

“THE DAILY LESSON”

is an activity of the study group found at: www.iwso.org
It is a progression of excerpts from a transcript of a live class as it was recorded by Joel. It appears each day, together with the addition of corroborating scripture and inspired comments, to take into meditation and live with throughout your day.

Student’s note: There are words that are capitalized throughout this work. These words are used as if it were a synonym for, or as an activity of God. Also, the portions that are italicized are spontaneous meditations.

The subject of study for the month of NOVEMBER 2012 is:

29.

“ESTABLISHING YOUR SPIRITUAL INTEGRITY”

**Tape 124:
Side One**

1955 Kailua Study Group, Tape 15

By Joel S. Goldsmith

THE DAILY LESSON - November 1, 2012

“It must be remembered now that you who are hearing me, or even you who are hearing these tapes, are not children in truth. You’re not babes. You could not have gone through the readings and the hearing that you have and remained children in truth as you were.

It is said that we should give ‘milk to the babes’ and meat to those who have grown to the stature of manhood in truth. And so it is that you must remember that what is being given to you is not being given to you by my will or by my wish. I am not sitting here for six or seven weeks just for the

purpose of hearing myself talk – nor for the purpose of enriching myself or gaining fame.

The work that I have been doing here these seven weeks it is because of an inner urge compelling me to do that which I'm doing and often voicing itself through me. And it is not merely for your sake who are sitting here any more than any spiritual message has been for the particular individual who originally received it nor for their immediate disciples. But, as the Master indicated, 'heaven and earth can pass away, but not my words.' And it has been literally true that there have been heavens and hell on earth since his day, but his words still survive for those capable of assimilating it. And so it is with this message." ~Joel

Matt 24:35,36

35 Heaven and earth shall pass away, but my words shall not pass away.

36 But of that day and hour knoweth no man, no, not the angels of heaven, but my Father only.

(Because, if so be the Spirit dwells in the instrument, the Word and the Father are One. The Truth expressed through His instrument is irrefutable, unfailing and an activity of the Mind of Christ. ~Al)

THE DAILY LESSON - November 2, 2012

“What use you or I make of it is of relative unimportance so far as the message is concerned. The words that have been voiced through me – whether the writings or the recordings continue or not – these words have entered human consciousness, have been admitted to human thought and they will never die. All of the numerals two times two is four may disappear from the earth and may be outlawed. But the principle of ‘two times two is four’ will forever remain to be apprehended by anyone of a mathematical mind.

And so truth may be legally outlawed, as it has been in times past. Religion may be outlawed as it has been in times past, and as there are attempts now in various state legislatures to repeat again. There are actually laws in legislative bodies at this moment aimed at outlawing every truth teaching so that only orthodox church teachings can remain.

Don’t forget that. At one time in one state within the past five years it missed only by one vote outlawing the practice of Christian Science and Unity and New Thought. Just one vote separated that state from losing the only three teachings that have in them the germ that can save the world ultimately.

It can happen again. It is so in Russia. It could easily have been so here a few years ago. It can be again. But that will not take from human consciousness the truth that has already been revealed. And so it will be that future generations can pick up where we have left off. Or it may be that we can pick up where other generations have left off.” ~Joel

Luke 17:20,21

20 And when he was demanded of the Pharisees, when the kingdom of God should come, he answered them and said, The kingdom of God cometh not with observation:

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

(There is no power in the rehearsing Truth or in ritual. The power is in forgetting the formula and just living it! ~Al)

THE DAILY LESSON - November 3, 2012

“Now this you have heard before you will hear again. By virtue of having been born, we are under the law. We are under the law of cause and effect; we are under the law of environment, the law of heredity. We are under the law of infection and contagion. We are under the law of sin and desire. We are under the law of wealth and poverty. Merely by virtue of having been born, we are subject to every human belief that exists anywhere on earth.

At some period in our experience we have tired of that continuous round of good and evil – with mostly evil and a little bit of good squeezed in between – and we have turned to truth, to spiritual wisdom. And in that moment, we began bringing ourselves out from under the law.

With the very first turning to Spirit, with the first turning away from ritual, creed, dogma, we were bringing ourselves out from under the law of ritual, creed and dogma. From the moment that we turned to an invisible support, in that very moment we began to separate ourselves from dependence on a visible support. And so, from the moment that we turned to truth, we have been removing ourselves from the law and bringing ourselves under the Grace of Spirit.” ~Joel

Gal 5:18

18 But if ye be led of the Spirit, ye are not under the law.

(Father, I surrender... .. All that I have is thine... Wait... No... All that I have is YOU! ~Al)

THE DAILY LESSON - November 4, 2012

“Now. For a long, long while on this path, it becomes necessary that we consciously remember that we are removing ourselves from under the law and bringing ourselves under Grace. That is why in the book, The Infinite Way, we have those passages on waking in the morning. There isn't anything more important than those four or five pages in all spiritual literature if they're carried out. Because once we acquire the habit of waking in the morning and instantly turning our thought to the realization that our dependence is upon the Invisible, not the visible, that we 'do not live by bread alone,' or by anything in the external realm, but that we live by Grace, by 'every word that proceedeth out of the mouth of God,' from that moment on, we are an expanding consciousness.

And whereas for a month, we may read those very passages every single day, we may ponder them, meditate upon them, but surely by the time the end of one month has rolled around, we are no longer using that passage. By that time, thoughts of our own along that line have begun to come to us and we start to expand from the statements that are in those pages.

Once those pages become a formula within us, they have lost their value. Unless those pages give us, or act as seeds within us, seeds which break open and die so that we can forget every word that is on those pages because out of them has come a larger vision, an extension of consciousness, a deeper meaning and perhaps more illustrations, more examples, more or deeper ideas than are contained in those pages. But be assured of this: if those pages are fulfilling their mission – if you are permitting them to fulfill their mission in you – within a month you will be able every morning on waking to turn within and receive from the Father some assurance of Omnipresence, some assurance of Grace. You will not, for many months, have to make statements of truth. You will not have to repeat any kind of truth statements. You will, within a very short time, be able merely to turn within and let truth statements come to you.

Then you will find that if you have your conscious contact with God that you will be told every single day, 'I am with you. Fear not. Go about your business. I'll be there ahead of you,' something at least that will be in the nature of an assurance that you are not walking through this life alone. That you are not living on your strength, that you are not working with your intelligence alone, that always there will be a guiding influence that will

know just one thing more than you, yourself, know, that will empower you with one degree more of strength than you, yourself, possess. And so you will be guided up this street and down that alley in accord with harmony rather than cut across a main boulevard into trouble.” ~Joel

Matt 4:4

4 But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.

(Each day the Manna falls afresh. Unless we develop a dedication to seeking our daily Bread [Spiritual sustenance] first - we will just continue to begin our day without it... ~Al)

(PS- Here's the Chapter referred to today. ~Al)

Chapter - Meditation

from "The Infinite Way"

To meditate is "to fix the mind upon; to engage in continuous and contemplated thought; dwell mentally on anything; ruminant and cogitate."

In the spiritual tongue, meditation is prayer. True prayer or meditation is not thinking about ourselves or our problems, but rather the contemplation of God and God-activities, the nature of God, and the nature of the world that God has created.

Everyone should take some time daily to retire to a quiet spot for meditation. During this period, he should turn his thought to God, consider his understanding of God, and search out a deeper understanding of the nature of Spirit and Its formations. He should be careful not to take any of his ills or other problems into his meditation. This particular period is set aside, dedicated and consecrated to thinking about God and God's universe.

As God is the mind and Soul of every individual, it is possible for all of us to be tuned in to the kingdom of God and receive the divine messages and assurances and benefits of the one infinite Love. The grace of God which we receive in these periods of meditation or prayer becomes tangible to us

in the fulfilling of our so-called human needs. If we do not open our consciousness to receive spiritual understanding, we must not be surprised if we do not experience spiritual good in our daily living. There is no other way to open our consciousness to the realm of Soul than through meditation or prayer, through contemplating the things of God. "Thou wilt keep him in perfect peace, whose mind is stayed on thee."

All through the day our thoughts are centered on the activities of human experience, on family cares and duties and the earning of a livelihood, on social and community affairs, and sometimes even on the greater affairs of state. Is it not natural that in some time during the day or evening we take time off to retire to our inner consciousness, which is the temple of God, and there dwell upon the things of God? Above all, we must develop the sense of receptivity so that we can become ever more aware of the very presence of God in his holy temple which is our consciousness. In the secret place of the most High, which is the Holy of Holies, which is our very own consciousness, we receive illumination, guidance, wisdom, and spiritual power. "In quietness and in confidence shall be your strength."

As we learn to listen to the "still small voice," the Spirit of God opens in our consciousness to the immediate awareness of spiritual good. We are filled with the divine energies of Spirit; we are illumined with the light of the Soul; we are refreshed with the water of Life and fed with the meat which does not perish. This spiritual food is never rationed to those who learn to meet God within the temple of their being.

