a moment in time when the spark of Christ Consciousness is first conceived in you. It comes after complete surrender, dedication and constant Dwelling in Stillness. And so, gather with me now, as we continue our Practice, to Acknowledge, Abide and Open our hearts and consciousness in readiness. ~Al Denninger

The Daily Lesson – March 19, 2020

“By desiring or willing it, we cannot, of ourselves, receive the Christ. It is an act of Grace, but It comes in a moment of unselfedness, when we are loving the Lord our God supremely and loving our neighbor as ourselves. In that split second of unselfedness, room is made in our consciousness for the entrance of that Seed, the Christ, and then, as we nurture It silently, secretly, and sacredly within ourselves, telling no man, eventually the Birth takes place, and it becomes evident that we are a new being, that we have ‘died’ to the old and been reborn to the new, that we have put off mortality and are being clothed upon with immortality.” ~Joel S Goldsmith

Zechariah 4:6 Not (KJV)

6 ...Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Galations 6:8 (KJV)

8 For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.

Romans 7:6 (KJV)

6 But now we are delivered from the law, that being dead wherein we were held; that we should serve in newness of spirit, and not in the oldness of the letter.

John 3:5-7 (KJV)

5 Jesus answered, Verily, verily, I say unto thee, Except a man be born of water and of the Spirit, he cannot enter into the kingdom of God.

6 That which is born of the flesh is flesh; and that which is born of the Spirit is spirit.

7 Marvel not that I said unto thee, Ye must be born again.

When silently and sacredly the Still Small Voice is Heard, Felt and Discerned, It is born our Soul, our Being, our New Life – Christ Appearing As. ~Al Denninger

The Daily Lesson – March 20, 2020

“This life of self-effacement is not a belittling of ourselves; it is not being overinterested in, or concerned with, ourselves. Rather is it practicing what was learned in the First Degree, watching our thoughts and inner feelings, keeping consciousness in line by means of the continuous acknowledgment of God, and holding our neighbor in our consciousness in the same light in which we would like to be held in the consciousness of our neighbor.” ~Joel S Goldsmith

Proverbs 3:5 lean,6 (to ,) (KJV)

5 ...lean not unto thine own understanding.

6 In all thy ways acknowledge him,

Matthew 6:10 Thy will (KJV)

6 ...Thy will be done in earth, as it is in heaven.

Surrender your desires of the self to the Father's will and His Love will Shine in, and through and As You. ~Al Denninger

The Daily Lesson – March 21 2020

“If we could, we would all prefer to be judged by whatever measure of spiritual light and divine sonship we have attained rather than as merely good human beings and certainly rather than as bad ones. If we could have our way, we would have all men overlook our human errors, and if we could rise high enough in spiritual consciousness, we would also have them resist any temptation to praise our human good. We would have them look through both the good and the evil, and behold God operating through and as us.” ~Joel S Goldsmith

Matthew 6:19-21 (KJV)

19 Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal:

20 But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal:

21 For where your treasure is, there will your heart be also.

John 5:19 (to 5th ,) (KJV)

19 Then answered Jesus and said unto them, Verily, verily, I say unto you, The Son can do nothing of himself,

Acts 17:28 (KJV)

28 For in him we live, and move, and have our being; as certain also of your own poets have said, For we are also his offspring.

John 7:24 (KJV)

24 Judge not according to the appearance, but judge righteous judgment.

Father, i can of mine own self do nothing....

If i look through my personal sense of life at the pictures brought to my thought, i may see possibilities like health or sickness, happiness or sadness, abundance or lack. I can watch as good seems to go bad. If i would like to correct an appearance in this-world, like bad into good, i am working on the level of this-world and my effort can turn out with a good or bad result.

When my heart is in Oneness with God my Judgment is not mine but God's Righteous Awareness and I am Living, Moving and Being in Him. ~al.within

The Daily Lesson – March 22 2020

“This is sowing to the Spirit and not to the flesh. This is the recognition of the spiritual integrity and identity of every person, so-called good or bad, in spite of appearances. It is a recognition of God as the central theme and true identity of all being, and then permitting that recognition to bring something new and different to light in the consciousness of those individuals.” ~Joel S Goldsmith

Romans 8:4,5 (KJV)

4 That the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit.

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

Romans 8:14 (KJV)

14 For as many as are led by the Spirit of God, they are the sons of God.

Romans 8:16,17 (to 2nd ;) (KJV)

16 The Spirit itself beareth witness with our spirit, that we are the children of God:

17 And if children, then heirs; heirs of God, and joint-heirs with Christ;

Matthew 5:16 (to 2nd ,) (KJV)

16 Let your light so shine before men, that they may see your good works,

Be Led by the Spirit of God and watch as Love cares for His flock. ~Al Denninger

The Daily Lesson – March 23 2020

“Loving our neighbor as ourselves, then, is giving our neighbor that same recognition of godliness that we give ourselves, regardless of the appearance of the moment. That neighbor may be the woman taken in adultery or the thief on the cross, but we have nothing to do with that. What we have to do with is to love all our neighbors by knowing their true nature, just as we would be loved by having them know our true nature, in spite of what outward appearance may temporarily be evident.” ~Joel S Goldsmith

