

“THE DAILY LESSON”

is an activity of the study group found at: www.iwso.org
It is a progression of excerpts from a transcript of a live class as it was recorded by Joel. It appears each day, together with the addition of corroborating scripture and inspired comments, to take into meditation and live with throughout your day.

Student’s note: There are words that are capitalized throughout this work. These words are used as if it were a synonym for, or as an activity of God. Also, the portions that are italicized are spontaneous meditations.

The subject of study for the month of SEPTEMBER 2012 is:

27.

“NO TRUTH IS TRUTH EXCEPT THE TRUTH THAT REVEALS ITSELF IN YOU”

**Tape 123:
Side One
1955 Kailua Study Group, Tape 14**

By Joel S. Goldsmith

THE DAILY LESSON – September 1, 2012

“Good morning. (*Class responds.*)

All right, now let’s see. In all of the classes, Infinite Way classes, right from the beginning, as you will see by the manuscripts of them, the books, it was brought out that it was absolutely necessary to know the correct letter of truth. And I will repeat that now – it is even more necessary to know it now

– and each book gave some different form of treatment, and now we’re beginning to say that it isn’t necessary to know all those forms of treatment if we know the correct letter of truth.” ~Joel

John 8:32

32 And ye shall know the truth, and the truth shall make you free.

(You can complicate this statement of Scripture to last a lifetime of contemplation or it can be an instantaneous spark of Illumination...

In my experience, as we grow in Spiritual consciousness, it seems that each morsel of Truth along the way is a huge step of its own. Each step is as important to our freedom as the last - and each is as vital to Spiritual Life as the next. Yes, Truth includes All infinity, but we seem to pick up bits and pieces of Reality along the way. Each awakening in our student life is a Thunder in the Silence that wakes our individual being but there is only one Source and one Presence of Being. The questions are unlimited - but the answer is always the same.

And so it is, we move onward & upward. ~Al)

“Now we can begin to dispense with some of those forms of treatment. As a matter of fact, we can even begin to do our healing work without treatment. As long ago as 1937, I wrote an article for the Christian Science publications – which it took them eight months to decide not to publish because it was, as they felt, a little too advanced for the general student, the average student, but it was later published by request of the Rosicrucians in their magazine, The Digest.”

The head of Rosicrucians wrote me a letter right after I left the Christian Science movement and asked if I would write an article for them on spiritual healing, and I did. I sent them that very article on healing without mental argument that had been written years before, and not published. And not only that there isn't a copy of it available – it is sold out completely down to their last copy – but thousands and thousands of papers and copies are in circulation all over the globe. Thousands of them, I know of one batch of 2,000 that were printed at one time, and I wouldn't know where even one of those is available.

And the basis of that article – healing without mental argument – is just this. That if you understand the basis of spiritual life – if you understand the fact that God is individual being – you certainly are not going to have to treat the life of God. Nor are you going to have to try to prolong or save it or even raise it from a tomb since Christ never was in a tomb.” ~Joel

Mark 9:2-4

2 And after six days Jesus taketh with him Peter, and James, and John, and leadeth them up into an high mountain apart by themselves: and he was transfigured before them.

3 And his raiment became shining, exceeding white as snow; so as no fuller on earth can white them.

4 And there appeared unto them Elias with Moses: and they were talking with Jesus.

(Was [or is] the “I” of Elias and Moses in the tomb?)

You see? That question and the answer to it, leads us to a place of transfiguration too. We can be lifted to a place where the argument of what seems to be stops and Oneness begins. We can be lifted to a place where

and Living and healing without mental activity really and truly is. God is our individual Being, so how would we go about giving God a treatment? ~Al)

ROSICRUCIAN DIGEST (APRIL 1948)
THE NEW HEALING
By Joel S. Goldsmith

Spiritual healing is the result of the direct contact of an individual with the center of his consciousness. When we "touch" this place within our own being, healing naturally follows. If someone has asked for help, that one receives the healing.

No words, treatment, arguments, affirmations, or denials are necessary in spiritual healing. The only requirement is that we become still, that we silence the outer senses, and go deep within our being until we feel ourselves at the center of consciousness. Then a contact is made, a feeling within us becomes evident, and we know that the healing has been accomplished.

Many throughout the world are healing through pure Silence, without taking any regard for the name or nature of the sin or disease, or the name or condition of the one requiring help. Probably the attitude necessary for this healing consciousness can well be exemplified in the words of Samuel, "Speak, Lord; for Thy servant heareth" – and in an eager listening for the still small voice.

The letter of Truth is necessary to one's understanding of Reality, but not necessarily so to the demonstration of harmony in individual existence. The disciples of Jesus may not have known the letter of Truth, and yet they did beautiful healing work. This is because they were inspired with the spirit of God; they had touched the Christ in consciousness. When consciousness is touched by the Christ, that consciousness is illumined and is able to know Reality even when it cannot always voice it adequately or teach it

Spiritual consciousness brings freedom from the corporeal or structural sense of existence. It no longer tries to patch up worn-out or diseased bodies, but drops this concept of body for the true idea. This higher

consciousness is revealed in Jesus' great talk to his disciples as given in Luke 12:22-32. We shall quote in part:

"And he said unto His disciples, Therefore I say unto you, Take no thought for your life, what ye shall eat; neither for the body, what ye shall put on.

The life is more than meat, and the body is more than raiment. Consider the ravens: for they neither sow nor reap; which neither have storehouse nor barn; and God feedeth them: how much more are ye better than the fowls?

And seek not what ye shall eat, or what ye shall drink, neither be ye of doubtful mind. For all these things do the nations of the world seek after: and your Father knoweth that ye have need of these things.

But rather seek ye the kingdom of God; and all these things shall be added unto you. Fear not little flock; for it is your Father's good pleasure to give you the kingdom." It is this "take no thought" state of consciousness which must be attained in order to behold the spiritual universe where a finite material world formerly appeared to be.

Scientific Understanding

Spiritual healing is an accomplished fact in this age. It is done through the scientific understanding and spiritual discernment of Truth. A knowledge of the letter of Truth will do splendid things for us, but the spiritual consciousness itself does the mighty works today as it did in Biblical times.

To be healed of physical, mental, or financial discords is a simple matter if one finds a practitioner or teacher who combines a knowledge of the truth of being with a degree of spiritual awareness and is willing to "let go" and be shown the beauties of spiritual sense. It is not necessary in order to be healed that one do a prescribed amount of reading or attend a church, although it is true that many have been healed while reading metaphysical literature. Also there have been countless thousands of healings during church services and during lectures of a metaphysical nature. Whatever tends to spiritualize thought and to "unself" us makes us receptive to healing. None of these things should be done with the thought of being

healed, but rather from the standpoint of gaining more understanding of Truth and the spiritualization of thought.

The practitioner must never accept the suggestion that the patient must do something in order to be healed. To the practitioner it must be clear that spiritual being is perfect and whole.

Spiritual healing is based on the understanding of the nature of God; on the further understanding of God and man (I and my body) as one; on the knowledge of the nature and character of error; and finally on the spiritual discernment of this truth of being.

Countless generations have looked upon God as a sort of superman – a personal Being or mysterious power. Many have thought of God as someone watching the goings and comings of mortals and punishing or rewarding – sometimes in accord with the individual's deserving; sometimes in proportion to the virtues or sins of ancestors. And, of course, this particular God sometimes answered prayer and more often did not. He was difficult to understand. How many have gone to churches for many years to earn some small favor, and then found only disappointment. God has often been praised for giving great blessings, only to be cursed later for withdrawing them. God has been prayed to, petitioned, pleaded with, entreated, praised and promised, and often to no avail.

The Revelation of Truth has explained the great failure of men in their search for God through its finding of God as principle, life, soul or mind. There is neither a far off God of whims nor a far-off divine mind. Truth reveals God as the universal mind, life, and Soul of the individual, you and me. We have no mind but God; no life, intelligence, love, law or being but God. God is the soul of you and me.

Realizing this truth, we immediately discern our oneness with the Father, and, therefore, we know why "all that the Father hath is mine" and "the place whereon you stand is holy ground."

God being our only life, we are eternal, immortal, immutable, indivisible from the whole. Divine Mind, our only mind, assures us of infinite intelligence, wisdom, guidance, direction. The soul of us being God, we must be pure.

The search for a power outside ourselves ceases as we realize our oneness with God. We rely more and more on the divinity of our own being to govern, protect, and maintain us. We learn to turn to the kingdom of God within us for all our needs, and in proportion as we stop looking to person, circumstance, or condition for our good, does the infinite good of God unfold from within our own being. No longer do we find it necessary to rely on any outside source for health or wealth, nor even look to a divine Love somewhere outside ourselves to meet our human needs. Divine Love is the very soul of our being.

God is all. Yes, God is all. God is all the life, love, soul, mind, or spirit that I am. And my body is the temple of God. My body is the temple of the Holy Ghost and, therefore, my body is full of health, wholeness and harmony. God is the Principle of my being, the law unto me and unto all my affairs. "I and my Father are one" and "All that the Father hath is mine." In ancient literature we find the illustration of this in the statement that "As a wave is one with the ocean, so I am one with God." This illustration is worthy of much thought. Any idea that reveals our oneness with God should be frequently pondered. In this understanding of oneness lies our individual salvation. Without some sense of this, we will always be seeking the aid of some personal or outside God or power, or we will be dependent on humans or human conditions.

By Way of the Christ

Spiritual healing is more than the knowing that Mind governs the body, and more than the conforming to some mode or method of mental practice. Spiritual healing begins only when faith in material and mental means has been overcome. In place of mental power, we need spiritual sense; in place of reason, we find the intuitive faculty; and over and above all is consciousness of the presence and power of the Christ. This arrestive statement is a call to students of metaphysics to rise higher in their demonstration of the healing ministry until they reach the point in spiritual understanding which enables them to heal without mental argument, through the Christ Consciousness.

To understand treatment or healing through silence or the unspoken thought, it must be clear that God, divine mind, is the revelator operating through the Christ Consciousness.

It follows that God does not need the help of our spoken word, since the Word itself is His and is without material voice or sound. The Christ Consciousness, which is Truth, needs no audible expression in order to know or make itself known. “For the kingdom of God is not in word but in power.”

