

## “THE DAILY LESSON”

is an activity of the study group found at: [www.iwso.org](http://www.iwso.org)

The subject for our current study is the entire book

### “A Parenthesis in Eternity”

by Joel S Goldsmith

**THE DAILY LESSON**, an ongoing open class by Infinite Way Teacher [Al Denninger](#), is inspired by the message of Joel S. Goldsmith. In this Book Study we delve into Joel's books paragraph by paragraph, from cover to cover. I provide Scripture supporting his entire Work and an Impartation from my daily Experience. These classes appear [on my website](#) and by [email subscription](#) each day, for my students to take into their daily meditations and to carry with them throughout their day.

**Students Note:** In my teaching, the words that are capitalized throughout the work are not capitalized for emphasis. Instead, the purpose is to Lift the student into the Awareness that these words are a Synonym for, or an Activity of God. The portions that are *italicized* are spontaneous meditations.

## The Daily Lesson – December 7, 2018

### CHAPTER VIII

#### THE MYSTICAL I

“The search for God must be conducted within, but this does not mean within our body because no amount of mental or physical probing has ever revealed the kingdom of God in any person's body. Therefore, we can quickly put aside any idea of searching for it in the spinal cord, stomach, heart, or even in the brain. *The Kingdom is to be found within—within us.*” ~Joel S Goldsmith

Luke 17:20,21 (KJV)

20 And when he was demanded of the Pharisees, when the kingdom of God should come, he answered them and said, The kingdom of God cometh not with observation:

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

Don't be distracted by this-world's lies, no matter how loud they scream. The answer you seek is already within you. ~Al Denninger

## **The Daily Lesson – December 8, 2018**

“This leads us to the questions: Who are we? What are we? Where are we? Most of us already know that we are not confined to our body, and once we know that, we have taken a tremendous leap forward on the spiritual path, because if we are convinced that we are not in the body, it should not take very long or involve overmuch reasoning to establish the truth that being out of the body and invisible, we must be incorporeal and spiritual, something other than body. So, when we seek the kingdom of God within, we are not seeking for it inside the body, not even in the mind: we are seeking within ourselves.” ~Joel S Goldsmith

I Corinthians 6:19 (KJV)

19 What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?

John 4:24 (KJV)

24 God is a Spirit: and they that worship him must worship him in spirit and in truth.

John 18:36 (to :) (KJV)

36 Jesus answered, My kingdom is not of this world:

Communion and Oneness are Spirit to Spirit, Soul to Soul. Not in this-world, but in Consciousness. ~Al Denninger

## **The Daily Lesson – December 9, 2018**

“To understand the nature of life as consciousness reveals how it is possible for the kingdom of God to be within us, within our consciousness, within that part of us which knows, but within no particular part of our body. Consciousness alone constitutes the Self.” ~Joel S Goldsmith

Romans 12:2 (KJV)

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Matthew 10:19 take,20 (KJV)

19 ...take no thought how or what ye shall speak: for it shall be given you in that same hour what ye shall speak.

20 For it is not ye that speak, but the Spirit of your Father which speaketh in you.

Philippians 2:5-8 (KJV)

5 Let this mind be in you, which was also in Christ Jesus:

The nature of Life is beyond the mind – beyond words and thoughts. It is the Activity of Christ Consciousness individually Expressed Within You. ~Al Denninger

## **The Daily Lesson – December 10, 2018**

“When we have realized ourselves as consciousness and can look at our body in a mirror and thank God that we are not there, thank God that we have a body, but that we are not in the body—we are invisible—we shall begin to understand the Master's great teachings which are the ‘open sesame’ to progress on the spiritual path.” ~Joel S Goldsmith

II Corinthians 3:18 (to .) (KJV)

18 But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.

Mortality dissolves in proportion to our Seeing the Truth of Being. ~Al Denninger

## The Daily Lesson – December 11, 2018

“Call no man your father upon the earth: for one is your Father, which is in heaven.’ How can the son of that Father be other than spiritual being, spiritual entity and identity, incorporeal and invisible being? How can that son of God be seen walking the earth? The truth is that our real Self is never seen by anybody: it is completely invisible. True, our body is visible, but we are not. We are hid with the Father.” ~Joel S Goldsmith

Matthew 23:9 (KJV)

9 And call no man your father upon the earth: for one is your Father, which is in heaven.

I John 4:12 God dwelleth, 13 (KJV)

12 ...God dwelleth in us, and his love is perfected in us.

13 Hereby know we that we dwell in him, and he in us, because he hath given us of his Spirit.

Colossians 3:1-3 (KJV)

1 If ye then be risen with Christ, seek those things which are above, where Christ sitteth on the right hand of God.

2 Set your affection on things above, not on things on the earth.

3 For ye are dead [mortal], and your life is hid with Christ in God.

There is One Life. I am, and You are, Included in Its Perfection. ~Al Denninger

## The Daily Lesson – December 12, 2018

“The spiritual identity of our being is Melchizedek, the man who was never born, can never die, and is always invisible.

*I am Melchizedek. I am he that was never born and will never die, Self-maintained and Self-sustained. I am the offspring of God, God Itself springing forth into manifestation and expression, God Itself appearing as individual being with individual identity.”* Joel S Goldsmith

Hebrews 7:1-3 (KJV)

1 For this Melchisedec, king of Salem, priest of the most high God, who met Abraham returning from the slaughter of the kings, and blessed him;

2 To whom also Abraham gave a tenth part of all; first being by interpretation King of righteousness, and after that also King of Salem, which is, King of peace;

3 Without father, without mother, without descent, having neither beginning of days, nor end of life; but made like unto the Son of God; abideth a priest continually.

For in Him we live and move, and have our Be-ing. ~Al Denninger

## The Daily Lesson – December 13, 2018

“Nobody has ever seen Melchizedek—not with his eyes. Nobody has ever seen you; nobody has ever seen me. You and I can see the forms as which we appear, but we cannot see the reality because that is invisible. We merely see a form, so big or so small, and who knows ten years from now what size it will be, or where it will be, and it makes no difference because it will not be the *I* of you or the *I* of me.” ~Joel S Goldsmith

Genesis 1:27 (KJV)

27 So God created man in his own image, in the image of God created he him; male and female created he them.

So, what is the Image of God? ~Al Denninger

John 4:24 (KJV)

24 God is a Spirit: and they that worship him must worship him in spirit and in truth.

God is the Infinite Invisible I Am. ~Al Denninger

## The Daily Lesson – December 14, 2018

“So we look in the mirror with a new kind of vision: Now I know that / am not inside of this form: / am that which governs this form; / am that which moves around in, and is identified by, this form, but / am not this form. / am in the bosom of the Father, and the Father is in me: we are both in heaven, both spiritual. God the Father and God the Son are one, and that One remains our eternal spiritual identity, that part of us which was never born and can never die.” ~Joel S Goldsmith

Ephesians 4:6 (KJV)

6 One God and Father of all, who is above all, and through all, and in you all.

Matthew 6:10 Thy will (KJV)

10 ...Thy will be done in earth, as it is in heaven.

John 10:30 (KJV)

30 I and my Father are one.

i am not One – “I” am... The Spirit Within. Christ Consciousness is the I that I Am - the Omniscient Infinite Invisible. ~Al Denninger



## The Daily Lesson – December 15, 2018

“Neither death, nor life . . . shall be able to separate us from the love of God.’ There is a Self which is inseparable from the love and the life of God, and when we discover that Self, we find the God with which we are one: the one Life, one Love, one Substance, one Being.” ~Joel S Goldsmith

Romans 8:38-39 (KJV)

38 For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come,

39 Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.

