

“THE DAILY LESSON”

is an activity of the study group found at: www.iwso.org

The subject for our current study is the entire book

“The Art of Meditation”

By Joel S Goldsmith

The Daily Lesson is a progression of excerpts from tapes recorded by Joel,
or from his books or writings.

It appears here and in email format each day,
together with the addition of corroborating scripture
and inspired comments by the Practitioner and Teacher ~Al Denninger,
to take into meditation and live with throughout your day.

Students note: There are words that are capitalized throughout this work.
These words are used as if they are a synonym for, or as an activity of God.
The portions that are *italicized* are spontaneous meditations.

The Daily Lesson – August 17, 2017

“CHAPTER X

THE PLACE WHEREON THOU STANDEST

The place whereon thou standest is holy ground. EXODUS 3:5

For since the beginning of the world men have not heard, nor perceived by the
ear, neither hath the eye seen, O God, beside thee, what he hath prepared for
him that waiteth for him. ISAIAH 64:4

Thou wilt shew me the path of life: in thy presence is fullness of joy; at thy right
hand there are pleasures for evermore. PSALMS 16 :11

Wherever we are at this moment is holy ground. In this awareness, we can relax
and let the Father reveal Its plan for us. God, the Father, is infinite, and that
infinity manifests itself through us as our activity, whether it be that of a minister,
physician, lawyer, nurse, teacher, healer, housewife, businessman, or mechanic.
The work assigned to us today may not be of our choosing; but if, instead of
kicking against the pricks, we remember that God is working out Its plan on earth,
and that we are here only to show forth the glory of the Father, there will be
nothing limited, confined, or finite about our life or our activity. The Father, being
infinite, manifests Itself infinitely.” ~Joel S Goldsmith

“Thank you Father. Thy Kingdom Is. [right now, right here] Thou art
Omnipresent, on earth as in Heaven.” ~Al Denninger

The Daily Lesson – August 18, 2017

“We have no right to interfere with the divine plan; our responsibility is to begin where we are, confident that the place whereon we stand is holy ground. That place may be a prison, a hospital, or a position of high honor; but however high or lowly, that place is holy ground. There we play the part assigned to us. There we remain, until God moves us. We interfere with the divine plan when we let the little ‘I’ decide where it should function, instead of being satisfied to let the Christ determine our activity.” ~Joel S Goldsmith

Matt 4:10 (KJV)

10 Then saith Jesus unto him, Get thee hence, Satan [distraction]: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve.

*“Father, I can of mine own self, do nothing... I am grateful and content to be Your servant [Instrument], wherever You place me.... Thy Will be done....”
~al.within*

The Daily Lesson – August 19, 2017

“Nothing will bring forth such an abundant sense of life as the realization of our self-completeness in God, not self-completeness in Jane, Jim, or Joel, but self-completeness in God. This self-completeness in God is made manifest as the harmony and abundance of Jane, Jim, or Joel, but it still is not their personal achievement of abundance, success, intelligence, or love. The wisdom of the Father manifests and expresses through every person who permits it to operate in his experience by recognizing his oneness with the Father. It is not too difficult to be what the world calls a go-getter, attaining an important and influential position, and thereby, glorify and magnify the personal sense of I. It is much more difficult to wait for the world to come to us; but if we once realize that the Christ is the real mind of our being, the real soul, the real wisdom, the real love, we shall find that everything and everybody will gravitate to that Christ, and our divine activity will be brought to our very door.” ~Joel S Goldsmith

John 12:32 (KJV)

32 And I, if I be lifted up from the earth, will draw all men unto me.

“Where the Spirit of the Lord is Felt and Realized, there is Liberty for all within the sound of His Voice. And so, we open out a Way for His Splendor to be Heard, by Letting God use us as His Instrument.... My own will come to Me.” ~Al Denninger

