

## **“THE DAILY LESSON”**

is an activity of the study group found at: [www.iwso.org](http://www.iwso.org)

The subject for our current study is the entire book

### **“The Thunder of Silence”**

By Joel S Goldsmith

The Daily Lesson is a progression of excerpts from tapes recorded by Joel,  
or from his books or writings.

It appears here and in email format each day,  
together with the addition of corroborating scripture  
and inspired comments by the Practitioner and Teacher ~Al Denninger,  
to take into meditation and live with throughout your day.

Students note: There are words that are capitalized throughout this work.  
These words are used as if they are a synonym for, or as an activity of God.  
The portions that are *italicized* are spontaneous meditations.

## **The Daily Lesson – April 27, 2016**

### **“CHAPTER V**

#### **TRANSCENDING MIND**

In the beginning, there was only one state of consciousness, the spiritual, but ever since the so-called Fall, man has been divided into three states of consciousness—the material, mental, and spiritual. Spiritual consciousness, when made flesh, is the perfect, immortal body, but few of all the billions of people who have lived on this planet have achieved spiritual consciousness, very few. Instead, throughout countless generations of humanhood, the world has been living in a material and mental state of consciousness, and for the most part, all that has been known is a material sense of the world, a world in which men make their living by the sweat of their brow and in which everything they do is done by physical or mental means.” ~Joel S Goldsmith

Matt 7:14 (KJV)

14 Because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it.

“Wonderful to be on the straight and narrow with you, dear friends, as two or three gathered together in His Name.” ~Al Denninger

## The Daily Lesson – April 28, 2016

“Even today the world has not risen too far above that physical sense of a universe, despite the fact that in this last century more of the mental has been revealed, although revealed primarily in the sense of the mental governing the physical. Out of that has come what is known as the science of right thinking, designed to manipulate the human scene. For example, if a person does not have a home, all he has to do is to catch hold of the right thought and the home appears, or if he does not have a satisfactory companion, just a little right thinking, and the old companion vanishes and a new one appears! If he suffers from some physical discord, just a little bit of right thinking, holding the ‘right thoughts,’ and lo and behold, the diseased body disappears and the harmonious body appears in its place.

Even when this sort of mental therapy is effective, and it often is, those using this technique are still left with a physical universe—a physical body, a physical companion, a physical anything subject to the laws of good and evil—and the very next day it is possible for the discords and inharmonies to begin all over again. One part of the body is healed, and then another one speaks up; the problem of supply is solved, and something else pops up; and so it goes from one belief of physical, mental, moral, or financial inharmony to another, and always there is the same attempt to use the power of the mind to adjust, heal, or improve the condition.

Nevertheless, the world is fortunate to have made even that much progress, because without the revelation of the mental realm, it would have been almost impossible to take the next higher step into the spiritual kingdom.” ~Joel S Goldsmith

John 7:24 (KJV)

24 Judge not according to the appearance, but judge righteous judgment.

“Being Still and contemplating Truth helps calm the mind so we may become more receptive to the Sprit Within.” ~Al Denninger

## The Daily Lesson – April 29, 2016

“Before we proceed any further, let us understand the function of the mind. Perhaps this can best be done by using the body as an example. Everybody is aware that the body is an instrument used for the activity of human life, but few people recognize that because it is an instrument of God it should be perfectly harmonious. There is no reason why the body should deteriorate or lose its faculties, and it appears to do so only because man has not yet learned how to prevent such changes and maintain the body so that it is a proper and effective instrument for daily use. This can be done by realizing that the mind also is an instrument and that it, too, has its rightful place in our human experience.” ~Joel S Goldsmith

Rom 12:1,2 (KJV)

1 I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

“The I that I Am is Infinite and Omnipresent. Thy will is being done, Father, on earth as it is in Heaven.” ~Al Denninger

## The Daily Lesson – April 30, 2016

“When it is understood that the mind is an instrument, it should also be understood of what it is the instrument, because an instrument must of necessity have something governing and controlling it. Unfortunately, the average mind is not controlled, even though some people try to control it, thereby often working havoc with their lives because they have not yet learned that the mind cannot be controlled by man.

The mind is an instrument for something higher than itself, and that something is the one Self. When we come to the point where the mind is governed by the Self, we will be embraced in a peace that passes understanding. Then we do not control the body or the mind, but the activity of Truth in our consciousness, of which we become aware through the mind, keeps the mind clear, clean, harmonious, and vital; and it in its turn manages, controls, and governs the body, acting as the purifying agent of both mind and body.

