

“THE DAILY LESSON”

is an activity of the study group found at: www.iwso.org
It is a progression of excerpts from tapes recorded by Joel,
or from his books or writings.

It is created each day as an experience of Grace, with
corroborating scripture and inspired comments from Al Denninger,
to take into your meditation and live with throughout the day.

Student’s note: There are words that are capitalized throughout this work. These
words are used as if it were a synonym for, or as an activity of God. Also, the portions
that are *italicized* are spontaneous meditations.

The subject for our current study is the complete book
“Living the Infinite Way”
By Joel S Goldsmith

THE DAILY LESSON – DECEMBER 14, 2015

“CHAPTER VIII

MEDITATION

Meditation is the way by which we attain the kingdom of God, and then life is lived by
Grace. The ultimate of meditation is a state of complete silence within. The question
naturally arises: For one who has not learned the art of inner silence, how is meditation
accomplished? Certain it is that it is not a simple thing to achieve, because it is difficult
to still the thinking mind. There is a way of meditating, however, which eventually will
lead to a cessation of thought, leaving one in a sublime state of inner quiet. In this
sacred and secret sanctuary of one’s own being, only those thoughts which are of God
enter.” ~Joel

Ps 46:10 (to :)

10 Be still, and know that I am God:

“Be still, rest in My Peace and open an avenue of Awareness.” ~Al

THE DAILY LESSON – DECEMBER 15, 2015

“There are many ways of meditating, but it is important for the beginner to avoid trying to accomplish something beyond his immediate understanding. In order to meditate successfully and without having disturbing, extraneous thoughts intrude, the mode of contemplative meditation is simple and will lead the student, step by step, into higher forms of meditation.

In contemplative meditation, the student transcends the desire to tell God anything or to ask God for anything. He contemplates the sun, moon, stars, and tides, and all growing and living things, remembering that the heavens and the earth are filled with everything of which man has need. He beholds all things as emanations of God, showing forth God’s glory, God’s law, and God’s love for His children. In this quiet, peaceful state, the reassuring words of Scripture are fulfilled: ‘Thou wilt keep him in perfect peace, whose mind is stayed on thee... In all thy ways acknowledge him, and he shall direct thy paths.’” ~Joel

“The first place I start is: *‘I can of mine own self do nothing, the Spirit within doeth the Work.’* It is surrendering, letting and acknowledging, right off the bat...” ~Al

THE DAILY LESSON – DECEMBER 16, 2015

“When we are in a peaceful, quiet, reflective mood in the country, in the mountains, or by the sea, we become aware of the wonder and beauty of the earth. ‘The heavens declare the glory of God; and the firmament sheweth his handywork.’ Often in the evening, out on the lanai, I contemplate the number and brilliance of the millions of stars overhead, noticing particularly the constellation known as the Southern Cross. The perfect regularity of its appearance is evidence of a law, an order, and an activity governing this event. So it is with the regular and orderly rising of the moon, the ebb and flow of the tide, and the succession of growing things each in its own season.” ~Joel

Ps 19:1

1 The heavens declare the glory of God; and the firmament sheweth his handiwork.

“Lift up thine eyes, and See the Hand of God shepherding Life.” ~Al

THE DAILY LESSON – DECEMBER 17, 2015

“Contemplating God and the nature of God’s work reveals an infinite law governing this universe, filling us with a peace that eliminates anxious concern. How useless it would be to pray for the Southern Cross to rise in the sky, or to pray for the tides to come in or to go out. Would it not be sinful to pray for flowers to bloom, when, before our very eyes, the mystery of life is unfolding, disclosing, and revealing itself effortlessly? The great prophets of old saw that man need do nothing about these great miracles except behold, enjoy them, and be grateful that there is an infinite Wisdom and a divine Love that has created all these things for Its own glory. This really means for your glory and for mine, because God’s only existence is as you and as me!” ~Joel

I Cor 2:12

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

“The nature of God is Omnipresence - and we are included in that.
Not by effort, but by My Spirit are we Free...” ~Al

THE DAILY LESSON – DECEMBER 18, 2015

“Certainly, if God has created the heavens, the earth, and the oceans, if God has stocked the earth with its good things, can we doubt for a moment that He created all of this for our use, for our pleasure and expression? The futility of praying or meditating for anything should at once be apparent when we perceive this invisible activity of Spirit, appearing outwardly as the harmonies of life.” ~Joel

Gen 1:1

1 In the beginning God created the heaven and the earth.

Gen 1:31 (to .)

