“THE DAILY LESSON”
is an activity of the study group found at: www.iwso.org
It is a progression of excerpts from a transcript of a live class as it was recorded by Joel. It appears each day, together with the addition of corroborating scripture and inspired comments, to take into meditation and live with throughout your day.

Student’s note: There are words that are capitalized throughout this work. These words are used as if it were a synonym for, or as an activity of God. Also, the portions that are italicized are spontaneous meditations.

The subject of study for the month of MAY 2012 is:

23.

“EXPERIENCE OF THE CHRIST”

Tape 121:
Side One
1955 Kailua Study Group, Tape 12

By Joel S. Goldsmith

THE DAILY LESSON – MAY 1, 2012

“Good morning.

I have waited several years to say this and only because of the work that was done on this mainland trip to Chicago and Seattle and the preparation that we have had since this series began can I say it now with any hope that it will be understood, but I have a complete conviction that it can be understood, and that each one who hears this message, not only in this room, but those who will hear these tapes, and those who may some day read this in print, will be ready to understand, and willing to experience for a
short time an inner struggle, until they get on top of the subject, of the understanding and of the demonstration.

You have been studying truth, most of you, for many years. Some through Christian Science, some through Unity, some through New Thought and now through The Infinite Way and it must have entered your mind many, many times, “Why, if these things are true, am I not demonstrating them or am I demonstrating so little of them?” Or even if I am demonstrating a good deal of them, why, if they are true, are so many in truth studies demonstrating so poorly? Why, if disease is not a reality and we know it, why is there so much disease even among truth students? Why if God is really all in all, the only intelligence of the universe, and divine love, why after we know that and after we know that ‘I and the Father are one,’ why doesn’t that perform miracles of healing, regeneration and supply?” ~Joel

John 18:36 (to :)
36 Jesus answered, My kingdom is not of this world:

(The demonstration of Communion and Grace is an experience that is not felt in the mental, but in Consciousness. The “I Am” Consciousness is not of this world… It is in Spirit and Soul.

This month we will discover why it took so long for Joel to let this message out. The structure of human thought in his students had to be dissolved bit by bit - so the Lord could build the house without hands… ~AI)
“Why after three-quarters of a century of metaphysical studies are there so few really capable practitioners? Why, if I am faithful in knowing the truth and I realize that God is All, that God is the only Law and the only Cause, and the only Substance, and the only Being, why if I meditate every day, and declare that God’s Grace is my sufficiency, why can these things go on year in and year out, and so little improvement be noted – either in my own affairs or the affairs of other students whom I am acquainted with? Or if this is the truth, why is it that the metaphysical movements aren’t growing, multiplying themselves ten times over each year instead of lessening each year? And they are lessening.

I know nothing about electricity or gadgets, but I do know that if someone tells me to plug in that instrument to the wall plug that light comes out, or music comes out, or a tape recorder works, or a toaster works. I know that if someone tells me how to drive a car that it only takes a few minutes or hours and then I can go and do likewise. I know that anybody with just ordinary, average intelligence can pilot an airplane after three hours of instruction, but I can study this for 20 years and not heal somebody of a headache. And yet I’ve read the best books that are published, sometimes not only the best ones, but all of them – including the worst ones. But at least I have read the best ones and studied them, and still find after years that I can’t heal a headache – for myself or another. What is the answer to all that?” ~Joel

Matt 7:14
14 Because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it.

John 5:30
30 I can of mine own self do nothing: as I hear, I judge: and my judgment is just; because I seek not mine own will, but the will of the Father which hath sent me.

(The Father doeth the Work. Any sense of personal accomplishment is bearing false witness or believing that there is a power other than God. ~Al)
“You see this is the very point on which, in my earliest studies, I made a very grave mistake, one which I had to correct later. I was asked a question in the first year of my practice: “Is there any responsibility on our shoulder beyond knowing the truth, giving the correct treatment, knowing the truth correctly?” And I said, “No, that is our only responsibility. After that, the work is up to truth itself; the truth does the work.” Well that isn’t true. That isn’t true. The truth doesn’t do the work.

Even if you had never had any false teaching in metaphysics, if you had from the beginning had nothing but pure truth, and if you voiced that pure truth, or wrote it or thought it, the truth still would not make you free. Understand this: even though it will or may for awhile arouse a battle in you – it may be a battle with yourself or it may be a battle with me – it may be a battle with The Infinite Way, but if it does cause such a battle, you’ll have to learn to take it for your own unfoldment. Because I am only saying this to you after 25 years, and I’ll stake all of The Infinite Way on that, what I’m telling you today is the truth.

‘Knowing the truth’ alone will not make you free. Declaring it, reading it, meditating on it – these are the things on which the metaphysical movements have wrecked themselves – believing that reading truth, declaring truth, affirming truth would heal us of our sins and our diseases, and our lack and limitation. And in many cases, all it succeeded in doing was multiplying our troubles or perpetuating them.

The secret lies in the fact that truth is not a mental activity. It has nothing to do with an activity of the mind. Therefore, it has nothing to do with reading, speaking, thinking truth. God is a Spirit, and those that worship God, that is, expect to bring the good of God into their experience through prayer or God contact – must do so in Spirit – not in the mind. The mind part, which is the letter of truth, killeth. When we remain on the level of mind, truth, the letter killeth. It is the Spirit that makes us free. It is the attaining of the actual consciousness of truth that makes one free. It has nothing to do with how much of the letter of truth you know.” ~Joel

John 8:32
32 And ye shall know [experience] the truth, and the truth shall make you free.
John 4:23,24
23  But the hour cometh, and now is, when the true worshippers shall worship the Father in spirit and in truth: for the Father seeketh such to worship him.
24  God is a Spirit: and they that worship [seek] him must worship [experience / contact / commune] him in spirit and in truth.

Matt 6:5(to.)
5   And when thou prayest, thou shalt not be as the hypocrites are: for they love to pray standing in the synagogues and in the corners of the streets, [on the mental level] that they may be seen of men.

