

“THE DAILY LESSON”

is an activity of the study group found at: www.iwso.org

It is a progression of excerpts from tapes recorded by Joel,
or from his books or writings.

It appears each day, together with the addition of corroborating scripture
and inspired comments from Al Denninger,
to take into meditation and live with throughout your day.

Student's note: There are words that are capitalized throughout this work.
These words are used as if it were a synonym for, or as an activity of God.

Also, the portions that are *italicized* are spontaneous meditations.

The subject for our current study is the complete book

“Practicing the Presence”

By Joel S Goldsmith

THE DAILY LESSON – March 16, 2015

“CHAPTER VIII

THE RHYTHM OF GOD

A person who lives by meditation is never again alone, and neither is he ever again entirely a part of this world. If he is faithful in practicing the Presence, within a few months he will find himself in the contemplative mood most of the time. Contemplating God and the invisible things of God, he becomes so one with It that there is no place where God leaves off and he begins. That which a person continuously dwells upon, that which he embraces in his consciousness, is that with which he ultimately becomes one. It is that continuous state of oneness which enabled the Master to say, ‘Thou seest me, thou seest the Father that sent me, for I and my Father are one.’” ~Joel

Ps 119:1,2

1 Blessed are the undefiled [Pure] in the way, who walk in the law of the Lord.

2 Blessed are they that keep his testimonies, and that seek him with the whole heart.

John 10:30

30 I and my Father are one.

“Rejoice without ceasing. God IS!” ~AI

THE DAILY LESSON – March 17, 2015

“Everything good must come into the experience of the Sons of God. Who are the Sons of God? Are we? Not until the Spirit of the Lord is upon us--‘if so be that the spirit of God dwell in you, then are ye the sons of God,’ and only then are we subject to the laws of God. If we walk out of our homes without the inner awareness that the Spirit of the Lord is upon us, we are walking out into the world as human beings without any law of God to uphold us; we are human beings subject to human laws--laws of accident, contagion, disease, and death. We have neglected the opportunity of admitting a divine influence into our experience, and our attitude virtually is, ‘I can live this day all right under my own power; I can take care of this day myself without any help from God,’ instead of making God the activity of the day and thereby establishing ourselves in the rhythm of God:” ~Joel

Rom 8:9

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

“We are and always will be, Included in the Kingdom of God. We can, at times, think ourselves into feeling separated and limited. Dwell now, in the secret place of the most high and feel the Awareness of Inclusion. Let God show you the Infinite Way...” ~Al

THE DAILY LESSON – March 18, 2015

“Father, this is Your day, the day which You have made. You made the sun to rise; You have given light and warmth to the earth; You have given us the rains and the snows; the seasons of the year are Yours, ‘seedtime and harvest, cold and heat, summer and winter, and day and night.’ This is Your day.

You created me; I am Yours. You created me in the womb from the beginning. Use me this day, for as the heavens declare the glory of God and the earth showeth forth Your handiwork, so must I show forth the glory of God. This day let me glorify God. This day, let God's will be made manifest in me. This day, let God's grace flow from me and through me to all those whom I meet.” ~Joel

Matt 6:10,11

10 Thy kingdom come. Thy will be done in earth, as it is in heaven.

11 Give us this day our daily bread.

“Thy Kingdom is Omnipresent and therefore Includes us this moment.

I surrender Father, to Thy Will.

Thy Grace is my abundance.

I will Open out a Way today for Your Splendor to flow through me to where It wants to Be.

I'll do it Now...

Thank you Father. I am beholden.

~al.within

THE DAILY LESSON – March 19, 2015

“Some other time, during that brief pause for inner communion in the early morning hours, these words may come:

Father, it is Thy intelligence that I need today-not my limited wisdom, but Thy infinite wisdom. This day, I need all the love with which Thou canst fill me. Give me Thy wisdom and Thy love in full measure.

Such a meditation springs from a deep humility, a great humbling of the spirit which is willing to admit, ‘Father, without Thee I can do nothing; without Thee, I can be nothing; without Thee, I am nothing.’” ~Joel

James 4:7 (to .)