31 And God saw every thing that he had made, and, behold, it was very good.

“So then – if we accept the first and last verses of Genesis 1, do we need to worry about the further details in between? You see? These details are the baubles [distractions] of this-world... None of which do we need to ask for. Our sufficiency is complete, and behold, it is very good.” ~Al

THE DAILY LESSON – DECEMBER 19, 2015

“As we engage in this spiritual activity of beholding God at work, day in and day out, we are brought to a state of consciousness where thought, of its own accord, slows down and finally stops. Then one day, in a second of silence, the activity or presence of God announces Itself to us, and we know that the kingdom of God *is* within us. From that moment, we no longer seek our good in the outer realm; we no longer feel compelled to depend on persons, things, or conditions.” ~AI

Matt 6:31-33

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

THE DAILY LESSON – DECEMBER 20, 2015

“Human experience takes place in a world of time and space, and this in itself precludes its being spiritual in nature. Therefore, let us remember that meditation may be about anything, so long as it is not of this world.” ~Joel

I Cor 2:14

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

“Can you describe the Infinite Invisible?... ~Al

THE DAILY LESSON – DECEMBER 21, 2015

“The universe of Spirit is an eternal activity of God. Anything that occurs in time or space, as we humanly understand it, should not be accepted at its appearance-value. Let us remember that every appearance of humanhood, good or bad, is a mental image in thought, actually without reality, law, substance, cause or effect. In this recognition, the limitations inherent in the five physical senses begin to drop away. We are enabled to ‘see’ deeper into consciousness and behold that which is – eternity in what appears as past, present, and future. We find ourselves unlimited in terms of ‘here’ or ‘there,’ ‘now’ or ‘hereafter.’ There is a going in and a coming out without sense of time or space, an unfolding without degree, a realization without an object.” ~Joel

John 16:33 In

33 ...In the world ye shall have tribulation: but be of good cheer; I have overcome the world.

“We can accept this-world as long as we want to.

We inherited the keys to the Spiritual Kingdom before Abraham was... Our Divine Inheritance awaits our Recognition. ~Al

‘Thank you Father, for every ray of Light I recognize along My Infinite Way.’” ~al.within

THE DAILY LESSON – DECEMBER 22, 2015

“In this consciousness finite sense disappears, and the vision is without boundaries. Life is seen and understood as unfettered form and limitless beauty. Even the wisdom of the ages is encompassed in a moment. This is the reality of immortality seen and understood. It is a vision of life without beginning and without end. It is reality brought to light. In this consciousness, there are no barriers of time and space. The vision encompasses the universe: It bridges time and eternity and includes all being.” ~Joel

Phil 4:13

13 I can do all things through Christ which strengtheneth me.

“There is an Infinite Way of Life. As in Heaven, so on earth...” ~Al

THE DAILY LESSON – DECEMBER 23, 2015

“This meditation on the activity of God in our experience can be carried on while engaged in almost any human endeavor. Whether keeping house or going to business, an area of consciousness can be reserved for the contemplation of God’s presence and activity. It is not necessary to leave the world to contemplate God’s grace, but only to take a little time during the busy days and nights to be close to God. Let us lift our thought to God, open our inner ear to hear the still, small voice and with our inner eye behold the universe of Spirit, even while our physical eyes are engaged in human activities. Then we are in the world, but not of it.” ~Joel

I Thess 5:17,18

17 Pray without ceasing.

18 In every thing give thanks: for this is the will of God in Christ Jesus concerning you.

“His is the only Light. We can see it with eyes open or closed and feel it with heart and Soul open. Develop a love for Practicing the Presence of God during every activity in our day and rest in His arms at night.

I can tell you this: things only seem to go right for me when I Let God do the work. My will rarely works out well in the long run and coasting along is always a big waste of time...

