

## “THE DAILY LESSON”

is an activity of the study group found at: [www.iwso.org](http://www.iwso.org)

The subject for our current study is the entire book

### “A Parenthesis in Eternity”

by Joel S Goldsmith

**THE DAILY LESSON**, an ongoing open class by Infinite Way Teacher [Al Denninger](#), is inspired by the message of Joel S. Goldsmith. In this Book Study we delve into Joel's books paragraph by paragraph, from cover to cover. I provide Scripture supporting his entire Work and an Impartation from my daily Experience. These classes appear [on my website](#) and by [email subscription](#) each day, for my students to take into their daily meditations and to carry with them throughout their day.

**Students Note:** In my teaching, the words that are capitalized throughout the work are not capitalized for emphasis. Instead, the purpose is to Lift the student into the Awareness that these words are a Synonym for, or an Activity of God. The portions that are *italicized* are spontaneous meditations.

## The Daily Lesson – December 29, 2019

### “Chapter XVI

#### THE SECRET OF THE WORD MADE FLESH

*In the beginning was the Word, and the Word was with God, and the Word was God.*

*The same was in the beginning with God.*

*All things were made by him; and without him was not any thing made that was made.*

*In him was life; and the life was the light of men.*

*And the light shineth in darkness; and the darkness comprehended it not.*

*There was a man sent from God, whose name was John.*

*The same came for a witness, to bear witness of the light, that all men through him might believe.*

*He was not that Light, but was sent to bear witness of that Light.*

*That was the true Light, which lighteth every man that cometh into the world.*

*He was in the world, and the world was made by him, and the world knew him not.*

*He came unto his own, and his own received him not.*

*But as many as received him, to them gave he power to become the sons of God, even to them that believe on his name:*

*Which were born, not of blood, nor of the will of the flesh, nor the will of man, but of God.*

*And the Word was made flesh, and dwelt among us, (and we beheld his glory, the glory as of the only begotten of the Father,) full of grace and truth.*

*John 1:1-14*

The Word becomes flesh, that is, the Word becomes the son God in the consciousness of men. The consciousness of most men is dark so that it cannot receive or believe in the son of God. But to those who can receive, to those who have some measure of spiritual intuition, to them the son of God can come and be received, and because the son of God can be received even by one person in all the world, that makes it possible for all men, for us, too, to become sons of God." ~Joel S Goldsmith

I Corinthians 2:14

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

Romans 8:14

14 For as many as are led by the Spirit of God, they are the sons of God.

An unilluminated consciousness is lifted in direct proportion to how much it lets God Lead. God's Love is unconditional, so it's not possible to withhold His Love from anyone. ~Al Denninger

## The Daily Lesson – December 30, 2019

“All the mystics of the world have revealed that there is but one Selfhood, one Ego, one infinite Being. God created individual being, individual you and me, in the image and likeness of Himself, not through the act of human conception and birth, but He sent man forth into expression as the showing forth of all that He is and has—and this without any processes.” ~Joel S Goldsmith

Genesis 1:27 (to ;) (KJV)

27 So God created man in his own image, in the image of God created he him;

II Corinthians 3:18 (KJV)

18 But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.

We are all God’s individual Expression of Life. Every Expression is unique – and every Expression is forever Included in the continuous operation of His Kingdom.  
~Al Denninger

## The Daily Lesson – December 31, 2019

“Because of this spiritual relationship with God, man is one with his Creator even though at some remote time he left his Father's house and decided to be something of himself, thereby becoming the Prodigal. He was not satisfied to share the Father's wisdom, His wealth, and His grace, so when he wandered away from the Father's house, from that divine I, he took unto himself the personal sense of ‘I,’ trying to make his way by means of his own efforts, wisdom, and strength, but failing—failing miserably. There in essence is the whole story of the human race. It is the story of the ‘natural man’ who is not under the law of God.” ~Joel S Goldsmith

Zechariah 4:6 Not (KJV)

6 ...Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Luke 15:11-16 (KJV)

11 And he said, A certain man had two sons:

12 And the younger of them said to his father, Father, give me the portion of goods that falleth to me. And he divided unto them his living.

13 And not many days after the younger son gathered all together, and took his journey into a far country, and there wasted his substance with riotous living.

14 And when he had spent all, there arose a mighty famine in that land; and he began to be in want.

15 And he went and joined himself to a citizen of that country; and he sent him into his fields to feed swine.

16 And he would fain have filled his belly with the husks that the swine did eat: and no man gave unto him.

Proverbs 3:5-6 (KJV)

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

We wander away from the Father's house every time we think we can of our own selves do something. Only through Illumination do we begin to dissolve inharmony. Be still. Go within, go home to where The Father Is, and in deep Trust, receive His all. ~Al Denninger

## The Daily Lesson – January 1, 2020

“That has been the experience of every one of us. Before we understood the nature of God and of individual being, we perhaps thought of God as some far-off being, probably sitting on a cloud or up in heaven, a sort of superhuman Father who rewarded us when we were good — if He happened to notice it — and who punished us when we were evil, which He always noticed. In those darkened days God as a kind of super-Santa Claus, who, if we succeeded in pleasing, might condescend to do something for us, and who, if we displeased, would hold us in some kind of darkness or inflict some punishment upon us.” ~Joel S Goldsmith

I John 4:6-8 (KJV)

6 We are of God: he that knoweth God heareth us; he that is not of God heareth not us. Hereby know we the spirit of truth, and the spirit of error.

7 Beloved, let us love one another: for love is of God; and every one that loveth is born of God, and knoweth God.

8 He that loveth not knoweth not God; for God is love.

I John 3:1-2 (KJV)

1 Behold, what manner of love the Father hath bestowed upon us, that we should be called the sons of God: therefore the world knoweth us not, because it knew him not.

2 Beloved, now are we the sons of God, and it doth not yet appear what we shall be: but we know that, when he shall appear, we shall be like him; for we shall see him as he is.

God is the activity of Love Loving. Unconditional Love can never be withheld.  
~Al Denninger

## The Daily Lesson – January 2, 2020

“In that darkened stage we had to rely on ourselves alone for our progress through life, earn our living by the sweat of our brow, go through life subject to all its laws—health, economic, and legal—many of them unsound and unjust, and live under the domination, sometimes of family and sometimes of government. We had no access whatsoever to anything of a spiritual nature that could solve our problems for us or be of any help in an emergency. We were human beings, unenlightened, unilluminated; we were in darkness; we entertained a sense of a selfhood apart from God. God was a million light years away, beyond the stars; and in that sense of separation we believed that our sins and those of all our forebears were operating to keep us from God.” ~Joel S Goldsmith

Isaiah 59:1-2 (KJV)

1 Behold, the Lord's hand is not shortened, that it cannot save; neither his ear heavy, that it cannot hear:

2 But your iniquities have separated between you and your God, and your sins have hid his face from you, that he will not hear.

Proverbs 3:5 (lean) (KJV)

5 ...lean not unto thine own understanding.

I Corinthians 13:11,12 (KJV)

11 When I was a child, I spake as a child, I understood as a child, I thought as a child: but when I became a man, I put away childish things.

12 For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known.

No matter what man calls it, there is only one sin or iniquity, and that is to entertain a sense of separation from God. There is never any real separation – only an unilluminated, erroneous or distracted thought. ~Al Denninger

## The Daily Lesson – January 3, 2020

“In our innermost hearts we felt dissatisfied and incomplete because we had not shown forth the wealth of the son of God, nor the health and perfection of life eternal. Feeling that absence, that sense of separateness and that incompleteness, we reached within ourselves and asked, ‘O God, where art Thou? Is there a God, or have I been deluded? Is there a supreme Being, or have I been fooling myself in trying to find One?’” ~Joel S Goldsmith

Psalm 22:1

1 My God, my God, why hast thou forsaken me? why art thou so far from helping me, and from the words of my roaring?

We all go through steps and stages of doubt, questioning and pleading... It is due to being taught by universal thought that we are supposed to – of our own selves – strive in this-world for our good. We feel alone, afraid and unsure without connection to our Source. What is important is to immediately stop, really stop in our tracks, and regain our focus... ~Al Denninger

James 4:8

8 Draw nigh to God, and he will draw nigh to you. Cleanse your hands, ye sinners; and purify your hearts, ye double-minded.

There is one God and – only God Expressed As. ~Al Denninger

## The Daily Lesson – January 4, 2020

“This inner pleading testified to the vacuum somewhere within us, and this vacuum cried out to be filled. This vacuum, or sense of separation, may have appeared in us as sin, false appetite, disease, or poverty. What difference the form? However it appeared, it was really a sense of incompleteness, and this brought about within us a longing to be complete and whole. We may have interpreted this as a longing to be healthy, or to have a sufficiency of supply, or as a longing for companionship, but deep within us, our real longing was to be reunited with our Source.” Joel S Goldsmith

Matthew 4:1-10 (KJV)

1 Then was Jesus led up of the Spirit into the wilderness to be tempted of the devil.

2 And when he had fasted forty days and forty nights, he was afterward an hungered.

3 And when the tempter came to him, he said, If thou be the Son of God, command that these stones be made bread.

4 But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.

5 Then the devil taketh him up into the holy city, and setteth him on a pinnacle of the temple,

6 And saith unto him, If thou be the Son of God, cast thyself down: for it is written, He shall give his angels charge concerning thee: and in their hands they shall bear thee up, lest at any time thou dash thy foot against a stone.