(This chapter is going to change you… So then, are you interested in the milk [letter] of the word or the Meat [experience of the Christ]? The Spirit of the Word has Meat ye [mental activity] know not of. ~Al)
'The letter of truth plays a part in the work because, above all things, it gives us a working tool so that we can work with, and through, the mind to get away from the mind. Later on it saves us from lapsing into a blind faith and a misapprehension of what is going on. For instance, in the days of the Master he healed the multitudes, he raised the dead, he multiplied loaves and fishes. But because of the ignorance of the letter of truth, people thought that that was a special sign given to this great Master and, therefore, they made no effort to 'go and do likewise.' They merely maintained themselves as beneficiaries of his Grace. They never thought that they, themselves, might attain that same healing power, that same multiplying power. No, no, no he was given this gift of God, and he had the power to give it to his disciples.

Later there were others gifted with a healing power. At one time – this is back in about the year 1400, no it was later, 1600 – there was a pastor in a church in Germany in the very small town of Nuremberg – at that time nothing but a hamlet, and this man had the healing gift. And it was noticed that when sick people came to hear his sermon on Sunday that very often they went away healed.

Well, as a result of this, that man's attendance grew and grew until his church had to be conducted out in the open air, and there were times when 10,000 people traveled to that little village just to attend his service on Sunday morning. And the reason: he had this God-given healing gift, and they were coming to partake of it. And of course when he passed on, that was the end of the 10,000-attendance. That was the end of his large church and congregation, and they settled back again into just preaching on Sunday. ” ~Joel

(The following story from John 6, picks up the day after the multitude was fed the loaves and fishes:)

John 6:22-27 (to 2nd ,)
22 ¶ The day following, when the people which stood on the other side of the sea saw that there was none other boat there, save that one whereinto his disciples were entered, and that Jesus went not with his disciples into the boat, but that his disciples were gone away alone;
23 (Howbeit there came other boats from Tiberias nigh unto the place where they did eat bread, after that the Lord had given thanks:)
24 When the people therefore saw that Jesus was not there, neither his disciples, they also took shipping, and came to Capernaum, seeking for Jesus.
25 And when they had found him on the other side of the sea, they said unto him, Rabbi, when camest thou hither?
26 Jesus answered them and said, Verily, verily, I say unto you, Ye seek me, not because ye saw the miracles, but because ye did eat of the loaves, and were filled.
27 Labour not for the meat which perisheth, but for that meat which endureth unto everlasting life,

(Without the continuous Consciousness of Spirit, man tends to revert to using mental thought to provide his needs and desires [the meat that perisheth]. Seek ye first the Kingdom of God. Rest there, watch the Word pour out and Be the Living Christ. ~Al)
“Now without understanding the letter of truth, that could very well happen again. You might have an idea that there are a few gifted people in this age, or a few hundred, or a few thousand, with some God-given healing power, and then just sit back and accept the healings from them, or the multiplying of loaves and fishes. And again the Word would be lost and generations might pass before it was again given to the world.

And so it is that the letter of truth will acquaint those interested with the great truth, first of all, that God is the infinity of being, but that God is individual being, and therefore, “I and the Father” being one, the wholeness of good, God, flows through and from me.

When you underscore, go a step further, that since God is this one infinite law and ‘I and the Father are one,’ all of the spiritual law there is must flow from my consciousness and so nothing out in the world can be a law unto me. I am the law unto everything out in the world through my oneness with God. And so we could go through all of the truth that we know and that would awaken us to the fact that all that God is I am, all that Jesus Christ did I can do, and all the other saints and sages of the age.” ~Joel

John 14:12 (to ;)
12 Verily, verily, I say unto you, He that believeth on me, [Me, Christ Consciousness] the works that I do shall he do also;

(Jesus didn’t say “may” he do... He said “shall” he do.

Look up… Open up and let Christ Consciousness flow out as it must. From where? From God. If God flows through me, then who am I? I am His Instrument fulfilling His Orders. Recognize this work as Divine Grace, smile, rest back and watch everything that is necessary for the day’s Sufficiency unfold. ~Al)
THE DAILY LESSON – MAY 6, 2012

“And so the letter of truth will bring us face to face with ourselves and from there on we can begin the work of bringing to light the demonstration of what so far we have accepted in the intellect, in the mind, as the truth of being. But, whereas the vast bulk of teaching and of treating is carried on in the mind and through the mind with these truths, they fail because the next step is omitted. And the next step is attaining that mind – or some measure of it – which was also in Christ Jesus, which would enable those works to be done through us.

We, as human beings, are not one with God. If we were, we would never be in any trouble. We, as human beings, are not children of God or we would never sin, and certainly never have a disease. We, as human beings, do not possess all that God has or we would never know lack. It is the Son of God in us, which is one with the Father, and that Son of God in us is, while we’re in the human being stage, slumbering. That’s why it has been said, “Awake thou that sleepest and Christ will give thee light.” As human beings we are asleep; that is, our Christ-hood is asleep in us. If it isn’t asleep, it’s buried under so many layers of this fabric of human existence – world beliefs, there has no way to come out into expression.

And so when we have devoted some time to learning the letter of truth, we then must take the next step and say that, “While this is true, what of it? So what? It isn’t going to do a thing for me and it isn’t going to do a thing for anyone else unless, or except in proportion as, I can take the next step and come into the realization and actual demonstration of what we call the Christ.” It can be known by a dozen other names. We shall call It “the Christ,” or “Emmanuel,” “God with us,” or the “Son of God” in us. We might call It our spiritual identity. But whatever we call It, we must bring It to light.”

~Joel

I Cor 2:14-16
14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.
15 But he that is spiritual judgeth all things, yet he himself is judged of no man.
16 For who hath known the mind of the Lord, that he may instruct him? But we have the mind of Christ.
Eph 5:14
14 Wherefore he saith, Awake thou that sleepest, and arise from the dead, and Christ shall give thee light.

(Let the dead bury the dead. That has nothing to do with You. Don’t waste a split-second letting the noise and nonsense of this world effect you. Rise and Shine. Open up and let Love [your Spiritual Identity] radiate forth. ~Al)
“Now what I’m trying to say to you is that supposing you present to me a claim of a headache. I could very easily say to you, “It’s a lie. It isn’t true. It isn’t a part of God. Don’t you know that God is all in all? Don’t you know that God is the only law and the only life? Don’t you know you haven’t even got a head because God is the Godhead and, being infinite, there’s only one head – and that’s God’s head? So you haven’t got a headache.” And you’d say, “You know, you’re making my headache worse (Laughter). Your voice grates on me. It may be true what you’re saying, but I, I can’t feel that way, I, I just feel rebellion when you say that to me.” And you’d be justified because, even if it is true, what difference does it make? You’re still going to have that headache.

