

“THE DAILY LESSON”

is an activity of the study group found at: www.iwso.org

The subject for our current study is the entire book

“A Parenthesis in Eternity”

by Joel S Goldsmith

THE DAILY LESSON, an ongoing open class by Infinite Way Teacher [Al Denninger](#), is inspired by the message of Joel S. Goldsmith. In this Book Study we delve into Joel's books paragraph by paragraph, from cover to cover. I provide Scripture supporting his entire Work and an Impartation from my daily Experience. These classes appear [on my website](#) and by [email subscription](#) each day, for my students to take into their daily meditations and to carry with them throughout their day.

Students Note: In my teaching, the words that are capitalized throughout the work are not capitalized for emphasis. Instead, the purpose is to Lift the student into the Awareness that these words are a Synonym for, or an Activity of God. The portions that are *italicized* are spontaneous meditations.

The Daily Lesson – October 28, 2018

“CHAPTER VII

THE SACRED WORD

I AM THAT I AM: Exodus 3:14

I am the bread of life: he that cometh to me shall never hunger; and he that believeth on me shall never thirst. John 6:35

Before Abraham was, I am. John 8:58

I am the light of the world. John 9:5

I am the way, the truth, and the life: no man cometh unto the Father, but by me. John 14:6

I am the resurrection, and the life: he that believeth in me, though he were dead, yet shall he live. John 11:25

I will never leave thee, nor forsake thee. Hebrews 13:5

Lo, I am with you always, even unto the end of the world.

Matthew 28:20

In an attempt to fathom the mystery of God, to explain what can never be explained, and to encompass what can never be encompassed, man has used words. But words can never explain God. There can never be a word that is God. Not even the word God is God, nor the words Mind, Soul, Spirit, or Truth, for all these are effects object to the person voicing them.” ~Joel S Goldsmith

John 4:24 (KJV)

24 God is a Spirit: and they that worship him must worship him in spirit and in truth.

So then, here is our practice: Contemplative meditation is basically a conversation with your self - that Opens into a Conversation With God. ~Al Denninger

The Daily Lesson – October 29, 2018

“There are no synonyms for God in absolute truth. Those that we use are really only attributes descriptive of God. Soul is an attribute of the purity of God; Spirit describes God's incorporeality; love, mind, principle, and law are facets of God-being; but none of these is really God.” ~Joel S Goldsmith

Exodus 3:13-14 (KJV)

13 And Moses said unto God, Behold, when I come unto the children of Israel, and shall say unto them, The God of your fathers hath sent me unto you; and they shall say to me, What is his name? what shall I say unto them?

14 And God said unto Moses, I Am That I Am: and he said, Thus shalt thou say unto the children of Israel, I Am hath sent me unto you.

John 8:23 (KJV)

23 And he said unto them, Ye are from beneath; I am from above: ye are of this world; I am not of this world.

Dan 2:19,20 (KJV)

19 Then was the secret revealed unto Daniel in a night vision. Then Daniel blessed the God of heaven.

20 Daniel answered and said, Blessed be the name of God for ever and ever: for wisdom and might are his:

And so dear friends, let us not continue to try to describe and identify God in this-world. But Feel and Know Him beyond words and thoughts. ~Al Denninger

The Daily Lesson – October 30, 2018

“When we are done with all these words, we are no closer to God than we were before: we have not found God. And so, we go on to another word, and another word, and another word. Finally, we realize that we cannot find God in a word, in any word out here. Ultimately, we come back to the one word which holds the secret of the ages — I. I is neither objective nor subjective, and that I is the I that I am, the Knower. It is the Knower and the known, that which knows and that which is known; and I am both: I am He.” ~Joel S Goldsmith

II Corinthians 3:6 (KJV)

6 Who also hath made us able ministers of the new testament; not of the letter, but of the spirit: for the letter killeth, but the spirit giveth life.

Isaiah 46:9 (KJV)

9 Remember the former things of old: for I am God, and there is none else; I am God, and there is none like me,

John 14:20 (KJV)

20 At that day ye shall know that I am in my Father, and ye in me, and I in you.

Knowing the Word is not about comprehension – it is an Experience. ~Al Denninger

The Daily Lesson – October 31, 2018

“If all the words that we use as synonyms for God really were God, the room in which we are sitting and repeating those words would be aflame with illumination, and there would be no disease or discord in it. But all we are doing when we repeat these words is declaring or affirming them, and since nothing happens, they therefore cannot be God. There is no word that we can think of that is not the effect of the thinker, and the thinker must be greater than any word he can think, voice, declare, or write.” ~Joel S Goldsmith

Matthew 6:31-33 (KJV)

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Matthew 6:6-8 (KJV)

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

7 But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking.

8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

Isaiah 55:8-9 (KJV)

8 For my thoughts are not your thoughts, neither are your ways my ways, saith the Lord.

9 For as the heavens are higher than the earth, so are my ways higher than your ways, and my thoughts than your thoughts.