7 Jesus said unto him, It is written again, Thou shalt not tempt the Lord thy God.

8 Again, the devil taketh him up into an exceeding high mountain, and sheweth him all the kingdoms of the world, and the glory of them;

9 And saith unto him, All these things will I give thee, if thou wilt fall down and worship me.

10 Then saith Jesus unto him, Get thee hence, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve.

Galatians 5:16 (KJV)

14 But every man is tempted, when he is drawn away of his own lust, and enticed.

15 Then when lust hath conceived, it bringeth forth sin: and sin, when it is finished, bringeth forth death.

16 Do not err, my beloved brethren.

17 Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning.

We can all be tempted, from time to time, to believe the persuasions of this-world consciousness. Keep your focus on God’s Omnipotence and the distractions dissolve. ~Al Denninger

## The Daily Lesson – January 5, 2020

“Yet at that very same time this Word made flesh, this son of God, dwelt in us, but was shrouded about with so much darkness that we could not perceive It; we were not aware of Its presence. So in this spiritual darkness, brought upon us by our ignorance of the truth that within us is this Word made flesh, this Light of the world, we struggled by ourselves with whatever measure of human wisdom or human strength we had.” ~Joel S Goldsmith

John 1:5 (KJV)

5 And the light shineth in darkness; and the darkness comprehended it not.

Psalms 46:10 (KJV)

10 Be still, and know that I am God: I will be exalted among the heathen, I will be exalted in the earth.

The Christ Light was with John in his day, and The Christ Light is also with us here and now. As it was of old, so it is today; it seems like we are separate and apart from this Infinite Invisible Light. Few there be that Saw It then, how can we expect to See It now? Be still, leave your earthly treasures behind, and open out a Way for this imprisoned Splendor Within to be Seen, Heard and Felt. Open your consciousness with the attitude of, “Speak Lord, thy servant heareth”... ~Al Denninger

## The Daily Lesson – January 6, 2020

“But whether we struggled for a healing or to be free of sin, false appetite, or lack, what we were really struggling for was to get back to our Father's house, to drop this sense of the personal ‘I,’ and once more rest in the assurance that we are not a prodigal. In earnest that longing and struggling, this false sense of self drops away and greater harmony appears. In our ignorance we call that a healing. It is not: it is the more-appearing of our divine Selfhood.” ~Joel S Goldsmith

James 4:3 (to 3rd ,) (KJV)

3 Ye ask, and receive not, because ye ask amiss,

I Corinthians 6:19 (KJV)

19 What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?

Matthew 6:6-8 (KJV)

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

7 But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking.

8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

Enter within and shut the door to the noise of this-world thought, and effortlessly rest in the Truth. All healing is a raising of Conscious Awareness that always shows up as Harmony. ~Al Denninger

## The Daily Lesson – January 7, 2020

“Paul rightly declared, ‘Neither death, nor life . . . shall be able to separate us from the love of God.’ In reality we have never been separated from God; we have never been separated from our good, from our wholeness and completeness; but from the time we were infants we have been taught about a personal ‘I,’ and we have, therefore, entertained this false sense of self which claims, ‘I am Mary,’ ‘I am Bill,’ or ‘I am Joel,’ instead of humbly realizing:

*‘Be still, and know that I am God.’ I at the center of me is God, and therefore, I live by Grace and by divine inheritance.” ~Joel S Goldsmith*

Luke 17:21 (KJV)

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

If the Kingdom of God is within us as Jesus said, then we must be Individual Expressions of God’s Life. How could we ever be separated from our within? ~Al Denninger

Psalms 46:10 (to :) (KJV)

10 Be still, and know that I am God:

*Rest now. I will never leave you, I am your Shepherd, thou shalt not want.... All that I hath is thine... ~al.within*

## The Daily Lesson – January 8, 2020

“To live by that divine inheritance does not mean that we do not work. There is no provision in heaven or on earth for parasites. Regardless of the material wealth that we may inherit, we cannot sit by and watch the sun rise and set without working, and in some way making a contribution to this world.” ~Joel S Goldsmith

Psalms 90:17 (KJV)

17 And let the beauty of the Lord our God be upon us: and establish thou the work of our hands upon us; yea, the work of our hands establish thou it.

Colossians 3:23 (to 3rd ,) (KJV)

23 And whatsoever ye do, do it heartily, as to the Lord,

Titus 2:7 (KJV)

7 In all things shewing thyself a pattern of good works: in doctrine shewing uncorruptness, gravity, sincerity,

Psalms 100:1-5 (KJV)

1 Make a joyful noise unto the Lord, all ye lands.

2 Serve the Lord with gladness: come before his presence with singing.

3 Know ye that the Lord he is God: it is he that hath made us, and not we ourselves; we are his people, and the sheep of his pasture.

4 Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him, and bless his name.

5 For the Lord is good; his mercy is everlasting; and his truth endureth to all generations.

Philippians 4:13 (KJV)

13 I can do all things through Christ which strengtheneth me.

Harmony is not about coasting. Praise the Lord with joyful Service and gratitude. The Way is the activity of Love Loving. You'll Know It when you do It, and all that will be left is a Smile. ~Al Denninger

## The Daily Lesson – January 9, 2020

“So it is that even though we are heirs of God and, through our spiritual realization, do ultimately derive our good from God, we will work, and work more hours and more diligently than we did when we were working merely for a living because now we realize that we cannot manifest God's glory only eight or twelve hours a day: it takes twenty-four hours every day to show forth God's grace and God's glory. The whole of life becomes a matter of letting this spiritual Influence flow through, but because we are united with one another, everything that flows through from the Father to any one of us is instantly shared by all of us.” ~Joel S Goldsmith

Romans 8:16,17 (to 2nd ;) (KJV)

16 The Spirit itself beareth witness with our spirit, that we are the children of God:  
17 And if children, then heirs; heirs of God, and joint-heirs with Christ;

Luke 1:46 (KJV)

46 And Mary said, My soul doth magnify the Lord,

Matthew 5:14-16 (KJV)

14 Ye are the light of the world. A city that is set on an hill cannot be hid.  
15 Neither do men light a candle, and put it under a bushel, but on a candlestick; and it giveth light unto all that are in the house.  
16 Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

Romans 12:5 (KJV)

5 So we, being many, are one body in Christ, and every one members one of another.

The Light Shines without ceasing. As joint heirs, we all have Access to It – and must strive to pray without ceasing, and Let It Shine Through us. If so be we Dwell in Spirit we find others doing likewise.

If you haven't yet - I encourage you all to join in on the Group Evening Meditations as often as you can... There are many hundreds of us in this Work around the world, together as One, Letting The Spirit Flow to where It wants to Be... Spirit to Spirit, Soul to Soul we are so very Blessed. *Thank you Father.*  
~Al Denninger

## The Daily Lesson – January 10, 2020

“Nothing can come into our experience except through an activity of our consciousness. It is through our consciousness that we entertain a sense of separation from God, from good—supply, companionship, wholeness and completeness—but it is also through our consciousness, when we consciously make ourselves one with the Source of all good, that we are restored to this realized oneness with God.” ~Joel S Goldsmith

Psalms 121:1-2 (KJV)

1 I will lift up mine eyes unto the hills, from whence cometh my help.

2 My help cometh from the Lord, which made heaven and earth.

Isaiah 26:3 (KJV)

3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

I Corinthians 8:6 (KJV)

6 But to us there is but one God, the Father, of whom are all things, and we in him; and one Lord Jesus Christ, by whom are all things, and we by him.

Psalms 23:3 (to :) (KJV)

3 He restoreth my soul:

Acts 17:28 (to ;) (KJV)

28 For in him we live, and move, and have our being;

Choose you today, whom you will serve: the flesh and its continuous thought of lack and separation from God, always pleading to get God to do something or the Enlightened Spirit of Life everlasting and Its Infinite Love Loving? For where your treasure is, there will your heart [Consciousness] be also. ~Al Denninger

## The Daily Lesson – January 11, 2020

“In this consciousness man either lacks or has. Within his consciousness he either separates himself from his good, or he meets up with his good. Whatever it takes, therefore, to fulfill him at his present level of life can come to him only through an act of his consciousness and that act must be repeated again and again until eventually culminates in conscious union with God.” ~Joel S Goldsmith

Psalms 91:1 (KJV)

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

To be Included we must Dwell. ~Al Denninger

I Thessalonians 2:13 (KJV)

13 For this cause also thank we God without ceasing, because, when ye received the word of God which ye heard of us, ye received it not as the word of men, but as it is in truth, the word of God, which effectually worketh also in you that believe.

