

## “THE DAILY LESSON”

is an activity of the study group found at: [www.iwso.org](http://www.iwso.org)

The subject for our current study is the entire book

### “A Parenthesis in Eternity”

by Joel S Goldsmith

**THE DAILY LESSON**, an ongoing open class by Infinite Way Teacher [Al Denninger](#), is inspired by the message of Joel S. Goldsmith. In this Book Study we delve into Joel's books paragraph by paragraph, from cover to cover. I provide Scripture supporting his entire Work and an Impartation from my daily Experience. These classes appear [on my website](#) and by [email subscription](#) each day, for my students to take into their daily meditations and to carry with them throughout their day.

**Students Note:** In my teaching, the words that are capitalized throughout the work are not capitalized for emphasis. Instead, the purpose is to Lift the student into the Awareness that these words are a Synonym for, or an Activity of God. The portions that are *italicized* are spontaneous meditations.

## The Daily Lesson – June 23, 2019

### “CHAPTER XII

#### THE DISCOVERY OF THE SELF

And the Lord said unto Abram, after that Lot was separated from him. Lift up now thine eyes, and look from the place where thou art northward, and southward, and eastward, and westward:

For all the land which thou seest, to thee will I give it, and to thy seed for ever.  
Genesis 13:14, 15

Was God speaking only to Abraham? Does God speak only to a certain person, in a certain place, at a certain time? Or when the voice of God speaks, does it not speak to His son, wherever that Son is? Are not you and I that Son? Is not the Father saying to us, ‘Look out there. As far as you can see, I give this land to you, because all that I have is thine?’”

Luke 15:31 (KJV)

31 And he said unto him, Son, thou art ever with me, and all that I have is thine.

John 10:27-28 (KJV)

27 My sheep hear my voice, and I know them, and they follow me:

28 And I give unto them eternal life; and they shall never perish, neither shall any man pluck them out of my hand

Yes, dearest friends... All we have to do is Look Up to See our Inheritance and We will be Rooted in Holy Ground. ~Al Denninger

## The Daily Lesson – June 24, 2019

“Our astronauts have seen half the world at one time. They have encompassed this whole world, and for a few fleeting moments it was theirs. They had conquered it, and yet not by themselves, but by the *I* of all the scientists that made possible this feat— by the *I* that is you and the *I* that is *I*. We possess all this world— all the way to the moon. True, nobody has a guaranteed title to it: it is ours in joint-ownership, as joint-heirs in God:

*I have access to all the heavenly riches; I have access to all of the creative Principle of this world. I can look into infinity, claim it all, and enjoy as much of it as I need for my daily use. ~Joel S Goldsmith*

Matthew 6:19 (to ,), 20 (to ,) (KJV)

19 Lay not up for yourselves treasures upon earth,

20 But lay up for yourselves treasures in heaven,

Romans 8:14, 16, 17 (to 2<sup>nd</sup>;) (KJV)

14 For as many as are led by the Spirit of God, they are the sons of God.

16 The Spirit itself beareth witness with our spirit, that we are the children of God:

17 And if children, then heirs; heirs of God, and joint-heirs with Christ;

II Corinthians 3:3-5 (KJV)

3 Forasmuch as ye are manifestly declared to be the epistle of Christ ministered by us, written not with ink, but with the Spirit of the living God; not in tables of stone, but in fleshy tables of the heart.

4 And such trust have we through Christ to God-ward:

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

All that the Father hath is, was and always will be thine. Rest now with me in the Truth: the Universe is the Lord's and the fullness there of, and by the Grace of God and by Birthright, We are Included in it. ~Al Denninger

## The Daily Lesson – June 25, 2019

“In the materialistic way of life, it is a natural thing, humanly, for us to be proud of being American, Canadian, English, German, or whatever our nationality may be. But what happens to that swashbuckling materialism when we discover our Self, when we discover that we all are brothers and sisters, regardless of the flag that flies over us, the color of our skin, or the church to which we belong, and realize:

*Never am I limited to a country, to a nation, or to a state. I am limited only to the kingdom of God, and there I am of the household of God, heir of God, and joint-heir with every spiritual being in this great wide world of ours, of one great family, one great spiritual brotherhood.” ~Joel S Goldsmith*

Ephesians 2:19-22 (KJV)

19 Now therefore ye are no more strangers and foreigners, but fellowcitizens with the saints, and of the household of God;  
20 And are built upon the foundation of the apostles and prophets, Jesus Christ himself being the chief corner stone;  
21 In whom all the building fitly framed together groweth unto an holy in the Lord:  
22 In whom ye also are builded together for an habitation of God through the Spirit.

