

## **“THE DAILY LESSON”**

is an activity of the study group found at: [www.iwso.org](http://www.iwso.org)  
It is a progression of excerpts from a transcript of a live class as it was recorded by Joel. It appears each day, together with the addition of corroborating scripture and inspired comments, to take into meditation and live with throughout your day.

Student’s note: There are words that are capitalized throughout this work. These words are used as if it were a synonym for, or as an activity of God. Also, the portions that are italicized are spontaneous meditations.

The subject of study for the month of MARCH 2012 is:

## **21.**

### **“DENY THYSELF - DIE DAILY - HOW?”**

**This tape is number 20 of 40 (aka: Tape 119 Side Two)**

**1955 Kailua Study Group, Tape 110**

***By Joel S. Goldsmith***

### **THE DAILY LESSON – March 1, 2012**

“‘Good Morning.’ (Class responds.)

Notice that in this meditation, as you close your eyes, thoughts will come. I’m not speaking now of those ‘outside thoughts’; pay no attention to those, let them come or let them go. But, I mean a thought, a specific thought, a concrete thought of your own which may be along some scriptural passage, or some statement of truth. And, we will assume that some thought has come to us as we closed our eyes like, ‘I and the Father are one.’

And then you sit back just a little bit in back of yourself, and look at that statement. ‘I and the Father are one.’

See it right out there in front of you.

'I and the Father are One.'" ~Joel

John 10:30

30 I and my Father are one.

(Ok... Do this meditation today, as many times as you can. Stay with it... Contemplate on Oneness all day. Live with it. See how I and the Father are One, forms your day. Tomorrow we will go another step... ~Al)

## THE DAILY LESSON – March 2, 2012

“And then, mentally make a one, a figure one, and realize that in that one is the Father, and the Son, and the Holy Ghost. That is, right there in that one, is God, the creative principle (invisible, you can't see that).

And there is the Son appearing as number one. And there is the invisible Holy Ghost, which maintains that one and sustains that one throughout all eternity. That number one never becomes a two. It never becomes a minus one. Why is it that one is always one? It is because there is something inherent in it that maintains its oneness.

Now, we, as individuals, are one with God. ‘I and the Father are one.’ And, if I like, I can just place my figure in front of me so that I can look at it mentally and say, ‘That is the equivalent of the figure one that I had here a moment ago. Ah, but whereas I thought that this figure I'm looking at might even be a mental photograph of myself, I thought that that was me alone. Now I see that that includes God, the Father and Joel, the Son, and the Holy Ghost, which is the maintaining and sustaining influence, the activity of God, the Mind and Soul and Spirit and Law of God, which maintains this oneness, this individuality, this unique number one called ‘Joel’. It maintains that unto eternity, supports it, feeds it, sustains it, bestows upon it Its Grace, supply, activity, success, meat, wine, water. In fact, all that God, the Father, intends as an inheritance for the Son, this Holy Ghost, this activity of God within me, is here for the one and specific purpose of providing it, maintaining it and sustaining it.” ~Joel

Luke 15:31

31 And he said unto him, Son, thou art ever with me, and all that I have is thine.

(Remember, this is a bestowing of Spirit and inclusion in Oneness, not of matter. If God gives you an inheritance of Infinite Supply are you going to need more tomorrow? ~Al)

## THE DAILY LESSON – March 3, 2012

“And then, all of a sudden, ‘Yes, yes, I read that in 'I am the Vine', only in different words.’ ‘I am the branch, the invisible Christ is the vine, the invisible God is the Source.’ And so it is, that in looking at a tree, it's something more than a tree. It's a branch, it's a trunk, and it's roots, and it's more than that. The roots are deep down in Godhead.

Now, the tree consists of its roots and trunk, and branches, but it also consists of something else: an invisible activity that draws into the trunk of the tree, through the roots, everything from the sun and the moisture, the rain, and the earth needful to the development and fruitage of the tree. And whatever this invisible activity is it not only draws it up through the roots into the trunk, but it also spreads it out through all of the branches, so that the branches have nothing to do but stand there and let themselves be fed.

‘Let there be light, let there be land, let there be the sea. Let there be sun, let there be moon, let there be stars.’ Stand still and let yourself be fed, maintained, sustained, directed by the recognition of this invisible force or activity or energy whose function it is to be the messenger, the Messiah, the Savior between God, the Source, and me, the effect, or front. And yet, all embodied remember in that one figure that I see standing before me which, as I look upon it from head to foot, I see it, and identify it as Joel. And yet it's more than Joel because it is Joel, the Son, plus Joel, the Father, plus the Holy Ghost.

God, the Father, God, the Son, God, the Holy Ghost.” ~Joel

Matt 16:13-17

13 ¶ When Jesus came into the coasts of Caesarea Philippi, he asked his disciples, saying, Whom do men say that I the Son of man am?

14 And they said, Some say that thou art John the Baptist: some, Elias; and others, Jeremias, or one of the prophets.

15 He saith unto them, But whom say ye that I am?

16 And Simon Peter answered and said, Thou art the Christ, the Son of the living God.

17 And Jesus answered and said unto him, Blessed art thou, Simon Barjona: for flesh and blood hath not revealed it unto thee, but my Father which is in heaven.

(To come to the answer Peter did, he was not seeing his teacher with his eyes, or thinking with his reasoning mind. The answer was discerned in Spirit. It was on this Principal of I am that Christ's church is built. ~Al)

## THE DAILY LESSON – March 4, 2012

“And so every time I see a form, figure, or outline of an individual, human, animal, vegetable, or mineral, I must instantly be aware of the fact that there is more there than the eyes behold because right there where this form is, is likewise the creative principle and the sustaining activity. This breaks down every sense of separation from God. And this leads us naturally to a teaching that is older than time itself but which, because of its wording, makes it appear as something mysterious and something almost impossible of attainment, and yet, rightly understood it is very simple.