To receive the grace of God, we must retire from the world of sense, we must learn to silence the material senses and have audience with God. God must become to us a living reality, a divine presence, a holy Spirit within, and this can only be when we have learned to meditate, to pray, and to contemplate God.

Through meditation, we become aware of the presence of the Christ, and this awareness remains with us all day and all night as we go about our human existence. This awareness enters into our every experience and prospers every endeavor. This consciousness of the presence of the Christ is a light unto our feet and a guiding star unto our aspirations. It is the Presence that goes before us to make the crooked places straight. It is the quality in our consciousness that makes us understood and appreciated by others.

On awakening in the morning, and preferably before you get out of bed, turn your thought to the realization that "I and my Father are one Son . . . all that I have is thine . . . The place whereon thou standest is holy ground"; and then let the meaning of these statements unfold from within your own consciousness. Gain a conviction of your oneness with the Father, with the universal Life, the universal Consciousness. Feel the infinity of good within you which is the evidence of your oneness with the infinite Source of your being.

As soon as you begin to feel a stirring within you, a sense of peace, or the surge of divine Life, then get out of bed and make your physical preparations for the day. Before leaving your home, sit down and ponder your oneness with God.

The wave is one with the ocean, indivisible and inseparable from the whole ocean. All that the ocean is, the wave is; and all the power, all the energy, all the strength, the life and all the substance of the ocean are expressed in every wave. The wave has access to all that lies beneath it, for the wave really is the ocean, just as the ocean is the wave, inseparable, indivisible, one. Note here this very important point: There is no place where one wave comes to an end and the next wave begins, so the oneness of the wave with the ocean includes the oneness of every wave with every other wave.

As a wave is one with the ocean, so you are one with God. Your oneness with the universal Life constitutes your oneness with every individual expression of that Life; your oneness with the divine Consciousness constitutes your oneness with every idea of Consciousness. As the infinity of God surges through you to bless all with whom you come in contact, remember that the infinity of God is also surging through every other individual on earth to you. No one is sharing anything with you that is of himself, but all that he has is of the Father and you are sharing it with the all the world. You are one with the Father, with the universal Consciousness, and you are one with every spiritual idea of which this Consciousness is conscious.

This is a tremendous idea if you can grasp it. It means that your interest is the interest of every individual in the world; it means that we have no interest apart from each other even as we have no interest apart from God; it means actually that all the Father has is ours and all that we have is for

the benefit of everyone else, as everything that they have is for our benefit, and all for the glory of God.

This idea must unfold within you in an original way. It must, bit by bit and day by day, unfold, in different ways, and always with greater meaning because of the infinity of Consciousness. You might note how a tree has many branches and how all of these branches are one with the trunk of the tree and, therefore, with the root of the tree, that the root of the tree is one with the earth and is drawing into it all that the earth possesses, and furthermore, that each branch is not only one with the whole tree but each branch is one with every branch, connected parts of one whole.

As you ponder this idea of your oneness with God and your oneness with every individual spiritual idea, new ideas will unfold to you, new illustrations, original illustrations and symbols. By the time you have concluded this morning meditation, you will find that you will actually feel the presence of God within you; you will actually feel the divine energy of Spirit; you will feel the surge of new life within you; and this, too will lead on to other thoughts.

When ever you leave one place to go on to another place, such as leaving your home for business or leaving your business for church or going back to your home, pause for a second to realize that the Presence has gone before you to prepare the way, and that that same divine Presence remains behind you as a benediction to all who pass that way. At first you may forget to do this many times during the day, but by jogging your memory you will eventually find that this will become an established activity of your consciousness and you will never make a move without realizing the divine Presence ahead of you and behind you, and in this way you will find yourself to be the light of the world.

One of the subjects near and dear to us these past few years is that of peace, but we can have little faith in any perpetual peace based on whatever human documents or organizations can be formulated. True, they have their purpose and they are a necessary step for human beings just as the Ten Commandments were a necessary step until the Sermon on the Mount replaced them with a higher vision. We do not need the Ten Commandments because we need no admonition not to steal or lie or cheat, nor do we need any threat of punishment to keep us honest, clean,

and pure; but the Ten Commandments are necessary to those who have not yet learned righteousness for righteousness' sake.

In the same way the world is greatly in need of some kind of human organization and some kind of human document to keep some form or some measure of peace in the world. But the real peace, the lasting peace, will only come as it has come to us individually through the realization that we do not need anything that the other person has and, therefore, there is nothing to war about. All that the Father has is ours. What can we want besides that? As a matter of fact, as joint-heirs with Christ in God, we could feed five thousand any day and every day without ever taking thought as to whence it should come.

When all mankind comes into this consciousness of its true identity, there will be no wars, no competition, no strife. As we gain the full consciousness of our true identity, we show it forth in a greater sense of harmony, health, and success, and one by one we attract others who are seeking the same way. In this way all men will ultimately be brought into the kingdom of heaven.

THE DAILY LESSON - November 5, 2012

“Now. From time immemorial this message has been given to the world, and at this very moment it is being repeated in a half a dozen places in the world, widely separated places, almost in these words. It’s a miracle to watch some of the things that are being written in far places in the world and to see how they follow the self-same line. And there is only one answer to that: that the same mind, the same Spirit that raised up Jesus Christ from the dead is operating in those, through those, who are giving at this time this message.

So it is that as you make your contact with that mind, first in lesser degree, later in greater degree, that mind begins to function your life. And you’ll find yourself literally saying, ‘You know, I’m alive and I’m living, but really there is something more than me functioning in me. There’s something more than me directing me, or guiding me or prospering me or strengthening me.’ And then you’ll understand the Infinite Invisible.” ~Joel

Ps 18:1,2

1 I will love thee, O Lord, my strength.

2 The Lord is my rock, and my fortress, and my deliverer; my God, my strength, in whom I will trust; my buckler, and the horn of my salvation, and my high tower.

Prov 3:6,7 (to :)

6 In all thy ways acknowledge him, and he shall direct thy paths.

7 Be not wise in thine own eyes:

(God’s unconditional Love is being broadcast 24/7. The directions [Light, revelations, impartations] are always the same and they always come in a Way they can be heard. That is why the Word always sounds anew... Omniscience IS. ~Al)

THE DAILY LESSON - November 6, 2012

“Now let us not take it for granted because we read spiritual literature or hear a spiritual message, or find ourselves in the consciousness of some few who are spiritually endowed, let us not assume that that is fully functioning in our experience because, while it is to some extent, it is not to the full extent that is necessary for you. If the disciples’ three-year association with the Master – virtually living with him for three years – had been sufficient, Judas wouldn’t have betrayed, Peter wouldn’t have denied, and Thomas wouldn’t have doubted. Don’t forget they did all those things, and at the Crucifixion they all disappeared. Why? After three years of living in the Master’s consciousness! Because his consciousness could not make their full demonstration.

He could lead them. He could show them the way; he could lead them. In some degree, he could even live their lives for them. He could send them out on the road ‘without purse or scrip’ and, by virtue of his consciousness they would be fed. They could even do healing works through his consciousness – through Thy name. But when it came to their own personal, private individual lives that is when they had to make the demonstration for themselves, and they failed. So much so that the Master said, ‘If I go not away, the Comforter will not come to you,’ – the full revelation will not come to you.” ~Joel

Isa 32:17,18

17 And the work of righteousness shall be peace; and the effect of righteousness quietness and assurance for ever.

18 And my people shall dwell in a peaceable habitation, and in sure dwellings, and in quiet resting places;

(It is the reliance on all things personal that needs to go away.

Stand ye still, in confidence, knowing that you do not stand alone... Ever. No matter what the seemingly persistent appearance might be. I Am within thee guiding thee to peace and fulfillment. This is the Way, walk ye in it and dwell in the quite resting place of the most high. Thank you Father... ~Al)

“You see all we are seeking is the Comforter. The very moment we have the realization within ourselves of the Comforter, we have no need anymore of religious teachers or leaders or books. We now are taught of God, fed of God, maintained and sustained by God. We can go off all by ourselves. The only thing we can't do is forget our debt of love and gratitude to everyone who helped us along the path until we achieved the realization of the Comforter. That we can't do.

Every one of us has a practitioner, a teacher, a somebody, and sometimes three and four some-bodies, back in our lives who have guided us through difficult periods and who have given us true teaching even at times when we couldn't accept them. And not one of them must ever disappear from our consciousness.” ~Joel

John 6:45

45 It is written in the prophets, And they shall be all taught of [by] God. Every man therefore that hath heard, and hath learned of the Father, cometh unto me [the Mind of Christ].

(I am so grateful for my dear friend Walt Otto, who introduced me to the Infinite Way back in the mid-1970's. He guided, mentored, set an example, nudged...[well maybe even pushed a bit], and most importantly, had the unfailing confidence and assurance that I would find My Way. The human side of me wishes I thanked him more while I still could - but the Spirit within us is still united as One forever.