In the beginning was Consciousness, and Consciousness was with God, and Consciousness was God. ~Al Denninger

John 1:2-5 (KJV)

2 The same was in the beginning with God.

3 All things were made by him; and without him was not any thing made that was made.

4 In him was life; and the life was the light of men.

5 And the light shineth in darkness; and the darkness comprehended it not.

Thank you Father...and all that's left is a Smile... ~al.within

The Daily Lesson – November 1, 2018

“Regardless of what word we utter — even the word God — there is an I that utters it, and an it to be uttered. After all the words have come and gone, and we cannot see or hear them any more, I still remain. I must be greater than any thought I can entertain, or any concept I can hold or form, greater than any belief or theory that I can formulate or accept.” ~Joel S Goldsmith

Habakkuk 2:20 (KJV)

20 But the Lord is in his holy temple: let all the earth keep silence before him.

Prov 3:5 (KJV)

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

Luke 12:12 (KJV)

12 For the Holy Ghost shall teach you in the same hour what ye ought to say.

Going it alone is like walking around in the dark. Be still, and Let the Father show you the Way. Let Him be a lamp unto thy feet. He will put the Words in your mouth when you are ready to speak... ~Al Denninger

The Daily Lesson – November 2, 2018

“Any word for God, except one word, would still leave an It and a me. The only word that obliterates everything but itself is the word I. I is the ultimate word behind which we cannot go because I is the thinker, the be-er, the doer, the consciousness, the cause. There is no word that really expresses God except the word I. If any other word is used, there is still an I declaring it, and certainly the I that declared it, thought it up, invented, or discovered it would be greater than any of the words.” ~Joel S Goldsmith

Isa 42:5-9 (KJV)

5 Thus saith God the Lord, he that created the heavens, and stretched them out; he that spread forth the earth, and that which cometh out of it; he that giveth breath unto the people upon it, and spirit to them that walk therein:

6 I the Lord have called thee in righteousness, and will hold thine hand, and will keep thee, and give thee for a covenant of the people, for a light of the Gentiles;

7 To open the blind eyes, to bring out the prisoners from the prison, and them that sit in darkness out of the prison house.

8 I am the Lord: that is my name: and my glory will I not give to another, neither my praise to graven images.

9 Behold, the former things are come to pass, and new things do I declare: before they spring forth I tell you of them.

You've heard it said of old:

I am the Bread.

I am the Wine.

I am the Water.

I am the Meat.

I am the Word.

And so it is:

I Am Life, individually Expressed As...

~Al Denninger

The Daily Lesson – November 3, 2018

“What was it but the understanding of the word I that made Moses the leader and the saviour of the Hebrew people? This word was so sacred that its use was reserved only for the high priests, and they were never allowed to voice it except on one day a year, when they were hidden in the Holy of Holies, in the inner sanctuary of the temple, and nobody was allowed to be there to hear it.” ~Joel S Goldsmith

Exodus 3:14 (KJV)

14 And God said unto Moses, I Am That I Am: and he said, Thus shalt thou say unto the children of Israel, I Am hath sent me unto you.

Exodus 6:3 (KJV)

3 And I appeared unto Abraham, unto Isaac, and unto Jacob, by the name of God Almighty, but by my name Jehovah was I not known to them.

Mark 8:27-30 (KJV)

27 And Jesus went out, and his disciples, into the towns of Caesarea Philippi: and by the way he asked his disciples, saying unto them, Whom do men say that I am?

28 And they answered, John the Baptist: but some say, Elias; and others, One of the prophets.

29 And he saith unto them, But whom say ye that I am? And Peter answereth and saith unto him, Thou art the Christ.

30 And he charged them that they should tell no man of him.

Matthew 6:6 (to ;) (KJV)

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret;

Ezekiel 36:27 (to ,) (KJV)

27 And I will put my spirit within you,

I Corinthians 3:16 (KJV)

16 Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?

The greatest Profits and Teachers, for thousands of years, have instructed us to tell no man, pray in secret and reveal the Nature of God only at low breath to those ready and worthy to receive it. Must be something to this, huh? ~Al Denninger

The Daily Lesson – November 4, 2018

“Moses guarded this word carefully because he knew that human beings tend to use the word I falsely. They use it to identify themselves as Jim, Bill, or Mary. If they were told that I is God, they would translate that to mean that Jim is God, Mary is God, or Bill is God; and we would have human beings going about flapping their wings and sacrilegiously mouthing, ‘I am God.’

For that reason the word I was held as a sacred, secret word, the knowledge of which set the priests apart, and it was that knowledge which constituted their priesthood — this understanding of their true identity. With this understanding they could minister to the needs of those who came to them, because anyone who knows the I can immediately give up all concern for his own welfare, can feed the multitudes, supply, support, and heal them. ~Joel S Goldsmith

Ps 46:10 (to :) (KJV)

10 Be still, and know that I am God:

Matt 16:24 (KJV)

24 Then said Jesus unto his disciples, If any man will come after me, let him deny himself, and take up his cross, and follow me.

The veil is not lifted through the intellect or by ordination in this-world. The veil is Lifted by an Activity of Christ Consciousness. You'll know it when you Know it. And in that Illumined Moment you will Know how you are to be God's servant.
~Al Denninger

The Daily Lesson – November 5, 2018

“King Solomon, too, had learned this secret and, during the building of his great temple, he promised that when it was finished all those who had worked on the building would be given the password that would enable them to travel in far places and always command a master’s wages. No one was permitted to know this password until he had gone through every stage of his craft, from that of the lowest apprentice up to that of a master.

