

“THE DAILY LESSON”

is an activity of the study group found at: www.iwso.org
It is a progression of excerpts from a transcript of a live class as it was recorded by Joel. It appears each day, together with the addition of corroborating scripture and inspired comments, to take into meditation and live with throughout your day.

Student’s note: There are words that are capitalized throughout this work. These words are used as if it were a synonym for, or as an activity of God. Also, the portions that are italicized are spontaneous meditations.

The subject of study for the month of JUNE 2013 is:

36.

**“INDIVIDUAL SPIRITUAL EXPERIENCE,
SIDE ONE CONTINUED”**

**Tape 127:
Side Two
1955 Kailua Study Group, Tape 18**

By Joel S. Goldsmith

THE DAILY LESSON - JUNE 1, 2013

“Good morning. *(Class responds.)*”

We are learning that one touch of the God-experience is worth more than many books of instruction about God. And we are at that point of The Infinite Way unfoldment where only the experience of God is going to

benefit us or accomplish the work that is given us to do in revealing what the realization of the presence of God can do for others in their experience. Probably by now you have already come to agree that this world is living without a God. It is living not without a belief that there is a God, no, no, no. There are very few people who do not believe that there is a God, but that the world is living without a God.

One can believe in the ability to reach the moon, but one cannot reach the moon at this particular moment, and even believing in it, won't accomplish it. There must be an actual experience of bringing through those things that make for the possibility of such a trip. So it is this whole world—or most of it—believes in God or believes there is a God, but very few people in the entire history of the world actually have a God, actually have the activity of God in their experience, actually have a God at work in their affairs.

Now, the reason is that all religious teaching – except that part of it which has concerned itself with some work done in monasteries and convents – all religious work so far as it pertains to the public has had to do with thoughts about God, statements about God, teachings about God, rather than bringing about the experience of God to us as individuals.” ~Joel

John 16:7 (to 2nd ;)

7 Nevertheless I tell you the truth; It is expedient for you that I go away: for if I go not away, the Comforter will not come unto you;

(There you have it - this point plainly versed in Scripture exactly as Joel points out. In this passage in John 16 the entire world focuses on the loss of the man - but slips right over the most important part of Jesus' message. YES! The Comforter WILL come to you individually!

Clearly we are to continue onward and have the Experience for ourselves. And, according to the Master, we will have this Experience of Comforter even without our concepts of the traditional manifestation of a human teacher. The Spirit is within you - not in the without.

A teacher can guide the way and lift you up as Jesus did for the three years of his ministry. You will not find a religion out there that will push you out of the nest like this. It is not in their personal best interest, is it? ~Al)

THE DAILY LESSON - JUNE 2, 2013

“Now, it was the experience in the healing work that showed me conclusively that believing in God or knowing about God—in fact, knowing all the truth there is to be known about God—is of no spiritual value although they may be steps leading up to spiritual demonstration. But I learned actually that it was only when a spiritual experience took place in me that a healing took place in the outer. And so it is that in the years that have gone by since, I have learned that as I have had a spiritual experience within, I have experienced something of harmony in the without for myself and for others.

Then, as time went on, I learned that continuing to have those moments of contact, of spiritual experience, that the day came which was a day of transition into the Spirit, and then after that it was a permanent experience. It wasn't one that had to be re-established from time to time although it has always been necessary at certain times to go within and go deeper than usual to bring about some effects.

For instance, I could not have started talking this morning. There was just nothing there that wanted to be said, and so it became necessary just to go within. Now at a certain point or depth of consciousness, all of a sudden an idea came through. That first idea was ‘the Lord is my shepherd,’ and then there was a complete relaxing inside because if the Lord is my shepherd, all is well. The sheep will come home and be well cared for.” ~Joel

Isa 40:31

31 But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

(Surrender your sense of selfhood and make no decisions of your own.
Be a FROG - Forever Rely on God. ~Al)

THE DAILY LESSON - JUNE 3, 2013

“Now, that is all the more necessary in the experience of our students that they realize that no matter how much truth they know there still remains the need to go within, and sometimes be very patient for minutes or even hours, until that depth is reached which brings to light the needed presence and power, realization of God.” ~Joel

Ps 25:4,5

4 Shew me thy ways, O Lord; teach me thy paths.

5 Lead me in thy truth, and teach me: for thou art the God of my salvation; on thee do I wait all the day.

(As we become more dedicated we actually get much more patient. Gone are the days of “OK Father give”. My friends, every speck of Light is God’s Illumination. Marvel in it. Be grateful. Be content to rest in every speck of Light because it is an expression of Oneness presently experienced. What’s the rush? Where’re ya goin’? ~Al)

THE DAILY LESSON - JUNE 4, 2013

“Now, several times the subject has been broached from others as to a need for a college or university of spiritual truth to train practitioners and teachers, and the answer to that is this: it is an impossibility. There is no way in any length of time of turning out a class of either practitioners or teachers no matter how much time you allow—even a five-year course.

Out of any hundred students whom you could teach for a period of three to five years, it would be very fortunate if you could turn out two or three practitioners and one teacher, and so you see the impossibility of ever having such a college or university.

Teaching must always be an individual experience. You can have class instruction, but you may have to have a student for 20 classes before the spiritual depth of them would be plumbed and the Spirit begin to flow. On the other hand, out of a hundred who would go through 20 classes, you would find very few who, even at the end of that time, would have been opened enough to really be a practitioner or a teacher.” ~Joel

John 21:17 Jesus

17 ...Jesus saith unto him, Feed my sheep.

