

“THE DAILY LESSON”

is an activity of the study group found at: www.iwso.org

It is a progression of excerpts from tapes recorded by Joel,
or from his books or writings.

It appears each day, together with the addition of corroborating scripture
and inspired comments,
to take into meditation and live with throughout your day.

Student's note: There are words that are capitalized throughout this work.
These words are used as if it were a synonym for, or as an activity of God.

Also, the portions that are italicized are spontaneous meditations.

The subject for our current study is the complete book

“Practicing the Presence”

By Joel S Goldsmith

THE DAILY LESSON – NOVEMBER 5, 2014

CHAPTER III

GOD THE ONLY POWER

Thus saith the Lord, the King of Israel, and his redeemer the Lord of hosts;
I am the first, and I am the last; and beside me there is no God. ISAIAH
44:6

And thou shalt love the Lord thy God with all thine heart, and with all thy
soul, and with all thy might. DEUTERONOMY 6:5

“Throughout all time, scripture has revealed that God is the only power, but
who has accepted this literally? Even in the Bible, there are accounts of
people fighting, one against another. The teaching of most religionists of
the world has been that there are two powers, the power of God and the
power of the devil: The power of God is good and blesses; the power of the
devil is evil and damns. Always there are these two powers; always God is
battling the devil for control of man's soul; and always the question is: Who
is going to win?

Today it is the same story. Accidents, disasters, and sickness are
explained either on the basis of two powers, or by making God responsible

for these evils. How can God be held responsible for any evil in the light of the message and mission of the Master, which was the healing of the sick, the raising of the dead, the feeding of the hungry, and the overcoming of every kind of disaster. The Master said, 'I am not come to destroy, but to fulfill,' so none of these things can possibly be the will of God. In the presence of God, there is no evil.

If God tolerates the sin, disease, and death that we are experiencing, what chance have we to survive or overcome them? If God is permitting these evils, or if God is a human parent teaching us a lesson, how can we rise above them and return to the Father's house? From the very beginning of our spiritual study, we have learned that God is the one power, the all-power, and not only the all-power, but the all-good power. Is it then possible for an all-good power to create, permit, tolerate, or send forth evil?" ~Joel

Ps 23:4 (to ;)

4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me;

"The perception that thinks we are separated from God's Omnipresent Good is but a shadow or rumor. The place whereon you stand is Holy Ground, now and forever." ~Al

THE DAILY LESSON – NOVEMBER 6, 2014

“In The Infinite Way, we engage in what is called spiritual healing so we must have a principle which is exact. There must be no deviation from it, any more than there is a deviation from the principles of mathematics or music. The spiritual healing principle is that God is love, God is life, and in Him is no darkness at all. He is too pure to behold iniquity. But if we can be made to believe that God tolerates sickness, knows about it, permits it, or is trying to test or punish us with it, we have lost all possibility of ever producing a healing. There is no denying the fact that this world today consists almost entirely of sin, disease, death, lack, limitation, wars and rumors of wars. Does that mean that God permits them? Not any more than the principle of mathematics is responsible for our mistakes in arithmetic, or the principles of music for our mistakes in singing or in the playing of musical instruments.” ~Joel

Hab 1:13 (to :)

13 Thou art of purer eyes than to behold evil, and canst not look on iniquity:

“God is Omnipresent, Omnipotent and Omniscient. Our practice is staying focused on that Principle.” ~Al

THE DAILY LESSON – NOVEMBER 7, 2014

“According to Genesis, ‘God saw every thing that he had made, and, behold, it was very good.’ Therefore, if there is a devil, God made it, and even the devil must be good. It is the setting up of the devil as evil and God as good which separates us from physical, mental, moral, and financial harmony. There is no mystery to evil. The Master's teaching is very clear on this point:

If a man abide not in me, he is cast forth as a branch, and is withered; and men gather them, and cast them into the fire, and they are burned.

If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you. JOHN 15:6, 7

If we do not let this Word abide in us, we should not be surprised at anything that happens to us, but we have no right to blame God. If we are not showing forth the health, harmony, and wealth, which are our spiritual birthright, it is because we are not fulfilling the terms of the agreement.”
~Joel

John 15:4

4 Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.