Now. Since I do have a background of the letter of truth, and I know that these things I’ve just said to you are true, I would be far better off as far as you’re concerned, and myself, if I would say, “OK, let me give you some help.” And instead of wasting a single, solitary minute with all of those metaphysical platitudes, clichés, and even truth, if you wish – if instead of that I will get back inside myself and just know that no matter what I know, it still isn’t of any power. Why isn’t it of any power?” ~Joel

John 5:31
31 If I bear witness of myself [personal self], my witness is not true.

Prov 14:5
5 A faithful witness will not lie: but a false witness will utter lies.

Isa 40:31
31 But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

(Bearing false witness is seeing something other than God. Healing is all about reaction. If you recognize a problem, you have been affected by it and have given the problem power. You are going to have to STOP in your tracks and work to correctly see what you perceived. Wait upon the Lord, and renew your strength in advance. Keep God’s Presence close, constant and in focus, so we are not so easily fooled when someone asks for help.)
Strive to recognize the One and only Power in everything...God. Omnipotent Love is the true principal of Life and its activity. ~Al)
THE DAILY LESSON – MAY 8, 2012

“The only power is God, and God is a Spirit so if I get back inside of myself and remain silent until the Spirit of God takes over, until the Spirit of God announces Itself in me, then I don’t have to declare any truth. I don’t have to know any truth because if you could name it, it isn’t that anyhow. No matter what I would say, it isn’t that anyhow. I might just as well let the Spirit Itself do the work. Do you see that?

Now. Supposing, just supposing for a moment, that somebody presented me suddenly with a cancer. I ask you in all fairness do you think I could do any more about it than you could, or the surgeons? Do you think I have any more knowledge of what to do about a cancer than anybody else has? And the answer is definitely no, definitely no – nothing. And I know that I could turn around and say, “There are no cancers in divine mind.” I know all the words and some of the music.

I know all the statements that can be made, all the denials and all the affirmations, but I don’t have any faith that they would heal any cancers because I have watched for 25 years these people who know all these truths and declare them all, and eventually have to give up their practice. And those that have the cancers usually end up giving up their lives – their human sense of life. But I can say this to you, there is a spiritual power. There actually is. You can’t see it anymore than you can see electricity. Probably when the first people told us that there was electricity, or told the world there was electricity, perhaps they also doubted it because you can’t see it. But, nevertheless, there is a force in this world called electricity.”
~Joel

Matt 6:6-8
6  But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.
7  But when ye pray, use not vain repetitions [letter of the word] , as the heathen do: for they think that they shall be heard for their much speaking.
8  Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

II Cor 3:15-17 (to .)
15  But even unto this day, when Moses is read, the veil is upon their heart.
16 Nevertheless when it shall turn to the Lord, the veil [error in understanding] shall be taken away.
17 Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty.

(Truth stands waiting for its dawning in Consciousness. The veil in the theatre of this world is removed with the experience of the Infinite Invisible Christ. Where does this happen? In Spirit. My Peace I give unto you. ~Al)
THE DAILY LESSON – MAY 9, 2012

“For a long while people believed there was an atomic power, but nobody could prove it. It was something not yet discerned, and now all of a sudden we say, “Yes. There not only is electrical power; there is atomic power – not only there is atomic power, there is hydrogen power.” Who knows what more powers will be discovered! But I say to you, there is a spiritual power greater than all these.

There is a spiritual power that nullifies every power that has ever been known to the mind. In other words, people have been drowned, and this spiritual power has brought them back from death. People have been injured in automobile wrecks, and this power has brought them back from death. People have had every form of disease in the world, and this power has brought them back.

There is a spiritual power, but talking about it, affirming it and declaring it, doesn’t bring it into expression. That’s the point I’m making now – that I could sit here and talk electricity and atomic power and hydrogen power and never have one bit of them in this room. And so we could sit here and you can go home, and ride along in your automobile and declare every truth you know and yet not bring one trace of spiritual power into expression. But you can, without the use of words and thoughts, bring spiritual power into immediate availability, and you can do that by turning within yourself in silence.

You won’t do it in a tremendous degree at first. It is a development. It is an unfoldment, but by acknowledging, here and now:

“There is a spiritual power which is the infinite All-power of the universe, and this power is within me. It is ‘closer to me than breathing, and nearer than hands and feet.’ I cannot bring it forth through thinking thoughts. I cannot bring it forth through knowing truth. I can only bring it forth by a degree of interior silence through which I LET it escape from me.”

‘Let there be light and there was light.’ Let there be land and there was land. Let the Spirit be released and flow out from you, and it will be so.” ~Joel
Matt 6:31-33
31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?
32 (For after all these things [words, thoughts, agendas, health, wealth, healings, companionship etc] do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.
33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added [included] unto you.

(Pray for anything you want as long as it is not of this world.

We cannot do the work of God, or recommend what he should do – but we can be still and listen… … And then let His Work pour out through us and as Our Individual Being. ~Al)
THE DAILY LESSON – MAY 10, 2012

“Now. The day must eventually come to our students when they know the nature of God, the nature of prayer, the nature of individual being, and the nature of error. Those four things must constitute the basis of their knowledge of the letter of truth for two reasons: Once you know these subjects thoroughly – oh, we could add the fifth, the Christ, the activity of God in individual experience.

Once we know those things, we never again can go off the hook into a blind faith. Neither can we go into the worship of personalities or of things, or of thoughts. Once we know these – the secret of these five things – knowing the letter of them, we are established in the letter of truth. And from then on we know that whatever is to be accomplished, must be accomplished by not learning more things, but by permitting this Infinite Invisible Spirit, which we call God, or in Its individualization in you and me, we call It the Christ.” ~Joel

Rom 8:9 (to .)
9  But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

(1- Nature of God - Omnipresence, Omnipresence, Omniscience
2- Nature of Prayer - Pray for anything you want, as long as it is not of this world
3- Nature of Individual Being - The Living Christ
4- Nature of Error - Nothing
5- Nature of the activity of God – Love

So…dwell in God, and you’ll develop the awareness that God already dwells in and as you… ~Al)
THE DAILY LESSON – MAY 11, 2012

“As the presence of God appears in individual expression, it is the Christ. Just like the sun in the heavens is the sun, but as it comes into your garden and mine, it is sunbeams or sunlight; it is still the sun. But it is the sun as it is appearing locally here. And so God is God. But when God is manifested as your individual being or mine, It is the Christ or Son of God. It is still God – God the Father, God the Son. But instead of my looking out here and saying, “Oh, we have a dozen gods in this room,” no we have one God and a dozen individualizations or beings. But still all God – do you see that?

