

“THE DAILY LESSON”

is an activity of the study group found at: www.iwso.org

The subject for our current study is the entire book

“A Parenthesis in Eternity”

by Joel S Goldsmith

The Daily Lesson is a progression of excerpts from tapes recorded by Joel,
or from his books or writings.

It appears here and in email format each day,
together with the addition of corroborating scripture and
inspired comments by the Practitioner and Teacher ~Al Denninger,
to take into meditation and live with throughout your day.

Students note: There are words that are capitalized in my writings.
These words are used as if they are a synonym for, or as an activity of God.
The portions that are *italicized* are spontaneous meditations.

The Daily Lesson – March 18, 2018

“CHAPTER II RELEASE GOD

Only the very courageous can embark on the spiritual journey, and only those of great strength and vision can hope to continue on this Path. Nearly twenty centuries ago, the Master made it clear that the way is straight and narrow and few there be that enter. That this is true is borne out by the fact that up to the present time very few have been able to remain on the spiritual path and continue to go forward. It is not easy to surmount superstition, ignorance, and fear, and, despite prejudice and previous failures, to set forth in search of new horizons.”
~Joel S Goldsmith

Matthew 7:13-14 (KJV)

13 Enter ye in at the strait gate: for wide is the gate, and broad is the way, that leadeth to destruction, and many there be which go in thereat:

14 Because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it.

Prov 3:5-7 (to :)

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

7 Be not wise in thine own eyes:

Ps 27:14 (KJV)

14 Wait on the Lord: be of good courage, and he shall strengthen thine heart: wait, I say, on the Lord.

“Be focused, be steady. Open your heart and your Path will Open.” ~Al Denninger

The Daily Lesson – March 19, 2018

“We cannot adopt new ideas while still clinging to the outworn beliefs of the past: we must be willing to relinquish our old concepts. That is where the courage comes in, and the daring. It takes courage to leave behind that which has proved to be unsatisfactory in our experience. It takes courage to look at ourselves objectively and ask: Have I sincerely worshiped God? Have I in some measure lived up to my convictions about God?” ~Joel S Goldsmith

Mark 1:16-20 (KJV)

16 Now as he walked by the sea of Galilee, he saw Simon and Andrew his brother casting a net into the sea: for they were fishers.

17 And Jesus said unto them, Come ye after me, and I will make you to become fishers of men.

18 And straightway they forsook their nets, and followed him.

19 And when he had gone a little further thence, he saw James the son of Zebedee, and John his brother, who also were in the ship mending their nets.

20 And straightway he called them: and they left their father Zebedee in the ship with the hired servants, and went after him.

Luke 9:23-24 (KJV)

23 And he said to them all, If any man will come after me, let him deny himself, and take up his cross daily, and follow me.

24 For whosoever will save his life shall lose it: but whosoever will lose his life for my sake, the same shall save it.

“Will you leave your nets and follow Christ?

Whoever hedges his Life on a belief that there is a Supply other than from God, shall waste it.” ~Al Denninger

The Daily Lesson – March 20, 2018

“When we turn to the search for God, we should be bold enough to ask ourselves: Am I satisfied with such answers to prayers as have been given to the world? Do I believe that such truth as has been revealed is all the truth there is, or am I seeking for something yet unknown except to those few mystics who have experienced the truth, tried to impart their knowledge, failed, and gone on their way?” ~Joel S Goldsmith

I Cor 2:9 (KJV)

9 But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him.

“Am I willing to Love God enough to be still and Trust Him?” ~al.within

The Daily Lesson – March 21, 2018

“Man's heritage is spiritual freedom, and if the revelation of Jesus Christ has taught us nothing else, it is that we are entitled to live in the full freedom of the Spirit as children of God, not as prisoners of the mind and body.” ~Joel S Goldsmith

Rom 8:15-17 (to 2nd;) (KJV)

15 For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father.

16 The Spirit itself beareth witness with our spirit, that we are the children of God:

17 And if children, then heirs; heirs of God, and joint-heirs with Christ;

“Dear Children, As always, all that the Father Hath is thine.” ~Al Denninger

The Daily Lesson – March 22, 2018

“Freedom is not a condition of mind or of body: freedom is a condition of the Soul. If we do not find our freedom in Soul, we will find only limitation and bondage in our experience. Freedom cannot be given to a nation or to a race of people: freedom must first be realized in individual being, and then some measure of that freedom can be shared with those who are in need of it.” ~Joel S Goldsmith

Zech 4:6 saying, Not

6 ...Not by might, nor by power, but by my spirit, saith the Lord of hosts.

John 8:32 (KJV)

32 And ye shall know the truth, and the truth shall make you free.

“Effort does not bring Freedom – Love opens a Way for Freedom to be Felt. Each individual Expression of God has The Truth within their Soul, but it must be Realized and eventually Passed forward to those receptive enough to Embrace It.” ~Al Denninger

The Daily Lesson – March 23, 2018

“Nothing external to us can limit or hinder us because our freedom must first take place in our consciousness, and this, no one can prevent because fortunately no one can read our thoughts, look into our consciousness, or know what is going on in our Soul. So it is that wherever we are — at home, on the street, or at business — we can make a transition from the slavery of the senses to the freedom of the Soul. It all takes place within our consciousness.” ~Joel S Goldsmith

Gal 5:7 who (KJV)

7 ...who did hinder you that ye should not obey the truth?

Rom 8:9 (to .)

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

Ps 91:1 (KJV)

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

“So-called hindrances can seem real if we give them power, but they are all summed up into one word – distraction. If we seem distracted, be still, refocus and Recognize the Spirit of God Dwelling in your Soul, right now...” ~Al Denninger

The Daily Lesson – March 24, 2018

“There are those who complain that they cannot find this freedom because of a lack of time, but there is no lack of time: that is merely an excuse that one person uses; another uses as his excuse his lack of money; a third, his lack of sight or of hearing. All these are just alibis and excuses.” Joel S Goldsmith

Luke 24:13-16 (KJV)

13 And, behold, two of them went that same day to a village called Emmaus, which was from Jerusalem about threescore furlongs.

14 And they talked together of all these things which had happened.

15 And it came to pass, that, while they communed together and reasoned, Jesus himself drew near, and went with them.

16 But their eyes were holden that they should not know him.

“If we reason or make excuses, we will not see the Christ either.” ~Al Denninger

The Daily Lesson – March 25, 2018

“Some persons complain that they cannot study spiritual wisdom because they cannot afford to buy books. Just another excuse! The public libraries of this country and many countries of the world are filled with books and teachings of every nature. It would take only a few minutes to pick up a telephone and learn how many informative and inspiring books there are in the library or in a nearby second-hand bookstore. The person who uses his inability to buy books as an excuse for not studying is merely trying to hide from being taught or trying to ensure that he will not be taught.” ~Joel S Goldsmith

Luke 21:1-4 (KJV)

- 1 And he looked up, and saw the rich men casting their gifts into the treasury.
- 2 And he saw also a certain poor widow casting in thither two mites.
- 3 And he said, Of a truth I say unto you, that this poor widow hath cast in more than they all:
- 4 For all these have of their abundance cast in unto the offerings of God: but she of her penury hath cast in all the living that she had.