John 14:20 (KJV)

20 At that day ye shall know that I am in my Father, and ye in me, and I in you.

*Just sitting here Loving God....*

*Won't you join me?*

*~al.within*

## **The Daily Lesson – December 16, 2018**

“The materialist cannot perceive this: the materialist looks in the mirror and says, ‘There am I,’ but on the spiritual path we search ourselves from head to foot and from foot back to head, and arrive at the conclusion, ‘There am I not.’” ~Joel S Goldsmith

I Corinthians 2:14 (KJV)

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

I Corinthians 6:19 (KJV)

19 What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?

Our practice now is to learn to drop material consciousness - and as we begin to obey the Will of the Father, more and more of the Will of the Father becomes Known to us. ~Al Denninger

## The Daily Lesson – December 17, 2018

“If we are honest, we will have to admit that nobody knows us except ourselves, and perhaps more than ninety-nine per cent of us do not understand or know even ourselves. There is an area of our being that is not known — not to mother, husband, or wife. It is a secret place in us, the real, true individuality of us that nobody can quite perceive or understand, and that we keep hidden from the world.” ~Joel S Goldsmith

I John 3:1 therefore (KJV)

1 ...therefore the world [including us] knoweth us [Us] not, because it [and we] knew him not.

Psalms 51:6 (KJV)

6 Behold, thou desirest truth in the inward parts: and in the hidden part thou shalt make me to know wisdom.

Psalms 91:1 (KJV)

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

Our hallowed ground is beyond words and thoughts. It is deep within our Secret Dwelling Place. ~Al Denninger

Psalms 139:1 (KJV)

139 O lord, thou hast searched me, and known me.

*Thank you Father. ~al.within*

## The Daily Lesson – December 18, 2018

“That part of us is the *I*, that *I* which is individual identity, that *I* which must have existed before conception, before there was a form as which to manifest, just as that *I* will continue to exist after *I* relinquish this form. This does not mean that *I* will be without form: it means that the form of that *I* will probably be of a different nature and texture. It is merely this particular concept of form that will be outgrown and will disappear. But *I*, *I* continue forever.” ~Joel S Goldsmith

John 8:58 (KJV)

58 Jesus said unto them, Verily, verily, I say unto you, Before Abraham was, I am

John 10:28-30 (KJV)

28 And I give unto them eternal life; and they shall never perish, neither shall any man pluck them out of my hand.

29 My Father, which gave them me, is greater than all; and no man is able to pluck them out of my Father's hand.

30 I and my Father are one.

II Corinthians 4:18 (KJV)

18 While we look not at the things which are seen, but at the things which are not seen: for the things which are seen are temporal; but the things which are not seen are eternal.

Our Practice today is to surrender the temporal scene and Realize Your Inclusion in the Infinite Invisible Omnipresent Kingdom of God. ~Al Denninger

## The Daily Lesson – December 19, 2018

“Does this mean reincarnation? In many cases it does because if we are born into this particular plane once, there is no reason why we could not be born into it a dozen times if there is a valid reason for repeating the experience. The questions that must be answered by each one of us are: Why did I choose to come here? Why was I sent here? The answer depends on our point of view. Were we sent into expression here? Did we choose to come into expression, or did we just come? That you can only determine for yourself.

If in the light of my experience, I say to you what I am convinced is true, that we are sent here for a specific purpose and that that purpose is being worked out, there is no way that I can convey it to you so that you will believe it. It is up to you to arrive at that conviction within yourself, so that you can receive enlightenment on it.” ~Joel S Goldsmith

Ezekiel 37:12-14 Thus (to 2nd ,) (KJV)

12 ...Thus saith the Lord God; Behold, O my people, I will open your graves [a limited sense of being], and cause you to come up out of your graves, and bring you into the land of Israel [The Kingdom of God].

13 And ye shall know that I am the Lord, when I have opened your graves, O my people, and brought you up out of your graves,

14 And shall put my spirit in you, and ye shall live,

John 3:3-7 (KJV)

3 Jesus answered and said unto him, Verily, verily, I say unto thee, Except a man be born again, he cannot see the kingdom of God.

4 Nicodemus saith unto him, How can a man be born when he is old? can he enter the second time into his mother's womb, and be born?

5 Jesus answered, Verily, verily, I say unto thee, Except a man be born of water and of the Spirit, he cannot enter into the kingdom of God.

6 That which is born of the flesh is flesh; and that which is born of the Spirit is spirit.

7 Marvel not that I said unto thee, Ye must be born again.

II Corinthians 5:1 (KJV)

1 For we know that if our earthly house of this tabernacle were dissolved, we have a building of God, an house not made with hands, eternal in the heavens.

Life does not start up and then stop. It is an ongoing Experience – a perpetual opening out a Way for the Imprisoned splendor to escape. ~Al Denninger

## The Daily Lesson – December 20, 2018

“My own conviction of truth of this is the result of my particular life-experience, and even now as I try to compare my former life on this plane with the one I am now living, the questions arise:

How could this happen? What could make such a thing happen? How could one live two such completely different lives and be two such completely different persons in the same lifetime? Then I go back inside and ask: Is this really true? Am I not now the person that I always was, but unable to show outwardly what was inside because I did not know how to reach it? Is not this what I have always longed for? Is not this what I have always visioned, but could not break through?”  
~Joel S Goldsmith

Luke 12:2 (KJV)

2 For there is nothing covered, that shall not be revealed; neither hid, that shall not be known.

John 12:24-25 (KJV)

24 Verily, verily, I say unto you, Except a corn of wheat fall into the ground and die, it abideth alone: but if it die, it bringeth forth much fruit.

25 He that loveth his life shall lose it; and he that hateth his life in this world shall keep it unto life eternal.

Genesis 28:16 (KJV)

16 And Jacob awaked out of his sleep, and he said, Surely the Lord is in this place; and I knew it not.

Do you long for the Truth? Awake thou that sleepest and Walk with Me. ~Al Denninger

## The Daily Lesson – December 21, 2018

“I can recall the day when, as a very young boy, my mother said to me, ‘I know what’s wrong with you, Joel. You’re looking for God.’

‘Mom, how can you say that? I don’t even know if there is a God.’

‘Oh, but I know. You’re looking for God.’

Certainly I was, and this life today is just the fruition. I came into this world looking for God, but no one would believe that judging by my first thirty-eight years. That hunger was all locked up inside of me. I would not have dared to tell that to anybody, although when I was nineteen, I could tell my mother, ‘I’ve discovered you’re right. There is a God, but I can’t find Him. No matter with whom I talk, they don’t seem to know Him.’

And she said, ‘Well, please don’t stop, and when you’ve found Him, come and tell me’— and I hope I’m telling her.” ~Joel S Goldsmith

Deuteronomy 4:29 (KJV)

29 But if from thence thou shalt seek the Lord thy God, thou shalt find him, if thou seek him with all thy heart and with all thy soul.

Proverbs 8:17 (KJV)

17 I love them that love me; and those that seek me early shall find me.

Be steadfast in your Soul, be focused with all your heart, and above all, be patient. When you are Ready, You will be Given Perfect Love to share with those who ask... ~Al Denninger

## **The Daily Lesson – December 22, 2018**

“That is one way I know that I am the same I that I was when I came into this world, the I that was born at a level that was seeking God-realization, and It had to break through the shell and find Itself.” ~Joel S Goldsmith

Isa 54:14 (to :) (KJV)

14 In righteousness shalt thou be established:

John 6:45 (KJV)

45 It is written in the prophets, And they shall be all taught of God. Every man therefore that hath heard, and hath learned of the Father, cometh unto me.

Jer 29:13 (KJV)

13 And ye shall seek me, and find me, when ye shall search for me with all your heart.

The Spirit within Seeks... And Finds Itself Established in your Heart. ~Al Denninger



## The Daily Lesson – December 23, 2018

“This, I cannot prove to you. You will have to take my word for it, or doubt it until you have an experience of your own that shows you that this / of which you have been aware since you were born really existed before you came forth into this experience. By divine Grace I have been shown other lives which I have lived, so I know that was here before and I also know some of the experiences that I have had.

