

## **“THE DAILY LESSON”**

is an activity of the study group found at: [www.iwso.org](http://www.iwso.org)

The subject for our current study is the entire book

### **‘A Parenthesis in Eternity’**

by Joel S Goldsmith

The Daily Lesson is a progression of excerpts from tapes recorded by Joel,  
or from his books or writings.

It appears here and in email format each day,  
together with the addition of corroborating scripture and  
inspired comments by the Practitioner and Teacher ~Al Denninger,  
to take into meditation and live with throughout your day.

Students note: There are words that are capitalized in my writings.  
These words are used as if they are a synonym for, or as an activity of God.  
The portions that are *italicized* are spontaneous meditations.

## **The Daily Lesson – May 20, 2018**

### **“CHAPTER III**

#### **THE SPIRITUAL ADVENTURE**

From earliest times this world with all its magnificence, yet punctuated by untold tragedy, has been a mystery, with man himself the greatest enigma of all. Here a man, and there a man, has sought to penetrate this mystery, but for the most part men have gone about their business, doing all that needed to be done humanly — some with great integrity and some with less, some with great ability and some with less, but all having one thing in common: all that existed for them was what they could see, hear, taste, touch, or smell, or could reason and think about.”

~Joel S Goldsmith

I Cor 15:50-53 (KJV)

50 Now this I say, brethren, that flesh and blood cannot inherit the kingdom of God; neither doth corruption inherit incorruption.

51 Behold, I shew you a mystery; We shall not all sleep, but we shall all be changed,

52 In a moment, in the twinkling of an eye, at the last trump: for the trumpet shall sound, and the dead [un-Illumined] shall be raised incorruptible, and we shall be changed [Illumined].

53 For this corruptible must put on incorruption, and this mortal must put on immortality.

We will have to work in this-world as long as we continue to be distracted from the Truth that Is. ~Al Denninger

## The Daily Lesson – May 21, 2018

“They might have looked up at the sky occasionally — a passing glance, a passing thought — but it had no meaning for them except that the sun was up there in the daytime, often very uncomfortable, and the stars and the moon were there at night, very beautiful. These things had no significance: they were just something they saw or felt, things they were aware of, but of which they had no knowledge, and in which, at the moment, no interest.

To these people it was as if there were no world other than the one in which they lived. They saw the horizon, and it was so real that, to them, it represented the edge of the world, and they did not dare to go out to investigate. Had they only known the global nature of the earth and the laws of navigation, they could have sailed all around the world and found continents, islands, and unlimited wealth, but because of their ignorance, they were confined within the limits of their immediate environment.” ~Joel S Goldsmith

I Cor 15:44 (KJV)

44 ...There is a natural body, and there is a spiritual body.

When our focus is on this-world that is where our experience will be. ~Al Denninger

## **The Daily Lesson – May 22, 2018**

“Similarly, is not the world today filled with people, educated and uneducated, yet knowing nothing beyond what they see, hear, taste, touch, smell, or feel?”

The human race, as we know it, is composed of men and women living completely shut off from divine aid, divine sustenance, and divine providence. From the most ancient of times up to modern days, man has not only lived by the sweat of his brow, but has engaged in strife to gain his ends, whether in the case of individuals, or companies under the name of competition, or as nations under the name of war.” ~Joel S Goldsmith

I Cor 2:14 (KJV)

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

Where have you been going for your Source of Truth? ~Al Denninger

## The Daily Lesson – May 23, 2018

“Somewhere along the road, man lost sight of his identity and began to look upon himself as a person separate and apart from his Source, under the necessity of earning his living, having to provide for his family, and later being compelled to protect his family and community from neighboring peoples who had also lost the awareness of their true identity and, in seeking their livelihood, cared little whether they gained it by earning, stealing, or by going to war for it. Thus developed this world of human beings, each one of whom looks upon himself as an individual separate and apart from others, with interests of his own and with the responsibility on his shoulders of providing not only for the present but for the future.” ~Joel S Goldsmith

Somewhere along the way, we come to a place of decision. Do we continue to plug into the distractions of this-world – or do we give our Trust to the Real Truth of Spiritual Being. The Kingdom of God where there is no persuasion towards a sense of separation - no good or bad – no me and – only God As... Is the Spirit of God Omnipresent, or isn't It? ~Al Denninger

II Cor 3:4,5 (KJV)

4 And such trust have we through Christ to God-ward:

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

Rom 8:38,39 (KJV)

38 For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come,

39 Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.

*I of mine own self, can do nothing... ~al.within*

## The Daily Lesson – May 24, 2018

“Among even primitive peoples, however, there must have been some not earthbound, some able to rise above their surroundings, able to rise in consciousness, and at least begin to question the wonders of this universe. Those who watched the sky out on the desert on a clear night, the stars hanging low, probably a moon close by, or those who were alone on the sea surely must have sensed the mystery of the atmosphere, of the sky, and something even of the incomprehensibility of the desert and the sea.