I have, since then, have known many teachers and practitioners as friends, respected mentors and fellow students. I have been very blessed, and I am very grateful for the companionship and Love.

And so it is, that there is a driving force to pour out all the I have in My House. And by doing so, the Spirit pours Its Grace and Its Presence out in a Way that is My Life, Loving all of you. I now do very little reading etc., but have learned to go within and be still enough to be taught of God and by doing so, dedicated enough to follow the Directions Given as best I can. I Love you, and nudge you onward and upward, dear friends. ~Al)

THE DAILY LESSON - November 8, 2012

“Never must the love, the devotion, the loyalty, the gratitude disappear from us even though, in the outward world, we have long since gone our own way and they have gone their way because they have helped us to make contact with our Source. And so we no longer need them as teachers or leaders, but for our own sake just as we love God (not that God needs our love, but we need to feel the love of God) so we need to feel the love of God made manifest as man. Because ‘if you say you love God whom you have not seen but do not love your fellow man whom you have seen, you are a liar.’

Now. All this is brought about so that you accept the responsibility that is placed upon your shoulders as students, students of life, students of God, students of the Christ. Just as freedom, liberty entails serious responsibility so does spiritual freedom. The average person thinks of freedom or liberty as license, the freedom to do anything they want to do, forgetting that freedom means the freedom to live so that all may be one. This idea of a free citizen doesn’t mean an individual is free in their own being to do anything they want to do. It means they are free to unite for the good of all. And it is that very point that is often lost sight of.

That is why these book people who publish obscene literature feel that they’re doing it as part of a guarantee of the Constitution, freedom of the press, and they construe that to mean the freedom to be corrupt and to corrupt others. Freedom doesn’t mean that. That is why liquor sellers have no hesitancy in just keep on selling and selling and selling no matter how stupid drunk their customer may be because this is a free country. They have the right to do anything they like, and the alcoholic has the right to do anything he wants, and that isn’t true. That is not a right sense of liberty or freedom. Liberty and freedom mean the right to uphold each other, the right to stand in freedom of rightness with each other. And so it comes with this responsibility of spiritual freedom.

It doesn’t mean that we are free to do anything we like nor to ignore the laws of God or Grace. But, on the contrary, it places a deep responsibility upon us not only to ‘love our neighbor as our self’ – no, much deeper, much further than that. Even to be our brother’s keeper.” ~Joel

Luke 17:21

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

(Take a look in the mirror. Who do you see?

Take a look at your neighbor. Who do you see?

Take a look within. Who do you see?

Is there any difference?

If you see anything other than the Christ and its activity, you are looking with your personal sense that can judge things good or bad, healthy or not, abundant or lacking. Loving God is loving yourself and your neighbor. ~Al)

THE DAILY LESSON - November 9, 2012

“Now, this you must know. No one can even help another except in proportion as they, themselves, have arrived. No one can give spiritual help to anyone unless they, themselves, are spiritually endowed. And so the first rule of spiritual wisdom is to forget the world.

Forget doing good for the world. Forget your fellow man and develop your own spiritual soul. Develop your own integrity. Develop your own ability, your spiritual ability, your spiritual capacity. Let the world alone. There are probably enough other Jesuses and Pauls and Johns scattered around the world under different names so that until you are ready to get into the battle, they can take care of the world without you.

So concern yourself, first of all, with establishing your own spiritual integrity, your own spiritual identity. Be spiritually endowed, and then, then automatically you become your brother's keeper. And then automatically you begin to put into practice 'loving thy neighbor as thy self.' Why? Because your spiritual endowment is like an atmosphere of God. It's like a rich perfume. It escapes from you without any conscious effort.

You then do not have to go up and down the world being a do-gooder. Just the mere fact that you are in the world, an aroma of spirituality, a degree of spiritual power is flowing out from you, elevating all human consciousness even at times when you cannot see a visible result.” ~Joel

Luke 12:29-31

29 And seek not ye what ye shall eat, or what ye shall drink, neither be ye of doubtful mind.

30 For all these things do the nations of the world seek after: and your Father knoweth that ye have need of these things.

31 But rather seek ye the kingdom of God; and all these things shall be added unto you.

(There is nothing to be - we can only recognize our Identity “As”. ~Al)

THE DAILY LESSON - November 10, 2012

“It was a most wonderful experience yesterday to have another letter from our friend, the reverend – who is chaplain in the mental institute as well as minister of a Protestant church – saying that the little booklet, Deep Silence of My Peace, has meant so much to so many. And that just in having small groups read it aloud, they have learned a new concept of prayer. Well you see that’s without conscious effort, isn’t it? I mean nobody up here tried to do anything out in Alabama.

As a matter of fact, let us say that as I stood in that Truth Center in Seattle and that message came through, we little knew that it would be going out into the Protestant ministry and mental institutes and prisons to teach people new concepts of prayer. And that’s what I mean by your spiritual endowment blesses without any conscious effort on your part or mine.

Just think now how many churches this message is in some way being represented in – either read from the desk on Sunday or given out as pamphlets – and even the Truth Centers – how many of them are using this material!

A letter came yesterday requesting permission to republish in a magazine excerpts from Living The Infinite Way and the Monthly Letters, and that’s going out to an entirely different field of people than we know. And, of course, you can’t say that any one of us humanly had anything to do about it because all that we did was what? Well all we did was drop into Mrs. Bowman’s to hear a tape. And then I would talk for a little while and it was taken down on the tape. Now here it is just because we met, as we are meeting here, in her home for a few weeks and here that message is going all over the world.

Did we dream in those mornings that that message was going to go all over the world, edition after edition in books, tapes, pamphlets? No, we had no idea of that. All we thought of was meeting there to hear a little message of truth. And here all of a sudden it blossoms into all of these different avenues by its own virtue, by its own presence, by its own power showing clearly that we were but instruments through which all of this took place.”
~Joel

Rom 8:28

28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

(The Spirit always finds a Way to be heard, and in a Way that it can be felt within. And so it is, Spirit lives through and as It's instruments. ~Al)

(PS- Here's the transcript from the audio entitled "The Deep Silence of My Peace" by Joel. Love, Al)

1952 NEW WASHINGTON SERIES

Joel S Goldsmith

8A-2 The Deep Silence of My Peace

My peace I give unto you. Not as the world giveth give I unto you but My peace. You see it's as evident as can be that this so-called, or apparent let's not say 'so-called', but this apparent turmoil, which has disturbed the outer world has come into this world, to bring about either doubt

or fear for those things or conditions that exist in our outer world.

And tonight if you really want to carry away the sense of the new message, the new mission, try while you are here to drop all sense of thought or concern for whatever it is that is disturbing in the outer picture. Now, it isn't easy for me to say this any more than it is easy for you to hear it. But the desire in the hearts of most of us right now is for some solution to an outer problem, to a problem of human existence, to something that is disturbing us in the world of health or wealth. Most of us at this very moment are concerned about something in our human affairs and we are seeking a solution to it. There's nothing wrong about that. The solution must appear because harmony must appear, but we will fail to find the solution as long as we are concerned with the problem and the solution of the problem.

Watch what I say to you that we can have the answer to that problem tonight if we can sufficiently drop the concern for it in the realization of this, now hear it well: *My peace*, that is Christ peace, this is Jesus speaking, *My peace I give unto you not as the world giveth*, not the peace of physical health or physical wealth, not the satisfaction of personal desires but something far transcending that. Something that when we experience it, wipes out entirely the need for human demonstration.

That is what we want to achieve here tonight, this very evening I'm speaking of, this very evening. In this next hour we can and many of us must drop this concern, lose the concern, for whatever it is, for whatever the nature of it may be that we brought with us into this room. And we can't do it humanly. We can't tell it to get out *or to get behind me Satan*, but we can open our consciousness at this minute to a realization of *My peace*. Now, watch this as it flows through your consciousness. Watch as you open yourself, even with a question "What is this *My peace*? What is the spiritual nature of peace? What is the spiritual nature of harmony?"

Now, you will remember that in order to be that man whose being is in Christ we must have come to the end of the road of seeking and searching and come to some measure of awareness

that we have already arrived. And in order to do that we relax, relax from every sense of desire of achievement or desire of demonstration, in the feeling that the presence of God dissolves all false appearances.

The presence of God is a *Peace, be still* to every type of storm. There are more storms than ever were on the seas. There are more storms in our thought than oceans ever caused, but the Christ is a *Peace be still* to every form of storm, to every form of discord, for every nature of inharmony. *Peace, be still. My peace, My peace. Christ peace. The peace that passeth understanding* is the peace that comes with the realization of *I will never leave thee nor forsake thee.*

If you walk through the waters I will be with thee. Whithersoever thou goest I will go. Thy people will be My people. Never, never, I will never leave thee nor forsake thee. Whithersoever Thou goest I will go. Yea, thou you walk through the valley of the shadow of death, I will walk with you. I will be with you, I will be in you and I will be through you. Fear not, fear not, I am with you.