Luke 8:16

16 No man, when he hath lighted a candle, covereth it with a vessel, or putteth it under a bed; but setteth it on a candlestick, that they which enter in may see the light.

Ps 30:12

12 To the end that my glory may sing praise to thee, and not be silent. O Lord my God, I will give thanks unto thee for ever.

(So... What do you think would happen if you gave all your Love away?... My friends, I've been trying to for years now, and all that is left is more. ~Al)

THE DAILY LESSON - JUNE 5, 2013

“Healing and teaching come only through spiritual consciousness, and that spiritual consciousness must be aroused in one before the work can be undertaken. Now we are here for one purpose. Having had years and years of study and preparation, and some measure of demonstration, we are seeking that experience, that opening of the inner spiritual consciousness that will enable our very presence to be a healing influence and a teaching influence. It isn’t necessary to have any diplomas or any licenses. The moment a person’s spiritual center has been opened, all those prepared to recognize it do recognize it and seek it.

Now. With the background that we have had in study, meditation, practice, and the fact that we have agreed that all of that can only be a preparation for the experience itself – for actual inner contact – our attention now is not on learning more truth; merely continuing to be aware of the simplicity of truth; remembering the major points of it occasionally, but abiding more in the Spirit than in the letter.” ~Joel

II Cor 3:5,6

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

6 Who also hath made us able ministers of the new testament; not of the letter, but of the spirit: for the letter killeth, but the spirit giveth life.

Matt 7:16 (to .)

16 Ye shall know them by their fruits.

III John 1:4

4 I have no greater joy than to hear that my children walk in truth.

(Thank you Father, for opening out a Way for Your imprisoned splendor to escape... Love you. ~Al)

THE DAILY LESSON - JUNE 6, 2013

“One student says that if she were to explain what’s going on in her thought, people would think that she were back in orthodoxy again. That is the point you come to in this work – that after you have been through much of this knowing of simple truth and deep truth, and spiritual truth and all forms and expressions of truth, you come right back to your childhood days and merely say, ‘the Lord is my shepherd. I have nothing more to think about.’ The Lord IS my shepherd, and all the weight drops off, and all of this deep truth isn’t necessary any more.

The realization has taken its place and, as the Master brought out, truth is so simple that babes can understand it. Yes, because a babe, an infant, a child can say, ‘the Lord is my shepherd,’ with an absolute inner conviction that there is something greater than itself. An adult couldn’t do that; an adult always has some mixture of, ‘well I’m pretty good too,’ mixed up in it until they have been through all of these stages of metaphysics and spiritual wisdom and then arrived at the place where, ‘oh what you’re trying to say is that ‘the Lord is my shepherd.’ Why didn’t you say that in the first place?’” ~Joel

Ps 23:1-3 (to righteousness)

1 The Lord is my shepherd; I shall not want.

2 He maketh me to lie down in green pastures: he leadeth me beside the still waters.

3 He restoreth my soul: he leadeth me in the paths of righteousness

(Knowing the nature of God is freeing, because we no longer need an ego, agenda or desire for something besides this awareness of God. There is no God and something else. We can rest in this realization as everything we need for our Life is included therein. Yes, the Lord already is our shepherd, so rest, relax and rely on Him. ~Al)

THE DAILY LESSON - JUNE 7, 2013

“Well now at this stage the very moment you have had an experience, you will find that it is literally true that the very simplest expressions of truth are the deepest. ‘Thy Grace is my sufficiency.’ There’s nothing more orthodox than that statement, but neither is there anything more spiritually profound than that statement after you have been through all the stages of the deep metaphysics and come back to ‘oh, yes, now having had the experience, I know that ‘Thy Grace is my sufficiency.’” All the rest then is wiped out. It is like a question in a recent letter as to whether the Lord God, and the Jehovah God, and three or four other kinds of God all are the same God, and my answer was ‘how do I know?’

There’s only one thing which I really know – only one thing. I know that God **is**. Whether he’s Lord God or Jehovah God or Christ God, I don’t know, or Buddha God. I don’t know anything about those things. I merely know that God is. That that has come to me with such a deep inner conviction that even though I miss the way, on the way, I still must affirm there is a God. God is, and God is at hand, ‘closer than breathing, nearer than hands and feet.’ That I’m aware of. Any lack of demonstration on my part would never change the fact that I have, and always know, GOD IS.” ~Joel

John 8:58

58 Jesus said unto them, Verily, verily, I say unto you, Before Abraham was, I am.

(I Am, I was and ever will Be. ~Al)

THE DAILY LESSON - JUNE 8, 2013

“Now I don’t pretend to know what God is or how God operates. I’m perfectly satisfied for God to have all the different names that all the different religions give to It as long as in my own heart and soul I will admit that it doesn’t make any difference. Only one thing counts: GOD IS, and God is an Omnipotence, God is an Omniscience, God is an Omnipresence and because of that, the rest is of no consequence.

The same way, do we know that ‘I and the Father are one’? I have never met anyone that knows that. Never. Always there seems to be a separate entity or identity called Joel, and as I look out there I see separate entities called Bill, Mary. And in the face of that I say, ‘I and the Father are one,’ and then I know, of course, that it may be true, but I can’t say that I know that. And yet when I am in the depths of that God-experience, then I know it. Then I know it because then I know who I am, and where I am, and what I am appearing as, and it’s a far different thing than which I see in a mirror. You catch glimpses of that.” ~Joel

Rom 8:9 (to .)

