

“THE DAILY LESSON”

is an activity of the study group found at: www.iwso.org
It is a progression of excerpts from a transcript of a live class as it was recorded by Joel. It appears each day, together with the addition of corroborating scripture and inspired comments, to take into meditation and live with throughout your day.

Student’s note: There are words that are capitalized throughout this work. These words are used as if it were a synonym for, or as an activity of God. Also, the portions that are italicized are spontaneous meditations.

The subject of study for the month of JANUARY 2013 is:

31.

“JULY 7, 1955, THE BURDENS WILL BE LIGHTER”

**Tape 125:
Side One
1955 Kailua Study Group, Tape 16**

By Joel S. Goldsmith

THE DAILY LESSON - January 1, 2013

“Good morning. (Class responds.)

Don’t think that it’s fanciful, imaginary or that it’s beyond the possibility of man on earth to live by the activity of the Christ because living by the activity of the Christ is the normal and natural way to live. Living the human way is the unnatural way. It’s been brought about – well it’s called in religious language – by man’s disobedience or man’s falling away from

Grace. That's why he has to live by the sweat of his brow. That's why women have to bring forth children in pain and travailing.

Actually there should be no pain at all about childbirth. There wouldn't be at all under the activity of the Christ. As a matter of fact, there isn't. Whenever, whenever there is a practitioner of spiritual capacity in attendance at a childbirth, it is a painless one. I doubt that I have ever seen it fail that childbirth is entirely painless when there is (I don't mean by that that anybody who calls himself a practitioner can do it anymore than any one who calls himself a practitioner can heal.) Getting a degree as a practitioner isn't what I mean. But attaining a measure of the Christ, then childbirth becomes normal, painless, and well that is only one evidence of what I mean.

Actually, actually, we are not meant to live by taking thought. We are not meant to live by worry, concern, fear, doubt. We are not meant to live by the grace of any 'man, whose breath is in his nostril.' We are not meant to be dependent on husbands, or wives or estates. We are not meant to be concerned for anything except showing forth God's glory. Every act of our lives should show forth the fact that God is functioning in our lives. ~Joel

John 15:4

4 Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.

John 15:7,8 (to ,)

7 If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you.

8 Herein is my Father glorified,

(Abiding may seem like it is something we need to do, an activity to pursue. There is nothing to "do", nothing to think... Ha, well... There is something we can do - We can be still, and LET the activity of Spirit Live our lives and do our work. Abiding is Letting and Basking and Watching. ~Al)

THE DAILY LESSON - January 2, 2013

“Now there are periods in your experience when you know right well that you have shown forth an activity of the Christ. In other words, you’ve had a healing of a headache or the healing of a throat ache or a foot ache, and you’ve known definitely that that wasn’t brought about by a human means or by waiting for a human healing time. It was stopped in its tracks right where it was. Or it may be that some other experience of relationship or supply were met so drastically that you knew without a question of a doubt that the activity of the Christ had produced it, and that nothing of a human nature had brought it about.

But you see that is only living between visitations of the Christ or from one visitation to another – whereas the Christ is a spiritual presence and a spiritual power. It’s an invisibility, but nevertheless real, which takes over the functions of our life. It takes over the functions of the body so that you don’t have to take thought for walking or talking or remembering, or digestive or eliminative action. You don’t have to take any thought about that or help it in any way because it’s activity of the Christ, of the Spirit within, functions it. And so you go through your days and nights of bodily activity without even being aware of the fact that you have a body. That is when ‘I live yet not I, Christ liveth my life.’” ~Joel

Gal 2:20

20 I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me.

(This is one of my favorite passages from Paul. Paul has, at this point, completely surrendered his life to God. He is taking no thought for his life. He is laying down his self-consciousness to be filled with the Mind of Christ. He is letting God be God and Realizing that he is included in the All-Oneness of Spirit. His “self”-ness [ego] has become irrelevant and he knows it. Thank you Father, may I be led to do the same... ~Al)

THE DAILY LESSON - January 3, 2013

“If I have to take thought for getting my blood to circulate or my digestive organs to work or eliminative organs or muscles, then I’m living by bread alone—not by ‘every word that proceedeth out of the mouth of God.’ But when the body is functioning without my taking any thought about it, and without even knowing whether I have a blood system, or a digestive system or an eliminative system, then, of course, it is the direct evidence of Christ in action. So it is with every phase of our human experience.”

If we awaken in the morning and the right things are said at the right time, and the right acts are done at the right time, the right people come into our experience at the right time, and the wrong people are eliminated from our experience at the right time, then you say, ‘Yes I see that every phase of my experience is a direct result of the activity of the Christ. I’m really not doing this. I’m not taking thought about it. It is doing it before I have any awareness of it. It is the activity of the body. It is the activity of the purse. It is the activity of our relationships with each other. The Presence goes before us to ‘make the crooked places straight.’ The Presence goes before us to prepare a place for us.’

Everything is done for us, and you remember a couple of years ago, Saroyan wrote that he is convinced that ‘God lives our lives and that we just go along for the ride.’ And at a certain state of unfoldment, that is exactly true. We are just on this plane as witnesses as much so as we witness the coconuts growing on those trees out there, or witness the roses coming out into bloom or witness that grass growing after it has been cut. We don’t do anything about it. We witness it. Yes, we may be prompted to water it a little more or give it a fertilizer, but even we don’t do that. We’re prompted to do that. We are prompted. We just go along and do those things that are given us to do.” ~Joel

Matt 4:4

4 But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.

(“I am with you, now go out there today and Live in My abundance.”
Thank you Father, I will... ~Al)

THE DAILY LESSON - January 4, 2013

“He performeth that which is given me to do.’ He tells me when I have a feeling I ought to water the lawn. I have a feeling I ought to order fertilizer. I have a feeling I ought to go to town today and take care of certain things that have been ‘hanging file’ for weeks yet never before did I have an urge to do it. I have things lying on the desk there days and weeks, and pick them up and can do nothing about them, lay them down again and then one day It says, ‘now,’ and then it’s done in that minute. And then I find that everything has worked together toward that minute, and in a jiffy it is complete.

What I am trying to say—I’m saying it very imperfectly, but what I’m trying to say is this that from this day forward be more of a beholder. Be more of a witness. Do less yourself and watch more being done by the activity. See; see if you can’t yourself detect things taking place in your life that you can say, ‘Ah, that I know is an activity of the Christ because I had nothing to do with it. I, I never thought about that. I didn’t dream of such a thing coming into my experience. Yes, that, that was an activity of some invisible presence and power that was operating in my behalf.’