The Daily Lesson – August 20, 2017

“If, however, in our egotism, we believe that our success is dependent upon, or is the result of, our personal efforts and qualities, we may find that success empty and fleeting. ‘Ye looked for much, and, lo, it came to little; and when ye brought it home, I did blow upon it. Why? saith the Lord of hosts. Because of mine house that is waste, and ye run, every man unto his own house’ - to his own intellect, his own sense of wisdom, his own spirituality, instead of to God, the Infinite Invisible, the source and fount of his being. In going within, we do not turn to our own spirituality or our own goodness or our own strength or our own knowledge; but we go within to unleash the Infinite Invisible. The only permanence is in that completeness which comes through God, through the realization of the spiritual nature of our being, and the ability to let it manifest and express itself in whatever direction it may take.” ~Joel S Goldsmith

Matt 16:13-17 (KJV)

13 When Jesus came into the coasts of Caesarea Philippi, he asked his disciples, saying, Whom do men say that I the Son of man am?

14 And they said, Some say that thou art John the Baptist: some, Elias; and others, Jeremias, or one of the prophets.

15 He saith unto them, But whom say ye that I am?

16 And Simon Peter answered and said, Thou art the Christ, the Son of the living God.

17 And Jesus answered and said unto him, Blessed art thou, Simon Bar-jona: for flesh and blood hath not revealed it unto thee, but my Father which is in heaven.

“The reasoning mind will not, and cannot understand or experience the Infinite Invisible on human terms. God will Reveal HimSelf at a time when we are Still and think not – and in a Way that We will See, as Simon Peter did, and Understand. And what which we will See will be the Christ Within.” ~Al Denninger

The Daily Lesson – August 21, 2017

“In this stillness, as we touch this vision of our oneness with the Father, God pours Its infinite good through us. We shall find that, without any strain or struggle, leaves will unfold, little buds will bloom, and by standing still, active in the work that is given us to do each day, the fruitage will follow. Each one of us has some kind of work to do today. If we do that work today, without concern for tomorrow, in the realization that God, through the invisible Christ of our being, is ever pouring Its essence, substance, and bounty into us, the next day something else is given us to do.” ~Joel S Goldsmith

John 14:27 (to :) (KJV)

27 Peace I leave with you, my peace I give unto you:

Matt 6:26 (to .) & 28-31 Consider (KJV)

26 Behold the fowls of the air: for they sow not, neither do they reap, nor gather into barns; yet your heavenly Father feedeth them.

28 ...Consider the lilies of the field, how they grow; they toil not, neither do they spin:

29 And yet I say unto you, That even Solomon in all his glory was not arrayed like one of these.

30 Wherefore, if God so clothe the grass of the field, which to-day is, and tomorrow is cast into the oven, shall he not much more clothe you, O ye of little faith?

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

Being

“Be Still and be steady.

Practice without thought of gain or judgment.

Be Love Loving.

Ok, so what is Love Loving?

Being about The Father’s business.”

~Al Denninger

The Daily Lesson – August 22, 2017

“Tomorrow there may be another mission, another work, or another activity for us. Nothing can keep our work from us. When the Christ has been realized, Its activity can never be impaired, impeded, delayed, or hindered. God has a way of wiping away every obstruction. Nothing can prevent the fruitage from appearing in our life when its time has come. When that moment comes, the God-force will thrust it into expression, just as inexorably as the unborn child is expelled from the womb, when its moment arrives to appear on the scene.” ~Joel S Goldsmith

Ps 138:8 (to :) (KJV)

8 The Lord will perfect that which concerneth me:

“Take up the Work given as it comes, without judgment or expectation, the Lord will make the crooked places straight.

I speak here from experience, dear friends: if it is God’s Work, He will see it done.” ~Al Denninger

The Daily Lesson – August 23, 2017

“The government is on His shoulder. As we listen to that / that is deep within our own being, we are led of the Spirit. We behold the hand of God reaching right up through us, in us, coming out into manifestation and placing Its glory in our experience as our activity. We witness the hand of God within us as it offers up its good; our good coming to us from within us, not from without, but from the kingdom of God which is within us; not from man whose breath is in his nostrils, not from man who would give or withhold, or who could give or withhold. The hand of God does not withhold; the hand of God does not limit.” ~Joel S Goldsmith

Luke 17:21 (KJV)

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

Matt 28:20 and (KJV)

20 ...and, lo, I am with you alway, even unto the end of the world. Amen.