There is a spiritual center within every one of us, and in that center is stored up our entire spiritual heritage. This center is not within the body, but in our consciousness, and we can draw out of the infinity of our consciousness all that is necessary for our unfoldment from this day unto the end of the world and beyond it into infinity.” ~Joel S Goldsmith

Luke 17:20,21 (KJV)

20 And when he was demanded of the Pharisees, when the kingdom of God should come, he answered them and said, The kingdom of God cometh not with observation:

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

*“Father, I can of mine own self do nothing, the Spirit Within doeth the Work. I surrender my self [personal agenda and thoughts], and recognize Your Consciousness that is nearer than breathing, closer than hands and feet. And so I rest in silence and await Your Loving Direction...” ~Al Denninger*

## The Daily Lesson – May 1, 2016

“The original and basic creative principle and substance of life is God, Soul, or Consciousness, but mind is the instrument through which God's activity takes place, because properly understood and utilized, mind is an instrument of God. When the mind is open to receive the divine Impulse, harmonious and perfect form flows out from it.

Through Adam, the mind of man accepted a belief of good and evil, and from that moment on, instead of being a pure instrument of the Soul, mind began forming itself in material forms of both good and evil, just as if it were a mold similar to a muffin tin— whatever the shape of the muffin tin, that is the shape in which the muffins come out. Similarly, the product of mind appears as form. If there is evil in the mind, it appears as evil form, and contrariwise, if there is good in the mind, it appears as good form.” ~Joel S Goldsmith

Gal 6:8 (KJV)

8 For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.

Be still.

    Be silent.

        Be open.

            Be attentive.

                Be receptive.

Be Aware.

~Al Denninger

## The Daily Lesson – May 2, 2016

“The mind produces its own image and likeness, and if we who stand behind the mind permit it to be filled with superstition, ignorance, or fear, all of which stem from the belief in two powers, that is what the mind produces in our experience. Mind is the substance of every form of sin, disease, death, false appetite, lack, limitation, wars, rumors of wars, and all the other things listed under the word evil.

A mind filled with evil thoughts—fear, hate, injustice, lust, or malice—must appear outwardly as inharmony and discord; whereas a mind filled with good thoughts—charity, purity, benevolence, or co-operation—must appear outwardly as the good life. That is the karmic law as taught in Scripture: ‘Whatsoever a man soweth, that shall he also reap.’ The mind in its unillumined state, filled with materialistic beliefs, theories, opinions, doctrines, and creeds can only manifest its own state of chaos; but a mind freed of these beliefs becomes the instrument through which the creative Principle of life can flow as harmonious and eternal form. The external appearance is always mind-formed. As we sow mentally, so shall we reap materially.” ~Joel S Goldsmith

Matt 6:19-21 (KJV)

19 Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal:

20 But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal:

21 For where your treasure is, there will your heart be also.

“Would you rather improve your physical scene here on earth, or Know, or Rest in Christ-Consciousness, once, for a few seconds?” ~Al Denninger

## The Daily Lesson – May 3, 2016

“Matter is matter only to the material state of consciousness, but once we rise to a mental state of consciousness, matter is not matter, but mind. Mind is the essence and substance of which matter is formed, and it appears to us as form or effect. Mind is the principle, the life and the law, of all material and mental form.

This is not an easy concept to grasp, but if we draw an analogy between this and a substance with which we are all familiar, it may clarify the idea. The combination of two parts hydrogen and one part oxygen is called water, but water can be changed into steam or into ice, and whether this particular substance appears as water, steam, or ice, it is just a different form of one essence—two parts hydrogen and one part oxygen.

In this same manner, mind is the basic substance, but matter is the name given to mind when it takes form. Mind appears as many forms: Flesh is one of them, blood is another, bone another, and hair yet another; but every one of these is mind made visible, mind appearing as specific form, mind in one form is flesh and in another it is bone, gristle, blood, hair, or skin; but always the substance, or essence, is mind.

Mind functions as thought; mind appears as thing; and on this level, mind is the essence of creation as described in the second and third chapters of Genesis. Therefore, if matter is mind, a process of mind can change the product, matter. ” ~Joel S Goldsmith

Gen 3:23 (KJV)

23 Therefore the Lord God sent him forth from the garden of Eden, to till the ground from whence he was taken.

“The once-Illumined, now unilluminated mind, is left to live in and control his world as he sees it. There is yet a Higher Consciousness...” ~Al Denninger

## The Daily Lesson – May 4, 2016

“Mind—your mind and my mind—imbued with spiritual truth becomes the instrument through which God appears, in and through which God manifests, and God appearing becomes the body of our outer world. Therefore, never do we live in a material world with material surroundings because God, Itself—Truth in your consciousness and my consciousness—is the very substance and essence of our world.