You will also find in the experience of those around you, and this is more especially true of children and those who are still innocent in thought (I mean innocent of the world’s ways) that you do things for them that you, yourself, hadn’t planned to do or expected to do. And you don’t realize that you are responding to the Christ that’s governing their lives. They have a Christ that is functioning and using you for their benefit. Just like this dog has a Christ and it uses us to pet it or to feed it or to house it and to supply its needs. It’s only because it has an invisible, protective, maintaining, sustaining influence and we are being used—same as in the case of children.” ~Joel

Job 23:14 (to :)

14 For he performeth the thing that is appointed for me:

(You must leave yourself out of this. God performeth... God does His work - God’s activity - in God’s time and Way. His will be done... You see? It does not mean that He will do what we ask. Pray for anything you want as long as it is not of this world. Be as His child, accept and trust His Love, just as it comes... Unconditionally. ~Al)

THE DAILY LESSON - January 5, 2013

“They have that inner something that even without their knowing anything about the cost of breakfast, lunch and dinner seems to provide it for them or clothing or entertainment, amusement, and they have no sense of values or how much money’s involved or how hard it was to get. They just want it and it’s there, and you find that you even inconvenienced yourself or did without that they might have it—not realizing that you’re being an instrument of the Christ which was operating in them, through them and for them. And so it is.

Christ is God Itself in Its individual expression in our lives – just as that sun right out there is the whole sun itself, but yet it’s centered or individualized in this particular area. A thousand miles from now that same sun is shining yet in an individual – we would call it sunbeam or sunbeams – but it is the sun itself. So it is.” ~Joel

Isa 26:3,4

3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

4 Trust ye in the Lord for ever: for in the Lord JEHOVAH is everlasting strength:

(The type of activity Joel is talking about, in a human world, would be called a leap of faith. There are no risks in the Christ Presence and faith has nothing to do with the kind of Trust Isaiah is talking about... This Trust is Knowing the nature of God to the point of experience; which would require the ultimate surrender of self/ego. The instrument doesn’t play itself and it certainly can’t be played if it doesn’t let the Master play it, right?

This knowing, or trust is developed over a period of time - by practicing and practicing, and practicing, in other words, staying the mind on Him. Living, expressing and beaming His Light out for all to see. Loving for the sake of Loving... Loving you, ~Al)

THE DAILY LESSON - January 6, 2013

“God is the Christ. God constitutes the Christ. God is the universal, infinite allness expressing Itself individually as your consciousness and mine in proportion as we relax from taking conscious thought. The moment we outline, or plan or take the responsibility for ourselves, then we shut off the activity of the Christ. On the other hand, when we refrain from taking thought or making a move, we make way for the Christ to act, then we carry out on the human plane whatever the direction is that has been given to us.

In other words, we could say to ourselves, ‘All right. I will do today whatever prompting comes to me each hour to do.’ Probably when I leave here the next thought will be for lunch, well then lunch let it be. But, on the other hand, it may well be that with very intense thoughts about lunch, another call will come and lunch has to be postponed which it wouldn’t be if you permitted that word ‘I’ to be so intense that nothing is going to thwart your having that lunch.

But if you realize always that you’re subject to the powers that be, to the Christ, it may well be that some incident will arise that will prevent what you had in mind, then you’ll do the next thing. And so each step of the way we wait and the Christ functions, and then we carry out what is given us to do. But somehow It says ‘that as of today the activity of the Christ will be more in evidence than it has been heretofore.’

Again, you see, we are back at that old business of talking about the Christ and what Its function is and how wonderful It is when it operates, but It isn’t operating. But here we have a promise that, as of today, the activity of the Christ will be more evident in our experience than It has ever been before. This means that we must be more than ever alert whenever we’re doing anything to ask, ‘am I doing this or is the Christ doing this?’ And if you can’t feel that the Christ is doing it, stop, stop, just as in the human world of today very few people can be alone or be silent or be still.” ~Joel)

Matt 6:25 (to 2nd ,)

25 Therefore I say unto you, Take no thought for your life,

Eph 4:4-7

4 There is one body, and one Spirit, even as ye are called in one hope of your calling;
5 One Lord, one faith, one baptism,
6 One God and Father of all, who is above all, and through all, and in you all.
7 But unto every one of us is given grace according to the measure of the gift of Christ.

Ps 46:10 (to :)

10 Be still, and know that I am God:

John 5:17-19

17 But Jesus answered them, My Father worketh hitherto, and I work.

18 Therefore the Jews sought the more to kill him, because he not only had broken the sabbath, but said also that God was his Father, making himself equal with God.

19 Then answered Jesus and said unto them, Verily, verily, I say unto you, The Son can do nothing of himself, but what he seeth the Father do: for what things soever he doeth, these also doeth the Son likewise.

(Father, I can do nothing. So I will be still now, and let Thy will be done...
... .. al.within)

THE DAILY LESSON - January 7, 2013

“The mode of life is such that the human mind now has to be distracted continuously by outside noises – whether it’s movies or television or planes overhead or trains rolling by – or a bridge game or solitaire, something has to be going on in the external realm to keep it occupied, otherwise it gets upset. And that is because it cannot stand the silence, the quietness or inner peace. That is why there are so few able to grasp a spiritual message. More could grasp it if it were an activity of either body or mind. That is why in church organization it is always easy to have a crowd if you just ask for enough ushers, or ask for enough people to hand out programs, or ask for enough to take up the collection because everybody wants to be busy. Nobody wants to sit down in church and to get quiet and listen to God because they haven't the faculty for it.

Now as long as that feverish activity of the human mind is taking place, the Christ is not able to break through and reveal Itself. We are a nation of go-getters, and so we do not know that the best way to be the best go-getter is to have these long and frequent periods of quiet, of do nothing and get nothing, but receive the inspiration that makes it possible to accomplish more in one hour than the human mind and body can accomplish in 24 hours.

The person that has the knack of resting, of being mentally quiet, accomplishes more in less time. But the person who goes the next step higher and is enabled to open themselves to the activity of the Christ is of course without limit. There is a limit to what the human mind and body can perform in 24 hours. But there is no limit to what the Christ can perform through a human being in 24 hours. There is absolutely no limit.” ~Joel

Matt 19:23-26

23 Then said Jesus unto his disciples, Verily I say unto you, That a rich man shall hardly enter into the kingdom of heaven.

24 And again I say unto you, It is easier for a camel to go through the eye of a needle, than for a rich man to enter into the kingdom of God.

25 When his disciples heard it, they were exceedingly amazed, saying, Who then can be saved?

26 But Jesus beheld them, and said unto them, With men this is impossible; but with God all things are possible.

(The rich man is confident in his abilities and personally gathered supply. This ego must be surrendered to Christ Consciousness.

The recognition, acceptance and knowing of God as Omnipresence, eliminates any other ideas we might come up with ourselves or are taught by well-meaning people. The greater this recognition of Allness - the more sure we are of Divine Principle; and the less distracted we will be, thus bolstering our ability to stand stock still under any conditions. ~Al)

THE DAILY LESSON - January 8, 2013

“Recently a girl in college who was so busy with many college activities that when she came to her examinations was afraid that she wouldn’t have passing grades wrote for help, and then came a letter saying that she passed with perfect grades. Perfect grades, not passing grades, perfect grades. She completed every one of the studies of the course with perfect grades—not some of them, all of them. That is not possible to a human being, but it is possible for the activity of the Christ because It takes no thought for what your capacity is. It operates through Its capacity for which we are but instruments.