God and His creation is one—and this one is forever perfect, complete, harmonious, immutable, immortal, spiritual. No amount of declarations will ever change the perfection and eternity of the Divine mind. Mind and its manifestation is one, inseparable and indivisible. We need not, therefore, be concerned about man or conditions, time or place, body or mind, as long as we know that God is ALL—infinite, eternal, and all inclusive.

Mind (God) is all-knowing, therefore, not subject to beliefs of any nature. It never needs correction or the application of Truth, because it is Truth. Divine mind, which includes all of mind's ideas, is untouched by mortal thinking or believing.

Let us then abandon the attempt to declare truths, and rather let Truth declare itself to us, through us, and as us. In the silence of our consciousness God will pour His healing message into our understanding—not always audibly or visibly perhaps, but in thoughts from the Bible or metaphysical writings; sometimes in Light; at other times in the consciousness of His presence and power. If at times nothing seems to be “coming to us”—even so, the Truth is, and we need do nothing more than to know this, to know that Truth is, is present, is power.

When we know that god is good, we are including in that statement the truth about ourselves, our problems, our conditions, because included in God are we ourselves and all that concerns us.

Healing is not accomplished by our thoughts, by right thinking or by our declarations of Truth. These may sometimes be the channel through which healing is realized, but for spiritual healing, it must be understood that God, Mind, Love, Principle, Truth, alone reveals the harmony of being and body. We need not tell Mind any truths—it is itself all Truth. We need not attempt by thinking to change a condition of body or mind, because the Divine in us already is perfect, complete, harmonious, and is always painless and

free. We need not affirm that Love is fearless—Love is fearlessness itself, and even our human fears cannot alter the fact. Our declarations do not make Principle operate for us—Principle is eternal in its operation.

What Must We Do?

Then what must we do in order to receive the Light that results in what we call healing? We must listen for the “still small voice.” We must trust the truth that Mind, being perfect, its manifestation, its creation, must be equally so, and, appearances to the contrary, we will not see Lazarus as dead, or the blind man as blind, or the accident as happening, but in all things we will know that harmony is. And we will stand fast.

What if in the silent moments no thought comes to assure us? What matter. The work has been done just as truly, perhaps more so than if we made declarations, or stated truths endlessly. We are not doing the healing, and Mind needs no words for its operations. The earth was created by the Word, but was it an audible Word? Who heard it? If, however, thoughts do come slowly, or in a pouring stream of Truth, from that inner Self to our outer consciousness, we have seen God “Face to face,” we have heard His angel, we have talked with Him on the mount.

We need more faith in God, in Truth, as a living Presence and Power. This will enable us to let go of our mental work and rest more in the Christ Consciousness, in the calm sweet assurance of the perfection and harmony of God and His infinite manifestation, of the completeness of Mind and all its ideas, of the peace and joy of Love and its reflection. The health, wealth, Life and Love of God is forever present in the idea, man or body. That which is perfect in Being, is perfect in manifestation, because Mind and its manifestation is one.

The ideal treatment, therefore, is to establish in our consciousness the at-one-ment which Christ Jesus knew in the realization that “I and my Father are one.” When we realize this point, we lose all fear and doubt. In this consciousness, we truly say with the Master: “I can of mine own self do nothing, but the Father within me, He doeth the works.”

Rising above the sense of self as a personal practitioner with a personal patient, we enter the Christ Consciousness that says: “He that seeth me seeth Him that sent me,” and therefore, “The things that are impossible with

men are possible with God. Argument does not heal. It is the Christ (Truth) in consciousness which heals. The affirmative state of consciousness is one which, without mental effort, establishes at-one-ment with God.

The dawning of the Christ confers a state of consciousness that is a state of Grace. The state of Grace is that state of consciousness that has come to recognize that divine Love does not have to be used as a greater power to destroy any lesser power. It knows that no lesser power exists. God is the only power. It is the state of consciousness that needs no denying of error—it is the perfect state of consciousness.

THE DAILY LESSON – September 3, 2012

“Now with that realization, you have only one thing to do: and that is whenever you are faced with an appearance of discord or inharmony is to sit down and get into a meditation until you receive that answering click, and then you let It do the work. It doesn’t make any difference whether it is somebody seeking a home. It doesn’t make any difference whether it is somebody with an ear ache or a foot ache. It doesn’t make any difference whether it’s blindness, or deafness, or cancer or consumption. Those are only names so far as you are concerned.

The major point is that you are faced with an appearance – a discordant appearance, an inharmonious appearance, an erroneous appearance. It may be car tracks coming together in the distance. It may be the sky sitting on a mountain and you want to go up over the mountain, and it appears for awhile that you can’t get through because the sky is sitting up there.

Whatever the discord is you have only one function: to sit back in meditation based on your realization, of course, that God is the only life; therefore, you’re dealing not with a physical, mental, moral or financial condition, you are dealing only with an appearance, and then get this click. Now, as you do that, for a period of time, you have the same thing that formerly happened when you went through treatments.” ~Joel

II Chron 20:17 (to 3rd ,)

17 Ye shall not need to fight in this battle: set yourselves, stand ye still, and see the salvation [healing Consciousness] of the Lord with you,

(Be not hypnotized by popular thought [foolishness]. The Truth is that the Omnipotence of God has never left you. I Am with you - yesterday, today and forever. Rest now in My Assurance. ~AI)

THE DAILY LESSON – September 4, 2012

“Eventually you arrive at a place where a treatment, instead of lasting twenty minutes lasts ten, and then five and then three and then two, and then most of it a half a second – so with this. You first may be at a place where every time you are called upon for help you may have to sit three, five, eight, ten minutes before you find your peace. As a matter of fact, you may have to come back and do it over four, five, six, eight, ten times before you actually bring out a healing.

But, as you persist in this, the day finally comes when you don't even have to sit down to meditate, when you don't even have to sit down for the click – where along with the appearance of error comes the assurance or answer and you just automatically say, 'It's all right. No harm is going to come of this.' Or, 'it's all right. You'll be all right in a few minutes.' It dwells up inside of you simultaneously with the appearance of the discord. That, of course, is when you know that you are 'living, and moving, and having your being' in spiritual consciousness.” ~Joel

Acts 17:28

28 For in him we live, and move, and have our being; as certain also of your own poets have said, For we are also his offspring.

(Recognizing that our individual Being is included in God's Infinite Being is the Truth that sets you free. God's Oneness is the same whether we are sitting still in meditation with eyes closed, living in everyday life with eyes open or if we are walking through the valley of the shadow of death. The answer is always the same... Son, I Am ever with you. ~Al)

THE DAILY LESSON – September 5, 2012

“You see, in the beginning of our spiritual lives we have moments of being spiritual or feeling spiritual, and then the rest of the day we just go around as ordinary human beings, and when some discord arises, we sit down and get spiritual again, and so it goes. Now, as you persist in this spiritual living, the day comes when you very seldom return to an entirely human state of consciousness, and then only for short periods. And, of course, the time ultimately comes when you just can’t return to human consciousness, when you couldn’t any more live or act like you formerly did as a human being than the man on the moon.

That is the point that the world never can believe. That’s why it says ‘your good will be evilly spoken of’ because, outwardly, you will still be living your ordinary life. You will still look like a male or female. You will still act like an average human being: eating, drinking, sleeping. But, inwardly, you won’t be that same type of person at all and you won’t be responding to the same influences. That is when you have arrived in the consciousness of the Spirit.” ~Joel

Isa 26:3 (to :)

3 Thou wilt keep him in perfect peace, whose mind is stayed on thee:

(We must work to stay above the voices of this world.

How?

If we could maintain His Perfect Peace [Christ Consciousness] we won’t even hear their suggestions. The better we get at the practice of seeking, finding and Living in the Kingdom, the less we will react to any of this-world’s noise.

OK, so then, If I do react, what then?

Get back on top. STOP and work to correctly see what you perceived. Seek Righteous judgment in all things by striving to realize the invisible Source of all Being.

Thank you Father, ~Al)

THE DAILY LESSON – September 6, 2012

“That is the point where, first of all, you do not react to erroneous appearances to the same degree as you did before. If somebody gets burnt, you don’t get all excited and rush for the Vaseline bottle or the butter dish because you have already arrived at a point of non-response to it and through the realization that ‘this is the life of God and it has not been touched.’ In the same way, you do not respond – that is why many metaphysicians, more especially Christian Scientists, are sometimes thought to be very cold.

As a matter of fact, I have met very, very few Christian Scientists in my whole lifetime who actually were cold. But I have met many of them who, to human sense, appeared cold because they didn’t rush with sentiment and emotion when they saw somebody in pain or distress. ~Joel

(Seeing someone as cold, non-reacting or un-loving is a case of human judgment. In Reality there is nothing to react to - so why react. You see? The Mind of Christ sees only God’s Presence shining everywhere It looks. ~Al)

In other words, they had reached a spiritual state of not reacting to the appearances, and, of course, the human world doesn’t like that. The human world loves its sympathy and its sadness and its being petted and coddled. But, spiritually, you can’t feel that way at all. As a matter of fact, they were very much disturbed with Jesus because when his good friend Lazarus died, he didn’t rush there to save him. And, of course, he said the reason is that Lazarus isn’t dead; he’s sleeping so there isn’t any need to be in a hurry, and he took four days to get there.” ~Joel

John 11:21-25

21 Then said Martha unto Jesus, Lord, if thou hadst been here, my brother had not died.

22 But I know, that even now, whatsoever thou wilt ask of God, God will give it thee.

23 Jesus saith unto her, Thy brother shall rise again.

24 Martha saith unto him, I know that he shall rise again in the resurrection at the last day.

25 Jesus said unto her, I am the resurrection, and the life: he that believeth in me, though he were dead, yet shall he live:

(Martha's reaction is in accordance to this world's teachings and experience. But Jesus was unaffected because he could see that which was not visible. He KNEW that the "I" of Lazarus never was contained in that limited body. Consciousness when it is Illumined will rise up and walk away - free of all perception. ~AI)

THE DAILY LESSON – September 7, 2012

“Now, then, that very same thing often happens with us in this work when somebody calls and says, ‘come right away, I’m dying’ or ‘my sister’s dying,’ or ‘my somebody is dying’ and you say, ‘I can’t get there right away. I’ll do my work here.’ ‘Oh but you don’t understand. You must get here at once.’ ‘No, I understand very well. I can’t get there at once.’ And then, of course, you’re considered cold and indifferent. And so it is very often in responding to people on the telephone or in person, you don’t give them the ordinary human response to which they’ve been accustomed and so they feel you’re unsympathetic and they’d better go to somebody else. If they only realized that your lack of sympathy, your lack of emotion, is your spiritual response, then they would be very grateful if your response were entirely that way.” ~Joel

John 12:44

44 Jesus cried and said, He that believeth on me, believeth not on me, but on him that sent me.

(Yes, human sense wants compassion and visible effort. But, I can of mine own self do nothing. It is the Spirit within that does the Work. When asked for help, be still and seek ye the Kingdom. Then, [after the contact] if we speak or act as ordered - then His will be done. And then the Work is His that sent me...

