

## **“THE DAILY LESSON”**

is an activity of the study group found at: [www.iwso.org](http://www.iwso.org)

The subject for our current study is the entire book

### **“A Parenthesis in Eternity”**

by Joel S Goldsmith

The Daily Lesson is a progression of excerpts from tapes recorded by Joel,  
or from his books or writings.

It appears here and in email format each day,  
together with the addition of corroborating scripture and  
inspired comments by the Practitioner and Teacher ~Al Denninger,  
to take into meditation and live with throughout your day.

Students note: There are words that are capitalized in my writings.  
These words are used as if they are a synonym for, or as an activity of God.  
The portions that are *italicized* are spontaneous meditations.

## **The Daily Lesson – August 1, 2018**

### **CHAPTER V**

#### **SOWING AND REAPING**

“Most people of the world believe that the evils they experience have come upon them because of their sins of omission or commission. Essentially this is true. But because they also believe that God has inflicted these evils upon them as a punishment, they have been cheated of the opportunity of avoiding them in the future. As long as they believe that God, for any reason whatsoever, would sink a ship, let an airplane fall, or permit children or adults to be mangled, lost, drowned, or suffer disease, they cheat themselves of the opportunity of learning why these ills have come upon them, and what they can do to prevent them from touching their households.” ~Joel S Goldsmith

Gal 6:8 (KJV)

8 For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.

Job 34:10 (KJV)

10 Therefore hearken unto me ye men of understanding: far be it from God, that he should do wickedness; and from the Almighty, that he should commit iniquity.

And so, we have a re-occurring choice to make:

A life of coasting along in this-world of opposites - with good moments and bad ones - but either way the moments will always be limited and temporary.

or...

A Spiritual Way of Living - Abiding in an Awareness of Infinite Good. ~Al Denninger

## The Daily Lesson – August 2, 2018

“The sun, the moon, and the stars were certainly not given by God to the people of the earth as a reward for anything, nor were the silver and the gold, the platinum and the diamonds, the rubies and the sapphires in the bowels of the earth, nor the pearls and the immeasurable riches in the sea. All these are but the natural order of creation appearing in wondrous ways, but never given as a reward from God, nor withheld as a punishment. The real nature of God is to express Himself, to express His qualities, character, and nature as a harmonious universe.” ~Joel S Goldsmith

Ps 147:5 (KJV)

5 Great is our Lord, and of great power: his understanding is infinite.

I John 4:8 God is (KJV)

8 ...God is love.

Rom 8:38-39 (KJV)

38 For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come,

39 Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.

The nature of God is: Always Knowing, Always Loving and Always With... ~Al Denninger

## The Daily Lesson – August 3, 2018

“If we could but see this world without people, we might better be able to understand that it is a perfect creation of God, functioning harmoniously and operating continuously. Whatever problems arise, arise not from the world as such but from man himself. Acknowledging, then, that God is the creator of this universe, the maintainer and sustainer of it, and that God governs this universe perfectly, without any help, advice, or urging from man, we stop holding God responsible for our ills and turn within and ask ourselves, ‘What about error? What about evil? Whence come these, and how can we rid ourselves of them?’  
~Joel S Goldsmith

Gen 1:31(to .) (KJV)

31 And God saw every thing that he had made, and, behold, it was very good.

Hab 1:12 (to ?), 13 (to :) (KJV)

12 Art thou not from everlasting, O Lord my God, mine Holy One?

13 Thou art of purer eyes than to behold evil, and canst not look on iniquity:

I Cor 2:16 (to ?) (KJV)

16 For who hath known the mind of the Lord, that he may instruct him?

I Cor 2:14 (KJV)

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

Any appearance of a lack of Harmony is not of God. ~Al Denninger

## The Daily Lesson – August 4, 2018

“One of the first steps for anyone on the spiritual path is to learn that on the human level of life there is such a thing as karmic law, the law of as-ye-sow-so-shall-ye-reap, a law that we set in motion, individually and collectively. Every thought we think and every act we perform set in motion a law of action and reaction. If we sow to the flesh, we reap corruption. The law within us knows what we are doing, and it rewards us accordingly. Scripture credits God with that, but it is not really God: it is karmic law.” ~Joel S Goldsmith

Gal 6:8 (KJV)

8 For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.

Matt 6:24 (KJV)

24 No man can serve two masters: for either he will hate the one, and love the other; or else he will hold to the one, and despise the other. Ye cannot serve God and mammon.

Taking thought, any thought, for this-world gives it power over you. ~Al Denninger

## The Daily Lesson – August 5, 2018

“If all our charity, benevolence, and philanthropy were done anonymously, if any and every bit of good we do were done without letting a single soul on earth know that we were the instruments for it, our reward would be tremendous. There is no God in heaven looking down, patting us on the back, and saying, ‘Oh, my dear son, that is so wonderful of you. I will reward you.’ No, nobody need know anything about what we have done: the law itself, the law that we have set in motion, knows and will operate to reward us openly.” ~Joel S Goldsmith

Matt 6:3-5 (KJV)

3 But when thou doest alms, let not thy left hand know what thy right hand doeth:  
4 That thine alms may be in secret: and thy Father which seeth in secret himself shall reward thee openly.  
5 And when thou prayest, thou shalt not be as the hypocrites are: for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, They have their reward.

Mark 4:22 (KJV)

22 For there is nothing hid, which shall not be manifested; neither was any thing kept secret, but that it should come abroad.