The teaching is - ‘Deny thyself.’

Or, the teaching is - ‘Die Daily.’

Or, ‘Let mortality be dropped so that immortality can come upon one, be clothed upon with immortality.’

And as you study those sentences you say, ‘Ah yes, how beautiful, but HOW in heaven's name do you accomplish such a thing as denying self, or dying daily, or being reborn? How is this accomplished?’ And, I suppose that everyone who has ever had an inner illumination has had some answer to that.” ~Joel

Mark 8:34,35

34 ¶ And when he had called the people unto him with his disciples also, he said unto them, Whosoever will come after me, let him deny himself, and take up his cross, and follow me.

35 For whosoever will save his life shall lose it; but whosoever shall lose his life for my sake and the gospel's, the same shall save it.

(We have to let the sense-mind drop away, for if it is alive it will never accept the Mind of Christ [Infinity is beyond thought] It would be like trying to convince someone that is hypnotized that what they are experiencing is not real. They are, in their mind, experiencing the suggestion and it is very real. But once they are enlightened and actually know the truth the whole scheme that influenced their thought dissolves into nothingness, or the error it always was. ~Al)

## THE DAILY LESSON – March 5, 2012

“To me, this has presented no problem for this reason: (And you, if you follow this faithfully, it may take several months before you begin to witness the actual fruitage of it. But if you will follow it faithfully, you will see that it’s not really a mysterious process, or a difficult one. The only difficulty about it is the persistence that’s needed in following it through.) The two great problems of human existence are health and supply. And so it is that we are concerned with my health and my supply.

Now, supposing it is revealed to you that it is an impossibility for you ever to demonstrate health or supply, that there never will be a time in all of your history when you will achieve health or supply. It’ll surprise you and at first you may not believe it, but it is just as consistent as the Master saying that he wasn’t good, and he didn’t ever expect to be good so ‘why callest thou me good, there is but one good, the Father in heaven.’” ~Joel

Mark 10:17,18

17 ¶ And when he was gone forth into the way, there came one running, and kneeled to him, and asked him, Good Master, what shall I do that I may inherit eternal life?

18 And Jesus said unto him, Why callest thou me good? there is none good but one, that is, God.

(Jesus was not denying his existence [and neither should you]. You are included in The Kingdom. But you must deny the fact that you your-self are doing the good work. God IS and does the work – in you and As You. ~Al)

## THE DAILY LESSON – March 6, 2012

“Now, supposing we were to start with that word, ‘good’ and follow it through with words like ‘integrity,’ ‘loyalty,’ ‘fidelity,’ ‘morality’, and say, ‘Oh, first of all I must recognize that I haven’t any of these and never can hope to have.’ Why? – because they are qualities and activities of God. Oh, immediately the weight drops off the shoulder because now you don’t have to go around wondering how you’re going to get good or how you’re going to remain good, or how you’re going to be honest, or loyal, or faithful.

Now you know that there’s no use trying because never, never, never will you go beyond the demonstration of Jesus Christ and some of the other masters. And their revelation is that you cannot have any quality of good, and that you cannot achieve any quality of good because this alone belongs to God. God, alone, is good. And, what we can do is be satisfied and grateful that this is true since in the last analysis, ‘all that the Father hath is mine.’ But, you see, by inheritance not by effort, not by labor, not by work, not by achievement, but by inheritance.

Well, so it is with health. You might just as well forget at this stage, not at the beginner's stage, not at the early student stage. No, because if you took away from them the opportunity or privilege of getting healthy, they would have nothing left to live for.

But, at this stage, it should be possible to renounce health and say, ‘What do I want of health, since God is Itself the health and wholeness of the universe and only God can be whole, infinite, perfect and complete?’ You see that’s a denying of selfhood. We, we do not want ill health. But you see, as long as we do not want ill health but do want health, we are struggling in the human picture and we will not rise above the human picture because the health we want is human health, or the human sense of health.” ~Joel

John 16:15 (to:)

15 All things that the Father hath are mine:

(We have already inherited the infinite Allness of God and His Omnipresent Love. Is there something else to desire? ~Al)

## THE DAILY LESSON – March 7, 2012

“But when we deny self, we say, ‘Neither ill health, nor health.’ All good is in and of God, whether it’s a virtue or whether it’s health. So with supply. We deny self; we ‘die daily’ the moment we say,

*‘I have no use for supply. Supply has nothing to do with me. Supply is the infinity of God's being. Supply is the nature and character of God. Supply is God in action. All that the Father hath is mine, so I can afford to forget my health or my supply, just as I am very anxious to forget my ill health or my lack of supply.’*

You cannot deny self by denying the evils of humanhood and trying to attain the good of humanhood. That’s not a denying of self, that is a trying to improve the self. And that goes back then into ‘right thinking’ or self improvement.

But, to ‘leave one's nets’ is to give up the desire for fish, more fish, better fish, bigger fish. Give up the desire for health, for supply, for goodness, for home, for companionship and rest in the fact that God is a state of self-completeness, of self-fulfillment.

God is the only good, whether that good is a morality or whether it is a goodly supply of wherewithal, or whether it is a goodly supply of health, God is the only good. God does not acquire it or achieve it, or attain it. God is it.” ~Joel

Matt 4:18-20

18 ¶ And Jesus, walking by the sea of Galilee, saw two brethren, Simon called Peter, and Andrew his brother, casting a net into the sea: for they were fishers.