(Silence)

2

From the depth of this inner silence comes forth the healing waters, those waters that spring into everlasting life. Out of the depth of this silence comes the spirit which appears as our cloud by day and our pillar of fire by night. Out of the depth of this silence comes the safety and the security that always follows the peace that God gives.

The reason for peace is that there's nothing to fear. While there is something to fear there is no peace. Once the peace has descended upon us the treatment is complete. The reason for disturbance, for sickness, for lack has gone. The feeling of peace is the successful treatment, and there is no successful treatment until the peace that passeth understanding descends upon us. All prayer, all treatment, all communion with God is only for one purpose – not to make any kind of demonstration but to achieve for us this sense of peace or well-being; that realization that *Lo, I am with you unto the end of time. Lo, I am always with you.* Let us have that sense of the divine presence and you will have the completed treatment. Let us fail to achieve this sense of peace and the treatment is not a treatment.

In My presence the fire does not burn and the water does not drown. In My presence the storms do not rage. The power of Christ is the answer to every form of inharmony. The feeling of

the presence is in itself the treatment. Let us understand this now, let us understand this. Our problem is at an end, not when we think we have found a solution, but when we have felt this inner peace.

(Silence)

There is this bond between all of us, the bond that brought us together at this moment in this place. That bond is the love of God. That love of God is our mutual at-one-ment. It makes us at one with God and at one with each other, so that the flow of God to and through any one of us is instantaneously the flow of God through everyone within range of our being. One with God is a majority. And because we are one with God and one with each other, all that the Father is showing forth is manifesting as our individual experience but the individual experience of each one of us. Whatever is true spiritually of one of us in demonstration is now true of all of us because of our oneness in each other and our oneness in God.

So the *Peace, be still* that is of God that touches the soul of one of us, touches the soul of each

of us. The solution of the outer problem is automatically taken care of in the realization of this inner peace. The peace within produces the peace without. The activity of Christ within results in the stilling of the waves without. The *Peace, be still* within appears as the daily manna without. The realization of this divine presence, this feeling of divine love through us, is the temple of God in which we live and move and have our being even when we out in the world. The word of God is our abiding place. And even when we move in and out of this world, we are abiding in this word if we feel; we take just this moment for the feeling of this divine presence.

I will never leave you nor forsake you. But you must abide in me, you must abide in My word. I will never leave you nor forsake you. I will be with you whithersoever thou goest. But you must turn within to Me. You must make Me your abiding place. You must take My word into your mouth, into your consciousness. You must take the remembrance of My presence with you wherever you go. I will never leave you nor forsake you, but be sure that you do not leave the word out of your mouth.

Recognize the divine presence in the heart and soul of all those you meet, friend or foe.

Recognize that the individual soul is the abiding place of God. That the world itself doesn't know

it, is of no concern to you or to me, they too will awaken as we recognize God in the midst of them.

(Silence)

3

In this work that we are doing tonight I want to reveal to you a principle of healing, of protecting and of supply. But I want to reveal to you a principle that will operate without your taking thought, without your making statements, without your doing heavy mental work, without your begging or pleading or beseeching of God. I would like to show you a principle of healing that operates completely without, what the metaphysical world calls treatment. In this principle you will find that the healing principle is a state of peace, a state of peace that you achieve, that I achieve, we all achieve, through the realization of the presence. That is this form of treatment; just the realization of the presence, just the feeling of a state of peace.

Now, as we went into this work tonight I'm sure you felt the agitation in the air, in the atmosphere. Or in many cases, you yourselves felt ill at ease, not at peace. Now, I want you to remain here and abide in this, until a sense of peace steals over you. A sense of peace that will come from only one recognition: *I am with you. I will never leave you nor forsake you. I, in the midst of you, am mighty. My presence will go before you to make the crooked places straight. I will go before you to prepare a place for you. My peace I give unto you. Not as the world giveth, not with human honours or human wealth, but a peace transcending man's understanding.* The peace that comes when the Christ is enthroned in our consciousness as the source of our health and the source of our supply. No other peace can be lasting. Only the peace that comes as the Christ is enthroned as the source of your good and as the only power in your experience.

I live yet not I, Christ liveth my life. I can do all things through Christ. Christ is my strength. Christ is my redeemer, my saviour. Christ is the law of resurrection unto my body, unto my business. Christ is my bread and wine and water, not to be achieved, not to be earned. Christ never leaves us nor forsakes us. Therefore the bread and the water and the wine and the meat are

always here within our own being. I am with you and I am the bread of life. I am with you and I am the meat. I am with you and I am the wine and I am the water and I am the resurrection. I am life eternal and I will never leave you. I, life eternal, will never leave you nor forsake you. My

peace I give unto you.

No longer will you live by bread but by My presence. My presence will be sufficient for you. You will no longer seek for anything except for Me. And you will know that in finding Me, the Christ, you will have found your peace, your confidence, your reward, your health, strength, eternity. No longer seek after the things of the world, otherwise you cannot receive the peace that the world knows nothing of. Seeking the things of the world you find the peace that the world can give you. Seeking the realization of My presence, you will find the peace that passeth understanding.

(Silence)

In this treatment the nature of the problem is of no importance, only the realization of this peace, of this presence. It will take care of the problem regardless of its nature or of its intensity or of the length of time of its duration. *Though your sins were scarlet, you shall be white as snow in one instant.*

(Silence)

I will take you by a way. I will take you by a way called Christ, in which every thought, every need and every desire will be satisfied and fulfilled in the realization of that word *Christ*. Christ is

my fulfilment. Christ is my saviour. Christ is the source and fount of all my good. I shall look unto Christ, not unto man, unto Christ; unto this sense of peace within me. In the realization of this peace I have found the Christ, I have realized the Christ. Christ has become visible and tangible.

(Silence)

4

Umm, and right before me, right before my closed eyes is a luminous cross, crucifix. And it is the symbol of the crucifying of our faith, belief and dependence on something external to our own being. Right now, right here, we are crucifying our own faith or dependence on a presence or power outside of our own being. And as we rise above that cross, that crucifix; as we rise above the crucifying of our outer dependence, we make the ascension into that state of consciousness in which regardless of the storm we close the eyes and say "Peace, be still. My peace is with me."

Think, think, think now, that from this moment on when you have crucified your faith and dependence, your reliance on man, on thing; and have come into the realization that a state of peace within is life eternal and harmonious without. In that moment you have made the ascension

above this world. And only then can you say with the Master "I have overcome the world. I have overcome the need for anything or anyone. I have found Christ within to be my salvation, my supplier and my supply, my healer and my redeemer. I have found that the source of satisfaction is this realization of peace within.

My fulfilment is always now from within. I have crossed out the belief that my help must come from without. I have crossed out the belief that anything or anyone external is necessary to the realization of my eternal harmony. And all that has come about through the feel of a peace within, not due to anything without but due to a divine presence within.

The divine presence has always been there. How many times, however, when we have felt this outer discord have we sat patiently for ten or fifteen minutes to let this peace descend upon us; and in failing to do that we have missed the way. Now when the storms threaten without, now when the waves dash against our ship, let us remember this experience. It may take five minutes

for the peace to descend; it may take fifteen minutes. There are obstinate beliefs in this world. But if we're patient and know what it is we're waiting for; the assurance from within. That's all we're waiting for, the assurance from within. The treatment isn't complete till the assurance has come within. *Lo, I am with you always. Fear not, I am with you.*

(Silence)

See how easy it is to rest in the deep silence; relax the world's cares. Ah, but you say "Yes, but when we return to the world, aren't the troubles still there?" Not for you and not for me. *A thousand may feel them at your left and ten thousand at your right. They will not come nigh you as you dwell in this deep silence.*

(Silence)

It may take practice but whenever this agitation comes, as you must have certainly felt it here tonight. Whenever that agitation comes to your thought, find a place to rest and relax and wait; wait for this peace to descend upon you. As this peace descends upon you inwardly, you may be assured whatever the name or nature of the storm without, it also is being stilled.

(Silence)

Isn't it easy in this atmosphere to say "Father forgive them, they know not what they do." All these disturbers of the world; isn't it easy to forgive them. And to realize it's only because of their ignorance of this peace, just as we were ignorant of it half-hour ago.

Nothing can enter the deep silence that defileth or maketh a lie.

(Silence)

By this you can see that we were not disturbed by our own fears or doubts or problems. When we came into this room we were disturbed by the world's fears and doubts and problems. We were merely receiving stations for the world's troubles. If they were our troubles they'd still be troubling us. They never were our troubles, even when they reflected themselves in our affairs.