Prov 2:1-5 (KJV)

- 1 My son, if thou wilt receive my words, and hide my commandments with thee;
- 2 So that thou incline thine ear unto wisdom, and apply thine heart to understanding;
- 3 Yea, if thou criest after knowledge, and liftest up thy voice for understanding;
- 4 If thou seekest her as silver, and searchest for her as for hid treasures;
- 5 Then shalt thou understand the fear of the Lord, and find the knowledge of God.

“Father, I can of mine own self, do nothing... I surrender all the living that I have... Thy Grace is sufficient for me... Thy will be done... Speak Lord, thy servant heareth.” ~al.within

The Daily Lesson – March 26, 2018

“Freedom is attained within us, and it is not at the mercy of time, money, health, or relationships — not even at the mercy of those countries that have made laws against religion.” ~Joel S Goldsmith

Luke 17:21 behold (KJV)

21 ...behold, the kingdom of God is within you.

“All that the Father has is within You, available to You. It is subject to God’s will - not this-world’s” ~Al Denninger

The Daily Lesson – March 27, 2018

“The point that I am making is this: if we are bound by sin or disease, or by any form of limitation, physical, mental, moral, or financial, freedom is ours if only we have the desire to break through. It cannot be a mild desire; it cannot be just the hope, “Oh, I wish I were free; I wish I were like other people; I wish I knew what other people know; I wish I had their education.” ~Joel S Goldsmith

John 5:2, 5-9 (KJV)

2 Now there is at Jerusalem by the sheep market a pool, which is called in the Hebrew tongue Bethesda, having five porches.

5 And a certain man was there, which had an infirmity thirty and eight years.

6 When Jesus saw him lie, and knew that he had been now a long time in that case, he saith unto him, Wilt thou be made whole?

7 The impotent man answered him, Sir, I have no man, when the water is troubled, to put me into the pool: but while I am coming, another steppeth down before me.

8 Jesus saith unto him, Rise, take up thy bed, and walk.

9 And immediately the man was made whole, and took up his bed, and walked: and on the same day was the sabbath.

Ezek 37:14

14 And shall put my spirit in you, and ye shall live, and I shall place you in your own land: then shall ye know that I the Lord have spoken it, and performed it, saith the Lord.

“Wilt thou?

You see? Jesus, first asked the man if he was receptive.

So, now I am asking you:

Are you receptive?

OK then - Wilt thou trust the Spirit Within that God put inside you?

Will thou Look Up and walk away from the hypnotism of this-world?

Or, are you still waiting for me to carry you?” ~Al Denninger

The Daily Lesson – March 28, 2018

“These are excuses, alibis. There is education available for everybody, from elementary schooling on up to courses in universities, and this, without even attending classes in person. There is physical, mental, moral, and financial freedom for anyone who has a sufficient drive for freedom. Without that drive, it cannot be attained. There must be such a desire for freedom that it is virtually a passion if we are to attain the heights that we sit around wishing for, hoping for, and complaining that we do not reach. No person and no condition external to us are binding upon us. They may bind us for a year, or five, or ten, while we struggle, strive, work, and pray for freedom, but eventually freedom must come from every form of limitation.” ~Joel S Goldsmith

Matt 13:44 the kingdom (KJV)

44 ...the kingdom of heaven is like unto treasure hid in a field; the which when a man hath found, he hideth, and for joy thereof goeth and selleth all that he hath, and buyeth that field.

“Father, there is nothing I wouldn't do for one more second With You.” ~al.within

The Daily Lesson – March 29, 2018

“The only thing essential to freedom is the desire to be free — nothing else — because with the desire to be free, the means toward bringing it about reveal themselves. It has been said that when the student is ready the teacher appears, sometimes externally as a person, sometimes as a book; but if in no other way, when the desire is sufficiently deep, the teacher will appear inwardly because there are just as many spiritual teachers on the inner plane as there are on the outer, if not more.” ~Joel S Goldsmith

Isa 30:20,21 (to 4th ,) (KJV)

20 And though the Lord give you the bread of adversity, and the water of affliction, yet shall not thy teachers be removed into a corner any more, but thine eyes shall see thy teachers:

21 And thine ears shall hear a word behind thee, saying, This is the way, walk ye in it,

John 10:7 (KJV)

7 Then said Jesus unto them again, Verily, verily, I say unto you, I am the door of the sheep.

“I am so grateful, dear friends, to Know where the Door is and I just love pointing the Way for you...” ~Al Denninger

The Daily Lesson – March 30, 2018

“Freedom comes only when we can break through the limitations of our mind, when we do not try to pin everything down to a meaning or confine every statement to meaning the same thing always. Words sometimes seem to be contradictory, but that is because they mean one thing today, and something different tomorrow, when they are used in different ways.” ~Joel S Goldsmith

I Cor 2:12,13 (KJV)

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

13 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.

Luke 8:15 (KJV)

15 But that on the good [Holy] ground are they, which in an honest and good heart [Christ Consciousness], having heard the word [Word], keep it, and bring forth fruit with patience.

“When we are still and receptive, Spirit Speaks in a Way that we can Feel.” ~Al Denninger

The Daily Lesson – March 31, 2018

“The real things of life cannot be restricted. Freedom will not limit itself to a word. It is like joy; it is like peace: we know what they are, but we cannot describe or explain them because they cannot be confined to a word or a phrase. How can anyone explain what the Psalmist meant by "the secret place of the most High"? What is that? Where is it? Is it a place? Is it up high somewhere? Can "the secret place of the most High" be located in time and space?

Paul said, "For in him we live, and move, and have our being." How can we describe the place where we live, when we live in God? Where is that? What is its climate?" ~Joel S Goldsmith

Eph 3:19-21 (to .)

19 And to know the love of Christ, which passeth knowledge, that ye might be filled with all the fulness of God.

20 Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us,

21 Unto him be glory in the church by Christ Jesus throughout all ages, world without end.

“Rejoice and be of good cheer, for I Am All-Knowing, All-Powerful and Always-Present.” ~Al Denninger

The Daily Lesson – April 1, 2018

“We are instructed to open our consciousness. How do we open our consciousness? What does it look like open, and what does it look like closed? When we speak of going within, closing the door, and entering the sanctuary to pray, where is that sanctuary? Is it in our home? Is it in a church? Is it anywhere except in consciousness?

Those are just words, and if we try to break them down into their meaning, we lose them. We might say that they are poetry. They are, but we are never going to find the kingdom of God without poetry. We must let imagery and poetry have their way with us, and not try to confine ourselves to the literal meaning of words. Let us be free from the limitations of made-up words and made-up prayers and accept the poetry and the imagery of our Soul, accept our freedom in God— not lose it by trying to analyze and dissect every word.” ~Joel S Goldsmith

Eph 5:14 (KJV)

14 Wherefore he saith, Awake thou that sleepest, and arise from the dead [the limitations of this-world], and Christ shall give thee light.

Col 3:15,16 (KJV)

15 And let the peace of God rule in your hearts [Consciousness], to the which also ye are called in one body; and be ye thankful.

16 Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.

“In Stillness we open an Avenue of Awareness to Let God Sing Poetry and Truth into Our Soul and have His Way within Us – that we may not focus on the words but on the Spirit.” ~Al Denninger

The Daily Lesson – April 2, 2018

“For years I have been seeking for a word in which I could imprison what I am trying to teach, and so far I have not succeeded in finding that word. What comes nearest to expressing my meaning is the word Christ, but if we try to pin down that term and find a meaning for It, we will lose It because what the Christ stands for cannot be limited within the confines of a word or a term.” ~Joel S Goldsmith

I Thess 2:13 (KJV)

13 For this cause also thank we God without ceasing, because, when ye received the word of God which ye heard of us, ye received it not as the word of men, but as it is in truth, the word of God, which effectually worketh also in you that believe.