John 13:34 KJV)

34 A new commandment I give unto you, That ye love one another; as I have loved you, that ye also love one another.

Romans 12:2-6 (to ,) (KJV)

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.  
3 For I say, through the grace given unto me, to every man that is among you, not to think of himself more highly than he ought to think; but to think soberly, according as God hath dealt to every man the measure of faith.  
4 For as we have many members in one body, and all members have not the same office:  
5 So we, being many, are one body in Christ, and every one members one of another.  
6 Having then gifts differing according to the grace that is given to us,

There is One Source in One Kingdom with an infinite number of individual Expressions all working together for Good. ~Al Denninger

## **The Daily Lesson – June 26, 2019**

“To rise above the limitations of personal sense does not make us any less good citizens; in fact, it makes us better citizens, but better citizens because we respect the citizenship of other persons. Real citizenship is to live in fellowship, but this cannot be experienced until the nature of our true identity is understood, and then, whether we are Jew or Greek, bond or free, we are all of one spiritual household.” ~Joel S Goldsmith

I Corinthians 12:12,13 (KJV)

12 For as the body is one, and hath many members, and all the members of that one body, being many, are one body: so also is Christ.

13 For by one Spirit are we all baptized into one body, whether we be Jews or Gentiles, whether we be bond or free; and have been all made to drink into one Spirit.

I John 4:12 If,13 (KJV)

12 ...If we love one another, God dwelleth in us, and his love is perfected in us.

13 Hereby know we that we dwell in him, and he in us, because he hath given us of his Spirit.

As we rise above the mist of this-world and are Lifted into Christ Consciousness, we become God’s Activity of Love Loving. ~Al Denninger

## The Daily Lesson – June 27, 2019

“Nothing can establish permanent peace in the heart of an individual except the entrance into that heart of the Christ, the Spirit of God. As peace is established in the heart of the individual, ultimately it will be established in the world, a peace that comes, not by the knowledge of man, nor by the wisdom or power of man, but by the Spirit of God functioning as the consciousness of man.” ~Joel S Goldsmith

Isaiah 26:3 (KJV)

3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

Colossians 3:15 (KJV)

15 And let the peace of God rule in your hearts, to the which also ye are called in one body; and be ye thankful.

*Thank you Father for Your Love. It Came today as Harmony for those calling and asking, and for those afraid. My complete Trust is in Thee Father. I can of mine own self, do nothing without You... I embrace Your Peace and Hold it Up for All with Eyes to See... I do so without effort, and without agenda, just Love Loving... Just sitting here Basking in Your Peace... ~al.within*

## The Daily Lesson – June 28, 2019

“This Spirit which God has planted in the midst of each one of us seems to be absent because of our ignorance of Its presence, but when we become aware of this invisible, transcendental Presence as our Self, in that moment does It begin to function in our experience. We then become something more than creatures sentenced to earn our living by the sweat of our brow or to bring forth children in pain and suffering. No more are we separate and apart from God.” ~Joel S Goldsmith

Romans 8:9 (to .), 11 (KJV)

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

11 But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you.

The key words in today’s lesson are: “when we become Aware” and “if so be”. We are now, always were, and always will be, Included in God’s Kingdom. Here’s the part that is up to us: We can either be distracted from that Truth or Aware of it. You see? ~Al Denninger

## **The Daily Lesson – June 29, 2019**

“How could the son of God have any power other than to be the son of God? Is it possible for God to lose His son, or so to lose His power that He would allow one of His sons to wander from His household? God has never lost His dominion over the spiritual kingdom, and spiritual man has never left his Father's house. Just as there is no fallen man in the sense of God's man falling into a state of mortality, so it would be equally impossible for mortality ever to rise into immortality and become a child of God.” ~Joel S Goldsmith

Luke 15:31 (KJV)

31 And he said unto him, Son, thou art ever with me, and all that I have is thine.

The Truth is that we are always Included in The Kingdom of God – just sometimes we seem to get distracted by a thought or a sense of separation from The Kingdom. Any distraction from The Truth is a lie and does not do anything but lie. ~Al Denninger

## **The Daily Lesson – June 30, 2019**

“To know our true identity destroys the mortal sense of existence which has kept us earthbound. Earthbound! Some of us can remember how our cities and towns looked before there were automobiles on the streets and airplanes buzzing overhead. How earthbound we were! How limited we were to the little plot of ground where we lived! Even our work had to be close by because of the limitations of early forms of transportation.” ~Joel S Goldsmith

Matthew 18:18 (KJV)

18 Verily I say unto you, Whatsoever ye shall bind on earth shall be bound in heaven: and whatsoever ye shall loose on earth shall be loosed in heaven.

Luke 1:37 (KJV)

37 For with God nothing shall be impossible.

We are stuck in this-world if that is where our consciousness is holden. And so it is, we must open out a Way for the Imprisoned Splendor to Escape... ~Al Denninger

## **The Daily Lesson – July 1, 2019**

“The first release from that limitation came with the automobile which made it possible to travel as far as twenty, thirty, or forty miles in a single day. With that, our vision increased, and our knowledge grew because we could take in greater territory, meet more people, and come into contact with broader areas of life. How different life is now when we travel easily and comfortably four, five, or six hundred miles a day in an automobile! Almost simultaneously with the increased mobility made possible by the automobile came the day of the airplane which took us completely above the earth, and made our travels and our experience almost limitless. We were no longer earthbound. We had entered a new dimension of life.” ~Joel S Goldsmith

Job 32:8 (KJV)

8 But there is a spirit in man: and the inspiration of the Almighty giveth them understanding.

And so it is, I of mine own self can do nothing – the Spirit within doeth the Work.  
~Al Denninger

## The Daily Lesson – July 2, 2019

“But those who have experienced the limitlessness and boundlessness of the Spirit have gone far beyond the new dimension of the automobile and the airplane into still another dimension of life— unbelievably higher and wider.