(Silence)

5

Those of you who feel this, who are touched by the divine presence, will want to maintain it always. And there is a way. It is a way of frequent silence and frequent meditation, frequent opening of thought to Christ; to the realization of the divine presence. At the first flurry of an entrance from the world into your consciousness retire into this, even while at your work.

(Silence)

Be not afraid, it is I.

Thank you, thank you.

(Continuation of audio)

...haven't entirely recovered from the effects of this morning's class. One more class like that and I'll take up permanent residence on cloud No. 8. We have a beautiful class body.

And always remember, those of you who engage in this work; if you permit your classes to be formed by the spirit, they will always include those who can lift the class and the teacher to greater heights. But if the class is brought together by human means, it may mean very little in spiritual development.

And for a living example of that, let me ask you now to relax. Relax and let thought get quiet inside, in the realization of a presence that is to bring you fulfilment. As a person you no longer need to desire anything or to want anything or to acknowledge a need for anything. As a person now you can relax and be assured that there is a presence in the midst of you, a light, a being, and

its function is to fulfil your entire experience, to fill it full of spiritual good. Its function in the

midst of you is to *know what things you have need of and to provide them*. There is no need now for you to acknowledge any lack. There is no need for you to acknowledge any need.

(Silence)

The stillness, the silence is God's abiding place. In the stillness and in the silence God lives and expresses, fulfils, reveals and unfolds and It will appear to you in forms of harmony, grace and beauty.

(Silence)

If you are as a little child; if you are relaxed, if you have given up the personal sense of *I* at this moment, if only for this moment, to the place where it is almost as if you were looking over your own shoulder and watching God appear. Just as you might watch a sunset or a moonrise and yet not reach out and try to help them. Just passively be a beholder. Or sometimes when you see a beautiful flower and the first thought that comes into your mind is *and a fool has said in his heart*

there is no God. Have you ever looked at a beautiful flower or mountain scene, sunrise or sunset and have that thought flash right into your mind *and a fool hath said in his heart there is no God?*

Well that's because you knew that only God could make a tree, as the poet told us. You knew that only God could fashion such a sunset, create such a mountain setting. And you knew that it was your joy and your pleasure and your privilege to behold God revealing Himself in these beautiful forms and colours. And that's all you were doing, you were beholding God reveal Himself to you in these wondrous varieties of beauty and grace.

So in this moment of relaxed selfhood, where you know now after these weeks of instruction that *I can of my own self do nothing. It truly is the Father within me that doeth the works*. In this moment of supreme stillness and silence where the human mind is not trying to make a demonstration, where the human mind has gone even a step further and acknowledges no lack, no

limitation, no need; just feels that *I am home in Thee. I and my Father are one*. I rest in Thee. I feel the peace that passeth understanding. I know the glow of the divine presence.

He that fashioned thee shall preserve thee. He shall be a light unto thy feet. He shall go to prepare a place for thee, because *His is the kingdom and the power and the glory*. This is His 6

kingdom not yours. This is His power not yours. This is His glory not mine. *As if we of our own understanding or power have raised up this man. No, the God of Abraham, the God of Isaac, the God of Jacob hath done this thing. And if the spirit of God dwell in you, that same spirit that raised up Jesus from the dead will quicken also your mortal bodies*. How may you know if the spirit of God dwells in you? If you can be relaxed, if you can be at peace, if you can rest, rest. *In quietness and in confidence shall be my strength*; not in mental work, not in treatment. *In quietness and confidence shall be my strength*.

(Silence)

Be still. And let me show you the Father's glory. Let me show you how the Father can come to you revealing health, revealing harmony, revealing peace; and all without you doing a thing. *Not by might nor by power but by My spirit, saith the Lord. I will not leave you comfortless. I will send you a comforter, even the spirit of truth. And it will be all things to you*.

Rest from your mental labours; rest from your doubts and from your fears. No one ever fears who has tasted or touched God. *And yea though I walk through the valley of the shadow of death I will not fear*. Nor how could David fear since he'd already learned that *Thou art with me*.

If, in this moment of stillness and of silence, you feel even the tiniest touch of the Christ you will never again fear, though you walk through the desert or the wilderness or through the waters or through the flames or through the valley of the shadow of death. You will never again fear because the remembrance of this little touch will be a reassurance that *before Abraham was I was right there with you. And Lo I am with you unto the end of the world. I will never leave you nor forsake you. As I was with Abraham so I will be with you. As I was with Moses in the Red Sea, in the wilderness, so I will be with you.*

(Silence)

Though the waters pass over you they will not drown you.

(Silence)

I don't ask you to believe the signs. I don't ask you to believe, even if you experience a healing. I don't ask you to believe, even if your mail is filled with money tomorrow. I will only ask you to believe if you feel the touch within you, the presence, the light, the life.

(Silence)

Remember; if your thought wants to wander just remind it that it's in quietness and confidence that you find your peace, not in your mental wanderings; not in trying to remember a lot of truths,

not in trying to fulfil some human need, but in quietness and confidence.

(Silence)

When the Master says to us now, *Know the truth and the truth will make you free*, remember that the truth you are to know is that *I in the midst of Thee, am mighty*; that *My peace* is your salvation; that quietness and confidence is the treatment; that we do not attain our good by might or by power, by a gentle spirit. And we are quiet as we accept God's grace. We let God's grace flow to us, through us.

And remember *Go and tell no man. Tell no one what things you have discovered*. Don't throw your pearls before the unprepared thought. These things that are whispered to you in silence will be shouted from the housetop as demonstration. Not by your voice, not by your rushing to tell your friend or neighbour, but by demonstration. Be still. *Be still and know. But Be still and know.* Don't do it aloud. *Be still and know.*

(End of audio)

THE DAILY LESSON - November 11, 2012

“Now. It is so with you. You have no idea what word you may speak to someone today or what thought you may think today that will end up a passage going all around the world. And the reason is that you’re not having any thought of sending any message around the world. You are thinking only of your own spiritual unfoldment. And then, in some miraculous way, God will get it out of your mouth into somebody else’s ear, and the first thing you know it will be repeated to you from the other end of the world. But you see the point that is coming through here today that the whole thing has nothing to do with our being missionaries to the world. We aren’t that at all.

We are just students of the Christ who are here for one purpose and that is the perfecting of ourselves in our spiritual capacity, in bringing to our consciousness spiritual endowment, spiritual presence, spiritual power. What use God makes of it after it gets there is God’s business. Our function now is not to go out looking for concert engagements, but to practice scales.” ~Joel

Matt 5:15,16

15 Neither do men light a candle, and put it under a bushel, but on a candlestick; and it giveth light unto all that are in the house.

16 Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

(We may diligently have to light a whole lot of candles out there... What of it? Every Light will be waiting for the sleeping children to open their eyes and be aware of its Presence. Once each candle is lit - others may be kindled from it - and so on... ~Al)

THE DAILY LESSON - November 12, 2012

“Now. This you are being helped in by your reading, by your hearing, by your associating together. But you are not being perfected in it through these things. You can only be perfected in it by what you do in the hours that you are alone. That is what counts.

Just as never think for a moment that these messages come through just by sitting here in this chair and opening the mouth. They come through because of the hours and hours, and weeks, and months and years that have gone before. Very few know of a ten-year period in my life in which I studied 3,000 books, which form my library, just for one purpose. They didn't teach me anything that wasn't being revealed by God. But they showed me how universal the message was so that I couldn't ever get conceited and so that I couldn't ever get to be a leader. (*Joel says this laughing.*) ~Joel

John 15:5

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

(God's Love is forever expressing Itself. ~Al)

THE DAILY LESSON - November 13, 2012

“They showed me that this is the wisdom of the ages. And not only that, but they kept me in the atmosphere and consciousness of those who originally said them. You cannot live in the consciousness of a written book or a message that has come through spiritual unfoldment and not partake of the consciousness of the writer. That is what makes the words of Jesus so powerful – not the words themselves but the consciousness of the one who brought them to our consciousness. That is why the Golden Rule, which we now know existed for 1500 years before the Master and appears in six different religious papers before the Master was ever on earth, the reason that Golden Rule has endured is not because of the words in it, but because of the consciousness behind those words. ~Joel

Phil 2:5

5 Let this mind be in you, which was also in Christ Jesus:

(As we develop our Spiritual discernment, words are no longer empty. ~Al)

THE DAILY LESSON - November 14, 2012

“Now. As long as you know that as a human being you exist as ‘a branch that is cut off and withereth,’ it becomes your function to say, ‘I will not tolerate such a condition in my life. I will maintain myself consciously one with the Christ of my inner being, knowing that Christ is the Son of God and is forever one with the Father.’ And so you will then awaken in the morning and you’ll say, ‘Please Father, don’t let me make the mistake of leaving this room until I have realized consciously Thy presence.’