“The Kingdom of God is not somewhere else flowing to you. Jesus said it is within you now, so you must open out a way for The Kingdom to flow out from You. We can't do the Work, God does, but we can choose whether or not to let it flow... Abiding and Loving.” ~Al

THE DAILY LESSON – NOVEMBER 8, 2014

“The agreement is that if we dwell in the secret place of the most High, none of these evils will come nigh our dwelling place. That is the principle. Are we dwelling in the secret place of the most High? Are we? We meditate for five minutes in the morning and read a book for fifteen minutes later on in the day, and then we think that we are abiding in the Word and dwelling in the secret place of the most High. This is not sufficient. We must read and study, meditate and ponder, hour upon hour of every day until we are living continuously in the presence of the Lord beside whom there is none other. Let us accept in our mind a state of consciousness in which we agree that God is all power, God is infinite, and beside God there is no other power.” ~Joel

Isa 26:2,3 (to:)

2 Open ye the gates, that the righteous nation which keepeth the truth may enter in.

3 Thou wilt keep him in perfect peace, whose mind is stayed on thee:

“In order to feel the Word of God and His Peace we must dwell. In order to dwell we must surrender. In order to surrender we must trust. In order to trust we must feel some sort of impulse to do that. In order to feel the impulse God must first create it. I know all of you here have felt that impulse or “click” or you wouldn’t be here...

OK now, the tiniest impulse felt is still an impulse. Keep practicing... Stay your focus on God. Stay your practice on God’s Principals. You will find that the Spirit of God is Within us All, closer than breathing, nearer than hands and feet. God is Omnipresent, Omnipotent and Omni-living our lives. All we need do is be focused enough recognize it. Thank you Father for your Presence.” ~Al

THE DAILY LESSON – NOVEMBER 9, 2014

“In the forty-third chapter of Isaiah we read:

But now thus saith the Lord that created thee, O Jacob, and he that formed thee, O Israel, Fear not: for I have redeemed thee, I have called thee by thy name; thou art mine.

If from the time we were small children, we had been taught this one truth, ‘Fear not; for I have redeemed thee, I have called thee by thy name; thou art mine,’ would we ever have known fear?

When thou passest through the waters, I will be with thee; and through the rivers, they shall not overflow thee: when thou walkest through the fire, thou shalt not be burned; neither shall the flame kindle upon thee.

For I am the Lord thy God, the Holy One of Israel, thy Saviour. . . .

Since thou wast precious in my sight, thou hast been honourable, and I have loved thee. ISAIAH 43 : 2-4

Can we not readily imagine the state of consciousness in which we would be living had we been taught exclusively and continuously throughout our childhood that God loved us and that He would not permit any evil to befall us? Then we would so live in the consciousness of God as the only power that we should never fear, nor should we ever lack for any good.” ~Joel

(We shall all be taught by God and realize our inclusion in His Kingdom. God’s Love is unconditional. Be still and listen with an attentive ear. ~Al)

THE DAILY LESSON – NOVEMBER 10, 2014

“Yet now hear, O Jacob my servant; and Israel, whom I have chosen:

Thus saith the Lord that made thee, and formed thee from the womb, which will help thee; Fear not, O Jacob, my servant; and thou Jesurun, whom I have chosen.

For I will pour water upon him that is thirsty, and floods upon the dry ground; I will pour my spirit upon thy seed, and my blessings upon thine offspring. ISAIAH 44:1-3

Throughout our youth, we were taught to look only to our parents, but here we learn that God ‘formed thee from the womb.’ We are children of God right from the womb, under God's protection, and God, and only God, has always supplied our needs and supported our activities. We learn that God alone is the only power in our lives from everlasting to everlasting. In this understanding, we can see what would have happened to the devil: There would never have been the fear of evil or the fear of punishment. We would have found a love of God instead of a fear of God, and we would never have believed that God could turn His back upon us.” ~Joel

I Cor 13:11,12

11 When I was a child, I spake as a child, I understood as a child, I thought as a child: but when I became a man, I put away childish things.

12 For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known.

I John 3:1,2 (to 2nd ,)

1 Behold, what manner of love the Father hath bestowed upon us, that we should be called the sons of God: therefore the world knoweth us not, because it knew him not.

2 Beloved, now are we the sons of God,

“As God Consciousness expands in us the noise of this-world fades away into the nothingness it really is. We are Blessed.” ~Al

THE DAILY LESSON – NOVEMBER 11, 2014

“To know God is to love God. As a matter of fact, it is only as we understand the nature of God that we are able to love the Lord our God with a love so great that not even husband, wife, or child will come before God in our heart and soul. God then becomes a living being, not to be feared but to be revered, to be loved, to be welcomed every moment of every day, and not just for an hour on Sunday. There is not a moment of the day that we cannot consciously keep God alive in our hearts by the remembrance that God is:

God is the intelligence of the universe, the love of the universe, the omnipresent Spirit that created, maintains, and sustains the universe. God is the source of the beauty of the trees and flowers and fruits. God is the very substance of the vegetables and minerals. God is the substance of the gold in the ground, of the silver, the diamonds, and of the pearls in the sea. God it is that fills the sea with fish. God it is that fills the air with birds.”
~Joel

Matt 22:36-38

36 Master, which is the great commandment in the law?

37 Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind.