Now, the moment you know this – and it’s a big step we’re going to take right now – the minute you know this, you will be confronted with pictures of error – multiplied from today on more than ever before; if not in your own experience, it will be in those you see around you. Can’t help it; can’t help it. That is the way it acts that the moment we become aware of something, we become aware of it multiplied. But it is only for one reason: so that you may develop your response to it.

Now. Don’t respond to an appearance of error with a statement of truth. Don’t do that from this moment. Let the truth as you know it – which now constitutes your consciousness – let it be satisfied that you already know the truth. You knew it yesterday and the day before so there’s no need to repeat it today. But instantly get to this center of your being – get in here as fast as you can and wait for the Father to speak or utter Itself, or declare Itself or reveal Itself so that if someone says to you, “I have a headache,” don’t be tempted to answer – even with a thought. Just grit your teeth and say “uh, uh, no answer to that,” and then sort of wait a second. And you will see that something will take place within you. It doesn’t make any difference if it doesn’t happen the first time, it will happen very quickly as you train yourself not to affirm or deny, but immediately close your mind, open your ears, and wait.” ~Joel

Isa 40:31 (to ;)
31 But they that wait upon the Lord shall renew [realize] their strength;

(The steadfast consciousness and conviction that can surrender to the point of not reacting to earthly presentations is an activity that nurtures consciousness to be taught of God.
The simple act of, “Uh, uh, no answer to that”, is a form of surrender that recognizes Omniscience. Its simple activity impersonalizes and can nullify every error that presents itself to us. It is a form of the realization of Liberty that instantaneous healings are made of. The act of complete surrender followed by a period of attentively listening for the Divine Source to answer is crucial. The ultimate letting go of the reasoning mind as our source of good is imperative.

This lesson, diligently acted upon and practiced can take anyone seeking the Kingdom of God into the Healing Practice right this very minute. Or, write it down and stuff it into your pocket and bring it out 100 times a day, if that will help. However you can get it, “uh, uh, no answer to that”, is an important step that cannot be skipped.

Loving you, ~Al)
“And let God do it within you; let the Christ come into manifestation because it isn’t your thinking that is going to help anybody. If it would, New Thought would have saved the world in the last 50 years, and if New Thought couldn’t have done it, Dr. Peale would have done it. That isn’t saving the world. That is just giving the world a lot of more mental work to develop more headaches with. If all of this mental hodge-podge would do anything, psychology would be doing it instead of every department of life in which they’re entered, the errors are increasing. Year by year they are multiplying. Why?

There is a rightful function for your mind, but your mind isn’t a power; it’s an avenue of awareness. You have the right, with your mind, to know that two times two are four but you have no right to try to make two time two four with your mind. You have a right to know the infinity of God, but you have no right, with your mind, to try to push God into making it so. You have a right, with your mind, to know that God is the only law-giver and, therefore, Spirit is the only law and there is no law of disease. But with your mind you can’t make that law operate, and you can’t make that law a law.” ~Joel

Prov 3:5-7 (to :)
5 ¶ Trust in the Lord with all thine heart; and lean not unto thine own understanding.
6 In all thy ways acknowledge him, and he shall direct thy paths.
7 ¶ Be not wise in thine own eyes:

(All we can do is acknowledge Truth. We can’t change, advise, put-a-spin-on or use Truth for a purpose. Watch from the mountaintop as God does the work. ~Al)
“All you can do with your mind is become aware of that which is. Just like our inventors with their minds, they become aware of these natural laws, and then, becoming aware of them, they hook them up, but they don’t create any of those laws. Nobody creates laws of agriculture. Nobody creates laws of architecture. All you do is open your mind and become aware of that which God created in the beginning. And so it is in truth work. Your mind has a normal, rightful function. When you read these books you have a right, through your mind, to become aware of the correct letter of truth. You have no right to believe that your mind can make it so or any activity of your mind can make it so. Your mind is purely an avenue of awareness.” ~Joel

Ps 25:5
5 Lead me in thy truth, and teach me: for thou art the God of my salvation; on thee do I wait all the day.

(Father, I know I can do nothing of mine own self… There is no power in me that is separate from You. But I know I have Your Truth in my consciousness. So, I will wait until I receive it. I wait for Your fruitage that feeds me. I wait for Your Light that illumines my path. I wait for Your Grace that appears as my health. All things come to me through You, So I wait…

Lead me to Thy still waters. Lay me down in Your green pastures. Fill My heart with overflowing Love… … …

Thank you Father. ~al.within)
THE DAILY LESSON – MAY 14, 2012

“Now, once I’m aware that two times two are four, I don’t have to go around repeating it over and over and over again. And if I see a sign that says, “two times two is five,” I don’t even have to say, “two times two are four;” I just have to laugh. That’s all; smile or ignore it because no matter what I do with my mind, I won’t change that sign. Nor will I change the four-ness of two times two.

So with this. Someone has a headache – you’re not going to change it. I don’t care what you say and I don’t care what you think. You’re not going to change it. But because there is an infinite being called Spirit, the introduction of that Spirit into the situation will dispel any illusory sense. Now remember that is why in our work you don’t ever have to tell us the name of a patient. You don’t.” ~Joel

I Cor 2:14 (to :)
14 But the natural man receiveth not the things of the Spirit of God:

(There is nothing personal about Spirit and Spirit knows nothing about a person, thing or condition. ~Al)
THE DAILY LESSON – MAY 15, 2012

“A telephone call came here, when was it, less than two weeks ago of an automobile accident. There were two women involved, and when they got to the hospital they found one of them dead, but that didn’t prevent their telephoning here or one of the family telephoning here for help. And, a few minutes later, the pulse began to stir, and this week that lady’s walking out of the hospital on her own feet. See that? Now, I don’t know the lady’s name; I never met her. Nor did anyone tell me that she was dead. They merely said, “there’s been an automobile accident. Two women are involved. They’re on the way to the hospital; will you give help?”