John 13:34 (KJV)

34 A new commandment I give unto you, That ye love one another; as I have loved you, that ye also love one another.

John 13:34-35 (KJV)

7 Beloved, let us love one another: for love is of God; and every one that loveth is born of God, and knoweth God.

8 He that loveth not knoweth not God; for God is love.

Here's a question I often ask myself in meditation, "What would Jesus do?" He would be Loving as His Father does, and See all of God's Creation with pure and unconditional Love - Each Expression as Perfect as the next, for ever and ever. He would anoint each with their birthright, the Gift of Christ Consciousness. ~Al Denninger

The Daily Lesson – March 24 2020

“In the loving of God and the loving of our neighbor there is an unselfedness which creates something of a vacuum, an absence of an awareness of the little ‘I,’ insofar as I, Mary, or I, John, or I, Joel, am concerned. That little ‘I’ for the moment is absent, and in its absence conception takes place—the overshadowing by the Holy Ghost, the Annunciation, or the planting of the seed of the Christ within us.” ~Joel S Goldsmith

Colossians 1:25-29 (KJV)

25 Whereof I am made a minister, according to the dispensation of God which is given to me for you, to fulfil the word of God;

26 Even the mystery which hath been hid from ages and from generations, but now is made manifest to his saints:

27 To whom God would make known what is the riches of the glory of this mystery among the Gentiles; which is Christ in you, the hope of glory:

28 Whom we preach, warning every man, and teaching every man in all wisdom; that we may present every man perfect in Christ Jesus:

29 Whereunto I also labour, striving according to his working, which worketh in me mightily.

Psalms 23:2 (KJV)

2 He maketh me to lie down in green pastures: he leadeth me beside the still waters.

The seed of Christ is the Gift Love and Loves’ activity; it grows within us and Makes us His Instrument. There can be no little “i” self/agenda when we are About the Father’s Business. ~Al Denninger

The Daily Lesson – March 25 2020

“From then on we walk quietly, sacredly, and secretly with this inner Presence until It comes into visible manifestation. And if we are wise we take It down into ‘Egypt’ for a few years and hide It, until we are so thoroughly imbued with It, so thoroughly alive in It, that we can expose It to the gaze of the world and not be affected by the world's persecution of, or animosity toward, It, for the world always violently opposes any manifestation of the Christ.” ~Joel S Goldsmith

Genesis 46:2-4 (to :) (KJV)

2 And God spake unto Israel in the visions of the night, and said, Jacob, Jacob. And he said, Here am I.

3 And he said, I am God, the God of thy father: fear not to go down into Egypt; for I will there make of thee a great nation:

4 I will go down with thee into Egypt; and I will also surely bring thee up again:

Isaiah 41:1 (to :) (KJV)

1 Keep silence before me, O islands; and let the people renew their strength:

John 10: 32-38 (KJV)

32 Jesus answered them, Many good works have I shewed you from my Father; for which of those works do ye stone me?

33 The Jews answered him, saying, For a good work we stone thee not; but for blasphemy; and because that thou, being a man, makest thyself God.

34 Jesus answered them, Is it not written in your law, I said, Ye are gods?

35 If he called them gods, unto whom the word of God came, and the scripture cannot be broken;

36 Say ye of him, whom the Father hath sanctified, and sent into the world, Thou blasphemest; because I said, I am the Son of God?

37 If I do not the works of my Father, believe me not.

38 But if I do, though ye believe not me, believe the works: that ye may know, and believe, that the Father is in me, and I in him.

We must keep silence until such time we speak not from our own knowledge, but we Let the Father do the Speaking, and it will be Perfect. Only speak about what God has proven unto you. ~Al Denninger

The Daily Lesson – March 26 2020

“The Christ in the midst of us foreshadows the death and destruction of mortality, and it is to that mortality that the human race wants to cling: mortality in the form of its personal good, in the preservation of its personal self, in the preservation of either its personal fortune or national survival at the expense of anything or anyone else. The nature of mortality is such that it resists anything that would dethrone that personal sense of self. So it is that if we were to tell our friends and relatives how to live without taking thought for what they should eat, that they should pray for the enemy more than they pray for their friends, or that they must forgive seventy times seven, we would bring upon ourselves their criticism, judgment, condemnation, and eventually, if they had the power, crucifixion, albeit not in the same form as Jesus' crucifixion.” ~Joel S Goldsmith

Ezekiel 36:26,27 (KJV)

26 A new heart also will I give you, and a new spirit will I put within you: and I will take away the stony heart out of your flesh, and I will give you an heart of flesh.

27 And I will put my spirit within you, and cause you to walk in my statutes, and ye shall keep my judgments, and do them.