The awesomeness of this great universe undoubtedly raised questions in the mind of the person who was already attuned to its mysteries, or who for one reason or another had come into this world unbound, not of the earth, earthy, walking the world, but not of it. At nighttime, as he looked up into those wondrous, faraway, unreachable stars, he must have felt that there was a hidden mystery, something not known to the mind of man. Yet here it was; it existed. There must be a meaning to those stars in the sky; there must be a cause.” ~Joel S Goldsmith

Deut 4:19,20 (KJV)

19 And lest thou lift up thine eyes unto heaven, and when thou seest the sun, and the moon, and the stars, even all the host of heaven, shouldest be driven to worship them, and serve them, which the Lord thy God hath divided unto all nations under the whole heaven.

20 But the Lord hath taken you, and brought you forth out of the iron furnace, even out of Egypt, to be unto him a people of inheritance, as ye are this day.

All it takes is a spark of harmony to be Led towards Recognizing our Spiritual Inheritance. ~Al Denninger

## The Daily Lesson – May 25, 2018

“To him, whether on land or sea, came the inevitable questions: What lies behind this visible world? How did this world come into existence? How did I come into existence? What am I doing on earth? Is this really life— being born, doing a little hunting and fishing, raising a family and carrying on a business, and then getting old and dying? Is this universe the product of something greater than I, or am I just a little bit of protoplasm thrown out here on the earth for a time and for no good reason? Is this an accidental world? Am I here as a victim of chance and change, a victim of a merciless desert, of a tidal wave, a hurricane, floods, fire, or other cataclysmic disasters?”

There must have been times in the experience of the men who sought to penetrate the mystery of life when they envisioned the possibility of being the masters rather than the victims, when they really believed that this world had been given to them, and that it was theirs. These may have been fleeting glimpses, but nevertheless they surely were there.” ~Joel S Goldsmith

I Sam 16:7 for man (KJV)

7 ...for man looketh on the outward appearance, but the Lord looketh on the heart.

John 7:24 (KJV)

24 Judge not according to the appearance, but judge righteous judgment.

We can reason all we want over appearances – it still doesn't make them Real.  
~Al Denninger

## **The Daily Lesson – May 26, 2018**

“Probably long days and nights of riding a camel across the desert or waiting on board a small ship for a catch of fish led to extended periods of introspection, wondering and pondering. True, this may not have happened often, but someone, somewhere in the dim, dark past, thousands of years before recorded history, caught a glimpse of the inner man, the inner Self, and each one must have interpreted and evaluated it differently.” ~Joel S Goldsmith

John 6:45 (to .) (KJV)

45 It is written in the prophets, And they shall be all taught of God.

We can spend our life wondering, pondering and looking for answers in this-world..... And then one day we Look Up and a Door is opened and a step on our Pathway is Revealed.

What is ‘written in the Prophets’ is a promise. ~Al Denninger

## **The Daily Lesson – May 27, 2018**

“As the centuries rolled by, the record of these many revelations shows us clearly and unmistakably that these men of the long gone past knew that they, as human beings, were not the men of God's creating. They discovered, centuries before Abraham, Isaac, and Jacob, that there is within every person what has been called the Christ, the spiritual man, the divine Self, the infinite Ego, the son of God, and although each of these ancient mystics coined new words and new terms to express this Withinness, they are all descriptive of the same experience.”  
~Joel S Goldsmith

Gal 3:27 (KJV)

27 For as many of you as have been baptized into Christ have put on Christ.

God's Kingdom is Infinite – and that includes time... ~Al Denninger

John 8:58 (KJV)

58 Jesus said unto them, Verily, verily, I say unto you, Before Abraham was, I am.

There never was a time, nor will there ever be a time – when Christ Consciousness is not available. ~Al Denninger



## The Daily Lesson – May 28, 2018

“Four thousand years before the birth of the Master Christ Jesus, there were teachers of spiritual vision revealing to their followers man's true identity and instructing them how to live by an internal Grace, rather than by external might and power. Those who were at all receptive were drawn to these teachings and undoubtedly some of them made the transition from the man of earth to the man who has his being in Christ. There perhaps were not too many because mankind as a whole has remained in complete ignorance of the spiritual way of life. This ignorance can be likened to a group of people, born and brought up on an island with no knowledge of, or contact with, the outside world and therefore living as if their particular island were the circumference of the entire world with nothing going on except what was taking place in that small and isolated sphere.” ~Joel S Goldsmith

II Cor 6:17 (KJV)

17 Wherefore come out from among them, and be ye separate [from this-world thought], saith the Lord, and touch not the unclean thing; and I will receive you,

Matt 7:14 (KJV)

14 Because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it.

I Cor 2:13 (KJV)

13 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.

Gal 5:18 (KJV)

18 But if ye be led of the Spirit, ye are not under the law.

Be one of the few that are Led by the Spirit, not the thoughts and conditions of this-world. ~Al Denninger

## The Daily Lesson – May 29, 2018

“In much this same way the three-dimensional man, the man of earth, lives in a world circumscribed by his own limited concept of himself and his world, believing that that is all the world there is and that in order to survive it is necessary to lie, cheat, and to use all the tricks of the trade even up to, and including, warfare. To him, might is a right and normal way, and anything else is a sign of weakness. This is the life lived by the man who is in ignorance of the truth that there is another realm of consciousness which he could enter and there find a more glorious life, one not lived by might or by power, a world in which he could live at peace with his neighbors, with his competitors, and with all other races and religions on the face of the earth.” ~Joel S Goldsmith

Zech 4:6 (KJV)