38 This is the first and great commandment.

(Why? Because God is the substance of all form – and the activity of Love that animates all form. God is Love Loving.

Thank you Father. I love you. ~Al)

THE DAILY LESSON – NOVEMBER 12, 2014

“God is in the midst of me. Where I am God is, and God's love is forever enfolding me. God is the source of my being. God is the source of my supply, the source of the very food on my table. God it is that gives me my life's work to do. God it is that gives me the strength to perform it. ‘He performeth the thing that is appointed for me. . . . The Lord will perfect that which concerneth me. . . . He that is within me is greater than he that is within the world,’ greater than any problem that is in the world.” ~Joel

John 10:30

30 I and my Father are one.

“As a beam of light is one with the sun or a drop of water is one with the ocean – so Am I one with God. For in Him we live and move and have our Being. There is no God and... God is my Life, my Truth and my Love.”
~Al

THE DAILY LESSON – NOVEMBER 13, 2014

“There is only one power, and God is that power. There is no power in effect, and there is no power apart from God. God is the life of all being. This truth has been in existence throughout all time and has been known to all peoples. In the sacred Hindu poem, The Bhagavad-Gita, translated by Sir Edwin Arnold as the beautiful epic poem, The Song Celestial, we read:

I say to thee weapons reach not the Life;
Flame burns it not, waters cannot o'erwhelm,
Nor dry winds wither it. Impenetrable,
Unentered, unassailed, unharmed, untouched,
Immortal, all-arriving, stable, sure,
Invisible, ineffable, by word
And thought uncompassed, ever all itself,
Thus is the Soul declared!

Here again we see that there is one life, and God is that life; there is one power, and God is that power. A consciousness filled with the realization of God as the only power cannot fear anything in the realm of effect.” ~Joel

II Sam 22:31-33

31 As for God, his way is perfect; the word of the Lord is tried: he is a buckler to all them that trust in him.

32 For who is God, save the Lord? and who is a rock, save our God?

33 God is my strength and power: and he maketh my way perfect.

I John 4:18 (to :)

18 There is no fear in love; but perfect love casteth out fear:

“I AM the Way, the Life, Love and Truth. In Him do I put my trust. In Him do I rest. *Thank you Father, my life is Yours.*” ~Al

THE DAILY LESSON – NOVEMBER 14, 2014

“Most religious teachings have not given us the truth that God is omnipotent in earth as in heaven, but the day is here when every knee must bend to the truth that there is but one power. All metaphysical teachings have their origin in the revelation of God as one. But what has happened to that teaching? It has been lost in a modern devil, mortal mind. Followers of orthodox teachings fear the devil, and those who follow the newer, more modern teachings fear mortal mind. Wrong and ignorant interpretations of truth bind us to the belief in two powers, but the answer is always the same: God is the only power. Every one of us in some degree in our human experience has accepted two powers: God and a power apart from God, a power that sometimes rewards and sometimes punishes, a power that is sometimes available and at other times cannot reach us--and we are now paying the penalty for such acceptance.

We must rise to a higher dimension of life in which we see that there is no power in any effect; all power is in the cause which produces the effect:

For my thoughts are not your thoughts, neither are your ways my ways, saith the Lord.” ~Joel

Rom 12:2

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

(I surrender Father... ..

Thy will be done, on earth as it is in Heaven.

Speak Lord, thy servant heareth... .. ~al.within)

THE DAILY LESSON – NOVEMBER 15, 2014

“For as the heavens are higher than the earth, so are my ways higher than your ways, and my thoughts than your thoughts.

ISAIAH 55:8, 9

If we are not spiritually alert, however, we can be made to accept any kind of false teaching or propaganda if it is thrust upon us frequently and forcibly enough. Through the mass hypnotism of the press and radio, we have all been victims of propaganda of one sort or another, but none of that could reach us if we but accepted the teaching that God, the Infinite Invisible, is the only power.

In our frantic, modern-day race for supremacy in armaments and material strength, it becomes necessary to stop and ask ourselves: Where does all this end? Are superiority and size all there is to power?

... for by strength shall no man prevail. . . . I SAMUEL 2:9

~Joel

“Oneness knows no separation.” ~Al

THE DAILY LESSON – NOVEMBER 16, 2014

“Be not afraid nor dismayed by reason of this great multitude; for the battle is not yours, but God's. II CHRONICLES 20:15

Be strong and courageous, be not afraid nor dismayed for the king of Assyria, nor for all the multitude that is with him: for there be more with us than with him:

With him is an arm of flesh; but with us is the Lord our God to help us, and to fight our battles. II CHRONICLES 32:7, 8