Luke 17:21 (KJV)

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

Luke 12:22,23 (KJV)

22 And he said unto his disciples, Therefore I say unto you, Take no thought for your life, what ye shall eat; neither for the body, what ye shall put on.

23 The life is more than meat, and the body is more than raiment.

Living in this-world, it is very easy to get caught up and distracted into thinking that we are somehow separate from the Life of Christ. Life within the Realm of God is a Life of Righteous Judgment. ~Al Denninger

The Daily Lesson – March 27 2020

“In Scripture there is that nine-month period before Mary brings forth the Christ-child, in other words, before the visible evidence of Christliness can be brought into manifestation. Then there is the flight into Egypt to hide the Babe, a two-year period in which It could grow so strong that later, without wavering, Jesus was able to mount the Cross, knowing full well that the hatred and mental malpractice of mankind—envy, jealousy, bigotry, lust, carnality—are not power.” ~Joel S Goldsmith

Isaiah 40:31 (KJV)

31 But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

Matthew 6:19-21 (KJV)

19 Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal:

20 But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal:

21 For where your treasure is, there will your heart be also.

Matthew 22:17-22 (KJV)

17 Tell us therefore, What thinkest thou? Is it lawful to give tribute unto Caesar, or not?

18 But Jesus perceived their wickedness, and said, Why tempt ye me, ye hypocrites?

19 Shew me the tribute money. And they brought unto him a penny.

20 And he saith unto them, Whose is this image and superscription?

21 They say unto him, Caesar's. Then saith he unto them, Render therefore unto Caesar the things which are Caesar's; and unto God the things that are God's.

22 When they had heard these words, they marvelled, and left him, and went their way.

I Corinthians 2:14

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

The natural man could never willingly mount the cross because his understanding of this-world is based on natural law. The Spirit of God is not aware of anything but It's Omniscient I that I Am - Peace, Love, Harmony, Abundance and Perfection – all infinite and forever. Christ Consciousness can walk right up to the cross and see it for what it is – nothing – and just smile and forgive the ignorant “Caesar's” of this-world that built it and Love them.

The question is, how does The Christ come into Experience? We Wait upon the Lord in stillness. ~Al Denninger

Matthew 6:6 (KJV)

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

I am with you now, and forever, Loving God...letting Him make me to lay down in green pastures... Feeling His Word, Guidance and Abundance... ~al.within

The Daily Lesson – March 28 2020

“It takes those two, and possibly more, symbolic years in ‘Egypt,’ even after the Christ has been born in us, to come to the full realization of the non-power of the carnal mind, the non-power of human or temporal power, whether that of Pilate, of the Sanhedrin, or of any other Goliath.” ~Joel S Goldsmith

Psalm 46:10 (to :) (KJV)

10 Be still, and know that I am God:

Stay focused on God for as long as it takes... to Know. ~Al Denninger

I Corinthians 8:6 (to ;) (KJV)

6 But to us there is but one God, the Father, of whom are all things, and we in him;

Acts 17:28 (KJV)

28 For in him we live, and move, and have our being; as certain also of your own poets have said, For we are also his offspring.

We come to the realization of the non-power of the mind when we Come to the Realization that there is only One Power. ~Al Denninger

The Daily Lesson – March 29 2020

“In our first experience of Christ-realization we may be tempted in our enthusiasm to expose It to the world, but in so doing we may lose It because it is only by degrees that the Christ is enabled to prove Itself to us, first in minor ways, and then ultimately in the ability to stand before our particular Pilate or to rise out of any tomb of sorrow, disease, trouble, or poverty.” ~Joel S Goldsmith

Matthew 10:19,20 (KJV)

19 But when they deliver you up, take no thought how or what ye shall speak: for it shall be given you in that same hour what ye shall speak.

20 For it is not ye that speak, but the Spirit of your Father which speaketh in you.

I Peter 4:11 (to :) (KJV)

11 If any man speak, let him speak as the oracles of God; if any man minister, let him do it as of the ability which God giveth:

When you speak about God, be His Instrument and be sure to Let God do the talking. This takes a great amount of practice... ~Al Denninger

The Daily Lesson – March 30 2020

“Being humanly good and living under the Ten Commandments is wise and necessary for all of us at a certain stage of our unfoldment but for those who have embarked on the spiritual path, it is vitally important to take a further step, and that is to embrace the two great Commandments, consciously living them until that point of self-surrender, that point of vacuum where we make way for the grace of God to establish the Christ-presence within us. This is our path; this is our goal.” ~Joel S Goldsmith

John 1:17 (KJV)

17 For the law was given by Moses, but grace and truth came by Jesus Christ.

II Corinthians 3:15-17 (KJV)

15 But even unto this day, when Moses is read, the veil is upon their heart.

16 Nevertheless when it shall turn to the Lord, the veil shall be taken away.

17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

Christ Consciousness is the Way, the Truth and the Life on the Spiritual Path.

~Al Denninger

This concludes our study of the Chapter 17 of the book “A Parenthesis in Eternity”.

Tomorrow we begin: CHAPTER XVIII – “The Function of the Mind”