“THE DAILY LESSON”
is an activity of the study group found at:  [www.iwso.org](http://www.iwso.org)
The subject for our current study is the entire book
“The Art of Meditation”
By Joel S Goldsmith

The Daily Lesson is a progression of excerpts from tapes recorded by Joel, or from his books or writings.
It appears here and in email format each day, together with the addition of corroborating scripture and inspired comments by the Practitioner and Teacher ~Al Denninger, to take into meditation and live with throughout your day.

Students note: There are words that are capitalized throughout this work. These words are used as if they are a synonym for, or as an activity of God. The portions that are *italicized* are spontaneous meditations.

**The Daily Lesson – July 9, 2017**

“CHAPTER VII

FOR GOD SO LOVED THE WORLD

For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish but have everlasting life.

JOHN 3:16

Behold, what manner of love the Father hath bestowed upon us, that we should be called the sons of God. . .
I JOHN 3:1

The secret of the beauty and glory of holiness is God manifest God incarnate in the flesh. God so loved the world, that He gave Himself to this world, appearing visibly as the Son of God, which, according to His promise, I am and which you are. God is my being and God is your being: God is our true identity.” ~Joel S Goldsmith

“You are Included in Omnipresence.” ~Al Denninger
“Spiritually understood, this earth is heaven. Heaven and earth are one, because God has manifested Himself upon the earth. God has given unto Himself this universe made up of the stars, sun, moon, and planets. God has created for His glory this footstool which we call the earth. All this God has evolved from within Himself, and for His glory. God, in His own great glory, is manifested as individual being. We are not separate and apart from God, but we are the very essence of God, the very selfhood of God, unfolded, revealed, and brought into active expression as individual being.” ~Joel S Goldsmith

Luke 11:2 Thy will (KJV)
2 …Thy will be done, as in heaven, so in earth.

“Omnipresence = Every Individual Being Infinitely Expressed. There is no place to be separate or apart from, there is only Everywhere-Is…” ~Al Denninger
The Daily Lesson – July 11, 2017

“All things in heaven and on earth are given unto us because of this relationship of divine sonship. All things that exist, exist for our purpose. As joint heirs with Christ in God, this earth is ours. From everlasting to everlasting we are fulfilled. God has ordained the law governing the union of Himself with His beloved Son, providing him with all that belongs to the Father, and drawing unto the Son all that the Father has established for him, since before the foundation of the world:

‘I am come that they might have life, and that they might have it more abundantly.’
I am come that you might have life - My Life - My life, your individual life. My life is the life of individual being, knowing no age, knowing no change, knowing no deterioration from its God-estate. But you must live and move and have your being in this consciousness of our oneness. I will never leave you nor forsake you, but you must abide in My Word, and you must let My Word abide in you. You must look unto Me and be saved.” ~Joel S Goldsmith

John 15:4,7,8 (to ;) (KJV)
4 Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.

7 If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you.
8 Herein is my Father glorified, that ye bear much fruit;

“There is One Creation, One Life and One Presence, Rest ye in It with peace and joy and gratitude.” ~Al Denninger
“There is a glory of the Father prepared for the Son. There is a peace - My peace - the peace that passeth understanding. This peace is embodied in the Soul of man: it is never dependent upon any external condition; it exists as the gift of God in the midst of us. Our mistake has been in seeking peace from each other, in believing that others had the power to give or to withhold peace, or in relying upon others for our harmony. In this reliance on people and outer circumstances has been our failure and the failure of the world. Only in God can peace be found. God has given to each one of us His infinite peace, His everlasting dominion, and His all encompassing love.” ~Joel S Goldsmith

Eph 2:8 (KJV)
8 For by grace are ye saved through faith; and that not of yourselves: it is the gift of God:

Luke 22:42 nevertheless (KJV)
42 ...nevertheless not my [human] will, but thine, be done.

“Peace comes only in dropping all agendas and conditions. Holding onto just one is enough to distract us from Experiencing true Peace.

I surrender Father, Thy will be done…” ~al.within
“God has not given us the spirit of fear, but of power, of love, and of a sound mind, because God is the very mind of our being. We have no mind apart from God. Our ignorance, our fear, and our insanity have been in the belief of a mind apart from God, the belief of a soul apart from God, a soul that could sin. God's Being is individual being, and when seen through spiritual vision, only the qualities of God and the nature of God comprise individual being.” ~Joel S Goldsmith

1 Cor 2:14-16 (KJV)
14. But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.
15. But he that is spiritual judgeth all things, yet he himself is judged of no man.
16. For who hath known the mind of the Lord, that he may instruct him? But we have the mind of Christ.

“Be still now, and Discern the Truth.” ~Al Denninger
“‘I and my Father are one . . . he that seeth me seeth him that sent me. . . . I am in the Father, and the Father in me.’ Spiritual discernment reveals God as the Father and God as the Son. In the realization of this oneness is our completeness and our perfection. There can be no peace, security, or joy separate and apart from God. Peace, security, and joy are inherent in God and for this reason must be indigenous to us through the realization of God as our own being.” ~Joel S Goldsmith

John 10:30 (KJV)
30 I and my Father are one.

John 12:44,45 (KJV)
44 Jesus cried and said, He that believeth on me, believeth not on me, but on him that sent me.
45 And he that seeth me seeth him that sent me.