Every one of us in some time past, in some earlier form of evolution was the animal man, then the mental man, and later was prepared to come into this particular state, evolving into some measure of spiritual man. All this takes time although it is really not a matter of time: is a matter of evolution which in our experience appears as time.” ~Joel S Goldsmith

Rom 8:2-14 (KJV)

2 For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death.

3 For what the law could not do, in that it was weak through the flesh, God sending his own Son in the likeness of sinful flesh, and for sin, condemned sin in the flesh:

4 That the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit.

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

6 For to be carnally minded is death; but to be spiritually minded is life and peace.

7 Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be.

8 So then they that are in the flesh cannot please God.

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

10 And if Christ be in you, the body is dead because of sin; but the Spirit is life because of righteousness.

11 But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you.

12 Therefore, brethren, we are debtors, not to the flesh, to live after the flesh.

13 For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live.

14 For as many as are led by the Spirit of God, they are the sons of God.

We shall all be Raised up into a Higher Experience - and at that instant the prodigal experience and all of its senses are dissolved. ~Al Denninger

## The Daily Lesson – December 24, 2018

“This is because eating of the tree of the knowledge of good and evil in what is known as the Garden-of-Eden experience has resulted in the false state of consciousness which we call humanhood, and in this state of humanhood we not only need one another, but we need things, we need money, we need this, we need that. All human experience is a going out and a getting of things.” ~Joel S Goldsmith

John 2:13-16 (KJV)

13 And the Jews' passover was at hand, and Jesus went up to Jerusalem,  
14 And found in the temple those that sold oxen and sheep and doves, and the changers of money sitting:  
15 And when he had made a scourge of small cords, he drove them all out of the temple, and the sheep, and the oxen; and poured out the changers' money, and overthrew the tables;  
16 And said unto them that sold doves, Take these things hence; make not my Father's house an house of merchandise.

(Timely message huh, considering this time of year when the getting and giving of things seems to be so important.)

Ps 127:1 (to :) (KJV)

1 Except the Lord build the house, they labour in vain that build it:

This is a great reminder - Everything to Build The Lord's House comes from Within God's Garden. Be still and seek ye the Kingdom of God. Happy Christmas all! ~Al Denninger

## The Daily Lesson – December 25, 2018

“There is the man who is the purely animal man who goes after what he wants with hammer and tongs, using the sheer physical force of his body or the might of temporal weapons. Then there is the man who goes after things with his mind, and although most persons are honest and try to earn what they want, when these things do not come easily, they sometimes develop tricks to get what they want legally, but not too ethically, and if that does not work, they may go outside the law and steal or even kill to get what they want. On a larger scale, man resorts to a legal form of murder that is called war.

Eventually, perhaps after many lifetimes, that man who has depended upon physical and mental force begins to rise to the status of spiritual man, and that is the story of unfolding consciousness.” ~Joel S Goldsmith

Zechariah 4:6 (KJV)

6 Then he answered and spake unto me, saying, This is the word of the Lord unto Zerubbabel, saying, Not by might, nor by power, but by my spirit, saith the Lord of hosts.

I Corinthians 13:10-12 King James Version (KJV)

10 But when that which is perfect is come, then that which is in part shall be done away.

11 When I was a child, I spake as a child, I understood as a child, I thought as a child: but when I became a man, I put away childish things.

12 For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known.

I Am a Lamp unto thy feet. Step by step, onward and upward as Consciousness Unfolds, I Am with thee... ~Al Denninger

## **The Daily Lesson – December 26, 2018**

“Whether you or I will be born again depends on this question:

Will there be a reason for it? There was a reason for my being born this last time. It was because I had not made God-contact; the / had not broken through, and it took this experience to break the shell.” ~Joel S Goldsmith

Romans 8:28 (KJV)

28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

II Timothy 1:9 (KJV)

9 Who hath saved us, and called us with an holy calling, not according to our works, but according to his own purpose and grace, which was given us in Christ Jesus before the world began,

Remain focused, no matter what... Every little step you take on your Path is according to His Purpose. ~Al Denninger

## The Daily Lesson – December 27, 2018

“What further lessons have to be learned that can be learned only in the context of a life-experience and whether there will be a need for me to be born again will depend on whether there is a need for the particular service I have to offer on earth. If there is, I will reincarnate.” ~Joel S Goldsmith

Matt 6:10 Thy will (KJV)

10 ...Thy will be done in earth, as it is in heaven.

Numbers 16:28 (KJV)

28 And Moses said, Hereby ye shall know that the Lord hath sent me to do all these works; for I have not done them of mine own mind.

I Corinthians 15:45-49 (KJV)

45 And so it is written, The first man Adam was made a living soul; the last Adam was made a quickening spirit.

46 Howbeit that was not first which is spiritual, but that which is natural; and afterward that which is spiritual.

47 The first man is of the earth, earthy: the second man is the Lord from heaven.

48 As is the earthy, such are they also that are earthy: and as is the heavenly, such are they also that are heavenly.

49 And as we have borne the image of the earthy, we shall also bear the image of the heavenly.

Mark 10:27 (KJV)

27 And Jesus looking upon them saith, With men it is impossible, but not with God: for with God all things are possible.

I Know this: when I am Asked, I will do His Will without reserve, thought or hesitation... ~Al Denninger

## **The Daily Lesson – December 28, 2018**

“So with you. It is your unfolding consciousness that has brought you to this particular phase of experience sufficiently developed to open yourself to a spiritual approach to life. You have lived on the animal plane; you have lived on the mental plane; and now you are approaching the spiritual plane. Let us not forget that during all this time there is still a little of the animal left in each one of us and a little of the mental also, but by now most of us are committed to the spiritual way.” ~Joel S Goldsmith

II Timothy 3:16-17 (KJV)

16 All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness:

17 That the man of God may be perfect, thoroughly furnished unto all good work.

Luke 8:15 (KJV)

15 But that on the good ground are they, which in an honest and good heart, having heard the word, keep it, and bring forth fruit with patience.

The Shepherd Led you to your Spiritual Way. Let Him show you all the wonderful Work He has in store for you... ~Al Denninger

## The Daily Lesson – December 29, 2018

“Each one has formed for himself a body, a home in which he is brought up, and an activity in which to function, all of which serve the purpose of developing consciousness to the point of recognition or realization. Every experience of our childhood, the good as well as the bad, and every experience in our business or home life have been necessary to bring us to this unfoldment. We have always been functioning at the particular level necessary for our spiritual development because the purpose of our being here is to unfold spiritually, moving from experience to experience until the I that we are stands forth in all its purity and fullness.” ~Joel S Goldsmith

Colossians 1:9-10 (KJV)

9 For this cause we also, since the day we heard it, do not cease to pray for you, and to desire that ye might be filled with the knowledge of his will in all wisdom and spiritual understanding;

10 That ye might walk worthy of the Lord unto all pleasing, being fruitful in every good work, and increasing in the knowledge of God;

I Corinthians 7:17 (KJV)

17 But as God hath distributed to every man, as the Lord hath called every one, so let him walk. And so ordain I in all churches.

Spiritual Awareness increases steadily as we Abide and Practice. ~Al Denninger

## The Daily Lesson – December 30, 2018

“/ is neither male nor female: / is /. / is neither bond nor free. / is the universal, supreme, divine, true identity of all of us, regardless of what form it may have assumed in this incarnation.

We must learn to live with this / in the midst of us, learn to look to It for all inspiration. If we need an idea for a book or for a painting, for business or for law, regardless of what it is, the / encompasses it. And this / is within us. Then if it is necessary to find a book, a teacher, a publisher — whatever it is — when we turn within, the / will appear outwardly as the form necessary to our unfoldment at any moment.” ~Joel S Goldsmith

Genesis 1:27 (KJV)

27 So God created man in his own image, in the image of God created he him; male and female created he them.

Mark 16:9-14 (to ,) (KJV)

9 Now when Jesus was risen early the first day of the week, he appeared first to Mary Magdalene, out of whom he had cast seven devils.

