THE DAILY LESSON
is an activity of the study group found at: www.iwso.org
It is a progression of excerpts from tapes recorded by Joel,
or from his books or writings.

It appears each day, together with the addition of corroborating scripture
and inspired comments from Al Denninger,
to take into meditation and live with throughout your day.

Student’s note: There are words that are capitalized throughout this work.
These words are used as if it were a synonym for, or as an activity of God.
Also, the portions that are italicized are spontaneous meditations.

The subject for our current study is the complete book
“Practicing the Presence”
By Joel S Goldsmith

THE DAILY LESSON – April 30, 2015

“CHAPTER X

THE VISION TO BEHOLD

In the beginning in the Edenic days, man was complete, whole, and
harmonious-one with God. By the grace of God everything flourished, and
there was peace. What man is now striving to attain in his search for God is
the re-establishment of that Edenic state of complete peace and harmony,
a state in which we are not at war with one another, but in love with one
another; a state in which we do not deprive others, but share and give to
others.

The hope of man has been that by finding some supernatural power he
would be able to recapture that state of bliss on earth. It must be clear to
every thinking person, however, that in his attempt to find harmony, man
has been searching in the wrong way and in the wrong place. Individual
harmony and world peace will never be established by searching for some
supernatural power. Man’s need is to re-establish himself in his original
Edenic estate which is oneness with God.” ~Joel
Gen 1:31 (to .)
31 And God saw every thing that he had made, and, behold, it was very good.

Gen 1:26,27
26 And God said, Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth.
27 So God created man in his own image, in the image of God created he him; male and female created he them.

“The I that I Am is God’s infinite Omnipresence individually expressed. The I that I Am is His Instrument - on earth as it is in Heaven.” ~Al
“Hundreds of years of frustration and failure should have proved to the world that it is not the work of a God to do this for us: *It is our work to do it for ourselves by establishing that original relationship of oneness.* The Master said, ‘Ye shall know the truth and the truth shall make you free.’ Nowhere does he indicate that this is God’s responsibility. Time and time again he reiterates that it is our responsibility: ‘Ye shall know the truth . . . Ye shall love the Lord thy God . . . Ye shall love thy neighbor as thyself . . . Ye shall pray for the enemy . . . Ye shall forgive seventy times seven . . . Ye shall bring the tithes into the storehouse.’ In no place and at no time does he place the responsibility for our sense of separation from God upon God, but upon us. To us is addressed the entire teaching of Jesus Christ--not to God, to us.” ~Joel

Matt 6:33 (to ;)
33 But seek ye first the kingdom of God, and his righteousness;

“Our Good lives in the Awareness of the Omnipresence of God [Feeling Love’s Activity here and now].
All is well. Thank you Father.” ~Al
“Lest, however, we should flounder, the Master has given us the way, the where, the when, and the how of this demonstration of unity: The way is prayer; the where is the kingdom of God within us; the when is now-this moment of Christhood; the how is action. At first, the secrets that have been given to the God-inspired men and women of all time can only be taught by imparting that which is called the letter of truth. Through the letter of truth, we learn to stop that aimless searching for God, that fruitless praying to a far-off God for something, that senseless wishing and hoping that some form of worship will be sufficiently pleasing to God to influence Him in our behalf; and we come into a recognition, not only that there is a God, but that God is the inner Self of our own being, a God not separate and apart from us to be worshiped from afar off, but actually a God closer than breathing, nearer than hands and feet.” ~Joel

Luke 17:20,21
20 And when he was demanded of the Pharisees, when the kingdom of God should come, he answered them and said, The kingdom of God cometh not with observation:
21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

“And so It Is.

The “action” Joel is talking about here is not effort. It is opening an avenue of awareness – in other words, having an attitude of: speak Lord, thy servant heareth... and then Stop and Listen and Let.” ~Al
“The correct letter of truth keeps us from indulging in idle daydreaming or in the false hope that some miracle is going to bring God or his messenger down on a cloud to wave a magic wand, and then all our troubles will disappear. On the contrary, this simple truth of the Master causes us to withdraw our gaze from upward and outward and turn it in the only direction in which we can find peace and harmony-within ourselves. When our attention has shifted from the outer to the inner, we can take the next step taught by every great master: Seek Me within; seek; knock; if necessary plead, but always within.” ~Joel

Matt 7:7
7 Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you:

TRUTH is within ourselves; it takes no rise
From outward things, whate’er you may believe.
    There is an inmost center in us all,
    Where truth abides in fullness; and around,
    Wall upon wall, the gross flesh hems it in,
    This perfect, clear perception – which is truth.
    A baffling and perverting carnal mesh
    Binds it, and makes all error: and, to KNOW,
    Rather consists in opening out a way
Whence the imprisoned splendour may escape,
    Than in effecting entry for a light
    Supposed to be without.
~Robert Browning
“The vision of oneness must ever be a beacon light on our upward path: ‘I and my Father are one.’ Through inner contemplation of the Father within, ultimately, ‘I and my Father’ mold and melt into one, and that ancient unity is established. Now, ‘I and my Father are one’ is no longer an intellectual perception, but ‘I and my Father are one’ becomes a demonstrable relationship, visible in its fruits. No longer do we seek for favors; no longer is there any need of favors; the Spirit within is unfolding, revealing, and disclosing Itself, acting in and through us. The world's acceptance of a power of good and a power of evil no longer enslaves us; we rest serenely at peace in one power. There are no powers to fight; there are no powers to fear! That is why we do not have to pray for some great power to do something. Those things which for centuries the world has considered power and for which it has been seeking a God, are not power. The power is in the still small voice.” ~Joel

Isa 32:17
17 And the work of righteousness shall be peace; and the effect of righteousness quietness and assurance for ever.

“Peace be with you, not as the world knoweth, but the Peace that passeth all human understanding. The Divine Assurance [Inner Feeling] that All is well. I Am included in God’s Light. All that the Father has is Mine – it always was, and always will Be... Be still and Bask in His Presence.” ~Al
“At some period or other in this search for God, that indissoluble union with the Father begins to be recognized and felt. The letter of truth becomes less important and the Spirit becomes the vital thing. The Spirit which we have known only through the reading of books now comes alive in us, and we live truth. These truths, lived and practiced, become the very presence of God. God is revealed as the creative, maintaining, and sustaining principle—not our servant or our tool, nor something existing for the purpose of bestowing favors upon us, but the infinite wisdom of this universe, the divine love unto all that is. Now the Messianic message given to the world two thousand years ago is beginning to be fulfilled in us: God is love. No God can operate in our experience except through love, and we must become the instrument through which that love is permitted to escape. Henceforth, the commandment ‘Thou shalt love the Lord thy God with all thy heart and thy neighbor as thyself’ will have no significance to us except in proportion as we are loving. This commandment has been known for thousands of years. Today-now, in this moment of Christhood-this teaching should be put into action; there should be an end to the meaningless repetition of those words. Now that the commandment must be brought down into the heart and lived, implemented by obedience to the Master's injunction: ‘Do unto others as you would have others do unto you. . . . Forgive seventy times seven. . . . Do not condemn. . . . Do not judge.’”

~Joel

Il Cor 3:15-17 (to .)
15  But even unto this day, when Moses is read, the veil is upon their heart.
16  Nevertheless when it shall turn to the Lord, the veil shall be taken away.
17  Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

“Where the Spirit of the Lord is, there is an activity of Love. Watch Love Loving. Be Love Loving.” ~Al
THE DAILY LESSON – May 6, 2015

“There is no miracle-God except the miracle that becomes evident in the living of our oneness with God. That is the miracle. Knowing the truth with the mind does not guarantee that it will be put into action: It is when truth seeps down from the mind and penetrates the heart that the Spirit reigns, and love is enthroned. The letter of truth serves as a reminder to bring us into the livingness of that truth. There are times when, through a sense of separation from God, truth seems to be so far away that we must sit down and, by engaging in a discussion with ourselves, consciously remember that the Lord in the midst of us is mighty:” ~Joel

Rom 8:9 (to .)
9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

“Father, I can of mine own self do nothing. It is You [the Spirit Within] that doeth all work. I rest and surrender and let Your Truth flow through my heart... Thy Will be done, Father. All that Thou hast is mine…” ~Al
“What am I looking for? A god somewhere? No, God's in His heaven, and all is well with the world. God is already about His own business, and the Son of God is already about the Father's business.” ~Joel

Matt 28:20 lo
20 ...lo, I am with you alway, even unto the end of the world. Amen.

“The Garden is Abundant and awaiting our use…” ~Al
THE DAILY LESSON – May 8, 2015

“What am I seeking? A mythological God up in the sky? A statue? A graven image? Am I looking for a man or a woman to influence God in my behalf? No, I and the Father are one, and only in my oneness with God can I have the peace that I desire; only in the fulfillment of that oneness, of that love, which exists between God and the Son of God, and between the Son of God and God; only in the realization that my heavenly Father is closer to me than breathing, and nearer than hands and feet, and that it is His good pleasure to give me the kingdom—only in that, does a love flow out, a love that seems to be flowing from me to God and from God back to me, but which is actually an interaction within the oneness of my being in the realization of my oneness with the Father.” ~Joel

John 4:23 (to :)
23 But the hour cometh, and now is, when the true worshippers shall worship the Father in spirit and in truth:

“The Father Within is Infinite and is closer and nearer than is possible in the finite body, but we surely can be Aware and tuned in. His Presence felt in Spirit, and in Soul and in Conscious Oneness. Soul to Soul, Spirit to Spirit…” ~Al
“The Master taught that human beings of themselves can do nothing, but human beings reunited with the Father within them-no longer two but one-can do all things, and they are the eternal and immortal Sons of God. When the Spirit of God is upon us and dwells in us, then do we become the Sons of God. And who can do this for us but we ourselves? The way has been given to us and that way is prayer and meditation. It is an enlightened form of prayer such as Elijah taught Elisha: Look up and see if you can behold me rising on a cloud. Lift up your eyes unto the hills from whence cometh your help. Behold the kingdom of God within you.” ~Joel

Phil 4:13
13 I can do all things through Christ which strengtheneth me.

“Stop often today – surrender your ego and all the noise from outside direction – step aside a just little, look Within and Watch Christ Live your Life. Watch as all your Good unfolds exactly as you have need for it. Rejoice, dear friends, for Now are you the Sons of God Realizing your inheritance.” ~Al
“Elisha sought to succeed to the mantle of Elijah; he longed to be a great prophet—he wanted that robe of Christliness. When Elijah was about to rise into a higher state of consciousness, Elisha asked one great favor of him, that ‘a double portion of thy spirit be upon me’—that Elijah’s mantle be given to him. But Elijah, one of the very great, spiritually illumined souls of all time, knew that he could not give his mantle to Elisha, but that Elisha could earn it—could deserve it, be worthy of it, be ready for it—and he told him how: ‘If thou see me when I am taken from thee, it shall be so unto thee’—if when I rise out of sight, if you behold me as I am, rising on a cloud out of sight, then my mantle shall fall upon your shoulders.” Joel

Gal 4:12-14
12 Brethren, I beseech you, be as I am; for I am as ye are: ye have not injured me at all.
13 Ye know how through infirmity of the flesh I preached the gospel unto you at the first.
14 And my temptation which was in my flesh ye despised not, nor rejected; but received me as an angel of God, even as Christ Jesus.

“Beholding me as I am can be summed up in a word. Impersonalize… We must see our neighbors as God sees them.” ~Al
THE DAILY LESSON – May 11, 2015

“Elijah could not bestow his great spiritual wisdom even upon Elisha, but Elisha could achieve that spiritual consciousness for himself if his vision could rise so high that he could recognize that there is no death; there is no separation: There is only a rising in consciousness. If he himself could ascend to that supreme height of consciousness, then he would be a prophet of the stature of Elijah. In this he succeeded. Elisha was illumined to such an extent that he saw Elijah rising in a whirlwind into heaven, and by virtue of his conscious oneness with God, he saw the immortality of individual being and the eternality of man in its fullness and completeness.

The responsibility is upon us to behold the vision and then to put it into action. Teachers there have ever been and always will be; the illumined we have always had with us; but the Master said that the workers are few. The laborers are few who are willing to become reconciled to God, who are willing to contemplate the Soul within themselves and then let it flow out in deeds of love. ‘If a man say, I love God, and hateth his brother, he is a liar: for he that loveth not his brother whom he hath seen, how can he love God whom he bath not seen?’ If the Master had not washed the feet of the disciples, the world never would have learned that the function of the Master was to be a servant. The function of the illumined is to serve those who do not yet know their true identity. Our function, as seekers after God and as truth students, is not to be a master over multitudes, but to be a servant unto multitudes--not to take from the multitudes; but to give unto the multitudes.” ~Joel

Rom 12:2-3
2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.
3 For I say, through the grace given unto me, to every man that is among you, not to think of himself more highly than he ought to think; but to think soberly, according as God hath dealt to every man the measure of faith.

“Are you willing to take no thought for your “self”, Recognize our True Identity and serve as God’s Instrument?” ~Al
THE DAILY LESSON – May 12, 2015

“The kingdom of God is neither ‘Lo here! or, Lo there!’ but within our own being. And how do we find that kingdom? By love: Love this Lord that is in the midst of you and demonstrate that love by your love for your neighbor, the neighbor who is not only your friend, but the neighbor who is your enemy and the neighbor who despitefully uses you and persecutes you. According to the Master, it is better to give time and attention to one lowly sinner than to the ninety and nine who are managing very well on their own. As long as there is any individual, be he saint or sinner, reaching out for help, it becomes our obligation and our duty to answer that call. Everyone is not ready to respond on the spiritual level for he may not be ready for the complete unfoldment of spiritual truth, but because he is our neighbor, we can at least help him on his level of consciousness while he is evolving to a higher state of consciousness. Let us, with patience, wait for the one or two to come to us-the twelve, the seventy, the two hundred—and then share this bread of life with them, share the wine and the water. These are the ones who will be able to appreciate its taste; they will enjoy it and, moreover, they will be able to assimilate it.” ~Joel

Mark 12:30,31
30  And thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength: this is the first commandment.
31  And the second is like, namely this, Thou shalt love thy neighbour as thyself. There is none other commandment greater than these.