And then later, be sure before leaving the home that you say, ‘Father, don’t let me leave here under my own steam. Let me be sure that I am connected up,’ and sit again for that moment of contact. And so a dozen times throughout the day remember that as a human being I am cut off, but I don’t want to be a human being, and I have no intention of allowing myself to come under the law because harmony is always evident under Grace.”
~Joel

John 15:4, 6 (to ;)

4 Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.

6 If a man abide not in me, he is cast forth as a branch, and is withered;

*(Father, I acknowledge and abide in you as the Source of all Being. I am nothing without Your Presence. I rest and wait for your voice... ..
al.within)*

THE DAILY LESSON - November 15, 2012

“And so make your conscious union, your conscious contact, and keep at it, keep at it, even though there may be periods of discord and inharmony in between. Because remember, as Paul says, ‘I can’t declare yet that I have arrived at the fullness. But at least forgetting those things which are past, I am going to go further.’ And so it is with us just because you do consciously remember your oneness and you do make your contact, don’t be discouraged if you find yourself in some prison or other along the way. It happened to Jesus on the cross; it happened to John in prison; it happened to John of Patmos. It happened to Paul, Paul, I guess, died in prison. John died in prison. Many were thrown into the lion’s den.

Don’t for a minute be disturbed about problems that may come to you while you are on this path because it is inevitable that some form of problem touch us at every step in order that we may remain awake and realize that good isn’t just one of those natural things that always happens. That it is something that comes only by virtue of our conscious union with God. And so these problems often prevent us from going off into just the belief: ‘oh I’ve arrived now and everything is going to be all right from now on,’ and then finding that this is not so.” ~Joel

Phil 3:13,14

13 Brethren, I count not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before,

14 I press toward the mark for the prize of the high calling of God in Christ Jesus.

(Be not distracted by suggestions or appearances. We are never separated from God, period. These suggestions have no real substance once there is an awareness of Truth exposing them as nothing. Stop, step away from the belief and strive onward to develop your Spiritual Integrity. ~Al)

THE DAILY LESSON - November 16, 2012

“Now. The problems that come to your personal experience will probably lessen as you, yourself, take hold of yourself and remove yourself from under the law and bring yourself under Grace. There is no doubt that they will not be such deep problems, nor will they be such lengthy problems and, but, the problems that come to you from the world will be the deeper ones.

Gradually you will have brought to you the sins of the world, the deaths of the world, the fatal diseases of the world, and then you'll begin to know what serious problems are really like. But you will not be meeting them as your own problems. You will be meeting them in a more impersonal way and so you will deepen again your spiritual capacity because with every victory, with every revelation of harmony, you, yourself, have been deepened in Christ. You, yourself, have attained a deeper awareness, a greater spiritual endowment.” ~Joel

John 6:27 (to 2nd ,)

27 Labour not for the meat which perisheth [this world], but for that meat which endureth [Spiritual endowment] unto everlasting life,

(Our level of Spiritual endowment is in direct proportion to our letting go [impersonalizing] of this world. The deeper one loves God the more they see of Him. ~Al)

THE DAILY LESSON - November 17, 2012

“Now. I have here a letter that illustrates this very, very well. As you know, we do not use testimonies for testimony’s sake, and certainly the identity of an individual is kept in the background for their own sake. But there must be times when we are permitted to use a testimony for the purpose of illustrating the principle – not for boasting or bragging about our capacities but for the purpose of showing forth a principle, and this is just such an experience:

‘Remember the letter I wrote last year asking help for my very old pet? Shortly after that she became in better health than she had been for years. Three days ago she stopped eating, lost all interest in everything and would growl at me when I would try to coax her to eat or even if I would touch her.’

You must understand this, those of you who do not know it, that animals have what is called a normal life-span and that when they reach the end of that span, they, as a rule, will just crawl off into a corner and stop eating and wait for a day or two and then pass out. That is their usual way when they’ve reached their limit of human experience.

Now many years ago – almost in my first years – a woman who was Second Reader with me when I was reading in the prisons had a Persian cat that had gone beyond its span. It was then 13 years of age, and it reached that stage – went over in a corner, wouldn’t eat, and wouldn’t permit Helen to come near it, and she wired me for help for that cat. And within an hour it jumped up, went over and began eating, and the last I knew of that cat it was 17 years of age and it was still in good health. See? In fact, it outlived Helen, so I don’t know what became of it afterwards.

Now. That is the experience that evidently came to this cat – yet having lived its span, according to human belief, the very fact that it snapped out of it and was in better health than before shows that the human belief was broken, and that it was now not living a human span. Now it was living its spiritual existence.

All right, but that was the demonstration of the moment just like Lazarus being raised from the dead by the Master. But evidently later on he passed on. Why? Because he again returned to human consciousness. In other

words, he took on the beliefs of the people with whom he lived, and associated, and moved and brought himself back under the law again although he had been removed from it. And so with this cat – eventually by virtue of living in the neighborhood with human beings, it would again come under the human law.

Now see this point that even though you are raised from the dead by spiritual power that you still can go back under the law if you, yourself, permit yourself to come under the influence of the universal belief. Oh I wish you could see this point, look!” ~Joel

John 8:10,11

10 When Jesus had lifted up himself, and saw none but the woman, he said unto her, Woman, where are those thine accusers? hath no man condemned thee?

11 She [*the woman taken in adultery*] said, No man, Lord. And Jesus said unto her, Neither do I condemn thee: go, and sin no more [*you now have a choice between two ways of life - you have been lifted up by Grace, but you can easily slip back into the hypnotism of a power apart from God*].

(We can all fall back into the universal belief of a personal identity separate and apart from God. In fact, it is the common practice of the world to conform to worldly law and its beliefs. Living by Grace is not the easy way for sure and it definitely makes no sense to the natural man. We are going to have to work at it by practicing and re-practicing the arts being still, being unaffected by appearances and learning to let God’s will be done in us as it is in Heaven... ~Al)

THE DAILY LESSON - November 18, 2012

“The mere fact that you may be brought out of your humanhood today and become a spiritual giant, you may yourself be raised from the dead or you may raise others from the dead. It doesn't say that you will not go back under the law. Again, it is your responsibility because there is the mesmerism of the world that every single moment is saying, ‘You a human being. You were born and you will die. You are born of woman and you will return to dust.’ And as against that there must be an activity of your own consciousness removing you from under the law and keeping you under Grace and when you have come under Grace, don't think you can relax. No, no you have achieved nothing but a temporary victory. You will have to maintain, through the activity of truth in your own consciousness, your life under Grace.

Otherwise you have no knowledge of what moment some man will come along as a tempter to a woman; some woman will come along as a tempter to a man. Money or fame will come along as a tempter to others. You have no idea of that, and don't think for a single moment that you ever advance so high spiritually in this plane that temptation in one form or another cannot come. If it would come in no other way, it would come in the temptation of ‘I think I'd like to retire.’

I mean it's, it's bound, it's more apt to come in the guise of good than of evil. I have said this before and I have had occasion to witness enough to believe it. That I doubt that there are many people who really are touched by the Spirit that are very seriously tempted into evil. I doubt that very much. I have seen very, very little of the temptation to commit evil on the part of a person who has once been touched – I mean actually, spiritually touched. But I have seen loads of them tempted by good: tempted by fame, tempted by wealth, tempted by ease, tempted to go off the path in some human way that is not necessarily a spiritual way. Now.” ~Joel

Luke 4:1-13

1 And Jesus being full of the Holy Ghost returned from Jordan, and was led by the Spirit into the wilderness,

2 Being forty days tempted of the devil. And in those days he did eat nothing: and when they were ended, he afterward hungered.

3 And the devil said unto him, If thou be the Son of God, command this stone that it be made bread.

4 And Jesus answered him, saying, It is written, That man shall not live by bread alone, but by every word of God.

5 And the devil, taking him up into an high mountain, shewed unto him all the kingdoms of the world in a moment of time.

6 And the devil said unto him, All this power will I give thee, and the glory of them: for that is delivered unto me; and to whomsoever I will I give it.

7 If thou therefore wilt worship me, all shall be thine.

8 And Jesus answered and said unto him, Get thee behind me, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve.

9 And he brought him to Jerusalem, and set him on a pinnacle of the temple, and said unto him, If thou be the Son of God, cast thyself down from hence:

10 For it is written, He shall give his angels charge over thee, to keep thee:

11 And in their hands they shall bear thee up, lest at any time thou dash thy foot against a stone.

12 And Jesus answering said unto him, It is said, Thou shalt not tempt the Lord thy God.

13 And when the devil had ended all the temptation, he departed from him for a season.

(Distractions can appear to be very important - but in the end they always turn out to be...nothing. Stay focused on what is Truth, maintain your altitude, and put the foolishness behind you when presented with it. And never hesitate to ask for help, if you need it. ~Al)

THE DAILY LESSON - November 19, 2012

“[Joel continues to read the letter]

‘Three days ago she stopped eating, lost all interest in everything and would growl at me when I would try to coax her to eat or even if I would touch her. My first temptation was to call for help. Then it seemed to be a challenge to me so I set to work in the new way that you have been teaching us. I could not get any click. For most of the night I kept at it. Then early this morning came ‘man was not meant to remain human’.