I Peter 1:7-9 (KJV)

7 That the trial of your faith, being much more precious than of gold that perisheth, though it be tried with fire, might be found unto praise and honour and glory at the appearing of Jesus Christ:

8 Whom having not seen, ye love; in whom, though now ye see him not, yet believing, ye rejoice with joy unspeakable and full of glory:

9 Receiving the end of your faith, even the salvation of your souls.

Whatever it takes... ~Al Denninger

Psalms 139:7-10 (KJV)

7 Whither shall I go from thy spirit? or whither shall I flee from thy presence?

8 If I ascend up into heaven, thou art there: if I make my bed in hell, behold, thou art there.

9 If I take the wings of the morning, and dwell in the uttermost parts of the sea;

10 Even there shall thy hand lead me, and thy right hand shall hold me.

We can only be separated in thought. ~Al Denninger

Zephaniah 3:17 (KJV)

17 The Lord thy God in the midst of thee is mighty; he will save, he will rejoice over thee with joy; he will rest in his love, he will joy over thee with singing.

Practicing the Presence without ceasing will Lead us to Dwelling. ~Al Denninger

*And so, I am left with only a Smile... Thank you Father... ~al.within*

## The Daily Lesson – January 12, 2020

“Attaining union with God does not usually come at a single bound. It is more than likely to be the result of years of dedicated study, meditation, and service, the earliest stage of which might be called the First Degree. When we come to this First Degree, we begin to learn that there is a God and that we are so much one with Him that He performs that which is given us to do.” ~Joel S Goldsmith

Psalms 37:5-7 (to :) (KJV)

5 Commit thy way unto the Lord; trust also in him; and he shall bring it to pass.

6 And he shall bring forth thy righteousness as the light, and thy judgment as the noonday.

7 Rest in the Lord, and wait patiently for him:

Psalms 127:1 (to :) (KJV)

1 Except the Lord build the house, they labour in vain that build it:

Philippians 4:13 (KJV)

13 I can do all things through Christ which strengtheneth me.

Job 23:14 (to :) (KJV)

14 For he performeth the thing that is appointed for me:

Perfect Peace Comes with patient and perfect Practice stayed on Me –  
impersonal, unconditional Love Loving... ~Al Denninger

## **The Daily Lesson – January 13, 2020**

“As we persist in following the teachings of the Christ, learning to forgive seventy times seven, praying for our enemies, and resisting not evil, we draw closer and closer to the realization of our true identity and the realization of the presence of God within us. But we cannot go into His presence with a cruel and condemnatory attitude toward life: we have to go in gently and peaceably, quietly and confidently, if we hope to hear that still small voice.” ~Joel S Goldsmith

Proverbs 16:3

3 Commit thy works unto the Lord, and thy thoughts shall be established.

Psalms 19:14

14 Let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, O Lord, my strength, and my redeemer.

Our Harmony is in direct proportion to our focus on Truth. And so we Practice, Abide, and Listen... ~Al Denninger

## The Daily Lesson – January 14, 2020

“Gradually, we attain a conscious at-one-ment with the infinite Source of our being, a greater and greater awareness of Infinity. We become more and more aware that there is a Presence that goes before us to make ‘the crooked places straight.’ We feel that we are not alone, that within us there really is this Infinite Invisible. At times it seems almost as if It were within our chest, sometimes as if It might be sitting on our shoulder or standing back of us, but we are aware, even if dimly, that there is a Father, an invisible Presence and Power, and more and more we relax in It. All this is progress in the First Degree.” ~Joel S Goldsmith

II Corinthians 3:16,18 (KJV)

16 Nevertheless when it shall turn to the Lord, the veil shall be taken away.

17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

18 But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.

Luke 17:21 (KJV)

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

Isaiah 45:2 (to :) (KJV)

2 I will go before thee, and make the crooked places straight:

Psalms 23 1-6 (KJV)

1 The Lord is my shepherd; I shall not want.

2 He maketh me to lie down in green pastures: he leadeth me beside the still waters.

3 He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.

4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.

5 Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.

6 Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.

*Thank you Father. I can of mine own self do nothing.... I've come to a place in Consciousness where I don't even want to any more... You are my morning Star, My Life, and I happily await Your Direction... I Know what it is like to Feel Your Presence as You Give Me the strength to do Thy Will, Direct my hands in the Work, and provide the means to Do It.... I am resting with You now in Your Green Pastures, always grateful for Your Peace, and Love, and Abundance... Just sitting here Smiling in Oneness. ~al.within*

## The Daily Lesson – January 15, 2020

“As we come toward the latter part of the First-Degree-experience we begin to perceive that we are living more by Grace than by effort we are living more by a power that is doing things for us without our taking conscious thought, and sometimes doing them before we even know there is a need for them. Something seems to be going before us and changing the relationships between us and the people we meet.” ~Joel S Goldsmith

Matthew 6:8 for (KJV)

8 ...for your Father knoweth what things ye have need of, before ye ask him.

Galations 2:20 nevertheless (to 2nd :) (KJV)

20 ...nevertheless I live; yet not I, but Christ liveth in me:

Grace is Revealed when we think not, not by blanking our thought, but by opening up a Way for a Revelation of Christ Consciousness. An enduring dedication of effortless effort in stillness and surrender will reveal our Inclusion in God's All-knowing Omnipresence. ~Al Denninger

## The Daily Lesson – January 16, 2020

“The end result of passing through this degree is the gaining of an absolute inner conviction that where we are, God is, that the place whereon we stand is holy ground, that there is a He that performs that which is given us to do, that there is a divine Grace that provides for our needs, ‘not by might, nor by power,’ but by the very gentle Spirit of God that is within us.” ~Joel S Goldsmith

Acts 7:33 (KJV)

33 Then said the Lord to him, Put off thy shoes from thy feet: for the place where thou standest is holy ground.

Job 23:14 (to :) (KJV)

14 For he performeth the thing that is appointed for me:

Zechariah 4:6 saying, Not (KJV)

6 ...Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Zephaniah 3:17 (KJV)

17 The Lord thy God in the midst of thee is mighty; he will save, he will rejoice over thee with joy; he will rest in his love, he will joy over thee with singing.

James 3:17 (KJV)

17 But the wisdom that is from above is first pure, then peaceable, gentle, and easy to be entreated, full of mercy and good fruits, without partiality, and without hypocrisy.

This I Know: there will be a magnificent Spark from Within when you will Hear, See and Feel the Gentle Presence and Its Truth about your Inclusion in the Omnipresence of God. You will be moved and changed... This will be the first Leap of the many Steps to follow on Your Path. The magnitude of this Experience, and the devout dedication that follows, will Inspire and Direct Your Life from then on. ~Al Denninger

## The Daily Lesson – January 17, 2020

“In spite of this continuing awareness of a Presence within, there is yet another barrier that separates all men from the realization and demonstration of God: the belief that there are two powers. In the early stages of our study of truth, we seek God as a power because in our ignorance we would like to use God-power over some other power. But the greatest attainment at this stage of our unfoldment is the realization of God as One, not as a power over some other powers, but as the only Power. It is when we begin to come into the realization of God as the only Power that we no longer fear external powers in any form, not even ‘the armies of the aliens.’” ~Joel S Goldsmith

Mark 12:32

32 And the scribe said unto him, Well, Master, thou hast said the truth: for there is one God; and there is none other but he:

Isaiah 41:10

10 Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.

Ephesians 4:6

6 One God and Father of all, who is above all, and through all, and in you all.

II Chronicles 20:17 set (to 3rd ,) (KJV)

17 ...set yourselves, stand ye still, and see the salvation of the Lord with you,

Why battle with imaginary shadows or distractions? There can only be one Omnipotence. ~Al Denninger

## The Daily Lesson – January 18, 2020

“In going through the First Degree, a transformation of consciousness takes place, and in proportion as we attain an awareness of God's presence and a realization of the Infinite Invisible, we begin to lose our hate, our fear, and our love of the external world. We no longer hate or fear germs, infection, contagion, epidemics, or accidents; we no longer hate, fear, or love form in whatever variety expressed: we are beginning to attain the realization of the nonpower of all form. We do not fear earthquakes, hurricanes, tornadoes, cyclones, or floods: we understand that because of the infinite nature of spiritual Being these are not power. They are the ‘arm of flesh,’ nothingness.” ~Joel S Goldsmith

II Chronicles 32:8 (to ,) (KJV)

8 With him is an arm of flesh; but with us is the Lord our God to help us,

Jeremiah 17:5-7) (KJV)

5 Thus saith the Lord; Cursed be the man that trusteth in man, and maketh flesh his arm, and whose heart departeth from the Lord.

6 For he shall be like the heath in the desert, and shall not see when good cometh; but shall inhabit the parched places in the wilderness, in a salt land and not inhabited.