7 Submit yourselves therefore to God.

“You can’t add to a full vessel...
I am ready...Fill me Father.” ~Al

THE DAILY LESSON – March 20, 2015

“It may be that the day holds serious problems which must be surmounted and which are beyond our ability or understanding, or beyond our financial capacity to meet, or there may be difficult decisions to be made. The answer does not lie in any personal ability we may or may not have, or in our material resources, but in contacting the infinite storehouse within: ‘He performeth the thing that is appointed for me. . . . The Lord will perfect that which concerneth me.’ To enter our inner sanctuary and pray, not asking for anything, but recognizing our divine sonship and dwelling on the promises of inspired scriptural passages, fills us with a confidence which we carry with us throughout the day and which is adequate to prevail over any and every obstacle which we may encounter:

Father, I have great tasks today that are beyond my understanding and beyond my strength, and so I must rely on You to perform that which is given me to do. You have said that You are ever with me and all that You have is mine. Grant me the assurance today that Your love is with me, that Your wisdom guides me, and that Your presence upholds me.

Your grace is my sufficiency in all things. Your grace! I am satisfied, Father, to know that Your grace is with me. That is all I ask because that grace will be made tangible as manna falling from the sky, as a cruse of oil that never runs dry, or as loaves and fishes that keep ever multiplying. Whatever my need, Your grace provides for it this day.

Just that much is enough to start us on our day, not as the son of man, but as the Son of God.” ~Joel

Ps 138:8 (to :)

8 The Lord will perfect that which concerneth me:

Job 23:14 (to :)

14 For he performeth the thing that is appointed for me:

“The hardest thing to do it is to trust God completely, and Let Him show us the Way. Walk with me a while – we will be Blessed.” ~Al

THE DAILY LESSON – March 21, 2015

“A Presence abides in us, a transcendental Presence which cannot be described, but which is recognized in meditation. There is no greater gift that can come to any man or woman than the unswerving conviction that God cares for us, but no one can have this assurance who neglects the continuous, conscious realization of the presence of God. If the Word abides in us, we shall bear fruit richly. God is glorified in the fruitage of our lives, and in no other way is God glorified. In proportion as we live in this Word and let it live in us, do we experience a harmonious, fruitful, human life. True, there may be problems, but what of it? No one is promised complete immunity from the discords of life while he is on earth living a human life. Problems must inevitably arise, but they can only be a blessing because it is through these problems that we rise higher in consciousness and through that rising, harmony is brought into our daily life.” ~Joel

John 15:4-6 (to;)

4 Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

6 If a man abide not in me, he is cast forth as a branch, and is withered;

“I can of mine own self do nothing, but I can do all things through Christ which strengtheneth me. Thank you Father.” ~Al

THE DAILY LESSON – March 22, 2015

“The experiences that come to us when we live in obedience to the inner voice are miracles of beauty and joy. Let us not be afraid to follow that voice even if at first we are so poorly attuned to it that we do not hear it correctly. Many people go through life accomplishing nothing because they are unwilling to do anything for fear of making a mistake. There is no need to be afraid of mistakes or even of failures. Any mistakes which may be made by a person who is obedient to the still small voice will be few, and they will not be sufficiently serious to be irretrievable; he can quickly pick himself up again and soon be wholly immersed in the Spirit. Mistakes are not fatal; not one is forever: Success is forever, but failure is only for a day.”
~Joel

Col 2:5,6

5 For though I be absent in the flesh, yet am I with you in the spirit, joying and beholding your order, and the stedfastness of your faith in Christ.

6 As ye have therefore received Christ Jesus the Lord, so walk ye in him:

“Fear not, for I Am with You, Within You, always. Keep focused and steady in your study and meditation. Distractions happen – so what – just smile a knowing smile, see it for what it is, [nothing] and move on...” Loving you,
~Al

THE DAILY LESSON – March 23, 2015

“If we make contact with the kingdom of God within us, we shall be living through God the rest of our days. Then spiritual sonship--God expressing Itself as individual Selfhood--will be revealed on earth. God formed us to manifest Itself on earth, to show forth Its glory, and that is our destiny. God planted His infinite abundance in the midst of us. Nothing need come to you or to me, but everything must flow out from us. And by what means? By that Presence, that Presence which heals, supplies, multiplies, and teaches. That Presence will perform every legitimate function of life, but It is only active in our life as we dedicate and consecrate ourselves to periods of meditation. Devotion and consecration are necessary to give us sufficient purpose so that we remember a dozen times a day to make no move without the realized Presence, or at least without an acknowledgment of It.” ~Joel

Prov 3:6

6 In all thy ways acknowledge him, and he shall direct thy paths.

“Turn the Praise over to God. I must say, ‘Thank you Father’ 100 times a day, or more... Gratitude for what was, and Is, and ever will Be is the perfect opportunity for reminding us to continue Letting God’s Will be done in All our Life’s activities.” ~Al

THE DAILY LESSON – March 24, 2015

“There are ample opportunities in any person's day for acknowledging the Presence. It is not too difficult to develop the habit of waiting for a second at every door we open or close to realize:

God is just as much on the other side of this door as He is on this side. There is no place where I can go today where the presence of God is not. Wherever I am, God is.