Rom 12:2 (KJV)

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

In the moment The Spirit Dwells in us we become His Instrument. Our Love is no longer personal - but unconditional - and Present on earth as it is in Heaven. In that moment, all that The Father hath is thine, and all that thy hath is theirs....

And all that is left is a satisfied Smile. Who are you going to tell? ~Al Denninger

## **The Daily Lesson – August 6, 2018**

“On the other hand, we can do as much evil as we feel inclined to do, and even though it be completely secret and no one ever learns about it, that same law will react upon us, and eventually we will be punished.” Joel S Goldsmith

Mark 4:19 (KJV)

19 And the cares of this world, and the deceitfulness of riches, and the lusts of other things entering in, choke the word, and it becometh unfruitful.

Every moment we are distracted from the Truth is wasted. ~Al Denninger

## **The Daily Lesson – August 7, 2018**

Whatever law we set in operation today will return to us tomorrow, next year, ten or a thousand years from now. In other words, we are creating our tomorrows today, even unto the next century, and the next and the next. This has nothing to do with God: this has to do with you; it has to do with me; it has to do with our individual selfhood.” ~Joel S Goldsmith

Gal 6:7 for (KJV)

7 ...for whatsoever a man soweth, that shall he also reap.

Living in and focusing on this-world is subject only to judgment and reward within the boundaries of this-world. ~Al Denninger

## The Daily Lesson – August 8, 2018

But because there is only one Self, that which we do to another we are really doing unto ourselves. (See “Love Thy Neighbor,” in the author's *Practicing the Presence*. New York: Harper & Row, 1958; London: L. N. Fowler and Co. Ltd., 1956) ~Joel S Goldsmith

(You may also review our study, back in January 2015, of chapter “Love Thy Neighbor” at: [www.iwso.org/archives.htm](http://www.iwso.org/archives.htm) )

Eph 4:4-6 (KJV)

4 There is one body, and one Spirit, even as ye are called in one hope of your calling;

5 One Lord, one faith, one baptism,

6 One God and Father of all, who is above all, and through all, and in you all.

Rom 12:5 (KJV)

5 So we, being many, are one body in Christ, and every one members one of another.

When we are Resting in the Awareness of our Source, there is none else. We are all Included in the Omnipresence of God. ~Al Denninger



## **The Daily Lesson – August 9, 2018**

“I am you, and what I do to you I do to myself, whether for good or for evil. The good that I do to you has a way of returning to me; the evil that I do to you also has a way of returning to me because there is but one Self. It is as if I took money out of my right-hand pocket and put it into my left-hand pocket. Regardless of where I send my dollar— or my love— it ends up in my own pocket. When we know that, it changes our whole concept of giving and sharing from one of division to one of multiplication.” ~Joel S Goldsmith

Luke 15:31 (KJV)

31 And he said unto him, Son, thou art ever with me, and all that I have is thine.

Ownership and limitation are concepts of this-world. The nature of God is Infinite Love and Abundance. ~Al Denninger

## The Daily Lesson – August 10, 2018

“There is only one Selfhood; there is only one Being; and everything that I do to you, I do to my Self; and everything that I do to my enemies, I do to my Self. That is why it is important for me to take time out every day to forgive all those who have aught against me, to forgive any enemy of my nation, my race, or my religion— not because I am a good man, but because I am wise: I am forgiving my Self. There is only one Self; there is only one divine Being, and anything that I do to harm your life has its reaction on mine. Anything that I do to another must return to me. I may think that it is hidden, but it is not hidden in the one place where ultimately the score is settled, and that is within me.” ~Joel S Goldsmith

I Corinthians 10:17 (KJV)

17 For we being many are one bread, and one body: for we are all partakers of that one bread.

Luke 6:31 (KJV)

31 And as ye would that men should do to you, do ye also to them likewise.

Luke 6:37 forgive,38 (to 4th ,)

37 ...forgive, and ye shall be forgiven:

38 Give, and it shall be given unto you; good measure, pressed down, and shaken together,

Forgiving is really giving our Love to God, the Source all Loving and Giving. ~Al Denninger

## The Daily Lesson – August 11, 2018

“If we close our eyes so that we are in darkness and then think, ‘I seem to be in here all alone, and nobody but me is going to know about anything I think or do,’ we soon discover that right there with us is our Self. There is not a thing that we can think or do that is not known to our Self, nor that our Self does not return to us. It is as simple as that! We may think that our motives and deeds are hidden, but the ‘Father which seeth in secret himself shall reward thee openly.’ The divine Law that sees in secret rewards openly.” ~Joel S Goldsmith

Ps 139:1-3

1 O Lord, thou hast searched me, and known me.

2 Thou knowest my downsitting and mine uprising, thou understandest my thought afar off.

3 Thou compassest my path and my lying down, and art acquainted with all my ways.

Matt 6:4-6 (KJV)

4 That thine alms may be in secret: and thy Father which seeth in secret himself shall reward thee openly.

5 And when thou prayest, thou shalt not be as the hypocrites are: for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, They have their reward.