19 And he saith unto them, Follow me, and I will make you fishers of men.

20 And they straightway left their nets, and followed him.

(Your inheritance cannot be desired or achieved - you already have it. It is just a matter of Realizing the Truth that the earth is the Lord’s and the fullness thereof. ~Al)

## THE DAILY LESSON – March 8, 2012

“And then you say, ‘where does that leave me?’ What it leaves you where, at least with lip service, you’ve been trying to get: ‘Die daily;’ ‘deny self.’ Do you see that? There is no other way. As long as there is an ‘I,’ a ‘me’ or a ‘mine’ that is in any way attempting to achieve anything – accomplish, get – there is a selfhood apart from God that is trying to maintain itself. Of course, in the end it won’t do that at all. In the end it will just let go and die or pass on. It will come to a place ultimately where it says, ‘Well what is the use? I’m never going to make this demonstration so I might as well give up and join my ancestors in the happy hunting ground.’

But it is possible to ‘die daily’ and it is possible to ‘deny self’ without passing on. And it is not an occult process nor is it a mysterious process of the Orient or even of the Master’s Near East. It isn’t at all. It is as simple as the realization that as I must not desire ill health so I must not desire health. As I must not desire lack, I must not desire abundance. As I must not desire an evil nature, so I must not desire a good nature. I must rejoice eternally in the fact of God’s nature.” ~Joel

Luke 12:22,23, 29-32

22 ¶ And he said unto his disciples, Therefore I say unto you, Take no thought for your life, what ye shall eat; neither for the body, what ye shall put on.

23 The life is more than meat, and the body is more than raiment.

29 And seek not ye what ye shall eat, or what ye shall drink, neither be ye of doubtful mind.

30 For all these things do the nations of the world seek after: and your Father knoweth that ye have need of these things.

31 ¶ But rather seek ye the kingdom of God; and all these things shall be added unto you.

32 Fear not, little flock; for it is your Father's good pleasure to give you the kingdom.

(World-thought is convinced it is right in working or praying to improve bad matter into good – lack into abundance. His complete Kingdom was created in the beginning and is ever-Present, it needs only to be recognized. ~Al)

## THE DAILY LESSON – March 9, 2012

“You see, true prayer is a contemplation. It’s not a contemplation of you or me. It’s not a contemplation of our bodies or our bank accounts. God forbid that that should be called prayer! Contemplation is the contemplation of God, the things of God, the beauties of God, the laws of God, the activities of God. It is an abiding in the ‘secret place of the most High,’ a ‘living and moving and having our being’ in God-Consciousness – not in separate consciousness, not in separation, not in limitation, not in finiteness, no, but in infinity.

You can see how the world is rolling along nearer this goal when you see the terms of the settlement made yesterday with a corporation setting aside 55 million dollars to guarantee that its employees will never be unemployed. Who would have thought that possible 20 years ago that we are now wiping out unemployment, really wiping out unemployment and not doing it through any mystery, not doing it through occultism, doing it through the normal, natural way of accepting responsibility for our brother?

Now what does it really mean to guarantee these people 52 weeks a year of income? Well, it will add a dollar probably on the cost of everybody’s automobile. It may even add ten dollars to the price of every automobile in the world. Now isn’t it stupid to believe that for that ten-dollar bill we have actually been permitting tens of thousands of people to be unemployed one-third of the year? The whole difference to us individually will be a ten- or a twelve- or a fifteen-dollar ticket on the price of our automobile.

Now you see the same thing will eventually take place with schools. As you know, we have four times the amount spent for whiskey every year in this country as we have for all education put together. And just imagine that 25 percent of the worth of America’s whiskey bill would educate every child in this nation! And you say, ‘oh, we mustn’t interfere with anyone’s right to sop whiskey.’ Well perhaps we can let them have their whiskey and the education too by realizing how little in the way of dollars and cents would be necessary to provide it.

A few months ago there were 1800 children in this village of Kailua eligible and desirous of joining the Boy Scouts, but the Boy Scouts couldn’t accept them because it cost ten dollars a year to maintain a child’s membership in the Boy Scouts, and they didn’t have it and the people of Kailua weren’t

contributing it either. You can't believe that, can you, that with 1800 homes here that each home couldn't put up ten dollars so that every single child could have the benefit of that. Well it isn't that these people are evil, but this idea has never been brought to them that even though they have no children of their own, they are responsible for the membership of a child down the street. It hasn't been brought to human consciousness because the teaching of Jesus Christ hasn't been able to seep through to people."  
~Joel

John 15:7-12

7 If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you.

8 Herein is my Father glorified, that ye bear much fruit; so shall ye be my disciples.

9 As the Father hath loved me, so have I loved you: continue ye in my love.

10 If ye keep my commandments, ye shall abide in my love; even as I have kept my Father's commandments, and abide in his love.

11 These things have I spoken unto you, that my joy might remain in you, and that your joy might be full.

12 This is my commandment, That ye love one another, as I have loved you.

(Any human condition that is placed on Love is a distraction. It is just like putting a veil over the Truth. The Truth is still under the veil, but the veil camouflages its appearance with the sense of being man made...

Jesus' teaching is to fully participate in the activity of unconditional Love.  
~Al)

## THE DAILY LESSON – March 10, 2012

“Evidently there are no churches in America familiar with the teaching of Jesus Christ so it hasn’t been taught that we are our ‘brother’s keeper’ and that we are to ‘love our neighbor as our self’ and even love our neighbor’s children as we love our own children. Or that we are to love our employees as well as we are to love our partners and stockholders.

Now this isn’t communism; it isn’t socialism. Actually it is the highest form of capitalism there is, an intelligent form of capitalism which brings everybody together in a cooperative society. Ah, but could that ever be established on the human plane? No, unless it first reaches the consciousness of people in their inner life, it cannot be externalized in the outer experience. And so it is that we have men like Henry Ford who, for the last 40 years of his life, carried a copy of Science and Health in his coat pocket dreaming of doubling the wages of his employee. So we have other men dreaming – this engineer of Westinghouse – dreaming of the day when spiritual power will be the reality on earth.” ~Joel

Matt 22:37-39

37 Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind.