Just as men were limited in the early days by the existing means of transportation, so are we earthbound by the belief in a limited being, a limited life, and a limited mind. The process of dropping this belief is exactly the same as the process of dropping our sense of limitation in regard to travel at sea, by automobile, or by airplane. It requires rising to a higher altitude of understanding, recognizing the laws of Spirit, and letting the sense of mortality drop away.” ~Joel S Goldsmith

John 16:13 (to :) (KJV)

13 Howbeit when he, the Spirit of truth, is come, he will guide you into all truth:

II Corinthians 5:1 (KJV)

5 For we know that if our earthly house of this tabernacle were dissolved, we have a building of God, an house not made with hands, eternal in the heavens.

Romans 8:4 (KJV)

4 That the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit.

Matthew 10:20 (KJV)

20 For it is not ye that speak, but the Spirit of your Father which speaketh in you.

The higher and higher we are Lifted, the more we let this-world's finite sense drop away and Let The Shepherd shepherd us. Ideas Come that never came before... Harmony becomes the Law of the House. ~Al Denninger

## The Daily Lesson – July 3, 2019

“The kingdom of God is, and always has been, perfect. What is called mortal existence not only is no part of God's kingdom, but cannot even evolve into God's kingdom. Mortal sense and mortal creation have no part in God, never have had, and cannot be returned to God. Mystical wisdom does not teach that a mortal is to become immortal, but that he must ‘die daily’ and be reborn of the Spirit, that is, he must awaken to the awareness of his true identity, and just as he would drop any illusion, so he must drop once and for all time the belief that he is fallen man.”  
~Joel S Goldsmith

John 12:24 (KJV)

24 Verily, verily, I say unto you, Except a corn of wheat fall into the ground and die, it abideth alone: but if it die, it bringeth forth much fruit.

I Corinthians 15:31 I die (KJV)

31 ... I die daily.

John 15:5 (KJV)

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

There is nothing to change; nothing to correct; nothing to reincarnate. There is only Truth to Realize. ~Al Denninger

## The Daily Lesson – July 4, 2019

“When we are unclothed of mortality and clothed with immortality, there is no fallen man: there is only the original, perfect man, the spiritual identity which is now, and always has been, intact, just as a child taken from a family of wealth and culture and brought up in poverty, possibly in sin, disease, and ignorance, is still the child with the same identity and potentiality with which he was originally born. He has merely been clothed upon with an illusory identity, but his name, identity, wealth, and all the other things that belonged to him at birth could be restored in any moment. This child did not fall: he is the same child he was at birth. All the experiences that he has gone through have merely been imposed upon him, but his original heritage and identity are what they were in the beginning.” ~Joel S Goldsmith

Romans 8:14 (KJV)

14 For as many as are led by the Spirit of God, they are the sons of God.

Genesis 1:31 (to .)

31 And God saw every thing that he had made, and, behold, it was very good

Isaiah 26:3 (KJV)

3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

Remain Focused. There is a Spirit within you that can See your Birthright. ~Al Denninger

## The Daily Lesson – July 5, 2019

“Ultimately, we shall all discover that our true identity is Christ, and although we may have been brought up as Jones, Brown, or Smith, our real name — our identity and our potentiality— is Christ, the spiritual offspring of God, In the moment that this truth is revealed to us, all that has been imposed upon us by human belief will drop away, and as soon as we begin to perceive our true nature and identity, it will not take long to become accustomed to the atmosphere of Spirit which is our original abiding place.” ~Joel S Goldsmith

Acts 17:26-28 (KJV)

26 And hath made of one blood all nations of men for to dwell on all the face of the earth, and hath determined the times before appointed, and the bounds of their habitation;

27 That they should seek the Lord, if haply they might feel after him, and find him, though he be not far from every one of us:

28 For in him we live, and move, and have our being; as certain also of your own poets have said, For we are also his offspring.