6 Then he answered and spake unto me, saying, This is the word of the Lord unto Zerubbabel, saying, Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Ps 34:14 (KJV)

14 Depart from evil, and do good; seek peace, and pursue it.

Gal 5:14 (KJV)

14 For all the law is fulfilled in one word, even in this; Thou shalt love thy neighbour as thyself.

Loving Oneself is Loving God's Expression. In doing so brings effortless Peace. God's Peace - the Peace that passeth understanding. ~Al Denninger

## **The Daily Lesson – May 30, 2018**

“Just as the people on the isolated island could not move out into a world they did not know existed, or the American Indians of five hundred years ago could not move to Europe because they were not aware that there was such a place, so it has never been possible at any time in the past several thousands of years to tell man that he is living in the prison of his own mind, hedged in by his own limitations. How could man visualize such a thing! How could he believe something so far beyond his wildest imagination!” ~Joel S Goldsmith

John 14:2 (to :) (KJV)

2 In my Father's house are many mansions:

God's Infinite Universe sparks limitless discovery – if one's consciousness is open. ~Al Denninger

## The Daily Lesson – May 31, 2018

“There have been individuals, however, who first of all had some kind of an inner conviction that there is something beyond and greater than this state of limitation, this state of mental imprisonment, and glimpsed that there is a fourth-dimensional or spiritual realm about which they knew nothing. They merely had the feeling within themselves that there must be something more to life than being born, acquiring a family, making a livelihood, and dying; there must be something better, something beyond all this.” ~Joel S Goldsmith

Isa 30:15 (to :) (KJV)

15 For thus saith the Lord God, the Holy One of Israel; In returning and rest shall ye be saved; in quietness and in confidence shall be your strength:

Dear friends,

For me – I have always Known (as long as I can remember) what my Work was supposed to be during this parenthesis – to Be about the Father’s Business. But there were a lot of life’s distractions along The Way that persuaded me to not want to do it... And to be honest, I didn’t Know how... I thought there was something I was to do – of mine own self.

Now that I am not Listening and wanting – but Listening and Following - each of the steps I am to take Come in Quietness and in Confidence. A Still Voice Points and I Follow. I am so grateful that I finally Heard It deep enough within to Act as Directed. Sometimes the urge to fall back into this-world gets the best of me – but Onward I Go because I have Felt the Truth with the greatest of confidence.

*Thank you Father for Your patience and unconditional Love.  
And thank you with all my heart to my Mentors and Teachers along the Way...  
I am eternally grateful. ~al.within*

## The Daily Lesson – June 1, 2018

“The few who experienced this inner stirring were those who began the search. But where and how could they begin to search for the unknown? In those days, there were no books in which it could be found, no schools, and no public libraries. How, then, could man begin his search and where would he begin it? We can only speculate as to what he did, but that he had to begin within himself we can be almost certain; there was no other place to turn. So probably he began asking himself questions, pondering circumstances that surrounded him, thinking about the meaning of them, and trying to see beyond the appearance.” ~Joel S Goldsmith

John 8:58 (KJV)

58 Jesus said unto them, Verily, verily, I say unto you, Before Abraham was, I am.

Luke 17:20 The,21 (KJV)

20 ...The kingdom of God cometh not with observation:

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

There is only one way that God can be Infinite, Omnipresent and always able to be found: God is, was and always will Be, within His every Individual Expression.  
~Al Denninger

## **The Daily Lesson – June 2, 2018**

“Miracle of miracles, one day something wonderful might happen, and he would meet another man in whom he felt some sense of kinship and attraction, and soon these two men would be talking to each other, and then it would come to light that they were both trying to fathom the same mystery and break through the veil of illusion.” ~Joel S Goldsmith

Matt 18:20 (KJV)

20 For where two or three are gathered together in my name, there am I in the midst of them.

Where two or three are gathered in Oneness, Love Recognizes Itself. Receptivity is Multiplied. Awareness is Elevated. Harmony is Realized. ~Al Denninger

## The Daily Lesson – June 3, 2018

“It might be that one man would say, ‘You know, I have heard of a man over in the next village who seems to know something, a very strange man. Let us go and find him.’ And off they would go to find this strange character in a neighboring community. At first they may not have been able to get a word out of him, but their persistence finally might force their new-found acquaintance to recognize them as set apart and on the Path, and then he might begin to reveal to them the little secrets that he had discovered. He might tell them of a temple miles away that other men of like mind were using as a meeting place.” ~Joel S Goldsmith

Ps 55:13,14 (KJV)

13 But it was thou, a man mine equal, my guide, and mine acquaintance.

14 We took sweet counsel together, and walked unto the house of God in company.

*Will you leave the comfort of your village and Walk in Oneness with Me?  
~al.within*

## The Daily Lesson – June 4, 2018

“In a temple, in a cave, or far back in the hills, they might come upon some group of men who had found spiritual truth, and they would then join this group. As time went on, these groups multiplied until there were some who had received the full light of spiritual understanding. Experience soon taught them that there was no use going out into the highways and byways to tell this to other persons because most persons live inside their own minds, limited by their own ignorance, and are unable to visualize anything beyond their present mode of life, and therefore they cannot accept any new teaching.” ~Joel S Goldsmith

Phil 2:2 (KJV)