7 Blessed is the man that trusteth in the Lord, and whose hope the Lord is.

Proverbs 3:5-6 (KJV)

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

*Father, i can of mine own self, do nothing... the constant noise of this-world is less and less of a distraction now and has become nothing but illusion which i now realize is nothing... nothing... not even the power of persuasion... Your Light is always Shining, Father, but we sometimes seem to turn away and forget.... i put my complete trust in You... my life is Yours to Direct.... place me where you Will - i am not afraid – of “nothing”.... Thy will be done. Speak Lord, thy servant heareth.... ~al.within*

## The Daily Lesson – January 19, 2020

“Through the building up and strengthening of our realization of God as a Presence, as Law, as Life eternal, and as Peace, we are at the same time losing our fear of all material forms, whether appearing as condition or person. We are beginning to feel as the Master did before Pilate: ‘Thou couldest have no power at all against me, except it were given thee from above.’ Through our enlightened consciousness, we perceive that all the evils of this world are but shadows brought about by the universal belief in two powers, and we are losing that belief in proportion as God is becoming more and more as a Presence and a Power.”  
~Joel S Goldsmith

Matthew 4:1 (KJV)

1 Then was Jesus led up of the Spirit into the wilderness to be tempted of the devil.

Matthew 4:8-10 (KJV)

8 Again, the devil taketh him up into an exceeding high mountain, and sheweth him all the kingdoms of the world, and the glory of them;

9 And saith unto him, All these things will I give thee, if thou wilt fall down and worship me.

10 Then saith Jesus unto him, Get thee hence, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve.

The only sense of separation we can have from God is what power we give it in thought. Keep your priorities in order. Do appearances have real power? ~Al Denninger

John 19:10,11 (to :) (KJV)

10 Then saith Pilate unto him, Speakest thou not unto me? knowest thou not that I have power to crucify thee, and have power to release thee?

11 Jesus answered, Thou couldest have no power at all against me, except it were given thee from above:

There is no Real “other” Power. ~Al Denninger

Psalms 121:1 (KJV)

1 I will lift up mine eyes unto the hills, from whence cometh my help.

Psalms 121:8 (KJV)

8 The Lord shall preserve thy going out and thy coming in from this time forth, and even for evermore.

Keep your focus on the Truth of Being – and Know It. ~Al Denninger

## The Daily Lesson – January 20, 2020

“The enlightened consciousness is a state of individual consciousness—yours and mine—when the fear and the hate of external forms begin to disappear. Undue love for the things of this world also lessens, although that does not mean that we are not to appreciate the beautiful things of life, experience them, and if it serves any purpose, own them. It does not mean that we are not to enjoy a beautiful home, if so be it is brought into our experience; it does not mean that we are not to enjoy wealth, if wealth comes our way: it means that we are not to be so attached to any form of materiality as to make of it a necessity, a something of importance in our life when it really is but a part of the passing picture.” ~Joel S Goldsmith

Matthew 6:19-21

19 Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal:

20 But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal:

21 For where your treasure is, there will your heart be also.

II Corinthians 12:9 (to :) (KJV)

9 And he said unto me, My grace is sufficient for thee:

If we Let our harmony be God's will – then God's Harmony is Our Experience.  
~Al Denninger

## The Daily Lesson – January 21, 2020

“Losing our hate, fear, or love of the external realm is not achieved by the mouthing of words or the making of affirmations or declarations, but only by the developing of our consciousness through the realization of a divine Presence which in the end we realize to be our own Self, the very *I* of our being. ~Joel S Goldsmith

I Corinthians 2:12-14 (KJV)

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

13 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

James 4:3 (to 3rd ,) (KJV)

3 Ye ask, and receive not, because ye ask amiss,

Matthew 6:5-8 (KJV)

5 And when thou prayest, thou shalt not be as the hypocrites are: for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, They have their reward.

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

7 But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking.

8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

In order to pray aright we must be very still, open an attitude of Awareness, and Let God do the praying. ~Al Denninger

## The Daily Lesson – January 22, 2020

“At the beginning of our spiritual journey we were in darkness, in gross spiritual ignorance; we did not know the truth. Because of this we were living in material consciousness: our whole sense of life was materialistic; everything that we thought of was from the material standpoint; and power was placed in matter or in form, either for good or for evil. We were aware of ourselves as individuals living our own lives, fluctuating between successes and failures, all because we were limited to our own mind, our physical strength, and our personal sense of right and wrong.” ~Joel S Goldsmith

I Corinthians 13:11,12 (KJV)

11 When I was a child, I spake as a child, I understood as a child, I thought as a child: but when I became a man, I put away childish things.

12 For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known.

Matthew 19:26 (KJV)

26 But Jesus beheld them, and said unto them, With men this is impossible; but with God all things are possible.

We can stay as a child, at the beginning of our spiritual journey, as long as we want to. What say you? ~Al Denninger

## The Daily Lesson – January 23, 2020

“One of the first things we learned was that we are not alone, that there is a Presence within us, a Presence greater than anything in the world, a Presence that in the beginning we call *He*, not for any particular reason because this Presence has no gender: It is neither male nor female; It is incorporeal and spiritual; It can never be seen, heard, tasted, touched, or smelled; It is known only as we experience It. We may say that we feel It, but we do not feel It through any sense of touch that we have. More correctly, we might say we are aware of Its presence.” ~Joel S Goldsmith

John 14:16,17 (KJV)

16 And I will pray the Father, and he shall give you another Comforter, that he may abide with you for ever;

17 Even the Spirit of truth; whom the world cannot receive, because it seeth him not, neither knoweth him: but ye know him; for he dwelleth with you, and shall be in you.

Ezekiel 36:27,28 (KJV)

27 And I will put my spirit within you, and cause you to walk in my statutes, and ye shall keep my judgments, and do them.

28 And ye shall dwell in the land that I gave to your fathers; and ye shall be my people, and I will be your God.

Acts 17:27,28 (to ;) (KJV)

27 That they should seek the Lord, if haply they might feel after him, and find him, though he be not far from every one of us:

28 For in him we live, and move, and have our being;

Psalms 139:7-8 (KJV)

7 Whither shall I go from thy spirit? or whither shall I flee from thy presence?

8 If I ascend up into heaven, thou art there: if I make my bed in hell, behold, thou art there.

You cannot be left out of Omnipresence.

*I Am with you, now and forever... Rest now and open your Heart – that you may Know it. ~al.within*

## The Daily Lesson – January 24, 2020

“We practice this Presence, which we later identify as God, by waking in the morning and recognizing that God gave us this day, that God rules the day as God rules the night, and that just as God governs all the forces of nature, so does He govern us.” ~Joel S Goldsmith

Matthew 6:10 (KJV)

10 Thy kingdom come [Omnipresence]. Thy will be done in earth, as it is in heaven [Omnipotence].

I Chronicles 29:11-12 (KJV)

11 Thine, O Lord, is the greatness, and the power, and the glory, and the victory, and the majesty: for all that is in the heaven and in the earth is thine; thine is the kingdom, O Lord, and thou art exalted as head above all.

12 Both riches and honour come of thee, and thou reignest over all; and in thine hand is power and might; and in thine hand it is to make great, and to give strength unto all.

Psalms 118:24 (KJV)

24 This is the day which the Lord hath made; we will rejoice and be glad in it.

You cannot be left out of Omnipotence either. Rejoice, God's Kingdom IS!  
Be still and Watch with me.... ~Al Denninger

## The Daily Lesson – January 25, 2020

“As human beings we are not God-governed, nor are we under the law of God; and for this reason anything can happen to us—anything from slipping in the bathtub to running out in front of an automobile, or picking up a tiny little germ and being laid low in bed and ill for weeks. Anything can happen to us until we become aware of the Presence and begin practicing the truth within ourselves every day.” Joel S Goldsmith

Romans 8:9 (KJV)

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

I Corinthians 2:14 (KJV)

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

What happens to us, it is an activity of our own consciousness.

And so it is, we practice the Presence and Dwell....

Nothing is more important. ~Al Denninger

## The Daily Lesson – January 26, 2020

“As we continue in this practice, an inner stillness takes place. We become more quiet within, more peaceful; we have greater confidence in ourselves because now we know that there is Something greater than ourselves working with us, in us, and through us. It may be that we hear the still small voice speak to us as clearly as any person might speak, giving us specific instructions in a language that we cannot possibly misunderstand. Sometimes we are aware of a great light within ourselves, and just the presence of that light changes our entire outer experience.” ~Joel S Goldsmith

Zephaniah 3:17 (KJV)

17 The Lord thy God in the midst of thee is mighty; he will save, he will rejoice over thee with joy; he will rest in his love, he will joy over thee with singing.

John 14:10 (KJV)

10 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works.