Galatians 5:22,23 (KJV)

22 But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith,

23 Meekness, temperance: against such there is no law.

*A New Beginning awaits... I am certain. I can Feel it. ~al.within*

## The Daily Lesson – July 6, 2019

“Bit by bit, as we pursue the spiritual path, as we realize that our real heritage and identity are in God and that we are of the household of God, living in fellowship with the children of God, we begin to lose pride in our family name and heritage, and, inwardly, we may take on a new name, indicating that we have come to a place when we identify ourselves with our Source. Now when we say *I*, understand that we are not speaking about five- foot-five or six-foot one of flesh, about a white skin or a black one, or about Occidental or Oriental features. Now we are identifying ourselves with our Source, which is God, the creative Principle of our being.” Joel S Goldsmith

Mark 1:18 (KJV)

18 And straightway they forsook their nets, and followed him.

John 18:36 (to :) (KJV)

36 Jesus answered, My kingdom is not of this world:

Romans 12:2 (KJV)

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

As we turn away from this-world consciousness its distraction has less and less effect on us – Consciousness begins to turn to God and Accept the Truth of Being. ~Al Denninger

## The Daily Lesson – July 7, 2019

“While we were living the materialistic life, we depended on relatives, friends, parents, husband, wife, children, employer, business, investments, and, in the end, on social security. How sad that the God-created, God-maintained, and God-sustained man should have to look forward to living on some pittance handed out to him near the end of his days— especially in the light of the truth that he is an heir of God. An heir of God, and thinking in terms of pittances! We have to make a transition from the materialistic concept that believes that we must earn our living by the sweat of our brow, or be dependent on someone else who is doing it for us. We have to come out and become separate from the atheistic belief that we do not have contact with Infinity, with our Source.” ~Joel S Goldsmith

II Corinthians 12:9 (to:) (KJV)

9 And he said unto me, My grace is sufficient for thee:

Matthew 6:33 (KJV)

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Luke 15:31 (KJV)

31 And he said unto him, Son, thou art ever with me, and all that I have is thine.

You are now, always were and ever will be Included in The Kingdom of God and All of Its Harmony and Splendor. But you don't really need to Receive the whole sufficiency at once, do you?.... Just be Present and Be happy, There where you are... Let the Father put the words in your mouth that you need in the moment - and the Food on your table a portion at a time – and His never-ceasing Love in your Heart and Through Your Heart to where it wants to Shine.

Slow down - Be Present with no agenda. Just Be.... Baby steps.... You have infinity to Hear and Receive a little more each day in your daily Serving of manna, right? ~Al Denninger

## The Daily Lesson – July 8, 2019

“Let us in this moment do away with the belief of being that fallen man who in some way or other has to struggle back to the kingdom of God, and let us realize here and now:

*I and the Father are one. The Father is Spirit, and I am the off-spring of that Spirit, therefore I am spiritual. I am of the household of God, under the dominion of God, ‘joint-heir to all the heavenly riches’ by virtue of the Spirit of God that dwells in me.” ~Joel S Goldsmith*

I Corinthians 3:16 (KJV)

16 Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?

There is no fallen-man who must struggle and sacrifice to reconnect to the Kingdom of God – there is only a period of thinking-man who is temporarily distracted from what Truly Is. ~Al Denninger

## The Daily Lesson – July 9, 2019

*“God has never removed His Spirit from me, and certainly no man has the power to undo the work of God. The Spirit of God that dwelt in me in the beginning must be the Spirit of God that dwells in me now, awaiting first, recognition, then, acknowledgment, and finally, realization.” ~Joel S Goldsmith*

Romans 8:38, 39 (to 4th ,) (KJV)

38 For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come,

39 Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God,

Psalm 46:10 (KJV)

10 Be still, and know that I am God:

Ephesians 3:14-19 (KJV)

14 For this cause I bow my knees unto the Father of our Lord Jesus Christ,

15 Of whom the whole family in heaven and earth is named,

16 That he would grant you, according to the riches of his glory, to be strengthened with might by his Spirit in the inner man;

17 That Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love,

18 May be able to comprehend with all saints what is the breadth, and length, and depth, and height;

19 And to know the love of Christ, which passeth knowledge, that ye might be filled with all the fulness of God.

*Father, I can of mine own self do nothing, Father, and I don't even want to.... I am so content to Feel Your constant Love and Your Direction from within. I gratefully Watch As You invisibly provide everything required for the fulfillment of Your will.... I am Loving You. And, I know that You will never leave me, or forsake me. Your faithful student and servant, ~al.within*

## The Daily Lesson – July 10, 2019

“Something must sing within us that this is true, or else we are in the untenable position of having to acknowledge that God is not omnipotent, that God permitted His son to fall, that God made possible the failure of man to live, move, and have his being in God, or that God instigated the Fall. How can we ascribe such things to God? How can we believe that there is a God capable of losing a Son—even one Son out of all the billions of Sons that have been manifested as form? How could we trust such a God or have faith in the infinite capacity of God, if we also believed that a son of God could be lost out of the kingdom or that one single child of God could go astray with or without the knowledge of God? If God is all-knowing— and God is— then nobody wanders out of the kingdom of heaven without God's knowing it, not even a sparrow.” ~Joel S Goldsmith

Psalms 23:1 (KJV)

1 The Lord is my shepherd; I shall not want.

Isaiah 40:11 (KJV)

11 He shall feed his flock like a shepherd: he shall gather the lambs with his arm, and carry them in his bosom, and shall gently lead those that are with young.