Certainly I’ll give help. What kind of help can I give to a couple of women in an automobile accident on the way to the hospital? I don’t know what part of the body is hurt and I don’t know what their name is. Do you see that? That knocks all of the mental treatments in the hat, doesn’t it because I can’t fulfill any of the functions that you need to know to give a treatment? I don’t even know who to give it to.

As a matter of fact when the call came, I didn’t actually know where the accident took place. It was in the middle of the night. I was wakened out of a sleep. It was a long distance call and it was only when I got the letter saying that the woman was found dead in the hospital, but that they stood there with her and waited and the pulse came back that I knew where this accident had taken place.

Now you don’t need anything more than that to know that the only part we play in the demonstration is the holding ourselves in readiness, in a state of living The Infinite Way so that when a call like that comes, we can get silent and let the Spirit of God take over, let the Christ.” ~Joel

Mark 7:15 (to:)
15 There is nothing from without a man, that entering into him can defile [make him think he is separate and apart from God] him:

(There is no power that can affect us from without our own being – unless perhaps, we are unprepared. Sow to the Spirit... Practice the Presence... Hold ourselves to the Truth, early and often, and throughout the day so when a call for help comes we instantly see with our Eyes [Consciousness]
and hear with our Ears [within our Heart]. I can do nothing... ... ...but get still and experience Spirit take over.

Omnipresence Realized – it’s done. You see? ~Al
THE DAILY LESSON – MAY 16, 2012

“Where is the Christ? Where is the Spirit of God? Why, God is individual being so any Christ that I am experiencing here is that very person’s being! There’s no transfer of it from one place to another. God is that individual being as well as God is my individual being and it only takes one with God to be a majority. Do you see that?

Now, when I get very still and wait I eventually get that deep breath in there, what I call a click. Sometimes it’s accompanied with an actual message; sometimes it isn’t. Sometimes it’s nothing more than that deep breath, but that deep breath is like a release. It makes me feel, “Oh God’s on the scene; I’m through.” And then it brings harmony into the union/corporation relationships. It sounds funny, doesn’t it? It brings harmony to another person’s bones, and another person’s heart and liver and lungs, and another person’s eyes. Do you see that?” ~Joel

Ps 23:4 (to ;)
4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me;

Heb 13:5 for
5 …for he hath said, I will never leave thee, nor forsake thee.

(God already is my individual being, and yours. There is never a time when there is a separation. The click/release/feeling is the assurance that God is Present, with every individual being, right now, all at the same time. God with us. Emanuel. ~Al)
“We’ve had the experience here of an instantaneous healing of cataracts. Now what do you think that was? Did it have anything to do with knowing any truth? What truth would you know to heal cataracts? Well you don’t know any more than I know and I have seen several cases – not many – in my own experience. Well what’s the difference between the one that was met and the ones that weren’t met? Well, evidently, the activity of the Spirit was brought instantly to bear and that was that. In the other cases probably there was too much unconscious fear of the word “cataracts” or something else that got in there that didn’t permit the pure activity of the Spirit. Do you see that?

We are having a case right now of the same nature. It’s also cataracts. I wish you could see the difference in the handwriting of the person from two weeks ago to this week or three weeks ago. You would never recognize that as the same person. Every single word is written clearly; every line is straight across. You can see that the vision has returned there. You know you couldn’t talk about a thing like that if you had any personal powers to make it so. But I can say to you that it isn’t that way at all. The only part that a person plays in it is in living the life so that the Spirit can flow. You can’t make a fool of God. God is not mocked.” ~Joel

Gal 6:7,8
7 Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap.
8 For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.

(We are all on this path to Live and Experience the activity of the Christ. Without Loving service in His name, this path is impossible. ~Al)
THE DAILY LESSON – MAY 18, 2012

“You can’t talk spirituality and letting the Spirit of God flow, and then be off on a Saturday night jamboree. Nor can you fill your mind even with innocent card-playing or a perpetual round of movies or televisions or, that, that can’t be. I don’t mean that you can’t go and enjoy a movie now and then or a play, but you cannot clutter up your consciousness with the filth of human existence and then expect to be a transparency through which the Spirit can operate. Oh, that will not work. But that is the only part we can play is in maintaining some measure of our spiritual integrity so that we can be an open transparency through which the presence and the power can flow.

Do not misunderstand me. I hope no one – whether here in this room or those who are hearing it on the tapes – will go out and try to teach this to young students. They must go through the letter of truth as we have gone through it, and we, ourselves, will have to maintain ourselves in the letter.

We still will have to study those chapters on the nature of error, the nature of God, the nature of individual being, the nature of the Christ because that is part of ‘keeping the temple clean.’ If we do not keep ourselves immersed in spiritual literature, if we are not keeping ourselves immersed in what we are hearing, we soon will come under the mesmerism of the world, and no spiritual power will get through. It is only because we are using these writings and recordings as if they were scouring soap, cleansing agents, that we can maintain the consciousness.” ~Joel

Matt 4:1-11 (to,)
1 Then was Jesus led up of the Spirit into the wilderness to be tempted of the devil.
2 And when he had fasted forty days and forty nights, he was afterward an hungered.
3 And when the tempter came to him, he said, If thou be the Son of God, command that these stones be made bread.
4 But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.
5 Then the devil taketh him up into the holy city, and settteth him on a pinnacle of the temple,
And saith unto him, If thou be the Son of God, cast thyself down: for it is written, He shall give his angels charge concerning thee: and in their hands they shall bear thee up, lest at any time thou dash thy foot against a stone.

Jesus said unto him, It is written again, Thou shalt not tempt the Lord thy God.

Again, the devil taketh him up into an exceeding high mountain, and sheweth him all the kingdoms of the world, and the glory of them;

And saith unto him, All these things will I give thee, if thou wilt fall down and worship me.

Then saith Jesus unto him, Get thee hence, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve.

Then the devil leaveth him,

(Is there something in this world we could desire more than a Conscious Union with God? If we are distracted by the things of this-world, good or bad, we are not beholding God as Omnipresent are we?

STOP as often as you can during the day today to be still and direct your attentive Ear inward and upward. Practice standing in a conscious union with God, free of any desire in this world. I’ll be standing with you… ~Al)
THE DAILY LESSON – MAY 19, 2012

“That is why we meditate. That is why we contemplate God and the things of God, and we live in that contemplation. You say it’s a mental activity. Yes it is; it’s a mental activity of awareness, and it’s a mental activity which enables us to keep the impurities of the mind out, and allow the mind to be a useful function as a state of awareness, or as an avenue of awareness, and in that way we keep the channels open for the experience of the Spirit.