38 This is the first and great commandment.

39 And the second is like unto it, Thou shalt love thy neighbour as thyself.

(Aha... The second great commandment is “like unto” the first? Loving your neighbor as yourself is discerning him as he really is [and yourself]. Behold yourself AND your neighbor in the image and likeness of God, as you were Created in the Beginning... One Identity – individually, and infinitely expressed. ~Al)

## THE DAILY LESSON – March 11, 2012

“Now. It comes on the human level of life – even of saving our fellow man from unemployment. It comes on the human level of life, but first it has to take effect in us on the spiritual level. And there is no greater way in the world than for us to begin to deny self. In denying self, we glorify the self that we really are: God-Self. God-Self is our true being and the measure of our selfhood is infinity.

How can we start pouring out these 55 millions of dollars until we first come into the awareness that we have 55 million dollars to pay out? How can we start to pay out even five dollars until we come into the awareness that we have the five dollars to pay out, and how can we come into that awareness when, if we look at our pocketbook, we won't find it there? One way: the moment you stop saying, 'I' or 'me' or 'mine' and say, 'the five dollars or the 55 million dollars is in and of God. Only God has 55 million dollars to give away.' Do you see that?

Only God has five dollars to give away – you haven't; God has. If you take five dollars from what you have, you will find yourself with five dollars less unless you have already denied that your money is yours and have begun to see that God alone is the source and fount of all supply, and that it never becomes yours. Never, never, never becomes yours. Supply will never become yours.” ~Joel

Matt 14:14-21

14 And Jesus went forth, and saw a great multitude, and was moved with compassion toward them, and he healed their sick.

15 ¶ And when it was evening, his disciples came to him, saying, This is a desert place, and the time is now past; send the multitude away, that they may go into the villages, and buy themselves victuals.

16 But Jesus said unto them, They need not depart; give ye them to eat.

17 And they say unto him, We have here but five loaves, and two fishes.

18 He said, Bring them hither to me.

19 And he commanded the multitude to sit down on the grass, and took the five loaves, and the two fishes, and looking up to heaven, he blessed, and brake, and gave the loaves to his disciples, and the disciples to the multitude.

20 And they did all eat, and were filled: and they took up of the fragments that remained twelve baskets full.

21 And they that had eaten were about five thousand men, beside women and children.

(There is only One Supply, and it is sufficient for the day thereof. Be still, look up to the Divine Source and let It supply you and your neighbor today - to overflowing. ~AI)

## THE DAILY LESSON – March 12, 2012

“Scripture tells us ‘the earth is the Lord’s and the fullness thereof,’ and never doubt that that’s true. ‘The earth is the Lord’s and the fullness thereof.’ Now start to spend it as though it were God’s and not yours. And then you’ll find that as you spend it, you won’t be left with less. You will be left with ‘12 baskets full left over.’

That was a principle the Master was showing in the Holy Land. That’s why he rebuked the Hebrews the second day because they didn’t see the principle the first day! He only had a few loaves and fishes, but he had 12 baskets full left over. And how did he accomplish it? – by giving. Not giving out of his, oh no that would have been self-righteousness. That would have made of him a good man. No, he didn’t own 12 baskets full to begin with, so he couldn’t give it of his own. He, it says, ‘looked up’ and on the way he said, ‘Father, begin shoveling.’ And the same with the Hebrew who told the widow to let the cruse of oil flow. It wasn’t his oil, and he knew it wasn’t the widow’s oil. It was God’s oil.” ~Joel

I Kings 17:8-16

8 ¶ And the word of the Lord came unto him, saying,

9 Arise, get thee to Zarephath, which belongeth to Zidon, and dwell there: behold, I have commanded a widow woman there to sustain thee.

10 So he arose and went to Zarephath. And when he came to the gate of the city, behold, the widow woman was there gathering of sticks: and he called to her, and said, Fetch me, I pray thee, a little water in a vessel, that I may drink.

11 And as she was going to fetch it, he called to her, and said, Bring me, I pray thee, a morsel of bread in thine hand.

12 And she said, As the Lord thy God liveth, I have not a cake, but an handful of meal in a barrel, and a little oil in a cruse: and, behold, I am gathering two sticks, that I may go in and dress it for me and my son, that we may eat it, and die.

13 And Elijah said unto her, Fear not; go and do as thou hast said: but make me thereof a little cake first, and bring it unto me, and after make for thee and for thy son.

14 For thus saith the Lord God of Israel, The barrel of meal shall not waste, neither shall the cruse of oil fail, until the day that the Lord sendeth rain upon the earth.

15 And she went and did according to the saying of Elijah: and she, and he, and her house, did eat many days.

16 And the barrel of meal wasted not, neither did the cruse of oil fail, according to the word of the Lord, which he spake by Elijah.

(God's supply can never fail as it is pure Love. Love cannot be attained or possessed – it can only be given. Yes, we can bask in Love's abundant embrace – but in doing so we are instantly reflecting Its glow right back out... So...it can't really be our Love or our bread, fish or oil, only an activity of God.

The secret is to follow the directions given. ~Al)

## THE DAILY LESSON – March 13, 2012

“The earth is the Lord’s and the fullness thereof,’ but while very often we actually say words like that, we believe that at some point or other there is a transfer action when that which is God’s becomes mine. That’s the error. That is the error. It’s like calling that land ‘mine.’ It’s like calling those flowers ‘mine.’ Nothing would choke it up more quickly than to just say, ‘They’re mine.’ Why all nature would laugh at us!