Psalms 23:4 (to ;) (KJV)

4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me;

Matthew 28:20 and (to 3rd ,) (KJV)

20 ... and, lo, I am with you alway,

Psalms 91:2 (KJV)

2 I will say of the Lord, He is my refuge and my fortress: my God; in him will I trust.

God is unceasing and unconditional Love - so, there is never a moment when God does not Love You. Rest back with me now, and bask in this blissful Assurance of Love Loving. ~Al Denninger

## **The Daily Lesson – July 11, 2019**

“We have never left the kingdom of God: we have never left the jurisdiction and government of God; we have never come under any law but the law of God, and have never lived any life but the life of God. God-life is the life of all being, and there never has been any other.” ~Joel S Goldsmith

I Corinthians 8:6 (to ;) (KJV)

6 But to us there is but one God, the Father, of whom are all things, and we in him;

Romans 11:36 (KJV)

36 For of him, and through him, and to him, are all things: to whom be glory for ever. Amen.

We are forever Included in Omnipresence. ~Al Denninger

## The Daily Lesson – July 12, 2019

“Whether man accepted the belief of limitation in the form of being confined to the earth and not able to travel on water, or in the air, or of being able to travel only a few miles in a day, let us understand that all these limitations are not, and never were, actual limitations: they were but due to man's ignorance of the laws governing these activities. These laws have always been available to man, and at any time a knowledge and application of them would have enabled him to rise above his bondage to the earth. They became practical in his experience, however, only when he was able to open himself to receive the wisdom that is beyond the visible.” ~Joel S Goldsmith

James 1:5 (KJV)

5 If any of you lack wisdom, let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall be given him.

Matthew 19:26 (KJV)

26 But Jesus beheld them, and said unto them, With men this is impossible; but with God all things are possible.

Man's thought is generous but limited to within its scope - Omniscience Infinitely Unfolds. ~Al Denninger

## The Daily Lesson – July 13, 2019

“So we enter the Fourth Dimension of life in the same way, by realizing that we need not be earthbound. Being earthbound or limited to the three-dimensional world is only a sense of limitation that has been imposed upon us because of our ignorance of that transcendental consciousness which is our heritage. It was our birthright, and it is ours now because the kingdom of God cannot be restricted or limited, nor remain forever hidden. We do not have to fight our way back to God; we do not have to find God: we have only to open our consciousness in the assurance that God could never lose us. How could God lose His Self? His Self is our Self, for there is but one Self.” ~Joel S Goldsmith

Psalms 23:1-6 (KJV)

- 1 The Lord is my shepherd; I shall not want.
- 2 He maketh me to lie down in green pastures: he leadeth me beside the still waters.
- 3 He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.
- 4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.
- 5 Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.
- 6 Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.

Matt 6:8 for (KJV)

- 8 ...for your Father knoweth what things ye have need of, before ye ask him.

TRUTH is within ourselves; it takes no rise  
From outward things, whate'er you may believe.  
There is an inmost center in us all,  
Where truth abides in fullness; and around,  
Wall upon wall, the gross flesh hems it in,  
This perfect, clear perception – which is truth.  
A baffling and perverting carnal mesh  
Binds it, and makes all error: and, to KNOW,  
Rather consists in opening out a way  
Whence the imprisoned splendour may escape,  
Than in effecting entry for a light  
Supposed to be without.  
-Robert Browning

John 10:30 (KJV)

- 30 'I' and my Father are one.

The Truth is always the same... All we ever have to do it to Realize that: I am Included in Omnipresence, always was and always will be. ~Al Denninger

## The Daily Lesson – July 14, 2019

“Your Selfhood is the unconditioned Self. So is my Selfhood. It is wholly spiritual: It is, in fact, Spirit Itself, which has no race, nationality, or religion. This Selfhood of you and of me co-exists with God, has co-existed with God in the Is-ness which God is — without beginning and without ending— and this Selfhood has known individual expression throughout all time. You are this Selfhood, and I am this Selfhood, living as one of God's incarnations; and that Selfhood remains eternal in the heavens, untouched and unaffected by the surroundings in which we find ourselves. With birth, however, there has sprung up around the one Self a sense of human identity, and from the moment of conception this begins to be identified with its surroundings.” ~Joel S Goldsmith

John 8:58 (KJV)

58 Jesus said unto them, Verily, verily, I say unto you, Before Abraham was, I am.

I Corinthians 12:13 (KJV)

13 For by one Spirit are we all baptized into one body, whether we be Jews or Gentiles, whether we be bond or free; and have been all made to drink into one Spirit.

Revelation 22:13 (KJV)

13 I am Alpha and Omega, the beginning and the end, the first and the last.

Luke 12:25 (KJV)

25 And which of you with taking thought can add to his stature one cubit?

You were; we were; they were.

You are; we are; they are.

You will be; we will be; they will be -  
are all Included in I AM.