10 And she went and told them that had been with him, as they mourned and wept.

11 And they, when they had heard that he was alive, and had been seen of her, believed not.

12 After that he appeared in another form unto two of them, as they walked, and went into the country.

13 And they went and told it unto the residue: neither believed they them.

14 Afterward he appeared unto the eleven as they sat at meat,

Luke 24:12-16 (KJV)

12 Then arose Peter, and ran unto the sepulchre; and stooping down, he beheld the linen clothes laid by themselves, and departed, wondering in himself at that which was come to pass.

13 And, behold, two of them went that same day to a village called Emmaus, which was from Jerusalem about threescore furlongs.

14 And they talked together of all these things which had happened.

15 And it came to pass, that, while they communed together and reasoned, Jesus himself drew near, and went with them.

16 But their eyes were holden that they should not know him.

/ will appear in whatever form needed to be an Activity of Love Loving, right here - now and forever. ~Al Denninger



## The Daily Lesson – December 31, 2018

“We never discard our form — our concept of form, yes. We discarded one such concept when we were three years of age, one when we were thirteen years, another at twenty-one, and still another when we were in the forties. So we keep on discarding these concepts of form, yet the *I* goes on forever, and the *I* always has form; *I* is always embodied as form. *I* can never lose Its form any more than I can lose my identity.” ~Joel S Goldsmith

Luke 12:22 (to 4th ,) (KJV)

22 And he said unto his disciples, Therefore I say unto you, Take no thought for your life, what ye shall eat; neither for the body,

Luke 12:31 (to ;) (KJV)

31 But rather seek ye the kingdom of God;

I John 1:1,2 (KJV)

1 That which was from the beginning, which we have heard, which we have seen with our eyes, which we have looked upon, and our hands have handled, of the Word of life;

2 (For the life was manifested, and we have seen it, and bear witness, and shew unto you that eternal life, which was with the Father, and was manifested unto us;)

i am thought to be conceived, formed and reformed in this parenthesis – but the *I* that *I* am, *Is*, was and ever will Be. ~Al Denninger

John 8:58 (KJV)

58 Jesus said unto them, Verily, verily, I say unto you, Before Abraham was, I am.

## The Daily Lesson – January 1, 2019

“My true identity was never born, and it will never die. It was present when I was conceived in my mother's womb, and it will be present and looking on when I pass from this scene, when my body seems to remain here as I progress onward. That I is the I of me which was born, that I is the I of me which was a child, that I is the I of me in my maturity, and I is the I of me in my ongoing. I is immaculately conceived, Self-created, Self-maintained, Self-sustained infinite, individual, eternal, and immortal.” ~Joel S Goldsmith

Psalm 139:13 (KJV)

13 For thou hast possessed my reins: thou hast covered me in my mother's womb.

John 14:19 because,20 (KJV)

19 ...because I live, ye shall live also.

20 At that day ye shall know that I am in my Father, and ye in me, and I in you.

John 10:27,28 (to ;)

27 My sheep hear my voice, and I know them, and they follow me:

28 And I give unto them eternal life;

I am included in Omnipresence, never born, never dying... ~Al Denninger

## The Daily Lesson – January 2, 2019

“That is my true identity, and that is the / that is looking out through my eyes. That is the / of me that now is a teacher and healer, but that same / was with me when I was a salesman selling merchandise. That / is the same / that was there when I was in school. This same / kept watching these different stages of my unfoldment, but It could not function any faster than Joel could catch up with It. It is the / of me; it is the / of you; it is the / of our friend and the / of our foe.” ~Joel S Goldsmith

John 6:44-47 (KJV)

44 No man can come to me, except the Father which hath sent me draw him: and I will raise him up at the last day.

45 It is written in the prophets, And they shall be all taught of God. Every man therefore that hath heard, and hath learned of the Father, cometh unto me.

46 Not that any man hath seen the Father, save he which is of God, he hath seen the Father.

47 Verily, verily, I say unto you, He that believeth on me hath everlasting life.

Isa 40:28-31

28 Hast thou not known? hast thou not heard, that the everlasting God, the Lord, the Creator of the ends of the earth, fainteth not, neither is weary? there is no searching of his understanding.

29 He giveth power to the faint; and to them that have no might he increaseth strength.

30 Even the youths shall faint and be weary, and the young men shall utterly fall:

31 But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

*Father....Thy Kingdom is Come. i am not searching for You.....i can of mine own self, do nothing.....I am Resting, Smiling and Looking out through Your Eyes.  
~al.within*

## The Daily Lesson – January 3, 2019

“All those who put their hand to the plow must determine never to turn back — never. Lot's wife turned away; she looked back, away from God, and was lost. The way is straight and narrow, and few there be that enter, but those few are those who attain. And when they attain, what is it they have attained? The awareness that / in the midst of them is mighty, the realization that / has been with them since before Abraham, and that / will never leave them, nor forsake them.” ~Joel S Goldsmith

Matthew 7:13-14 (KJV)

13 Enter ye in at the strait gate: for wide is the gate, and broad is the way, that leadeth to destruction, and many there be which go in thereat:

14 Because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it.

Matthew 13:46 (KJV)

46 Who, when he had found one pearl of great price, went and sold all that he had, and bought it.

Luke 17:32,33 (to ;) (KJV)

32 Remember Lot's wife.

33 Whosoever shall seek to save his life shall lose it;

Deuteronomy 31:6 (KJV)

6 Be strong and of a good courage, fear not, nor be afraid of them: for the Lord thy God, he it is that doth go with thee; he will not fail thee, nor forsake thee.

Stay focused, dedicated, calm, strong, unafraid and Aware - one of the few that are “rich” in Spirit... ~Al Denninger

## The Daily Lesson – January 4, 2019

*“I in the midst of me feeds me, clothes and houses me, I in the midst of me has never been limited. I in the midst of me has provided me with everything necessary, for I is not dependent on ‘man, whose breath is in his nostrils.’” ~Joel S Goldsmith*

Isaiah 2:22 (KJV)

22 Cease ye from man, whose breath is in his nostrils: for wherein is he to be accounted of?

i have no business of my own – I am About The Father’s Business. ~Al Denninger

## The Daily Lesson – January 5, 2019

*“I in the midst of me need not advertise Itself; I in the midst of me dwells secretly, sacredly, silently, abiding in God, and together we two, who are one, walk this earth.” ~Joel S Goldsmith*

Matthew 6:6 (KJV)

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

Acts 17:28 (to ;) (KJV)

28 For in him we live, and move, and have our being;

For as a drop of water is one with the ocean – so am I and The Father walking as One in His Kingdom. ~Al Denninger

## The Daily Lesson – January 6, 2019

*“I in the midst of me is the spiritual son of God, the Christ, Melchizedek—He who was never born, who will never die, and who is and always will be invisible.*

*I am the invisible Presence within me. I am the invisible Presence which goes before me to make the way clear; I am the invisible presence which walks beside me as protection. I am the invisible Presence which follows after me as a rear guard.” ~Joel S Goldsmith*

Hebrews 7:3 (to 2<sup>nd</sup> ;) (KJV)

3 Without father, without mother, without descent, having neither beginning of days, nor end of life; but made like unto the Son of God

John 14:16-17 (KJV)

16 And I will pray the Father, and he shall give you another Comforter, that he may abide with you for ever;

17 Even the Spirit of truth; whom the world cannot receive, because it seeth him not, neither knoweth him: but ye know him; for he dwelleth with you, and shall be in you.