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

(I surrender Father... I can, of mine own self, do nothing. I leave all of it to You. Thy will be done.

I know that the reflection I see in the mirror is an individual expression of You. I feel your Love. Thank you Father. ~Al)

THE DAILY LESSON - JUNE 9, 2013

“Well, I had one day out here when I had given this lawn a very thorough wetting and I could almost feel the water going through the grass. It was as if I were being fed. It was as if I were receiving that nourishment from that water. The grass and I were one. I couldn’t say outright, ‘the grass and I are one,’ but I had the feeling that as that water soaked into the grass that actually that I was being fed. That that water was doing as much for me as for the grass if we were separate things.

And I have heard Don Blanding say that he doesn’t like to see a flower cut off from the bush because somehow he feels the cut. I can understand that. I can understand that because that is a revelation that Walt Whitman had – this oneness. And when you feel yourself to be a blade of grass or a flower, then anything that happens to it, happens to you too. And another mystic has brought out that everything that happens to anyone on the street is actually happening to us if we but knew it.

Now. Those aren't things that can be said or known with the intellect. You can repeat them because Walt Whitman said them or Don Blanding experienced them or Joel Goldsmith had it, but that’s a far thing from feeling it, realizing it and living it. The living of it comes with the experience itself.” ~Joel

II Cor 3:3-6

3 Forasmuch as ye are manifestly declared to be the epistle of Christ ministered by us, written not with ink, but with the Spirit of the living God; not in tables of stone, but in fleshy tables of the heart.

4 And such trust have we through Christ to God-ward:

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

6 Who also hath made us able ministers of the new testament; not of the letter, but of the spirit: for the letter killeth, but the spirit giveth life.

(The path of the mystical life leads us through the dedicated work in the letter of the word to inevitably behold the experience of The Spirit of the Word. Oneness is felt not read about or thought about. ~AI)

THE DAILY LESSON - JUNE 10, 2013

“Now in our meditations, and more particularly in your meditations at home, give more concern to the experiencing of God than to thoughts about God. If necessary, say to yourself:

‘Nothing that I could think about God is true. God isn’t truth, or rather my thoughts aren’t truth; God is truth. Words aren’t truth; my thoughts aren’t truth; God is truth. So therefore let me stop thinking and declaring and experience truth.’

You see, truth is an experience, but truth isn’t something separate and apart or truth isn’t an objectified thing that you can be here and know because that would be two.

And so it is. Even though in our sessions here there’s more talking than there should be only because it seems vital to bring these different points to light – in our meditations there should be longer periods of realizing that this truth that I’m thinking, this truth that I’m knowing, this truth that I’m reading isn’t really the truth. It’s only truth when I am experiencing it within, and then be patient. Even though you meditate a few minutes and stop, go back, and meditate again a few minutes and stop. Go back, and meditate again a few minutes and stop until you do reach that point of experience because that is what we’re really waiting for. Do you see?” ~Joel

Matt 6:31-33

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom [Experience] of God, and his righteousness; and all these things shall be added unto you [you shall be included in Allness].

(I of mine own self can do nothing. The “self” is something we think it is. We “think” is has a power of its own. We even think we can prove that to be true... The Father [Spirit] within doeth the work, which is the I Am of you. Rest now... ... ~Al)

THE DAILY LESSON - JUNE 11, 2013

“Just as we all know what the sunshine will do for our gardens, and therefore, we build our gardens so as to get them into the sunshine where they can avail themselves of it, on a much greater scale God can bring peace on earth. The actual demonstration of God can bring harmony and grace on earth. It isn't going to come there through changes of political parties. It isn't going to come there through human organizations, but it can be brought here by the specific and conscious realization of God. Every time we experience it, we are losing God on earth, and that God goes before us, goes out into this world to do its mighty works. Without someone experiencing it, God is not on earth.

In other words, there has to be a Jesus walking up and down the Holy Land in order to bring the healing, presence and power to the Hebrew race. There had to be a Moses before him. There had to be a Moses or the Hebrews would still have been in their slavery in Egypt. It didn't have to be that particular man. It could have been somebody else with that same realization.” ~Joel

II Cor 3:16,17 (to .)

16 Nevertheless when it shall turn to the Lord, the veil shall be taken away.

17 Now the Lord is that Spirit: and where the [activity of the] Spirit of the Lord is, there is liberty.

(This activity might be as small as a whisper in the ear like, “All is well”, or there could be a feeling of an earth melting Thunder of Oneness, there must be this activity to make it so. I [the instrument] stand on holy ground. When? If so be the Presence is felt. The Spirit has to move upon the face of the waters.

Be still - be willing - be directed. ~Al)

THE DAILY LESSON - JUNE 12, 2013

“There had to be a Mary Baker Eddy to restore spiritual healing to the world. It did not necessarily have to be thee Mary Baker Eddy who lived in New England in the 1800s. But if it weren’t she, it would have had to been some other she. There had to be a concrete woman on earth in order to restore – or man – to restore spiritual healing to the world because there was none on earth at that particular time and, so far as we know, there would have been none now because there hasn’t been an original revelation since her day. Every one has stemmed out from that basis of her original teaching. So, so far as we know nobody on earth has been given the grace to restore spiritual healing to the earth in this age except Mary Baker Eddy. The rest has just stemmed out from that beginning just as all of the Christian teaching stems out from Jesus Christ.