3 steps to meeting an appearance of error

Or, “3,2,1”

Step 1 is three. Step 2 is...well... two. And step 3 is, of course One.

1) First there are three. Human sense always thinks the patient, self and Christ are somehow separate.

2) Impersonalize the patient. Now there are two - me and God.

3) Realize the Truth that there is no ego/me - and all that is left is ONE.

~Al)

THE DAILY LESSON – September 8, 2012

“Now. It should be a simple thing for us from now on to be able to take those who come to us with no knowledge of metaphysics and instead of taking them through several years of mental argument, affirmation and denial, it should be a simple thing for us to be able to start them off where we are now. You see, there are children who have never been in an airplane, and just think if they stay out of one, in another month or two they will be able to go in a turbo jet. And they never will have had the experience of a Jenny Wren or a DC-4 trying to get over the mountains to San Francisco.

Now why should they go back to the horse and buggy days? Why can they not take advantage of our evolved consciousness and start where we leave off? And the answer is they are going to do it whether we know it or not or whether we like it or not; they are going to do it. The children of this age are jet-age children.

Why cannot our spiritual students take advantage of the years that we went through learning all of the modes and procedures and be given the spiritual truth of being which any one can learn? Oh certainly it shouldn't take more than a month. And from then on, they should be right where we are, right where we are with only a month of background because what is it now that we have to teach them?” ~Joel

I Cor 13:10

10 But when that which is perfect is come, then that which is in part shall be done away.

(Each generation shines its own light brighter and brighter, and as consciousness rises, there are fewer lines written in between the Truth.

40 years of wandering can turn into 40 days and possibly into only 40 minutes. And why not? The Way has been shown. There is no need to drag this out... God is Loving you this very minute. ~Al)

THE DAILY LESSON – September 9, 2012

“First of all, we have to teach them God as individual being. We have to teach them that God constitutes individual life, that God is the essence and allness of being, that God is the law of all being, and that as we sit here now, we are not dependent on person, place, thing, circumstance or condition out here since the kingdom of God is within our own being. ‘The Lord IS my shepherd so I shall not want.’ And as we teach them that this Infinite Invisible is the source of our good, the source of our supply, in that degree then do we train them away from this outer dependence.” ~Joel

John 6:45 (to .)

45 It is written in the prophets, And they shall be all taught of God.

Luke 17:21

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

(There is One Power, One Source, One Supply, One Teacher - and you know where He is - nearer than breathing, closer than hands and feet.
~Al)

THE DAILY LESSON – September 10, 2012

“Again this morning in answering mail – a request for help on the subject of supply from one who has been a student and practitioner for over 30 years, and asking for help on the subject of supply. Now how can that be? It can only be in one way because so far as knowing the truth is concerned, I am sure that this practitioner has read about all the books that are on the subject of truth, metaphysics and supply. But what is missing? The one truth that would have made all the reading of those books unnecessary: that supply does not come to anyone from anywhere not even from God. That, as a matter of fact, the kingdom of God being within me, supply must go out from me to those who do not yet know their true identity.

Now oh that, that is very simple. It may take a month or two or three for a person to bring themselves to that state of consciousness in which they have that awareness. But that’s the principle and it can be learned in five minutes: not to look outside of one’s self for supply, not to expect it from someone’s good will, not to expect it from investments because suppose we were cut off from our investments, wouldn’t we be cut off from our supply? Surely if we were cut off from God.

But how can we be cut off from God if God is our being? We’d have to be cut off from our self before we could be cut off from our God which is our supply. So even if ‘I made my bed in hell’ or out on a desert, I couldn’t separate myself from I, which is God. I have every right to look right there for my supply and find a spring of water or a nut tree, or a fruit tree, or a date tree or something else right out there in the middle of the desert. And it must appear. It must appear as surely as manna fell from the sky in the desert. It must appear just as surely as water can come from a rock, or gold from a fish’s mouth. It must come. It always has come in the experience of those whose consciousness was realized to be God.” ~Joel

Luke 15:31

31 And he said unto him, Son, thou art ever with me, and all that I have is thine.

(No matter what unsavory situation he found himself in, the prodigal’s son was never separated from the love of his father and neither are we separate or apart from the Love and abundance of Our Father...

Our freedom is determined by the degree of our awareness of Oneness and our understanding of our inclusion in the Allness of Being. ~AI)

THE DAILY LESSON – September 11, 2012

“Moses knew his identity: *I am* that **I am**. And the moment he knew that, wherever his foot was, there was holy ground because **I am** there. And the same thing Solomon knew that. That is why Solomon had all the wealth that he had. Just think of all the wisdom and all the wealth that Solomon had! But he had it for only one reason. Solomon had it because he knew who **I am**. Solomon knew his true identity. Solomon knew that ‘I and the Father are one’ and that to ask for this wisdom was better than to ask for pearls and rubies, and land. Then he got the wisdom, and the pearls, and the rubies and the land too. In other words, his prayer was unfoldment, revelation. ‘Just give me unfoldment, revelation.’ And where was he praying? He was on his knees all by himself in the temple.” ~Joel

Matt 6:6

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

(Pray in secrecy and in silence, pray for anything you want, as long as it is not if this world [Spiritual Realization]. Our reward is being aware of our true identity, that of being included in God’s Omnipresence. Can you think of anything else you might need? ~Al)

THE DAILY LESSON – September 12, 2012

“You know there are two ancient stories – one that comes to us from India and one that comes to us from the Hebrew Holy Lands – the same story in two different dressings. One is the story of a student who went to his master in India and said, ‘Oh, Master when are you going to reveal God to me?’ ‘Oh,’ the Master said, ‘In due time, due time.’ And every day the student came eagerly, ‘when am I to know God? When are you to reveal God to me?’ Finally the day came. The Master said, ‘This is the day.’ And he took him to a temple, and he said, ‘I am taking you to this door which you will enter, but I will tell you that you’ll be in one room, but there are three. But you’ll have to work your way from the first room into the second, the second into the third. How you’ll do it I don’t know because I don’t think there are any exits or entrances.’

And so he turned the student loose in this first room. And when the student got accustomed to the darkness he saw that there was a figure of God – Buddha perhaps – in solid gold. It was beautiful. But as he looked at it for awhile, the thought came, ‘no, no, no. This isn’t right. There’s something wrong here. This isn’t right. It’s too much heaviness, too much heaviness in the air. No, no, this isn’t right. I must go further.’ And so he sought for the entrance to the second room, and we are told that in the course of time he found it. And as he got into the second room, he again became aware of a figure, and this time it was a figure of the Buddha in crystal.

‘Ah now, now I’m commencing to understand God. Now I’m commencing to know.’ But soon he realized this isn’t it either. ‘No, no. This isn’t it.’ And so he started his search for the third room and eventually reached there and, to his surprise, when he got into the third room, he found himself all alone. That was his Master’s way of revealing God to him. In the Hebrew the story is exactly the same except that when the student came to the third room he found himself alone with a mirror.

When we come face to face with that truth that ‘I and the Father are one,’ that ‘the kingdom of God is within me,’ that ‘here where I stand is holy ground,’ that ‘all that the Father hath is mine’ – we have reached that third room. We have reached the place where we do not pray out from ourselves nor do we seek anything. Remember that statement: Nor do we seek anything – not even from God. We abide in the realization that:

I and the Father are one, and all the Father hath is mine right where I am. The place whereon I stand is holy ground. Here where I am is God's fulfillment of Itself. " ~Joel

John 10:30

30 I and my Father are one.

(I am included in God's Omnipresence. ~Al)

THE DAILY LESSON – September 13, 2012

“Now. In that realization, [being included in God’s Omnipresence], I am acknowledging no destructive power anywhere since no destruction could touch God’s being. I am acknowledging not even a God power somewhere outside myself that could come to me. I am acknowledging neither good nor evil any place. I am acknowledging only spiritual wholeness, completeness and perfection where I am.

Now. This would be of no value if we were to say, ‘Yes, Joel isn’t that nice that that’s true of you? Wouldn’t it be lovely if all these people, if it was true of them too?’ Ah, you see, then we’d be back in some religion again. But the wonderful part is that if this is true about Jesus Christ, it’s got to be true about Joel Goldsmith or else God is a ‘respector of persons,’ or God has a stepchild. Do you see that? And if it’s true about Joel Goldsmith, then it has to be true about every man, woman and child under this canopy of heaven.” ~Joel

Rom 8:9 (to .)

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

(So, if the Spirit dwells in me, then I am Included in It - and everyone that touches my consciousness are included as well. Then, we are instantaneously manifested as individual expressions of Oneness, perfect in every way. Pick up thy bed now - and walk with Me. ~Al)

THE DAILY LESSON – September 14, 2012

“So it is that when you or I are faced with discordant people or discordant conditions, we only have to retire within ourselves to this truth: ‘No. All that God is, I am.’ That’s true of *I am* whether *I am* is Joel, Moses, or Jesus. Do you see? What difference does it make whether he’s a Hebrew or a Christian or whether he’s a Mohammedan or Hindu? The truth is universally the same truth.