That is, you, you can visualize that if you can go back now to the Temple Gate Beautiful and see Peter and John raise this crippled man from the temple gate. You can see definitely that neither Peter nor John could do any such thing, and so you must see that there must have been an activity beyond their human understanding, beyond their capacity. And they acknowledged it. They acknowledged it. ‘Why marvel ye men of Israel as if we of our own understanding or powers had done this thing?’ Just think of that, ‘as if we of our own understanding’.

So it is as you engage in healing work and somebody tries to tell you what a wonderful understanding you have, you will also feel a little bit ridiculous. You know it’s like having the Medal of Honor pinned on you when you weren’t even there. Because you realize, and you realize it with the healing of a simple headache, or you realize it if you have the good pleasure to witness the healing of a cancer or a consumption or polio, paralysis, you will know definitely that it’s not false modesty that makes a person say, ‘but it wasn’t my understanding or my power.’ And it wasn’t. On the other hand, let us not get away from the fact that if they hadn’t attained that degree of humility, that which did it would not have done it.” ~Joel

Ps 147:5

5 Great is our Lord, and of great power: his understanding is infinite.

Ps 23:5 my cup

5 ...my cup runneth over.

(God functions in the Infinite. His Omnipresence includes all, His Omniscience fills our Consciousness with the Christ and His Omnipotence

heals the sick, raises the dead and dissolves lack. His Grace is my
sufficiency [abundance] without limit... as it is in heaven so on earth...
Amen. ~Al)

THE DAILY LESSON - January 9, 2013

“Don't ever forget that the impotent man or paralyzed man at the Temple Gate Beautiful would still be sitting there if there hadn't been a Peter and a Paul, or a Peter and a John of sufficient degree of selflessness to permit the activity of the Christ to function. And so it would be that Jerai's daughter and Peter's mother-in-law and Lazarus would all still be where they were if there hadn't been an individual of a sufficient degree of nothingness to permit the Infinity to appear, and that is the secret of this work.

By now you should be knowing, you really should have a complete realization, complete – that the activity of the human mind is not prayer. By now you should really and truly know that thinking thoughts, affirming affirmations and denying denials and giving treatments, and all the rest of this human mind paraphernalia, isn't really spiritual healing. As a matter of fact, it isn't even prayer.

By now it must have made itself very clear to you that the world has been praying for thousands of years, and all you have to do is go into a Hebrew synagogue just one Friday night and listen to their prayers. Then go into an Episcopal Church on a Sunday and listen to their prayers, made up in books, rote, ritual, vain repetitions.

Go through all of the repetitions of names or the repetitions of beads—whether it's in the Catholic Church or a Moslem Church – and see how every bit of it takes place up here in the mind. Whether you are repeating the affirmations of Unity or whether you are declaring the Scientific Statement of Being of Christian Science, see if it isn't all taking place in your mind. And then you will know why lightning only strikes once in a hundred times and brings about the harmony that is being sought.” ~Joel

Acts 3:1-6 (to :)

- 1 Now Peter and John went up together into the temple at the hour of prayer, being the ninth hour.
- 2 And a certain man lame from his mother's womb was carried, whom they laid daily at the gate of the temple which is called Beautiful, to ask alms of them that entered into the temple;
- 3 Who seeing Peter and John about to go into the temple asked an alms.
- 4 And Peter, fastening his eyes upon him with John, said, Look on us.
- 5 And he gave heed unto them, expecting to receive something of them.

6 Then Peter said, Silver and gold have I none; but such as I have give I thee:

Matt 6:5-8

5 And when thou prayest, thou shalt not be as the hypocrites are: for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, They have their reward.

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

7 But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking.

8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

(Dear Friends,

I will try to keep this short. I would like to share a Life changing experience with you all: Several years ago, I was studying this same 1955 Kailua Study Group Series from cover to cover. It was at this exact point [the work of the last three days - the 7th, 8th and 9th this time through] that it all made sense. I have previous notes, underlines, stars and arrows scribbled all over my pages, and a big WOW written on the side of the text. The entire method of work came through for me, and in a Way "I" could Live... There was an earth melting experience where I had the realization, "You don't have to work at this so hard - THERE IS ANOTHER WAY".

Rather than meditating at designated times and for long periods - what followed was another Way of praying/meditating for me - more of what I would describe as a "praying early, often and without ceasing". I rarely meditate for long periods, but partake in many, many short acknowledgements, moments of peaceful Presence and Gratitude... Some with incredible impartations and some with an ah-ha moment and some with simply a beautiful feeling of Inclusion. A Living in the awareness is the best way I suppose I can describe it. Even the 2-3 hours I faithfully dedicate to this lesson preparation every evening is not a sitting in Silence for 2-3 hours. I drift in and out of the within and a steady stream of mini-meditations where I "Feel" the Presence and then go ahead with my "work of the day". These evening hours are so very special because I have set

aside the place and time exclusively for this work and I can be in the Presence - and then reply to an email to one of you... Or write this lesson... Or answer a call for help. It is the most fulfilling thing I have ever done in my life. Loving for the sake of Loving!

Even when I am working in my shop/studio during the day, or doing some other work, I almost don't stop working - but go within for 30 seconds, or maybe less, I FEEL "I Am with You" or some kind of "Release or Recognition" and simply keep on working. I might sit in a chair for a brief respite and regeneration several times an hour, or it might be something similar while driving a car. The habit has been developed to not go for long without going within. If I lapse a little - my work is not productive and without purpose, or I struggle, but if I am "Connecting" My work is done with little effort and sometimes with no effort, and as such is always accompanied by a knowing smile. ;-)

You see, it doesn't really matter what the body is doing we can Live and Move and have our Being in Christ and appear to be "normal" functioning human beings all at the same time. The only difference is the degree of surrendering our Life to God, listening for constant guidance and praising His Work as it is being done. The outward appearance might be healing or teaching work, or needed supply, the appreciation of a beautiful sunset or Love through an email. The answer and the experience is always the same. I Am with you. I Am. I am the manifestation of Spirit that walks and talks and expresses Itself - In and As Christ Consciousness. It doesn't have to be hard work, we don't have to suffer through an initiation. We just have to Live God's Life - not ours.

Loving you all so very much and appreciating every minute of it,
~Al)

THE DAILY LESSON - January 10, 2013

“The prayer of the human mind is not a prayer at all no matter how beautiful the words. For instance, in the Letters of A Scattered Brotherhood, I’m sure most of you have read that. If you haven’t, go to the public library, and read at least part of it, and note the beauty of the passages in that book, the beauty of the prayers, meditations that came through. And then remember this: that as they came through the one who received them, it was the word of God that was sufficient to change a whole world. But that, as you read it, it is only a collection of beautiful passages. If you expect it to do anything for you except give you a sense of beauty and calm and peace, you’ll be mistaken because it’s no longer prayer when you read it, or memorize it or recite it. It was prayer when it came through the individual who wrote it down.

I like to pick up that book every once in a while and read, just for the joy and inspiration that flows through some of its passages. You can almost feel it as the words were given to the one who brought them into written expression, and there’s a thrill in them, and there’s a joy and there’s an elevation of consciousness. But, so far as we are concerned, the only value of that book is to point out that the same thing can happen to us if we can rest back in that same peace and quietness because the voice of God is very much like a 24-hour a day radio station.