We can pause before eating to remember that we do not live by bread alone, but by every word that proceedeth out of the mouth of God. Therefore, as we contemplate the food upon the table, we can silently express gratitude for the Source of that food, for That which brought it to us: ‘Thy grace hath set my table.’

There is not a moment of the day when a spiritually alert person cannot find some reason to say, ‘Thank you, Father.’ Often there may be nothing for which to thank God except perhaps that the sun is shining, but even that is an acknowledgment of the Presence. Sometimes, when we are faced with frustrating or disturbing circumstances, we may wonder how we can praise God, but if we are awake in spiritual sonship, we can always find ways to acknowledge God. This continuous practice of the Presence, acknowledging God in all our ways, providing ample periods for sitting in the silence, and waiting for an inner feeling that the Spirit of God is moving, makes God the governing, maintaining, and sustaining principle of our entire experience. The real prayer of spiritual understanding is a prayer that God's gift of Himself may be given to us.” ~Joel

Ps 91:1

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

“The student of Christ's attitude will change from that of lack – to that of gratitude and praise.” ~Al

THE DAILY LESSON – March 25, 2015

“Infinity is within us at this and at every moment: all spiritual wisdom, all divine grace, eternity, and immortality--all of these are embodied within us at this and at every single moment. Let us begin to show forth this infinity. How? Begin to pour. Search around in your spiritual house, your consciousness, and see if you cannot find some biblical passage, some mite of love to express to someone, or a few drops of forgiveness. Find something in your house. Begin to let the few drops of oil you find there flow silently, secretly, and sacredly. Keep them flowing, and as you do, be receptive to what is unfolded from within. Do not attempt to make up statements or thoughts. Wait patiently in a relaxed state of receptivity for them to come to you. Soon a second idea will be added to the original thought. Contemplate both of them. Dwell upon their meaning; dwell upon their possible effect in your life or in the life of another. As you ponder these two ideas, sometimes gently, sometimes explosively, a third thought comes, something which you had not thought about before. And where are these ideas coming from? From within you. Remember they have always been there, but now you are letting them out. Within that Withinness is the storehouse that is your individual storehouse, yet it is infinite because it is God. The kingdom of God is within you, and in meditation you are drawing on it.” ~Joel

Mark 8:34,35

34 And when he had called the people unto him with his disciples also, he said unto them, Whosoever will come after me, let him deny himself, and take up his cross, and follow me.

35 For whosoever will save his life shall lose it; but whosoever shall lose his life for my sake and the gospel's, the same shall save it.

“Yes, The Spiritual Kingdom is Within us, but it is not only to provide for, and inspire the individual us. It is a Grand Activity of Love Loving – this Love is to be infinitely Let Out to Live wherever it wants to Be. You see? It is not just about each individual expression being comfortable. There is a bigger picture here of Love Loving...”

Remember unconditional Love has no ego, agenda or organization. It just joyfully Beams It's Way.” ~Al

THE DAILY LESSON – March 26, 2015

“If there is not enough love in your life, it is only because you are not loving enough, and that means that you are not tapping the infinite source of love within your own being. Let that love flow out: Love this world; love the sun, the moon, and the stars; love the plants and the flowers; love all the people. Let the love flow. That love which flows out from the infinite storehouse within you will be the bread of life which will come back to you.”
~Joel

Eccl 11:1

1 Cast thy bread upon the waters: for thou shalt find it after many days.

“All that I have is thine, dearest disciples of Christ. Loving you.” ~Al

THE DAILY LESSON – March 27, 2015

“Let truth flow out from you into this world. The more truth you release, the more truth you will have. You are the instrument through which God's truth is flowing out into consciousness. You do not know where this truth is going or whom it is blessing. You do not know who is feeling the love that is welling up within you, and it is not important that you should know because it is not your love; it is God's love. You are but the instrument through which it is flowing. Always begin your meditation by realizing that infinity lies within you, that you are seeking nothing to come to you; you are never seeking to get, to acquire, or to achieve; you are seeking only to let God's grace flow through you, the instrument, the Son of God.” ~Joel

Matt 6:10 Thy will

10 ...Thy will be done in earth, as it is in heaven.