2 Fulfil ye my joy, that ye be like-minded, having the same love, being of one accord, of one mind.

Eph 4:17,18 (KJV)

17 This I say therefore, and testify in the Lord, that ye henceforth walk not as other Gentiles walk, in the vanity of their mind,

18 Having the understanding darkened, being alienated from the life of God through the ignorance that is in them, because of the blindness of their heart:

There is one Consciousness, Expressed Infinitely as Harmony. Look Up with an Open Heart. ~Al Denninger



## The Daily Lesson – June 5, 2018

“In the light of the gross ignorance of humankind, is it not quite a miracle that Jesus found even as many as a dozen disciples whom he could ask to leave their nets and follow him? The man of earth living in his shell of ignorance, could have responded only with ‘How can I earn a living without nets to catch fish, or without a farm to till? And you are telling me to leave all that! How can I do it?’

But evidently those who were drawn to the Master had enough inner intuition to understand that even if they did not know where he was leading them, at least they had the discernment to know that the Master knew, and they could trust him.” ~Joel S Goldsmith

John 12:32 (KJV)

32 And I, if I be lifted up from the earth, will draw all men unto me.

The ‘I’ that Jesus is speaking of is the ‘I’ of Christ Consciousness – what Moses referred to as The I that I Am. The Good Sheep will follow the Good Shepherd.  
~Al Denninger

## The Daily Lesson – June 6, 2018

“Today, as then, if we tell the world that it is not necessary to live in a dog-eat-dog world, but that there is another way, the question comes back, ‘Well, what is it?’ And there is no answer. The materialist has no way of comprehending what is meant by living by Grace or how to live ‘not by might, nor by power’ but by the Spirit of God. This is a language that is as foreign to him as Sanskrit, and so today, as then, the spiritual message reaches only those men on earth who for some reason or other have had their eyes opened to a Something beyond themselves and their world of strife and struggle - not because anyone has told them or because they have read about it, but because of their inner feeling. These are the people who eventually are led to a spiritual teaching. These are the ones who already have eyes that can see and ears that can hear. These beginners on the spiritual path are the neophytes, who even while living on this human plane of mind and body are expanding their vision and catching glimpses of another state of consciousness. They have begun the search.” ~Joel S Goldsmith

Matt 13:14-16 (KJV)

14 And in them is fulfilled the prophecy of Esaias, which saith, By hearing ye shall hear, and shall not understand; and seeing ye shall see, and shall not perceive:

15 For this people's heart is waxed gross, and their ears are dull of hearing, and their eyes they have closed; lest at any time they should see with their eyes, and hear with their ears, and should understand with their heart, and should be converted, and I should heal them.

16 But blessed are your eyes, for they see: and your ears, for they hear.

Prov 15:14 (to :) (KJV)

14 The heart of him that hath understanding seeketh knowledge:

You have been Led thus far.

Your Eyes, they will See,

Your Ears, they will Hear.

And your Heart will be Given Fulfillment.

~Al Denninger

## The Daily Lesson – June 7, 2018

“With some, the search for ultimate reality is a very long search and a roundabout way with many, many false steps. But in the end, none of this is important. The only thing that is important is that the search be begun and then that the seekers maintain within themselves a sufficient drive so that even if they have to take the long way around and meet with stumblings and barriers, with discouragements and problems, they do not give up, but always maintain within themselves the hope and the conviction that there is a way to reach this realm of the Real. With that inner conviction, step after step will unfold, until eventually they find themselves home in God. That was ensured right from the beginning of their journey on the spiritual path.” ~Joel S Goldsmith

Matt 6:33 (to ;) (KJV)

33 But seek ye first the kingdom of God, and his righteousness;

“If all we do is Seek God for God, none of the this-world distractions are important – or relevant.” ~Al Denninger

Jer 29:13,14 (to :) (KJV)

13 And ye shall seek me, and find me, when ye shall search for me with all your heart.

14 And I will be found of you, saith the Lord:

Inevitably, we are always Led gently back to The Source - which, by the way, never left you. ~Al Denninger

## The Daily Lesson – June 8, 2018

“The reason they could not take the step directly or quickly is that the goal is something that as human beings they cannot conceive. They do not know how to go directly to it, and therefore they follow any little path that opens to them that promises it might take them there, and very often find themselves going down a blind alley or a dead-end street, having to retrace their steps and start all over again. If they could but know positively what the goal is, they might reach it more directly and quickly.” ~Joel S Goldsmith

Matt 7:13,14 (KJV)

13 Enter ye in at the strait gate: for wide is the gate, and broad is the way, that leadeth to destruction, and many there be which go in thereat:

14 Because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it.

The Goal is The Kingdom of God, and Jesus said it is not of this world. So why do we insist on looking for It where It isn't? ~Al Denninger

## The Daily Lesson – June 9, 2018

“The things of God are such foolishness to the man of earth that even if he were told what the truth is, it would appear so ridiculous to him that he could not accept it, and for this reason alone he would be led into all kinds of bypaths, trying to find ways that seemed more sensible and reasonable to him. To the ‘man, whose breath is in his nostrils,’ the spiritual path is absolutely impractical and unreasonable.” ~Joel S Goldsmith

I Cor 2:13,14 (KJV)

13 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

You will work yourself literally to death trying to understand God intellectually. Truth cannot be Reasoned it just Is.

