

## **“THE DAILY LESSON”**

is an activity of the study group found at: [www.iwso.org](http://www.iwso.org)  
It is a progression of excerpts from a transcript of a live class as it was recorded by Joel. It appears each day, together with the addition of corroborating scripture and inspired comments, to take into meditation and live with throughout your day.

Student’s note: There are words that are capitalized throughout this work. These words are used as if it were a synonym for, or as an activity of God. Also, the portions that are italicized are spontaneous meditations.

The subject of study for the month of September 2011 is:

## **15.**

## **‘THE DEEP POOL OF OUR BEING’**

**Tape 117**

**Side One**

**1955 Kailua Study Group, Tape 8**

***By Joel S. Goldsmith***

THE DAILY LESSON – September 1, 2011  
From the 1955 Kailua Study Group Series –  
‘The Deep Pool Of Our Being’ by Joel S Goldsmith

“Good Morning. (Class responds)

We are already beginning to see some of the fruitage of these morning sessions. I mean in a very noticeable manner.

First of all, in this past week, my mail has dropped off just one-half. And that means very definitely that a lot of people have had sudden and quick healings. That won’t remain that way, so far as the mail is concerned, because the more healings there are, the more people learn of it, and the more requests come for help. But, where a falling off happens like that very

suddenly, it just indicates that that many people have found their help, and have not found it necessary to write.

Another noticeable bit of fruitage is that there have been several very quick and very outstanding healings. That is, healings of what the world would call 'impossibilities.' There have been other experiences that have taken place right inside of this group. So that at least we can say that probably we are on the right track. Probably we are going in the right direction. At least the evidence would make it appear that way.

And so a question naturally comes to thought, 'what is this principle that we are trying to prove, and that we may be seeing some evidence of?' What is the specific principle that we expect great things of?

First of all, the principle is that God is individual consciousness, that God is your consciousness and mine. Now let us remember that because everything else stems out from that principle: this principle, God is individual consciousness. God is the consciousness of the individual. God is your consciousness and mine. This is the principle upon which everything else stems out in the message of *The Infinite Way*." ~Joel

Luke 15:31 Son

31...Son, thou art ever with me, and all that I have is thine.

(There is nothing to add, nothing to correct, prove, get or possess – we are already included in the Oneness of God. ~Al)

THE DAILY LESSON – September 2, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

“There are many so-called principles. There are many facets of this same principle. But, the one point, the one vision above all that may be called the vision of The Infinite Way is the principle that God is individual consciousness. God is the consciousness of the individual. God is your consciousness and mine, and his, and hers, and its. The animal world, the vegetable world, the mineral world, God is the consciousness thereof.

Scripturally you have this revealed in such passages as:

'I and the Father are one' or,

'Son, thou art ever with me and all that I have is thine.' And,

'I will never leave thee nor forsake thee.'

'Withersoever thou goest, I will go.'

'If you go through the waters, you will not drown because I am with you.'

'If you go through the flames, they will not kindle upon you because I am with you.'

In other words, that I, which is divine consciousness, is wherever you are.

'The place whereon thou standest is holy ground.' 'Lo, if I make my bed in hell, thou art there.' 'Whither shall I flee from thy presence?' 'Lo, if I make my bed in hell, thou art there.'

You see, there is no way of getting away from that divine consciousness because even in hell, or heaven, or high tide, or flame, or war, or depression, or panic, you cannot get away from the word, 'I.' " ~Joel

Matt 28:20 and

20... and, lo, I am with you alway, even unto the end of the world. Amen.

(I love Joel's use of "you cannot get away from "I". There is no separate or apart from God. Just God established in and as Me. ~AI)

THE DAILY LESSON – September 3, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

"Now, when you understand that God is that 'I', then you will understand that God, the infinite intelligence of this universe, is your individual mind, life, soul, being, spirit, truth, consciousness.

The importance of that must be clear. Because it is now revealed that, 'No longer shall you worship in a holy mountain, nor yet in Jerusalem, that holy city, that holy temple,' but in Spirit, in truth. Right where you are there is the kingdom of God, right within you. No need to go some place; no need to seek a holy place, or a holy man or a holy woman. 'The place whereon thou standest is holy ground.'

There is no place where you can escape from the arms of God, the consciousness of God. The 'everlasting arms' it's called. The rock, the fortress, the high tower - all of this is where you are, where I am. Where I am is my high tower, my fortress, my abiding place, my heaven." ~Joel

Luke 17:20,21

20 ¶ And when he was demanded of the Pharisees, when the kingdom of God should come, he answered them and said, The kingdom of God cometh not with observation:

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

(The Presence of God is not here one moment and gone somewhere to help somebody else the next or busy. We are never tested or judged or left to lack by God – this is a perception created by man to try to explain why God does not “seem” to be with us all the time. He does not come to US at a moment in meditation when we think not... The OmniPresence is here (within) NOW AND ALWAYS. Remember what God said to Moses at the burning bush? It is our awareness of what already IS that seems to increase and decrease... ~AI)

THE DAILY LESSON – September 4, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

“Now, this, you see, separates us from any sense of reaching out to a God somewhere. It prevents us from fearing powers out there somewhere. ‘Nothing that defileth can enter to make a lie.’ Doesn’t make any difference whether it’s something physical, mental, moral, financial. Nothing can in any wise enter. Enter what? God- Consciousness, which is my individual being.

So that it centers all attention on the kingdom of God within ourselves, and it removes from us all fear. There’s nothing within us that we have to fear, since the kingdom of God is within us. There’s nothing without that we have to fear because, even in hell, this same divine consciousness or God is our healing influence, protective influence, sustaining, maintaining influence.