“Patience,
Sharing
and Caring.

Waiting,
Saving
and Beholding.

Appreciating,
Praising
and Supporting.
Lifting,  
Holding  
and Forgiving.

Healing,  
Teaching  
and Raising.

All Christ appearing As,  
All God’s expressions, 
All I Am that I Am.

Rejoice forevermore,  
Love Is!”
~Ai
“Let us hold that which we have as a pearl of great price and show it to the world by a living of it rather than by a talking about it. When someone comes, who is attracted not just by the loaves and fishes, but who perceives the nature of this truth, and asks for bread, wine, water, and life eternal, let us share it to the fullest extent of our ability. No one is ever going to be called upon to do something greater than his understanding because the only call is to sit peacefully and quietly until the Spirit of the Lord God is upon him, and then he can voice anything that comes to his lips, or voice nothing at all.” ~Joel

Luke 6:45 (to ;)
45 A good man out of the good treasure of his heart bringeth forth that which is good;

“Love is reflected in Love.” ~Al
“Love is the answer; the love of God, the love of truth, and the love of our neighbor. From this time forth, it should be the function and the mission of those of us who are practicing the Presence to reveal that God is experienced only in proportion as God is expressed. God is experienced in proportion as God is permitted to flow out from us in the form of love, truth, service, and dedication. The power of love must be released from within ourselves.” ~Joel

II Cor 3:16,17
16 Nevertheless when it [we] shall turn to the Lord, the veil shall be taken away.
17 Now the Lord is that [Experience of] Spirit: and where the Spirit of the Lord is [Felt], there is liberty [Love Loving].

Loving you, Al
THE DAILY LESSON – May 15, 2015

“The presence of God is made available on earth as it is in heaven through the experience of conscious union. That calls for as great an effort and as much wisdom as Elisha demonstrated when he beheld his master rising in a whirlwind, or as limitless vision as the disciples had when they witnessed the Transfiguration. The Master was capable of transfiguration, but something was necessary on the part of the disciples for them to have the vision to behold it. The Master could not reveal transfiguration; he could only experience it: The revelation had to take place in the consciousness of those who were present in order for them to be able to witness it.” ~Joel

Matt 6:10
10 Thy kingdom [Is] come. Thy will be done in earth, as it is in heaven.

Rom 8:9 (to .)
9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

“Dwell with Me now, in the Secret Place of the Most High – and We shall be Included in Christ Consciousnes.” ~Al
THE DAILY LESSON – May 16, 2015

“Many miracles may occur in our experience, but only those who are themselves sufficiently attuned to behold them will be conscious of what has happened. Do we have eyes and do not see? Do we have ears and do not hear? The miracle of Transfiguration is awaiting our beholding. It is taking place in this world every day, every minute of every day, and at the very place where we are standing, if we can but open our eyes to behold the vision of that which is. The Transfiguration is not an experience of two thousand years ago, nor is the Crucifixion, the Resurrection, or the Ascension. Those are experiences that are occurring every moment of every day, wherever there is an illumined soul to behold them.” ~Joel

Rom 8:14
14 For as many as are led by the Spirit of God, they are the sons of God.

“Lead me Father...” ~ al.within
THE DAILY LESSON – May 17, 2015

“This very place upon which we stand is holy ground, if we have the vision to behold Elijah rising, if we have the vision to behold the Master in the experience of Transfiguration, if we have the vision to behold the Resurrection and the Ascension. It is all up to us: It is up to you; it is up to me. To what degree do we want to see transfiguration? To what degree do we want to witness resurrection and ascension? To that degree will be the experience of it. The means of it? Prayer—the prayer of inner contemplation, the prayer of inner meditation, the prayer of expectancy which always knows that, at any moment, the Father is revealing Itself; in every moment, the Father is revealing Itself.” ~Joel

Acts 7:33
33 Then said the Lord to him, Put off thy shoes from thy feet: for the place where thou standest [right now] is holy ground.

“Immerse yourself in an attitude of expectancy.” ~Al
"God cannot force Itself into anybody's mind or heart or soul. It is the individual who must open himself to God. The life of Gautama, the Buddha, illustrates this point. On the day when Gautama first realized that there was evil in the world--sin, disease, poverty, and death--he was horrified, tormented to such an extent that he left his princely position, his enormous wealth, and probably, what is more important to any man, his wife and child. He left all of that and wandered away as a beggar, seeking truth for the one purpose of discovering the great secret which would remove sin, disease, and limitation from the earth.