*Father, I can of mine own self do nothing... I Rest here Dwelling in the secret place of the Most High – and The Spirit within me, He doeth the Work... You Sings and I Sing Praises.... Thank you Father, for Your Love that Lifteth Me.... And Leadeth me to Your Peaceful Garden in Paradise..... ~al.within*

## The Daily Lesson – January 27, 2020

“There are many ways that this Presence can announce and reveal Itself to us, but one way we can know whether it is a true spiritual experience is that there are always signs following. These may be in the form of the healing of some physical, mental, moral, or financial discord. The experience may bring about happier human relationships with others; it may increase our supply; or it may find employment for us. In one way or another, a spiritual experience is always accompanied by signs following—what in metaphysics is called demonstration.”  
~Joel S Goldsmith

I Corinthians 2:4-5 (KJV)

4 And my speech and my preaching was not with enticing words of man's wisdom, but in demonstration of the Spirit and of power:

5 That your faith should not stand in the wisdom of men, but in the power of God.

II Corinthians 4:7 (KJV)

6 For God, who commanded the light to shine out of darkness, hath shined in our hearts, to give the light of the knowledge of the glory of God in the face of Jesus Christ.

7 But we have this treasure in earthen vessels, that the excellency of the power may be of God, and not of us.

Mark 16:20 (KJV)

20 And they went forth, and preached every where, the Lord working with them, and confirming the word with signs following. Amen.

An Experience of the Presence will leave you Smiling and Singing and Loving God. Harmony Rules... ~Al Denninger

## The Daily Lesson – January 28, 2020

“While this process is going on, something else is taking place at the same time. Instead of putting our entire hope, faith, and reliance on the external world and instead of living by the world's standards of life, we now begin to see that there is a spiritual Something that is of far greater importance than the material. There is a Spirit within us, and it is this Spirit that is playing the most important role in our life.” ~Joel S Goldsmith

II Corinthians 3:3-5 (KJV)

3 Forasmuch as ye are manifestly declared to be the epistle of Christ ministered by us, written not with ink, but with the Spirit of the living God; not in tables of stone, but in fleshy tables of the heart.

4 And such trust have we through Christ to God-ward:

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

I Corinthians 2:9,10 (to :) (KJV)

9 But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him.

10 But God hath revealed them unto us by his Spirit:

Isaiah 26:3 (KJV)

3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

*Father, the more I learn to Trust You – the more complete and harmonious my life is.... I Know it is You that puts Bread on my table, Love in my Heart, and Peace in my life... I now Know that there is only You Expressed As.... Thank you Father. ~al.within*

## The Daily Lesson – January 29, 2020

“If some need arises in our experience that involves a sum of money, we do not immediately set about planning, scheming, or figuring out how we can obtain that amount of money, but rather we realize ‘Wait a minute! ‘Man does not live by bread alone’— by outer effects; man does not live by money alone.’ Then we drop the problem, and very soon whatever is necessary for its solution comes into to our experience. It may cost money, but if so, the money will be provided; or it may even come without the need for money. It is not money that is the need: it is the word of God that is the need, and when the word of God comes, it either furnishes the money, or whatever is necessary without money.” ~Joel S Goldsmith

II Corinthians 3:5 (KJV)

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

Matthew 6:8 for (KJV)

8 ...for your Father knoweth what things ye have need of, before ye ask him.

Luke 15:31 (KJV)

31 And he said unto him, Son, thou art ever with me, and all that I have is thine.

Dear Friends, When I first read this paragraph in my “A Parenthesis in Eternity” book about 40 years ago, I thought, “wouldn’t it be wonderful, to have all of my needs supplied before I have need of them... It sounds so good, and so right, but it seems so unattainable.”

What I have learned and proven is this – one can’t Live this Way until they have done the Work, and continue to do the Work... The Work of Being Still, and Watching, and Trusting, and Realizing their Inclusion in The Kingdom of God – along with the Living and Giving part of It too. There are no shortcuts, and no coasting...

Eventually after decades of this Practice, through my Healing Work and Teaching, I have learned to Trust God for all of the Healing Work to be done, and for the entire amount of my supply necessary to Do this Work. It just shows up exactly when there is a need. If I receive a bill in the mail, then usually within a day or so, I receive a Gift of Love, usually for about the same amount. I am amazed at how long this took me to prove, but yes, it is possible to Live by Grace – to Know the Truth of Being and actually Walk the Walk. Ye shall Know them by their Fruits. I Know it is not me - none of it. It is The Father, Expressing and Experiencing Himself, and I have proven it. Thank you Father.

When I complete My Father’s Orders, to Feed the sheep that are sent to me enough Light so that they too can, in their turn, Heal and Teach the next generation, I will make my next Transition a happy man. So far, there are several doing this Work – there will be more.... We are Blessed. ~Al Denninger

## The Daily Lesson – January 30, 2020

“During the days of our dependence on human ways and means, if we were having a physical problem, such as the heart causing difficulty, our whole attention would have been centered on correcting the functioning of the heart; but now, through this practice of the Presence and through meditation, something within says, ‘Man shall not live by heart alone, by liver, lungs, digestion, or elimination, but by “every word that proceedeth out of the mouth of God!” ’ Now we are not thinking in terms of heart, liver, or lungs; we are not thinking in terms of digestion, elimination, or muscles: we are realizing that man lives by the word of God. As a result of that realization, either the organ or function of the body is repaired, or we are able to live comfortably without it.” ~Joel S Goldsmith

John 6:63 (to :) (KJV)

63 It is the spirit that quickeneth; the flesh profiteth nothing:

Proverbs 30:5 (KJV)

5 Every word of God is pure: he is a shield unto them that put their trust in him.

John 16:7 (to 2nd ;) (KJV)

7 Nevertheless I tell you the truth; It is expedient for you that I go away: for if I go not away, the Comforter will not come unto you;

The “I” that Jesus was talking about going away was the “this-world i-self” that he also said could of its own self do nothing, because The Spirit within doeth the Work. We have been taught all of our lives that if we work hard, we can do anything in this-world. It takes a bit of Practicing the Presence and meditation to nullify this belief.

Our Harmony of Being will Come to us when we Receive it from the Infinite Invisible Source, either Through a Practitioner or Teacher, or Direct. ~Al Denninger

## The Daily Lesson – January 31, 2020

“Through inner unfoldment we learn in this First Degree that whereas before we thought we needed things on the outer plane and our whole life struggle was to attain more of these things, now we relax from that struggle and realize that ‘man does not live by bread alone.’” ~Joel S Goldsmith

John 8:23 ye (KJV)

23 ...ye are of this world; I am not of this world.

Romans 12:2 (KJV)

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Luke 4:4 (KJV)

4 And Jesus answered him, saying, It is written, That man shall not live by bread alone, but by every word of God.

Is there something to attain other than the good, and acceptable, and perfect will of God? ~Al Denninger

## The Daily Lesson – February 1, 2020

“As we took our first faint steps toward the Kingdom, we were led to this spiritual revelation: ‘Know ye not that the kingdom of God is within? Know ye not that ye are the temple of God? Know ye not that that the son of God, the Christ, dwelleth in you?’” ~Joel S Goldsmith

II Timothy 1:14 (KJV)

14 That good thing which was committed unto thee keep by the Holy Ghost which dwelleth in us.

I Corinthians 3:16 (KJV)

16 Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?

I Corinthians 6:19 (KJV)

19 What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?

Advancing by small steps turn into a giant leap when it finally clicks in our head that it’s not about us – but about God – and that there is no place else to look for God than within. ~Al Denninger

## The Daily Lesson – February 2, 2020

“These words came with some measure of conviction of their truth, and our heart answered, ‘This is what I believe, or what I would like to believe—that I am not alone in the world, that God has not sent out into this world and then abandoned me. God has placed me on this earth that I may glorify Him. But how can I glorify God in any way, bound as I seem to be by my sins, my diseases, my false appetites, and my poverty? How can I glorify God in my struggle to survive, in my struggle to provide for my family? How can I glorify God?’” Joel S Goldsmith

Hebrews 13:5 I will (KJV)

5 ...I will never leave thee, nor forsake thee.

John 16:32,33 (to .) (KJV)

32 Behold, the hour cometh, yea, is now come, that ye shall be scattered, every man to his own, and shall leave me alone: and yet I am not alone, because the Father is with me.

33 These things I have spoken unto you, that in me ye might have peace.

Psalms 69:30 (KJV)

30 I will praise the name of God with a song, and will magnify him with thanksgiving.

Psalms 118:28 (KJV)

28 Thou art my God, and I will praise thee: thou art my God, I will exalt thee.

*Thank you Father for Your unending Love, patience and Presence. I am so happy to just Rest at Your feet and Feel Your Presence. ~al.within*

## The Daily Lesson – February 3, 2020

The answer is, '*You* cannot! [glorify God] But if the Spirit of God dwells in you, then you become the child of God, and are heir to all the heavenly riches.' ~Joel S Goldsmith

John 5:30 (to :) (KJV)

30 I can of mine own self do nothing:

John 14:10 (KJV)

10 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works.