Thank you Father. I will remain focused on Your Will. And so, I cast my bread upon the waters and wait for my Good to come in Your time...” ~al.within

THE DAILY LESSON – DECEMBER 24, 2015

“The contemplation of God and of the operation of God’s law keeps the mind continuously stayed on God. Quietly, gently, and peacefully, the student is observing God in action on earth as in heaven; he is beholding the very glories of God; he is praising God, acknowledging God; and he is bearing witness to the fact that God’s grace is his sufficiency.” ~Joel

Isa 26:3 (to :)

3 Thou wilt keep him in perfect peace, whose mind is stayed on thee:

“My Peace is given unto us. All we have to do is bear witness.” ~Al

THE DAILY LESSON – DECEMBER 25, 2015

“Once we come to the realization that God’s grace is our sufficiency, we are living a life of continuous meditation. We pray without ceasing and yet never do we desire anything, tell God of any need, or try to influence God in any way. There is no strain, because we are not trying to accomplish or to acquire anything. In the realization that the grace of God, which has peopled this earth and has filled it with all good things for man’s use, is our sufficiency in all things, we are in a state of continuous prayer. The wisdom which is of God is our sufficiency; the love which is of God and which meets every need of this earth is our sufficiency.” ~Joel

John 6:48

48 I am that bread of life.

“The I which I Am is my sufficiency in all things.” ~Al

THE DAILY LESSON – DECEMBER 26, 2015

“Our only need is the realization of the nature of God and God’s government. The contemplation of this leads to other and higher forms of meditation and on to higher levels of consciousness. Eventually, we are led to that place in consciousness where meditation is a total silencing of thought, a complete state of awareness, in which there is an inner alertness, an inner awakening, a state of receptivity and expectancy, into which flows the realization of the presence of God. Beyond that, we need nothing. It is far better to have that realization than to have the entire world of fame and fortune, because that realization is the source and multiplier of loaves and fishes, appearing as health, wealth, companionship, and recognition. Whatever the immediate need may be, the presence of God is the fulfillment of that need.” ~Joel

Matt 6:33

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

“Infinite Supply should last a pretty long time.” ~Al

THE DAILY LESSON – DECEMBER 27, 2015

“In our ignorance we, as individuals, have become separated from the actual experience of God, and so we must ask that God reveal Himself. We must ask for wisdom, for light, for grace; but that is all. This form of prayer is wisdom; but the prayer which is a petition beseeching God for supply, security, or peace is foolishness in the sight of God. Supply, security, and peace are free gifts awaiting only the bringing of ourselves into harmony with God’s law.” ~Joel

I Cor 2:14

14 But the natural man [thinking he is separate and on his own to succeed] receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

“Father, I can of mine own individual self can do nothing. I realize that I can’t think this through... Or desire it happen... I must wait upon Your Word – Your Way. Where the Spirit is Realized, there is Liberty. And so I wait... .. I open an attitude of awareness to receive Your Love and Let It flow thought Me to where It wants to Be... Your Presence is Present in Me... I am Included in Your Being, and All that Is, is Included in Me. My heart soars and lifts those with Me. And they likewise. Thank you Father. I Am Loving... ..” ~al.within

THE DAILY LESSON – DECEMBER 28, 2015

“To review the nature of God’s work on earth and to realize that there is an infinite Wisdom and a divine Love governing this universe will bring such a great feeling of peace that we may well wonder what could have given us concern. The mere statement that God is infinite wisdom and divine love will not be of any great value. There must be the actual experience of an inner awareness which comes as a result of this contemplation of God.

As we persist in such contemplation, God will become an experience. We shall be living in the realization of God continuously flowing forth as our experience. With an unshakable conviction we shall know that the kingdom of God is within us. As a result of this higher state of consciousness, greater harmony of mind, body, purse, family, and community relationships appears in our experience. Let us rest in peace and quiet; let the grace of God fill our mind and soul, being and body, and with a smile, realize: *Thy wisdom is sufficient for me; Thy love satisfies me; I rest in Thee.*” ~Joel

Rom 8:5

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

“Practice the Presence, Be Love Loving and continually open out a Way for the Christ within to present Itself.” ~AI