The voice of God is speaking 24 hours a day. It doesn’t speak when you need to hear It. It is speaking since the beginning of time, but there is a period in which you tune into It and become aware of It. That doesn’t mean that you couldn’t have done it last year or ten years ago. You could—It was speaking. It was announcing Itself in human consciousness. It was revealing Itself. Somewhere on earth some were hearing It while we were busy knitting booties for the grandchild. Don’t let us be so busy knitting that we are not tuning in.” ~Joel

Heb 13:8

8 Jesus Christ the same yesterday, and to-day, and for ever.

(God is not a giving God, or a withholding God. God just IS. This IS-ing has only to be realized... Be still... Tune in... Live his Life. ~Al)

THE DAILY LESSON - January 11, 2013

“But, you see, tuning in is not an activity of the human mind. Yes, there may be an activity in preparation – that you’ll find now in the writings under ‘Contemplation,’ ‘Meditation.’ But don’t be fooled into believing that that is it. That isn’t it. The ‘It’ is Christ, and Christ only announces Itself when we are silent.

You see a strange thing this morning as I sat back to meditate and everything extraneous dropped away from me – I was just inside a vacuum, and then all of a sudden whatever this is that’s coming out came. But you see It could announce Itself, not I. It could announce Itself and say what was taking place, is taking place, is about to take place.

There is an IT. And you have to set up the vacuum that makes it possible for It not only to announce Itself, but to function Itself as your individual experience. “ ~Joel

Matt 6:6 (to ;)

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret;

(Joel wrote the following few paragraphs 2 years later in the “May 1957 IW Letters”. Keep this one close. Carry it with you. Put it in your pocket. Paper the walls with it - whatever it takes - until you have it... Herein lies the secret of secrets - the Life of Life. Love you, ~Al)

Acknowledge Him in All Thy Ways

"I live, yet not I." Christ performeth that which is given me to do. This is the promise and the prophecy of the Master, of all masters of all time. Acknowledge It; in all thy ways acknowledge Him-in all thy ways. When you get out of bed in the morning, acknowledge that you, of your own self could not have done it. If you are awakened out of a sound sleep, acknowledge that you would have gone on sleeping but for an inner prompting that awakened you. And if you are awake and go to sleep, acknowledge that an inner urge, an inner prompting, gave you this rest. If you are successful, acknowledge that only the gift of God, the grace of God, could have made it possible. If you fail, acknowledge that only through a sense of separation from this I could there have been any failure,

if failure it was. You may find that what appeared as failure was not failure at all, but only an experience to awaken you to your true destiny.

Acknowledge Him in all your ways, even when you have no evidence of the Presence. Agree that it is so even if you have not yet demonstrated it. As you persist in this practice and in your meditations, the day will come when you will feel a quickening within you. You will feel a peace that passeth understanding and you will know what spiritual rest means. You will know, in some way, that the Christ has come alive in you, that the Christ has been born or has been awakened in you. From then on, you woo the Christ. Hour by hour, woo the Christ; pursue It; acknowledge It; recognize It; step aside so that It can do a little more while you do a little less.

The day will come when this Presence will be such a living reality that most of the time you will be consciously aware of it. When you become too busy, It may recede into the background, but then a moment of not busy-ness will come, and It will again be with you. If the busy-ness is too intense and you seem to have lost It or to have become separated from It, you will find that deeper meditation will restore It to your conscious realization.

It is this Presence, entertained in secrecy and silence, that draws unto us our own and unites us with all life, in love, understanding, mutuality, and co-operation. We are united in one brotherhood by an invisible bond. That bond is the Christ of me and the Christ of you, making us of one household. Ultimately, this invisible bond of love will become the relationship of the whole world.

Acknowledge Christ in the midst of you, and then acknowledge Christ in the midst of all individual being-human, animal, vegetable; and mineral. This same Christ permeates the weather, the stones of the ground, the bottom of the sea, and the very air itself. Acknowledge that you are never outside of the realm of Its bosom, Its protection, Its love, and Its care, Its direction, Its wisdom, Its strength, and Its health.” ~Joel - May1957 IW Letters

THE DAILY LESSON - January 12, 2013

“Now, it is the nearly two months of our daily work which has led us by degrees to this place. Oh behind this two months remember were the years that were preparing us for these two months, just as these two months have been a preparation for what will happen the balance of this year and next.

Nobody could participate in the work that we have done in this past two months without something of a radical spiritual nature taking place in them in the next two months or two years anymore than you could plant your seeds of grass and fertilizer and water it and then not eventually see a crop of grass. It has to follow. There may appear to be an interval in between your planting the seed and your fertilizing and your watering before you begin to see the result, but the result is inevitable. In fact, it was inevitable from the moment you planted the seed. So it is here.” ~Joel

John 4:35

35 Say not ye, There are yet four months, and then cometh harvest? behold, I say unto you, Lift up your eyes, and look on the fields; for they are white already to harvest.

(All the work, surrendering, dedication, struggles, feelings of failure and even success leads us to the same realization. We are led to God's Presence that already IS and was and ever will be. He doesn't need our help or recognition, God is already on the field, pouring out His Supply and Grace and Love. Any appearance of lack is not His doing. Unconditional Love does not withhold, or expect or encourage us to do anything. Love just Loves, Pours out and Illuminates. ~Al)

THE DAILY LESSON - January 13, 2013

“From the moment that you turned to an invisible, a humanly unknown way of life, a humanly unknown presence and power of direction, from that moment – regardless of how many years ago it was and no matter how many steps you have taken in between—some of them right and some of them wrong steps—no matter how many there may have been, it was inevitable with that first turning that eventually you would come to that place in consciousness where the Christ would take over because that was the purpose of turning.

The moment you turned away from material persons, material help, material avenues to the spiritual, from that moment on it was inevitable that the spiritual would take over. The length of time in between would represent the mess and mass of humanhood that had to be cleansed out of our temple.

Our temples have become slightly soiled with human experience, and slightly is an understatement. And even the Christ Itself seems to require a little time to purify us, to get this temple, this consciousness, ready for the conception and birth of the babe.” ~Joel

John 4:23,24

23 But the hour cometh, and now is, when the true worshippers shall worship the Father in spirit and in truth: for the Father seeketh such to worship him.

24 God is a Spirit: and they that worship him must worship him in spirit and in truth.

(Joel says in the little book, “The Infinite Way”, in the chapter Wisdoms: “I have told you the real secret of life: God is not with mortals. Take it from there.”

My Peace is, was and ever will be with you. STOP and experience it. Take no mortal thought for what you should do... Still the mind's chatter. Take a deep breath and rest... Stop working on the mortal level and open your Soul to receive the Christ message born in Spirit and in You. Speak Father, thy son heareth... I am ready... ... ~al.within)

THE DAILY LESSON - January 14, 2013

“Strange, strange. It’s nothingness, you see. It’s nothingness of human thought, nothingness of human self, nothingness of human being and instantly it’s allness of Its being. First is that sense of nothingness, nothingness, nothingness. Nothing that I do, nothing that I think helps. Nothing that I do helps. Nothing that I try to do comes out right. Always comes that nothingness of human action, of human wisdom, of human planning, of human saving, of human everything. And with that nothingness, when it reaches completeness, comes the allness and that which has been so evident. Do you see it here?