Now. To put this into practice is what constitutes this first battle that we go through for quite a period because as you witness the discords, the diseases, the inharmonies of this world your natural reaction, as a metaphysical student, will be to know the truth. That’s the first natural reaction of a metaphysician is to say, ‘oh, that’s a lie.’ Or ‘that’s no part of God’s law,’ or ‘oh, God is infinite,’ and believe me, you’ve spoiled it right there because you have tried to function spiritually through the mind. Whereas if you shut it off immediately – refuse to be tempted to make a statement of truth, or an affirmation of truth or a denial of error, grit the teeth, close the eyes, and wait – let God do it – pretty soon you’ll find there is a God.” ~Joel

Ps 46:10 (to :)
10 Be still, and know that I am God:

John 8:1-10 (to ?)
1 Jesus went unto the mount of Olives.
2 And early in the morning he came again into the temple, and all the people came unto him; and he sat down, and taught them.
3 And the scribes and Pharisees brought unto him a woman taken in adultery; and when they had set her in the midst,
4 They say unto him, Master, this woman was taken in adultery, in the very act.
5 Now Moses in the law commanded us, that such should be stoned: but what sayest thou?
6 This they said, tempting him, that they might have to accuse him. But Jesus stooped down, and with his finger wrote on the ground, as though he heard them not.
7 So when they continued asking him, he lifted up himself, and said unto them, He that is without sin among you, let him first cast a stone at her.
8 And again he stooped down, and wrote on the ground.
9 And they which heard it, being convicted by their own conscience, went out one by one, beginning at the eldest, even unto the last: and Jesus was left alone, and the woman standing in the midst.

10 When Jesus had lifted up himself, and saw none but the woman, he said unto her, Woman, where are those thine accusers?

(Here is Jesus’ important lesson and example of non-reaction. The accusers tried, but could not trap Him into reacting. Their agenda, without the power it craved, dissolved. World mind will always try to get you to react and agree. Spirit, or Its Instrument, will not try to manipulate, convince or persuade – God just Love’s you and waits to be recognized.

Practice being Still and soon it become a natural activity...
In Stillness, at a moment ye think [react] not, you will be taught of God. ~Al)
“God is a reality. Christ is as much of a reality this second here where we are as the sun is shining in the sky, or the waters are wet in the sea. Actually Christ is a reality but one which very few people ever experience, and that is because they function either as body or as mind, and they do not transcend these to reach the Spirit.

‘We do not live by bread alone’ – either physical bread or mental bread. We do not live by things or by thoughts, but ‘by every word that proceedeth out of the mouth of God.’ Who said that your words and mine proceeded out of the mouth of God? Why God says, ‘your thoughts are not my thoughts and my thoughts are not your thoughts,’ why think any then?

Why not wait and let God’s thoughts come to you? That’s where the difficulty comes in, in this work at first. You’ve got to wait until God’s thoughts reach you. And that isn’t easy because there is a million layers, a million years of layers, of humanness, of the human mind, which is, in itself, a sense a separation from God. All these barriers of antiquity exist as barriers through which God seems unable to break, to get into our individual awareness.

We are the ones who have to open out that way, and we do it by refraining from taking thought. We do it by taking no thought for your life, or his life or her life, but waiting, waiting until God’s thought comes through. Do you know that if, if the voice of God ever came through and said, “Let’s have water from these plants,” water would flow? Now I can’t make it happen and neither can you. None of us are gifted in that way. But if it ever came through, you would see that it would happen just as in healing work.” ~Joel

Mark 10:25-27
25 It is easier for a camel to go through the eye of a needle, than for a rich man to enter into the kingdom of God.
26 And they were astonished out of measure, saying among themselves, Who then can be saved?
27 And Jesus looking upon them saith, With men it is impossible, but not with God: for with God all things are possible.

(God is Omnipotent. Not by might, nor by power, but by the Spirit of God shall we enter the Kingdom of Heaven. ~Al)
THE DAILY LESSON – MAY 21, 2012

“When that feeling or spiritual impulse comes through, I have seen, and many of you have seen, sick people jump out of bed. No question about that. It happens every day in the week wherever, and really and truly this explains why Christian Science will always be ahead of all the other metaphysical movements in its healing approach, in its healing works. Because in its literature, it provides for the development of spiritual consciousness and acknowledges that there must be spiritual discernment; that the letter of truth alone won’t do it. The others don’t do that. The others insist that if you learn the words in this book, and if you take an examination and pass by 92 percent, we’ll give you a diploma and you can go out and be a healer.

None of that seems to take into effect at all the fact that you can’t develop a spiritual consciousness in three months, six months, nine months, twelve months, eighteen months or twenty-four months. It has taken all the years since you have begun your metaphysical studies to bring you to a place where your spiritual consciousness is sufficiently developed that you can now turn around and say, ‘Good. Now the letter of truth is embodied in me, and I know the truth, and I am ready now to let the voice of God speak.’”

~Joel

John 7:24
24 Judge not according to the appearance, but judge righteous judgment.

(Well we all know what the appearances are, because we have been taught about them by human reasoning and judgment. But can we recognize Individual Being in the thing that has convinced us that it is real? The key here is the word “convinced”. Only supposition needs to “convince”. It is possible to “interpret” the letter of the word on many levels and in seemingly contradicting ways.

Spiritual discernment comes at a time of taking no thought, no judgment, no desire. The feeling or impulse floods It’s Truth within our Consciousness. There is never a doubt. There’s never a second thought. You KNOW the Truth instantly and fully. Individual Being is included in the whole of Infinite Creation - and the whole of Creation is included in Individual Being.
Thank you, Father. ~Al)
“You go out and try to give this to a young student and see whether or not they can bring through the activity of the Christ. They can only do it if they are by nature attuned to it – not by the teaching of a mental practice. If they are by nature attuned, as some people naturally are, then of course they can bring it through with one day of instruction. Do you see? That’s because they are naturally, spiritually attuned.