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

Our conscience yields in the Presence of God Consciousness. And so it is, we practice Letting the Father Lead us to our reward... What is our reward? To be Aware of our being Included in Omniscience. You see? The Father Knoweth what we have need of and He Loves us. ~Al Denninger

## The Daily Lesson – August 12, 2018

“We could not give away even a nickel without our Self knowing it and reflecting it back into our experience immediately. On the other hand, we could not take five cents from anyone without our Self knowing it and immediately beginning to make restitution through the operation of karmic law, because there is a law of as-ye-sow-so-shall-ye-reap that eventually makes us pay for our wrongdoing, and rewards us for our good deeds. It is not God doing it: it is the law that operates within us. That which the Son does, the Father is aware of, because the Father and the Son are one.” ~Joel S Goldsmith

Job 4:8 (KJV)

8 Even as I have seen, they that plow iniquity, and sow wickedness, reap the same.

John 10:30 (KJV)

30 I and my Father are one.

Our experience in this-world is in direct proportion to our activity of integrity. Our Spiritual Integrity [Purity] is God's. ~Al Denninger

## The Daily Lesson – August 13, 2018

“In this whole world there is only one Self, and that which constitutes my Self constitutes your Self and the Self of every person, in spite of the fact that each one expresses his identity in an individual way. There may be a thousand oranges on an orange tree, but there is only one Life. So, too, there are millions of people on earth, but there is only one Life, there is only one Self on earth, and that One is God, Spirit: your Self and my Self.” ~Joel S Goldsmith

I Cor 8:6 (to :) (KJV)

6 But to us there is but one God, the Father, of whom are all things, and we in him;

John 15:5 (KJV)

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

The Life of God is Omnipresence – individually Expressed As. The Source of the I that I am, and the You that You are, is one and the same. ~Al Denninger

## The Daily Lesson – August 14, 2018

“Because of this oneness, then, what we do to another, we are actually doing to ourselves. If we do good to another, we set in motion the law which returns that good unto us: we are casting good bread on the water, and it is good bread that returns to us— but always because it is an activity of the Self. Whatever of evil we set in motion, even though it may temporarily harm someone, the greatest harm eventually is the harm done to us because it is we who have set in motion the evil.

As long as the world is in ignorance of truth, it may be possible for a person to do evil and bring harm to others temporarily, and probably even postpone the harm that returns to and befalls him. The evil that we do may not return to us today or tomorrow, a year or even five years from now, and often by the time it does return, we have forgotten the event that set it in motion. But the law never forgets: the law is inexorable.” ~Joel S Goldsmith

If we live in the laws of this-world [in the ignorance of Truth], we can get caught up in its concepts of good and bad - reward and loss – action and reaction... We can't get away from it. The more we try, the more we are plugged into it. ~Al Denninger

Gal 6:7 for,8 (KJV)

7 ... for whatsoever a man soweth, that shall he also reap.

8 For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.

Karma or the idea of cause and effect having power over us begins when we stray from Divine Law. ~Al Denninger

## The Daily Lesson – August 15, 2018

“In another century, or less time than that, this may not be true. By that time, man may be enlightened enough to know that any evil set in motion does not touch the one toward whom it is directed but returns instantly to the sender. No one then will be able to do evil because if he does, it will strike right back at him. It will never touch those toward whom it is aimed because they will know that no weapon that is formed against them will prosper. In the conscious realization of their divinity, evil cannot operate in their experience.” ~Joel S Goldsmith

John 14:12 (to 2nd ;) (KJV)

12 Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do;

Isa 54:17 (KJV)

17 No weapon that is formed against thee shall prosper; and every tongue that shall rise against thee in judgment thou shalt condemn. This is the heritage of the servants of the Lord, and their righteousness is of me, saith the Lord.

II Sam 22:33 (KJV)

33 God is my strength and power: and he maketh my way perfect.

We shall all be taught of God. This teaching is ongoing, and as generations of disciples are Lifted, so will God Consciousness continue dissolving this-worlds empowerment of judgement, punishment and reward. ~Al Denninger

## The Daily Lesson – August 16, 2018

“In any given moment we can begin to prove this if we set aside a daily period in which to realize that God is our Self, that Spirit is the life and essence of our being, and that no evil can come nigh our dwelling place because God is our dwelling place. To know that there is but one Selfhood and that that One is God is to set ourselves free.” ~Joel S Goldsmith

II Sam 22:2-4 (to :) (KJV)

2 And he said, The Lord is my rock, and my fortress, and my deliverer;

3 The God of my rock; in him will I trust: he is my shield, and the horn of my salvation, my high tower, and my refuge, my saviour; thou savest me from violence.

4 I will call on the Lord, who is worthy to be praised:

Ps 91:1 (KJV)

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

Call upon the Lord daily, and in so doing, open an Avenue of Awareness to Dwell in His Presence. ~Al Denninger



## **The Daily Lesson – August 17, 2018**

“We may not demonstrate this in its completeness because the world's mesmerism still touches every individual, and as long as we are on earth we will have some problems to meet. Yet, it is possible to be free of eighty or ninety per cent of our problems if we realize that God constitutes individual Selfhood : my Selfhood, your Selfhood, and the Selfhood even of those with whom we do not agree, of those who may be said to be our enemies, or our nation's or mankind's enemies.” ~Joel S Goldsmith

John 8:23 (KJV)

23 And he said unto them, Ye are from beneath; I am from above: ye are of this world; I am not of this world.

Our Work and practice is to learn to not be persuaded by any distractions that picture our selves appearing in this-world. Our True Self, and the Selfhood of those around us, is as Individual Expressions of God, appearing as Harmony.