This was such a passionate call with him that he followed any teacher and any teaching which promised to lead him to the answer. For twenty-one years he roamed and wandered, sitting at the feet of first one teacher and then another, following the practices of one teaching after another, always with but one heart-hunger: What is the power that will remove these evils from off the earth? And when he had given up all hope that the teachings and the teachers would reveal this to him, having seated himself beneath the Bodhi tree, he meditated day and night until the great revelation was given to him: These evils are not real, they are illusion; people accept them and then hate, fear, love, or worship them, when actually they have no existence except in the mind of man. The mind of man has created the evil conditions of the world and the mind of man perpetuates them.

It was not God who forced Himself upon Gautama and made him the enlightened Buddha. It was Gautama's devotion to the search for God, his passion for it, which was evidenced by his sacrifice of himself and his willingness to travel the length and breadth of India, seeking wherever there might be some small facet of truth until, in that moment, when he rose to a sufficient degree of spiritual illumination, truth revealed itself to him."

~Joel

Matt 6:33
33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

“I surrender Father… May thy Will be done… Speak Lord, thy servant heareth… … …” ~al.within
“We do not actually know what led Christ Jesus to the experience which ultimately established him in his full Christhood, but this we do know: When he came to reveal what he had learned, he said, ‘Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you,’ indicating that it is in the degree that we seek and knock and plead, in the degree that we make a way within ourselves that the answer will be given to us. It will not come by sitting and waiting aimlessly and superstitiously for some God to force Itself upon us.”  ~Joel

Luke 11:9,10
9  And I say unto you, Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you.
10  For every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened.

“You know where the Spirit is – so let’s not get distracted from the Truth.”
~Al
“If we wish to become a master of music, of languages, or of art, God can inspire us; but we must dig, search, study, and practice, until that which we are seeking opens up within our own being. I do believe that it is God who plants in us the desire to find Him, and that without God's performing that initial function, we never would succeed. There is a power of God in each one of us forcing us to ‘knock and seek,’ but there is no God that can do it for us: No God can save us the years of sitting alone and working alone, trying to penetrate the veil in order to rise to that higher state of consciousness where we, too, can behold the risen Jesus, the ascended Christ. Only God could make Gautama stay on that path for twenty-one years, but only Gautama could persist and fight and pray until the veil parted and the vision became clear.” ~Joel

Matt 6:6
6 But thou, when thou prayest [seek the Kingdom of God], enter into thy closet [within thy heart] and when thou hast shut thy door, [still the distractions of this-world], pray [Love] to thy Father which is in secret [unconditionally]; and thy Father which seeth in secret shall reward thee openly [you will Real-ize you are Included in All things].

“Above all else – continue onward and Upward. Your name is written in Heaven.” ~Al
THE DAILY LESSON – May 21, 2015

“So with us. No miracle-working, far-off God will come down to earth to change us and reveal Its wonders and Its glories while we sit idly by as spectators. The burden is upon you and upon me. The very fact that we can sit for hours at a time, quietly, and at peace with the message of God is proof that the Spirit of God has touched us and has invited us to the feast. The degree of knocking, searching, seeking, and pleading, and the degree of intensity with which we knock, search, seek, and plead will determine the degree of the vision we behold. Some will see a little, and some will see a great deal, and some will see it all--in the degree.” ~Joel

Jer 29:13
13 And ye shall seek me, and find me, when ye shall search for me with all your heart.

“Keep focused on the Principal.” ~Al
“Above all things, success will depend upon secrecy. Secrecy and sacredness go hand in hand. If the search for God is sacred to us, we shall never permit it to be defiled by exposing it to the profane. We will not wear a sacred robe in public, nor put on a sanctimonious face before our friends. Outwardly, we shall appear to be as all other men and women, but inwardly, we shall remember the sacred nature of the search for God and hold it a secret to be seen only by its fruitage, but never by our voicing it, nor by our trying to proselyte. That does not mean that we should withhold the cup of cold water, but having offered our cup of cold water, let us remember that those to whom it has been offered will have to drink of it for themselves, and they must be the ones to come back and ask for more.”

~Joel

Ps 91:1,2

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.
2 I will say of the Lord, He is my refuge and my fortress: my God; in him will I trust.