“Language is not necessary to Know.

Seek ye not answers in words, but the Spirit within the Word.” ~Al Denninger

The Daily Lesson – April 3, 2018

“The Spirit, or the Consciousness, of man cannot be restricted. We cannot confine God; we cannot understand, analyze, or dissect God; we cannot even name God. God eludes us when we try to put God into the letters G-o-d. The Soul of man is free; the Spirit of man is free; the consciousness of man is free. That is why we cannot put God in to a religion; we cannot put the Christ into a religion; and we cannot put religion into a man. We cannot confine, restrict, or limit God, the Christ, or religion. These are free, and if we ever try to contain them within a form, we lose them.” ~Joel S Goldsmith

John 8:32 (KJV)

32 And ye shall know the truth, and the truth shall make you free. [Freedom is unrestricted]

II John 1:2 (KJV)

2 For the truth's sake, which dwelleth in us, and shall be with us for ever. [Truth is Infinite]

II Cor 4:18 (KJV)

18 While we look not at the things which are seen, but at the things which are not seen: for the things which are seen are temporal; but the things which are not seen are eternal. [Invisible]

“If you can see, feel, hear, touch and taste it with the human senses, it is temporary and not the Spirit of God. If you can label or name it in this-world it is not God. God does not fit within boundaries, thoughts or concepts.

God is the Infinite Invisible - beyond words and thoughts.” ~Al Denninger

The Daily Lesson – April 4, 2018

“One thing we do know: there is God, and the nature of God is omnipotence, omnipresence, and omniscience. These do not limit God, but the reason they do not limit Him is because we certainly cannot claim to know the meaning of omnipresence, omnipotence, and omniscience. Those are just words we use that have a special meaning for us.” ~Joel S Goldsmith

John 3:8 (KJV)

8 The wind bloweth where it listeth, and thou hearest the sound thereof, but canst not tell whence it cometh, and whither it goeth: so is every one that is born of the Spirit.

“God is only Aware of Itself, As. The Infinite Invisible Activity of Perfection, IS-ing.
~Al Denninger

The Daily Lesson – April 5, 2018

“If we can accept the Christ, if we can open ourselves to receive and rest in It, It will function in and through us. If we try to understand or explain It, or have It explained, we will lose It. We cannot bring It down to the confines of our mind. Nobody has ever had a mind big enough to hold the Christ; nobody has ever had a mind big enough to embrace It, and yet the Soul of man can experience It.”
~Joel S Goldsmith

II Cor 4:6-7 (KJV)

6 For God, who commanded the light to shine out of darkness, hath shined in our hearts, to give the light of the knowledge of the glory of God in the face of Jesus Christ.

7 But we have this treasure in earthen vessels, that the excellency of the power may be of God, and not of us.

I Cor 2:9,10 (KJV)

9 But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him.

10 But God hath revealed them unto us by his Spirit:

“Infinity may not be able to be understood or explained – but it can be Experienced.” ~Al Denninger

The Daily Lesson – April 6, 2018

“But we must be willing to experience It, and then let It go. The experiences come, over and over, and they go. When they go, we let them go because it is not possible for anyone to sit on Cloud Nine twenty-four hours a day. Those to whom much has been given, of them much is expected. So, when we receive even a ray of this spiritual light, we have to come down to the valley and share it with others who are seeking it.” ~Joel S Goldsmith

Heb 6:3-6 (to again) (KJV)

3 And this will we do, if God permit.

4 For it is impossible for those who were once enlightened, and have tasted of the heavenly gift, and were made partakers of the Holy Ghost,

5 And have tasted the good word of God, and the powers of the world to come,

6 If they shall fall away, to renew them again

Matt 10:8 freely ye (KJV)

8 ...freely ye have received, freely give.

“Where is the Christ? As the poet Alfred Tennyson said, “Closer is He than breathing, nearer than hands and feet.” There is a Circle of Christhood Experience. When we Breathe in we are filled with the Presence of Life and Awareness. When we Breathe out we Experience the Activity of Love Loving and thereby contribute to the next...

Close your this-world eyes and thoughts and learn to Breathe.” ~Al Denninger

The Daily Lesson – April 7, 2018

“Spiritual freedom is attainable by any one of us. It is our birthright. Every person on earth, be he white, yellow, or black, friend or foe, Christian or Jew, Moslem or Buddhist, is entitled to the fullness of life. But the attainment of that spiritual fulfillment does not come lightly or quickly. The whole point is whether the desire for it becomes the ultimate meaning of life, or whether we are hoping to achieve it in our spare time. It cannot come that way. It will involve effort and struggle.”
~Joel S Goldsmith

Rom 8:16,17 (to 2nd ;) (KJV)

16 The Spirit itself beareth witness with our spirit, that we are the children of God:
17 And if children, then heirs; heirs of God, and joint-heirs with Christ;

Mark 12:30 (KJV)

30 And thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength: this is the first commandment.

“Our Birthright is Given to each of us unconditionally but we must recognize the opportunity and wholeheartedly accept it. Jesus did not say, come let’s take a little walk in the park. He said, “come, take up thy cross and follow Me.” ~Al Denninger

The Daily Lesson – April 8, 2018

“Why, then, are we not enjoying it? Only because of ignorance, an ignorance of God and an ignorance of prayer, for when we know God as He is, when we understand how to pray and to pray without ceasing, we find that none of the evils of the earth come nigh our dwelling place.” ~Joel S Goldsmith

Matt 6:6 (to ;) (KJV)

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret;

I Thess 5:16-18 (KJV)

16 Rejoice evermore.

17 Pray without ceasing.

18 In every thing give thanks: for this is the will of God in Christ Jesus concerning you.

Rom 8:9 (to .) (KJV)

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

“Release God to open the Way unto you. Rejoice Evermore.” ~Al Denninger

The Daily Lesson – April 9, 2018

“It requires boldness and daring to release God, to acknowledge that we do not know God and that we do not know how to pray. It takes courage to be done with the old and to seek the new, to prove that we can live as children of God, as the very temple of God, glorifying Him.” ~Joel S Goldsmith

John 5:30 (to :) (KJV)

30 I can of mine own self do nothing:

Ps 27:14 (KJV)

14 Wait on the Lord: be of good courage, and he shall strengthen thine heart: wait, I say, on the Lord.

I Cor 3:16 (KJV)

16 Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?