We will be Free and will Liberate those around us, every moment we Realize this... ~Al Denninger

## The Daily Lesson – August 18, 2018

“To know this truth of God's identity as individual Selfhood means that we recognize that whatever of good we are setting in motion, we are setting in motion unto ourselves; whatever of evil we are setting in motion, we are also setting in motion unto ourselves. This begins to set us free from any capacity to do evil, even though for awhile it is not easy to become completely free of this temptation. Nevertheless, from the very instant in which we realize that there is but one Self, we begin to lessen the world's belief that you and I are distinct from one another, and that we can do good or evil to one another. Each one of us is a law unto himself.” ~Joel S Goldsmith

Matt 25:40 Verily (KJV)

40 ...Verily I say unto you, Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me.

Matt 19:17 (to :) (KJV)

17 And he said unto him, Why callest thou me good? there is none good but one, that is, God:

II Cor 3:18 (to .) (KJV)

18 But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.

Zech 2:10 for (KJV)

10 ...for, lo, I come, and I will dwell in the midst of thee, saith the Lord.

There is no such thing as God and – only God manifest As - Individually Expressed in each of us.” ~Al Denninger

## The Daily Lesson – August 19, 2018

“This carries us a step further to where we can realize that it is not God who is giving us our blessings, and it is not God who is visiting upon us our evils: it is we ourselves, and not necessarily because we are doing evil consciously. Often we bring more trouble upon ourselves through our ignorance of this principle than by any evil that we do. Even humanly speaking, there are very few really evil people in the world— very few. Perhaps ninety-nine per cent or more of all the evil in the world is committed through an ignorance of truth, and even the evil for which we ourselves are or have been responsible has not been so much because of an evil nature as because of an ignorance of spiritual truth. Had we been taught the principle of sowing and reaping early enough, our lives would unquestionably have been different. But it is not too late! Our lives will be different the moment we consciously accept the fact that there is but one Self, and that what we are doing to another we are doing unto ourselves.” ~Joel S Goldsmith

Eph 4:17-18 (KJV)

17 This I say therefore, and testify in the Lord, that ye henceforth walk not as other Gentiles walk, in the vanity of their mind,

18 Having the understanding darkened, being alienated from the life of God through the ignorance that is in them, because of the blindness of their heart:

Prov 11:17-19 (KJV)

17 The merciful man doeth good to his own soul: but he that is cruel troubleth his own flesh.

18 The wicked worketh a deceitful work: but to him that soweth righteousness shall be a sure reward.

19 As righteousness tendeth to life: so he that pursueth evil pursueth it to his own death.

I Pet 2:15 (KJV)

15 For so is the will of God, that with well doing ye may put to silence the ignorance of foolish men:

God will not demand us out of the darkness of ignorance – but Love will Lead us step by step every time we show a little interest in being Led. ~Al Denninger

## The Daily Lesson – August 20, 2018

“An understanding of karmic law enables us to begin to release God. Within our own thought we hold God responsible for good and evil; we fear God because we fear punishment. Many times we worship God in the hope of a reward, a gift, or something or other from Him. In fact, most of the prayers today are not prayers to God but prayers to karmic law to violate itself. Many persons believe they can do evil and then pray to God to give them good. That cannot be: good cannot result from evil; evil returns as evil.” ~Joel S Goldsmith

James 4:3 (to 3rd ,) (KJV)

3 Ye ask, and receive not, because ye ask amiss,

Hos 14:1 (KJV)

14 O israel, return unto the Lord thy God; for thou hast fallen by thine iniquity.

Asking for any-thing in this-world is praying amiss. Praying for karmic law to violate itself is the same thing... Why? To ask for something in this world to be changed assumes we are first accepting a sense of separation from God - that we are entertaining thoughts of some lack or limitation and not Harmony and Infinite Abundance. Let God be God without your input. ~Al Denninger

## The Daily Lesson – August 21, 2018

“To place our faith and confidence in friends, political influence, or in any form of human dependence is to sow to the flesh, and we will reap corruption because someone will betray or fail us at the most inopportune moment. If we place our hope in that which man has created, whether made of silver and gold or of stone, whether a crucifix, a star, or any other symbol of religious belief, sooner or later we will be disappointed.

If our dependence is on persons and things, in the end that is what we must reap. All this dependence on human ways and means is of no avail and must inevitably lead to the frustration and disappointment which are too often the lot of mankind.”  
~Joel S Goldsmith

Ps 146:3 (KJV)

3 Put not your trust in princes, nor in the son of man, in whom there is no help.

Isa 2:22 (KJV)

22 Cease ye from man, whose breath is in his nostrils: for wherein is he to be accounted of?

This-world is a noisy place... ~Al Denninger

## The Daily Lesson – August 22, 2018

“To live the mystical life is to live in a normal, natural way, fulfilling our function in life, whether in the home, school, office, or factory, yet within ourselves realizing:

*God is my good. God is the health of my countenance, my safety and my security, my high tower, my rock, my foundation.” ~Joel S Goldsmith*

John 16:15 (to :) (KJV)

15 All things that the Father hath are mine:

Ps 91:1 (KJV)

91 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

The Mystical Life is a Life of Dwelling and Inclusion. ~Al Denninger

## The Daily Lesson – August 23, 2018

*(the meditation continues...)*

*“God is my abiding place, my home. I live and move and have my being in the secret place of the most High, hidden from the world. My body may be seen, but not the I of my being because I live in an inner awareness of God. My body is out here walking and working in the world, but I am not. I am living in the temple that is within me, the temple that is my consciousness.” ~Joel S Goldsmith*

Acts 17:27,28 (to ;) (KJV)

27 That they should seek the Lord, if haply they might feel after him, and find him, though he be not far from every one of us:

28 For in him we live, and move, and have our being;

John 10:30 (KJV)

30 I and my Father are one.

John 8:58 (KJV)

58 Jesus said unto them, Verily, verily, I say unto you, Before Abraham was, I am.

The infinite Invisible Spirit of “I” includes every Individual Expression of God. ~Al Denninger

## The Daily Lesson – August 24, 2018

(the meditation continues...)