Oh, we use terms like ‘protective’, ‘healing’. They are not literally true since in this realization there would be nothing to be healed of, and nothing to be protected from. At most we would be protected from the erroneous belief that we were human beings set off by ourselves, and some way out of contact with God.

We can't be out of contact with the infinite nature of our own being. We all agree that God is infinite power of good, but then we fail to agree that God is our own being. Therefore, the infinite nature of God's being is the infinite nature of our own individual being.

Now, this is absolute truth. This is complete truth. This is the real truth of the universe. This is the truth that the saints and sages of all ages have tried to reveal to human consciousness. And one thing has prevented the whole world accepting and, by now, living this consciousness. And that is this point. ~Joel

Ps 139:7-10

7 Whither shall I go from thy spirit? or whither shall I flee from thy presence?

8 If I ascend up into heaven, thou art there: if I make my bed in hell, behold, thou art there.

9 If I take the wings of the morning, and dwell in the uttermost parts of the sea;

10 Even there shall thy hand lead me, and thy right hand shall hold me.

(All that God is, I am. There can be no sense of separation, because there is no separation from us and our within... "I" and My father are One. ~AI)

THE DAILY LESSON – September 5, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

“That whereas all of this is true, it is of no avail to anyone, except in proportion as they attain an inner realization of it. In other words, ‘the things of God are foolishness with man,’ and so all of this truth is really foolishness so far as we as human beings are concerned, and it’s of no avail. It only becomes of avail; it only becomes the life of our life, when we have attained that first spark of inner illumination that reveals to us that this is the truth.

In other words, the only reason that we could be sure, in going to Jesus Christ, that we would have an instantaneous healing is that he had attained more of this realization than we had. The only reason we can go today to a spiritual healer for our help is that they have attained a greater realization of the truth of our true identity than we have attained. But we can ‘go and do likewise’ as soon as we have attained some measure of that same realization.” ~Joel

I Cor 2:14

14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned.

John 5:19

19 Then answered Jesus and said unto them, Verily, verily, I say unto you, The Son can do nothing of himself, but what he seeth the Father do: for what things soever he doeth, these also doeth the Son likewise.

(We can do likewise when we let the intellect fall away and let the Father do the work. ~Al)

THE DAILY LESSON – September 6, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

“And if we live sufficiently with this truth, if we, for a long enough period, were to meet in this manner: with complete silence remember – not discussions, not talks about truth. They would only nullify the whole thing. But meet in silence, with nothing but meditation or, as this is coming, an individual expression of truth, with all the rest of the room, in a complete state of silence and receptivity. If there were to be such things in a dozen cities, the history of the world could be changed because the peace, the harmony, the healings, the success, would not come from the words that were being spoken by a speaker. They would be coming out of the united, silent consciousness that were met together in one name. Do you see that?

Wherever there is one moment of silence, there is heaven. ~Joel

Ps 46:10 (to :)

10 Be still, and know that I am God:

(... ..)

THE DAILY LESSON – September 7, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

"I don't only mean a refraining from speech. But I mean the kind of silence that you can feel in a room, the kind of silence that thunders, the kind of silence that, that speaks in, in Godly language.

Now, out of the depths of a silence such as is in this room at this moment an infinity of healings could take place – not only in this room, not only in this community. Wherever in the world there is a soul desperately reaching out for a realization of the Christ or for the help of God, that soul could tune into the silence in this room.

What is this silence that has such tremendous power? It is the consciousness of God when human sense is still.

When the human mind isn't busy thinking, trying to make a demonstration, trying to get something, trying to achieve something – when that human mind is still, the divine mind, the divine consciousness, is in active expression. Not only in a room, can't be confined to a room, it's an expression in the whole universe, in the whole world." ~Joel

Matt 6:31-33

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

(Any human sense is a distraction. Be still and watch the Christ unfold It's infinite sufficiency. ~AI)

THE DAILY LESSON – September 8, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

“Now, first let each one here realize this. God is individual consciousness. God is your individual consciousness, and you can bring the presence and power of the Godhead to bear in this room, in your own room, in your own home, in your own community, in your own family, in proportion as you can settle back into the same silence, and let it come through.

Now, at first, this is the difficult thing to achieve. If it weren't so difficult the whole world would have had it by now. It is very difficult to achieve, and for an individual setting out on their own hook to achieve it, they may have to do what I did. Go through months and months and months and months, finally years, of eight, ten, twelve, twenty meditations a day, until it finally came forth. I have told classes that it took me eight months of five to eight meditations a day before I received the very first click. Eight months of day and night work on it!

At that time the question was, 'How do I know that there is such a thing and that it will accomplish anything after it's done?' And I can only say that I had no knowledge of it at all. I just had a conviction – no knowledge. Nobody had gone that way before me. Nobody had prepared the ground. And so it was totally something that was done through an inner conviction, that if I

can touch the center of, of God, which is within myself, that that will release it into expression, and it will then take hold of not only my life, but the life of my work, of my practice, of my patients, and that then it will begin.” ~Joel

Acts 7:33

33 Then said the Lord to him, Put off thy shoes from thy feet: for the place where thou standest is holy ground.

(As our consciousness is raised, we find, or are led to, others with the same conviction that lift and support us. The constant tilling and re-tilling of the fertile soil reveals growth and abundance... We love and lift others - and are lifted by others in this relationship of everlasting Grace. Love flows out and is received - Grace is received and gratitude flows out... It's all the same Love - all from the same Source. Thank you. ~Al)

THE DAILY LESSON – September 9, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

“But just to achieve one, well it wasn't even a second, of realization. I don't know how to measure time when you get under a second, but it was certainly less than a second of realization. It was another week before the second one came, and many days before the third one, and then another week before the fourth one. And then gradually it happened twice in one day. And then one day it seemed to last for an eternity, which certainly was far less than a minute. And so on, it gradually took over until, probably three years went by before I knew that it was possible to get up at four o'clock in the morning, and sometime between four in the morning and eight, it would happen. Just when, it differed. Some days it took five minutes and some days it took the whole four hours. But never after that did I leave my home for my office until it happened.