“All that The Father Hath is mine – and so it is that all that I Hath is The Father’s. I can of mine own self, do nothing… My Life is His. My Spirit is His. My Joy is His. My Good is His. And so, My purpose is His… And even My Loving you, is His Love Expressed.” ~Al Denninger
The Daily Lesson – July 15, 2017

“The great secret of scripture is: in the beginning - God. In the beginning all that was, was God: now and forever, all that is, is God. God is appearing as the infinity, glory, and strength of Its own Being. It is not your being or my being, but Its infinite Being which appears outwardly as your being and as mine - I in Him and He in me, and this one Being spiritual, infinite, perfect, harmonious, whole, and complete. His Being is perfect; His understanding is infinite, His strength enables us to mount up as the eagle. His joy overflows our cup. Let us acknowledge His joy, His health, His understanding, His peace, His harmony, His purity, and His integrity. Let us drop ‘my’ this or ‘my’ that and ‘your’ this or ‘your’ that. His Being, expressing, as grace, is our sufficiency in all things. His grace - His presence, His joy, His love, His allness - is our sufficiency.” ~Joel S Goldsmith

I Cor 8:2,3,6 (to ;) (KJV)
2 And if any man think that he knoweth any thing, he knoweth nothing yet as he ought to know.
3 But if any man love God, the same is known of him.
6 But to us there is but one God, the Father, of whom are all things, and we in him;

“And so it is, we are Greatly Loved...” ~Al Denninger
The Daily Lesson – July 16, 2017

“His love flows out as our love, but let us not claim it as your love or as mine. This love is flowing as the sun is shining, freely upon all. The sun shines without favoritism, never questioning the merits or worth of the recipients of its warmth and light. The sun shines; God loves. God's love flows freely to the just and the unjust, to the deserving and the undeserving, to the saint and the sinner alike. God's love pours into this universe, giving life to the seed, strength to the growing plants, protection to animal, vegetable, and mineral life. God's love is the supporting and animating influence of all creation, because all creation is Love, Itself, freely flowing.” ~Joel S Goldsmith

I John 4:16 us (to ;) (KJV)
16 God is love;

“God is Love and I Am Included in that Perfect Love.” ~Al Denninger
The Daily Lesson – July 17, 2017

“All that is, is in and of God. There are no exceptions. There must be no labels of criticism or of judgment or of condemnation. Above all things we must not judge after the testimony of the eyes or the ears. God is too pure to see iniquity, and when we recognize our true identity as God in expression, we shall see as God sees. As we behold ourselves spiritually endowed, we become beholders of God appearing in all and through all. But we can do this only as we relinquish those judgments that come to us by the seeing of the eye and the hearing of the ear.”
Joel S Goldsmith

Hab 1:13 (to :) (KJV)
13 Thou art of purer eyes than to behold evil, and canst not look on iniquity:

John 7:24 (KJV)
24 Judge not according to the appearance, but judge righteous judgment.

“Righteousness cannot behold lack.” ~Al Denninger
The Daily Lesson – July 18, 2017

“His infinite understanding becomes our understanding. His infinite love becomes our love. God's blessings are not ours because you are you or I am I. They are God's blessings unto God -- God's blessings flowing unto Its own Self as the Son, the Father bestowing His all as the Son. It is the Father giving, the Son receiving, and yet one, only one - Father and Son. In oneness, in conscious union with God is our strength; in conscious union with God is our supply; in conscious union with God is our peace, joy, power, dominion, and our every blessing.” ~Joel S Goldsmith

I John 3:2 (to 2nd ,)  (KJV)
2  Beloved, now are we the sons of God,

Rom 8:14,16,17  (KJV)
14  For as many as are led by the Spirit of God, they are the sons of God.
16  The Spirit itself beareth witness with our spirit, that we are the children of God:
17  And if children, then heirs; heirs of God, and joint-heirs with Christ;

“Christ Consciousness cannot behold lack, therefore, nothing can ever be withheld or be conditional. I Am, always was, and always will be Included in His Presence.” ~Al Denninger
The Daily Lesson – July 19, 2017

“If God is the infinite nature of our being, what need is there to be envious, to be jealous, to be hateful, or to be ambitious? When we know that God is the source of our inner satisfaction, how can we long for anything external to our own being? In this relationship, the blessings of God unfold as our experience.” ~Joel S Goldsmith

Luke 15:31 (KJV)
31 And he said unto him, Son, thou art ever with me, and all that I have is thine.

Luke 17:21 (KJV)
21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

“Can we inform Omniscience?
Can we be separate from Omnipresence?” ~Al Denninger
“Our Father has imparted to us Himself. In the realization of our true identity, we partake of the very Body of God: that is eating the Body and drinking the Blood. ‘I have meat to eat that ye know not of.’ I can give you life -- waters that spring into life eternal -- the invisible waters, invisible wine, invisible meat.’ This is partaking of the living God, or the living Word, and watching the Word become flesh and dwell among us -- God incarnate in the flesh. ~Joel S Goldsmith

John 4:7-15 (to 4th ,) (KJV)
7 There cometh a woman of Samaria to draw water: Jesus saith unto her, Give me to drink.
8 (For his disciples were gone away unto the city to buy meat. )
9 Then saith the woman of Samaria unto him, How is it that thou, being a Jew, askest drink of me, which am a woman of Samaria? for the Jews have no dealings with the Samaritans.
10 Jesus answered and said unto her, If thou knewest the gift of God, and who it is that saith to thee, Give me to drink; thou wouldest have asked of him, and he would have given thee living water.
11 The woman saith unto him, Sir, thou hast nothing to draw with, and the well is deep: from whence then hast thou that living water?
12 Art thou greater than our father Jacob, which gave us the well, and drank thereof himself, and his children, and his cattle?
13 Jesus answered and said unto her, Whosoever drinketh of this water shall thirst again:
14 But whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life.
15 The woman saith unto him, Sir, give me this water, that I thirst not,

“And so we are Loved… We have the same opportunity here and Now. Will you Open out a Way to Partake of these Living Waters…” ~Al Denninger

This concludes our study of Chapter 7 of the book “The Art of Meditation”. Tomorrow we begin Chapter 8, entitled “Ye Are the Temple”.