God, God is the source of everything that blooms out there. What difference would it make whether it blooms out there as a flower or in here as a dollar? What difference does it make once you see that the only denial of the self is the denying that I can of myself be good or that I can of myself be spiritual, or that I can of myself have spiritual power, or that I can of myself have health, or that I can of myself have wealth? That’s all the denying there is. That’s, that’s what it means to ‘die daily.’ Just stop attempting to draw something to yourself. That’s all there is to it.” ~Joel

John 5:31

31 If I bear witness of myself, my witness is not true.

(Then where do I fit in? I am included in the Omnipresence of God. My witness is: God is the Source - Period.

Rest with me now and bask in His Presence... .. ~Al)

## THE DAILY LESSON – March 14, 2012

“Temptation will come one hour after you leave here to have a pain in the body or in the pocketbook and that will be the first temptation. There I am, ‘I and me.’ Oh, I and me – my body, my pocketbook, my pain, my dollar. But the difficulty is that we have to, you see this is the point of another lesson that we’ve had here. No good will ever come into **your** experience except through an activity of your own consciousness.

There has to be truth entertained in your consciousness, otherwise all this good will go on, but the other fellow will benefit by it. In other words, if you look forward a year from today and see what degree of progress you’ve made, you will find one or two or three who have been in this room or who will be hearing it on the tape and you’ll say, ‘how did they ever get that far ahead?’ And the chances are if you could find out, you’ll find out that they took the lesson seriously and put it into practice religiously because it isn’t a difficult one. The difficulty is in remembering to do it and in having the fortitude to stand by with it. That’s the difficult part. The lesson itself is easy.” ~Joel

Matt 26:36-43

36 ¶ Then cometh Jesus with them unto a place called Gethsemane, and saith unto the disciples, Sit ye here, while I go and pray yonder.

37 And he took with him Peter and the two sons of Zebedee, *and began to be sorrowful and very heavy.*

38 Then saith he unto them, My soul is exceeding sorrowful, even unto death: tarry ye here, and watch with me.

39 And he went a little farther, and fell on his face, and prayed, saying, O my Father, if it be possible, let this cup pass from me: nevertheless not as I will, but as thou wilt.

40 And he cometh unto the disciples, and findeth them asleep, and saith unto Peter, What, could ye not watch with me one hour?

41 Watch and pray, that ye enter not into temptation: the spirit indeed is willing, but the flesh is weak.

42 He went away again the second time, and prayed, saying, O my Father, if this cup may not pass away from me, except I drink it, thy will be done.

43 And he came and found them asleep again: for their eyes were heavy.

(One of the last lessons Jesus taught Peter, James & John was that they must do the work too. They must not rely on someone else to realize God consciousness for them. It is they that must do the dwelling in the secret place of the most high. Resting in God Consciousness is not coasting or falling asleep, it is dwelling, moving and having your being in Loves activity with an attentive attitude. ~Al)

## THE DAILY LESSON – March 15, 2012

“Don’t add more fish, bigger fish, or better fish to your nets. Deny that you have any need of fish because all the fish in the sea belong to God. And in the back of your mind, you know that anything that belongs to God belongs to you. Why? Because ‘I and the Father are one.’

There’s no point of transfer between that which is in God and that which is in me. All that is in God is in me at this very moment because of this figure ‘one’ that we were contemplating a while ago.

Now, the prayer of contemplation leads to being a contemplative. A contemplative is the finest thing in all the world to be until one attains the next step which is the union itself, with God, because a contemplative sees nothing in this world without, at the same moment, seeing behind it, the cause of it, the invisible, spiritual activity which produced it. A contemplative could never look at a sunset or a sunrise without instantly realizing the spiritual nature of that which brought it into expression.

Why just this moonlight that we have had here the last couple of nights is enough to bring tears to the eyes of a contemplative! Not because of the beauty of the moon, but because of what is so evident must be behind the activity of that moon, and those cloud formations and the fact even that it has an earth to shine upon. Don't you see that?

It has to be so. It has to be so. And, Emma said the other evening, when she looked at that moon, that there couldn't be such a moon and not a boy and a girl under it. (Laughter) That's contemplation too because it's the naturalness, the completeness and the perfection of God at work in this universe. God couldn't give us such sunshine without its having its effect upon the earth in what we call 'fruitage.' And I guess it's right that we couldn't have such a beautiful moon without its having its effect on the boys and the girls, too.” ~Joel

Prov 3:6

6 In all thy ways acknowledge him, and he shall direct thy paths.

(The Way is straight. Take anything you can think of into deep contemplation – the answer is always the same. God is the Source of it.

The Way is narrow. With a constant recognition of the activity of God, the Christ provides the light we need for direction and blesses each step with His Grace. ~Al)

## THE DAILY LESSON – March 16, 2012

“Everything in and of God serves a purpose in what we call, ‘our human life.’ This wouldn’t really be our human life if we were contemplatives. If we lived constantly in the contemplation of the invisible presence and power underlying everything, instead of a human life, this would be the Promised Land. This would be the Promised Land.

This, this very place whereon we stand would be holy ground. And that’s all it takes to transform our lives from one of barrenness to one of fruitfulness, is the complete willingness to stop trying to add to our demonstration, and be satisfied to let the goodness of this world be God’s demonstration, not my demonstration, be satisfied to have it by inheritance or by relationship of oneness with God.

Now, as you read these Bible passages:

‘Seek me;’

‘Acknowledge God in all thy ways;’

‘Thou wilt keep him in perfect peace whose mind is stayed on thee;’

‘Deny thy self and follow me;’

‘You must die daily;’

‘You must be reborn of the Spirit.’