Now, every bit of this is confirmed in scripture. 'The kingdom of God is within you.' There's no use of praying to anything outside of your own being because the secret lies in, 'The Father within me doeth the works.'

I don't know what a 'Father within me' is in that language, but I do know that there is a center of our being which is God. And it is like a deep, silent, ...well, I've called it a pool of contentment, a deep well of contentment, a

deep well of silence, a deep pool of silent spirit. And when you are at that center, it is as quiet, and peaceful and serene as heaven itself because it is heaven.

John 14:5-10

5 Thomas saith unto him, Lord, we know not whither thou goest; and how can we know the way?

6 Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me.

7 If ye had known me, ye should have known my Father also: and from henceforth ye know him, and have seen him.

8 Philip saith unto him, Lord, shew us the Father, and it sufficeth us.

9 Jesus saith unto him, Have I been so long time with you, and yet hast thou not known me, Philip? he that hath seen me hath seen the Father; and how sayest thou then, Shew us the Father?

10 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works.

(In these passages - Jesus and Joel are both are showing their deep inner conviction and thereby teaching by example... Realization of the Truth of Being – don't leave home without it. The toils and efforts of this world dissolve in the Light of the Father and all that is left is effortless Life. ~Al)

THE DAILY LESSON – September 10, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

“But, it is out of that deep well of contentment, out of that deep peace, that inner peace, My peace, that these healings flow. These supplies, these employments, these harmonies, these joys, they flow out from it, and then those who have tuned in by asking for help, they get the benefit of it. In our work, we will never have to go back to those first three years.

Nobody will. Probably out in the world there are those going through it who do not know of this work of The Infinite Way. We won't have to go through that period. Firstly, because the chapters 'Meditation', 'Communion', in all of the writings make it easier for our students to achieve it. Secondly, the consciousness that went into the production of those writings make it easier. Thirdly, the meditations and consciousness of our students all over who are meditating every day are making it easier for the rest of the world to meditate every day.” ~Joel

John 14:26,27

26 But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you.

27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

(All blessings flow from the same Source. Peace be still – you are not alone. I Am with you. This group is united in consciousness. Rest now... ~Al)

THE DAILY LESSON – September 11, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

“In fact, the word ‘meditation’, if you are at all observing, the word, ‘meditation’ is now coming into more and more and more of American literature. You’ll find it in places you never dreamed of before. In the last three weeks, Dr. Peale has mentioned it twice in his articles – almost never appeared before that. Now it’s becoming one of his principles that if you meditate, all things are possible. And it’s coming into other literature. Every once in awhile I see it in articles. Meditation, meditation, meditation is the way.

Meditation is the way, but do not get fooled by any of these articles. Meditation is, in and of itself, not the way. Meditation is only a way to achieve the way. The way is contact. If your meditation does not result in contact, and that’s something that the literature that we read hasn’t yet discovered. That you won’t find. That meditation, in and of itself, is not the way. It’s only a way of achieving an inner silence to make the contact. When the contact is made, you have discovered the way. Then you have found the way to ‘let the imprisoned splendor’ of Browning escape.

So meditation is the way to get back into ourselves until we reach that deep well of contentment, until we reach that center of our own being, which is God, and where we, as individuals, disappear. Then, then only do we understand Paul, 'I live yet not 'I''. Because that 'I' now disappears in that deep inner silence." ~Joel

II Cor 13:14

14 The grace of the Lord Jesus Christ, and the love of God, and the communion of the Holy Ghost, be with you all. Amen.

(Paul was well aware of the importance - the completion, or should I say completeness of Communion in this little prayer. And, in every prayer or meditation... When the contact or communion is felt in consciousness the earthly image is melted away and the Way of Christ is opened out or splendidly revealed... Allness/Oneness pours forth within and without in a shiver/feeling/click/release of Love... A shower of Grace - including and embracing and Loving and "I am-ing"... ~Al)

THE DAILY LESSON – September 12, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

"Now, our work is simpler than anyone else's in all the world. Because, having had 25 years of this inner meditation and contact, it is a simple thing for me to lift up those who come to me, so that they can achieve it. And that's what we are accomplishing here in some degree.

One by one, the students in this room are attaining a measure of ability to touch that center of their own being and get a response to it. And in time everyone here will have it. Have it completely so that at will, at will, not only when they're in this room (in this room everyone should be able to achieve it, when we're together) but ultimately everyone in this room will be able to go out and, at will, touch this center of their own being, and find this God power, God presence, flowing from them into the world as an atmosphere of harmony, of peace, of joy, of healing, to all whom they meet. Then will come the next step in which each one will carry it to the next.

But, you will observe that the way of this work isn't to try to go out and influence anybody to follow it or to try to carry it to them. The way is to be joyous and free in sharing it with those who come, and who indicate by

their own eagerness and desires and, if necessary, sacrifices that this is a way toward which they have been led. Do you see that?