Be Still now and Let God Be God. ~Al Denninger

## The Daily Lesson – June 10, 2018

“To this man of earth, everything in the world is accomplished through external activities, and so when he begins to seek for truth, he tends to continue to search in the external, seeking in holy mountains or in holy temples, thinking to find it here or there, even though the Master stated very clearly that the kingdom of God is neither ‘Lo here! or, Lo there! for, behold, the kingdom of God is within you.’ That is plain language, but human beings cannot accept or believe it, and the reason they do not believe it is that they cannot understand it. It is so foreign to their thinking that it does not register with them as being plausible or even as a possibility.” ~Joel S Goldsmith

Acts 7:32,33 (KJV)

32 Saying, I am the God of thy fathers, the God of Abraham, and the God of Isaac, and the God of Jacob. Then Moses trembled, and durst not behold.

33 Then said the Lord to him, Put off thy shoes from thy feet: for the place where thou standest is holy ground.

We can be just like Moses was when the Light was Present and he ‘durst not behold’... The Truth is that we are Presently standing on Holy Ground – take off those man made inventions that keeps us from Feeling It. ~Al Denninger

## The Daily Lesson – June 11, 2018

“After a person has been on the spiritual path for a sufficiently long period of time, however, eventually a revelation comes to him from within his own being, or he is led to a teacher who can reveal truth, and probably by the time he has found this teacher, he has reached a readiness which enables him to assimilate the truth that is to be imparted to him.” ~Joel S Goldsmith

Isa 30:20,21 (KJV)

20 And though the Lord give you the bread of adversity, and the water of affliction, yet shall not thy teachers be removed into a corner any more, but thine eyes shall see thy teachers:

21 And thine ears shall hear a word behind thee, saying, This is the way, walk ye in it, when ye turn to the right hand, and when ye turn to the left.

Our Path and our Teacher are Revealed when we have walked for a while, and are ready for the next step. We must Listen and Follow, and not just listen casually and want comfort. In other words, we must Discern what was Imparted and then Be that Activity of God.

If the Truth is assimilated it is impossible not to be about the Father's business. Our progress flows from looking for the Light, to Seeing the Light, to riding on the Beam with our Teacher, to Being the Beam Itself... ~Al Denninger

## The Daily Lesson – June 12, 2018

“Human beings are the unilluminated; they are born and brought up in ignorance of their true identity, in ignorance of that indwelling Something, and uninstructed by the divine Master. This is the human race as we know it; these are the people we read about in the newspapers: those in prison, in the prison of lack, sin, and disease, in the prison of political and ecclesiastical slavery, and scholastic ignorance— these are the unilluminated, the earthbound.” ~Joel S Goldsmith

Eph 4:17,18 (KJV)

17 This I say therefore, and testify in the Lord, that ye henceforth walk not as other Gentiles walk, in the vanity of their mind,

18 Having the understanding darkened, being alienated from the life of God through the ignorance that is in them, because of the blindness of their heart [unilluminated consciousness]:

Ps 53:2 (KJV)

2 God looked down from heaven upon the children of men, to see if there were any that did understand, that did seek God.

Matt 6:31,32 (KJV)

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

Walking in the vanity of the mind is giving power to an imaginary ego. It is nothing more than an erroneous thought or idea that one is somehow separate and apart from God. Our goal then, is seeking the Awareness of the Truth of Being. “Ye shall Know the Truth, and the Truth shall make you free”. ~Al Denninger



## The Daily Lesson – June 13, 2018

“From the beginning of all revelation it has been pointed out that this need not be, that at any time we can turn within and begin our ascent out of the tomb of our darkness, out of the prison into the light, out of ignorance into understanding. The unilluminated can become the illumined. The man living in darkness can become the light of the world. The man living in sin, disease, and poverty can become the son of God, and thereby an heir of God, joint-heir to all of heaven.” ~Joel S Goldsmith

John 1:12-13 (KJV)

12 But as many as received him, to them gave he power to become the sons of God, even to them that believe on his name:

13 Which were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God.

Gal 4:6 (KJV)

6 And because ye are sons, God hath sent forth the Spirit of his Son into your hearts, crying, Abba, Father.

Rom 8:14-17 (to 2nd ;) (KJV)

14 For as many as are led by the Spirit of God, they are the sons of God.

15 For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father.

16 The Spirit itself beareth witness with our spirit, that we are the children of God:

17 And if children, then heirs; heirs of God, and joint-heirs with Christ;

Our birthright was given to us at Creation – but we have to Acknowledge it. At any time we can turn within, receive the Consciousness of Christ and be Led by the Spirit. At any time... ~Al Denninger

## The Daily Lesson – June 14, 2018

“Knowing this marks the beginning of our spiritual journey, the ultimate end and purpose of which is illumination. In mystical literature this illumination is referred to as initiation, or attaining that mind that was also in Christ Jesus. What difference does it make how this is expressed? The meaning is clear, and when our footsteps have been directed to a spiritual path, inevitably we shall arrive.”  
~Joel S Goldsmith

Phil 4:9 (KJV)

9 Those things, which ye have both learned, and received, and heard, and seen in me, do: and the God of peace shall be with you.

Phil 4:7 (KJV)

7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

We don't even begin our Spiritual Journey until we get to the DO part....