Symbolically, this means that ignorant, illiterate, uncultured, and unspiritual human beings are the apprentices, the lowest grade in spiritual evolution, and in that state they could not be given this password because it would do them no good, but if they worked up through the various stages of humanhood until they arrived at a place of discernment, of masterhood, they would be given the word because they would then be able to understand it.” ~Joel S Goldsmith

I Kings 5:5 (KJV)

5 And, behold, I purpose to build an house unto the name of the Lord my God, as the Lord spake unto David my father, saying, Thy son, whom I will set upon thy throne in thy room, he shall build an house unto my name.

The symbolic story Joel is referring to is about the builders of King Solomon’s Temple. You can find references to this building in I Kings: chapters 5-7 (KJV). This stonemasons guild of craftsman is honored and its knowledge is passed forward - generation to generation, word for word, mouth to ear - in the inner teachings and degrees of the Freemasons of which Joel belonged. I understand the deep nature of this message as I have been through all of the degrees in Freemasonry as well.

The Name of God has no real meaning to the un-illuminated because they have not done their Masters Work and are not yet ready and fully qualified to receive it.
~Al Denninger

The Daily Lesson – November 6, 2018

“And what was that password? I AM. Those who know I AM will never have to look to ‘man, whose breath is in his nostrils’ for anything. Anyone who realizes I AM can travel any place in the world, with or without scrip. Everything needed will be provided for him out of Withinness. He does not have to depend on charity, on the good will of anybody, or on influence. He carries with him everything that he will ever need.” ~Joel S Goldmith

Psalms 23:1 (KJV)

1 The Lord is my shepherd; I shall not want.

Psalms 7:1 (to :) (KJV)

1 O Lord my God, in thee do I put my trust:

Matthew 6:33 (KJV)

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

I am Included in God's Omnipresence. ~Al Denninger

The Daily Lesson – November 7, 2018

“The I AM known to Moses, Solomon, and Isaiah was the secret teaching of Christ Jesus: "I have meat to eat that ye know not of. . . . I am the bread of life. ... I am the way, the truth, and the life ... I am the resurrection, and the life.... I and my Father are one." Yet the "Father ... is greater than all." In other words, the invisible part of us is greater than the visible, and I is greater than we are because we are fed by the I that we already are. / is not another word invented by the mind of man; It is not another power, presence, or character created in time or space: It is the I that we are that feeds us, whether in the form of material for books, lectures, food on the table, clothing, housing, or transportation. It all comes from the I.” ~Joel S Goldsmith

Zephaniah 3:17 (to ;) (KJV)

17 The Lord thy God in the midst of thee is mighty;

John 14:6 (to :) (KJV)

6 Jesus saith unto him, I am the way, the truth, and the life:

Luke 15:31 (KJV)

31 And he said unto him, Son, thou art ever with me, and all that I have is thine.

Of mine own self, i can do nothing – the I that I Am within doeth the Work. ~Al Denninger

The Daily Lesson – November 8, 2018

“The ultimate of the correct letter of truth is when we go beyond using a word like God to where we are left with nothing but I, or I AM. And that is enough.” ~Joel S Goldsmith

Exodus 3:14 (KJV)

14 And God said unto Moses, I Am That I Am: and he said, Thus shalt thou say unto the children of Israel, I Am hath sent me unto you.

I Am beyond words and thoughts, in Spirit and in Truth. ~Al Denninger

The Daily Lesson – November 10, 2018

“I is God: there are not two. When this reveals itself to us, something warm, joyous, and sacred has taken place within us. This is the ‘pearl of great price.’ Would we throw such a treasure out for the lovers of baubles to trample on or to put in a ten-cent mounting and wear? If the I of us is God, what is there external or internal to us that can thwart God's will, destroy God's life, or destroy God's mind or body?” ~Joel S Goldsmith

Matthew 13:45-46 (KJV)

45 Again, the kingdom of heaven is like unto a merchant man, seeking goodly pearls:

46 Who, when he had found one pearl of great price, went and sold all that he had, and bought it.

Matthew 7:6 (to 3rd,) (KJV)

6 Give not that which is holy unto the dogs, neither cast ye your pearls before swine, lest they trample them under their feet,

1 John 4:4 (KJV)

4 Ye are of God, little children, and have overcome them: because greater is he that is in you, than he that is in the world.

I Am the Infinite Invisible.

I Am the Omnipresent, All-knowing, All-powerful and indestructible Spirit within You. ~Al Denninger

The Daily Lesson – November 10, 2018

“Is there a God up in the sky? Is there a God sitting on a cloud? Is there a God floating in the air? Is there a God walking around on earth? I know not any; I have never seen or heard of any. The only God that has ever revealed Itself is the one that has come through the still small voice which is uttered within me. But there is nothing within me but me; I am the only being that I am, and if I hear a still small voice, it must come from within the depths of my Self. It cannot be what is called a human self; it must come from that Self of me which I recognize to be divine. If ‘I and my Father are one,’ I must be that one; and therefore, unless I know that I in the midst of me am He, I do not know God. ~Joel S Goldsmith

Isa 44:8 Is (KJV)

8 ...Is there a God beside me? yea, there is no God; I know not any.

Isa 44:6 I am the first (KJV)

6 ...I am the first, and I am the last; and beside me there is no God.