THE DAILY LESSON – DECEMBER 29, 2015

“The only legitimate desire is a desire for a greater realization of God – for the things of God and the thoughts of God. God’s thoughts are not our thoughts, but God’s thoughts can become our thoughts, if we learn to contemplate God rather than to desire or to expect anything. Expectancy, itself, can be meditation, however, if that expectancy takes the form of watching the tiny bud unfold until it becomes the full-blown rose, of beholding the darkness of the night suddenly illumined by the glittering stars and the soft light of the moon, of waiting for the sun to rise and the fullness of its light and warmth to envelop us. But when expectancy implies that God shall move outside Its orbit to obey our directions, supplications, or personal desires and wishes, then such expectancy becomes a sin. Through meditation, the beauty, activity, abundance, joy, and peace of God’s grace reach us. In meditation we are enfolded in God.” ~Joel

Matt 18:18

18 Verily I say unto you, Whatsoever ye shall bind on earth shall be bound in heaven: and whatsoever ye shall loose on earth shall be loosed in heaven.

“As long as we see ourselves separated from God, it will be so in our experience. Pray for anything you want, as long as it is not of this-world... In other words: let God do the praying, and I Am Included therein.” ~Al

THE DAILY LESSON – DECEMBER 30, 2015

“God must love His children because He created the whole of the heavens and earth for them – for you and for me. It is more comforting to know that God loves us than to know that we love God. God’s love is expressed as our love. Without God’s love for us, we could not love God, because there is only one love, the love of God, and all love is of God. This realization of God’s love for His universe and for His children is a form of meditation in which there is no desire that God should love us more than He does, no feeling that God should be doing more than He already is doing.” ~Joel

Matt 6:10 Thy will

10 ...Thy will be done in earth, as it is in heaven.

“Father. Thy will is being done, right here, right now... Loving You.” ~al.within

THE DAILY LESSON – DECEMBER 31, 2015

“If there is any desire at all it should be that we may more greatly appreciate God’s love and what it is doing in our life, in our mind, in our Soul, in our body, and in our purse. Let us ponder the bounties that are on every hand and realize that none of these would be possible but for the love of god for His children. God has given us the sun that we may have light by day and the moon that we may have light by night. He has given us the earth and the seas that we may be fed; He has given us soft breezes that we may be refreshed. God has provided for our every need.” ~Joel

Ps 23:1

1 The Lord is my shepherd; I shall not want.

“Thank you Father. I am so grateful for Your unconditional Love that has been Expressed in so many Ways in my life... My Liberty has always been at the moment when I think not and Your Spirit is Present. I rest in the Assurance that Thy will be done... ... I wait with an attitude of Readiness to Serve and continue to Be Your Expression... ... Speak Lord, thy servant is listening and Loving.

*The New Jerusalem is just on the Horizon and beginning to come into Focus.”
~al.within*

THE DAILY LESSON – JANUARY 1, 2016

“Meditation is a contemplation of the infinite ways in which God loves us and the infinite forms of God’s love for His creation. We no longer turn to God for anything except for the joy of basking in His presence, in His grace, and in His love.” ~Joel

Rev 1:8 (to 6th ,)

8 I am Alpha and Omega, the beginning and the ending, saith the Lord, which is, and which was, and which is to come,

REALITY

Real Prayer,
Real Truth,
Real Love,
is without pause,
and without end

THE DAILY LESSON – JANUARY 2, 2016

“We need not be too concerned about our love for God; that will follow in a normal and natural way, and we shall find ways of expressing this love. It is not always those who speak most volubly of their love for God whose love is the greatest. The love of God, realized in silence and in secrecy, evidences itself in deeds of loving-kindness. In God’s love, there is no criticism, no judgment, and no condemnation.” ~Joel

Matt 6:5,6 (to ;)

5 And when thou prayest, thou shalt not be as the hypocrites are: for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, They have their reward.