So learn, Receive, Hear where to place each foot next and get on with Do-ing the Father's Business. ~Al Denninger

## The Daily Lesson – June 15, 2018

“The ancients who discovered that within themselves was a Something recognized that whatever it was they had touched was not out floating around in the air, nor did they have reason to believe that it was up in the sky. They sensed that there was a Something indwelling— a Something with a capital ‘S,’ Something that had a voice, Something that could impart, Something that could reveal, and so they learned to be attentive. They learned the nature of the ear that can hear. They communed within themselves, and when the answer came, they knew that from some deep pool within themselves, some depth of Withinness, pearls of wisdom were being given.” ~Joel S Goldsmith

Luke 17:21 (KJV)

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

I Cor 2:9,10 (KJV)

9 But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him.

10 But God hath revealed them unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God.

The Attentive Soul will Hear their answer when human thought dissolves into Christ Awareness.

If you get a chance today, take a look at the Chapter “Putting on Immortality” in the book “The Infinite Way”. ~Al Denninger

## The Daily Lesson – June 16, 2018

“So it was, then, that some one or more among these ancients declared, and later wrote, that there is an indwelling Presence, that there is a Christ, or son of God, within, but they were wise enough to realize that this was really only another dimension of themselves. It was not some other person occupying them: it was some deeper, richer Self, and gradually they learned to commune with this inner, divine, spiritual Self. They learned to receive instruction, and the instruction that they received became the basis of the religious teachings of the great mystery and wisdom schools of India, Tibet, Egypt, and later of Greece, Rome, and the Holy Lands.” ~Joel S Goldsmith

I Cor 3:16 (KJV)

16 Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?

Romans 8:9 (KJV)

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

II Cor 10:7 (KJV)

7 Do ye look on things after the outward appearance? if any man trust to himself that he is Christ's, let him of himself think this again, that, as he is Christ's, even so are we Christ's.

When we Wrap ourselves in and Dwell in Christ Consciousness, we are Included in Its Activity. Our Experience Expands to Everyone so taken. ~Al Denninger

## The Daily Lesson – June 17, 2018

“Long, long centuries before Jesus, it was revealed that there is this inner Self which is our true Self, and which is the Mediator between man and God. The connecting link between us and our Source is this divine Center within us, the Christ of which Paul speaks, the Father that dwelleth in us of which Jesus speaks. This is the Mediator by means of which we reach the ultimate and absolute Source of our being from whence we derive our experience on earth, our function, task, and duty, our life, immortality, harmony, and our preparation for the next phase of life, that which is to come when we have been graduated from this earthly experience.” Joel S Goldsmith

John 14:10 (KJV)

10 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works

I Cor 2:16 (KJV)

16 For who hath known the mind of the Lord, that he may instruct him? But we have the mind of Christ.

Our True Self is Included in the Omniscience of the Kingdom of God. Christ Consciousness is the Instrument of the Father within....*Thank you Father... ~al.within*

## The Daily Lesson – June 18, 2018

“No one can commune with his Mediator, with his Christ-Self, except by engaging in periods of introspection and inner communion. If we keep ourselves so unreasonably busy in the outer world, however, that we do not have frequent periods of turning within, we miss the ultimate experience of receiving the word of God out of the mouth of God.” ~Joel S Goldsmith

John 6:45-46 (KJV)

45 It is written in the prophets, And they shall be all taught of God. Every man therefore that hath heard, and hath learned of the Father, cometh unto me.

46 Not that any man hath seen the Father, save he which is of God, he hath seen the Father.

Psalm 46:10 (KJV)

10 Be still, and know that I am God:

Matt 4:1-4 (KJV)

1 Then was Jesus led up of the Spirit into the wilderness to be tempted of the devil [distraction].

2 And when he had fasted forty days and forty nights, he was afterward an hungered.

3 And when the tempter came to him, he said, If thou be the Son of God, command that these stones be made bread.

4 But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.

Be Led to the Mountain Top as often as possible, though it may not be for a period of 40 days. Jesus commitment was great, but then so was his Experience. Our Experience will be in direct proportion to our dedication. For now, could you find 40 minutes or maybe 40 seconds several times a day to be taught of God?  
~Al Denninger

## The Daily Lesson – June 19, 2018

“The purpose of a mystical teaching is to reveal the son of God within. It is not to instill in us the worship of another deity in the person of the founder of a new religion. True, every spiritual teacher must evoke gratitude and appreciation because of his life of dedication, but not worship. The real mission of the teacher and his teaching is to turn us back within ourselves until we, too, like the teacher, receive impartations. When this begins in our experience, the earth melts, the problems disappear; the discordant experiences of earth are resolved and dissolved— not by any wisdom that we have, not by what we have learned in books, but by the thunder of that silence which is within us.” ~Joel S Goldsmith

John 5:30 (to :) (KJV)

30 I can of mine own self do nothing:

John 14:10 but (KJV)

10 ...but the Father that dwelleth in me, he doeth the works.

II Cor 3:3-6 (KJV)

3 Forasmuch as ye are manifestly declared to be the epistle of Christ ministered by us, written not with ink, but with the Spirit of the living God; not in tables of stone, but in fleshy tables of the heart.