Romans 8:9 (to .) (KJV)

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

Romans 8:16,17 (to 2nd ;) (KJV)

16 The Spirit itself beareth witness with our spirit, that we are the children of God:

17 And if children, then heirs; heirs of God, and joint-heirs with Christ;

This-world effort, might and power have nothing to do with God. God is Spirit, not flesh – so we must dwell in Spirit to commune in Oneness – Spirit to Spirit. ~Al Denninger

## The Daily Lesson – February 4, 2020

“Our first instruction in spiritual wisdom reveals that we are no longer to look up into the skies, and that the hills to which we look for our help refer to the high places in consciousness. When we return to the highest sense of our Self, to the Christ of God that is lifted up in us, we are looking unto the hills. Our vision turns within and upward into that altitude of consciousness where we can discern that the Word has become flesh and dwells in us.” ~Joel S Goldsmith

Luke 17:21 (KJV)

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

I Corinthians 2:14 (KJV)

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

Psalms 91:1 (KJV)

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

Surrender your intellect. Life is Spiritually discerned. ~Al Denninger

## The Daily Lesson – February 5, 2020

“When, in a flash, Saul of Tarsus on the road to Damascus was blinded to his ignorance, to his past, to everything that he had known before, and when all of his former beliefs were wiped out, he became a pure vessel, with his sight restored to him, a sight beyond physical sight— spiritual vision. He recognized that the Light shining within him was the Christ; he knew that the son of God had been raised up in him.” ~Joel S Goldsmith

Romans 8:11-14 (KJV)

11 But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you.

12 Therefore, brethren, we are debtors, not to the flesh, to live after the flesh.

13 For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live.

14 For as many as are led by the Spirit of God, they are the sons of God.

Acts 9:10-20 (KJV)

10 And there was a certain disciple at Damascus, named Ananias; and to him said the Lord in a vision, Ananias. And he said, Behold, I am here, Lord.

11 And the Lord said unto him, Arise, and go into the street which is called Straight, and inquire in the house of Judas for one called Saul, of Tarsus: for, behold, he prayeth,

12 And hath seen in a vision a man named Ananias coming in, and putting his hand on him, that he might receive his sight.

13 Then Ananias answered, Lord, I have heard by many of this man, how much evil he hath done to thy saints at Jerusalem:

14 And here he hath authority from the chief priests to bind all that call on thy name.

15 But the Lord said unto him, Go thy way: for he is a chosen vessel unto me, to bear my name before the Gentiles, and kings, and the children of Israel:

16 For I will shew him how great things he must suffer for my name's sake.

17 And Ananias went his way, and entered into the house; and putting his hands on him said, Brother Saul, the Lord, even Jesus, that appeared unto thee in the way as thou camest, hath sent me, that thou mightest receive thy sight, and be filled with the Holy Ghost.

18 And immediately there fell from his eyes as it had been scales: and he received sight forthwith, and arose, and was baptized.

19 And when he had received meat, he was strengthened. Then was Saul certain days with the disciples which were at Damascus.

20 And straightway he preached Christ in the synagogues, that he is the Son of God.

A willing Instrument of God will be Raised to a level of Consciousness necessary to fulfill the Work chosen for him to do. ~Al Denninger

## The Daily Lesson – February 6, 2020

“He dwelt alone with this sacred secret, retiring from the world to commune and tabernacle with this Word made flesh within him. He learned to be less concerned with the physical sense of life and its needs, wants, or fulfillments. Now he was lifted up in consciousness, and he was tabernacling in his mind with this Spirit that had been raised up, this Spirit born in the lowly mental environment of the humanly wise, but spiritually ignorant, Saul of Tarsus. And just as Joseph and Mary carried the Babe down to Egypt for several years, So Paul carried his Christ to Arabia, hiding there and letting It grow and develop in him until he himself became so consciously aware of, and one with, It, that just as the old Saul had ‘died,’ now the new Paul began to live less and less, as the Christ lived in him more and more.” ~Joel S Goldsmith

Colossians 3:2,3 (KJV)

- 2 Set your affection on things above, not on things on the earth.
- 3 For ye are dead, and your life is hid with Christ in God.

Matthew 13:45-46 (KJV)

- 45 Again, the kingdom of heaven is like unto a merchant man, seeking goodly pearls:
- 46 Who, when he had found one pearl of great price, went and sold all that he had, and bought it.

I Corinthians 15:31 I die (KJV)

- 31 ...I die daily.

Philippians 2:5 (KJV)

- 5 Let this mind be in you, which was also in Christ Jesus:

As our Christ Consciousness is being Lifted up, we must be patient and learn to not Speak before we are Told to by God. Make sure it is not our agenda to be about The Father's Business, but His... Once we Know it is His Agenda, we cannot do it wrong... ~Al Denninger

## The Daily Lesson – February 7, 2020

“Finally, the day came when the Christ could speak to Paul, ‘Begin your ministry. Go out into the world and preach *Me*. Preach to all men, that I, the Word made flesh, dwell in you, and not only in you, Paul, but in all those whom you address.”  
~Joel S Goldsmith

Acts 9:19-21 (to ,) (KJV)

19 And when he had received meat, he was strengthened. Then was Saul certain days with the disciples which were at Damascus.

20 And straightway he preached Christ in the synagogues, that he is the Son of God.

21 But all that heard him were amazed,

Mark 16:14-16 (to ;) (KJV)

15 And he said unto them, Go ye into all the world, and preach the gospel to every creature.

16 He that believeth and is baptized shall be saved;

I Am the Living Bread, the Living Meat or Spiritual Sustenance and Realized Truth of Life. When you Realize that it is not this-world flesh, but the Truth beheld Spirit to Spirit, you will be ready to go out into the world and See nothing but Spirit Loving and Blessing Itself – and you must be present in as much of that Loving as possible. ~Al Denninger

## The Daily Lesson – February 8, 2020

“Say to every one of them ‘The *Spirit* of God dwells in you.’ And when your friends, the disciples, and others try to caution you to give this Word only to the Hebrews, for the Hebrews are the chosen of God, and only they are worthy to receive this Word, you will suffer their persecution; you will be tried for standing for the truth that the Word made flesh dwells in the consciousness of all mankind, whether Jew or Gentile whether Christian or pagan. You will carry to the world the universality of the Word made flesh. You will break this bondage to one religion, to one teaching, to one teacher; you will reveal to all mankind that the Word becomes flesh, and dwells in the consciousness of all men, awaiting their recognition.” ~Joel S Goldsmith

Romans 8:16 (KJV)

16 The Spirit itself beareth witness with our spirit, that we are the children of God:

Matthew 5:44,45 (to :) (KJV)

44 But I say unto you, Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you;

45 That ye may be the children of your Father which is in heaven:

Galatians 3:28 (KJV)

28 There is neither Jew nor Greek, there is neither bond nor free, there is neither male nor female: for ye are all one in Christ Jesus.

Romans 8:9 (KJV)

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

I am to Raise the Awareness of all those Sent to me. ~Al Denninger

## The Daily Lesson – February 9, 2020

“Paul went out into the world spreading the glad tidings to those of all religious beliefs: ‘I bring to you the message of the son of God. I bring to you the revelation of the Word made flesh that dwells among you as the Light of the world—as the Light unto *your* world, I bring to you the revelation that you are children of God. ‘Neither circumcision availeth anything, nor uncircumcision,’ neither fasting nor feasting availeth anything: you are already the children of God, for the Spirit of God dwells in you.’” ~Joel S Goldsmith

Psalms 139:14 (KJV)

14 I will praise thee; for I am fearfully and wonderfully made: marvellous are thy works; and that my soul knoweth right well.

Galatians 5:6 (KJV)

6 For in Jesus Christ neither circumcision availeth any thing, nor uncircumcision; but faith which worketh by love.

Matthew 5:48 (KJV)

48 Be ye therefore perfect, even as your Father which is in heaven is perfect.

Ephesians 2:10 (KJV)

10 For we are his workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them.

God has one Pure and Perfect Message – and You are Included in His Love. Thoughts, ideas and rituals are man’s creations. ~Al Denninger

## The Daily Lesson – February 10, 2020

“The Word made flesh is the son of God, or Christ, and It is in the midst of us for the purpose of performing the will of God. In this very moment there is within us the son of God, the Christ, and Its function is to heal and to raise us out of our ‘dead’ humanhood, to restore the ‘lost years of the locust,’ to forgive us whatever we have committed while in ignorance of our true identity.” ~Joel S Goldsmith

Matthew 8:22 (KJV)

22 But Jesus said unto him, Follow me; and let the dead bury their dead.

Colossians 2:9-13 (KJV)

9 For in him dwelleth all the fulness of the Godhead bodily.

10 And ye are complete in him, which is the head of all principality and power:

11 In whom also ye are circumcised with the circumcision made without hands, in putting off the body of the sins of the flesh by the circumcision of Christ:

12 Buried with him in baptism, wherein also ye are risen with him through the faith of the operation of God, who hath raised him from the dead.

13 And you, being dead in your sins and the uncircumcision of your flesh, hath he quickened together with him, having forgiven you all trespasses;

Joel 2:25,26 (to :), 27 (KJV)

25 And I will restore to you the years that the locust hath eaten, the cankerworm, and the caterpillar, and the palmerworm, my great army which I sent among you.