“Father, I don’t know where to begin – but I am not afraid to be Still, and I have the patience to Wait upon Your Word for as long as it takes... I surrender Father, to Your Direction, Your Will and Your Prayer to Lift me into Awareness and Communion with You..... Speak Lord, thy servant is listening...” ~al.within

The Daily Lesson – April 10, 2018

“The first bit of courage required is to acknowledge that we have never really prayed to God. Instead, we have prayed to some concept of God, a concept that came either from our parents, a church, or from books. Nevertheless, it was not God that was revealed to us, for if God had been revealed to us, we would now be living as children of God, and all our prayers would long ago have been answered.” ~Joel S Goldsmith

James 4:3 (to 3rd ,) (KJV)

3 Ye ask, and receive not, because ye ask amiss,

Matt 6:8 (KJV)

8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

“We don’t need to rethink or retry our approach to prayer. We need to stop all of the noise tampering with the Truth and Let the Spirit Lead you to the All-Knowing Presence of Love’s Voice.” ~Al Denninger

The Daily Lesson – April 11, 2018

“No one can deny that in the presence of God there is fullness of life. Who would be presumptuous enough to deny that "where the Spirit of the Lord is," there is fulfillment and freedom, freedom from all the discords of the earth? Unless we deny this, we must be willing to admit that it is true; and if it is true, we will have to confess to ourselves, "I have not known God: I have known some concept of God which I have accepted and to which I have prayed, and this concept of God is really an image in my mind, a thought, a belief, or an idea." Such an admission takes courage.” Joel S Goldsmith

Ps 24:1 (KJV)

1 The earth is the Lord's, and the fulness thereof; the world, and they that dwell therein.

James 4:3 (to 3rd ,) (KJV)

3 Ye ask, and receive not, because ye ask amiss,

Matt 6:8 (KJV)

8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

“Yes. It does take great courage to surrender to the Infinite Invisible Will of God... It is so much easier to dwell in this-world. I have no idea what infinite is. I have no idea what it is that I cannot see... I have no idea what the will of God will be....
~Al Denninger

II Cor 3:16 (KJV)

16 Nevertheless when it [Heart, Consciousness] shall turn to the Lord, the vail shall be taken away.

“God is Love. Be not afraid.” ~Al Denninger

The Daily Lesson – April 12, 2018

“If God is infinite, it must be self-evident that God cannot be contained within the mind, yet we go on believing that some concept of God in our mind is the infinite God. If the Spirit of God were as close to us as to be within our mind, we actually would be children of God, and as such would be set apart from this earth. But, instead of having the Spirit of God, what we really have is only a concept of God, a concept which may envision God as a man with a long white beard sitting up on a cloud, as a man hanging on a cross, or as a hundred other different concepts. And what do we do? We pray to these images in our own thought and expect to receive answers from them. Is that sensible? Is it reasonable?”

No image that can be conceived in the mind can ever be God; no concept of God ever entertained by man has the power to answer prayer. Then, is not the acknowledgment that God is too great to be bound by the mind and body the very first step that a seeker must take?” ~Joel S Goldsmith

I Cor 2:14 (KJV)

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

John 4:24 (KJV)

24 God is a Spirit: and they that worship him must worship him in spirit and in truth.

“Our Answers and Directions from God are beyond words, thoughts and concepts – they are Spiritually Discerned. His Way is Infinite. ~Al Denninger

The Daily Lesson – April 13, 2018

"Thou shalt not make thee any graven image . . . Thou shalt not bow down thyself unto them, nor serve them." What difference whether the graven image is external to us or an image in thought? It is still a graven image which we ourselves have carved out of our own thought. Let us do away with graven images; let us have no image of God; let us have no belief of what God is." ~Joel S Goldsmith

I John 5:21 (KJV)

21 Little children, keep yourselves from idols.

Luke 18:20 Do not bear (to 5th ,) (KJV)

20 ...Do not bear false witness,

"Be not distracted from the Truth. The Truth of Being is never personal." ~Al Denninger

The Daily Lesson – April 14, 2018

“No one knows *what* God is, but if we think of God as Omnipresence, we are free of concepts because since God is, God must be here, there, and everywhere. There is no place where God is not, or God would not be infinite Being. If we think of God as Omnipotence, we are not building any image of God: we are merely stating that God is the only power there is, the all-power and the omnipresent power. If we think of God as Omniscience, then we also are not building an image in thought: we are merely realizing that there could not be a God if Its nature were not infinite intelligence. Infinite Intelligence, All-power, All-presence! And still there is no picture in our thought, still no image in thought, still no creating of a God in our image.” ~Joel S Goldsmith

I Cor 15:50 (to ;) (KJV)

50 Now this I say, brethren, that flesh and blood cannot inherit [be given] the kingdom of God;

“An All-Knowing, All-Powerful and Ever-Present Infinite Invisible Being is beyond the conception of a personal being. It is Spiritually Discerned – the impersonal I that I Am.” Al Denninger

The Daily Lesson – April 15, 2018

“Ultimately, every concept of God we have ever had must be dropped — every image, every belief. The moment we think Omnipotence, Omnipresence, Omniscience, we have no time, no space, and no place, nor is there any time, place, or space where there is an absence of God.

This may cause some to shout, "Oh, you have taken my Lord away from me. Where have you buried Him?" Yes, yes, we have, and that is a very healthy place to come to— where our Lord has been taken from us. But was it our Lord, or was it our concept of Lord that was taken away?

Do not think for a minute that every one of us is not guilty of having created a God, and then going to Jerusalem to look for Him — to Rome, to Mecca, or somewhere else. We have all done that: it is part of human nature; it is part of the belief that we are man and that somewhere there is God — and if we could only get the two together! Originally, this was part of paganism, this making a mental image of what God is, and then going out to try to find Him. Later, this sense of separation from God was made a part of the teaching of Christianity.” ~Joel S Goldsmith

Ezek 37:14 (to 2nd ,) (KJV)

14 And shall put my spirit in you, and ye shall live,

John 10:30 (KJV)

30 I and my Father are one.

“No matter how hard we think it so, we can never be separated from The Spirit Within.” ~Al Denninger

The Daily Lesson – April 16, 2018

“The beginner who thinks of God as something far-off, perhaps only half believing that there really is a God, should be guided into acknowledging that there is a God and that it is His good pleasure to give him the Kingdom. But that is really a trap into which we are leading him, for when he believes that there is a God and that God is within him, then afterward, when he is ripe, we tell him, ‘Now, throw it away. That image was all right for yesterday, but today let us throw all images away.’

‘You mean there is not a God, that God is not within me, that there is no God above me, that there is no God here with me?’

‘No, that is not what I mean. I mean that God is both within and without, up there and down here.’ ~Joel S Goldsmith

Matt 28:20 and (to .) (KJV)

20 ...and, lo, I am with you alway, even unto the end of the world.

“God Consciousness is Infinite. We begin where we are and we are Lifted Up to a Higher Consciousness as we are ready, willing and receptive. And so, we Practice Daily...” ~Al Denninger

The Daily Lesson – April 17, 2018

“We are now making a transition, having gained a better image in mind than we had before, but only for the purpose of leading us step by step up to the moment when we can say, ‘Now be still, be still and know.’ That is all — just be still and know, but we are not to know anything because anything we know will be incorrect, only an object of sense, an object in mind.” ~Joel S Goldsmith

Ps 119:105 (KJV)

105 Thy word is a lamp unto my feet, and a light unto my path.

John 8:28 and (to 4th ,) (KJV)

28 ...and that I do nothing of myself; but as my Father hath taught me,

“Be still and Let God Tell you what you Know....” ~Al Denninger

The Daily Lesson – April 18, 2018

“God is: that is enough to know. No images! No concepts! In the moment of not knowing, of unknowing — not in a moment of blankness, dullness, or of falling asleep — in a vibrant aliveness, God is experienced. Then we find that through this experience we live and move and have our being in God, and God in us.”
~Joel S Goldsmith

Acts 17:28 (to ;) (KJV)

28 For in him we live, and move, and have our being;

“There is only One Source and Activity – God alone Is – therefore My Experience is Included in His Presence.” ~Al Denninger

The Daily Lesson – April 19, 2018

“Mind and body cannot contain God, and He is so far beyond our imagination that no one can draw pictures of Him or hold mental ideas or concepts of what He really is. All we can do is to declare with all our heart and soul that God is. Only God can maintain and sustain the heavens, and hold the sun, the moon, and the stars in their orbits. Only that which is beyond man's ability to conceive could bring forth such wisdom as is evidenced by man's ingenuity in his discovery of the principles underlying the inventions resulting in the manufacture and use of the automobile, airplane, radio, telephone, television, space rockets, and atomic energy. Only out of the storehouse of God could these emanate.” ~Joel S Goldsmith

Deut 4:29 (KJV)

29 But if from thence thou shalt seek the Lord thy God, thou shalt find him, if thou seek him with all thy heart and with all thy soul.