Now first of all do you see the major point of the work we’re doing here? ‘It came’ – not ‘I declared,’ not ‘I affirmed,’ not ‘it was in your books and I repeated it a hundred times.’ No, ‘it came.’ And there is lesson number one. The very moment that you have touched this spiritual center, it begins to come, the messages begin to come, the Word begins to flow so that you do not expect any more to heal by declarations or affirmations or even by what you know. Now you expect only to heal by the word of God which comes to you.” ~Joel

II Cor 3:17

17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

(So... You want Liberty? Then seek ye first, the Spirit of God. I can tell you this: when I touch the center of All-Being, there is no way to write it all down. It comes like opening a flood-gate of Light, all questions are answered in all ways... The only way I can describe it is it is like a like an internal embrace of Love and warmth, like sunbeams on my face on a cool day. I am carried away into Omniscience. Included in it. It comes so fast that all you do is watch into Infinity. I can also tell you this: when I live as a man, I have to work as a man. And so it is, when the Spirit comes [is Experienced], there is Liberty, complete and perfect. Thank you Father, ~Al)

THE DAILY LESSON - November 20, 2012

“[Joel continues reading]

‘And so it came, man was not meant to remain human. It seemed to mean a great deal to me in this way. I had been seeing that as there is only one life than the life of animal or man is one, so I knew that the message concerned the cat. It seemed very clear that I should not even think of trying to keep her here. I even wondered if it were right for me to try to keep anyone here on this plane.’

Now let’s stop there a moment because there is a tremendous point. ‘Man was not meant to remain human.’ That did not mean that it was meant that at some portion of our lives we should die and become something else. It meant that at some point in our experience we were to give up our human identity for our spiritual identity. That is what is described in Romans. ‘To them who receive the Spirit of God, to them gave he power to become sons of God.’ Do you see?

The very moment that you make this contact within you, then do you receive the power to make the full demonstration of becoming the Son of God – not the son of man or the son of woman, but the Son of God; that is, to enter your spiritual identity.” ~Joel

John 1:12 (to 2nd ,)

12 But as many as received him, to them gave he power to become the sons of God,

I Cor 2:12

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

(Father, I can, of mine own self, do nothing. I recognize you as the Source of my Being, of all Being. I rest in your Love. ~your son)

THE DAILY LESSON - November 21, 2012

“Now. With this healing, this cat passed from its human existence – even its nine lives – into its spiritual existence. And if it could remain in the home or in the consciousness of those who would forever maintain the spiritual nature of being, there’s no reason why that cat couldn’t live forever. It never has to die because it has left its humanhood by very virtue not of man or woman’s thoughts, but of this word that came from God. It has been removed from its humanhood into its spiritual identity.

But even if it should leave this plane – which it undoubtedly will because of its association with all the human thought around it – even then it will go right on living its spiritual life because it has been translated. It has made the transition. It is now no longer living by bread alone. It is no longer living by being less than twelve years of age. Now it is living in spite of its age. Now it is living in spite of any human condition of death. And so whether it continues here or not, it will continue its spiritual existence because it has been so removed. And so it is.

Once the Christ has sufficiently taken over that It lives our lives, even though we may succumb to a mesmeric sense of the world in one way or another, even to the extent of passing on, it does not change the fact that inwardly we have attained our spiritual life and will continue to function – not as human beings on the next plane – but as spiritual beings. You see, the same thing happens on the next plane that happens here.” ~Joel

Gal 2:19,20 (to 2nd :)

19 For I through the law am dead to the law, that I might live unto God.

20 I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me:

(The day we come face to face we are no longer held by the law of this world. We step out of judgment and step into unconditional Love... We have seen and felt God’s Presence and we will be forever under Grace. The world fades into unimportance and we can just as well do without it, it just doesn’t matter... We now know the Truth and we are thereby free of the thoughts of this world, standing barefoot on Holy ground. ~Al)

THE DAILY LESSON - November 22, 2012

“There are those here who are living entirely human lives. There are those, like ourselves, who are living partly human lives and partly spiritual lives. There are those here on earth who have passed from human life and are now living their spiritual life on earth. Although if you were to see them, you would see them dressed just as we are dressed and outwardly appearing as we look. But that is only an appearance to us. Actually they have attained their Christhood.

That same thing was true of the Master. If you looked at the Master you would undoubtedly be of those who would say, ‘That is our neighbor, Mary’s son,’ or ‘That is our neighbor, the carpenter.’ But if you were of the level of Peter’s consciousness, you would see that no, no, no that is not true. This is Christ, the Son of God. He has already made the transition and is now living a Christ-life instead of a human life. And if that had not been true, he could not have made the demonstration of appearing even to the 500 who witnessed him after the crucifixion. It was only because he, himself, was no longer in a ‘grave’ state of consciousness and, therefore, he could make himself visible to those who likewise were above the ‘grave’ state of consciousness.” ~Joel

Luke 24:12-16

12 Then arose Peter, and ran unto the sepulchre; and stooping down, he beheld the linen clothes laid by themselves, and departed, wondering in himself at that which was come to pass.

13 And, behold, two of them went that same day to a village called Emmaus, which was from Jerusalem about threescore furlongs.

14 And they talked together of all these things which had happened.

15 And it came to pass, that, while they communed together and reasoned, Jesus himself drew near, and went with them.

16 But their eyes were holden that they should not know him.

Luke 24:28-31 (to ;)

28 And they drew nigh unto the village, whither they went: and he made as though he would have gone further.

29 But they constrained him, saying, Abide with us: for it is toward evening, and the day is far spent. And he went in to tarry with them.

30 And it came to pass, as he sat at meat with them, he took bread, and blessed it, and brake, and gave to them.

31 And their eyes were opened, and they knew him;

(Their eyes and minds were holden on this world and the horrible earlier events. They were reasoning amongst themselves, living their life in judgment and blindly traveling in this world. The instant they rested and were looking for the Christ - they recognized Him. Is the Christ here with us now and we are un-Aware?

We will never recognize the Christ in each other as long as we are looking with our “reasoning” or human eyes and are expecting human interaction. So, if the Christ is within you and within me as Jesus promised, all we need to do is impersonalize the picture and develop our Spiritual integrity [Christhood] until it realizes the Truth.

Blessed Thanksgiving! ~Al)

THE DAILY LESSON - November 23, 2012

“[Joel continues reading the letter]

‘How much of this meditation was coming from consciousness or how much was just me? I don’t know.’

Well you see it was all coming from consciousness because there isn’t anything in your experience that would enable you to know that man must eventually leave the human way of life, the human state of life. That had to come to you by spiritual illumination and so it was all from consciousness.

‘I did leave the patient alone and when I returned she was outside showing some interest in life again. Last night she ate a big supper, and this morning she was her old loving self again.’

Now do you see that? There comes a time for us to cease being human beings, to cease living our human lives. That does not mean that we must die. It does not mean that we must pass on to attain our spiritual estate. It is a point of transition that takes place in consciousness. It is revealed by Paul in his statement of ‘dying daily in order that we may be reborn of the Spirit.’” ~Joel

John 3:3-6

3 Jesus answered and said unto him, Verily, verily, I say unto thee, Except a man be born again, he cannot see the kingdom of God.

4 Nicodemus saith unto him, How can a man be born when he is old? can he enter the second time into his mother’s womb, and be born?

5 Jesus answered, Verily, verily, I say unto thee, Except a man be born of water and of the Spirit, he cannot enter into the kingdom of God.

6 That which is born of the flesh is flesh; and that which is born of the Spirit is spirit.

(Father,... I wait in stillness, because I know I of mine own self, can do nothing... Lead me... Guide me... I release all sense of self to Your infinite joy, peace and fulfillment... I take no thought, but to let You perform the thing that is appointed for me to do. I silence all desire and surrender to Thy will, that it may be done... ... Speak Lord, thy humble servant waits... ... Love you, ~al.within)

THE DAILY LESSON - November 24, 2012

“Now every day that we consciously remove ourselves from under the law and acknowledge ourselves to live under Grace, every day that we do that, and every hour of every day that we have a conscious realization that we are living on the Invisible and by the Invisible, not by anything visible, we are in that degree ‘dying daily.’ And then what happens one day is that we die completely, and are reborn in the Spirit. And at that moment there is no longer a human reaction to life.