“There is only one way to do God’s will [Spiritual Work] – and it has nothing to do with earthly work... According to The Lord’s Prayer, we are to do heaven’s Work by Being His Instrument. Be Love Loving. ~Al

THE DAILY LESSON – March 28, 2015

“Perhaps someone is looking to you for spiritual blessings. Do not begin by believing that you have not enough understanding or have not read enough books or have not had sufficient experience to help him. Begin with the two drops of oil you already have, and you do that by knowing the truth, not about the person, but about God:

How much truth do I know about God? I know that God is omnipresent, and that therefore, all God's presence and all God's power are flowing through me. Where God is, there can be nothing but good; there cannot be sin, disease, death, lack, or limitation. In God's presence, is the allness of good.

What else do I know about God? God is the only power. If God is the only power, there are no powers other than God; there are no negative powers on earth so there can be no power in this condition confronting me. God is the only life, life eternal and immortal without sin or disease, without blemish. God's life is perfect. God is love, and that love enfolds me. God's love is my protection, sustaining and maintaining me.

This is the way healing work is done: Go within; get quiet; become still until the peace that passeth understanding descends.” ~Joel

Phil 4:7

7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

“It’s important to know that when a person asks you for help it is because they have felt an impulse at that moment to do so. This is the Christ speaking in a way they can understand. (The Spirit moved them to ask you for help) You know what to do – and do it immediately... Thy Kingdom is come – and you, and they, are included in It’s Infinite Be-ing. ~Al

THE DAILY LESSON – March 29, 2015

“True spiritual healing is not something that takes place in the body or in one's affairs; it takes place in the consciousness of the individual as the soul is opened. It is a regeneration more than it is a healing. Everything embraced within consciousness--body, business, home--responds as the Soul is opened to the light of truth and to the activity of God acting as individual consciousness.

Actually, there is no spiritual healing apart from spiritual living, and there can be no spiritual living apart from the experience of God. God must be experienced; God must be communed with in our inner being. The Infinite Invisible which we call God and our individual identity which we call the Son are one. It is within us that a point of contact must be made so that an absolute conviction of this divine Presence can come to us. That conviction can only well up from within; and as this Spirit of God fills us, we feel a sense of peace, a deep breath within us, a release as of a weight removed; and then we go about our normal, daily life, serene, secure, resting in the bosom of the Father, because now God, the Son, has God, the Father, with him.” ~Joel

John 14:27 (to .)

27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you.

John 10:30

30 I and my Father are one.

THE DAILY LESSON – March 30, 2015

“God is not a healer of disease; God is *an infinity of being*. God is Spirit, and beside God there is nothing else. God's grace removes every obstacle from our path because the light of truth reveals that there never was power in the so-called obstacle. When we find our inner peace, we shall find that Omnipotence, omnipresent, is governing us, and all of the things which we feared--people or conditions--automatically disappear because of their nothingness. That is the miracle of spiritual teaching: It is not truth over error; it is not God over evil; it is not some great big God that does something to some even greater and more terrifying evil. A spiritual teaching is a revelation of God as infinite, individual being -as Spirit, omnipotent, omniscient, omnipresent-beside which there is no other. In that realization, darkness disappears, and light comes in.

John 4:21-24

21 Jesus saith unto her, Woman, believe me, the hour cometh, when ye shall neither in this mountain, nor yet at Jerusalem, worship the Father.

22 Ye worship ye know not what: we know what we worship: for salvation is of the Jews.

23 But the hour cometh, and now is, when the true worshippers shall worship the Father in spirit and in truth: for the Father seeketh such to worship him.