Luke 17:21 (KJV)

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

Looking for a sign in this world is a distraction. Look Within. ~Al Denninger

The Daily Lesson – November 11, 2018

“I AM — not the bold, brazen ‘I’-man that wants to walk up and down the street saying, ‘I am God,’ but the I-man that sacredly and secretly has received this inner assurance:

Be still, be still: I am God. You be still! Do you not know that I in the midst of you am God? I will never leave you. I am come that you might have life, and that you might have it more abundantly.” ~Joel S Goldsmith

II Cor 6:16 (to 2nd ;) (KJV)

16 And what agreement hath the temple of God with idols? for ye are the temple of the living God; as God hath said, I will dwell in them, and walk in them;

i by mine own self, am nothing, Father... I am Your individual Expression, Your Life Activity, Your Temple, Your Voice Singing... I am sitting here, Still as can Be, Watching Your Work be done.... Thank you Father ... ~al.within

The Daily Lesson – November 12, 2018

You be still! I am in the midst of you. I am your being, I am your bread, your meat, your wine, your water. Let that mind of yours be still; let those fears be still! There are no powers external to you; there is no God in words or thoughts. I am God!
~Joel S Goldsmith

Ps 46:10 (to :) (KJV)

10 Be still, and know that I am God:

Psalms 23:1-6 (KJV)

1 The Lord is my shepherd; I shall not want.

2 He maketh me to lie down in green pastures: he leadeth me beside the still waters.

3 He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.

4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.

5 Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.

6 Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.

Why not just Be still, and Let God be God? The 'little distractions' we think up from time to time, don't change the Truth. ~Al Denninger

The Daily Lesson – November 13, 2018

“This is the ‘pearl,’ ‘the pearl’ that must be hidden so that it is not trampled upon, but it is a ‘pearl’ that must be shared. It can be shared, however, only with those who can receive it sacredly and be trusted with it, because when it is given to the unprepared human mind, that mind wants to use it to conquer the world: ‘Oh, I am God, now I want a million. Ah! I want ten million, a hundred million. Why not? I am God!’

But to the Soul that is prepared, It whispers: ‘Oh, I am God: I do not need anything, I do not want anything. I have all that I need, I have all that I want, and the world's baubles are of no interest to me.’ We cannot be that I that is God and still be interested in name, fame, or fortune. These will come to us, but by that time, we will not value them.” ~Joel S Goldsmith

Revelation 21:6 I am,7 (to ;) (KJV)

6 ...I am Alpha and Omega, the beginning and the end. I will give unto him that is athirst of the fountain of the water of life freely.

7 He that overcometh [overcometh this-world thought] shall inherit all things;

John 4:6-23 (KJV)

6 Now Jacob's well was there. Jesus therefore, being wearied with his journey, sat thus on the well: and it was about the sixth hour.

7 There cometh a woman of Samaria to draw water: Jesus saith unto her, Give me to drink.

8 (For his disciples were gone away unto the city to buy meat.)

9 Then saith the woman of Samaria unto him, How is it that thou, being a Jew, askest drink of me, which am a woman of Samaria? for the Jews have no dealings with the Samaritans.

10 Jesus answered and said unto her, If thou knewest the gift of God, and who it is that saith to thee, Give me to drink; thou wouldest have asked of him, and he would have given thee living water.

11 The woman saith unto him, Sir, thou hast nothing to draw with, and the well is deep: from whence then hast thou that living water?

You see? She was not yet ready to draw in and receive the Spirit of the Living Water... ~Al Denninger

12 Art thou greater than our father Jacob, which gave us the well, and drank thereof himself, and his children, and his cattle?

Now she is confronting the Christ with reasoning thought. ~Al Denninger

13 Jesus answered and said unto her, Whosoever drinketh of this water shall thirst again:

14 But whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life.

15 The woman saith unto him, Sir, give me this water, that I thirst not, neither come hither to draw.

OK Great... Now she wants It, but not quite ready... ~Al Denninger

16 Jesus saith unto her, Go, call thy husband, and come hither.

17 The woman answered and said, I have no husband. Jesus said unto her, Thou hast well said, I have no husband:

18 For thou hast had five husbands; and he whom thou now hast is not thy husband: in that saidst thou truly.

19 The woman saith unto him, Sir, I perceive that thou art a prophet.

20 Our fathers worshipped in this mountain; and ye say, that in Jerusalem is the place where men ought to worship.

21 Jesus saith unto her, Woman, believe me, the hour cometh, when ye shall neither in this mountain, nor yet at Jerusalem, worship the Father.

22 Ye worship ye know not what: we know what we worship: for salvation is of the Jews.

23 But the hour cometh, and now is, when the true worshippers shall worship the Father in spirit and in truth: for the Father seeketh such to worship him.