When God, or Soul, becomes the activity of the mind and appears as form, then all form is spiritual and can be multiplied. When we rise above the level of mind and thought to the Silence, that is where I, God, becomes the activity and substance appearing as matter or form. For example, in every miracle in the four Gospels, it was the mind of Jesus Christ which appeared outwardly as health and harmony and as an infinity of loaves and fishes. Loaves and fishes are not matter; health and wealth are not matter: They are mind formed. Once the mind becomes permeated with truth, truth becomes the substance and the essence of all form, and then the form can be multiplied, but it can be multiplied only because it is not matter.” ~Joel S Goldsmith

Rom 8:9 (KJV)

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

“Seek ye the Kingdom and become Aware that you are Included.” ~Al Denninger

## **The Daily Lesson – May 5, 2016**

“There was a time when there were only one billion people on earth. Now there are four billion, but no more of God is on earth. The same God is here, the same life is here, but what has happened is that mind has multiplied form, not divided it. This is the same principle that was in operation when Jesus performed the miracle of the loaves and fishes. What he did was to multiply the visible form to satisfy the sense of need at that particular moment.” ~Joel S Goldsmith

Gal 2:20 nevertheless (to 2nd :) (KJV)

20 ...nevertheless I live; yet not I, but Christ liveth in me:

## The Daily Lesson – May 6, 2016

“There is only Spirit and its spiritual formations; but mind, as the instrument of Spirit, forms and governs itself as outlined form, and this is called matter or physical form. Actually, it is mind, because matter can be reduced to the mental and eventually back into the spiritual; but mind appears to us as finite forms, and it is mind that forms that form. Mind will even transform this body and provide for it. Mind will form for us everything of which we seem to have need—and yet no new thing will have been added to creation.

Mind, when it functions on its own level, appears as either good or evil, or both; whereas mind when functioned by Soul or God appears only as a harmonious universe. This does not mean that when we think good thoughts, our perfect spiritual universe appears; it means that when we have risen above both mind and thought into the realm of Silence, Soul or God now manifests as our spiritual identity, being, body, and universe.” ~Joel S Goldsmith

Rom 12:2 (KJV)

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

“Be still and Know that I Am Consciousness fulfilled...” ~Al Denninger

## The Daily Lesson – May 7, 2016

“When you and I permit our minds to be filled with ignorance, superstition, and selfishness, that mind produces its own image and likeness, which is mirrored forth as the sins and diseases of the world; but when the mind is purified, so that it becomes an instrument for the pure Soul, then the mind produces the image and likeness of the Soul which is ‘according to the pattern shewed to thee in the mount’—spiritual perfection.

The creations of God are incorporeal, spiritual, and infinite, not physical, material, or finite. God is Spirit, and therefore the universe of God and the body of God are spiritual. However, as the creations of God present themselves to our human sense, they appear to be physical, material, and limited. The reason for this anomaly is that our mind in its unilluminated state is interpreting to us only what we can become aware of through our senses. We do not behold what is: We behold the interpretation of our mind.

For example, if there were a bowl of yellow roses in the room, you and almost everyone in the room would see them as yellow; but to the person who is color-blind, they might be interpreted as some other color; or, while these same roses might be beautiful to you, they might precipitate an attack of rose fever or asthma in another person. Clearly, it is not what we become aware of that is important, but how the mind interprets that of which we are aware.

There are artists whose interpretation of roses might startle us because they are able to perceive some underlying spiritual truth about them, whereas we see only their finite physical form and color. Some of us might visit an art gallery, look at masterpieces, and call them daubs of paint; and yet others could look at the same pieces of canvas and live in an ecstasy because through their developed understanding of art, their knowledge of line and color, they could appreciate and see what the artist saw when he put his vision on canvas. If we have developed any appreciation in the field of art, then we can stand before the artist's canvas fully aware of what he has placed there; but if our mind has no knowledge of art, we would then see nothing but splotches of paint.”  
~Joel S Goldsmith

James 4:3 (to 3rd ,) (KJV)

3 Ye ask, and receive not, because ye ask amiss,

Prov 3:7 (to :) (KJV)

7 Be not wise in thine own eyes:

“Trust God and His Infinite Way. Lean not to your limited understanding.” ~Al Denninger

## The Daily Lesson – May 8, 2016

“When our mind is free of judgments, we can look out at this world and enjoy the sky, the air, the earth, the oceans, the sun, moon, and stars, but if our mind is filled with material concepts, we shall query as a friend of mine did years ago, ‘I don’t see why people travel. There are only two kinds of earth—it goes up and they call it mountains; it goes down and they call it valleys. Or it is wet and they call it water. Now what can anyone see in travel? What difference is there between one place and another?’