Now once you have that in consciousness you realize that even if there were material laws, they certainly couldn’t operate on spiritual being, could they? Even if there were laws of infection or contagion or heredity, what have they got to do with God and God’s individual being which *I am*? And so, you would be continuously at peace within yourself. And whenever anyone came to you then, whether they wanted to be fed with a spiritual truth or whether temporarily they had to be fed with a dollar bill, or a hundred-dollar bill, you would have no hesitancy in feeding them, sharing with them, giving them since you have access to this infinite source, and you’re merely revealing to them that they have access to this infinite source. And in time, they, too, will demonstrate it.” ~Joel

Isa 26:3

3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

Phil 4:7

7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

(Do we sleepeth like Lazarus did before Christ raised him up - or are we awake and aware of our True Identity? Once you have experienced the Presence and perfect Peace of God you will be changed. Our focus tightens, and we are drawn within more frequently. Our Life begins. Our Soul pours out. Our heart pumps Truth. Our Lungs breathe Spirit. And so it is... Thank you father, ~Al)

THE DAILY LESSON – September 15, 2012

“Ah, when you come to that realization, you have only one further step to take than helping others, and that is getting this inner realization or click. And, as I say, that would only be for a few months. Afterward it would be such a natural state of being that instead of taking twelve times twelve and writing them down and going through the multiplication process to arrive at a hundred and forty-four, you would just automatically say a hundred and forty four – and so with this.

Instead of, when faced with an erroneous person or condition, instead of sitting down and closing the eyes and saying, ‘God is life and God is the only life and all that God is, I am,’ automatically you’d just say, ‘No harm is going to come from this. All is well. ‘Pick up thy bed and walk.’ ‘What did hinder you?’” Do you see?

It is a matter of developing one’s consciousness to that point. That is the reason for the reading of these books. That is the reason for scripture. That is the reason for knowing the truth. That is the reason for the tapes. That is the reason for meditation. That is the reason for classwork – the developing of this state of consciousness that lifts you into an atmosphere where discords have no reality. They will still exist as appearances.” ~Joel

John 8:32

32 And ye shall know the truth, and the truth shall make you free.

Isa 45:2 (to :)

2 I will go before thee, and make the crooked places straight:

(We study and practice and listen until we actually feel the “I go before thee”. The Freedom that follows flows out as Grace. And we no longer lean on our own understanding... ~Al)

THE DAILY LESSON – September 16, 2012

“Jesus, right up to the cross, had erroneous conditions to meet in appearances. The cross itself was one of them. The thief on the cross was another one. The desertion of his disciples was another one. Oh, we always will be faced with these discordant appearances, but we will be in a state of consciousness that does not respond to them, does not accept them as real, doesn’t fight with them, doesn’t battle them.

‘The battle is not yours, but God’s.’ ‘Stand ye still; see the salvation of the Lord.’ ‘They have only the arm of flesh. We have the Lord, God, Almighty.’ We never need to battle. We never need to fight. We never need to sue. We never need war with each other – never, never. The only war we will ever have is if the nation has one and calls us and we have to serve in the line of duty as a citizen. That’s all right; we can do it, but it won’t be our war. It won’t be our hate; it won’t be our enmities, and it won’t be our fears. We will merely be doing our functional duties as good citizens and good neighbors since we know that even if we lose our life, it isn’t our life we’re losing. We just walk out of one phase of life into another – and we’re better prepared to do that for our country than the fellow who actually thinks he’s laying down his life.” ~Joel

II Chron 20:17 (to 3rd ,)

17 Ye shall not need to fight in this battle: set yourselves, stand ye still, and see the salvation of the Lord with you,

(Accepting the effects of this world is setting yourself up to do battle. It is all about consciousness, my dear friends. If we dwell in human consciousness with human thoughts, needs, expectations, in and amongst matter - our life is real, our body is real, our joy is real - this world is all real - all the good and bad of it. And the solutions to living your life, solving your problems and even enjoyment and pleasure are real too. All of the things we do during the day are as real as can be. In that state of consciousness the only answer is to work hard and do your best.

We now must stand still and wait upon the Lord.

If our Consciousness dwells in Spirit (in the secret place of the most high) we are lifted above the mist of this-world to a place where we are included in the Omnipotence, Omniscience and Omnipresence of the things of God.

All of It... If so be the Spirit dwells in us then we are not even aware of the things of this world because God is not either. We are Living in, of and by Spirit. Paul said that the things of this world are foolishness with God. This is what he meant.

So, our single purpose in this work is to seek and Be One in the Presence of God Consciousness. I can promise you this - if you practice this purpose correctly long enough you will come to that place. Our questions and prayers will be answered. It may come in the form of a healing, or a needed companion, a way to the money you need, a proper living space, or the transportation you need for the moment... But the answer will probably not be what you were expecting while in that human consciousness. The answer will come at a time you think not and in a Way you could not have thought possible. This is Grace loving us as Itself. We experience perfect unconditional Love, and it is beyond words and thoughts. ~Al)

THE DAILY LESSON – September 17, 2012

“Now. The reason you can teach this in a month is the very simplicity of it. I’m sure you’ll agree that nothing could be more simple than the July Letter. If that isn’t simplicity itself, I never read it. Well if there ever has been a more profound piece of writing I also haven’t read it because the very depth of it is beyond imagination. And yet it is simple enough that anybody can understand.” ~Joel

(Does anybody have a copy of this July Letter of Joel’s they could share with the group? I’d love to see it and share it forward. I assume it is 1955. ~Al)

THE DAILY LESSON – September 17, 2012 - PART 2

Dear Ones,

The July 1955 Letters document we have been looking for has been provided. Thank you for the Love that performed the work.

I have provided it in two ways: as text for today's lesson, and attached as a .PDF for saving and printing.

Print this one out and keep it close.

Much Love,
Al

THE NINETEEN HUNDRED FIFTY-FIVE INFINITE WAY LETTERS
by Joel S. Goldsmith

CHAPTER SEVEN
MEDITATION FOR BEGINNERS

Few people disbelieve in God. Most people are convinced that there is a God, or that there is a Divine Power of some sort, but they are not sure just

what It is. There was a time when they were content to believe that there was a God in Heaven whom they would meet after death, but in this practical age, particularly, not many are satisfied with that kind of a God. In this present age, the cry is that in spite of all the great mechanical and material advancement in the world, very little progress has been made in the way of spiritual development and unfoldment. Actually, this is not true, because every bit of this mechanical and material development is really the outward expression of inward spiritual power. Our greatest inventors, discoverers and scientists have all been spiritually endowed men; men who have lived close to God, and who have had actual God-contact. Many of the greatest physicists of today are in complete agreement not only that God is a reality, but that God is evident in our human world.

All through the ages there have been spiritually endowed men and women who have had conscious contact with God, who have known conscious union with God, and who have brought this Presence and Power into their actual experience. Always there has been a Lao Tse, a Buddha, a Jesus, a John, a Paul, but none of them ever had wide followings very far beyond their personal circle. None of them were ever widely known, nor their teachings widely practiced—not during their own times or for long periods thereafter.

Every one of these great spiritual leaders is in agreement on these basic principles and teachings: Do unto others as you would have others do unto you; Thou shalt not kill; Thou shalt not steal; Thou shalt not commit adultery; Thou shalt have one God. They did not teach that we all be of the same race, color or creed—they taught the principles of live, let live; love, share, co-operate. If the several hundred million who profess the teachings of Lao Tse, Buddha or Jesus really practiced and lived them, there could never be a war. Later, as the teachings of the great spiritual masters were organized, the religious forms and ceremonies were practiced, but not the original religions. It is for this reason that the world has gone downward, morally and spiritually, to where today nine-tenths of the world is at war, actually or potentially. This represents the degree in which mankind has become separated from the God-power or God-presence which has been revealed through these great mystics as possible to all men.

The questions that are occupying the thoughts of people all over the world today, are: How can we make God available in our experience? How can we bring the God-power to us as, for instance, did Jesus in healing the

sick, raising the dead, feeding the poor? How can we make the Presence and Power of God practical in our experience, so as to have a principle with which to work which will enable us to rise above the level of human existence?

We begin to understand how this is accomplished through some of the revelations of these spiritual masters. We are taught by the Master Christian that the kingdom of God, the Presence and Power of God is within you. Jesus called this Presence and Power "Father," and He said, "The Father that dwelleth in me, he doeth the works." Paul, using a different term, said, "I can do all things through Christ which strengtheneth me." It makes no difference what you call this power—God, Father, or the Christ, by whatever name you call It, *It is to be found within you!*

The kingdom of God is within you, not in churches nor in organizations, not in holy mountains nor yet in the temple at Jerusalem, and if we would really believe this great wisdom it would be enough to cause us to leave the world for a season until such time as we could reach, touch and respond to the Father within. Then, when we had made our God-contact, it would be revealed that the whole of the Godhead is to be found within our individual being.

The sure method of making that contact was discovered, many, many centuries ago, through the practice of meditation. The enlightened and educated peoples of India, China, Japan and other Oriental countries learned how to retire into meditation, and there find peace, harmony and joy, even in the midst of world tribulation. In the eighteenth century the Quakers brought meditation into this country, but the Occidental teachings did not accept it, and so it did not spread beyond their own groups.

Meditation is the way to contact the Presence and Power within each individual so as to bring forth this Power of God into expression, into manifestation and into evidence. The question naturally arises: For one who has not learned the art of inner silence, how is meditation accomplished?

The ultimate of meditation is attaining a state of complete silence within. This is not simple of accomplishment because there is no way to stop thought. However, there is a way of meditating which eventually will lead to all thought ceasing of its own accord, leaving one in a sublime state of

inner quiet in which come only those thoughts which emanate from God. There are many, many ways of meditating, but, for the beginner in meditation, it is important to avoid trying to accomplish something beyond his immediate understanding. In order to meditate without losing the thread, and without permitting disturbing extraneous thoughts to enter, the mode of contemplative meditation is simple, and will lead one, step by step, into the higher forms of meditation. Even before that it will result in an inner experience that will be one's assurance that the inner contact has been made.