4 And such trust have we through Christ to God-ward:

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

6 Who also hath made us able ministers of the new testament; not of the letter, but of the spirit: for the letter killeth, but the spirit giveth life.

*Thank you Father for Revealing the Spark of Truth and setting Me Free to be Thy Instrument... I gratefully dedicate my Life to being Your Expression of Love Loving. ~al.within*

## The Daily Lesson – June 20, 2018

“We need not hear an audible voice — we may, but it is not necessary. We need not see any visions — we may, but it is not important. What is necessary and important is that we enter the sanctuary, this temple of God that we are and in which the presence of God dwells. When we recognize this and go within, we then begin to commune with that Presence. Very soon we shall see fruitage in our life, and things will begin to happen for which we know we were not humanly responsible. Something has gone before us to make the way straight; Something has gone before us to prepare mansions for us; Something walks beside us to protect us from the discords and inharmonies of earthly living.” ~Joel S Goldsmith

Ps 91 1,2,15 (to:) (KJV)

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

2 I will say of the Lord, He is my refuge and my fortress: my God; in him will I trust.

15 He shall call upon me, and I will answer him:

Matt 6:33

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Isa 45:2 (to:) (KJV)

2 I will go before thee, and make the crooked places straight:

Seek ye not the things of the flesh, but of the Spirit within.

Dwell in the Presence and Trust It to Dwell in you, and Include you in Infinite Sufficiency and Harmony. ~Al Denninger



## The Daily Lesson – June 21, 2018

“Only when we begin to understand that there is an inner kingdom, only when we can agree that there is a realm of knowledge unknown to ‘the natural man,’ only then can we begin our search. We must arrive at the point where we are able to perceive what the Master meant when he said, ‘My kingdom is not of this world. . . . Put up again thy sword into his place: for all they that take the sword shall perish with the sword.’” ~Joel S Goldsmith

I Cor 2:14 (KJV)

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

Prov 3:5-7 (to :) (KJV)

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

7 Be not wise in thine own eyes:

We can come to intellectual answers in this-world – but we cannot come to a Spiritual answer in this-world. Why not? Because, God’s Kingdom is not of this-world. Seek ye first - and only - The Kingdom. And where is that? In Stillness within, beyond words and thoughts... ~Al Denninger

## The Daily Lesson – June 22, 2018

“The mystical way, the infinite way, is not the way of the sword; it is not the way of might or force: it is the way of stillness. Sooner or later we must see that within us there is an inner realm. It will answer every question. It will teach us in the only place where we can be taught — within. The still small voice will instruct us in whatever our particular gift, talent, or field may be, whether in spiritual or mathematical wisdom, art, literature, science, or music.” ~Joel S Goldsmith

Zech 4:6 Not (KJV)

6 ...Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Isa 30:15 In (KJV)

15 ...In returning and rest shall ye be saved; in quietness and in confidence shall be your strength:

Ps 25:4,5 (KJV)

4 *Shew me thy ways, O Lord; teach me thy paths.*

5 *Lead me in thy truth, and teach me: for thou art the God of my salvation; on thee do I wait all the day.*

*“Father, in Stillness I wait, quietly and patiently opening my Heart of Awareness... I can of mine own self do nothing... And so I rest in confidence and in the assurance that Thy will be done, in me, through me and As Me. Each step on my Path has been Illumined by Your Spirit. Each Experience of Your Love is so very precious... Thank you Father for Thy servant Heareth... I will Feed Thy Sheep..... ~al.within*

## The Daily Lesson – June 23, 2018

“So great a genius as Einstein was aware that there is a point in mathematics where the most brilliant mathematician comes to an end of reasoning and thinking and steps off into the intuitive. And so, if we wish to be limited by what everyone else has said about mathematics, or what everyone else has written about music, we will be, but we need not be.” ~Joel S Goldsmith

Matt 4:4 (KJV)

4 But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.

Matt 16:19 (KJV)

19 And I will give unto thee the keys of the kingdom of heaven: and whatsoever thou shalt bind on earth shall be bound in heaven: and whatsoever thou shalt loose on earth shall be loosed in heaven.

In our meditations we pray and contemplate until we come to the limit of our words and thoughts and when we have no more to give, we surrender to the Father within to show us His Infinite Way of Expression. We surrender with an attitude of speak Lord, thy servant heareth. We then watch in awe as our new Horizon expands to Infinity. ~Al Denninger

## **The Daily Lesson – June 24, 2018**

“All the art, science, mathematics, and religion have come out of the Soul of man through his turning within and bringing forth glories that have never before been known on earth, and there are still greater things yet to be revealed. How far we are from tapping the inner resources of our being! This makes it clear why it is necessary in our age to attain the ability to meditate, to cogitate, and to commune with our inner Self.” Joel S Goldsmith

Ps 40:5 (KJV)

5 Many, O Lord my God, are thy wonderful works which thou hast done, and thy thoughts which are to us-ward: they cannot be reckoned up in order unto thee: if I would declare and speak of them, they are more than can be numbered.

Rom 11:33 (KJV)

33 O the depth of the riches both of the wisdom and knowledge of God! how unsearchable are his judgments, and his ways past finding out!