This is not something that you can carry out to the stadium and tell the city of Honolulu. It isn't something you can carry out to a radio station and tell the whole world. Oh yes, you can tell the world about it. And, as I've seen by experience, you can interest tens of thousands of people. But when it comes to the individual sacrifice necessary to achieve this inner realization that is when the numbers dwindle and dwindle and dwindle." ~Joel

II Thess 3:5

5 And the Lord direct your hearts into the love of God, and into the patient waiting for Christ.

Matt 7:14

14 Because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it.

(Wait upon the Word... When you have been told directly what it is you will do – all the means to do the work will come with it. ~Al)

THE DAILY LESSON – September 13, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

“Now, be assured of this. First of all, since God is your individual consciousness, you can, through faithfulness, through persistence, perseverance, you can reach the kingdom of God that is within you. And, in reaching it, you can bring it forth into your experience so that it takes over your entire life, your entire mind, spirit, soul, body, business, undertaking of any nature.

One step in this is refraining from the use of the word 'I' as much as possible. It, it is ... I can't tell you how, how stupid, how foolish it feels to mix up the word 'I' in anything that has to do with God.

It is utterly impossible for any individual on the face of the globe to be any kind of a contributing factor toward the presence and power of God. As a matter of fact the opposite is true. Only in proportion as they can nullify the sense of 'I' can this, which we call God-Consciousness, take over and fulfill itself.

In other words, you already see that in prayer that you cannot influence God. Nor can you be so almighty smart as to tell God what things you have need of, or what date you would like them on, or what neighborhood. And so you have learned to refrain from the use of the word 'I' in that direction already. To some extent, you see, you have eliminated the word 'I' from your vocabulary certainly insofar as it applies to prayer or treatment because no longer would you go to God to tell God your needs, or amounts, or dates. Nor would you ever use prayer as a means toward influencing God in any wise." ~Joel

John 5:30,31

30 I can of mine own self do nothing: as I hear, I judge: and my judgment is just; because I seek not mine own will, but the will of the Father which hath sent me.

31 If I bear witness of myself, my witness is not true.

(In the Kingdom of God there is no separate self. Every particle includes the entire Allness of the Godhead bodily. Therefore, there is no part of us to be recognized as individual. We are included in the One Self known as Omnipresence. ~Al)

THE DAILY LESSON – September 14, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

“Now just think how, to what extent, you have already eliminated the word ‘I’ from your vocabulary when you have eliminated it from all prayer and treatment. Do you see that?

That is, in itself, one of the biggest steps you will ever be called upon to take. The moment that you can learn to go to God without one single desire, you have eliminated the word ‘I’ because it is only ‘I’ who could have a wish or a desire or a will. Do you see that?

Now, in going to God, you are helped in your dropping of the ‘I’ by knowing this: That in going to God, there isn’t any use to have a material wish, or desire, or hope, since God doesn’t deal in material thoughts or things. When we go to God, we are going for a spiritual blessing or benediction. But there certainly isn’t anyone in this room who knows what a spiritual blessing or benediction consists of. No one in this room knows that.” ~Joel

Matt 6:27-30

27 Which of you by taking thought can add one cubit unto his stature?

28 And why take ye thought for raiment? Consider the lilies of the field, how they grow; they toil not, neither do they spin:

29 And yet I say unto you, That even Solomon in all his glory was not arrayed like one of these.

30 Wherefore, if God so clothe the grass of the field, which to-day is, and to-morrow is cast into the oven, shall he not much more clothe you, O ye of little faith?

(What thought could you think, that would be better than direct inspiration and impulse from the Source of all Mind?

So... Let all sense of ego fall away this morning. Right now... Drop all human agendas and seek ye first, and only, the Kingdom of God. I am with you – and I am not going anywhere. ~Al)

THE DAILY LESSON – September 15, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

“Not a soul has any way of knowing what things God has prepared for them who love God. No one has any way of knowing what the spiritual kingdom consists of, and what its blessings consist of, and no one will ever know it until they are in the presence of God, and feel a spiritual blessing, or benediction, or release. And then they will know that it is not in anything that's acquired. It is in a sense of release that God's blessing is felt. We are released from the things and thoughts of the world. Only in a sense of release is God's blessing made manifest – never in a sense of adding anything to us, giving anything to us, never in any sense of receiving anything from God.

The whole of God's blessing is made manifest in the word, 'release'. We are released through the blessing of God from the thoughts and the things of the world. We are not taken out of the world. We are left in the world, but not of it, and we are freed. We are given release and freedom from the thoughts and things of the world, and we then begin to understand the meaning of terms like 'green pastures', 'still waters'. Do you see that?"

~Joel

I Cor 3:18,19 (to .)

18 Let no man deceive himself. If any man among you seemeth to be wise in this world, let him become a fool, that he may be wise.

19 For the wisdom of this world is foolishness with God.

(The awareness of the truth within releases us from the limited view of this world. Omnipresence includes us. ~Al)

THE DAILY LESSON – September 16, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

“Just think of the poetry of such terms, ‘green pastures’, ‘still waters’, ‘underneath are the everlasting arms’, ‘high tower’. Do you see that? ‘My peace’.

In that release from the things and thoughts of the world do we find heaven – not in any added material thoughts, things or conditions.

That’s why it is said in scripture, ‘we do not know what things to pray for.’ Therefore, we must ‘let the spirit bear intercession with our spirit.’ Nobody knows the things that God has for those that love spiritual things because until that moment of contact, we do not know the nature of a spiritual blessing. We do not know the nature of living in a spiritual world.