When we are Ready to Listen in Spirit, we are Ready to Hear. ~Al Denninger

I Cor 2:14 (KJV)

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

The Daily Lesson – November 14, 2018

“As long as there is an ‘I’ seeking God, we have not come home. Only when we realize that I is God are we at home in Him, at peace, for when we know that I and the Father are one, we have nothing to be unpeaceful about, nothing to fear and no one to fear, nothing to hate, nothing to resent. Neither life nor death can separate us from the love of God.” ~Joel S Goldsmith

Acts 7:33 (KJV)

33 Then said the Lord to him, Put off thy shoes from thy feet: for the place where thou standest is holy ground.

John 14:27 (KJV)

27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

Anchor yourself in the Truth. ~Al Denninger

The Daily Lesson – November 15, 2018

“In sharing this ‘pearl’ it may be that a few who learn of it will misuse it and thereby destroy themselves. They will not destroy us; they will not destroy the world: they will destroy themselves. Nevertheless, in spite of such persons, this truth must be revealed in order that those able to accept it can be completely free— spiritually free in the realization of the great wisdom that Moses veiled from his people and that the Master was crucified for revealing: ‘I AM THAT I AM . . . I and my Father are one.’” ~Joel S Goldsmith

Romans 8:13,14 (KJV)

13 For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live.

14 For as many as are led by the Spirit of God, they are the sons of God.

II Corinthians 3:15-18 (KJV)

15 But even unto this day, when Moses is read, the veil is upon their heart.

16 Nevertheless when it shall turn to the Lord, the veil shall be taken away.

17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

18 But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.

A tempted ego can rise up in a dream of its own self-importance, with its own sense of wisdom and power. This ego dissolves, into the nothingness it always was, the instant it Sees the Light and Awakens in the Truth of Being or Christ Consciousness. ~Al Denninger

The Daily Lesson – November 16, 2018

“If divine Grace has given us the wisdom to accept this— and nothing can give it to us but divine Grace — let us accept it sacredly and keep it secret, not mouthing it or letting anyone know that we know it.” ~Joel S Goldsmith

Revelation 2:17 (KJV)

17 He that hath an ear, let him hear what the Spirit saith unto the churches; To him that overcometh will I give to eat of the hidden manna, and will give him a white stone, and in the stone a new name written, which no man knoweth saving he that receiveth it.

Ephesians 2:8-9 (KJV)

8 For by grace are ye saved through faith; and that not of yourselves: it is the gift of God:

9 Not of works, lest any man should boast.

We shall all be Taught by God, not by some man, whose breath is in his nostrils. But a well-taught Sage can surely point the way. ~Al Denninger

The Daily Lesson – November 17, 2018

“If we tell a person not developed or trained in spiritual wisdom that God is *I*, in his unilluminated state, he will think that we are deifying a human being. This is not true at all. The human being has to ‘die’ in order that the *I* which is his true identity may be revealed in all its purity, completeness, and fullness. That *I* which is God is the *I* of you, but it is also the *I* of me, for there is only one *I*, one Ego. There is only one divine Life which I am and which you are.” ~Joel S Goldsmith

Ephesians 4:22-24 (KJV)

22 That ye put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts;
23 And be renewed in the spirit of your mind;
24 And that ye put on the new man, which after God is created in righteousness and true holiness.

John 6:53-65 (KJV)

53 Then Jesus said unto them, Verily, verily, I say unto you, Except ye eat the flesh of the Son of man, and drink his blood, ye have no life in you.
54 Whoso eateth my flesh, and drinketh my blood, hath eternal life; and I will raise him up at the last day.
55 For my flesh is meat indeed, and my blood is drink indeed.
56 He that eateth my flesh, and drinketh my blood, dwelleth in me, and I in him.
57 As the living Father hath sent me, and I live by the Father: so he that eateth me, even he shall live by me.
58 This is that bread which came down from heaven: not as your fathers did eat manna, and are dead: he that eateth of this bread shall live for ever.
59 These things said he in the synagogue, as he taught in Capernaum.
60 Many therefore of his disciples, when they had heard this, said, This is an hard saying; who can hear it?
61 When Jesus knew in himself that his disciples murmured at it, he said unto them, Doth this offend you?
62 What and if ye shall see the Son of man ascend up where he was before?
63 It is the spirit that quickeneth; the flesh profiteth nothing: the words that I speak unto you, they are spirit, and they are life.
64 But there are some of you that believe not. For Jesus knew from the beginning who they were that believed not, and who should betray him.
65 And he said, Therefore said I unto you, that no man can come unto me, except it were given unto him of my Father.

Romans 12:2 (KJV)

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

My Life is not of this-world. Yours is not either... ~Al Denninger

The Daily Lesson – November 18, 2018

“The Infinite Way teaches that a person must never say ‘I am God’ because it is not true. No human being is God. If a human being were God, then every word that he spoke would heal the sick, raise the dead, and open the eyes of the blind, but it does not. Why? Because a human being is not God. But when he goes back into the Kingdom of his own being in peace and in quiet, and hears the Voice speak to him, ‘Fear not; I am here,’ that is God within him uttering His voice, and the earth, the error, melts.” ~Joel S Goldsmith

Isaiah 64:8 (KJV)

8 But now, O Lord, thou art our father; we are the clay, and thou our potter; and we all are the work of thy hand.

Job 32:8 (KJV)

8 But there is a spirit in man: and the inspiration of the Almighty giveth them understanding.

Isaiah 41:10 (KJV)

10 Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.

i can of mine own self do nothing... “I” Am God, not i... I Am the Mind of Christ – Christ Consciousness. And I will never leave thee or forsake thee. My Peace, I give unto thee... Thank you Father. Loving you, ~al.within

The Daily Lesson – November 19, 2018

“We are the instruments, the witnesses to God’s word, and that Word is *I*. But we must not speak *I*: we must hear *I*. These things are so sacred and so secret that they should never be voiced by anyone: they are true only if they well up within and are heard in the inner sanctuary of our being.” ~Joel S Goldsmith

Psalms 91:1 (KJV)

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

I Samuel 3:9 Speak (to .) (KJV)

9 ...Speak, Lord; for thy servant heareth.