Of course, after Jesus Christ, you have a John, and you have a Paul, and then later on you have Fox, and you have Luther, and you have all the rest of these Western mystics. And there is no indication that any of them would have brought this to light had there not been that particular unfoldment which was given to the world by Jesus Christ. So always there has to be Christ manifest as Jesus, or Christ manifest as John or Christ manifest as Mary. There has to be an individual giving expression to Christ in order for Christ to be available to the world.” ~Joel

John 5:19

19 Then answered Jesus and said unto them, Verily, verily, I say unto you, The Son can do nothing of himself, but what he seeth the Father do: for what things soever he doeth, these also doeth the Son likewise..

John 5:31

31 If I bear witness of myself, my witness is not true.

*(Father,
Take me,
mold me.*

*Teach me,
fill me.
Sculpt me,
form me.*

*Play me,
Illumine me.
Restore me,
Love me...*

... ..

*Use me Father.
Thy will be done, on earth as it is in heaven.*

*Who am I?
Your Love.*

~Al)

THE DAILY LESSON - JUNE 13, 2013

Now then. When you are ill and turn for help, there has to be Christ manifest as a practitioner or teacher – in human form – in order for you to benefit by that unless you are one of the very, very rare souls on the face of the globe who came here with direct contact with the Source. There are some; there are not many. For the rest of us it was necessary, when we were seeking help, that we find an individual sufficiently imbued with the Christ as to make our healing evident.

And so it is that there are millions on earth today looking to us, and to others like us, but they are not going to find healing unless they find individuals imbued with the Christ so that the Christ and the individual have become one. Then, in that degree does their healing take place.” ~Joel

Ps 23:3

3 He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.

(The bearer of Truth is the Truth - in a way we can hear it. Be still and be willing enough to be led. Love you, ~Al)

THE DAILY LESSON - JUNE 14, 2013

“Well so it is with the larger things of the world. There will have to be individuals all around this globe sitting down every single day in the actual experience of the Godhead or Christ and thus loosening this spiritual power on earth just as they loose it in your individual experience for a healing. Now remember think back on any spiritual healing you have had from a practitioner and remember that it was the degree of realized Christ in their consciousness that gave you your freedom. That’s the secret of spiritual healing. The degree of realized Christ in the consciousness of one individual can give physical, mental, moral, financial freedom to thousands, tens of thousands.

Now so it is. The degree of realized Christ in your consciousness is the degree of harmony that is brought into your body, into your business, into your home, and into your community circle – friends, families – not that everyone will be receptive and responsive to It, oh no. Jesus had to find out sadly enough that even some of his own disciples couldn’t be receptive and responsive to the Christ so let us not believe, nor could his mother nor his brethren.” ~Joel

Matt 6:33

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

(Our job is not to bring something to others; it is to realize God and Abide there. The work of Christ multiplies Itself, and is evident where It is Realized.

And all that’s left is a thousand smiles... ~Al)

THE DAILY LESSON - JUNE 15, 2013

“So let us not believe for a moment that everyone who touches our life is going to be receptive and responsive to that Christ, but that isn’t our function to care – whether it is our near relatives or friends or whether it is strangers 10,000 miles away who are receptive. Our function is not to be concerned with who it is that receives the benefit of the Christ.

Our concern is that we experience daily the Christ. Loose It upon the earth and let It do Its work. Wonderful it is if our friends and relatives can all accept It, but if they can’t, remember this, somewhere 1,000 miles away, 10,000 miles away – someone of whom you may never hear in your whole history will be receiving the benefit of that Christ.

Some public meeting, some government official may be receiving the light from the Christ that you are experiencing in any given moment so that never at any time in your life will you really know the extent of the good that is loosed on earth through your experience. It is never given anyone to know that.

But, peace on earth, improvement in labor and capital relationships – ultimately even the human relationships of family life and community life all will be changed not by any virtue of most of the people concerned who will be benefited, but by virtue of those few individuals who are willing to be servants of the Most High, and ‘servants’ is a very good word, too.” ~Joel

I Thess 5:16-18

16 Rejoice evermore.

17 Pray without ceasing.

18 In every thing give thanks: for this is the will of God in Christ Jesus concerning you.

Phil 2:5-7

5 Let this mind be in you, which was also in Christ Jesus:

6 Who, being in the form of God, thought it not robbery to be equal with God:

7 But made himself of no reputation, and took upon him the form of a servant, and was made in the likeness of men:

(Thank you Father for doing the Work. ~Al)

THE DAILY LESSON - JUNE 16, 2013

“Those who are willing to sacrifice, if you might call it that, in the end you will find it isn’t that – but give up time, effort, energy toward the actual experience of the Christ so that you can say, ‘I felt it.’ That’s all. That’s all. ‘I felt the click. I felt the Presence.’ That’s all you need because at that moment you have loosed the Christ on earth. You have let It escape from having been locked up within you until now It walks the earth, and It may well appear to some unfortunate on the street, or in prison or in a hospital.

So I’m stressing – this is for all of our students wherever they may be – that at this point of our unfoldment it is necessary not only for our own good, but for the work that is given to us to do in the world – that we understand ourselves to be a spiritual underground. That we understand that it is our function every day to realize the presence, power, activity of the Christ, realize the very feeling of the presence, and then let It go and be about Its Father’s business wherever that may be, in whatever way.