The Infinite Invisible is my refuge, and underneath are His everlasting arms. ~Al Denninger

## The Daily Lesson – January 7, 2019

*"I am the life of my friends, and I am the life of my foes: we are One, yet each, individual in expression — one in essence, infinite, but individual in form and modes of expression."* Joel S Goldsmith

Psalm 24:1 (KJV)

24 The earth is the Lord's, and the fulness thereof; the world, and they that dwell therein.

John 15:5 (KJV)

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

Psalm 104:24 (KJV)

24 O Lord, how manifold are thy works! in wisdom hast thou made them all: the earth is full of thy riches.

Every Individual Expression of God is Included, and will always remain Included in His Kingdom. Abide with Me now, in Oneness. ~Al Denninger



## The Daily Lesson – January 8, 2019

*“I am the author in one, the composer in another. I am the healer in one, the minister in another. I am the painter in one, the poet in another - I am the inspiration unto my life and the inspiration to everyone who seeks inspiration, I can close my eyes at any time of the day or night and turn to this Infinite Invisible, to the I within me and receive new illumination, new light, new health, new strength. ~Joel S Goldsmith*

II Corinthians 3:5 (KJV)

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

Ephesians 4:6 (KJV)

6 One God and Father of all, who is above all, and through all, and in you all.

II Corinthians 9:8 (KJV)

8 And God is able to make all grace abound toward you; that ye, always having all sufficiency in all things, may abound to every good work:

All that I have is thine. You don't need to ask – just Realize it. ~Al Denninger

## The Daily Lesson – January 9, 2019

“Inwardly and silently, say the word / softly, gently— /, meaning your Self, your true identity. Close your eyes to all outer appearances and inside the inner sanctuary, alone with God, listen to the voice of God as It speaks to you: ~Joel S Goldsmith

I Corinthians 3:16 (KJV)

16 Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?

Matt 6:6 enter (to ;) (KJV)

6 ...enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret;

I Samuel 3:10 (KJV)

10 And the Lord came, and stood, and called as at other times, Samuel, Samuel. Then Samuel answered, Speak; for thy servant heareth.

Be still, and open an avenue of Awareness of God's Love... ~Al Denninger

## The Daily Lesson – January 10, 2019

*“I say to you: Son, cease from depending upon man. I am here in the midst of you — this I that you have declared.” ~Joel S Goldsmith*

Isa 2:22 (KJV)

22 Cease ye from man, whose breath is in his nostrils: for wherein is he to be accounted of?

Psalm 118:8 KJV)

8 It is better to trust in the Lord than to put confidence in man.

*Father, I trust You with all my Heart, and all my Soul, and all my Consciousness, and lean not to my own understanding... ~al.within*

## **The Daily Lesson – January 11, 2019**

*“Listen to Me. Look unto Me, the I of your being, and be saved. Do not look to effects, do not look to persons, do not look to fame, fortune, or position.” ~Joel S Goldsmith*

Colossians 3:2 (KJV)

2 Set your affection on things above, not on things on the earth.

The more we look to the things of this world for our harmony, the more we are distracted from seeking our Spiritual Harmony. Wake up. Look up! I Am here where You are... ~Al Denninger

## The Daily Lesson – January 12, 2019

*“Look unto Me, for I in the midst of you am your bread, your staff of life. You need not earn your bread by the sweat of your brow. Work, but enjoy it. Work, and love it, but never feel dependent on it for your living, for I am living you: I am your living.” ~Joel S Goldsmith*

II Corinthians 9:8 (KJV)

8 And God is able to make all grace abound toward you; that ye, always having all sufficiency in all things, may abound to every good work:

*I of mine own self can do nothing... Then, why am I focused, content and confident?... Because I am about My Father's Business - Loving you. ~al.within*

## The Daily Lesson – January 13, 2019

*“I am your Being. I have placed Myself as the Tree of Life in the midst of the garden which is your Self. I in the midst of you am mighty.” ~Joel S Goldsmith*

I Cor 3:16 (KJV)

16 Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?

Zephaniah 3:17 (KJV)

17 The Lord thy God in the midst of thee is mighty;

*I Am Your Life and Your Spirit. You are Included in My Kingdom and All that I Have is thine. ~al.within*

## The Daily Lesson – January 14, 2019

*“Even your body is the temple of the living God which I am. Your body, your mind, your soul: these are all dedicated to Me, and I have ordained them. I have given to you your mind and your body. I am the substance of your body. I am that which beats your heart I am that which governs every organ and function of your body. I did not make your body and then leave it to control itself. I made it in My image and likeness, of My substance. I knew you before you were conceived in the womb. I formed your very body in the womb. I have never left it, nor forsaken it.”*

~Joel S Goldsmith

Psalm 139:13-14 (KJV)

13 For thou hast possessed my reins: thou hast covered me in my mother's womb.

14 I will praise thee; for I am fearfully and wonderfully made: marvellous are thy works; and that my soul knoweth right well.

Job 33:4 (KJV)

4 The spirit of God hath made me, and the breath of the Almighty hath given me life

Deuteronomy 31:8 (KJV)

8 And the Lord, he it is that doth go before thee; he will be with thee, he will not fail thee, neither forsake thee: fear not, neither be dismayed.

*i can of mine own self do nothing... I am the Temple, Activity, and Individual Experience of God... I Abide with You and You with Me, Father... I rest in the Assurance of Your Ever-Present Love forever making the crooked places Straight. Your grateful servant, ~al.within*

## The Daily Lesson – January 15, 2019

*“Many times you have left Me. Many times you live made false gods: gods of gold and silver, gods of pills, powders, and plasters, and looked to them for health and joy. You have looked outside for pleasures, satisfaction, for peace, and yet I am the wine of inspiration. Seek Me while I may be found, and be at peace.” ~Joel S Goldsmith*

Isaiah 26:3 (KJV)

3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

Luke 15:11-24 (to 1<sup>st</sup> .) (KJV)

11 And he said, A certain man had two sons:

12 And the younger of them said to his father, Father, give me the portion of goods that falleth to me. And he divided unto them his living.

13 And not many days after the younger son gathered all together, and took his journey into a far country, and there wasted his substance with riotous living.

14 And when he had spent all, there arose a mighty famine in that land; and he began to be in want.

15 And he went and joined himself to a citizen of that country; and he sent him into his fields to feed swine.

16 And he would fain have filled his belly with the husks that the swine did eat: and no man gave unto him.

17 And when he came to himself, he said, How many hired servants of my father's have bread enough and to spare, and I perish with hunger!

18 I will arise and go to my father, and will say unto him, Father, I have sinned against heaven, and before thee,

19 And am no more worthy to be called thy son: make me as one of thy hired servants.

20 And he arose, and came to his father. But when he was yet a great way off, his father saw him, and had compassion, and ran, and fell on his neck, and kissed him.

21 And the son said unto him, Father, I have sinned against heaven, and in thy sight, and am no more worthy to be called thy son.

22 But the father said to his servants, Bring forth the best robe, and put it on him; and put a ring on his hand, and shoes on his feet:

23 And bring hither the fatted calf, and kill it; and let us eat, and be merry:

24 For this my son was dead, and is alive again; he was lost, and is found

No matter how distracted you may get, it does not change the fact that - ALL that the Father hath is thine, was thine and always will be thine. Is it possible to be separated from Omnipresence? ~Al Denninger



## The Daily Lesson – January 16, 2019

*“Does the creature talk back to the Creator? Does the clay talk to the potter? No! I am the potter, I am the creator, and all creation hearkens unto Me. The heavens declare My glory. The earth showeth forth My handiwork. Do you know that I have given you dominion over everything on earth, everything in the sky, everything in the waters and beneath the earth?” ~Joel S Goldsmith*

Isaiah 29:16 (to ,) (KJV)

16 Surely your turning of things upside down shall be esteemed as the potter's clay: for shall the work say of him that made it,

Psalms 19:1 (KJV)

19 The heavens declare the glory of God; and the firmament sheweth his handywork.

Dominion: God has given us the ability and the opportunity to Love. ~Al Denninger

## The Daily Lesson – January 17, 2019

*“I am the way: live by way of Me. Do not live by way of the world. Do not live by way of form—even so powerful a form, as a hydrogen bomb. I am your high tower, and I am your fortress. Hide in Me, hide in the understanding that there is only one power, and I am that. Look unto Me and be saved — not by might, not by power.” ~Joel S Goldsmith*

John 14:6 (KJV)

6 Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me.