At this present moment, we conceive of it. Oh, we are just one step ahead of the orthodox world that looks upon God as a Santa Claus, pouring out a lot of material blessings. But even at our stage, we sometimes think of God appearing to us in twice the income, or twice the health, or twice as beautiful a home. And that, of course, hasn’t anything to do with the

situation. God doesn't operate that way at all. Those are the 'added things' that appear in our human world when we have been released from the thoughts and things of the world." ~Joel

Matt 6:33

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

(There is nothing to add to the Allness of God. The appearance of added things is a recognition of the Truth of our "sufficiency". ~Al)

THE DAILY LESSON – September 17, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

"Then we find that the bounties of this world are as free as coconuts and as abundant as coconuts on a tree and leaves on a tree. There isn't any difference in the sight of God between a million leaves on a tree or a million dollar bills hanging around if there were need for such things. What possible difference could it make to God? And so we would come into a state of consciousness in which we would find our good as abundant and as free as leaves on a tree or coconuts on a tree or papayas, and in the same way of demonstrating them – without taking any thought about them – just letting nature take its course and multiply and multiply and multiply.

But the word, 'I' coming in there would stop it – like, 'my coconut trees are more abundant than yours,' or 'I can bring forth more papayas than you.' That, that ends it. That deadens the demonstration of spiritual good right there. Any sense of the word 'I', even if it had the sense of 'my understanding is greater than yours' – even that would block the entire picture since it isn't my understanding that does the work; it's God's understanding that can make a tree. Not my understanding – not even my understanding of God can make a tree. It's only God's understanding that

can make a tree, and it's only God's understanding that can multiply loaves and fishes. The only part I can play is to drop dead.

If I can just 'die daily' and die hard enough, then I will find the same multiplication of fishes that Christ Jesus found, the same gold in the fish's mouth. Why? Jesus never put them there. God did, and Jesus was able to step aside sufficiently to know. Had the word 'I' entered his demonstration in any way, shape, manner or form, the miracles could not have taken place. Unless there is a 'dying daily' to a personal sense of selfhood, a personal sense of 'my greatness,' 'my understanding,' 'my spirituality,' 'my integrity,' 'my morality' – nonsense. Nobody has those things." ~Joel

John 5:25

25 Verily, verily, I say unto you, The hour is coming, and now is, when the dead shall hear the voice of the Son of God: and they that hear shall live.

(The limitless voice of Christ was, is and always will be available to those that let the picture of human understanding go and let God animate their Life. There is no place for the erroneous pictures to exist as the human sense fades away, dies or disappears in the Presence of Christ. I can do nothing, but recognize God Living. ~Al)

THE DAILY LESSON – September 18, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

“Those things are the Grace of God individually expressed when there is no personal sense of selfhood or in proportion as there is no personal sense of selfhood to block it. Then the Grace of God would be made manifest as the experience of every individual on the face of the globe.

Now. This brings us back to our first point: God is individual consciousness, the consciousness of individual you and me and, therefore, the storehouse of infinity is within me, and I can't draw It forth; I can get out of the way and let It flow forth. That's the reason for this meditation in which you make your contact. That contact merely lets the flow come forth.

Now, to understand this properly, you must first overcome time and space. You must remember that none of this has anything to do with yesterday. We do not live on yesterday's manna. None of this has to do with yesterday. There are none of your virtues of yesterday that will help you achieve it today, and there are none of your sins of yesterday that will prevent your proving it today.” ~Joel

Luke 23:43

43 And Jesus said unto him, Verily I say unto thee, To-day shalt thou be with me in paradise.

Heb 13:8

8 Jesus Christ the same yesterday, and to-day, and for ever.

(I was taught as a kid, that the Christ forgave the thief on the cross and took him to heaven. What I didn't see then was that the Christ didn't need to forgive someone for something – because he saw only the Truth, without blemish or sin and instantly lifted the man upward and included him in the consciousness of Heaven/Perfection/Oneness. The only sin/error we ever make is a sense of being separate and apart from the Omnipresence of God. ~Al)

THE DAILY LESSON – September 19, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

“Your yesterdays – whether for good or evil – have not a single thing to do with spiritual unfoldment. ‘Though your sins were scarlet ye are white as snow’ in any given moment, in ANY given moment when you turn from yesterdays to the realization of this inner contact. And it would make no difference if by some lack of Grace we were to sin again tonight or tomorrow, we would still be ‘white as snow’ the next day the moment we turn back because the nature of the Christ is ‘forgiveness unto seventy-times seven,’ which means completeness.

As many times as we turn away from our sins of omission or of commission – and I don't mean hypocritically like going to confession Sunday knowing that Monday you are going to start all over again – I don't mean in that sense of forgiveness. I mean that every time we say to ourselves ‘this past has not been the way; that is not the way, I've got to rise above that sense of limitation and turn with a sincere sense of self-forgiveness, self-realization, so that within, in that moment, the yesterdays are blotted out.'

Certainly they are not blotted out when in the back of our mind we have no sense, no desire of dropping them, no wish or will to drop them, or be overcome. But as long as there is enough integrity within us that we are on this path for the purpose of overcoming – not that we claim to have already attained. But looking away from those things which are past, and looking toward this minute, then we can safely say, ‘ah yes, even though some of these mistakes cling, and cling and cling and have to be risen above and risen above, and time and again risen above, nevertheless there will come that day of complete attainment when there will be no going back to the yesterdays.’” ~Joel

Isa 1:18

18 Come now, and let us reason together, saith the Lord: though your sins be as scarlet, they shall be as white as snow; though they be red like crimson, they shall be as wool.