That’s where it is this morning. That’s allness. That’s its activity. That’s back to the Master. Oh we have it in deep silence, ‘My peace I give you.’ That’s spiritual peace. My presence will ‘never leave you nor forsake you.’

Right there is that me, that mine, that my, that / which is transcendental in nature because it is not a human you or me. It is a still small voice whispering, bearing witness to a presence that we will never see face to face and live. We will never see face to face and live as a human being. But we will go on living here and now on earth as spiritual beings when this moment comes, as this moment comes.” ~Joel

Matt 6:31-33

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

(I can of mine own self, do nothing. So then, why am I working so hard at nothingizing nothing? I need none of these things of earth... If I had nothing, would it make a difference?... If I had something, would it make a difference?

I seek only to recognize His Kingdom... Know His Way. Realize His Love... I need no proof with my eyes, thoughts, or human intelligence. Why? For I have felt His Assurance, felt His Love, witnessed His Work.

*Knowing the Truth is Everything. I Am included in Allness, In My Peace...
And In My Presence... My Love.*

Thank you Father! ~your Love-ing son)

THE DAILY LESSON - January 15, 2013

“It’s coming. It’s coming more and more. It says so – into this experience, your experience. As it does, always remember not to make of yourselves peculiar people to the outside world. Be normal, be natural, speak the language of the world. ‘Be in the world but not of it.’ Don’t wear your heart on your sleeve. Don’t go around telling the world that there is an invisible presence and an invisible power because it will lock you up. Don’t tell the world about not taking thought for your life because it will become afraid of you.

But wherever there is a receptive thought, wherever someone comes to you in recognition of what you have, then you can be free in sharing it but otherwise be a man or woman in the outside world, but be a saint inside. Live outwardly the same as everybody else does, but inwardly have your spiritual standards that you’re conforming to.

See. It’s appearing and It’s taking over.” ~Joel

Gal 2:20 nevertheless (to 2nd ,)

20 ... nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God,

John 14:17

17 Even the Spirit of truth; whom the world cannot receive, because it seeth him not, neither knoweth him: but ye know him; for he dwelleth with you, and shall be in you.

John 18:36 (to :)

36 Jesus answered, My kingdom is not of this world:

John 8:23 I am not

23 ...I am not of this world.

(I would have underlined all of the above paragraphs if it didn’t seem tacky. Bolded and highlighted them too! In my margin on this page in the transcript, I have written “LIVE THIS” with a big highlighted star next to it. Here you have it - Don’t talk about it where it cannot be heard. LIVE IT. Live it quietly, secretly, lovingly, unconditionally, without expectations of any kind, you see? If we have an agenda, or a mission to help this world,

we are trying to correct something. Correct what - God's Work? Just Love your neighbors with all your heart [Consciousness] without condition. Let Christ take over your Purpose. Let God's Life be recognized for the Spirit it is, on earth as it is in Heaven. ~Al)

THE DAILY LESSON - January 16, 2013

“You cannot localize the Christ and say that It is ‘lo here or lo there’ because It isn’t. But sometimes you will feel as if It were sitting right in back of your heart or probably sitting on top of your heart. Very often that’s the way It is or, as this morning, It may sit up on your shoulder, right under the skin.

You’d be surprised how much of a very living presence It is, as if It were an actual physical being. It isn’t; and localizing It is really foolishness because the kingdom of God is neither ‘lo here nor lo there.’ It isn’t any place. It’s within you—wherever that may be. But It appears sometimes to be sitting right there on the top of the heart or in back of the heart or up on the shoulder, but it makes no difference. It may be one place today and another tomorrow. Don’t put any stock or value upon that. Just rejoice if you happen to feel It here, there or the other place. But don’t expect It to be there all the time or you’ll be disappointed. That would be localizing It.”

~Joel

Luke 17:20 The,21

20 ...The kingdom of God cometh not with observation:

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

(Can we expect to observe God healing us or protecting our outer self?

Can we localize the work of Spirit?

God is Spirit.

I Am Consciousness.

When we are expressed as Love we are Spirit’s expression.

Thank you Father. ~al.within)

THE DAILY LESSON - January 17, 2013

“The same with statements of the Christ – if you have a very beautiful statement of the Christ come to you today don’t look for it tomorrow. And don’t be concerned if it doesn't come because it may come in words today and it may come in thoughts tomorrow. It may come in quotation the next day, and it may just come in an impulse, and then It may seem to be absent for a long while. And then It may come again in one way or another, but don’t try to capture It. Don’t try to hold onto It. Don’t try to localize It.

Don’t try to say, ‘oh this is It.’ No, this is only it this minute. What it will be an hour from now is something entirely different, and if it leaves you with the blues or depressed the next day, don’t be concerned about that either. In this life it is all hills and valleys, all mountains and valleys. Sometimes you’re on a nice hill and you slide down into a valley, but there are other days you’re way up on a mountaintop, much higher than Mt. Whitney, but I have known that to follow just the day after by being lower than hell itself. Don’t be concerned about that. That has nothing to do with you. That has only to do with these unfolding degrees of consciousness and the human response to them. They have no particular significance except that sometime if you find yourself with a period of being down or blue or under, rejoice in that.

Rejoice if you have longer periods because those are the preparations for the mountain experiences. You cannot go up until you have first gone down. In other words, no man can find his life until he loses it. And, in experiencing the Christ, It always comes after a period of death to some of our humanness.

There always comes some degree of sloughing off of our human self—our human selfishness, or desires, or wants or wishes. And then as that sloughs off, then we rise up into the higher thing. But nobody has ever risen so high that they stayed there until the moment of ascension. And the ascension does not come while there is a trace of humanness left in us.”

~Joel

Matt 10:39

39 He that findeth his life shall lose it: and he that loseth his life for my sake shall find it.

(The life we lose is a life of a sense of self, the Life we find, is God's. Look up! ~Al)

THE DAILY LESSON - January 18, 2013

“And you might say, ‘How can I tell when all sense of humanness has left me?’ Well there’s one way you can tell that never fails. Do you care whether you’re alive or dead? If you do, there’s still a trace of humanness because as soon as humanness has left, it makes no difference to anyone whether they’re here or there, or whether they’re here or hereafter, whether they’re functioning on this plane or the next—why? Because there’s no more ‘I’ left. That’s the secret. There is no more ‘I’ left.

You see it’s only ‘I’ who want to live or ‘I’ who sometimes may want to die. It’s only ‘I’ who can be prosperous. There’s only ‘I’ who can lack. But supposing there was no ‘I’? Then there’d be neither prosperity nor lack. There’d be neither life nor death. There’d be neither sickness nor health. There would only be a state of Christhood. And so, you see, as long as there’s a trace of ‘I,’ there is humanness.