*“In any and every place or situation in life, I remember that I am invisible, I am hid in the divine Consciousness. Wherever I am, in the air or on the sea, I remember that underneath are the Everlasting Arms.” ~Joel S Goldsmith*

Col 3:2,3 (KJV)

2 Set your affection on things above, not on things on the earth.

3 For ye are dead [unillumined], and your life is hid with Christ [Illumination] in God.

Deut 33:27 (to :) (KJV)

27 The eternal God is thy refuge, and underneath are the everlasting arms:

Stay focused, stay steady, stay still and Look Within. The Infinite Invisible I am will never leave you or forsake you. ~Al Denninger



## The Daily Lesson – August 25, 2018

(the meditation continues...)

*“If called upon to share with others, I can do so without feeling that I am taking something of my own to give away, thereby leaving myself with less, because all that I have is of God. If called upon for extra work, I can do it without feeling that I am using up my strength because all the strength of the Father is my strength.”*  
~Joel S Goldsmith

Luke 15:31 (KJV)

31 And he said unto him, Son, thou art ever with me, and all that I have is thine.

John 14:10 the words (KJV)

10 ...the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works.

When Called upon, you will be Given everything you need to complete the Work – not in advance of the Work, but along the way, as you have need of it, and twelve baskets left over. ~Al Denninger

I John 4:18 (KJV)

18 There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love.

Fear and lack are both fabricated and inflamed in reasoning thought.

Christ is the activity of Omnipresent Love. Who would you rather Trust? ~Al Denninger

## The Daily Lesson – August 26, 2018

(the meditation continues...)

*“I do not have to fear the passing of years because ‘before Abraham was,’ I existed in the bosom of the Father, and that is where I exist now.” ~Joel S Goldsmith*

John 8:58 (KJV)

58 Jesus said unto them, Verily, verily, I say unto you, Before Abraham was, I am.

Matt 28:20 and (KJV)

20 ...and, lo, I am with you alway, even unto the end of the world. Amen.

Rev 21:5,6 (KJV)

5 And he that sat upon the throne said, Behold, I make all things new. And he said unto me, Write: for these words are true and faithful.

6 And he said unto me, It is done. I am Alpha and Omega, the beginning and the end. I will give unto him that is athirst of the fountain of the water of life freely.

I am Included in Omnipresence. ~Al Denninger

## The Daily Lesson – August 27, 2018

(and yet, one more bit of meditation to savor)

*“Only my body is visible, but not I: ‘I and my Father are one,’ and we are invisible; we live in each other— the Father in me, and I in the Father, inseparable and indivisible.” ~Joel S Goldsmith*

John 14:8-11 (to :) (KJV)

8 Philip saith unto him, Lord, shew us the Father, and it sufficeth us.

9 Jesus saith unto him, Have I been so long time with you, and yet hast thou not known me, Philip? he that hath seen me hath seen the Father; and how sayest thou then, Shew us the Father?

10 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works.

11 Believe me that I am in the Father, and the Father in me:

John 10:30 (KJV)

30 I and my Father are one.

Un-illumined reasoning thought [i-Philip] only sees the body and wants to somehow witness God in the same way. If that were possible, that would make two separate beings – a man and a God.

“I” [The infinite invisible Father Within] only Sees Itself, Ever-Present, Ever-One, All-Knowing and All-Doing. ~Al Denninger

## The Daily Lesson – August 28, 2018

“When we tabernacle in this way with God, we set in motion good karma; we set in motion the karmic law of knowing the truth, and the truth comes back to us. The reverse is true whenever we waste time in hating, fearing, or loving unduly. This does not mean that there will never be a momentary normal reaction to certain evil conditions, or a natural rejoicing over good human conditions, but it means not taking either one too seriously, not letting it eat into us, but remembering:

*God in the midst of me is the only power. I shall not fear what mortal man or mortal conditions can do to me.” ~Joel S Goldsmith*

Ps 86:11 (to :) (KJV)

11 Teach me thy way, O Lord; I will walk in thy truth:

Zeph 3:17 (KJV)

17 The Lord thy God in the midst of thee is mighty; he will save, he will rejoice over thee with joy; he will rest in his love, he will joy over thee with singing.

Ps 27:1 (KJV)

27 The Lord is my light and my salvation; whom shall I fear? the Lord is the strength of my life; of whom shall I be afraid?

Don't fear distractions or give them a second thought – just stay focused on the Truth you Know. Walk with Me. ~Al Denninger

## The Daily Lesson – August 29, 2018

“This is knowing the truth that makes us free. It has nothing to do with God; it has to do with us; it has to do with our knowing the truth. The more spiritual our consciousness becomes, the more harmonious our outer life becomes because we have set the karmic law of good into operation.” ~Joel S Goldsmith

II Peter 1:2 (to ,) (KJV)

2 Grace and peace be multiplied unto you through the knowledge of God,

John 8:32 (KJV)

32 And ye shall know the truth, [Feel it first] and the truth shall make you free.

If we keep a seed in our pocket and never prepare fertile ground and then plant it, it will never Blossom.