(Taking thought is like removing the 4<sup>th</sup> line above)

~Al Denninger

## **The Daily Lesson – July 15, 2019**

“Selfhood Itself, the Selfhood of you and of me, is unconditioned, and therefore, in the actual realization of our previous life-experience, it becomes possible to know the unconditioned freedom of the Self, to be wholly and completely free of national, racial, and religious theories and doctrines, and all inhibitions or conditionings.” ~Joel S Goldsmith

John 7:24 (KJV)

24 Judge not according to the appearance, but judge righteous judgment.

John 8:32 (KJV)

32 And ye shall know the truth, and the truth shall make you free.

God is Pure Love and cannot judge or withhold, It can Only Love. Be still with Me now and Let Love Flow Into you, and Through you and As you... ~Al Denninger

## The Daily Lesson – July 16, 2019

“To accept intellectually the truth that we are that unconditioned Self is one thing, but to experience It in a measure is another thing, and to experience It in Its completeness is quite another. A step leading to the realization of the absolute, unconditioned Self is to experience the Self as It lived in Its previous incarnations, or at least in some of these, so that it becomes possible to live free of one's immediate surroundings, or free of the surroundings of this present incarnation.”  
~Joel S Goldsmith

John 8:58 (KJV)

58 Jesus said unto them, Verily, verily, I say unto you, Before Abraham was, I am.

There never was a time when the I that I am was not Present.

*Be still and Know that I am with you.... ~al.within*

## The Daily Lesson – July 17, 2019

“When I have been able to see myself as an American, as a Hebrew of two thousand years ago, as an Arabian, or as a Chinese, it is a simple matter to see the trappings that have attached themselves to me in each of these incarnations, and to see that the *I* never came down to the level of these trappings or conditionings, but remained, as It always is, the Self. Then, and then only, did I have the ultimate experience of realizing the unconditioned, absolute Self. In this, of course, I see it is possible to have been either male or female, white or black, Occidental or Oriental, and although the Self that *I* am has never been any of these, yet It has drawn unto Itself all of these as the need was established for the particular experience at specific times.” ~Joel S Goldsmith

Matthew 24:35 (KJV)

35 Heaven and earth shall pass away, but my words shall not pass away.

Matthew 17:1-9 (KJV)

1 And after six days Jesus taketh Peter, James, and John his brother, and bringeth them up into an high mountain apart,

2 And was transfigured before them: and his face did shine as the sun, and his raiment was white as the light.

3 And, behold, there appeared unto them Moses and Elias talking with him.

4 Then answered Peter, and said unto Jesus, Lord, it is good for us to be here: if thou wilt, let us make here three tabernacles; one for thee, and one for Moses, and one for Elias.

5 While he yet spake, behold, a bright cloud overshadowed them: and behold a voice out of the cloud, which said, This is my beloved Son, in whom I am well pleased; hear ye him.

6 And when the disciples heard it, they fell on their face, and were sore afraid.

7 And Jesus came and touched them, and said, Arise, and be not afraid.

8 And when they had lifted up their eyes, they saw no man, save Jesus only.

9 And as they came down from the mountain, Jesus charged them, saying, Tell the vision to no man, until the Son of man be risen again from the dead.

The Experience that Joel and Scripture are talking about is not at the level of this-worlds consciousness. Don't try to make that so.... The Seeing/Realizing Experience is at an Altitude of Spirit to Spirit, Soul to Soul Consciousness. The Experience is in Infinite Awareness and without effort. ~Al Denninger

## The Daily Lesson – July 18, 2019

“This realization of our Self enables us either to surrender this present incarnation, or to remain in it, and yet not be of it or conditioned by it, but to live always as the Self. In this realization, we become the universal Self, or the Self of all others, more especially of those with whom we come in close contact.” ~Joel S Goldsmith

I John 4:4 (KJV)

4 Ye are of God, little children, and have overcome them: because greater is he that is in you, than he that is in the world.

Romans 12:2 (KJV)

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God

*I can of mine own self do nothing... When I am Lifted into Christ Consciousness there is no other world. ~al.within*

John 12:32 (KJV)

32 And I, if I be lifted up from the earth, will draw all men unto me. [Me, as Christ Consciousness]

## The Daily Lesson – July 19, 2019

“Separate and apart from our fellow man, there is no God to worship, no God to love, and no God to serve. We are loving God only as we love our fellow man; we are worshiping God only when we are serving our fellow man.” ~Joel S Goldsmith

Matthew 22:34-40 (KJV)

34 But when the Pharisees had heard that he had put the Sadducees to silence, they were gathered together.

35 Then one of them, which was a lawyer, asked him a question, tempting him, and saying,

36 Master, which is the great commandment in the law?

37 Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind.