Let us review what we know about the nature of God and the nature of prayer, and then see how our meditations can fit into that. In the Infinite Way Writings, it is revealed that God is a state of divine being, ever-present, ever-available, filling all space. God has nothing to give, and no power to withhold. God is the creative principle and power, the maintaining and sustaining influence of this universe. God is being God all of the time, and He is being God without direction or petition on our part, and without affirmation or prayer of any nature.

As this is being written there is no sun in the heavens — it is nighttime, yet there is no trace of fear about tomorrow. It would be useless to pray that the sun rise tomorrow, simply because God requires no information or prayer from us. God will go about Its business of governing this universe, and in due time the sun will rise. Praying in the manner of petitioning and beseeching will not change the orderly rhythm of God's universe. God's work is done, God's laws are in operation, God's processes are already in work. That which *is*, divinely and eternally *is*, and we cannot influence God to make it so, or to prevent its being so.

This gives us quite a different concept of God than many we have entertained heretofore. We have felt that it was important and necessary that we acquaint God with our needs and the needs of the world. The Master has told us, ". . . your Father knoweth what things ye have need of, before ye ask him," and ". . . it is your Father's good pleasure to give you the kingdom." This should have taught us that the nature of prayer is a realization of the nature of God, of God's laws and God's love, and that the prayer which attempts to tell or ask God is not of much avail.

In reviewing the nature of God and the nature of prayer, you have been meditating; you have been pondering; you have been contemplating. Think

on this word "contemplation" and see if you can bring your prayer to be a contemplation — an intent and grateful consideration of that which *is*. This would not be a line of thought intended to change something or hopeful of getting something; not a line of thought which would make it appear that you know more of the earth's needs than God knows, or that you have more love than God.

In this contemplative state you transcend the desire to tell God anything, or ask God for anything, and your contemplation takes the form of witnessing the sun, the moon, the stars, the tides, the growing and living things. Your contemplation takes the form of remembering that the heavens and the earth are filled with everything of which man has need. All that you behold is showing forth God's glory, God's law, God's love for His Children, and it is then that you are in a state of meditation in which the assuring words of scripture are fulfilled: "Thou wilt keep him in perfect peace, whose mind is stayed on thee"; "In all thy ways acknowledge him, and he shall direct thy paths."

This contemplation of God's Presence and Law in this universe is a simple form of meditation. It keeps your mind continuously centered in God and prevents it straying to other subjects, and yet there is no strain because you are not trying to accomplish or acquire anything. Quietly, gently and peacefully, you are observing God in action on earth as He is in heaven; you are witnessing the very glories of God. As you contemplate the glories of God that already exist and are available for your beholding, you are praising God, acknowledging God, and you are bearing witness to the fact that God's Grace is your sufficiency.

As you are engaged in this spiritual activity of beholding God at work, day in and day out, you will be brought to a state of consciousness where thought, of its own accord, will slow down and finally stop. And one day in a second of silence the activity or Presence of God will make Itself known to you. From that moment you will know that the kingdom of God *is* within you, and no longer will you seek your good in the outer realm; no longer will you feel compelled to depend on persons or things or conditions.

Once you come to the realization that God's Grace is your sufficiency you will be living a life of continuous prayer. You will pray without ceasing, and yet never will you desire anything, nor tell God of any need, nor try to influence God to give it to you. You will be in a continuous state of prayer

merely with the realization that the *Grace of God*, which has peopled this earth and filled it with all good things for man's use, *is your sufficiency in all things!* The wisdom which is God's is your sufficiency. The divine love which has met every need of this earth is your sufficiency. Could you ask more than the realization that the infinite Intelligence that governs this universe is governing your individual affairs? That the divine Love that is shown forth in the creation and maintenance of this universe is interested in your life, your business, your home? God's Grace is sufficient to fill this earth, therefore it must be sufficient for your individual needs.

The moment you know that the Grace of the Father within is your sufficiency (as well as the sufficiency of every individual being) you are forever removed from the need of human dependence, and yet it would give you love, joy, abundance, freedom, security and peace. You are forever freed from clutching at any person or any thing in the world. And the very moment that your neighbor has this same awareness there are two of you living in union with God and perfect unity with each other. When we are in union with God we are in unity with each other, and in this unity we are at peace; we have a fellowship; we are freed of hates, envies, jealousies, malice. We want nothing that the other person has, and we are willing to share what we have, because we are receiving and accepting divine Grace. In this unity there is a relaxation from fear, doubt and distrust, and we are enabled to love and trust each other, and to have faith and confidence in each other.

Our need is the realization of the nature of God and God's government, and the contemplation of this is a form of meditation which leads to other and higher forms, and onto higher levels of consciousness. Eventually we are led to that place in consciousness where meditation is a total silence of thought, a complete state of awareness in which there is an inner alertness, an inner awakening, a state of receptivity and expectancy into which flows the realization of the Presence of God. Beyond that we need nothing. It is far better to have that realization than to have the entire world of fame and fortune at your command, because that realization is the multiplier of loaves and fishes. It makes no difference what the immediate need may be, the Presence of God is the fulfillment of that need.

At some point in this contemplation, a natural question probably will come to your mind: If it is true that God is the infinite Intelligence and the divine Love governing this universe, how do we account for the sin, disease, lack

and limitation that is in the world? The answer lies in our separation, or sense of separation, from God. One of the things that has separated us from God has been our prayers. Nothing tends to separate us more than the prayers we have been taught for generations, because those prayers deny God's infinite Wisdom and deny God's infinite Love. When you ask God for something, you have declared that God is *not* the infinite Intelligence nor the divine Love, and you have separated yourself from It.

One of the Master's greatest teachings is that it is not necessary to take thought for our lives, what we shall eat or drink or how we shall be clothed, because our heavenly Father *knoweth* that we have need of these things. The nations of the world (meaning the materialistic, the ignorant and unknowing— the unspiritual) pray for these things, but not ye. "But rather seek ye the kingdom of God; and all these things shall be added unto you ... for it is your Father's good pleasure to give you the kingdom."

The prayer that brings God into availability is not the prayer that sets itself up to know more than God. The prayer that availeth much is the realization of the true nature of God, and that prayer brings us into attunement or at-one-ment with the Presence and the Power. The prayer of petition must separate us from our good, because it is a prayer that has no knowledge of the nature of God. You do not know God aright until you know God as infinite Wisdom and divine Love. You do not know God aright until you have the ability to cease asking.

In our ignorance we have become separated from the actual individual experience of God, and so we must ask that God reveal Himself. We must ask for wisdom, for light, for Grace, but that is all. "Ask, and it shall be given to you; seek, and ye shall find; knock, and it shall be opened unto you." Ask, again and again: "Open my eyes that I may see; open my ears that I may hear. Open my eyes of spiritual vision that I may perceive spiritually; that I may comprehend spiritually; that / *may know Thee as Thou art!*" That form of asking is wisdom, but asking for supply, security and peace is not. Supply, security and peace are free gifts to the world *now*, and they are waiting for us to avail ourselves of them by bringing ourselves into harmony with God's Law.

By the time you have contemplated God from this standpoint, and reviewed the nature of God's work on earth and realized that there *is* an infinite Wisdom and a divine Love governing this universe, there will come over

you such a feeling of peace that you will wonder what you ever were concerned about. However, just stating that God is infinite Wisdom and divine Love will not do much for you. It is only as a result of this contemplation that you actually agree, from your own inner experience, that it is true. There must be the actual experience of inner awareness which comes as a result of this contemplation of God.

As you persist in this contemplation, God will become a new experience, and you will find yourself developing, or with a developed state of consciousness in which you will never look to God for anything. You will be living in the realization of God continuously flowing, and you will realize that the kingdom of God, literally, *is within you*. It is through meditation that you make contact with this kingdom, and as a result of that higher state of consciousness immediately you begin to see the greater harmonies of mind, body, purse, family and community relationships appear in your experience. It will only be necessary to rest in peace and quiet, and *let* the Grace of God fill your mind and soul, being and body, and then you will smile in the realization: Thy wisdom is sufficient for me. Thy love satisfies me; I rest in Thee.

Contemplation

"The heavens declare the glory of God: and the firmament sheweth his handywork."

When you are close to nature out in the country, in the mountains or by the sea, and more especially when in a peaceful, quiet and reflective mood, you become aware of many wonderful and beautiful things that ordinarily slip your attention and thought. Often in the evenings when I am sitting on the lanai, I become aware of the millions of stars overhead, and in contemplation of their number and brilliance have noticed the constellation known as the Southern Cross. After watching it rise and set a number of times with perfect regularity, you realize that there is a law, an order and an activity behind this event which *produces* this experience every night. And so it is also with the regular and orderly rising of the moon, the ebb and flow of the tides, the succession of growing things each in its own season.

In pondering this in connection with prayer, can you not see that it would be sinful to pray for the Southern Cross to rise in the sky, or to pray for the tide to come in or go out? Would it not be sinful to pray for flowers to bloom when all one has to do is to behold the great mystery of Life unfold, dis-

close and reveal Itself before your very eyes? The great prophets of old saw that man need do nothing about these great miracles except to behold them, to enjoy them, and to be grateful that there is an infinite Wisdom, a divine Love, and that *It* has created all these things for *Its own glory*. This really means for your glory and for mine, *because God's only existence is as you and as me!*

We have seen before that it is useless to pray for supply. If you were to be so practical as to think in terms of meat and potatoes, clothing, fresh air, pure water, you know that there is an over-abundance of these things in the world—there is no use praying for them. There are enough people in the world that everyone can have an abundance of companions, so there is no use praying for companionship. Certainly if God has created the heavens, the earth and the oceans, and if God has stocked the earth with all the good things, do you doubt for a moment that He created a perfect body for you, for your use, for your pleasure and expression? God could not have given us so much of His Grace, expressed in infinite supply, without also having given us perfect bodies. As you behold the orderly processes of what we call nature, and as you perceive the invisible activity of the Spirit as *It appears outwardly* as the harmonies of life, then do you see the futility of praying for anything?