26 And ye shall eat in plenty, and be satisfied, and praise the name of the Lord your God, that hath dealt wondrously with you:

27 And ye shall know that I am in the midst of Israel [Consciousness],

Matthew 11:28-30 (KJV)

28 Come unto me, all ye that labour and are heavy laden, and I will give you rest.

29 Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls.

30 For my yoke is easy, and my burden is light.

Isaiah 54:10 (KJV)

10 For the mountains shall depart, and the hills be removed; but my kindness shall not depart from thee, neither shall the covenant of my peace be removed, saith the Lord that hath mercy on thee.

All things are possible with Christ.

All things are for His Purpose.

All things [any distracted sense of somehow being separate and apart from God] are forgiven.

All things are in Perfect Peace unto those whose mind is Stayed on Him.

~Al Denninger

## The Daily Lesson – February 11, 2020

“Christ is forever saying to us:

*I am come that you might have life, and that you might have it more abundantly. Relax! Rest! You have sought Me. I was here all the time, but now you have found Me.”* Joel S Goldsmith

John 10:10 I am (KJV)

10 ...I am come that they might have life, and that they might have it more abundantly.

Matthew 7:7,8 (KJV)

7 Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you:

8 For every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened.

Proverbs 8:35 (to ,) (KJV)

35 For whoso findeth me [Me] findeth life [Life],

Exodus 33:14 (KJV)

14 And he said, My presence shall go with thee, and I will give thee rest.

All that I have is thine. It always has been so – an always will Be. When you get this, your effort will slow to a sweet Knowing Smile. ~Al Denninger

## The Daily Lesson – February 12, 2020

*“Now you know the folly of sin; now you know the stupidity of it; and now you know something even more important: there is no necessity for sin. No longer is it necessary to steal, no longer necessary to bear false witness, to scheme, to plot, or to take unfair advantage, for I in the midst of you am mighty; I in the midst of you am your bread and your supply unto eternity. I am the source of your opportunity and of inspiration. I am the light unto your world.” ~Joel S Goldsmith*

Philippians 4:19 (KJV)

19 But my God shall supply all your need according to his riches in glory by Christ Jesus.

Luke 15:31 (KJV)

31 And he said unto him, Son, thou art ever with me, and all that I have is thine.

Matthew 6:25-33 (KJV)

25 Therefore I say unto you, Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment?

26 Behold the fowls of the air: for they sow not, neither do they reap, nor gather into barns; yet your heavenly Father feedeth them. Are ye not much better than they?

27 Which of you by taking thought can add one cubit unto his stature?

28 And why take ye thought for raiment? Consider the lilies of the field, how they grow; they toil not, neither do they spin:

29 And yet I say unto you, That even Solomon in all his glory was not arrayed like one of these.

30 Wherefore, if God so clothe the grass of the field, which to-day is, and to-morrow is cast into the oven, shall he not much more clothe you, O ye of little faith?

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Psalms 16:5-11 (JVK)

5 The Lord is the portion of mine inheritance and of my cup: thou maintainest my lot.

6 The lines are fallen unto me in pleasant places; yea, I have a goodly heritage.

7 I will bless the Lord, who hath given me counsel: my reins also instruct me in the night seasons.

8 I have set the Lord always before me: because he is at my right hand, I shall not be moved.

9 Therefore my heart is glad, and my glory rejoiceth: my flesh also shall rest in hope.

10 For thou wilt not leave my soul in hell; neither wilt thou suffer thine Holy One to see corruption.

11 Thou wilt shew me the path of life: in thy presence is fulness of joy; at thy right hand there are pleasures for evermore.

All forms of sin and lack seem to appear when we entertain a thought that we are somehow separate and apart from God. We are all individual Expressions of God and God is Omnipresent so therefore, we are Included in His Abundance. ~Al Denninger

## The Daily Lesson – February 13, 2020

*"I am the resurrection, and if your body has been wasted away by sin or disease, I will raise it up again. I— the Word made flesh, the Christ that dwells in the midst of you—I am here to raise up your body from the tomb of sin, from the tomb of disease, and even from the tomb of old age." ~Joel S Goldsmith*

Matthew 19:26 (KJV)

26 But Jesus beheld them, and said unto them, With men this is impossible; but with God all things are possible.

Isaiah 40:28-31 (KJV)

28 Hast thou not known? hast thou not heard, that the everlasting God, the Lord, the Creator of the ends of the earth, fainteth not, neither is weary? there is no searching of his understanding.

29 He giveth power to the faint; and to them that have no might he increaseth strength.

30 Even the youths shall faint and be weary, and the young men shall utterly fall:

31 But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

John 16:33 (KJV)

33 These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world.

John 6:40-50 (KJV)

40 And this is the will of him that sent me, that every one which seeth the Son, and believeth on him, may have everlasting life: and I will raise him up at the last day.

41 The Jews then murmured at him, because he said, I am the bread which came down from heaven.

42 And they said, Is not this Jesus, the son of Joseph, whose father and mother we know? how is it then that he saith, I came down from heaven?

43 Jesus therefore answered and said unto them, Murmur not among yourselves.

44 No man can come to me, except the Father which hath sent me draw him: and I will raise him up at the last day.

45 It is written in the prophets, And they shall be all taught of God. Every man therefore that hath heard, and hath learned of the Father, cometh unto me.

46 Not that any man hath seen the Father, save he which is of God, he hath seen the Father.

47 Verily, verily, I say unto you, He that believeth on me hath everlasting life.

48 I am that bread of life.

49 Your fathers did eat manna in the wilderness, and are dead.

50 This is the bread which cometh down from heaven, that a man may eat thereof, and not die.

51 I am the living bread which came down from heaven: if any man eat of this bread, he shall live for ever: and the bread that I will give is my flesh, which I will give for the life of the world.

52 The Jews therefore strove among themselves, saying, How can this man give us his flesh to eat?

53 Then Jesus said unto them, Verily, verily, I say unto you, Except ye eat the flesh of the Son of man, and drink his blood, ye have no life in you.

54 Whoso eateth my flesh, and drinketh my blood, hath eternal life; and I will raise him up at the last day.

55 For my flesh is meat indeed, and my blood is drink indeed.

56 He that eateth my flesh, and drinketh my blood, dwelleth in me, and I in him.

57 As the living Father hath sent me, and I live by the Father: so he that eateth me, even he shall live by me.

58 This is that bread which came down from heaven: not as your fathers did eat manna, and are dead: he that eateth of this bread shall live for ever.

Luke 9:59,60 (to :) (KJV)

59 And he said unto another, Follow me. But he said, Lord, suffer me first to go and bury my father.

60 Jesus said unto him, Let the dead bury their dead:

The I that I Am, is Life. There is no other Way. Don't be distracted by the so-called authorities of this-world. ~Al Denninger

John 1:17 (KJV)

17 For the law [the law for this-world consciousness] was given by Moses, but grace and truth came by Jesus Christ.

*Amen.* ~al.within

## The Daily Lesson – February 14, 2020

*“Do not let even the calendar defeat you, for I am the resurrection, and I am here to resurrect you out of that old body into a body not made with hands, a spiritual body, eternal in the heavens. You do not have to go through physical death to attain this new body: just dwell in the realization of Me in the midst of you! Morning, noon, and night, ponder Me, think on Me, dwell in Me, trust Me, rely on Me.” ~ Joel S Goldsmith*

John 10:10 I am (KJV)

10 ...I am come that they might have life, and that they might have it more abundantly.

II Corinthians 6:16 for (to 2nd ;) (KJV)

16 ...for ye are the temple of the living God; as God hath said, I will dwell in them, and walk in them;

John 2:19-21 (KJV)

19 Jesus answered and said unto them, Destroy this temple, and in three days I will raise it up.

20 Then said the Jews, Forty and six years was this temple in building, and wilt thou rear it up in three days?

21 But he spake of the temple of his body.

II Corinthians 5:1 (KJV)

1 For we know that if our earthly house of this tabernacle were dissolved, we have a building of God, an house not made with hands, eternal in the heavens.

I Thessalonians 5:17 (KJV)

17 Pray without ceasing.

Dwell, Trust, and Rely without ceasing. I am with you, now and forever... ~Al Denninger

## The Daily Lesson – February 15, 2020

*“Know the truth that I am in the midst of you, and I am mighty. I am performing the function of God in you and through you. I in the midst of you am the mediator between you and your infinite Source.” ~Joel S Goldsmith*

Ezekiel 37:14 (to 2nd ,) (KJV)

14 And shall put my spirit in you, and ye shall live,

Ephesians 3:14-19

14 For this cause I bow my knees unto the Father of our Lord Jesus Christ,

15 Of whom the whole family in heaven and earth is named,

16 That he would grant you, according to the riches of his glory, to be strengthened with might by his Spirit in the inner man;

17 That Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love,

18 May be able to comprehend with all saints what is the breadth, and length, and depth, and height;

19 And to know the love of Christ, which passeth knowledge, that ye might be filled with all the fulness of God.

I Corinthians 2:16 But (KJV)

16 ...But we have the mind of Christ.