As long as there’s humanness, there’ll be periods of human indulgence which will bring our periods of down-ness, and there will be periods of being lifted up in some measure of the Christ, and that will bring our periods of up-ness, and so it will be up and down, back and forth. But the periods of up will be longer. The periods of down will be shorter. The periods of Grace will be greater. The periods of problems will be lesser. And that will continue year after year, year after year until a point of transition.

Actually this has been happening to you from the first moment that you turned to the spiritual path. You have had your moments of ups and your longer moments of downs. But as the years have gone on, you’re having longer periods of up and shorter periods of down, greater periods of health and harmony, lesser periods of discord, sin, fear, and so it goes. That’s the way the balance goes until that day of transition.” ~Joel

John 16:7 (to 2nd ;)

7 Nevertheless I tell you the truth; It is expedient for you that I go away: for if I go not away, the Comforter will not come unto you;

(When Jesus spoke of his personal self in this way he also meant it is the same for our personal self. All traces of the finite sense-of-self must be crucified or die daily. This personal-self must fade away into the

nothingness it really is, and then the Mind of Christ establishes Itself in our experience.

As we are born again of the Kingdom of God, we realize that this is what Jesus meant when he said “go and do likewise”. The Infinite Way is fulfilling Itself - today, here and now and forever. ~Al)

THE DAILY LESSON - January 19, 2013

“Now today is one of the days of transition on your path even though you will still have human experiences, and you will also have more spiritual experiences. Nevertheless, I’m sure that if you write the date down, you will tell me a year from now that never again has human experience been quite so important or severe that that actually you have made a transit out of a phase of life.

In other words, the human sense of life did not touch you so deeply. It won’t after today. The human sense of life will not touch you so deeply. There will still be experiences, but you’ll never be able to hate as intently. You won’t be able to love as intently either, humanly, and you won’t be able to grieve as intently, but you won’t be able to rejoice as intently either. That also levels off because when spiritual awareness comes, there is no such thing as grief or joy. There is no such thing as lack or prosperity. There’s no such thing. There’s just each day coming and each day’s needs being met. Sometimes there’s more left over and sometimes less, but that doesn’t concern you because of the knowledge of the fresh manna every day.

It will reveal itself to you that if you were called upon in the light of what you’ve studied in the last two months, if you were called upon for a treatment right now to help someone, that you would not depend on anything you know, anything you’ve read in books, not even in my books, but that you would just close your eyes and turn to the Father and expect the Father to give you a new treatment, a new light, a new word for this specific event. I doubt that anyone who has been through this two months will ever try to search around in their memory for a truth. I doubt that they will ever again try to remember something that they learned.” ~Joel

John 6:28-35

28 Then said they unto him, What shall we do, that we might work the works of God?

29 Jesus answered and said unto them, This is the work of God, that ye believe on him whom he hath sent.

30 They said therefore unto him, What sign shewest thou then, that we may see, and believe thee? what dost thou work?

31 Our fathers did eat manna in the desert; as it is written, He gave them bread from heaven to eat.

32 Then Jesus said unto them, Verily, verily, I say unto you, Moses gave you not that bread from heaven; but my Father giveth you the true bread from heaven.

33 For the bread of God is he which cometh down from heaven, and giveth life unto the world.

34 Then said they unto him, Lord, evermore give us this bread.

35 And Jesus said unto them, I am the bread of life: he that cometh to me shall never hunger; and he that believeth on me shall never thirst.

(My friends,

Joel was so right. I wrote the date: Dec. 3, 2008 in the margin on my transcript when I first read/studied the Kailua's in depth. For me - everything has changed since then... In the past four years, every way about me is different - especially a deep confidence within because of the actual experience of manna falling afresh every day. Thank you Father, for the steady opening of Consciousness that goes before me to make the crooked places straight. Thank you for supplying me with bread, even when there is none visible in the earthly experience. The Way is upward and brighter for all that accept the Mind of Christ into their hearts and lets His Will be done. ~Al)

THE DAILY LESSON - January 20, 2013

“No, if this two months has done nothing more than to show us that whenever we are presented with an appearance, we are to turn to the Father within and let the Father give us a new answer. Certainly it must have done that for us if nothing else.

Well once you perceive that point that God is sufficient unto every case that comes to you, that God is sufficient unto every experience to give you fresh truth, new truth, new light, new spiritual unfoldment, you will very quickly thereafter perceive that God is able to give you new dollars every day of the week, new business, new thoughts for books or pictures or plays; in other words, that every single moment of your day is a new opportunity for receiving the inflow of the Spirit. But who is to say that that shouldn't flow as loaves and fishes or cruses of oil or gold or greenbacks? Do you see what I mean?

You will soon begin to see that you cannot limit God to the form in which God appears. And so you will see that if God can give you new inspiration for every treatment that you are called upon to give, so God can give you new dollar bills for every bill which you're called upon to pay. Do you see that? Yet you're not turning to God for material things. You're turning to God for God, but you'll understand that it will appear as the form necessary in the moment – whether that form is a new treatment or a new dollar bill or a seat on an airplane, or a reservation in a hotel where there aren't any. Do you see that? In other words God appears as every experience. All right.”
~Joel

Matt 6:10,11

10 Thy kingdom come.

(So, an Infinite Kingdom has no starting point and no ending - It is simply Everpresent.)

Thy will be done in earth, as it is in heaven.

(God's Omnipotence is not only realized in heaven - but on earth too, unconditionally.)

11 Give us this day our daily bread.

(Gracious supply, in unlimited forms and ways, is sufficient for the work of the Day. Do we need more than that?)

(In the case of this current Kailua Study Group [iwso.org] it has been 31 months so far - and the Light is still beaming... Thank you Father - Love you. ~Al)

THE DAILY LESSON - January 21, 2013

“The reason that the burden of human existence will never again be as deep to you after today is that heretofore a sense of ‘I’ has come to you with, ‘how will I meet this’ or ‘how shall I meet this,’ or ‘how should I meet this?’ But from henceforth, you will remember that *I* am with you to meet it, that *I* will never leave you nor forsake you,’ that there is this thing that has happened today, this Christ-realization which has taken place, which will do the doing, which will know the knowing, which will act the acting, which will maintain the maintaining. In other words, there will be a greater sense of an invisible presence and power to perform that which is given us to do. And it is for that reason that the burdens will seem less.

The burdens only seem great when ‘I’ have to move them or carry them. The burden is never so great when we know that there is a shoulder to carry it. He says something about, ‘my burden is light, my yoke.’ Do you see? Yes, you can rest it on *My* shoulder and it’s no weight on the Christ shoulder at all. It doesn’t burden the Christ one bit. And so as this Christ more and more and more manifests *Itself*, makes *Itself* evident in your experience, there will be less of ‘I’ carrying a burden or having to solve a burden and more of *I, My Presence*, being there to perform it.” ~Joel

Matt 11:28-30

28 Come unto me, all ye that labour and are heavy laden, and I will give you rest.

29 Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls.

30 For my yoke is easy, and my burden is light.

(A burden is what? A thought. It has no power of its own. Only what you give it in error. The Mind of Christ [ME...the I THAT I AM] takes no thought. How could it? Why would it? Because it is ever-present Divine intelligence... Omniscience. ~Al)

THE DAILY LESSON - January 22, 2013

“You see again throughout this two months it has been made clear to us that whereas before we have studied this and read about it and prayed about it, that now it is to be an experience. So it will be.