Now. Anytime you believe that mentioning the name of a patient or mentioning the name of a disease in your treatment has any spiritual healing power, you will have to begin all over again. Or if you still are convinced that just by saying, “Oh it isn’t true; God didn’t make it,” that that is going to get you one bit along on this path, you are mistaken. There is but one answer at our period of unfoldment, and that answer is coming to a place of consciousness where we experience the activity of the Christ within us.” ~Joel

Phil 4:7
7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

(Well… What is the Christ and how do I experience it?

I love this answer from Joel in the 12th chapter of this Kailua Study. Let us review it now:

“Christ is the activity that takes place in your consciousness when no thinking is going on. Christ is the activity that takes place within you when no personal effort is going on – when you’re not trying to heal, when you’re not trying to improve, when you’re not trying to reform, when you’re not trying to make a change. When you’re standing still in your Christhood, then the activity of Christ comes into expression. Do you see that?

The Christ is hidden when you’re taking thought for your life, or your patient’s life, or your student’s life. The activity of the Christ is not present where you’re thinking through a problem. When you can come to that point of absolute humility, where Jesus found himself when he said, ‘I can of my own self do nothing.’ When you come to that point of absolute humility,
you’ll stand still in thought with your ear wide open – your inner ear, waiting and giving God the opportunity to come out into expression. Then is when Christ will have the opportunity to fulfill Itself in experience.” ~Joel

I surrender, Father… … … ~Al)
THE DAILY LESSON – MAY 23, 2012

“I was reading yesterday about the school founded by Pythagoras. He had ideas along this line, too, but he had a very wise way evidently of teaching. When you came to him for teaching, he accepted you and the first five years you couldn’t see him at all. You could only study with his teachers, and they prepared the way. At the end of five years, if you still wanted it, you could come and live in his home for three years and then he would teach you for three years. And by that time you had attained the second degree. By now, after eight years, if you were convinced that this was really serious business you could turn over to him all of your fortune and then he really would get busy and start teaching you. And I think he had something there (Class laughs).

Because I do know this, and I’ve said it before, that I wish there were a way that when people came to us for study that they could be compelled to sign up for three years because you can teach the correct letter of truth in one year. You can’t do it under that no matter how clear it is in the books. The resistance of the human mind is such to truth that it is not, it cannot be, assimilated. But in a year, if you had the correct letter of truth, you could teach it to a person in a year so that at the end of a year when they answered questions, they wouldn’t make any mistakes.” ~Joel

Matt 4:18-22
18 ¶ And Jesus, walking by the sea of Galilee, saw two brethren, Simon called Peter, and Andrew his brother, casting a net into the sea: for they were fishers.
19 And he saith unto them, Follow me, and I will make you fishers of men.
20 And they straightway left their nets, and followed him.
21 And going on from thence, he saw other two brethren, James the son of Zebedee, and John his brother, in a ship with Zebedee their father, mending their nets; and he called them.
22 And they immediately left the ship and their father, and followed him.

(I can imagine just about anyone would be willing to leave their miseries, bad health and lack behind to follow the way of Christ – but are you willing to leave behind all the good earthly things too; your comforts, your wealth, your family and loved ones – all of it? There is a gradual lifting up into the awareness of Truth. It could be three years or thirty three. What of it? The Way is Infinite and straight and narrow and few there be that enter on it.
You are here now because you have entered and are studying and striving and practicing. The Realizations along the way are all we need to Live on. It’s God’s Life we Live.

I am so happy to be on this journey of the Realization of Oneness with you. Thank you, dear friends. Thank you Father, for the Love that leads us onward and upward. I Love you, ~Al)
“You see, in this work it isn’t like other works that if you get 94 percent, that’s fine. This work if you don’t get a hundred percent it means you don’t know what the truth is. If you can be made to give one incorrect answer out of a hundred, you don’t know what the truth is. But if you ever knew the truth, they could ask you a thousand questions but you couldn’t give a wrong answer because the principle is the same no matter what the thousand questions may be. And you either know the principle or you don’t. And so if you got 99 percent in my school, you would be left back because it would mean you do not know the principle. Do you see that?

Now. Once you know the principle, you can’t make any mistake in your answers. But, even though you know the principle, it doesn’t say that you have developed any consciousness of it. And it is from there on – from the moment that you know the letter of truth correctly – from there on the hard work begins because now you have to develop the consciousness of the truth that up to now you only intellectually apprehend. “The things of God are foolishness with men.” Do you see that?” ~Joel Matt 7:24-27

24 ¶ Therefore whosoever heareth these sayings of mine, and doeth them, I will liken him unto a wise man, which built his house upon a rock:
25 And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell not: for it was founded upon a rock.
26 And every one that heareth these sayings of mine, and doeth them not, shall be likened unto a foolish man, which built his house upon the sand:
27 And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell: and great was the fall of it.

(Fill your consciousness with the correct letter of the word. Build a strong and flawless foundation of the work, however long it takes. Tirelessly study, practice and meditate. For in Silence the Heavens will open up and the Spirit will flow in; and with it we are taught of the Great Architects blueprint. Without the perfect foundation and an understanding of His true plan, the house will surely fall.

When the foundation is built and His Will is made clear. Then it is time to really get to work to let God Consciousness alone continue to build the House. ~Al)
THE DAILY LESSON – MAY 25, 2012

“Man’s mind cannot absorb and so it takes a period of ‘dying daily’ to this human mind so that ‘the mind that was in Christ Jesus’ can come to birth. And so it is that it has taken – and I can tell it when I’m standing in front of a class or a lecture group – that all I can do is to keep bringing out to them the correct letter of truth in one phase or another phase. Even though they object to repetition some times, I notice that they still keep reading the Bible after 300 years in churches, and that’s a little repetition too. It gets to be a little bit too much so sometimes.” ~Joel

James 1:4
4 But let patience have her perfect work, that ye may be perfect and entire, wanting nothing.

(Love always finds a way to:
Uplift
Give
Embrace
Share
Heal
Wait
Trust
Provide
Give assurance
Teach
Forgive
Lead us
Open out a way
Listen
Liberate

Be Love. ~Al)
“But there is no other way for the Bible to register in our consciousness than repetition. If you really heard ‘The Lord’s Prayer’ spoken in a quiet manner and very slowly, very carefully, over a period of years it would begin to register what the real meaning of it was, whereas just knowing the words will not do anything for anybody.