“Trust the Infinite Omnipresent and Love our neighbor’s without condition, simply for the sake of Loving.” ~Al
“Everyone is entitled to whatever measure or kind of religion he may want, or he is entitled to have none. That is the freedom which we must give to each other-to let each have his own will within himself until that seed is planted that sends him out in search of the Holy Grail. If we hold the Christ-child within ourselves and never expose it, the fruitage of it will be so glorious that we shall be sought out, a nation sought after, and people will want to eat of our fruit, meat, and bread, and to drink of our water.” ~Joel

John 12:32
32 And I, if I be lifted up from the earth, will draw all men unto me.
“The object of the search-union, to be united again with that from which we became separated after the expulsion from the Garden of Eden, or after the experience of the prodigal son. When the prodigal reaches that last mile, that last depth of poverty, then it is that his footsteps turn back to the Father’s house, to be reunited with the Father. That is not an experience in time or space; that is an experience which takes place within your consciousness and mine. When we have reached that last place beyond which there seems to be nothing but despair, even death--when we have reached that place, something within us turns us to the spiritual life, and then slowly we begin to travel the path back to our Father’s house.” ~Joel

John 3:6,7
6 That which is born of the flesh is flesh; and that which is born of the Spirit is spirit.
7 Marvel not that I said unto thee, Ye must be born again.

“The flesh that thinks it can do things, of its own self, must be surrendered and Raised in Spirit.” ~Al
“We, who are aspirants on the spiritual path, have reached the place where we know that the kingdom of God is to be found within ourselves: We have reached the place where we now know that all of the outer forms are useless in our search; we have reached the place where we know what we are seeking--reunion with That from which we seem to have become separated. That cannot take place outside our own being. No one can do this for us. Only in our inner meditation, in our inner contemplation, can we find it, when inwardly we have become gentle and when we feel a depth of love that would almost make us open our arms to take the whole world in, as Jesus would like to have done for Jerusalem: ‘Oh, how I would love to put my arms around you and draw you in, but ye would not. Come to me and feel the warmth of love.’ We, too, shall find that they would not, they will not--except the few.” ~Joel

Matt 7:14
14 Because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it.

“Rejoice dear friends. For we are Blessed indeed... The Way is clear. Keep focused.” ~Al
“We, who are practicing the Presence, are of the few who know what ultimately will save the world. It is above all things the acknowledgment that no man on earth is our father: There is one universal Father within us, and united with Him, we are united with every spiritual child of God throughout the world. Our love for God constitutes our love for the people of the world. We no longer hate; we no longer fear. We need not punish; we need not seek vengeance: We need only withdraw into ourselves and contemplate our oneness with God and with one another.” ~Joel

Rom 15:5-7
5 Now the God of patience and consolation grant you to be like-minded one toward another according to Christ Jesus:
6 That ye may with one mind and one mouth glorify God, even the Father of our Lord Jesus Christ.
7 Wherefore receive ye one another, as Christ also received us to the glory of God.

Matt 6:10
10 Thy kingdom [is] come. Thy will be done in earth, as it is in heaven.

“I Am standing with you…

Stand with Me and let us be a Lamp unto the world.” ~Al
THE DAILY LESSON – May 27, 2015

“Our function is to love, to love all men with a love which stems from the realization that our union with God constitutes our integrity. In this love, there is no temptation to resort to devious means such as lying, cheating or chicanery in a futile effort to maintain ourselves because, in our union with God, we have access to the mind of God which is infinite intelligence and the source of all life, truth, and love. We are fed, not by our position or our accumulated wealth, but by the bread which is within our own being, by the wine, the water, and the meat.

This is the secret which heals disease, reforms sin, overcomes lack and limitation, and unites us, not only with our immediate circle, but with every individual on the face of the globe, even if those individuals have not yet become aware of us or of the love that we feel for them, and even if they have not yet become aware of the fact that we have drawn a circle and included them in that circle. They may not immediately know it but we know it, and our knowing it is sufficient because that knowledge transmits itself to those included within that circle.” ~Joel

John 13:34 (to 2nd ,)
34 A new commandment I give unto you, That ye love one another; as I have loved you,

“The instant we see Individual Being as included in the Omnipresence of God, it must be true that all are Included. There are no exceptions.” ~Al
THE DAILY LESSON – May 28, 2015

“We sit inside ourselves looking out upon the world without the use of force of any kind, even mental force, withdrawing all opposition; and this renunciation of the use of the world’s weapons is the only means by which peace on earth will be established. It may take years; it may take centuries before He come whose right it is, that is, before this is demonstrated on earth as it is in heaven, because there are only a few people out of the billions on earth who are consciously practicing the Presence. That little leaven, however, must leaven the whole lump.” ~Joel

Matt 5:39 (to :)
39  But I say unto you, That ye resist not evil:

Luke 13:20, 21
20  And again he said, Whereunto shall I liken the kingdom of God?
21  It is like leaven, which a woman took and hid in three measures of meal, till the whole was leavened.