38 This is the first and great commandment.

39 And the second is like unto it, Thou shalt love thy neighbour as thyself.

40 On these two commandments hang all the law and the prophets.

Be Love Loving. ~Al Denninger

## **The Daily Lesson – July 20, 2019**

“When Jesus taught, ‘He that seeth me seeth him that sent me,’ when he referred to your Father and my Father, was he claiming to be God's only child, or was he not rather speaking about a universal relationship? Is there any God separate and apart from man? Has not God manifested and revealed Himself on earth as man, and when we look upon one another, are we not seeing the Father that created you and me and sent us forth into expression? And since you and your Father are one, in serving you, I am serving my Father; in loving you, I am loving my Father.”  
~Joel S Goldsmith

Ephesians 5:2 (to 2<sup>nd</sup>,) (KJV)

2 And walk in love, as Christ also hath loved us,

We are all Individual Expressions of God Loving Himself. ~Al Denninger

## The Daily Lesson – July 21, 2019

“There is no God up in the sky, or down below in the earth or the sea, ‘The kingdom of God is within you.’ If we are to find that Kingdom, therefore, we shall have to seek inside to find it, for that is where it is; and if we wish to show our love for God, we shall have to express love to one another because that is where we will find the God to love. If we want to serve God, we had better learn to serve one another, because only in that way can we serve the Father that sent you and me into expression.” ~Joel S Goldsmith

Luke 17:20-21 (KJV)

20 And when he was demanded of the Pharisees, when the kingdom of God should come, he answered them and said, The kingdom of God cometh not with observation:

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

John 20:21 (KJV)

21 Then said Jesus to them again, Peace be unto you: as my Father hath sent me, even so send I you.

And so it is, dear Friends, I go within to Serve You.

*Thank you Father, for the privilege and for Pointing The Way... I will feed Thy sheep as you have Directed and Supplied me to do.... ~al.within*

## The Daily Lesson – July 22, 2019

“Every bit of love that we express is a love that is expressed to us. When we are expressing love impersonally to the downtrodden and abandoned people of the world, we are really expressing love to ourselves because the Self of those others is the Self of us. This is the Way: there is but one Self. I am that Self; and I am that Self even if I am appearing as you. I am that Self, even when I am appearing as the beggar or the thief. Is it not easy, then, to forgive, knowing that I am forgiving myself, that I am forgiving my own ignorance, forgiving my ignorance even when it appears as someone else?” Joel S Goldsmith

Philippians 4:13 (KJV)

13 I can do all things through Christ which strengtheneth me.

Mark 12:31 (KJV)

31 And the second is like, namely this, Thou shalt love thy neighbour as thyself. There is none other commandment greater than these.

John 15:9 (KJV)

9 As the Father hath loved me, so have I loved you: continue ye in my love.

John 10:30

30 I and my Father are one.

We don't do any of the Loving or forgiving - the Christ Consciousness within us Loves so unconditionally.... ~Al Denninger

## The Daily Lesson – July 23, 2019

“Love is the fulfilling of the law.’ Therefore, love is the Way, and this means the love that I express, for I am the Way. I must express love, forgiveness, and patience; I must pray that the light of the world be revealed even in the darkest consciousness. I must do unto others as I would have others do unto me, because the I of me is the I of the other: we are one. The Self of me is the Self of you, because there is only one Self, and this is God's Self. This is oneness; this is divine sonship. The spiritual way of life is a recognition of oneness, sonship.”  
~Joel S Goldsmith

Matthew 5:43-48 (KJV)

43 Ye have heard that it hath been said, Thou shalt love thy neighbour, and hate thine enemy.

44 But I say unto you, Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you;

45 That ye may be the children of your Father which is in heaven: for he maketh his sun to rise on the evil and on the good, and sendeth rain on the just and on the unjust.

46 For if ye love them which love you, what reward have ye? do not even the publicans the same?

47 And if ye salute your brethren only, what do ye more than others? do not even the publicans so?

48 Be ye therefore perfect, even as your Father which is in heaven is perfect.

Psalm 86:15 (KJV)

15 But thou, O Lord, art a God full of compassion, and gracious, long suffering, and plenteous in mercy and truth.

Yes, dear friends, in order to Be God's Activity of Love, we actually become Unconditional Love - As the Father is Perfect.

A good place to start your Spiritual Journey is to Practice Being the Father's Love [Omni-Love] or at least being Aware of The Father's Love - just like we have learned to Practice the Presence many times previously in these studies. As we Love God we automatically Love every Expression of God, in which of course, everyone is Included. When we See the Truth of All Being with our Christ Consciousness no one is ever left out, excluded or being punished for thinking or acting like they are separate or apart from God. No sin or distraction is ever excluded.