Neither the words of “The Lord’s Prayer” nor the words of the “Scientific Statement of Being” nor the words of any other prayer that’s ever been known or any other mantra, will do anything while it is merely in the realm of the intellect. Once it gets behind the intellect and begins to register in consciousness, in the Soul, then you perceive an inner meaning to it and this is the Christ power.” ~Joel

(You know the letter of Lord’s Prayer. Let’s repeat it together - rather than me quoting it for you today.

And, for those without access to Christian Science literature, here is what Joel is referring to. The following is from ‘Science & Health’ by Mary Baker Eddy:

‘Question. — What is the scientific statement of being?
Answer. — There is no life, truth, intelligence, nor substance in matter. All is infinite Mind and its infinite manifestation, for God is All-in-all. Spirit is immortal Truth; matter is mortal error. Spirit is the real and eternal; matter is the unreal and temporal. Spirit is God, and man is His image and likeness. Therefore man is not material; he is spiritual.’

Now then, let’s be still and ask the Source for their meaning. Thy will be done, on earth as it Is in Heaven… … … ~Al)
THE DAILY LESSON – MAY 27, 2012

“Now. Here is our mode of practice. Begin today whenever any problem is presented to you – whether it is a problem of your own or another’s – agree with yourself that you will not refute it, not deny it, and not affirm about it. But that you will close your mind to all of that and say, “none of that makes any difference now,” and just sit down and wait for this inner impulsion. Don’t wait more than two or three or four minutes. If it doesn’t come then, go back and try it an hour or two or three later. And if it doesn’t come then, do it the same thing over again because in the beginning, I admit, this is hard work.” ~Joel

Ps 62:5
5 My soul, wait thou only upon God; for my expectation is from him.

(Seek ye first, the Consciousness of God. Expect only to be included in It.

In God Consciousness there is only God. If God is Omnipresent, there is nothing but Itself. Joel used the analogy many times of a block of mahogany made into a chair, a table and a desk. There is not the mahogany AND the chair, there is mahogany manifested AS a chair. So, there is never a God AND something else... Then how can God be aware of a human belief? There is not God and an individual being - there is God manifested AS Individual Being. Aha... And here's the cool part - within the Individual Being is ALL of God's Infinite Being.

We function as Spirit, if so be the Spirit dwells in us. Otherwise we are functioning in this-world's hypnotism. It is important to know that hypnotism is not something to overcome or destroy, we are just not yet Aware of the Truth of Being. ~Al
“There does come a time when most of the problems that are presented to you are quickly dispelled because the moment you close your eyes, that Christ comes right to light. Yet, at least in my experience, it is true that there still are problems that come to me that are not quickly met, which cause me to go back again and again and again and again for greater and greater and deeper and deeper realizations of the Christ. Once the true depth of it is achieved, then it really doesn’t make any difference what the name or nature of the claim is. It has to respond and it does. And it is only the few that now really need sometimes long and sometimes hard work.

Most of this work is much, much easier than water rolling off your back in the shower. I can tell you that. There is really nothing to it at all because most of it is not a conscious work at all. It is a work that takes place in consciousness without any conscious thought about it, and just as I am certainly not doing any conscious healing work here in this room, and yet I know that healings have taken place. But you see that’s all taking place as an activity of consciousness without any conscious thought about it.” ~Joel

Luke 12:11,12
11 And when they bring you unto the synagogues, and unto magistrates, and powers, take ye no thought how or what thing ye shall answer, or what ye shall say:
12 For the Holy Ghost shall teach you in the same hour what ye ought to say.

(Interestingly enough, in the New Testament, Jesus gave the lesson of “taking no thought” seven times. Most of the other lessons were only given once. We shall all be taught off God, if we surrender our agenda for His. ~Al)
THE DAILY LESSON – MAY 29, 2012

“Now that’s what this comes to be eventually. It really is something that takes place within you. It’s like the “Song of the Nightingale.” You sing your song, but you don’t even know who’s hearing it. And here you live your life and you don’t even know who is getting healed or of what because you’re not thinking consciously in that direction. Inwardly, you’re living always in a contact with this inner being.” ~Joel

Ps 100:1-5
1 Make a joyful noise unto the Lord, all ye lands.
2 Serve the Lord with gladness: come before his presence with singing.
3 Know ye that the Lord he is God: it is he that hath made us, and not we ourselves; we are his people, and the sheep of his pasture.
4 Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him, and bless his name.
5 For the Lord is good; his mercy is everlasting; and his truth endureth to all generations.

(God is Love. Sing Praises. ~Al)
“Now do you see that if you were to persist in this refusing to take thought, to use the letter of truth, and were to create this inner vacuum for the experience of the Christ, that it would not be long until you experience the Christ? Once you have experienced It, the rest is up to you. You can neglect It, or you can achieve It occasionally, or you can become so fascinated with It that you live consciously with that, repeating it over and over again, until eventually you don’t have to do it consciously any more. It takes over your life, and It lives your life.” ~Joel

John 14:6
6 Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me.

(Who is Me? It is I, that Lives and Moves and Is my Infinite Invisible Being.)

John 14:6
51 I am the living bread which came down from heaven: if any man eat of this bread, he shall live for ever: and the bread that I will give is my flesh, which I will give for the life of the world.

(It is I, the Life of every Individual being, Expressed here and Now and Forever. Amen. ~Al)
"You don’t ever have to consciously make contact with the Christ. The Christ is always that which is maintaining you in its contact. You are not doing anything to it; it is doing it to you. But that only comes with the degree with which we are faithful toward the frequent bringing to expression the activity of the Christ within us.

Many people have the idea that after they have had a spiritual experience that from then on they are going to live in the kingdom of heaven and it isn’t true. It isn’t. Many people have had spiritual experiences of different degrees and found that that’s the end of the experience and it doesn’t come again, and their lives are not too much changed. But, when we have a spiritual experience and realize that that is but the beginning of a life that is to be lived in a new dimension – not the dimension of body and not the dimension of thought – but the dimension of consciousness.” ~Joel

Rom 8:14
14 For as many as are led by the Spirit of God, they are the sons of God.

(It is the experience of the Mind of Christ that leads us into God Consciousness. We shall know Him as He Is.)

I Cor 15:51 We,52
51 ...We shall not all sleep, but we shall all be changed,
52 In a moment, in the twinkling of an eye, at the last trump: for the trumpet shall sound, and the dead shall be raised incorruptible, and we shall be changed.

(Our real work begins the moment we are raised into Spirit. ~Al)