Welcome dear friends, to the grand adventure of your Life - being a dedicated student of The Infinite Way. ~Al Denninger

## The Daily Lesson – June 25, 2018

“It is not too difficult to learn to do this after we come into the awareness that there is a Presence that dwells within us. That was God's gift to us in the beginning, and without this gift of God, man would be an animal. The fact, therefore, that we have risen this far above the animal stage proves that we have something within us that has been developed to a higher degree. We are only at the beginning, however, and just as the spider unfolds its web from within its own being, so we must unfold grace, divine wisdom, and divine power from within our own being.” ~Joel S Goldsmith

Ex 33:13-14 (KJV)

13 Now therefore, I pray thee, if I have found grace in thy sight, shew me now thy way, that I may know thee, that I may find grace in thy sight: and consider that this nation is thy people.

14 And he said, My presence shall go with thee, and I will give thee rest.

Truth is within ourselves.

There is an inmost center in us all,  
Where the Truth abides in fullness; and to know  
Rather consists in opening out a way  
Whence the imprisoned splendor may escape  
Than in effecting entry for a light  
Supposed to be without.

~ Robert Browning

Our imprisoned Splendor is always within reach and ready to be Recognized. Stop. Go within and Let It show you It's Omnipresent Love... And, how you too can Be Love Loving. ~Al Denninger

## The Daily Lesson – June 26, 2018

“The unilluminated, unaware that they can have recourse to an inner infinite Source, have to endure all the limitations of this world. The illuminated, who have touched the infinite Divinity at the center of their being, are never limited to time, space, place, or amount. There is no limitation when we realize that the whole kingdom of God is locked up within us. It does not have to be attained; we do not have to go to God for it: we have to loose it from within ourselves.” ~Joel S Goldsmith

I Cor 2:11-13 (KJV)

11 For what man knoweth the things of a man, save the spirit of man which is in him? even so the things of God knoweth no man, but the Spirit of God.

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

13 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.

Luke 17:21 (KJV)

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

I can't believe how much of my life was spent looking “Lo here and Lo there” for God - trying in vain to bring God to me... While all the time God was Seeing the Christ of Me as I Am – and not a person. All I had to do was Let God be God, and Realize that His im-personal Omnipresence Included Me... Click.... ~Al Denninger

## The Daily Lesson – June 27, 2018

“God, in the beginning, planted Himself in us and breathed into us His breath of life. He did not breathe into us human life: He breathed into us His life. God did not give us a limited soul, but the Soul of God — infinite, eternal, and immortal — if we but go to that Center.” ~Joel S Goldsmith

Gen 1:26 (to :) (KJV)

26 And God said, Let us make man in our image, after our likeness:

Gen 2:7 (KJV)

7 And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life [Life in God’s image]; and man became a living soul [Soul of God’s likeness].

Ezek 36:26 (to :), 27 (KJV)

26 A new heart [Consciousness] also will I give you, and a new spirit will I put within you:

27 And I will put my spirit within you,

There are no limitations in the Life, Spirit or Soul of God. Neither shall there be any lack or limitation in any individual Expression of God, for He Breathed His Life, Spirit and Soul into every one of them. Are you seeking God? Then look where he put Himself. ~Al Denninger

## The Daily Lesson – June 28, 2018

“When we have opened this Source within ourselves, we shall find the Master there. We are never the Master: we are always the servant. But once we are illumined, the Master within us is expressing, functioning, and performing.” ~Joel S Goldsmith

Rev 3:20 (KJV)

20 Behold, I stand at the door, and knock: if any man hear my voice, and open the door, I will come in to him, and will sup with him, and he with me.

I Sam 3:10 (KJV)

10 And the Lord came, and stood, and called as at other times, Samuel, Samuel. Then Samuel answered, Speak; for thy servant heareth.

Job 23:14 (to :)

14 For he performeth the thing that is appointed for me:

We must be like Samuel and make the choice to open out a Way for the imprisoned splendor to escape. The Presence of God was always with us, and will always be with us. And so, we open an avenue of Awareness to Receive and Follow Instruction in the only place it can be Received – in Consciousness. ~Al Denninger



## The Daily Lesson – June 29, 2018

“Greater is he that is in you, than he that is in the world.’ Who is this He? The Master, the Spirit of God in us, the son of God that is raised up by virtue of our acknowledgment and humility — not humility in the human sense of permitting ourselves to be imposed upon or having to endure abuse, but humility in the sense of realizing that whatever it is we are, it is because of the Master flowing out through us. Without that, we would be nothing, less than nothing. The Spirit of God has lifted us above the animal man into a people who can live not only according to the Ten Commandments, but who can go far beyond them into the Sermon on the Mount, and beyond the Sermon on the Mount into a life by Grace in that interior kingdom.” ~Joel S Goldsmith

I John 4:4 (KJV)

4 Ye are of God, little children, and have overcome them: because greater is he that is in you, than he that is in the world.

John 14:10-12 (to 2<sup>nd</sup>;) (KJV)

10 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works.

11 Believe me that I am in the Father, and the Father in me: or else believe me for the very works' sake.

12 Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do;

Distractions fade as we give them no power - Knowing the Truth dissolves all but Itself.

*Thank you Father. When I Look out at Your little Children, All I See is Face of Christ Looking at Itself. ~al.within*

This concludes our study of the Chapter 3 of the book “A Parenthesis in Eternity”. Tomorrow we begin Chapter 4, entitled “The Journey Within”.