You can be assured of this: The Christ will overturn and overturn and overturn until ‘He come whose right it is,’ until justice appears on earth, until equity, fairness, integrity. Until spiritual demonstration appears on earth, the Christ will overturn and overturn and overturn, and we won’t always like that overturning because we will not always understand it. We will see forms of error that we will really believe to be error when, in fact, it is the Christ overturning.” ~Joel

Luke 2:41-50

41 Now his parents went to Jerusalem every year at the feast of the passover.

42 And when he was twelve years old, they went up to Jerusalem after the custom of the feast.

43 And when they had fulfilled the days, as they returned, the child Jesus tarried behind in Jerusalem; and Joseph and his mother knew not of it.

44 But they, supposing him to have been in the company, went a day's journey; and they sought him among their kinsfolk and acquaintance.

45 And when they found him not, they turned back again to Jerusalem, seeking him.

46 And it came to pass, that after three days they found him in the temple, sitting in the midst of the doctors, both hearing them, and asking them questions.

47 And all that heard him were astonished at his understanding and answers.

48 And when they saw him, they were amazed: and his mother said unto him, Son, why hast thou thus dealt with us? behold, thy father and I have sought thee sorrowing.

49 And he said unto them, How is it that ye sought me? wist ye not that I must be about my Father's business?

50 And they understood not the saying which he spake unto them.

(The Christ overturns human concepts, thoughts and perception - even historical law daily. A 12 year old proved this to the scholars of the day over 2,000 years ago. And they misunderstood the Truth than, just as it is popularly misunderstood today. The Spirit knows the Truth and opens a Way for it to be heard, even though it may appear like it is against the common knowledge of the day. Thy will be done - by God's instruments.

Love is patient. ~Al)

THE DAILY LESSON - JUNE 17, 2013

“So it is our function to function as a spiritual underground – not merely for the benefit of our own lives because our lives are relatively unimportant. Our lives, at this particular point, can’t be of any importance in the human world. There is very little left for most of us of any human good that could come that would be of too much importance. So the only life we have to live now is a spiritual existence, which would certainly not be for our own good but for whatever good could come through the realization of Christ on earth.

You see you cannot imagine the Master turning stones into bread because he was hungry. You cannot imagine the Master doing anything in his ministry for the purpose of adding name or fame or glory or riches to himself. Nor can you imagine anyone doing any of those things at this stage of our unfoldment. In other words, what is it that you individually want out of life? And if your answer is that you want something for yourself, then you are not listening to the message of The Infinite Way.

The message of The Infinite Way is for us to bring to those who still want something of the earthly nature, to bring it to them – better health, better supply, better employment, better marriage, whatever we can bring but not because we care one iota whether or not they have it, but because it is an evidence of what the activity of the Christ can do in human experience. And so it may lead them to the point of experiencing all the human good and then saying, ‘well I, too, don’t want any more of it.’ And then they join the ranks of those who say, ‘what difference does it make whether I have the next 10 years or 15 years that are left to me of the human span this way or that way when I can devote my inner life at least to the realization of this Christ?’” ~Joel

Matt 4:3,4

3 And when the tempter came to him, he said, If thou be the Son of God, command that these stones be made bread.

4 But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.

(So, now you know my purpose, my life, my work and my devotion...
Won't you walk a while with me and then AS Me? ~Love)

THE DAILY LESSON - JUNE 18, 2013

“This does not in any wise change our outer lives. Our outer lives are still lived as family men or family women. Our outer lives are still lived in the interest of our community. Our outer life does not change. In fact, it becomes intensified. I think if anything, we become better neighbors and better citizens because we are not holding people in the condemnation even of their own conduct or thoughts. But, while we continue to live the normal life on the outer plane, we have this separate inner life which no man knoweth.

We take very seriously the Master’s teaching that our prayers must not be done in public, that our prayers must be done sacredly and secretly in the inner sanctuary and that we do not do our alms before men that men may know about them. And so this is our particular form of alms – this spiritual awareness, and so we are not going to do it so that the world thinks that we are praying for it. No, no. We do it sacredly, but we do it secretly, and we do it within our own being while outwardly living as close to our normal lives as we can.

Well let us take up again this meditation. (Pause) ~Joel

Matt 6:5,6

5 And when thou prayest, thou shalt not be as the hypocrites are: for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, They have their reward.

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

(Pray for anything you want, as long as it is not of this world, and you are not in this world when you are doing it. Spirit to Spirit, Soul to Soul. Just Love Loving because it wants to... ~Al)

THE DAILY LESSON - JUNE 19, 2013

“I was just struck – it was like a bolt of lightning – with this idea of not mistaking human good for spirituality and not depending on external activities for the inner Grace that produces harmony in our experience.

Recently a magazine came to me which had for its main theme the preservation of animal life, the idea of not destroying insects, the idea of not eating meat, not wearing furs. And of course from a humanitarian standpoint, these are steps that many have to take to come to their spiritual awareness. And the objects, in and of themselves, certainly are fine, but the point that I make is this: that those who live in the Arctic may have a very difficult time surviving without the wearing of furs. But, on the other hand, those in southern climates who don't wear furs haven't by that means enriched their spiritual development.

In the same way human thought at the present time requires meats in certain climates – more of it in some than in others – but it is a very simple matter to eliminate meat in the very hot climates without thereby adding any spiritual virtue to one's self. In other words, the mere fact that there may be very little meat or fish consumed in India or China does not necessarily mean that they have spiritually developed themselves.