You will find you have much less to say to anybody about it after you have the actual experience itself. You may have volumes to say in teaching, but to yourself inwardly you’d say, ‘isn’t that all a waste of time?’ when the experience itself would only take one second if we could evolve some way to give our students this experience in one second. We can – in one second after the years that have gone before. But the years must have gone before: the sincerity, the integrity, in some measure having left all for Christ, in some measure having forsaken mother, brother, sister and father for *My* sake.” ~Joel

Matt 16:24,25

24 Then said Jesus unto his disciples, If any man will come after me, let him deny himself, and take up his cross, and follow me.

25 For whosoever will save his life shall lose it: and whosoever will lose his life for my sake shall find it.

(The work, in whatever form or duration, that leads us to the point of Revelation will seem insignificant. When the master said, “Take up thy cross and follow me,” it was with the greatest Love. Walk with Me. ~Al)

THE DAILY LESSON - January 23, 2013

“You see, the Christ does not come to those who have not yet learned Its value, Its presence, Its power, Its jurisdiction. It has not yet come to those who have not left the other things for It that took Its place: personal wisdom, personal power, personal knowledge, personal strength. It is only in the sacrifice of ‘I-ness’ that the ‘*I Am-ness*’ is evident.

You’ll see now what I meant when I said that the day will come when we will heal only with a smile. That smile always comes in the realization of ‘here it is.’ There’s no burden; this is here. The assurance is there.” ~Joel

I Cor 15:31 I die
31 ...I die daily.

Rom 8:13,14

13 For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live.

14 For as many as are led by the Spirit of God, they are the sons of God.

(Dying daily is not about losing anything. It is about a change... or a transition of consciousness from a state of self consciousness to a state of Spiritual Consciousness. There is no death of body, only a transition of one state or level of consciousness for the other. So, if so be, the Spirit dwells in us, NOW are we the Sons and Daughters of God, joint heirs in Christ.

And all that is left is a smile... ~Al)

THE DAILY LESSON - January 24, 2013

“Words do not convey the thought of the meaning or the activity of the presence of the Christ, but a smile can, a smile can. A person can just look at another person and the look in the eye is almost like saying, ‘I’m a Mason too.’ It means we belong to the same order; we’ve seen the same invisible Something, the same spiritual Something, and that speaks more volumes than all the books that have ever been written on the subject of religion.

Let’s meditate. This is what it says.” ~Joel

Phil 2:2

2 Fulfil ye my joy, that ye be like-minded, having the same love, being of one accord, of one mind.

Rom 15:5-7

5 Now the God of patience and consolation grant you to be like-minded one toward another according to Christ Jesus:

6 That ye may with one mind and one mouth glorify God, even the Father of our Lord Jesus Christ.

7 Wherefore receive ye one another, as Christ also received us to the glory of God.

*(...Thank you Father, for My Peace and joy and friends to walk with.
~al.within)*

THE DAILY LESSON - January 25, 2013

“Repeat—that you must watch carefully that you do not have faith in these thoughts that you think when in prayer or meditation or communion. For instance someone says, or writes for help, and then they’ll say, ‘and I’m realizing that it is already done.’ Well, as you know they could just as well have left that off. Their realizing that it’s already done is meaningless. If they really realized that it was already done, they’d tear up the letter and say, ‘well what’s the use of sending a letter then if it’s already done?’ Well that was just a metaphysical cliché, that was just a platitude.

Someone else writes, ‘Well I know that having written to you that you’ll take care of it and that’ll be the end of it.’ Oh nonsense, nonsense. Nobody should write anything like that at all because there’s no use of believing that because they’ve written it to me that it’s all taken care of. I’m not the deciding factor in it, and the chances are that what they meant is that it’s going to come out the way they expected it to come out, and it may not be that way at all.” ~Joel

John 15:4,5

4 Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

(Try not to apply a Truth to a situation... I know, I know, we have been conditioned to do this and it is a hard thing not to do. When I catch myself doing this I STOP... .. And, seek ye first the Kingdom - then there will be nothing to apply anything to. Spirit doeth the work - there really is no argument to prove. Love, ~Al)

THE DAILY LESSON - January 26, 2013

“Be watchful that you don’t indulge those things. Get out of the habit of making metaphysical statements. Get more into the habit of letting God make statements to you.” Then you’ve got something to bank on. Then you’ve got something to have assurance in. It may take a little while, and at this point your meditations may be a little longer because now you won’t want to give them up until you’ve actually felt that Presence—even if you have to sit there for quite a bit longer.

You will want to know that you’ve reached the center of your being and have that inner assurance because, with that assurance, you can be assured it’s all done. But with these statements that come through the mind, that isn’t so. And it is for that reason that the more and more of these affirmations that I read in literature, really the more chills go down my spine because I know that people are depending on them. And there is no dependence to be placed in them at all.” ~Joel

II Cor 3:5 our,6

5 ...our sufficiency is of God;

6 Who also hath made us able ministers of the new testament; not of the letter, but of the spirit: for the letter killeth, but the spirit giveth life.

(Someone else’s experience, even those lovingly given as books, tapes, classes or talks is their experience. We can be a part of that, but when we feel the Spirit within - yes, actually “feel” the Spirit of the Word in an original way, we know the Truth is Present. Accepting the “letter” of Truth is comforting, uplifting and a form of practice. It will and will lead us upward, but without the Unconditional Feeling and Knowing our feet will still be on the earth and subject to the world’s law. Practice, practice, practice and Be Still and wait upon Word [assurance] of the Lord...directly. ~AI)

THE DAILY LESSON - January 27, 2013

“God’s Grace is not a thing of the human mind. God’s Grace is not your thinking because your thoughts are not God’s thoughts. God’s Grace is dependent on God’s thoughts as they appear in you—not as you think them, as you receive them. Now all of this means that we have a faculty of awareness that’s greater than the mind, but it’s not developed. It is like a musician who has all of the faculties of musicianship, but hasn’t the training, hasn’t the experience, hasn’t the practice. They have all the potentialities. So it is with us.” ~Joel

I Cor 2:11-14

11 For what man knoweth the things of a man, save the spirit of man which is in him? even so the things of God knoweth no man, but the Spirit of God.

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

13 Which things also we speak, not in the words which man’s wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

(You can work and work and work at it your whole life, but you’re not going to figure Grace out... In fact, the longer you think and reason it through, the longer it will take. STOP the distraction. Be still. Surrender your self to His. Take no thought and let God tell you. LET His Grace appear in you and as You. So here is the practice. You can do this... Grace appears of Its own accord, and always as Love Loving. Much Loving, ~Al)

THE DAILY LESSON - January 28, 2013

“We have the Grace of God and we have the faculty through which we can receive the Grace of God, but we have depended on physical might and mental power, and yet scripture says, ‘not by might, nor by power, but by *My Spirit*’ – *My Spirit*, God’s Spirit. And here we turn around and try to use our physical strength or our mental powers of memory or recitation, or affirmation or denial – whereas it is ‘not by might, nor by power, but by *My Spirit*.’” ~Joel

Zech 4:6 Not

6 ...Not by might, nor by power, but by my spirit, saith the Lord of hosts.