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret;

Luke 17:21

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

THE DAILY LESSON – JANUARY 3, 2016

“In God’s love, there are no yesterdays. God’s love is flowing now. It cannot withhold itself, nor can it give itself. God’s love is a state of *is*, a state of being, and through the meditation and contemplation of God, this love of God permeates our consciousness. It is realized and felt to such an extent that prayer becomes the constant and continuing state of our being.” ~Joel

Isa 26:3,4 (to :)

3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

4 Trust ye in the Lord for ever:

“Rest in My Peace, Now and forever...” ~Al

THE DAILY LESSON – JANUARY 4, 2016

“Prayer is a contemplation of God’s love for His kingdom. It is a realization of God’s presence filling all space, an awareness of peace, joy, and abundance, an inner stillness and silence, a refraining from thought and desire. Prayer is beholding and witnessing God’s grace; it is a realization of *is*; it is the holy contemplation:

Where Thou art, I am; where I am, Thou art. ‘Son, thou art ever with me, and all that I have is thine.’ God’s grace is my sufficiency in all things; God’s love is enveloping me and this universe; God’s peace is upon this world. ‘The Lord is my shepherd; I shall not want.’ Wherever I am, the Lord is.” ~Joel

II Cor 9:8

8 And God is able to make all grace abound toward you; that ye, always having all sufficiency in all things, may abound to every good work:

John 10:10 I am,

10 ...I am come that they might have life, and that they might have it more abundantly.

THE DAILY LESSON – JANUARY 5, 2016

“Prayer is a contemplation of *is*. God *is*! Life *is*! Love *is*! Joy *is*! Prayer is an outflowing of gratitude that God has given us the heavens and the earth for our glory. Prayer is a heart full of gratitude for the still greater blessings in prayer yet to be revealed. ‘Thou wilt show me the path of life: in thy presence is fullness of joy; at thy right hand there are pleasures for evermore.’” ~Joel

Ps 23:2

2 He maketh me to lie down in green pastures: he leadeth me beside the still waters.

“We have been given the Garden of Eden with all the Good available that we can Behold. Thank you Father. Rest in the Garden, be grateful and share of the Gardens gifts. Do not toil in your distractions or give them power by perpetuating them.” ~Al

THE DAILY LESSON – JANUARY 6, 2016

“Within every individual, far, far within – deeply hidden behind the mask of personal selfhood – is that part of him which is *in* and *of* God. Actually, it is the God-Self unfolding as individual spiritual being.” ~Joel

Ezek 36:26,27

26 A new heart also will I give you, and a new spirit will I put within you: and I will take away the stony heart out of your flesh, and I will give you an heart of flesh.

27 And I will put my spirit within you, and cause you to walk in my statutes, and ye shall keep my judgments, and do them.

Luke 17:21

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

“Therefore, I Am that I Am. I Am Living As each Individual expression. Each Expression’s Life is God’s... As in Heaven, so on earth.” ~Al

THE DAILY LESSON – JANUARY 7, 2016

“This Self is never affected by any experience we may undergo – It is untouched by birth, age, or death. Throughout the ages this Self of you and of me is about the ‘Father’s business,’ unfolding and expressing in accordance with the divine plan. It never fluctuates or deviates from its eternal state of spiritual being and appointed work. This Self is our spiritual identity, through which the will of God is forever functioning. God’s grace is ever feeding and sustaining it. God is the wisdom, the very Life and Soul of individual spiritual being. God is our true identity and individuality.” ~Joel

John 15:7-10

7 If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you.

8 Herein is my Father glorified, that ye bear much fruit; so shall ye be my disciples.

9 As the Father hath loved me, so have I loved you: continue ye in my love.

10 If ye keep my commandments, ye shall abide in my love; even as I have kept my Father’s commandments, and abide in his love.

“And so it is, we Abide in His Love...

I have One Life, and it is His. I Am Love Loving...” ~Al

THE DAILY LESSON – JANUARY 8, 2016

“The stillborn child, the young soldier killed in battle, the multitudes destroyed by plague or epidemic – none of these experiences ever touches you or me or them. Behind these untoward occurrences, the Self, our true being, remains imperishable and imperturbable, unaware of the hypnotism of mortal sense. Under the spell of the hypnotism, the life of the subject continues undisturbed, untouched, and with no knowledge of the antics which the hypnotist induces his victim to perform. Awakening from the trance, the subject resumes his normal life with no awareness of what went on under the mesmeric spell. In just this way, awakening from the sense of illness, lack, or sin, the ‘I’ of material sense is dissolved. / live, yet not ‘I,’ not the human sense of ‘I’; now Christ lives my life.” ~Joel

John 18:36 My (to :)

36 ...My kingdom is not of this world:

Matt 6:31-33

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

“Be not distracted by appearances in this-world. Lift up the ‘I’ that I Am. Recognize the Truth of Being, and therefore, realize that you have always been Included in The Kingdom.” ~Al

THE DAILY LESSON – JANUARY 9, 2016

“Now our sufficiency is of God. No longer are we dependent upon any person or condition in the outer realm. God *is* our sufficiency. We look only to Him, to this ‘he that is in you,’ for all that is necessary in our experience. Now we understand that *I* will never leave you, nor forsake you. Now we know that God is our sufficiency in *all* things.”
~Joel

II Cor 3:3-5

3 Forasmuch as ye are manifestly declared to be the epistle of Christ ministered by us, written not with ink, but with the Spirit of the living God; not in tables of stone, but in fleshy tables of the heart.

4 And such trust have we through Christ to God-ward:

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

“Yes, except the Lord build the house, they labor in vain that build it. Let your Peace and your good be an activity of God, and not an activity of earthly effort. ~Al

THE DAILY LESSON – JANUARY 10, 2016

“The ability to commune with God is given us only by Grace, as the gift of God. Prophecy and divine healing are also gifts of the Spirit and come into expression as Grace quiets the reasoning faculties of the mind.

Under Grace, being is flooded with light, although not necessarily a visible light; the body is weightless and without sensation; there is a oneness with all life. This is not being a part of nature, or even a part of God, but rather being the very fabric of Life, Itself. Being flutters in the leaves of the tree and is the substance and flavor of its fruit. One feels himself to be the essence of the sea – the actual rise and fall of the waves, the ebb and flow of the tides, the beauty of the rocks, stones, and coral beneath the waters.” ~Joel

I Cor 1:3

3 Grace be unto you, and peace, from God our Father, and from the Lord Jesus Christ.

Matt 6:33

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

“If so be, the Spirit dwell in me, I am Included in all things, and All things are Included in me.” ~Al

THE DAILY LESSON – JANUARY 11, 2016

“All life is *one*. The one infinite divine Being surges through all being as one Life and one Love. One Soul unites all creation in Its embrace and is the life of all creation. This Soul is not separate or apart from any form of life. Soul is not *in* any being or form of being, nor is Soul separate from being, for Soul *is* Being.

I am not in the earth, or in the tree, or in the bird: I AM these. I AM the gentle movement of the clouds – yet more, the very fleeciness itself; I AM the brightness of the sun and its movement. I AM the breeze in the air, the swaying of palm fronds – yet the palm itself. I look out from the stars – but being also the sky, I hold the stars within me. Beneath is world upon world within my embrace – while I look out from these worlds to the stars above. I AM the life and color of the jade in my ring, and the consciousness of the organs of my body.” ~Joel

John 10:23-30

23 And Jesus walked in the temple in Solomon's porch.

24 Then came the Jews round about him, and said unto him, How long dost thou make us to doubt? If thou be the Christ, tell us plainly.

25 Jesus answered them, I told you, and ye believed not: the works that I do in my Father's name, they bear witness of me.

26 But ye believe not, because ye are not of my sheep, as I said unto you.

27 My sheep hear my voice, and I know them, and they follow me:

28 And I give unto them eternal life; and they shall never perish, neither shall any man pluck them out of my hand.

29 My Father, which gave them me, is greater than all; and no man is able to pluck them out of my Father's hand.

30 I and my Father are one.

THE DAILY LESSON – JANUARY 12, 2016

“There is no place where I leave off as the life of one or begin as the life or mind of another, because all is one. I flow through all, in all, as all. I AM also the flow. I AM in musical sounds, yet I AM the sound itself. Of all creation, I AM the essence, the fiber, the fabric, the form, the action, the very mind and the very life.” ~Joel

Gen 1:27 (to ;)

27 So God created man in his own image, in the image of God created he him;

I Cor 3:16

16 Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?

Gen 1:31 (to .)

31 And God saw every thing that he had made, and, behold, it was very good.

I Cor 8:6 (to ;)

6 But to us there is but one God, the Father, of whom are all things, and we in him;

“Who am I? I Am the Spiritual offspring, not what I see in the mirror.” ~al.within

THE DAILY LESSON – JANUARY 13, 2016

“The sun shines, and we say, ‘It is the sun’ – it never says so – *it is*. The trees grow; the stream runs on; the rain falls; the child is born. *We* say so – they never do!