Psalms 18:2 (KJV)

2 The Lord is my rock, and my fortress, and my deliverer; my God, my strength, in whom I will trust; my buckler, and the horn of my salvation, and my high tower.

Zechariah 4:6 (KJV)

6 Then he answered and spake unto me, saying, This is the word of the Lord unto Zerubbabel, saying, Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Our first big move on this Path is to recognize the need to transform from sense consciousness to Soul Consciousness. ~Al Denninger

## The Daily Lesson – January 18, 2019

*“Put up your sword! Those who live by the physical or the mental sword will die. Live by My Spirit— not by might, not by power, but by My Spirit.” ~Joel S Goldsmith*

Matthew 5:39 (to :) (KJV)

39 But I say unto you, That ye resist not evil:

Romans 8:13,14 (KJV)

13 For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live.

14 For as many as are led by the Spirit of God, they are the sons of God.

The nature of error is nothingness so bearing false witness is a trap. If you find yourself in a trap, stop digging and giving it power - be still and Let yourself Be Led and Lifted by The Spirit. ~Al Denninger

## The Daily Lesson – January 19, 2019

*“Dwell in Me; let Me dwell in you. If you dwell in Me, and if you let Me dwell in you, if you live in the recognition that I in the midst of you am your true identity, your eternal life, I will draw unto you whatever is necessary for your harmonious unfoldment, be it person, place, or thing.” ~Joel S Goldsmith*

John 15:5 (KJV)

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

*Father, I can do nothing without Your Direction, Oneness and Love. I Recognize My Life As... Loving You. ~al.within*

## The Daily Lesson – January 20, 2019

*“Go into the inner sanctuary of your being and be quiet. Do not pray in public. Do not tell man what you need. Do not tell man what you would like to be. Do not tell man what you would like to do.” ~Joel S Goldsmith*

Psalm 46:10 (KJV)

10 Be still, and know that I am God:

Matthew 6:6 (KJV)

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

Our reward is Awareness and the Feeling of Harmony it brings. ~Al Denninger

## The Daily Lesson – January 21, 2019

*“Live in Me! Let Me live in you, and let Me be the invisible Presence that goes before you to prepare the way for you. Let Me go before you, silently, sacredly, secretly.” ~Joel S Goldsmith*

Revelation 3:20 (KJV)

20 Behold, I stand at the door, and knock: if any man hear my voice, and open the door, I will come in to him, and will sup with him, and he with me

John 15:5 He (KJV)

5 ...He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

John 15:7 (KJV)

7 If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you

Isaiah 45:2 (to :) (KJV)

2 I will go before thee, and make the crooked places straight:

The key here is to Abide without ceasing – without that we are coasting.

Living without praying is like tapping your foot without the music. ~Al Denninger

## The Daily Lesson – January 22, 2019

*“Do not be impatient if it takes a little time for you to reach home. You have already become involved with people and entangled in situations that you cannot leave suddenly. You will have to be led away from these without injury to the life, the well-being, or the comfort of others. You cannot have your life and well-being at the expense of others. That is not the law. ‘Love thy neighbor as thyself’ is the law. That, you can do, if you look unto Me, if you understand that I in the midst of you am Self-sustained.” ~Joel S Goldsmith*

I John 4:7,8 & 11 (KJV)

7 Beloved, let us love one another: for love is of God; and every one that loveth is born of God, and knoweth God.

8 He that loveth not knoweth not God; for God is love.

11 Beloved, if God so loved us, we ought also to love one another.

Pure Love cannot do harm or be withheld. It can only Love - without condition.  
Be Love Loving... ~Al Denninger

## The Daily Lesson – January 23, 2019

*“Do not be impatient if you have to take some long way around. I will bring you by a way you know not of. It will not always appear to you as a short cut; it will not always be without a few bleeding footsteps or even a cross, but nevertheless I am leading you through this world of illusion back to your Father's house which I am.”*  
~Joel S Goldsmith

John 14:1,2 (KJV)

1 Let not your heart be troubled: ye believe in God, believe also in me.  
2 In my Father's house are many mansions: if it were not so, I would have told you. I go to prepare a place for you.

Mark 8:34 (KJV)

34 And when he had called the people unto him with his disciples also, he said unto them, Whosoever will come after me, let him deny himself, and take up his cross, and follow me.

*I have Included you in My omnipresent Love – I will never leave you... I am a lamp unto thy feet. Trust in Me. I will Show you the Way... I will be thy Shepherd and I will watch over thee. You have My Assurance... ~al.within*



## The Daily Lesson – January 24, 2019

*“I have meat—be assured of that. ‘I have meat to eat that ye know not of.’ Do not let your mind get weary wondering how you are going to get a home, companionship, supply, or health. Be assured that I have meat. I already have meat, and wine, and water. Rest here, and let it come to you.” ~Joel S Goldsmith*

John 4:34,35 (KJV)

34 Jesus saith unto them, My meat is to do the will of him that sent me, and to finish his work.

35 Say not ye, There are yet four months, and then cometh harvest? behold, I say unto you, Lift up your eyes, and look on the fields; for they are white already to harvest.

Waiting - by John Burroughs

Serene, I fold my hands and wait,  
Nor care for wind, nor tide, nor sea;  
I rave no more 'gainst time or fate,  
For lo! my own shall come to me.

I stay my haste, I make delays,  
For what avails this eager pace?  
I stand amid the eternal ways,  
And what is mine shall know my face.

Asleep, awake, by night or day,  
The friends I seek are seeking me;  
No wind can drive my bark astray,  
Nor change the tide of destiny.

What matter if I stand alone?  
I wait with joy the coming years;  
My heart shall reap where it hath sown,  
And garner up its fruit of tears.

The waters know their own and draw  
The brook that springs in yonder height;  
So flows the good with equal law  
Unto the soul of pure delight.

The stars come nightly to the sky;  
The tidal wave unto the sea;  
Nor time, nor space, nor deep, nor high,  
Can keep my own away from me.

What Comes is Awareness. ~Al Denninger

## The Daily Lesson – January 25, 2019

*“Do not try to attract supply — not mentally, not physically. Just do your work each day, the work that is given you to do. Do it in the best way you know how, but do not do it for a living: do it for love. Let the living be the added thing, I, your Father which art in heaven, I, who am in the midst of you, I know your need before you do. It is my good pleasure to give you the kingdom if you abide in Me and let My word abide in you.” ~Joel S Goldsmith*

John 17:1-4 (KJV)

- 1 These words spake Jesus, and lifted up his eyes to heaven, and said, Father, the hour is come; glorify thy Son, that thy Son also may glorify thee:
- 2 As thou hast given him power over all flesh, that he should give eternal life to as many as thou hast given him.
- 3 And this is life eternal, that they might know thee the only true God, and Jesus Christ, whom thou hast sent.
- 4 I have glorified thee on the earth: I have finished the work which thou gavest me to do.