John 4:14 (KJV)

14 But whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life.

“God’s Grace and Supply is Infinite. We can’t see it. We can’t define it and we cannot come to the end of it, ever....” ~Al Denninger

The Daily Lesson – April 20, 2018

“Who can stretch his imagination sufficiently to conceive what God is, God that is the Source of all that exists in the sky and in the air and in the earth and in the waters beneath the earth? We earthbound creatures are aware of only one tiny corner of the universe, one little speck called the earth, but what must the wisdom of God be that encompasses the countless planets, suns, moons, and stars of this and all the other universes?” ~Joel S Goldsmith

Rom 8:5 (KJV)

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

Ps 147:4-5 (KJV)

4 He telleth the number of the stars; he calleth them all by their names.

5 Great is our Lord, and of great power: his understanding is infinite.

“We are Included in God’s Omnipresence. Do we need to know why or how in this-world language? Or, just Know it by God’s Assurance.” ~Al Denninger

The Daily Lesson – April 21, 2018

“Think of the discoveries and inventions of past centuries, and then remember that an entire century is of no more importance or significance in the mind of God than is one grain of sand on all the beaches of the world. Think of what is yet to be revealed! Think of the marvels which already exist and have existed since time began, only awaiting to be revealed!” ~Joel S Goldsmith

Psalm 40:5 (KJV)

5 Many, O Lord my God, are thy wonderful works which thou hast done, and thy thoughts which are to us-ward: they cannot be reckoned up in order unto thee: if I would declare and speak of them, they are more than can be numbered.

“The Infinite Way is within You awaiting Recognition.” ~Al Denninger

The Daily Lesson – April 22, 2018

“After we begin to see how foolish it is to cling to a concept of God will come the second piece of wisdom, and we will see how foolish it is to tell God what we need or think we need, or to try to influence Him through our prayers to give us our desires, as if He were capable of withholding good or as if He were some kind of human being with power to give and to withhold. How limited is our concept of God if we believe that we have the power to influence God to do for us what He is not already doing, and how finite our sense of God must be when we go to Him with our picayunish desires or approach Him in any way except to ask for light, grace, and wisdom, for an understanding of His ways, His laws, and His life.”
~Joel S Goldsmith

Psalm 25:4-5 (KJV)

4 Shew me thy ways, O Lord; teach me thy paths.

5 Lead me in thy truth, and teach me: for thou art the God of my salvation; on thee do I wait all the day.

Matthew 6:8 (KJV)

8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

“How could we possibly inform or influence an All-Knowing, Always-Present Source of All Good?

*i can of mine own self, do nothing Father. Thy will be done, on earth As it Is in Heaven... Show me Thy Way... Show me my path and lead me on it.... i give my Life to You, and Recognize that it is Yours to Direct.
Your Grateful Instrument, no matter what,” ~al.within*

The Daily Lesson – April 23, 2018

“When we pray, we should release God from any personal obligation to us, release Him in the awareness that we are trusting that which created this universe to maintain and sustain Himself and His creation, that we are trusting God in His infinite wisdom to be about His business and God in His divine love to care for His own. When we do this, we are releasing God and no longer trying to channel Him in the direction of our personal desires. Actually, we shall find that we cannot release God, for God never was imprisoned in our mind or in our desires, nor was He ever obedient to our will.” ~Joel S Goldsmith

Mark 10:23-27 (KJV)

23 And Jesus looked round about, and saith unto his disciples, How hardly shall they that have riches enter into the kingdom of God!

24 And the disciples were astonished at his words. But Jesus answereth again, and saith unto them, Children, how hard is it for them that trust in riches to enter into the kingdom of God!

25 It is easier for a camel to go through the eye of a needle, than for a rich man to enter into the kingdom of God.

26 And they were astonished out of measure, saying among themselves, Who then can be saved?

27 And Jesus looking upon them saith, With men it is impossible, but not with God: for with God all things are possible.

Matt 6:10 (KJV)

10 Thy kingdom come. [Here now, Omnipresent] Thy will be done in earth, as it is in heaven.

Prov 3:5-6 (KJV)

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

“Does it make any sense at all to ask God to correct or adjust His Perfect Creation to suit our personal desires?” ~Al Denninger

The Daily Lesson – April 24, 2018

“God will not change His ways to benefit or bless us: we must change our ways in order to receive God's grace. We cannot bring God to our disobedience and ignorance, but we can become obedient and spiritually wise.” ~Joel S Goldsmith

1 Cor 15:50-52 (KJV)

50 Now this I say, brethren, that flesh and blood cannot inherit the kingdom of God; neither doth corruption inherit incorruption.

51 Behold, I shew you a mystery; We shall not all sleep, but we shall all be changed,

52 In a moment, in the twinkling of an eye, at the last trump: for the trumpet shall sound, and the dead [disobedient] shall be raised incorruptible [Obedient], and we shall be changed.

1 Cor 2:12-14 (KJV)

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

“We must choose whether to sleep or be Obedient.” ~Al Denninger

The Daily Lesson – April 25, 2018

“Let us give up every attempt to use God and every expectation that God will do our will or fulfill our desires, and yield ourselves to Him:

Not my will, but Your will be done in me. I do not ask You to fulfill my desires, my hopes, or my ambitions: let me fulfill Your will, Your grace, Your direction.

You have never failed me, but now, Father, I ask in what way I have failed You. Nevermore will I ask You to do my will; nevermore will I pray that You do something for me. Use me; fulfill Yourself in me; let Your will be done in me.

Release me, Father, from all desires, hopes, wishes, and plans. Let me be obedient to Your plan for me. Show me plainly the way in which I am to go, and I promise to follow the light as it is given to me.” ~Joel S Goldsmith

Luke 22:39-42 (KJV)

39 And he [Jesus] came out, and went, as he was wont, to the mount of Olives; and his disciples also followed him.

40 And when he was at the place, he said unto them, Pray that ye enter not into temptation.

41 And he was withdrawn from them about a stone's cast, and kneeled down, and prayed,

42 Saying, Father, if thou be willing, remove this cup [shell filed with a sense of separation] from me: nevertheless not my will, but thine, be done.