As you ponder those, realize now that there is nothing mysterious, nothing occult, nothing Eastern or Near-Eastern, nothing impossible of our common-sense attainment as we come to the realization that, ‘The earth is the Lord’s and the fullness thereof.’ That is the tiny little secret in itself. ‘The earth is the Lord’s and the fullness thereof.’ “ ~Joel

Deut 10:14

14 Behold, the heaven and the heaven of heavens is the Lord’s thy God, the earth also, with all that therein is.

(This important message of Omnipresence is in Scripture from Moses to David, to Paul and forward to the present through many teachers. Before Abraham was I Am, to God Is. Truth doesn’t change. ~AI)

## THE DAILY LESSON – March 17, 2012

“Why callest thou me good? There is but one good, The Father.’

You are denying yourself every time that you truthfully realize that ‘I can of my own self do nothing.’ I don’t mean to use that as a cliché and then say, ‘What a wonderful healing I had!’ But, actually to mean it, to visualize what it means to know that we are but instruments and that it is this truth in consciousness that does the work. Every time we have, in consciousness, this truth that God is the only life, then some dead person gets up, or near dead, or sick, (not if we try to restore life to them, not if we try to restore health to them, not if we try to bring supply to them....no, no, no. We will never succeed in that except as a temporary mental demonstration.) But to make it a perfect, beautiful, and eternal demonstration, it would become necessary to actually and honestly know that ‘the earth is the Lord’s and the fullness thereof.’

Even these children of God, our patients and students, even they belong to God. And so they become God’s responsibility, and then you can see the actual healing process at work as it takes place in them. And you’ll realize that you had nothing to do with it. But the truth that you entertained in consciousness had everything to do with it. There was no mysterious God somewhere waiting around to obey you or to be influenced by your prayers – no, no, no.

It is the truth entertained in consciousness that does the work. And so it is, this truth, ‘the earth is the Lord’s and the fullness thereof,’ will bring to you health and supply, but it won’t bring you your health or your supply. It will bring you God’s health and God’s supply. And that is the important thing to remember.” ~Joel

John 14:27 (to .)

27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you.

John 14:27 (to .)

32 And ye shall know the truth, and the truth shall make you free.

(There is only one thing to realize in consciousness - the Presence of God.  
In the Presence of God, there are no limitations or lack. Where God is,  
Grace is. ~AI)

## THE DAILY LESSON – March 18, 2012

“We don’t want ‘my’ health, even if it’s good because it’s subject to chance and subject to change and certainly subject to age. But, the moment we realize, ‘No.’ (You see more and more the book, Leave Your Nets, is going to become important to us. It is, at the present time, the least important of all the writings judging by the monthly sales.) (Laughter) But the principle of it is the most important principle we will ever be called upon to demonstrate because we must give up ‘my’ health, ‘my’ supply, ‘my’ home, ‘my’ companionship, ‘my’ everything that the world is trying to demonstrate to attain its peace.

Now, ‘My peace I give you – not as the world giveth.’ The world can give you your health or your fortune, but only God can give you God’s health and God’s fortune, and then it becomes infinite. ‘Deny thyself.’ Deny.”  
~Joel

Matt 16:24,25

24 ¶ Then said Jesus unto his disciples, If any man will come after me, let him deny himself, and take up his cross, and follow me.

25 For whosoever will save his life shall lose it: and whosoever will lose his life for my sake shall find it.

(Leaving your nets is a changing of consciousness. From a world governed mind to the Mind of Christ Living as an instrument of God. So then, there is no Spiritual Life separate and apart from God. There is no God and... Only God in and as. ~Al)

## THE DAILY LESSON – March 19, 2012

“Oh, look, look, do you see it? ‘I want to get rid of this illness. I want to get this health.’ There's the whole picture of the pairs of opposites. And, even after you've gotten this health, now you've got to find out how you're going to keep it.

Now, lose this sense of bad health by losing the desire for good health, and realize that God's health is sufficient. ‘Thy Grace is my sufficiency.’ So God's health would be my sufficiency. God's supply will be my sufficiency. I don't want any of my own. Thy Grace (not my grace), ‘Thy Grace is my sufficiency.’ Thy health is all that's necessary. Thy supply is all that is necessary – Thy wisdom, Thy spirituality, Thy healing power.

I don't want them, I don't want them. I just am grateful to know they're in the world because if they're in the world, they're available to all of us. Do you see that? If I have them, it's like the old, well, it's like the modern Christian teaching: Jesus had all the virtues of God, and Jesus had all the healing power, and Jesus had all the multiplying power, and Jesus isn't around anymore. And, so we'll sit and wait for the Second Coming.

Well, it would be beautiful, be beautiful and like the signs around, it's coming soon. When you stop to think those signs have been there fifty years or more, it gets kind of tiresome waiting. (Laughter)” ~Joel

II Cor 3:5

5 Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;

(There is only one Way – and that is to trust and love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength. There is only one Omnipresence, and we don't have to wait for God to come to us.” ~Al)

## THE DAILY LESSON – March 20, 2012

“Now, we don’t want to repeat that by believing that there is a Mr. Jones or a Mrs. Smith or somebody else who is a great healer who has great healing power. We don’t want to repeat that even for the benefit of the few healings that might take place through it. What we want to know is, is there a principle available to mankind? And there is, but it’s a principle of God, not of man. ‘The earth is the Lord’s and the fullness thereof.’ And, instead of seeking a healing power, and a reforming power and a multiplying power, let’s rejoice that God is that principle and is available wherever there is a recognition of it in our mind.