Those who are materially minded have but the ‘arm of flesh.’ Those who recognize God as the only power live without fear, with no concern for external power, regardless of its size. Whether it is a high fever, dire poverty, or a hydrogen bomb, it is but the ‘arm of flesh’; whereas we have that which is invisible; we have that which cannot be touched, for ‘no weapon that is formed against thee shall prosper. . . .’ just as David went forth to meet Goliath, armed with faith in God, so can we meet any suggestion of inharmony by our recognition of one power.” ~Joel

“We must stop looking for some thought or truth that will solve an error or lack. Stop and rest in the Realization that we were caught up in an arm of flesh thought process. Acknowledge lack or inharmony as nothingness. The earth is the Lords and the fullness thereof. When we have the conscious Realization of Gods fullness, all the earthly noise fades away.”
~Al

THE DAILY LESSON – NOVEMBER 17, 2014

“In the material sense of life, the word ‘protection’ carries with it the connotation of defense or armor, of a hiding place from an enemy, or of some means of withdrawal from danger. In the mental sciences, protection implies some thought or idea, or some form of prayer that would save us from injury or harm. The word ‘protection’ suggests a destructive or harmful activity, presence, or power existing somewhere from which we must find safety.

The moment the idea of God as one begins to dawn in consciousness, we begin to understand that in all this world there is no power and there is no presence from which those who are dwelling in the secret place of the most High need protection. We shall see this as we dwell on the word ‘omnipresence’ and realize that in this all-presence of good we are completely alone with divine harmony—a harmony which pervades and permeates consciousness, and is in itself the allness and the onliness of good.

Let us ponder this idea and meditate upon it. The revelation and assurance come to us from within our own being that this is true: There is but One, and because of the nature of that One, there is no outside influence for either good or evil. There is no presence or power to which to pray for any good that does not already exist as omnipresence, right where we are. In our periods of communion we feel the infinity of God’s presence. There is no other power; there is no other presence; there is no destructive or harmful influence in any person, place, or thing; there is no evil in any condition. God is one, and there cannot be an existence separate and apart from that One.” ~Joel

II Cor 3:16,17

16 Nevertheless when it shall turn to the Lord, the veil shall be taken away.
17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

“The instant we have the Realization of Omnipresence we are Included in It.” ~Al

THE DAILY LESSON – NOVEMBER 18, 2014

“The Master has told us: ‘There is nothing from without a man, that entering into him can defile him: but the things that come out of him, those are they that defile the man.’ We have accepted the universal belief of a power, a presence, and an activity apart from God; we have accepted the belief that some one or some thing outside of our own being can be a power for evil in our experience, and the acceptance of this almost universal belief causes much of our discord and inharmony.” ~Joel

Luke 17:21

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

“We are now and always have been One with God. Don’t be tempted into thinking or dreaming otherwise.” ~Al

THE DAILY LESSON – NOVEMBER 19, 2014

“As we consciously bring ourselves back, day after day, to the actual awareness of God as one infinite being, God manifesting and expressing Itself as individual being, we understand more fully that all power flows out from us and through us, as a benediction and blessing to the world. No power acts upon us from without our own being. It must become clear to us that nothing outside of ourselves acts upon us for either good or evil. Just as we have learned that the stars, the creation of God in the heavens, cannot act upon us in accordance with astrological belief; so we have learned that conditions of weather, climate, infection, contagion, or accident cannot act injuriously upon those who have come into a measure of understanding of the nature of God and the nature of individual being. We are constantly being reminded that we should become more and more aware of the nature of God, the nature of prayer, and the nature of individual being, so that we will understand ourselves as the offspring of God, of whom it is truly said, ‘Son, thou art ever with me, and all that I have is thine.’” ~Joel

Acts 17:28

28 For in him we live, and move, and have our being; as certain also of your own poets have said, For we are also his offspring.

“Individual Being = Instrument of God = God Living As = Christ = I Am = Love Loving.” ~Al

THE DAILY LESSON – NOVEMBER 20, 2014

“We must think seriously on this subject of protection because each day we are faced with suggestions of impending or threatened danger. Always some person, some place, or some thing is being presented as a destructive force which we fear or from which we seek a God to save us. God's allness makes it utterly impossible for any destructive or evil influence to exist anywhere-in heaven, on earth, or in hell-so let us not make the mistake of thinking of God as some great power who is able to save us from a destructive person or influence if only we can reach Him. Let us not make the common mistake of thinking that practicing the presence of God is just another means of using God, or another method of praying to bring God's influence into our experience in order to overcome discord, evil, sin, and disease. Its purpose is to bring to individual consciousness the awareness of God as one, of God as infinite, individual being, of God as all-presence and all-power. The universal belief in two powers, good and evil, will continue to operate in our experience until we, individually--remember this, you and I, individually--reject the belief in two powers.” ~Joel

Gen 2:16,17

16 And the Lord God commanded the man, saying, Of every tree of the garden thou mayest freely eat:

17 But of the tree of the knowledge of good and evil, thou shalt not eat of it: for in the day that thou eatest thereof thou shalt surely die.