Life then is lived on an entirely different plane. The reactions are different. The things of the world run off the shoulder, off the back like water off a duck’s back without affecting it in any way. One is not subject to the laws of the world, only to Divine Grace. And it is then that one teacher said, ‘sometimes I have fear because I go out in all kinds of horrible weather without sufficient clothing and never catch cold. I realize I’m completely immune to the activities or thoughts or beliefs of the world.’ And this particular teacher had the idea that she might soon make a transition because of it. But she stayed 30 years after that statement.” ~Joel

Rom 12:2

2 And be not conformed to this world: but be ye transformed by the renewing of your mind [consciousness - not intellect], that ye may prove what is that good, and acceptable, and perfect, will of God.

(Spirit fills the vessel as it is emptied and in proportion to how empty it is...
~Al)

THE DAILY LESSON - November 25, 2012

“Now, ah, you see transition isn’t a physical thing. Transition is an act of consciousness which appears physically. For instance, the worm goes through a period of transition and emerges as a butterfly, but there is no physical transformation. A worm doesn’t become a butterfly. A state of consciousness drops its worm-self and rises in its butterfly-self.

There is no such thing as a physical transformation of matter. The transformation is something taking place in consciousness externalizing itself as form. So it is that when a spiritual transition takes place, you might have an appetite for one kind of food today, and find tomorrow that you can’t eat it. You may never have eaten certain foods, and tomorrow find that they are the only ones you enjoy. That was not a matter of taste. That was a matter of consciousness appearing in a physical form.” ~Joel

I Cor 15:50,51

50 Now this I say, brethren, that flesh and blood cannot inherit the kingdom of God; neither doth corruption inherit incorruption.

51 Behold, I shew you a mystery; We shall not all sleep, but we shall all be changed,

(Look not for a change in appearances. Seek the Kingdom of God and rest there. Be lifted up by, in and as infinite Spirit. Drop your “self” mind and rise up into [inherit] our Father’s Christ Consciousness. What shows on the outside is Spirit shining through from within - always present, always perfect. ~Al)

THE DAILY LESSON - November 26, 2012

“In the same way you may enjoy certain physical pleasures, pastimes, exercises, games today, and in your spiritual elevation find that you no longer can indulge them. That happens repeatedly with smoking, drinking, card-playing, things that to the human are absolutely normal, sometimes absolutely necessary, and yet the moment of that spiritual transition they couldn't even play a game of golf any more or tennis. Do you see what I mean?

The whole nature is transformed. That doesn't mean that there is any evil in golf or tennis, or perhaps in smoking or in taking a drink. It doesn't mean there is any evil in them; it just means that they no longer satisfy the changed consciousness. They were all right for a certain state of consciousness just like rattles and dolls were at one stage of our experience and then they become not only unnecessary later, but they would even become distasteful if they were forced upon us. And it's because we have outgrown that particular state of consciousness.” ~Joel

Matt 28:6 (to ,)

6 He is not here: for he is risen,

(Jesus had outgrown, or risen above the earthbound body.

We are not entombed in this body. The body isn't Me. I Am Me. I Am. I am, not a body. I am Soul, Life, Truth, Love. I live and move and have my being in Consciousness. I direct the body, not vice versa. I have looked from my toes to my fingertips a hundred times and the 'I that I Am' cannot be found in this earthly body.

We rise upward when we Realize our True Identity. Our interests and priorities change based on what is important and most fruitful in our lives. My interest is in the things of Spirit and in living as Love expressed - along with that, comes my good. ~Al)

THE DAILY LESSON - November 27, 2012

“So it is that we outgrow through this transition the mortal or material state of consciousness and no longer indulge the human appetites, or the human desires, or the human fears, or the human anxieties. An entirely different consciousness requires an entirely different kind of food: ‘Milk for the babes; meat for those ready for it.’

You know, this morning I was congratulating myself that I would only have to talk for ten minutes today because we were going to have all meditation, and somebody crossed me up.

Well let's have a little meditation now.” ~Joel

Heb 5:13,14 (to discern)

13 For every one that useth milk is unskilful in the word of righteousness: for he is a babe.

14 But strong meat belongeth to them that are of full age, even those who by reason of use have their senses exercised to discern

(Strong meat is an acquired taste... It is made use of by those who develop and establish a Spiritual Integrity. In the meantime Christ Consciousness shows us to our sufficiency. ~Al)

THE DAILY LESSON - November 28, 2012

“Remember that when you first sit down to meditate it is perfectly legitimate, perfectly right, if you make some declarations of truth within yourself, reminders – whatever might come to your thought. It has to be a spiritual truth about God. Don’t go looking for any spiritual truth about man. You’ll get in trouble. If you must know something and you must make a declaration, must remind yourself of truth, be sure that they’re truths about God, or spiritual creation, or spiritual law or spiritual substance and so forth and so on. Keep your statements of truth high along that level.

Then, as soon as possible, settle back into that listening attitude because you know now that your thoughts are never going to heal anyone no matter how correct they may be. It is only when the impulse comes from within – as it did in this case – and brings you some statement of truth or some feeling of peace that you can say the Word of God has taken place, and I know the action’s going to be quick and powerful. And this is going to be very tough medicine to take. But this is the truth.” ~Joel

Matt 6:6-8

6 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

7 But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking.

8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

(Pray for anything you want - as long as it is not of this world.

Where the Spirit of the Lord is there is Liberty... [Realized... Felt... Currently Present...]

I can of mine own self do nothing...

Speak Lord, thy servant heareth... ...

Thank you Father, I’ll do that immediately. I Love you. ~al.within)

THE DAILY LESSON - November 29, 2012

“In this letter it says ‘that I wasn’t sure whether it was even right to keep the cat from passing on or even whether it is right to keep anyone from passing on.’ And let me tell you something: While this is a very, very hard saying, it is literally true. Don’t be too concerned about those who pass on or who can’t be saved or those whose desire is only to live on in matter, that is, just for the sake of breathing and eating some meals because that’s not really living. That’s a living death. That’s the walking dead.

People whose lives go no further than eating, drinking, sleeping and housekeeping with nothing beyond, or working in business, they’re just as dead when they’re alive as when they are dead. So it amounts to nothing to see them go on. Whatever opportunity they’re going to have for spiritual unfoldment, they will also have in the next experience.

Now in the case of these animals, you see that they have so little resistance to truth that they can be more readily given the transition to their spiritual experience than some humans. Just as the experience was in Portland where a woman said, yes, she could see all this for herself but not for her grandchild. You see?” ~Joel

Matt 8:18-22

18 Now when Jesus saw great multitudes about him, he gave commandment to depart unto the other side.

19 And a certain scribe came, and said unto him, Master, I will follow thee whithersoever thou goest.

20 And Jesus saith unto him, The foxes have holes, and the birds of the air have nests; but the Son of man hath not where to lay his head.

21 And another of his disciples said unto him, Lord, suffer me first to go and bury my father.

22 But Jesus said unto him, Follow me; and let the dead bury their dead.

(If Jesus asked you to follow him unconditionally right now and leave your life behind, would you go? Or, would you find an excuse or put it off until some other time? The more complicated we make this the harder it gets to let the world just go ahead and carry on in its dream and step over it and surrender to Christ. Let Christ direct our Life and Let God direct the Christ within. Arise, and walk ye in the Light. ~Al)

THE DAILY LESSON - November 30, 2012

“We get so attached to the ways of the world that we want to live for nothing more nor less than eating, drinking, sleeping, and maybe for perpetuating ourselves through children or grandchildren, and for that reason we do not give up our human life for our spiritual one because we want to either take our money into heaven with us, or we want to take our fame, or our family, and that is the bar.

You don't get into heaven that way. You don't attain your spiritual life as long as you are trying to take even the world with you. You see, there is again, the hard saying, 'you must leave mother, brother, sister and father for My sake.'

Unless you are on this path only for the purpose of saving your own soul, that is of coming into the realization of your true identity, unless you're doing it purely for that motive, you are not going to attain the transition. If you think you're going to carry your family with you, or bring peace on earth, or go out and be a miracle healer, you're going to lose the way. You can have no motive in this except the motive to achieve your spiritual identity.

Then when your spiritual identity has been achieved, automatically It will do the work.

Now...Thank you.” ~Joel

Matt 16:24,25

24 Then said Jesus unto his disciples, If any man will come after me, let him deny himself, and take up his cross, and follow me.

25 For whosoever will save his life shall lose it: and whosoever will lose his life for my sake shall find it.

(Jesus declared his True Identity and denied his personal “self” over and over to his disciples: “I can of mine our self, do nothing.” “Why callest thou me good?” “There is none good but One, that is, God.” “The Son can do nothing of himself...” “If I bear witness of myself, my witness is not true.” My doctrine is not mine, but His that send me.” “Take no thought for your life...” Can we follow his example and take up His cross and follow Him?

So... Once we have learned to establish our Spiritual Integrity and know the Truth of Being, we can begin to demonstrate it. In other words, when we lean not unto our own understanding and give up seeking the things of God, we realize the greatest gift of All - the Presence of God. There is nothing left to do but rest in this confidence and watch the Christ direct our Path. Loving you so much, ~Al)