My Life is God's Life Expressed.

Christ Consciousness is how I Know it.

~Al Denninger

## The Daily Lesson – February 16, 2020

*“Those things that I receive from the Father, I bestow upon you. The gift of Grace, the strength, the healing power, the redemptive power, and the forgiving power that have been given to Me of the Father, I in turn give unto you. Look unto Me and be saved! Believe in the son of God, and that that son of God, the Word made flesh, the Christ, is in the midst of you.” ~Joel S Goldsmith*

John 1:14 (KJV)

14 And the Word was made flesh, and dwelt among us, (and we beheld his glory, the glory as of the only begotten of the Father,) full of grace and truth.

John 3:21 (KJV)

21 But he that doeth truth cometh to the light, that his deeds may be made manifest, that they are wrought in God.

Acts 2:22 (KJV)

22 Ye men of Israel, hear these words; Jesus of Nazareth, a man approved of God among you by miracles and wonders and signs, which God did by him in the midst of you, as ye yourselves also know:

John 14:27 (to .) (KJV)

27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you.

The Gift of Grace, Peace and Harmony must be Passed forward. But don't think you know where – Let God tell you who is receptive and ready. ~Al Denninger

## The Daily Lesson – February 17, 2020

*“Since ‘before Abraham was, I am’ here in the midst of you. I will never leave you, nor forsake you. Even if your parents forsake you, will not forsake you. I will be with you unto the end of the world. I am to go before you to light your way and to prepare mansions for you.” ~Joel S Goldsmith*

Psalm 23:1-6 (KJV)

1 The Lord is my shepherd; I shall not want.

2 He maketh me to lie down in green pastures: he leadeth me beside the still waters.

3 He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.

4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.

5 Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.

6 Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.

*I am forever held in the Always-Present, All-knowing, Always-Loving arms of God... There is no where I can go beyond His reach... ~al.within*

## The Daily Lesson – February 18, 2020

“Regardless of the trials or tribulations that face us on our human our recourse is to remember consciously the Word made flesh that dwells within us, and Its function. If we slip, Its function is to pick us up again; if we sin, Its function is to forgive us, seventy times seven.” ~Joel S Goldsmith

Ephesians 2:8-10 (KJV)

8 For by grace are ye saved through faith; and that not of yourselves: it is the gift of God:

9 Not of works, lest any man should boast.

10 For we are his workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them.

Romans 8:14 (KJV)

14 For as many as are led by the Spirit of God, they are the sons of God.

As we are Led far enough along on our Spiritual Journey we start Feeling more comfortable and confident in the Awareness of Omnipresence. We will not want anything other than the Father's Will at this point and are truly satisfied.... We start to recognize that we really are individual Expressions of God - and so, we begin to act as such.... Naturally - just as naturally as can be, without taking thought. Our altitude of Consciousness is Lifted as we learn how to Express it outwardly and we See right through any sense of lack. And so it is, we are Sons of God. ~Al Denninger

## The Daily Lesson – February 19, 2020

“After this truth has been revealed to us, we then begin a most difficult part of our journey because now comes that period when we have to make truth a part of our own being, and bring it to fruition in our individual life. The way to accomplish this is through practicing the presence of God.” ~Joel S Goldsmith

Psalms 86:11 (KJV)

11 Teach me thy way, O Lord; I will walk in thy truth:

Luke 10:27 (to ;) (KJV)

27 And he answering said, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy strength, and with all thy mind;

Matthew 7:14 straight (KJV)

14 ...strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it.

Psalms 27:4 (to 2nd ,) (KJV)

4 One thing have I desired of the Lord, that will I seek after; that I may dwell in the house of the Lord all the days of my life,

John 10:27 (KJV)

27 My sheep hear my voice, and I know them, and they follow me:

We must constantly keep our focus on God and Let Christ Consciousness Lead us. ~Al Denninger

## The Daily Lesson – February 20, 2020

“Very soon this practice of the Presence becomes second nature to us, and we can hardly draw a breath without realizing that but for the grace of God, we could not draw it. The body of itself cannot breathe; the body of itself cannot stand on its feet. A body, separate and apart from consciousness, collapses and falls down. We cannot live a moment without the conscious realization of the function of this Spirit of God in us. ~Joel S Goldsmith

John 5:30 (to :) (KJV)

30 I can of mine own self do nothing:

Zechariah 4:6 Not (KJV)

6 ...Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Job 23:14 (to :) (KJV)

14 For he performeth the thing that is appointed for me:

Practice until the Practice becomes Real – until we Know that The Father, the Spirit within, doeth the Work – all of It.... ~Al Denninger

## **The Daily Lesson – February 21, 2020**

“When the full significance of the meaning of the Word made flesh dawns upon us, and we realize that It is the mediator between God and man, we begin to see that this presence and power of mediation is in our consciousness, and therefore, all that the Father intends for us individually to have is ours by the grace of this realized, raised up son of God in us.” ~Joel S Goldsmith

I Corinthians 2:16 But (KJV)

16 ...But we have the mind of Christ.

John 10:10 I am (KJV)

10 ...I am come that they might have life, and that they might have it more abundantly.

Christ Consciousness comes so I might find my Way... ~Al Denninger

## The Daily Lesson – February 22, 2020

“This continued practice of the presence of God leads to an inner silence and stillness, so that the turmoil of the world does not enter in, and when we sit down, we find ourselves in a meditation in which we come into conscious union with God, and we are witnesses now to the Christ that is living our life, beholders of Its glory.” ~Joel S Goldsmith

Psalms 46:10 (to :) (KJV)

10 Be still, and know that I am God:

I Thessalonians 5:17,18 (KJV)

17 Pray without ceasing.

18 In every thing give thanks: for this is the will of God in Christ Jesus concerning you.

II Corinthians 3:16-18 (to .) (KJV)

16 Nevertheless when it shall turn to the Lord, the veil shall be taken away.

17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

18 But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.

Be patient, stay focused on the practice... For where the Presence is Realized – Harmony Is. ~Al Denninger

## The Daily Lesson – February 23, 2020

“We are no longer living by might or by power; we are no longer living by human wisdom, but by a divine Wisdom that flows out through us in what seems to be a human way. We live now, not by force, but by Grace, as if there were Something always out here knowing our need before we do, and supplying it. This comes about through the unfoldment and revelation that are attained in meditation when we have contacted that inner wellspring of life, that inner force which is our true Selfhood.” ~Joel S Goldsmith

Zechariah 4:6 (KJV)

6 Then he answered and spake unto me, saying, This is the word of the Lord unto Zerubbabel, saying, Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Hebrews 4:16 (KJV)

16 Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need.

Matthew 6:8 (KJV)

8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

There is a Perfect Peace and fulfillment that Comes with the Awareness of The Presence of God. This fulfillment of Grace requires no effort on our part, only a Conscious Knowing and an absolute trust in God, beyond words and thoughts.  
~Al Denninger

## The Daily Lesson – February 24, 2020

“In relaxing from conscious effort, struggle, might, power, concern, worry, and fear, the glory of God can be made manifest through our personal life, so that all men may witness it and know that when the Spirit of God is come to individual life, that life becomes one of glory and of service. No one's life becomes glorified that he may go through life sitting on Cloud Nine: one's life is glorified that it may be a service and a dedication to the Creator of all, the Spirit of God that dwells in us.” ~Joel S Goldsmith

Luke 1:46 (KJV)

46 And Mary said, My soul doth magnify the Lord,

Mary struggled with God's orders, but found Peace beyond words and thoughts in Loving service and in absolute dedication.

*Father, I dedicate my Life to Your service... I will feed Thy sheep, as You have asked... ~al.within*

## The Daily Lesson – February 25, 2020

“During the First Degree, we come to the realization that there is this inner spiritual Substance, Activity, or Law, and that It is flowing out through our consciousness, becoming the substance of our new world. The man of flesh has ‘died,’ and in a measure that man who has his being in Christ is now beginning to come alive, resurrected from the tomb of material beliefs and risen into the realization of his spiritual identity.” ~Joel S Goldsmith

I Corinthians 13:10-12 (KJV)

10 But when that which is perfect is come, then that which is in part shall be done away.

11 When I was a child, I spake as a child, I understood as a child, I thought as a child: but when I became a man, I put away childish things.

12 For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known.

II Corinthians 5:17 (KJV)

17 Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.

Acts 17:28 (to;) (KJV)

28 For in him we live, and move, and have our being;

The imprisoned Invisible Spirit within has Come into Awareness so that I may have Life and have it more abundantly. *Thank you Father.....* ~Al Denninger

This concludes our study of the Chapter 16 of the book “A Parenthesis in Eternity”.

Tomorrow we begin: CHAPTER XVII – “The Mystical Life Through the Two Great Commandments”