“If we accept our supply from the tree of limitation, we will find it.” ~Al

THE DAILY LESSON – NOVEMBER 21, 2014

“In this age, protective thought is the realization that God's allness precludes the possibility of any source of evil ever existing in the world or operating in individual experience. Our protective work, or our prayers for protection, must consist of the realization that nothing has existed, exists, or will exist anywhere, at any time, in our experience of the past, present, or future, that is of a destructive nature. Through study and meditation, eventually we shall come to that God-contact within us, wherein we receive the divine assurance, ‘Lo, I am with you always,’ the continuous assurance of the one Presence, one Power, one Being, one Life, one Law in which there are no evil powers or destructive forces. It is in this awareness of oneness that we find our peace.

Students should take this subject of protection into daily meditation for a month or two, not mentioning it to anyone. They should not discuss this, but keep it secret within themselves until they arrive at a place in consciousness where they feel that God is one. The secret of protection lies not in seeking God to save us from some danger, but rather in understanding that safety, security, and peace are dependent on our remembrance and realization of the truth of God as one.” ~Joel

Matt 28:20 and

20 ...and, lo, I am with you alway, even unto the end of the world. Amen.

John 8:32

32 And ye shall know the truth, and the truth shall make you free.

“Knowing is relying. Be still now, and trust the Oneness.” ~Al

THE DAILY LESSON – NOVEMBER 22, 2014

“The world is seeking peace, just as it is seeking safety and security, outside its own being; whereas, no peace, no safety, and no security will ever be found except in our individual realization of God as one--the only being, presence, and power. We cannot tell the world about this peace, safety, or security; but we can find it for ourselves and thereby let the world see by our experience that we have found a way higher than superstitious belief in some power of good that miraculously saves us from some power of evil. We cannot tell the world that there is no danger from outside sources, influences, or powers; but our realization of this truth can make the harmony and completeness and perfection of our lives so evident that others, one by one; will turn to seek that which we have found.” ~Joel

Matt 6:6

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

“When we are still and are letting the Spirit flow from Within to without we are God’s Instrument.

In the poetic words of Robert Browning: ‘opening out a way whence the imprisoned splendor may escape.’ Escape where? To those with ears to hear.” ~Al

THE DAILY LESSON – NOVEMBER 23, 2014

“Out of the teachings of two powers come the philosophies that cause men to disagree among themselves. There is no way to resolve these differences because those people who believe in two powers are working from an erroneous premise, good and evil. Always good and evil are wrestling with each other--and what a struggle it is! But what happens when men relinquish the belief in two powers and rest in the consciousness of the Christ? Then it is that they begin to understand what the Master meant when he said, ‘Thou couldst have no power at all against me, except it were given thee from above.’

The mystics of the world, whether Krishna of India, Lao-tse of China, Jesus of Nazareth, or John of Patmos, have given us the revelation that God is one. The Hebrew mystics also knew this truth when they taught, ‘Hear, O Israel, the Lord our God is one Lord.’ Throughout Scripture we find, over and over again, assurances of God's love for His children:

Fear not: for I have redeemed thee, I have called thee by thy name; thou art mine.

Even every one that is called by my name: for I have created him for my glory, I have formed him; yea, I have made him.

Ye are my witnesses, saith the Lord, and my servant whom I have chosen: that ye may know and believe me, and understand that I am he: before me there was no God formed, neither shall there be after me.

I, even I, am the Lord; and beside me there is no saviour.

I am the first, and I am the last; and beside me there is no God.

And who, as I, shall call, and shall declare it, and set it in order for me, since I appointed the ancient people? and the things that are coming, and shall come, let them shew unto them.

Fear ye not, neither be afraid: have not I told thee from that time, and have declared it? ye are even my witnesses. Is there a God beside me? yea, there is no God; I know not any.

Isaiah 43:1, 7, 10, 11; 44:6-8” ~Joel

“I Am included in the Omnipresence of God” ~Al

THE DAILY LESSON – NOVEMBER 24, 2014

“And so, again and again, it is revealed that God is one God; God is one power.

They that make a graven image are all of them vanity; and their delectable things shall not profit. ... Who hath formed a God, or molten a graven image that is profitable for nothing? ISAIAH 44:9, 10

Each of us has made an image of God: One looks at it and sees Buddha; another sees Jesus. Each has formed a concept of that which he thinks God is, and then he worships and prays to that concept, while all the time God is saying to us: ‘Only I am God, not your concept. Only I, the Invisible, am God--I, alone, am God.’ We must stop making graven images in our mind, stop picturing what God is like, and trust the unformed Invisible which penetrates and interpenetrates all being.” ~Joel

(I just noticed that the word image and imagination have the same root. So, I looked up imagination and found some synonyms to be: fantasy, idea, inventiveness, and thought. Antonyms are: Fact, Reality Truth and Being.