In other words, this truth that we are speaking here today (part of it at least) has never been voiced on the face of the earth. Oh yes, it has been voiced, ‘Deny thy self,’ and it has been voiced, ‘Die Daily.’ But the principle of achieving it you will not find in literature, yet it’s always been available. The sad part is that it’s always been available in your consciousness just as it was available in mine. And so it is that every principle of God, every principle of healing, is available in your consciousness. You can bring it through. It’s within you, but it isn’t yours. “ ~Joel

John 5:30 I seek

I seek not mine own will, but the will of the Father which hath sent me.

(O’ Man of earth, who thinks and prays,  
to find the Truth within his thought.

The Christ has given us the Way,  
to deny one’s self, for it does naught.

We go within, and there we stay,  
we seek His Kingdom, and take no thought.

For not with power, or by might,  
But by His will, we see the Light.

Be still with Me, all-One tonight.

Love, Al)

## THE DAILY LESSON – March 21, 2012

“Ah, there has been the blocking point. Do I have enough understanding? Do I have enough spirituality? And the answer will always be the same, NO. No, you never will have enough understanding. You never will have enough spirituality. You never will have enough goodness. You never will be good enough to deserve God’s blessings because God won't give you any.

God’s blessings belong to God. And that’s all that’s to it because there is no point where it leaves God and enters you since ‘I and the Father are one.’ And we avail ourselves of it only through the conscious recognition of the truth that ‘all that the Father hath is mine.’ But it’s the Father’s; it isn’t mine.

Let’s try a meditation after that.” ~Joel

John 14:6,7

6 Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me.

7 If ye had known me, ye should have known my Father also: and from henceforth ye know him, and have seen him.

John 14:28 If

28...If ye loved me, ye would rejoice, because I said, I go unto the Father: for my Father is greater than I.

(The instrument is included in and as God. ~Al)

## THE DAILY LESSON – March 22, 2012

“Now, as you ponder this, really contemplate this, you find that as time goes on, you are able to be more abiding with this idea and less and less of these extraneous thoughts come in, these outside interfering thoughts. And, you really are able to sit for many, many minutes, sometimes for an hour, just contemplating these beauties of God and of the spiritual universe, and finding yourself very, very much at peace. But, even to do it for five or ten or fifteen minutes is a marvelous, marvelous thing if you remember that your work is not yet done.

Then comes that period of just keeping the inner ear open while for one or two or three minutes, you do no contemplating, no thinking, but let the invisible activity of the Spirit take over. You see, this contemplating that we are doing, that we have done for an hour, merely lifts our consciousness to a point of apprehension. It doesn't yet make our demonstration. It only lifts our thought to an atmosphere of receptivity.” ~Joel

Ps 91:1

1 He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

(In Silence is receptivity, openness, surrender, trust...

He that dwelleth – shall abide.

Practice, practice, practice.

With you, ~Al)

## THE DAILY LESSON – March 23, 2012

“It lifts us into a consciousness where miracles can take place. But now, the conscious thinking must stop so as to give this invisible presence and power the opportunity to take over and say, ‘I am on the field.’ Do you see? Unless that ‘IT’ comes in, that invisible selfhood, that invisible presence and power, you have just remained on the mental level and not yet come to fruition.

Contemplation and living the life of a contemplative, all of this is only a preparation. I have said this before that many more metaphysical practitioners would have wonderful healings if they would remember that when they get through knowing the truth, they haven’t yet given the treatment, that that was only a preparation for the treatment. The treatment only began when they stopped knowing the truth. And why is that? Because only God can give an effective treatment. Man can’t give a treatment – not a healing one. Only God can.

So, the knowing of the truth that we do in treatment is a preparation which elevates our consciousness, lifts us up above the appearance so that we can now rest a bit in the realization that we’ve dealt not with a condition but with an appearance. Now, we can sit back and let the Word of God, which is ‘quick and sharp and powerful,’ let the Word of God come through.”  
~Joel

James 4:10

10 Humble yourselves in the sight of the Lord, and he shall lift you up.

(To humble oneself, die daily, or surrender is to completely let go of the self that thinks it has might or power. Only God can do the lifting, illuminating and healing. But we can be still and watch His will be done, on earth as it is in heaven – through and in and as... ~Al)

## THE DAILY LESSON – March 24, 2012

“Then is the work complete. That may take one minute, two, three, five minutes. I wouldn’t wait longer than that because if it hasn’t come through, and if there isn’t a good result, then try it again an hour or two later. If it doesn’t come through then, wait and try it two or three hours later. Keep trying it every two or three hours until it does come through. If you wait more than two, three, or four minutes instead of it being a spiritual awareness, it will deteriorate into a mental exertion. And there again, you’ll bar it instead of invite it.

Now you see, let us assume that for an hour we have been contemplating reality. We have been contemplating God, and the Word of God, and the truth about God and God’s Universe, and God’s Man and God’s Law.

Now, we sit back and we say, ‘Father, place your seal upon it.’ In other words, ‘Now I’m really going to become nothing.’ And let this divine presence and power take over. Always remember this: God is not in these words we speak or these thoughts we think. These are our – it’s like the lesson yesterday in praise and gratitude and worship and adoration. There’s nothing godly about those things. They are merely our preparation that is planting the seed of love in our consciousness so that love itself can take over. And so it is with this.” ~Joel

John 5:30

30 can of mine own self do nothing: as I hear, I judge: and my judgment is just; because I seek not mine own will, but the will of the Father which hath sent me.

John 15:5

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

(We can entertain any concept or judgment we choose to— but can we experience an activity that has not come from the Father? Our work is God’s Work. God’s Work is us. ~Al)

## THE DAILY LESSON – March 25, 2012

“The words we speak, in contemplation and meditation or treatment, knowing the truth, these really are not the activity of God. These are our activity of preparation so that God may enter. We are cleaning out the temple by knowing the truth. We are making of ourselves a fit temple for God to abide in. That's what we're doing in knowing the truth. But now must come that moment of ..... (silent pause) and in that experience of quiet we will find our complete answer.