The funny thing about Harmony is that is that it always seems to show up after it is Felt. ~Al Denninger

## The Daily Lesson – August 30, 2018

“When we stop believing that God is going to reward or punish us, we will leave God alone to function: we will not try to advise or tell Him what to do, when to do it, or how to do it. This will be honoring God by giving him credit for knowing His own business and being willing to perform it.” ~Joel S Goldsmith

Matt 6:8 (KJV)

8 Be not ye therefore like unto them [the un-illuminated]: for your Father knoweth what things ye have need of, before ye ask him.

Matt 6:33 (to ;) (KJV)

33 But seek ye first the kingdom of God, and his righteousness;

*Thank you Father, for Your All-knowing Presence. I will Rest now, and Trust You... ~Al Denninger*

## **The Daily Lesson – August 31, 2018**

“What we accept in our mind as being real and as having power is what determines the kind of sowing we are doing. The more power we give to persons or to things, the more we are sowing to the flesh, and the more corruption we reap. The more attention we give to abiding in the Word, the more we dwell on the truth that there is a Spirit of God in us which teaches, feeds, supports, maintains, and transports us, the more we are letting the Christ, Truth, abide in us, and the more we are abiding in It.” ~Joel S Goldsmith

Gal 6:8 (KJV)

8 For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.

John 15:7 (KJV)

7 If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you.

We are governed by either our Awareness of Truth or by our ignorance of it. ~Al Denninger

## The Daily Lesson – September 1, 2018

“As we continue a practice of this kind, we are throwing the weight on the right side of the scale; whereas before, the majority of our thoughts and deeds were bound up in human and materialistic values and power. At first we may be giving only two, three, or four percent of our thought and time to entertaining spiritual truth, but gradually as we continue the practice of the Presence, more weight goes over on to the spiritual side, and very soon twenty or twenty-five per cent of the time there is some spiritual truth or some spiritual conviction occupying first place in our mind.” ~Joel S Goldsmith

John 3:30 (KJV)

30 He must increase [God Consciousness], but I [self consciousness] must decrease.

II Cor 9:10 and multiply (KJV)

10 ...and multiply your seed sown, and increase the fruits of your righteousness;

Isa 26:3 (to :) (KJV)

3 Thou wilt keep him in perfect peace, whose mind is stayed on thee:

And so we Practice, and Practice, and Practice, dear friends and develop a clearer and higher altitude of Awareness. ~Al Denninger



## The Daily Lesson – September 2, 2018

“So it is that we go forward until the day comes when the weight is so completely on the spiritual side that more than fifty per cent of our waking hours and some of our sleeping hours, too, are occupied with spiritual activities. The activity of the law never stops: karmic law operates for good while we are asleep, or it may work for evil: it can produce healing in us while we are asleep, or we can wake up feeling ill; we can be so uplifted in our sleep that we wake up whistling or singing, or we can wake up in the doldrums.” ~Joel S Goldsmith

Gal 6:8 (KJV)

8 For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.

Rom 8:6 (KJV)

6 For to be carnally minded is death; but to be spiritually minded is life and peace.

Eph 5:14 (KJV)

14 Wherefore he saith, Awake thou that sleepest, and arise from the dead [asleep to the Truth], and Christ shall give thee light.

Let us, together in Oneness, continue our evening group meditation right through our resting and sleep-time. In this extended practice we will begin to learn to keep our Awareness elevated. If we happen to wake during the night, we are blessed with an opportunity to go right back into meditation. In time, this activity will teach us to maintain an attitude of Listening.

In the morning, Let the Christ shine from within you with a song of Joy and Emanuel - God with us. Keep focused, be steady... ~Al Denninger

## The Daily Lesson – September 3, 2018

“To go to bed at night with the final few minutes before sleep filled with God is, in itself, enough to give us a restful night and a peaceful morning. Always, we are thinking something: we are either knowing the truth or not knowing the truth; we are either thinking spiritual thoughts or carnal thoughts. Always, we are either placing our faith, hope, and trust in the Infinite Invisible that is within our very own being or in something covered with silver and gold, or of a fleshly nature. In one way or another, we are setting in motion the law that in the end either rewards or punishes us.” ~Joel S Goldsmith

Mark 4:19 (KJV)

19 And the cares of this world, and the deceitfulness of riches, and the lusts of other things entering in, choke the word, and it becometh unfruitful.

John 16:33 (to :) KJV)

33 These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation:

I John 2:15-16 (KJV)

15 Love not the world, neither the things that are in the world. If any man love the world, the love of the Father is not in him.

16 For all that is in the world, the lust of the flesh, and the lust of the eyes, and the pride of life, is not of the Father, but is of the world.

Ps 46:10 (to :) (KJV)

10 Be still, and know that I am God:

Col 3:15 (KJV)

15 And let the peace of God rule in your hearts,

I Cor 2:12 (KJV)

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

You see? This ties into what was Given to me to share with you a few days ago: We are governed by either our Awareness of Truth or by our ignorance of it. If we plug into this-world on any level, even the good of this-world, we are distracted from the Spiritual Presence and Direction of God and thereby being Included in His Infinite Invisible All-knowing, All-supplying and All-Harmonious Presence.