I Cor 15:52

52 In a moment, in the twinkling of an eye, at the last trump: for the trumpet shall sound, and the dead shall be raised incorruptible, and we shall be changed.

(The dead/ asleep are brought to Life the instant the human is dissolved in Light. Rest now with me in the practice... ~Al)

THE DAILY LESSON – September 20, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

“Now. We do not live on yesterday’s manna. Until the day comes when this Christ so completely takes over that all sense of selfhood – or a great sense of selfhood – has been overcome and the Christ is living our lives – until that time, which is then a continuity of Christ experience, until that time, every single day we must go to the storehouse afresh for our manna. Day by day the manna fell. Day by day the manna fell, but day by day there was a Moses to turn to the inner kingdom to bring forth that manna.

Day by day, undoubtedly, the Christ healed, but there was a Jesus day by day to turn within to loose those powers. Day by day **now** great blessings are coming into the world, but day by day there are those who are learning to turn within and bring forth these blessings for the benefit of ourselves, our patients, our students, ultimately for the world at large.

So that God is our storehouse of good. God is our individual consciousness; therefore, our individual consciousness is our storehouse of good. Then many times a day we learn to turn to that infinite storehouse

and make our contact. I'm stressing, God is our individual consciousness, our individual being." ~Joel

I John 3:2 (to 2nd ,)

2 Beloved, now are we the sons of God,

John 14:8-12

8 Philip saith unto him, Lord, shew us the Father, and it sufficeth us.

9 Jesus saith unto him, Have I been so long time with you, and yet hast thou not known me, Philip? he that hath seen me hath seen the Father; and how sayest thou then, Shew us the Father?

10 Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works.

11 Believe me that I am in the Father, and the Father in me: or else believe me for the very works' sake.

12 Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father.

(What have you in your storehouse?)

Every answer to every question.

Why?

Because there is only One answer to all questions - to supply, to harmony, to health and to every seeming need or joy...

I AM...

I am included, right now, in the Kingdom of God, and with that comes the Allness of supply, health and all our needs. The Omnipresence of God is within you... Now, seek ye first the Kingdom, and listen intently for your avenue to open out so that His splendor may be loosed upon the world through you.

~Al)

THE DAILY LESSON – September 21, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

“We turn to our individual being, to the center of our individual being. We are not going outside of our selves somewhere for good nor are we any longer fearing persons or powers external to ourselves, but we are going to the center of our own being, which is God, for our daily manna, for our hourly manna. And we are not doing it in the sense of acquainting God with our needs, merely of turning within in the realization that It exists here within us. And I'm to make the contact, and then let It flow because I do not know what form It will flow in. It may flow in the form of a ticket to Africa. It may flow in the form of a job in Alaska. It may flow in the form of a completely new life experience.

Just as you have known how – and some of you have seen how – I have lived so far three complete lives on earth. I had a life up until my 39th year – in my 40th year – a business life, and from 1930 and '31 until 1946, I had a complete 16 years of Christian Science practitioner life – a 16-year period totally lived inside of that Church: First Reader, Journal practitioner, chairman of this committee, chairman of the lecture committee, chairman of

the other thing, a complete Christian Science life for 16 years. And then ever since 1946, that life was as closed a book as my business life.

And here I am in a third life of The Infinite Way. One was a business man, one was a healer, and now all this writing and lecturing and teaching and so forth and so on. Those are three different lifetimes; and do any of you believe that I personally could have brought any of those things about? Not any more than you could. You couldn't any more make up your mind that you're going to be a Christian Science practitioner or an Infinite Way practitioner, or an Infinite Way teacher or a spiritual author – you couldn't do that. You could desire to do it, but that's as far as you could get. But if the Finger of God touched you, it would take you out of wherever you are – if It had such a destiny for you – and it would completely put you into a different life, a different world, a different existence, and all the past world would go out of it. And so if It had to make three lives for you, and I haven't any doubt It can make 40 lives if it is Its will, and now so it is." ~Joel

II Cor 5:17

17 Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.

Rom 8:28

28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

(The benchmarks on our path can be broken down into chapters [lives] – each progressing and building on the former - the stronger the foundation the loftier the mansion. The greater changes [reincarnations] occur after the more sublime awakenings. Along the way, our "job description" becomes clearer. ~Al)

THE DAILY LESSON – September 22, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

“Since you or I have no government and no control over what our lives shall be, since there is a destiny that shapes the ends of men, the question arises but why doesn't it? And I have the answer for you: It doesn't because we don't make our contact with that divinity that does shape the end because when we make that contact, It works. When we make that contact, It brings forth...

You see Paul reveals to us it is given to one to be a minister, one a doctor, one a lawyer, one a nurse, each one something else. We are not all intended to be the same thing. There must be artists, there must be bridge builders; there must be designers; there must be poets; there must be painters; there must be everything on earth, and it is the Infinite Intelligence, which we call God, which is at the center of your being that determines what your particular expression is. But you will never know it, unless you make that contact.