If it is not necessary to pray for all of these things, what is there left to pray for? It has previously been stated that every time you resist the temptation to pray, you are in prayer. This seems a strange statement, and one you might question. At first this seems to wipe out prayer and the need for prayer, but something in your heart tells you that prayer is a glorious thing; that prayer is a necessary thing; and that prayer is one of the most beautiful experiences on earth. Something within tells you that prayer must be the very Voice of God, the very atmosphere of God, the very consciousness of God. Something tells you that prayer is a sacred and secret thing; that you must not pray to be seen of men, but that you must retire into an inner sanctuary, the secret place of the most High, and there pray in the realization that "The Lord is my shepherd." Because the Lord *is* my shepherd, the Lord's Grace is my sufficiency.

God must love His Son for He created the whole of heaven and earth for His Son—for you and for me. It is more wonderful to know that God loves me, than to know that I love God! God's Love is expressed as my love, reflected by my love, for without God's Love for me I could not love God.

You can readily see that this is a two-way activity, much more so than in human experience. It is not difficult to love those who love us, but it is very difficult to love those who have little or no feeling for us. And so I am not too concerned about my love for God, because that would not exist at all except for God's Love for me. Just the realization of God's Love for His universe and for His Children is prayer, and in this prayer there are no desires that God should love me more than He does, no feeling that God should be doing more than *He already is doing*.

If there is any desire at all it is that I may more greatly appreciate God's Love and what it is doing in my life, in my mind, in my Soul, in my body and purse. It would be well to ponder more the beauties and bounties that abound on every hand, and realize that none of this would be but for the Love of God for His Children. God has given us the sun that we may have light by day; the moon that we may have light by night. He has given us the earth and the seas that we may be fed, that we may travel; He has given us soft breezes that we may be refreshed. God has provided for our every need.

Prayer is a contemplation of the beauties and bounties of God, and prayer is a contemplation of the activity of God in our experience and in the experience of the world. This prayer makes you a contemplative, and yet it does not take you out of the world. It is not necessary to leave the world to contemplate God's Grace. Just take a little time during your busy days and nights to be close to God. Go where you can see the sky, the sea or a lake, and contemplate, be in prayer, be in communion with God. You can be in prayer while engaged in any of the human activities. Whether keeping house or going to business you can reserve an area of consciousness for the contemplation of God's Presence, and you can be beholding God's Presence in every activity going on about you. Lift your thoughts to God, open your inner ear to hear the still, small Voice, and with your inner eye behold the universe of Spirit, even while your physical eyes are engaged in physical activities. You can be in the world, but not of it.

Quickly you will understand why desire is a sin, unless the desire is for a greater realization of God, the things of God and the thoughts of God. God's thoughts are not your thoughts, and certainly your thoughts can never be God's thoughts, but *God's thoughts can become your thoughts* if you learn to contemplate God as a form of prayer, rather than to desire or even expect. Expectancy, however, can be prayer if your expectancy is that

of watching the bud become the blossom; of beholding the sky suddenly filled with the light of the stars and the moon; of waiting expectantly as the sun rises and the fullness of its light and warmth envelopes you. When expectancy is that God shall move outside Its orbit to obey your directions, supplications, personal desires and wishes, then it becomes a sin.

Several years ago I said that there would never be another Infinite Way Class unless more were revealed to me on the subject of prayer. There have been many Classes since then, but each one has been a recognition that we have not yet arrived at the fullness of the understanding of prayer, and each one has been towards a higher concept of prayer. Prayer is our only contact with God, and it is only through prayer that the beauties, the activities, the abundance, the joys and peace of God's Grace can reach us. There is absolutely no way to come into or under God's government other than through prayer, and when we are in prayer we are enfolded in God.

True prayer is the higher concept in which we contemplate the infinite ways that God has of *loving us*, and in which we no longer turn to God for anything except the joy of basking in His Presence, in His Grace, and in His Love. Do not be too concerned about your love for God. That will follow in a normal and natural way, and you will give expression to it. Actions speak louder than words, and it is not always those who speak much of their love who love the most. Contemplate God's Love for you, and contemplate the infinite forms of God's Love for His Creation.

In God's Love there is no criticism, no judgment and no condemnation. In God's Love there are no yesterdays. God's Love is flowing now, and It cannot withhold Itself nor can It give Itself. God's Love is a state of *is*, a state of being, and in *meditation and contemplation of God's Love* you are realizing It, feeling It, aware of It until God's Love so permeates your consciousness that you no longer pray. You are aware only of *being in prayer*.

Prayer is a contemplation of God's Love for His Kingdom. Prayer is a realization of God's Presence filling all space. Prayer is an awareness of peace, of joy and abundance. Prayer is an inner stillness and a silence, a refraining from thought and desire. Prayer is beholding and witnessing God's Grace. Prayer is a realization of *is*. Prayer is the holy contemplation that where Thou art, I am; that where I am, Thou art: "Son, thou art ever with me, and all that I have is thine." God's Grace *is* my sufficiency in all things. God's Love *is* enveloping me and this universe. God's Peace *is*

upon this world. "The Lord *is* my shepherd; I shall not want." Wherever I am, the Lord *is*, even though I make my bed in hell.

Prayer is a contemplation of *is*. God *is!* Life *is!* Love *is!* Joy *is!* Prayer is an outflowing of gratitude that Thou hast given us the heavens and the earth for our glory. Prayer is a heart full of gratitude that there are still greater blessings in prayer than you have ever known or dreamed of. "Thou wilt shew me the path of life: in thy presence is fulness of joy; at thy right hand there are pleasures for evermore."

When going into prayer it is helpful to remember that we may pray for anything—as long as it is not of *this world!*

Love is the Fulfilment of the Law

"Owe no man any thing, but to love one another; for he that loveth another hath fulfilled the law. . . . Thou shalt love thy neighbor as thyself. . . . Love worketh no ill to his neighbor: therefore love is the fulfilling of the law...."

Are you fulfilling the law of Love in the measure of which you are capable? If love is not fulfilling your being, you are not fulfilling the law of Love, and you have separated yourself from the fulfillment.

God is not a giving God, nor is He a withholding God. God is a state of divine being *now*, and so your life experience represents the degree in which you are fulfilling the law of Love. Any lack of demonstration, any lack of peace, harmony or security represents your violation of the law of God. It represents withholding of love from your fellowman; it represents not doing unto others as you would have others do unto you. This does not necessarily mean in the line of service, although, of course, this has its rightful place. We do not so often violate the law of Love by our human conduct toward each other as by the mental concepts that we entertain. Too often we love one and dislike another; trust one and fear another, and it is in this that we violate the law of Love.

None of us would care to be judged by our degree of humanhood, because everyone falls from his own standards of what he should be. Rather would we like to be judged by what we are inside, by what we know to be our rightful Selfhood. Instead of judging by appearances, we must judge righteous judgment by looking through to the Soul of every individual and there beholding the Christ, and agreeing that there is God; there is the very Presence and Spirit of God. The Kingdom of God *is* within you, and once

you discern that God is the center and circumference of every individual being (whether the individual knows or acts it or not) in that very moment you are loving your neighbor as you would want to be loved by him.

As we entertain more love of God we entertain more love of our fellowman, and we have less room in our consciousness for judgment, criticism and condemnation. We come into oneness with God in unity with man. Then it is that we are loving our neighbor as ourselves, and we are fulfilling the law of Love.

THE DAILY LESSON – September 18, 2012

“Now – so it is. Children must be able to understand truth, and if children can’t understand it, it isn’t truth. It has got to be possible for children to understand it or it isn’t true. Therefore, we should be able to teach it quickly. But, you cannot expect anyone to attain the consciousness of it quickly. That is an impossibility. The thousands of years of human, the layers of humanhood, that have been built up in us: the fear of old age, the fear of lack, the fear of death, the fear of poverty – those are all universal beliefs that are so deep that even scripture says, ‘the last enemy that shall be overcome is death.’

You see that we have had built up in us, inherently, the belief that good can come to us, and that evil can come to us. We have never been taught that the basic theme of the Christian part of the Bible is that God is love, that God is the Father, that in Him is no destructive force. Do you not see that there is only one reason why we are in this room at this minute together? And that is because of a world belief that there are two powers. Do you know that no one is ever going to come into the realization of one power and ever come back to a class? No one is ever going to do that. There would be nothing there for them – not a thing.

It is only in the degree in which we, individually, still believe in two powers that it forces us to unite or to meet together for instruction. What instruction? To learn that there is only one power and that power is God, that there’s no power in material laws, in calendars, in infection, in contagion, in heredity, in bullets and bombs. Oh, but why can’t you learn that in a one-hour lesson? There is only one reason: that is that you cannot attain the *consciousness* of it in a one-hour lesson. You can learn the truth. You will find in every single one of these Infinite Way writings – pamphlets, letters, books, recordings – that the basic theme is one, or oneness, that the basic theme is that there is only one power.” ~Joel

Mark 10:15

15 Verily I say unto you, Whosoever shall not receive the kingdom of God as a little child, he shall not enter therein.

(It is with innocence, a self-relinquishing and humble heart, trust and in confidence that we can receive the Kingdom. ~Al)

James 4:7 (to .), 10

7 Submit yourselves therefore to God.

10 Humble yourselves in the sight of the Lord, and he shall lift you up.

I Cor 8:6 (to 3rd ,)

6 But to us there is but one God, the Father, of whom are all things,

(Father, I of mine own self can do nothing. I acknowledge only God's Law, God's Power, God's Mind, God's Principle as the One Power within me... No matter where I find myself I know that I am with Thee and Thou art where I am... There is only You, Father. Your infinite Presence, Spirit and Power guide me even as I walk through the valley of the shadow of death. There is no power besides the I that You are - the I that I am. We are not separate, but I am included in Your Omnipresence and so thou art within Me. So now I rest in the knowing that Thy will be done. I give myself to You. My work is Your work. Thy will is done on earth. I bask in your Ever-Presence. Thank you Father, I Love You. ~al.within)

THE DAILY LESSON – September 19, 2012

“Is there any one of us in this room who has actually come to a consciousness where we do not fear a destructive power? No, no. Each one of us has attained it in some small measure, as much as a grain of sand on a beach. But our goal is the realization of God as infinite being, infinite law, infinite power. Now that is only come by, that is only developed, through the unfolding of spiritual consciousness and that is done in the minute-by-minute use that we make of this awareness. In other words, as we stand in the presence of a person going through a difficulty and inwardly realize that if there’s only one power, this too must pass, then we are in that degree praying for them, treating them, helping them, or whatever term you wish to use.