Now the object of all this is good and is right. The day will ultimately come when all of us will find it unnecessary to live even humanly, even physically, by the flesh of animals, and we undoubtedly will find a substitute for leather shoes and even for furs. That will all come and when it comes, it will come because of the spiritualizing process that is going on in consciousness. Even as today the closer you get to a feeling of spiritual sense, the less of meat you can eat and sometimes reach the point of being unable to eat any at all, so that this outer improvement is a direct result of an inner spiritual grace.” ~Joel

Matt 6:31,32

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

(The idea of “I need” drops away with the Realization that there is no reason for God to provide anything if we are already included in His Kingdom. Omnipresence includes everything. Our supply is sufficient for the work of the day. ~Al)

THE DAILY LESSON - JUNE 20, 2013

“But the point that I would like you to see is that the giving up of the meat or the furs or the leather is not the development of the inner spiritual grace. But the development of the inner spiritual grace would bring about the giving up of these other on the outer plane.

Now the reason that this strikes me so forcibly this morning is this: that at every stage of our unfoldment we are apt to reach the temptation – receive the temptation – to believe that something we do or think in the human realm is going to help us in the development of our spiritual awareness, whereas this isn't so. The development of our spiritual awareness is what is going to improve us in the outer plane. To stop stealing, lying, cheating or defrauding is not to make one's self spiritual. But to become spiritual would automatically end lying, cheating, stealing, defrauding.” ~Joel

I Cor 2:12

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

I Cor 2:14

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

(Along with Spiritual discernment comes the experience of being included in the Kingdom of God. Is there something else to need? ~Al)

THE DAILY LESSON - JUNE 21, 2013

“Now, the point then is not to accept the belief that there is some virtue in an outer thing – act of omission or commission – that some sacrifice will enhance us spiritually, or the indulgence of some form of outer human living will enhance us spiritually. Spirituality is developed within our own being through the very work that we have been engaged in for these many years, the reading of spiritual wisdom, the hearing of spiritual wisdom, and the associating with those on the spiritual path. Therein lies the development of our inner spiritual grace and in proportion as this is attained, the conditions of mind, body and purse all change.

Ah, there again you remember the other day, ‘Where the Spirit of the Lord is, there is liberty.’ There is our goal: the attaining of the consciousness of the Spirit of the Lord, the attaining of the realization of God’s presence and that is accomplished through this type of work and more especially as the meditations are increased in time and in depth, the inner spiritual light increases.” ~Joel

Matt 18:20

20 For where two or three are gathered together in my name, there am I in the midst of them.

John 3:30

30 He must increase, but I must decrease.

(Father, I can do nothing but keep focused on your work. Lead me and feed me that I may lift Your light and share the Love that You are. Your Grace is my sufficiency and I rest included in Your Love. Thank you Father. ~Al)

THE DAILY LESSON - JUNE 22, 2013

“‘Man does not live by bread alone’ and, of course, the Master was very clear on the fact that the Hebrews were entirely wrong in their system of sacrifices. Their sacrificing of animals, their sacrificing of money, their sacrificing of anything was a mistake because the kingdom of God is not ‘lo here or lo there.’ It is not to be found in doing this or not doing that. The kingdom of God is found by inner realization – not by an outer act of either omission or commission but by an inner realization.

Now let us agree that there isn’t a single thing in all of this world that can’t be changed, adjusted by a sufficient degree of depth to our meditation. Let us agree that an ordinary meditation will gradually dispel most of the discords and inharmonies from our existence – more especially those of a not too great degree of intensity.

Let us further agree that a deeper meditation will meet some of the problems, many of the problems that do not yield to the ordinary or lighter forms of meditation. And let us further agree that the most intense form of error – the last enemy that shall be overcome, death itself, will yield to a degree of Christ-realization which is deep, powerful. Then you can see that you become master of your own fate. You become master of your own life because it is the degree of God-consciousness to which you attain that determines the degree of harmony in your outer experience.

And so then it is you who determine whether or not there will be an hour here and there or two or three hours when the phone is cut off, when the front door is locked, when nobody is home to the external world, and when in which you are determined that ‘I will contact this inner presence and power. I will get sufficiently still inside that It can take over and breathe through my lungs, live through my body, live my life’s experience so that I can say with Paul, ‘I live, yet not I, Christ liveth my life.’ ~Joel

Ps 46:10 (to :)

10 Be still, and know that I am God:

(There is only One Truth, Life, Love, Source and Power. And there is only one place it can be found - in the Kingdom and Presence of God. STOP... Let go of the noise of this world and wait upon the Lord. Let your sufficiency, all of it, be God’s. ~Al)

THE DAILY LESSON - JUNE 23, 2013

“Now Christ is the Spirit of God in man, and as the Master has told us, It is within you, but It is deep within you. The Master said ‘the way is straight and narrow, few there be that enter’ because these hundreds of generations of human experience have so far separated us from this inner contact that we cannot go back now easily and make the contact. And so it is that it takes patience on our part, endurance on our part, a determination after that we have known that Christ is the answer to our problem, that we will stand by faithfully in our meditation until Christ, the activity of God in human consciousness, is touched.

Now. If the realization of God becomes an important way of life to us, then of course what the world calls a sacrifice of time or effort isn’t a sacrifice at all but a pleasure. Just as the years spent in studying music or art are not looked upon by the musician or artist as years of sacrifice, but rather years of devotion to the attainment of the gift – so with us.