24 God is a Spirit: and they that worship him must worship him in spirit and in truth.

“The woman at Jacob’s well, was receptive to Jesus’ revelation of the Truth about the nature of God and prayer and the nothingness of error. She went home and gathered her neighbors to be lifted to further Light. Our focus must also be for this Truth to be revealed within us.” ~Al

THE DAILY LESSON – March 31, 2015

“He uttered his voice, the earth melted.’ If we become so proficient in the practice of the Presence that we can sit quietly with our attention focused on the Within, the still small voice will thunder, and the whole earth of evil will melt and fade out of our experience. It may come as an actual voice; it may come as a vision; but neither is necessary: Only one thing is necessary and that is to wait until there is a stirring or a feeling which is our assurance that God has uttered His voice. When that occurs, we shall find that discord is replaced by harmony, sickness gives way to health, and the people we meet are no longer human beings but children of God. As we contemplate God's presence, grace, and power, God utters His voice and the whole world of discord disappears.” ~Joel

Ps 97:5,6

5 The hills melted like wax at the presence of the Lord, at the presence of the Lord of the whole earth.

6 The heavens declare his righteousness, and all the people see his glory.

“In Stillness, Thy Kingdom is come, Thy will is done on earth as it is in heaven.

Thank you Father, for Your Loving Assurance is All I need...” ~al.within

THE DAILY LESSON – April 1, 2015

“Closer to me than breathing is my God, the All-Presence and the only Presence, beside whom there is no other presence. ‘The Lord is my light and my salvation; whom shall I fear? The Lord is the strength of my life; of whom shall I be afraid?’

What, then, is this discord that is claiming my attention, that I am fearing? Is it a person? No, God is the Father of all: ‘Call no man your father upon the earth: for one is your Father, which is in heaven.’ Therefore, all men are spiritual, endowed only with the qualities of God. God made all that was made and He called it good. In the beginning is only God. Has anything been added to God? Has anything been added to God's universe? No, and in that recognition, I cannot be hypnotized into seeing or believing that which is unlike God. God is the only creative principle of man. All that He creates is created in His own image and likeness, in the image and likeness of perfection.

The Father within me is the only power operating in this universe; the Father within me is the only power operating in this room; the Father within me is the only power operating within my own being. There is only God-being, the power of God which flows out into this world, blessing all whom it reaches, friend and foe alike.” ~Joel

John 4:24

24 God is a Spirit: and they that worship him must worship him in spirit and in truth.

Eph 4:4-6

4 There is one body, and one Spirit, even as ye are called in one hope of your calling;

5 One Lord, one faith, one baptism,

6 One God and Father of all, who is above all, and through all, and in you all.

“The only way we can be separated from God is in the mind [imagination] of man. God alone IS.” ~AI

THE DAILY LESSON – April 2, 2015

“He uttered his voice, the earth melted’ - the discord disappears. The inharmony and the person melt into His image and likeness. This person who was disturbing me, where is he now? He is not here; he is risen; he is risen out of the tomb, no longer the man of flesh, but the child of God. In the stillness, when I have silenced all human judgments as to good or evil, ‘a child is born,’ the realization of the Christ takes place, and ‘whereas I was blind, now I see.’ I behold the vision infinite-God, the Father; and God, the Son.” ~Joel

John 3:6,7

6 That which is born of the flesh is flesh; and that which is born of the Spirit is spirit.

7 Marvel not that I said unto thee, Ye must be born again.

“Being Lifted into Reality is seeing what God sees.” ~Al

THE DAILY LESSON – April 3, 2015

“God is maintaining and sustaining Its own life which is my life, the life of individual being, and God is maintaining that life now-not at some future time, but now. This body is the body that God gave me, a spiritual, eternal, and immortal body. God keeps my body in Its everlasting perfection. God is a continuous and eternal state of divine being, and that Being is my individual being, for ‘I and my Father are one.’ My body is an instrument for the activity of God, a fitting vehicle to show forth His glory. God is the very strength of my bones; God is the health of my countenance; God is my fortress and my high-tower, my safety and my security.” ~Joel

II Sam 22:33

33 God is my strength and power: and he maketh my way perfect.

Ps 62:5-7

5 My soul, wait thou only upon God; for my expectation is from him.

6 He only is my rock and my salvation: he is my defence; I shall not be moved.

7 In God is my salvation and my glory: the rock of my strength, and my refuge, is in God.

“We must step a little to one side and Let God have His Way with us.” ~Al

THE DAILY LESSON – April 4, 2015

“The earth showeth forth His handiwork; the heavens declare His glory. How can the heavens--the sun, the moon, and the stars--show forth that glory, and not man, who was given dominion over the sun, moon, and stars? Man shows forth the fullness of the Godhead bodily, not by struggling and battling to become that fullness, but only as he relaxes and lets the rhythm of God fulfill Itself in him. God's work is a complete work; man's work is to rest in it:” ~Joel