Romans 8:16 (to :) (KJV)

16 The Spirit itself beareth witness with our spirit, that we are the children of God:

The Experience of Communion is Spirit to Spirit, Soul to Soul. It is not heard, nor can it be voiced in human terms. The Truth, and the Freedom that follows, is Felt within. ~Al Denninger

I Corinthians 2:12-14 (KJV)

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

13 Which things also we speak, not in the words which man’s wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

The Daily Lesson – November 20, 2018

“When we are in prayer and feel that stirring which means that God is on the field, a healing or an improvement takes place because nothing can ever stand in the way of that / — nothing. We could voice It from now until doomsday, and nothing would happen, but if It voices Itself through us, then It becomes the Word made flesh.” ~Joel S Goldsmith

John 1:14 (KJV)

14 And the Word was made flesh, and dwelt among us, (and we beheld his glory, the glory as of the only begotten of the Father,) full of grace and truth.

Matthew 6:7 (KJV)

7 But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking.

John 14:10 (KJV)

10 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works.

The Realized Presence is Omnipotent. Step out of the way and Let God do the Work. *Thy Will be Done Father, right now, on earth as it is in Heaven...* ~Al Denninger

The Daily Lesson – November 21, 2018

“The only thing that heals is the word of God, and even though it may use the old familiar language, it always comes through as fresh inspiration because it has come up out of the depths of the Soul. This teaching does not claim that you and I are God: this teaching reveals the *I* within you and within me, not by virtue of our speaking It, but by our hearing It. This revelation does not make us one with the Father: it establishes within us the realization that before Abraham was, *I* and the Father were one. That *I* is the presence and the power, and It is omnipresent and omnipotent.” ~Joel S Goldsmith

Luke 15:31 (KJV)

31 And he said unto him, Son, thou art ever with me, and all that I have is thine.

Son, there was never a time when I wasn't with you, and all that I have has always been, and always will be thine. ~Al Denninger

The Daily Lesson – November 22, 2018

“I is the embodiment of everything necessary for our unfoldment, so that if we should leave our home with nothing, we could walk wherever we chose — around the world if that is to our purpose — and reach our destination, as long as we did not look outside ourselves, hoping someone would help us or give us a ticket or a dollar. Anything is possible as long as we hold to I AM.” ~Joel S Goldsmith

Psalms 23:1 (KJV)

1 The Lord is my shepherd; I shall not want.

Matthew 19:26 (KJV)

26 But Jesus beheld them, and said unto them, With men this is impossible; but with God all things are possible.

Thank you Father for Your Love. I can do nothing but watch as Your Love Flows to, in and through me. I am most grateful. ~al.within

The Daily Lesson – November 23, 2018

“When we know that / is here, / is there, and / is everywhere, we can use any one, or all, of the many synonyms there are for God — Life, Truth, Love, Soul, or Principle. It makes no difference because we are merely using terms describing attributes of God. No one can ever define God for us, however, because / is indefinable. We do not know what we are: we are a mystery even to ourselves. There is an / within us that has never been known to anybody.” ~Joel S Goldsmith

I Cor 2:12 (KJV)

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

I Cor 2:9,10 (KJV)

9 But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him.

10 But God hath revealed them unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God.

The / within us is not known in this-world sense, it is discerned deeply within Our Spiritual Consciousness. ~Al Denninger

The Daily Lesson – November 24, 2018

“If, in sacredness and secrecy, we keep locked up inside our own being the word *I*, that which we are entertaining secretly will reward us openly, and all those who are brought into our presence will feel a divine impulse. It is as if a voice inside of us were speaking and saying, ‘*I* in the midst of thee am God, and all that I have is thine.’ Then we rest on the promise that the Infinite Invisible within is the very Source of our life, that which created us in the beginning. God created us — not human parents, but God. We are spiritually created and spiritually formed, even though to human sense we entertain a physical sense of that spiritual creation.”
~Joel S Goldsmith

Luke 17:21 (KJV)

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

Matt 5:14 (to .) (KJV)

14 Ye are the light of the world.

John 12:32 (KJV)

32 And I, if I be lifted up from the earth, will draw all men unto me.

Matthew 5:16 (KJV)

16 Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven

Ps 16:8 (KJV)

8 I have set the Lord always before me: because he is at my right hand, I shall not be moved.

I, if *I* be lifted up, am Included in the Omnipresence and Peace of God. And all that is left is a Smile... ~Al Denninger

The Daily Lesson – November 25, 2018

“If we will learn to withdraw our gaze from this world and realize that we are not dependent on anything in the external world, we shall begin to understand that *I* in the midst of us is mighty:

I need not put my faith in ‘princes’; I need not trust ‘man, whose breath is in his nostrils,’ but neither need I fear what man can do to me because I carry within me the great Saviour, the great Principle, the I of my own being, the I which created and maintains me, the I that is the very bread of life: my meat, my wine, my water, my salvation, and my resurrection.” ~Joel S Goldsmith

Isaiah 2:22 (KJV)