The gift we are seeking is the actual experience of Christ, the actual living in God. ‘We live, and move, and have our being in God.’ Do we? Certainly not as human beings. We do live, and move, and have our being in God after that we have attained it; after that we have touched it. And so it is the years necessary to the study, the practice, the meditation, are not years of sacrifice but years of devotion to that which is our goal in life.” ~Joel

I Cor 2:9-12

9 But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him.

10 But God hath revealed them unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God.

11 For what man knoweth the things of a man, save the spirit of man which is in him? even so the things of God knoweth no man, but the Spirit of God.

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

(Thank you Father, for the gift of Truth. ~Al)

THE DAILY LESSON - JUNE 24, 2013

“This would not apply to the student who has turned to truth merely for the solution of human problems. And that is why we do not speak this language to the student at that point when they are merely seeking a solution to their human problems. We speak, rather, on their level of consciousness in the same way that the Master healed the sick, raised the dead, preached the Gospel, gave them the Sermon on the Mount as a way of life, gave them the Golden Rule as a way of life. But, to the disciples he went further.

He showed them the healing principle. He took them to the Mount of Transfiguration to show them the hidden mysteries of the spiritual universe. And he expected of them that they had ‘left their nets’, that they had left their human desires for human fulfillment, that they had left the goal of just money-making for money-making’s sake or fame for fame’s sake, and that their whole heart and soul and mind were centered in the hidden mysteries.” ~Joel

Mark 9:1-10

1 And he said unto them, Verily I say unto you, That there be some of them that stand here, which shall not taste of death, till they have seen the kingdom of God come with power.

2 ¶ And after six days Jesus taketh with him Peter, and James, and John, and leadeth them up into an high mountain apart by themselves: and he was transfigured before them.

3 And his raiment became shining, exceeding white as snow; so as no fuller on earth can white them.

4 And there appeared unto them Elias with Moses: and they were talking with Jesus.

5 And Peter answered and said to Jesus, Master, it is good for us to be here: and let us make three tabernacles; one for thee, and one for Moses, and one for Elias.

6 For he wist not what to say; for they were sore afraid.

7 And there was a cloud that overshadowed them: and a voice came out of the cloud, saying, This is my beloved Son: hear him.

8 And suddenly, when they had looked round about, they saw no man any more, save Jesus only with themselves.

9 And as they came down from the mountain, he charged them that they should tell no man what things they had seen, till the Son of man were risen from the dead.

10 And they kept that saying with themselves, questioning one with another what the rising from the dead should mean.

(The reasoning mind will never find an explanation for a Spiritual experience. Are you sowing to the flesh or the Spirit for your daily bread? With you, Loving you, ~Al)

THE DAILY LESSON - JUNE 25, 2013

“Now you perhaps read in yesterday’s newspaper here of this man who was visiting in Hawaii and who was interviewed, who was present at the opening of the manuscripts that were found in the Dead Sea. Well, as a matter of fact, those manuscripts are going to change the whole of the religious life of the world. Every church – Christian church – will have to change its teachings as a result of those manuscripts. Because here are these manuscripts already authenticated by universities, by scholars, and revealing that much that the church is teaching isn’t true, and showing where the mysteries of Christianity came from, and what their intent was, and what the mode of life was that came forth through these mysteries.”
~Joel

John 6:45

45 It is written in the prophets, And they shall be all taught of God. Every man therefore that hath heard, and hath learned of the Father, cometh unto me.

(The “Way” is Infinite - ever expanding. The Truth always finds a way to be expressed so it can be clearly heard by those listening... The Christ is the Word made flesh. ~Al)

THE DAILY LESSON - JUNE 26, 2013

“Well the Master knew from his previous experience that the attainment of the hidden mysteries of the inner wisdoms would make an individual forever free of dependence or reliance on external forms. That is how these Christian teachings came into being. Those who revealed them saw that it was no longer necessary to have a church, that a church was an individual’s contact with the Master, and that it was something that took place inside one’s own being, not inside of an edifice. And so these people formed a group outside of the church, and that is where the Christian life was lived.

This movement outside was in the nature of a brotherhood, but one that was more or less loosely drawn and was entirely dependent on one’s spiritual respect for one another. If you were an aspirant, a beginner, you bowed before the higher student who was perhaps in the second degree. And if you were in the second degree, you submitted yourself to those who were in the third degree. You automatically recognized their state of consciousness as superior to your own and you bowed before it – not by rules, but by the fact of your knowing.

And so it was all the way up to the Master itself, and the Master ruled supreme because everyone realized that the Master had attained a degree of Christhood not yet attained by the others. And so their allegiance, their loyalty, their obedience was based not on a rule, not on a regulation, but on a recognized state of consciousness.” ~Joel

I Pet 2:5-9

5 Ye also, as lively stones, are built up a spiritual house, an holy priesthood, to offer up spiritual sacrifices, acceptable to God by Jesus Christ.

6 Wherefore also it is contained in the scripture, Behold, I lay in Sion a chief corner stone, elect, precious: and he that believeth on him shall not be confounded.

7 Unto you therefore which believe he is precious: but unto them which be disobedient, the stone which the builders disallowed, the same is made the head of the corner,

8 And a stone of stumbling, and a rock of offence, even to them which stumble at the word, being disobedient: whereunto also they were appointed.