Every time your consciousness is imbued with a realization of God as the one and only power besides which there is no other power, you are in meditation, you are cogitating, you are treating, you are praying, you are realizing. Or, as very often happens, when discords are brought to your attention, it comes in the form of broken law. You know the commonest one is that you must be punished for your sin. That is the commonest belief there is in the world. I doubt that there’s a teaching under the sun that doesn’t claim that a broken law has to be paid for, that you must be punished for your sins.

Even the New Testament says that ‘as ye sow so shall ye reap,’ and that would give indication of the fact that if you sin, according to what is considered sin in the year 3 A.D., that you’ll be punished. Of course if that doesn’t happen to be sin now, you don’t have to expect punishment. On the other hand, we have invented a few new sins since the days of Jesus and if you break these laws, you must expect sin. But if they’re outlawed next year – the church decides they’re not sin – of course you don’t have to expect punishment for it.

Now the commonest example of this is the fact that in one church if you miss one single Sunday’s attendance, you will have to wait at least a thousand years at the outer doors in limbo without getting into heaven because the missing of one Sunday means a thousand years, could mean ten thousand years unless God relents. But sometimes God relents after a thousand years if it has only been one Sunday missed. But of course if you miss two, then it’s apt to be a million years. God could relent at the end of a

hundred thousand years, but more than two that, that's simply out. And the same thing if you happen to die without being communed or confessed or something of that kind, you have no hope because that's a sin.

Now you see that all these things are man-made concepts of sin and people do suffer for the violation of them. Many a person has suffered by having to miss a Sunday in church or a Wednesday night in church or something else like that because of their own conviction." ~Joel

Rom 8:6-9 (to .)

6 For to be carnally minded is death; but to be spiritually minded is life and peace.

7 Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be.

8 So then they that are in the flesh cannot please God.

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

(There is only one sin, and that is to be carnally minded or to believe there is a separation from God Consciousness and the consciousness within us. If the Spirit dwells in us, then It is included in us and we are included in It. You see?

We are in Contemplative Meditation [praying] not only when we are sitting quietly with our hands in our lap with our eyes closed, but every second our thoughts are stayed on the Omni's, Law and Principles of God. Love, ~Al)

THE DAILY LESSON – September 20, 2012

“But, let us go back now to our spiritual identity, and let us see if the Master hasn’t revealed that ‘though your sins be scarlet you’ll be white as snow,’ if the Master hasn’t revealed the law of ‘forgiveness unto seventy times seven.’ In other words if the Master hasn’t revealed that in the moment of our realization of our spiritual identity, all of our bad humanhood and our good humanhood disappear. Do you see that?

Now we are suffering from the belief that we are being punished for our sins. We are. We are punishing ourselves; we are not being punished. We are punishing ourselves because of our conviction that we are sinning instead of realizing that that which is past is done with.

Now since we accept our spiritual identity, we accept this minute as the moment of our living in spiritual identity and so at this minute we have no past. As we continue to abide in this life – do you not see that it is an impossibility to sin? Do you not see that even not fully living up to this really wouldn’t be sin; it would be a state of our yet undeveloped spiritual consciousness?

It would be as if we were to take an examination in mathematics and get 95 percent and say, ‘wasn’t that wonderful? 95 percent.’ Now of course it wasn’t wonderful. It would be a terrible thing for a householder to have his mathematics 95 percent correct. The other five percent would have the house toppling down, or a bridge builder to be 95 percent or 99 percent correct in his mathematics – that one percent could topple his whole bridge. You have to be 100 percent. But, as long as we are students, 95 percent is a good average. Ninety percent is a good average. All right. So it is with us.” ~Joel

Matt 9:2 Son

2 ... Son, be of good cheer; thy sins be forgiven thee.

(Can we unconditionally forgive a mistake? Yes. Can we find fault with an unintentional misunderstanding? No. Can we un-hypnotize an individual that is convinced that what they are believing is real. No... All we can do is be patient and be at One with the All-knowing Consciousness of I Am, and wait for the dawning of Truth to be Realized, and wait until the erroneous thought is duly nothingized.

So, have we ever attempted to forgive someone for a wrongdoing? If we are doing that on the human level, we have recognized their error as reality that needs to be corrected, and we are attempting to fix it. Do you think we can change one belief into a better one? - or a bad or mistaken person into a good one? No, no, no. So, how do we get us, and them, un-hypnotized? The trick is to not get hypnotized.

We Realize our True Self and theirs as included in God Consciousness. We see their Identity of Being as it really is, not as it can appear to be when hypnotized. If you know the Principle of Infinite Being the appearance is simply false. This is exactly the same way we know that 2×2 is not 5 if it were presented to us that way. It just isn't... We know the answer is 4 and can't be convinced that it is 5. We did not correct the error that was suggested, we just KNEW the correct answer... It is nothingized... Dissolved... 100 percent forgiven. ~AI

THE DAILY LESSON – September 21, 2012

“We acknowledge, as of this moment, our true spiritual identity. We acknowledge God to be our identity. We acknowledge God to be the Grace that upholds us, supports us, maintains us, sustains us. And in this moment of Grace, you certainly will admit that there isn’t one single sign or trace of sin anywhere in your consciousness or mine or in this room. There isn’t one single sign of avarice, greed, lust, malice, jealousy, envy – not one single solitary sign of desire for revenge, not one sign of anything but the activity of the Christ permeating our being.

Now, standing in that light as of this moment it becomes a continuing experience because it’s an impossibility five minutes from now to start hating, fearing and so forth and so on going backward into the human realm. However, three or four or five hours from now it may well be that we will find ourselves retrogressing into some human emotion, human fear, human discord, human anger, but with this difference – that having had this moment of Divine Grace, the very slightest deviation from spiritual perfection starts to hurt us.

The conscience starts to awaken and say, ‘hey what are you doing here?’ and you quickly begin to lift yourself up again. And so it will be that it will be five, six or seven hours the next time before you find yourself hating, or envying, or fearing, or responding to negative impulses. And so, each time instead of indulging in self-condemnation or punishment, just realizing, ‘oh, oh, that was a retrogression from my high spiritual standard, from my high spiritual point. Now let me pick myself up again and get back into that atmosphere.’

So you see that day by day, day by day, you spend more time in spiritual awareness and less in humanhood. And the degrees of your human consciousness are far less. The hatreds are less; the fears are less; the jealousies are less; the gossiping, the rumoring, the scandalizing – all of this becomes less in degree, as well as in time, as we spend more time up there in spiritual consciousness until the day does come when it is virtually an impossibility to indulge humanhood just for humanhood’s sake.” ~Joel

I Cor 15:51,52

51 Behold, I shew you a mystery; We shall not all sleep, but we shall all be changed,

52 In a moment, in the twinkling of an eye, at the last trump: for the trumpet shall sound, and the dead shall be raised incorruptible, and we shall be changed.

(Our consciousness is sleeping, dead or hypnotized when it thinks we live in a world separate and apart from God. Awake thou that sleepest, arise and begin to walk on the path of Righteousness [enlightenment]. Learn to realize your true identity as children of God. Stand in the Light and Be an instrument for His will...

Step forward, onward and upward. ~Al)

THE DAILY LESSON – September 22, 2012

“Once in awhile the indulgence of humanhood comes in as some part of the picture, but not as a part of one’s own consciousness. You see, the whole thing is not merely knowing the truth, but in developing the consciousness that goes with that truth. Now when someone says, calls, writes, cables that they have this, that or the other problem, instead of entering into the human consciousness that would like to heal it or get rid of it, you find yourself instantly in that spiritual consciousness that says, ‘One power? Then what have we to fear? Fire has no power to burn. Water has no power to drown. Weapons have no power to pierce.’

Why is this true? It is only true for one reason. God is the only power. Then water can’t have destructive power. Fire can’t have destructive power. Weapons can’t have destructive power; sin can’t have destructive power; disease can’t have destructive power. Do you see that? Now the simplicity of that is clear. The demonstration of the consciousness of that is not so simple because there comes our practice of it.

You will be surprised that after a month or two of this kind of work that, if you were to search yourself, you would find that you are not going back into quite the depths of humanhood as when you started. You may still have periods of it, but they will not be as prolonged periods nor will they be as deep periods. And many of the things that could have been two months ago, could never come into your experience now. You just wouldn’t permit them. You just couldn’t tolerate them.

It is very much like, well it’s like education, the more of education a person has the less of the vulgarities of life can come into their consciousness. They just can’t. There are certain things that a person of education or refinement or culture couldn’t really permit in their consciousness and wouldn’t permit in it. If it were around them, they’d walk out of it. And the other person who is accustomed to the atmosphere of the saloons or the gambling house, or the whatever it may be, the taverns, they could accept certain things in their consciousness that another just could not tolerate. So with this.” ~Joel

Rom 8:5

5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

(Every step we take towards the Light, the more Illumined everything seems to be. We surround ourselves with a higher consciousness and the noise from the shadows subsides. ~AI)

THE DAILY LESSON – September 23, 2012

“As you develop the consciousness of God as one presence, one power, as you begin to perceive the Christ as the activity of your being, there are certain things you just could not tolerate in your consciousness and fear is one of them. And doubt is another one of them, and hopelessness is another one of them.

You may come with yourself, or with others, and have to walk through ‘the valley of the shadow of death’ with them, but there will never be a sense of hopelessness about it. There will never be a sense of fear that it’s going to be lost. There will never be a sense of doubt as to God’s Omniscience or Omnipresence. And if they walk right through the door into the ‘valley of the shadow of death,’ you still will say, ‘Uh, uh, I still am not accepting that.’ And there will not be the grief because there will not be the belief of end or oblivion.

Now you see what we hope to accomplish through this Kailua Study Group is that the basic principles of The Infinite Way, which are to be found in all the writings and all the recordings, will become so imbued in our consciousness that we will not have to have recourse to them in treatment, that they will just form the foundation of our understanding so that we merely will say, ‘a hundred and forty-four.’ Or we will merely say, ‘No harm will come of it.’