Luke 12:32 (KJV)

32 Fear not, little flock; for it is your Father's good pleasure to give you the kingdom.

*And so, I do the Work Given me to do each day... It is My Pleasure, My Life, My Breath, My Living and Supply.... My best. Thank you Father. ~al.within*

## The Daily Lesson – January 26, 2019

*“Live in Me, live in the realization that this I in the midst of you is God, this I in the midst of you is ordained of God, for God is both the Father and the Son, God is both the giver and the gift.” ~Joel S Goldsmith*

Ephesians 4:4-7 (KJV)

4 There is one body, and one Spirit, even as ye are called in one hope of your calling;

5 One Lord, one faith, one baptism,

6 One God and Father of all, who is above all, and through all, and in you all.

7 But unto every one of us is given grace according to the measure of the gift of Christ.

Christ Consciousness is Omnipresent and thereby Living in us – but are we Living with the Consciousness of Christ? ~Al Denninger

## The Daily Lesson – January 27, 2019

*“Trust this I at the center of your being. Trust It with your secret desires, but do not let your secret desires be aimed at persons, places, or things. Your secret desires must be for rest in Me, peace in Me, satisfaction in Me, joy in Me.” ~Joel S Goldsmith*

Psalm 73:25 (KJV)

25 Whom have I in heaven but thee? and there is none upon earth that I desire beside thee.

Romans 14:17 (KJV)

17 For the kingdom of God is not meat and drink; but righteousness, and peace, and joy in the Holy Ghost.

II Corinthians 12:9 (KJV)

9 And he said unto me, My grace is sufficient for thee:

*Father, i can of mine own self, do nothing... the things of this-world are less and less important now. my only desire is to be With You – to Rest at Your Feet and silently Abide in Your Infinite Peace, Sufficiency and Love... it is with great joy and pleasure to be Included in Your Presence. Thank you Father.... ~al.within*

## The Daily Lesson – January 28, 2019

*“Tabernacle with Me, for I in the midst of you am your life. I am That which prospers you. I am That which draws unto you all that is necessary for your spiritual development and unfoldment.” ~Joel S Goldsmith*

Revelation 21:3,4 (KJV)

3 And I heard a great voice out of heaven saying, Behold, the tabernacle of God is with men, and he will dwell with them, and they shall be his people, and God himself shall be with them, and be their God.

4 And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away.

Zephaniah 3:17 (KJV)

17 The Lord thy God in the midst of thee is mighty; he will save, he will rejoice over thee with joy; he will rest in his love, he will joy over thee with singing.

Isaiah 41:10 (KJV)

10 Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.

Psalms 23:1 (KJV)

23 The Lord is my shepherd; I shall not want.

I am That which Loves you... ~Al Denninger

## The Daily Lesson – January 29, 2019

*“If there be forty years of wilderness before you reach the Promised Land, be patient, be patient. You have made this wilderness through which you must be led. If there is the experience of the cross, accept it. You have brought it upon yourself, and it is just another way out of the wilderness. Whether you make your bed in hell or in heaven I in the midst of you will never leave you, nor forsake you. Even if you are the thief dangling on the cross, I will take you with me this very day into paradise.” ~Joel S Goldsmith*

Matthew 16:24-26 (KJV)

24 Then said Jesus unto his disciples, If any man will come after me, let him deny himself, and take up his cross, and follow me.

25 For whosoever will save his life shall lose it: and whosoever will lose his life for my sake shall find it.

Psalms 139:8-10 (KJV)

8 If I ascend up into heaven, thou art there: if I make my bed in hell, behold, thou art there.

9 If I take the wings of the morning, and dwell in the uttermost parts of the sea;

10 Even there shall thy hand lead me, and thy right hand shall hold me.

A wilderness experience, or distraction, comes from thinking we are somehow separate, lacking something or temporarily apart from the Presence of God. It is our this-world self, thinking it so, and we wind up placing ourselves there... A poverty mentality places us in lack. A fearful mentality places us right in that mess which we fear. A lonesome, whiny or angry mentality places us woefully alone – who could be with us?.... You see? We have to put the wilderness distraction behind us as Jesus did.

Take no thought for your life [current distraction]. We must press on patiently focused on the Right Identity of our Self – losing our life [self distraction] and rediscovering that we never left the I in the midst of us or The Presence Within. Be still, Go within and Be with Me in paradise this very day... ~Al Denninger

## The Daily Lesson – January 30, 2019

*“Do not fear effects, do not fear outer conditions. I, the I of your being, I am that part of you which was never born. I brought you into this experience; I will carry you through it; and I will carry you on into the next experience, even unto the end of the world.” ~Joel S Goldsmith*

Isaiah 41:10 (KJV)

10 Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.

Psalms 23:6 (KJV)

6 Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.

In order to understand Forever, we need to Rightly understand Birth. The I within is Immaculately Conceived... ~Al Denninger

## The Daily Lesson – January 31, 2019

*“Have I been so long with you, and you have not known Me? Have I been so long with you, and you have not recognized that I am Melchizedek, I am the Christ, I am the spiritual Son? When you have gone far enough you will understand that I am God the Father as well as God the Son. And then you will understand oneness.” ~Joel S Goldsmith*

John 10:30 (KJV)

30 I and my Father are one.

John 15:4,5 (KJV)

4 Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

The Vine is made up of Branches – the Branches make up the Vine. Neither Exist without the other. ~Al Denninger



## The Daily Lesson – February 1, 2019

*“You will understand that because I am infinite, there are no evil powers. The evil pictures that you see and hear and touch and taste and smell are made of the fabric of nothingness, the fabric of hypnotism, the fabric of suggestion. Do not fear them. They have no entity; they have no identity; they have no real being. Only understand them to be of the fabric of mental illusion — nothingness — for I in the midst of you am the only power and the only presence.” ~Joel S Goldsmith*

I John 1:5 (KJV)

5 This then is the message which we have heard of him, and declare unto you, that God is light, and in him is no darkness at all.

Matt 6:25 (to 2nd ,) (KJV)

25 Therefore I say unto you, Take no thought for your life,

The thoughts imagined in this-world sense are not within the Realm of God's Light. Reacting to them is nothing but a distraction from the Truth. Don't fear the distraction or try to correct it. Just Be Still... The dream dissolves into the nothingness it really is when it is Held Up to the Light. ~Al Denninger

## The Daily Lesson – February 2, 2019

*“Love the Lord thy God with all thy heart, and thy neighbor as thyself.’ I am He, and I in the midst of you am the I in the midst of your neighbor. Inasmuch as you have done it unto the least of these neighbors, you have done it unto Me, for I am he, even as I am you. Inasmuch as you have not done it unto the least of these, you have not done it unto Me. Anything that you have withheld from anyone, you have withheld from yourself, for I am your Self, and I am your neighbor's Self. I, God at the center of your being, am He; I, God, am your neighbor.” ~Joel S Goldsmith*

Matthew 22:37-40 (KJV)

37 Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind.

38 This is the first and great commandment.

39 And the second is like unto it, Thou shalt love thy neighbour as thyself.

40 On these two commandments hang all the law and the prophets.

*The I that I Am is Omnipresent. There is no place I Am not. There is no one that is not Included... I Am Loving you Now...Always. ~al.within*

## The Daily Lesson – February 3, 2019

*“I am Melchizedek. Everything that has form must pay tithe and honor to Me. I am Melchizedek, the unborn, the undying. I am the Spirit of God in you. I am your true identity. I am the very Soul of your being, the very life of your being.” ~Joel S Goldsmith*

Prov 3:6 (to ,) (KJV)

6 In all thy ways acknowledge him,

I Corinthians 6:19 (KJV)

19 What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?

Acts 17:28 (KJV)

28 For in him we live, and move, and have our being; as certain also of your own poets have said, For we are also his offspring.