“There is no limit or condition to Omnipresence. There is no such thing as without.” ~Al Denninger

The Daily Lesson – August 24, 2017

“Step by step, the infinite Christ leads us from one activity to another. It may lead us from the business world to the world of music, or from a world of family duties to the ministry of healing or teaching. The Christ can make of us anything It chooses. It has no favorite occupation; no occupation is more spiritual than another so long as it is of a constructive nature. All are equal in the sight of God; all are the activity of grace appearing in infinite form and variety.” ~Joel S Goldsmith

Rom 8:16,17 (to 2nd ;) (KJV)

16 The Spirit itself beareth witness with our spirit, that we are the children of God:
17 And if children, then heirs; heirs of God, and joint-heirs with Christ;

James 1:4 (KJV)

4 But let patience have her perfect work, that ye may be perfect and entire, wanting nothing.

“Every individual expression is given the same inheritance.” ~Al Denninger

The Daily Lesson – August 25, 2017

“Life by grace is lived with the understanding that tomorrow is not our concern but God's concern. The grace of God does not bestow partial success or happiness, nor does it demand that which cannot be fulfilled. God brings the task to us, but grace also provides the understanding, the strength, and the wisdom to perform it. Whatever is necessary for the fulfillment of that task, whether it be transportation, funds, books, people, teachers, or teaching, is always forthcoming. Everything that comes by grace comes as fulfillment.” ~Joel S Goldsmith

Prov 3:5,6

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

“Yes, It's a matter of Trust... Let yourself be used by God. The details don't matter... He'll get it right.

I am ready... Speak Lord, thy servant heareth... ~al.within

The Daily Lesson – August 26, 2017

“Because we have more, more is expected of us. We can fulfill any and every demand made upon us if we realize that the demand is not made upon us, but upon Him that sent us. ‘I can of mine own self do nothing,’ but the Father within is equal to every demand. Divine grace enables us to perform everything necessary and, in its own time, frees us of undue burdens through the realization that God shoulders them. When God meets an obligation He has a way of meeting it forever, so that it is not a recurring or a continuing one.” ~Joel S Goldsmith

Ps 127:1 (to :) (KJV)

1 Except the Lord build the house, they labour in vain that build it:

“Everything that God asks of you will unfold in its Perfect time and place.” ~Al Denninger

The Daily Lesson – August 27, 2017

“Let us pour out our gifts of the Spirit to the multitudes; but let us never seek the multitudes. We do not go up and down the highways and byways, even of our family, trying to find somebody upon whom to force this gift; because if we squander the gift of the Spirit on the unprepared thought, we shall find ourselves depleted. We wait for the multitudes to come to us. Should the multitude consist of only one person, we wait for that one to come to us. We sit quietly at home, or in our shop or office, with our finger on our lips, keeping our treasure hidden from the world. Those who are receptive respond to the light within us, and recognize the glint in our eyes, or the smile on our face. As they come, one by one, let us accept each one as the multitude. They come to us for bread, which we give to them, and cold water and warm water, too. We give them what they are seeking. We give it to them gently; we give it to them gradually; we give it to them with love, with joy, and with the power of authority. We can draw upon the infinity of our being, and anything will flow: words of truth, compassion, love, healing, grace, finances, food, water, drink, protection, care, companionship - all these will flow forth from the Christ within us.” ~Joel S Goldsmith

John 14:27 (to .) (KJV)

27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you.

“Today’s multiple choice question:

- A) Is this God’s Peace being given?
- B) Is this Jesus Peace being given?
- C) Is this my Peace being given to you?
- D) Is this your Peace given to me?
- E) Is this Peace giving to anyone receptive?
- F) Is this Peace from and to all of the above being given unconditionally?

Answer - Yes.