If you would like to go further into this, go to: Rom 7:14-25 (KJV). There you will see that Paul, on a very deep Level, Knew the difference between this-world consciousness and service – and Spiritual Service directed by Christ Consciousness. These few paragraphs take a difficult approach to saying it - and you will probably not catch it until you read it several times through. Look for the

Spirit between the lines and take the time to be still and ask God what it Means...  
I'd love to hear from you – about what you Heard... ~Al Denninger

## The Daily Lesson – September 4, 2018

“That is why the Master, even when he forgave and held the sinner in no condemnation, could say afterward, ‘Sin no more, lest a worse thing come unto thee.’ Why? He was not the one to say whether or not a person should be punished. It is what the person thinks; it is what he does that determines that—not what the Christ does. When we appeal to the Christ, the Christ can set us free in that instant— but not tomorrow. It is up to us to go and sin no more, or sin less, until such time as we are fully and completely in the Spirit.” ~Joel S Goldsmith

John 8:11 And,12 (KJV)

11 ...And Jesus said unto her, Neither do I condemn thee: go, and sin no more.

12 Then spake Jesus again unto them, saying, I am the light of the world: he that followeth me shall not walk in darkness, but shall have the light of life.

A sense of separation from God [sin] is dissolved the instant Light is Present. Light cannot be removed – but it can be blocked.

It is up to us to leave our nets and Walk with Christ. ~Al Denninger

## The Daily Lesson – September 5, 2018

“Where there is receptivity to the Christ, there is spiritual regeneration, and it makes no difference whether a person has been good or bad, rich or poor, saint or sinner. What counts is the degree of receptivity there is within him to the spiritual message because, in the last analysis, it all comes down to the individual. True, the activity of the consciousness of a spiritually endowed person can bring infinite, divine harmonies into our experience, can bring release and freedom to us, and can become a law unto us if we are willing to open our consciousness to it. Some benefit may come to us through another, but unless we carry on from that point, unless we ourselves respond and open our consciousness to let the Christ abide in us, it is only temporary.” ~Joel S Goldsmith

Luke 23:39-43

39 And one of the malefactors [thief on the cross] which were hanged railed on him, saying, If thou be Christ, save thyself and us.

40 But the other answering rebuked him, saying, Dost not thou fear God, seeing thou art in the same condemnation?

41 And we indeed justly; for we receive the due reward of our deeds: but this man [Jesus] hath done nothing amiss.

42 And he said unto Jesus, Lord, remember me when thou comest into thy kingdom.

43 And Jesus said unto him, Verily I say unto thee, To-day shalt thou be with me in paradise.

“Only one thief was receptive and taken to Paradise. The other railed in the face of the Christ.

Actually, you could look at most of the New Testament stories of healing – and in every case, only one was receptive and Harmony was revealed. ~Al Denninger

Ephesians 5:1-3 (KJV)

5 Be ye therefore followers of God, as dear children;

## The Daily Lesson – September 6, 2018

“Abiding in the Spirit, we set in motion the law of good karma. On the other hand, living with our thoughts constantly dwelling on our human affairs is setting in motion the karmic law of good and of evil with the possibility of a preponderance of error, discord, or inharmony because we are sowing only to the flesh.” ~Joel S Goldsmith

Gal 6:8 (KJV)

8 For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.

Gal 5:18 (KJV)

18 But if ye be led of the Spirit, ye are not under the law.

John 15:4 (KJV)

4 Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.

The moment we choose to be Led by the Spirit, we begin to Experience our Inclusion in The Kingdom of God. ~Al Denninger

## The Daily Lesson – September 7, 2018

“To sow to the Spirit does not mean becoming ascetics; it does not mean giving up our work, our profession, our home, or our family. It has nothing to do with what we do externally: it has to do with what is going on in our consciousness while our mind and body are performing their functions on the outer plane. What is going on in consciousness determines whether we are sowing to the flesh or whether we are sowing to the Spirit, and whether we are setting in motion the karmic law of good or the karmic law of evil.” ~Joel S Goldsmith

Rom 12:2 (KJV)

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

“Truth is within ourselves.  
There is an inmost center in us all,  
Where the Truth abides in fullness; and to know  
Rather consists in opening out a way  
Whence the imprisoned splendor may escape  
Than in effecting entry for a light  
Supposed to be without.”  
~ Robert Browning

And so, here is our practice: To be still and open an Avenue of Awareness to Let the Christ Teach us the good and perfect Infinite Way of God. ~Al Denninger

## The Daily Lesson – September 8, 2018

“We do not always reap what we sow immediately or quickly. ‘The mills of the gods grind slowly, yet they grind exceedingly fine.’ It is true that sometimes a person may live for many years in a measure of spiritual realization before the overturning comes, and He comes whose right it is. Then there are also those persons who indulge in every manner of evil and seem to be able to do it for a long period of years before their karma begins to operate. Therefore, we should not be too discouraged if we do not see the fruitage of our spiritual activity instantaneously because we have generations of humanhood and humanness to cast out of our system. On the other hand, let us never despair if the evildoer seems to flourish. We have no way of knowing what goes on in his mind, in his soul, or in his body. It may be a worse picture than we think it is, and even if it is not, the karmic law adjusts all these things in its own time and in its own way.”

~Joel S Goldsmith

John 7:24 (KJV)

24 Judge not according to the appearance, but judge righteous judgment.

I Cor 15:58 (KJV)

58 Therefore, my beloved brethren, be ye stedfast, unmoveable, always abounding in the work of the Lord, forasmuch as ye know that your labour is not in vain in the Lord.