Now there are those who have made that contact unconsciously, that is, without any directed effort. That is the people who are already composers, writers, artists, designers, one thing and another. They have made their contact with their Source, but they have done it not through any conscious activity of their own. It was something, a Grace of God, that brought it about and so they are already in their rightful place. But even those can increase the quality and character and nature of their being, and of their output of work, by a greater degree of conscious contact and union with their Source which is 'closer to them than breathing, nearer than hands and feet.'" ~Joel

Eph 4:4-7

4 There is one body, and one Spirit, even as ye are called in one hope of your calling;

5 One Lord, one faith, one baptism,

6 One God and Father of all, who is above all, and through all, and in you all.

7 But unto every one of us is given grace according to the measure of the gift of Christ.

(The gift of Christ is not something that can be earned – because you already have it. But it sure it is much more easily recognized by those with a great conviction to work at it... ~Al)

THE DAILY LESSON – September 23, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

“Now. Since we have nothing to do with yesterday’s manna, it is necessary that we make this contact almost hourly throughout the day until that glorious moment comes when It takes over and says, ‘From now on I was close to you, but now I am beside you.’ And then some later date when It says, ‘Heretofore I have walked beside you, but now I am within you.’ And then later It comes to the end of the road where It said, ‘I am you.’

Now until those periods come, we must turn within as frequently as possible for that contact. And, of course, we can never know the blessings that are flowing out to the world every time we make a contact. Because every time we make a contact, somebody who has reached out for God has been touched by it.” ~Joel

John 15:4-8

4 Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

6 If a man abide not in me, he is cast forth as a branch, and is withered; and men gather them, and cast them into the fire, and they are burned.

7 If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you.

8 Herein is my Father glorified, that ye bear much fruit; so shall ye be my disciples.

(Abiding = Grace abundantly realized.

Coasting = withering.

I Am = Praying without ceasing

Joel is picking up the pace here - from meditating and practicing the presence 12 times a day, just a few classes ago – to making contact 24 times a day. Great fruitage is appearing in his classes in 1955 and it certainly is appearing, most graciously, in our study group and evening meditations too. We are very blessed. Thank you Father... ~Al)

THE DAILY LESSON – September 24, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

“Then we come to the question of tomorrow. In this consciousness there are no tomorrows. There are absolutely no tomorrows because tomorrow, when it gets here, is today and it’s the same thing as is happening at this very moment. Now watch!

Right where you are this second in consciousness that is the only place you can be, and this is the only time you can be it. You cannot accomplish this yesterday. You can’t even accomplish this an hour ago. This can only be lived in the very second in which you find yourself here and now. You can’t even experience tomorrow. There is never any time when you can experience anything other than this second. Now we can make each second what this second is in the same way that we have made this second what this second is – by a turning within to that Source.

There is no difference between the flow of God this minute or a hundred years from now. It’s just a matter of the continuity of the contact. Actually

the life of God will never end, and as long as there is a work for us to do on what is called this plane of existence, we can maintain ourselves here on this plane by the contact – and I don't mean as doddering old people, either. I mean in the vitality of strength, youth, health, and wholeness. But we can only do it by that contact because It, Itself, is the Presence and Power that does it. We cannot remain here one minute longer after the call has come to labor in other vineyards.” ~Joel

John 11:39-44

39 Jesus said, Take ye away the stone. Martha, the sister of him that was dead, saith unto him, Lord, by this time he stinketh: for he hath been dead four days.

40 Jesus saith unto her, Said I not unto thee, that, if thou wouldest believe, thou shouldest see the glory of God?

41 Then they took away the stone from the place where the dead was laid. And Jesus lifted up his eyes, and said, Father, I thank thee that thou hast heard me.

42 And I knew that thou hearest me always: but because of the people which stand by I said it, that they may believe that thou hast sent me.

43 And when he thus had spoken, he cried with a loud voice, Lazarus, come forth.

44 And he that was dead came forth, bound hand and foot with graveclothes: and his face was bound about with a napkin. Jesus saith unto them, Loose him, and let him go.

(Perhaps Jesus most eloquent lesson in the nothingness of time was the raising of Lazarus after being dead and rotting for 4 days. Jesus' contact with the Infinite Source of all being uplifted the consciousness of all present – especially Lazarus... The Source of Life is the same Now, then and forever. ~Al)

THE DAILY LESSON – September 25, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

“In all of this reading that we are having about spaceships and life on other planets, there is something that we must remember: there is no place where God is not. If there are any other stars or planets in the world, they must have been made by God. Therefore, they must be embraced in what we call God-Consciousness and, therefore, they must manifest life. Now they may be different forms of life; they may be different degrees of life. All you have to do is go back in consciousness to what you have read of life on earth say three or four thousand years ago. And then see, had you been walking the earth three or four thousand years ago, what different forms of life, what different expressions of life, what different degrees of culture, education, or engineering or other skills you would have found on earth then than now.

And so you will see that this is not the same world on earth that was here four thousand years ago. They didn't even have a paved road, much more automobiles to run on them. They knew nothing about what was in the air, much more; much less have airplanes flying in them. And so you would

have found an entirely different civilization, an entirely different mode of life, an entirely different expression of life than you would find here now.”  
~Joel

Ps 139:7-10

7 Whither shall I go from thy spirit? or whither shall I flee from thy presence?

8 If I ascend up into heaven, thou art there: if I make my bed in hell, behold, thou art there.

9 If I take the wings of the morning, and dwell in the uttermost parts of the sea;

10 Even there shall thy hand lead me, and thy right hand shall hold me.

(When you get a chance – take a look at the whole 139<sup>th</sup> Psalm... If you don't have it, let me know and you will.