Psalms 40:8 (KJV)

8 I delight to do thy will, O my God: yea, thy law is within my heart.

“Surrender is not a sacrifice – it is a joy to be Led by Love.” ~Al Denninger

The Daily Lesson – April 26, 2018

We must let go of God and let God use us. We must release Him from our mental clutches, stop hanging on to God, and let Him hang on to us. If we are in ignorance of God and His ways, let us become spiritually wise. If we are willfully disobedient to the laws of God, let us correct ourselves and bring ourselves into attunement and alignment with His laws that the finger of God may touch us to His will and His grace. The moment we relax and stop trying to bring God to our mind or body, that moment we shall find that God has always been there. ~Joel S Goldsmith

Ps 91:15 (to :) (KJV)

15 He shall call upon me, and I will answer him:

Prov 8:33 (KJV)

33 Hear instruction, and be wise, and refuse it not.

Ps 70:4 (to :) (KJV)

4 Let all those that seek thee rejoice and be glad in thee:

"Be still, surrender and be Receptive for I Am With You." ~Al Denninger

The Daily Lesson – April 27, 2018

“God has made a covenant with His own image and likeness:

Fear not! Fear not! If you walk through the fire, the flames will not kindle upon you; if you walk through the water, you will not drown. Fear not! Let go and be confident. In quietness and in confidence shall you realize your spiritual sonship.

My peace, give I unto you. Do you not see that there is no need for you to struggle, no need to exert mental effort, or to attempt to mold My will to yours? My peace, I give to you. That is My gift to you, a spiritual gift of spiritual peace. Only let go!” ~Joel S Goldsmith

Isa 43:1-3 Fear (to ,) (KJV)

1 ...Fear not: for I have redeemed thee, I have called thee by thy name; thou art mine.

2 When thou passest through the waters, I will be with thee; and through the rivers, they shall not overflow thee: when thou walkest through the fire, thou shalt not be burned; neither shall the flame kindle upon thee.

3 For I am the Lord thy God,

John 14:27 (KJV)

27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

I Sam 22:23 Version (KJV)

23 Abide thou with me, fear not: for he that seeketh my life seeketh thy life: but with me thou shalt be in safeguard.

“Rest, and Rejoice. God has Included you in His Embrace. There is no other Way now than Peace.” ~Al Denninger

The Daily Lesson – April 28, 2018

“And still with some there is a mental strain, as if it were not true, as if we had to make it come true, or as if we had to woo God. The mind struggles to *get* God instead of to *let* God, while all the time the gentle Presence envelops and enfolds us.” ~Joel S Goldsmith

Ephesians 2:8-9 (KJV)

8 For by grace are ye saved through faith; and that not of yourselves: it is the gift of God:

9 Not of works, lest any man should boast.

“Let God be God. He doesn’t need our mental persuasion or suggestions to bring us anything. He Knoweth our needs and His Supply unfolds as we have need of it.” ~Al Denninger

The Daily Lesson – April 29, 2018

“We cannot make God do our will, but that does not leave us hopeless. Rather does it give us added courage and strength because we know there is no need to reach God in order to sway, influence, or persuade Him. When we learn that, we will realize that instead of releasing God, we have released ourselves from finite concepts of God, from our ignorant superstitious beliefs about prayer, and from the paganistic belief that we know more than God and have more love than God.”
~Joel S Goldsmith

Matt 6:7,8,10 (KJV)

7 But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking.

8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

10 Thy kingdom come. Thy will be done in earth, as it is in heaven.

“In Matt 6, we are not to request God’s Kingdom to come to us – we are to Recognize that God’s Kingdom IS Come, right here and now.

Not my will be done Father - but Yours... ~al.within

The Daily Lesson – April 30, 2018

“When we pray for ourselves or for our neighbors, we evidently think that we know better than God what our need is or what our neighbor's need is, and furthermore that we have the love to want that neighbor to have it, but believe that God neither knows the need nor has the love to want to fulfill it. In our innermost heart we know that that is not true even though that is the human picture.” ~Joel S Goldsmith

Luke 12:29-32 (KJV)

29 And seek not ye what ye shall eat, or what ye shall drink, neither be ye of doubtful mind.

30 For all these things do the nations of the world seek after: and your Father knoweth that ye have need of these things.

31 But rather seek ye the kingdom of God; and all these things shall be added unto you.

32 Fear not, little flock; for it is your Father's good pleasure to give you the kingdom.

Zephaniah 3:17 (KJV)

17 The Lord thy God in the midst of thee is mighty; he will save, he will rejoice over thee with joy; he will rest in his love, he will joy over thee with singing.

“Any time we entertain a thought that we are somehow separated from God and His Infinite Supply, we are temporarily allowing ourselves to be distracted from the Truth. It is Your Father's good pleasure to Include you, now and always, in The Kingdom. There are no exceptions.” ~Al Denninger

The Daily Lesson – May 1, 2018

“Human picture or no human picture, however, it is not that way at all. God is not the servant of man and God does not act in accordance with what man thinks God should be or how He should work. If it were left to man to guide the affairs of the world, all his friends and relatives would be blessed and all his enemies cursed. Then, tomorrow when his enemy becomes his friend, this procedure might be completely reversed: he might begin to pray for the enemy who has now become his friend and curse the friend who has become his enemy.

God is not like that. God is not changeable as we are, and we must give up these childish concepts of God and grow into spiritual adulthood, not attempting to tell God what His grace should be or when, but resting in the confidence that His grace is our sufficiency, and releasing ourselves from the absurd idea that we can reach some God who may, if it pleases Him, do something for us.” ~Joel S Goldsmith

Matt 5:43-45, 48 (KJV)

43 Ye have heard that it hath been said, Thou shalt love thy neighbour, and hate thine enemy.

44 But I say unto you, Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you;

45 That ye may be the children of your Father which is in heaven: for he maketh his sun to rise on the evil and on the good, and sendeth rain on the just and on the unjust.

48 Be ye therefore perfect, even as your Father which is in heaven is perfect.

“The pairs of opposites do not operate in God’s Kingdom. In His Kingdom there is Omnipotence – One Power for Good in all Ways. There is no darkness – only Light. There is only unconditional Love. And so it is, we are Loved, and in turn, we Love.” ~Al Denninger

The Daily Lesson – May 2, 2018

“Let us release ourselves into the rhythm of God and thereby become a part of the rhythm of this universe. The Master gave us explicit instructions as to how to do this: 'Take no thought for your life. ... It is your Father's good pleasure to give you the kingdom' — it is your Father's good pleasure to give you life eternal. Take no thought for your supply, for it is your Father's good pleasure to give you supply. Take no thought for peace on earth, for it is your Father's good pleasure to give you peace on earth." ~Joel S Goldsmith

Matt 6:27 (KJV)

27 Which of you by taking thought can add one cubit unto his stature?

Ps 23:1 (KJV)

1 The Lord is my shepherd; I shall not want.

“You are Included in the Omnipresence of God, so all that He hath is thine. Let us Rest in Arms in Harmony and Sing Psalms together in His Garden.” ~Al Denninger

The Daily Lesson – May 3, 2018

“Let us follow the Master's teaching. Let us give up believing that our wisdom is greater than God's wisdom or that our love is greater than God's love, and in *silence* let us accept God's grace. Silence is the only form of spiritual prayer. True, we may use words and thoughts to lift ourselves into an atmosphere where we can be still, but the words and thoughts we are using are not prayer: they are merely aids to lift us to the heights where prayer can be experienced.” ~Joel S Goldsmith

Hab 2:20 (KJV)

20 But the Lord is in his holy temple: let all the earth keep silence before him.

Matt 6:6 (to ;) (KJV)

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret;

“God's perfect Love is our Assurance.” ~Al Denninger

The Daily Lesson – May 4, 2018

If prayer is to be effective, whatever words or thoughts we use in the preliminary stages of prayer must eventually come to a stop, and we must retire within in the attitude of 'Speak, Lord; for thy servant heareth.' Whether it takes a day, a year, or many years, it is imperative to have those periods of silence until we do hear that still small voice within and feel the Presence and Its power.