Rom 8:11

11 But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you.

Ps 46:10 (to :)

10 Be still, and know that I am God:

“There is a blessed Peace that comes over us when we feel the Truth of Being. Bask in the All-Knowing Presence with Me.” ~Al

THE DAILY LESSON – April 5, 2015

“God in the midst of me is mighty, and because God is in the midst of me, I need nothing; I lack nothing. Of myself, I have no ability; I have no understanding of my own, but God’s understanding is infinite. ‘He that is within me performeth that which is appointed for me. . . . He that is within me is greater than he that is in the world.’ I become the willing instrument of God, and through me, He utters His voice and the earth melteth.” ~Joel

Prov 3:5,6

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

“Father, I, of mine own self, can do nothing... Direct me... I am Your instrument – Be my voice...” ~al.within

THE DAILY LESSON – April 6, 2015

“I seek nothing for myself; I seek only to be used as an instrument to bring light to those still in darkness. I do not use Truth, but I permit Truth to use me. I let Truth flow through me to the nations of the world who are still seeking what they shall eat and what they shall drink and wherewithal they shall be clothed; but I live, not by bread alone, but by every word that proceedeth out of the mouth of God. Every truth that comes into my consciousness is the length of my days, my daily supply, and my wisdom and understanding. All I need or ever shall need is to hear the still small voice within me and rest in the rhythm of God.” ~Joel

Matt 6:33

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

“The Realization that I am Included in Omnipresence and therefore All Things are included in me is the Kingdom come, on earth As it is in Heaven.

Thank you Joel, for the clarity. Thank you Father for Love that makes it so...” ~Al

THE DAILY LESSON – April 7, 2015

“God's grace flows out into this world as an invisible Presence and as an invisible Power of blessing through me. I am that center through which that grace is bestowed upon the world--my world, God's instrument through which the divine wisdom, the bread of life, the wine of life, and the water of life are reaching mankind. The nations of the world seek bread, food, clothing, and housing, but ‘not ye, my disciples’-not I; I seek only the kingdom of God and I let God's grace flow through me.” ~Joel

Luke 12:29-31

29 And seek not ye what ye shall eat, or what ye shall drink, neither be ye of doubtful mind.

30 For all these things do the nations of the world seek after: and your Father knoweth that ye have need of these things.

31 But rather seek ye the kingdom of God; and all these things shall be added unto you.

“It is an activity of I Am that is heard deep within our Soul. It carries us to where we are needed and Loves without condition.” ~Al

THE DAILY LESSON – April 8, 2015

“The Spirit of God in me is the Christ. Its function is to heal, raise the dead, open the eyes of the blind--the materially and spiritually blind--and illumine human consciousness. ‘My peace,’ the Christ-peace, is given unto me and through me to the world. That is the function of the light that is pouring through me. The truth I am becomes the bread of life to this world which does not yet know its own identity. I, my divine Consciousness, become the wine and the water. This light which I am becomes the light of the world to the unilluminated and my presence a benediction.” ~Joel

John 8:12

12 Then spake Jesus again unto them, saying, I am the light of the world: he that followeth me [Love] shall not walk in darkness, but shall have the light of life.

“So, what is the Light of Life?

It is not an intellectual knowledge of the meaning of love. It is not something that can be acquired. It is the Activity – the actual act of Love Loving. It is Individual Being participating in Loving. It appears As the Christ Itself flowing forth.” ~Al

THE DAILY LESSON – April 9, 2015

“There is an eternal rhythm in the universe--’seedtime and harvest, cold and heat, summer and winter, and day and night . . . to everything there is a season, and a time to every purpose under the heaven.’ We become one with that eternal purpose and rest in the rhythm of God as we contemplate the eternal flow of God's grace. The rhythm of the universe flows through us:

The heavens declare the glory of God; and the firmament sheweth his handiwork. Day unto day uttereth speech, and night unto night sheweth knowledge. . . . Let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, O Lord, my strength, and my redeemer. PSALM 19:1, 2, 14” ~Joel

“Be still.

Surrender.

Wait.

Listen.

Hear.

Bask.

Repeat.”

~Al