~Al Denninger

The Daily Lesson – August 28, 2017

“Let us be reborn in the spiritual awareness of the infinite nature of our own being and our already Self-completeness. Let our prayer be:

Thank you, Father; I am. That which I have been seeking, I already am. All is embodied within my own being, and it is only necessary for me to let it flow into manifestation. Nothing can be added to me; nothing can be taken from me.

‘I can do all things through Christ which strengtheneth me. . . . I live; yet not I’; it is really God living in me and as me. God performs those things which are given me to do. I am that center of God-being through which God pours Its infinite good to this universe; God uses me as Its instrument. My only purpose on earth is to bear witness to God's glory, to God's greatness, and to God's infinity: to show forth God's handiwork.” ~Joel S Goldsmith

Job 23:14 (to :) (KJV)

14 For he performeth the thing that is appointed for me:

Phil 4:13 (KJV)

13 I can do all things through Christ which strengtheneth me.

“I can of mine own self do nothing – but I can Watch God’s Work being done through me. Not by might, nor by power, but by Spirit...” ~Al Denninger

The Daily Lesson – August 29, 2017

“God is my parent; God is my environment; and God is my inheritance. This I that I am is not limited by any personal sense of consciousness, subconsciousness, or super-consciousness. It is limited only to whatever limitations are imposed upon God, and since God is infinite, there are no limitations. All that the universal consciousness is, is pouring Itself into me. I let God flow into me, through me, and out into this vast world.” ~Joel S Goldsmith

Matt 6:13 For (KJV)

13 ...For thine is the kingdom, and the power, and the glory, for ever. Amen.

Rom 11:36 (KJV)

36 For of him, and through him, and to him, are all things: to whom be glory for ever. Amen.

“Limitation is an error that is fueled by a personal sense that an individual being is separate and apart from God. This is impossible, of course, in the Light of Omnipresence.” ~Al Denninger

The Daily Lesson – August 30, 2017

“I am come that ye might be fulfilled. I go to prepare a place for you. I go: that I of my being, that divine Ego, prepares the way. My heavenly Father knoweth that I have need of these things, and it is his good pleasure to give them to me - not to make me struggle, not to make me strive, not to make me fight or labor, beg or plead for them. My good is mine by right of divine inheritance.” ~Joel S Goldsmith

Acts 7:33 (KJV)

33 Then said the Lord to him, Put off thy shoes from thy feet: for the place where thou standest is holy ground.

“Our Heavenly Father hath prepared an infinitely supplied Garden for us. Immerse yourself in this Holy Ground and watch Him feed every single need.”
~Al Denninger

The Daily Lesson – August 31, 2017

“I awaken in the morning with confidence, rejoicing in whatever work is given me to do. Whatever that work is, I do it, not in order to earn a living or in the sense of performing an onerous duty; but, with joy and gladness, I let it unfold as the activity of God expressing through me.

As we continuously look to the Christ as the source and fount of our good, thus will it flow. As we place our complete reliance on the divine Presence within, we become that point through which God shines to the world; and we willingly accept our role as a channel, through which good finds an outlet to the world, instead of looking to the world, expecting that good to flow from it to us. All the Godhead pours out from us to those who do not yet know about their conscious oneness with God. Spiritual man rests in his conscious union with God and lets the infinity of good manifest: never does he seek, desire, or want; he stands and serves. The more of a transparency for the Christ we are, the more of a servant we become. We serve as an instrument through which the Father feeds His flock. We become the avenue through which the infinite spiritual good of the divine Source pours forth into visible expression.” ~Joel S Goldsmith

I Cor 15:58 (KJV)

58 Therefore, my beloved brethren, be ye stedfast, unmoveable, always abounding in the work of the Lord, forasmuch as ye know that your labour is not in vain in the Lord.

“God is Love Loving. And so, here is our Work.” ~Al Denninger

John 5:17 (KJV)

17 But Jesus answered them, My Father worketh hitherto, and I work.

“I surrender to Thy will, Father.... Speak Lord, Thy servant heareth.... “al.within”

This concludes our study of Chapter 10 of the book “The Art of Meditation”.

Tomorrow we begin Chapter 11, entitled “For Love Is of God”.