22 Cease ye from man, whose breath is in his nostrils: for wherein is he to be accounted of?

Psalms 73:23,24 (KJV)

23 Nevertheless I am continually with thee: thou hast holden me by my right hand.

24 Thou shalt guide me with thy counsel, and afterward receive me to glory.

i can of mine own self do nothing... i lean not unto mine own understanding – and all this-world thought... I will not be distracted by fear - Get thee behind me... I trust You Father, with everything, and I fully surrender to Thy Will... Thy Way... I patiently practice Your Presence... And then in Silence: The Spirit within [I Am] doeth the Work – and Your Love Maintains me... ~al.within

The Daily Lesson – November 26, 2018

[the meditation continues...] “If this temple of my body is destroyed, in three days something called I will raise it up again. Even if I were unconscious, even if I were dead, I in the midst of me am alive, and that I will resurrect even the body should there be any occasion for that.

What is it that restores the lost years of the locusts? *I*. What is it that resurrects our body, business, home, strength, health, and vitality? *I*. There is only one divine Presence and Power, and It is all embodied in that which, sacredly and secretly, is called *I*. ~Joel S Goldsmith

Zephaniah 3:17 (to ;) (KJV)

17 The Lord thy God in the midst of thee is mighty;

John 6:47-50 (KJV)

47 Verily, verily, I say unto you, He that believeth on me hath everlasting life.

48 I [*I*] am that bread of life.

49 Your fathers did eat manna in the wilderness, and are dead.

50 This is the bread [the bread is *I*] which cometh down from heaven, that a man may eat [accept, take within and Know] thereof, and not die.

In the Presence and Realization of *I*, there is never lack or inharmony. *I*-consciousness is Life Everlasting. ~Al Denninger

The Daily Lesson – November 27, 2018

“The Master had great difficulty in imparting this idea to the Hebrews who had observed ceremonies, rituals, and holy days, but who had been given little or no spiritual enlightenment. All their instruction had been in the realm of the mind and in the observance of outward rites, and that is not sufficient. Spiritual teaching must enter the heart; it must be in the Soul: it must be felt rather than reasoned or thought; it must be intuitively understood. Only then can we take the word *I* into the sacred and secret place of the most High and dwell there with It. If we dwell in the secret place of the most High and abide with that *I*, let the *I* abide in us, let that *I* flood our consciousness, It will impart Itself to us and say: ‘Know ye not that *I* am God? ‘Be still, and know that *I* am God’; *I* in the midst of thee am mighty. *I* will never leave you, nor forsake you.’” ~Joel S Goldsmith

I Corinthians 2:12-14 (KJV)

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

13 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

Psalms 91 (KJV)

91 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

If i go not away, the Spirit will not Come to You... ~Al Denninger

The Daily Lesson – November 28, 2018

“Are we looking to some God other than the I for our health? If we are, we are missing the way. The Tree of Life is truly planted in the midst of our consciousness, and it is all embodied in that little word I. ‘It is I; be not afraid. ... I will never leave thee.’ Let us keep this Word in the center of our being, in our consciousness, keep this Word in our heart. Let us not parade or flaunt It, for if we do, we will lose It. The more silently and the more sacredly we hold It, the greater will be our demonstration of It.” ~Joel S Goldsmith

Ps 127:1 (to :) (KJV)

1 Except the Lord build the house, they labour in vain that build it:

Zech 2:13 (to :) (KJV)

13 Be silent, O all flesh, before the Lord:

Stay Focused on God’s Life. Be still, with open face beholding as in a glass the glory of the Lord. We are His Love Individually Expressed. ~Al Denninger

The Daily Lesson – November 29, 2018

“No one can boast in the Lord; no one has the right to act as if this secret were his personal possession. It is a secret, but it is not your secret and it is not mine: it is the secret of the mystics of all ages. It was known to Lao-tse of China; it was known to Gautama the Buddha; it is the central theme of the teaching of Shankara; and it is the central theme of the teaching of Jesus Christ as revealed in the Gospel of John. It is the central theme of the life of every mystic.” ~Joel S Goldsmith

Ephesians 2:8,9 (KJV)

8 For by grace are ye saved through faith; and that not of yourselves: it is the gift of God:

9 Not of works, lest any man should boast.

John 5:30,31 (KJV)

30 I can of mine own self do nothing: as I hear, I judge: and my judgment is just; because I seek not mine own will, but the will of the Father which hath sent me.

31 If I bear witness of myself, my witness is not true.

There is only One Cause, One Presence, One Life, and One Love, and I am Included in this all-encompassing Activity - not separate. ~Al Denninger

Galatians 5:22 (KJV)

22 But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith,

The Daily Lesson – November 30, 2018

“The word *I* is the secret of the mystic's unfoldment! Even before there was a concept of God in the mind of man, *I*, God, existed. Before there were any human beings on earth, *I* existed as the creative principle of all that is. It is difficult for a person to accept this idea unless there is an answering response within, a something which says, ‘Yes, that is what I have always believed, but could not voice. That is what I have always known; that is what I feel.’” ~Joel S Goldsmith

Psalms 90:2 (KJV)

2 Before the mountains were brought forth, or ever thou hadst formed the earth and the world, even from everlasting to everlasting, thou art God.

Revelation 1:8 (KJV)

8 I am Alpha and Omega, the beginning and the ending, saith the Lord, which is, and which was, and which is to come, the Almighty.