But you see, when we say, ‘No harm will come of this,’ what is behind it? That whole consciousness that God is the substance, God is the law, God is the only power so fire can’t have a power. Do you see? Water can’t have a power, destructive power. Weapons cannot pierce. All that will be behind the statement, ‘Oh, pick up your bed and walk, come on get up out of there.’ But behind that will be not merely a human encouragement to rise up out of your sick bed; behind it will be the actual consciousness of the truth that ‘what did hinder you? There is no power but God.’ There is no power but God, so muscles can’t hold you back or the lack of them. Do you see that? Not even the lack of a heart can prevent a person living because life isn’t dependent on a heart. If anything, a heart is dependent on life. It has to be so. It has to be so. The heart can’t create life, but life can certainly function a heart. And so it is.” ~Joel

Ps 25:4,5

4 Shew me thy ways, O Lord; teach me thy paths.

5 Lead me in thy truth, and teach me: for thou art the God of my salvation;
on thee do I wait all the day.

(Surrender our thoughts and prayers to be taught by Divine Principle. No
harm can come to us when we are within the Realm of God's Law. ~Al)

THE DAILY LESSON – September 24, 2012

“Life functions our body. The body is never, at any time, a governing influence of life. The heart, liver, lungs – there isn’t any part of the body that determines life, but life determines the harmony of the body. You see, the hand can do nothing of itself, but consciousness can move this hand, and so it is.

A body actually can’t pain, but consciousness can determine whether or not it pains. If consciousness accepts the power causative of pain, then the body can pain, but it hasn’t been the body that did it. It was the consciousness. If consciousness is clear on the fact of God’s substance, God’s law, God’s life, the body cannot pain.

Now, as a statement of truth, as the letter of truth, that is of no avail, but as you live with that letter of truth and continually abide in the fact that life functions the body, one day you pass. You have a transition when it isn’t the mind any longer saying that. There’s something inside of you saying it to you.

Well, let us stop for a little meditation. ~Joel

Matt 22:37,38

37 Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind [all three are the same - our consciousness within].

38 This is the first and great commandment.

39 And the second is like unto it, Thou shalt love thy neighbour as thyself.

(I don’t see Jesus saying that we should love God with our intellect... Or loving our neighbors with our mind or body.

Father, I Love you, not with my intellect, but with my Infinite Invisible Consciousness within me. There is no separation between lov-er and lov-ee - just Love Loving...well, Itself. Spirit to Spirit. No body, no thought, no visible form required... ~al.within)

THE DAILY LESSON – September 25, 2012

“Now let me say that if you were to be called upon for help, don’t try to remember anything that I said today because not one word of this is truth. Not one word that I have said to you today is truth. It’s true, and it’s the letter of truth, but it isn’t truth, and it doesn’t heal, and it won’t help anybody so don’t try to remember it. If you are called upon for help and you find it necessary to sit down, just turn to the Father within and say, ‘Father, truth is the healing agency so let me have truth.’ And let it come up from within you. Let the impulse come, let the message come, let the click come, let it come within you.

Don’t try to rehearse this truth. This is what we have been doing back in the years of metaphysics. The only reason for what we have said here today is the correct letter of truth must be established in our consciousness. But now when you are called upon for help, don’t be concerned about trying to remember some truth. Don’t do it because it won’t be truth. It will be true, but it won’t be truth. Truth is God. That which is true is just of God, and it’s not a power.” ~Joel

Prov 3:5

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

Matt 6:25 (to .)

25 Therefore I say unto you, Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on.

(Father, I give my entire reliance over to you...

My life is yours, and I leave it to you to maintain...

I let all activity cease but Yours and I wait in Silence upon your Word... ...

...

~Al)

THE DAILY LESSON – September 26, 2012

“Truth, God, is the only power so sit down, get quiet and let GOD come through; let Truth come through. That will be ‘quick and sharp and powerful.’ Do you see that? This other we are using for teaching the student so that the student will know what the truth of being is and not wander off into some kind of doubts or fears or vain delusions about what may or may not happen. But when you are face to face with discord, don’t try to remember any truths. On the contrary, shut out what you know and turn to the Father within because manna falls fresh every single day.” ~Joel

II Chron 20:17 set (to 3rd ,)

17 ...set yourselves, stand ye still, and see the salvation of the Lord with you,

Isa 40:31

31 But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

Gal 2:20 nevertheless (to 2nd :)

20 ... nevertheless I live; yet not I, but Christ liveth in me:

(STOP... Take no thought. Be still and know that God is with you NOW.

I can do all things through Christ. The activity of heaven on earth is without limits or boundaries.

The Christ lives and moves and manifests Its being in every willing and empty vessel. ~Al)

THE DAILY LESSON – September 27, 2012

“We, in The Infinite Way, are not using the language of Unity or Christian Science, and Christian Science did not use the language of whatever the religions were in force at that time. And Jesus used a lot of language different than the Old Testament. And Paul used a lot more different. In other words, manna, truth, must be fresh every moment to every individual consciousness, and there isn't any reason why you can't write your own books of truth if you open yourself to truth revealing Itself from within you.

You never will have a revealed truth any different in essence than those things that you find in the message of The Infinite Way because they have stood the test of thousands of years of time. They are basic truths about truth. But truth itself is God when God announces Itself in you, and that's the healing power. That's the healing power.” ~Joel

Ex 3:14

14 And God said unto Moses, I AM THAT I AM: and he said, Thus shalt thou say unto the children of Israel, I AM hath sent me unto you. ~Moses

Isa 44:8 Is

Is there a God beside me? yea, there is no God; I know not any. ~Isaiah

John 10:30

30 I and my Father are one. ~Jesus Christ

John 14:10-12 (to 2nd ;)

10 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works.

11 Believe me that I am in the Father, and the Father in me: or else believe me for the very works' sake.

12 Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; ~Jesus Christ

Phil 4:13

13 I can do all things through Christ which strengtheneth me. ~Paul

Science & Health 473:7-10

The God principle is omnipresent and omnipotent. God is every-where, and nothing apart from Him is present or has power. ~Mary Baker Eddy

1955 Kailua Study Group

God is your Individual Being. ~Joel

(Omnipresence includes you. ~Al)

THE DAILY LESSON – September 28, 2012

“Whatever benefit you ever get from me is not from what is in my books. It is from the fact that I can sit in quietness or I can stand or eat even, but I can turn within at a moment’s notice and be receptive and something will pop up into expression. Sometimes in words, sometimes in thought, sometimes in feeling, but it is something that pops up into me from within me, and it’s spontaneous.

Now it’s the same when I’m answering your mail. I sit there with your letter, and except for the opening line, which is always one of appreciation for your letter and enclosure, from then on spontaneity comes through and each one receives whatever message the Father has for them and that is why they get help. I don’t sit around quoting. I may use a quotation to bolster up what I am saying, but I’m not depending on a quotation for the help. I’m depending on whatever it is that spontaneously comes from the Father, and that is the secret of healing work.” ~Joel

Matt 6:33,34 (to :)

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added [included] unto you.

34 Take therefore no thought for the morrow:

(Using personal effort in our daily lives is like treading water...

Let the activities of your thought and personal effort go - and wait for the Activity of the Christ to direct the work. The actual experience of Truth is what sets you free. Learn to practice this same “process” whether we are writing a letter, responding to a call for help or any regular activity in our day. Seek the Kingdom first, follow the directions given and then rest in confidence and Peace... ~Al)

THE DAILY LESSON – September 29, 2012

“That is the thing I would like our students from now on to learn – that all of this letter of truth is the foundation upon which you develop the ability to turn within and say, ‘Father give. Speak Lord, thy servant heareth.’ Then whether you are helping yourself, or working for yourself or praying for yourself, turn away from all the truth you know. Let that truth that you know be only the foundation on which you are resting. But rest in it and be receptive, and let the Father within come to you with a fresh, new spontaneous impulse. And then you may get an actual message. You may get a quotation from scripture or metaphysical writings, or you may get the click, or you may get a warmth permeating you. Whatever it is that comes, when it comes, trust it. Rely on it.”

Don’t think that you have to go out and shove it around or push it around or empower it. You turn from it, if necessary, turn on some music or do something else. Go out and cook a pie, and bring it here (*Laughter*). But, but do something to take your mind away from it so that the It can operate. Oh I’ll probably get a flood of pies now from all over the United States (*Laughter*) and Canada! Don’t do it, they won’t be fresh when they get here. Now do you see what I mean? And that’s one of my sins – pies.” ~Joel

Prov 3:5,6

5 Trust in the Lord with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

(Let each new step be His. ~Al)

THE DAILY LESSON – September 30, 2012

“The only truth that is really truth is the spontaneous impulse of God that comes to you from within. All of the rest of this is the foundation upon which you are resting. You can sit back if you like and, at first, bring to mind:

Yes, God is the only power so I don't have to fear the power of disease or sin. Yes, God is the only substance so there isn't anything to waste or indulge. Yes, God is the only law so everything is maintained harmoniously.

That is the truth of being and it is a wonderful thing to remind yourself of it as a basis, as something in which you can rest, but don't expect anything from it. It isn't going to heal you. Once you have quieted yourself with some of these basic premises then sit and wait and LET truth announce itself.

Then you'll know it's really truth; you'll really know it's the word of God, and you'll find that it's 'quick and sharp and powerful.' And then ultimately, as you continue to work this way, the day will come when you won't have to sit down and go through any of the routines of remembering truth, that the very moment you have a call, your ear will open like this and in will rush whatever truth you need at that moment.

Well, that ought to cover this subject for today, huh? All right.

Thank you.” ~Joel

Luke 12:37 (to :)

37 Blessed are those servants, whom the lord when he cometh shall find watching:

(Father, I rest in silence, not looking for anything... I have no expectations. I'm just waiting, watching, listening... This is not a mental exercise, but a letting go of that... An emptying out of thought. I turn within to the Source of Truth. I know the letter of the Word, I have been studying it for years and years. What I seek now is the Spirit of the Word - the activity of Truth... I seek the feeling of Truth to stir within. I only seek the contact and inclusion with Truth Itself. And so - I wait... ... ~al.within)