The opposite of image is God.

Take no thought and seek ye the Kingdom of God.

Invent no image – find Reality, Truth and Being. ~Al)

THE DAILY LESSON – NOVEMBER 25, 2014

“The kingdom of God is within you. . . . the place whereon thou standest is holy ground’; and even if that place seems, at the moment, to be in hell or in the valley of the shadow of death, God is right there with us. We must cease this nonsensical belief in a God who punishes and rewards, a God who is present when we experience a healing and absent when we do not experience the healing we expect. God is never absent from us except in our belief that there are two powers, except in our fear of other powers which we have set up in our mind. We not only fear these powers--we sometimes fear God!” ~Joel

Ps 23:4 (to ;)

4 Yea, though I walk through the valley of the shadow [idea, thought] of death, I will fear no evil: for thou art [always] with me;

“Don’t be distracted by your imagination. God is Omnipotent.” ~Al

THE DAILY LESSON – NOVEMBER 26, 2014

“In reality, there is only one power: There is no power of evil; there is no power of sin; there is no power of disease; there is no power of lack or limitation. God made all that was made; anything that God did not make was not made. The world seems to be filled with the power of infection, of contagion, of hereditary disease, the power of lack and limitation, the power of evil in many forms. It is true that as long as we are dealing with the human world in a human way there will be two powers: the power of good and the power of evil. That is the human picture. Some people are sick more of the time than they are well. The majority of people in the world are poverty-stricken. As human beings, we shall always have laws of sin, laws of sickness, laws of lack and limitation. There will be two powers as long as there is a human consciousness in the world, because the human consciousness, itself, is a divided household, divided into two parts, good and evil. A state of existence which transcends this and where these opposites do not operate, but where only one power, one law, operates is brought about as an activity of consciousness. No one can do this for us, but we ourselves.” ~Joel

Rom 8:5,9 (to .)

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

“There are no shortcuts, and no intermediaries to ask for us.
Dwelling in the Spirit is what transcends the images of this-world.” ~Al

THE DAILY LESSON – NOVEMBER 27, 2014

“God must become an activity in our consciousness, or we shall struggle through life as human beings believing in two powers and experiencing good and evil. We begin with the theme that God is one. God is one: ‘Hear, O Israel, the Lord our God is one. . . . Thou shalt have no other gods before me,’ no other powers, no other laws but one.

God is the only law, a law which maintains and sustains the harmony and perfection of its own creation at all times. Looking at the growing trees, we marvel at a law which makes them bud and blossom every year. There is a law in operation bringing forth their fruitage. The sun, moon, and stars, and the ebbing and flowing of the tides bear witness to a divine law governing the universe.” ~Joel

Rom 8:6 to be spiritually

6 ...to be spiritually minded is life and peace.

“God’s law is not something to be interpreted by man or religion, it is a self-evident Principal.

I of mine own self can do nothing but watch and smile as God’s activities surround me. Thank you Father for your embrace. ~al.within

Happy Thanksgiving, dear Ones!

THE DAILY LESSON – NOVEMBER 28, 2014

“These are laws and cannot be changed. Everything that is permanent is supported by law, but the discords and diseases of the world come and go: They are ever changing; they have no permanence; they have no law to support them. If disease were supported by law, this law of disease could not be violated, and no one could ever be healed or be free of disease. But disease is not permanent. It can be healed--sometimes physically, sometimes mentally, and sometimes spiritually.” ~Joel

Matt 10:7 The,8

7 ...The kingdom of heaven is at hand.

8 Heal the sick, cleanse the lepers, raise the dead, cast out devils: freely ye have received, freely give.

“Here is the work that we, as disciples [dedicated students], have been asked to do: When we are presented with what appears to be something other than an activity of God - we must come to the Realization that what we are seeing is an incorrect notion that we are somehow separated from God. All healing starts with an understanding of the nature of error as nothing. I see no point in perpetuating the erroneous thought as something that must be corrected. It's just 'nothing' and deserves no further attention.

Thy Kingdom is come, right here and now and It always will Be... God is Omnipresent and we are included in that Oneness.” ~Al

THE DAILY LESSON – NOVEMBER 29, 2014

“To accept God as one is to accept only one law and that law the law of God, the law of good, always active and always present in our experience. There is no law binding us to any evil condition:

Truth, omnipresent in my consciousness, is the law of elimination to every form of discord in my experience. Spiritual law governs my being, my body, my household, and my business. Spiritual law governs my consciousness. Spiritual law permeates, maintains, and sustains me.” ~Joel

II Cor 12:8,9 (to :)

8 For this thing I besought the Lord thrice, that it might depart from me.

9 And he said unto me, My grace is sufficient for thee:

“Anything other than God isn’t.