9 But ye are a chosen generation, a royal priesthood, an holy nation, a peculiar people; that ye should shew forth the praises of him who hath called you out of darkness into his marvellous light:

(If you have a Bible handy - take a look at the entire I Peter chapter 2 today... Read between the lines to the Spirit of the word. I'd love to hear from you as to what you see there - and how this all ties together.

Loving you, ~Al)

THE DAILY LESSON - JUNE 27, 2013

“So it will be with everyone who attains the realization of this Christ of their own being, who touches It or is touched by It. Instantly, they will be freed of a dependence on person, on thing, on circumstance and condition, and all life will be a cooperation – and yet an acknowledgement to those who are a step beyond where we may be at any given moment.” ~Joel

Prov 3:6

6 In all thy ways acknowledge him, and he shall direct thy paths.

(Acknowledging an impersonal Instrument of God is acknowledging God.)

John 14:6

6 Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me.

(The human instrument isn't the Way - "I" Am. The Christ Truth, that passeth understanding. ~Al)

(PS- for all the new students: Whenever I capitalize a word in my writing, it is not because I am putting emphasis on it - I am using the word as a synonym for God. I.E. The "Word" is the presence of God - and the "word" is the letter of the "Word", as it is observed in the flesh. In "I Love You", the Spirit does the loving or Love Loving - in "I love you", I, the man, does. ~Al)

THE DAILY LESSON - JUNE 28, 2013

“Now. There is no limit to the depth of Christhood and, therefore, there is no limit to your attainment. Any limitation would, of course, be our own limitation – that which we place on ourselves. Even as we advance in this work if we permit our self to be taken from our meditation and contemplation by the busyness of our practice or student body or organizational activities, we will cheat ourselves. Regardless of the amounting of the outer activity, we must limit that by consciously removing ourselves from that activity for long enough periods to abide in our spiritual stillness.” ~Joel

Luke 6:12

12 And it came to pass in those days, that he went out into a mountain to pray, and continued all night in prayer to God.

(This is one on the many times Jesus went off to be still and pray. Did you ever notice that these long periods of meditation were always followed by his greatest work? This example in Luke 6 was followed with the gift of the Beatitudes.)

Ps 46:10 (to :)

10 Be still, and know that I am God:

(Be still and know that I AM with you, now and forever. I Am the Infinite Way. God Is. ~Al)

THE DAILY LESSON - JUNE 29, 2013

“No one must ever allow their outer activity to grow to such an extent that it deprives them of their hours, days, weeks, and months of inner unfoldment. It is a very simple thing after one has touched this center to find their outer activity so great that the matter of gaining a fortune or fame is almost as simple as a twist of the wrist. But it is an indulgence in material prosperity, and it would soon take from us the spiritual gift, which is worth far more than that which we would give up by not permitting the outer world – not even the outer spiritual world – to deprive us.

The Master insisted on his 40 days in the mountains. The Master insisted on disappearing from the multitudes. So must we. We must insist on withdrawing from our families, from our friends, from our human obligations for those periods necessary to our inner development and unfoldment. And then we must discipline ourselves because, after awhile, the outer world accepts us at our value, our own evaluation, and permits us to have our time alone. But then comes the temptation when we have our time alone not to use it in the way in which it should be used.” ~Joel

Mark 4:14-19

14 The sower soweth the word.

15 And these are they by the way side, where the word is sown; but when they have heard, Satan [distraction] cometh immediately, and taketh away the word that was sown in their hearts.

16 And these are they likewise which are sown on stony ground; who, when they have heard the word, immediately receive it with gladness;

17 And have no root in themselves, and so endure but for a time: afterward, when affliction or persecution ariseth for the word's sake, immediately they are offended.

18 And these are they which are sown among thorns; such as hear the word,

19 And the cares of this world, and the deceitfulness of riches, and the lusts of other things entering in, [distractions again] choke the word, and it becometh unfruitful.

Matt 6:6 (to ;)

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret;

Isa 26:3 (to :)

3 Thou wilt keep him in perfect peace, whose mind is stayed on thee:

(When presented with a distraction, stop long enough to impersonalize the erroneous “power” it seems to have. Stay focused on Truth [God’s Omnipresence]. Foolishness - get thee behind me... A knowing smile appears on our Soul and we come down from the mountain basking in His Light. The appearance will have dissolved into the nothingness it always was, never to be thought of again. ~Al)

THE DAILY LESSON - JUNE 30, 2013

“And you will see that one of the most difficult periods is to go through a time such as we have this morning with nothing active in the outer world but the entire period devoted to inner reflection, inner contemplation, inner quiet, inner stillness, and with nothing to show for it in the outer world. Certainly nothing to show for it at the moment, but the fruitage of a morning like this morning will continue to appear for years to come – influencing not only our own lives, but the lives of all who touch us.”

And so it is that an hour or two hours of silent meditation, of contemplation, communion with God with no seeming object, with no purpose, with no desire for attainment of any kind, not even healing, that is the depth of the vision that opens up the inner experience to us and in ever, ever deepening quality.

Let's try it again.

Aloha.” ~Joel

Matt 6:25

25 Therefore I say unto you, Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment?

(Pray for anything you want to as long as it is not of this world. God doesn't need any help, or advice, or information about a problem. How could He be made aware of something that is not?)

Where the Spirit is realized, there is Liberty. Rest now, Spirit to Spirit.
~Al)