“Learn to Love without condition.” ~Al
THE DAILY LESSON – May 29, 2015

“Do you not see that if what you are reading is true and you feel it, you will be inspired to live this truth? Then can you not also see that wherever you are in time or space, if you so love God that you will spend many periods a day, even brief ones, tabernacling in the temple of your own inner being with this Presence, one here and one there will be drawn to you? As an individual, you may believe that you can do nothing; you are only one in four billion. But if you look at the great spiritual lights of the past, you will understand how untrue that is, because you will see how one individual called Gautama, the Buddha; one individual called Jesus, the Christ; one individual like St. Paul influenced not only his own generation but the generations that followed him and will influence generations yet to come. Think of the widespread influence that just one individual can have through God's grace--one individual whose only purpose in life is to find God and to solve the mysteries of life.” ~Joel

John 8:31,32
31 Then said Jesus to those Jews which believed on him, If ye continue in my word, then are ye my disciples indeed;
32 And ye shall know the truth, and the truth shall make you free.

“So then, we must all get on with it – and Open out a Way today to do the Father’s Work.” ~Al
THE DAILY LESSON – May 30, 2015

“This is the message I give you: I do not care how great you are or how mighty--of yourself, you are nothing. I do not care how small you are or how insignificant--you are nothing, until the grace of God touches you, until the Spirit of God dwells in you, until the finger of the Christ has moved you. From then on, you are infinite--infinite in expression, infinite and eternal in life, infinite in power, infinite in experience, infinite as an example and as a way-shower. But never is it you, never is it I: It is the Spirit of God which can find outlet only as human consciousness, as your consciousness and mine. All the truth of the world remains hidden except in proportion as it can find a human consciousness through which or as which it can flow out to the world of men.” ~Joel

Rom 12:1,2
1 I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.
2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

“The Will of God, for those on this path, is to unconditionally listen and unconditionally Love.” ~Al
“Whatever or wherever your community is, this truth may remain locked up in space unless someone in that community is the instrument which gives it outlet there. God does not act without a consciousness through which to act: God must have saints, sages, and seers. Let us put it this way: God must have lowly carpenters; God must have mighty princes; God must have simple housewives: Of these, God makes saints or sages to send out into the world to carry the light. Almost all those who have attained any degree of spiritual stature in the world have been the little nobodies of the world, and only the inspired light which they experienced made them more than that to the world. In and of themselves, they were nothing; in and of yourself, you are nothing; but in your conscious union with God, all that God is, you are. All that the Father hath is yours. The very place whereon you stand becomes holy ground because ‘I and my Father’ are there.” ~Joel

Matt 5:14-16
14 Ye are the light of the world. A city that is set on an hill cannot be hid.  
15 Neither do men light a candle, and put it under a bushel, but on a candlestick; and it giveth light unto all that are in the house.  
16 Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

“I of mine own self can do nothing – but I can do All things through the Christ.  

I Am included in all that the Father Is.

Thank you Father.” ~Al
“You can rise no higher in consciousness than to that place where the spiritual Presence enters the heart, and you realize it has happened—the Presence is within you. A new dimension has entered your heart when you entertain the Presence, but I must say to you that it is your responsibility to nurture it. That is the only way to be sure that you will not lose what you have gained. What you have gained is only a Babe; you must let it develop into full Christhood: Many times a day turn your thought as if in the direction of your heart—not because your physical heart has anything to do with your spiritual demonstration, but because the heart is symbolic of love. Thinking of the heart as a symbol of love, as a symbol of the resting place of the Christ within you, turn your thought several times each day to that heart in recognition that the Babe is enthroned there, that the Christ has entered, and that It lives with you. It is you who must keep the Babe from wandering out of your heart and getting lost. It is there, but I say to you that it is a Babe: You must watch It; you must nurse It; you must acknowledge It, love It. Watch It grow as you learn the ways of loving God and of loving man. No improvement has ever been discovered, no alteration has ever been made in the two great commandments, ‘Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind . . . and . . . Thou shalt love thy neighbor as thyself.’” ~Joel

Prov 3:5,6

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.
6 In all thy ways acknowledge him, and he shall direct thy paths.

“I trust You Father… Use me... Thy Will be done.” ~al.within
“No longer plead with God for things; let this Babe do all that for you. It will not have to plead: It will experience Itself as the added things. Do not look to God for favors and do not look to God for strange powers to do things for you. Turn your gaze now to the place where you have already felt that gentle Presence. Smile at It. Secretly and sacredly know that It is there and that It is fulfilling Its function and is about the Father's business. This Babe is given unto you to restore the lost years of the locusts and to return you to the Father's house and to your conscious union with God.” ~Joel

Joel 2:25 (to ,)
25 And I [the non-judgmental, unconditional, infinite, innocent Consciousness Within] will restore to you the years that the locust hath eaten,

“We can be conditioned over time to believe what we see with eyes of judgment, our thoughts based on conditions and a taught a sense of lack [separation from God] – instead of what we saw with the Innocent, Trusting and Immaculate Eyes we used at Birth.