We rarely see what is before us. Everything that we observe in the world, we see through the eyes of our background —our parents' attitude toward life, our racial and religious roots, our national heritage, our early environment, our education, and then later the experiences that we garner after leaving school.

These concepts are formed by prenatal influence, early environment, education, and personal experience, which make of you and me what we are—human beings. So it is that if our world is a world of harsh, bitter, and disagreeable people, it sometimes is because those four factors have conditioned us and influenced our interpretation of what we encounter. On the other hand, if we are meeting with a world of cooperative, understanding, and loving people, that, too, is probably due to our particular frame of reference.

Right where we are is the very kingdom of God. All that is in heaven is on earth; but whether we find earth a heaven or a hell depends upon whether we are seeing the earth through spiritual or through material vision. The mind's interpretation of experience determines whether it is heaven or hell.” ~Joel S Goldsmith

Ps 139:7-13 (KJV)

7 Whither shall I go from thy spirit? or whither shall I flee from thy presence?

8 If I ascend up into heaven, thou art there: if I make my bed in hell, behold, thou art there.

9 If I take the wings of the morning, and dwell in the uttermost parts of the sea;

10 Even there shall thy hand lead me, and thy right hand shall hold me.

11 If I say, Surely the darkness shall cover me; even the night shall be light about me.

12 Yea, the darkness hideth not from thee; but the night shineth as the day: the darkness and the light are both alike to thee.

13 For thou hast possessed my reins: thou hast covered me in my mother's womb.

“I Am with you, now and forever. I Am within you, closer than breathing, nearer than hands and feet. And so it is, I Am, I Have... Bear witness.” ~Al Denninger

## The Daily Lesson – May 9, 2016

“We look at the creations of God through the instrument of the mind, and the forms we see take on the color and complexion of the mind interpreting them. When a person comes to us and says, ‘I have a diseased body’ or ‘I have a sick mind’ or ‘I have an empty pocketbook,’ he is beholding creation through limited, finite, material sense; but if we can ignore what the person is seeing, feeling, and experiencing and realize that our mind is but an interpreter and if we can become sufficiently still so that the true picture can register, then out of the Silence we may hear, ‘Thou art my child, my beloved child, in whom I am well pleased’ or ‘This very place is the kingdom of God’ or ‘All that I have is thine.’ In other words, there comes an assurance from within that the scene, as mortal sense interprets it, is incorrect; and in the Silence what is actually there is revealed to us.” ~Joel S Goldsmith

I Thess 1:5 (to:) (KJV)

5 For our gospel came not unto you in word only, but also in power, and in the Holy Ghost, and in much assurance;

“Spirit is felt Within and not heard without... It is an actual Activity and not a reasoning thought or explanation. It is followed by a change in consciousness and a resting in thanksgiving.” ~Al Denninger

## The Daily Lesson – May 10, 2016

“A person struggling with a problem is judging by appearances, and his mind is interpreting his world in the light of prenatal conditioning, environment, education, and later, personal experiences; whereas, when the mind interprets the scene through the pure activity of Soul, all judgment is set aside while we wait in the Silence, ‘Father, I have no judgment. I await Your judgment.’ And in such humility, spiritual vision illumines the scene.” ~Joel S Goldsmith

John 7:24 (KJV)

24 Judge not according to the appearance [do not give this-world power], but judge righteous judgment [See with the Mind of Christ].

*“I silently surrender Father. What do you see?... ..” ~al.within*

## The Daily Lesson – May 11, 2016

“In the human scene, the mind is creative. It can create good and it can create evil—and does. In the spiritual scene, however, the mind is not a creative faculty, but an avenue of awareness. For example, if we had a blank canvas in front of us and if instead of racking our brains as to what to put on it, we learned how to be still and waited, taking the attitude, ‘Here is a canvas. Father, You paint the picture,’ we would find ideas flowing freely, and into our consciousness would come the directions which our mind and hands would execute.