The Infinite Invisible always was and always will be. Knowing this Truth of Being has nothing to do with thought. It has to do with Experiencing Truth as It effortlessly Flows from within. And all that is left is a Smile... ~Al Denninger

The Daily Lesson – December 1, 2018

“I is the sacred word. It is a soft and gentle Presence, yet withal, a powerful Presence. If we have a sense of rightness about this sacred Word, then we can begin to hold It within ourselves and to live out from the center of our being. Then it is that we can walk up and down this earth as a blessing to all who come our way.” ~Joel S Goldsmith

I Kings 8:61 (KJV)

61 Let your heart therefore be perfect with the Lord our God, to walk in his statutes, and to keep his commandments, as at this day.

Colossians 1:10 (KJV)

10 That ye might walk worthy of the Lord unto all pleasing, being fruitful in every good work, and increasing in the knowledge of God;

Matthew 5:16 (KJV)

16 Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

Luke 1:46 (KJV)

46 And Mary said, My soul doth magnify the Lord

I is the Activity of Love Loving. ~Al Denninger

The Daily Lesson – December 2, 2018

“When a person has attained a realization of God, his very presence is a benediction to others; and if he is charged with the care of some consecrated place such as a church, temple, synagogue, or truthcenter, the atmosphere of his consciousness so permeates it that even entering it is a blessing. Any place of worship where there is a minister, rabbi, priest, or any person who is truly dedicated to the spiritual way of life is holy ground, so holy that we have only to walk into it to find healing. The stones themselves must cry out with spiritual tongues, ‘The presence of God is here.’” ~Joel S Goldsmith

John 12:32 (KJV)

32 And I, if I be lifted up from the earth, will draw all men unto me.

Acts 7:33 (KJV)

33 Then said the Lord to him, Put off thy shoes from thy feet: for the place where thou standest is holy ground.

I John 4:16 (KJV)

16 And we have known and believed the love that God hath to us. God is love; and he that dwelleth in love dwelleth in God, and God in him.

Love attracts Love and amplifies it. ~Al Denninger

The Daily Lesson – December 3, 2018

“It is not the temple that consecrates a man: it is the man who consecrates the temple. It need not be a temple, a church, or a synagogue. What it is, is of little importance. It can be a room in our home, or a chair, but if we are consecrated to God and if we fill ourselves with the conviction of the omnipresence of God, the very atmosphere around us is charged with spiritual power, and those who walk into that place feel its healing influence.” ~Joel S Goldsmith

Isaiah 30:15 In (to :) (KJV)

15 ...In returning and rest shall ye be saved; in quietness and in confidence shall be your strength:

Psalms 43:3 (KJV)

3 O send out thy light and thy truth: let them lead me; let them bring me unto thy holy hill, and to thy tabernacles.

I have dedicated a special place and to my study and meditation. It always feels comfortable, inspiring and easy to settle into when returning. ~Al Denninger

The Daily Lesson – December 4, 2018

“Wherever there is this recognition of the presence and the Spirit of God, the power of God is flowing, maintaining our mental, moral, financial, and physical freedom, and then whenever a need appears, we create what seems to be a vacuum within us, a listening attitude, and in that second, the right word comes to us, the word of God which is quick and sharp and powerful, and which does the work of healing, reforming, and sustaining.” ~Joel S Goldsmith

Hebrews 4:12 (to 3rd ,) (KJV)

12 For the word of God is quick, and powerful, and sharper than any two-edged sword,

II Corinthians 3:16,17 (to .) (KJV)

16 Nevertheless when it shall turn to the Lord, the veil shall be taken away.

17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

It is God’s Good Pleasure to Give us the Kingdom – it is our job to remember to Recognize this. ~Al Denninger

The Daily Lesson – December 5, 2018

“There is only one / permeating every person, constituting all individual life, whether human, animal, vegetable, or mineral. That one / is the Soul of all being, the creative principle, the activity, the cause, the life, and even the body itself. It is both cause and effect. It is / which is the sacredness of our being, the Consciousness of our being. That it is that governs us. / in the midst of us is mighty.” ~Joel S Goldsmith

Eph 4:4 (to 2nd), 6 (KJV)

4 There is one body, and one Spirit,

6 One God and Father of all, who is above all, and through all, and in you all.

Zephaniah 3:17 (KJV)

17 The Lord thy God in the midst of thee is mighty; he will save, he will rejoice over thee with joy; he will rest in his love, he will joy over thee with singing.

There is only One Life, individually Expressed As. ~Al Denninger

The Daily Lesson – December 6, 2018

“With you all now, Loving You, Take off your shoes in the presence of that word / because you are speaking the holy name of God.” ~Joel S Goldsmith

John 1:1-4 (KJV)

1 In the beginning was the Word, and the Word was with God, and the Word was God.

2 The same was in the beginning with God.

3 All things were made by him; and without him was not any thing made that was made.

4 In him was life; and the life was the light of men.

John 9:5 (KJV)

5 As long as I am in the world, I am the light of the world.

I am the Light of the world, and so it is that I am the Life of the world. Rest ye in Me. ~Al Denninger

This concludes our study of the Chapter 7 of the book ‘A Parenthesis in Eternity’. Tomorrow we begin Chapter 8, entitled “The Mystical I”