I Sam 3:8-10 (KJV)

8 And the Lord called Samuel again the third time. And he arose and went to Eli, and said, Here am I; for thou didst call me. And Eli perceived that the Lord had called the child.

9 Therefore Eli said unto Samuel, Go, lie down: and it shall be, if he call thee, that thou shalt say, Speak, Lord; for thy servant heareth. So Samuel went and lay down in his place.

10 And the Lord came, and stood, and called as at other times, Samuel, Samuel. Then Samuel answered, Speak; for thy servant heareth.

Isa 30:15 in quietness (to :) (KJV)

15 in quietness and in confidence shall be your strength:

“Surrender as many times as it takes. Be Patient. Be steady. Be Still, with an attentive attitude inclined Upwards...” ~Al Denninger

The Daily Lesson – May 5, 2018

“We do not have to go anywhere to find God: we carry God within us, not in our mind and not in our body, and yet the kingdom of God is within us. God constitutes our being; God constitutes our life; therefore, our life is as eternal and immortal as God's life, for there is only one Life. God constitutes our consciousness; therefore, our consciousness is the same consciousness as the consciousness of God. There are not two: there is only one. ‘I and my Father are one. . . . He that seeth me seeth him that sent me.’

There is only one Life, infinite Life; there is only one Consciousness, infinite Consciousness; there is only one Soul, infinite Soul. The Soul of God embraces man; the consciousness of God contains man; and the life of God is the life of man — not a part of it, but all of it.” ~Joel S Goldsmith

Job 33:4 (KJV)

4 The spirit of God hath made me, and the breath of the Almighty hath given me life.

John 15:5 (KJV)

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

“There is no separation. There is only One Life, One Consciousness, One Soul, Complete and All-Inclusive. Stop looking at the distractions without and turn Within.” ~Al Denninger

The Daily Lesson – May 6, 2018

“To pray aright, then, means to release God from any obligation to give us more than we now have. True prayer is a realization that God constitutes our being and our life. God is the Father, and God is the Son, and all that God the Father is, God the Son is; and all that God the Father has, God the Son has: all the dominion, the grace, and the glory.” ~Joel S Goldsmith

James 4:3 (to 3rd ,) (KJV)

3 Ye ask, and receive not, because ye ask amiss,

“Are you asking for things of this-world? Seek ye only The Kingdom of God, and you will find that you are already Included.” ~Al Denninger

Luke 15:31 (KJV)

31 And he said unto him, Son, thou art ever with me, and all that I have is thine.

“Is there something more?” ~Al Denninger

James 4:7 (to .) (KJV)

7 Submit yourselves therefore to God.

“Submit to Abundance, Harmony and Love Everlasting.” ~Al Denninger

II Cor 3:4,5 (KJV)

4 And such trust have we through Christ to God-ward:

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God

“Christ Consciousness is the Realization of the Truth of Being. All that the Father has is already Thine. No exceptions. Where the Spirit of the Lord is Realized, right there, right then, there is Liberty.” ~Al Denninger

The Daily Lesson – May 7, 2018

“To pray without ceasing is to rejoice all day long that the grace of God is working in us and through us without our telling God or pleading with Him, without our asking or desiring anything from God because He has already given all good to us, and we have only to be still to realize it and show it forth.” ~Joel S Goldsmith

I Thessalonians 5:16-18 (KJV)

16 Rejoice evermore.

17 Pray without ceasing.

18 In every thing give thanks: for this is the will of God in Christ Jesus concerning you.

“Be Still and Know that I Am with you - closer than breathing, nearer than hands and feet. All that I have I give unto You, now and forever...

Be Still and Feel that I Am with You.

Thank you Father. Thy servant Heareth... ~al.within

The Daily Lesson – May 8, 2018

“We have sought every kind of power in heaven and on earth to meet our needs except one, and that one is the power that is within us. That power is not in heaven, and it is not on earth; it is not to be found in a book, in a building, or in great teachers. True, it is within great teachers, but it is there in exactly the same measure that it is within you and me, and in no greater degree. We are all equal before God, and the grace of God that has given spirituality to one has given it to all. The one difference is that only a few seem to have gained access to it because only a few have learned that the power of God is made manifest in silence and in stillness. It is a power that we cannot use, but which we can permit to flow from us by our recognition and realization of it.” ~Joel S Goldsmith

Luke 17:21 (KJV)

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

“The Spirit of God is Included in His every individual Expression.” ~Al Denninger

Isa 30:15 (to:) (KJV)

15 For thus saith the Lord God, the Holy One of Israel; In returning and rest shall ye be saved; in quietness and in confidence shall be your strength:

“Father, I can of mine own self do nothing... The Spirit within doeth the work. Your Presence Flows Through Me to wherever there are Ears to Hear. I Rest in the Confidence and Peace that whatever You ask of me, will be done in Your Way, in Your Presence and by Your Grace. I watch and wait in patient Love Abiding.” ~al.within

The Daily Lesson – May 9, 2018

“As we walk the earth, realizing that the kingdom of God is within, we are releasing this power and letting it flow out from us to the world, but if we try to use the power of God or push it out into the world, we lose it. It is when we realize quietly, peacefully, and confidently that all the power of God is within us that we have it. We need but be still and know that God in the midst of us is mighty, and then go about our daily work, whatever it may be: housekeeping, painting pictures, building buildings, or ministering to the sick. We do all that we are called upon to do, always realizing that we are just witnesses to God's glory and to the kingdom of God within us.” ~Joel S Goldsmith

Ps 84:3-5 (KJV)

3 Yea, the sparrow hath found an house, and the swallow a nest for herself, where she may lay her young, even thine altars, O Lord of hosts, my King, and my God.

4 Blessed are they that dwell in thy house: they will be still praising thee. Selah.

5 Blessed is the man whose strength is in thee; in whose heart are the ways of them.

“The Nightingale of the East

Amidst the flowering plants of a garden in Egypt sat a nightingale of great beauty. Its soaring song filled the Oasis with lilting melody. Its song was a carol of love; a message of peace from out the heart of the Infinite stilling the waves of a world of sense.

Knowest thou, Oh Bird, of the peace that fares forth with thy song? Knowest thou of the strife that is stilled by the melody from thy throat? Nay, the nightingale knows naught of the power of its song and less of the unrest that is quieted by its sound.

So should ye be as the Song of God pours forth from you -- the willing carrier of the divine message -- yet unaware of the power of your being and still less aware of the troubled hearts ye quiet with your melody of love.”

~From “The Spiritual Interpretation of Scripture”, by Joel S Goldsmith

“Sing a Carol of Love throughout your day today. Let your Song Lift the Awareness of all who encounter you. You know the Way...” ~Al Denninger

The Daily Lesson – May 10, 2018

“When we do this, our very presence makes the Spirit of God felt, giving peace and comfort and uplift to others, not because we want to be a blessing to our fellow man, but merely because we have learned to be still and let God's power and grace flow without any help from us, without forcing, begging, or pleading for it, and without any thought that you and I are spiritual. There is only one Spirit, and that is God in the midst of us.” ~Joel S Goldsmith

Phil 2:2 (KJV)

2 Fulfil ye my [My] joy, that ye be like-minded, having the same love, being of one accord, of one mind.

“When we Sing for the sake of Singing, give because it Feels good, and Love for the sake of Loving, we are God's Smile.” ~Al Denninger

The Daily Lesson – May 11, 2018

“We are dishonoring God if we think that He is withholding wisdom, integrity, loyalty, fidelity, justice, or harmony from us or from anyone else. Whatever qualities seem to be absent will quickly begin to appear as we learn to honor and love the Lord our God with all our heart.” ~Joel S Goldsmith

Matt 6:8 for (KJV)

8 ...for your Father knoweth what things ye have need of, before ye ask him.