Thank you Father, for Everything.” ~Al

THE DAILY LESSON – NOVEMBER 30, 2014

“Every day we are faced with the temptation of death. It makes no difference whether we are being told about the death of a friend, a relative, or some stranger in a far-off country. Every day the thought of death is consciously brought to our awareness. Even though it may not concern us directly, the theme of God as one should be brought to conscious remembrance:

God is one life-eternal, immortal, infinite, never beginning and never ending. There is only one God; therefore, there is only one life.

Many students of metaphysics, who no longer believe in the power of a personal devil, have created another power separate and apart from God, a power in the form of a superstitious fear of wrong thinking and a faith and reliance on right thinking. Let us give up any such ideas, now and for all time to come. Human thinking is not power; the human mind is not a power. Did not Jesus refute any such idea when he asked, ‘Which of you by taking thought can add one cubit unto his stature?’ Let us put the mind in its proper place as an avenue of awareness and not a creative faculty.” ~Joel

Rom 8:5-7

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

6 For to be carnally minded is death [limitation]; but to be spiritually minded is life and peace.

7 Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be.

“We are born into a life of Infinite Love, and have no sense of limitation until we are taught by man of man’s so-called limitations. But we have been given the Mind of Christ, beaming its message of an Infinite Way into our life. Awake thou that sleepeth – I Am the Way, the Life and the Truth.” ~Al

THE DAILY LESSON – DECEMBER 1, 2014

“The creative faculty is deep down in the Soul. With our mind we become aware of the deeper truths and laws of God; but it is the Soul, which is God, that is the creative principle of existence. It is the activity of the Soul that is power, and out of it flow gentleness, humility, and patience, all of which Paul spoke of as the things of God which ‘the natural man receiveth not . . . for they are foolishness unto him: neither can he know them, because they are spiritually discerned.’ The ‘natural man’ is the reasoning faculty. The things of God are received by the Spirit of God, the consciousness of God, the Soul which is a deeper layer of life than the mind. We use the human mind as an avenue of awareness, but we recognize the Soul as the creative faculty.

To give power to anything external to consciousness is idolatry. It is to recognize a power apart from God. We must come to the inner conviction that power does not exist in form-any form, no matter how good the form may be. The form may come and the form may go, but the Spirit goes on forever, renewing and re-forming. As human beings brought up in the material sense of life, we hold ourselves in bondage to form, and thereby we commit idolatry. In other words, we bow down and worship or fear some kind of a form. Let us not love, hate, or fear that which exists in the external realm, because it is not power. Once we see that God is the only cause, we shall not fear some other cause. Once we understand God to be the only substance, we shall not fear an over-substance or an under-substance. Life is an activity of consciousness reflected by the body, but life is not in the body. Love, peace, health, wholeness, and perfection are all activities of consciousness. There lies all power.” ~Joel

I Cor 2:13,14

13 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

“Can you understand Love? Can we humanly describe Infinite Invisible? No, but they can be deeply felt. The activity of Infinite Love we feel is Christ Consciousness.” ~Al

THE DAILY LESSON – DECEMBER 2, 2014

“We must not try to hold on to the forms of body. We are not body; the body is an instrument for our locomotion at this particular moment. It is an instrument for our activity, but we are not body. We are not fingers, or hands, or legs, or hearts, or brains. We are spiritual entity and we have a body given to us of God, eternal in the heavens. Instead of trying to hold on to this form of body, we hold on to the truth of our own identity, and the body is maintained harmoniously.

The Master promises that if we are willing to lose our lives, we shall gain life eternal. If we will stop trying to grasp our life, as if we could hold on to it or lose it, and instead, realize that all life is God's grace, we shall find life to be eternal.” ~Joel

Matt 16:25,26 (to ?)

25 For whosoever will save his life shall lose it: and whosoever will lose his life for my sake shall find it.

26 For what is a man profited, if he shall gain the whole world, and lose his own soul?

“Having more of a dream is still the dream.” ~Al

THE DAILY LESSON – DECEMBER 3, 2014

“The teaching is: Never worship effect; never hate, fear, or love any effect. To worship form is to indulge in idolatry. The very moment that any form becomes a necessity in our experience, we are placing our dependence, our happiness, and our joy in that, instead of in the Infinite Invisible which is the cause of the form, and we are idolaters. We shall continue to love all the good things of life, but we should never love them to such an extent that we are unwilling to see the form disappear and a new one take its place. All human relationships, whether they are relationships with parents, husband, wife, or children, are given to us for our fulfillment in this phase of our existence. Let us understand them, love them, and treat them as such, but remember that our life is hid with Christ in God, not in some outer form.”
~Joel

Col 3:1-4

- 1 If ye then be risen with Christ, seek those things which are above, where Christ sitteth on the right hand of God.
- 2 Set your affection on things above, not on things on the earth.
- 3 For ye are dead, and your life is hid with Christ in God.
- 4 When Christ, who is our life, shall appear, then shall ye also appear with him in glory.