In such a state of receptivity, inventions, discoveries, plans on the trestle board, or whatever idea is necessary would unfold, and the ability would be given us to carry these ideas into execution. That is because the real seat of intelligence is Soul or Spirit, and divine Intelligence functions through Its instrument, the mind. The whole secret lies in making the transition from a thinking, plotting, planning, scheming mind to a mind at rest in a state of awareness, through which divine ideas can flow.” ~Joel S Goldsmith

Matt 6:31, 33 (KJV)

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

“Start your many meditations each day with an attitude of: I can of mine own self, do nothing. That will get you to a place where you are never the doer... Then, when you come to the blank wall at the end of your meditation, and you have nothing left to think... There is nothing left to do but surrender... Reality comes into view and your Good flows.” ~Al Denninger

## The Daily Lesson – May 12, 2016

“Ever since that illusory experience known as the Fall of man, however, mind has been used as a creative faculty, and that is what is at the root of our troubles and problems today. Therefore, when called upon to help our family, friends, or others, or even when in need of help ourselves, instead of trying to change the person or condition or instead of condemning ourselves or others, we should realize that this is just another form of mind presenting itself to us. The healing agency lies in our realization that mind is not a power: Mind is an avenue of awareness.

We can watch how miraculously this works whenever we are tempted with any form of error—whatever it may be—if we do not fight it, but quietly realize:

God is the great and only creative principle of life, the source of all being. God alone! ‘Thou shalt have no other gods before me’—no other power, no other creator but One. God alone is, and this that is troubling me cannot be of God, so it must be of mind. It is mind presenting a picture to me of a lack of some kind.” ~Joel S Goldsmith

Prov 3:5 lean,6

5 ...lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

“Lack seems to appear when we don’t have the Awareness or acknowledgement of the Omnipresence of God. God always was and forever will Be – our thought is just temporarily distracted if we think differently. We don’t question the principal of mathematics when someone writes  $2+2=5$  on the blackboard, we just know the correct answer is 4 and move on, with a little smile on our face of how grateful we are to know the truth.” ~Al Denninger

## The Daily Lesson – May 13, 2016

“Those who live in the Spirit have flashes of the real or spiritual creation and are able to discern the real man made in God's image and likeness, and to see that nothing has ever interfered with the harmony of the development and enfoldment of spiritual man.

On the human level, however, mind governs our body and all creation, and it governs it for both good and evil. It gives us health one day, and sickness another day; it gives us wealth one day, and lack the next day because the mind, being of the earth, earthy, is made up of the two qualities of good and evil, and therefore it manifests and expresses itself as these extremes. Until we rise above mind, we cannot rise above the pairs of opposites.” ~Joel S Goldsmith

Rom 8:5-9 (to .) (KJV)

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

6 For to be carnally minded is death [finite]; but to be spiritually minded is life and peace [Infinite].

7 Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be.

8 So then they that are in the flesh cannot please God.

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

Rom 8:14 (KJV)

14 For as many as are led by the Spirit of God, they are the sons of God.

“Lead me Father... .. I Dwell. I Witness. I Am.” ~Al Denninger

## **The Daily Lesson – May 14, 2016**

“When we transcend mind and touch the realm of Spirit, we live in a different consciousness. No longer do we resort to the use of affirmations or denials, physical or mental remedies: Now we contact that spiritual center where we find peace, and then we find that we have transcended the activity of mind both as to good and evil and are living what the world calls a normal life, but which in reality is a spiritual life, a life that to a great extent is untouched by the activity of the unillumined mind.” ~Joel S Goldsmith

I Cor 15:45,46 (KJV)

45 And so it is written, The first man Adam was made a living soul; the last Adam was made a quickening spirit.

46 Howbeit that was not first which is spiritual, but that which is natural; and afterward that which is spiritual.

“All that I have is thine, including all that is Spiritually discerned.” ~Al Denninger

## The Daily Lesson – May 15, 2016

“Correctly understood, mind is an instrument of God, created by God. Therefore, mind itself is an effect, just as the product of mind is an effect. It is not a cause; it is an effect. God, Soul, Spirit, alone is cause, and both mind and body are effects.

If we dwell with spiritual truth in our consciousness, none of the evils of this world will come nigh our dwelling place because the truth entertained in consciousness takes over and begins to live our lives. Living in an atmosphere of spiritual wisdom and feeding consciousness with truth, there comes a moment when that truth takes over the mind, and then no longer is it necessary to fill the mind with truth. From then on, the flow is the other way. It is not we who are thinking truth, remembering, declaring, or meditating on truth: It is Truth using our mind for Its expression, always using us, always flowing through us.

Ps 91:1 (KJV)

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

I John 4:16 God is (KJV)

16 ...God is love; and he that dwelleth in love dwelleth in God, and God in him.

*“I can of mine own self do nothing, Father. I surrender to Thy Purpose. Use Me...  
~al.within*