Rom 8:5

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

(Thought is effort. My Spirit is without effort, It just IS. It is Love Loving... So, Dwelling in Spirit is not about blanking the mind - or even contemplative meditation. That would take effort [things of the flesh] too, right? Be still, rest, relax - have your meditation for a while. Then and open an avenue of awareness by listening and watching with an attentive attitude of “speak Lord, thy servant heareth” [not the words, the attitude]. Stop and listen and Abide... ..

Thank you Father, I Love... ~Al)

THE DAILY LESSON - January 29, 2013

“They have ‘the arm of flesh.’ They have all the physical powers and all the mental powers, but we have the Lord God Almighty. Have we? No, we haven’t—not as long as we’re declaring it. We only have it when we stop declaring it, get silent, receptive and responsive, and It says, ‘I am in the midst of you.’ ‘I will never leave you nor forsake you. Whithersoever thou goest, I will go.’” ~Joel

II Chron 32:8

8 With him is an arm of flesh; but with us is the Lord our God to help us, and to fight our battles. And the people rested themselves upon the words of Hezekiah king of Judah.

Rom 8:9 (to .)

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

(Rest now. I Am with you. I Am Love Loving... ~Al)

THE DAILY LESSON - January 30, 2013

“Then you will know within yourself that you will never again be alone. You will never again die. You will never again fear. You may go through troublous waters. You may go through ‘the valley of the shadow of death.’ That is all part of this human mesmeric experience, but that will not concern you. You will be able to rest at the center of your being while the storms pass over your head.” ~Joel

Ps 23:4 (to ;)

4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me;

(Let me ask you this: if God said He was with you, you would be aware of His Presence within you, right? If this were the case, would any worldly appearance make any difference? Where the Spirit is felt, there is Liberty and Peace and Infinite rest. All that is left is a knowing smile. There is nothing to desire - good or bad. Joel set the example when he said he just had a knack of relaxing... Well how could he relax when he was surrounded with people asking him to do something for them? Well, here it is in three words - God doesn't react. What is there to react to?

Have a God Morning, dear friends, ~Al)

THE DAILY LESSON - January 31, 2013

“You will be able to sit back, if necessary, go to bed if you’re ill and lie there and just wait, and see that this too will pass. Oh yes, there are times when you will go through ‘the valley of the shadow of death,’ or when problems will beset. There will be storms at sea. That’s all part of mesmeric sense. But your part will be to retire—not to fight, not to battle, not to argue, not to mentalize, but to retire into the center of your being and there wait patiently until the assurance of *My Presence* comes.

Then you’ll find that it won’t be ‘four months to the harvest.’ It won’t be four months to your recovery. Then you’ll jump out of bed in one second and be about your Father’s business or so forth, and so forth and so on.

Thank you.” ~Joel

Isa 40:31

31 But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

(My Kingdom is at hand, closer than breathing, nearer than hands and feet. My friends, take another look at the Chapter “The New Horizon” from the book, “The Infinite Way”, while I just sit here, rest back, smile and Love you. ~Al)

“The New Horizon”
By Joel S. Goldsmith

“The sense which presents pictures of discord and inharmony, disease and death, is the universal mesmerism which produces the entire dream of human existence. It must be understood that there is no more reality to harmonious human existence than to discordant world conditions. It must be realized that the entire human scene is mesmeric suggestion, and we must rise above the desire for even good human conditions. Understand fully that suggestion, belief, or hypnotism is the substance, or fabric, of the whole mortal universe and that human conditions of both good and evil are dream pictures having no reality or permanence. Be willing for the harmonious as well as the inharmonious conditions of mortal existence to

disappear from your experience in order that reality may be known and enjoyed and lived.

Above this sense-life, there is a universe of Spirit governed by Love, peopled with children of God living in the household or temple of Truth. This world is real and permanent: Its substance is eternal Consciousness. In it there is no awareness of discords or even of temporary and material good.

The first glimpse of Reality -- of the Soul-realm -- comes with the recognition and realization of the fact that all temporal conditions and experiences are products of self-hypnotism. With the realization that the entire human scene -- its good as well as its evil -- is illusion, come the first glimpse and taste of the world of God's creation and of the sons of God who inhabit the spiritual kingdom.

Now in this moment of uplifted consciousness, we are able, even though faintly, to see ourselves free of material, mortal, human, and legal laws. We behold ourselves separate and apart from the bondage of sense, and in a measure we glimpse the unlimited boundaries of eternal Life and of infinite Consciousness. The fetters of finite existence begin to fall away; the price tags begin to disappear.

We no longer dwell in thought on human happiness or prosperity, nor is there any longer concern about health or home. The "wider, grander view" is coming into focus. The freedom of divine being is becoming apparent.

The experience at first is like watching the world disappear over a horizon and drop down from before us. There is no attachment to this world, no desire to hold onto it -- probably because to a great extent the experience does not come until a great measure of our desire for the things of "this world" has been overcome. At first we cannot speak of it. There is a sense of "'Touch me not; for I am not yet ascended' -- I am still between the two worlds; do not touch me or make me speak of it because it may drag me back. Let me be free to rise; then, when I am completely free of mesmerism and its pictures, I will tell you of many things which eyes have not seen nor ears heard."

A universal illusion binds us to earth -- to temporal conditions. Realize this,

understand this, because only through this understanding can we begin to lessen its hold upon us. The more fascinated we are with conditions of human good and the greater our desire for even the good things of the flesh, the more intense is the illusion. In proportion as our thought dwells on God, on things of the Spirit, the greater the freedom from limitation we are gaining. Think neither on the discords nor on the harmonies of this world. Let us not fear the evil nor love the good of human existence. In proportion as we accomplish this, is the mesmeric influence lessening in our experience. Earth ties begin to disappear; shackles of limitation fall away; erroneous conditions give place to spiritual harmony; death gives way to eternal life.

The first glimpse into the heaven of here and now is the beginning of the ascension for us. This ascension is understood now as a rising above the conditions and experiences of "this world," and we behold the "many mansions" prepared for us in spiritual Consciousness -- in the awareness of Reality.

We are not bound by the evidence of the physical senses; we are not limited to the visible supply; we are not circumscribed by visible bonds or bounds; we are not tied by visible concepts of time or space. Our good is flowing from the infinite invisible realm of Spirit, Soul, to our immediate apprehension. Let us not judge of our good by any so-called sensible evidence. Out of the tremendous resources of our Soul comes the instant awareness of all that we can utilize for abundant living. No good thing is withheld from us as we look above the physical evidence to the great Invisible. Look up, look up! The kingdom of heaven is at hand!

I am breaking the sense of limitation for you as an evidence of MY presence and of MY influence in your experience. I -- the I of you -- am in the midst of you revealing the harmony and infinity of spiritual existence. I -- the I of you -- never a personal sense of "I" -- never a person -- but the I of you -- am ever with you. Look up"