(We are Included in Christ's Kingdom. Our Peace is in not getting distracted otherwise.” ~Al

THE DAILY LESSON – DECEMBER 4, 2014

“From morning until night, we are faced with appearances which would make us believe that there is power in effect. That is why, in a world so abundantly supplied with all forms of good—diamonds, pearls, silver, oil, vegetables, fish, fruit—people are still praying for supply. They believe that all these forms of good are supply, whereas supply is within themselves. These things are effects of supply, but it is consciousness that is the source of supply. Supply is spiritual, an activity of consciousness. At first, we may agree with this only intellectually, but the day will come when it will be spiritually discerned, and then we shall see that the world of supply is within, although it appears visibly in the without.

We do not see, hear, taste, touch, or smell supply; but we see the form supply takes. We become aware of the form of the various substances which our supply takes; but to realize that supply is internal, an activity of consciousness, is to make our supply infinite, whether it be of words, money, or transportation. If we see that supply is the invisible Spirit of God in us, then the effect of supply will appear in form. As rapidly as we use the forms as which supply appears, the invisible supply will again become manifest, because it is infinite; it is always omnipresent, and the supply itself, which is the Spirit of God in us, will reproduce it. No longer shall we live by bread alone, but by a consciousness of God's presence which requires no words, but rests in God as one.” ~Joel

John 6:48-50

48 I am that bread of life [Infinite].

49 Your fathers did eat manna in the wilderness, and are dead [appearing finite].

50 This is the bread which cometh down from heaven, that a man may eat thereof, and not die.

“I surrender to you Father. I know that I can, of mine own self, do nothing... Thy will be done... I live under Your direction. So, now I will rest in stillness and attentively wait for Your Grace to manifest As my sufficiency... .. I am ever grateful.” ~al.within

THE DAILY LESSON – DECEMBER 5, 2014

“As we persist in this throughout the day, the night, the week, the month, gradually we reach a point where the recognition of this truth is as automatic as driving an automobile. When we were learning to drive an automobile, we had to watch our left foot, our right foot, our left hand, and our right hand; but by the end of a month, we were driving without ever thinking of our hands or feet. So it is with this, at the end of a month, we shall find that we do not have to think consciously about God as one or God as life. We do not have to think of that at all, because it will be so much a part of our consciousness that the moment a suggestion of evil touches us, it is erased without any conscious effort on our part.” ~Joel

Isa 26:3 (to :)

3 Thou wilt keep him in perfect peace, whose mind is stayed on thee:

“Perfect Peace is felt at a time when we ‘think’ not... Learn to trust the unconditional embrace of Love Itself. Suggestions are not corrected, they are understood as nothing.” ~Al)

THE DAILY LESSON – DECEMBER 6, 2014

“Now we have accepted as our principle: God is one; God is the only law; God is the only presence; God is the only substance; God is the only power, and there is no power in effect. Then in the next breath, we turn around and give power to some effect. What difference does it make what the appearance is, if God is the only power? Do we really believe that God is the only power?

God alone is power. God is one: one power, one life, one love, one Spirit, one cause, one being, one source. Nothing comes into our experience unless it comes from God. The next time something that we call evil comes into our experience, let us remember our principle and turn and say: ‘That, too, is from God ‘if I make my bed in hell, behold, thou art there. Even when we go down into hell, we find God, and in finding God, hell is transformed into heaven. A change takes place in our experience the moment we acknowledge no source, no cause, no effect, no power, no presence, and no being but God.” ~Joel

Ps 23:4 (to ;)

4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me;

“There are no voids in God’s Universe.” ~AI

THE DAILY LESSON – DECEMBER 7, 2014

“To practice this principle--hour after hour, day in and day out, for one month or two months, holding to God as the law of our being, God as the source of our good, God as the activity of our day--changes our entire experience. At first, this is all in the realm of the mind, but by constant practice, it leaves the realm of the mind and comes down into the heart, into the awareness, into consciousness, and then it takes over and lives our experience.

And thou shalt love the Lord thy God with all thine heart, and with all thy soul, and with all thy might. DEUTERONOMY 6:5” ~Joel

“This is our practice in a nutshell:

Keep focused. Pray without ceasing. Be constantly grateful. Be Love Loving - no matter where you are led. Feed My sheep.” ~Al