The immortality of being is so evident that we need not say it is so. The harmony of being is by the grace of the Invisible and is not produced or influenced by our saying so.” ~Joel

Prov 3:5 lean,6 (to ,)

5 ...lean not unto thine own understanding.

6 In all thy ways acknowledge him,

II Cor 3:17 and,18 (to .)

17 ...and where the Spirit of the Lord is, there is liberty.

18 But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.

“Be still in an attitude of heightened Awareness. Be diligent, focus without effort, for I Am the Beholder and the Infinite Way Itself.

And all that is left is a smile...” ~AI

THE DAILY LESSON – JANUARY 14, 2016

“Not by *our* power of thought, nor our strength of will, but by the gentle Spirit, do the birds fly, the fish swim, and the dogs play. By It the moon shines, the tides rise, the couples mate, and the joyous being utters song.” ~Joel

Zech 4:6 Not

6 ...Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Zech 2:10

10 Sing and rejoice, O daughter of Zion: for, lo, I come, and I will dwell in the midst of thee, saith the Lord.

“I can of mine own self do nothing... I recognize the One Source of all Being as my Soul, my Within... I stand still, with great joy and peace, Beholding. ~al.within

THE DAILY LESSON – JANUARY 15, 2016

“Rest. By the still waters, rest. Lie down. In green pastures, lie down, nor say, ‘I am resting,’ or ‘I am lying down.’

‘My peace give I unto thee,’ only do not say it – *let* it be. ‘Underneath are the everlasting arms,’ only do not voice this thought – recognize it. ‘I will never leave thee, nor forsake thee,’ but say it not with thy lips – acknowledge it.” ~Joel

Prov 3:5 lean,6 (to ,)

5 ...lean not unto thine own understanding [effort].

6 In all thy ways acknowledge him, [Realize Infinite All-Inclusive Being]

Ps 127:1 (to :)

1 Except the Lord build the house, they labour in vain that build it: [Shut up and Let God do the Praying]

Matt 6:5-10

5 And when thou prayest [Acknowledge the I Am that already IS], thou shalt not be as the hypocrites are: for they love to pray [recite, expound and reason] standing in the synagogues and in the corners of the streets, that they may be seen of men [with great effort trying to ‘inform Omniscience’ and ‘earn’ It’s blessing]. Verily I say unto you, They have their reward. [sow to the flesh, and reap corruption, opinion and limitation]

6 But thou, when thou prayest [Realize the Omnipresent Truth of Being], enter into thy closet [be still], and when thou hast shut thy door [stop listening to the noise of your own understanding], pray to thy Father [Infinite Source and Being] which is in secret [within]; and thy Father which seeth in secret shall reward thee openly. [Grace appearing As]

7 But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking.

8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him. [Omniscience]

9 After this manner therefore pray ye: Our Father which art in heaven, Hallowed be thy name.

10 Thy kingdom come [There is only One Perfect Harmony and it already is Present!]. Thy will be done in earth, as it is in heaven. [Rejoice!]

“And all that is left is a smile... Thank you Father.” ~Al

THE DAILY LESSON – JANUARY 16, 2016

“Do not seek harmony or health, or even God. These are not to be found; they already are. ‘Be still.’ Only in deep silence, only in refraining from taking thought, only in the giving up of the struggle for God, for peace, for plenty, for companionship, can these be experienced. Do you ‘see’ what I am saying? God, health, abundance, freedom, friendship – these are not entities or identities – but *experiences*. And this *experience* of God is what comes to us only through the process known as meditation.” ~Joel

This completes the book: “Living the Infinite Way”, by Joel Goldsmith

II Cor 12:9 (to :)

9 And he said unto me, My grace is sufficient for thee:

“Pause, and Behold - I Am Included in Omnipresence.
Repeat... ..” ~Al

Dear Students,

Tomorrow we will start a new Book Study. I have selected: “The Thunder of Silence” by Joel Goldsmith. Thank you Father, for providing it for our use. Thy Grace is our sufficiency.

Love Loving,
Al Denninger

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