I shall take you into paradise this very moment, because I See the I of You. ~Al Denninger

## The Daily Lesson – July 24, 2019

“The Way brings the recognition that the / of me and the / of you are one and the same /. The / AM that / am is the / AM that you are, because this is the / AM that God is, and God is the / AM which is the / AM of you and the / AM of me. Therefore, the recognition of / AM-ness is the Way.” ~Joel S Goldsmith

John 14:6 (to :) (KJV)

6 Jesus saith unto him, I am the way, the truth, and the life:

John 8:31,32 (KJV)

31 Then said Jesus to those Jews which believed on him, If ye continue in my word, then are ye my disciples indeed;

32 And ye shall know the truth, and the truth shall make you free.

And so, we continue in The Way, by Practicing the Truth of God’s Life and His Love, without ceasing. I am the Harmony that is Present forever Now. There is only one way to Know it – not in your head but deep in your Soul – and that is to Feel the I Am Presence within. There will be no question, no doubt or forgetting the Experience for the rest of your life. And all that will be left is a Smile that never ends. ~Al Denninger

## The Daily Lesson – July 25, 2019

“It is some measure of this realization that enables us to live as if I am you and you are the I that I am, and therefore we are one; and since all that the Father has belongs to me, all that I have also is yours. This is a state of consciousness which is a step beyond doing unto others as we would have others do unto us, because it recognizes that the Self of us in the Self of the other, and therefore, all that we are doing is always done unto the Self that we are.” ~Joel S Goldsmith

John 17:21-23 (to ;) (KJV)

21 That they all may be one; as thou, Father, art in me, and I in thee, that they also may be one in us: that the world may believe that thou hast sent me.

22 And the glory which thou gavest me I have given them; that they may be one, even as we are one:

23 I in them, and thou in me, that they may be made perfect in one;

Romans 12:5 (KJV)

5 So we, being many, are one body in Christ, and every one members one of another.

I Corinthians 12:12-14 (KJV)

12 For as the body is one, and hath many members, and all the members of that one body, being many, are one body: so also is Christ.

13 For by one Spirit are we all baptized into one body, whether we be Jews or Gentiles, whether we be bond or free; and have been all made to drink into one Spirit.

14 For the body is not one member, but many.

There is no Life separate or apart from God. ~Al Denninger

## The Daily Lesson – July 26, 2019

“There are no boundaries in the spiritual relationship, for there is only one / AM, and that / AM is universal, individually manifested and expressed as every individual, past, present, and future. I AM is the Way, and the more we dwell in the remembrance of our true identity, the closer we are living to the Way.” ~Joel S Goldsmith

John 14:6 (KJV)

6 Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me.

The ‘/’ and the ‘Me’ that Jesus is speaking about is the Infinite Omnipresent ‘/’, the Source of all Being, not he of his own personal self. ~Al Denninger

John 5:31 (KJV)

31 If I bear witness of myself, my witness is not true.

John 15:5 (KJV)

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

The ‘/’ is the Vine, and that Includes the Branches and the Fruit. ~Al Denninger

Psalms 91:1 (KJV)

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

Dwell with *Me* and Live The Infinite Way of Life. ~Al Denninger

## The Daily Lesson – July 27, 2019

“I AM-ness is oneness, divine sonship, and because of this sonship, we have a spiritual relationship of brotherhood based on the understanding of our oneness with our Source. The Way is oneness; the Way is love; the Way is the recognition of our true identity as the son of God; the Way is the recognition of the nature of the son.” ~Joel S Goldsmith

I John 4:16 (KJV)

16 And we have known and believed the love that God hath to us. God is love; and he that dwelleth in love dwelleth in God, and God in him.

Mark 1:3 (KJV)

3 The voice of one crying in the wilderness, Prepare ye the way of the Lord, make his paths straight.

Stay focused. Be patient...

Dwell with Me, now, gathered together as One, Loving God.

*Speak Lord, thy servant heareth... ~al.within*

## **The Daily Lesson – July 28, 2019**

“The goal of mysticism is the attainment of the realization of one’s self as Self, so that Life is a continuing experience of the Self, with a coming down to the personal sense of self only for the purpose of the immediate work to be done. The attainment of the mystical estate is, of course, the ascension out of the personal sense of life into the experience of life as the Universal and the Divine.” ~Joel S Goldsmith

I Corinthians 3:16-17 (KJV)

16 Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?

I Peter 1:16 (KJV)

16 Because it is written, Be ye holy; for I am holy

Our goal is to rise above the personal sense of this-world and into the Realm of the Infinite Invisible Spiritual Self Within that Is, was and always will Be. ~Al Denninger

## The Daily Lesson – July 29, 2019

*“I AM is the Way, I AM is the life of me and the life of you. I AM is the immortality of you. I AM is the divine Grace by which we live. And this is the basis of all mysticism.” ~Joel S Goldsmith*

John 14:5,6 (to :) (KJV)

5 Thomas saith unto him, Lord, we know not whither thou goest; and how can we know the way?

6 Jesus saith unto him, I am the way, the truth, and the life:

II Peter 1:2 (KJV)

2 Grace and peace be multiplied unto you through the knowledge [Awareness] of God, and of Jesus our Lord,

And so we practice being Aware of the Truth. I Am the True Self within... The Way is never hidden, or withheld, but taking thought can distract us into searching without for that which is within. ~Al Denninger

This concludes our study of the Chapter 12 of the book “A Parenthesis in Eternity”.

Tomorrow we begin:

PART TWO

RISING OUT OF THE PARENTHESIS

Attaining the Mystical Consciousness

CHAPTER XIII

THE UNILLUMINED AND THE ILLUMINED