No matter when or where we travel His infinite form is Present. There is no limit to Life and It's expressions. ~AI)

THE DAILY LESSON – September 26, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

“And so it is that there is no question about it that on other planets or stars or spaces, there is life. There must be because there is God, and wherever God is life is because God is life. And there cannot be a vacuumed life, there must be an expressed life, and that expressed life, again, would be individual forms of life.

So we may find that in these outer reaches of space that there will be civilizations as backward as was the earth four, five, six thousand years ago, or we may find some advanced a thousand or ten thousand years ahead of where we are at this moment. I don't know anything about that. I only know this one secret: the word is Consciousness. Consciousness is God. Consciousness is life. Consciousness is always formed; therefore, wherever God is, there is life.” ~Joel

Ps 139:11,12

11 If I say, Surely the darkness shall cover me; even the night shall be light about me.

12 Yea, the darkness hideth not from thee; but the night shineth as the day: the darkness and the light are both alike to thee.

(A temporarily un-illuminated form still contains the complete Allness of God, it may just not have realized it...Yet. Wherever life is, there is God. ~AI)

THE DAILY LESSON – September 27, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

“Now. The degree of experienced life is in proportion to the degree of consciousness unfolding so that regardless of where you are this moment in life, the degree of it represents your degree of God-life expressed or unfolded in conscious expression. And you can change it by opening out your consciousness for a greater flow.

So it is with all of this time and space. Time and space is filled with God. Whatever forms of consciousness exist – whether they are six thousand years behind us or ten thousand years ahead of us – is determined by things over which we have no control because consciousness is forever expressing Itself.” ~Joel

John 8:58

58 Jesus said unto them, Verily, verily, I say unto you, Before Abraham was, I am.

(There are no boundaries or limits to the expressions of God. ~AI)

THE DAILY LESSON – September 28, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

“I’d like to point that out in this regard. We had a very stupid war in 1866 – a war brought on by the failure of men to perceive the nature of God and consciousness. It was a war to free the slaves, and by proclamation, they were freed in 1867, 1868. When the Supreme Court of the United States affirmed that last year, a protest went up over half the United States. They still don’t believe it, and in a lot of places they won’t accept it. So that actually a war did not free the Negroes.

The Negroes are freer today than they ever have been, and eventually they will have their freedom but not because of a civil war. That was just another stupid event in man’s history. They’ll have it by an unfolding consciousness, which is taking place all over the world that is giving freedom in spite of those who would love to grasp and make slaves, but they can’t do it. There is a force greater than man opening out His hand, and setting all peoples free. We are merely instruments of that unfolding consciousness.” ~Joel

Gal 5:13,14

13 For, brethren, ye have been called unto liberty; only use not liberty for an occasion to the flesh, but by love serve one another.

14 For all the law is fulfilled in one word, even in this; Thou shalt love thy neighbour as thyself.

I John 4:12 If,13

If we love one another, God dwelleth in us, and his love is perfected in us.

13 Hereby know we that we dwell in him, and he in us, because he hath given us of his Spirit.

(The experience of Love is God expressed. ~AI)

THE DAILY LESSON – September 29, 2011  
From the 1955 Kailua Study Group Series –  
'The Deep Pool Of Our Being' by Joel S Goldsmith

“Now. In the days when we were restricted to travel by jackass and horse, to the day when we are only restricted by a 600-mile an hour jet plane, there has been an activity of God-Consciousness working in human consciousness, using human consciousness as instruments to free us from the limitations of space and of time. No more 80 days to go around the world, no, no more 80 days for that – just a few hundred minutes, a few dozen hours. Man cannot hasten that day and man cannot retard that day, why? It is an activity of unfolding consciousness and those people who are stupid enough to try to hold it back are being wiped out. Those who are sensible enough to be instruments to let It flow are in tune with the Infinite.

Now this applies to our individual lives. There is an evolutionary process at work, which we call an activity of God unfolding, disclosing and revealing Itself. If we are willing instruments of It and open ourselves in this way, through meditation, then the activity of the Spirit takes over our mind, and soul and body and uses us as an instrument for Its activity and unfoldment.

If we block It by personal sense, personal will, personal desire, personal, in the end It breaks us. In the end It breaks us.” ~Joel

I Cor 8:2,3

2 And if any man think that he knoweth any thing, he knoweth nothing yet as he ought to know.

3 But if any man love God, the same is known of him.

(The Spirit within doeth the works. I am His Instrument. I live His Life and bask in His Love. ~Al)

THE DAILY LESSON – September 30, 2011  
From the 1955 Kailua Study Group Series –  
‘The Deep Pool Of Our Being’ by Joel S Goldsmith

“That’s why most men of ambition end up on Elba. If that ambition just gets too far, they’ll end up with a broken back or a broken neck. They can’t help it. They can’t help it because the force of God hits like that and destroys them, whereas, that same force of God with an open channel of consciousness would lift them up to the very height of world recognition. All right. So it is.

There are no yesterdays for us and there will be no tomorrows. There is only that instant in which we recognize that there is an activity of God and that we are instruments for Its operation and expression. And through our frequent periods of meditation we permit It to have sway – not telling It what ideas we have about It, and certainly not trying to influence It in behalf of ourselves or others, but merely opening ourselves as instruments and letting It flow.

I think that covers it.” ~Joel

Luke 17:20,21

20 ¶ And when he was demanded of the Pharisees, when the kingdom of God should come, he answered them and said, The kingdom of God cometh not with observation:

21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.

(The reasoning mind of man will never accept the observation of God. It thinks too much.

I don't know about you - but...I like my reflection a lot better when God is living my life than when I do...

Rest with me now in His deep pool of Our being.

~Al