II Thess 3:5 (KJV)

5 And the Lord direct your hearts into the love of God, and into the patient waiting for Christ.

Stay steady. Stay focused on the Truth. Let God Direct your heart. ~Al Denninger



## The Daily Lesson – September 9, 2018

“To seek to return evil for evil is to set in motion karmic law of a negative nature. Instead, let us, as we are taught, return good for evil— not for the other person's sake! For our own sake! For ours because we have some knowledge of how the law operates and how we set karmic law in action. When we see this, we then realize, ‘Well, that means that I have a lot of debts to pay for my previous sins of omission and commission,’ But right here is where we come to the most encouraging aspect of karmic law: ‘though your sins be as scarlet, they shall be as white as snow.’ When? Now, in this minute! We do not have to confess outwardly; in fact, it is not wise to do that, but confess within ourselves: ‘This was not right’; ‘I know better than that’; ‘I am done with that.’ Whenever we make a confession within ourselves, we have annihilated the evil results of karmic law.

In the very second of her repentance, the woman taken in adultery became a follower of the Christ, with no punishment, no period of waiting. It was *now*: ‘Neither do I condemn thee: go, and sin no more.’ The thief on the cross was not condemned to a period of purgatory, or to any suffering: ‘Today shalt thou be with me in paradise.’ Why? Because he turned to the Master and asked for help. The karmic law does not have to be worked out generation after generation unless we choose it so. In other words, if we decide to cling to our humanhood, we can be assured that the karmic law is continuing to operate, but any moment we choose to do so we can come out from among them and be separate and apart. Then the past is past— done away with.” ~Joel S Goldsmith

II Cor 6:17 (to 3rd ,) (KJV)

17 Wherefore come out from among them, and be ye separate, saith the Lord,

I Cor 2:14 (KJV)

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

I John 3:1,2 (to 2nd ,) (KJV)

1 Behold, what manner of love the Father hath bestowed upon us, that we should be called the sons of God: therefore the world knoweth us not, because it knew him not.

2 Beloved, now are we the sons of God,

Why continue to linger in the noise of judgment, karma and reasoning with the natural man? Step out of the mist and everything clears up... Ye shall Know the Truth. Harmony is present and with us without bargaining for it... When? Right Now. ~Al Denninger

## **The Daily Lesson – September 10, 2018**

“In my work with all those sick physically, mentally, financially, or morally, I have observed that, regardless of what their past may have been or what particular sins of omission or commission they may have committed, when they seriously turned to a spiritual teaching, the penalty was erased. They may not have become angels overnight. Who does! But that is not the point, even though it is possible to accomplish that angelic state in a quick or short period of time by ‘forgetting those things which are behind,’ and by setting good karmic law in operation through sowing to the Spirit.” ~Joel S Goldsmith

Phil 3:13 (KJV)

13 Brethren, I count not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before,

Start now and move onward and upward. I will be a lamp unto thy feet. ~Al Denninger

## The Daily Lesson – September 11, 2018

“Our conscious oneness with God constitutes our oneness with every spiritual being and idea.

(This theme is developed in the author's *Conscious Union with God*. New York: The Julian Press, 1962; London: L. N. Fowler and Co. Ltd., 1960).

That means that we are one, and as we love our neighbor as ourselves and act toward the other person somewhat in the same way that we would like to be acted toward, in that degree are we setting spiritual law in operation.” Joel S Goldsmith

Eph 4:4-6 (KJV)

4 There is one body, and one Spirit, even as ye are called in one hope of your calling;

5 One Lord, one faith, one baptism,

6 One God and Father of all, who is above all, and through all, and in you all.

Acts 17:28 (to ;) (KJV)

28 For in him we live, and move, and have our being;

Mark 12:29-31 (KJV)

29 And Jesus answered him, The first of all the commandments is, Hear, O Israel; The Lord our God is one Lord:

30 And thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength: this is the first commandment.

31 And the second is like, namely this, Thou shalt love thy neighbour as thyself. There is none other commandment greater than these.

No thing and no one is ever left out of Oneness. ~Al Denninger

## The Daily Lesson – September 12, 2018

“The responsibility of a spiritual student is great. No one else has quite the same responsibility as do those of us on the mystical path, because we cannot rely on the hope of most Christians that Jesus' dying on the Cross will save us from all the penalties for our sins, or that our minister, the confessional, the mass, or church attendance will take away our burden. We cannot lean on any system or person.” ~Joel S Goldsmith

I Cor 3:16 (KJV)

16 Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?

“There is no need to run outside for better seeing,  
Nor to peer from a window.  
Rather abide at the center of your being;  
For the more you leave it, the less you learn.”  
~ LAO-TZE

Seek ye first the Kingdom of God. Where? Where It Lives... ~Al Denninger

## The Daily Lesson – September 13, 2018

“Knowing the truth, following spiritual principles, sowing to the Spirit instead of the flesh— only this will bring our regeneration, resurrection, renewal, and finally, our ascension above all materiality. In that exalted state of consciousness even the karmic law of good ceases to operate in our experience, because in the recognition that we are never the actor or the doer, but that only God is acting and doing through us, we have stopped sowing. Karmic law is then forever nullified.”  
~Joel S Goldsmith

John 8:32 (KJV)

32 And ye shall know the truth, and the truth shall make you free.

John 14:10 (KJV)

10 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works.

“Leave it to ‘Me’. [The Father that Dwelleth within] ~Al Denninger

This concludes our study of the Chapter 5 of the book “A Parenthesis in Eternity”. Tomorrow we begin Chapter 6, entitled “God, the Consciousness of the Individual”