We must refocus on the Truth of Being and be effortlessly reborn of Spiritual Consciousness.” ~Al
THE DAILY LESSON – JUNE 3, 2015

“It is the function of this Babe to reveal that you are living in the midst of Eden where you will always be tempted with only one temptation: There is only one evil in the Garden of Eden, only one sin--the belief in the power of good and evil. You, sitting back inside your own temple, must be able to look at that tree of the knowledge of good and evil at all times and resist the temptation to believe in it. You, yourself, must be able to say:

Beautiful as you look, or horrible as you look, I now know there is no truth in you. There is no power for good or for evil in any form, that is, in any person, place, thing, circumstance, or condition. God in the midst of me is the only good, the only power, and the only presence. The only evil there is, is the belief in a selfhood or a condition separate and apart from God.”
~Joel

Matt 6:13
13 And lead us not into temptation, but deliver us from evil: For thine is the [One] kingdom, and the [One] power, and the [One] glory, for ever [Infinite]. Amen.

“Of mine own self, I can do nothing. I am so grateful to Realize that I Am Included in Your Kingdom. I can do all things through Christ. Thank you Father. Your servant awaits Your will… Speak lord… … …” ~al.within
THE DAILY LESSON – JUNE 4, 2015

“Even when you have overcome for yourself every form in which this one temptation may appear, the problems of the world will tempt you: storms at sea, disaster, war, poverty, and disease; but whatever the temptation, it will always be the one great temptation-to accept two powers. This is when you must turn to the Christ within:

The Christ within me is my assurance that only It has power-the Son of God, the Spirit of God in me. It will never leave me nor forsake me as long as I realize and recognize It and as long as I live the life It tells me to live. I took to It for guidance; I look to It for wisdom. Whenever a question is presented to my mind, I look down toward my heart, and the answer comes forth in whatever form is necessary.” ~Joel

II Cor 3:16,17
16  Nevertheless when it shall turn to the Lord, the veil shall be taken away. 17  Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.
THE DAILY LESSON – JUNE 5, 2015

“Oh, do not be too literal about this. Sometimes this Presence will seem to be looking at you from over your shoulder or sitting right on your shoulder; sometimes It will appear as a face in front of you, sometimes smiling, but always reassuring. Keep It alive.” ~Joel

Rom 7:6
6 But now we are delivered from the law, that being dead wherein we were held; that we should serve in newness of spirit, and not in the oldness of the letter.

“Yes, dear friends, take a moment and look up the first 3 verses in Genesis... It all ties together - Perfectly… Infinite Expression moves forever forward - from Creation to Now – and Infinitely expanding. The Way is Infinite and a magnificent vision to behold.” ~Al
“The presence of this Christ, gentle and small as It may be, is the substance of every experience that you will have on the outer plane. Seek neither health, nor wealth, nor fame, nor fortune. Seek first the realization of this inner kingdom and be a beholder as these outer things are added unto your experience. Do not hesitate to turn to It for revelation. Why should not revelation be given to you as well as to others who have lived before you? ‘God is no respecter of persons.’ Gautama was only the Buddha because he worked for twenty-one years to receive illumination; Jesus was only the Christ because he gave himself to the world; and you will be whatever degree of love there is in you for God and for your neighbor. You will be whatever you permit yourself to be, but only by acknowledging that you, yourself, can never be anything; it is this gentle Presence that you have felt that is to carry you throughout your days back into conscious union with God.” ~Joel

Matt 6:33
33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you [and you will be Included in All things].

“The great Revelation is that of OmniPresence - and so we Practice...” ~Al
THE DAILY LESSON – JUNE 7, 2015

“You know what the goal of life is--to be reunited with the Father, to be consciously one with God. You know the way--the prayer of inner contemplation and meditation, the recognition of the Christ, the love of God, and the love of man. Now carry this message in your mind where you will always remember the principles; and in your heart, dwell upon the gift which has been given you, delivered to you from the Father-the gift of the realized Presence within you. Bless It always that It may increase.” ~Joel

I John 4:16,17 (to ,)
16 And we have known and believed the love that God hath to us. God is love; and he that dwelleth in love dwelleth in God, and God in him.
17 Herein is our love made perfect,

I John 4:13
13 Hereby know we that we dwell in him, and he in us, because he hath given us of his Spirit.

“Thank you Father, for Your Love, which is perfected in Us.” ~Al