To tithe and honor is to acknowledge and be grateful, these are not just words but Action. The grateful Heart Lives and Moves - about The Father's Business - Being His Activity of Life Itself, or Love Loving. ~Al Denninger

## The Daily Lesson – February 4, 2019

*“Awake thou that sleepest.’ Awake, and when you awaken, you will see Me as I am, and you will be satisfied with this likeness!” ~Joel S Goldsmith*

Ephesians 5:14-20 (KJV)

14 Wherefore he saith, Awake thou that sleepest, and arise from the dead, and Christ shall give thee light.

15 See then that ye walk circumspectly, not as fools, but as wise,

16 Redeeming the time, because the days are evil.

17 Wherefore be ye not unwise, but understanding what the will of the Lord is.

18 And be not drunk with wine, wherein is excess; but be filled with the Spirit;

19 Speaking to yourselves in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord;

20 Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ;

*Thank you Father. I See Your likeness in every act of Love. The melody in my Heart is Yours. My psalms are Yours for You... I Lean unto You... And Rest....  
~al.within*

## The Daily Lesson – February 5, 2019

“On the spiritual path, we make a transition from living under the law to living under Grace, and consciously remember that we are not under the law. This means every kind of law: medical law — infection, contagion, and heredity; theological law — punishment for sins of the past or of the present, or sins of the parents or of the grandparents. We no longer live under the laws of matter; we no longer live under the laws of mind; we no longer live under the laws theology; we live under Grace.” ~Joel S Goldsmith

Zech 4:6 Not (KJV)

6 ...Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Rom 6:14 for (KJV)

14 ...for ye are not under the law, but under grace.

Ok then, how do we get there and make this transition?

Rom 8:9 (to .) (KJV)

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

God put His Spirit in you. Stop what you're doing now.....and Dwell.

*I am with you...* ~Al Denninger

## The Daily Lesson – February 6, 2019

*“Thy grace is my sufficiency in all things — Thy grace, not money, not my heart, liver, or lungs. Thy grace is my sufficiency in all things — in health, in supply, in companionship, in freedom, in joy, in peace, in dominion.” ~Joel S Goldsmith*

Romans 8:5 (KJV)

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

I Chronicles 16:11 (KJV)

11 Seek the Lord and his strength, seek his face continually.

And so I seek in Spirit. This is what I Heard:

II Cor 12:9 (to :) (KJV)

9 And he said unto me, My grace is sufficient for thee:

Such as I have in Abundance – I give... ~Al Denninger

## The Daily Lesson – February 7, 2019

*“Thy grace! I no longer live under the law. I do not live by taking thought for supply, for God's thoughts are far greater than my thoughts. I live by every thought that proceeds out of the mind of God, by every Word, which is Grace. I live my life listening to that still small voice.” ~Joel S Goldsmith*

Matthew 4:4 King (KJV)

4 But he answered and said, It is written, Man shall not live by bread alone [the things and thoughts of this-world], but by every word that proceedeth out of the mouth of God.

I Samuel 3:10 (KJV)

10 And the Lord came, and stood, and called as at other times, Samuel, Samuel. Then Samuel answered, Speak; for thy servant heareth.

When we come to the end of our thoughts and earthly concepts in meditation – instead of looking for more thoughts to think - we must learn to be still and open up an avenue of Awareness that is willing to surrender completely and Listen to The Source directly.

Enlightenment is an Individual Experience, not something you get from a teaching, or a teacher. ~Al Denninger

## The Daily Lesson – February 8, 2019

*“I am the child of God, heir of God, joint-heir to all the heavenly riches. I have been given dominion over this body. I am free. I have found my freedom in the realization of my true identity as I. As the child of God, I am free, and I no longer live under the law of limitation, but under Grace.” ~Joel S Goldsmith*

Romans 8:16-17 (to 2<sup>nd</sup> ;) (KJV)

16 The Spirit itself beareth witness with our spirit, that we are the children of God:

17 And if children, then heirs; heirs of God, and joint-heirs with Christ;

Romans 6:14 (KJV)

14 For sin shall not have dominion over you: for ye are not under the law, but under grace.

John 8:32 (KJV)

32 And ye shall know the truth, and the truth shall make you free.

*I can of mine own self do nothing... I am not separate from the Vine... I Know this Truth. I Feel this Truth. True Freedom is Given us in an Experience of Awareness. Look up!... ~al.within*



## The Daily Lesson – February 9, 2019

“As human beings we are in the tomb where the Christ lies buried, and all that the world sees is this living corpse in which we are entombed. Within us, in this tomb of human selfhood, is the Christ, and in certain moments of our lives, such as can happen to us this moment, an experience takes place, and then a few hours later when we look in the mirror, we suddenly find that our eyes have been opened:

*I have been limited by a finite body and a bank account, circumscribed by their dimensions. Even my wealth was a tomb in which I have been buried, but now I am not in these: I am risen. I am no longer buried in the tomb of a body, nor am I any longer subject to its limitations.” ~Joel S Goldsmith*

Colossians 3:1-4 (KJV)

1 If ye then be risen with Christ, seek those things which are above, where Christ sitteth on the right hand of God.

2 Set your affection on things above, not on things on the earth.

3 For ye are dead, and your life is hid with Christ in God.

4 When Christ, who is our life, shall appear, then shall ye also appear with him in glory.

Romans 8:6 (KJV)

6 For to be carnally minded is death; but to be spiritually minded is life and peace.

Dear friends, it seems we have a choice to make. Do we lay down our life and Follow Christ – or do we lay down our life? ~Al Denninger

## The Daily Lesson – February 10, 2019

*“This form is now a vehicle unto me, just like my automobile. And this money — this also is a tool, an instrument, and a medium of exchange, something that has been given to me to use.*

*I am no longer in the tomb of finite belief: I have risen. I am no longer entombed in a body or a checkbook. Now I am outside of these: they are my servants, the tools given me for my everyday life.” ~Joel S Goldsmith*

Romans 12:2 (KJV)

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

*Thank you Father, for thy Grace and the Peace and Love that is Expressed In and Through and As.... I am grateful for the gift of Thy Working Tools, Father, and Your Directions for their Use. I dedicate them to Thy Service.... ~al.within*

## The Daily Lesson – February 11, 2019

“Do not fear to step out on the waters of Spirit. Remember, you can only fail, and there is no disgrace in failing, There is only disgrace in not trying. Everybody stumbles a little bit as he goes forward. Even Jesus Christ was subject to temptations up to the last moment. Do not be ashamed of the temptations that assail you. It needs must be that we stumble and fall, that we be subject unto temptation, for each of these strengthens us in our ongoing until we reach the Mount of Transfiguration, and there having ‘died,’ we are reborn of the Spirit, and those of our disciples who have risen sufficiently behold us as we are, in our pure spiritual perfection, even the perfection of the body.” ~Joel S Goldsmith

I Chronicles 28:20 (to 7th ,) (KJV)

20 And David said to Solomon his son, Be strong and of good courage, and do it: fear not, nor be dismayed: for the Lord God, even my God, will be with thee; he will not fail thee, nor forsake thee,

Luke 12:32 (KJV)

32 Fear not, little flock; for it is your Father's good pleasure to give you the kingdom.

I Corinthians 15:58 (to 5th ,) (KJV)

58 Therefore, my beloved brethren, be ye stedfast, unmoveable, always abounding in the work of the Lord,

Isa 26:3,4 (to :) (KJV)

3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

4 Trust ye in the Lord for ever:

Fear and temptation are distractions in thought alone. We are never separate from God. Be Still, be steady, your Path Leads you to Awareness. ~Al Denninger

## The Daily Lesson – February 12, 2019

“Through Grace we attain a point of transition, and then our friends and relatives say, ‘You have changed. Something wonderful has come into your life.’” ~Joel S Goldsmith

I Corinthians 15:52 (to 2nd ,) (KJV)

52 In a moment, in the twinkling of an eye, at the last trump: for the trumpet shall sound, and the dead shall be raised incorruptible, and we shall be changed.

Ephesians 5:14 (KJV)

14 Wherefore he saith, Awake thou that sleepest, and arise from the dead, and Christ shall give thee light.

Matthew 5:16 King James Version (KJV)

16 Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven

At the moment of Awakening there is a Light that Shines from our Hearts. It will be Seen and Felt by those [Found Watching](#). ~Al Denninger

This concludes our study of the Chapter 8 of the book “A Parenthesis in Eternity”. Tomorrow we begin Chapter 9, entitled “An Interval in Eternity”.