“Why? Because God put His Spirit within You. But, can you Recognize that there is no lack in His Spirit? Everything you need for the Fulfillment of the Work given you, will show up, as you have need of it.” ~Al Denninger

The Daily Lesson – May 12, 2018

“I will rest in the assurance that Thou, God, knowest my need before I do, and it is Thy good pleasure to give me the kingdom.

I will not seek: I will rest. I will release myself from any belief that Thou art separate and apart from me. ‘If I make my bed in hell,’ Thou art right there with me. If ‘I walk through the valley of the shadow of death,’ Thou art with me. Wherever I go, Thou goest with me, for I and Thou art one.” ~Joel S Goldsmith

Luke 12:32 (KJV)

32 Fear not, little flock; for it is your Father's good pleasure to give you the kingdom.

“You are Included in All that the Father hath.” ~Al Denninger

John 10:30 (KJV)

30 I and my Father are one.

“Omnipresence Includes Me.” ~Al Denninger

The Daily Lesson – May 13, 2018

“Our realization and acknowledgment of this bring the presence of God into activity in individual experience. It is important to remember that there is no power in the sky to which we can appeal to save this world from catastrophe. There is no power except what comes from God: there is no power in the whirlwind; there is no power in the storm or the tempest; there is no power in madmen; there is no power in ambition, lust, or greed. Power is only in the still small voice within. Then, as we tell no man what we have learned, but share the truth with those who by their dedication and devotion have shown their readiness for it, we will be releasing this infinite power into the world, and the world will respond.” ~Joel S Goldsmith

Rom 13:1 (to :) (KJV)

1 Let every soul be subject unto the higher powers. For there is no power but of God:

Matt 13:43 (KJV)

43 Then shall the righteous shine forth as the sun in the kingdom of their Father. Who hath ears to hear, let him hear.

“Look up to the Realm of the Omnipresent Source of all Being, and let It Shine through You to those Ready for the Experience.” ~Al Denninger

The Daily Lesson – May 14, 2018

“We do not have to do or think anything to release the kingdom of God into the world: we only have to know that it *is*, and be still. It will do its own work. It may be that the faithful practice of the principles of spiritual living by ‘ten righteous’ men here, and another ten there, will release this power of God on earth. Nobody will be able to take credit for it. God's power has always been available — that is the glory! And no one can brag or boast that he is able to use it. On the contrary, the greater the power that flows from a person, the less the person is as a person and the greater he is as a child of God. Within ourselves, however, we will know that releasing God into the world brings spiritual freedom and spiritual fulfillment to those who are receptive.” ~Joel S Goldsmith

Ps 46:10 (to :) (KJV)

10 Be still, and know that I am God:

“So then - how do we release God?

We get Still within and Let God Be.” ~Al Denninger

The Daily Lesson – May 15, 2018

“God's will, God's love, and God's law are all-embracing truth and universally in operation: for you, for me, for friend, enemy, saint, sinner, for the just and for the unjust. God's activity is not directed to you or me, and yet it includes you and me: it embraces all men because of its all-inclusiveness.” ~Joel S Goldsmith

Acts 10:34 (KJV)

34 Then Peter opened his mouth, and said, Of a truth I perceive that God is no respecter of persons:

“Can Love Loving not Love unconditionally?

Can an Omniscient God be aware of anything other than Itself?

Can God be Present for one and not for all?

With God there are no exceptions.

Right now, you are Included in the Kingdom of God.” ~Al Denninger

The Daily Lesson – May 16, 2018

“We cannot bring God to our body or mind: God is already the life of every body; every body is the temple of the living God, whether animal, vegetable, or mineral. We are now under God's law, God's love, and in God's being, not by bringing God to us but by bringing ourselves to God, and by placing every person— saint and sinner alike — in God.” ~Joel S Goldsmith

I Cor 3:16 (KJV)

16 Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?

II Cor 6:16 for (to 2nd ;) (KJV)

.....for ye are the temple of the living God; as God hath said, I will dwell in them, and walk in them;

“The Truth does not need effort to find – it just Is. No exceptions...” ~Al Denninger

The Daily Lesson – May 17, 2018

“Those who bring themselves to God are the beneficiaries of God's grace. Those who try to "finitize" God and pull Him into their minds and bodies lose Him. Loose Him and have Him.” ~Joel S Goldsmith

John 11:43,44 (KJV)

43 And when he thus had spoken, he cried with a loud voice, Lazarus, come forth.

44 And he that was dead came forth, bound hand and foot with graveclothes: and his face was bound about with a napkin. Jesus saith unto them, Loose him, and let him go.

“Only when we let loose the ties that bind us to this-world will we be Free.” ~Al Denninger

James 4:8 (to .) (KJV)

8 Draw nigh to God, and he will draw nigh to you.

“Look Up and Realize your Inclusion in God's Kingdom.” ~Al Denninger

The Daily Lesson – May 18, 2018

“When we release ourselves from the mental struggle and let God have His will here where we are, and in this whole universe, we have released God and we ourselves are free. The fetters that bind us are in the mind. It is with our mind that we are trying to hold on to God. If we let our mind relax, we will realize that we cannot lay hold of God, but that God can lay hold of us. We cannot use the mind to get God. Our mind has a function, and it can operate constructively in our life, but let us not try to use it to get God.” ~Joel S Goldsmith

Jer 24:7 (to,) (KJV)

7 And I will give them an heart [Consciousness] to know me, [Me]

II Thes 3:5 (KJV)

5 And the Lord direct your hearts into the love of God, and into the patient waiting for Christ.

*“I of mine own self, can do nothing... I drop all effort to Know, and Reason, and Act - and wait upon Your Will Father... And, I joyfully Watch as You Perform that which is given me to do... Thy Grace is all of My sufficiency... Loving you,”
~al.within*

The Daily Lesson – May 19, 2018

“There is no struggle except in the mind. When the mind is still, there is no strain, and God becomes a living presence: the Christ, the individualization and individual experience of God, has come alive in us. We feel It as a Presence, as a Cloak around us.

Release God from any obligation, and let God perform His work.” ~Joel S Goldsmith

II Corinthians 5:6 (KJV)

6 Therefore we are always confident, knowing that, whilst we are at home in the body, we are absent from the Lord:

“Our thoughts can entertain a sense of ego while we coast along in this-world.”
~Al Denninger

Ps 46:10 (to :)

10 Be still, and know that I am God:

“Quietly, patiently Feel that there is no separation.” ~Al Denninger

Phil 4:13

13 I can do all things through Christ which strengtheneth me.

“The Father within doeth the Work and Omnipresence Includes Me.” ~Al Denninger

Exodus 33:13-15 (KJV)

14 And he said, My presence shall go with thee, and I will give thee rest.

“Blessed are those that Wait upon the Lord, for they shall Experience His Peace.”
~Al Denninger

This concludes our study of the Chapter 2 of the book “A Parenthesis in Eternity”. Tomorrow we begin Chapter 3, entitled “The Spiritual Adventure”.