Now this you see, brings us back to still another lesson from the time that it was revealed here in our work that Love is a healing agency. Love is the oil of lubrication in all of our human affairs. Love is the cement binding us all together in spiritual oneness.” ~Joel

Isa 26:3 (to :)

3 Thou wilt keep him in perfect peace, whose mind is stayed on thee:

(Practicing the Presence, or staying the Mind on God, is a regular cleansing and maintenance of the temple. This holds the door open to the avenue of awareness that receives the activity of Spirit [I like to call this – getting the directions]. This practice takes practice... Lots of it.

Start your day today [right now] with the expectancy that God will live this entire day for you. Talk to Him. Contemplate Him. Love Him. Wait... Listen... Involve God in every moment - ie: “What would Jesus do here, or with this and that?” Be still in between your activities. Wait... Listen... Be unaffected, as much as possible, by the things of this world with little or no reaction. STOP and regroup when necessary. Be exacting and act with perfect Love, no matter what. Do this again tomorrow, and with attentive practice – you'll soon get good at Living His life. Love now, ~Al)

## THE DAILY LESSON – March 26, 2012

“Ahh, but hear this now. There is no love outside of you that can come to you to be a healer or revelator or reformer. Ah, no. The love that is the all-good in your experience is the love that flows out from you. This love must be released from within your own being. Here you see again, it is God’s Love that enfolds us and it is God’s Love that must be permitted to flow out from us.” ~Joel

Eccl 11:1 (to :)

1 Cast thy bread upon the waters:

(Cast thy bread [love] upon the waters today. Don’t watch it go, or wait for it to come back... Just release it – and let It find its way... ~Al)

## THE DAILY LESSON – March 27, 2012

“Now, since forgiveness, service, mutual helpfulness, cooperation, justice, mercy, benevolence, since these are qualities and activities of God, we must permit them to flow out from us to those in the world.

You realize of course, that I am referring now to the 25th chapter of Matthew, that portion of it in which it was revealed to us that ‘inasmuch as we did it unto the least of these my brethren, ye have done it unto me.’”

~Joel

Matt 25:40

40 And the King shall answer and say unto them, Verily I say unto you, Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me.

(God’s work has nothing to do with me [self], and everything to do with God. God is Love. ~Al)

## THE DAILY LESSON – March 28, 2012

“And so it is, you see that we do not possess love, and we never will possess love. We never can give love and we never will give love since God is love and we do not possess God. God possesses us.

Now, since it is the love of God that is to meet not only our human need, but the human need of all mankind, that love of God must find entrance to the world of men. And we are the instruments through which God’s love must flow – to our families, our friends, our allies and, in the last analysis, to our enemies, to those who hate us, to those who persecute us, to those who spitefully use us.

Will it be our love that we are giving them? No, no. It is God’s love that we are permitting to flow through us. And in flowing, It blesses us and blesses those upon whom It flows.” ~Joel

John 15:12

12 This is my commandment, That ye love one another, as I have loved you.

(Blessed are they that Love the Spiritual Identity of one another. ~Al)

## THE DAILY LESSON – March 29, 2012

“Do you see now how necessary it is in this experience of ‘dying daily,’ to know that you have no power to forgive anyone or to withhold forgiveness? You have no power to be benevolent or to withhold benevolence. But you can, through knowing this truth, open your consciousness and let the love of God flow through you as benevolence, as service, as forgiveness, as an infinite variety of good – never your good, the good of the Father, flowing through you.” ~Joel

John 14:10 but

10...but the Father that dwelleth in me, he doeth the works.

(The death of selfhood and the birth of Spirit happen simultaneously. There is an instantaneous spark that opens the Way to recognize our true identity and it's infinite nature. This enlightened Consciousness [the Father] overflows and shares Itself. ~AI)

## THE DAILY LESSON – March 30, 2012

“Would it not seem a very foolish thing if I believed that in sitting here and teaching, and healing, would it not be ridiculous to believe that I am doing these things when you came here to find God, to learn truth? Do you see how all channels would be blocked? You did not come here to see a man with a robe. You did not come here to follow a personal leader. You came here as a part of the activity of your search for God, not your search for a man, your search for God.

And supposing I sat here and believed that I was imparting truth, or that I was doing healing work. Do you not see that you would soon have to find another way of finding God since you would fail in coming to me? Any success that might be achieved in the work of The Infinite Way will only be achieved through the realization that God is truth, and God is love. And I am merely an instrument through which God-truth and God-love may flow to you in the same manner that eventually God-truth and God-love will flow through you to others still in darkness. “ ~Joel

John 5:30 I seek,31

30...I seek not mine own will, but the will of the Father which hath sent me.

31 If I bear witness of myself, my witness is not true.

(Be still and with a listening attitude. Look up...and be the willing instrument through which the Infinite Invisible can operate. Be His Love.  
~Al)

## THE DAILY LESSON – March 31, 2012

“Do you see why I so often refer to the fact that we must be saints inside, but just men and women outside? We must be saints inside so that truth and love be kept pure. We must just be ordinary human beings outside so that we may understand ourselves and that others may understand that we are but instruments through which and as which God functions in human consciousness.

Well, and so it is another day – oh and a beautiful day here in Hawaii at the beach, very warm, bright sun, beautiful!

And so until tomorrow, Aloha.” ~Joel

Luke 17:21

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

(Seek ye first the Kingdom, for if you are aware of it you have the Life, Truth & Love of God. And so, the Life of the Father is your Life to live. Divine Truth recognizes that I am included in the Kingdom. And, His Love is your Love to express. ~Al)